

An Ascension Ethnography Part 2



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From 2024

My Life Over Here and Love Over There

January 3, 2024

<https://goldenageofgaia.com/2024/01/03/350834/>



Until I experienced higher-dimensional love on March 13, 2015, my life was about getting what I wanted and avoiding what I didn't want, feeling good and not feeling bad, experiencing pleasure and avoiding pain, etc., etc.

Once I'd experienced higher-dimensional love, I no longer found satisfaction with anything less.

Whether one is in it at the moment or not, one knows that there's more to life than what we 3D/4D folks settle for.

The situation is similar to me working hard for you and you paying me in poker chips. What's this? There's no satisfaction in being paid in poker chips. What are you trying to pull on me?

Now let me substitute.

What's this? There's no *real* satisfaction to be found in lower-dimensional feeling states once one knows what actual love is. I want real love for myself, which I'm responsible for, (1) and it'd be nice to share it with you.

So now my life has become about making sure I serve my own best interests first by drawing love up from my heart and swirling it around my field of awareness. And once my gas tank is full, then sending that never-ending flow out into the world.

Win/win.

But look at this. I make a distinction between drawing love up and my life. I "take time out" from my life to do the practice of drawing love up. That's how I see it.

My life is about researching and writing, getting groceries, going to the bank, making dinner, etc.

So make that 95% "my life" and 5% "drawing love up."

What I'd most like to do is make it ... well, why not try out 50/50? Equal time for the one and the other. The mind can't mess with that.

I know that 5% "my life" and 95% "drawing love up" is not my mission. My mission is to go up with everyone else and write about it, which I do.

Michael has said not to go running ahead of the group or take by-roads that no one else is interested in following. Stay with the global, the universal (what could be more universal than love?). And enjoy the experiences offered by the Company of Heaven, on condition that you write about them. Which I've done.

So I think I'm riding the horse in the direction it's going. Taking stock as we set out in the New Year, I'm pleased with the way things have gone, especially since June 12th, when everything began to speed up. (2)

It's not that I feel ready. It's not that I don't feel ready. It's that I feel love and, in the face of that, I feel ready for anything.

Whether one other person follows my example or not, I'll continue drawing love up from my heart and sending it out to the world. No other practice I know of is so

simple and yet so effective in leaving me in the experience of what we'll find we're all seeking, always, everywhere - the nectar, the ambrosia of the gods - higher-dimensional love.

Footnotes

(1) I'm responsible for the love I want, rather than thinking you are, in the sense that it comes from my own heart, upon me drawing it up. Once we really get this, it'll alter the way we approach relationship. I may or may not get love from you but I certainly get it from my own heart.

(2) See "Co-Creative Partners with the Company of Heaven," June 12, 2023, at <https://goldenageofgaia.com/2023/06/12/co-creative-partners-with-the-company-of-heaven/> and *The Rewards of Co-Creative Partnership with the Company of Heaven* at <https://goldenageofgaia.com/wp-content/uploads/2023/10/The-Rewards-of-Co-Creative-Partnership-with-the-Company-of-Heaven-3.pdf>

Big Steve Writing

Feb. 4, 2024

<https://goldenageofgaia.com/?p=351723>



I acknowledge that growth work Kathleen has been doing in trauma therapy has likely played a role in my realization, below.

I'm experiencing the most amazing gradual - and sometimes sudden - transformation over here from a person whose wounded Child has been running the show for the past 78 years to a person whose Adult is now running it.

One of the sudden transformations happened this morning. Out of the blue. (1)

I've been looking at what "self-control" constituted or looked like. Again preparing to be a CEO.

And in the course of it, I got more and more in touch with my Adult (Big Steve, the Commander, my Higher Self). This was the gradual side of the process.

I stopped complaining; that was a big one. You can regard that as brush cleaning.

I chose happiness and actually began to cultivate it. I saw that I chose my feelings just as I chose which random thoughts to go with. On and on the process of self-awareness went.

Remember: I'm on the path of awareness and love, the latter drawing me to God and the former allowing me to recognize the Mother/Father One when I see Her.

Then, this morning, I suddenly saw myself reach a point where I was about to complain - and caught myself. It was a trivial matter. But what an impact it had.

Brace yourself now because we're about to go at lightning speed from the intellectual level through the experiential to the realizational. (2) This is a roller-coaster ride. We call this "a realization." Here we go.

At that moment I (in my Adult consciousness state) realized that my wounded Child was at the steering wheel. And at that same moment my wounded Child also realized that it was.

This is the second time in my life that two sides of me, "unknown" to each other at an intimate level, arose at the same time and "met" in some way. (3)

And it was OK. I (the Observer) didn't die. My light didn't get extinguished.

My wounded Child was reassured. It's been protecting me (the Observer) since forever from the world of "Adults."

AND my wounded Child *asked* my Adult to take the wheel. All of this went on without words. And my Adult took the wheel.

This is sooooo significant because the Adult cannot *forcibly take* the wheel from the wounded Child. That would produce more wounding. So for the wounded Child at that moment to have handed the wheel over gladly and willingly was a blessing and I (the Observer of it all) knew it was as and when it happened. All this went on in my creative "imagination."

I cannot overlook pointing out that this is another step in the process of reparenting myself. In this process, the growth movement has played a big role. (4)

So this is now Big Steve writing. No complaints. No drama. Just, as Jesus said,

yes, yes, and no, no. (5)

Footnotes

(1) OK, OK. It undoubtedly wasn't "out of the blue." Some trauma therapy work Kathleen has done inspired me.

(2) I have an enlightenment team on the other side, as do you. They have a hand in deciding what happens when. See *Our Enlightenment Partnership* at <https://goldenageofgaia.com/wp-content/uploads/2021/07/Our-Enlightenment-Partnership-4.pdf>.

Of it the Mother said:

Steve: Now, implicit in what you are saying, Mother, is something that hasn't been really talked about very much and that's that the archangels or somebody else is managing our enlightenment experiences, timing, intensity.... Am I correct in that?

Divine Mother: It is a Board of Directors rather than being, "managed by." That concept, the way that you have phrased it, dear heart, implies that you are being "managed" and that is not correct.

[Steve: It 'd be a violation of free will.]

Now also know, and it is delightful to speak about this ... the timing, the pacing (and when I say "pace," I mean the sequential unfoldment) of an Enlightenment process is such that of course you have a guardian and usually an archangel that is working with you so that it is humanly and can we say, soul or esoterically – via your Universal Self – managed. (The Divine Mother in a personal reading with Steve Beckow through Linda Dillon, Oct. 26, 2018.)

The partnership between the embodied individual and their guides and mentors resulting in enlightenment was not explored by, if it was known to, classical enlightenment theorists.

(2) "Attaining a consciousness of absolute truth is the evolutionary journey. This is what you are now ready for, practicing, and moving into. Truth begins as intellectual knowledge, but can never manifest into expression until realized."

("The Arcturian Group via Marilyn Raffaele. January 10, 2016," January 11, 2016,

at <https://goldenageofgaia.com/2016/01/11/the-arcturian-group-via-marilyn-raffaele-january-10-2016/>.)

See:

- “Realization is Simply Seeing from a Higher Level of Consciousness,” February 25, 2022, at <https://goldenageofgaia.com/2022/02/25/realization-is-simply-seeing-from-a-higher-level-of-consciousness/>.
- "Who's Behind the Curtain?" February 13, 2023, at <https://goldenageofgaia.com/category/news/spirituality/intellectual-experiential-realized-knowledge/>

(3) The first time was in 1986, at Expo 86 in Vancouver. My then girlfriend said to me, "Do you know that you have the profile of an abused child?" And two sides of me, a public and a private, arose at the same time and said "Yes!" They "looked" at each other and said "Who are you?" I was explosive for two weeks after.

I realized I was dissociated. I later saw that my personality had been shattered at around age seven. It took eighteen more years to heal. The blessing of it all is that I can describe the process of healing from personality disintegration, of reparenting myself, of finding the source of love, etc.

On the reparenting process involved, see *On the Constructed Self* at <https://goldenageofgaia.com/wp-content/uploads/2021/07/On-the-Constructed-Self-5.pdf>. Search on "reparenting."

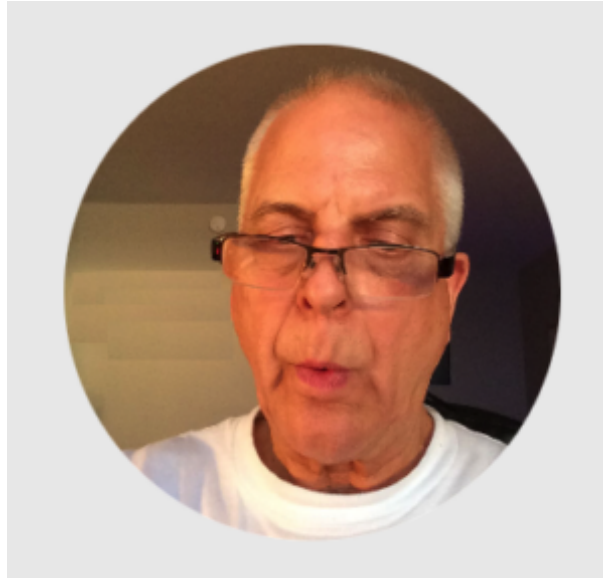
(4) Specifically, for me, Cold Mountain Institute resident fellowship, the est Training, Vipassana meditation, and enlightenment intensives.

(5) Archangel Michael and I have a prearranged signal. I just got a "blast" on the "intercom": Yes!

Satisfied Single, Happy Hermit, I Wanna Write

February 9, 2024

<https://goldenageofgaia.com/?p=351846>



Do Not Disturb: Writer in Heaven

I read a beautiful column by a friend today. I'll post it a little later.

She guides herself by noting what she resonates with. She yearns for more. I took the liberty of leaving a comment, which I don't want to miss posting here as well. Who knows where this advice comes from?

Beautiful column, dear heart.

Have you asked your enlightenment Board of Directors for a fourth-chakra heart opening? (1)

Your Board of Directors consists of the Divine Mother, your archangel, your 7D Higher Self, and your guides. They must be asked according to the Law of

Freewill.

After that, begin to draw love up from your heart on your inbreath and, on your outbreath, send it out to the world. Love must flow; we experience it as it flows through us out to someone else.

You're now priming the pump.

When your hridayam or heart door opens, you'll experience a love that will answer all your questions. Nothing will remain after that of worries, hopes, or fears. No desire will remain except for more, higher, and deeper.

Namaste,

Steve

At the same time, afterwards, it triggered a massive, massive vasana (or core issue) (2) in me and it's this vasana that I'd also like to share about.

I share in the hopes that my publicly-processing a vasana proves helpful to others. (Why else would I bare my soul in public?)

Completing our upsets and issues is part of the growth movement. So see me as sitting in a circle in an encounter group and it's my turn to share.



The upset starts when I say to myself, hey, in making these comments [to my friend], I'm only sharing my experience. I have no desire to misrepresent myself as a spiritual teacher.

Click! Boom! Nuuuuuuuuuuuuuuuuuuuu-clear explosion!!!!

[The vasana explodes. Why I don't know yet.]

On comes a mental video about "spiritual teachers." Buckle up.

I hear myself read the riot act: As I said at the outset and I still hold to it now:

- I'm neither qualified to be a spiritual teacher nor do I wish to be one.
- I'm a writer who wishes to share his views with you on subjects of mutual interest and listen to yours as lightworker equals and spiritual adults.

OK, there's some issue here that has me say that, right? So what's the issue?

I hear myself start into a well-rehearsed story. And this is the part of processing the vasana where the person sharing just needs to talk, just needs to share their story, to get to the bottom of it. They need to lay everything out on the table to see what it is they're facing.

Our role here is listening without interrupting - and *not advising*.

I say to myself: I have no desire to be a spiritual teacher. They do a lot of talking, interact with a lot of students, and that amount of social contact does not appeal to me. I need quiet to write.

I want to be a spiritual writer. That's a true statement. It's always been true and I've simply tried to swallow it and compromise with what was expected of me - profession, married, kids, grandkids, on and on, endlessly.

It's taken me 78 years to draw a line between me and social conventions. I do not seek a wife and 2.8 children, a house, and a white picket fence. Like *Calamity Jane*, I never have and never will.

I'd have saved a few women a lot of misery if I'd have realized it back then and stuck with what I've always wanted. I've been two-timing on my real love, which is writing.

Instead of yielding to complaints that I never gave it a try, why did I never say the unutterable and suffer the consequences: That I never wanted relationship in the first place. I was just doing it ... because that was what men of my age and background did. I was in my own closet.

As I said to my brother as I got dressed the day of my first marriage, I don't think I want to do this. And I was so right! Unpopular but right.

A degree of social contact that interferes with my writing I do not seek. It's nothing personal.

I'm determined in this lifetime to test the hypothesis that what I absolutely love to do is what the Mother also wants me to do. And I love to write!

So this is me, taking a stand for what I love, as unpopular as it may be with others.

Abandon all hope, ye who enter here! Unless ye be quiet as a churchmouse and don't interrupt me.

There. I've said it. I feel a burden lifted from me. I'll suffer the consequences, gladly.

Thank you for allowing me a rant that's been with me for decades.

I hope my working away at the vasana proves helpful to you.

Footnotes

(1) See *Our Enlightenment Partnership* at <https://goldenageofgaia.com/wp-content/uploads/2021/07/Our-Enlightenment-Partnership-4.pdf>

(2) On vasanas or core issues, see *Vasanas: Preparing For Ascension by Clearing Old Issues* at <https://goldenageofgaia.com/wp-content/uploads/2023/12/Vasanas-Preparing-for-Ascension-R9.pdf>

Knowing What Knowing Is

February 26, 2024

<https://goldenageofgaia.com/2024/02/26/knowning-what-knowing-is/>



A blossom for Blossom

Wow! Did this passage from Blossom (A) solve an age-old question for me and (B) get me out of a dilemma.

Then the preparation, whilst outside the door, is simply coming to a place within yourself of KNOWING MORE OF THAT KNOWING.

That knowing is a FEELING, right?

Correct.

AS EACH ONE OF YOU KNOWS YOURSELF TO BE LOVE ... UNDERSTANDS YOURSELF TO BE LOVE ... THE MORE OF THIS YOU KNOW ... THE MORE OF YOURSELVES YOU GET TO KNOW.

Yes!

AND IN ONE GIVEN MOMENT OF GLORY ... YOU WILL KNOW THAT YOU KNOW ENOUGH OF WHO YOU ARE ... AND THE DOOR WILL OPEN UNTO YOU.

ONCE YOU HAVE STEPPED IN ... THE GAME CHANGES.

The game changes in that we advance a level, becoming more masterful, certain, confident.

What they just said is what's been missing for me. Not in my writing, which goes on in uninterrupted silence but in my dealings with people.

I've been unwilling to stand there - with people - in my *knowing*. We all *know* lots of things, but under certain conditions, we deny our *knowing*, we hedge it, we abandon it completely.

And of course we're talking about an operation that goes on so subtly within our energy field that having the slightest awareness of it in the first place is probably anything but common.

Even my having difficulty speaking to you about it reveals the limits of communicating these experiences.

The FoL is wanting to communicate something to us about knowing. And you see them struggle with words!!!! This is the dilemma of communicating our way.

Telepathically he would flash me the experience of knowing and I would recognize it right away and away the conversation would go from there.

But not in a word-bound setting.

I've *known*. And, much less seldom, I've *known* I've *known* (i.e., conscious awareness). But because of the shattering of the self at age seven, I still could not say that I have the confidence to know, know I know, and come from that out into the world.

Just not there yet.

But thank you to the FoL because they answered all questions I'd need answered before jumping from this high board into that small pool.

It's about an hour after I finished writing this article. In the midst of pondering a problem I was having, at 10:00 am in the morning, I experienced a sudden deepening - totally plain and clear. I *knew* I had received a download.

My voice deepened - although that temporary deepness has lifted. I sounded like a Hollywood movie star.

I *knew* that I had just been given the experience of *knowing* what *knowing* is. It would have been as if the FoL had said, "This is knowing" and had telepathically delivered the experience. Oh *that!*

Now I'm certain what *knowing* is, having had it confirmed and being given an experience of it. I feel even better equipped for the work that lies ahead.

A month ago it was a download which I could not describe at the time, though I knew it had happened. I felt immediately uplifted after it. This month it's *knowing* what *knowing* is.

After the Download Comes the Ride

February 27, 2024

<https://goldenageofgaia.com/2024/02/27/after-the-download-comes-the-ride/>



Hang on, kid!

I've just been through the better part of two days, in response to what I think was a minor heart attack that occurred while I was asleep.

I awoke knowing that something had happened and thereafter went through two days of symptoms.

I know that Michael makes use of events like this to work in some of his miracles. Here is one of them: I have arthritis in my knee and a slipped disk, the combination of which restricts my mobility.

In the midst of all the side effects going off, my right knee started shaking really

violently. It was way out of character with the rest of what was happening. I made a mental note of how out of place it was.

Well, guess what? My arthritis is now in remission. AND I feel no pain from my disk.

I was shaken out of my pain. I look upon this as a divine intervention.

Another miraculous occurrence was that I was walking to the bathroom when I suddenly lost consciousness. I was just about to tumble forward when I froze. I may as well have been inside a block of ice.

Gradually my situational awareness returned such that I was in no more danger of fainting; the freeze also gradually disappeared proportionately; and I continued on my way. I think of that as another divine intervention.

Later the thought occurred to me:

He shall give His angels charge over you,
To keep you in all your ways.
In their hands they shall bear you up,
Lest you dash your foot against a stone. (1)

That's exactly what happened that night.

A third? During this rollercoaster ride, a small bubble began to form in the middle of my stomach, near the solar plexus. It expanded and I said to myself, "Oh boy, now a hernia."

Then it too froze and once the freezing receded the bubble had gone. By this time I'm mentally down on my knees, adoring the Lord and shouting "Hallelujah!"

I could go through a list of symptoms - shakes, tremors, tingles, slurred speech, extreme fatigue. Every single one of them stayed for a bit and then vanished

completely.

Are we looking for instances of divine protection? Because I saw one instance of it after another after another during these two days.

As far as I'm concerned, here is the divine showing us how they stand behind us. Once Michael said to me, "We are your insurance policy, sweet one." (2) What my experiences are doing is showing how they intervene to protect us.

It also seems as if Michael and the Mother did not want to rob me of the experience and then, like so many other experiences I've had, they turned the motor off. Just enough. Not too much.

I would have expected even a few of the shakes and shimmies to repeat, but none did. Since at this time I feared I was having a heart attack, I interpreted this as them saying, "It's not your time."

I emerged from this experience with my arthritis and slipped disk pain in remission. It doesn't matter if it returns in a week. I'll have spent a week without it so I know it's possible.

I expect me to bust out of this carbonized body any day now into my super-improved, crystalline Cap'n America kit. No clone this. New, improved, and updated version!

Footnotes

(1) Psalm 91: 11-12.

(2) Archangel Michael in a personal reading with Steve Beckow through Linda Dillon, June 9, 2017.

This is What Everyone Wants

March 3, 2024



What we really want! Credit: depositphotos

A wag said recently, "I identify with three pronouns: 'Told you so.'"

But there isn't a person alive today who, in regards to a raft of topics, is not a newbie. Everyone was at one time in their lives.

I grew up in the immediate post-war generation - the Baby Boomers. Our parents were can-do warriors who'd just saved the world for democracy. Or so we thought.

We had crazies. Cross burnings, bikers, millennarian cults.... What? Oh, some bunch of loonies predicting ... a rapture. That was about it in the immediate postwar years.

All those people who predicted a rapture, many years ago? They were right. All those who were considered fringe elements for believing in being carried off in the clouds? Who became marginalized in their quaint churches?

We may want to remember that we ostracized them. Just as today's mainstream media is ostracizing "conspiracy theorists" ... who were right. Just as they ridiculed

the "Me Generation" of the human-growth movement ... which was valuable. And later, gurus.

Gosh, I guess this is where experience comes in valuable. I can tell you, from my experience, that the love we're headed towards will have you forget all that has happened to you in ... and here's where experience limits me.

I can only say how it was for me. When I entered the portal of the heart, after the kundalini reached the fourth chakra, a blast of love greeted me that swept away all my concerns and worries, hopes and fears. (1) Immediately.

The shock is like leaving the air-conditioned airport lounge in Phoenix and being hit with a tsunami of hot air. You notice it.

At no point after that, for as long as I remained in this atmosphere of flowing love, did I have another thought about whatever it was I was formerly concerned about.

And if I did, my viewing of it - and this is much clearer with bliss - would have shifted from seeing it as a problem to seeing it as a situation. There would be no "problem" in it.

It's clearer with bliss because bliss has us rest in place, so to speak, which accentuates our lack of concern. Love, on the contrary, turns us outwards.

We want to share it (love must flow) (2) and that brings us into contact with the outside world, out of which contact conflict can arise, conflict which wouldn't arise in blissful solitude.

Da Free John would have said there would be no contradiction in this love, no dilemma. He describes his experience of this love, which was much deeper than mine:

"Quite suddenly, in a moment, I experienced a total revolution of energy and awareness in myself. An absolute sense of understanding opened and arose at the extreme end of all this consciousness. And all of the energy of thought that moved down into that depth appeared to reverse its direction at

some unfathomable point.

"The rising impulse caused me to stand, and I felt a surge of force draw up out of my depths and expand, filling my whole body and every level of my consciousness with wave on wave of the most beautiful and joyous energy [Steve: love]. I felt absolutely mad, but the madness was not of a desperate kind. There was no seeking and no dilemma within it, no question, no unfulfilled motive, not a single object or presence outside myself. (3)

Yes, complete satisfaction and hunger for more, at the same time. Archangel Michael also describes it:

Archangel Michael: When the heart becomes fully aware and awakened, what it does, think of it as a domino effect. Oh there can be slight resistance but the awakened heart takes care of all the rest. ... It dispels the ignorance, the fear, the denial. It dispels everything. ...

When you are anchored or accessing, living in what you think of as a higher dimension, the, shall we say, the ease of knowing becomes easier. It does not feel like striving. It is simply an awareness that is fully present and, as you anchor in the love dimension [Seventh], as we will call it, then of course the access is fully present. (4)

I did find myself in an Ocean of Love, which Michael identified as Seventh Dimensional. (5) It was as he describes it. (6) Y'know the lotus eaters? I believe that image was an attempt to describe people who are in this love.

Now we can understand what the folks in the rafters are talking about when they say things like this from the Arcturian Council through Daniel Scranton:

"Handling the higher-frequency energies that are coming in and that you have agreed to anchor in for the rest of humanity ... is not just an act of service, because *you also get to enjoy the feeling of those energies running through you.*" (7)

And Jesus:

"I came to know that to give someone love, even when they despise you, is a gift to your own heart." (8)

Yes, because we get to experience the love too, as it passes up from our hearts and out to the world.

When I'm in that love, having breathed it up from my heart, I kinda walk around like a ballet dancer on occasion - or royalty! This is what royalty thought it was getting! This is what everyone wants.

Footnotes

(1) See "Submerged in Love," March 14, 2015, in *An Ascension Ethnography* at <https://goldenageofgaia.com/wp-content/uploads/2021/07/An-Ascension-Ethnography-5.pdf>, and after.

“Activating the Wellspring – Part 1/2,” March 14, 2015, at <https://goldenageofgaia.com/2015/03/14/activating-the-wellspring-part-1-2/>.

(2) Archangel Michael: Love is the energy of the universe. It is the energy of the Mother. And it moves constantly, continually, eternally, infinitely. So, to have an experience of love, it [must move] through you. (Archangel Michael in a personal reading with Steve Beckow through Linda Dillon, Dec. 5, 2018.)

Archangel Michael: Love is a fluid energy. It has need to flow and so, when it does not flow, it becomes ... well, as you put it; it can become dry and brittle. It has need to be given and received above, below, within, without and in every which way. (Ibid., April 30, 2019.)

(3) Da Free John's experience was very much deeper than mine. He continued:

"I couldn't contain the energy.... I ran out of the building and through the streets. I thought, if I could only find someone to talk to, to communicate this thing. [Steve: felt need to share; love must flow] The energy in my body was overwhelming, and there was an ecstasy in every cell that was almost intolerable in its pressure, light, and force." (Da Free John in *The Knee of Listening*. Original Edition. Clearlake, CA; Dawn Horse Press, 1984; c1973. , Original Edition, 13-4.)

"It would take many years to understand the revolution in my being. It marked the rise in me of fundamental and unqualified life, and it removed every shadow of dilemma and ignorance from the mind, on every level, and all its effects in the body. But I would have to pass through many years of trial before that

understanding could become the stable constant and premise of my being." (Ibid., 13.)

If Da Free John "couldn't contain the energy ... that was almost intolerable in its pressure, light, and force," can you imagine how it would be for a person of dark inclination to find themselves in a higher dimension? Torture.

(4) Ibid., Sept. 16, 2020.

(5) Steve: The space that I call transformative love, what dimension is it?

AAM: It is the Seventh Dimension.

Steve: Then what dimension is bliss?

AAM: It is between Eight and Nine. (Ibid., Jan. 20, 2016.)

(6) See:

- "Immersed in an Ocean of Love – Part 1/2" at <http://goldenageofgaia.com/2015/05/17/immersed-ocean-love-part-12/>
- "Point of Awareness in an Ocean of Love – Part 1/2," November 20, 2020, at <https://goldenageofgaia.com/2020/11/20/point-of-awareness-in-an-ocean-of-love/>

(7) "The 9D Arcturian Council Through Daniel Scranton: The 12/12 Energies & Preparing You for 2023," December 12, 2022, at <https://goldenageofgaia.com/?p=340877>.

(8) "Jesus Through John: Sorrow," October 14, 2020, at <https://goldenageofgaia.com/2020/10/14/jesus-through-john-3/>.

No One Else Needs to be Awe-struck, But I Am

March 4, 2024

<https://goldenageofgaia.com/2024/03/04/no-one-else-needs-to-be-awe-struck-but-i-am/>



In the growth movement, if we were sitting on a secret that was impairing our energy in our relationships, we'd call that a "withhold." I'm about to share a withhold.

I've been reluctant to discuss the interruption in my well-being that happened last weekend because I don't want to get anyone worried that I'm going to take off.

I'm not going to take off and I'll explain more about that below.

In fact the opposite is the case. What we saw was an event that I think could have taken me away and was stopped on all fronts. It may have been a heart attack. That's the withhold I'm not sharing: That I think it could have been.

I regard what occurred as a "choice point," much like my brother Paul had, which he declined to take.

AND we saw the other side - most likely Michael - use the occasion to shake the daylights out of me and bam! my leg was healed of crippling arthritis.

I've been walking around for a week now, perfectly normally. I even had to catch up to a fellow who was half a block ahead of me and I strode along. This is a miracle. (1)

Please notice that every consequence of whatever it was that happened over the two days was shut down. I got to experience tremors, shaking, tingling, herniation, and fainting - and none of it persisted or happened again. Every sign and symptom was terminated, like blowing out a candle.

We got to see an archangel intervening to save his servant from a faint and a fall: He simply froze me. We just witnessed an archangel fulfilling what he says here:

Archangel Michael: We are going to do divine intervention.... We are your insurance policy, sweet one. (2)

I believe he *was* my insurance policy. I believe we just saw this Biblical passage acted out:

He shall give His angels charge over you,
To keep you in all your ways.
In their hands they shall bear you up,
Lest you dash your foot against a stone. (3)

As a result of events, and not just these ones, I'm convinced that (A) miracles happen and that (B) if it's not our time to go, we won't go. (4)

Getting a reprieve certainly fits with what I know of my mission.

It has several phases. This phase is the writer - and I will always remain a writer.

AAM: On the list of things to do, let [writing] always be the last thing that falls off. (5)

The second phase is as a humanitarian philanthropist and what is called a "pipeline." That means I play a role in the introduction of new and sequestered

wealth into the G/NESARA economy.

The third phase is one I played in Atlantis and that is to work with the galactics as a liaison and interpreter/commentator, in this case, at a reformed United Nations, interpreting their message to the reading public, if it needs it.

In regards to Ascension I'm a pillar, which simply means I'm here till the end. So there's a lot more to go and it makes perfect sense that I should be here.

You remember when I had a triple bypass in October 2018? Michael acknowledged that, towards the end of my stay in hospital, he purposely gave me a case of MSSA (or methicillin-susceptible *Staphylococcus aureus*) to keep me there an extra week. (6)

So our Board of Directors does very much intervene in our lives. These incidents I'm relating are living proof.

It's also our Board of Directors who decide when the best time for our enlightenment is. (7) My Board consists of the Divine Mother, Archangel Michael, my Universal Self, my twin flame Anastara, and my guides Windthrow, Phoenix, and White Cloud. As a lightworker angelic, your Board would probably be similar. (7)

Enlightenment is not a journey that we make alone, in some isolated cave, as we thought. It's very much a joint enterprise, with our Board of Directors opening opportunities for us, consistent with our contracts as lightworkers.

My recent health experience should demonstrate "divine intervention" when it's needed to stay on-track with the plan.

No one else needs to be awe-struck, but I sure am.

Footnotes

(1) It's another week later and the pain has returned at a level of around 10-15%. But it can't and won't erase the fact that I witnessed a healing happen in myself.

(2) Archangel Michael in a personal reading with Steve Beckow through Linda Dillon, June 9, 2017. (Hereafter AAM.)

How many times has he saved me from death? Electrocution 1969. Toxic chemical 199X. Housefires 2017-8. Faint 2024. Etc.

(3) Psalm 91:11-12, New King James Version.

(4) Remember Totapuri, Ramakrishna's guru, who wanted to die? He waded into the Ganges to kill himself but no matter how far out he walked, the water did not come above his shins. And then he realized....

"Suddenly, in one dazzling moment, [Totapuri] sees on all sides the presence of the Divine Mother. She is in everything; She is everything. She is in the water; She is on land. She is the body; She is the mind. She is pain; She is comfort. She is knowledge; She is ignorance. She is life; She is death. She is everything that one sees, hears, or imagines. She turns "yea" into "nay"; and "nay" into "yea." Without Her grace no embodied being can go beyond Her realm. Man has no free will. He is not even free to die. Yet, again, beyond the body and mind She resides in her Transcendental, Absolute aspect. She is the Brahman that Totapuri has been worshipping all his life." (Swami Nikhilananda, trans. in *The Gospel of Sri Ramakrishna*. New York: Ramakrishna-Vivekananda Center, 1978; c1942. GSR, 31.)

(5) AAM, Feb. 7, 2013.

(6) Steve: Did you bring on the onset of MSSA to have me relax and just spend some time in the hospital?

Archangel Michael: Yes.

Steve: I thought you did! Oh, boy. That is so funny!

AAM: There is a part of you, even when we suggested to you that timeout was required, that doesn't know what that means.

Steve: Yes, that's right. That's why you called me "wildcard" to [Blue Star], right?

AAM: Yes and your Higher Self, your Universal Self has given permission for

these overrides. [I gave him permission long ago; he doesn't need to ask.]

Steve: I thought it was funny when it happened. I could see your hand in it. (AAM, Nov. 26, 2019.)

(7) See *Our Enlightenment Partnership* at <https://goldenageofgaia.com/wp-content/uploads/2024/02/Our-Enlightenment-Partnership-5.pdf>

(8) For background, see *An Explosion in the Meaning of Humanness* at <https://goldenageofgaia.com/wp-content/uploads/2022/11/An-Explosion-in-the-Meaning-of-Humanness-12.pdf>

It Took 78 Years to See Something That Obvious

March 11, 2024

<https://goldenageofgaia.com/2024/03/11/it-took-78-years-to-see-something-that-obvious/>



75 more years? Really?

As you know, I follow the awareness path. And the object of awareness is the "Self" and all its disguises. Whatever shows up as "I" in my inner conversation is a self worth observing. (1)

Why? What's the benefit? Well, I'll tell you one huge benefit that showed up today.

I was doing errands and asking myself why I felt so awful. And then I caught myself thinking one itchy-bitsy not-very-positive thought. And I felt awful.

Now usually I go after the content of the thought. But today I didn't. Today I got

the causal connection.

Today I got at an experiential (and minor) realizational level (2) that any fleeting negative thought that I get a hold of and cling to will have me end up feeling awful.

Getting it at last is mostly because of the rising lovelight energies, I believe. (3)
The rest is due to the work I've been doing, which I share with you daily.

I've become so sensitive to what I think, feel, and do that having a negative thought is like an anchor dragging me down to the depths.

John-Roger said he could not afford the luxury of a negative thought and now I get it.

Not like I want to be a fast-talking dude with a five-mile smile. I'll settle for a beacon of love and consider that I've fulfilled my soul contract!!!!

Is it not the most obvious thing in the world to say: "Think a harmful thought and you'll feel bad"?

I feel dumber than dumb seeing how obvious that relationship is and how I never saw it or acknowledged it till now.

I can't stop the passage of a thought across the screen of my mind. But I can't afford the luxury of holding onto a negative thought, getting behind a negative feeling, or carrying out a negative act.

It took me 78 years to see something that obvious....

Footnotes

(1) See *Let's Go! Let's Grow! Vol. 1. Awareness* at <https://goldenageofgaia.com/wp-content/uploads/2021/07/Lets-Go-Lets-Grow-V1-Awareness-R9.pdf>

(2) On the levels of knowledge, see:

- "Who's Behind the Curtain?" February 13, 2023, at <https://goldenageofgaia.com/2023/02/13/whos-behind-the-curtain/>
- "Realization is Simply Seeing from a Higher Level of Consciousness," February 25, 2022, at <https://goldenageofgaia.com/2022/02/25/realization-is-simply-seeing-from-a-higher-level-of-consciousness/>.

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 (3) Here's a description of that lovelight energy:

Divine Mother: Yes, sweet angels of mine, my legion of light, my angels of love, you are in the middle of the Transition. You are in the middle of the Shift. You are riding the waves of love that the Father and I are sending directly into your heart, through the portal of your heart, through the Ascension portal of the planet.

And from there it is diffusing into each of your chakras, into your body, into your brain and yes there is also energy being sent directly through your crown chakra. It is activating not only your pineal, your hypothalamus, your pituitary; it is activating portions of your hemisphere that have never been activated in the human race. ("Ride the Waves of Love Being Sent to Us by Universal Mother," May 22, 2012, at <http://goldenageofgaia.com/2012/05/ride-the-waves-of-love-being-sent-to-us-by-universal-mother/> .)

The Way of Awareness is Easy; or, Independence at a Deeper Level

March 14, 2024

<https://goldenageofgaia.com/2024/03/14/the-way-of-awareness-is-easy-or-independence-at-a-deeper-level/>



Independence is a must!

I get to see that I've been taking something Michael said to me far too superficially.

This dawning awareness or realization is coming simultaneous with me claiming more of my personal authority, which I've been calling my "Adult" state, but which we usually call our Universal Self. (1)

I merged with my Universal Self quite some time ago so the connection is established. (2) I see us as a Slinky, with him in the higher realms.

I believe Michael was referring to this very situation when he said:

Archangel Michael: A very large quotient, shall we say, of you is living ... in the higher-dimensional realm. Then there is a part of you that is in fact in the, shall we say, the morass of the chaos in the lower (for lack of a better term) dimensional realm because that is where the work is. (3)

I always regarded that statement as cryptic. If that's so, why am I such a bumbler? And why don't I have more compassion, etc.?

But I'm now beginning to see more exactly what he may have been saying.

Specifically, what Michael said that I've been taking superficially is my need for independence. I think he stressed that more over time because I was ready to hear it more over time. I was emerging.

He first stressed the need to have "an independent voice" soon after we began our readings together:

Archangel Michael: There is need for an independent voice, a voice that not only delivers the message of your star brothers and sisters, but takes into account the climate and the evolution, the spiritual, mental and emotional evolution of the beings upon the planet and Gaia herself, and in that acts as a translator for the highest good of all. ...

I will help you, obviously. (4)

Well, thank you for that reassurance, Lord! Sounds like I'll need it!

On another occasion he stated:

AAM: Remember, dear heart, what we have said: you build the foundation for communication with the humans and with your star brothers and sisters; you build the ethical platform. (5)

Ok, that was helpful at getting at the need for independence.

I could give you a page of quotes in which he stresses the theme - financially, editorially, administratively, etc. Let me give just a few so you get the flavor:

AAM: You are stand-alone. *We* are a stand-alone and it is important that this truly be adhered to. (6)

AAM: Dear heart, do not allow yourself to become the spokesbeing of any view or group - your independence is critical at this juncture (as it was during the times of Galatia) - do not waver. (7)

AAM: The blog site has need to retain its independence as an independent entity that has been in place and strongly formed and anchored prior to any establishment of the [Michaelangelo] foundation and the various, can we say, fingers or elements of that foundation.

It needs editorial independence. It needs policy independence. It needs direction independence and financial independence.

The blog site has need — and there is reason for this that will become apparent later — it has need to be an independent platform. (8)

I get it at an intellectual level. How and when am I going to get it at a deeper, experiential level? And realize it? (9)

Moreover he's pruned the tree of my relationships so that no conflicts might arise for me when my humanitarian work begins post-Reval:

AAM: We don't want you to feel or to be beholden – financially, emotionally or spiritually – to anybody. ...

We are setting up ways in which this, can we almost say, removes you from those heartstrings so that there is wisdom and balance and an understanding of the higher good [in your decision-making]. (10)

It's all about balance. It's all about remaining in the middle. The middle is a portal to the higher dimensions. When we remain in the middle that portal opens. (11)

I know that *now*. I didn't ten years ago.



Finally I got it. All of this is in aid of, and would be utterly useless without, me experiencing - and, better still, realizing - my always-already-existing inner independence.

I give that independence away, as we all do, to people who play a role in my life.

Without becoming a dictator, which would be to move to the extreme in another direction, I'm to stop allowing myself to be swayed in my decisions by unhealthy, in the worst case co-dependent, interactions.

My overall independence is affected by external circumstances. If this were WWII, my outer independence might be curtailed in important ways. I might cede it to the state for the duration of the war as a matter of patriotic loyalty. But always we retain the inner power of choosing.

If the state is corrupt, as most of ours are, we can choose not to obey it. And it'd be for the highest good of all that we do so.

I think Michael is referring to this much deeper level and meaning of independence. The kind of thing we're referring to when we talk about things like co-dependency or slavishness. That which is co-dependent or slavish must now re-establish its sense of independence.

Being independent of outside influences is one part of it; being independent of "inside" influences is even more important; that includes friends and relatives more than colleagues and associates.

What I see in my own case is that, once we see what it is we're really talking about, once we see what "independence" may mean at deeper levels, we simply drop the acts and routines we run that stand in the way of experiencing that independence. We just stop.

That's all it takes because we're naturally independent. We're also naturally pure and innocent. Just look at Amelia:



A little child shall lead them.

Our acts and numbers - our pretense and image management - are no longer useful. We've outgrown them. We no longer need them where we're going. And I now see that.

This is another example of realization transforming the way we live life almost effortlessly, in the sense that, after realization, we just drop what has not been working so far. The way of awareness may take vigilance and effort, but in all else it's easy.

Footnotes

(1) See "Who's Behind the Curtain?" and "Big Steve Writing" in *Let's Go! Let's Grow! The Renaissance of Human Growth Vol. 1. Awareness* at <https://goldenageofgaia.com/wp-content/uploads/2024/03/Lets-Go-Lets-Grow-V1-Awareness-R10.pdf>

(2) See "Is This What You're Looking for?" – Part 1/2," in *An Ascension Ethnography. Part 1* at <https://goldenageofgaia.com/wp-content/uploads/2024/03/An-Ascension-Ethnography-Part-1.pdf>

(3) Archangel Michael in a personal reading with Steve Beckow through Linda Dillon, Jan. 18, 2020. (Hereafter AAM.)

(4) Ibid., April 26, 2011.

(5) Ibid., April 10, 2012.

(6) Ibid., Nov. 26, 2019.

(7) Ibid., July 7, 2011.

(8) Ibid., Feb. 7, 2013.

(9) "Truth begins as intellectual knowledge, but can never manifest into expression until realized. (The Arcturian Group. Channelled by Marilyn Raffaele, January 10, 2016, at <http://goldenageofgaia.com/2016/01/11/the-arcturian-group-via-marilyn-raffaele-january-10-2016/>).

On the levels of knowledge, see:

- "Who's Behind the Curtain?" February 13, 2023, at <https://goldenageofgaia.com/2023/02/13/whos-behind-the-curtain/>
- "Realization is Simply Seeing from a Higher Level of Consciousness," February 25, 2022, at <https://goldenageofgaia.com/2022/02/25/realization-is-simply-seeing-from-a-higher-level-of-consciousness/>.

(10) AAM, May 2, 2018.

(11) For "the middle," read "the heart."

A Day Ahead of Us on the One Journey We All Make – Part 1/2

[March 16, 2024](#)

<https://goldenageofgaia.com/2024/03/16/352844/>



Gripped by that love

Before I experienced higher-dimensional love, no amount of words helped me to know what it was.

I wouldn't have been able to "imagine" it because I'd had no experience of it.

All I could do was to listen to other people describe what the impact was on them.

Now I get what has all the sages exclaiming - giving up careers for, living off in the woods for.

But now I face their quandary: I'm reduced to being someone using useless words to describe a reality (A) beyond ours and (B) uncontainable in any of our languages.

Me, a wordsmith. I now have a different problem!

The only useful role I can play is to be a cheerleader for love. And a visionary. And a commentator.

Pointing the way: Follow the signs marked "Love." Where they don't exist follow your heart.

Why? Because your heart is a direct line to the Mother/Father One - and to your angelic Universal Self along the way. Yes, like a party line. Everyone's listening in.

But it's also a channel for love. And that love you can feel as you draw it up from your heart and send it out to others.

But this is not about the party line or the love channel. This is about making use of them.

For now, anyways, I can only see things from the point where I stand. That's a limitation.

But I can feel things more broadly. I'm less limited in that area.

When I'm in the state of love with another, there's such harmony between us that our coordination is like the mating dance of two eagles in the sky.

"Yes, yes, yes. That's all well and good. But whole towns are being vaporized by DEW weapons."

It's tragic beyond words. It doesn't help to know that allowing evil to show itself is the only way to rally the global population behind throwing off their chains.

This planet agreed to ascend as One. Everyone who could tolerate the higher vibrations of love and light is welcome.

That doesn't, however, guarantee that everyone will ascend. Some have not enough lovelight in them to tolerate the higher realms. Others simply refuse to participate.

We're actually in the Time of Separation now, predicted back in the late 2000s. (1) Let me allow the Divine Mother to explain what happens to those who refuse to participate:

Divine Mother: Those people who just simply say “no, I don’t want to do this” will be gathered up in mercy, in compassion, gentleness and kindness – not brought to somewhere else, let me be very clear about that – they will be brought home for reconstitution. ...

They will either die beforehand or die during, because they cannot incorporate the level of the love energy – because that is what Ascension is – they cannot incorporate that and it literally... you have heard of situations, especially you... have heard of situations where people’s hearts simply stop or explode for no explained reason.

It is simply because they cannot continue on, and the merciful thing to do is to simply, gently and kindly, bring them home. (2)

It's not that Ascension is exclusive; it's that spiritual physics prevails, as Matthew explains:

"Earth is nearing vibratory levels where the light is so intense that all who have refused the light - the ones we speak of as dark simply to indicate their lack of light - will die. That may sound unduly harsh, but it is not a matter of some 'divine' judgment or punishment - it is simply the physics governing life in this universe that bodies bereft of light cannot survive in those higher vibrations. In short, all those who have been causing fearful conditions will be disappearing." (3)

The higher realms are not called "higher" for no reason. Those using fear on us will disappear. We don't have to bloody our hands with executions as we enter a golden age.

The higher dimensions, as I've experienced, are drenched in love, later bliss, later ecstasy. An evil heart will be like a marshmallow over a campfire. It won't be able to tolerate the "heat" and "light" of the more refined domains.

(Continued in Part 2, tomorrow.)

Footnotes

(1) See:

- Not Everyone will Choose to Come with Us: The Time of Separation at <https://goldenageofgaia.com/wp-content/uploads/2023/01/Not-Everyone-will-Choose-to-Come-with-Us-R6.pdf> and
- Some will Choose not to Ascend: The Time of Separation at <https://goldenageofgaia.com/wp-content/uploads/2022/11/Some-Will-Choose-Not-to-Ascend-4.pdf>

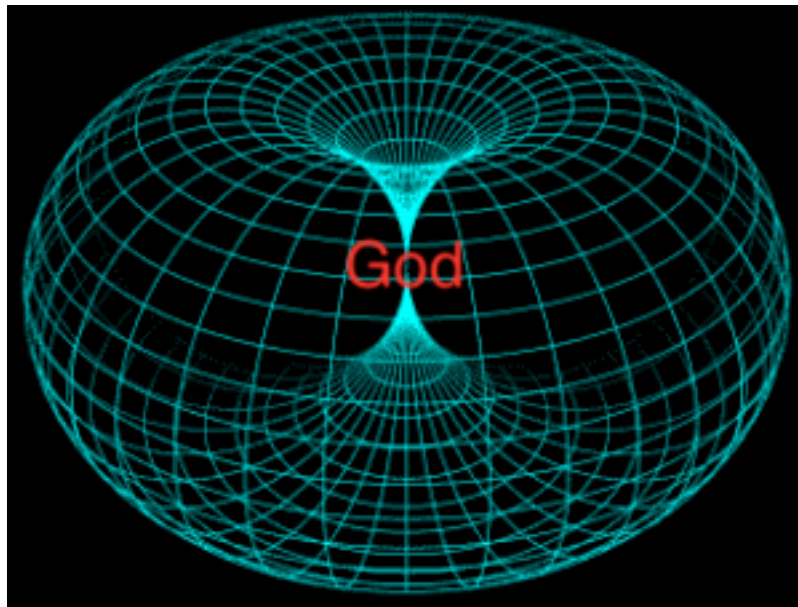
(2) “Universal Mother Mary’s Ascension Splash!,” channeled by Linda Dillon, May 31, 2017 at <https://counciloflove.com/2017/05/universal-mother-marys-ascension-splash/>.

(3) Matthew's Message, April 23, 2011.

A Day Ahead of Us on the One Journey We All Make – Part 2/2

[March 17, 2024](#)

<https://goldenageofgaia.com/2024/03/17/a-day-ahead-of-us-on-the-one-journey-we-all-make-part-2-2/>



The One Journey we all make: From God to God

(Concluded from Part 1, yesterday.)

There will be no violence in those higher realms. I know that from experience. I spent nearly a year (2015) intermittently in love and bliss, said by Michael to have included a brief moment beyond the dimensional world. (1)

I know that everything above this Third/Fourth Dimensional realm we're all in at the moment is peaceful, harmonious, loving.

As if Michael were to agree with me, in looking for a different quote, I stumbled across this one, which I had forgotten and which says it all:

Steve: The new realm of existence is characterized by universal love and bliss?

Archangel Michael: Yes.

Steve: Alright, so that is what we should be looking for.

AAM: Yes, and it is what is knocking on your door and you are letting in. You have been doing this [throughout 2015] so it is transcending into a more permanent state of that realm of existence.

Steve: Very good. Anything more you want to say on that?

AAM: I think this would entice you adequately, would it not?

Steve: Oh, that state would be the answer to all my dreams, all my requests, I'm sure, Lord!

AAM: It would be the answer to many dreams and you will help many to see it, to discover it, to shift into that realm.

It is not about the separation of humankind when [one is] stuck in the old and the other in a new realm. It is simply opening the floodgates. (2)

It's about opening the floodgates of our heart, not being the one saying "no!" that the Mother was talking about.

Shifting into that realm that Michael described is not about wanting others, if I may use the vernacular for a moment, to "rot in hell." We're all of us on the same One Journey. The greatest help is to send out love, in all ways.

And that brings me to the point of this piece.

In light of what I've just said about life in the higher dimensions, I appeal to all civilians - not the armed forces or police - to foreswear violence, except in self-defense or the defense of our family or friends.

I follow the rule I was taught in karate: Do not strike first. Bearing this out, every exercise begins with a defensive move. We're not taught to attack.

I'm not suggesting that we be foolish or risk our family's safety. But wherever possible in an admittedly-chaotic world ruled by megalomaniacs, forswear violence. Come from not expecting violence. Resist resorting to it.

Ask for help from the higher-dimensional beings first, who surround the Earth and know all our doings. (They cannot intervene unless asked.)

It's never too soon to bring peace to the world. Waging peace has its strategies and tactics as well. Entirely different from waging war.

Knowing what we do - that war has no future on Planet Earth - we can afford to go with the flow of history and build a new world without war.

Very soon G/NESARA will be here. Free energy, med beds, replicators - on and on. Want will disappear from the world. Everyone will have what they need.

Most of all, we'll all be immersed in a sea of love and bliss that will make a retelling of the history of this time seem like a hideous joke. Did people really behave like that?

And just as we marvel now at what their love must be like, they'll marvel at what our primitive state of mind must have been like.

They're a day ahead of us on the One Journey. But we're enroute to getting there.

Footnotes

(1) Steve: The space that I call transformative love, what dimension is it?

AAM: It is the seventh dimension.

Steve: Then what dimension is bliss?

AAM: It is between eight and nine.

Steve: And ecstasy?

AAM: Twelfth.

Steve: And what about exaltation?

AAM: Then you have moved beyond [the twelve dimensions]. (Archangel Michael in a personal reading with Steve Beckow through Linda Dillon, Jan. 20, 2016.)

(2) Ibid., April 13, 2016.

Health Event has had Some Consequences

[April 7, 2024](#)

<https://goldenageofgaia.com/2024/04/07/health-event-has-had-some-consequences/>



OK, just kidding!

Let me add here before starting out that the good side is that my hip pain has almost entirely vanished and the arthritis in my knee is again way better.

I feel certain that the Mother and Michael use events like these for multiple purposes.

As an awareness writer and an Ascension ethnographer, I need to write about what's actually here, right in front of me - the good, the bad, and the ugly.

Moreover I've agreed with Archangel Michael to live in the moment, which precludes hiding and denying. (1)

If I were to hide, I'd lapse into talking over top of my feelings, my depth would disappear, and my usefulness would quickly diminish.

The kicker is that, if I start to block things rather than share them, (A) not only will my awareness decrease, but (B) my awareness that my awareness has decreased will also decrease. I won't be aware of what has happened.

So let me state plainly that the health event - which I believe was a minor heart attack that happened in my sleep (2) - has had some consequences. My energy level has decreased. My ability to concentrate is not quite as great.

My long-term memory and my writing are unaffected. But my short-term memory (what did I have for breakfast?) is a little worse than it was, causing concern to folks around me.

And, by the way, others around me report the same memory loss. AND Michael has explained mine to me. (3)

On the short-term memory, I have to surrender to being here now because I have no other choice.

It's just that the prospect of being only in the present, as he'd like me to be, forgetting about Third Dimensionality, scares me. My fear is that I could end up in a psych ward for being "out of touch with reality." Promise you'll come and get me!

All that aside, how it looks to me at present is that I'm in a normal recovery phase and that may take a short while. But I need to keep working just the same.

So I may switch over to researched material for a while, rather than current-events commentary (which requires me to keep up with a baseline of events, which is rapidly probably getting beyond anyone's reach).

I may have to narrow down my range of focus, again to prevent stressing out trying to keep up (which I'm sure was the cause of the first health event).

Med beds are the answer. And the Divine Mother is the answer above and beyond medical technology.

Michael and the Mother have demonstrated that they want me to stay by stopping every heart-attack symptom I had. As long as they want me to stay, I'll stay.

But, right now, switching for a while to researched backgrounders and reining back from "covering the whole of the waterfront" will give me the room and space I need to recover.

Thank you for your understanding.

Footnotes

(1) Archangel Michael: This is an agreement that we have. ... You have agreed and you are living very much in the moment.

One of the difficulties of humans is that they have a proclivity to either live in the past (and it can be recent past or ancient past) or to project themselves and live in the future.

It is a very curious malaise that most of the human race - yes, most of the human race - chooses not to live in the moment. So you are living in the moment. And you say, "Yes Lord I'm very willing to live in the moment but I would like to be able to access memories, recent events so I don't feel like a fool."

We hear you. (Archangel Michael in a personal reading with Steve Beckow through Linda Dillon, Aug. 5, 2020.)

(2) See:

- "After the Download Comes the Ride," February 27, 2024, at <https://goldenageofgaia.com/2024/02/27/after-the-download-comes-the-ride/>.
- "No One Else Needs to be Awe-struck, But I Am," March 4, 2024, at <https://goldenageofgaia.com/2024/03/04/no-one-else-needs-to-be-awe-struck-but-i-am/>

(3) Michael discusses memory loss here (and in other places):

Steve: Sometimes my memory goes completely blank and I can't remember a word or can't remember what I was saying and it's pretty embarrassing. That's for sure.

AAM: So make sure, Sweet One, that you are [anchoring] adequately because you are travelling inter-dimensionally. That is where those lapses tend to occur is when you are shifting dimensions. And so make sure that you are deeply anchored into

your Mother Gaia. (Archangel Michael in a personal reading with Steve Beckow through Linda Dillon, May 13, 2020.) (Hereafter, AAM.)

Steve: Do I have Alzheimer's?

Archangel Michael: No.

Steve: So there's no percentage in me going to the North Vancouver Company and going through their tests... Because I don't, right?

AAM: No, you don't. Now, let us be clear about this. Is there some interdimensional, is there a great deal of interdimensional and what people would think of as mental or memory slippage? The answer is yes, and you have known this for some time. [Since at least 2012.]

Do you have calcium or other deposits in your brain? Yes, you do. Most people do. And so ... it would be a false [trail]. So [going for tests] is not a path that we are recommending that you travel upon.

What we would recommend is that you begin to work with your DNA markers to simply reset, not only your memory markers (which we have already been restoring), but also to begin to clear and claim your higher-vibrational body, which is already underway as well. (AAM, Sept. 7, 2020.)

Events in the Middle East

April 16, 2024

<https://goldenageofgaia.com/2024/04/16/events-in-the-middle-east/>



My heart breaks - I'm sure yours does as well - at events in the Middle East.

This is destined to be the last "war" on Earth. No more Lemuria. No more Atlantis.
(1)

I've tried my best over the last few years to offer the perspective of the Divine Mother, celestials, and galactics - as channeled through and assembled by Linda Dillon - on the Divine Plan, on what needs to happen before Ascension, etc.

My intention was to have a basic reference library available (for free, so, available without barrier to everyone) at this time, when many people will be awakening and questioning.

Now that that is as available as I can think of making it, that phase of my personal work is more or less done.

The phase that the world is going now through has traditionally been referred to in Ascension circles as "Accountability."

The evil (I intentionally said the word "evil") (2) that is taking place and being practised upon our women and children is about to stop.

There is no intention that I'm aware of on the part of the Company of Heaven to allow the deep state to cause a nuclear war or a world war; just know that. (3)
There *is* an intention to have it seem like one is coming to get the attention of the world's population.

It took the good and decent people in a large number of nations joining together in defiance of their corrupt governments and putting their lives on the line day after day to bring us to where we are today, where the Alliance's plan to stop it is destined to be victorious.

We're beginning the last push, the last defense and defiance of our unlawfully-seated governments and a cleansing of the whole Earth of "evil" behavior and its results.

Matthew Ward summarizes our situation:

"The people need to know the Illuminati, Deep State, One World Order, Shadow Government, the cabal is real—it is not mainstream media's 'conspiracy theory.'

"They are desperate and tenacious, and because they need the low vibrations of fear and suffering to survive, during *this last stage of the battle between the light forces and the dark*, they will cause chaos and devastation. Maybe technologically cause destructive 'natural' disasters, produce a holographic invasion of monstrous aliens, or send mind-controlled individuals on mass killing sprees. (4) (My emphasis.)

We can expect a great deal of thrashing around. When you're armed with high-power directed energy weapons and weather-warfare technology, you have great potential for destruction. And yet we can confidently say that those who are with us are stronger than those who oppose us.

I remind us that people are not evil. No one is evil. No one was born in sin. No one goes to a hell of perpetual fire and brimstone.

I've experienced my own natural innocence and purity. (5) *I know* I was not born in sin. No one could convince me otherwise.

And so it is with everyone. We're all on the same One Journey - from God to God. Just at different stops. (6)

And yet we can't let these pure and refined truths distract us when bullets are flying. First we have to finish the job of unseating those who would enslave our women and children and depopulate the globe.

These are times that try the human soul. At times like these, we have to ask ourselves what our intentions are. On yours I can't comment.

My intention is to support the Alliance plan and the Mother's Plan with every breath I take while ensuring that my motives are always the highest.

Footnotes

(1) See:

- *What's Happening on Planet Earth? The Accountability Phase of Ascension* at <https://goldenageofgaia.com/wp-content/uploads/2021/07/Whats-Happening-on-Planet-Earth-QA-R3.pdf>
- *Muslims Did Not Cause 9/11. We Did* at <https://goldenageofgaia.com/wp-content/uploads/2023/09/Muslims-Did-Not-Cause-911-R3.pdf>
- *The End of Darkness on Earth: the Dawning of the Light* at <https://goldenageofgaia.com/wp-content/uploads/2022/11/The-End-of-Darkness-5.pdf>
- *The Hidden War: Stopping the Illuminati* at <https://goldenageofgaia.com/wp-content/uploads/2023/01/The-Hidden-War-R8-1.pdf>

(2) What the two top-drawer politicians did to the young girl in *Frazzeldrip* was evil. Twice now I've heard what they did described by others but I haven't the heart or stomach to describe it. You recall that New York policemen puked on seeing it.

(3) See *There Will Be No Nuclear War for the World* at <https://goldenageofgaia.com/wp-content/uploads/2024/03/No-Nuclear-War-R5.pdf>

(4) Matthew's Message, Nov. 1, 2023.

(5) See "We Are, All of Us, Innocent and Pure," April 7, 2020, at <https://goldenageofgaia.com/2020/04/07/307247/>

(6) See "Ch. 13 Epilogue" in *The Purpose of Life is Enlightenment* at <https://goldenageofgaia.com/wp-content/uploads/2021/07/Purpose-of-Life-is-Enlightenment-3.pdf>

All will eventually know God, we're told, even those who now practise evil. Sri Ramakrishna asserts:

"All will surely realize God. All will be liberated. It may be that some get their meal in the morning, some at noon, and some in the evening; but none will go without food. All, without any exception, will certainly know the real Self."

(Paramahansa Ramakrishna in Swami Nikhilananda, trans., *The Gospel of Sri Ramakrishna*. New York: Ramakrishna-Vivekananda Center, 1978; c1942, 818.)

Not My Time

April 21, 2024

<https://goldenageofgaia.com/2024/04/21/not-my-time/>



I have to apologize but I'm still processing the medical incident of Feb. 24-5, 2024.
(1)

And marvelling at it!

It had all the earmarks of a heart attack that may have occurred in my sleep with none of the outcomes. It even resulted in a healing.

It was as if someone strapped me in a movie seat and said, "OK, now, we're going to show you a movie and give you realistic sensations throughout your body. But it's all a show."

Lights, cameras, action!

Immediately after getting up from bed in the morning, I found that my words slurred and then it stopped. Thank you for that one.

Next in line was fainting, which saw my body freeze on the way down and never come close to the ground. And then my situation awareness returned and I recovered and carried on.

I see that as divine intervention. It was here that I began to suspect I'd had some kind of medical event while I was asleep.

For the next two days I went through tingling on my left side, bodily shakes, my right hand shaking, a growth in my stomach arising and then disappearing, and finally my knee violently shaking back and forth.

The last one was different from the rest because it actually resulted in me losing 90% of the pain I had from a persisting knee condition and 100% from a hip condition. So they slipped that treatment in with the movie, I think. I believe they use medical events and similar occasions to accomplish several purposes at once.

I also consider it to have been a choicepoint. You want to go? OK, now is a safe time and place to make your exit. We can stop the carousel here.

But I'm what's called a "pillar" - a lightworker who's agreed to stay till the end. (2) So it isn't in my soul contract to go now. Thus I think that Michael and the Mother allowed the symptoms to play on me for a while; they didn't deprive me of the experience. And then they ended it.

I imagine if, at soul level, I wanted to leave, they would have allowed that. Michael implied as much when we discussed early ascension:

Steve: Should I be orienting toward ascending early or not? I have this sense that I'm supposed to be here.

Archangel Michael: You're supposed to be here.

S: So it's not my lot to go early? I'm going to stay at this post?

AAM: If you sit with me and you ask of me to come right away, then of course, I will work with you. Such is my love for you. That has not been our plan.

S: No ... well, I understand that I'm supposed to be doing what I'm doing. I don't want to be going against the plan.

AAM: Then stay put, dear heart. (3)

These are priceless experiences and strengthen my faith in my invisible partners.

That having been said, I was still quite shaken up by the experience but the miraculous nature of it, which implies their involvement, in my mind, far outweighs any medical considerations I may have had.

I don't even see the event as medical so much as a demonstration of a spiritual truth: If it's not your time, nothing will have you leave; if it is your time, nothing can keep you from going. (4)

I hope this incident demonstrates that for you. It certainly did for me. It was not my time.

Footnotes

(1) See:

"After the Download Comes the Ride," February 27, 2024, at <https://goldenageofgaia.com/2024/02/27/after-the-download-comes-the-ride/>.

"No One Else Needs to be Awe-struck, But I Am," March 4, 2024, at <https://goldenageofgaia.com/2024/03/04/no-one-else-needs-to-be-awe-struck-but-i-am/>

"Health Event has had Some Consequences," April 7, 2024, at <https://goldenageofgaia.com/2024/04/07/health-event-has-had-some-consequences/>.

"Still Recovering from My Recovery," April 30, 2024, at <https://goldenageofgaia.com/2024/04/30/still-recovering-from-my-recovery/>

(2) Archangel Michael: I remind you that you are a pillar, that you [are] not [to] venture too far ahead of where people are, both individually in terms of your smaller circle but also in terms of the collective. (AAM, Jan. 18, 2020.)

AAM: If you venture, as you would often like, too far ahead of the crowd, then who are you speaking to? (AAM, Aug. 21, 2015.)

(3) AAM, Sept. 13, 2011.)

(4) Michael said after he saved me from electrocuting myself in 1970:

Steve: I should've been electrocuted! Did you have a hand in that? Tell me what you did or what happened?

Archangel Michael: Well, it was not a major undertaking, Sweet One, to simply prevent the flow of electricity. So, yes, it was not your time. You were, shall we say, young and foolish. ...

Steve: I don't know how I just reconciled it so easily at the time.

AAM: Because there were no consequences! Because the consequences would have been quite dire.

Steve: Well, what would they have been? Dying, right?

AAM: Correct. (Archangel Michael in a personal reading with Steve Beckow through Linda Dillon, Feb. 14, 2019.)

Here is an instance of Ramakrishna's non-dual guru Totapuri, tired of life, thinking he can choose the time of his exit. He walks into the Ganges but no matter how far out he walks, the water does not come above his shins.

"Suddenly, in one dazzling moment, [Totapuri] sees on all sides the presence of the Divine Mother. She is in everything; She is everything. She is in the water; She is on land. She is the body; She is the mind. She is pain; She is comfort. She is knowledge; She is ignorance. She is life; She is death. She is everything that one sees, hears, or imagines. She turns 'yea' into 'nay'; and 'nay' into 'yay.' Without Her grace no embodied being can go beyond Her realm. Man has no free will. He is not even free to die. Yet, again, beyond the body and mind She resides in her Transcendental, Absolute aspect. She is the Brahman [God the Father, the Void] that Totapuri has been worshipping all his life." (Swami Nikhilananda, trans., in *The Gospel of Sri Ramakrishna*. New York: Ramakrishna-Vivekananda Center, 1978; c1942, 31.)

Finally a story from Rumi, based on memory. A wealthy businessman was relaxing in his host's garden twenty miles from his home in Teheran. Suddenly he saw the Spirit of Death walk across the garden 100 yards in front of him.

In a panic he bade a hasty goodbye to his host and raced home to Teheran. Sitting in his own garden in the evening feeling safe, he was horrified to see the Spirit of Death approaching him. He said, I saw you in the garden outside town this morning and raced home to get away from you. And the Spirit of Death replied, yes, I saw you too and was surprised for I was planning to meet you here in Teheran, about this time.

Still Recovering from My Recovery

[April 30, 2024](#)

[Not posted](#)



Credit: Freepik.com

I'm still musing on what I think of as a heart attack that occurred, I believe, in my sleep on Feb. 24, 2024.

I've been through my share of medical experiences, but none of them has impacted me the way this one has. I was there, so to speak, feeling what it was like to have my body, with a mind of its own, shake and shake and shake.

I felt something growing within my stomach and then subside.

When I fainted, I saw myself heading for the floor and then I froze.

These things are not supposed to happen. No other medical experience I've had has departed from "what was supposed to happen." All of them went by some terrestrial person's playbook - a specialist, a nurse, a surgeon. If I told a medical specialist about it, they'd think I'd lost it.

It wasn't the mitigation of just one symptom or a possible fall, but symptom after symptom over the course of two days.

In this one, the Mother and Michael were the performing surgeons and nothing went by any playbook I'm aware of. And I was there. I experienced it.

Jesus healed with a touch. Michael shakes the living daylights out of you! I'm sure not going to fail to notice that!

What has it been? Two months and still I haven't recovered from the shock of my recovery.

I have a possible minor heart attack and emerge able to walk again without impediment. ... Wait a minute.... That isn't supposed to happen. The reverse is supposed to happen.

I'm sitting here, with my mouth open, amazed by the events that have happened.

If I do go, I know beforehand that it will be because I chose it. Choicepoints are just that: Points at which we can safely choose whether we'll go or stay. They're not automatic death sentences. We've stopped the carousel for a moment. Anyone who wishes may safely disembark.

And if I did go? OMG. Don't you cry for me, Argentina. I'll be showering you with love from the other side.

I have no intention of leaving, but I very much enjoyed the show. I am, as it were, still recovering from my recovery. This amazement I feel - I think the divine quality is "awe" - is not a circumstance I'm rushing to recover from.

A Healing Journey

April 26, 2024

<https://goldenageofgaia.com/2024/04/26/a-healing-journey/>



Med beds: The next level to miracles

I know a lot of our readers are interested in healing - either themselves or others.

Med beds are the wave of the future but we still have to get from here to there. So let me discuss the events in my healing from a slipped disc and arthritis in the knees (primarily right).

I divert for a moment: In spiritual circles, the notion of shaktipat exists: The bestowal of grace upon a follower. Usually what happens is that a person meets a guru or sees their picture and they have a sudden experience of higher-dimensional love or bliss.

When I first encountered a picture of the guru/avatar whom I followed for 25 years (and who eventually turned out to be a pedophile) ... long sigh ... I meditated on him.

Long story short I ended up experiencing a bolt of energy hitting my third eye. I went outside to tell my girlfriend what just happened. She said it must have been something because my hair was standing on end. I looked in the mirror and it was.

In the same way that a new student or disciple might experience tremendous results just out of the starting gate, so, I assert, when we take up a new treatment, there can be in the beginning tremendous yards gained and then fewer after that.

I received my greatest gains from scalar energy in the first couple of visits. I was pain free and then over time the pain returned. And the treatment center was so far away by bus that the thought of going there interested me less and less over time. (Cost was also a factor.)

My next exploration was chiropractic. But we never got very far before my medical insurance stopped paying and I couldn't afford to continue.

Fast forward to Feb. 24-5, 2024, when I believe I had a minor heart attack while still asleep. For the next two days, I went through a short time with many of the usual signs and symptoms of a heart attack, and then they all, one by one, subsided and did not return.

As an aside, I'm very grateful for having been shown what a heart attack was like without being asked to bear severe, continuing consequences. I need to know about these things for an assignment that lies in the future.

But back to the divine method of healing. My chiropractor was very wary of just going in there and bone-crunching a 77-year-old. Archangel Michael had no such qualms and so my next phase of healing occurred during the "heart attack."

My right knee began to slam in one direction and then slam in the other. The movement was so unlike anything else that happened that day that I was dumbstruck by it.

But when it was all over, the pain in my knee was gone. And within a week, there was no more pain from a slipped disc. And now I've had almost two pain-free months.

I did not need to have Jesus standing over me in the flesh, healing me, to know I had just experienced a healing - and what we'd call, with our limited knowledge, a "miracle."

If there were a moral to the story, it'd be: Don't overlook divine assistance if you ask for it; even better if you invoke a law.

But all that will be impacted by the arrival of med beds.

When combined with all I learned after prostate surgery, in which I lost a lot of control below the belt, I've been given a very good, "hands-on" introduction to how it is for senior citizens. I know this knowledge will be valuable later on and I'm most grateful for it.

Shame Arising

Not posted



Ooooooooooooo.....

Credit: canstockphoto.com

It must be a week now since I was taken to task by a restaurant manager for standing on my entitlement. (1)

At last, this morning I could name the feeling I was dancing with all this time: shame.

I was far too afraid of disappointing my Mother to do anything exciting, salacious, etc., so not to worry. Nothing even deliberately, outright mean, although my anger was a definite problem.

There were others who were more sensitive to shame and others who were less. All I know is that I didn't like the experience at all.

Once I made a stupid, sexual comment in a letter to the Ubysey, UBC's student newspaper. My Mom sent it back to me with "Ugh!" written underneath it. That was enough. I watched myself from that moment on.

So it was shame that was triggered here. Shame lay underneath the initial anger of the moment and my own disappointment that I needed to encounter pushback. And here I hear myself starting in with the self-serving excuses, denials, and justifications. Let me spare you.

I'm down through the anger. (2) Into the vein of shame. Notice that this is not a two-handed script, like my Mother-and-Father routine is. This is temporal. First there is anger; next, temporally, there is shame.

There's no knowing from here where I'll be once I'm through the shame. And, yes, I'll use the law of elimination to have all of it removed from me. And I'll ask the Lords of Karma to forgive the remainder of my shame-related karma. Ascension will be a fresh slate for all of us.

As I said originally, I want to use a situation like this, that really hurts, to get at some of these deeply-buried issues and upsets (vasanas).

What happened to going outside and playing? What happened to having a happy, carefree life?

I know it's coming. It's just getting from here to there in one piece, while everything hid is made known, that's at issue.

One final note: It's been about two hours since I identified the feeling as shame. It's now beginning to lift. I've gotten to the other side of shame for the first time.

Usually I resist it, divert myself, get busy, etc. This time I stayed with it until it departed. Next time should be easier until Ascension wipes the slate clean.

Footnotes

(1) On that galvanizing incident, see:

- "“The Way In is the Way Out,” April 17, 2024, at <https://goldenageofgaia.com/2024/04/17/the-way-in-is-the-way-out/>
- “Damn the Torpedoes' Won’t Work Any More," April 18, 2024, at <https://goldenageofgaia.com/2024/04/18/damn-the-torpedoes-wont-work-any-more/>

(2) On the awareness process I'm following, see

- "Jeshua: The Third Way" through Pamela Kribbe, Jan. 4, 2018, at <https://goldenageofgaia.com/2018/01/04/291682/>
- *Let's Go! Let's Grow! Vol. 1. Awareness* at <https://goldenageofgaia.com/wp-content/uploads/2021/07/Lets-Go-Lets-Grow-V1-Awareness-R12.pdf> and
- *Vasanas: Preparing For Ascension by Clearing Old Issues* at <https://goldenageofgaia.com/wp-content/uploads/2024/03/Vasanas-Preparing-for-Ascension-R13.pdf>

The Change-over from Negative to Positive

May 18, 2024

<https://goldenageofgaia.com/2024/05/18/the-change-over-from-negative-to-positive/>



As I emerge, ascend, and integrate, I find myself navigating the change-over from negative (the troll under the bridge) to positive.

Let me say a word about "being positive" at the get-go.

I'm aware of the objections to "being positive." I was there myself. I postponed making a needed transition in my life for decades out of not wanting to "be positive."

One is that "being positive" as a rule flies in the face of reality. We live in a world where negativity exists, where a large percent of the population lives below the poverty line, many homeless, many without access to clean drinking water, etc.

There's nothing positive about these conditions to those who have to endure them. And being positive in the face of it seems insensitive, self-focused.

Moreover, if we look more generally, I think we'll see that, if we mandate any line of behavior, we run into trouble with the exceptions. If the exceptions are major, we talk about being abused, oppressed, and exploited.

Werner Erhard warned against taking a side like "the positive." If we decide ahead of time how we'll be, no matter how it is, we've "de-cided" the matter. We have, linguistically speaking, "killed the alternative." Transformation usually does not show up in a closed space.

Another objection: In social discourse we talk about positive people as "Pollyannas," folks who were always looking on the bright side of life, implying naive people or a degree of empty-headedness or compliance.

Now of course I get to see that the Pollyannas take the prize. I'm now aware that they were pioneers who were often unfairly disparaged, fuelled by a source I knew nothing of.



Separation ---> No Transformative Love. Unity ----> Transformative Love

May 20, 2024

<https://goldenageofgaia.com/2024/05/20/separation-no-transformative-love-unity-transformative-love/>



The process of integration, or the collapse of mental walls, continues.

At this moment, I feel very peaceful. I glow with love. The honeycomb releases the honey.

Let's just take a look at that. The mental walls of separation fall and, now, feeling united within myself, I glow with love.

1. Separation (mental walls, compartmentalized knowledge)

Ordinary experience of life; no transformative love

2. Unity (reconciled within myself, integrated knowledge)

Non-ordinary experience of life; glow with love

Is our curiosity not tweaked as to why this should be? We could search for other examples, but we all have probably been considering this question - Is there a

direction to life? - since we entered school. No need to treat it like something newly considered.

Separation ---> No transformative love. Unity ----> Transformative love.

I'd like to hypothesize that there is indeed a direction to life reflected in that ordinary, everyday sequence of events, happening right this minute.

Just based on this one sample in the Petri dish of life and a lifetime of reflection, the direction of life seems to be towards more and more love.

Above the eighth dimension, love takes the flavor of bliss.

Just as Bernadette Roberts found, what was appropriate at one level turns out to not feel appropriate at another. Love has us want to share, but bliss has us seek solitude. And yet up and up we go.

Always expanding; always more peaceful and competent, tolerant and patient.

I guess I'd seen enough of my rackets and numbers, scripts and acts to use this time to get the whole of it in a gestalt or flash. I'm looking at that "flash" now.

I was a philosopher a long time ago. A crotchety but generous philosopher - I'd say that that was my act: Do not disturb when writing. All conflict in my life seems to stem from needing quiet time or not having enough time to concentrate and "see." That says it all. Or at least in my own, probably self-serving, telling.

Notice at the end of this process from love to bliss and beyond I progressively know more about myself. I can see my act.

That allows me to take my act off like a hallowe'en costume and hang it in the closet. How handy is that if I'm navigating the changeover between negativity and positivity?

So, in terms of ascending, what I'm doing is carrying out the inner housecleaning, straightening the furniture, getting everything ready. I'm doing as much of the work as I can beforehand.

We're all of us already ascended anyways. (1) It isn't about us. It's about setting the Mother's pattern or template for this new type of Ascension that she has planned. (2) This template will be initially used throughout the universe.

And it isn't accurate to call it "work." All we're being asked to do is what Werner Erhard called riding the horse in the direction it's going. We see the direction of life - to more and more love - and we've stopped fighting it.

We're now aligned with the purpose of life.

And, finally, what is that purpose?

According to me, it's to know who we truly are. When one of us realizes that identity, God meets God and for that meeting was all of this created. (3)

Footnotes

(1) The Divine Mother says we're all angels in this generation. If we are, then, we're all already ascended:

Divine Mother: Let me be clear. There is not one being – human, starseed, hybrid or earthkeeper – that is not one of my Angelic Beings. And it matters not whether you belong to the Legion of Michael or the Tribe of Uriel, the Praisers of Metatron or the Truth Speakers of Gabrielle. It does not matter your colour, your hue. You are my Angels, birthed from my being – birthed not only from my womb, but from my heart. ("The Mother's Clarion Call to All of Humanity!" April 20, 2020, at <https://goldenageofgaia.com/2020/04/20/the-mothers-clarion-call-to-all-of-humanity/>.)

(2) The Mother tells us:

Divine Mother: This is unique. It is a new creation. Can you imagine, my son, in all this expanse, that this is new? ("The Divine Mother: We are Creating a of Humans, July 10, 2014," at <http://goldenageofgaia.com/2014/07/12/the-divine-mother-we-are-creating-a-new-species-of-humans/>.)

DM: We are creating a new species — if I say it this way, you will understand — a new species of human, conscious, heart-directed, brilliant, creative and determined. And you are doing it not by leaving, but by staying. (“The Divine Mother: We are Creating a New Species of Humans,” July 12, 2014, at <https://goldenageofgaia.com/2014/07/12/the-divine-mother-we-are-creating-a-new-species-of-humans/>.)

Archangel Michael: Dream big! But yes, do not forget, this is a template for this Universe. ...

As [this] is the Truth, as [these are] the templates, the grid, then it is ready to be replicated in other planetary systems.

And each of you will be pivotal in helping to do that. (“Archangel Michael: Let Us Create Peace on Earth on Feb. 14, 2015 – Part 2/2,” February 4, 2015, at <https://goldenageofgaia.com/2015/02/04/archangel-michael-let-us-create-peace-on-earth-feb-14-2015-part-22/>)

(2) See "Chapter 13. Epilogue" in *The Purpose of Life is Enlightenment* at <https://goldenageofgaia.com/wp-content/uploads/2021/07/Purpose-of-Life-is-Enlightenment-3.pdf>

Have you ever had the desire to take your most important discovery or formulation to God to get confirmation? I got exactly that chance on Oct. 26, 2018:

Divine Mother: You are one that, because of your adherence to Truth, likes to go to the Source. That is alright. *That is the way it has been designed.* [My emphasis]

Steve: ... What is the way it has been designed, Mother? ...

I mean, the Source, the One wants to know itself. Is that correct?... And it can't because it's everything. So it's taken the aspect of Yourself and designed a universe in order for us to learn our true identities. The moment of Enlightenment is when God meets God. Is that correct?

Divine Mother: That is correct. ... Yes, it is designed this way. (“Divine Mother: Know God but Through Joy,” November 4, 2018 (Oct. 26, 2018.) at <https://goldenageofgaia.com/2018/11/04/divine-mother-know-god-but-through-joy/>.)

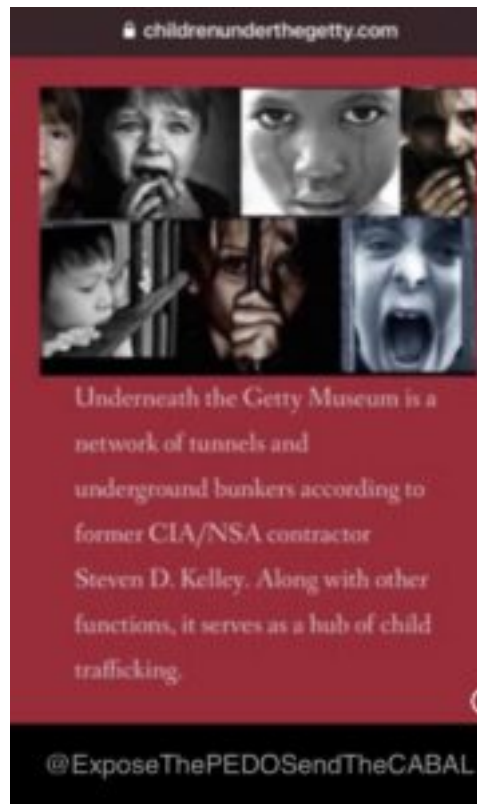
Someone help bring me back to Earth!

(3) See "Ch. 13 – Epilogue" in *The Purpose of Life is Enlightenment* at <http://goldenageofgaia.com/wp-content/uploads/2011/08/Purpose-of-Life-is-Enlightenment.pdf>

Five Point Plan

May 22, 2024

<https://goldenageofgaia.com/2024/05/22/354539/>



The tendency of a freedom-loving, democratic society is to feel the push towards forgiveness and, sometimes, to rush into it before following four other steps which I think are crucial to a lasting peace.

They are:

- (A) Rescue
- (B) Removal
- (C) Revelation
- (D) Restitution

Before:

(E) Reconciliation

(A) Rescue

There are large numbers of women and children being sex-trafficked along well-established underground, surface and above ground routes.

There are large numbers of children being tortured for adrenochrome production; others killed for organ harvesting; on and on. They must be rescued first before we rush to reconcile.

If you spoke to me about it, reconciliation would have no relevance for me at this stage. Rescue and survival would have my full attention.

(B) Removal

Removing the Satanic elite that at present governs the planet is being done as we speak, behind the scenes.

All American presidents except Jimmy Carter and Donald Trump have been tribunaled and executed. The same fate awaited royalty, other government leaders, pharmaceutical executives, numerous Hollywood celebrities, etc., all of it without the public knowing or perhaps even suspecting.

Or if they knew or suspected, they kept quiet. If too many people knew that Joe Biden is being played by actor Arthur Roberts, the last real hold on power that the cabal has might be lost.

(C) Revelation

The entire truth about what Candace Owen called "institutional evil" needs to be known. (1) There can be no sweeping things under the carpet as there has been in an almost routine manner in recent times; witness the Clinton body count or the number of corrupt alphabet-agency investigations.

The fact that not all is seen or known allows the darkness to retain a foothold and continue, as they did, for example, via Operation Paperclip after WW2. (2) This time, Matthew Ward has said, the dark's time is over:

"The [highest universal] councils hold that the reign of darkness on the planet is over for once and for all."

But...

"... the wealth of [off-planet] assistance does not include action that is within Earth residents' capabilities. Taking legal action to prosecute proven evildoers is the peoples' responsibility." (3)

So we won't escape the need to bring the perpetrators and abusers to justice. That's expected of us.

I agree with that.

(D) Restitution.

A restoring of balance needs to take place, in whatever form is legally and morally stipulated and fair. That may take the form of individual restitution or imprisonment, as the "reconstituted" law requires. All relevant situations that are out-of-balance should be addressed if at all possible. And not grudgingly.

(E) Reconciliation

When everyone being trafficked or exploited is rescued, the guilty party is removed from power, the truth is entirely known, and balance is restored, then I'm ready to discuss reconciliation.

Anything less would be to skip over important parts of the process of bringing lasting peace to Earth.

Perhaps I should say, as background, that I've seen evidence of hideous things being done by our present-day elite, surpassing anything I knew of the Holocaust.

In light of that, to fall asleep on the need for a thorough planetary housecleaning now, when military units are in the field and have been in action rescuing women and children for some time now, would be an impossibility for me.

I see nothing in my mind but images of children crying in cages. As they say, those who know cannot sleep.

Perhaps in the emergency broadcasts some of what has been seen and heard will become public knowledge. When it does, I think the determination to end the reign of darkness on Planet Earth will become rock solid.

Once that reign is well and truly ended, in my opinion, that's the time for reconciliation, not before.

Footnotes

(1) See "Crystallizing the Issue: Institutional Evil," May 19, 2024, at <https://goldenageofgaia.com/2024/05/19/crystallizing-the-issue-institutional-evil/>

(2) Operation Paperclip was a cover for the importation of Nazi scientists and intelligence officers to operate alongside ours. Nazism infiltrated and became an element of the New World Order.

Reconciling Work and Joy

June 3, 2024

<https://goldenageofgaia.com/2024/06/02/reconciling-work-and-joy/>



I'm a workaholic by nature, an impatient Type A.

Archangel Michael once confessed to me that he gave me MSSA when I was in the hospital in 2018 to keep me horizontal for another week. (1)

I love to work. I love to reach a certain energy level, often when my fingers are flying. I'm happy, zinging along, even ... well, what I thought of as joyful.

Some people call that "the zone." Others "doing what you love." "Following your bliss." Etc.

Some call it stream of consciousness. It might better be called stream of inspiration. (2)

Joy is not the same as the feelings of satisfaction I get from working away, "in the flow," for a period of time. As I am right now.

In my books, joy means stop work, relax, and be happy. This is quite foreign to me. Even if I were to stop work, I'd work.

A reformed troll under the bridge who recently abandoned negativity and chose positivity, I still find joy a bridge too far. I'm not sure why. I'll take a look.

Certainly the Mother explains that the journey home to God was meant to be joyful. So being joyful is in line with the Plan. She says:

Divine Mother: [Your interpretation of the purpose of life] is correct, but, as your Mother, I also say to you, dearest heart, lighten up and play.

So, yes, it is designed this way, that there are many, an infinite number of faces to Source. You see, when human beings, my sweet children, say they are seeking God and God is seeking them and there is a point of full conjunction, there is a sense of work about it. But part of the design is the delight of it.

It is the delight of so many expressions of beauty, of might, of strength, of patience, of humility. It is the hilarity and, yes, it is also the intensity. So it is not just the direct, what you think of as, work to reunite. It is the journey of joy. That is why Michael and all of my Legions are so continually emphatic about claiming the joy.

It is not intended to be a journey of hardship, of being maligned and feeling burdened. Those burdens, that heaviness (which I of course do not deny are very present), are human creations. The design is for each being, whether it is a snail or a flower or a human, to be the joy. (3)

That is so hard for me to hear. But I'm not trying to win anyone to my point of view. (4) There's obviously more work for the reformed troll to do.

I push my edge and allow joy to at least accompany me on my wanderings. It certainly has the ability to make everything lighter and more fun.

Then I hear: "Me joyful? Bah, humbug, lad. That'll be the day."

As it spoke, I flashed on myself at a window, watching the traffic pass by.

It was business as usual this morning. Nothing stopped, the day my Mother died, but me.

So that's the source of this vasana. (5). It seems as if I've had no experience of joy in my life since that day. (6)

Footnotes

(1) Steve: Did you bring on the onset of MSSA to have me relax and just spend some time in the hospital?

Archangel Michael: Yes.

Steve: I thought you did! Oh, boy. That is so funny!

AAM: There is a part of you, even when we suggested to you that timeout was required, that doesn't know what that means. (Archangel Michael in a personal reading with Steve Beckow through Linda Dillon, Nov. 26, 2019.) (Hereafter AAM.)

(2) Michael acknowledges the co-creative aspect of it:

Archangel Michael: Know that I am right next to you. Sometimes I am typing, sometimes I am moving your pen, always I am whispering in your ear. (AAM, Nov. 21, 2012.)

If it were as he says it is, I'd be honored beyond words.

(3) "Divine Mother: Know God but Through Joy," November 4, 2018 (Oct. 26, 2018.) at <https://goldenageofgaia.com/2018/11/04/divine-mother-know-god-but-through-joy/>.

I'm at last ready to consider being joyful.

(4) As I said earlier, I don't like the way I feel when I'm thinking that way and I'm resolved to do something about it. See "A Simple Resolve to Ground Our Work In," May 20, 2025, at <https://goldenageofgaia.com/2025/05/20/a-simple-resolve-to-ground-our-work-in/>.

(5) See *Vasanas: Preparing For Ascension by Clearing Old Issues* at <https://goldenageofgaia.com/wp-content/uploads/2024/05/Vasanas-Preparing-for-Ascension-R16.pdf>

(6) How like my Father that makes me. His childhood was joyless. My life was joyless after my Mother died.

Who Was That Masked Man?

June 8, 2024

<https://goldenageofgaia.com/2024/06/08/who-was-that-masked-man/>



Closest i can come to my Universal Self

I keep going back and forth, debating whether I should share this.

On the one hand, I feel blocked until I do. And on the other hand, I get signals that it's wanted. So as part of an Ascension ethnography....

I have to preserve confidentiality so let's just say that, after a long time of being patient (I say self-servingly), I put my foot down the other day. When interrupted once too often, I said, in a Moses-like voice, "Let me SPEAK."

Wooo-wheeee! So far so good. Maybe hurt feelings but message received.

But then it took an unexpected turn. As if in response to the unasked question. (who are you to speak to me like that?), for perhaps 1-2 seconds, a very much deeper "me" looked out through my eyes in a silent, fixed, and stable glare. That's who I am. (And who you are too.) And then it vanished.

Never mind hurt feelings and message received. There was a shift in relationship brought about by whatever it was that just happened.

Years ... OK, decades ago, I would have said I just "arrived" in my life. That'd be a growth-movement view of the matter.

But, no, something more expanded than myself just took the microphone for an instant and then departed.

I was so happy to see what arose out of it that I never again mentioned the incident. I didn't want to spoil this one. I probably will never mention it.

It showed me the impact of committed speaking, especially given that I don't feel overly attached to anything. I'll have to revise my writings on the cycle of conflict to include committed speaking as another way out of the cycle.

All the questions it raises!

Who was that masked man? Who just looked out through my eyes for a brief instant?

I've experienced myself being inside my body and looking out through my own eyes as if they were windows. (1) But never have I experienced someone else arise, while I'm there, and take the periscope, so to speak.

Yes, an energy joined me once and we merged. (2) But, again, no one has taken the microphone till now.

In this present circumstance, the energy stayed so briefly that I didn't have time to enjoy it. But its "influence" was that of a natural nobility. Its energy resonated with that of my Universal Self that I gazed upon once and then merged with some years back. (3)

What does it mean? Is it just a one-off experience? Or are our angelic capabilities beginning to show through? (4) Is the Universal Self drawing closer and even peeking in from time to time?

I certainly hope so! I was totally enraptured with the way I felt at the moment of its manifestation.

Footnotes

(1) See “Mapping a Possible Soul Merge” in *An Ascension Ethnography* at <https://goldenageofgaia.com/wp-content/uploads/2023/03/An-Ascension-Ethnography-8.pdf> .

(2) “‘Is This What You’re Looking for?’ – Part 1/2, August 21, 2017, at <https://goldenageofgaia.com/2017/08/21/289210/>.

(3) Loc. cit.

(4) Archangel Michael: The awareness, when you choose to acknowledge it, and the, shall we call it, the angelic abilities, are present in the human race, in the individual human form at this time. (Archangel Michael in a personal reading with Steve Beckow through Linda Dillon, Sept. 16, 2020.)

A Week of Disasters? Not Really

July 3, 2024

<https://goldenageofgaia.com/2024/07/03/a-week-of-disasters-not-really/>



Exhibit A: A wringer

On a very small sample of one (me), I think we may have moved from the wash cycle into the wringer.

What? We don't use wringers these days?

OK, OK. Neither did I.

I call it that because the last week has been a week from hell for me ... and I've greatly benefited from it.

My memory is so bad these days that I can't even remember all the disasters that happened.

It started off with unauthorized charges showing up on my Visa. We had to shut that card down. This about a month after I was defrauded on Paypal and received that money back.

Then I lost the computer. That was huge. And you have made it possible for me to get through that crisis.

That same day I went to add value to my bus pass and made a mistake. After that,

the machine refused to honor that card (debit) and asked me to use another (Visa, credit).

But I had no other card because I'd just replaced my Visa card and hadn't received the new one yet.

So here I was without a computer, Visa, or bus pass....

But wait! It continues.

I had to deposit \$1,000 to repay the person who had loaned me that amount to buy my new computer. I needed to be online right away.

Brace yourself for this one. I know I had \$1,000 because I bundle the bills.

I submitted the bills in small bunches. Some were rejected and then resubmitted and accepted. Etc., etc. And all was done.

The ATM then gave me a receipt that showed I had deposited, not \$1,000, but \$340.

What????

After recovering from my shock, I immediately asked for an investigation at the bank. I said it should be an easy matter: a simple count should show you with an excess in that machine of \$660.

This was one just more thing!

I felt absolutely pummeled. And then it hit me.

I'm going to be the CEO of a very large enterprise after the Reval. I can't afford to take my patterns with me.

My co-creative partners, I believe, are putting me through the wringer of crises until I get off huffing and puffing and feeling entitled over wanting no interruptions and distractions. I'm OCD about it.

I think they want me to flow and my judging this and that and my insistence that others change for my convenience is an obstacle to flowing.

It wasn't so important when I was a hermit writer off in an ivory tower. But I'm about to re-enter (with the Reval) the world in which the walk (i.e., demonstrating, illustrating, showing) rather than the talk (describing, commenting, analyzing) is what's valued.

Entirely different set of skills.

Interestingly there are other areas of my life which are saying the same thing: Walk the walk rather than talk the talk Hmmm.....

I'm being kneaded before being baked as sacred bread for God's holy feast. Maybe you are too.

Never has Kahlil's Gibran's observation been more applicable than now.

I don't want to overlook a second aspect of what just happened. Usually I talk about clearing the vasana (core issue). In my opinion, vasanas are our major barrier to enlightenment. They're the major knot in our consciousness. (1)

But there's a second process, which usually comes at the end of experiencing the vasana completely. That second stage or process is changing my vote. (2)

That happens at a very deep level. Until we change our vote on a matter, nothing else about it really changes. It may change superficially. It may change with the rider that the resentment remains (so: begrudging acceptance).

How to get to that deep level? Often it's by a tragic accident or other near-death experience. It can be through meditation. It can be through completing something so major that we're left at a point of rechoosing.

I changed my vote from negative (the Troll under the bridge) to positive (in line with who we all are, children of God). And, the first time I did it "consciously," it took a really deep change of mind.

This time I changed my mind on "distractions being distractions" to "distractions are just another thing that happens and the next thing to be handled. No big deal."

So a week of disasters? Not at all. A week of very valuable learning, that will pay dividends when, as a CEO, my patience is tested and my every gesture is watched and interpreted by someone.

Footnotes

(1) On vasanas, see *Vasanas: Preparing For Ascension by Clearing Old Issues* at <https://goldenageofgaia.com/wp-content/uploads/2024/05/Vasanas-Preparing-for-Ascension-R16.pdf>

(2) On changing one's vote, see:

Changing one's vote is one example of what Werner Erhard called "presencing the Self."

There are many other ways, which I listed in "Why Transformative Awareness? (Download)," November 15, 2022, at <https://goldenageofgaia.com/2022/11/15/339941/>:

Ways to Presence the Self

The short form

1. Love

To Emerge, Unfold

1. Share yourself; tell the truth; say what's so.
2. Share a withhold; expose yourself.
3. Wake up; be with someone; get present.
4. Take a stand; declare and commit yourself; recommit to your commitment.
5. Serve; make a difference; do something that really matters.

To Return to Wholeness, Integrity

1. Be with it; sit with it like a brick in your lap; fully experience it; complete a barrier or an experience.
2. Be responsible for something you're disowning.
3. Clean up a perpetration; apologize; come clean; make amends
4. Stop avoiding something you're avoiding.

5. Get it, get off it, and get on with it; recreate it and get past it.
6. Forgive a perpetration.
7. Come from love.

I talk about taking a stand on oneself, "calling up the Commander," allowing Big Steve to take the driver's seat, adult, maturity, etc. I also talk about "emergence." These are all related to the same phenomenon: being here now, being present, being responsible, etc.

Having Problems is Not the Problem

July 8, 2024

<https://goldenageofgaia.com/2024/07/08/having-problems-is-not-the-problem/>



We do have problems.

The world's wealth is divided inequitably.

Men oppress women.

People are discriminated against on the basis of color, religion, and political opinion.

A small global elite wants to control the rest of the world and, like all would be warlords and conquerors before them, is willing to take the world down with them if they fail. "(If I can't have it, nobody can.)"

We do have problems.

Meanwhile, the cycle of conflict operates on the international stage as much as it does on the individual. After all, it's individuals who start wars - and fight them.

It's clear what's missing. The higher-dimensional love that awaits us at Ascension is. With that, all works out; without it, very little does and, when it does, the wheels of justice turn slowly. If they turn at all. We're learning now how few of the wheels of justice turn at all.

Aside from all the corruption in government that we're discovering, we ourselves are lulled to sleep by the media and reach a state I've called lethargy. (1) When we don't care about an issue, what we do with it to change direction is we blanket it with lethargy.

We instantly forget about it and any of the feelings we had about it and change direction without any considerations. It's as if the matter never existed.

In society just as in individual relationships, we set matters up such that a revolt, a revolution, or a war is almost needed to force change.

Where's the difference in our international behavior from our individual?



Is this carousel (see graphic) not the same cycle in individual affairs that we follow in international? Perhaps dressed up a bit and disguised behind bows and handshakes.

We're living through the last days of a society based on unworkable paradigms. (2)

A society in which the richest, the most beautiful, the most powerful have pooled their talents to control the world. And murder most of its population.

This is where it got us.

I know from experience that problems, viewed from a higher-dimensional experience, say, of love or bliss, cease to be problems and become simply situations. And since the love or bliss we feel answers all our needs and wants. nothing presses upon us and induces fear and panic.

The love we feel is so nourishing that our satiation allows us to consider a wider range of options than if we came from lack.

What an experience like this reveals is that having problems is not the problem. How we see them and what we do with them is. Soon we'll be experiencing the transformative, transfigurative love that will make all efforts towards peace and freedom succeed. We just need to get from here to there.

Footnotes

(1) On lethargy, see:

- "How the Fog of Lethargy Operates," June 6, 2024, at <https://goldenageofgaia.com/2024/06/06/how-the-fog-of-lethargy-operates/>
- "The Blanketing Mechanism Called Lethargy," October 2, 2023, at <https://goldenageofgaia.com/2023/10/02/the-blanketing-mechanism-called-lethargy/>
- "Leaving the Fog of Lethargy," September 7, 2014, at <https://goldenageofgaia.com/2014/09/07/leaving-the-fog-of-lethargy/>

(2) Our society has been raised on empirical materialism (only what we can see, hear, taste, etc., is real) and bolstered by social Darwinism (life is a struggle for existence and only the strong survive). This is where those paradigms have led to.

Squeezing the Orneriness Outta Me

July 10, 2024

<https://goldenageofgaia.com/2024/07/10/squeezing-the-orniriness-outta-me/>



You can stay if you promise to be civilized

I got what's happening right now. It's very embarrassing to talk about it but this is my job.

The pummeling doesn't stop. One crisis after another, large or small.

The emotional truth is that whatever I turn my hand to right now does not work. So "it feels like" I'm carrying a large rock uphill which then rolls down the other side. Again and again and again.

And these are matters that are important. Getting back \$600 that an ATM stole from me is important. It isn't my mission to cause a great stir (I'm to fly under the radar). (1) I don't even have to. I've been assured that if the bank can't find it they'll push the case up the ladder.

Getting Apple to recognize my changed password and not send me on an endless loop is also important. I need to get things with my laptop and iPhone back to normal.

And if I make one small mistake, a lot rides on the transaction. So the price of getting ornery or having a chip on my shoulder is getting higher and higher. It's like a pressure cooker.

And it *is* a pressure cooker. That's the point, as far as I can see.

I'm having the Troll pressure-cooked right out of me, in preparation for a much larger role after the Reval which will make the Troll totally inappropriate. (2)

And I'm not resisting.

I'm at another choicepoint, another change of vote. (3)

I get to choose a new role, consistent with the divine qualities this time.

What'll I choose? The world is my oyster. I know what love is (4) whereas I can't say the same about many other divine states. So, first of all, I'd choose love. And since we're talking about interaction, I choose the one additive or flavor I know is missing in my part of the exchange: Kindness. That makes loving-kindness my replacement for the Troll.

How embarrassing to say that. Out loud and in public. Eeek! I feel transparent.

I'm ransacking my treasury of excuses, denials, and justifications to preserve my self-serving image. No go, eh?

I serve the Divine Mother. I'm going to have very large responsibilities. Of course I'm going to be put through the wringer until all ego is wrung out of me. What better way to have it happen, not in warfare, not in business, but in the pursuit and perfection of loving-kindness?

Well, here I go, the latest in a series of radical changes of vote. The Troll Under the Bridge, a poster boy for loving-kindness.

I change my vote. / I have changed my vote.

Footnotes

(1) Archangel Michael: You, as with so many, have been kept under cover. (Archangel Michael in a personal reading with Steve Beckow through Linda Dillon, Feb. 11, 2011.) (Hereafter AAM.)

AAM: We want you flying under the radar. (AAM, Aug. 2, 2017.)

(2) And if that time never arrives, so what? I've learned so much preparing for it.

On the Troll, see:

- “Thank You to the Troll Under the Bridge ... and Goodbye,” January 26, 2021, at <https://goldenageofgaia.com/2021/01/26/thank-you-to-the-troll-under-the-bridge-and-goodbye/>

(3) On changing one's vote, see:

- "Changing My Vote on Change," January 25, 2023, at <https://goldenageofgaia.com/2023/01/25/changing-my-vote-on-change/>
- “Changed My Mind,” September 6, 2021, at <https://goldenageofgaia.com/2021/09/06/changed-my-mind/>
- “How Do I Change Myself?” August 5, 2020, at <https://goldenageofgaia.com/2020/08/05/312381/>
- “A Radical Change of Vote,” December 23, 2019, at <https://goldenageofgaia.com/2019/12/23/a-radical-change-of-vote/>.

(4) See *Love Like We Never Imagined It to Be* at <https://goldenageofgaia.com/wp-content/uploads/2024/03/Love-Like-We-Never-Imagined-It-to-Be-R22.pdf>

Kneaded to Make Sacred Bread

July 13, 2024

<https://goldenageofgaia.com/?p=355891>



Entitlement

This continues to be a period of one failure after another. But the process is so educational that I can't overlook recording it.

Where do I start? Two external hard drives that I purchased didn't work, for different reasons. One was locked and I couldn't unlock it. Etc. Long stories. A day of faffing around with that.

A bill that I thought I had paid I had not. It required an additional and unexpected payment.

I bought a wonderful, closed water mug (computer proof) at \$10. A friend liked it so much that I went back the next day and bought another, not realizing the sale had ended and I now had just paid \$24 for it.

I purchased a protective plastic keyboard cover from Amazon. When it arrived the case that came with it didn't fit altogether and the plastic cover fit all but one row of keys.

On and on and on it went. Nothing seemed to be concluded on the first pass. Some hitch appeared to develop. Resubmission was needed. More work. More delay.

I'm very clear on what's happening. I'm having every shred of entitlement ground out of me. That's one way of talking about it.

I'm being presented with so many situations where something is "wrong," at a higher and higher price if I get surly, until, as I've done, (1) I've cast down the unworkable paradigm and created space for a new one to arise.

Or, as I've also called it on other occasions, I changed my vote. (2)

When the price of obstinateness or orneriness gets higher and higher, like the lowered river level showing the rocks, the cost of being obstinate and ornery or any other entitled way shows up more and more.

I'm either going to drop that way of being, which I did a day or two back, or pay a very high price. Michael has already identified for me what I consider a very high price: Failing in my mission for the Divine Mother. (3)

So let's dig in to these obstacles to being loving-kind in my upcoming business role of CEO of a large organization.

They're all ego. But let's look at one manageable aspect of ego: entitlement.

Never mind whether I'm entitled to "anything" or not. Someone once gave me an invaluable piece of advice which I heed here (as a future CEO): Iris Hone (if you're out there) once told me: You can have anything you want in this world provided you don't need to take credit for it. Thank you, Iris.

That really comes into play the larger the arena, the greater the project, etc.

How many times have I heard another person take credit for something I thought I did. And, remembering Iris, I kept silent.

I want the outcome to be successful more than I want or need the notch in my belt, the collar, the credit.

Why do I, who has access to love and have realized all my worldly goals, need to take credit for anything? I really don't.

So much for the issue of entitlement. What do you call this way of seeing things? Modesty? Self-restraint. I don't know. I don't really care. (I don't *need* to be right.) It's all new territory for a Troll from under the bridge.

So you see the process? I'm being hit every day with one thing after another which does not go smoothly. Ordinarily I'd bitch and moan.

But I'm beginning to see the matter as simply one situation after another that has to be handled as I have the time. My ability to weather the unexpected and urgent without drama or complaint, has increased.

This is what it took to drive entitlement (I hope) right out of me.

I know I am (like you) being kneaded to make sacred bread for God's Holy Feast of Ascension. I know I'm also being cleansed and in other ways prepared to handle the magnified challenge that awaits me - and all of us who are participating - after the Reval.

And, as I've said before, if I wake up tomorrow and it was all a dream? Who cares, given the amount I've grown preparing for it.

Footnotes

(1) "Squeezing the Orneriness Outta Me," July 10, 2024, at <https://goldenageofgaia.com/2024/07/10/squeezing-the-orniriness-outta-me/>

(2) On a change of vote, see:

- "A Radical Change of Vote," December 23, 2019, at <https://goldenageofgaia.com/2019/12/23/a-radical-change-of-vote/>.

- "Changing My Vote on Change," January 25, 2023, at <https://goldenageofgaia.com/2023/01/25/changing-my-vote-on-change/>
- "Changed My Mind," September 6, 2021, at <https://goldenageofgaia.com/2021/09/06/changed-my-mind/>
- "How Do I Change Myself?" August 5, 2020, at <https://goldenageofgaia.com/2020/08/05/312381/>

(3) Divine Mother: You have chosen long, long ago with Me, with Annastara [my twin flame], with ME KI AL to be a communicator and an agent of change.

But you have chosen this because you've said to me, "Mother, what if they forget? I will remind them. I will communicate with them through words, through my passion, through my heart, through my knowing. I will communicate the love to them."

This is your task and it is a task of change as this planet in this great chaos in flux, chooses, yes, by this wonderful instrument of free will, as they choose and as you choose, to simply be the love. (The Divine Mother in a personal reading with Steve Beckow through Linda Dillon, April 30, 2019 at <http://goldenageofgaia.com/2019/06/01/the-divine-mother-it-is-all-a-journey-of-love/>.)

(2) Archangel Michael: The fear within the fear is that you will let down the Mother. ...

But let us suggest, it can't all ride on your shoulders. This is an issue, a vasana (core issue), that you and the channel both share. So look at the fear and give it to me. (Archangel Michael in a personal reading with Steve Beckow through Linda Dillon, Aug. 1, 2014.) (Hereafter AAM.)

Archangel Michael: It is not matter of overreaching and exhausting yourself. It is not a matter of thinking, "Well, then if I work and I don't put in 13 hours a day..., somehow I have let the Mother down.' That is not so.... It is the balance, sweet one. (AAM, Feb. 20, 2018.)

The Felt Need to Be Right

July 14, 2024

<https://goldenageofgaia.com/2024/07/14/the-felt-need-to-be-right/>



As I transition from ogre to loving kindness, I'm watching myself, to spot any impediments.

And I just saw myself spark at such a very minor, everyday matter that I feel embarrassed to mention it. It was implied that I was not right in saying what time I got home.

Right away I rolled out the heavy guns and looked around me to see who was the transgressor, who had implied I was wrong?

As I waited to identify the threat, I began reviewing my favorite justifications, excuses, and denials just in case they were needed.

So simple a matter, huh? The stuff of wars.

One accusation of being wrong is equal to another. I'd cause World War III over a false accusation of getting the time wrong as easily as I would over Pearl Harbor.

Vasanas (core issues) are insane. The way the mind works can be insane. I'm glad I changed my vote. I no longer have to occupy that territory.

So this is what I'm doing: I'm either getting the experience of loving kindness or getting the barrier. If the barrier, I'm processing it. (1)

Keep in mind that loving kindness is already there. It's simply buried under our personal load of resentments, complaints, judgments, etc.

As I saw at Xenia on Sept. 17, 2018, my purity and innocence are native to me. They exist at a place that can be thought of as way under or way deeper than the vasanas (core issues), something I saw in meditation on that day. (2)

I'm not seeking something outside myself. Like everything else good, I suspect I'll find it in my heart.

Thus, for me, the work is to experience through to completion - or eliminate - the obstacles, the vasanas and the independently-existing automatic behavior patterns that the vasanas give rise to.

Underneath I'm sure I'll find that the true Me is already wholly loving and kind.

Footnotes

(1) On processing a vasana, see “How to Handle Unwanted Feelings: The Upset Clearing Process,” in *Vasanas: Preparing for Ascension by Clearing Old Issues* at <https://goldenageofgaia.com/wp-content/uploads/2019/07/Vasanas-Preparing-for-Ascension-R8.pages.pdf>

(2) On the experience of the Self at Xenia, see:

- “We Are, All of Us, Innocent and Pure,” April 7, 2020, at <https://goldenageofgaia.com/2020/04/07/307247/>
- "Archangel Michael Explains What Happened at Xenia," Sept. 22, 2018, at <http://goldenageofgaia.com/2018/09/22/archangel-michael-explains-what-happened-at-xenia/>

Ending Up in Awe

July 15, 2024

<https://goldenageofgaia.com/2024/07/15/ending-up-in-awe/>



Jacob's Ladder, a metaphor for spiritual evolution

This isn't a once-only process we're going through, this road to Ascension. It's a continual one, as our sources have said, one of spiritual evolution all the way back to God.

All the way back to that magic moment when we realize ourselves as God so that God meets God: "O Thou I!"

It all works out in the final reel, yes.... But wait. Stop the camera!

That was how classical enlightenment scholars, not many of whom were ascended, (1) saw matters.

When the Divine Mother herself says how it is, she tells a different story.

Let's hear her view of the matter:

Divine Mother: Now, in this journey — for some of you it is millennia, for some of you it is eons; it matters not — there is ... an understanding, an intellectual and spiritual understanding that your drive is to make the U-turn and to come back Home, to return Home to the Heart of One where you are so welcome until such time as you choose to emanate again. (2)

Steve Beckow: Now, Mother, you've just referred to you bringing them back. You've just referred to mergence have you not, or union? And you're saying that, after they return in union, they go back out into the world. Is that correct?

Divine Mother: Yes. If they so choose, yes. Now, is it in the timeline that human beings tend to think of? No. But eventually there is re-emergence. (3)

Archangel Michael adds more detail:

Archangel Michael: When you go home - and you can reunite in the heart of One - do not think that you go off on another tangent or another journey simply because you feel like it or because you are earning your way back to that linear path. You go back out into the universe as a brilliant spark of pure light!

So you come, you return, you gain not only understanding, wisdom, knowledge - what you can think of as spiritual regeneration - and then, in concert with many, including your guides and guardian angels and, many times, whoever you are going to be working with - for example, myself or Archangel Raphael - you emerge again. (4)

So we don't surrender our individuality at the point of reuniting with the One. We come out burnished and brilliant.

Before we were individuals, we were the One. Now, as individuals we return to the One - but re-emerge. Our individuality, it would seem, from this point on is eternal.

The Mother is a form the Father assumes to be sensible to us. Of course the Father is not a male or the Mother a female.

That metaphor is a teaching tool that the Mother herself uses as "stairsteps" to our knowledge of her. (5) It helps make relationships comprehensible when we talk about things like what Sri Ramakrishna called "the undifferentiated Absolute." (6)

How do you describe that which is undifferentiated? Like air to air-breathers? Or water to the fish?

And you say this invisible undifferentiated is God? Ooooooh-kay.

That's what we're up against in speaking about something ... errr, no "thing" ... like God.

Difficult or not, if we want to answer questions like where all this is headed, we have to have a language to do it in and metaphors to serve as a bridge until realization occurs.

The earliest attempts - and this one is one of them - are more or less merely like a child pointing at a kite far up in the sky and saying, "Look at that, Daddy." They don't necessarily end up in knowledge, but they do end up in awe.

Footnotes

(1) Leaving aside the avatars, I know of only Sri Ramana Maharshi and Franklin Merrell-Wolff prior to, say, 2000. The avatars would include Sri Ramakrishna, Ananadamoyima, Buddha, Jesus, Krishna, etc.

(2) "Divine Mother: My Desire is that Every Being on the Planet Falls in Love," October 3, 2014, at <http://goldenageofgaia.com/2014/10/03/divine-mother-my-desire-is-that-every-being-on-the-planet-falls-in-love/>.

This is an exact description in a few words of the vision I had in 1987 of the journey of an individual soul to and from God. See "The Purpose of Life is Enlightenment – Ch. 13 – Epilogue" in The Purpose of Life is Enlightenment at <http://goldenageofgaia.com/wp-content/uploads/2011/08/Purpose-of-Life-is-Enlightenment.pdf>

(3) "The Divine Mother: Each and Every One of You Carries Divine Might, Part 1/2," June 17, 2013, at <http://goldenageofgaia.com/2013/06/the-divine-mother-each-and-every-one-of-you-carries-divine-might-part-12>.

For an example of a description of a being (one of the seven sages or Elohim) in as high a state of merger as we probably will ever know about, here is Sri Ramakrishna as a divine child approaching an Elohim, one of the seven sages, ensconced in meditation. I apologize for the length:

“Absorbed one day, in samadhi, Ramakrishna had found that his mind was soaring high, going beyond the physical universe of the sun, moon, and stars, and passing into the subtle region of ideas. As it continued to ascend, the forms of gods and goddesses were left behind, and it crossed the luminous barrier separating the phenomenal universe from the Absolute, entering finally the transcendental realm.

“[So beyond the Dimensional Realm and into the Transcendental, still not the end of the road:]

“There Ramakrishna saw seven venerable sages absorbed in meditation. These, he thought, must have surpassed even the gods and goddesses in wisdom and holiness, and as he was admiring their unique spirituality he saw a portion of the undifferentiated Absolute become congealed, as it were, and take the form of a Divine Child.

“Clambering upon the lap of one of the sages and gently clasping his neck with His soft arms, the Child whispered something in his ear, and at this magic touch the sage awoke from meditation. He fixed his half-open eyes upon the wondrous Child, who said in great joy: 'I am going down to Earth. Won't you come with me?'

“With a benign look the sage expressed assent and returned into deep spiritual ecstasy. Ramakrishna was amazed to observe that a tiny portion of the sage, however, descended to earth, taking the form of light, which struck the house in Calcutta where Narendra's family lived, and when he saw Narendra for the first time, he at once recognized him as the incarnation of that sage. He also admitted that the Divine Child who brought about the descent of the rishi [or sage] was none other than himself.” (Swami Nikhilananda, trans. *Vivekananda: The Yogas and Other Works*. New York: Ramakrishna-Vivekananda Center, 1953, 14.) (Hereafter *VIV*.)

(4) Archangel Michael, An Hour with an Angel, March 26, 2012, at <http://the2012scenario.com/2012/03/archangels-michael-and-gabriel-on-the-angelic-realm-hour-with-an-angel-transcript-march-26-2012/>.

(5) Divine Mother: It is a way in which my beloved children can come to know me and to have that experience. It is formless, and yet it is form. It is a way of connection, and it is a way of understanding and entering into a higher vibration of being. So it helps the emergence into my energy.

Steve: Sort of like stair steps?

DM: That is correct. (“The Divine Mother: Come to Me as I Come to You – Part ½,” October 17, 2012, at <https://goldenageofgaia.com/2012/10/17/the-divine-mother-come-to-me-as-i-come-to-you-part-12/>.)

(6) VIV, loc. cit.

Nothingness Wrapped in Illusion

July 16, 2024

<https://goldenageofgaia.com/2024/07/15/nothingness-wrapped-in-illusion/>



The Cosmic Male and Female differentiating

If I were to use today's terms to describe the Mother vis-a-vis the Father, I'd say that the Mother was the Father's Nothingness made visible by being wrapped in illusion. (1)

They are not different.

Since it's not possible to experience Nothingness, Nothingness assumes an "appearance," a form that we can see, hear, and talk to. The Father (there is no gender at this level) donning form is the Mother. The Father removing form is shown to be the Father again.

The metaphor of *Mrs. Doubtfire* might help: There a man dons women's clothes to achieve a purpose. (2)

There was a film shot some years ago with Kevin Bacon, called *Hollow Man*.

Bacon became invisible because of experimental shots he took. If the medical staff wanted to see him, he had to put on clothes. (3)

"Knowing" the Mother is the closest we'll ever get to "knowing" the Father. Yes, yes, yes, it's a trick statement.

First of all, because "I" is no longer around when we merge with the Father. One is everything and beyond, operating out of a physical body for the moment. There is no separate I any more to see and hear and experience. (4)

Secondly, because all problems, theories, complaints and any other lingering questions are answered by union, I would imagine, one forgets the intention to see if one is separate in any way or not.

Thirdly, because individuality is yielded up, I believe, one has a second ground for not pursuing any line of questioning that may have transpired before.

Fourthly, because the senses do the experiencing and union with the One is beyond sensory experience, what is there to report?

We find ourselves in the original dilemma God was in. Since there is only what we can consider "I" to us, just as there was to God in the beginning, who is there to experience another?

And where is the other to be experienced? We're back where we started before the creation of life forms.

I feel like the child star who comes up to her Daddy and says, "Daddy, Daddy, my head hurts from too much thinking."

And then ... awe sets in again, for the second time this morning. It visibly, palpably "arrived" when I was thinking of life at such august levels.

I don't know what to call it. My feeling state? My state of being? My state of consciousness? It elevates, not soars, on my long, drawn-out in-breath. No matter how high it rises, there's still more rise on the next in-breath.

"I" can't expand enough to take in all there is. And the Company of Heaven probably would not allow it lest I wander off into a cave and finish the job, neglecting my mission.... (4) And I should leave it up to them.

The experience of awe is enough to whet my appetite and I leave it there.

Awe is not what I expected. It has a component of the sweetest love, experienced as if in my heart, that I've ever felt. I would never have guessed I'd experience that extra component.

So awe = Amazement at what is unfolding + the sweetest love that you could imagine.

Let me leave myself in awe. But just enough to know what I'm talking about. Not enough to make a teacher out of me (not my job this lifetime). (5)

Footnotes

(1) Nothingness in material terms. We have no idea of the Father's real nature. But love flows in the Father so there's one thing that flows.

(2) *Mrs. Doubtfire* IMDb at <https://www.imdb.com/title/tt0107614/>.

(3) *The Hollow Man* IMDb at https://www.imdb.com/title/tt0164052/?ref_=fn_al_tt_1.

(4) Here is an example of a truncated enlightenment experience:

Steve: The experience at Xenia, Mother, was that truncated?

Divine Mother: Slightly, yes.

Steve: I had the thought [it was]. ... The Light I saw should have been brighter than a thousand suns. The fact that it wasn't suggests to me that the experience was truncated. ...

DM: It was not is brilliant as possible, let us put it that way.

Steve: Alright... And again, the reason is to keep me in sync with my readers?

DM: To keep you in sync with your readers. But let me be very clear.... If you had

seen the light as it actually is - yes, a million, billion suns - you would have simply departed. ...

We don't mean die but you would have departed the life that you have designed - yes, with us - for yourself, for the service you are providing - you would have departed and simply said, 'I do not need to do this. I will just simply sit in the bliss of love and good luck, everybody!'" (Divine Mother in a personal reading with Steve Beckow through Linda Dillon, Oct. 26, 2018.)

(5) Archangel Michael: You did not come to live as a guru in a western or eastern manner.

Steve: Can you help me make sense of returning to my interdimensionality while not becoming a guru figure?

AAM: It is very simple: Visit; don't stay. So what you are doing, you are pulling the 5th, into what you think of as your reality, the qualities of mastery [11th] without setting yourself apart from the masses [3rd/4th].

You are ... teaching others that they can access the mastery [11th] and still be in the Christ Consciousness [7th], in the expanded awareness in the physical form [5th] and in the love [7th]. (Archangel Michael in a personal reading with Steve Beckow through Linda Dillon, May 6, 2013.)

The new space will be interdimensional. I'm being allowed to visit the various dimensions for the purpose of assisting us to accept the notion of interdimensionality. The Lord Arcturus explains:

Lord Arcturus: Now, you have come to a planet in this and in other lifetimes to assist - yes, through communication, through clarity - with the progression of the planet through the elimination of the old Third, which was really quite disastrous [to] the progression up through the Fifth, through the Six, to the Seventh so that the planetary system will reside in a level of higher consciousness, Christed consciousness as you think of it.

Now in order to do that, it is highly beneficial - and this is where mutuality comes in - that you would have, not only the intelligence but the perspective of the higher dimensions (it is not a hierarchy but it is different).

And so the perspective say of the Ninth Dimension is very different than the perspective of, say, the Third, the Fifth, or the Seventh Dimension.

Because it is very important that humanity realize, as they are in their unfoldment to a grander plan, that the Seventh Dimension is not the end of the road, not the be all and end all.

And so, [you having] some of the perspective, the experience, the knowing, the intelligence of different dimensionality is highly beneficial in helping [the people who read you] move into that higher-dimensional anchoring. (Lord Arcturus in a personal reading with Steve Beckow through Linda Dillon, June 12, 2019.)

Synching with Archangelic Energy – Part 1/4

July 27, 2024

<https://goldenageofgaia.com/2024/07/27/synching-with-archangelic-energy-part-1-4/>



I've just had a very special experience with Michael, arising out of meditation, in which I felt us "synch" our energies.

That's not the best metaphor for it. How does a car battery synch with the Hoover Dam? But I think you get what I mean.

The alteration in me is that I feel more confident and stronger. I'm more the driver of this mind/body complex rather than the passenger. I feel more ... normal. I'm not aware of carrying a lot of baggage.

Before I turn to my description of the two-day experience, let me first give background on my relationship with Michael - in this lifetime, as I discover - for new readers.

And, no, I'm not an emanation of Michael or anything of the sort. Apparently, I've always been his servant.

On Jan. 7, 2011, I met Archangel Michael, in his words "again." Imagine how astounded you'd be if he said to you:

Archangel Michael: We have always, always worked together, my friend.
(1)

AAM: You have travelled with me, throughout the multiverse, and you have stood by my side, as we have gone to situations, dimensions, universes, where there had need to be or desire to be the energetic shift. (2)

My jaw dropped to the floor. More recently (2018) he said, cryptically:

AAM: In your life, in your consciousness ... you are realizing the magnitude of our partnership (3)

I *was* becoming more *at ease* with our relationship, after seven years of readings and radio shows. At this point I felt towards us as towards a team.

On June 12, 2023, I "saw" in a flash what he wanted from me, what he called the "magnitude" of our partnership. Let me post my description of it:

"Well, what was 'it' I got?

"I got that I signed on before birth to consciously be one of Michael's co-creative partners in the area of communication - and more recently finance - and that that entailed certain responsibilities and disciplines that I hadn't even considered till now. I didn't feel I'd really chosen them. (4)

"I got this on a personal and not a general level. Michael put the matter clearly:

Archangel Michael: Well, sweet angels, there is still a need for people, whether you are earth-keeper or portal, wayshower or starseed, there will always be need for people, individuals, and

groups, who will step forward and say, I can do that. I can take the lead because this is within the realm of my competence.

“I understand what is required. I am ready, willing, able, excited, interested, enthusiastic to do this.

"This exactly describes part of the process I went through to emerge 'owning' my co-creative partnership with Michael. I can do this. This is within my realm of competence, when you look back on all I've written.

"I'm ready, willing, able, and excited. And so on." (5)

And so I rechose our partnership. No more victim or unproductive humility. I "own" it.

On another occasion, as I mentioned yesterday, he said:

AAM: Your job is to participate and to lead in a worldwide peaceful revolution, for peace the time is now. ...

And we do not mean an absence of war. We mean the presence of peace as you have been describing it. (6)

Remember how I said that I get these experiences because they know I'll write about them?

I've been describing my own experiences of peace, not as a feeling, but as a divine state. (7) I'm now ready to fill the role he's asking of me. (8)

In movies, this is the scene where the sublieutenant suddenly understands his mission and its risks and snaps to attention. I rechose our partnership at that moment and my life started to unfold more purposefully since then.

Fast forward to now and, the other day, I had a huge experience as a result of meditating on Michael while, in my imagination, sitting in the seat of the soul, the bottom of the heart, the divine cul-de-sac where the Self "resides."

This exactly mimicked my experience at Xenia Retreat Center on Sept. 18, 2018.
(9)

I've landed in love (7th Dimension) and bliss (between 8 and 9). (10)

I'm still in the afterglow of the recent experience. A lingering result is that I do seem to be able to call the love and bliss back up but I don't live in it, which is much the same situation as in 2015.

But the mere thought of Michael now lifts me way up, beyond even the love and bliss I've been feeling. I don't need a mantra. His name is my mantra.

(Five blissful minutes later.)

I am indeed beginning to realize the magnitude of our relationship. But Michael and I are not staging a "once off" production. This type of partnership is available to everyone, free for the asking. However he adds:

AAM: Are we [archangels] in partnership with every being on the planet?
Yes. But it is difficult when you are in a partnership and the other person does not realize it. So we are working with those who realize we are in partnership. And so that is why we [he and I] are having these conversations. (11)

Michael said one day that a partnership with the celestials would become common:

AAM: As things are shifting, as the, shall we call it, new awareness, heightened awareness, interdimensional reality - because that is truly what we are talking about - as this truly anchors, not only in the heart, but in the thought patterns, the behaviour patterns of human beings, the idea of working with an Archangel is in fact going to be commonplace.

This sense of division is going to actually quite quickly disappear. The idea of a punishing deity that you need to earn favour with, curry favour with will change into the true knowing of what has always been the case, which is partnership. (12)

So the conversations that he and I were having, and will have again in the future, are simply designed to be a harbinger of relationships many people will have with the celestials.

My relationship with Michael has taken a new turn with my ability to connect with his energy in meditation. That's a responsibility as much as an honor and I'm conscious of the former aspect above everything else.

With that as a rather long prelude (thank you for your patience), let's join up with the point where I'm having the experience of synching with Michael's energy in meditation. Again this is available to anybody and everybody.

Footnotes

(1) Archangel Michael in a personal reading with Steve Beckow through Linda Dillon, April 26, 2011. (Hereafter, AAM.)

(2) AAM, March 3, 2011.

(3) AAM, Aug. 17, 2018.

For more on co-creative partnership generally, see *Grandeur Beyond Grandeur: Toward a Cross-Cultural Spirituality Vol. 6: Our Enlightenment and Co-Creative Partnership* at <https://goldenageofgaia.com/wp-content/uploads/2021/07/Grandeur-Beyond-Grandeur-Enlightenment-and-Co-Creative-Partnership-6-3.pdf>

(4) Divine Mother stated my mission: Divine Mother: You have chosen long long ago with me, with Annastara [my twin flame], with ME KI AL, to be a communicator and an agent of change. (Divine Mother in a personal reading with Steve Beckow, April 30, 2019.)

(5) "Transcript: Archangel Michael – On Mastery and Leadership Part 2," May 23, 2015, at <http://goldenageofgaia.com/?p=258317>

(6) AAM, Feb. 18, 2011.

(7) See "First Glimpse of the Natural Self," February 21, 2017, at <https://goldenageofgaia.com/2017/02/21/first-glimpse-natural-self/>

(8) However I'm aware as well of the Peter Principle - the observation that we tend to be promoted until we reach our level of incompetence. I have no intention of leaving writing, which is my passion, for any other role - most especially, political - for which I'm incompetent.

(9) On that experience, see:

- “We Are, All of Us, Innocent and Pure,” April 7, 2020, at <https://goldenageofgaia.com/2020/04/07/307247/>
- "Archangel Michael Explains What Happened at Xenia," Sept. 22, 2018, at <http://goldenageofgaia.com/2018/09/22/archangel-michael-explains-what-happened-at-xenia/>

The devastating experience that had me fall into a chasm was watching parts of *Frazzledrip* on David Zublick's *Dark Outpost* on Sept. 17, 2018.

(10) Steve: The space that I call transformative love, what dimension is it?

Archangel Michael: It is the seventh dimension.

Steve: Then what dimension is bliss?

AAM: It is between eight and nine. (AAM, Jan. 20, 2016.)

(11) “Archangel Michael: A Global Reset of Values, Part 2/2,” channeled by Linda Dillon, September 16, 2013, at <http://goldenageofgaia.com/2013/09/archangel-michael-a-global-reset-of-values-part-22/>.

(12) AAM, May 13, 2020.

Synching with Archangelic Energy – Part 2/4

July 28, 2024

<https://goldenageofgaia.com/2024/07/28/synching-with-archangelic-energy-part-2-4/>



Snapped in the middle of this experience: Immersed in love and bliss

Freed Up to Serve

I felt myself drawn to meditate this morning. And as I meditated, I felt immediately drawn to pick up where I'd left off at Xenia, when I'd gone down an elevator 100 floors. (1)

Once the elevator doors "opened," I was whisked away to the bottom of my heart, the seat of the soul, where I intended to meditate.

As soon as I arrived, instead of seeing the Self in all its splendor as I had at Xenia, I felt myself expanding.

I should add that, as I'm having this experience, all the time the signal from Michael that we pre-arranged is going off again and again. And vigorously. So I know I'm on the right track.

In the cul de sac of the heart, I felt the presence of Michael. I just sat, immersed in love and bliss (see photo, above) and meditated.

A mingling of our energies occurred and I felt a new and stronger bonding with Michael as a result of it. I felt enhanced confidence, and remembered the article I'd written on July 20 on that very subject, (2) but again confidence without hierarchy or elitism, greatly increased strength without bravado.

Another way of saying this is that I felt strength and confidence as divine qualities not as dense and self-serving displays designed to manipulate.

Ordinarily I'd sit, meditate, and deepen the experience. But, as a lightworker, I'm not here for my personal enlightenment. I'm here to write about my experiences in the event that it proves helpful to you.

So I left the experience - and do this regularly - to write about it. That means I don't go as deeply as I might otherwise. Just saying.

My self-awareness feels greatly enhanced. I genuinely feel now like the driver of this vehicle, in no way the passenger.

I feel powerful, like I just donned my Ironman suit. What's next?

The strength I feel is both "physical" and out of all proportion to the physical body I'm in. I feel like a 200-pound man in a frail body. I have to watch that I don't sprain all kinds of muscles.

I'm definitely aware of myself as the person wearing this body. Whether the awareness fades or remains, I think I'll remember the feeling.

It's wonderful. It's as if I've "arrived" in life. I'm "here" and don't feel as if I've ever been away.

The way I feel at this moment is perfect. Nothing is missing. Nothing is left undone.

Nothing needs to be done. Everything that's done is a pleasure to do, from the greatest thing to the littlest.

I rest in bliss. I'm freed from all concern about self. I'm freed now to serve.

[Please know: All experiences short of Ascension are usually temporary. I always hope an experience will be permanent, but it has been more like what Werner Erhard said: Get it and lose it, get it and lose it. Until higher dimensionality. So don't expect me to be this opened up a week from now. Take it hot off the press.]

Footnotes

(1) My early accounts of the Xenia experience don't make reference to watching parts of *Frazzledrip*. I couldn't bring myself to talk about it until perhaps a year later. See:

- “We Are, All of Us, Innocent and Pure,” April 7, 2020, at <https://goldenageofgaia.com/2020/04/07/307247/>
- "Archangel Michael Explains What Happened at Xenia," Sept. 22, 2018, at <http://goldenageofgaia.com/2018/09/22/archangel-michael-explains-what-happened-at-xenia/>

(2) See "A Question of Confidence," July 21, 2024, at <https://goldenageofgaia.com/2024/07/21/a-question-of-confidence/>

Synching with Archangelic Energy – Part 3/4

July 29, 2024

<https://goldenageofgaia.com/2024/07/29/synching-with-archangelic-energy-part-3-4/>



Co-Creative Partnership Works

Following on from yesterday's share, I think my best contribution is to continue to describe the space I'm in.

It's the space that's important - the space of love, the space of bliss. That's why Sri Ramakrishna would say - and I'm embellishing - run in, jump in, or get pushed into the lake of immortality [i.e., Ascension]:

"You see, the thing is somehow or other to get into the Lake of the Nectar of Immortality [Ascension]. Suppose one person gets into It by propitiating the Deity with hymns and worship, and you are pushed into It. The result will be the same. Both of you will certainly become immortal." (1)

How could he say that? It ignores a person's foul deeds and base thoughts!

Indeed it does. Because the Lake of Bliss and Immortality is transformative and transfigurative. An individual may have dense and base characteristics before being immersed in this River Jordan but they won't have them after.

It's like having your engine block completely cleaned and retooled. The car now purrrrs.

I'm looking for a trace of ego in this space and I can't find any.



Sri Ramakrishna reminds us that the ego eventually returns. If we're to have a separate personality, for as long as we do, he says, let the personality be the servant of God. (2)

I'm experiencing love at the level of intensity I was at in 2015. (3) My mind is still. This also feels like the same space I was in in the 2011 meditation retreat, where I could move without moving, act without acting. Michael called that the Oversoul. (4)

I'd like to draw attention to something Michael said a while ago about co-creative partnership. On occasion, after reassuring me that I would have what I needed when I needed it, he would add:

Archangel Michael: Sweet one, I have never entrusted anything to you without being right by your side. So turn to me. Turn to us. We are always with you. (5)

AAM: I am right next to you. Sometimes I am typing. Sometimes I am moving your pen. Always I am whispering in your ear. (6)

How deeply honored and privileged I am.

I offer you an example of a servant having what he needs. The boy whose personality shattered into a thousand pieces at seven years old, the Humpty Dumpty Man at age 40 who now realized what had happened, feels completely restored and better than ever. (7) I credit this exchange of energy in co-creative partnership for that last bit of healing.

Co-creative partnership works.

Footnotes

(1) Paramahansa Ramakrishna in Nikhilananda, Swami, trans. *The Gospel of Sri Ramakrishna*. New York: Ramakrishna-Vivekananda Center, 1978; c1942, 217. (Hereafter GSR.)

(2) "You may reason a thousand times, but you cannot get rid of the ego. The ego is like a pitcher, and Brahman [God] like the ocean -- an infinite expanse of water on all sides. The pitcher is set in the ocean. The water is both inside and out; the water is everywhere; yet the pitcher remains. ... As long as the ego remains, 'you' and 'I' remain. ... The ego cannot be got rid of; so let the rascal remain as the servant of God, the devotee of God." (GSR, 708.)

That is, as long as we're moved to create a separate personality, let the personality be that of the servant of God.

(3) I had a fourth-chakra heart opening in March 13, 2015 and was left (off and on)_ in higher-dimensional love until Sept. 28, 2015, at which point it became bliss, for a further three months.

(4) Steve Beckow: I had an experience at a meditation workshop in which I felt regal. It was a partial experience. Can you tell me what that part of me that was that I accessed.

Archangel Michael: ... Your Highest Self, your Oversoul, is very regal.

S: So that was an experience of the Oversoul.

AAM: Yes. (Archangel Michael in a personal reading with Steve Beckow through Linda Dillon, Sept. 13, 2011.) (Hereafter AAM.)

Arcturians: Seventh [Dimension] is your Oversoul. (Arcturians in a personal reading with Steve Beckow through Suzanne Lie, March 17, 2013.)

(5) AAM, April 26, 2013.

AAM: We have always, always worked together, my friend. (AAM, April 26, 2011.)

AAM: Ours is a co-creative partnership. (AAM, Aug. 2, 2017.)

(6) AAM, Nov. 21, 2012.

(7) My Father yelled at me from a few inches in front of my face. My personality shattered. It was only at age 40 that I realized I was dissociated. It took till age 58 to heal it.

Synching with Archangelic Energy – Part 4/4

July 30, 2024

<https://goldenageofgaia.com/2024/07/30/synching-with-archangelic-energy-part-4-4/>



This Spiritual Currency is the Real Wealth

It's not lost on me that this increased sense of closeness or felt contact with Michael should occur after having changed my vote from orneriness to loving kindness.

I continue to enjoy the results of that contact. I'm creating a fantasy that I can be with Michael in an easily-locatable seat of the soul, the deepest part of the heart and, just like with an Apple laptop and an iPhone, I can "synch" with him. We share ... what? I don't know. Certainly energy.

I emerge feeling strengthened, revived, ready for what's next.

What a surprise it'd be to learn that this is the way the help I'm to receive when I face a daunting task is to come. I can imagine that that might be the case. We'll have to see.

I feel peace at the level of a divine quality. That is, I'm in it rather than it being in me.

I'm feeling love for myself, but it's different than before. Before, I'd have had to breath love up from my heart and swirl it around my field of awareness. It took effort.

Now I'm feeling it coming up of its own, earmarked "For the Self." No need to swirl it around. It's as if it were "Special Delivery," door-to-door.

I breathe into it and almost swoon in the refined wave of love that returns. I so wish the whole world could feel this - *and it will*. This is where we're going. I'm just being shown the preview.

Reval? What Reval? This spiritual currency is the real wealth.

A day later

How much easier it is now to be loving and kind when synched with Michael's energy.

This ends my chronicling of "synching with Archangelic energy."

Mission Realized at a Deeper Level

September 1, 2024

<https://goldenageofgaia.com/2024/09/01/mission-realized-at-a-deeper-level/>



I've just had a really powerful realization. But it's going to sound so obvious that I've hesitated to share it.

I'd gotten it before at a superficial level. The difference lies in the intensity: I realized it, not simply thought about it or saw how I felt about it. This was not the intellectual level or the experiential level; this was the realizational level, which makes all the difference in the world.

It happened when I was writing an earlier article. (1) I found myself reflecting on what it is in the chaos of my life that has always asserted itself and driven me forward. What is the thread that runs through everything?

In a realization that was more like a thunderclap, I saw that the organizing thread that ran through my life was the desire to write, the desire to communicate whole thoughts in words. So: Not to discuss in real-time conversation, such as in interviewing people, getting a bit into the conversation before being interrupted and redirected. Not to star in videos and talk shows. I wanted to get my thoughts across so it needed to be the written word.

I didn't have an idea of what to write, although that formed over the years, usually centering on patterns in behavior. But at an early age I was reading classics; later

banging away on typewriters; then creating a bibliography with a box full of IBM punch cards; then creating computerized databases; always writing.

I have a signal with the Mother and Michael and, when I got writing as the unifying theme and central activity of my life, next to eating and sleeping - signals from both of them went off repeatedly.

The Mother even told me that writing about love was the promise I made to her eons ago:

Divine Mother: You have chosen long long ago with Me, with Annastara [my twin flame], with ME KI AL, to be a communicator and an agent of change.

You have said to me, “Mother, what if they forget? I will remind them. I will communicate with them through words, through my passion, through my heart, through my knowing. I will communicate the love to them.”

This is your task and it is a task of change as this planet, in this great chaos, in flux, chooses, yes, by this wonderful instrument of free will, ... and as you choose to simply be the love. (2)

Even then, I did not get it down to my toes. It just wasn't real to me.

I still didn't go deeply enough into the matter. Now that I've been shown it at a vote-changing level, (3) I see that my commitment has always been to writing, and not to the various relationships I was in.

I won't bother anyone else who thinks I might somehow be salvagable. I don't want to be salvaged. I love my work and my mission. And now I'm unapologetic about it and freed up to focus on it. Having the peace and serenity to write would be my idea of heaven.

The consequence of having gotten this (i.e., realized it) is that I feel ever so much more grounded. I no longer look back on my life as chaos. I now see the chaos as the emergence of a writer from many (self-projected) barriers.

Which is handy when you hear Michael say: "On the list of things to do, let [writing] always be the last thing that falls off." (4)

Now we're talking.

I'd love to! We're on the same page.

Or here again, when I asked him if he'd be OK if I kept up my awareness writing after taking up humanitarian philanthropy:

Steve: I know you want me to make the ultimate decision in matters of policy but, apart from that, if I carve out a lifestyle kind and attentive to the needs of awareness writing, are you alright with that? That's really my first love.

AAM: I am over the moon with that! You can do the writing and I will do the art and music! (5)

The Aurora Borealis is one of his art projects.

How supportive. Every time I've mentioned my writing to him, he's encouraged me.

Who knows? Maybe all the seemingly-adverse conditions I struggled with were to steel my resolve to do what I love. It's the one thing in my life I haven't strayed from, the one thing I've always taken with me, wherever I go.

Another consequence of realizing this: I no longer feel confused about my life. I'm clear about my desire, clear about why I developed along the lines I did, clear about what I'm doing and where I'm going. As I said once before, to use a fighter-pilot metaphor, I'm strapped into the seat I was born to occupy.

I feel grounded in my beingness. Gosh, you never know what's missing until it shows up. I didn't know I was confused and ungrounded. What a difference I feel.

And, AGAIN, there's this paradox that has me split my sides laughing: How do you think I feel after this realization? I feel ... normal.

I've been here before. Once, after doing huge amount of work in an enlightenment intensive, I emerged feeling ... normal. Who would have expected that?

After all this work, I feel normal, calm, grounded, relaxed. Which says that how I've been feeling in this area possibly for most if not all of my life has been ... not normal for a well-functioning human being.

Nothing to do. Just food for thought. Where else has my thought or behavior been ... abnormal?

Footnotes

(1) See "What Unites Activists?" Aug. 25, 2024, at <https://goldenageofgaia.com/2024/08/25/what-unites-activists/>

(2) Divine Mother in a personal reading with Steve Beckow through Linda Dillon, April 30, 2019.

(3) On changing one's vote, see:

- "A Radical Change of Vote," December 23, 2019, at <https://goldenageofgaia.com/2019/12/23/a-radical-change-of-vote/>.
- "Binding Our Wounds; Changing Our Attitude," August 9, 2024, at <https://goldenageofgaia.com/2024/08/09/binding-our-wounds-changing-our-attitude/>
- "How Do I Change Myself?" August 5, 2020, at <https://goldenageofgaia.com/2020/08/05/312381/>
- "Changed My Mind," September 6, 2021, at <https://goldenageofgaia.com/2021/09/06/changed-my-mind/>
- "Changing My Vote on Change," January 25, 2023, at <https://goldenageofgaia.com/2023/01/25/changing-my-vote-on-change/>

(4) Archangel Michael in a personal reading with Steve Beckow through Linda Dillon, Feb. 7, 2013. (Hereafter AAM.)

(5) AAM, Aug. 2, 2017. He's always been the epitome of kindness.

Reminders of What's Real

September 3, 2024

<https://goldenageofgaia.com/?p=357280>



The disappearing wallet

All of what I discuss here and in earlier articles is happening against the background of Kamala and Trump hammering it out, rising stars presenting themselves, rumors even of JFK Jr. now stepping into the VP role and JD Vance, whom I've come to greatly admire, retiring in his favor, probably (I hope) to a Trump cabinet position.

But my attention is and has been equally on personal events - this latest being what I call a miracle.

In the past, Michael has shown me various what I consider to be miracles, probably to firm up my faith and give me confidence in speaking about co-creative partnership.

In the past he's saved me from electrocution, rendered a toxic chemical harmless, put out two housefires before they could get going, and rendered two concrete blocks weightless so I could lift them into a dumpster. (1)

Yesterday he did another one.

I lost my card-holding wallet. It contained my Visa card, driver's license, business card, etc.

I retraced my steps for the entire day. A friend helped me as well, going to Safeway and asking each cashier if they'd seen it. No luck.

I looked everywhere. Almost neurotically, I looked through my back pack again and again, every pocket. Underneath things; behind them. Nothing.

Every so often, I'd compulsively take up my backpack again and go through every pocket, removing every peanut and paperclip. Drawers, the bed, everywhere. This losing things is not fun!

And then I finally let go. I replaced my Visa card, scheduled a driver's license appointment. Nothing else remained to be done.

I was so mad at Michael. You're my wingman you say, (2) and yet you let me lose my backpack, computer, wallet, etc. How are you protecting me?

Then three days later, after using my backpack continuously during that time, I compulsively opened the pocket again where I kept my wallet and, lo and behold, there it was.

If this were a sitcom, Michael would be saying, "There!" But archangels are not snide.

Wow!!!! Double wow!!!! Thank you, Michael!!! I am impressed. My confidence in him soared.

The wallet was not in that pocket earlier. I must have opened that pocket 20 times in the past three days. Nothing like a wallet was in it.

Yikes! It's beyond my ability to explain and so I call it a miracle.

It was as if Michael wanted me to get up any anger and disappointment I may have directed at him, to be released before the Reval - and then he'd fix it. I already rely on him knowing what I'll need financially and arranging that it's "there when you

need it," as he's so often said. But this convinced me that he's also there for me by way of protection.

The loss of my shoulder bag and computer some years back I've put down to "a higher purpose being served." But by the time I lost the wallet, I was beginning to get annoyed and lose patience.

I can't say "not a big deal" because the return of my wallet *was* a big deal for me. It and other miracles are the basis of my confidence in speaking as a human being who partners with an archangel. "Uhhh, say what? Yah, sure, you betcha."

Michael says soon many people will work with archangels and I won't feel so self-conscious. (2) Right now I feel very happy to be the recipient of such reminders of what's real.

Footnotes

(1) I cut a wire, having unplugged it from my car's engine block but *not from the wall*. There was a huge bang and my scissors had a large hole burned through the blade, but I was unaffected. Why? How? Michael and I later discussed it:

Steve: In around 1969 in Ottawa, I snipped the wire from my car's block heater to an outlet in my home. I pulled the wire out from the block heater and snipped it. Well, that's exactly the opposite of what I should be doing. I should be pulling it out of the building and then snipping it, right?

AAM: Correct.

Steve: I should've been electrocuted! Did you have a hand in that? Tell me what you did or what happened?

AAM: Well, it was not a major undertaking, Sweet One, to simply prevent the flow of electricity. So, yes, it was not your time. [Angels can intervene in our lives when we're in mortal danger and it isn't our time to transition.] You were, shall we say, young and foolish.

Steve: I was totally asleep to have done that! Oh my gosh! Isn't that interesting! Thank you for that.

AAM: You are more than welcome

Steve: I don't know how I just reconciled it so easily at the time.

AAM: Because there were no consequences! Because the consequences would have been quite dire.

Steve: Well, what would they have been? Dying, right?

AAM: Correct. (Archangel Michael in a personal reading with Steve Beckow through Linda Dillon, Feb. 14, 2019.) (Hereafter, AAM.)

When he put out one of the housefires, he explained that the whole building would have been affected and it would have served no useful purpose!

(2) AAM: We step forward in the fulfilment, you on Earth, on this beloved planet called Gaia, I as your wingman, quite literally. (AAM, March 10, 2017.)