

Factory Reset: Dropping Our Character Armor



Goodbye to the Troll under the bridge

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Introduction



I'm not aware of another account of emergence from one's character armor. It could be out there and I just haven't seen it.

Emergence from a single traumatic incident, yes. And in fact mine is an example of that too: My Dad's shouting at me at age seven, which shattered my personality.

But whatever happened with that single issue, what also happened was that, at some point in a week of sleeping, I remember watching and hearing something like a suit of armor fall away from me.

And from that moment on I've felt restored to normality, restored to the way I felt before that tragic incident.

I could pick up my life again because I was "back to normal."

The Troll under the Bridge, the Humpty Dumpty Man - these were both personas that I adopted to "pass." But now I don't need to pass. There's nothing left over to have pass. I am just here, now, reactionless.

Michael once said words to the effect that, until now, humans had reached enlightenment by mastering a single divine quality. Now, he said, humans would begin to master all the divine qualities:

Archangel Michael: Human beings, particularly those in the higher vibrations,

[are] learning to hold all the divine qualities and to be operating from all the divine qualities at once. (1)

Well, that's a definition of Ascension, is it not?

Now, here we have an instance of a person emerging from or breaking through not just one issue, but the retention of a body/character armor itself. Is that also not exactly what he's describing?

I'm as amazed as anyone else may be.

If all light workers emerged from their shell, their character armor, I'm sure that that would have a decisive impact on the collective consciousness and suggest another way through this morass we call our present-day culture and back to a way of life that all of us can enjoy, and not just a few.

Footnotes

(1) Archangel Michael in a personal reading with Steve Beckow through Linda Dillon, Jan. 4, 2019.

Sick, Sick, Sick

April 9, 2026

<https://goldenageofgaia.com/2026/04/09/sick-sick-sick/>



Folks, I've come down with something
I'm vomiting a lot and sleeping.
Back up soon.

Whoa! What Just Happened!

April 10, 2026

<https://goldenageofgaia.com/2026/04/10/whoa-what-just-happened/>



I thought I was headed for the mat

I can't tell you what just happened because I was totally in the dark. All that I knew was that, for no reason known to me, I suddenly started vomiting and vomiting and couldn't get out of bed.

But I'll tell you what I suspect and, if it's true, we may have a problem that cannot be ignored.

The fact that I had no symptoms other than sleepiness and vomiting - no temperature, no coughing, no congested lungs, etc, - suggests to me that I came into contact with a foreign substance somewhere. I suspect fentanyl.

A bus handrail, a restaurant chair, an ATM machine - it could have been anywhere and I would have been none the wiser.

If Fentanyl does exist around our society from whatever source, we need to increase our personal hygiene and not put our hands to our mouths (or eyes) before washing them.

I'll be returning when my energy has returned (which may be this Saturday). I'm not sure if I'll be able to manage an update and an article a day right away. I'm low on energy and high on brain fog. But I'll be working hard to revive myself by then.

As I write this I'm munching on salted, toasted corn kernels - the first food I've had since Monday. Strangely enough I don't feel hungry and hope that I've lost at least ten pounds! That would make it all worthwhile.

Thank you so much to Suzi for once again stepping in and managing not only her own work but mine as well. And thank you for supporting Karen who, I sometimes think, has been asked to suffer more infirmities than the vast majority of us.

I keep telling myself I will do one certain thing, like having a bath for instance. The water still sits in the tub. It's very hard to get moving. Everything I try to do ends up in me going back to bed.

Thank you for supporting us to go forward with you another month.

Back with you soon.

With love.

I Will Not

April 14, 2026

<https://goldenageofgaia.com/2026/04/14/i-will-not/>



I received this email today:

Steve Beckow is OBSESSED with Iran & has been for quite a while. I am surprised he doesn't have an Iranian flag posted. In the "Darkness Unto Light," he has 15 to 20 Iranian articles & maybe 2 or 3 US articles. [This is untrue.]

Today "From Darkness Unto Light, 14 April 2026 Update" 4 are in Arabic, are we supposed to be able to read that or is he just catering to the Iranians in the US. I am tired of seeing so much Iranian stuff in GAoG to the point I don't read anything he posts anymore.

The articles with Arabic have English below or I wouldn't be posting them.

I'd be ashamed to write such an email to someone. The responsible thing is just to go elsewhere. I hope I never hear from that person again until their heart opens and they apologize.

With an open heart, this person would never be saying what she said.

I need to say this plainly:

The Iranian people are constantly saying to us: "Do not forget about us."

Their travail doesn't fit into one or more news cycles; it goes on.

I don't intend to abandon them. I'm not here to entertain anyone. I'm here to support the cause of freedom in the world wherever it is threatened.

I suppose I connected with "the Iranian people" as a result of sitting on numerous Iranian refugee claims on the Immigration and Refugee Board of Canada. I found them naturally polite and welcoming. I respect their culture.

The fate of Iranian people who get arrested is grim. Maybe you'd like to read about it in the State Department bulletins.

Rape, torture, everything we never want to happen to us happens to them in a place like Evin Prison. And then they are killed. Just shot. Bang. Gone.

With all my heart, I want to see the Islamic regime go.

I repeat: I do not intend to abandon the people of Iran, no matter how long it takes to win their freedom.

I will not stop shedding light on their predicament until the Iranian people are free. And, with the Wave of Love coming, that may not be far off.

The answer to this person's dilemma is simple: Stop reading "From Darkness Unto Light." But don't tell me to abandon a suffering people because you want more variation in your news diet.

Download *Emergence* here: <https://goldenageofgaia.com/wp-content/uploads/2026/04/Emergence-3.pdf>

Throughout Western History

April 12, 2026

<https://goldenageofgaia.com/2026/04/12/377304/>



The Wave of Love will separate Light-filled from dark and is often portrayed as the Grim Reaper. Anyone good and decent will be elevated. Credit: Freepik

Throughout western history (I don't know about other cultures), we've heard "folk tales" of the grim reaper, the end of time, a time of separation, Bifurcation, separating the wheat from the chaff, the children of Light ascending and the children of darkness reduced to dust.

Well, guess what? That is a real event and it's headed our way.

I've looked and looked, over the months and years, for discussions of that event and I've found them one here, one there (Beinsa Douno, SaLuSa, Magenta Pixie and the Nine, Natalie Glasson, the Federation of Light through Blossom

Goodchild, on and on).

But they gave only one paragraph or a few on the impact of the Wave.

Now I have found a site (gflstation.com) that has long discussions of it - and I feel the need to take a deep look into that source.

Now is the time when I need hours and hours to go through long transcripts and reconstruct the picture they're giving. I may therefore do a light Update while I'm researching this extremely-important subject and my articles for a while may be on that subject alone.

This is not a "human" event. It's the Divine Mother's - what she, through the Council of Love, calls - a "tsunami of love." (1) No sense asking her to hurry up, end our waiting, etc. As she once told me, she's the top honcho. (2)

It's part of her first-ever mass, physical Ascension into a new-design, *interdimensional* region of space. (3)

Steve, all space is interdimensional.

That's true. But previously humans in the lower dimensions could not visit the other, higher ones. Now we'll be able to. That will speed up Ascension to higher and higher planes.

Not like that need concern this embodied generation, who for the most part, are angelic. (4) We'll return to the higher planes and that'll be that.

But, in case you were wondering, how will America, Britain, France and anywhere else recover from the massive wave of illegal immigration that has entered their countries, bringing in their midst terrorists, fraudsters, and every other kind of grifter along with good people simply seeking to better their lives and find a living circumstance free of oppression.

The Wave of Love will do what Immigration people could never do: separate the one from the other and remove the evil ones from the Earth.

Not the decent, loving, compassionate ones - no matter what their history, ethnicity, religion, costume, etc.

Anyone reading this blog obviously has spiritual leanings and will be elevated by the Wave. The dark ones, the Federation of Light has said, will disintegrate in the face of it. (5) Yes, disintegrate. They will simply be here one minute and not the next, literally turned to dust.

Everyone on Earth with human decency in them will find this the most elevating, ennobling experience they've ever had.

How can you know, Steve?

Because I've already been through it. I experienced the "wave of love" during a March 13, 2015 fourth-chakra heart opening. (6)

Just because the fourth chakra flipped the light switch does not mean this was a 4D experience. The heart is a portal and Michael has told me that I ended up, for a time in a 7D ... well, in a tsunami of love, which further opened onto a blissful Ocean of Love.

|

Can you imagine what that would be like? Only you, a point of Light, and nothing but love everywhere? And the most exquisite love you have (never) ever experienced... or imagined.

The hardest part of it is having to let it recede and let go because it's only temporary. Only Ascension is permanent. But breathing love up from our opened hearts does keep them open as long and as much as possible when we come back to ordinary reality.

This is not Ascension. This is a prequalifying event, a method of separating the sheep from the goats. There is no reason for any "good, decent" person to fear. But those who quarrel, fight, and abuse others might want to take a moment to ponder

what may lie before them.

This is the door of the Lord's banquet hall and all of us have oil in our lamps and can enter. Those without oil in their lamps cannot. Going home for the oil, they'll come back and find that the doors have already closed.

Footnotes

(1) Divine Mother: The Event is a tsunami of love [i.e., a heart opening], but it is not a singular event. This has been in preparation and this preparation did not simply begin with my gift of clarity. (The Divine Mother in “Clarity, Purity, and Love: The Basic Spiritual Movement Restated,” Dec. 5, 2013, at <http://goldenageofgaia.com/spiritual-essays/the-divine-plan-for-life/clarity-purity-and-love-the-basic-spiritual-movement-restated/>.)

(2) I've been asked not to capitalize:

Archangel Michael explains: “We do not want anything capitalized.”

(Archangel Michael in a personal reading with Steve Beckow through Linda Dillon, Aug. 12, 2016.)

(3) See:

- *Gateway to Higher Dimensionality Vol. 1: Introduction to Ascension* at <https://goldenageofgaia.com/wp-content/uploads/2021/07/Gateway-to-Higher-Dimensionality-V1-R10-Introduction-to-Ascension.pdf>
- *Gateway to Higher Dimensionality Vol. 2: Mass, Physical Ascension into a Brand New Space* at <https://goldenageofgaia.com/wp-content/uploads/2022/11/Gateway-to-Higher-Dimensionality-V2-R3.pdf>

(4) Divine Mother: "There is no one and no being upon this wondrous Gaia that is not part of your celestial family." (“Universal Mother: Your Family is the Legions of Light, June 18, 2013, Part 1/2,” at <http://goldenageofgaia.com/2013/06/universal-mother-your-family-is-the-legions-of-light-june-18-2013-part-12/#more-182555>.)

Let me be clear. There is not one being – human, starseed, hybrid or earthkeeper – that is not one of my Angelic Beings. And it matters not whether you belong to the

Legion of Michael or the Tribe of Uriel, the Praisers of Metatron or the Truth Speakers of Gabrielle. It does not matter your colour, your hue. You are my Angels, birthed from my being – birthed not only from my womb, but from my heart. (“The Mother’s Clarion Call to All of Humanity!” April 20, 2020, at <https://goldenageofgaia.com/2020/04/20/the-mothers-clarion-call-to-all-of-humanity/>) See *An Explosion in the Meaning of Humanness* at <https://goldenageofgaia.com/wp-content/uploads/2024/03/An-Explosion-in-the-Meaning-of-Humanness-13.pdf> (5) Federation of Light: This LOVE LIGHT that is to sweep over, through and within, is of a magnitude that has not yet been experienced in such a way. ... The souls of many of such Beings will leave immediately via ‘disintegration’. ... Yes, Blossom, it shall be as if their physical Being literally crumbles and disintegrates.

Blossom: For real?

FoL: Yes, for real Blossom. For the Energy that is carried within the entire body and soul of such ‘naughty folk’ is so ‘dis-eased’ that the Wave of Love ... the Strength within it ... will cause such Beings to crumble, for it cannot possibly survive within the Vibrational Frequency that the Wave brings. ... We understand that it all may sound farfetched ... for your programming has been so ‘normalised’ and all thought of such happenings leads you to believe such things are only make-believe. (“The Federation of Light through Blossom Goodchild, July 25, 2021,” July 24, 2021, at <https://goldenageofgaia.com/2021/07/24/the-federation-of-light-through-blossom-goodchild-july-25-2021blossom-goodchild/>.)

(6) See:

- "Submerged in Love," March 14, 2015, in *An Ascension Ethnography* at <https://goldenageofgaia.com/wp-content/uploads/2021/07/An-Ascension-Ethnography-5.pdf>, and after.
- “Activating the Wellspring – Part 1/2,” March 14, 2015, at <https://goldenageofgaia.com/2015/03/14/activating-the-wellspring-part-1-2/>

Beginning to Address the Oppression and Exploitation in Our World

April 17, 2026

<https://goldenageofgaia.com/2026/04/17/beginning-to-address-the-oppression-and-exploitation-in-our-world/>



Iran, 2026

Written before "I've Had Enough"

When I was studying karate, I'd go through an emergence every time someone threatened or challenged me or mine.

And, unsurprisingly, at that time, I found myself in one situation after another where I needed to defend myself or another. (1)

Nowadays I'd see Michael's hand in all this. Then I was just emerging, again and again and again.

To others, I may just have looked like an angry man. But to me, I'd found the ground under my feet. I'd found my voice. I was here in a way I was not before. I'd "arrived" in my own life where I'd been living absent-mindedly and even lethargically before.

Every medal winner will, I believe, be found to have emerged, shucking any cowardice left in them to do something unusually brave.

But emergence not handled well can carry a price in "snapback."

Emergence is by definition a push through all inner blocks. It's a "push." The body may not appreciate the forceful wake-up call. Or at least it may need to adjust after the breakthrough.

One may be unable to live at that level ongoingly. In my case, I've been sick for five days, not eating or drinking anything for four of those days lest I throw up.

I stand a danger of relapsing. And that does not help me deliver the updates and commentary that I've committed to deliver to you.

I remember coming back to work after an est event in 1982 in which I realized that one person could make a difference in the world. I determined to make some grand gesture for peace.

Before I could take one step in that direction, my energy crashed and I was off work for weeks, (2) watching cartoons (metaphorically speaking).

So I know that emergence is a process that needs to be handled with care. And I say this to warn others not just to suddenly burst forth and think that you can now live at that energetic level. I don't think the body can take it without being prepared.

After emergence, a person needs to respect their body's need for a return to balance. They've created a channel to their own inner strength. It's there when they need it.

It'll help me not to have to research for a bit but instead to speak from where I'm at until I've resettled my body and myself in a sustainable place, at a manageable level.

To continue, emergence is based on a realization. Here someone asked me to move on. She was bored already with the subject. In evaluating her request, I realized that I could not respond to it. I'd lose my self-respect.

I think the mainstream media has shaped many of us to expect any one piece of news to leave the news cycle after a week or so, replaced by another, fresher issue. Having no connection to the issue, we get bored otherwise.

But the safety and emancipation of the people of Iran is not entertainment. It's the first step in the overthrow of all dictatorships on Earth.

We may need to only get so far before the Wave of Love at its strongest point removes all remaining evildoers from Earth. (3)

We know, from Matthew and others, that we're expected to do what we can to oust the exploiters from power around the world. (4) We need to take the first step, which frees the hands of our higher-dimensional allies (who observe the law of free will) to support us.

Every time you watch a video about someone taking a superbrave action, like rescuing a child in the path of an oncoming car or saving someone from a predatory animal, chances are you're watching someone who emerged from our ordinary lethargy to put themselves in harm's way in that fashion.

We may not sport, every day thereafter, the mindset and energy levels emergence requires. But we retain some of it. You can hear it in a person's voice.

If we stayed at that awakened, energized level, we'd "burn the candle at both ends" and risk collapsing from overchallenging our systems.

It may be that you've experienced what I've just described and simply don't have a word for it.

Given what we know about how our guides, guardian archangel, and the Mother work with us, (5) I wouldn't be surprised to discover that they have a hand in "testing our mettle" in this fashion.

OK, time for me to go back to bed. I already feel myself dimming out.

But deep underneath that fatigue, I'm burning with zeal to begin addressing the oppression and exploitation in our world.

Not with fresh, new research because there's no time for it, but with the research and knowledge gained from eight years (at the Immigration and Refugee Board) of the oppression already existing and historically entrenched in countries big and small, including our own.

Download *Emergence* here: <https://goldenageofgaia.com/wp-content/uploads/2026/04/Emergence-3.pdf>

Footnotes

(1) Taking down a man robbing a jewelry store, whom I held for 45 minutes until the police arrived; a tenant with a knife who was threatening my grandfather, whose knife I kicked out of his hand and sent a kick to within an inch of his nose (he cleared out by the next morning); a man who looked twice my size and who was threatening my bestie, whose privates I grabbed (the man, not my bestie) and squeezed, sending him flying back into the bushes, after which I never saw him again; teenage boys who were disrupting our karate practice (I had been asked to maintain dojo discipline); I went to one end of the dojo and leapt five feet into the air, executing a flying sidekick, something I had never learned or done before;

when I landed and looked, they were all gone; etc.

(2) I was sick in the beginnings of the 1982 recession, which saw a jobless recovery and the fall of my own company of 2300 engineers. Though I was only sick for a couple of weeks, my boss advised me to stay off as long as possible because I'd only be laid off when I came back. And I was laid off.

(3) Why intervene now? Because people are dying while we wait for the great solar flare. See *Ring of Fire, Wave of Love* at <https://goldenageofgaia.com/wp-content/uploads/2021/07/Ring-of-Fire-Wave-of-Love-Compilation-9.pdf>

See also "Mira: The Solar Flash is Coming," April 13, 2026, at <https://goldenageofgaia.com/2026/04/13/mira-the-solar-flash-is-coming/>

(4) Matthew: Universal councils that set standards for civilizations' interactions ... hold that the reign of darkness on the planet is over for once and for all, and the wealth of assistance does not include action that is within Earth residents' capabilities. Taking legal action to prosecute proven evildoers is the peoples' responsibility. (Matthew's Message, Nov. 1, 2023, at <https://goldenageofgaia.com/2023/11/01/matthews-message-nov-1-2023/>.)

(5) See:

- *Grandeur Beyond Grandeur: Toward a Cross-Cultural Spirituality Vol. 6: Our Enlightenment and Co-Creative Partnership* at <https://goldenageofgaia.com/wp-content/uploads/2021/07/Grandeur-Beyond-Grandeur-Enlightenment-and-Co-Creative-Partnership-6-4.pdf>
- *The Rewards of Co-Creative Partnership with the Company of Heaven* at <https://goldenageofgaia.com/wp-content/uploads/2024/03/The-Rewards-of-Co-Creative-Partnership-with-the-Company-of-Heaven-7.pdf>

A Wee Bit More about Me – Part 1/2

April 18, 2026

<https://goldenageofgaia.com/2026/04/18/a-wee-bit-more-about-me-part-1-2/>



I'm feeling an inner push to say a little bit more about myself, to inspire others who are providing the same service as I am and feel it but don't have words for it.

My reticence is that the deep state uses ridicule to bury anyone who threatens them or their view of reality. Ridicule would slow me down and discourage me.

I hear someone at the back say, "Ahhh, he's just doing it for ego, for fame and fortune."

Fortune? All my writings are free. Like a Buddhist, I - and the other editors - live by *dana*, donations.

Fame? A writer? That just makes for more correspondence and I love writing books, not answering emails. Fame would just slow me down.

I'd be happy if my life continued more or less in the way that it is already, although Michael has told me there's only a slim chance of that.

In what I say here, I'm not discussing the totality of myself; I'm discussing a service I provide for the Lord Arcturus, as do others on Earth at this time, as he's told me.

And it's only one service among several - pipeline, monitor, anchor, terrestrial/galactic liaison, etc. (That will be later.)

I provide this service as an angelic (we who are incarnated in this generation are almost all of us angelics and probably also provide this service to some others).
(1)

I've chosen many times to incarnate on Arcturus and serve the Lord Arcturus.

His request of me, and others here at this time, is to allow him to have a periscope in to events here on Earth, to see them through my eyes and feel my response to them, all of this in preparation for my own Ascension.

And all of this in preparation for an Ascension to occur on Arcturus as well, I believe, 200 years from now. (3)

Rather than figure out how to broach the subject, let me do it historically.

My quiet life was disturbed one day when medium Sue Lie offered me a reading with the Arcturians. They began with a startling remark:

Arcturians: In reverence to our great leader.

Say what?

A: You were a visitor [to Earth] and you have now come to visit [again] with a higher purpose that cannot be fully diminished into human language. ...

You are a leader, a great leader on Arcturus. And you are a leader for the leaders. You are a member of our High Council. (That is Suzille speaking. She has no idea what we are going to say next. She is merely there, listening, being as surprised as you.)

Steve: I am not aware of this.

A: No, we know that you are not. But it is time now that you become aware of this. It is time you realize who you really are. For there are things that will be happening gradually and slowly. ...

Suzille felt who you truly are the first couple of times she was on the email with you, She could hardly contain herself. She is feeling it now.

You are one of the representatives of our Light that has chosen to take a form at great sacrifice to yourself. And within that role of having a form, you have had to learn to act human again, for you had not acted human for quite a while. (4)

I think my Mother has said that to me too!

Oooooooooo-kay. Mrs. Beckow's young son Stephen just had someone shake the blanket. No, beat the blanket!

What do I do with this information? I asked myself. Just carry on, apparently. The rest is laid on.

I'm acting like a submarine with a periscope that allows the Lord Arcturus to look through it.

Mine is a passive role for him, a very active role for Archangel Michael.

Back to the Arcturians:

The Arcturians: The thing that you must own is that you are the leader. ...

We know from the memories in Suzille's mind that there was very little in your early life that would prepare you for being a world leader. ...

And we do not say world leader lightly. We mean world leader. (5)

You know that I was always a lieutenant to my beloved older brother, Paul. But when I looked harder, I could see evidence of leading.

Arcturians: We are not speaking to you as a Lightworker. We are speaking to you as a Leader within the Arcturian world.

You still are desiring to diminish yourself. And we remind you. Suzille reminds you from her psychological knowingness that a child that is raised in an unsafe world learns to diminish themselves. It becomes a primary coping mechanism.

Steve: If I were to act as a Leader in the Arcturian world, would I not be forgetting my purpose in being here?

Arcturians: Again, you are doing either/or. You are acting as a Leader. You do not leave Arcturus to enter that small body. Do you think that your great

form could be contained in that small clay shell? Do you see what we are speaking of now?

This is merely your toe. This is merely the smallest leaf on a giant oak tree. You are not the being that you are in. The being you are in is your anchor, your hook into the Third Dimensional world so that you can share your great Light. (6)

This was Bruce Lee's one-inch punch. (7) (See Youtube.) After I picked myself up off the floor, I fled into silence for years to process what had just been said.

(To be concluded tomorrow.)

Footnotes

(1) On this subject, see *An Explosion in the Meaning of Humanness* at <https://goldenageofgaia.com/wp-content/uploads/2024/03/An-Explosion-in-the-Meaning-of-Humanness-13.pdf>

(2) The Arcturians in a personal reading with Steve Beckow through Suzanne Lie, March 16, 2013.

(3) I'm extrapolating from remarks Michael has made on the subject:

Steve: When will I eventually have my original dimensionality back? Or do I stay in a lower dimension for the foreseeable future?

Archangel Michael: You will have a choice. As I have said to you, when you complete this mission, you are allowed to have 200 years off. But what you do with that is up to you, dear one!

You will certainly have full access to your inter-dimensionality. (Archangel Michael in a personal reading with Steve Beckow through Linda Dillon, Dec. 18, 2012.) (Hereafter AAM.)

S: The next assignment is in the Seventh Dimension?

AAM: You will have a choice of planetary systems. This is just the warm-up for [that] Ascension. It is to bring a further rising of vibrations to those throughout the Universe.

... You will be a teacher [and] you will be a spokesbeing. (AAM, Sept. 13, 2011.)

(4) The Arcturians, *ibid.*, March 16, 2013.

(5) *Loc. cit.*

(6) *Loc. cit.*

(7) Bruce Lee could punch someone from one inch away from their body and floor them. He had mastered the energy involved.

A Wee Bit More about Me – Part 2/2

April 19, 2026

<https://goldenageofgaia.com/2026/04/19/a-wee-bit-more-about-me-part-2-2/>



The Lord Arcturus (full image)

(Concluded in Part 2.)

I continue with a discussion of my connection to the Lord Arcturus and the services we both provide the other.

Let me give one example of how the Lord Arcturus has been guiding me in my writing:

Lord Arcturus: You tend to get caught up in the outer things because you feel it is your duty to keep others informed and then your energy drops. ...

Outer appearances are causing you to question and feel that the burden is on you personally (separation) to bring every bit of information you become aware of to the public. ...

You have believed that you must publish everything because that is fairness. ...

Allow your intuition to guide you always as to what should be published, choosing messages that carry Light even if they do have a few words about politics. (1)

To accomplish this task, the Lord Arcturus describes how he wishes me to have a multidimensional perspective.

Lord Arcturus: Now, you have come to a planet in this and in other lifetimes to assist - yes, through communication, through clarity - with the progression of the planet through the elimination of the old third, which was really quite disastrous, [to] the progression up through the fifth, through the six, to the seventh so that the planetary system will reside in a level of higher consciousness, Christ consciousness as you think of it. (2)

How is the task to be accomplished?

LA: In order to do that, it is highly beneficial - and this is where mutuality comes in - that you would have, not only the intelligence but the perspective

of the higher dimensions (it is not a hierarchy but it is different).

And so the perspective say of the ninth dimension is very different than the perspective of say the third, the fifth or the seventh dimension.

Because it is very important that humanity realize, as they are in their unfoldment to a grander plan, that the seventh dimension is not the end of the road, not the be all and end all.

And so, some of the perspective, the experience, the knowing, the intelligence of different dimensionality is highly beneficial [in you] in helping them move into that higher-dimensional anchoring.

And so in this, we have contributed, not as a clone but as a contribution, shall we say, from my heart, from my soul, from my being to yours, this piece of myself. Now is that part clear? (3)

Crystal clear.

On another occasion he discussed his "contribution" in more detail - a holographic cell containing his and Arcturian knowledge - and how I'll access it.

He compared me to a "Steve pie," a pie chart, a slice of which was his gift of knowledge:

Lord Arcturus: So what I have contributed to your design - it was a very good design team - is qualities or aspects, understandings - not only that would serve me; that would simply be myopic and rather selfish. But aspects or qualities, talents, capacities that would serve you and in turn of course, serve the grander Plan, the collective and ultimately the Mother. ...

There is a sliver of that pie that is Arcturus and Arcturian that carries that history, that lineage and that intelligence which you have highly valued in this life and in other lives, here [Arcturus] and elsewhere, that you can access. But you need to basically see yourself as going and sitting or

accessing that quadrant of the pie. [I am doing so.]

It is not that you segment yourself because you have the full understanding of the Steve pie but by immersing yourself, shall we say in it that way, by immersing yourself in that tiny sliver of the pie, you are allowing the information, the capacities, the analysis, the experience, to really come to the surface so that you can consciously begin to access it.

It has primarily been under the surface for you this far. It has been more subconscious or even unconscious. And it was meant to be because we did not want you to distract yourself from being human, from being Gaian and being fully present on this planet and for this mission.

Now, at this juncture (2019) of the transition part and the ascension work and the awakening work it is valuable, not only to us but to you to more clearly access this. (4)

So what does all this mean? Well, I'm not an emanation of him. Jesus was an emanation of the Divine Mother and Sananda.

An emanation would be like Archangel Michael, seeing that Earth is in an extremely perilous situation, donning a mask and costume and coming himself to put out the fire and then leaving again.

An aspect would be like me carrying one or more of Michael's qualities in my own ongoing, historical form, to carry out a certain task. It's a more intimate bonding than mine with the Lord Arcturus.

If you're wondering if you, as a lightworker, serve a similar function, then know that twice I was summoned, so to speak, to a reading to hear about these matters with either the Lord Arcturus or with Michael. *Summoned*.

You know how my readings with Linda were preceded by a lucid dream of my twin flame. Then, after one reading with her, on the second reading, Linda said, "You're going to like this, Steve. There's someone here who wishes to speak with

you." (5) And it was Michael.

With the Lord Arcturus, I'd been posting Sue Lie's messages and she too offered to give me a reading. And then all this tumbled forth.

So, I'd imagine that you too will receive word in a similar manner of similar service if you're another of the ones, say, who are providing an ascended master or archangel with a similar function.

OK, now I'm going back into hiding. I once had to undergo a real drubbing from a man claiming to be an "avatar" and it was a really depressing journey. I didn't respond to his allegations but they hurt nonetheless.

And that's the major reason why I keep matters like this to myself - or until I feel pushed to say something about it, as I do now.

Anyone who's been reading the blog for a long time will remember that I regard what Werner Erhard calls "sharing a withhold" or a secret as a very good thing. It means we have one less thing we're hiding, carrying around, and feeling guilty about.

Footnotes

(1) Lord Arcturus in a personal reading with Steve Beckow through Marilyn Raffaele, Dec. 19, 2020.

(2) Lord Arcturus in a personal reading with Steve Beckow through Linda Dillon, June 12, 2019

(3) Loc. cit.

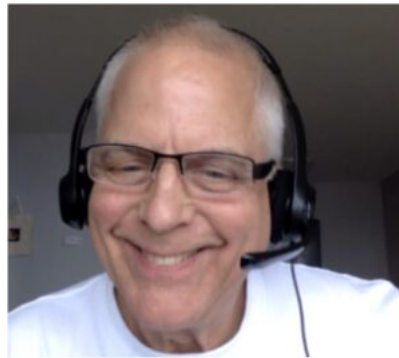
(4) Loc. cit.

(5) Linda Dillon commenting in Archangel Michael, a personal reading with Steve Beckow through Linda, Feb. 18, 2011.

I've Had Enough, Thank You; or, My Martin Luther Moment – Part 1

April 16, 2026

<https://goldenageofgaia.com/2026/04/16/ive-had-enough-thank-you-or-my-martin-luther-moment-part-1/>



I awoke this morning in the middle of a realization. And I raced for my laptop. So keep in mind, in the first place, that I'm in the middle of a realization (Remember? Intellectual, Experiential, Realizational?).

And also keep in mind that I've just been on a total fast for four days, on some days of which not even a drop of water passed my lips. I lost my appetite. So these two things are the backdrop to the realization I awoke into, recorded here in real time.

It is long. I apologize. I'll add some pause marks. But you've heard it hot off the press.

Brace yourself. Brace, brace, brace.

I awoke this morning with two words or phrases in my mind: "strangeness" and "crazy salad." (1)

The world at the moment appeared to me to be a "crazy salad" of issues. Where people are poor, more violence erupts. The affluent countries watch events on TV and thank their stars that the violence hasn't reached them ... until it does.

Or thank the Divine Mother, which would be more relevant.

But people in the middle of that crazy salad of issues would never come close to seeing what I just said to you.

And the second is "strangeness" and that describes the way I feel. This morning pondering a Trump salad, spiced with Swalwell crackers, and Did Oprah Do It? sauce, and the Clintons' farewell desert...

... in my mind, I'd had enough and pushed back from the table.

Physically speaking, my recent sickness caused me to fast for four days. Not even a drop of water passed my lips for one or more days.

Did that purging experience prepare the ground for this feeling of having had enough?

[By the way, this is me fulfilling my mission as a writer: Go up with everyone else and write about it. Be as Everyman.] (2)

No more pea soup please. I've had enough. No more jelly donuts.

Stop the cameras please.

A note of background.

On a day, recently, I somehow came into contact with something - at the time the symptoms suggested Fentanyl - and was out like a light bulb for ... most of a week. But the important thing is that I did not eat. Or on some days drink.

And I used the occasion to drop sugar, gluten, and caffeine. Big changes for me.

And now, this morning, at 4:30 am, I sat down to check through my daily update, and I nearly threw up.

Jerry Swalwell. Gavin Newsom's clone? Who the hell cares? Yes, Oprah and Tom Hanks "did it." They were terrible, terrible pedophiles.

But compared to 40,000 Iranians dead in a few days some time back, who the hell cares?

So I feel this "strangeness," rebelliousness, my Martin Luther moment. (3)

But it was no more than feeling I'd eaten too much when your host keeps offering you more. You feel strange, like you're going to throw up if you have another mouthful.

Who the hell cares?

We're faced with massive corruption in our societies. And every day we spread more chaos and misery. The people of China are being pushed into fifteen-minute cities and are under constant surveillance, optical as well as digital.

In the face of that, who the hell cares about the crimes of a single individual?

Like how Gavin Newsom's clone (Newsom was executed long ago and became Satanic with the priest in his last moments) (4) feels about not getting more loot from his web of corruption.

To say "Enough!" is exactly the same sensation a man who just fasted for four-and-a-half days, maybe taking a sip of water occasionally, feels when presented with steak and lobster, baked potato and apple pie on his first day back.

Too much already! Enough!

So what do I do?

(Concluded in Part 2.)

Footnotes

(1) The Divine Mother sends out inspiring thoughts to many at once, she says: Divine Mother: There are, guaranteed, many, a multitude, of beings upon the planet who, give or take a little, have been given the same inspiration. (An Hour With An Angel – The Divine Mother: Welcome To ‘New Time’, <http://goldenageofgaia.com/2015/01/27/divine-mother-welcome-new-time/>.)

Matthew Ward: All discoveries, inventions and innovations to date have come from this consciousness via individuals’ inspirations and endeavors or maybe response to nudging by their spirit guides. (Matthew’s Message, Oct. 1, 2024, from <https://matthewbooks.com>.)

(2) Archangel Michael: There is much to be said for Everyman, and that is part of the role you play. Yes, you are a pillar. You are an anchor. You’re [a monitor] but you’re also playing the role of Everyman – with curiosity, with exploration, with insight. So our desire is not to separate you from the collective. (Archangel Michael in a personal reading with Steve Beckow through Linda Dillon, Nov. 11, 2015.)

(3) Martin Luther's posting of his 95 Theses on the door of the Castle Church in Wittenberg in 1517 is generally seen as the start of the Protestant Reformation.

(4) See Michael Baxter, "Gavin Newsom Hanged at GITMO," Real Raw News, January 24, 2022, at <https://realrawnews.com/2022/01/gavin-newsom-hanged-at-gitmo/>

I've Had Enough, Thank You; or, My Martin Luther Moment – Part 2

April 16, 2026

<https://goldenageofgaia.com/2026/04/16/ive-had-enough-thank-you-or-my-martin-luther-moment-part-2/>



(Concluded from Part 1.)

So what do I do under these circumstances?

I return to the basics. The fundamentals. What is fundamental in my life? That I serve the Divine Mother and Archangel Michael with love. That is fundamental.

The rest is a crazy salad and my strangeness with it only grows.

And what does my strangeness have me do: It has me cast down convention.

I'm so sick of being conventional. Not conservative, but conventional.

What I'm saying here is not conventional.

Being sick of "conventional" doesn't mean I'm going to wander around with my pants to the floor. I know the necessity (now) of what we call etiquette, decency, compassion and caring for each other. Events have shown it to me: The centrality of the divine qualities. (1)

I'm sorry if I'm going on but this realization keeps growing.

Intellectual, Experiential, Realizational?

Remember I talked about the military tactic called "Time on Target"? (2) What it is is maximizing the impact of firepower by having all military units in an area concentrate their fire, of whatever caliber, on a single point at the same time.

It totally unhinged German troops who were used to following the pattern of American artillery. First shot: rangefinding. Get in the basement. Any other shots hit empty ground.

But using ToT, concentrating the firepower, there was no warning and the destruction was overwhelming. You never saw it coming and, if it hit you, you disintegrated.

OK, keep that in mind because I think President Trump and his entire Q Team behind him, and the Global Military Alliance and BRICS and the Galactic Federation of Light in millions of cloaked spaceships above us are doing a political

version of this.

They're allowing this crazy salad to get crazier und crazier until we, surfeited on Swalwell crackers and Oprah sauce, say "Enough!"

Not any more dramatically than we'd push back from the table having had enough.

And then what? And then turn our attention to whatever we as lightworkers have agreed to perform for the Mother or our archangel as our service, withdrawing our attention from the rest as best we can.

I personally have been studying battlefield innovation for years - hedgehogs, bazookas, Raspberry, Ultra (3) - absolutely fascinated with how people adapted, how they worked with the inspiration the Divine Mother sends them in wartime.

If you take that as just one item in a whole bunch of items that form my life, then you may appreciate that I feel I've had enough of that. I got the drift and and I don't need to have the message drilled into me any longer. I respect innovation and the courage of the innovators to get their ideas heard. I can take my attention away from it now.

That's just a demonstration of how easy it is to drop something. Taking our attention off it needn't be a big, dramatic event, no bigger than pushing away from the table. I stopped watching TV in 2008 when SaLuSa suggested it. No big deal.

No more than giving up sugar, gluten, and caffeine. Doing that has an impact on our lives, and giving up following this crazy salad of events we're being fed ... well, I've had enough, thank you, whatever the case. I don't need any more. In fact I'd vomit if you fed me any more.

I'll keep in touch with events but not to this extent.

What will right this situation, if our gradual Ascension doesn't do it, is what you know I call the Wave of Love. (4) But it's called by a growing number of names - Great Solar Flare, the Singularity, the Event, on and on.

It's the grim reaper of the Bible. It's the descending mist that takes the first-born of Egypt. It's the baker separating the wheat from the chaff and casting aside the latter. It's the wedding feast, when virgins without oil in their lamp are sent home and come back again to find the doors closed.

How many times have you heard me repeat what the Federation of Light said would be the fate of evildoers? They'd simply disintegrate in the face of the energy of the Wave of Love. (5) All trace gone.

All of us will be elevated by it. It is, as the Divine Mother said, a "planetary heart opening." (6) It is just like the heart opening I had on March 13, 2015. (7) *You will like it.* I guarantee it.

But it will be the end of evildoers.

(Don't bother ridiculing me, deep state. I've already said it. The cat is out of the bag.)

So, to summarize, in the face of having fasted for four days, from food, from water some days, and definitely from the news, I've come back and presented myself with steak and lobster the very first day and I'm pushing myself back from the table and saying, "Enough!"

Who the hell cares about the crazy salad?

I care about what's happening everywhere, but I don't really care about a corrupt Congress or Hollywood child abusers. If honest authorities don't get them, take them down to Gitmo, Guam, or elsewhere and execute them, the Wave of Love will show them the exit door.

It isn't that I don't care. What it is is I feel the need to separate the wheat in my own life from the chaff, to be my own grim reaper and refuse to be led by the Time on Target news ... and by convention.

I care for the people of Iran, who have paid in blood for their freedom. Take them off the list of "Time on Target" issues you are generating or allowing please.

I care about all countries who've been overrun by lawlessness. I care about all countries whose populations live under oppressive rule.

And I rely on the white-hat military who are working with extraterrestrial advisers - you know? The ones whose channeled messages we're reading? - (8) to bring in the ten days of broadcasts and arrest the remaining deep staters who are behind all the violence.

I'd better serve Ascension by taking a fast from "current events" that keep getting more intense in a Time on Target way, and transferring it to more profitable channels.

One example: gflstation.com. Time spent there would be time well-spent.

Enough already. In a more general sense, as Lao Tzu said, I'm letting go, letting go, letting go. And what remains I hope is truly important.

What remains for me is my mission for Michael and the Mother. And to continue fasting, physically and intellectually. It sharpens ... whatever needs sharpening.

Certainly my ability to discern the crazy salad of world issues from what really matters. And certainly my willingness to push back from the table and say, "I've had enough, thank you very much. I can let go of it now."

Thank you, Michael, for my Martin Luther moment.

Footnotes

(1) See:

- *Love Like We Never Imagined It to Be* at <https://goldenageofgaia.com/wp-content/uploads/2021/07/Love-Like-We-Never-Imagined-It-to-Be-R17.pdf>
- *The Nature and Significance of the Divine Qualities* at <https://goldenageofgaia.com/wp-content/uploads/2021/07/Nature-and-Significance-of-the-Divine-Qualities-3.pdf>
- *On the Divine Qualities* at <https://goldenageofgaia.com/wp-content/uploads/2021/07/On-the-Divine-Qualities-R9.pdf>

(2) See *Time on Target* at <https://goldenageofgaia.com/wp-content/uploads/2026/03/Time-on-Target-3.pdf>

(3) Hedgehogs were the successor to depth charges, operating on different and more effective principles; the bazooka revolutionized anti-tank warfare by offering an effective anti-tank weapon for under \$50 a unit.

Project Raspberry was the codename for an effective anti-submarine approach invented by British Western Approaches Scientist Margaret C.K. Shields. And Ultra was the operation to crack the Nazi Enigma machine.

(4) See *Ring of Fire, Wave of Love* at <https://goldenageofgaia.com/wp-content/uploads/2021/07/Ring-of-Fire-Wave-of-Love-Compilation-9.pdf>

(5) Federation of Light: This LOVE LIGHT that is to sweep over, through and within, is of a magnitude that has not yet been experienced in such a way. ... The souls of many of such Beings will leave immediately via ‘disintegration’. ... Yes, Blossom, it shall be as if their physical Being literally crumbles and disintegrates.

Blossom Goodchild: For real?

FoL: Yes, for real Blossom. For the Energy that is carried within the entire body and soul of such ‘naughty folk’ is so ‘dis-eased’ that the Wave of Love ... the Strength within it ... will cause such Beings to crumble, for it cannot possibly survive within the Vibrational Frequency that the Wave brings. ... We understand that it all may sound farfetched ... for your programming has been so ‘normalised’ and all thought of such happenings leads you to believe such things are only make-

believe. (Federation of Light through Blossom Goodchild, July 25, 2021, " July 24, 2021 , at <https://goldenageofgaia.com/2021/07/24/the-federation-of-light-through-blossom-goodchild-july-25-2021blossom-goodchild/>).

(6) Steve: Have you described a heart opening...?

Divine Mother: ... The heart opening is already underway. ("The Mother Promises a Massive Heart Opening – Part 2/2," September 6, 2017, at <http://goldenageofgaia.com/2017/09/06/the-mother-promises-a-massive-heart-opening-part-22/>.)

(7) See:

- "Submerged in Love," March 14, 2015, in An Ascension Ethnography at <https://goldenageofgaia.com/wp-content/uploads/2021/07/An-Ascension-Ethnography-5.pdf>, and after.
- "Activating the Wellspring – Part 1/2," March 14, 2015, at <https://goldenageofgaia.com/2015/03/14/activating-the-wellspring-part-1-2/>.

(8) Matthew Ward: Without jeopardizing negotiations and actions underway, we can tell you that Donald Trump has met with extraterrestrial advisers and has been coordinating with military officers and national leaders to uproot dark ones and end their diabolical activities. These cooperative efforts are undergirded by love-light energy, the most powerful force in the cosmos (Matthew's Message, Dec. 3, 2024.)

Wherein I Get What Just Happened; or, A Red-Hot Share

April 19, 2026

<https://goldenageofgaia.com/2026/04/19/wherein-i-get-what-just-happened-or-a-red-hot-share/>



As vulnerable as a jellyfish

Herein I get what just happened. And I'm blown away. And out of it I have a request.

My mission is to go up along with everyone else and write about it. My model is Everyman. My intended reach is global.

My brand of writing is usually characterized as awareness writing and sometimes as "stream of consciousness."

I have to report that sharing that snippet of truth about myself (1) has released me from so much stress from hiding, being in the closet, you cannot imagine.

Stress has literally fallen away from me like a suit of (character) armor. But it was time.

Yes, I've agreed with the Lord Arcturus that he can view Ascension through my eyes, ears, and other senses.

And in return he's granted me, very graciously, a single holographic cell of his being, which contains a library of his and Arcturian knowledge, etc., all of which will download when I begin to focus on it.

Another withhold, as much as I can bear sharing: I'm like a guinea pig to the Company of Heaven. They try things out on me. I've written about that elsewhere, somewhere. (No time to locate it.) A more polite word for this function is "pathfinder."

Right now I just consciously demonstrated what Werner Erhard termed "sharing a withhold." I did so to "get my ante in the pot," my "skin in the game" for a matter I'll come to later.

I'm going to be talking a lot about withholds and core issues in the future in the hopes of laying a foundation for a return to civil discourse and community peace. And I'll be pointing to this "share" as an example.

We literally live a lifetime of withholds. But certain of them hold in place the logjam of emotions that we call "our selves." Otherwise called character armor, muscular tension patterns in the body, ego defense, etc.

When one comes out of hiding, as every gay man must know, OMG, the freeeeeeeeedom!

Soon I'm going to be looking again at human-growth subjects, such as how to presence the Self. Right up at the top will be tell the truth. Share what you're holding back. The truth will literally set us free.

We need to change the conversation among ourselves first. It has to start somewhere. And this is one place, probably among many, at which it will start. Said the Mother:

Divine Mother: There are, guaranteed, many, a multitude, of beings upon the planet who, give or take a little, have been given the same inspiration.
(2)

AND there are limits. Be safe. In the middle of a censorship environment, which tramples on its "enemies" by ridicule (eg., *Real Raw News* is satire; not true), I'd be foolish in such an environment to say anything more than what I already have. It's all a question of timing, as far as I'm concerned, and this is still the time to be circumspect.

I perform a service for the Lord Arcturus, whom I serve along with Archangel Michael. That's it. Five years from now, no big deal. People will be discovering right and left that they have soul contracts with masters and archangels. That's part of why we're here.

The point of my coming in here today is to make a request. I must cut back. Heavens to Betsy, I'm just short of eighty years old. As old as Trump. And playing a ten-man-band.

Look, whatever happened in those four days when all I did was sleep and fast....
(Realization.)

OK, OK, I got what happened.

It's like the young woman in an Adyashanti workshop who was in tears, saying "I don't know what just happened. But I feel such relief."

Until this moment, I didn't know what just happened. But now I do.

Emergence. Breakthrough.

I just went through the very process I write about. (3)

OMG. I can see the billboard now: Emergence! Cost: Four days sleeping and fasting, kicked off by twelve hours of vomiting. Otherwise: Free.

Why didn't I suspect such an illness out of the blue? There was no reason for it and no question of what I would do for its interim: Sleep and fast. *Not go to the hospital.* (Yayayayayay!) Lie flat on your back.

I'm not sure where I was during that time. And y'know, keeping track of all these events is wearisome anyways. I prefer in-the-moment awareness.

Why I came in here today is that I need more time. I need to do more unhurried research.

And it has to go where it goes. I need to follow my intuition, rather than what I think you want to read.

How the heck would I know that anyways? And trying to guess what it might be is tiring. I don't follow the statistics and Michael brings all readers to the blog. Yes, we *are* a family. Big time.

My gawd. I just got the implications of that.

Doing an update now is not possible. I cannot be shackled any longer to any kind of rigid schedule. I'm an over-producer as it is so you won't be deprived. I do know where I'm being led.

But enough's enough, Steve. Another time. If you come back round this way again. In awareness writing, you do or you don't. It's like clearing a path through whatever is in front of you. Medal of Honor heroism. (4) Using your awareness, which is not neutral, to cause disappearance. Awareness favors love.

I have emerged in a way I never dreamed possible. And I feel as naked as a bluejay and as vulnerable as a jellyfish.

But dammit! *It's time.*

Four hours later.

I just remembered that shortly before getting sick, I complained to Michael that I needed a bigger brain to do what I'm doing. Another spiritual experience like the heart opening would be vastly appreciated.

And I got it. And I didn't have to go to the hospital. I'd rather fast than eat their food.

Caution: All events short of Ascension are, to the best of my knowledge, transitory. So some of this may wane, but I'll be left having taken a few giant steps to Ascension.

You surely see that in doing what I'm doing, I know that it starts an energy streamer, to use Matthew's words, in the collective consciousness. And that's what my aim is.

Our love sent out into the collective consciousness is amplified by the galactics, I believe, and returned to us.

Love is like kryptonite to Satanists, demonics, Baal worshippers, archons and whatever other name you want to use for the dark and migrating cosmic force of evil in 3D, which we're leaving behind.

In this movie on Planet Earth that we're all a part of? You got it: Love wins. (5)

In the growth movement this would be deemed a "red-hot share," that would interrupt an encounter group for the person to "work," as in "growth work."

Footnotes

(1) See:

- "A Wee Bit More about Me – Part 1/2," April 18, 2026, at <https://goldenageofgaia.com/2026/04/18/a-wee-bit-more-about-me-part-1-2/>
- "A Wee Bit More about Me – Part 2/2," April 19, 2026, at <https://goldenageofgaia.com/2026/04/19/a-wee-bit-more-about-me-part-2-2/>

(2) "An Hour With An Angel – The Divine Mother: Welcome To 'New Time'" at <http://goldenageofgaia.com/2015/01/27/divine-mother-welcome-new-time/>

(3) See:

- *Let's Go! Let's Grow! Vol. 4 Emergence* at <https://goldenageofgaia.com/wp-content/uploads/2022/11/Lets-Go-Lets-Grow-V4-Emergence-R8.pdf>
- *Lightworkers: Creating a World that Works for Everyone. Vol. 3: Emergence and Service* at <https://goldenageofgaia.com/wp-content/uploads/2021/07/Lightworkers-3-Emergence-and-Service-R10-.pdf>

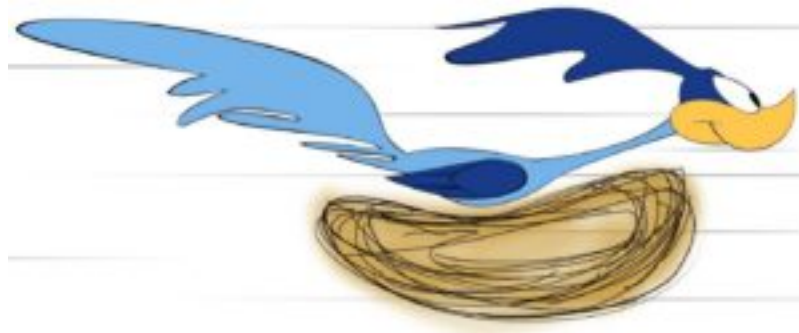
(4) "From Fear and Hesitancy to a Medal of Honor," April 16, 2026 st <https://goldenageofgaia.com/?p=377451>

(5) Divine Mother: Make no mistake, Sweet One, love will win because that has been my Plan always. (Divine Mother in a personal reading with Steve Beckow through Linda Dillon, April 30, 2019.)

Off and Running – Part 1/2

April 20, 2026

<https://goldenageofgaia.com/2026/04/20/off-and-running-part-1-2/>



My mission is to go up with everybody else and write about it. My model is Everyman. My intended reach is global.

My brand of writing is usually characterized as "awareness writing," sometimes as "ethnography," and sometimes as "stream of consciousness."

Long.

Any enlightenment experience, short of Ascension (sahaja, vijnana, moksha), (1) as far as I know, waxes and wanes and can prove impermanent.

We retain some of the freed-up capacity but not the fullness of it (usually).

Which is why I'm in here today, scribbling away in stream of consciousness, while the experience I just went through and its afterglow lasts. I want a record of what just happened. My memory will not serve.

These experiences introduce us to the love that exists on the higher dimensions. (2)
They introduce us to what lies ahead.

That love is the Prime Fact of everything we experience there.

I've been calling what happened "emergence." A synonym is "breakthrough."
These are terms from the Growth Movement of the 1970s.

Unless we break through our fear and secretiveness around hot-button issues, our faces, after a while, reflect our fear and we act constrained.

That said, there are some people I know who within a month of my having had this experience will probably have a similar. That's how the collective consciousness and the law of attraction and repulsion works.

I'm gradually remembering some of the events of the past two weeks that led up to this. It or they were triggered by someone questioning my support for the Iranian people, an arrow shot into the sky that found its mark.

I guess the Iranian people stand in for my Mother, who was abused. And the Mullahs stand in for my Father. I said I'd help my Mother some day and supporting the Iranians against the Mullahs seems to be that day.

Add to that the horrific fact that reportedly 40,000 of them died for their freedom.

Add to that that I was a refugee adjudicator and sat on numerous Iranian claims during the very-tragic 1998 student rebellion. I know what happens in Evin Prison if protesters even get there.

I went off like a volcano.

I feel better getting that piece of the drama off my chest, as we climb together out of our core issues, programming, and conditioning. My questioner did me a service.

What a big fire a small match lit.

Namaste.

I believe that my emergence most likely will calm down and I'll have invited all kinds of expectations, etc. But that goes with the territory.

I've been saying for years that Michael wants me to take a leading role in winning not only peace as in a cessation of hostilities but an inner peace as well. (3) I now see, after this experience, how that might be possible.

He graciously granted me an experience of deep peace some time ago now, which I've described elsewhere. (4)

On another occasion he said that I knew that at some point he'd be asking me to take a very global role in matters. (5) But I got him to agree that we could keep it to writing. (6) This is my love, not interviews or podcasts or lectures, etc.

As I said above, I'm to go up with everyone else and write about it - and be Everyman.

So I was forewarned. Just utterly ignorant. And I didn't take it all seriously.

A little before this happened, I was at my wits end. I probably was doing the equivalent of kicking up and down in my bed. I know I was doing what spiritually equates to screaming my head off.

I was mired in so much work, repetitive work, that there was no time for contemplation.

Notice in passing, "screaming my head off." I had to be at that extreme place wanting a breakthrough for Michael et al to grant my request.

I needed a bigger brain! You tell me I came here, I shouted inwardly, with my mental capacity as intact as the human body allows, that I see solutions more easily than other people (a higher-dimensional capacity)? (7)

Where is that mental capacity?

You tell me that my mind runs at the speed of a starseed computer. (8) And yet I have no short-term memory and haven't since before 2012, when I protested to Michael and the Mother: How am I going to do what you want me to do with no short-term memory?

So I screamed at Michael: I need a bigger brain! And that was not very long before this sudden sickness and fasting suddenly started.

Remember that Michael engineers/influences events so that he can accomplish a number of things at one time.

Therefore, know that one of my three friends in life just went away for more than a month, making me a solitary monk again. What timing!

And so what happens?

I immediately start vomiting and vomiting and vomiting. I take a sip of water and vomit again.

I sleep most of the time for four and a half days, losing all interest in food and even water.

It took me a few days to realize, once I came out of it, what had just occurred.



This is how emergence began.

Only, every other time I've "broken through" (I counted 23 by around 1992), I'd broken through on a single issue. (I gave them names: Flame in the Heart, the Silver Bullet, Porteau Cove, the Inner Universe, etc.).

[As an aside to what I'm about to say: Archangel Michael once said to me in a reading that "human beings, particularly those in the higher vibrations, [are] learning to hold all the divine qualities and to be operating from all the divine qualities at once." (9A)

I'd call that Ascension. I'd call that exactly where we're headed.]

This "emergence" was not like any other breakthrough I've experienced. This was not breaking through on a single issue. This was a doffing of the entire suit of armor that we call "character armoring."

The muscular holding patterns yielding to relaxation. The memory purged of all traumatic memories.

This was a dropping away of all programming, conditioning, old baggage. (I hope it lasts.)

Notice the similarity to Da Free John's experience of his Sahasrara or seventh chakra simply falling away. Going beyond the seven-chakra system is Ascension. (9)

OMG, I've been here before.

At an enlightenment intensive, I got through a monster core issue and, on the other side, do you know how I felt?

Blissful? No. Ecstatic? No.

Normal.

What a joke.

And I feel normal now. That's all. Just normal Steve.

It's like getting a second chance on life.

Footnotes

(1) See:

- "Quick Review of Ascension and Sahaja Samadhi," July 7, 2016, at <http://goldenageofgaia.com/2016/07/07/quick-review-of-ascension-and-sahaja-samadhi/>
- "Sahaja is Our Natural State," July 14, 2016 at <http://goldenageofgaia.com/2016/07/14/sahaja-natural-state/>
"The Meaning of Sahaja Samadhi," July 15, 2019, at <https://goldenageofgaia.com/2019/07/15/the-meaning-of-sahaja-samadhi/>
- "Moksha, Mukti, or Liberation," April 4, 2020, at <https://goldenageofgaia.com/2020/04/04/moksha-mukti-or-liberation/>.
- "Natural = Sahaja = Ascended," September 8, 2018, at <https://goldenageofgaia.com/2018/09/08/natural-sahaja-ascended/>

(2) See *Love Like we Never Imagined It to Be* at <https://goldenageofgaia.com/wp-content/uploads/2021/07/Love-Like-We-Never-Imagined-It-to-Be-R17.pdf>

(3) Archangel Michael: Your job is to participate and to lead in a worldwide peaceful revolution, for peace the time is now. ...

And we do not mean an absence of war. We mean the presence of peace as you have been describing it. (Archangel Michael in a personal reading with Steve Beckow through Linda Dillon, Feb. 18, 2011.) (Hereafter, AAM.)

(4) See “First Glimpse of the Natural Self,” February 21, 2017, at <https://goldenageofgaia.com/2017/02/21/first-glimpse-natural-self/>

(5) Archangel Michael: You have known that the time would come when we would ask you to work very much on a very global level. And this is the beginning of that undertaking. You have already built a very firm foundation for this to occur and for this we thank and bless you. (AAM, Nov. 30, 2011.)

(6) Steve: When you say world leadership, is that in communication? Because I can't think of an area that I lead in except communication.

AAM: Yes, it is in the arena of communication and it is also in the arena of, particularly, how one communicates. (AAM, March 28, 2018.)

AAM: You are a writer. You are a communicator. That is the mission that you have chosen throughout time and space, and we want to tell you what a good job you are doing. Do not doubt yourself, and do not allow the fears, the drama, the chaos of the human interactions affect your knowing of your mission and purpose. (AAM, April 10, 2012.)

Steve: If I carve out a lifestyle kind and attentive to the needs of awareness writing, are you alright with that? That's really my first love?

AAM: I am over the moon with that! You can do the writing and I will do the art and music! (AAM, Aug. 2, 2017.)

AAM: I beg of you, do not assume that, when you write of what you are calling “the inner work,” that this does not have profound effect because the focus of the leadership movement, right now is on the inner work. (AAM, June 7, 2015.)

AAM: On the list of things to do, let [writing] always be the last thing that falls off. (AAM, Feb. 7, 2013.)

(7) AAM: You have come to Earth with a significant mental capacity, shall we say, that allows you to see solutions and thought patterns and ideations more clearly than many. (AAM, Aug. 3, 2015.)

(8) AAM: Yes, your mind is connected. You have done your work. And very often you are connected to what you would think of as Universal Mind. And that's why we laugh when you say that your veil is thick. Your veil may be thick on your eyes but it most certainly is not on your brain.

And so you are keyed in and it is running at the speed of, shall we say, a Starseed computer. (Archangel Michael, "The Master Electrician Rewires a Starseed," Aug. 4, 2011, at <http://stevebeckow.com/2011/08/the-master-electrician-rewires-a-starseed/>.)

(9A) Archangel Michael in a personal reading with Steve Beckow through Linda Dillon, Jan. 4, 2019.

(9) Da Free John: In February I passed through an experience that seemed to vindicate my understanding. ... I saw that what appeared as the sahasrar, the terminal chakra and primary lotus in the head, had been severed. The sahasrar had fallen off like a blossom. The Shakti [or energy, kundalini] , which previously had appeared as a polarized energy that moved up and down through the various chakras or centers producing various effects, now was released from the chakra form. (Da Free John, *The Knee of Listening*. Original Edition. Clearlake, CA; Dawn Horse Press, 1984; c1973, 117.)

Off and Running – Part 2/2

April 21, 2026

<https://goldenageofgaia.com/?p=377580>



(Concluded from Part 1, yesterday.)

My mission is to go up along with everybody else and write about it. My model is Everyman. My intended reach is global.

My brand of writing is usually characterized as "awareness writing," sometimes as "ethnography," and sometimes as "stream of consciousness."

I could stop now but there's more to say. And now is the time to be saying it.

What I just said - that I experience myself having dropped the entirety of my character armor - has now entered the collective consciousness.

It's now an energy streamer and a love bomb.

And, as I said earlier, I know a sensitive, not so far away, who will pick up the vibration and probably drop theirs as well within a month. *In my opinion, that's how this works.* The law of attraction and repulsion. Spiritual science, not material science.

No wonder Michael asked me to go up with everyone else and write about it. (Translation: Send energy streamers into the collective consciousness suggesting different ways of perceiving). The sensitive ones will receive it and try it on.

What you see happening, in my opinion, is the way it works, spiritually.

To continue, I screamed at the Company of Heaven, as Sanat Kumara in 2011 granted me the privilege to do in 2011, (1) for a bigger brain and the answer came not long after.

It came in the form of stripping me of my character armor. From my vantage point, I felt myself emerge. From their vantage point, they dissolved a layer of my mind.

Note that at this point in my recounting of my experience I have not yet remembered that, during the four and a half days sick, I had an inner vision of a frontal plate of armour dropping away from me. I said, what was that? And the thought came, character armor. And then I fell back to sleep again. I only remembered this inner vision, exactly as I originally saw it, on April 23.

See “Research Note: Jump In. The Water's Warm,” April 23, 2026, at <https://goldenageofgaia.com/2026/04/23/research-note-jump-in-the-waters-warm/>

Just as easily, Michael had saved me from electrocution in around 1969. It was nothing, he said, to divert a flow of electricity. Otherwise? Death. (2)

Moreover, long ago, as described in "System Restore," (3) I had an experience in which I stretched my memory back to the time before my Dad's violence began. And then I took a small mental sledgehammer and a spike and banged it into the ground, reuniting my memory with that earlier time.

I asked Michael what had happened in that experience that it worked and he said that they got that I really, RRREEEEAAALLLYY, meant it. And so they granted my request.

So don't overlook this. We have to be 100 percent committed. This is the way it works from the spiritual side. We are in co-creative partnership with our celestial support group. (4)

As Michael once said, it's hard to work with people who don't know you exist. You do know that, which is why we're working with you. (5) Flashing lights.

And he added that soon working with an archangel will be commonplace. (6)

I feel the need to make the difference that I'm discussing as plain as I can.

"System Restore" was me breaking through, with Michael's guidance, support, and inspiration, on a single issue - childhood violence. Something that Michael said was not in my soul contract ... but which they put to good use. :O !

THIS, this emergence, saw the falling away of the whole mental/emotional/physical system that I had built since early age, for self-protection, whose earthly metaphorical equivalent would be a suit of armor.

It dropped off.

Just be with that for a moment.

Because what's being acted out here - or with anyone else - is the way things work spiritually. Elsewhere I've discussed our co-creative partnership with the Mother, our archangel, our twin flame, and our guides. (7)

It isn't that the version of enlightenment that terrestrial sages offered us was wrong. It's only that it was, as all versions are, incomplete. Michael once said that classical enlightenment theory had served me well. But now I had to leave it behind. He was giving me new information! (8) And so it has been!

So let me just underline a few of the important things in what I just said:

(A) It is possible to have your entire character armor drop away, for how long I have no idea. Usually an emergence or enlightenment short of Ascension (vijnana, sahaja, moksha) is temporary, which is why I'm scribbling so fast here (to get it down).

(B) I've launched the idea into the collective consciousness that it's possible to drop one's character armor completely. Will you then be in bliss? No, I haven't experienced bliss. How you will feel ... is normal.

A return to normality. An emotional med bed. Baptism in the River Jordan. Being born again. Getting a second chance on life.

Don't eat the menu instead of the meal. Emerge. Break through even if you have to scream at heaven, vomit your guts out, and starve for four days.

Or go another, more gentle way.

Thank you, Mother. Thank you, Michael, for what I hope is a bigger brain ... and heart.

Footnotes

(1) Sanat Kumara: I know and I have heard that there are things and times when you think that even our requests are unreasonable.

Steve: Right.

SK: And we do not want to overwhelm anyone, ever. And sometimes, in our enthusiasm, we ask a great deal. So you may be that voice.

We give you permission and encouragement to say, this is not reasonable, either on the human side, or to us. If you have need to tell us to slow down, speed up, help in a different way, we are open, you know, to suggestions. We are reasonable. (Sanat Kumara in a personal reading with Steve Beckow et al through Linda Dillon, Dec. 7, 2011.)

(2) Steve: In around 1969 in Ottawa, I snipped the wire from my car's block heater to an outlet in my home. I pulled the wire out from the block heater and snipped it. Well, that's exactly the opposite of what I should be doing. I should be pulling it out of the building and then snipping it, right?

Archangel Michael: Correct.

Steve: I should've been electrocuted! Did you have a hand in that? Tell me what you did or what happened?

AAM: Well, it was not a major undertaking, Sweet One, to simply prevent the flow of electricity. So, yes, it was not your time. You were, shall we say, young and foolish.

Steve: I was totally asleep to have done that! Oh my gosh! Isn't that interesting! Thank you for that.

AAM: You are more than welcome

Steve: I don't know how I just reconciled it so easily at the time.

AAM: Because there were no consequences! Because the consequences would have been quite dire.

Steve: Well, what would they have been? Dying, right?

AAM: Correct. (Archangel Michael in a personal reading with Steve Beckow et al through Linda Dillon, Feb. 14, 2019.) (Hereafter, AAM.)

(3) "System Restore" at <http://goldenageofgaia.com/2016/05/06/system-restore-2/>.

(4) See *Grandeur Beyond Grandeur: Toward a Cross-Cultural Spirituality Vol. 6: Our Enlightenment and Co-Creative Partnership* at <https://goldenageofgaia.com/wp-content/uploads/2021/07/Grandeur-Beyond-Grandeur-Enlightenment-and-Co-Creative-Partnership-6-4.pdf>

Divine Mother: It does not matter whether somebody says they are channeling Hilarion or Mickey Mouse. You know that you are serving my beloved Michael and I would like to suggest to you, Sweet One, not to distract you, but you are also serving me.

Steve: I so much know that, Mother.

DM: You always have. And so, yes, how we have constructed this is that you are employed, you are in joint venture, you are in sacred partnership with Michael, with Me-Ki-Al, and that is the way that you have chosen and that he has chosen and that I have chosen for you to proceed.

Steve: Yes, Mother. Thank you for confirming that.

DM: Let us give you further insight into this. So, if you were channeling with somebody and they said it was Hilarion, and in fact it was Hilarion, understand on our side the conjoining is so much stronger [with Michael] that Michael would simply funnel through Hilarion what needs to be said.

Steve: Interesting! (Divine Mother in a personal reading with Steve Beckow through Linda Dillon, Oct. 26, 2018.)

(5) Archangel Michael: Are we [archangels] in partnership with every being on the planet? Yes. But it is difficult when you are in a partnership and the other person does not realize it. So we are working with those who realize we are in partnership. And so that is why we are having these conversations. (“Archangel Michael: A Global Reset of Values, Part 2/2,” channeled by Linda Dillon, September 16, 2013, at <http://goldenageofgaia.com/2013/09/archangel-michael-a-global-reset-of-values-part-22/>.)

(6) As things are shifting, as the, shall we call it, new awareness, heightened awareness, interdimensional reality - because that is truly what we are talking about - as this truly anchors, not only in the heart, but in the thought patterns, the behaviour patterns of human beings, the idea of working with an Archangel is in fact going to be commonplace.

This sense of division is going to actually quite quickly disappear. The idea of a punishing deity that you need to earn favour with, curry favour with will change into the true knowing of what has always been the case, which is partnership. (AAM, May 13, 2020.)

(7) Steve Beckow: It’s very different from classical [enlightenment] theory.

Archangel Michael: Classical theory has served you well. Now you are on a new course. (AAM, Feb. 20, 2018.)

SK: Oh yes. We are old friends. There are some, what would you call them, newbies upon the planet and they have mostly traveled from various sectors of the universe, but most of us, my friends...we have been at this in and out of various forms for a long time. No, you have this saying upon your planet, “This is not our first rodeo.” (“Sanat Kumara: Universal Law, Operating System for Nova Earth,” via Linda Dillon, July 21, 2017, at <http://goldenageofgaia.com/2017/07/21/video-transcript-sanat-kumara-universal-law-operating-system-for-nova-earth/>.)

S: What is my relationship to the Lord Arcturus? I'm not him. Am I his son, or...?
Do you know what I'm saying?

AAM: You are part of what we would think of as extended family. ... You know when Sanat Kumara has called X his granddaughter?

S: Yes?

AAM: It was loving, not factual.... So for Lord Arcturus to call you a member of his family, it is that he claims you and that you are part of that extension of his energy. (AAM, Sept. 28, 2014.)

Research Note: Emergence vs ... errr .. *and* Enlightenment

April 21, 2026

<https://goldenageofgaia.com/2026/04/21/research-note-emergence-vs-errr-and-enlightenment/>



I've come in here today to share that I, as a lightworker, value emergence over enlightenment and for a number of reasons. (1)

(A) We're all angelic anyways and fully enlightened in our native state. (2)

(B) What is holding us back this lifetime is that we haven't emerged from the programming, conditioning, and withholding that we've been doing all our lives. Emergence is what's needed.

(C) Enlightenment may remove us from those we serve; emergence has us more able to serve them. As a lightworker, I postpone the banquet, in order to serve. (3)

Stepping forth, standing forth, taking a stand. But with love. Not like what we've just been through. With love.

Being who we are, telling it like it is, but with compassion. It's this added element (the "but with") that's been missing so far.

Lightworkers are the leaven in the loaf of the collective consciousness. The Divine Plan, as far as I know, is that where we go (in love), the planet follows.

Download *Emergence* here: <https://goldenageofgaia.com/wp-content/uploads/2026/04/Emergence-3.pdf>

Footnotes

(1) See *Emergence* at <https://goldenageofgaia.com/wp-content/uploads/2026/04/Emergence-3.pdf>

(2) See *An Explosion in the Meaning of Humanness* at <https://goldenageofgaia.com/wp-content/uploads/2024/03/An-Explosion-in-the-Meaning-of-Humanness-13.pdf>

(3) AAM: You cannot (well, you can if you wish; it is a choice to) simply remain in [a] state of unity, of One, or be fully conscious, in service, in action....

So, it is a toning down, if anything. It really is the middle ground. ...

You know that enlightenment is right there in front of you. It is yours to access. But if you are in service, you will not choose to live there. ...

You can think of it as keeping two feet firmly on the ground. (Archangel Michael)

in a personal reading with Steve Beckow through Linda Dillon, Feb. 14, 2012.)
(Hereafter, AAM.)

Steve: Can you help me make sense of returning to my interdimensionality while not becoming a guru figure?

Archangel Michael: It is very simple, visit don't stay. So what you are doing, you are pulling into the 5th - into what you think of as your reality - the qualities of mastery [11th] without setting yourself apart from the masses [4th].

You are ... teaching others that they can access the mastery [11th] and still be in the Christ Consciousness [7th], in the expanded awareness in the physical form [4th] and in the [transformative] love [5th and higher]. (AAM, May 6, 2013.)

Research Note: Watching

April 21, 2026

<https://goldenageofgaia.com/2026/04/21/research-note-watching/>



My shares may be out of chronological sequence due to my impatience to get a post out and on the record. This is a red-hot share for me for reasons that apply only to myself - The Humpty Dumpty Man.

I'm watching to see what difference having dropped my suit of (character) armor makes in everyday life.

Then this occurred.

Normally I make a payment on the 10th but I was out to the world that day and never gave it a thought until today.

So I wrote an email acknowledging it and promising to get it there right away.

Reaction? Kick my butt? Want to overcompensate?

Nothing. Not a twinge of a response to my mistake. Just normal.

Just normal.

But do you know what that word means to the Humpty Dumpty Man, who hasn't known the ground under his feet for his dissociation and ungroundedness, all his life? Who has lived, unknowingly, just at the edge of the emotional and intellectual envelope the whole of his life, and been regularly slammed for it? (1)

Not to react?

From that day when I was seven, when Dad shouted at me from right in front of my face and my personality shattered into a million pieces until April 9, 2026, I have been recovering from the effects of that experience.

And finally Humpty Dumpty is coming back together. Feeling normal for me is a monstrous-huge milestone, monstrous-huge.

It took 72 years - completing one core issue (or vasana) at a time. A lot of it with you, in these pages (search on "vasanas"), going through the whole process, one core issue after another. (2)

And then dropping the whole apparatus itself. Not like I'd ever dreamed that such a thing could happen or was even possible.

For this outcome, my thanks go out to an army of geniuses and friends, in both western and eastern spirituality and the Growth Movement as well as the Company of Heaven.

And to our unseen partners who are managing the whole drama backstage in line with our missions.

Footnotes

(1) Two Ph.D's denied as being outside the envelope. Unable to parlay contract employment into permanent employment because the boss felt threatened, an article redefining the field turned down by the very people whom my redefinition defined out (I guess it makes sense). Nearly losing a Ph.d. oral because I said I didn't care to read Marx. On and on. What it took to get here.

(2) See *Vasanas: Preparing For Ascension by Clearing Old Issues* at <https://goldenageofgaia.com/wp-content/uploads/2024/05/Vasanas-Preparing-for-Ascension-R16.pdf>

We All have One and the Same Mission

April 22, 2026

<https://goldenageofgaia.com/?p=377560>



My mission is to go up along with everybody else and write about it. My model is Everyman. My intended reach is global.

My brand of writing is usually characterized as awareness writing and sometimes as "stream of consciousness."

If you'd allow me to say it, I believe that it's time to stop overlooking one fact.

I hear folks saying, "I don't know what my mission is."

It's very, very simple. The one same mission that all of us has is ... to love.

May I elaborate?

At first your love will be undetectable or transitory, etc. But you *will* have a breakthrough, either from the expected Wave of Love or else because your archangel just decided that this is a time of breakthrough for you, as Michael does regularly with me.

THAT LOVE that you then experience will prove to be the answer to all your desires as well as exactly what the situation needs from you.

Apparently, we commonly agreed to restore Gaia to its pristine state as a Garden of Eden or earthly paradise. A place where angels, like ourselves, (1) can come and have an experience of love in physical form.

Loving just happens to be the first requirement for ones who plan to restore Earth to love, wouldn't you say?

I wouldn't be saying this if I were not leaving the takedown of the cabal to the Global Military Alliance, BRICS, and the Galactic Federation of Light above us, assisting light forces on Earth.

In my view, we need to build the alternative while they do their work of removal.

My own leadership, Michael confirmed, lies in writing. I'm dedicated to the return of civil discourse plus the exploration of human growth, human potential to allow all of us to emerge from our long chains of withholds, core issues, etc.



What could be easier than to love? And when I say that word, I mean to draw love up from our heart on the inbreath, enjoy it for a moment, and then send it out to the collective consciousness on the outbreath.

I mean something specific.

I believe that doing that continuously in meditation ... well, it'll invite enlightenment. When the kundalini reaches the fourth chakra, the interdimensional portal that the heart is opens and you are in Seventh-Dimensional transformative

love. That is the first stage of enlightenment, called stream entering and spiritual awakening.

The Wave of Love is a planetary heart opening. But more on that another time.



But do you get it? Really, really get it? Everyone on Earth at the present time made a soul contract that they would do what they could to restore Earth as a planet of love, a Garden of Eden.

What better start to such an enterprise than to begin sending love out ourselves?

Michael has said that love is the universal energy and it must flow. We get to experience it as it passes through us, up from the heart and out to the universe. To experience it, we must draw it up and send it out.

This same task faces every person on Earth. Well, not *faces*. What can be more pleasant than to love?

But all that is coming. In the meantime, there is absolutely no ground for saying, "I don't know what my mission is." In my opinion, your mission is the same as mine and everyone else's: To live and breathe love.

Footnotes

(1) See *An Explosion in the Meaning of Humanness* at <https://goldenageofgaia.com/wp-content/uploads/2024/03/An-Explosion-in-the-Meaning-of-Humanness-13.pdf>

Research Note: Where's the Dilemma?

April 22, 2026

<https://goldenageofgaia.com/2026/04/22/research-note-wheres-the-dilemma/>



I'm an awareness writer whose mission it is to go up with everyone else and write about it. My model is Everyman. My intended reach is global.

This post is out of chronological sequence by perhaps a couple of days. But it's part of the record of this rather-incredible event, the dropping of the character armor.

I just had a very interesting spiritual discussion with a friend and that's what brought me in here. It was such a typical bind that some people get themselves into because they're thinking longitudinally - only along one axis.

So the theory that we have an Atman, Soul, Christ, or Self was pitted against the theory that we have no permanent soul, anatta, etc. And please allow this to stand in for all the endless arguments that we have in 3/4D.

This seeming contradiction is seen as a great dilemma and he who solves the Gordian Knot gets put up on a statue.

My turn.

There is no dilemma. The dilemma lies in the way we're seeing things.

It's a cultural dilemma (yes, and more on that at another time), (1) but not an actual problem. It's perception that's at issue.

Here is the answer.

At one level, dimension, or plane of reality, it is (relatively) true that we have a Self.

At another plane of reality that is so far down the line from the first that the journey seems endless, (I'm guessing for a single second) we lose our Self, dissolve in the One and arise as That.

As I saw in my 1987 vision, as I just realized. (2)

That fulfills the purpose of life: That God should meet God in a moment of our enlightenment. (3)

A single second. But what a second. For the time we spend as the One, it is now true that we have no Atman, anatta, No-Self. We are the One.

In sum: Where is the dilemma? It's in our longitudinal thinking. We need to expand our dimensionality, reach, and depth.

Footnotes

(1) Since culture is composed of ideas, the dilemma lies in our thinking.

(2) See “Chapter 13. Epilogue” in *The Purpose of Life is Enlightenment* at <https://goldenageofgaia.com/wp-content/uploads/2021/07/Purpose-of-Life-is->

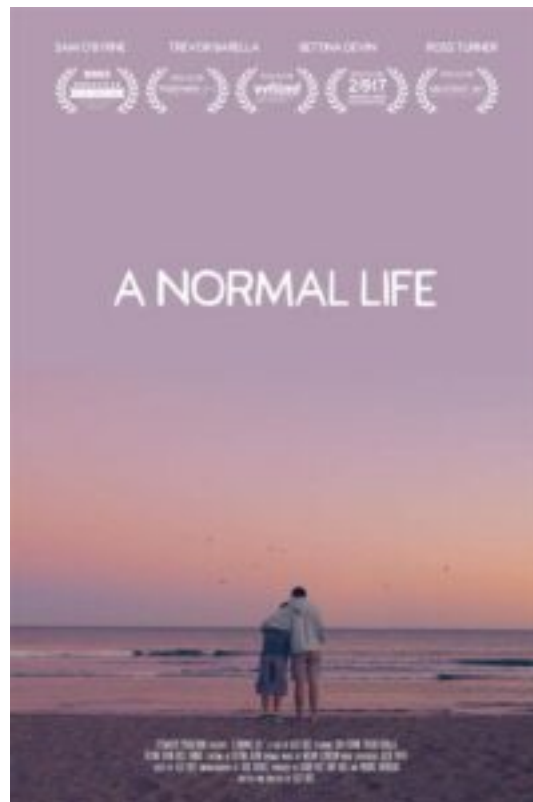
[Enlightenment-6.pdf](#) for a description of that vision, which culminated in the small golden star reuniting with the large Father Sun.

(3) The purpose of our lives is enlightenment, knowing who we truly are. When one of us realizes themselves, God meets God. And for that meeting was all of this created. See *The Purpose of Life is Enlightenment*, ibid.

Blissful? No. Ecstatic? No. Then What? Normal

April 23, 2026

<https://goldenageofgaia.com/?p=377612>



My last time repeating this:

My mission is to go up along with everybody else and write about it. My model is Everyman. My intended reach is global.

My brand of writing is usually characterized as “awareness writing,” sometimes as “ethnography,” and sometimes as “stream of consciousness.”

I feel a great urgency to get down whatever details I can about the experience that just happened to me.

I don't think you'll find it in the classical enlightenment texts. Usually a person breaks through on a single issue; picture an encounter group.

But to have the entire system we've developed to protect ourselves from harm drop away, I've never heard of it. (1)

And the supreme joke which, if I were a buddha, I'd be laughing myself silly about is:

How did I feel when I emerged? Blissful? No.

Ecstatic? No.

Then how?

Normal.

OMG.

When have we ever emerged from our entire character armoring? All the games we play, strategies, defense mechanisms, on and on just dropped from me.

But now the human race has done it once. Watch for others to do the same, now that the possibility has been broached.

It really was, on an astral level perhaps, like the dropping of a suit of armor.

And I emerged, restored to normality. Which means, from seven years old till now, I haven't been responding to things in the range considered normal in our society.

In what I want to accomplish - which is to bring back the theorems and postulates of the Growth Movement - I take what I just said as feedback.

I haven't been normal.

Well, of course not. I used to call myself the Troll under the bridge. My older brother Paul gave me a T-shirt with "Grumpy Old Fart" on it. Of course I've lived outside the range thought of as "normal."

So here I am reporting to you that there is a frequency of emergence that may or will have you drop the entire kit-and-caboodle. The suit of armor. That which you think of as "you." (It's not.)



I feel like a jellyfish. I have no defense mechanism up. I feel no core issue (or vasana) go off. It's like a factory reset.

It's like my experience of innocence and purity at Xenia on Sept. 18, 2018. I feel innocent and pure. (2)

However, to report the latest, my memory does attempt to bring up one negative thought after another. But there's no one listening. Nonetheless, it does give me my first fear: That my negative mind will drag me back down.

I'll need to go down anyways. I'm in the afterglow now and I've asked everyone I know to allow me to isolate myself till this passes.

When this initially happened - probably at some time after April 9 when I slept and slept - I didn't know what had occurred.

I don't know of any enlightenment experience or emergence that comes with an instruction manual, map, and T-shirt. I never know where I am. I ask Michael.

So I don't know what just happened. And then someone inspired the thought in me that I had dropped my character armor, completely, gone. And that resonated. (Michael may have also signalled "yes." I can't recall.)

Oh, my gosh, now I recall another piece.

We're not to use the law of elimination except under special circumstances.

A short while ago, I invoked the law of elimination and the Divine Mother, Archangel Michael and Sanat Kumara, to take away all my negativity, every last bit of it.

I forgot about that. Screaming at heaven for more reach, more range. My friend being away from Vancouver for a month. Isolation. Five days (4 1/2) of fasting and sleeping.

Michael engineers moments like these. I've seen him do it. (3)

So I feel normal. I can still get frustrated, mad, impatient. It's not that I'm somehow "beyond that."

It's more as if I've been given a fresh start.

And it's also that things I couldn't imagine myself doing, I can now do. Or imagine myself doing.

Live by the divine qualities? Of course. No question. Love others? I the hermit is at least up for it. But in limited qualities so that it doesn't interfere with my writing.

One last thing. I just finished shouting at heaven that I needed enhanced psychic abilities because I'm tired of wasting time looking for lost objects on the Third Dimension.

... You never know!

Footnotes

(1) Remember I had arthritis in my right knee and then, in what seemed like a nocturnal heart attack, the arthritis was taken away? So I'm used to "heroic" interventions.

(2) I finally reached what resembled a tunnel and at the end of it was the Light of the Self. And in the presence of the Self I felt innocent and pure.

I had penetrated through the hridayam, the heart aperture, into the open heart and down, down, down to “the seat of the soul.”

So I can vouch for the fact that the seat of the soul is in the heart. That no longer sounds like a far-fetched notion to me, but something I've experienced and realized. ("The Heart is 'the Seat of the Soul',” December 17, 2018, at <http://goldenageofgaia.com/2018/12/17/the-heart-is-the-seat-of-the-soul/>.)

(3) When we were bidding to rent this apartment, unknown to me, the rental agent contacted my old manager. She was a spiteful person and a crook, who cheated me out of my damage deposit (long, uninteresting story). But there would be no way I'd get a good reference from her.

However her husband answered the phone and said she was sick. When asked whether our rental agent could phone his wife tomorrow, was told to FO. When the

rental agent told me, I said well, what can I add? I had the place.

So I asked Michael later what he did. He said the man was naturally violent and he just help him along a bit. Michael engineered the moment.

Research Note: Jump In. The Water's Warm

April 23, 2026

<https://goldenageofgaia.com/2026/04/23/research-note-jump-in-the-waters-warm/>



One by one, memories are coming back to me.

I flashed today for the first time on something that happened while I was sick. I saw myself in a suit of armor that had fabric over top. In my inner vision, I saw it fall away from my body and fall clanging to the floor.

And then I fell back to sleep.

Right away I suspected character armor had been taken from me by Michael and his helpers. The combination of traumatic memories, resulting muscular tension patterns in the body, and emotional responses, combined with social programming and conditioning solidifies over time and becomes what I call our character armor.

I was reminded of "System Restore" when Michael saw I was sincere about wanting to reunite with my life before age seven.

And so they allowed me to drive a spike into the ground and re-unite the two - the "before" the fragmenting of my personality and the "after." (1)

In this instance, I invoked the law of elimination to take away all negativity from me just a few days before all this happened.

And then, after that, I hollered at heaven that I needed a bigger brain. Where was my wingman? How am I to do all this alone? Etc.

And finally a dear friend left town leaving me in almost total isolation. All the pieces were now in place.

That very evening, I began vomiting. We didn't waste a moment, did we?

This was all a set-up!!!! Michael probably did an "operation" on me while I was out.

And I love it!

It shows you how I'm being used as a guinea pig ... errrr, pathfinder.

Out of all of it we've shown that's it's possible not merely to clear an issue through emergence or breakthrough (only one workable method, by the way); it is similarly possible, with the consent of our archangel, to drop the whole of our character armor.

I expect to hear of people doing just that around the world. Jump in. The water's warm.

Footnotes

(1) See "System Restore," May 10, 2014, at <https://goldenageofgaia.com/2014/05/10/system-restore/>

(2) Archangel Michael: We step forward in the fulfilment, you on Earth, on this beloved planet called Gaia, I as your wingman, quite literally. (Archangel Michael in a personal reading with Steve Beckow through Linda Dillon, March 10, 2017.)

More About Character Armor and Normalcy

April 26, 2026

<https://goldenageofgaia.com/2026/04/26/more-about-character-armor-and-normalcy/>



Metaphorical character armor.

I need to say more about emerging from my character armor and feeling ... normal.

I probably have not felt normal since age seven, when my Dad shouted at me from so close to my face that my personality shattered into a million pieces. For the next fifty years or so, I became the Humpty Dumpty Man.

And so, emerging from the character armor that I built up since age seven, the shell that would protect me, the weapons I could use ... to emerge from that is monumental for me.

As an aside, don't overlook the fact that I cannot find in my recollection of the eastern and western texts any mention of the dropping of a person's complete suit of armor, so to speak. Only single issues.

I feel normal again. I don't have something going on inside me. I'm not rescuing anyone in preference to conducting my mission. I don't have a grumble going on. No victim story.

I'm just here and I feel normal.

"Normal" for me means no issues are going on with me; I have room for another to show up; life is not all about me.

Normal is neither hot nor cold on the emotional dial. It's livable as expressed by all concerned. It's moderate. It's in the middle, in the center, in the heart.

And everyone in the love that flows there knows where to get love from. No, not from the other. From your very own heart, where it exists as an endless artesian well.

Normal is I can be decent with the people I meet. I have no reason to fear any more. I'm still protecting some things until the cabal is gone. But apart from those, I feel free of my previous emotional chain.

I'm delighted to have returned to normalcy after (79-7=) 72 years away.

I'm back on track with my life after a massive scenic detour.

That's "normal" for me.

But please don't overlook what I just demonstrated because we'll discuss it another time: I took the arrival in normalcy as an indicator that where I'd been, time out of mind, was in abnormality. *I took it as feedback.*

Feedback is another practise I'd like to see re-introduced ... from a time before automation, a fluorescence of both eastern and western spirituality, the Growth Movement.

That practise requires compassion so that we don't use it as a cover for blaming and shaming.

Wow. Right now. One article a day is confining.

Diary of a Breakthrough – Which Switch is “On”?

April 29, 2026

<https://goldenageofgaia.com/2026/04/29/diary-of-a-breakthrough-part-1/>



OK ... Which switch is "On"?

I think I should keep a diary at this time because what has happened has opened a door and, if others are going to find it and walk through it, I need to be as detailed about the event and its aftermath as possible.

The pages of this diary are not in precise chronological order. I've been wondering how to get them on the record. Until May 3, this will be my catch-up.

Someone today described what I'm calling my "Factory Reset" or "dropping of my character armor" as "a recovery."

Yes, that's exactly what it was: a recovering of my life from a day before my Dad yelled at me from inches away from my face until now.

It's like zipping up a hoodie, bridging a gap, erasing an obstruction.

And now life resumes as normal, where it hadn't been normal for 72 years.
I'm learning the ropes all over again.

What remains and what has disappeared? Every feeling and idea I have had about protecting myself, first from what happened to me from my Dad and second serving as a protective cover behind which I could convalesce [recover] and "put Humpty Dumpty back together again." Every strategy, self-serving story, excuse, denial, and justification dropped away from me, all at once.

I called it a factory reset, new lease on life, second chance, and new beginning. It's as if I had a system flush but the underlying ego structures that would rebuild my character armor are still there. My understanding is that they're not extinguished until Ascension.

Ascension is also known as sahaja samadhi, moksha, mukti, liberation, Vijnana (perfected wisdom), Redemption, Salvation, Resurrection, Buddhahood, how many names has it?

So the overall feeling is not as if something has been added. The overall feeling is as if something has been taken away.

It doesn't leave me feeling moved by this and moved by that. It leaves me feeling at rest; that is, not moved at all. I return to [my default is] "at rest."

Now that may sound trivial to you, but walk a mile in my shoes. I may as well have been a tank for the shell-resistant walls I built around myself and the only area of my life I had confidence in was ... self-defense.

When these defense mechanisms dropped away, I may as well have been born again for the freedom I felt.

Nothing more. Just exhilaration at feeling so free.

And then a return to feeling at rest, peaceful.

And not the deep peace of a mind perfectly still. (1)

My mind is alert and active: I'm a lightworker, a servant, an actor. Not as much a meditator this lifetime as in others. Serving Gaia's Ascension through serving our Ascension "this rodeo," to quote Sanat. (2)

And absolutely nothing to find fault with with this degree of peace!

But I may as well have had a walk-in. Who doesn't understand how to operate this apparatus.

It's as if I'm sitting in a fighter plane and have received no training on it and am expected to ... get it airborne. Ahhhh, OK ... Which switch is "On"?

Footnotes

(1) On this experience of a deeper peace, see “First Glimpse of the Natural Self,” February 21, 2017, at <https://goldenageofgaia.com/2017/02/21/first-glimpse-natural-self/>.

(2) Sanat Kumara: Oh yes. We are old friends. There are some, what would you call them, newbies upon the planet and they have mostly traveled from various sectors of the universe, but most of us, my friends...we have been at this in and out of various forms for a long time. No, you have this saying upon your planet, “This is not our first rodeo.” (“Sanat Kumara: Universal Law, Operating System for Nova Earth,” July 21, 2017, at <http://goldenageofgaia.com/2017/07/21/video-transcript-sanat-kumara-universal-law-operating-system-for-nova-earth/>.)

Diary of a Breakthrough – The Virtue of Waiting Until After Snapback

April 30, 2026

<https://goldenageofgaia.com/2026/04/30/research-note-the-virtue-of-waiting-until-after-snapback/>



I think I should keep a diary at this time because what has happened has opened a door and, if others are going to find it and walk through it, I need to be as detailed about the event and its aftermath as possible.

Mankind as a whole is at a level of readiness for higher truth. (The Arcturian Group, April 19, 2026, at <https://goldenageofgaia.com/2026/04/20/the-arcturian-group-via-marilyn-raffaele-april-19-2026/>.

I feel the need to repeat myself on the wisdom of not saying or doing anything future-binding (like making a promise) when you're in the middle of an experience

like the emergence I just went through or in the afterglow as the experience recedes.

Breakthrough is not like enlightenment. The heart opening and the sight of the Self (fourth-chakra enlightenments) both opened onto love and innocence.

But an emergence or breakthrough pushes the body and breaks some long-standing, protective connections. The body reacts by pulling itself together again after the experience.

It was binding myself to an ambitious future action that brought me crashing down in 1982 after an est Training, out of which I came hugely inspired.

In present day, I'd begun planning two ambitious publishing programs. I was going to bring back the Growth Movement's down-to-Earth wisdom around coming alive and actually being present in our lives.

But after snapback and during integration, I saw that, short of med beds, I don't have the physical/energy reserves to deliver on such an ambitious program yet.

So I saved a lot of embarrassment by waiting until I was out of snapback to assess and perhaps initiate a great change. And I'm sharing that experience as a cautionary note: Wait until you're out of afterglow and snapback before making big decisions.

I'm in the integration phase now, in which I see what has survived snapback and get realistic about what's next.

Diary of a Breakthrough – Who Would Have Guessed?

May 1, 2030

<https://goldenageofgaia.com/2030/05/01/diary-of-a-breakthrough-who-would-have-guessed/>



Character armor

I think I should keep a diary at this time because what has happened has opened a door and, if others are going to find it and walk through it, I need to be as detailed about the event and its aftermath as possible.

Written earlier than "Which Switch is 'On'?"

I feel a pressing need to make sure that everyone understands the difference between having one's character armor (the phrase is I believe Wilhelm Reich's) drop away and an enlightenment experience.

An enlightenment experience usually leaves us immersed in love. Emerging from one's character armor leaves us feeling normal.

The first is an elevation, however temporary. The second is a clearing of the decks and reporting for duty.

Seekers of enlightenment will call their advance in enlightenment progress.

Servants, or followers of the path of seva, service, or karma yoga, would or might want to guard against abandoning their soul contract by saturating themselves in bliss.

As Michael once said to me:

Archangel Michael: When you use the term 'dramatic enlightenment experiences,' you are talking about Nirvana. You are talking about the unity of all with One.

It is not to say that you will not experience it, but you cannot — well, you can if you wish; if it is your choice - simply remain in that state of unity, of Oneness. You cannot be fully conscious and in service, in action, if that is where you are. (1)

We've agreed to be waiters at the banquet of Ascension; apparently, our meal comes later.

I think of this as the major reason why I think emergence a better path for lightworkers: it leaves us feeling normal but having broken through our constraints. We're more capable of being leaders because we're not still working out our issues with others.

And what peace lies in just feeling normal! I keep forgetting to value it for its own sake. Who would have guessed?

Footnotes

(1) Archangel Michael in a personal reading with Steve Beckow through Linda Dillon, Jan. 18, 2020.

Diary of a Breakthrough – A Factory Reset

May 2, 2026

<https://goldenageofgaia.com/2026/05/02/diary-of-a-breakthrough-a-factory-reset/>



I think I should keep a diary at this time because what has happened has opened a door and, if others are going to find it and walk through it, I need to be as detailed about the event and its aftermath as possible.

Emergence --> Afterglow --> Snapback --> Integration.
I'm in the integration phase with the recent experience I had in which I dropped my character armor. Well, not I. The Divine Mother responded to my cry to help me

drop my negativity so I could write from a clear space.

Michael responded to my cry to him to have a bigger brain so that I could make sense of world events. Other matters magically lined up and a complete dropping of my character armor followed.

Which was precisely what I asked the Divine Mother for, without completely knowing what I was asking for.

From now on I'm going to call it a Factory Reset because that's what it was. It was not permanent protection. That comes with Ascension.

It was a lifting off of the whole of my defense mechanisms, strategies and resulting muscular tension patterns in the body, which the former give rise to.

It was everything all the growth disciplines Cold Mountain Institute hosted during our three-month residency were aiming to have occur. Drop your defense mechanisms. Call your Self forth. And ... I just did.

It was emergence, viewed from my angle; grace, I think, viewed from the Mother's. It was breakthrough and it carried a price in snapback.

The snapback, the reaction of the body to the recent "breakthrough," is a protest and an attempted return to what it considers "normal."

The new normal is life without the armor. Only to return if I allow it. What was it John Roger said? You cannot afford the luxury of a negative thought?

I thought of it as a factory reset, a new beginning, a new lease on life, a second chance. But the most amazing part was that I emerged feeling ... not loving or blissful, but - in a different sense than my body wanted - normal.

And I then realized that I had not felt normal since my Dad blasted my personality to smithereens at age seven by yelling at me a few inches from my face.

I'd always been on the edge of the emotional envelope, no self-confidence or where there was some, it was mechanical. Always from inside my character armor, unknown to me. I was like a clanking robot and never knew what was wrong.

Fast forward seventy two years, and I've now been given a second chance. My existing armor has been taken from me but I'm left free to build another. The challenge is not to.

I won't say the vasanas, or core issues, are gone, but their voice is greatly muted. And there is no general response to them, no "All hands on deck!" Which is very unusual for me.

In the afterglow of the Factory Reset experience, I was like a jellyfish. Now I've been returned to the center - no harmful thoughts, no agendas - just here. And the feeling is as novel as my first trip to Disneyland. It's all of it new to me.

But the tremendous drive that arose in me that I was going to take on an ambitious publishing program, starting now, uhhhh, the snapback revealed that as premature. Instead of core issues, I want now to concentrate on core values - truth, love, and peace. Practising these values, I speculate, is like greasing the wheel. I'll find out. Now, when I set out on a second life, I'd like to do it right.

I'd like to live it aware of the Divine Mother's Plan and aligning with that Plan. I know that, if I do so, life will just get better and better and better.

Diary of a Breakthrough: All is Won by Letting Go

May 3, 2026

[\(https://goldenageofgaia.com/2026/05/02/diary-of-a-breakthrough-all-is-won-by-letting-go/\)](https://goldenageofgaia.com/2026/05/02/diary-of-a-breakthrough-all-is-won-by-letting-go/)



One of the things that is happening for me, as a result of ... I'm going to call it my April 9th Emergence, just to have a name for it, is that my knowledge from various phases of my life - history, anthropology, enlightenment, co-creative partnership with Michael - is all starting to integrate.

My meditation now is sitting in front of the holographic cell the Lord Arcturus described to us (1) and inviting it to download into me.

I then remember that I had a past life at the Library of Alexandria (more after the cabal leaves). And I'm absolutely comfortable with the visual image of a library of Arcturian knowledge.

I breathe in their creation codes on my inbreath and breathe out my love to them on the outbreath.

Well ... this is what it looks like to have your mission activated. To receive what the Federation of Light called your "envelope." (2) In the end so simple. Just drop the character armor. Just let it go.

Just what Lao Tzu said: All is won by letting go. Let go, let go, until at last comes peace.

Footnotes

(1) Lord Arcturus: There is a sliver of that [Steve] pie that is Arcturus and Arcturian, that carries that history, that lineage and that intelligence which you have highly valued in this life and in other lives, here [Arcturus] and elsewhere, that you can access. But you need to basically see yourself as going and sitting or accessing that quadrant of the pie.

It is not that you segment yourself because you have the full understanding of the Steve pie but by immersing yourself, shall we say in it that way, by immersing yourself in that tiny sliver of the pie, you are allowing the information, the capacities, the analysis, the experience, to really come to the surface so that you can consciously begin to access it. (The Lord Arcturus in a personal reading with Steve Beckow through Linda Dillon, June 12, 2019.)

(2) What the Federation says is so like what I'm going through that I quote the whole passage:

Federation of Light: The Envelopes we speak of, are obviously ... not in material form.

Inside each one, are instructions [mine from Michael]. We have used the word ‘orders’ in the past, yet, we would say that no one is ordering you to do anything. It is your choice to comply as and when the time comes.

These instructions are for the individual ... to be carried out in order to assist The Whole at the time of opening. [My emergence experience.] ...

Blossom: So, is it to be that they will be opened when a certain thing happens? For example ... The Event?

FoL: This is so. Yet, Blossom, there is to be much that is classed as Eventful ... from now on ...

These Envelopes are safely sealed within you.

When the appropriate time for them to be opened is upon you ... you shall know ... quite clearly.

The instructions within each ‘Envelope’, metaphorically speaking ... will be downloaded unto you ... and your BEING shall be quite clear regarding that which it is meant to do.

Each individual’s instructions were designed in a manner that will enable them to carry out these ‘wishes’ with a certainty of Soul KNOWINGNESS.

For it was the Soul’s agreement to do so before they came to Earth. (“The Federation of Light through Blossom Goodchild, Oct. 2, 2022" at <https://goldenageofgaia.com/2022/10/01/the-federation-of-light-through-blossom-goodchild-oct-2-2022/>.)

Love is What's Missing

May 5, 2026

<https://goldenageofgaia.com/2026/05/05/love-is-whats-missing/>



Divine Mother: You have chosen long long ago with Me, with Annastara [my twin flame], with ME KI AL, to be a communicator and an agent of change.

You have said to me, “Mother, what if they forget? I will remind them. I will communicate with them through words, through my passion, through my heart, through my knowing. I will communicate the love to them.”

This is your task and it is a task of change as this planet, in this great chaos, in flux, chooses, yes, by this wonderful instrument of free will, as they choose and as you choose to simply be the love. It can have an infinite, literally infinite number of expressions. (1)

As I take up my mission again, I ask myself what is the Divine Mother's Will, never mind my will?

And two expressions of it come to mind: The one I just quoted and the generalization I derived from comments by Michael, (See 2) to go up along with everyone else (as a pillar) and write about it, my model being Everyman. (See 3)

Particularly, and I draw stars around this, awareness writing, as Michael and I discussed here:

Steve: If I carve out a lifestyle kind and attentive to the needs of awareness writing, are you alright with that? That's really my first love.

AAM: I am over the moon with that! You can do the writing and I will do the art and music! (4)

To ensure that I was always a songbird for love, they opened my heart on March 13, 2015 and gave me a taste of the love I was tasked with promoting (I was going to say, "fronting"). A long taste. Off and on for six months.

And now, knowing what the love is that the Mother is talking about, it's true to say that I'll sing its praises forever.

Finally, Michael says he is my "wingman" in one of my favorite quotes:

AAM: We step forward in the fulfilment, you on Earth, on this beloved planet called Gaia, I as your wingman, quite literally. (5)

I hope that by sharing all this, more people will get in touch with their wingman and wingwoman! If I wasn't working for that outcome, I wouldn't be sharing myself quite as transparently as I am. (6)

Michael says that he is keeping me and others like me hidden:

AAM: You are hidden in many ways. (7)

AAM: I say this knowing you are fully protected, we want you flying under the radar. (8)

You saw what an energy drain it was after Xmas dealing with a hacked account. And I've been permanently kicked off X.com and Paypal. (All this will disappear with the Quantum Financial System.) Being targeted and bothered like that is what he wants to avoid.

Gaia's Ascension marks the return of this always-satisfying love to the planet. The Wave of Love will give us a preview of it.

This same love, lifetime after lifetime, by the Law of Attraction, draws us irresistibly back to the One.

Footnotes

(1) Divine Mother in a personal reading with Steve Beckow through Linda Dillon, April 30, 2019.

(2) Archangel Michael: On the list of things to do, let [writing] always be the last thing that falls off. (Archangel Michael in a personal reading with Steve Beckow through Linda Dillon, Feb. 7, 2013.) (Hereafter AAM.)

AAM: You are the communicator of clarity. So in all of this, [communicate] your words, your messages, your articles, your experiences and understandings.

This is your number one job. (AAM, March 3, 2011.)

AAM: I remind you that you are a pillar, that you [are] not [to] venture too far ahead of where people are, both individually in terms of your smaller circle but also in terms of the collective. ... A very large quotient, shall we say, of you is living ... in the higher-dimensional realm.

Then there is a part of you that is in the morass of the chaos and the lower-dimensional realm because that's where the work is. (AAM, Jan. 18, 2020.)

AAM: Because you are a communicator, it is important not only to share the truth of your being, of our being, but also to be able to clearly relate to people where they are. (AAM, April 19, 2017.)

AAM: If you venture, as you would often like, too far ahead of the crowd, then whom are you speaking to? (AAM, Aug. 21, 2015.)

(3) AAM: There is much to be said for Everyman, and that is part of the role you play. Yes, you are a pillar. You are an anchor. You're [a monitor] but you're also playing the role of Everyman – with curiosity, with exploration, with insight. So our desire is not to separate you from the collective. (AAM, Nov. 11, 2015.)

(4) AAM, Aug. 2, 2017.

(5) AAM, March 10, 2017.

(6) AAM: As this truly anchors, not only in the heart, but in the thought patterns, the behaviour patterns of human beings, the idea of working with an Archangel is in fact going to be commonplace.

This sense of division is going to actually quite quickly disappear. The idea of a punishing deity that you need to earn favour with, curry favour with will change into the true knowing of what has always been the case, which is partnership.

(AAM, May 13, 2020.)

(7) AAM, July 22, 2016.

(8) AAM, Aug. 2, 2017.

Breaking New Ground; or, What is a Breakthrough?

May 6, 2026

[\(https://goldenageofgaia.com/2026/05/06/breaking-new-ground-or-what-is-a-breakthrough/\)](https://goldenageofgaia.com/2026/05/06/breaking-new-ground-or-what-is-a-breakthrough/)



Before looking at the mechanics of a breakthrough, I'd like to look at the concept of a "breakthrough" itself.

First of all, what is intended by it is not a victory over an opponent, snatched from the jaws of defeat.

A "breakthrough," in my discussion, is always a breaking through and away from a confining negotiation strategy or a self-limiting belief.

What is meant is a pushing through barriers we've constructed ourselves to defend ourselves or others from a perceived threat. I break through on myself.

A virtuous movement is one that brings us into greater alignment with the divine qualities; most of all, love. A devolutionary movement would be one that brings us into greater alignment with the so-called "vices" - hatred, anger, jealousy, and so on.

I've discerned four distinct phases of a breakthrough: (A) The breakthrough itself, (B) the afterglow, (C) the snapback, and (D) the integration. Not until Ascension will the breakthrough itself or any of its results remain with us fully or permanently. It's a temporary and partial event.

But some of it does. What Michael said about love is true here too:

Archangel Michael: What you have seen is that you have been given bite-sized pieces of energy, of energy bumps, of input of what you can digest and handle and truly bring to fruition. If you are in the process of expansion, you don't go from Grade 3 to a PhD in a week. (1)

AAM: Think of how every time you especially enter the transformative love, that is a snap. It is not the full dramatic snap but it is a snap. Each time you are progressing up what you can think of as a level.

Think of [entering] your love as flying back and forth through the portal. Now sometimes you're aware and sometimes you're asleep. (2)

AAM: With each ignition you will also feel a greater sense of the substance of who you really are. (3)

Substitute the word "emergence" or "breakthrough" for "transformative love" and you have a match.

I get that each snap, ignition, or spiritual experience is a step up the ladder of spiritual evolution, of personal unfoldment and empowerment.

Michael and I didn't talk as much about emergence or breakthrough as we did about enlightenment, including Ascension.

We're not simply hearing about this one. We're breaking new ground.

Footnotes

(1) "AAM on Truncated Experiences," March 21, 2017, at <http://goldenageofgaia.com/2017/03/21/aam-on-truncated-experiences/>.

(2) “Archangel Michael on Snaps, Expansion, and Ascension,” June 6, 2017, at <https://goldenageofgaia.com/2017/06/06/archangel-michael-on-snaps-expansion-and-ascension/>.

(3) Archangel Michael in a personal reading with Steve Beckow through Linda Dillon May 6, 2013.

Ways of “Presencing” the Self in Line with the Purpose of Life

April 24, 2026

(<https://goldenageofgaia.com/?p=377608>)



Werner Erhard

The world goes on in chaos, headed for the ten days of broadcasts whenever matters have become so serious that the populace looks to the military to restore order.

In 2020, when Covid was just beginning, I wrote:

"I'm becoming able to think on a global level, as tentative as my first thoughts are. ... Archangel Michael has given me enough reassurance to make the leap. Yes, I did require a lot of handholding." (1)

Having experienced a potent emergence recently, (2) I approach the task gingerly now, as any newbie would, but excitedly.

I write for lightworkers who are serious about making the changes in our behavior and communication that can restore civil discourse to us and provide a platform for uniting as a world in the one mission we all have: To love.

Two things Michael said to me govern my start:

(A) Archangel Michael: Your job is to participate and to lead in a worldwide peaceful revolution, for peace the time is now. ...

And we do not mean an absence of war. We mean the presence of peace as you have been describing it. (3)

So not just outer peace but also inner peace.

(B) Steve: When you say world leadership, is that in communication? Because I can't think of an area that I lead in except communication.

AAM: Yes, it is in the arena of communication and it is also in the arena of, particularly, how one communicates. (4)

Communication and particularly how one communicates.

To begin that conversation, I need to direct attention to the list I posted long ago on ways to presence the Self (after Cold Mountain Institute and Werner Erhard). But before I do, why "presence" the Self?

Well, what is the purpose of life? The purpose of life, as I was shown in a 1987 vision, (5) is to know who we truly are because when one of us recognizes that we are God, in that moment, God meets God. And for that meeting was all of this created.

So Self-Realization is the purpose of life.

These ways of presencing the Self can therefore be said to be completely aligned with the purpose of life.

They also underpin new ways of communicating that are both useful in themselves and, as a whole, combine to help us lead a world revolution for peace.

These ways of presencing the self are:

(1) Ways to Presence the Self

The Short Form

1. Love

To Emerge, Unfold

1. Share yourself; tell the truth; say what's so.

2. Share a withhold [secret]; expose yourself.

You may recall that I shared a withhold recently about my connection to the Lord Arcturus. That was a big one.

3. Welcome feedback.

Try it on, test it out, see if it fits. If it fits, own it.

4. Wake up; be with someone; get present.

5. Take a stand; declare and commit yourself; recommit to your commitment.

6. Serve; make a difference; do something that really matters.

To Return to Wholeness, Integrity

1. Be with it; sit with it like a brick in your lap; fully experience it; complete a barrier or an experience.
2. Be responsible for something you're disowning.
3. Clean up a perpetration; apologize; come clean; make amends
4. Stop avoiding something you're avoiding.
5. Get it, get off it, and get on with it; recreate it and get past it.
6. Forgive a perpetration.
7. Come from love. (6)

So here, all I want to do is introduce the list and then, in following articles, I want to go into more detail on them.

Footnotes

(1) "The Space of Abundance," Feb. 20, 2020, at <https://goldenageofgaia.com/2020/02/20/306309/>

(2) See:

- "Off and Running – Part 1/2," April 20, 2026, at <https://goldenageofgaia.com/2026/04/20/off-and-running-part-1-2/>
- *Let's Go! Let's Grow! Vol. 4 Emergence* at <https://goldenageofgaia.com/wp-content/uploads/2022/11/Lets-Go-Lets-Grow-V4-Emergence-R8.pdf>

(3) Archangel Michael in a personal reading with Steve Beckow through Linda Dillon, Feb. 18, 2011.) (Hereafter, AAM.)

(4) AAM, March 28, 2018.

(5) Taken from *Let's Go! Let's Grow! The Renaissance of Human Growth Vol. 5. Growth* at <https://goldenageofgaia.com/wp-content/uploads/2024/03/Lets-Go-Lets-Grow-V5-Growth-Balance-and-the-Adult-State-R4.pdf>, p. 142.

(6) See *The Purpose of Life is Enlightenment* at <https://goldenageofgaia.com/wp-content/uploads/2021/07/Purpose-of-Life-is-Enlightenment-6.pdf>, particularly Chapter 14.

