

# Emergence



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## A Promise



Archangel Michael: When all is done, when peace within you exhibits on the outside, which is not just no war but truly harmonious relationships and ways of being and behavior, then I will invite you to come and listen to our music. More importantly you will hear our music and you will see me painting the sky.

Steve Beckow: That means something, Lord, a little bit more than the words might seem to indicate, does it not? If I were to hear your music that would transport me to another realm, would it not?

AAM: That is correct. (Archangel Michael in a personal reading with Steve Beckow through Linda Dillon, April 3, 2015.)

## Werner Erhard



The phrase “a world that works for everyone” is based on the world of Buckminster Fuller and was recontextualized and further developed by Werner Erhard.

A great deal of the thinking and underpinning of these books owes itself to Werner’s teachings.

When we reach the day of Ascension, when the world works for everyone, I hope we acknowledge Werner’s foresight and courage for all the work he did on our Ascension, against a tidal wave of opposition from what we now call the deep state.

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## **I Want You to Know Me Deeply, Truly as I Am**



*Written in 1986*

There's something I haven't told you about me.  
It's a piece of me I keep locked up inside.  
I've chosen not to be that part of me.  
I've hidden from you and lied about who I am.

I'm not available to you then.  
Neither am I available to me.  
So sharing with you the part of me I hide  
Means I show up here, I'm on the scene.

I want to be myself with you,  
Let down my guard, relax  
So you can know me deeply, truly as I am.  
My hands begin to shake at just the thought of it.  
Everything dear looms up to be let go of once again.

I want you to know me deeply, truly as I am.  
I'm prepared to lose it all, if lose I must.  
Help me. Love me. Right now I need your helping hand  
To stand before you here and tell you who I am.

## "Introduction" to Let's Go! Let's Grow! Vol. 4. Emergence



### **Introduction**

I learned about emergence from my karate sensei, Master Hidehiko Ochiai (1) and so I dedicate this book to him.

He still lives in Vestal, NY, at the age of 84. If he hangs on till Ascension, he'll be here forever!

If that happens, I may change my profession.

We called it “kiaï” in 1974, declaring to your opponent that you’re standing your ground. Calling yourself forth with a shout from the solar plexus.

I don’t know how many times, as late as age 75, I faced a thief or assailant, called up power from my stomach, and watched him slink away. I never get to fight a good fight.

OK, OK, OK, we're lightworkers; some of us are light warriors. I am definitely of the latter persuasion.

You don't have to be a light warrior. You undoubtedly are a heart warrior, who will not stand for the cruelty, torture, and murder of women and children that are happening all over our planet - and, even more, under it - crimes that I know about and won't brook.

Emergence is a skill we can borrow from light warriors - emerging, standing forth, calling ourselves forth.

It's a skill we'll be glad we have when the chips are down. For us or our loved ones. And we're living in a time of national and international lawlessness, granted that we're under the Mother's protection.

What emerges is a very protective Adult. I call him the Commander. He may very well be my Universal Self; my intuition says that it is, but I don't know.

The point is we shed our fear. And if we haven't by then, stamp your foot and say "No!" That'll cause your fear to magically evaporate.

It's afraid of you.

\*\*\*

By whatever practice you prefer to emerge, you'll see that we live almost all of our lives in a superficial state of consciousness, constructed by us from our upbringing, programming, conditioning, socialization, and free choice.

Just like "Top Dog/Underdog," whom some of you may remember, who we are publicly and who we are privately are vastly different. (1)



If we look deeply, we'll probably see that we want to "emerge" from hiding, from fear, from arrogance and all the rest of the places we fled to to survive.

Thank you to all of it and we're OK now. We don't need you any more.

We're spiritual adults. We're strong. We got this far - with the help of the Mother and our guides.

We have a piece of work ahead of us - whatever it is. I do. You do. As lightworkers.

In that work, we may be called upon to quietly stand forth. This book is about that.

I love this work!

### **Footnotes**

(1) See "Hidehiko Ochiai" on *Wikipedia*, at [https://en.wikipedia.org/wiki/Hidy\\_Ochiai](https://en.wikipedia.org/wiki/Hidy_Ochiai).

(2) This was the nature of the dissociation that happened to me when my father yelled at me from a very close distance when I was seven. After shattering into a thousand pieces, I "gelled" back into two people: One, a private me that no one knew, not even me; and two, a public me that had no credibility, no confidence, no certainty. In 1986, when I was 40, they met.

## **Strapped into the Seat I was Born to occupy**

Oct. 2, 2016

<http://goldenageofgaia.com/2016/10/02/strapped-seat-born-occupy/>



*Credit: [pinterest.com](https://www.pinterest.com)*

Three things are coming together for me, undoubtedly in the face of the ongoing photon shower, gamma-ray flood, or tsunami of love.

Those three things are willingness, personal responsibility, and impatience.

I'm willing to carry out my mission, in a way I never have been before.  
There's less wavering, much more certainty.

I'm willing to take responsibility for the state of my world, never mind simply for my participation in it.

And I'm so impatient to get going that I'll explode if I don't find some useful

way of channeling my enthusiasm. (Well, I guess this is the way.)



*Credit: [www.express.co.uk](http://www.express.co.uk)*

I flash on Winston Churchill and how, prior to becoming Prime Minister, he had a hit-and-miss record, was considered a pest, a turncoat, and a has-been and was ridiculed for warning the House of Commons of imminent danger from Germany.

And yet, when he became Prime Minister, it was as if he had been waiting for that moment the whole of his life.

Suddenly, finding himself in a post that gave him scope and space, he became a galvanizing force, rallying the British people and preparing them for what needed to be done.

He said that the Germans would have to come to the War Room and take him out bodily because he wouldn't leave until the Germans were defeated.

I put that vision out in front of me and ask myself to make it true for me as well - that, when the starting flag drops, rather than being vexed and confused, I find myself strapped into the seat I was born to occupy, all else unfolding as it should.

Let it be that folks have to come and drag me out bodily because I've found my calling.

## Hiding Under the Bed



I'm finding the articles are getting harder and harder to write. What needs to be said is more and more challenging. My desire to hide under the bed is growing and growing.

But I signed on to go through the process of Ascension publicly. This is my job. And even if I look like a fool, or a braggart, or a nincompoop, this remains the job I must do.

I've shared this with one other person and, usually when one does, one breaks through a psychic barrier and it becomes easier thereafter to share with others.

I don't share this to draw attention to myself. I have no need for attention, no need for life's rewards. I actually do know that I'm finished with them.

Indeed I wish I didn't feel the need to share it. But transparency and the path of awareness demand it. Here is that share.

I feel so much power inside of me that I feel constantly frustrated, constantly suppressed, in danger of developing an ulcer unless I find a way to let it out or express it fully and healthily.

I've been denying this feeling for most of my life. Not mysteriously (any more), I have also been battling with anger a great deal of my life, which I attributed to my

Dad's violence and my mother's unfortunate death. But I'm only now coming to see that the source of that anger is very, very different.

The source of this anger is that I do not know a healthy way of letting out the degree of power I feel bottled up inside of me. And I'm afraid of it. And I'm ashamed of it, like it cannot be discussed, leaked out, referred to or be known.

And I only say this because it might be something you recognize as well and because I sense saying it is in some way important to Ascension work.

I'm aware of an energy inside of me so big that I'm loathe, even scared, to acknowledge it. I was told about one of my past lives and the minute I heard it, I said "Yes!"

I don't discuss past lives because one can be the butt of jokes for doing so. So I'd rather not that this one be communicated, and I say this to those of my friends who know it. Please don't seek it out. But allow me this degree of privacy, if you'd be so kind.

But the person Archangel Michael named is a byword for what he described as "will directed to action." What he did in his life has become associated with audacity. Not like I'm that audacious this lifetime. I'm not. But there is a streak of ... I'm not sure how to describe it ... that arises at times and completely throws me. And when it does, I'm not sure I handle it very well. And certainly others around me don't welcome it.

There's a feeling that exists inside of me that often roils around. I see now that the anger I've felt all my life is a suppressed, repressed, and mismanaged sense of this feeling of will or power. I am angry because I'm in a complete state of disorientation when this feeling arises within me. I'm angry that I feel I cannot let it out, angry at myself that I hide, angry that I "know" what will happen if I let it out. I show up as completely confused in this situation.

Don't forget that for the first forty years of my life, I was mildly dissociated so most people who knew me back then would probably say "Are we talking about Steve?" Overcoming that dissociation, which resulted from my Dad yelling at me at around age seven, was like a life assignment that released that willpower.

When AAM named this historical figure, there began for me almost immediately a process of assimilating the information which, to this moment, has me feel close to

craziness. I believe this discombobulation is why our guides are reluctant to reveal this kind of information to us.

Regarding this feeling of power inside of me, I could immediately see evidence of it. In my karate days, I used to look for situations on the street. I disarmed a man who came at me with a knife and I did so with a smile on my face. It was as if I enjoyed it. I had no fear of death.

A fellow once belted me in the eye when I had my coat half off. I was defenceless. I finished removing my coat and then took him down and again noticed a steely quality in myself that was a mystery to me. But it now makes sense to me.

At age 64, I walked into the hall of this building to see two people threatening the manager. I pulled one man out of the building by his hair. The other one squared off with me and I stared him down. I've been told that I have a glare which frightens people. All of this now makes sense to me.

When I accused the cabal several years ago of a long list of crimes, I attached my address and phone number to the article. (Scared the heck out of a relative.) I remember the icy determination I felt when I wrote another article detailing the crimes of the cabal ("I Accuse"). Again I did not know where this sense of determination came from.

I used to describe myself as a kamikaze. Wherever there was trouble, I was drawn to it. I never for a moment suspected this hurricane inside of me. And I never knew how to tame it. (I shudder at thinking how I will handle this information being known. I'll probably create expectations I can never meet.)

It's not any easier today but at least I now understand it. I have lived almost all of my life in a state of inner turmoil because I've denied and not known how to express this quality inside of me.

This is definitely not a lifetime in which I was to repeat the same experiences, but nevertheless there are traces of this former life that make themselves known at times.

Now here is the final irony. AAM described another lifetime in which I was a religious figure of exactly the opposite temperament. Go figure.

And now the sharing becomes even more difficult. And I'm almost red in the face and want to run away and hide forever. But I have to push myself because I think describing these matters is important. Perhaps if you can see the difficulty I'm having, it may make what awaits us easier for some. In a sense, I suppose, I'm going first but I'm only doing this to make it easier for the next person. This is very hard.

I may have told you before that an attempt was made in 1979 to measure my IQ and the psychological-vocational consultant ran out of IQ tests. I scored perfectly on the highest IQ tests he had.

I had an interview with the consultant afterwards and what he told me caused my eyes to glaze over. He said: "I don't think you understand what I'm telling you. Your IQ compared to the average normal's is the same as the average normal's compared to a man who cannot control his bowels." (Whatever that means.) But, no, I could not take in what he said.

I asked Mensa Canada to look at the test results and tell me if the gentleman who did it was a complete incompetent and a loony. I received back a letter saying "Welcome to Mensa."

Why do I mention this? Because I don't think I'm unique. Heavens, we've been posting videos of Jackie Evancho, of boys who consistently sink baskets from perhaps hundreds of feet away, of seven-year-old children who play the piano flawlessly. Folks, these are us.

All through my early life, I was related to as if I was a freak. No one understood me. Only later did I discover that it was because I spoke in latinate diction. It wasn't until a colleague threw a banana peel over a divider and said to me, "Steve, speak in Peter Rabbit English" that I cottoned on (pun intended) to what was happening. Ever since I speak in the simplest of words.

I'm being slowly awakened by Archangel Michael and certain galactics which I'll refrain from naming at this point. At first they told me something that was so outlandish that I laughed.

Later I asked AAM if they were kidding me and he said they were not. Again that information sent me into a tailspin and I'm still assimilating it with difficulty.

All of this is just preamble to saying this to you: Folks, we do not know who is here. We are going to get the biggest surprise of our lives when the masks come off. I know that the masks cannot be taken off all at once. They have to be removed gradually.

When AAM agreed to tell me six of the eight lives I had lived, it sent me into a tailspin. It was like having six people inside me wanting to get out. I can say that one was a mathematician who at the end of his life asked Archangel Michael to grant that he never needed to be born as a mathematician again. I hate math! I almost throw up when confronted with math. I cannot even figure out modest sums in my head. But at least now I understand why.

AAM will not tell me two of my lives and I can imagine why. In fact I don't even want to know them if he's reluctant to say. I have enough on my plate already handling the information he did convey.

But the point is this: It's the same for you. Ask not for whom the bell tolls.

And don't go putting me on a pedestal. That's senseless and the exact opposite of what should happen. If you really need to put someone on a pedestal, which is unhealthy to begin with and only leads to a fall, then for heaven's sake, put yourself on one. Because you're about to find out that you're a masterful individual. (Listen. They pay me to say these things.)

I know I've said this before, but you have to realize how important, how necessary this share is to me. It's like I saw the treasure buried in the field and now can do nothing more than sing and shout about it. And I have no desire to buy that field. In fact I'm freely sharing its existence with others.

There are others known to me who could say exactly the same thing. It wouldn't be right of me to share their circumstances but they would be as unusual as mine are.

How many of you out there have felt a tremendous feeling of power inside? How many of you know you know the deepest of mysteries, even though at a surface level you don't? How many know you've played a decisive role in some circumstance, even though you can't quite put a finger on it?

Monday on An Hour with an Angel, AAM discussed how the Third-Dimensional energies are very, very dense. I chimed in about the human body being dense and he said that too.

We're mired in the La Brea Tar Pit at the moment. But when the energies rise sufficiently, we'll be out of the tar. For heaven's sake, hold a particle of faith back for you being absolutely flabbergasted at who is here. That who is you.

OK, I'm going to run and hide. I've shared to the point where I feel almost too embarrassed to face the day. But if you got from this share that we don't know who is here, we really don't, then this burning embarrassment will be worth it.

I'm increasingly becoming a recluse because what I'm coming to know has me feel more and more like a crazy person. And sharing it only invites embarrassment on top of craziness. Nevertheless sharing it is what Werner Erhard would have called "full self-expression" and "sharing a withhold" the hiding of which ties our power up in knots. I have to admit that I feel better for coming out of the closet, even if I feel agonized at the same time.

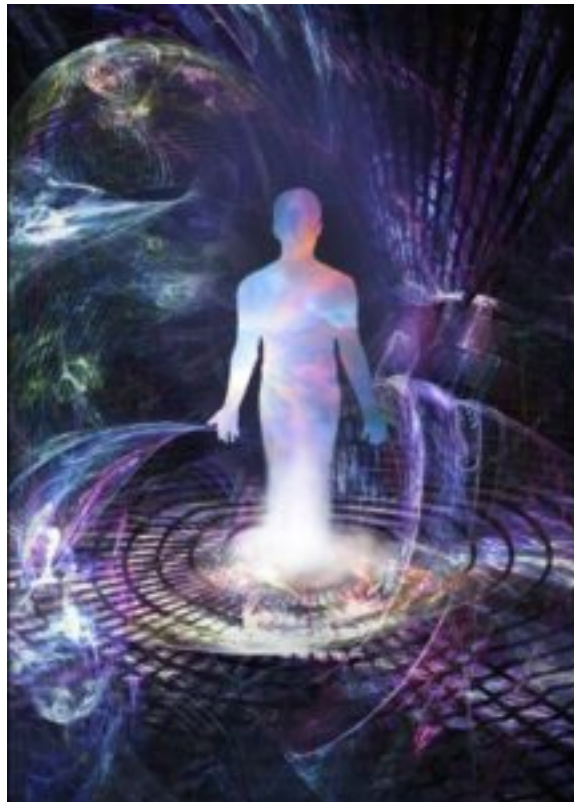
I'll probably hide away for a day because I feel so exposed and fragile. But at some point I must discover how to bring these qualities into my life so as to make them useful to me and to this work we do. Right now, whenever I allow them even a little bit of expression, I do things which others say devastate them, rip their faces off, etc. So I don't know how to let these qualities out safely yet.

So if my behavior is bizarre at times, please realize what it's like to be told these things a wee bit ahead of many others. There's no one to say these things to. Most of us aren't writers. As excruciatingly embarrassing as a share like this is, at least I can say it. Many others have no one to share it with and no obvious way to share it.

# Breathe Up Magnificence

March 22, 2025

<https://goldenageofgaia.com/2025/03/22/breathe-up-magnificence/>



I don't know if you're like me but when Blossom's Federation says:

"YOU ARE GLORY PERSONIFIED. YOU ... YOU EACH ONE OF YOU ARE MAGNIFICENT BEINGS. NOW ... is the time for you to recognise this in fullness." (1)

my first reaction is to take the piece of paper I'm reading it on and pass it over to the next guy and say, "I think this is for you."

Me magnificent? Ha ha ha ha.

Ho ho ho ho. Great fun.

Back to work.

\*\*\*

I cannot get "magnificence." I've had a brief experience of it. I don't write about it and I don't usually talk about it because it was so brief. But I will here as long as you don't ask for more details. It was a momentary experience.

I was walking home to my apartment on 13th Street in winter time, late afternoon. It may have been 2015.

All of a sudden, I saw the glint of sunlight off a car window. At that moment the light opened up (by the Mother's Grace) an experience so strong that I emerged knowing I was "responsible for it all." I knew there was nothing that could touch me - I was indestructible - and yet I could touch it all.

When I searched for a word for the experience, the word "exaltation" arose. Later I asked Archangel Michael what dimension it was:

Steve: What dimension is ... ecstasy?

Archangel Michael: Twelfth.

Steve: And what about exaltation?

AAM: Then you have moved beyond. (2)

Aaaaalll-right!

All I know about the "Beyond" is that immediately "above" us, so to speak, is the Transcendental - and it too has levels! Of what lies between that point and Source, I know nothing. (3)

\*\*\*

You have to understand that in 1987 the Mother and Michael (I presume) planted a vision inside me. It showed the entire journey of a single soul from Creation to

Reunion, from its birth in the Father to its upbringing in the realm of matter, *mater*, Mother, to its return and reunion with Mother/Father One.

That's why I'm so focused on the journey. That's why I keep wanting to know about the parts I don't know about. What lies further down the line?

For example, I learned a few years ago that we can reunite with Mother/Father One but that we re-emerge! (4) Whoa! I didn't know that. Show me the classical enlightenment theorist who says that. Only the Mother and an archangel could.

Now here's what I suspect. Magnificence is a divine quality. Divine qualities, I know from experience, reside in the heart. Well, from our perspective, they appear to reside in the heart. (5)

Could I not therefore breathe my magnificence up from my heart, the same way I do love?

Should I fear arrogance arising? I'm going to trust something the Arcturians through Sue Lie told me quite some years ago about arrogance:

Arcturians: Arrogance has been gone through. You wrote that into your pre-birth script. If your childhood did not release your arrogance, then it's unreleaseable. (6)

OOOO-K. So maybe they're not talking to the guy next to me. I'll try it on and test it out to see if it fits. I'll use the Savior's Breath (or the Sacred Breath, if you like) to breathe up magnificence from my heart. (7)

### **Footnotes**

(1) Quoted in Mike Quinsey email, March 21, 2025, citing Blossom Goodchild, 19<sup>th</sup> April 2016.

(3) Search as I might, I cannot find where Michael says there are levels in the Transcendental. Here is the Mother talking about levels beyond the Transcendental, which is where we angels normally reside:

Divine Mother: if there was a space, and there is by the way, between what you think of as the Transcendental and the sheer consciousness, that is

where the archangels reside. (“Much Lies Ahead: Personal Reading of Narendra Mishra with Sri Krishna and the Divine Mother, May 30, 2019,” June 2, 2019, at <http://goldenageofgaia.com/2019/06/02/personal-reading-of-narendra-mishra-with-sri-krishna-and-the-divine-mother-may-30-2019/>.)

On the angelic background of everyone born in this generation, see *An Explosion in the Meaning of Humanness* at <https://goldenageofgaia.com/wp-content/uploads/2024/03/An-Explosion-in-the-Meaning-of-Humanness-13.pdf>

(4) Here is Michael on re-emergence:

Steve: What happens after the 12th dimension? Where do humans go? Do they collapse into sheer energy or...

AAM: Yes, they come into sheer energy and return. When we say return home, now some of them upon the way say, “Wait a minute, I would rather be over here.” And of course, that is absolutely acceptable.

Steve: So there is no going into angels, going into archangels, going into this realm... There’s none of that. They go from the 12th dimension home?

AAM: Yes.

Steve: That just turns our contemporary thinking on its head! ...

AAM: And when you go home, and you can reunite in the Heart of of One, do not think that you go off on another tangent or another journey simply because you feel like it or because you are earning your way back to that linear path. You go back out into the universe as a brilliant spark of pure light!

So you come, you return, you gain not only understanding, wisdom, knowledge - what you can think of as spiritual regeneration - and then, in concert with many, including your guides and guardian angels and, many times, whoever you are going to be working with - for example, myself or Archangel Raphael - you emerge again. (Archangel Michael, An Hour with an Angel, March 26, 2012, at <http://the2012scenario.com/2012/03/>)

[archangels-michael-and-gabriel-on-the-angelic-realm-hour-with-an-angel-transcript-march-26-2012/.](#))

(5) Clearly, they reside in the Mother.

(6) The Arcturians in a personal reading with Steve Beckow through Suzanne Lie, March 16, 2013.

(7) On the Savior's Breath, see "Life Just Gets Better and Better," March 21, 2025, at <https://goldenageofgaia.com/2025/03/21/life-just-gets-better-and-better/> "Savior's" breath because we are ascending and that is all about permanently entering the love that exists in the heart. Doing this exercise primes the pump that leads to at least a fourth-chakra experience of the same heart opening which, when permanent, we call "Ascension." That higher-dimensional love is our savior.

# Completion vs. Enlightenment

May 24, 2012

<https://goldenageofgaia.com/2012/05/24/completion-vs-enlightenment/>



I've just had a very interesting discussion with a reader who's also feeling complete and wanted to know what it signified and what was next. I promised him I would say more in an article.

Again I'm not a spiritual teacher or an enlightened person (something I have to keep saying over and over again) so I have to watch that I don't cross the line, perhaps emboldened by my ego or a desire for fame or some other siren song. I can only say what I see as being there for me and make no claims to being somehow far-seeing or wise or any other nonsense.

We have to be mature enough to be able to have these discussions without somehow reading more into them than is appropriate. These are just my observations. And I have no desire to be anyone's spiritual teacher. I just like to write.

## **(1) To Be Enlightened Doesn't Necessarily Mean to Be Complete**

First of all, what does it mean to be complete? Well, for me it means that one has reached a point where the desires for things and experiences have quieted down such that they no longer primarily motivate a person when he or she arises in the morning or goes about his or her business. One is no longer driven by desire.

Enlightenment and completion are not necessarily related. One can be enlightened to an advanced state and still hanker after worldly things. That's the reason why so many gurus fall. They're enlightened - no one doubts it - but they still hanker after money, sex and power. The phenomenon surprises and dismays many people, no one more than that person's devotee. But it's real nonetheless.

I followed an Indian guru - an avatar - for twenty-five years, only to find out that he was a heinous child molester. When that knowledge broke upon the scene, I was devastated. Though it had been going on for years, I was totally unaware of it. As were millions of others.

Another guru was a peerless expositor of spiritual matters who, it turned out, was violent towards his followers and sold himself for money. And a third, who also considered himself an avatar, was being sexually inappropriate, breaking up marriages, and so on.

So one can be enlightened but not complete. And in fact many spiritual gurus seem unaware of that fact, surprising as it may seem.

Completion allows more concentration because one is not constantly being pulled back and forth by the desires. But the work to be done to achieve enlightenment, whatever that may be (and I'm not qualified to comment on it), still needs to be done, whether by our own spiritual practice or by way of Ascension.

I attended 23 enlightenment intensives (EIs) and each one was about creating a laser beam through the obscurities, that would bring on enlightenment. I would get into arguments with the teacher because I did not use EIs that way. I was using them as a platform to get rid of the vasanas or habit patterns that thrust a person back into automatic ways of responding to things.

I had had many, many spiritual experiences but none of them lasted because the vasanas would erupt again and "endarken" or overwhelm me. So I wanted to spend the rest of my life attending to the vasanas and reaching a point of completion with them (not the same as the completion I'm referring to here; a much more advanced stage).

He thought that was not a correct use of the practice. I thought it was a very appropriate use of it. And now years later I realize the fruit of that investment: I feel complete. And I am happier at that outcome than I would have been at any number of temporary spiritual experiences.

## **(2) Liberation does not Result Until One Has Completely Cleared Oneself of One's Vasanas**

We tend to think of enlightenment as an end-all and be-all. But it has to go hand-in-hand with completion to result in liberation. Perhaps I can quote Ramana Maharshi on the subject because he is for me the expert on the matter.

"Only one who is free from all the latent tendencies (vasanas) is a Sage."  
(1)

"In kevala nirvikalpa samadhi (2) one is not free from vasanas and does not, therefore, attain mukti. ...

"Even though one practices kevala nirvikalpa samadhi for years together, if one has not rooted out the vasanas, he will not attain salvation." (3)

Some people are not convinced by seeing a statement from only one sage so let me share what Mata Amritanandamayi and Sage Vasistha say on the subject as well.

Ammachi: "The sun gets concealed by the clouds. In a like manner, God is concealed by the vasanas. He becomes visible when the dirt of latent tendencies [is] removed." (4)

Vasistha: "Moksa or liberation is the total abandonment of all vasanas or mental conditioning, without the least reserve." (5)

So the vasanas have to be cleared before liberation takes place. And in fact this clearance is being promoted by the increase in energies as a result of what AAM calls the Transition, this month. That's why so many people may be finding themselves reactivated - the energies are flushing the vasanas up.

## **(3) Completion is Usually not Final**

My feeling complete doesn't mean I've completely cleared my vasanas. I haven't. More may come up tomorrow. It just means I feel restful and peaceful between onsets or eruptions of vasanas, which one teacher calls "sleeping volcanoes." (Remember that vasanas cannot be completed until they arise. Until then the "volcanoes" are "sleeping.")

I'm only complete with the day-to-day earthly desires. So I can expect to be incomplete tomorrow and I have no illusions about it.

As far as I can see, the individual is composed of layer upon layer upon layer and we may make a statement that applies when we're cognizant of what layer is presenting itself today and then events may occur that bring the next layer up.

The statement "I am complete" from me feels correct at this layer. But some incredible or huge event may occur tomorrow that releases a Larsen B shelf of a vasana and I'm back being incomplete again.

I recognize myself as having reached a stable place where the normal earthly desires are no longer routinely playing upon me day by day. I now have space and can make a few more decisions than perhaps some others, without my choices being completely determined or dictated by my desires.

I'd like to be completely finished with my vasanas and will work towards that goal but vasanas run deep. To say I'm finally complete with them would be the kind of false position that I think only a braggart would assume. "I'm finished with my vasanas." I'd suspect anyone who said that.

If I had experienced Sahaja Nirvikalpa Samadhi, perhaps even the seeds of ego might be consumed and all vasanas cleansed from me once and for all; I don't know. But at my present state of rather normal beingness, I have no illusions that I've somehow reached that final point. I'm sure I haven't.

#### **(4) Completion Does Not Say What's Next**

Completion doesn't lay out, indicate or foretell what's next any more than turning the key on the ignition says where we intend to drive. That remains up to us.

I think I'm correct in saying it does position us to make the basic spiritual movement in life. That movement is away from the "world" (and I'll explain what I mean by that in a moment) and towards God.

Incompletion is the state of hankering after what the "world" offers - money, sex, power, experiences, fame, you name it. Completion is feeling freed up enough from that hankering that one is able to choose what one wishes to involve oneself in rather than feeling inescapably drawn to it from craving and aversion. Our cravings no longer dictate our choices.

By "world" I mean anything that competes for our attention with God, the divine qualities, etc. - anything that's inconsistent with loving God or takes away from our ability to love God. If I can do a thing and still love God, wonderful. Feeding the poor is something I can do and still love God. Stealing from my neighbor is not

something I can do and still love God - apparently. I feel blocked from loving God when I steal from my neighbor. Why I don't know. Perhaps God has set it up that way.

Past completion, what comes next seems to me a matter of choice. In my case what comes next is no different than what's come before. I signed on to assist with Ascension by writing whatever I can and that doesn't change. But I do feel ever more peaceful and that's a boon.

### **(5) Completion is What We're Aiming for in This Time of Transition**

As the energies rise, what comes up to our attention is any vasana, feeling state, or other phenomenon that presents a barrier to our acceptance and integration of the new energies. And these vasanas come up not by accident at this time. They come up for us to re-experience and complete. I know some people who are feeling ancient griefs, others disappointment, still others reminders of ancient battles and things gone wrong. This is bound to come up as the energies rise as they're doing now.

The trick is not to identify with them and think they're related to the present time. They're just sets of feelings that are coming up in us; they aren't who we are. And chances are they aren't related to the present time but to a time long ago. A large literature has been written on how to flatten a vasana, which can be found under "10. Ascension - On Processing Vasanas" in the righthand column of this site. I realize that it's a little hard to get the hang of the upset clearing process by reading about it, but I'm afraid it's all we have - from this writer anyways.

There are also Enlightenment Intensives around and some teachers who deal with completing vasanas. But there's also very little time any more for doing courses, etc. If one simply remembers to be with and observe the feeling states coming up, ask the mind to tell you what earlier incident these feelings are connected to, and then experience through to completion the feelings associated with whatever situation the mind identifies as the source of the feelings, one may be able complete these troublesome vasanas and unwanted conditions.

When one has completed them, one knows it by feeling peaceful, neutral, restful - until the next one is triggered.

So that's a little more on completion vs. enlightenment and the nature of completion itself. Gosh, I hope this is helpful because, with the energies rising as they are, we're in the thick of it. My heart goes out to anyone feeling the onset of unwanted conditions at this time of maximum personal and social change.

## Footnotes

- (1) Sri Ramana Maharshi, *Spiritual Instruction of Bhagavan Sri Ramana Maharshi*. Eighth Edition. Tiruvannamalai: Sri Ramanasramam, 1974, Chapter 2, Question 26.
- (2) Seventh-chakra enlightenment or Brahmajnana (God-Realization), during which the heart opens temporarily and the closes again. In Sahaja Nirvikalpa Samadhi, which I think happens when the kundalini goes past the crown chakra and returns to the spiritual heart or hridayam, results in a permanent heart opening and therefore liberation from the need to be reborn.
- (3) Sri Ramana Maharshi, Ramananda Swarnagiri, *Crumbs from His Table*. <https://www.ramana-maharshi.org>. Downloaded 10 September 2005, n.p.
- (4) Mata Amritanandamayi, *Awaken, Children!* Vallicakavu, India: Mata Amritanandamayi Mission Trust, I, 45.
- (5) Sage Vasistha in Venkatesananda, Swami, ed., *The Concise Yoga Vasistha*. Albany: State University of New York, 1984, 5.

# Emergence

May 1, 2010

<https://goldenageofgaia.com/2010/05/01/emergence/>



**Reposted from March 1, 2009**

*This note was written while I was co-owner of Galactic Roundtable, later Share 11, discussion group and it was written to members of the group.*

*It was written to provide a process of growth and development for the group that was consistent with our common activity of writing.*

We on the Internet share in common reading and writing and most spiritual teachers would frown on anyone thinking they can get enlightened this way. So why even discuss it, they might say? We'll tire ourselves out.

That's why I recommend the notion of "emergence." We can emerge, stand forth, stand in our truth, even in writing and for that matter in reading as well.

Enlightenment itself is direct experience, unmediated by the written word. It has no "via."

"Emergence" is breaking through the barriers to direct experience, barriers like fear and guilt and shame.

What we're seeing around us today are people who've been quiet for years saying "I won't be quiet any longer." It doesn't matter what the trigger is. If you say it about one topic, you'll have created a new pathway and will be as able to say to the New World Order in the next breath, "George Bush is a mass murderer and high traitor." Or to a corrupt local politician. Or to someone selling you snake oil.



I emerged last week, several times, and I noticed some things about it, which I jotted down on handy pieces of paper.

One thing I noticed was that emergence was like the snap of a finger. If I snap my finger, there's no sound, no sound, then sound, and again no sound, no sound.

Emergence is like that. There is no emergence, no emergence, then emergence, and then no emergence again, etc.

Emergence happens in a moment of "now" and then it's over. We're left in the afterglow, but no longer in the state of emergence. Our energies are liberated and we feel elated.

We feel released from a limiting experience. If our emergence came from telling a suppressed truth, then the truth has, for the moment, set us free from barriers.

I also noticed that emergence happens because we value a moment of "now" more than we value a moment of subjugation to our conditioned thoughts from the past. For example: I'll say the unmentionable, but nobody wants to talk about the subject. Why are we not all talking about it? There's a hippopotamus sitting on the breakfast table and none of us is acknowledging it's presence. We're all pretending it isn't there.

- Hey, people. 9/11 was an inside job. Why won't you discuss it?
- There is no war on terror, save the war we created ourselves. Why won't you listen?
- For heaven's sakes, spaceships are all over the place. Why won't you consider them?

Emergence happens when we don't let our conditioning hold us back. And it happens in a moment of now, and now, and now.

I also noticed that yesterday's emergence won't get you anything today. Emergence has no shelf life, no "best before" date. It exists now and then it's gone. Better emerge again because you can't save it in the bank and you can't buy a thing with yesterday's emergence.

At the same time, it gets easier and easier to emerge. Once the pattern of resistance, the tension in the muscles of the body, has been broken once, it is easier to break again.

[Note from Sept. 25, 2010: This means that emergence, which I'd also now call "breakthrough," is a means of addressing vasanas as well. "Vasana" is a Vedantic term for a persistent reaction pattern triggered by a current upset, which resembles a past upset.]

I also noticed that emergence implies that I value this moment of "now" over all other past moments. So if you came to me and said, "Yesterday you argued X and today you're arguing Y," I would have to reply that I am unwilling to be bound by my own words from yesterday.

Yesterday I was where I was and today I am where I am. Emergence will not allow me to cling to any moment of the past or emergence itself flies out the door.

Emergence means that I value the truth over all barriers to it. It means I'll speak the truth no matter the cost. It allows no hiding.

However, humans being what they are, until we are ascended and therefore harmless, emergence requires that we value harmlessness before truth, or else humans will rip each other's faces off and say it was all in the name of telling the truth - as I've often done myself in the past.

Gandhi said that harmlessness {ahimsa} comes before truth. It's the only exception that I am aware of. Thus Jains wear masks so that they don't even cause harm to insects. They place harmlessness at the head of their virtues.

\* \* \*

The chief barrier to telling the truth, as far as I know, is our fear of having our existence extinguished. That usually means a fear of death, but it can ripple down to a fear of losing our job, a fear of starving or going homeless, etc.

Whatever we conceive of as being essential to our survival, or the survival of anything we identify with as being important to our survival, that we'll protect and not put at risk when it is necessary to tell the truth.

I will not tell the truth if I risk being kicked off the Immigration and Refugee Board and losing my status and what was for me a huge salary.

I will not risk telling the truth if it will get my wife mad at me.

The number of attachments we sacrifice the truth to is endless and hence we not only don't emerge; we submerge ourselves in half-truths and lies, posturing and gesturing. We live behind a mask and don't emerge from it. We become Noh actors in a high-stylized drama.



I saw last week as well that emergence involves a willingness to put myself in the gap of unknowing and act from there.

I can know and know and know, but emergence involves a willingness to not know and act from that place.

If I do not tell the truth, I condemn myself to living behind a persona, behind excuses. It is just a short hop to acting out a story about myself, spewing forth rehearsed lines, and parading around with no clothes on, asking to be admired.

Emergence will not stand for that. Submergence will.

I saw as well another way of putting the whole thing and here I rephrase Buddha.

The Buddha said that the problems that kept us from knowing our true nature were ignorance, craving and aversion.

In fact, craving and aversion keep us in ignorance.

More modern terms might be that strongly wanting and not wanting keep us from knowing ourselves.

I haven't reached the level of subtlety yet where I am looking at wanting and not wanting. I haven't gotten past the fear of *not* getting what I want or the fear of getting what I *don't* want.

To rephrase that, I remain submerged, repressed, held back, because I fear I won't get what I want or that I'll get what I don't want.

That means that, if I want to emerge, I have to be equally open to getting what I want and not getting it. I have to let go of my attachments to all preferred outcomes. It has to be OK with me that you say "yes" to me or that you say "no."

That's the more senior discussion of emergence than simply breaking through my barriers.



This whole game, this end-of-cycle work we're doing, in the last analysis, is about ascension. It's about emergence.

That having been said, whatever happens here is grist for the mill of emergence.

Emergence is the game we're playing, not being reassured about our future. Our future *is* assured, but the part that's expected of us is that we do all we can to emerge.



Our emergence qualifies us to assist others who will be breaking out of their shells in the years ahead. We're putting in our time at boot camp to be able to assist others through it.

So it really doesn't matter to me whether predictions pan out or don't, whether people are happy or sad, whether you agree with me or not. It does matter to me that you emerge.

That's all I have to say. The impulse that had me by the throat and forced me to write this has now left. I've said what I needed to say.

If you're here, you're here to emerge. Rip my skin off if you want to, but come out of your own.

Take the mask off. Leave the act behind. Never mind your excuses and your rationalizations and, for heaven's sake, never mind mine. Stand there in the essential truth, no matter how foolish it looks.

My surmise is that eventually there will no longer be anyone who knows how foolish you look. There will no longer be anyone looking.

# It's Time to Emerge from Self-Doubt

February 11, 2023

<https://goldenageofgaia.com/2023/02/11/its-time-to-emerge-from-self-doubt/>



Further to our conversation in "Past-Life Connection," (1) I took another step today in what I call "emergence." (2)

Emergence for me means to step forth or stand forth from our limitations, our vasanas as a class of phenomena, our feelings as a class, etc.

It often comes in a declaration: "There will be no nuclear war for Earth." Something we'd die for. Something that doesn't depend on how we feel that day.

If negative, we call it a "core issue" or "deep, dark secret."

If positive, we call it a virtue, a quality, or character.

I recommend emergence as a spiritual path to lightworkers because what results from it is a better servant, so to speak, rather than one who advances quickly and removes themselves, wrapped in bliss. That's a different mission. We get to eat later.

I took another "step out" after releasing *There Will be No Nuclear War for the World*. (3) I felt that I and my team (of guides and Michael) had done such a good

job of making the case for no nuclear war - offering the proof for the fact-checkers - that I felt an upwelling of confidence.

I thanked my team. And I allowed the feeling of confidence to transmute any remaining scraps of self-doubt.

How many books do I have to write to get my self-confidence back - the self-confidence of a seven-year-old?

Clearly, none. Getting my self-confidence back turns out to be an inside job, dependent on my say-so, my word.

I declare I am finished with self-doubt. I have proven to myself that the charges made against a seven-year-old of being lazy and no good have been decisively refuted.

This is not a matter I should have to refer to the Supreme Court. I should be able to decide the matter before the first trial judge. If I want to dispose of it. If I don't, I never wanted to. (4)

As my wife used to say, there's no hiding from the guy in the mirror.

I no longer value the biscuits (probably sympathy) I got from being wracked with self-doubt. In a very short while, my services will be needed. It's time to emerge from as much of it all as I can.

## **Footnotes**

(1) Feb. 10, 2023, at <https://goldenageofgaia.com/?p=342552>

(2) Download *Emergence as a Path for Lightworkers* at <https://goldenageofgaia.com/wp-content/uploads/2023/01/Emergence-as-a-Path-for-Lightworkers-3.pdf>

(3) *There Will be No Nuclear War for the World* at <https://goldenageofgaia.com/wp-content/uploads/2023/02/No-Nuclear-War-R3.pdf>

(4) See "A Radical Change of Vote," December 23, 2019, at <https://goldenageofgaia.com/2019/12/23/a-radical-change-of-vote/> and "Changing My

Vote on Change," January 25, 2023, at <https://goldenageofgaia.com/2023/01/25/changing-my-vote-on-change/>

# Emerging from the Shell

February 9, 2020

<https://goldenageofgaia.com/2020/02/09/emerging-from-the-shell/>



I was talking to a colleague when someone planted the idea in my mind - out of nowhere - that it's all about emergence.

For us it's all about coming out of our shells.

What is "it"? Growth. Enlightenment. Ultimately Ascension.

We've been conditioned by a hundred forces all our lives. It's time to come out of the shell of our own conditioning, our own programming.

I look back on my last few decades and I see a person constantly struggling to emerge - just as in the graphic accompanying this article (above). Struggling to stop wrestling with his Father. Struggling to find the ground under his feet after dissociating.

Michael put the matter precisely and succinctly:

"The human heart, the esoteric heart, the spiritual heart, the seat of your soul in many ways was fractured. [Yes.] In the truth of Ascension, this is what you are doing: Healing and opening to a greater capacity of love consciousness." (1)

I couldn't have put the matter better myself. Yes. In one shattering moment, my Father yelled at me from mere inches away from my seven-year-old face and my young and fragile made-up self fractured into a thousand pieces. It was not to be pieced together again until age 58. Michael captured it perfectly.

And I was opened to a greater love capacity on March 13, 2015. First awareness of what real love is. A fourth-chakra heart opening. (2) I also know the seat of my soul, where the Light is. (3) So I know that of which he speaks. We speak the same language.



Nevertheless, here I am, still behind the same familiar shell I erected around myself to prevent anyone ever getting too close to me again. No spiritual experience so far has erased my conditioning or self-programming. (4)

I imagine that was the decision I made: Not to let anyone get that close to me again.

Karate. Being a hermit. My "scared wolf" look, my wife called it. All to have others keep their distance, stay away from me.

I was the Humpty Dumpty Man. I had to put Humpty together again, to choose whether I wanted to go under from it all or ... emerge. It's been a journey of emergence ever since.

It's all about emerging from that shell we have around ourselves, in my opinion. I need to emerge from mine. Hey, lemme go first.

For no reason. For no known or sought reward. Without creating residue.

Like a newborn chick, we just emerge from the shell.

At last to find ourselves, present, happy, and peaceful.

### **Footnotes**

(1) Archangel Michael in a personal reading with Steve Beckow through Linda Dillon, Dec. 20, 2017.

(2) On that experience, see "Submerged in Love," March 14, 2015, at <http://goldenageofgaia.com/2015/03/14/submerged-in-love/>; "Activating the Wellspring – Part 1/2," March 14, 2015, at <https://goldenageofgaia.com/2015/03/14/activating-the-wellspring-part-1-2-2/>; and "Activating the Wellspring – Part 2/2," March 15, 2015, at <https://goldenageofgaia.com/2015/03/15/activating-the-wellspring-part-2-2/>

(3) On the experience at Xenia, see "Original Innocence," Sept. 21, 2018, at <http://goldenageofgaia.com/2018/09/21/original-innocence-2/> and "Archangel Michael Explains What Happened at Xenia," Sept. 22, 2018, at <http://goldenageofgaia.com/2018/09/22/archangel-michael-explains-what-happened-at-xenia/>

(4) It is not until Sahaja Samadhi or Ascension that the seeds of our karma - our vasanas - are burned to a crisp. Until then we still cycle through them - they form our conditioning or programming.

# **A World that Works for Everyone is a Synonym for the Fifth Dimension**

Sept. 6, 2020

<https://goldenageofgaia.com/2020/09/06/a-world-that-works-for-everyone-is-a-synonym-for-the-fifth-dimension/>



I assert that a Fifth-Dimensional world is a world that works for everyone.

I assert that an ascended world is a world that works for everyone.

A world beyond mukti, moksha, or liberation is a world that works for everyone.

The dead are alive and the living are dead. That proverb has so many levels of meaning. (1)

The one I like and that appeals to me is that those who live drowned (dead) in the Ocean of Love are more alive than those merely living in the physical body.

I'm not sure if what I say applies to the Fifth, but I know it applies to the Seventh, also known as the Plane of Christ Consciousness and the Plane of Love. (2)

In the Seventh is located the Ocean of Love, I'm told (there were no maps or traffic signs). I had to ask Michael for its location. (3)

Think of yourself as a car. Your owner has you rebuilt from top to bottom, cleaned you out, rebored your cylinders, reupholstered you, repainted you, and there you are.

That's a fraction of how you'll feel drowned in the Ocean of Love. Brand, spanking new and ready to go. Not a harmful thought in your head or hurtful feeling in your heart. Everything inside and outside you is loving.

*That* is a world that works for everyone. (4)

### **Footnotes**

(1) Other levels: Those who are dead to the pleasures of the senses are alive in the spirit. Another level: Dwellers on the astral planes are more alive to life than people living in the body. Etc.

(2) "[When Gaia resides in] the seventh ... the planetary system will reside in a level of higher consciousness, Christed consciousness as you think of it." (The Lord Arcturus in a personal reading with Steve Beckow through Linda Dillon, July 12, 2019.)

"The seventh dimension is known as the dimension of the Christ Consciousness. This is the state of being the heart and knowing of Love. It is the growth opportunity for compassion, kindness, selflessness, honoring and Love. When you anchor in this place of consciousness you are fully capable of holding the vibrations, energies, lessons, understandings and growth of all of the 12 dimensions available to you on this planet. It is the gentle allowing state of being that permits expansion and incorporation of your entire original imprint, soul design – what you think of as your universal or higher self, your angelic self or your over-soul." ("Albert Einstein – The Nature Of Life And Dimensions On Earth," Feb. 15, 2015, at <http://in5d.com/albert-einstein-the-nature-of-life-and-dimensions-on-earth/>.)

(3) Steve: The space that I call transformative love, what dimension is it? [The Ocean of Love is transformative love filling every inch of space.]

AAM: It is the Seventh Dimension. (Archangel Michael in a personal reading with Steve Beckow through Linda Dillon, Jan. 20, 2016.)

While this experience, above, was not truncated, another Seventh-Dimensional experience was:

Steve Beckow: I had an experience at a meditation workshop in which I felt regal. It was a partial experience [there was no bliss]. Can you tell me what that part of me was that I accessed.

Archangel Michael: ... Your highest Self, your Oversoul, is very regal.

SB: So that was an experience of the Oversoul.

AAM: Yes. (Archangel Michael in a personal reading with Steve Beckow through Linda Dillon, Sept. 13, 2011.)

Arcturians: Seventh is your Oversoul. (Arcturians in a personal reading with Steve Beckow through Sue Lie, March 17, 2013.)

"The seventh dimension is known as the dimension of the Christ Consciousness. ... It is ... what you think of as your universal or higher self, your angelic self or your over-soul." ("Albert Einstein – The Nature Of Life And Dimensions On Earth," Feb. 15, 2015, at <http://in5d.com/albert-einstein-the-nature-of-life-and-dimensions-on-earth/>.)

(4) And, yes, *that* is unitive consciousness.

# Emergence, Divine Assistance, and Rising Energies

November 27, 2023

<https://goldenageofgaia.com/2023/11/27/emergence-divine-assistance-and-rising-energies/>



I'm beginning to think that what lies before us as lightworkers is a process of emergence (1) plus divine assistance. (2)

We emerge from the overburden of our core issues and resentments.

Our divine assistance comes in the form of bursts of energy, reminders, urges, etc.

When I get an idea from Michael, it's usually accompanied by a burst of energy. That burst may excite mild curiosity or it may send me running for the keyboard. Either way, I'm very conscious of his participation in the writing, which he acknowledges here:

Archangel Michael: Know that I am right next to you. Sometimes I am typing, sometimes I am moving your pen, always I am whispering in your ear. (3)

The work we do to complete our core issues and resentments PLUS the help our divine partners give us PLUS the increasing love energies being beamed to us are, in my opinion, what are having us open so widely to the Ascension energies.

Everyone will experience them, as far as I'm aware, but not everyone will be able to tolerate them. Some may have to veer away and not fully experience them. For them the event may remain in memory as a peak experience.

Or they did open fully to it but they hadn't assimilated the necessary light to be able to tolerate life afterwards, in that higher-consciousness state. It wasn't their time. But their time will come, as Sri Ramakrishna said:

"It may be that some get their meal in the morning, some at noon, and some in the evening; but none will go without food. All, without any exception, will certainly know the real Self." (4)

Everyone journeys from God to God, with "scenic detours." (5) Everyone is destined to complete the journey.

But we speed that evolution along when we commit to emerging. Commit to pushing our edge. Commit to unfolding.

The three together - our emergence, divine assistance, and rising love energies - are what are floating our boats. We're rising with the tide, our craft having proven seaworthy and with ample supplies stowed away.

And the tide is taking us on to Ascension, to an Ocean of Love, to a fountain of bliss.

## Footnotes

(1) See *Emergence as a Path for Lightworkers* at <https://goldenageofgaia.com/wp-content/uploads/2023/01/Emergence-as-a-Path-for-Lightworkers-3.pdf>

(2) See:

- *Our Enlightenment Partnership* at <https://goldenageofgaia.com/wp-content/uploads/2021/07/Our-Enlightenment-Partnership-4.pdf>
- *The Rewards of Co-Creative Partnership with the Company of Heaven* at <https://goldenageofgaia.com/wp-content/uploads/2023/10/The-Rewards-of-Co-Creative-Partnership-with-the-Company-of-Heaven-3.pdf>

(3) Archangel Michael in a personal reading with Steve Beckow through Linda Dillon, Nov. 21, 2012.

(4) Paramhansa Ramakrishna in Swami Nikhilananda, trans. *The Gospel of Sri Ramakrishna*. New York: Ramakrishna-Vivekananda Center, 1978; c1942, 818.

(5) Divine Mother: There are many scenic detours, as you well know because you've taken some of them, and that is a good thing because people have need to understand the range of their free-choice/free-will decisions. But there are times in human lives when they veer so far into ego, into abuse, and control, and power-seeking that they lose sight that they are part of me. ("Linda Dillon: Divine Mother – A New Realm of Consciousness," July 26, 2020, at <https://goldenageofgaia.com/2020/07/26/linda-dillon-divine-mother-a-new-realm-of-consciousness/>.)

# Emergence as a Path for Lightworkers

September 20, 2020

<https://goldenageofgaia.com/2020/09/20/emergence-as-a-pathway-suited-to-financial-stewardship/>



I've just finished a book on [\*Emergence as a Path for Lightworkers\*](#). Why emergence? Why now?

I'd like to distinguish between two pathways to God, one not as suitable for lightwork and the other more suitable.

The first is via enlightenment. And the other is by (what I call) "emergence."

Enlightenment is an abrupt discontinuity in experiencing, accompanied by bliss, which brings about a life-altering realization.

Enlightenment tends to be more suited to those who have no worldly responsibilities. It appeals to raja and jnana yogis in Hinduism.

All lightworkers here today have signed up for worldly responsibilities; namely, to build Nova Earth. Emergence can be a more suitable path for those who intend to work in the world.

Emergence is an opening to the higher-dimensional aspects of ourselves to speak and act through us. We become an invitation to the highest in ourselves to come forth in any one situation. We welcome the expansion of our faculties and capabilities as they happen. Emergence tends to appeal to karma yogis in Hinduism.

Of course everyone has the freedom to choose whatever path - or blend - they wish to pursue. What I'd like to do here is state the case for the less-known pathway of emergence - for lightworkers.

Following it means we put aside launching into advanced states of samadhi. Said Archangel Michael:

"You cannot — well, you can if you wish, if it is your choice, simply remain in that state of unity, of One. But you cannot be fully conscious and in service, in action, if that is where you are." (1)

Why now? For the needs of this important lifetime of service and stewardship, we seek a pathway to God that enhances our ability to be in the world, not one that makes it more difficult.

No, emergence doesn't mean trampling on the other person. That's the opposite of emergence. It violates the Law of Free Will. Anything built on it will not stand. We want the emergence of that which invites permanence.



What invites permanence is love. Love and its forms - bliss, peace, abundance, etc. - are all there is, even though that's not apparent in this Third-Fourth Dimensional reality where our consciousness remains centered.

Our creations are dense and create the illusion that they're made from something else - water, carbon, calcium, etc. But one can reach a dimension - and I have - where there's nothing but love. (2) Then everything said about it becomes immediately apparent.

It's this love that emerges. From where? From our hearts, where it hides, awaiting recognition.

I estimate that the vast majority of people presently alive do not know what higher-dimensional love feels like.

Why not? Because we have an aperture (probably etheric) that closes off the heart (which, come to think of it, is probably etheric as well). This aperture is called, in Sanskrit, the hridayam. With that aperture closed, we don't experience a love that would immediately answer all our questions. (3)

Emerging requires removing the barriers to being present to what Buddhists call "loving kindness." These barriers are primarily vasanas or core issues, the behavior patterns they give rise to, and the critical voice, which I call "Constant Comment," that's born from adapting to these vasanas.

As we come out from all this, in my experience, the ability to express love grows and grows.

Now expressing love is handy if one is building Nova Earth. Nova Earth must be built on love or, like most other human creations, some of them built on slave labor, it won't survive.



As we enlighten, we turn inwards. As we emerge, we turn outwards. This is an age, an era in which the prime directive, if you'll allow me to playfully borrow from *Star Trek*, is to turn outwards.

Turn outwards and rescue the trafficked women and children. Turn outwards and feed the hungry. Turn outwards and house the homeless. Later we can turn inwards again.

Archangel Michael gave a good description of this part of the Divine Plan in 2013:

"So what the clarity is also doing is creating greater cooperation, *a greater sense of working together*. Because one individual alone can very seldom achieve their entire mission and purpose and plan. If that was possible, if that was the plan of the

Mother, then what you would have done is incarnate on the planet by yourself. And that was not the way you chose to come. And that was certainly not the plan of the Mother.

*It was to come in the fullness of your design in community, in a community of many billions, which in the way is just a drop in the bucket in terms of the multiverse. But you chose to come and work in cooperation, and in ways that were enriching and expansive and rewarding, and filled with laughter and joy, and reciprocity.*

*So what you are also going to see with the expansion of this gift is more cooperation in terms of, "If you do this, I can do this piece. And if you can do this other piece, I can take this." That is a truly human creation and the building of Nova Earth. It is groups coming together. (4) [My emphasis.]*

This is an outward path. Strange that I, a hermit, should be saying this, but this lifetime is about "groups coming together." And emergence helps, promotes, and eases that.



Emergence can at times be noisy. It happens often at times of creative chaos, such as this pandemic is creating. It most usually happens as a breakthrough, but it can also come as a simple, quiet "Aha!" or realization. Often - not always - it lands a person in a transformed state, having accessed a higher-dimensional version of themselves. More often it results in the gradual exit from a shell, script, or other inhibiting circumstance.

Emergence is usually temporary but some of it continues in memory. I for instance remember a time I emerged at the Denver Airport (long story; another time) and another time in an est 6-Day course. Oh, and I remember another in a Communication Workshop. I hadn't given the matter thought, but yes, those were breakthrough moments and instances of emergence.

We think of emergence as often following taking a stand, especially if the stand took courage to take. It often takes the form of a "No!" a line drawn in the sand, a parting of the ways. But it can just as easily take the form of an enthusiastic, "Yes!"

Afterwards, there's more of us here, in this everyday reality, not less, as with enlightenment: that's the prime distinction between the two.

All meet at the end. Those who mingled and emerged will meet with those who have isolated and realized, the karma yogis will join with the jnana and raja yogis. And after this assignment we get to return to our respective caves ... I mean, planets ... and pick up where we left off.

So that's my brief statement of support for emergence vs enlightenment for lightworkers. Or rather enlightenment for lightholders; emergence for lightworkers. There's nothing good or bad about either choice. It's just that if we mix them up, the result may be frustrating.

I'm here to serve this lifetime. One cannot serve in samadhi. Therefore it's appropriate for me to emerge.

Archangel Gabrielle: "When you know that you are not knowing and feeling and experiencing the Love, turn to us. Of course, turn to the Mother, the ultimate source, the supreme source of Love, the pattern of Love, the essence of Love." (5)

Download the book from <https://goldenageofgaia.com/wp-content/uploads/2020/09/Emergence-as-a-Path-for-Lightworkers.pdf>.

## **Footnotes**

(1) Archangel Michael in a personal reading with Steve Beckow through Linda Dillon, Feb. 14, 2012.

(2) "Immersed in an Ocean of Love – Part 1/2" at <http://goldenageofgaia.com/2015/05/17/immersed-ocean-love-part-12/> and

"Immersed in an Ocean of Love – Part 2/2," at <http://goldenageofgaia.com/2015/05/17/immersed-ocean-love-part-22/>.

(3) Not because love supplies the answer. But because love is so satisfying that all questions vanish. One is Home. One has what one wanted. No more questions arise.

(4) Archangel Michael in "The Divine Mother and Archangel Michael: Work with and Expand This Energy of Clarity," channeled by Linda Dillon, October 14, 2013, at <http://goldenageofgaia.com/2013/10/the-divine-mother-and-archangel-michael-work-with-and-expand-this-energy-of-clarity/>.

(5) "Archangel Gabrielle: Who is the Council of Love and What is Its Purpose?" Feb. 28, 2016, at <http://goldenageofgaia.com/?p=273441>.



# What is Emergence?

May 1, 2020

<https://goldenageofgaia.com/spirituality/emergence-2/what-is-emergence-new-version/>



*One of the seminal concepts for me in all the work we've done together in the past four years is to emerge from our fear – fear of being hurt by the cabal, fear of revealing ourselves, fear of rejection, fear of losing our jobs.*

*It also just so happens that we're in a phase of Ascension where emergence is key – where we now need to consolidate our gains and step out of our shells into our full stature as a spiritual being. For many reasons, the topic of emergence is one we would profit by considering at this time.*

*Emergence is a path to enlightenment and it's a path well suited to writers. I've been much occupied with the notion for the past few days and so I took it upon myself to take the best passages from past articles and collate them here.*

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"Emergence" at <https://goldenageofgaia.com/spiritual-essays/emergence-2/emergence/>

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Enlightenment can be reached by many paths, through many ways. For every sense door, a path. For every mode of experiencing, a path. For every temperament, a path.

And the mode called writing invites, for me anyways, a very particular path, which I've called "emergence."

Emergence is to stand forth as one's truth, to free our expression from all dogma and equivocation, all fear and anxiety, all suppression and intimidation, as people are doing right here [in this discussion group called Galactic Roundtable], right now.

Emergence may not look pretty. It may be a noisy birth or a quiet birth. But the more we emerge, the more we break the knots that bind us, find our native voice, free our natural expression, and stand forth in the way we were first created.

"Show me your original face" could be translated as "emerge." Stop suppressing yourself. Stop hiding.

But it doesn't mean attack, insult, or anything close. To do that would be to violate our divine nature and the way God designed life, it seems to me, makes that result in more tension, more layers of withheld energy and consciousness, further darkness.

Emergence is emergence from attack, from duality, from separateness, the emergence of our nature as it is, free of restraint but also harmless and unconcerned with what others do or don't do.

I emerge. It has nothing to do with whether you do or not. I stand forth. I don't have you stand forth. I have me stand forth.

I do that by sharing who I am in the matter, as someone has just done.

The game in here [Galactic Roundtable], as far as I'm concerned, is emergence, throwing off the self-imposed chains of shame and guilt, letting go of worry about what others think of us, peeling back the layers and revealing one's self, warts and all.

The one who can speak his or her truth without fear and yet without harm has achieved the individual sovereignty already that the galactics promise us, as far as

I'm concerned. What's left to win if we've released ourselves from our self-imposed prison of fear already?

Stop worrying about how you look. Stop trying to be right. Emerge in here. Who are you in the matter? Not who am I or who is someone else. Who are you?

Tell me who you are, deeply, transparently. I want you to know me deeply, truly as I am. The all of me, the how of me, the beginning and the end of me.

Tell me who you are. I will hear you.

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"What is Emergence?" at <https://goldenageofgaia.com/spiritual-essays/emergence-2/what-is-emergence/>

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Because of the nature of our circumstances, I find it not as appropriate to say that our goal as a [discussion group called Galactic Roundtable] is “awakening” or “enlightenment” as it is “emergence.”

To “emerge” means to come out of my shell, to speak my personal truth in spite of my fears. As I see it, we emerge in many ways. In everyday life, I might emerge in a moment of love towards another. I might emerge in a moment of courage.

But, here on this “discussion” group, although we may emerge in love and courage, inevitably that emergence will be “discussed” or conveyed in writing and so I say that we emerge in “truth.”

Truth yearns to be uttered and heard. Truth lives in formless space, but is socially fulfilled in language.

You’ll know when your truth presents itself to you because you’ll rise up from whatever you’re doing and feel compelled to share it with another.

What truth? If we emerge in the ultimate truth of formlessness, well, that's cause for celebration. I would call that “ascension.”

But what is much more likely at this time is that we'll emerge in the relative or personal truth of ourselves. That may be the truth of you or the truth for you.

Here now comes what Atmos called “the fly in the ointment.”

The truth for you is probably not going to be an attack on someone else. If truth were an attack, then we all might look forward to our future with some trepidation.

But the future, where truth reigns, is said to be peaceful and compassionate.

Truth releases us from fear, anger, and all the other lower human qualities. So if what you are moved to say doesn’t release you, but keeps you gripped in or sends you further into lower qualities, then it isn’t the truth.

The truth unites; it seldom divides. I grant you that we're still in oppositional times as the dark attempts to vaccinate us all with nanococktails. The truth for us may be a resolve to say “no” to something.

The truth for us may unite us with some and divide us from others, but it shouldn’t set us against even those we oppose, or it’s not the truth.

In the case of vaccination, the truth does not involve an attack on another, just a resolve not to be vaccinated – in the name of truth.

Truth is a divine quality, just as love and courage are. They mix well together.

Truth does not mix well with the lower human qualities like anger and jealousy. In fact, the two probably cannot coexist.

Leo Buscaglia said that “love is letting go of fear.” I would go further and say that love, or courage, or truth expressed, transcends fear.

Emergence comes when we reveal ourselves until we ache. It comes when we find our courage and trump fear. It comes when we share a secret that has bound us for years.

Suddenly we share our truth and the result is that we emerge.

Emerge from what? From fear, shame, inhibition, anger, jealousy – from our shell. We emerge and stand forth, seen.

The man I served who asked that this discussion group be started wanted to publish intelligence from certain sources. But I began it to facilitate people in emerging. This site had two sides, as it still does.

Therefore, from the start of its life, one of the accents has always been on sharing our hearts out in a “safe, sacred, and workable” space, designed to be that way so that we could remove our masks in here and be seen for who we are.

You notice that we don't have on this site a large collection of trivia and jokes? The floors are swept clean and everything is left in a state that invites sharing our truth or the truth of who we are.

So you're humbly and kindly invited to use this space for what it was intended for – your emergence.

And not just your emergence. I call upon the group itself to emerge.

Wake up at the level of group. Take “ownership” (i.e., be personally responsible for) the space of this group. Feel from the level of the group. Emerge (yourself) as group.

Emerging as group means getting bigger. It means feeling the entire space of the group from the postings. It means noticing when the group turns icy with fear. It means seeing how the group responds to one member's share of difficulty.

And it means communicating our truth in a way that forwards the action and restores “beingness” to the group by making the truth of the situation known, whether it be negative or positive.

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"On Emergence and Arrival" at <https://goldenageofgaia.com/spiritual-essays/emergence-2/emergence-arrival/>

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Emergence is a decision, made in the moment, to stand forth as one's truth in the face of countervailing pressures to remain silent, give in, succumb, or surrender. A person stands forth as their truth in the face of frightening odds or terrifying circumstances and they "emerge."

Mothers who lift cars off their babies "emerge." People who walk into enemy fire or wrestle with a lion to save their loved ones "emerge." People who are obliged to speak truth to power may emerge before doing so.

Arrival is the passage from a simply intellectual appreciation or understanding of an event to a much deeper experience of it that has bodily correlates, such as weeping or horror or actual bodily spasms and such. Sometimes one can "arrive"

in the midst of a heart attack. One can “arrive” in the course of a near-death experience.

One can emerge and emerge and emerge, each time coming more and more out of a shell and standing forth ever more completely as one’s truth. One can arrive in one setting after another and in fact, I'd imagine that people usually do.

I'm not enlightened, so I cannot say whether emergence or arrival leads to enlightenment. But I consider them both stages of it and part of the gradual process which may itself simply blend into enlightenment, as a few sages have said happens, or else result eventually in a sudden starburst of enlightenment.

I was asked recently what I was aiming at in producing this website [the *2012 Scenario*]. I replied that I was interested in “transparency.” Transparency lays the groundwork for emergence and arrival. By being truthful – as truthful as it's wise to be, given that we face forces that would exploit our truthfulness – one is, as it were, exercising the same faculty that will be used to emerge and arrive.

As a writer, I give up having the time to meditate. Meditation is not my path. Emergence and arrival are. I choose to stand forth as my truth, more and more each day, and I feel a subsequent strengthening and clarifying occur inside me.

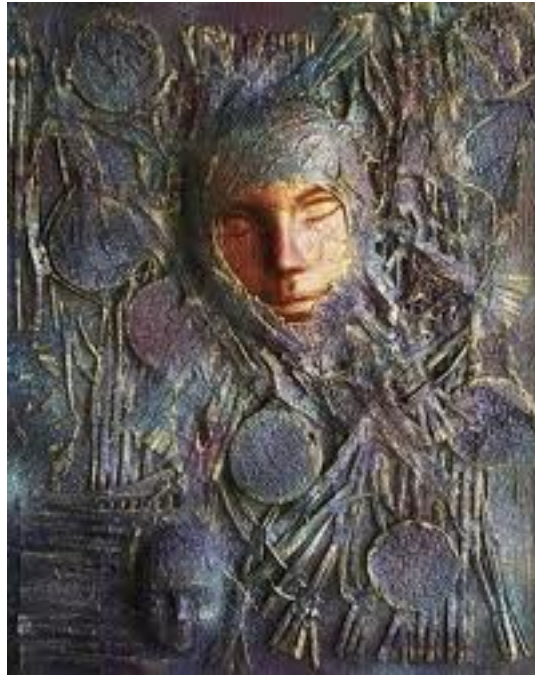
Your path is your path, as it should be. Transparency, emergence, arrival are mine. Standing forth is mine. Showing up is mine. Being present and aware is another way of describing it. Owning my life and acting without fear are others.

When I estimate my growth, I don't ask myself if I've experienced enlightenment.

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"Juiced on Emergence" at <https://goldenageofgaia.com/spiritual-essays/emergence-2/juiced-on-emergence/>

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We have the ability to call ourselves forth. We just don't do it often. We have the ability to come out of fear, to emerge from our records, vasanas and upsets. We have the ability to consciously put our lives at risk, to walk into the face of death, or even to drink a cup of hemlock. We have the ability to give our lives for another. All of these sound impossible to do. But they're not.

We have the ability to say to the CIA, the New World Order, the men in black: "I accuse...." We have the ability to look our tormentor in the eye and express our lack of fear.

We here are writers, are we not? We write emails, posts, tweets, letters, articles, essays. We write. It isn't easy to pursue an enlightenment discipline as a writer. But it's easy to emerge.

The clearest case of emergence for me occurred when I wrote an article on 9/11 in 2008 and sent it to every Member of Parliament and every Senator in my country. I remember clearly pausing before hitting the "send" button and knowing full well that I was saying goodbye to my career, inviting a life of potential threat, stepping outside the bounds of everything good that my society bestows on those who toe the line. And then, having emerged from my fear, I hit "send."

Emergence is a well-kept secret. I'm not sure why we haven't seen any channeled messages on it. But if you were to ask me the source of my juice, electricity or gasoline, I'd have to say emergence.

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"Emergence will Only Cost Us Everything," at <https://goldenageofgaia.com/spiritual-essays/emergence-2/emergence-will-only-cost-us-everything/>

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What does it mean to emerge? And must we emerge before we take on any challenge? If we don't emerge when we set off for that ship [the Neptune], will it just be one more adventure that we were never present to anyways? Will it make a difference in our lives or just be one more luxury liner we took a trip on?

What really matters? What's it all about? Why are we doing this anyways?

There's a part of ourselves that you can call our exterior, our surface consciousness, our everyday mind and everyday heart that isn't us. And in order to remain in contact with that, we think we have to compromise, accommodate and fit in.

Then there's a part of ourselves that you can call our interior, our deeper consciousness, our non-ordinary mind and non-ordinary heart that really is us. And in order to come in contact with that, we have to give up compromise, accommodation and fitting in. We have to give up every thing, every attachment, every desire but that.

Every time we take on something out of the ordinary, stand out from the crowd, or take a step in the direction of our own freedom, truth and honor, we encounter the drag of conformity and the dead pull of the herd mentality.

We can go on this voyage of discovery and remain in our shells and not emerge. But I don't think it will do us a stitch of good.

Let's face it. If we've signed on to meet our galactic family, we have by that mere fact alone given up the chance of remaining on the surface of things and living by compromise and accommodation. The very act of stepping forward and saying we want to go was the death knell of that.

Even if you stated you wanted to go and couldn't go, you still voted for the end of superficiality.

If the world then turned around and bit us, threatened us and abandoned us, what did we expect? A hero's welcome? A bouquet of flowers for threatening the status quo?

We've become subversives of the most threatening type. Close encounters with the emergent personality, with authenticity and truth.

How much will emergence cost us? Only everything.

Welcome to your new life. Welcome to the end of comfortable conformity, to the demise of hiding, passing and getting by. Welcome to the new life where the only strength you can rely on is your own inner strength, the only truth you can bank on is the truth that will not let you sleep and be denied.

## Emerging, Standing Forth, Exiting the Mask - It's All the Same

April 21, 2013

<https://goldenageofgaia.com/spiritual-essays/emergence-2/emerging-standing-forth-exiting-the-mask-its-all-the-same/>



Someone asked me why I had suddenly started a new topic - the constructed self. Not new. I've been discussing it since forever. Just using different words.

I've been discussing it since the day I started the discussion group *Galactic Roundtable* (now *Share11*) in January 2009. From the first, I urged people to share in that group, to reveal themselves, to emerge from their shells and stand forth as the Self. Perhaps I can share a post from the first week of that group:

"That having been said, the single biggest way you can serve us is to emerge.

"What does that mean? What is 'emergence'? ...

"I don't speak of enlightenment when I'm hammering away at the keyboard. I speak of 'emergence.' I emerge. I stand forth. I rip this mask off and tell you who I am in the matter: I am here (and I think my colleagues are too) to create a space for you to emerge. That's who I am in the matter. What matter? The matter of this group.

"How do you emerge? You drop the mask, drop the drama, drop the complaints and the victimization, and stand forth as who you are. Plain vanilla you. The gift without the wrapping.

"Take off the party hat. Stop trying to sell us an image.

"Tell us who you are." (1)

Masks, shells and constructed selves are composed of the same constituents: conclusions, decisions, acts, numbers, routines, poses, postures, hidden agendas, hidden investments.



Why would I keep discussing the same theme for four years running?

There really is a reason.

Whether we talk about emergence, standing forth as the Self, or exiting our constructed self, the same matter is at issue.

We've all heard by now how the masters, angels, and galactics are gesturing to us to come thither. We see that they're reminding us what a talented and committed group of lightworkers are here - here from all dimensions and locales of space.

They're handling the part of the task of emergence that has to do with the physical body. This body is like a wet blanket on our awareness.

It's a contrarium to consciousness, a barrier, a non-conductor. It inhibits seeing. It flattens sensitivity. It does not let emotion through. Not much, not really.

Some people will hear that as me saying the body is bad and wrong. No, I'm not saying that. It simply inhibits the flow of consciousness compared to the spirit that inhabits the body.



And the Company of Heaven is handling this non-conductivity by raising the energy, sending us special waves of love and light, firing up our DNA, bringing our Merkibahs online, etc.

But the part of it that falls to us, in my estimation, is to emerge from our fears, our reticence, our hiding, our indirectness, all the ways of being which we've developed to get through the unpleasantness in our lives that can now interfere with our missions as lightworkers.

If we weren't ground crew, I wouldn't be saying this. I'd be saying "Sit back, folks, relax, and enjoy the ride."

But because we are ground crew, because we're lightworkers, because we came here and said that we'd be willing to do the heavy lifting, the situation becomes a little different. And this is where the reason I talk about this comes in.

If we as lightworkers are to do what's expected of us in the times ahead, if we're to work on a global stage or handle large projects, if we're to stand up to rape and gang violence and all the really difficult issues in the world, then it becomes a positively fruitful thing - no, a necessary thing - to stand forth as the Self, in the language I used four years ago, or emerge from the constructed self, in the language I've used more recently.

I realize that many people may not have the slightest clue what I'm talking about and that can be a bit daunting. Others may be invested in the constructed self and not want to hear this. We'll all be at various places with it.

But I continue to believe, drawing on everything I've learned from all those expensive courses I took so many years ago, that breaking free from all that holds us back is what is wanted and needed.

I'm not saying that many techniques cannot clear the brush, cover a lot of ground, etc. But given that the ego does not loosen its grip willingly, there comes a moment, I think, when a choice presents itself: the person is either going to come out of their shell, out of their act, out of themselves as a construction of thought, or they're not.

It's this moment of standing forth, stepping out, and making the break with all that's artificial, prearranged and conditioned that I'm referring to and that I work for.

I don't know how many times I've watched that moment of breakthrough in people, where they suddenly shift from being fearful to being a lion, where they realize what a deep hole they've dug for themselves and now just want out.

Anyone who's ever been in an encounter group, the est training or an enlightenment intensive will know what I'm talking about. It's a sacred moment.

Often born amid much kicking and screaming but sacred nonetheless. Once a person is out, they don't want to go back in.

In that moment, we'll either step out of the confines of all the norms and rules and fears and secrets that hold us back - or forever hold our peace.

And at that moment, to watch a person take a stand that they're finished with their conditioning, finished with their holding back out of fear, finished with all that restricts and confines them which is not born of love is as inspiring as any event can be.



At that moment, it's as if a person takes a step outside a time capsule or a consciousness bubble and becomes free of it all. And that's what I'm pointing at and encouraging all of us to do. It doesn't have to be born amid kicking and screaming but sometimes it is.

I want to be totally honest with you. I yearn for, I long for, I miss from the bottom of my heart partners in this work who've stepped outside their artificial ways of being, who meet life head-on day after day, who refuse to be indirect and suppressed, who not only yearn to breathe free but insist on it.

Never mind the Divine Mother calling her children to her. Where are our partners?

I may be dreaming to think that everyone can stand forth as who they are, but it's the square I put my money on. It's the only game worth playing for me. And, while I get that I haven't a role to play in encouraging this interpersonally (I'm not schooled as a group leader, etc.), nothing brings me more joy and aliveness than inviting everyone to join me in this through my writing.

## Footnotes

- (1) <https://groups.yahoo.com/group/galactic-roundtable/message/289>, Jan. 14, 2009.

# Love, Awareness, and Emergence

Feb. 23, 2023

<https://goldenageofgaia.com/2023/02/23/342772/>



*No resistance to loving service*

I notice I have a reaction to both the word "non-separative" and "separative."

Keep in mind the backdrop of the fate of nations being decided by other nations.  
Who wants to lose their nationhood?

Even more so, who would want to lose their personhood to non-separation or their  
place in heaven to separation?

The whole discussion irritates ... Oops. Sorry ... I irritate myself over the whole  
discussion - on the one hand, seeming to raise the possibility that I as an individual

would cease to exist and on the other hand seeming to relegate me to the back of the class if I defend separation at all.

Oh, I don't know what to think about the matter. So I don't talk or think in those terms.

What touches me more is that I really loved my natural Mother and those two things "love" and "Mother" are ingrained in me. So now I serve the Divine Mother and apparently I volunteered to remind people about love when they forgot! (1) Whodda thought?

This is the troll under the bridge speaking! Just goes to show! If I can come out from under the bridge, once the Mother pulls on my cord, anyone can.

So "no" to separation terminology; yes to love of the Mother.

Sri Ramakrishna, who reached enlightenment (2) by several Hindu paths and several more non-Hindu paths, recommended bhakti or love as the easiest and most enjoyable.

It, and awareness and emergence, are paths that I consider suitable for lightworkers.

Renunciation? No. We need to remain in the world - but not of it.

Seeking to remain in the higher dimensions? No. Keeping in mind that we're all angels, here's what AAM told one angel/lightworker about higher-dimensional enlightenments:

Archangel Michael: When you use the term “dramatic enlightenment experiences” [as I did earlier], you are talking about Nirvana. You are talking about the unity of all with One.

It is not to say that you will not experience that, but you cannot (well, you can if you wish; it is a choice to) simply remain in that state of unity, of One, [and] be fully conscious, in service, in action....

So, it is a toning down, if anything. It really is the middle ground. ...

You know that enlightenment is right there in front of you. It is yours to access. But if you are in service, you will not choose to live there. ...

You can think of it as keeping two feet firmly on the ground. (3)

So we're allowed maybe a taste, maybe a snack. But we get the full meal at the end of the banquet.

Lightwork foregoes seeking the personal only; a certain amount, yes, but not so much as to divert one's attention from one's mission at this important juncture in universal history.

You can disagree. I'm just offering my opinion.

Those three seem to me agreeable to lightwork: love, awareness, and emergence.

Wow, I read those words and get a wave of warmth from inside. An inner "Yes."

I agree.

Love, awareness, and emergence....

Where have you been? Why have you come so late? (4)

### **Footnotes**

(1) Divine Mother: You have said to me, "Mother, what if they forget? I will remind them. I will communicate with them through words, through my passion, through my heart, through my knowing. I will communicate the love to them."

This is your task and it is a task of change as this planet, in this great chaos, in flux, ... by this wonderful instrument of free will, as they choose and as you choose to simply be the love. It can have an infinite, literally infinite number of expressions. (Divine Mother in a personal reading with Steve Beckow through Linda Dillon, April 30, 2019.)

(2) Sometimes Brahmajnana or seventh chakra enlightenment and sometimes vijnana or Ascension. See Swami Nikhilananda, trans., *The Gospel of Sri Ramakrishna*. New York: Ramakrishna-Vivekananda Center, 1978; c1942. [Hereafter PR in GSR.]

(3) Archangel Michael in a personal reading with Steve Beckow through Linda Dillon, Feb. 14, 2012.

(4) Sri Ramakrishna to Narendra Gupta, later Swami Vivekananda, when they first met:

"Ah! You have come very late. Why have you been so unkind as to make me wait all these days? My ears are tired of hearing the futile words of worldly men. Oh, how I have longed to pour my spirit into the heart of someone fitted to receive my message!" (PR to Narendra, later Swami Vivekananda, in GSR, 57.)

# On Being Enough

Oct. 23, 2015

<https://goldenageofgaia.com/2015/10/23/on-being-enough/>



The love I feel has taken a dramatic turn.

Until now, it was always love for the beloved. And that is a sweet and rapturous love. It was transformative love: it could sweep away conflicting emotions.

But today, as I continue to emerge after the energies of the Blood Moon Equinox (Sept. 27/28, 2015), I've reached the same levels feeling an impersonal love, a universal love, a love for everyone. I can still taste the sweet and rapturous love if I wish. The way forward is indeed additive rather than subtractive or substitutive.

But this universal love is so much more stable, more substantial. It sweeps away attitudes, philosophies, religions.

It's so subtle that, when I first noticed it, I could easily have overlooked it. Instead I recall myself saying: "What is this?" An arising of love that's not connected to any one person?

And the more I gave my attention to it, the more and the faster it grew, until it had unfolded itself.

And then I began to see things about it: it wasn't connected to anyone; it was substantial; etc.

It's easier to embody this impersonal love than it is the rapturous kind of transformative love. The latter leaves me incapacitated. I think the Middle Ages used to call it a "swoon."

But this universal love doesn't leave me undone.

This universal love takes in everything else I'm aware of at this moment. It completely erases any desire for anything other than itself.

Just as bliss brings all things to remembrance, so does this love open the doors of understanding.

Here again I encounter this feeling of certainty that so often comes with and characterizes this space. And here as well is that confidence in myself that I've known on other occasions. The certainty and confidence are not related to knowledge; they are properties of the soul, it seems.

This is what Archangel Michael was talking about: how the celestials mourn when we doubt and turn on ourselves. This confidence and certainty is what then shows up as missing.

These two qualities are part of the deepest part of me. Am I unwittingly turning my back on them?

I think I am. I must stop. I must make friends with confidence and certainty because they're the twin pillars of the transformed space.

Not a false confidence or a fake certainty. Nothing fake can exist in this space. Even that need only be said for Fourth-Dimensional ears. Fifth-Dimensional ears have lost their connection to fakery.

Oh, the buoyancy of this love. How it holds me up. How it elevates me.

Again, the deeper I breathe it in, the more it fills me up.

How could I have known?

[Two hours later]

I've just had lunch with a friend, in the space of universal love the whole time. My mind didn't work very well. It was like Teflon. A thought would come in and shoot right through it, at the speed of light. Nothing stuck.

This space of universal love is as great an increase in enjoyment to transformative love as the latter is to ordinary love.

It's a love that's much more substantial. That makes sense when you think about it because the more enemies we create the more difficult it is to love. The more we love universally, the fewer enemies we create and therefore the calmer and more tranquil our life becomes. There's a divine calculus to it, not like I can clearly see it yet.

When in transformative love, I'd bask in the sun. Today, in universal love, I have no attention on outside conditions at all. I'm certain that I'm enough. There is no need to seek outside stimulation.

This is the first state that I'd be willing to call an "ascended" state. An entry-level, foot-in-the-door transformational space that feels non-ordinary and better than anything I could have imagined. That's an experiential definition.

For as long as it lasts, it's magnificent.

What a responsibility to be in this space. What a privilege, yes, but what a responsibility too. I can see why many people would move away from the city, from society. Once I'm enough, once I don't need anything more than myself, there's nothing holding me to any place. There's also nothing drawing me to any other place. I am equanimous.

Only the desire to serve the Mother remains.

## With Increasing Grace and Satisfaction

Feb. 20, 2024

<https://goldenageofgaia.com/2024/02/20/with-increasing-grace-and-satisfaction/>



*What is the purpose of life? Why be born?*

My desire is to breathe life into the human growth movement, which died, God bless her, in the jobless recovery to the recession of 1982.

After that, thanks to automation, it was: "Stop finding yourself, pal. It's time to get back to work — if you still have a job, that is." (1)

That about summarized the agenda of everyone made obsolete by automation.

Where the deep state ended the growth movement in the 1982 recession, the entire current of events today will end their millennia-old rule.

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In my opinion, we become increasingly socially mature through taking on the precepts and principles of the growth movement, interacting with them, and seeing

if they fit. That's not something the deep state wants to see happen. It means the end for them.

Following psychologist John Enright, the three abstractions I use to enter into this subject are personal awareness, personal responsibility, and personal communication. I add "personal" to each to remind us that we're talking about us here, ourselves, always. We're not minding our neighbor's enlightenment.

- Personal awareness concerns what we see, hear, feel, etc., and the sense we make of it.
- Personal responsibility concerns the part we play in what we do with what we're aware of.
- Personal communication concerns how we express ourselves and our desires; it concerns how we take purposeful action with others to achieve hopefully-win/win solutions to anything we do together to satisfy those desires.

So it concerns us orienting and moving in the world for the satisfaction of our needs and desires - and those of others. It has to do with being responsible for the role we play in life. All of this is achieved by and through communication.

I'm not saying that that exhausts human-growth subjects. It doesn't. But it gets us into three of the most central topics in this domain of literature.

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The domain we'll be operating in, as far as a literature goes, is the cultural. Let me begin then by defining culture.

Culture consists of an organization of ideas, reflected in act and artifact but consisting of neither, by means of which we understand our world and take purposeful action. (2)

Culture must be transmissible. It has to be capable of being communicated. The purpose of both act and artifact, shorn of ideas, is culturally non-transmissible. A Stradivarius might be used as a flower pot 300 years from now if that generation "had no idea of" what it is or does.

So the coin of the realm here, the *lingua franca* or common language will be ideas. It will be language itself.

The original growth movement occurred in in-person workshops and groups. This growth movement will happen, of necessity, I predict, on the Internet. This is the domain that unites us. "We are the people of the Internet," as the video says.

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Download <https://goldenageofgaia.com/wp-content/uploads/2024/02/We-are-the-people-of-the-Internet.mp4>

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(This video no longer exists on the Internet!)

And the cost, I hope, will be kept low. Let's not reproduce the greed of the Third Dimension, *deja vu* all over again.

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Coming back to our three fields of specialization, in self-awareness, we take our perceptions and conceptions and form an idea of ourselves and others.

Seeing ourselves as needing to act, we define for ourselves what role we want to play; that is, what we want our responsibility to be.

To then accomplish our ends, alone or with others, we're obliged to communicate. Often how well we satisfy our needs and desires and those of others depends on how well we communicate.

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And, finally, for this turn of the carousel, why do we do all this? Why be bothered?

To answer that, we have to go right back to the beginning of things.

What is the purpose of life?

As I was shown in a vision back in 1987, the purpose of life is enlightenment. (3)  
The purpose of life is for us to know who we truly are. Why is that?

Because when one of us realizes their true identity, God meets God. And for this meeting beyond description was all of life created.

Self-Knowledge, Self-Realization, then, is the purpose of life. Know the self and you'll end up knowing all. On and on the guidance goes on this subject from terrestrial and extraterrestrial sources.

That guidance and this study will, I hope, take us both inward - and from there outward - with increasing grace and satisfaction.

### **Footnotes**

(1) David Olive, "The New Hard Line," *Report on Business Magazine*, Oct. 1991, 15.

Gone were the permanent job, the benefits plan, pensions, severance packages, trade unions.

The coup de grace was shipping many of the remaining jobs overseas. That was an earthquake for the middle and working classes. The erosion of America by the deep state has been happening over a long period of time.

(2) "Culture – whether we look at it through time or in the present – may be seen as an organization of ideas, manifest in act and artifact (though consisting of neither), by means of which humans experience their world and take purposeful action." (Edited from the original. Stephen M. Beckow, "Culture, History, and Artifact," *Canadian Museums Association Gazette*, Fall 1975, 13.)

(3) See "Ch. 13 – Epilogue" in *The Purpose of Life is Enlightenment* at <http://goldenageofgaia.com/wp-content/uploads/2011/08/Purpose-of-Life-is-Enlightenment.pdf>

## Emergence Turns Resistance into Revolutions

March 6, 2012

<https://goldenageofgaia.com/2012/03/06/emergence-turns-resistance-into-revolutions/>



*Family of Mohammed Bouazizi*

What turns mere resistance into revolutions is emergence. What galvanizes people, brings tears to their eyes, sees the birth of resolve and the renewal of commitment is emergence. Moments of emergence define revolutions, are romanticized, and remain the stuff of memory when all else fades.

I watched a television program on the CBC's *Passionate Eye* last night on what they called the Facebook Revolution, and what we call the Arab Spring. It may as well have been a chronicle of emergences.

It started with the emergence of the Tunisian fruitseller, Mohammed Bouazizi, who immolated himself in protest after being refused justice by the Tunisian government.

“The world knows Mohammed Bouazizi... as the poor and desperate young man, harassed by the authorities, who set fire to himself in this town in central [Tunisia](#), inspiring [a revolution that brought down the country's dictator](#), an act still reverberating through the Arab world.” (1)

That revolution is still sweeping the world and may prove the act that resulted in the disappearance of dictatorship and enslavement from the planet.

It was sparked by the actions of people like the young Asmaa Mahfouz whose vlog helped cause Tahrir Square.

[youtube]<https://www.youtube.com/watch?v=SgjIgMdsEuk>[/youtube]

It worked its way through the Libyan families whose lawyer Fathi Terbil was arrested and who protested in his name in Benghazi.

“The [Libyan] protests were sparked by the arrest of lawyer and human rights activist Fathi Terbil, [reports BBC](#), though anti-government and anti-Gaddafi sentiment has been growing for years, as the Libyan unemployment rate [climbs past 30 percent](#) and [continued aggression and human rights violations](#) by Gaddafi's administration alienates more and more citizens.



*Fathi Terbil*

“Terbil was the lawyer of the families of prisoners killed in the infamous Abu Salim prison massacre. [A Human Rights Watch report](#) on the incident claims that nearly 1,200 prisoners were killed by prison guards in under three hours.” (2)

It was aided by the sacrifice of people like Libyan Mo Nabbous whose fearless establishment of an independent news organization in Benghazi cost him his life.

“In the wake of the [2011 Libyan civil war](#), Nabbous founded [Libya Alhurra TV](#), the first independent broadcast news organization since Gaddafi took power in Libya. Libya AlHurra TV was established in Benghazi, Libya on 19 February 2011 and started broadcasting online when Nabbous established a two-way satellite connection in the wake of a complete Internet blackout imposed by the Gaddafi regime subsequent to the 17 February protests.



*Mo Nabbous*

”Nabbous was shot by a Pro-Gaddafi sniper and killed on 19 March 2011 while reporting on [attempts by government forces](#) to fight revolutionaries and attack civilians in Benghazi. In the hours following the death of Nabbous, UN Coalition planes entered Libyan airspace to enforce a No-Fly Zone approved by the UN Security Council along with a Resolution authorizing "all necessary measures" to protect civilians against Gaddafi forces.

In the last weeks of his life, Nabbous focused on bringing international attention to the humanitarian crisis unfolding in Libya. His death was widely reported by [CNN](#) and various media outlets. Prior to the establishment of Libya Al Hurra TV, Nabbous operated a number of businesses in Benghazi City.” (3)

The CBC showcased the so-called Bahraini Man in the Bloody Shirt who could be seen in photos and videos emerging after Bahraini troops shot to kill against demonstrators. (4)

We think of these as “highpoints” in any movement but they are so because they're the moments in which an individual overcomes their fear and emerges from their shell of suppression and silence.

I'm not sure why fear disables us so much. How it is we dumb ourselves down and paralyze ourselves has been, as you know, a question with me all my life. Does fear have a physically-disabling action on us? Is it purely psychological? Is it a matter of agreement? Conditioning? What is the link between the experience of fear and our inability or unwillingness to protest, resist and revolt? I wish I knew.



*Every revolution has its Man in a Bloody Shirt*

But the opposite is also true that watching people emerge from their fear provides a key somehow, through inspiration, motivation, a remembrance of something, or some other process unknown to me that liberates people who watch it and has them emerge themselves.

And we discover that emergence from fear is not only possible but also easier than we might have expected.

Perhaps what holds us back is that we've become convinced that we'll lose all the things we love if we step out of line – and in many respects that is true. Patrick Henry addressed this matter in a speech he made on March 23, 1775, which he ended with the words:

"Is life so dear, or peace so sweet, as to be purchased at the price of chains and slavery? Forbid it, Almighty God! I know not what course others may take; but as for me, *Give me Liberty, or give me Death!*" (5)

It's even confronting for me to discuss this with you because even though I've emerged on many occasions in my life I fear that I may discuss the matter here but then fail to emerge when a critical moment arrives and be seen by you as a hypocrite.

Whatever we fear paralyzes us. Whatever we hide imprisons us. Whatever we're unwilling to sacrifice binds us. In a sense unless we're willing to stand owning only our own bodies and being willing to risk even that on one throw of the dice we're unable to act. In some circumstances (not all), it has to be “give me liberty or give me death” or we won't emerge from fear.



*Moments of emergence define revolutions*

So these are all highflown words and I don't know if in my own next moment I'm willing to risk all in defence of freedom. But, even if I were to fail you in the critical moment, this conversation is still valid and still needs to be had.

**Some popular misconceptions that hold us back:**

**(1) Death is the end.**

We've heard from our sources that the planet's controllers shaped religion to hide the fact that we survive bodily death. We're told that our bodies molder in the ground until the last trump, that we go from dust to dust, that we have only this one life so live it up, etc. All of this is nonsense. Life is continuous. We are immortal. We not only survive bodily death but enter a world more marvellous than this. And we have many lives, not simply this one, all of our future live enriched by what we do now.

**(2) Death is painful.**

Death is not painful. The moments before death may be painful but there is no pain attached to death. (6) Many people who communicate back to us from beyond the transition we call "death" describe the moment of death as joyful, peaceful, liberating, etc.

**(3) People only care for themselves.**

People operating from dualistic conceptions of life, who hoard, compete, and see life as a zero sum may not care for others, but most people care deeply for others.

Certainly the deeper self that is liberated or emerges by seeing the sacrifice of one for all cares deeply for others.

**(4) Sacrifice is useless; nobody cares**

Everybody cares for things like freedom and compassion. Human beings are divine by nature and it's the very bondage that we fight against that causes us not to care, if in fact we're in that place. Sacrifice awakens caring again and mobilizes masses of people who may only hear about the sacrifice.

**(5) It is useless to struggle against power**

Far from being useless, we can see by the Arab Spring and the Occupy Together movements that dictators and despotic regimes are vulnerable, that soldiers do not want to fire on their own people, and that mass movements can overturn the bloodiest regimes. What dictators fear most is the people losing their fear, the people emerging from their paralysis and we are seeing populations around the world doing exactly that right now.



*FDR had it right*

So emergence is the process that will set people free from the only condition that truly imprisons them and that is fear. Franklin Roosevelt knew this when he said “The only thing we have to fear is fear itself.” (7)

Your emergence should not depend on my emergence. Even if I, in the critical moment, act like a craven coward, your emergence is solely your act alone. Emergence is always an action that has no antecedent, no justification, no rationale. It is an action that draws on an inner strength that went unrecognized up till that moment.

Emergence is not only stopped by fear but also by excuses, logic, inertia, attachment, by anything at all. But if we search for the well-spring of emergence, we won't find it. It happens quicker than the snapping of fingers and where it comes from cannot be known, at least not logically or rationally.

It's the ultimate creation of something from nothing, for no reason. It's no respecter of persons. It's not the province of one gender and not another, one age and not another, one race and not another. If you're looking for the ultimate contribution you can make to what's happening worldwide at this time, that contribution, in my view, is to emerge.

## Footnotes

(1) “Mohammed Bouazizi: the dutiful son whose death changed Tunisia's fate,” Guardian, Jan. 20, 2011, at <https://www.guardian.co.uk/world/2011/jan/20/tunisian-fruit-seller-mohammed-bouazizi>

(2) Tasbeeh Herwees, “Libyan Writer Detained, Family Attacked as Protests Continue in Benghazi,” Neon Tommy, Feb. 16, 2011, at <https://www.neontommy.com/news/2011/02/libyan-writer-detained-family-attacked-protests-continue-benghazi>

(3) “Mohammed Nabbous,” Wikipedia, at [https://en.wikipedia.org/wiki/Mohammed\\_Nabbous](https://en.wikipedia.org/wiki/Mohammed_Nabbous)

(4) Such a this one: <https://twitpic.com/4a8x5e>

(5) “Patrick Henry,” Wikipedia, at [https://en.wikipedia.org/wiki/Patrick\\_Henry](https://en.wikipedia.org/wiki/Patrick_Henry)

(6) See here on that subject: “Death is Painless; Most People Do No Suffer,” at <https://www.angelfire.com/space2/light11/nmh/death1.html#painless>

(7) “Franklin Roosevelt,” Wikipedia, at [https://en.wikipedia.org/wiki/Franklin\\_D.\\_Roosevelt](https://en.wikipedia.org/wiki/Franklin_D._Roosevelt)

## ⌘ Emergence as a Process ⌘

# Arriving in Life

September 2, 2023

<https://goldenageofgaia.com/2023/09/02/arriving-in-life/>



*Philosopher's Walk, Kyoto*

I find, generally and overall, that my pace is slowing down a mite. I feel more philosophical, more meditative.

I've dropped many bad habits and negative thoughts. Just dropped them, with nothing to replace them. And by doing so I've created space.

And in that space I'm feeling more philosophical. In-drawn. Walking very slowly. And feeling very happy doing so, like it's my preferred speed.

I said that, since June 12 and my awakening to what co-creative partnership meant, (1) seemingly every day some new thing happens. My confidence returns; I feel my Higher Self nearer to me than before; I feel gentle, for perhaps the first time in memory; I'm being cooperative - me, Mr. Stick in the Mud, allowing others to go first, helping out, on and on the changes go.

If I were to watch a movie of my life, I think I'd hardly recognize myself a year from now for the changes that are happening now.

I know where they're heading. CEO, pipeline, pillar, star family, UN. And, even a year ago, I would have said "I'm not ready." But I do feel ready now.

As an aside, this morning, I realized that what Archangel Gabrielle called "our divine authority" is exactly the realization I had on June 12, that had me be ready for co-creative partnership. (2)

The Self is my divine authority.

I was at that moment (June 12) looking at re-choosing co-creative partnership as a result of realizing what it was, who it was that Archangel Michael was looking for: Someone who could and would follow the discipline of speaking from her or his divine authority, Self, or Higher Self. (3) (Or remain silent.)

I even know what feeling ready means. I have two examples (heroes, you might call them) of readiness, determination, and courage that inspire me and help me find it in myself. (4) I also have the example of my brother and sister-in-law whose generosity so touched me years ago. And my earthly Mother.

But all of these are only to give me the courage to step out. I already know I'm pure and innocent as of Sept. 18, 2018 and Xenia. (5) I already know what I'll find and what to expect when I choose to emerge. Whenever that is.

So it isn't that I'm in ignorance. It's more a fear of leaving the herd, fear of humiliation, fear of being ostracized. Been there; done that a few times.

Emerge or "arrive," as we'd have said at Cold Mountain. I haven't arrived in this life yet. I'm still a prisoner of many negative feelings. Not here the way that my heroes were here. ... And, like it or not, we are at war.

As we include everyone and exclude no one from the benefits of the upcoming abundance and consciousness shift, we build a universal outlook, founded in love, that will gradually restore decency and harmony to the planet. The Mother has promised it. (6)

We won't need to achieve "universal love." The love we're headed for is already universal. We just need to send it out to the world. Love knows where to go.

We'll exist in an environment in which no one is left out and nothing more desirable exists than the love we're already experiencing.

If we're immersed in that tsunami of love, we too will be "universal," with "unitive consciousness." I'll bet the farm on that.

### **Footnotes**

(1) See "Co-Creative Partners with the Company of Heaven," June 12, 2023, at <https://goldenageofgaia.com/2023/06/12/co-creative-partners-with-the-company-of-heaven/>

(2) Loc. cit.

(3) See "Me and My Higher Self," August 30, 2023, at <https://goldenageofgaia.com/2023/08/30/me-and-my-higher-self/>

(4) Since both were soldiers and I don't want to awaken any old wounds, I prefer not to mention their names here.

(5) See "Archangel Michael Explains What Happened at Xenia," Sept. 22, 2018, at <http://goldenageofgaia.com/2018/09/22/archangel-michael-explains-what-happened-at-xenia/>

(6) Divine Mother: [I am speaking about] those in ... positions where control and abuse of power have been rampant. That will not be the platform [from] which integration of the various galaxies takes place. That is not the Plan.

I know very clearly, Sweet One, as do you, if it is not [in] my Plan, then it will not occur. (The Divine Mother in "Enter the Delegations – Part 2/3," May 5, 2019, at <http://goldenageofgaia.com/2019/05/05/enter-the-delegations-part-2-3/>. Reading, April 30, 2019.)

Divine Mother: Make no mistake, Sweet One, Love will win because that has been my Plan always. (Divine Mother in a personal reading with Steve Beckow through Linda Dillon, April 30, 2019.)

## Back to the Basics: Emergence and Balance

2012



If I were to restate what are for me the basics, my restatement would be incomplete without a word on emergence and balance. These two notions have become so important to me in the last three or four years that I feel a surge of love each time I utter them.

“Emergence” is a word, not the thing itself. You can hang it on your wall, read it every day and nothing will occur from repeating the word.

And to describe what occurs when we do emerge is also difficult. Emergence is a spiritual event. When it happens, it isn't easy to say what just happened – except emergence.

In the split second in which we emerge, we put our fears behind us, cast off our constraints, and stand forth radiantly. We feel our full selves at that moment and radiate peace and confidence.

Why do I mention it? Well, in another article I said that enlightenment was the purpose of life. That God should meet God was the reason why all life forms were created.

But most people associate enlightenment with meditation and singing devotional hymns. But we here read and write. What spiritual practice is consistent with reading and writing? In my opinion, emergence is.

Emergence appears to be related to speaking. When we speak our truth fearlessly, we emerge. And so what I'm advising is that we do just that – speak our truth fearlessly and emerge. It's our enlightenment practice, if you will, a practice particularly suited to lightworker communicators.

But the minute I say that I feel the tug from my inner guidance to add: "harmlessly." Humans can turn anything into a weapon, even the truth. And so unless we speak the truth harmlessly, even the truth becomes a lie.

We often emerge by the stands we take, the commitments we make, the promises, declarations, and other forms of soul-speaking that we engage in. We emerge in and through the use of language. What we are doing is using the very medium of language as our enlightenment practice. If Zen is a transmission outside of language, then emergence is a transmission inside of language.

Emergence means we are fully here, fully present. Given that the dark ones on this planet intended to defeat and enslave us through financial manipulation and the erosion of constitutional rights (which they sold us as a “war on terror”), our emergence from the bonds of fear is no less than a social revolution.

Occupy, Arab Spring, We Won't Pay and Wikileaks are all forms of social emergence. So when I say to you “emerge,” I'm counselling revolution. I'm probably being more seditious than you could possibly imagine, at least in the eyes of the cabal. (1)

Emergence is service of the Divine Plan. And what is the Divine Plan for this time? The ending of duality on the planet and the rise of unity – and more particularly unitive consciousness. And all of that leads us to the second essential notion – balance.

Emergence does not persist forever. Yesterday's emergence would not buy you a cup of coffee today. We need to emerge daily. But what causes emergence to persist for even a short while is balance.

I don't personally conceive of balance as a teeter-totter or a set of scales. Balance for me is not a question of up or down or more or less weight. It's a question of being in one's center or not.

I theorize that emergence persists in direct proportion to balance. To the extent that I can remain in the center, emergence persists. Remaining in the center is a function of the reduction of desires for worldly things and pleasures. Worldly

desires are what pull me away from my center. When my desires are quiet, I remain in the center.

The more desires I have, the more I seem to exist on the peripheries. And the peripheries are really what we think of as “up” and “down.” When my desires are quieted, my mind is quieted and I remain quietly in the heart or passively in the center.

I have no right to call myself a spiritual teacher. Spiritual teachers are enlightened and I am not, At least not in this lifetime. Like all starseeds I come from a higher dimension, or so I'm told. And so chances are that I've been enlightened in another lifetime but wear blinkers in this one to serve Ascension. Even though I'm not a teacher and don't aspire to be one, the Boss (AAM) has said that I would soon be writing on spiritual themes and so it has developed.

My spiritual path is awareness and my discipline is observation. I “be with and observe” all unwanted conditions, upsets, resistances, and incompletions. And the more I be with and observe their rising, persistence and passing away, the more my mind grows quiet and I remain in the center.

Groundedness and centeredness are, I believe, synonyms for balance. Maturity is as well. The Boss has said time and time again that balance is an essential quality for Ascension.

If balance meant not too much of this and not too much of that, then why would the Boss urge balance for Ascension? But when we remember that balance means remaining quietly in the heart, the role it may play becomes clearer. If we're balanced, we're complete with Third Dimensionality and not holding onto this old setting and its pleasures and attachments. We're free to fly, as the Boss would say.

So emergence calls us out of our fears and balance releases our hold on the Third Dimension. Emerge and balance, emerge and balance. Turn away from this dimension that we're leaving and set our sites, in a grounded and centered manner, on the new dimension that looms out in front of us.

Balance and emerge, balance and emerge. Move forward one step at a time and then consolidate. That's what it feels like I've been doing for as long as I can remember and as far as I can see it works.

And so if you were to ask me what I've been doing this last month, perhaps the shortest possible answer I could give would be to balance and emerge. The circumstances have been challenging. I've been stretched and strained. I've blown a

few situations, lost my way, fallen and picked myself up again. I've overstretched myself, failed even in many of my smaller undertakings. But all the while I've concentrated on emerging from those circumstances and then recovering my balance.

Life is good and it promises to become a whole lot better very soon. But good or bad, the way I plan to meet it is by emerging and balancing, balancing and emerging.

### **Footnotes**

(1) In fact, Archangel Michael told me in a reading on March 8 that the Canadian equivalent of the CIA was observing me and considered me to be a rabble-rouser. Well, there you go. Obviously something we're doing is working!

## Getting Bigger

2018



*Malala - Someone who got bigger*

When we begin to contemplate our bigger post-Reval roles, many of us may find ourselves in foreign situations, unknown territory, not speaking the native language (mathematics, finance, statistics).

Often the automatic response is to adjust the picture Third-Dimensionally, which to me is like adjusting it laterally. It's what one sage called "moving your Scotty Dog [from Monopoly] around the board." It just moves the pieces.

Moving some people here and others there doesn't solve the problem.

The higher-dimensional response, I'm willing to bet, is something I think of as "getting bigger."

Bigger than the fear, bigger than the situation, bigger than the cost we may pay.

We probably associate getting bigger with aggression, hostility, bullying, etc. I don't mean flexing one's muscles.

I mean the spirit getting bigger. I mean the soul taking over more of the machinery and driving it. I mean the heart leading the parade.

We all know what it feels like to get smaller - to feel more fear, anxiety, dread, etc. But many fewer of us know what it feels like to get bigger.

I can hardly describe it. Several times I've pulled a muscle and the actual experience of pulling it was like a knife going through butter.

Getting bigger is like the reverse of that. It's like a knife going through butter but something bigger is suddenly created. A bigger me exists after that operation than was there before. But it's born in the same miraculous and easy manner.

I call "bigger" into existence. I know that. But I don't know how I do it.

We don't need to examine things microscopically and understand them biochemically. We just need to be proficient in calling ourselves forth, standing forth, presencing ourselves - and then getting bigger.

Given that the roles of many of us will expand after the Reval, I think we'd benefit from adding this tool to our toolkit. How to practice getting bigger is something I'll explore because I know I'll need the skill.

Getting bigger leads to increased maturity, balance, security, patience, and compassion. (1) It feels better and allows us to bring love to the job instead of fear.

### **Footnotes**

(1) If there's no increase in those qualities, one has not gotten bigger. Time to stop and go another way.

## Getting Bigger by Letting Go

2018



There's something happening inside me, to be sure.

I'm going through some sort of passage.

I think of myself as dancing a very delicate "duet of One," as Ramesh Balsekar called it. (1)

I'm under pressure from myself to get bigger, in all respects, to manage the job I've been assigned after the Reval. (2)

And it's a dance for sure. I must maintain my forward momentum while learning on the fly. And what I need to learn is how to expand without falling into egotism. How to get bigger without being hijacked by the self-serving "I am."

AND without falling into false modesty either, which saps the strength a leader. It's a dance for sure.

I'm going to need a high measure of detachment and balance while being in constant motion. An introvert, an urban monk in constant action - even that's a challenge.

I keep thinking Zen monks and Shaolin monks. I know I had no connection to them, except spiritually.

And while I'm doing all this, I'm to lead a somewhat-normal life. Eat, drink, and be merry. (3)

I don't think I could manage without moulting my personality/skin, which is proving too small for me already. Like a hermit crab. I need to find a new and bigger shell.

And I'm not even out of the starting gate.

Everything about me - attitude, morality, sincerity - needs to shed its containment and confinement. I need to bust out of my skin.

"Moulting" is like priming the pump of transformation, as far as I'm concerned. What's going to open up opens up in the space that's created by letting go or, as Michael likes to remind us, surrendering.

Surrendering to all of it, allowing more and more of what is to happen happen, trusting that what unfolds is God's Will.

That to me is a desirable state. Way out in front of me at this moment (Kathleen is much more successful here) but a desirable target.

"Moulting" to me means letting go, accepting, and allowing, rather than resisting and denying. Dropping some habitual pattern of resistance such as excusing, denying, and justifying.

When I moult or let go, I at once surrender to life unfolding. This is like the monk. But I also must lead - and lead an active life. This is like the warrior.

I who like to walk slowly around the park with his eyes to the ground is now going to be constantly active. These were my salad days.

I'm baring myself to you, sharing my Ascension process, which includes uncovering the rubble I've called vasanas and then letting go of the various negative beliefs and opinions, and everything that resulted from them. These notes as a whole form an Ascension ethnography. Some people will call it a diary. I hope we have many, many more records of other people's own Ascension journeys.

I can't see any way around the fact that succeeding in the role ahead of me requires me to "get bigger" (4) than I am at this moment.

I know that my natural Self is unattached to anything except the Mother and the One. So that should be my first clue.

My second clue is my own studies of the basic spiritual movement being to turn from the world to God.

To approach my real Self, to be my natural Self - the state called Sahaja or natural - my guess is that detachment from the things that distract us (let me put it that way) and concentration on the One we serve is a very good choice for people who've agreed to be lightworkers. That's my bias.

What I sense is that the way for me to get bigger, to expand - and I see this as stretching onward and onward into life - is to let go, let go, let go.

What an interesting development. Most of our leaders think they grow by acquiring. Hmmmm....

### **Footnotes**

(1) Ramesh Balsekar, *Duet of One: The Ashtavakra Gita Dialogue*. Los Angeles: Advaita Press, 1989.

(2) As what Michael calls a pipeline. This role is in addition to being CEO of GAOG, the Michaelangelo Fund, the International Hope Chest, the Lightworkers Fund, etc.

I must get bigger, expand, grow up, however you wish to put it, to manage the total responsibility or even the first part of it. The monk has been put in charge of the show, so to speak. (In my case there's a blend of warrior and monk.) And no excuses will do.

Michael then goes on to say that all this financial work is a sideshow: the main event is still in the offing, which I think is Disclosure.

Archangel Michael: Do not forget. You are a communicator first and foremost, ... a communicator on process, on truth. You are a bridge to your star brothers and sisters. The money is just a side event. The main event has yet to occur. (Archangel Michael in a personal reading with Steve Beckow through Linda Dillon, Oct. 2, 2013.)

(3) Archangel Michael: You did not come to [be a spiritual teacher], and so that is what was meant by that comment. Part of your and part of our recommendation to you is to play, to laugh, to enjoy, to be physical, so that you are anchored in the

physical reality - because you are here to be a transition point and to be able to show people how to do both.

If you were completely involved in your full awakening, you in very great likelihood would not be forming a platform with me. You would be off somewhere in an ashram meditating.

So that is what we have meant. Ground yourself. Be human and love the experience of being in form.

Steve: OK. Boy. Eat, drink and be merry!

AAM: It is difficult, no?

Steve: Yes, it is. (Archangel Michael in a personal reading, *ibid.*, May 6, 2013.)

(4) "Getting bigger" for me is the experience of having greater awareness, greater relaxation of muscular holding patterns, and greater access to patience and love.

## Archangel Michael: How to Expand?

2020



Considering the tasks I'm being asked to accomplish once things start moving, I asked Archangel Michael in my last reading to tell me how to expand, to do this work.

Here's his answer.

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Archangel Michael in a personal reading with Steve Beckow through Linda Dillon, Aug. 5, 2020.

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Steve: What do I need to do to emerge, to get bigger, to activate and unfold my latent capabilities?

Archangel Michael: Feel yourself - yes, first in meditation but then in simple consciousness - as if you are literally filling your apartment, wall-to-wall, ceiling to floor and then fill your building and then fill your neighbourhood and get used to that walking-around, conscious notion of this is who you are....

Think of it this way. We have talked about the synapses and the electrical firing in your brain. [See] your field [as] that large [with] the electricity, the awareness, the presence ... filling the entire field.

That is what we wish you to do

---

Expanding my field of awareness to cover a large area has definite, beneficial effects on the "I" in the center - it produces feelings of groundedness and courage, certainty and belongingness.

I find the practice very soothing and helpful given that the vasana (or core issue) I've been describing for the last while has been all about shrinking away or retreating from life.

I have no idea whether this archangelic over-the-counter regimen is suitable for everyone, but it certainly looks as if it is.

## Expanding in the Face of Change – Part 1/2

March 27, 2016

<https://goldenageofgaia.com/2016/03/27/expanding-face-change-part-12/>



The Ascension energies right now are causing us to grow and expand.

What can we do to help them along?

What are the ways that we can expand our view, our seeing, our experience?

I'm going to go over as many as I know of, which will turn this article into a series.

We can begin by expanding our outlook. For many of us, our introduction to the fact that dimensions exist has only come within the last ten years. One way we can expand our outlook is to feel those states of being that are known to be higher dimensional.

Draw up love from our own heart. That's where we'll find it.

Find any bit of bliss that comes fleetingly across our hearts or minds and flow with it. Watch it expand.

Most of us have no experience of higher dimensions. So we're at square one on this one. Therefore, think of it as a campaign. Establish a beachhead of understanding.

Realize or come to know intellectually one fact about the new territory and fan out from there.

I'm not talking here about spiritual enlightenment, about which I'm not fit to speak. I'm talking about adapting to change. In the former, we might suspend knowing at times; in the latter, we build on our knowing, our experience.

Another expansion tool is that we can use what we've learned about the divine qualities to expand our ability to be like the Divine. Allow ourselves to be joyful. Notice how deep peace is, like a doorway into the Divine. Every godly quality - prudence, courage, compassion, etc. - is a portal into expansion.

We can "true up" our behavior. Get mad at people less. Assist someone. Give up our seat. Pay for the groceries of the person ahead of us. We can actually fashion our behavior to align with our values. That also will expand consciousness.

(Concluded tomorrow in Part 2.)

## Expanding in the Face of Change – Part 2/2

March 28, 2016

<https://goldenageofgaia.com/2016/03/28/expanding-face-change-part-22/>

(Concluded from Part 1.)



In addition to expanding our outlook, we can break through to new levels of experience. One way to do that is to open our hearts so that love can flow freely. This heart-opening is the brass ring for me - so far on this amazing journey.

We can break through on all our inhibitions, reservations, wounded spots. We can push back the barriers and frontiers we've erected to protect ourselves. This is the time to do it. At no other time will conditions be better to have us push back against the results of our own suppression.

In addition to breaking through to new levels of experience, we can also take committed action. Step out into the world. Take on a piece of the world's unworkability and fix it. Address an injustice in the world - from a place of calmness, centeredness, and love. Avoid making anyone wrong: That should prove challenging.

I have at times felt I could mentally "throw my arms around" a subject, take an unbragous view, see the whole picture in a flash.

At other times I found I could create a wider context to hold things in.

At these moments, I felt transformation from a lower to a higher state of consciousness (I hesitate to say "dimension").

Typically I went from unconscious to conscious awareness, from unexperienced experience to experienced experience, as Werner Erhard has described it. These were "peak moments" and they passed within a short period of time.



*A lot of me exists below the surface. Credit: [www.entrepreneur.com](http://www.entrepreneur.com)*

In addition to committed action, we can also commit to being transparent, as another ongoing ticket to expansion. The more we peel the masks away, come out from hiding, and reveal ourselves, the better life becomes in every way.

Whoever had us, as kids, stop sharing with each other didn't do us a favor and now it's time to go a different route.

In addition to transparency, we can process the obstacles to expansion - our core issues and conditioning.

When we hit an obstacle, like an upset, we can recognize that we've triggered a core issue. Our upset probably has little or nothing to do with the person in front of us. It probably traces back to childhood. We need to get to the bottom of it and complete our experience of it. And let it go.

To complete our upsets, we need to stand in the face of them, not run from them. We need to become masters of them instead of allowing them to master us. Tell the truth deeply. Come clean. Own our own stuff. Drop any baggage we can.

We can emerge. Come out. Break through. There are so many ways to expand.

Using all of them, we're not just standing in the face of change. We're expanding in the face of it.

All of these then are ways of expansion, transformation, emergence. All of these are excellent adaptive tools in the face of change. And all of them contribute to the overall Ascension of the planet, which is what we came to help with.



Working out in these areas, I believe, generates light. That's what the Company of Heaven seems to be saying. Matthew Ward often says if we could see what he sees, we'd be overjoyed: Lightworkers are generating a great deal of light, apparently.

There are so many ways to expand and now's the time to use them, if we want to leaven the loaf that Ascension is. Put another way, if we want to increase the number of people who awaken to Ascension, which is what we came to do, then we need to master expanding as one way of adapting to the change that we're all in.

After that, we need to master change itself - or, more precisely, our response to change. We've spent years clearing our emotional upsets and issues to be ready to respond well at this time. Now our DNA is activating. Our crystal body is forming. Gamma waves are hitting us.

The pace of spiritual change is very gradually picking up. Now's the time for our discernment to kick in, our resolve, our sense of mission.

Standing in the center, revealing ourselves and speaking the language of committed action, owning our upsets and processing them, we do what's needed to expand, emerge, break through. Or we do what's needed to nurture,

nourish, and love. We do this on behalf of those ascending, including ourselves.

## Emergence: From Hell to Breakfast – Part 1/2

September 21, 2021

<https://goldenageofgaia.com/2021/09/21/326547/>



I'm having a mini-full-life review here as a result of seeing my family script. (1)  
The memories are flashing by.

I remembered that I liked being angry because when I got angry I fused together. I became my self again. I revelled in those moments.

When I was not angry I was this dissociated, unsure guy who went out of his way to please people. Just like my Dad.

Well, if that's the way it was for me and I know my Dad suffered worse abuse in his family ... I can appreciate why he'd be the way he was.

When I breathe into my inner musculature now, instead of it feeling rock hard, it feels as soft as butter.

With that degree of muscular holding going on routinely, I can now appreciate how it could be that my emotional range of experience seemed narrow to me.

And I can imagine how others, who've also experienced childhood abuse and trauma, might have a crimped range of emotional experience and expression as well.

Oh look, I can breathe again!

The release of this muscular holding I've been doing does not bring happiness in and of itself. It's again a launching pad.

I'm restored to inner stillness, available for what's next. But not catapulted into bliss. (Not yet.)

All of this has been transpiring from 2 am to 4:30 am.

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Seeing the baseline of tension in my own body from nursing this cycle of conflict and walking in the rut it created, I can appreciate why Dad was so unaware. My family on my Dad's side were not known for their sensitivity and awareness.

A long, long time ago I wrote a paper on the cycle of conflict, but not till this moment have I experienced it or seen the impact of it on my body, mind, and feelings. I'm now realizing it, even if the realization is minor at this point rather than major.

This mechanical exterior I've built for myself over decades is cracking and crumbling. I'm not stirring until it's gone.

(To be concluded tomorrow.)

### **Footnotes**

(1) See "From Vasanas to Scripts," September 17, 2021, at <https://goldenageofgaia.com/?p=326368>, "An Almost-Near Near-Death Experience," September 18, 2021, at <https://goldenageofgaia.com/?p=326397>, and "I Want My Happiness Back," September 19, 2021, at <https://goldenageofgaia.com/?p=326544>.

## Emergence: From Hell to Breakfast – Part 2/2

September 22, 2021

<https://goldenageofgaia.com/2021/09/22/emergence-part-2-2/>



(Concluded from Part 1, yesterday.)

You remember I mentioned that I believe everything hid shall be made known?

All of our hidden vasanas, I think, are rising to the surface. Some of them are really painful.

Here's a painful one for me. If my family followed a cycle of conflict, and I've now uncovered it in myself as a rut I followed all my life, is it not logical to deduce that I played my Father's hand in every relationship I've been in - sooner or later, and to a greater or lesser degree? It was after all the only movie I had in my head.

Face into that one. I do and it sweeps over me like a wave of realization.

Realization this time is not like being lifted above the surface and looking down. It was like a ring of fire that burnt through me.

Interesting.

I've never seen or felt awareness work like a ring of fire before. It may be the result of my invoking the universal laws yesterday and the day before. I don't know.

I actually feel myself on the other side of the scenario now, as noticeable as if I were in the water and am now on dry land.

The "me" I now feel is entirely new. I have control of my will back. Without a need to force it on anyone. I can feel it.

Oh my. I just plain like the feel of this current state of consciousness, whatever it is. Could I please have a user's manual? What name shall I give it?

Normality?

Yes, I think that's what it really is. I've come back to center and this is what center is. For the human being, center is normality. Just plain normal.

Everything I've been describing is a deviation from the center, from the normal, the way a human being is supposed to function, the design parameters of karmically-productive behavior.

I'm not saying deviation is necessarily bad or even always avoidable. I'm just saying it is as surely a deviation as a temperature up or down from 98.6 degrees F is a deviation from the center, the normal temperature. There is a normal and an abnormal.

I've been abnormally acting out all my life.

But pondering that now will take me right back into the upset instead of savoring this moment of freedom from it. As my own listener, I won't do that.

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This outcome confirms my belief, as expressed in *A Manual for Listeners*, (1) that, if we have the opportunity to lay all the pieces out on the table, there's a good chance realization will follow. We don't need help. We just need a listening.

Or a writing.

I'm at peace with myself at this moment. I have no agenda. I remember a course I took called *From Hell to Breakfast*. That's what it feels like. I think I'll eat.

If I didn't write this down, I'd never remember it a day from now. The written record needs to be the final arbiter because my memory is not at this time reliable, whereas you were here, as this was happening.

The growth I think will prove lasting but the details of how it happened are only to be found right here.

I have no idea of what to do next and no concern about it.

What is the process I just went through? In the past, I've called the process "emergence." (2) Its basic premise is: The truth shall set you free.

### **Footnotes**

(1) *A Manual for Listeners* at <https://goldenageofgaia.com/wp-content/uploads/2021/09/A-Manual-for-Listeners-R3.pdf>.

(2) See "Emerge from the Shell," February 9, 2020, at <https://goldenageofgaia.com/?p=306371> and *Emergence as a Path for Lightworkers* at <https://goldenageofgaia.com/wp-content/uploads/2020/09/Emergence-as-a-Path-for-Lightworkers.pdf>.

## Putting Humpty Together Again – Part 1/3

July 18, 2016

<https://goldenageofgaia.com/2016/07/18/putting-humpty-together-part-13/>



*Credit: whosyoureditor. [blogspot.com](http://blogspot.com)*

I've just been through an incredible healing, which doesn't surprise me. My life seems to have speeded up incredibly.

It's as if I get one piece of my own puzzle every day and each piece leads to more growth.

I'm going to walk you through the healing scenario, but first I need you to know the background.

I used to call myself the Humpty Dumpty Man because.... Well, let me excerpt from an article on the subject.

This is critical background to the healing that happened because the healing saw Humpty's reconstitution taken a big step further. From "What Changes Can Be Seen?" at <https://goldenageofgaia.com/2015/07/05/what-changes-can-be-seen/>

When my Dad shouted at me from just an inch or two from my face when I was somewhere around 7 or 8, I shattered into a million pieces.

I didn't know it at the time, but I dissociated. The predominant result was that I had no solidity, no firm ground to stand on and hence no confidence.

I interpreted my weak will as being a result of fear. But it was a result of the [Humpty Dumpty] dissociation.

I didn't learn that I was dissociated until I was 40, in 1986. At that time, my then girlfriend said to me that I had the profile of an abused child.

At that remark, the two dissociated facets of my personality leapt forward and both said "Yes!"

They noticed each other for the first time and both said to the other: "Who are you?"

One side of my personality was the public side and one the private. When I was alone by myself, the private side would emerge. It was bitter, resentful, guarded, critical, skeptical, etc. (1)

The other was the public side and it was helpful, happy, gung ho, ungrounded, prone to mood swings, devil may care, etc.

They'd finally met. And when they did there was an explosion of rage.

I remember being so angry at my Dad that I phoned him on the spot and was going to yell at him (payback time?), but his girlfriend prevented me from speaking to him. Which was pretty fortunate.

There followed two or three weeks of being an erupting volcano, anger spewing out of me. And finally I settled down.

I was now aware of the two sides of me but it would be another twenty years before I was to fuse the two back together again.

I called myself the Humpty Dumpty Man after I knew what had happened. I did twenty-three Enlightenment Intensives to try to heal the breach and nothing worked.

I'm sure a lot of the debris got cleared away but still no one could put Humpty together again.

And then one day in around 2006, I was talking to my brother, Paul, who is a family therapist, after having just about gotten into a car accident because of a totally-reckless attitude on my part, that we traced it back to things with Dad. My brother let me wax white hot in my screams and protests.

And in that moment, I fused again. I was 57 years old.

Now, in the next part, let's fast forward to the present.

(Continued in Part 2.)

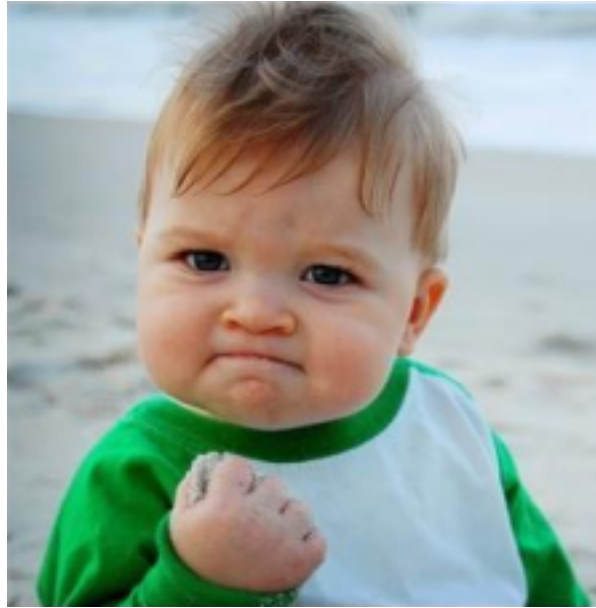
### **Footnotes**

(1) It's definitely the grumpy side of me that I described in "Popping Like Popcorn - Part 1/2" at <https://goldenageofgaia.com/?p=278954> and "Popping Like Popcorn - Part 2/2" at <https://goldenageofgaia.com/?p=279000>

## Putting Humpty Together Again – Part 2/3

July 19, 2016

<https://goldenageofgaia.com/2016/07/19/putting-humpty-together-part-23/>



*We can do it! Singleness of purpose, determination*  
*Credit: masterkeyguest. [wordpress.com](https://www.wordpress.com)*

By age 57 I'd become one again. But this one was leaning against a wall, playing cards with the boys, shooting the breeze. It lacked a leader. There was no one driving the car.

Now I pick up the story as of yesterday.

While the subject of determination had been buzzing around in the background of my consciousness for around two months - since the prostate operation - I had no idea of its significance.

It's significance is that determination is an action of the will.

What I'm about to describe here is a person finding his own will, his own determination. It's Humpty Dumpty whole again but without a will and a leader. Unmotivated and ineffective. Except in writing.

Now enter the leader. Not like I could have seen this looking forward, only looking backward.

These are notes from my journal. The issue is phrased as wanting to allow determination out. What in fact is emerging is my will, my capacity to motivate and lead myself to decisive action.

I'm staring at something that's so obvious when seen but so difficult to see when one is unaware of it.

I'm seeing that I lack purity, singularity, singleness of purpose. I lack an undivided will.

I allow myself the space and permission to complain, bitch, moan, and grumble. And then I justify it and create a self-serving story around it.

This is not the description of a life. This is the description of a cardboard cut-out.

How could I allow myself to be serving such a wonderful cause and hold myself back by bitching, groaning, and complaining? How could I have done this to myself?

I just lost my willingness to support my own act. I've grown impatient with people on the street for breaking all the rules (1) and now that impatience has extended to me. That's its proper place anyways.

I'm not going to get unbalanced with this. That would serve no purpose. But I'm going to begin exploring single-minded determination.

So that's why I watched so many videos of Winston Churchill while I was sick! I just felt drawn to them. There never was anyone as single-minded as Churchill.

AAM says that he was born for the task of standing up to the Nazis and born with the knowing that he could do it.

Archangel Michael: [Churchill] had chosen to incarnate to do that very job and to be the bulwark against which much evil could come up against.

Steve: How did he know he could do it?

AAM: He was born knowing. (2)

I thrill to his speeches as much as everyone did at the time or later. (3)

I feel as if the determination inside me wants to be let out. It seems to want to canter and gallop. Why am I hesitating and why am I waffling?

And why am I so happy to see the arrival of strong determination? What was it that was lacking before?

At that moment, it hadn't dawned on me that I was transitioning from having a lifelong weak and divided will to having a strong and unified will and that that was a vital chapter in putting Humpty together again.

And then it dawned on me...

(Concluded in Part 3.)

## Footnotes

(1) as described in "Popping Like Popcorn – Part 1/2" at <https://goldenageofgaia.com/?p=278954> and "Popping Like Popcorn – Part 2/2" at <https://goldenageofgaia.com/?p=279000>

(2) Archangel Michael in a personal reading with Steve Beckow through Linda Dillon, July 1, 2016. Used with permission.

(3) In fact, when I was studying to be a writer, a workshop leader asked us to begin typing out pages from our favorite writer or orator. I chose Churchill and typed out long passages from his *History of the English-Speaking Peoples*.

## Putting Humpty Together Again – Part 3/3

July 20, 2016

<https://goldenageofgaia.com/2016/07/20/putting-humpty-together-part-33/>



*Credit: [nurseryrhymescollection.com](http://nurseryrhymescollection.com)*

(Concluded from part 2, yesterday.)

The next day I was still exploring determination in my journal ... when suddenly the penny dropped.

We pick up the thread.

I'm not talking about a goosestepping, maniacal, ego-driven determination to command others, etc.

I'm talking about the resuscitation of our ability to stand on our own word, on our own two feet, and stand by that word in the ensuing action. I mean the recovery of self-command and personal responsibility.

A friend I spoke to today called it "emerging." Definitely. Standing forth as one's self. Finding that self through asserting it, calling it forth. Living as your word. And emerging from the shell of indecision, divided mind, and hesitation.

I just know this is part of my mission, to resuscitate our in-touchness with that hidden side of ourselves, the self that needs to emerge, to stand forth. Courage, fearlessness, but also persistence are part of this cast of mind.

Determination is an exercise of the will. The will in turn is the active phase of the soul. The will is the one thing I don't think we've developed as much as we might want to. Collective will shows up as missing in our societies.

As soon as I'm determined, I notice all doubts are resolved and the ranks are closed. I'm enjoying this experience.

And then the penny dropped.

Wait a minute. ... I just had a realization.

What am I thinking of? Who is it that likes the feeling of solidity that comes with feeling determined? Who is it that wants to take a turn at driving the car when determination arises?

The Humpty Dumpty Man. The man who lived thirty years of his life dissociated, having fractured into a thousand pieces. The man who lived another eighteen after that, trying to put Humpty together again.

Humpty came back together again. But he lacked a leader. He was an unemployed, healed and formerly-dissociated person. Psychologically he was idle.

No wonder determination feels so good. I've never had anyone around who was determined. There was never anyone in the driver's seat.

Or perhaps there were too many anyones, none of them commanding ... what? There was no me.

I'm in motion again, thanks to this increasing familiarity with my will, which becomes most visible to me at times of strong determination.

Being determined is for me like galloping a horse. It's like driving a Jaguar XKE on open prairie as fast as I can. Top down. Cloudless day. It harnesses some part of me that hasn't been alive and awake for ... a very long time.

This is the healing of another vasana and another deep psychological wound.

At this point I became a more integrated person, also capable of expressing it into the outside world. If you knew me decades ago, when my will was divided and I lacked strong determination, you wouldn't recognize the "me" that's here today.

So I want to acknowledge this as ... not the end, not the beginning of the end, but the end of the beginning (1) of a long journey to put Humpty together again. I can do the rest now. I can take over from here. There's an "I" around to lead.

Whenever I point out to AAM that nothing tangible has happened yet over the broad spectrum of promised events, he draws my attention inwards and says, words to the effect of, are you the same person you were a couple of years ago? And no, I'm not.

I'm strong and substantial, loving and determined.

It's pretty clear to me, and AAM has acknowledged it in direct and indirect statements, that you and I (lightworkers) are experimental subjects, shall we say? Our lives are often fast-tracked to provide examples for the rest of society to imitate or follow. Sometimes we go through incredible suffering to come back and tell the world what that's like and that it must stop.

So the fact that I'm in bliss one moment and not the next, or barreling through the remaining vasanas (if that's what's happening) doesn't surprise me - anymore. This is the life of an experimental subject.

Today they're putting *me* through my paces, having me heal wounds that have been affecting me since age seven. Tomorrow, it may be *you*.

Where is it all leading? I don't know. Our sources tell us: To ascension.

## Footnotes

(1) "Now this is not the end. It is not even the beginning of the end. But it is, perhaps, the end of the beginning." (Winston Churchill at <https://www.brainyquote.com/quotes/quotes/w/winstonchu163144.html>.)

## Expanding the Container

2019



Remaining in the center means abandoning all actions that carry me into any extreme. Good, bad, right, wrong, liberal, conservative, etc.

Up comes the fear of being merely a bland person.

Nevertheless, in the center, there isn't one "side" that's good and one side that's bad. There are no sides.

There are only people - sentient, communicative individuals, all of them struggling to live lives that matter.

What's happening for me is that a huge amount of undigested information is coming up for me to assimilate and own.

There are certain aspects of myself which I don't discuss, just as I suggested to Narendra that he not either - at this time. But those aspects are operative and coming together, along with all other aspects of us as total human beings - our past lives, lives on other planets, etc.

And so it becomes necessary, while living a normal, everyday life with all of its concerns, to expand the container of what I'm receiving. I talked about this earlier as "getting bigger."

To the largest extent, that container is our beliefs about what we think is true, existing, and operative.

I have to let go of some beliefs about myself, as may you, if I'm to hold all that is presently felt to be coming into me. Or arising in me. Coming to my attention and awareness.

Or if I'm to discharge my responsibilities later on.

This era is not the same as the Sixties (freedom) or Seventies (growth). This era is about service. The matters I'm discussing here would not have gained much of an ear in the Sixties or Seventies. But in the face of the events that are soon to be upon us, they become acutely important.

If I insist on remaining the psychic size that I am, either things could become uncomfortable or I may miss out on the opportunity before me.

I like the way philosopher William James phrased it, when he was ascending from the Astral Plane (4th Dimension) to the Mental Plane (5th). He talked about his present house becoming too cramped for him and needing to move on.

"I feel myself growing out of myself in a certain fashion. My adopted characteristics are becoming too small and cramped to contain my new growth and development, and I will move on most certainly to larger psychological quarters.

"It is not only the physical body we outlive, but the psychological house we have chosen. First after death we add new rooms and suites to accommodate our greater experience, but it is soon obvious that the entire structure has had its day. We must move out of it completely." (1)

"I do not know when I will finish this composition, but I will suddenly know that I had added my last comments, written my last words as a tenant of my present psychological manse, and will then move into the larger framework of myself which I feel is being constructed." (2)

My "adopted characteristics" are also becoming too small and cramped for me. Either we're in the chrysalis, as Sri Krishna said to Narendra, (3) or I'm shedding my shell or skin, or I simply have to release any restrictions I have on myself and just get bigger.

Whichever way there is a need to go, I have to grow the container to hold all that is new and paradigm-shifting that is coming our way.

## **Footnotes**

(1) William James, : William James through Jane Roberts, medium, *The Afterdeath Journal of an American Philosopher: The World View of William James*. Englewood Cliffs, NJ: Prentice-Hall, 1978, 159.

(2) James, *ibid.*, 160.

(3) "If you were a caterpillar, you would be in the cocoon or the chrysalis at the dawn [in other words, cocooning is nearly complete]. But that is ok because that is part of the birthing. This is part as you well know of the cycle. And of course, beloved, it is never going to be about losing our sweet Narendra." ("Much Lies Ahead: Personal Reading of Narendra Mishra with Sri Krishna and the Divine Mother, May 30, 2019," June 2, 2019, at <https://goldenageofgaia.com/2019/06/02/personal-reading-of-narendra-mishra-with-sri-krishna-and-the-divine-mother-may-30-2019/>.)

# Expanding into the Role

2019



I continue to refine my plans for philanthropic activities after the Reval. What good experience, whether or not the Reval happens (*and it will!*)

I know Michael wants me to talk about the process I'm going through as I go through it so let me share a few notes on my current process. (1)

Up till now, I'd been laying out the structure of the Michaelangelo & Partners (M&P) group of companies. The "what" of the companies. And I did this using Smartdraw graphics package, as seen in the image above.

Today it occurred to me that I hadn't named the personnel who'd be needed in the various companies - at least to a departmental level. The "who" of the companies. A whole new dimension of graphing my enterprises opened before me.

I've already laid out the "why" for the Golden Age of Gaia. (2) And we editors in common have laid out the "how." (3) I probably will do the same for the other companies in Michaelangelo & Partners.

This is exactly like building a model city as a young boy. It's fun. That's how I know its part of my sacred purpose.

The felt need to name and organize all personnel sent me online to Smartdraw, where I did as many org charts as I could think to do.

If you get out your magnifying glass, you may be able to read the org chart I've attached for what I call the Hub of Ancillary Services.

Just as an example of planning, the Hub offers ancillary services to all M&P companies. It includes legal services, training, human resources, communications and publications, corporate travel, etc. Either they'll be located at a central hub or on-site, as a branch office.

I've worked in universities, a national museum, engineering firms, a refugee tribunal. I actually do have experience in different kinds of organizations, as do we all. I just never consider it. But now's the time to draw on it.

Alongside of all this, there's a process of expansion happening overall. As I related elsewhere, Michael said to me last summer:

AAM: You have reached a point in your heart, in your being, in your life, in your consciousness where you are realizing ... the magnitude of our partnership. (4)

Yes, I am. I'm beginning to realize the magnitude of our work together. I'm beginning to realize the extent of the abundance being talked about, the importance of receiving it from unusual sources and introducing it into the world, the importance of our work with the galactics and on the blog. The knowledge is slowly dawning on me and I'm expanding as a result of it.

No, not arrogance. Simple expansion. It doesn't entitle me to anything. It simply broadens the scope of service.

As I make M&P more and more concrete through writing about it or drawing it, I feel more confident looking to the future. By the time the assignment begins, I'll probably have expanded into the role expected of me.

## **Footnotes**

(1) Steve: What would be a higher priority: being a pipeline or being a communicator?

AAM: You are thinking either/or, sweet one. But if you're asking me, I will tell you. It is far more important to be a communicator because without the communication of Truth, (and we emphasize this, of Truth) and, yes, of course, of personal insight and experience but without that, the pipeline is meaningless.

Steve: So I'm acting as a test bed as well as the projects being a test bed?

AAM: Correct.

Steve: So it's important that I communicate what I'm coming across.... Okay. (Archangel Michael in a personal reading with Steve Beckow through Linda Dillon, March 28, 2019.)

(2) "Mission Statement of the Golden Age of Gaia," March 26, 2019, at <https://goldenageofgaia.com/2019/03/26/mission-statement-of-the-golden-age-of-gaia/>

(3) The Golden Age of Gaia's editors joint statement of intention:

- It's our intention to offer leadership to the lightworker community in envisioning, formulating, and creating Nova Earth, a world that works for everyone. That includes providing templates for Nova Being, Nova Society, Nova Spirituality, etc.
- We intend our readership to be global in the English-speaking world.
- We aim at universality, unity, or oneness in our writings.

(4) Archangel Michael through Linda, *ibid.*, Aug. 17, 2018.



## Becoming Bigger Vessels

2015



I'm subject to very strange behavior recently. Often what will happen from one moment to the next is unpredictable. Everything seems to hang in the balance.

Here are some examples of changes I'm going through. I seem to be needing an unusual amount of space. Lots of cave time, alone time. Gone are any thoughts of loneliness. This feels like I *need* it.

Also, I seem to poke my head through to at least the transformed space on most days, usually in the early afternoon, but in a completely unpredictable - and uncontrollable - manner each time.

One day it's a thought of the beloved. The next day it's a taste of universal love. Another day it's reading the life of a saint. Still another day it's reading about sacred geometry. Every day it's different.

Another change: I seem to have my sense of humor back. I seem to be taking myself not nearly as seriously as I have. Sometimes not at all. And life seems to go so much easier for it.

Something has shifted in this area which I can't put my finger on. Some logjam has burst. Some area of my tremendous resistance to life has disappeared.

I get to see that the reason things weren't going easier up till now was ... me.

Maybe it's related, but I'm relaxing more these days. Yes, me, relaxing. The words don't seem to belong together, do they? I must have lost it.

My wife used to say that I had enough energy running through me to light up Washington State. (We British Columbians are always exporting our energy.)

I've always been described as intense and too much "on." In fact I'm always "on." That's one thing I do: I maintain contact with or keep up with a thread; even if it's only catching up with how I feel about it in cave time, I remain "on."

Here's another example of the unpredictability and changefulness of life right now.

I found myself suddenly sit up in bed this morning and say, "I love every person in the universe." I meant it. And I felt it. At that moment I did love every person in the universe.

I remember swelling with such an immense, even tidal feeling of love at that moment. I felt my love take in everything, like the Great Flood. And then the wave swept through me and went on its way. It left me with an afterglow, which persists as I write this article.

From that brief flash of an experience, I got that I have to modify my worldview again.

It isn't that we bring enough barrels of love to fill some hole called a "universe." Then when we're full of love or it's full of love, however it works, we get to experience universal love.

It's that we become bigger vessels and more love flows through us.

On occasion, a mammoth wave will flow through us. And on one occasion, we'll become the wave.

"I went from God to God, until they cried [out] from me in me, 'O thou I!'" -  
Bayazid of Bistun. (1)

## Footnotes

(1) Bayazid of Bistun in Aldous Huxley, *The Perennial Philosophy*. New York, etc.: Harper and Row, 1970; c1944, 12.

## Calling Ourselves on Our Own Numbers

2012



I said a while back that I'd presumed that many of the skills and techniques of the awareness movement (growth movement, human-potential movement) had survived to this day. More than that, I assumed that the younger generations would have taken those skills another mile down the road.

I'm no longer as certain that they have survived and I'd like to resuscitate some of them as being very useful to the lightwork we're doing and as a preparation for Ascension.

I'd like to discuss today what we used to term "calling yourself on your own" ... well, number. We'd didn't use such plain-vanilla language back then, but "number" will do. Or "racket." Or "stuff."

If you were to say to me, "Steve, you're arrogant." I would take a look and see if I can detect arrogance within me. If I detected a tinge of it, or if my inquiry was met with an arrogant response, or if in trying arrogance on, it fit, I would respond, "Yes, I'm arrogant" or "Yes, I can be arrogant" or "Yes, I see arrogance down there."

If you said, "Steve, you're a hypocrite," I would take a look. If I saw what the other was talking about, I'd reply, "Yes, I can be a hypocrite."

If you said, "Steve, you're jealous," I would try it on. Chances are I'd reply, "No, I'm not jealous. Jealousy is not something that applies to me. For whatever reason, I don't generally feel jealous."

So calling yourself isn't about simply lying down and being a doormat. It's about acknowledging what's true and what's not. What it isn't about is denying, excusing and justifying bad behavior.

It's a great blessing to be around a person who's willing to call him or herself on the way they're being. It's a huge step up in human efficiency to be willing to say "I feel angry" rather than act it out. And having walked back from being an angry person, I know that at the level of experience.

In the awareness movement, the price of admission is to allow yourself to be called on your behavior. It would be a real accomplishment to have moved on from there and to call yourself on your own behavior without needing to be called by someone else.

On one side of that line, lies adult, dharmic and (increasingly) acceptable behavior and on the other childish/parental, adharmic and (increasingly) unacceptable behavior. And you've either crossed that bridge or you have not. (There's no hovering.)

The other day you might've said to me, "Steve, you seem really annoyed that someone should have posted a picture of Noah's Ark next to a column attributed to the Galactic Federation and made a statement that a great flood would occur." The proper response from me, if I want to have my ante in the growth game, would be: "Yes, I'm really annoyed. I saw it as threatening to defeat much good work telling the truth about our situation and reassuring a public that could very well feel spooked. Yes, I was irritated."

Or I could say, "No, I wasn't. Perhaps I spoke poorly or did not communicate well." Or belligerently: "Well, who wouldn't be?" Or I could say, "Well, it served him right." etc., rather than acknowledging the fact and being done with it. In denying, excusing and justifying, I'm acting like a matador, swirling my cape, and sidestepping the bull. Which would mean that my bad behavior would get to live to fight another day. And you have to put up with it another day. Sooner or later you'd grow tired of it.

SaLuSa said June 20, 2012:

“Whatever happens around you or directly to you, stay strong and any problems should be quickly resolved as you are now clearly on the upward curve and leaving the lower energies behind. *In fact so many of you are drawing a clear line between yourselves and the old energies that no longer satisfy your desire for the pure things in life.* [My emphasis.]

“It can cause difficulties between family and friends but you have to follow your own needs. You are in a time of self-realization and discovering who you really are, and no longer beholden to the opinions of others. If necessary make your own pathway to Ascension and allow others to do the same. Loved ones may also be involved but they too must follow their intuition, and we reiterate that the love link will always be there.” (1)

Translated into my language, that seems to indicate that it's OK to part company with those who insist on remaining stuck in old-paradigm ways of denying, excusing and justifying their bad behavior.

We'll always love them and we can catch up with them later, if we want to. But I'm getting the sense that we don't have to abide, any longer, the bad behavior we've inflicted on each other in this run-up to Ascension.

It's time to fish or cut bait. And I for one have a huge appetite for fishing right now. I *want* to unfold. I *want* to blossom. I no longer want to continue to play games, float rackets, or do my numbers on other people and abide theirs. I'm engaging in what John Enright would have called "hard-nosed permission giving" with myself. It's OK, Steve, not to abide bad behavior any more.

Jesus said to his follower, who wanted to leave his side and return and bury his father: “Let the dead bury the dead.” “The dead,” in my view are those who insist on remaining in unconscious awareness - to remain blind to their numbers.

Why let them bury the dead? Because anyone who is consciously aware would realize that the “dead” do not die. One who was alive or consciously aware would also realize that an Avatar stands before him.

He has the chance this moment to drop everything, leave the routine of his life and walk on with an Avatar. The dead would still get buried. It isn't essential that *he* bury them. But the chance to meet Jesus, hear him, decide to walk with him, and realize the huge benefit that attends that for oneself and the world - that may come only once in one's life. He has to take that opportunity now - or not.

And so it is here. Ascension comes only once in 26,000 years for the vast majority of us. I want to play in this arena. I want to ascend. I'm no longer content to argue endlessly with hard gameplayers or to remain attached to people who throw punches at me and won't cop to the way they're feeling.

I mean no disrespect. It's a simple choice. I choose to move on from the old paradigm of excuses, denials, and justifications for bad behavior to the new paradigm of trying on what others say, seeing if they are right, and calling myself on my stuff, if stuff I see.

So, for me anyways, it's time to wake up and smell the coffee. It's time to see that a once-in-100 lifetimes event is here: Ascension. It's time to choose what works and no longer be satisfied with what doesn't work, has never worked and will never work.

Anyone who chooses to go along with me is welcome. The price of admission is that you be willing to call yourself on your own stuff.

Anyone who doesn't is welcome to choose that too. I'll walk this road if I have to walk it alone and whatever other cost I must pay.

It's the only road worth walking, as far as I'm concerned.

### **Footnotes**

(1) SaLuSa, June 20, 2012, at [http://www.treeofthegoldenlight.com/First\\_Contact/Channeled\\_Messages\\_by\\_Mike\\_Quinsey.htm](http://www.treeofthegoldenlight.com/First_Contact/Channeled_Messages_by_Mike_Quinsey.htm)

## Illustrating Calling Oneself on One's Own Number

2012

I'm having a discussion with myself. The conversation is taking place between a part of me that feels authentically adult and a part of me that feels simply self-serving.

I maintain that a conversation like this is not unusual. I actually think we have these conversations often.

The part that's authentically adult has noticed that I have an opportunity here to illustrate calling oneself on one's own number. (1)

The self-serving side of me (my ego) wants to make something out of it, wants to get something from it. The self-serving side wants to look good, dress it up, make a big deal out of it.

I say what I'm saying here, not to act like an exhibitionist, but to assist us not to feel so reticent about these things, to limber us up and get us to reveal ourselves more.

The self-serving side of me wants to get whatever mileage it can from whatever I do so it tends to take over what is essentially a good thing and bend it to the service of the self.

What it requires to not allow the ego to take over what is essentially a good thing and turn it sour appears to be to do the thing slowly and deliberately, to stop when the ego gets invoked, wait for it to die down and then proceed.

Of course there's no way that slowing down can be conveyed on paper and so that will have to be an invisible part of the process.

There are several useful outcomes to calling oneself on one's own number. First, it has us stop our forward motion in something we're doing that isn't working. Second, it may repair damage if repair is possible. Third, it may release one from the wreckage one has created within oneself by one's own actions.

On the one side, the ego can commandeer it and spoil it. On the other side, we can sell ourselves out, sell ourselves short. Neither, I think, is useful.

I've never done this publicly so I may not do it as well as I might. But I get that doing it is worth it, even if the first time turns out less than perfect.

I'm going to call myself on aspects of what happened last week that didn't work. Specifically I'm referring to the articles I wrote on the channeled message concerning Noah's Ark. I say it that way because I don't want to increase the Google traffic by naming names. I'd rather let the matter rest and so I'm speaking in a roundabout way. It's really the business I'm conducting that's important, not raising the issue again *per se*.

To call myself on my own number, I need to say that I could have handled the matter better, more diplomatically, with less heat and clamor. In fact I could have handled the situation by simply ceasing to post the messages in question. That would have been a better way to do it and it may be the way I conduct myself in the future.

I check in with myself to see if there's more to say.

I see that I have the same evaluation I had before. I think the original action was unwise, etc., etc. None of that has changed and to say it has would be to sell myself short. That's not what I'm trying to do.

But I probably could have managed it better, more diplomatically, with less probable harmful impact on the person concerned.

I pause and see if I've done what I set out to do. I believe I have.

I look to see the impact on me. Yes, it has stopped my forward movement. That's all I'm aware of at this moment.

I think I've illustrated what I was talking about earlier, which is to call oneself on one's own number. What is my number: being self-righteously angry and indignant. Yes, that's the number.

I'm stopping here because the job feels complete. If I were to say more, I'd invite reactivating the ego and saying something self-serving. I've managed so far to skate around it.

That's the process. If I were to report how I feel, I feel relieved that I don't have to make myself right for something that didn't really work.

I've reached a natural stopping place for now. One more word and the ego might raise its head.

### **Footnotes**

(1) "Calling Ourselves on Our Own Numbers," at <https://goldenageofgaia.com/2012/06/calling-ourselves-on-our-own-numbers/>

## ⌘ Emergence and the Constructed Self ⌘

## Stepping into the Flow of Life

2013



Why is the subject of our vasanas and the constructed self so important for us? Well, vasanas represent all the reactions we've had and decisions we've made that set us against the flow of life.

Frequently they're the result of what we resolved when matters became too much for us to handle and they collectively represent our desire to withdraw from the flow of life, dig in, and protect ourselves.

Our constructed self is what shakes out as the permanent product from that resolve. Some of that precipitate is our self-image - how we choose to see ourselves - as brave, sexy, smart, capable, etc. Except that that self-image so often is not an actuality but an impression we're trying to sell others. It often is not a genuine way we feel about ourselves but a cover or blind behind which hides a scared child.

Another precipitate is our acts, scripts, routines, etc. These represent the moves we'll make to ensure ourselves the outcome we want. So we may dress for success or play coy or deflect. We may automatically deny all responsibility for anything or automatically claim responsibility for everything. No matter what the program we follow, we're imposing a set pattern onto life rather than allowing life to unfold and flow.

We complement these two precipitates by taking our past and shaping it the way we wish it to appear and "be." That doesn't just involve assembling a photo album, say. It also includes refining our story of events until it represents us just so.

The point about all of this is that we've removed ourselves from the flow of life, moving with things as they arise. We're actually the puppeteer removed from the flow of life working the puppet who's in the flow and yet not in the flow. Puppets are dead so whether they're in the flow or not is inconsequential. And our self-images, scripts and stories are also dead.

And deadening. We end up with self-image battling with self-image, script disagreeing with script, and story arguing with story. Surely you've seen this in every sitcom you've ever watched. If we didn't have these social and personal constructions of reality, we wouldn't have comedy.

Of course I make the rider that we minimize the harm by becoming aware of self-image, script and story. When acted out from awareness, our constructed self does the least amount of damage to our aliveness. It can even enhance it. But when we agree with ourselves to remain unaware of the three, then the trouble sets in.

I remember giving a university lecture on all the words we use for making love. Porking, poking, scoring, screwing - nasty lot we are. One of the things we saw was how many words synonymous with doing violence were used to describe making love. How is it being in the flow of life to say we porked a woman? How does a woman feel hearing such nastiness? No wonder rapes occur.

What would see us use vocabulary like this when discussing what is perhaps one of the most sublime acts between a man and a woman? But then again for how many people is love-making sublime? For how many people is the bedroom a battleground?

The problem often is that we're casting something sublime in a manner that reflects our hurts, a reaction to the memories of traumatic events in life, an agreement with ourselves to step out of the flow of life and substitute something really awful for something really wonderful. So many of our self-images, scripts and acts are designed to do this - allow us to step out of life and substitute a picture for the real thing, the menu for the meal, in order to remain safe.

"Every single problem in life has as its root the misidentification of self," said est 6-Day Trainer Hal Isen in 1980. We make ourselves into things, identify with the things, and then wonder why we experience no aliveness in life. Things don't experience aliveness. Only beings do. And if we want to experience aliveness, satisfaction, happiness and full self-expression then we too have to begin the long road back from thinking of ourselves as things to becoming beings again.

Shakespeare had it right. To be or not to be. That truly is the question.

Being, as far as I'm concerned, is the foundation we lay for Ascension and it will always be the object of the work we do. When we discard our act, or at least become aware of it, we step back into the flow of life. That for me is the greatest act of courage.

# The Impact of Stands and Commitments

Oct. 7, 2016

<http://goldenageofgaia.com/2016/10/07/impact-stands-commitments/>



A reader asked me, "Were you not already committed to building Nova Earth?" Superficially, yes.

You might compare it to a relationship that went from dating to marriage. It was a commitment at the intellectual level, which has now blossomed. It used to be a joke in growth circles to say: "You need a bigger problem."

It's amazing to see how taking on a bigger problem (or project) organizes the space. Perhaps that's one reason why Archangel Michael encourages us to "dream big!" (1)

I've created a bigger problem, a bigger project for myself by making my commitment to building Nova Earth lifelong. I could have created a bigger project spatially or monetarily or in another way. Instead I did it personally.

Taking a stand usually relates to the highest level of whatever is in question and not to the nitty-gritty daily operational details.

My stand and commitment did organize the space for me. This morning I had a disagreement with a friend and I became exasperated. However having a bigger project had two impacts on me.

(A) For the first time in my life, I took steps to stop, calm myself down, and recover my center. Usually I remain self-righteous or resentful for days - just a ploy to get my way. Ploys now no longer interest me.

(B) On the way home, I said to myself that I can neither afford to go as far any more as to get exasperated, given my bigger project, or to leave things fester and take time and attention away from it.

I didn't set out to make a commitment to organize my life. I should have known from experience that it would, but I wouldn't have known how.

The way it did was an unintended and unforeseen consequence. There will be other impacts in the future equally unforeseen and perhaps unintended.

How am I doing after having committed my life to a single project? Are my teeth chattering? Am I running around tilting at windmills?

I feel clearer, calmer, unconfused. I feel resolved, settled, and determined.

I have the information I need (what I'll be doing in future) to go about reorganizing and planning my life. I have the (created) context in which my life will transpire. I now can let go of all the worries and anxieties that huddle under the title "I Don't Know What I'll be Doing."

And it didn't take finding something out. It didn't take asking someone. What it took was me taking a stand on my future and making a commitment. I point the subject out because it's one workable way to get things done.

It cuts through the nonsense. I remember being part of a venture that floundered because we couldn't settle on any direction, conflict-resolution strategy, reporting lines, etc. No one was willing to take a stand. Everyone was waiting for someone else to do so.

Me taking a stand tells everyone where I'm at. It reveals my direction, my game plan, and other vital information. And it sets the stage for others to join in what has now become a committed and therefore a more certain venture.

Let me take a stand right now. I am the stand that hunger will end on this planet by the year 2018 or earlier. (2) Anyone who wishes to join me, join the Lightworkers

Congress (please don't email me; it'll be months before the LC is set up).

I'm not stopping there. I'm only starting there. After hunger, or before, comes homelessness, displacement, disease....

Out of my commitment to build Nova Earth, many things that would have hung around or would have been only peripherally important now fall away. The choice has been made, the die cast.

Based upon it, I think I feel the way a pilot would the day he or she steps into their newly-purchased plane: excited, confident, itching to get underway.

And I repeat: I didn't ask anyone. I didn't look for something and find it. I didn't prepare. I didn't take course.

I took a stand and committed myself lifelong - in my case - to building Nova Earth.

### **Footnotes**

(1) Archangel Michael: Dream big! But yes, do not forget, this is a template for this Universe. ...

As [this] is the Truth, as [these are] the templates, the grid, then it is ready to be replicated in other planetary systems.

And each of you will be pivotal in helping to do that. (“Archangel Michael: Let Us Create Peace on Earth on Feb. 14, 2015 – Part 2/2,” February 4, 2015, at <http://goldenageofgaia.com/2015/02/04/archangel-michael-let-us-create-peace-earth-feb-14-2015-part-22/>)

(2) If we want people to be able to orchestrate or coordinate their efforts to deliver an intended result, we have to create a targettable deadline. Otherwise people can't align on how to cooperate or collaborate.

# Archangel Michael: False Masks will No Longer Work

March 11, 2017

<http://goldenageofgaia.com/2017/03/11/aam-false-masks-will-no-longer-work/>



*In this gem from 2013, Michael basically tells us the old Third is going and the false masks we used to get our way before will no longer work. The masks can go slowly or abruptly, but they will go.*

*He reminds us that events like the Reval have their purpose but are still only part of a sequence of events ("a turn of events"). No one event is the end-all and be-all. These events set the direction and accomplish the overall purpose; namely, the unfoldment of the Mother's Plan.*

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Excerpted from "Archangel Michael on the Reval, NESARA, Putin and the Boston Bombings," May 14, 2013, at <http://goldenageofgaia.com/2013/05/archangel-michael-on-the-reval-nesara-putin-and-the-boston-bombings/>.

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Steve Beckow: There's a line of commentary going on on the internet that says that NESARA is not going to happen. The revaluation will leave the same financial elite in place and we'll just have some minor improvements. Is that a correct line of commentary?

Archangel Michael: That is a completely incorrect assessment.

SB: All right. Anything further you want to say about that?

AAM: Pay attention. We have talked to you not about an event, but a turn of events, plural. And that this [Revaluation] is one of those turns of events. So for all of you who are seeking not only financial relief but signals that the shift in terms of what you perceive as Ascension is underway, this is one of your landmark signals. But it is a turn of events. (1) It is not simply one or the other.

And we will tell you very clearly, your Earth — the systems, the planet — is not going to remain status quo. It cannot. And very rarely will you hear me use these words. It cannot remain the same because that is not the unfoldment of the Plan of the Mother.

Has there been flexibility and adjustment to accommodate the desires and the heart yearnings of the collective human race? Of course. But let us be clear. The old 3rd, of what we have been talking about, of false masks — for systems, for governments, for people — is going. Now, it can go smoothly, because as you disintegrate your mask, you do so for many, or it can be rather abrupt. It matters not. It is going.

### **Footnotes**

(1) Part of a sequence or series of events, the one supporting the next, as the Reval, by beginning the redistribution of wealth, will prepare the way for mass acceptance of NESARA.

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# Unmasked

2012



As I peel back the layers of my constructed self, seeking the desire that holds my personality in place, I become aware of a vague but ever-present feeling. And I know this is the mask I wear, the glue that holds my personality together.

This vague feeling doesn't anchor me as a being; I think only God does that. If God ceased holding me as a being, I expect I would return to formlessness.

No, I'm speaking of a psychological glue, which holds my personality in place, not an existential glue.

As I "be with it," in passive awareness, I sense an inchoate desire, a want, a wish. What is it? What is this song of my heart, my cry to the universe?

What do I want? What does my personality cry out for?

I want to be loved.

How do I know that's true? Because when I say it, the feeling eases.

I want to be loved. Just as a plant wants water, so I want love.

Not like I realized it before. I didn't. But if you ask me what it is I miss, I miss being loved.

And when did I lose it? Many years ago when mother died. And here the tears well up. I recall many years ago when I received the news, "Your mother is dead." And how my world stopped, and my brother's world, since we were there together when the news arrived.

Defining moment. My personality set in stone that day. The glue that holds my personality intact, that removes me from the flow of life.

I've been crying since then and what the tears say, collectively and perpetually, is, "I want to be loved."

Like a chick with its mouth agape, cheeping, unable to think of anything else, of anyone else: I want to be loved.

Is it true? The truth will free me and I do feel free of that persistent glue. This is not a stray, haphazard thought. This is a lifelong wound, there in the background of obviousness, like a ringing in the ears, ubiquitous.

I take a breath, now free of lifelong sorrow, acknowledged, released.

The truth seen, sorrow gone, I'm left in love. Was I by wanting walled off these years? Am I deprived of love by my very wanting of it? It appears so.

What irony. That wanting should have kept me from the very thing I wanted.

I no longer rest in wanting love. I feel love. The glue melts. A layer peeled. A mask removed.

I am less of me, even as I am more. I am more of me, even as I am less.

Unmasked.

# The Possibility of the Re-emergence of the Constructed Self

Feb. 24, 2014

<http://goldenageofgaia.com/2019/02/01/the-possibility-of-the-re-emergence-of-the-constructed-self/>



One of the unintended consequences of the Reval, when it comes, is that we may see the temporary re-emergence of the constructed self.

The constructed self is the character or mask we build as a result and consequence of our vasanas, core issues and false grids.

We fashion a representation of ourselves that's designed to stand in for the real us, create an impression in others and get us what we want in any one situation.

We've been doing a great deal of personal cleansing for probably years.

But when we feel our situation change in a really dramatic and freeing way, such as with the arrival of a modicum of prosperity, feelings that we've submerged for years as a result of oppressive or suppressive relationships, whether in the family, at work or in some other venue, may rise to the surface and surprise us with their tendency to send us along paths that we may later regret.

We may suddenly find ourselves in a position where we don't feel we need to "take that kind of treatment any more." We may see feelings of irritation or arrogance arise in us. We may treat other people poorly. We may feel the desire to "wipe the dust from our feet" and "get outta here."

That isn't to say that some people may not leave relationships that haven't worked and are considered unsalvageable. But it is to say, assess how much comes from the constructed self and how much comes from a much deeper, more balanced and wiser place.

If we're looking for a social example of the rise of the constructed self occurring in a situation of new-found freedom, perhaps consider the French Revolution.

When the people won their freedom after the fall of the Bastille, they turned on the nobility and guillotined them in a Reign of Terror that only ended when the leaders of the Revolution were themselves guillotined or in other ways assassinated.

I'm not saying that any of us would engage in such violence, but you can see some lightworkers calling for vengeance against our former leaders and asking for penalties like mass arrests as we watch the old order crumble. It may be that their constructed selves are asserting themselves at this time.

My own sense of the matter is that we'll have to exercise tremendous vigilance in the first moments of release after the Reval so as not to revenge ourselves on our perceived oppressors, leave personal relationships, terminate work partnerships, and in other ways visit tremendous hardship on others. The temptation to read others out of our lives may be very great.

What to do about such a potential situation? Again the answer is the same here, I think, as it was for us in cleansing ourselves of our vasanās. Jesus spoke of three ways of managing ourselves in situations like these. (1)

The first way is to project our anger onto others (and I've done that). The second is to suppress ourselves. And the third is to watch what emerges in us,

not act upon it, but observe it from a point of neutrality until it passes away.

I have to make a subtle distinction here about awareness. It does work for us to observe from a place of neutrality. But that isn't to say that awareness itself is neutral. It isn't. As Jesus said, "awareness transforms." (2)

Plain, bare awareness causes the knots in our character to unravel. And when the knot unravels, it releases us from the troubling emotions that come along with the knot.

Projection energizes a vasana. Suppression solidifies it. Both cause its persistence. Only resting in bare, open awareness causes its release and transmutation. We've been doing this with our vasanas. Now we may feel called upon to do this with our masks or constructed selves.

So when the Reval comes, perhaps be aware that it may result in the release of some long-suppressed feelings of anger, desires for "getting even," explosions of unwillingness to "take this any longer." And consider whether you want to begin this next chapter of our lives creating the same residue that we have on so many other occasions.

We're entering a higher dimension where feelings like hatred and vengeance have no place. We cannot enter it by laying waste to the old. AAM has said many times that we cannot leave the old 3D unless we love it.

The Reval is designed to lift our burdens from us so that we can begin the work of creating Nova Earth. It isn't designed to have us wipe the dust of the world from our feet and go on a destructive rampage in our lives. Or go on a year-long vacation from the world.

But it'll take a high degree of self-awareness for us to avoid taking this wonderfully-freeing event and using it simply to create more chaos and karma.

## Footnotes

(1) "Jeshua via Pamela Kribbe: The Third Way" at <http://goldenageofgaia.com/2014/01/jeshua-the-third-way/>

(2) Loc. cit.

**⌘ What Divine Quality is Most Important for Lightworker  
Leaders in a World Under Siege? ⌘**

## Politician or Statesperson?

July 10, 2025

<https://goldenageofgaia.com/?p=367733>



*Who? Me*

When does a politician become a statesperson?

In my opinion, it begins the moment they commit to living by the divine qualities.

They don't have to be perfect, as Michael noted:

"If the Mother designed or desired for what you think of as perfect beings to be in the forefront of this unfoldment, then she would have done so. Part of what you are doing is showing the willingness, demonstrating the commitment to step forward in what you perceive of as imperfection or even incompleteness and to do so on behalf of the Mother." (1)

Then there *is* some value to the discomfort of being imperfect publicly!

It isn't someone's performance that matters, in my eyes, as much as their commitment to try again and again until successful. None of us has "done this before." But, then, neither has the world been in such direct and dire peril.

\*\*\*

I notice that stepping forward, immediately starts a process of learning. Sticking with it accelerates the process. The sooner we step forward and begin, the sooner we'll reach a place of adequacy and then reliability.

I think most of us believe that reaching that place will never happen and so we don't begin. And others may shrink from the thought of so much work.

The arena where my expanding goes on is writing. And arriving at a feeling of competency took me hours every day for years, writing. All along I had no idea that this was actually going anywhere. And yet it was. I just knew that I needed to write and write in areas that, for one reason or another, hadn't been explored before.

\*\*\*

But back to the divine qualities....

If our purpose in life is to know who we are - and reunite with the One in the process - (2) then to act more like God, to feel what God may feel, this to me is progress on that path.

Love is what God is, so to feel more love - and I mean transformative love (3) - is to be more like God and hence "closer" to God, in my scheme of things.

The more of the divine qualities we let through, I think, the more we are "like" God and the "closer" we are to the One.

And the same with the other divine qualities.

For a politician to live by the divine qualities is for that politician to have become what I conceive of as a statesperson, fit to be a representative of or interpret that civilization - with all its idiosyncracies - to others.

### **Footnotes**

(1) Archangel Michael in a personal reading with Steve Beckow through Linda Dillon, Dec. 11, 2013.

(2) See *The Purpose of Life is Enlightenment* at <https://goldenageofgaia.com/wp-content/uploads/2021/07/Purpose-of-Life-is-Enlightenment-6.pdf>

(3) See *Love Like we Never Imagined It to Be* at <https://goldenageofgaia.com/wp-content/uploads/2024/09/Love-Like-We-Never-Imagined-It-to-Be-R15.pdf>

## A Question of Confidence

July 21, 2024

<https://goldenageofgaia.com/2024/07/21/a-question-of-confidence/>



*An example of confidence tempered with humility: Dwight D. Eisenhower*

I had a brief, less-than-momentary glimpse of the consciousness state - some would think of it as a feeling state - that a leader, in my opinion, would have to have to be capable of bringing the world together to say "No!" to the elite/cabal/deep state and mean it.

The most outstanding feature of this state was the feeling of rock-solid confidence in the Plan, in the outcome, in what we're doing - but tempered with humility. Not an arrogant bravado.

If I were to do a graphic of it, imagine a spectrum of confidence ranged from "arrogant bravado" at one end to "rock-solid confidence in the outcome, tempered with humility" at the other. Another word for this type of confidence would be "certainty." Werner Erhard, I believe, called it "natural knowing."

There are many examples of it. Dwight D. Eisenhower and John Kennedy among presidents, in my view, are two of them.

Somehow, this brief experience communicated to me that this level of confidence could not be had unless the individual had completed the greatest part of their unfinished business (you might say "karma").

I don't consider myself well along on this spectrum, but I do think I'm able to recognize a person in that state, as I believe we all can.

But when we or our interests are seriously threatened, I think we do opt for saviors who turn out too often to be opportunists and dark figures.

Here, I think of the ancient parable: In the kingdom of the blind, the one-eyed [individual] is king. When we opt for the one-eyed "savior," as we often have in the past, we're usually disappointed.

Germany and Italy before WW2 would be examples of opting for one-eyed saviors. Mussolini and Hitler used their show of bravado to mislead their people.

We need to be courageous enough ourselves to insist that our leaders have found a genuine confidence in themselves and the outcome - not a contrived reflection of it.

The world in 2020 (Covid's beginnings) provides other examples of one-eyed saviors.

All too many of us caved in to most of our new-found pandemic protectors whose ranks were meanwhile killing us with toxic vaccines, attacking food-production plants, bombing towns with DEW weapons to make 15-minute cities, causing hurricanes and earthquakes, all while we "slept."

Returning to this divine state of confidence, somehow - and I haven't reached that place of knowledge or understanding of it myself yet - this confidence in and of itself is magnetic or charismatic.

To have its best chance of achieving lasting, constructive results, I think it needs to be aligned with the nature of reality and its laws (1) - not based on showmanship and sleight of hand. Or on posturing and a booming voice.

The inadequate paradigms of the past are like millstones around our necks, weighing us down. If we want to rise in vibration and experience, I think we need to drop them and rely more and more on our innate divine qualities - in this case, on our native divine quality of confidence.

### **Footnotes**

(1) So, as one example, I doubt whether someone who continued to hold to the belief that only what we can see, hear, touch, etc., is real (i.e., empirical materialism) would be qualified or suitable enough to meet with higher-dimensional galactic ambassadors. Their materialistic view of reality would prove too small to hold or understand important information.

This is one example of a paradigm that no longer serves us, if it ever did. A second would be social Darwinism - the belief that life is a struggle for survival in which only the fittest survive.

These two paradigms have informed business, academia, and society's thinking and civil discourse in general. To mention celestials and galactics in this climate of opinion is to risk getting you're vote cancelled.

# Time for Confidence to Return

June 1, 2024

<https://goldenageofgaia.com/2024/06/01/time-for-confidence-to-return/>



*Time for confidence to return*

I've been given this assurance and yet I don't 100% believe it or act as if I do:

Steve: Will you help me write a declaration of freedom?

Archangel Michael: Yes, I will. I've already been co-authoring with you.

S: Oh.... Well, the words *do* come easily. I'm not at all surprised [by it]. There just seems to be a flow, and that is coming from you, is that correct?

AAM: That is correct.

S: Oh, I'm so happy to know it doesn't depend on me alone.

AAM: No. When I say we are in sacred partnership, I am not just being eloquent. (1)

Just taking that as one example of sacred partnership, (2) why do I not relax into that knowledge and just allow myself to be, to whatever extent it's happening, a channel?

It's all fear. Fear of criticism, ridicule, unfavorable comparisons, humiliation, etc. Hugely-raised expectations. Increased public attention. Diminished privacy for writing. On and on it goes.

And this is just one instance of having been told something but not being willing to live 100% into the communicated state or behavior. I need to change this.

Never mind all the others. I'm going to take this instance and experiment with it, push my edge. I'm going to settle in, when writing, to the knowledge that Michael is also pushing the pen.

All my life, because I was dissociated, (3) I lacked confidence. Time for confidence to return. I'll invoke the Law of Instantaneous Transmission to that effect and ask the Divine Mother.

### **Footnotes**

(1) Archangel Michael in a personal reading with Steve Beckow through Linda Dillon, Feb. 18, 2011.

(2) See "Co-Creative Partners with the Company of Heaven," June 12, 2023, in *Grandeur Beyond Grandeur: Toward a Cross-Cultural Spirituality Vol. 6: Our Enlightenment and Co-Creative Partnership* at <https://goldenageofgaia.com/wp-content/uploads/2021/07/Grandeur-Beyond-Grandeur-Enlightenment-and-Co-Creative-Partnership-6-3.pdf>

(3) Enter "Humpty Dumpty Man" [in quotes] in the site's search box.

# Confidence is Making the Difference

August 21, 2023

<https://goldenageofgaia.com/2023/08/21/confidence-is-making-the-difference/>



Factoring out a deep state that wants to exterminate us all on one front, if not with toxic vaccines, then with directed-energy weapons, when we take stock of ourselves on a second front, what do we have to build Nova Earth with?

Well, we have ourselves who, I grant, haven't been trained in communication, relationship, parenting, etc., but are now taking up the task of building that new world regardless.

How will we do it?

First off, remembering that we're all angels (1) and this isn't the first time the Mother has built a world or initiated a new species of human, (2) we call in our army of help.

We listen to our guidance.

Michael says the guidance is there. Let me use my own case as an example:

Archangel Michael: Now [the Mother] did not beckon or tap you on the shoulder and ask you to step out of line so you could do so alone. You are flanked, my beloved friend, by me, by your star brethren, and by many. So the guidance is there. (3)

Same applies to you. I'm not unique. Rather you can see me as a recruiter for co-creative partners with the celestials. (Don't call me. They'll call you.)

Fortunately, Michael says I've followed the guidance and listen to his description of the impact:

AAM: You have followed the guidance as it has come and you in many ways have become indivisible from your work and of course that is a gift and it has been a gift to us as well. It has been a gift to the planet and to those who hover, above and below. And it has been a gift to the Source [Mother] and to the [Mother/Father] One. (4)

That's how much the work we do on Planet Earth matters. I still don't think we fully appreciate how revolutionary this coming Ascension is - in the multiverse.



What can we do while waiting for our star mentors to appear?

We can look around for what *is* working. Because the Mother is busily spreading new ideas and we should see these arising. Three-D printers, energy enhancement systems, free-energy devices ... the trickle should become a healthy flow in time.

I once wondered how simultaneous inventions showed up on different continents - anthropologists call this "geographical diffusion." The Mother explains:

Divine Mother: There are, guaranteed, many, a multitude of beings upon the planet who, give or take a little, have been given the same inspiration. (5)

Is this how the bow and arrow travelled the world? The use of horses? Today's wonder devices?



In terms of our vision, concept, philosophy, we can bring the elements of that new world that we're intent on creating, forth from ourselves by going back to the beginnings of things and re-examining first principles in light of what we know now. We can re-conceive, re-engineer, and re-build - in concept first - what until now has been unworkable and make it workable.

Here, you're watching an archangel work with his earthly co-creative partner. You're in the same position as me. When the time arrives, just as Michael called me to that first reading, I believe your archangel will call you.

But we don't have to wait.

What is missing for many of us - I say, from my own experience - is confidence. I say this after feeling my own confidence grow substantially, subsequent to realizing and rechoosing my co-creative partnership with Michael. (6) The more confident I feel, the readier I am to take on the numerous commitments he asks of me.

I have to emphasize: Confidence is what's making the difference. A higher degree of it has turned looking upon what is being asked of me into something I can contemplate with calmness and openness and not something in the face of which I shiver in fear. Confidence, I'll bet I'll discover, is another divine state.

Heavens, the flow never stops. I'll stop here.

### **Footnotes**

(1) See *An Explosion in the Meaning of Humanness* at <https://goldenageofgaia.com/wp-content/uploads/2022/11/An-Explosion-in-the-Meaning-of-Humanness-12.pdf>

(2) Remember Cro-Magnon Man and the new kid on the block, homo sapiens? Well, meet homo universalis.

SaLuSa: You do not exist by some freak of nature, and are not the result of natural selection, but purposefully and lovingly created to exist in your environment. You

are a special species of Humans that have taken over from Cro-Magnon Man, and have been genetically engineered to allow for a speeding up in your evolution. (SaLuSa, Aug. 25, 2010.)

Divine Mother: Do you think, feel, know it is inappropriate of me to birth a new species of humans? ... Because that is exactly what I am doing. (Divine Mother in Linda Dillon, Thirteenth Octave Intensive Class, Oct. 24, 2020.)

Ivo of Vega: Yes. This is an extinction event. On planet Earth, only certain types of DNA will evolve or ascend. Other types of DNA will not. Homo Sapiens is slated for extinction. Homo Universalis will prevail. ("Ivo of Vega: The Nature of Negativity," through Sharon Stewart, February 22, 2021. at <https://goldenageofgaia.com/?p=317874>.)

(3) AAM, Dec. 11, 2013.

(4) AAM, April 26, 2011.

(5) "An Hour With An Angel – The Divine Mother: Welcome To ‘New Time’," at <http://goldenageofgaia.com/2015/01/27/divine-mother-welcome-new-time/>.

(6) See "Co-Creative Partners with the Company of Heaven," June 12, 2023, at <https://goldenageofgaia.com/2023/06/12/co-creative-partners-with-the-company-of-heaven/>

"What Was in the Envelope – Part 1/2," June 15, 2023, at <https://goldenageofgaia.com/2023/06/15/what-was-in-the-envelope-part-1-2/>

"What Was in the Envelope - Part 2/2," June 15, 2023, at <https://goldenageofgaia.com/2023/06/15/what-was-in-the-envelope-part-2-2/>

## Self-Importance and Self-Negation or Security and Confidence?

December 31, 2020

<https://goldenageofgaia.com/2020/12/31/self-importance-and-self-negation-or-security-and-confidence/>



*Just, just ... leave me alone!*

I've just glimpsed a vasana so strong that it's always remained in the background. It defined the limits and channels of my life. My life oscillates between its two extremes.

I'd like to look at it and then do some reparenting with it.

The vasana is that I'm either filled with Himalayan self-importance or absolute self-negation. There's no middle ground. I swing between one and the other extreme, it seems.

I don't have a problem with healthy self-negation such as parents practice with their children, putting their children first. I do have a problem with self-importance, however.

Why is it necessary to feel special? To feel important, influential, wise, etc.?

I'll tell you why for me. Because it feels good. I can't put my finger on a more exact word.

I feel secure when I feel important. The more important, short of a Hitler or a Stalin, the more secure, my mind says.

It's the feeling I'm after.

So why not cut to the chase and simply feel the feeling?

Hmmmm.... I am secure. I've never noticed the feeling of security before. It's novel to me and I must say, I like it.

Why do I feel secure?

I've been outside my body so I know I'm not my body. I'm not afraid of death.

I've received my mission statement from the Mother herself. Now *that* is special. And it offers me certainty, which contributes to my feeling of security.

Michael has shown me again and again that he puts bread on the table so I'm not afraid of dying of hunger. That frees me to allow my mind to roam.

He's reassured me that he and his helpers bring people to the blog so there's no need for us to be hawking our wares.

You all have been incredibly tolerant so that I could flap my wings and not be shot down left and right. That has given me confidence over the years. For which I thank you from the bottom of my heart.

Security and confidence seem to go hand in hand. I say that because, when I experience one, it's easy to switch into the other. They seem related.

In my opinion, human life is predominantly about how we feel and I like these two feelings. I notice they don't live on the extremes but in the middle.

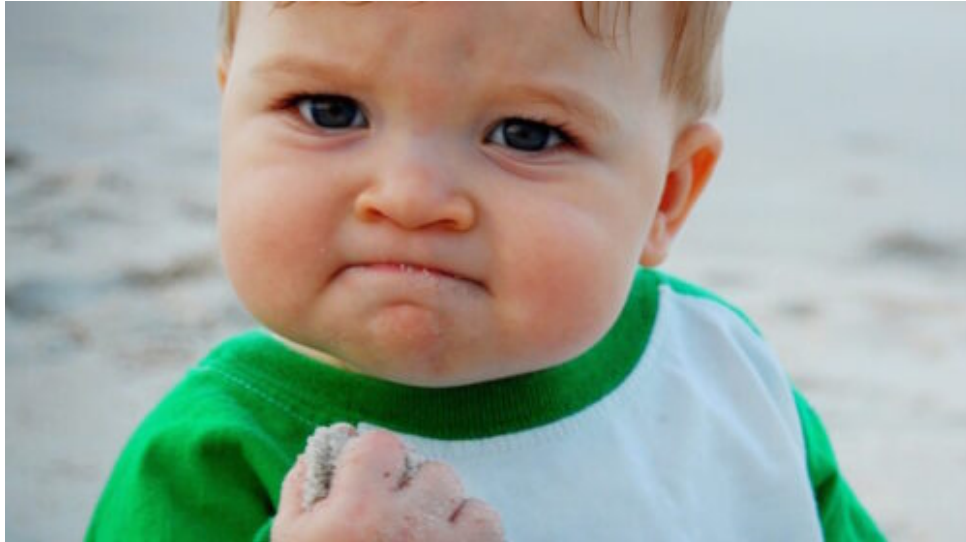
These two are feelings which were not nurtured in me when I was young so I have to make up that deficiency now. With them in place, I feel a sense of settledness, groundedness that has been absent until now.

As I reparent myself in this area, I replace self-negation and self-importance with security and confidence. I like feeling this way. I think I'll buy it.

## Casting Down a Lack of Self-Confidence

July 29, 2023

<https://goldenageofgaia.com/2023/07/29/casting-down-a-lack-of-self-confidence/>



*Yes!*

Things are moving through me at such a rate that I may have to resort to posting notes if I'm to journal my own Ascension, as I agreed with Michael and the Mother to do. (1)

Only if I write these things down will I remember them.

Never mind what I ate for breakfast. Right now I can't remember *if I had* breakfast. I'm forced to live in the moment.

In this last moment, I just cast down a lack of self-confidence. In the middle of being outraged at feeling that way this late in the game, I invoked the Law of Elimination and the Divine Mother and cast a lack of self-confidence away from me with a resounding "Yes!" - and a thank you to my guides.

I don't for a minute overlook the role of the Company of Heaven likely plays in such a move. I have every faith that they took me at my word and removed it.

Michael was quite candid about anchoring in a different clearing experience I had, demonstrating right there the role the celestials and the Mother play in our spiritual experiences:

Steve: The experience I had last night where I went back to age six before all the fighting started in my family [and drove a stake into the ground, pushing away all the bad stuff since then], is that going to produce a permanent effect or is it going to just pass again like so many other things?

Archangel Michael: No, it is not simply going to pass. It has been a true and deep transformation, release, but also what has been happening is that you have made the decision, and that is part of what has triggered all this, to anchor that release. So sometimes there are events or releases that are not fully embraced, can we say? Therefore they are not anchored in the permanency of your field.

But you have chosen, and we have anchored the permanency of this situation to be gone. (2)

"We have anchored the permanency of this situation" - where in any enlightenment text will you read that the celestials - in this case, the archangels - participate in everything to do with our spiritual experiences? And yet this generation (us) is getting this information.

Getting back to the experience itself, I put nothing in place of the space I created by letting go of the tale of family woe. For me, this isn't about filling up the space. It's about emptying it. It's about creating it.

I am space, after all. Intelligent, loving space.

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I notice that other things went with it. I think all my life I've had a certain belligerence, which is most noticeable in the range of my voice. I lived down among the growls.

My voice has been freed up now. Of course its remaining freed up depends on me not resuming being (a leftover from dissociation) un-self-confident. (3)

My voice is still in the same range because I probably always will be a serious person (non-fiction, don't waste time, married to his work, etc.) but there's no hook in it now. It's just who I am, not who I'm pretending to be.

I also notice that other things go with self-confidence. I've noticed how many situations lately can be solved by my being humble. If I feel self-confident, I don't need constant affirmation. I can yield, give way.

A friend just about caused a fire. In the right/wrong world, I was perfectly justified to scold and prance up and down as a person who would never make that kind of mistake (at least, not recently).

Instead I found myself able to remain quiet and calm, clean up the mess, and later replace what was destroyed. How many years have I spent in the other world of charge and counter-charge, attack-and-defend? How grateful am I even to *feel as if* I'm on more dry land now.

## **Footnotes**

(1) I agreed to ascend with everyone else and, as Everyman, write about it:

Archangel Michael: There is much to be said for Everyman, and that is part of the role you play. Yes, you are a pillar. You are an anchor. You're [a monitor] but you're also playing the role of Everyman – with curiosity, with exploration, with insight. So our desire is not to separate you from the collective. (Archangel Michael in a personal reading with Steve Beckow through Linda Dillon, Nov. 11, 2015.) (Hereafter AAM.)

We're all angels. What Michael says about me could also potentially be said about anyone else. See *An Explosion in the Meaning of Humanness* at <https://goldenageofgaia.com/wp-content/uploads/2022/11/An-Explosion-in-the-Meaning-of-Humanness-12.pdf>

(2) AAM, May 9, 2014.

(3) I dissociated at age 7 when my Dad yelled at me from inches in front of my face. I shattered into a thousand pieces; hence the Humpty Dumpty Man, as I thought of myself later in life.

This casting down of a lack of self-confidence is another stage in the Humpty Dumpty Man's recovery from dissociation.

See “From the Humpty Dumpty Man to Here: Completing the Fear of Being Wrong,” June 5, 2019, at <https://goldenageofgaia.com/2019/06/05/300939/>

# Having Problems is Not the Problem

January 9, 2025

<https://goldenageofgaia.com/2025/01/09/having-problems-is-not-the-problem-reposted/>



We do have problems.

The world's wealth is divided inequitably.

Men oppress women.

People are discriminated against on the basis of color, religion, and political opinion.

A small global elite wants to control the rest of the world and, like all would be warlords and conquerors before them, is willing to take the world down with them if they fail. ("If I can't have it, nobody can.")

Meanwhile, the cycle of conflict operates on the international stage as much as it does on the individual. After all, it's individuals who start wars - and fight them.



Is this carousel (see graphic) not the same cycle in individual affairs that we follow in international? Perhaps dressed up a bit and disguised behind bows and handshakes?

Where's the difference?

Aside from all the corruption in government that we're discovering, we ourselves are lulled to sleep by the media and reach a state I've called lethargy. (1) When we don't care about an issue, what we do with it to change direction is we blanket it with lethargy.

We instantly forget about it and any of the feelings we had about it and change direction without any further consideration. It's as if the matter never existed.

In society just as in individual relationships, we set matters up such that a revolt, a revolution, or a war is almost needed to force change.

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It's clear what's missing. The higher-dimensional love that awaits us at Ascension is. With that, all works out; without it, very little does and, even when it does, the wheels of justice turn slowly. We're learning now how few of them turn at all.

We're living through the last days of a society based on unworkable paradigms. (2)

A society in which the richest, the most beautiful, the most powerful have pooled their talents to control the world. And murder most of its population.

This is where it got us.

I know from experience that problems, viewed from a higher-dimensional perspective, say, of love or bliss, cease to be problems and simply become situations. And since the love or bliss we feel answers all our needs and wants, nothing presses upon us and induces fear and panic.

The love we feel is so nourishing that our satiation allows us to consider a wider range of options than if we came from lack.

What an experience like this reveals is that, in the end, having problems is not the problem. How we see them and what we do with them is.

Soon we'll be experiencing that transformative, transfigurative love that will turn all problems into simple situations and ensure that our efforts towards peace and freedom succeed.

We just need to get from here to there.

## **Footnotes**

(1) On lethargy, see:

- "How the Fog of Lethargy Operates," June 6, 2024, at <https://goldenageofgaia.com/2024/06/06/how-the-fog-of-lethargy-operates/>
- "The Blanketing Mechanism Called Lethargy," October 2, 2023, at <https://goldenageofgaia.com/2023/10/02/the-blanketing-mechanism-called-lethargy/>
- "Leaving the Fog of Lethargy," September 7, 2014, at <https://goldenageofgaia.com/2014/09/07/leaving-the-fog-of-lethargy/>

(2) Our society has been raised on empirical materialism (only what we can see, hear, taste, etc., is real), bolstered by social Darwinism (life is a struggle for

existence and only the strong survive). This chaos and mayhem that we see around us is where those paradigms have led to.

# Balanced, Mature, and Neutral Confidence

March 16, 2015

<https://goldenageofgaia.com/2015/03/16/balanced-mature-neutral-confidence/>



I for a story about pumping up one's confidence

*In our society, confidence is associated with arrogance*

I love; therefore I am.

I'm aware; therefore I am.

I'm confident; therefore I am.

Last night I experienced the rise of something pretty much foreign to me. It was a balanced, mature, and neutral confidence.

Not a common occurrence for me. As it came into my awareness, I asked it on what mission it had come to me? What was its purpose and what caused its arrival?

And in a flash of insight, I realized that nothing caused its arrival. Nothing caused it, period.

I was confident for no reason.

Having seen that, I also saw that confidence was part of my natural default, just like peace and love are. It wasn't even something that arises. The barriers to the experience of it fall away.

It was always already there awaiting my recognition of it. I'm going to personify "awareness" here and say that Awareness became aware of the always-already presence of confidence.

It wasn't overbearing confidence. It wasn't narcissistic confidence.

It was balanced in the sense that it did not disturb my abiding in the center, in the middle, in the heart. It was neutral in the sense that it did not send me off in a direction to satisfy a desire or invite me to become attached to anything.

Its principal contrarium is the belief, inherited from generations of society, that confidence is equal to arrogance.

Simple, bare confidence is not. It allows for love and is always appropriate. Note to self: Make "Confidence" a subject of the new Social Science of Love.

# Confidence Varies Proportionally to Forgiveness

January 27, 2023

<https://goldenageofgaia.com/2023/01/27/confidence-varies-proportionally-to-forgiveness/>



I'm about to lay down Theorem No. 10. How should I phrase it?

Confidence varies directly proportional to forgiveness. (1)

I say that after enjoying a reading from Kathleen in which she made available to me a second opportunity to forgive my father for domestic violence. (2) I took it and enjoyed the release it afforded me.

And I noticed that my confidence increased, I'd say automatically, immediately after.

There was one less tie weighing me down.

A second benefit was that feeling resentment doesn't feel good. I was making myself feel in unpleasant ways, which went on unexamined.

A third benefit was it also increased my confidence. It gave me occasion to check in with myself on the matters raised by the cards.

And taking stock in that way - inventory I think AA calls it - I could see the progress I'd made in the last few years.

Excuse me. I could see *the growth induced* by the rising levels of love energy on the planet. My contribution was probably insignificant compared with the energetic component.

It occurs to me that everyone else on the planet is subject to the same rising love energies. Can it be that everyone else is experiencing the same ... what I used to call ... "emergence"? (3)

Are we all emerging together? Or leaving? (4)

Meanwhile, here and now, I feel increased confidence with the increase in my forgiveness quotient.

Thank you, Kathleen, for that exploration and opportunity.

Next stop on the journey, as I push my edge: Dropping all pretense to being a victim when I'm not.

## **Footnotes**

(1) Other theorems:

Theorem 1: An increase in bodily tension results in a decrease in awareness; a decrease in bodily tension results in an increase in awareness. *Therefore, as fear-based tension subsides, awareness should increase.* (Cold Mountain Institute, 1975-6.)

Theorem 2: Becoming a leader requires substituting love and confidence for hate and fear.

Theorem 3: Love is everything.

Theorem 4: The prime motivator of our behavior is our feelings; the prime architect of our responses is our mind.

Theorem 5. Being wrong is like death to the ego. (John Enright.)

Theorem 6. Everyone is right in their own mind. Our stories are rehearsed again and again until they portray events as we want them to be seen.

Theorem 7. Brahman, Atman, and Shakti = Father, Son, and Holy Ghost

Theorem 8. The Mother's Pattern = Creation, Preservation, Transformation = Inbreath, Pause, Outbreath = Brahma, Vishnu, Shiva (Trimurthy) = rajas, sattwa, thamas (the gunas) = Akar = Ukar = Makar (AUM)

Theorem 9: The strength of the will varies inversely to the strength of the vasanas. ("Cleansing the Will," January 25, 2021, at <https://goldenageofgaia.com/2021/01/25/cleansing-the-will/>.)

(2) The first was "A Damful of Tears," Jan. 21, 2023, at <https://goldenageofgaia.com/2023/01/21/a-damful-of-tears/>

(3) See *Emergence as a Path for Lightworkers* at <https://goldenageofgaia.com/wp-content/uploads/2020/09/Emergence-as-a-Path-for-Lightworkers.pdf>.

(4) I predict that the Ring of Fire will be the first major separation point; Ascension will be the second.

## Activating a Collective Soul-Capacity – Part 2/2

September 4, 2022

<https://goldenageofgaia.com/?p=338123>



*I became the Humpty Dumpty Man*

(Concluded from Part 1, above.)

If you don't feel you've made the acquaintance of your will, let me summarize the process by which I came back into contact with mine.

My loss of contact accompanied my dissociation, after being yelled at by my father inches from my face at age seven. I came to regard myself as the Humpty Dumpty Man.

Even after I put myself back together again, I was oblivious to the fact that I had never stumbled upon or reactivated my will. That subject was invisible. It never arose.

I came upon the subject through a process. I'm sure it was guided. It took place during a two-month convalescence from prostate surgery. I found myself irresistibly drawn to videos of the Second World War. I tried to watch other videos and none held my attention.

At the time, I was super-impressed with the way the Soviet army rose from defeat to victory. Their determination in the face of probable death had a tremendous impact on me. Moscow, Stalingrad and Kursk. Watching accounts of them over and over again gave rise to a sense of determination in me.

I also listened to Winston Churchill videos and thrilled to what he said. Again I was drawn to his bulldog determination.

By now, I was actively studying the rise of determination in me. I began to go a little nutty with it and get aggressive because I was spoiling for a fight.

That same day, I believe, I found myself noticing that I had a divided mind. I lacked singleness of purpose. There was constant chatter going on, for and against, yes and no, pro and con.

I saw that I was serving a wonderful cause and yet withholding a part of myself, grumbling and complaining. I set about really looking into single-minded determination. (1)

One day I found myself walking down the street in a determined gait. It wasn't artificial. My center of gravity dropped and I felt substantial.

I quieted the mind in meditation and saw what an incredible difference that made on my determination. I felt single-minded. I had never encountered it in my life, except in moments of anger when the Humpty Dumpty Man would briefly fuse.

At that point I had the realization that Humpty, having put himself together again, was just now seeing that he also now needed to lead himself. He needed to find his will again. He needed to get himself going. This part of me had been moribund for most of my life. I went along with what others wanted or kept to myself.

My will asserted itself and I recognized what was happening. After a lifetime estranged from it, I'd suddenly found it again. I now have an ongoing, unified experience of it. Not just moments but consistent.

And I can "exercise" my will. I know where the throttle is and the brakes are. I can also suspend it and be meek and mild when I want to, as well.

My process involved more than just intellectual knowledge. When we look at finding and activating a soul-capacity like our will, we'll need to bump our knowledge up to the experiential and realizational levels if we're to activate it. Intellectual knowledge - getting the idea of it - just won't do the trick. It hasn't the power of experience, the juice of realization.

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After so many dirty tricks, assassinations, unjust wars, thievery and trickery being practised upon them, the citizenry of the world are probably traumatized. I think we have something like global PTSD.

We're going to have to recover generally and, once we've recovered, then we'll need to start over again.

It's at that point that we as a global society will need to re-discover, re-develop, and re-employ a robust and loving collective will. Always under the rule of an open and compassionate heart.

Thirty, forty years ago I'd say I was idly dreaming. But as the energies and the vibrations rise on the planet, and after the expected Ring of Fire, I don't think operating these ways will seem at all strange to us.

### **Footnotes**

(1) "Putting Humpty Together Again – Part 2/3," July 19, 2016, at <https://goldenageofgaia.com/2016/07/19/putting-humpty-together-part-23/>

# Emerging from Emerging – Part 1/2

October 29, 2024

<https://goldenageofgaia.com/2024/10/29/emerging-from-emerging-part-1-2/>



*In the course of writing this article about emergence, I myself emerged. Emergence is an ongoing process and one I regard as best adapted to lightworkers' needs.*

The books I wrote on emergence (1) came largely out of the work I did in the growth movement. (2)

The mainstream media did character assassinations back in the late Seventies as much as they do now. We just weren't aware of the full picture, as we are becoming aware now.

They typified Werner Erhard and the est Training in the same way the MSM attacks people of heart and President Trump. Werner was one of the Twentieth Century's human-growth geniuses, in my view.

If someone comes up with a great way to emerge from our woes, the MSM will annihilate it. This is not a new plan.

We may not like the turmoil we're going through, but I think it speeds up growth.

It presents so many important choices. On a normal day, when peace reigns, we'll have ordinary choices, but not choices that affect the heart of our character.

After Helene and Milton, while there was a tussle going on between the monk and the warrior, the warrior unto himself is becoming firmly set.

[I have not fully emerged yet, but the process has started.]

I know this may offend some folks. They're not on this site to hear about war. (3)

Neither am I, by the way, but it's here. Mass murder by hurricanes was not in my thoughts.

That I may disappoint you I just have to deal with because the fuller form that I'm emerging into is more me than what I now see as the suppressed other side of myself.

[I am slowly emerging.]

In fact, if you'll allow me the privilege of introspection when the world is under seige, looking back, I see the whole of my life until this point as being about emerging from the suppression of my character in early childhood.

Not like that was special to me; the whole neighborhood followed the same drill-sergeant child-rearing patterns. It was the universal way of parenting in that post-war generation.

But I'm feeling a strength and solidity in my belly and chest that is both foreign and familiar to me. Foreign because I usually suppress myself before reaching this place. Familiar because the effect of emergence is that I feel more me than I did.

(Concluded in Part 2, below.)

## **Footnotes**

(1) See:

- *Let's Go! Let's Grow! Vol. 4. Emergence* at <https://goldenageofgaia.com/wp-content/uploads/2024/05/Lets-Go-Lets-Grow-V4-Emergence-R6.pdf>

- *Lightworkers: Creating a World that Works for Everyone. Vol. 3: Emergence and Service* at <https://goldenageofgaia.com/wp-content/uploads/2021/07/Lightworkers-3-Emergence-and-Service-R7.pdf>

What these books were about is what's happening for me right now": Emergence. It doesn't only happen once. It's a progressive process - more and more and more. The whole of the growth movement could be said to have been about emergence.

(2) The three main elements of which were (A) a three-month residential encounter group at Cold Mountain Institute, (B) the est Training and its affiliated programs, and (C) enlightenment intensives.

(3) In my lifetime, I've always served in the role of protector. In Toronto, in 1970, I was stabbed in the back protecting an old man who was being robbed.

This kamikaze behavior can again be seen as resulting from an early vasana (core issue) born of domestic violence. Having promised to protect my Mother in the future some day (I was seven) when she was struck by my Dad, I was now protecting as a consistent response.

You might say it's my dharma (felt duty) to be a protector. As testimony to that, this blog was born as a cabal-fighting blog. Having just come out from presiding over a hearing room on discrimination and persecution (the refugee determination process), I could not stand what the cabal was doing.

On that, see "How It All Began!" July 2, 2024, at <https://goldenageofgaia.com/2024/07/02/how-it-all-began/>

Now of course, as Suzi says, we prefer peace. At least I do, unless and until we're hit by two manmade, weather-warfare hurricanes. Then I stand up and take notice. We need both.

## Emerging from Emerging - Part 2/2

Oct. 29, 2024

<https://goldenageofgaia.com/2024/10/29/emerging-from-emerging-part-1-2/>



*Good on ya, mate!*

(Concluded from Part 1, above.)

I feel more solid, more certain.

[I'm well into the process by now.]

I laugh when I think of a comment that Michael made:

Archangel Michael: Yes. Dear heart, you are a cement, marble, granite pillar. (1)

OK, I get it. "Marble" and "granite" don't relate to how I deal with others as much as they relate to how I am with myself.

Yesterday I could not have said this; today I can: When I am in my warrior persona, I am in charge of myself. In this persona, I feel, inside, like granite or marble.

[I have now emerged.]

It has nothing to do with how I relate or don't relate to others. It's how I am with myself. A good example of this would be J.D. Vance. You can tell he has emerged just by listening to his voice. He's a wonderfully self-possessed person.

RFK - another. Tulsi Gabbard, Kari Lake. We are blessed with this type of person right now - no surprise.

This is what people mean when they say "he (or she) was forged in the crucible of war." They mean that he emerged to the point where there was no inner dissent, no inner turmoil.

A house united is the only kind of house that *will* stand. Especially in the crucible of ... listen, I have to say it. When you send two hurricanes to kill people and devastate the countryside, to me that is ... war.

That doesn't mean that the warrior displaces the monk. That could not happen because the monk is deeper, ultimately multidimensional.

It's like TV channels. If you turn to one, you get its program. Turn to another, you get a different program. Getting one program does not mean the displacement or revision of the other.

Our personas are different; we create and employ them for different reasons and ends. They learn different lessons and may behave differently.

I'm led to believe that any one being has a multitude of aspects, past lives, and personas....

... but that's enough for one go!!!!

Emerging from emerging, I've never felt more stable and committed. The fog has lifted.

## **Footnotes**

(1) Archangel Michael in a personal reading with Steve Beckow through Linda Dillon, July 11, 2014.

