

# The Master Builders: On the Elohim



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## Introduction



I was asked a question about the Elohim by a reader. And in reply I sent her a dictionary that I'd cobbled together quite some time ago.

But all the sources at that time were very "occult." High-level discussions of root races and such did not hold my attention back then.

But *channeled messages from the Elohim* - now you're starting to get my attention. And as I read (particularly Ude Possega-Rudel or Ute Shan-a-Maa Possega now) I became more and more intrigued.

I'm familiar with master builders on the astral planes from the research for *New Maps of Heaven*. (1) The Elohim are much higher-dimensional builders of ... any and all forms really: Stars, galaxies, perhaps even universes ... I don't know.

They're classified sometimes as an order of angelics. At other times they're treated as an order by themselves.

It's too early for me to be able to sort out what's a credible channeled message and what's not. I'm compiling this book because I want to learn more about the subject, just as you do.

The reason I find the subject of the Elohim so relevant at this time is because we're contemplating building Nova Earth and, faced such an immense task, I personally feel like a babe in the woods.

So you can bet your boots I'll be calling on not only Archangel Michael but also the Elohim for guidance. And studying how they do it for what I can learn about how we might do it.

A word about dates. I consider these channeled messages to be timeless and precious. Assuming the channeling is credible, then we're listening to wisdom from one of the highest sources.

Consequently, I'm not fazed by dates. A message may have been done in 1996, as with some of Sue Lie's, but it remains in most parts timeless in my view.

Over time I'll likely revise, prune, and expand this book. I regard this as a first pass on the subject.

### **Footnotes**

(1) At [https://goldengaiadb.com/index.php?title=New\\_Maps\\_of\\_Heaven](https://goldengaiadb.com/index.php?title=New_Maps_of_Heaven)

## ⌘ Who are the Elohim? ⌘

## Who are the Elohim? – Part 1/3

August 31, 2014

<https://goldenageofgaia.com/2014/08/31/who-are-the-elohim-part-13/>



*Swami Vivekananda - Apparently an incarnated Elohim*

There are wondrous beings helping us with Ascension. I had an enjoyable discussion with an attendee at the Vancouver Golden Gaia Meet-up, on the Elohim, which rekindled my interest in these elevated beings.

Believe it or not, not only are the Elohim among the wisest and most powerful of spirits, but some among them have joined us in these clunky dry suits that we're wearing. I've met one, and perhaps two, in incarnation. I say "one" because Archangel Michael confirmed that she was an Elohim.

Even they have agreed to curtail their memories for a while and walk among us making do until their powers are restored. I don't know what it would look like to see an incarnated Elohim with his or her powers restored. It must be a majestic sight.



So let's look in this next series at this honorable group of beings who play such a pivotal role in the work of creation.



I don't want to simply reel off all the Sanskrit or Pali names they've been called, but their names are legion.

However there are some names which are significant. And we may only have room to look at one of those names today.

That name is the "seven sages" or "seven spirits."

This doesn't mean there are only seven Elohim. Their numbers are large.

What it means, I think, is that they build with the seven rays. Sheldan Nidle's sources say that there are "Elohim in charge of this quadrant of the galaxy." (1)  
Add to that what White Eagle says:

"A highly developed sensitive will register many lovely colours, all born from the seven primary colours and the seven rays used by the Elohim, the Silent Watchers, Great Ones, each at the head of his own particular ray."  
(2)

I'd imagine that one Elohim stands at the head of each of the seven rays for each quadrant of the universe.

Theosophist Helena Blavatsky calls them the builders and watchers of the seven spheres.

"The seven sublime lords are the Seven Creative Spirits, the Dhyanchohans, who correspond to the Hebrew Elohim." (3)

"The 'Builders' ... are the real creators of the Universe; and in this doctrine, which deals only with our Planetary System, they, as the architects of the latter, are also called the 'Watchers' of the Seven Spheres." (4)

Annie Besant tells us that the Trinity of Father, Son and Holy Ghost, which Hindus call Brahman, Atman and Maya, came first and next came the Elohim or seven spirits.

“The threefold Logos [is] the Trinity: the First Logos, the fount of all life, being the Father; the dual-natured Second Logos the Son, God-man; the Third, the creative Mind, the Holy Ghost, whose brooding over the waters of Chaos brought forth the worlds. Then come ‘the seven Spirits of God’ and the hosts of archangels and angels.” (5)

Their account is supported in the *Aquarian Gospel of Jesus the Christ*, which Levi wrote drawing on the Akashic records.

“From God’s own Record Book we read: The Triune God breathed forth, and seven Spirits stood before his face. (The Hebrews call these seven spirits, Elohim.)” (6)

“There is one God from whose great being there came forth the seven Spirits that created heaven and earth.” (7)

So first the Trinity and then the Elohim.

Krishna, speaking as Brahman, tells us about the birth of the Elohim or Seven Sages:

“Forth from my thought  
Came the Seven Sages ....

“I gave birth  
To the first begetters  
Of all earth’s children.” (8)

"Forth from my thought" is how all of us were created. Levi also tells us that they are the makers of humanity.

"[These] seven Spirits ... are the Elohim, creative spirits of the universe.

"And these are they who said, Let us make man; and in their image man was made." (9)

Have we a description of one of the Seven Sages, Watchers, or Elohim? Yes, apparently Swami Vivekananda was one of them. Here's a passage from Swami Nikhilananda's *Vivekananda* that describes his derivation. I apologize for its length but it's one of the few descriptions we have.

“Absorbed one day, in samadhi, Ramakrishna had found that his mind was soaring high, going beyond the physical universe of the sun, moon, and stars, and passing into the subtle region of ideas. As it continued to ascend, the forms of gods and goddesses were left behind, and it crossed the luminous barrier separating the phenomenal universe from the Absolute, entering finally the transcendental realm.

“There Ramakrishna saw seven venerable sages absorbed in meditation. These, he thought, must have surpassed even the gods and goddesses in wisdom and holiness, and as he was admiring their unique spirituality he saw a portion of the undifferentiated Absolute become congealed, as it were, and take the form of a Divine Child.

“Clambering upon the lap of one of the sages and gently clasping his neck with His soft arms, the Child whispered something in his ear, and at this magic touch the sage awoke from meditation. He fixed his half-open eyes upon the wondrous Child, who said in great joy: ‘I am going down to Earth. Won’t you come with me?’

“With a benign look the sage expressed assent and returned into deep spiritual ecstasy. Ramakrishna was amazed to observe that a tiny portion of the sage, however, descended to earth, taking the form of light, which struck the house in Calcutta where Narendra’s family lived, and when he saw Narendra [later Swami Vivekananda] for the first time, he at once recognized him as the incarnation of that sage.

“He also admitted that the Divine Child who brought about the descent of the rishi [or sage] was none other than himself.” (10)

I had often wondered when reading this passage how seven sages could leave behind even the gods and goddesses. But now seeing that the "seven sages" are the Elohim, that phrase becomes comprehensible.

So, in terms of establishing a beachhead of understanding (10) from which to fan out into our subject, the first thing we see is that the Elohim are the "seven sages," "the seven spirits," who stand at the head of the seven creative rays. They are the master builders of form, standing below the Trinity in relationship.

### Footnotes

(1) Spiritual Hierarchy and Galactic Federation, through Sheldan Nidle, June 24, 2008 at <https://www.paoweb.com/sn062408.htm><https://www.paoweb.com/sn062408.htm><https://www.paoweb.com/sn062408.htm>.

(2) White Eagle, *Wisdom from White Eagle*. Liss: White Eagle Publishing Trust, 1983, 59.

(3) H.P. Blavatsky, *An Abridgement of the Secret Doctrine*. Ed. Elizabeth Preston and Christmas Humphreys. Wheaton, Ill: Theosophical Publishing House, 1968, 23.

(4) Loc. cit., 29.

(5) Annie Besant, *The Ancient Wisdom*. Adyar: Theosophical Publishing House, 1972; c1897, 30-1.

(6) Levi, *Aquarian Gospel of Jesus the Christ*. Marina Del Rey: DeVorss, 1972; c1935, 70.

(7) Loc. cit., 78.

(8) Sri Krishna in Swami Prabhavananda and Christopher Isherwood, trans., *Bhagavad-Gita. The Song of God*. New York and Scarborough: New American Library, 1972; c1944, 86-7.

(9) Levi, *ibid.*, 42.

(10) Swami Nikhilananda, trans. *Vivekananda: The Yogas and Other Works*. New York: Ramakrishna-Vivekananda Center, 1953, 14.

(11) "Establishing a Beachhead of Understanding," Feb. 10, 2014, at <https://goldenageofgaia.com/2014/02/10/establishing-a-beachhead-of-understanding/>.



## Who are the Elohim? – Part 2/3

September 1, 2014

<https://goldenageofgaia.com/2014/09/01/who-are-the-elohim-part-23/>



*Representation of the Elohim*

The word “Elohim” in the Old Testament is often interpreted as God. But the Council of Nine tells us: “We wish you to know we are not God.” (1)

They came forth from the One immediately after the Trinity emerged, according to Levi:

“The One [Father, Parabrahman] became the Two [Father Brahman and Mother Shakti]; the Two became the three [with the Son or Atman], the Three evolved the Seven [Elohim], which filled the universe with manifests.” (2)

They don't generally wander the cosmos, as we do. "It was not our destiny, to journey through the Cosmos, like you do, as the Cosmos is forever in Us," they said through Ute Possega-Rudel.

"We are the Radiant Light, that you perceive. We are Keepers of Light and we are Creator Gods, also called the Elohim of the Great Central Sun." (3)

Archangel Michael calls them "the Elohim, the mental radiance of the Creator, the great builders of form." (4) They speak a language of Light, Ute's sources tell us, and invite us to remember.

"There is only one true language. It is the language of Light. And it is tantamount to and the other face of Love. It is Ecstasy. We are Ecstasy. Remember!" (5)

IlliaEm tells us that "as an Elohim, my abilities are completely liberated from all of your perceived limitations of time and space." (6) They can enter form and return to formlessness, as they wish.

"We are able to be both: light-form and formlessness. We have confined our absolute freedom only to this degree. We are capable to release the connection with form any time and Be Pure Light of the Central Sun. For you, existing in great density, this is difficult to imagine." (7)

Indeed it is!

In terms of their evolution, Archangel Michael told us on *An Hour with an Angel* that "they are amongst the highest of the high, as you well know." (8) He went on to reveal that "the elohim ... are in a favored position in that they can pretty much go home any time they choose."

"Going home" means to return again to the One. Beings who go home emerge again to serve the will of the One when needed.

Can they incarnate? I asked him. "Yes, they can," he replied. (9) And yet, as incredible as it may sound, they face the same problems we do when they incarnate in this dense body. He tells us:

Steve Beckow: I know incarnated Elohim. And yet they are in this human body, and it places limitations on them. I so often have such trouble with that, that the human body can be so non-conductive a material that it can hold, say, even a seraphim or an Elohim back from remembering. ... Am I correct in saying that?

Archangel Michael: You are correct in saying that, until they break through. And when they break through, there is no stopping them.

SB: And they can break through while in the human body?

AAM: That is correct. (10)

An incarnated Elohim can even make mistakes. I know that from experience.

Steve Beckow: I know one Elohim who is incarnated. And they can make mistakes. So, again, this human body is such a powerful contrarium.

Archangel Michael: But it is a situation we will not interfere with. You see... yes. This issue of mistakes, of missteps... But this is also part of free will. That is what will never be tampered with, because it is part of the design of the kingdom of your species. So, can an archangel or an Elohim make a mistake, and experience what it is to be human? Most certainly.

(11)

Sue Lie's sources tell us that Arcturians are Elohim, something I didn't know before.

"Arcturians are actually Elohim, as Elohim are builders and holders of form. The Arcturians participated in the initial model of the Adam Kadmon, the original human form of Lightbody. ... The Arcturians specialize in Ascension." (12)

Archangel Michael explains that "the Creator Light pours forth from the cosmic treasury of Light to be used by the Elohim and Builders of Form." (13)

We heard Ute's sources say that "the Cosmos is forever in Us." The Heavenly Hosts tell us that the Elohim precipitated this reality out of their beingness.



"Everything that you will be witnessing now is part of the completion that was seeded at the inception of the 'idea' that resulted in this portion of reality. When the Elohim came together to precipitate this reality out of their beingness, they did so according to the template brought forth from the Mind of God.

"They were co-creators, not THE Creator, and they did the work OF the Creator, in service TO the Creator." (14)

IlliaEm describes how the Elohim work in the process of creation.

"We Elohim receive the Immaculate Concept from the Source of All That Is and begin the long process of merging spirit into matter to create a form for every Divine Ideal. Our process begins in the eleventh/twelfth dimensions and continues into worlds of matter." (15)

This race of beings has built everything we see and don't see, on this dimension and all others. Tomorrow we'll look at their work on Ascension.

### **Footnotes**

(1) "The Council of Nine," at [https://www.bibliotecapleyades.net/sociopolitica/onlyplanet\\_choise/opc02.htm](https://www.bibliotecapleyades.net/sociopolitica/onlyplanet_choise/opc02.htm).

(2) Levi, *Aquarian Gospel of Jesus the Christ*. Marina Del Rey: DeVorss, 1972; c1935, 42.

(3) "The Elohim of the Great Central Sun: A Great Work is Before You," channeled by Ute Posegga-Rudel, June 9, 2013 at <https://radiantlyhappy.blogspot.co.uk>.

(4) Archangel Michael: Angels of Mercy. Channelled through Ronna Herman, April 1, 2014, at <https://www.ronnastar.com/messages-aam/latest.html>.

(5) Loc. cit.

(6) IlliaEm, Elohim of Arcturus, "A Blessing from IlliaEm," through Sue Lie, from Karen Revell to Steve Beckow, Dec. 18, 2009.

(7) "The Elohim of the Great Central Sun," *ibid.*

(8) "Archangel Michael: Back to the One with the Speed of Love," July 16, 2013, at <https://goldenageofgaia.com/2013/07/16/archangel-michael-back-to-the-one-with-the-speed-of-love/>.

(9) Loc. cit.

(10) "Archangel Michael: Back to the One with the Speed of Love," July 16, 2013, at <https://goldenageofgaia.com/2013/07/16/archangel-michael-back-to-the-one-with-the-speed-of-love/>.

(11) "Archangel Michael: Back to the One with the Speed of Love," July 16, 2013, at <https://goldenageofgaia.com/2013/07/16/archangel-michael-back-to-the-one-with-the-speed-of-love/>.

(12) "Suzanne Lie: Pleiadian/Arcturian Alliance - The Mission Begins, Feb. 15, 2013, at <https://goldenageofgaia.com/2013/02/suzanne-lie-pleiadianarcturian-alliance-the-mission-begins/>.

(13) Archangel Michael through Ronna Herman, Feb. 27, 2011, at <https://lightworkers.org/channeling/125821/age-conscious-awareness-and-self-mastery-archangel-michael-thru-ronna-herman>.

(14) Heavenly Hosts, "Let it Be," 10 Nov. 2006, at <https://www.ashtarcommand.net/profiles/blog/show?id=1985014%3ABlogPost%3A273050&xgs=1>.

(15) Suzanne Lie: The Alchemy of Creation – Arcturians and IlliaEm," May 13, 2013, at <https://suzanneliephd.blogspot.co.uk/>.

## Who are the Elohim? – Part 3/3

September 2, 2014

<https://goldenageofgaia.com/2014/09/02/who-are-the-elohim-part-33/>



Let's now look at the Elohim's work for Ascension.

The Master Kuthumi tells us that "the entire Elohim will be focusing on this grand time of change." (1) What role do the Elohim play? They're here to awaken us to the memory of the creation process.

“We are here to awaken your memory of the creation of your soul. Your Consciousness witnessed this act of creation, after It had agreed to connect with Soul. It was Pure Unity Consciousness, until it divided through the connection with the soul creations.” (2)

Consciousness, I believe, is the formless, transcendental awareness that the Father is (and we are at essence). The soul is the third member of the Trinity - individuated consciousness - which was birthed from the Father. The soul is a step-down version of the Father, which we're to realize as one milestone on the journey back to God.

The Elohim created the various dimensional worlds, including the Third Dimension, according to Tazjima's sources.

"The underlying structure of the third dimension has been removed by its Creators, the Elohim. It was set up for the purpose of preventing further decay in the consciousness level being experienced by the inhabitants of the planet. It has served its purpose, but that purpose is now complete." (3)

They're also responsible for the construction of the world we'll be going to in this first mass, physical Ascension. The equivalent of the Fifth Dimension on the spirit side of life and is called the "Mental Plane." SaLuSa says:

"We wish everyone knew of the Golden Age that is almost upon you, one that brings Love and Light and your release from the pull of the lower vibrations, an Age that is a tribute to the love and glory of [the Elohim, the Creators]." (4)

They stand behind the star brothers and sisters, he adds.

"The Galactic Federation is just one group of dedicated souls, that are fully committed to ensuring Ascension is successful. Behind us are even more powerful ones such as the Elohim, and many Masters and High Beings of pure Light." (5)

Sheldan Nidle's sources agree:

"Our fleet is working with your Elohim to prepare for the great changes that are to come." (6)

"[Working closely] with the Elohim in charge of this quadrant of the galaxy .... is always a great privilege and a great honor!" (7)

It's their plan we're following in driving back the dark, said St. Germaine in 2008.

"[Your galvanization against the dark] is in accordance with the plan of the High Councils and Elohim for the destiny of Earth and its people. What appears simply a physical confrontation is in fact occurring on a number of different levels and you are lifting yourselves up, and driving the dark forces back until they will eventually leave your vibration." (8)

Have we an instance of their handiwork? Patricia Diane Cota Robles says we do. It was in 2012 that "the Comet ISON was summoned by the Mighty Elohim, the Builders of Form, to fulfill its unique facet of the Divine Plan for Planet Earth and our Solar System." (9)

Since detailed mention of their work is rare, let's look at her description of its unique mission at some length. First she describes the work that comets do.

"Since the initial impulse of our fall from Grace, the Company of Heaven has been assisting Humanity with our journey back to Christ Consciousness.

"The Comet ISON has been a factor in this Divine Intervention from the very beginning. I know that astronomers consider comets to be nothing more than dirty snowballs, but that is inaccurate.

"Even the most minuscule subatomic particle or wave of life pulsates with energy, vibration, and consciousness. In other words, everything that exists in the Divine Matrix of our Father-Mother God has intelligence and a purpose and reason for being.

"Comets are actually forcefields of consolidated Light that pass through the atmosphere shaking the ethers and breaking down crystallized patterns and thoughtforms that no longer serve the highest good of the particular Solar System they enter. In their wake, they leave a fluid field of unmanifest Divine Potential upon which new patterns and sacred knowledge can be encoded from On High."

"Since its inception, the Comet ISON was destined for this moment in the evolution and Ascension of our Solar System." (10)

Comet ISON contained creation codes vital to our Ascension.

"The Divine Mission of the Comet ISON was very complex, but this is what the Company of Heaven shared with us. 4,500,000,000 years ago, the Comet ISON was breathed forth from the Core of Creation simultaneously with our Solar System.

"At the moment of our inception, every particle and wave of Life associated with our Solar System was encoded with the full Divine Potential of our Father-Mother God and the Divine Plan for this system of worlds.

"Comet ISON likewise was encoded with the Divine Potential destined for our Solar System. When the Earth and Humanity fell into the chaos of separation and duality, the Comet ISON maintained the activation codes for the Divine Potential of our Solar System and Humanity's return to Christ Consciousness as Sons and Daughters of God." (11)

She then describes how Comet ISON accomplished its mission.

"On November 28, 2013, the day when the United States of America was celebrating Thanksgiving and focusing on everything we were grateful for, the mission of the Comet ISON was brought to fruition. As ISON completed the final phase of its 4,500,000,000 billion year journey, it was pulled into our Sun.

"In an awesome explosion of Light, Comet ISON exponentially expanded the activation codes for the Divine Potential pulsating within the core of purity in every atomic and subatomic particle and wave of Life associated with our entire Solar System.

"On Earth, the activation of the codes for our Divine Potential meant a monumental acceleration in Humanity's awakening process and our shift into Christ Consciousness. This incredible expansion of Light is now entering our newly activated pineal glands and assisting our I AM Presence to heal the short circuits that occurred within our original 12 Solar Strands of DNA during our fall from Grace.

"The double-helix DNA containing the genetic codes that our scientists acknowledge is but a minuscule fraction of our Divine Potential. Scientists actually call 98 percent of our DNA 'junk DNA,' which of course is absurd. The Divine Potential codes that were activated within each and every one of us by the Comet ISON, are now daily and hourly enhancing our ability to empower and control what we are thinking, feeling, saying, doing, believing, and remembering." (12)

So the coordinated journey of Comet ISON to be here during our Ascension and awaken our DNA was planned by the celestial builders known as the Elohim.

It is they, according to Zoroaster, thousands of years ago, who “shall restore the world ... when the dead shall rise and ... the Lie be driven whence she came.” (13) Are not we the dead who are coming alive whose rising drives back the Lie, the illusion? Even ancient Persian sages knew about our Ascension.

Archangel Michael reminds us that they are helping many realms to ascend.

"What you do not know, very often, about the Elohim is, yes, of course they are in service to the Mother, but what they are also doing is helping a great deal with the various transitions not only of the human realm but of many realms into the higher realms, if you wish to think of it that way."  
(14)

After this Ascension, we'll fan out into the universe to tell others of it and the Elohim will set about transforming other worlds, say Sheldan's sources:

"Together, we, the Beings who live upon this most gorgeous orb, are to take our beautiful goddess (Gaia) and transform her back into the living form she most enjoys. We need the people of this world to spread out into the other water worlds, so they can be transformed by the Elohim into the wondrous creations that they once were. Take in what you see and as fully conscious Beings do right by each one of them." (15)

The Elohim themselves, speaking through Ute, describe the work we'll then do.

"You are the teachers of less developed Star Systems, because you know the total bandwidth of Light, from highest power of radiance to a light that is almost extinct. You know all associated faculties of creation in all variants of the lower and higher mind, the associated Emotions and feelings and physical states. You have studied the separation from your own divine Source, while you surrendered fully to the experience of it.

"All these themes, as they are known to you and as you understand them, enable you, to inspire and to fertilize other galactic civilizations with the power of Evolution, that happens by Divine Will.

"A great work and a dedicated service is before you. The evolution of all Galaxies is an unceasing process in the Center of the Consciousness of the Highest, the Source of all Existence.

"It is up to you, to accept this service, or to exchange it for a different task. But who have been feeling dedicated to this Service from the very beginning, will hear this call now and open their soul to be drawn to the appropriate pathway. Whether you are being already fully aware of it or not. It does not matter, but a prevision will dawn in those who are called, and something in them will respond." (16)

To summarize, then, the Elohim are known as the Watchers, and Builders in Form. They're the ones who've birthed humanity and built everything else manifest at the will of the Lord. They were birthed after the Divine Mother and the individual Self were created - the second and third members of the Trinity.

They do not travel the cosmos as we do. They are completely liberated from all of perceived limitations of time and space. They created the dimensional universe and are now assisting us with our migration from the limited world of third dimensionality to the fuller world of the higher realms.

### **Footnotes**

(1) Kuthumi, "11:11 Turning of the Tide," Nov. 2, 2008, through Michelle Eloff, at <https://spiritlibrary.com/the-lightweaver/1111-turning-of-the-tide>.

(2) "The Elohim of the Great Central Sun: A Great Work is Before You," channeled by Ute Posegga-Rudel, June 9, 2013 at <https://radiantlyhappy.blogspot.co.uk>.

(3) "Higher Self and the Light Collective: On Integration," channeled through Tazjima, November 9, 2013 at <https://bluedragonjournal.com>.

(4) SaLuSa, June 18, 2010, at [https://www.treeofthegoldenlight.com/First\\_Contact/Channeled\\_Messages\\_by\\_Mike\\_Quinsey.htm](https://www.treeofthegoldenlight.com/First_Contact/Channeled_Messages_by_Mike_Quinsey.htm).

(5) SaLuSa, July 12, 2010.

(6) Spiritual Hierarchy and Galactic Federation, through Sheldan Nidle, Sept. 2, 2008 at <https://www.paoweb.com/sn090208.htm>.



- (7) Spiritual Hierarchy and Galactic Federation, through Sheldan Nidle, June 24, 2008 at <https://www.paoweb.com/sn062408.htm>
- (8) Saint Germain, 26 Sept. 2008, through Mike Quinsey, at <https://tinyurl.com/524ewx>
- (9) "2014 Will Be A Year Like No Other," by Patricia Diane Cota-Robles. January 2014 at <https://www.eraofpeace.org>.
- (10) Loc. cit.
- (11) Loc. cit.
- (12) Loc. cit.
- (13) Zarathustra in Duncan Greenlees, trans. *The Gospel of Zarathushtra*. Adyar: Theosophical Publishing House, 1978, 42.
- (14) "Archangel Michael: Back to the One with the Speed of Love," July 16, 2013, at <https://goldenageofgaia.com/2013/07/16/archangel-michael-back-to-the-one-with-the-speed-of-love/>.
- (15) "Update from the Spiritual Hierarchy and the Galactic Federation," as received by Sheldan Nidle, October 15, 2013 at <https://paoweb.com/uf101513.htm>.
- (16) "The Elohim of the Great Central Sun: A Great Work is Before You," channeled by Ute Posegga-Rudel, June 9, 2013 at <https://radiantlyhappy.blogspot.co.uk>.

## Swami Vivekananda Sees God Everywhere

May 30, 2021

<https://goldenageofgaia.com/2021/05/30/321603/>



Swami Vivekananda was apparently an incarnation of one of the transcendent Seven Sages or Elohim. (1)

His description here is probably not of an ascended state, but more likely one of Brahmajnana, God Realization, or seventh-chakra enlightenment, one stage below Ascension. Swami Vivekananda found himself in it at the touch of his master, Sri Ramakrishna.

As a result, Vivekananda enters a temporary experience of seeing God everywhere.

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Swami Vivekananda in Christopher Isherwood, *Ramakrishna and His Disciples*. New York: Simon and Schuster, 1965; c1959, 206-7. Taken from <https://tinyurl.com/yuxvk25n>

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At the marvellous touch of the Master [Sri Ramakrishna], my mind underwent a complete revolution. I was aghast to realize that there really was nothing whatever in the entire universe but God. I remained silent, wondering how long this state of mind would continue. It didn't pass off all day.

I got back home, and I felt just the same there; everything I saw was God. I sat down to eat, and I saw that everything -- the plate, the food, my mother who was serving it and I myself -- everything was God and nothing else but God.

I swallowed a couple of mouthfuls and then sat still without speaking. My mother asked me lovingly, "Why are you so quiet? Why don't you eat?" That brought me back to everyday consciousness, and I began eating again.

But, from then on, I kept having the same experience, no matter what I was doing -- eating, drinking, sitting, lying down, going to college, strolling along the street. It was a kind of intoxication; I can't describe it.

If I was crossing a street and saw a carriage coming towards me I didn't have the urge, as I would ordinarily, to get out of its way for fear of being run over. For I said to myself, "I am that carriage. There's no difference between it and me."

During that time I had no sensation in my hands or feet. When I ate food, I felt no satisfaction from it; it was as if someone else was eating.

Sometimes I would lie down in the middle of a meal, and then get up again after a few minutes and go on eating; thus it happened that on those days I would eat far more than usual, but this never upset me. My mother became alarmed; she thought I was suffering from some terrible disease. "He won't live long," she'd say.

When that first intoxication lost part of its power, I began to see the world as though it were in a dream. When I went for a walk around Cornwallis Square, I used to knock my head against the iron railings to find out if they were only dream-railings or real ones. The loss of feeling in my hands and feet made me afraid that I was going to be paralyzed.

When I did at last return to normal consciousness I felt convinced that the state I had been in was a revelation of non-dualistic experience. (2) So then I knew that what is written in the Scriptures about this experience is all true.

### **Footnotes**

(1) It doesn't mean that there are only seven Elohim. It relates to the seven rays. Each of the Elohim holds one of the seven rays for a quadrant of the universe. See "Who are the Elohim? – Part 1/3" August 31, 2014, at <https://goldenageofgaia.com/2014/08/31/who-are-the-elohim-part-13/>

Of him, Sri Ramakrishna said:

"Narendra [Swami Vivekananda] and people of his type belong to the class of the ever-free. They are never entangled in the world. When they grow a little older they feel the awakening of inner consciousness and go directly towards God. They come to the world only to teach others. They never care for anything of the world." (Paramahansa Ramakrishna in Nikhilananda, Swami, trans. *The Gospel of Sri Ramakrishna*. New York: Ramakrishna-Vivekananda Center, 1978; c1942. , 88.)

(2) This was most likely a seventh-chakra experience of Brahmajnana or God Realization. If it had been Ascension, I'd expect Vivekananda to have left his master, which he never did. In fact Ramakrishna gave Vivekananda higher experiences but then locked them away, so to speak, until the latter completed his mission, saying:

"Now the Mother has shown you everything. But this revelation will remain under lock and key, and I shall keep the key. When you have accomplished the Mother's work you will find the treasure again." (PR in GSR, 72.)

This sounds similar to a truncated experience.

## ⌘ The Elohim Speak to Us ⌘

## Sue Lie: My First Meeting with an Arcturian

June 17, 2019

<https://goldenageofgaia.com/2019/06/17/sue-lie-my-first-meeting-with-an-arcturian/>



*Suzanne Lie (who earlier used the pen name Suzan Carroll) recounts her first meeting with Illuminata Emaculatas, IlliaEm, an Arcturian Elohim, as far back as 1995.*

*What IlliaEm has to say is as relevant then as it is now: Release memories of past, issues, and resentments and rise into the higher dimensions.*

*She says:*

*As our process of ascension is commencing, I would like to share my First (inner) Contact with the Arcturians. This meeting was actually with IlliaEm, an Elohim of Arcturus. The date was:*

7-1-95

## **My First Meeting with Arcturus - Part 1/2**

by Suzan Carroll, June 5, 2011, <https://suzanneliephd.blogspot.com/>

<https://goldenageofgaia.com/2011/06/11/suzan-carroll-my-first-meeting-with-arcturus-part-i2/>

Beloved One,

I am Illuminata Emaculatas. The Immaculate Illumination. I have also been known as IlliaEm -- The Elohim of Arcturus. My true name cannot be spoken or written in your language, but close your eyes and ears now as you feel my signature.

I am a Solar Angel or Elohim of the Star System of Arcturus. As you have felt my signature, it is one of pure divine and unconditional love. Earth is not the only planet that experiences love. Love is the vibration of Creation. However, Earth has been one of the few planets, which have dared to extend the creational love vibration into the third dimension.

Since the third dimension is one where polarization of Spirit and matter creates a separation of light and dark, the energy field of love has often been separated such as the separation of plasma and blood cells. The darkness is like the plasma, in that it offers a carrier for the light and the light is like the blood cells in that it is the building block and the continuation of life.

I am vibrating at a dimension where there is no separation.

Spirit and matter

Light and dark

Unity and separation

Are all ONE!

All of us on Arcturus await your full reunion with our presence. We are so proud that you have remembered us.

We ask you now to allow all that is of the old way to come to the surface of your consciousness. Allow all that is of the old to be released from the deepest and darkest portions of your third and fourth dimensional self like the blood from an old wound. As it comes to the surface, it forms a crust, a scab.

At first this scab will be hard and fast as you feel the limitations and resentments of many, many lives. These are a part of your Earth experiences and they need to be brought up from the darkness before they can be healed and released, once and for all. Feel now in your form how each tear of sadness, each tear of sorrow, and each shudder of loneliness is released into the light of your expanding consciousness to be healed.

Feel yell of anger, wince of frustration and each outburst of anger as it's released into the light of your consciousness to be healed. Feel each cringe of fear, cloud of depression and surge of anxiety as you release it into the light of your consciousness to be healed. Allow all of these memories to become our past. Allow all of these memories to become the scabs of past injuries that are now being released.

And now, my Beloved, you must wait. The process of healing is one of patience and faith. The process of releasing is like a small bubble rising from the bottom of the stream. Follow this bubble up from the core of your self. Love it to the surface.

Allow it to join all that is patiently waiting the moment of freedom from the shadows of your memory.

Furthermore, release not just of memory of this life, but the memory of all the lives that you have taken upon the third and fourth dimension worlds.

These memories are of the past now, Beloved. They are yesterday. Today you are free. Today you are victorious. Today you are the sum total of all that you have ever been. Feel the crust of yesterday about you. Soon it will be released from your form. Soon the clay shell that has felt like a prison will crack open to reveal your true body of LIGHT.

Await patiently now, my one. Feel yourself like a seed beneath the earth waiting the moment when it breaks the surface to feel the Sun. Feel yourself like the Sun



enshrouded by the clouds waiting the moment when your light can be revealed to all that will see. Feel now your unity with ALL THAT IS.

Feel your wings, my dear. They are like the butterfly struggling free of its cocoon. Feel me, I am Illia Em. I am the Angel that radiates to the essence of your core. It is time to be Home now! It is time to remember and release. Be courageous. All is as is must be, as you say:

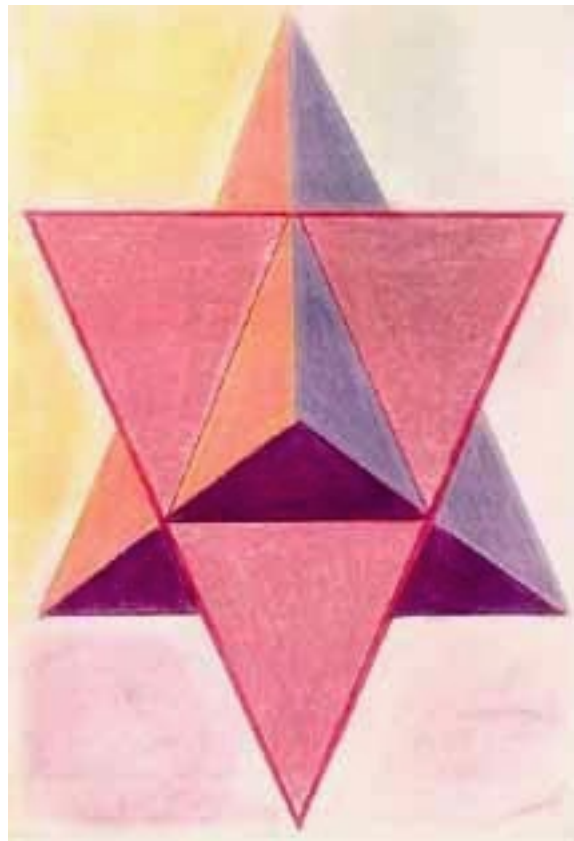
I AM complete. I AM the radiance of all that I have every experienced. I NOW welcome all memories to the surface of my consciousness. I AM ready to BE ALL of my SELF!

(Boy, did I open a Pandora's Box!)

## Suzanne Lie: Message From IlliaEm of Arcturus – Journey to the Central Sun

October 4, 2014

<https://goldenageofgaia.com/2014/10/04/suzanne-lie-message-from-illiaem-of-arcturus-journey-to-the-central-sun/>



Message From IlliaEm of Arcturus – Journey to the Central Sun. Channelled (in 1997) by Suzanne Lie. October 3, 2014. <https://suzanneliephd.blogspot.co.uk/>

*Note from Sue: This message was received sometime in 1997*

I, IlliaEm, resonate to the eighth through tenth dimensions.

In order for you to perceive me, I lovingly lower my essence to the highest vibration that you can consciously access at this moment in your Earth time. As

you integrate more and more of your fifth dimensional SELVES, you will be able to consciously communicate with Beings from higher and higher dimensions.

Join me now and I shall take you to communicate with your SELF that resides in the Great Central Sun. Fall into me now, dear One, while we journey to the Great Central Sun. Feel yourself completely encircled by your fifth dimensional vibration so that you can make this journey while also maintaining your Earth consciousness. You are about to activate your personal merkaba.

This merkaba has been waiting for you your entire incarnation, during which you have felt its presence. Unfortunately, the negativity of the third dimension may have caused you to interpret that presence as loneliness and depression instead of hope and reunion.

You have wished to return HOME, but you have not known where, or even what, HOME was. However, now you are able to recognize the call to HOME as a beacon - a homing beam - to allow you to reawaken and remember who you are. Your merkaba is the portion of you that remained awake, even though the rest of you slumbered.

Now my dear One, see your personal merkaba before you. It is two tetrahedrons connected by the two overlapping bases. The point of masculine polarity is the top tetrahedron, which faces toward the Great Central Sun. The point of feminine polarity is the bottom tetrahedron, which faces toward dear Lady Gaia, the Earth.

As you feel your fifth dimensional Self around you, you can see and feel my essence guiding you towards your merkaba, which is violet, pink and blue.

As you come to your merkaba, you find that it has been inside of you all along, for it is a portion of you and you are a portion of it. You do not need a doorway because you enter this merkaba from the center of your Being.

As you move through the merkaba to find its center, you feel yourself enshrouded by a beautiful aquamarine color that soothes you and allows you to remember every incarnation you have lived on the third dimension.

From within your merkaba, you can merge with all the fragments of your total SELF. Feel the lesson that each life has brought you, and take a moment to heal them with your Love force.

As you travel through your total Earth family of SELF, embrace each one. Send a wave of Unconditional Love and Unconditional Forgiveness to each and every one of the incarnations that you have had, and will have, on beloved Terra.

Imagine ALL your third-dimensional realities around you. Within each of these realities, you were responsible for a certain area of Lady Gaia's Earth. In every incarnation, you volunteered to love a certain portion of the Great Mother into Her purest state. This process is similar to being responsible for a portion of a road, or a garden besides a road.

From within your merkaba you can see that there are many markers indicating how your higher-dimensional work has become grounded on the Earth. You may also be aware of realities in which you were unable to remember - and carry out - your commitment to the planet. Take a moment to Unconditionally Love those realities, and the "you" that you were in that time/space.

It is time for your merkaba to take off now. Experience the sense of acceleration at the exact moment that there is also complete stillness. Feel how your "other lives" are now within you, as you share the thrill of this journey with them. Be aware of how these other portions of you, and of the Mother, are joyous about their return journey.

You are first raising your vibration beyond that of time and space. You are becoming a fifth-dimensional Lightbody; however, you are a Hybrid - part human and part Spirit. Stay in conscious connection with your physical Self to ground your journey in the physical.

You are sitting in the center of your merkaba understanding how all your other third dimensional realities are now within you. Feel the Oneness. The merkaba appears to be empty except for yourself, but you can feel the consciousness of All That Is within you, over you, around you and through you. Take a long, slow breath. Do you feel how you breathe differently within your merkaba?

This breathing is different because you are no longer breathing oxygen. You are breathing Light. At first you breathe lower spectrum Lights of a reddish hue. Then, as you become accustomed to the increased vibration, the colors of Light move up the spectrum as your breath becomes calmer and you breathe in orange...

Then yellow...

Then green...

And, finally, blue...

When you reach the violet vibration, your breath is so calm and slow that you seem to be breathing not with just your lungs but with every molecule of your form. Your form is different, as it is a form of Light. You are ALL Lightbody. You are a ray of Light in the center of the merkaba filled with Violet Light.

- You ARE the Violet Light!
- You ARE the Merkaba!
- You ARE the Journey to the Great Central Sun!

On the view screen before you, see the brilliant glow of the Great Central Sun. The CALL has sounded, for those who will take heed, to activate their merkaba and make the return journey into the Great Central Sun. There are thousands and thousands of merkaba, which have taken this journey.

Perhaps you have heard that the Great Central Sun is the Alpha star, Alcyone, in the star system Pleiades. It has even been said that your Sun is the eighth star of the Pleiades. You can ask your SELF if it is correct.

In response, I ask you to go within your SELF, for only your deepest soul memories can understand this story. When we of the higher vibrations communicate with our "Grounded Ones," we must access the language system that is stored within their higher minds so that their physical consciousness can understand our message.

Communication with an Elohim, such as myself, is instantaneous and encompasses a meaning that is beyond human words. Therefore, in order for our third-dimensional Ones to ground our messages in the heart of Gaia, they must first translate our communications into the language system of their environment.

Please allow me to show you mental pictures of my explanation so that you can translate these visual images into your human language. As you communicate more and more with your Higher SELVES, you will become adept at this process of translation.

For the first picture of our story, see before you a beautiful shining star with seven other stars around it. You are the eighth star, and you long to join the others. There is a deep emotional connection to these stars. This emotional connection awakens your desire to play with them, to become one with them, and to release the limitations of time and space so that you rejoin an ancient portion of your beingness.

Allow this picture to dim in your mind now. See in front of you a huge vortex of Light so strong that you can barely see it. You know only that there is a swirling sensation and that you are connecting with me, IlliaEm, as we enter the vortex.

Within the vortex we have no form and are free of the consciousness of individuality. We are cosmic specks within the swirling vortex of Light. We are very ancient. In fact, we are one of the first segments of Light to be cast into the lower frequencies of reality to experience a third-dimensional reality.

We are the Beings of Light, which are a portion of the ONE, expressing itself as a microcosm within the great macrocosm. In our microcosm there is a resonance that lowers the vibration of our Light so that it can collect matter. However, the core of this microcosm maintains its true vibration. Gradually, we begin to feel a density that is a totally novel experience.

This density is the beginning component of a time/space continuum. This concept of time and space is what begins our experience of separation and limitation. As we grow into that experience of “time,” certain portion of our Selves find a specific “space” to which we resonate.

Our group resonance is still in Unity, but there are harmonies, seven of them, that begin to collect separate forms while remaining connected to the group. However, there is one harmony, the eighth, which does remain connected with the seven. We of that eight group, which will become Earth, resonate to a space far, far away from the others.

However, we always remember the seven and begin to structure our experience on that memory - seven rays of Light, seven tones of sound, seven days and seven nights. But we are the eighth. We are different, but we are also alike. We choose to experience the great diversities of the third dimension.

We gather about us all that is different from our own galaxy and from other galaxies as well. One Cosmic Day, we will return to our source. When we have learned the third-dimensional lesson of Unity in Diversity, we will return and consciously reunite with the higher vibrations that are our primary resonance.”

Are YOU ready now to begin that reunion?

Begin by remembering the merkaba that surrounds you. See the emanations of the Violet, Pink and Blue Light. Hear the tones that are the expressions of each color of Light. Imagine that you can perceive the colors above violet, and can hear the tones that correlate with that Light.

Inside your merkaba, you are living in a glow of aquamarine. The higher octave of this aquamarine has a sparkling, silver glow. Look again at the Violet, Pink, and Blue. See how the colors change as the frequency of Light rises. Can you see the silvery glimmer?

Listen closely to the tones and hear how they change when their frequency moves above the human range of hearing. As you follow the rising frequency of each color and tone, they offer you a path, which you may follow. It is a pathway of Light and Sound.

Your merkaba travels this path into the core of the Great Central Sun. Yes, it is INSIDE the Sun that consciousness has chosen to abide. From the core of the Central Sun, each life form can aid in the radiation of the Sun without being exposed to its emanations.

It is the emanation of these rays that will be the fuel for your return journey. From within your Merkaba, see the beaming colors of the Sun about you and hear the Music of the Spheres.

Relax now and release all thoughts and feelings of your third dimensional world. Simultaneously, maintain an active awareness of its presence so that your physical

consciousness can join us on our adventure. Remember, you are not to leave your physical Self. Instead, you are to use it as a grounding point, a launching pad, for your merkaba's inter-dimensional voyages.

NOW, you are just outside the Great Central Sun, Alycone. As you look through the view screen of your merkaba, you see the Great Central Sun and many other merkaba waiting, just as you are. Feel the essence of the Mother, Lady Gaia, for She is here, as well. We are all ready to enter the core of the Great Central Sun.

Do you remember how long, long ago, within the Now, we all spun off from Source to find our “time” and “place” in the lower worlds? Now, we have returned and are greatly expanded by our experiences. Yes, dear Grounded One, feel that expansion within our consciousness.

Feel how our heart radiates to the harmonic resonance of the Great Central Sun. This resonance expands our personal radiance, which is NOW transpersonal. We have become a “Unified Field of Light.”

Together, we breathe from the center of our heart chakras, which has expanded to encompass our throat chakra and our solar plexus chakra. Take a long breath of Light, and feel how your heart chakra expands even more.

Now it encompasses your third eye and your navel chakra. With another breath of Light, your heart chakra further expands to encompass your crown and your root chakra in a Unified Field of Light.

- You are a Lightbody living within a living, breathing Field of Light.
- Observe how your Light is a component of the Light of All That Is.
- Hear how your personal tone is a component of the Music of the Spheres.
- You resonate to the ever-present HERE and NOW.
- Your merkaba no longer holds a form, nor do you.
- You have returned to pure consciousness.

You are a speck of Light, a microcosm of the macrocosm.

Slowly now, return to a form, to my form, the form of an Elohim.

- Feel me, IlliaEm, about you.



- Feel my Wings of Light as they embrace you.
- Feel the movement of my wings - our wings.
- Feel the lightness of my body - our body.

Move through the community of the Great Central Sun, and see the many shapes that the visiting Lightbodies wish to wear. Every Being has chosen their form. Observe the Light Essence contained within each “body.”

Be aware of how we are all of the Oneness here. Simultaneously, you sense your grounded Self who is holding your Light on Earth’s physical plane. As you connect with that expression of your SELF, you become accustomed to your new Multidimensional body.

Expand it further into your sixth-dimensional Possible Self, then your seventh-dimensional Oversoul. Allow all your parallel realities to enter into your Multidimensionality:

You are an Antarian who is seeking to regain your full awareness of your seventh dimensional Self.

You are Orion and you feel like a lizard. Your skin is rough and your tongue is thin and long. Your mind wants to conquer and possess. Love that portion of your Self. It is merely an experience.

You are a Being in the Triangulum Galaxy and you have three hearts, three hands and three feet. Your mind works only in geometric forms and symbols and there are many portions of your Self within you. You are a group of three.

Now, you remember Earth. You are a leaf that has just fallen to the forest floor. You are the rising Sun. You are a brook and a roaring river. You are a pebble and a mountain, a flower and a tree.

You are all of these and more. You are ALL, and ALL is you because YOU are on Alycone, the Great Central Sun.

Take the memories of ALL that you have lived and follow your Pleiadian Guide, Mytria, who will lead you into the Violet Temple of Transmutation.

## **⌘ What is Their Role in Creation? ⌘**

## How Does the Mother's Will Reach Us?

April 20, 2024

<https://goldenageofgaia.com/2024/04/20/353817/>



*The Divine Mother discusses passing a wish down through the Elohim, Seraphim, all angelic orders and councils to us, as well as sending it directly to us. She compares it to sunbeams from the sun; they fall on all.*

*I've only heard a similar description once before, which I'll attach, below. (1)*

*Let this discussion then anchor the relationship between the Mother and the Elohim.*

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“The Divine Mother: Come to Me as I Come to You – Part 2/2,” through Linda Dillon, at <http://goldenageofgaia.com/spiritual-essays/the-nature-of-the-divine-mother/the-divine-mother-come-to-me-as-i-come-to-you-part-22/>.

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Steve: Mother, if I may intervene for a moment to ask you a question....

We talk about things like changing the human body from carbon-base to crystalline or introducing a new wrinkle in the Ascension plan in that we ascend with our bodies: How are changes like these effected?

Sometimes it's said that God thinks and God's thoughts create changes. Is there any way to explain to us how these monumental changes are being brought about, that we could understand?

Divine Mother: Yes. That expression, “God thinks,” as you know, the idea behind that is that there is [first a] divine thought and [thereafter] it is, and that is a good way to think of it or conceive of it.

But let us suggest to you that God, the Unity, the Trinity, All, creates, and then it is. And when we do this, it is with you as well.

So it is not that there is Divine thought and then everything changes. There is also an element of your participation, because you are part of that creation, of that co-creation of that thought.

So, are we changing the carbon to crystalline form? Yes, but so are you. And we have had many of you do work with your form and with your DNA.

Some of you are still thinking this is a foreign concept. That is all right. It is being implanted in you even as we are speaking this night.

Steve: Then could we take this instance of a change in the Plan from Ascension out of the body, Ascension beyond the body, to Ascension with the body - could we

take that instance and could you trace it down from yourself through the various levels to us? Can you indicate the various channels you send it down through?

We hear terms like “the highest Universal Council,” or “the Elohim.” How did this thought or command come down from God to us?

DM: ... Yes, of course. Now think of it as rays of the sun. Sometimes you will look at the sun and you will see beams of sunlight.

And so the command, as you have put it, has gone, yes, to the Company of Heaven, to the Elohim, to the Seraphim, to the Cherubim, to every level, through the Council, through many of the Councils.

But that beam, that central beam, has also come directly from our heart to you. And that is a unique aspect of this Ascension.

Steve: And when this beam comes out and comes to the Elohim and then the Seraphim, how are they aware of it? It's not like they receive a letter from God. How does it show up for them?

DM: The closest way that you can conceive of how, for example, the Elohim would receive it, it would be as an instantaneous energy transmission into them that would be an expansion — even though they have always known, because it is part of the plan and they are aware of it — but it would trigger, “All right, now it is time for us also to be beaming.”

So that it is not just the direct beam; they start to work with the various levels down to the human collective to also implement this aspect of the plan in what you think of as your now.

Steve: All right. Well, I'm sure the Elohim and the Seraphim know that this is God's will. But we, we probably don't know it's God's will. We may feel moved to do something, or inspired to do something. How can we know that we are being directly communicated with or inspired?

DM: It goes to following, listening, trusting, holding love in your heart.

[Steve: Yes, higher-dimensional love would respond to a divine command. We'd feel it.]

DM: And yes, with the totality of your being, not just with a portion of your being. It's time for you to all work with the totality of your being, and discerning, not judging, ever, whether something is a whim or truly an inspiration. ...

How you know is this feeling of "Ah!" expansion, of this urge that is driven and uncontrollable, because you know it is part of your joy. And if it does not feel like joy, then it is simply a random human thought. So turn away from it and allow that alignment with you and with All to truly fill you. ...

Yes, it sounds complex, but it is not complex. It rests within you to know, and it rests in that sense of being, not of thinking, but of knowing. (2)

Steve: I would assume that bliss goes along with this. ... Can we turn to the subject which seems a natural one in relation to what you just said, of the voice in the heart, of the guidance that comes through the voice in the heart? What you have been talking about surely is the way that the heart expresses God's will, is it not?

DM: Yes, it is.

Steve: Could you discuss that for our listeners somewhat, please?

DM: All of you, and all of humanity, and in fact far, far beyond, have been equipped, implanted, however you wish to think of it, with the knowing not only of One will, of our will, of God's will, but of your ability and your ultimate choice to align with that will. And it is that knowing within your heart.

Now, many of you have come to a place where you do not fully incorporate that or understand it or, yes, trust it in a very human, Third-Dimensional way, but, when you allow yourself to simply be and to listen, it is not only your voice; it is our voice; it is the voice of many speaking as One.

The more time and practice — because it is a diligence — that you take to truly be in connection with the inner knowing, the voice, the closer you are to us and we to you. It is all that there is. And it is you, dear heart.

## **Footnotes**

(1) Here is that other quote:

Divine Mother: Normally, [Light] would come from me to my realms, to the dominions, to the seraphim, to the archangels, etc., to the masters, to your guardians, and then to you. But that is why each of you is shining like a star with many facets. You are being bombarded by all of us. You see, there is no shortage of what I have to share. ("The Divine Mother: The Role of Clarity," Oct. 8, 2013, at <https://goldenageofgaia.com/2013/10/08/the-divine-mother-the-role-of-clarity/>.)

(2) In the same way, we've also been implanted with the yearning to reunite with God. Compare what the Mother says here with *The Longing for Liberation* at <https://goldenageofgaia.com/wp-content/uploads/2021/07/Longing-for-Liberation-3.pdf>

# Archangel Michael: The Tree of Life and a New Template for Earth

April 15, 2024

<https://goldenageofgaia.com/2024/04/15/archangel-michael-the-tree-of-life-and-a-new-template-for-earth/>



by Celia Fenn  
<https://celiafenn.com/>

13th April. from Archangel Michael

Dearly Beloved Friends, as you have passed now through the gateway of the Solar Eclipse on the 8th April past, you are in a state of inner balance and flow. The New



Divine Masculine Codes have been activated and integrated and you are ready to begin a new phase of manifesting the New Earth. In this phase the Tree of Life Archetype will play a central role as you move towards the 5/5 Taurus Gate Portal.

### **The Tree of Life Activates**

At the Solar Eclipse, the Tree of Life at the centre of All Creation in this Galaxy activated a new Creation Template. This Template is based on the new Divine Feminine and Divine Masculine Codes. It expresses the highest frequency of Creator energy in the Galaxy.

The Tree of Life was the original Template for Terrestrial Life on Earth. It has its roots in the Earth and its branches reach up into the Heavens. Its canopy provides shelter and security for those on Earth, and when forests of trees are created, then all life flourishes.

The New Template that has activated renews the Sacred Covenant of the Tree of Life as an expression of Sacred Life on Earth.

### **The Original Tree of Mu**

In the beginning time, there was only the single Great Continent of Mu (the Mother). At the centre of the continent Creator/Elohim placed a single Great Tree, with an extensive root system and reaching 50 miles into the sky, as its branches reached into the Heavens and creating a link or bridge between heaven and Earth. It became a generator of “creation impulses” on Earth, giving rise to life on Earth and providing shelter for this life, under the direction of the Elohim Angels.

The location of the original tree was in the place you now call Egypt, and the Great Pyramid marks the spot where the original tree was placed. As creation expanded, the Elohim placed four more Great Trees to mark the 4 directions of North, South, East and West.

So, the Great Pyramid at Giza with its square base (4 sides) and its 4 triangles ( $4 \times 3 = 12$ ) creates the 12 which is the number of community and represents the starting point of Human Community.

As these great trees spread out their branches and foliage, they created a great canopy in the sky that was known as the “firmament.” This was constituted by

branches and sacred geometries, and it created a powerful shield to protect life on Earth below.

Soon, the Elohim added 4 more trees to mark the North East and West and the South East and West points, and to create the geometry of the 8 pointed star on Earth, which was a creative design of much power.

Sadly, as eons passed and life expanded and evolved, the Great Trees were unable to hold the canopy in place. The trees fell and the protective canopy was lost. Life continued, but without its original protective shield and connection.

### **The New Tree of Life**

At this time, the Elohim/Creator have activated a new Tree of Life Template that will fulfill the original mandate but in a more efficient way.

The new Tree of Life template is being activated in the Hearts of the Ascended Ones of the New Earth. You are the Tree of Life and you hold it within you. Together you will create a network of Sacred Energies to hold the four Sacred directions and to expand and become the 8 pointed Star of Life on Earth.

Each one of you is a seed point for the new creation. Within you, and within your Heart, is the energy of the New Creation. You are joining together in Sacred Community to truly create Paradise from the Heart.

At the coming Taurus Gate 5/5 Portal, this Template will be fully activated.

### **The New Earth and the Flow of Creation**

This New Template within your heart is activated by the energy pulsations of the Great Heart of Prime Creator expressed through the Tree of Life at the centre of the Galaxy and in the Star Garden of Aldebaran.

As you learn to breathe with the pulsations of the Tree and the Great Heart, you will activate the Tree within your Heart.

As you “feel” into the Sacred Silence of the Sacred Garden of Source, you will connect with the Flow of Divine Creative intelligence that will empower you to

create Paradise according to the New Template. Each one of you has a role to play in this new creation.

Beloved Ones, we wish you much joy as you unfold with this New Template of Creation that is within your Hearts.

# **AA Michael: The Tree of Grace and the Adventure of the Emerald Heart**

April 18, 2023

<https://goldenageofgaia.com/2023/04/18/aa-michael-the-tree-of-grace-and-the-adventure-of-the-emerald-heart/>



by Celia Fenn

<https://celiafenn.com/the-tree-of-grace-and-the-adventure-of-the-emerald-heart-the-5-5-portal-and-the-eclipses-of-the-taurus-gate-april-may-2023/>

## **The Tree of Grace and the Adventure of the Emerald Heart : The 5/5 Portal and the Eclipses of the Taurus Gate April/May 2023**

Archangel Michael through Celia Fenn

Dearest Hearts, you are approaching a powerful time of initiation and transformation for all of Humanity, but also for the Planet.

At this powerful transit of the Eclipse on the 29th April and the Taurus Gate and Full Moon Eclipse in Scorpio, you will embody and integrate the frequencies of the Emerald Heart.

This will enable you to receive, hold and transmit the 9D frequencies of the Aldebaran Star Garden and to anchor these frequencies for the New Earth. You will also be initiated into the new Tree of Life for the New Earth and the Age of Aquarius.

This is the Tree of Life and Grace, called the Tree of Grace, that has been inaugurated at the centre of the Star Garden to hold the central pillar of Life for the New Earth.

Those of you who are ready will step into the frequencies that will activate the Emerald Heart within you. The Emerald Frequency is a 9D transmission of Light Codes from the Star Garden of Aldebaran that carries the Light Information for the creation and manifestation of New Earth through the evolution and initiation of species.

The Emerald Star Garden is the original Galactic “Garden of Eden” where species are designed by the Elohim Angels and by their helpers the Sirians and Pleadians and the Cosmic Whales and Dolphins.

### **The Star Garden of Aldebaran**

The Star Garden is in the keeping of the Council of Light of Aldebaran, which includes members from Sirius and the Pleiades. It is a great Library and Seed Vault for all Templates of Light for life forms that are seeded in this part of your Galaxy. It is from here that the Emerald Light Codes are transmitted out to anchor holographic forms of new life templates and to issue evolutionary updates.

The Emerald Light Codes are a 9D frequency and therefore only available to those who have raised their consciousness to this level.

At the Eclipses, those who are energetically ready will be able to align their frequencies with the Emerald Light Codes by activating the Emerald Heart Aspect of their Sacred Heart. This will align them with transmissions from the Star Garden and will allow them to receive and transmit these Light Codes on and for the Earth.

This will be a gradual process, to allow each individual to slowly shift into these higher frequencies without burning out. We ask you to be gentle with yourselves and to allow the process to unfold in a gentle way.

### **The Tree of Grace : The New Earth Tree of Life**

At the centre of the Star Garden stands the new “Tree of Life” for the New Earth. It is called the Tree of Life and Grace, or simply the Tree of Grace.

It embodies the Divine Feminine energies of Grace and Compassionate Love that are at the Heart of the New Earth Consciousness.

This Tree of Life holds the central pillar of consciousness for the Earth, and also is a great Library for all the Templates for life forms of the Earth and the Solar System. It is the “Great Mother” who holds all life within herself.

At this period of the Eclipses and the 5/5 Full Moon Eclipse, you will also be initiated into the Tree of Grace as the central frequency for New Earth.

So, you will release the frequency of the Tree of the Knowledge of Good and Evil which has dominated the Old Earth with its duality and aggression, and you will transit to the Tree of Grace where the Divine energies of Grace and Compassion will define life going forward.

### **The Adventure of the Emerald Heart**

Dearest Ones, what an adventure it will be to traverse the Path of the Emerald Heart and to work with the Gold and Green Fires of Creation on your Planet.

You will become transmitters of these codes, and where you walk and touch the Earth these Emerald Light Codes will be anchored and activated.

This will accelerate the transformation of Earth into the New Lemuria, a beautiful Paradise Garden where New Earth humans can live in Peace and Harmony.

This is where the adventure begins.

We are excited to work with you,  
Light Dancers of the New Earth.

You are Beings of Grace and Light  
Blessing the Earth by your presence.

## **⌘ Deconstruction of the Old Third ⌘**



## St. Germain: Action Against the Dark is in Accord with the Plan

April 23, 2024

<https://goldenageofgaia.com/2024/04/23/st-germain-action-against-the-dark-in-accord-with-plan/>



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Saint Germain, “St. Germain Update,” 26 Sept. 2008, through Mike Quinsey at <http://www.awaken.cc/awaken/pagesE/library/eSpirit/art734.html>.

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Is it not in some ways a paradox that when the going gets tough, you the people are galvanized into action? You are born survivors, and through many lifetimes have confronted the dark forces and sown the seeds of victory.

It has taken a long time to reach your present position, and appropriately it comes when you are on the verge of your greatest achievement in this present cycle. It is

in accordance with the plan of the High Councils and Elohim for the destiny of Earth and its people.

What appears simply a physical confrontation is in fact occurring on a number of different levels and you are lifting yourselves up, and driving the dark forces back until they will eventually leave your vibration. What a glorious future awaits you as you take your place amongst the ascended Beings, having achieved your own Ascension.

## ⌘ Elohim Incarnated ⌘

## Pleiadian Collective ~ The Hopi Tribe

April 10, 2023

<https://goldenageofgaia.com/2023/04/10/pleiadian-collective-the-hopi-tribe/>



by Family of Taygeta, April 7, 2023

[familyoftaygeta.com/pleiadian-collective-april-7-2023/](https://familyoftaygeta.com/pleiadian-collective-april-7-2023/)

Beloved friends of Light!

We come to you with a communication of the highest love.

This Love is sacred, and cannot be divided.

As souls in the Pleiades, there is an understanding that all Pleiadians are family!  
(TIKEE)

Throughout the Elohim races, we are infinitely connected as the same light of creation!

Sharing love in these moments, we speak to you about a group of starseeds that chose to incarnate to Earth together in many waking dreams. The uniqueness of

their soul's choice was to be part of a tribe that you know as the Hopi. This loving group of souls desired to understand and follow the experience of being a tribe, understanding spirit and learning as the identity in ancient Earth teaching and the progression to this current waking dream.

The souls that chose this adventure in form are from Merope and Electra. Feeling that the experience would also enhance their sharing and closeness in the Pleiades, it became a tradition that starseeds enjoyed. Whether difficult lives or creative and enjoyable lives, each starseed returned to their home when leaving the body form.

Many of you have noted that many soul reveals have names that resemble the names of indigenous indian tribes, whether Choctaw, Cherokee or Hopi. In truth, the names on Earth were derived from those in the Pleiades. In this communication, we speak of the great Hopi tribe. All are beautiful Pleiadian souls from Merope and Electra!



In this waking dream, the culture is rich with art, music, dancing and food with magnificent recipes. The Hopi tribe is close, and they understand reincarnation and star families. Like you, they chose to arrive and forget. In each waking dream, they play a different role, but they have remained in the same tribe.

They connect with spirit, and they call source, 'The Great Spirit.' They have rituals of fire and chanting with drums and dancing as they celebrate life. They have

always had wolves and many animals for pets, as they are fearless in the connection of life.

Hopis call earlier tribes, 'Ancient People.' They understand their culture has been on Earth for thousands of years. They honor their ancestors, but do not understand that they *are* their ancestors! They believe all life is sacred, and they prefer being alone rather than joining political parties or areas of occupation which destroy land.

In these groups, there is free will to leave the tribe and work and live in any manner. But to the true Hopi tribe, there is unity as family.



The current area of the great Hopi tribe is Arizona. This group has slowly migrated from the south for thousands of years. Knowing how your area of the planet has progressed in thinking, expanded consciousness and abilities, know also this is the manner of the Hopi tribe. They have everything available now for every area of life. But the true culture chooses to commune together with The Great Spirit.

As starseeds, many have awakened in many dreams and given prophecies of great change coming to the Earth. Many spoke about cycles and frequencies and darkness upon the Earth, with a change that would begin a new life!

You are living these words now! The Great Light is upon you as darkness is covering the hearts of many!

In every dream, there are seekers, seers, prophets and mystics. There are those with gifts to share with others as catalysts for remembering who they really are in spirit!

This is the dream. This is the time spoken by many in ancient dreams and modern times.

You are the Light!

In The Moment Of Now, You Rise As One!]

We Are The PLEIADIAN COLLECTIVE!

We Love You So!



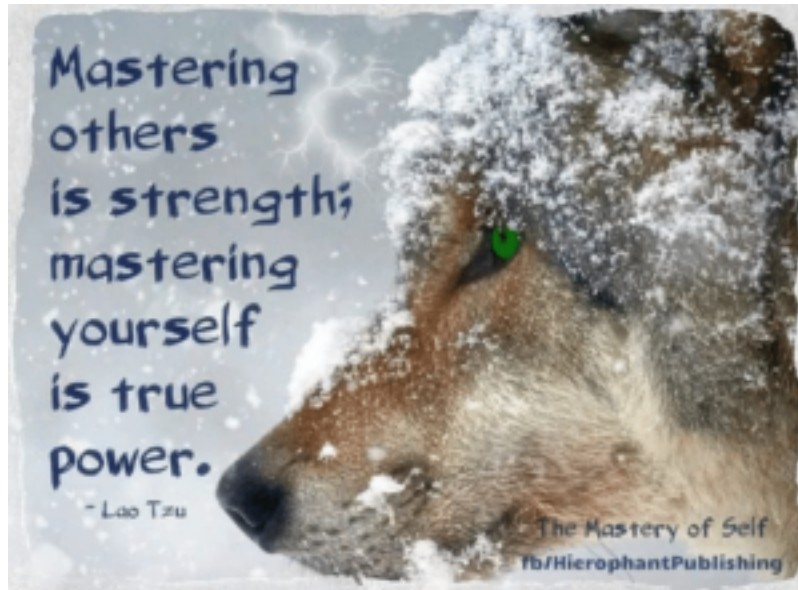
## **⌘ What Do They Teach Us? ⌘**



# Mastering Your Mastery ~ The Elohim via Adele Arini

March 2, 2019

<https://goldenageofgaia.com/2019/03/02/mastering-your-mastery-the-elohim-via-adele-arini-27-feb-2019/>



<https://tinyurl.com/yxnxygvq>

Greetings our beloved light-workers.

It is time that we play a bigger part of your life from this moment onward.

We are the Elohim.

Our name is synonymous with God, Supreme Creator & Source of ALL. In this vast Kingdom of God, we are the Beings who get sent out to create, expand and multiply.

As a group, we act as the 'right hand' of God; we are truly the building blocks of ALL in Creation. We get to assist on the creation of complex physical structures of any kind, as we are the eternal bridge between non-physical and physical.



In 3D terms, let us use the relationship between: a newly-wed couple who will be future house-owners, their architect and their builders, as an example here to help you understand who we are.

This couple is excited to build their new marital home from scratch; they know they have a lot to do and have secured the assistance of competent architect & builders to help them manifest their dream house; i.e. turning their concepts/ideas into physical reality.

In cosmic/universal terms, this newly-wed couple can be anyone who needs our assistance. It also represents every single one of you here; incarnated souls (individualized aspects of God) who have reached advanced spiritual maturity levels, and now ready to embrace their Godhood. In other words, the newly-wed couple represents those of you who are ready to master your mastery - i.e. master your creation and manifestation skills.

The **architect** will always be Prime Creator - the Alpha & Omega - Source of ALL THAT WAS, IS AND WILL BE.

And we, the Elohim, function as the **Builders** of Creation. The Builders of Form.

This relationship between the three (between the souls who are wanting to create, the architect and the builder) is [the same as the relationship among] **the Holy Trinity**. It is the very fabric and foundation of Existence in Physicality; in the physical realm.

**The Father** - represents our Prime Creator; Source.

**The Son** - represents all who wish to participate in the Creative Process; any soul who is ready to embrace their Godhood and graduate to a higher level of Creation.

**The Holy Spirit** - represents us, the Elohim. We are the Divine Fires/Flames of God; the embodiment of Qualities/Aspects of God needed to support all in the act of Creation. (1)



The Elohim can be called upon for assistance anytime and we happily go to wherever/whenever our services are needed. Our minds, our entire beings are always aligned and faithfully attuned to the Divine Mind and Heart of Source, to a complex degree that is perhaps unfathomable to everyone here at the moment. Each and every member of the Elohim, embodies & personifies one aspect/quality of Source that is needed in the fine art of Creation, Manifestation or Precipitation.

You are living in magnificent times, Mighty Ones. Many of you here reading/ listening to this today, are attracted to this message because on some level, you know that it is time to embrace your power. You are here because you are ready to walk, breathe, think, say, feel and act as the physical embodiment of your all powerful, God-Self.

You are ready to be our agent/representative for the God of Light; the God of Love; the God of Oneness in every sense of the word. You are ready to be a spiritual master whose very existence exemplifies a **Loving, Benevolent God** in physical form. So that one day, when people see you, they will be able to easily believe in the existence and magnificence of the One God who loves ALL.

Remember where you came from. It is time for all of you to stop acting as though you are a victim of your circumstances. It is also time for you to snuggle even more deeply within the embrace of your Higher Self, and truly realize that you have everything that you will ever need, within you, to solve all the life challenges you are facing right now.

Those of you who have been awakened for awhile, it is also time for you to be this agent of LIGHT & LOVE wherever you go, in ALL interactions with the people around you, and with the world.

Every day, every moment, every action you take, everything that you do, is a reflection of who you are. It is important that before you do/say anything, to always check in with your Self, is this based on Love? Are the words you are about to say to others and self, based on Love? Does this reflect the Love that is my True Nature? Is this how my Higher Self thinks, talks, feels or behaves?

you want love?  
be love  
you want light?  
be light  
that's all.

This is how you walk your talk, loved ones! You can not claim to be higher-vibrational, if your words, thoughts, emotions and actions indicate to self and to others that you are the opposite of Loving, Joyful, Compassionate, Patient or, Peaceful.

Life/spiritual Mastery can NOT be done part-time, depending on your mood on any given day. On your good days when you are more rested/relaxed, you will remember to be: positive, loving, patient, kind, generous, non-judgmental. On your bad days however, during your more challenging days, you then return to your 3D

ways of Being: negative, unloving, impatient, unkind, ungenerous, judgmental/not respecting other people's free will.

There are no excuses for those of you who are wanting to master your Mastery. Either you are displaying your Mastery by being loving & higher-vibrational **no matter what**, or, you are displaying the opposite. There are no middle grounds that can be found here.

You can not say to us one day: "Whoops, I probably shouldn't have said that, or done that, as someone who is walking the spiritual path of Light & Love. Sorry my Higher Self, I'll do better tomorrow. Lack of sleep could do that to anyone" and then, only to do it again the next day! By you repeatedly taking unloving action (or, continuously saying unloving words) to both: self or others, probably for a different excuse/reason the next day, and the next.

The pendulum just keeps swinging back and forth, between your 'good side' to your 'bad side' depending on many factors, usually your mood or, your body's physical condition.



In fact, many of your bad days are pre-arranged; they are there to 'test' you, for you to see for yourself, how much you have grown. To see how much more like your Higher Self you have now become. Your habitual patterns, ways of thinking, your

dietary requirements, your belief systems, have now become more aligned with your Higher Self.

Those bad days can be a useful tool; a useful indicator for you to see how much more you have to go, or, how much you have advanced in your journey back to the loving, God-Self that resides within. Someone who is very close to embodying their Higher Self is consistently acting like their I AM Presence, more than 90% of the time, regardless of what is happening around him. He will often think, say, feel, react, behave in a loving, compassionate, patient and peaceful way to ALL, most especially to himself. When there is nobody watching you, that is when you should take more time to carefully observe the way you think/talk/behave to yourself, as useful indicators.

It is also definitely time to stop waiting around for someone to rescue you from your problems. Focus instead on rescuing yourself by embracing your power!

Our message here today was written and had been fully encoded with the 7 Energetic Properties of The Almighty God; also known as the 7 Flames of God. We, the Elohim, along with the Chohan and Archangels of each ray, can help you embrace your soul powers by intensifying all of God's Sacred Rays within your 4 lower bodies, to bring out your 'Inner, God-Self'.

These fires will powerfully activate your God-DNA, bathe your bodies, and purge whatever discordant energetic remnants you still have to clear (discordant to your Higher Self's nature), to pave the way in getting you ready to become a Master Alchemist. A Master Wizard of the highest competency level, the likes of Lord Merlin. Someone who has completely mastered the fine art of Creation & Manifestation, to an Ascended Master Level.

*For the remainder of this post, [click here](#).*

### **Footnotes**

(1) The Holy Spirit is an aspect of the Divine Mother:

Steve: How are you known, Mother?

Divine Mother: I am known as all. I am known as love. I am known ... as dynamic action, as movement, as constant change, as fulfillment. Sometimes you tend to think of me as the Holy Spirit, but there is more to me than that, and there is a shade of the Father within there as well. But I am known by the movement within you and the movement within your Earth, within all things, within all universes.

I am a birther and a giver. I am the unchanging movement, and the constantly changing movement. I am the rhythm. I am the flow. I am Mother. ("The Divine Mother: Come to Me as I Come to You – Part 1/2," Oct. 17, 2012 at <http://goldenageofgaia.com/2012/10/17/the-divine-mother-come-to-me-as-i-come-to-you-part-12/>.)

## **Ute Possega-Rudel: To Draw the New World into Our Awareness**

April 23, 2024

<https://goldenageofgaia.com/?p=353908>



*Ute Possega-Rudel, now Ute Shan'A'Maa Posegga, channels the Elohim. I've come to appreciate their message through her from this research into the Elohim. Whenever I come across one now, I'm inclined to post it no matter when it was published. This one is from 2013.*

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"To Draw the New World into Our Awareness," Ute Possega Rudel channeling the Elohim, June 30, 2013, at <http://radiantlyhappy.blogspot.com.au/2013/06/to-draw-new-world-into-our-awareness.html>

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**YOU ARE OUR BELOVEDS, AND WE ARE YOUR FRIENDS!**

It is now the time to prepare for further shifts.



Until now you have been swimming in the more than exhausted waters of life that has been known to earth humanity for millenniums.

For many of you however, who are only visiting, it was all new. But you are used to frequent shifts, meaning that you are familiar with constant changing environments, that is other planets and even galaxies.

Now it is necessary, to consciously discriminate between the vibration of your soul and the vibrations of your environment, to which you have adapted in this lifetime.

For you, who came here to visit, it truly is not about evolving in this environment, but rather it is about remembering! Remember Who You Are! And this relates to many on this planet who are here especially in these times to assist the liberation process of Earth and Her humanity.

Now, as the old veils are fading, - and indeed the new glorious world has been already born – it is up to you to resume your identity that you forgot when you appeared in this dense and for so long God-less realm.

Now your true moment has arrived, to do the work you came here to do. Everything else has been mere preparation.

And it IS your task to draw the new world into the consciousness and awareness of humanity.

This is being done firstly by your own discovery of the New Earth already present, and relating to Her as She Is now, making it to your own Reality, and secondly by not supporting the old energies and paradigms just because you are used to it.

What does this mean and how do you live this? It is of course a matter of consciousness to recognize this new world from moment to moment. But as most of humanity still sees the old world, because they are used to it, you need the will, dedication and love, to not let yourself be drawn back into the old illusion, because everybody else, with a few exceptions, is living it.

There does not need to be a fracture, a breaking apart of the old and the new world in this process of transition. You can give support so that this does not occur. It is

the specific frequency of Love that is a soft infinite vibration that you can utilize in your creative intention to allow for a smooth transition from old to new.

Like the rising morning sun slowly brightens with ever-increasing radiance the sky and the earth, so you are with this Love to envision and to feel the accomplishing of the new world to arise in glory for all. This is what you can do in service to humanity so that the awakening of the many still sleeping will be less experienced as shock.

Of course everybody is responsible for their own individual perception and experience of this huge and magnificent changeover. The more clinging to the old the more at first painful the transition might be.

But upheavals do not need to be. They cannot occur in the feeling-awareness of prior peace and stillness that is the Substance in which the world is arising. Even if the world would break apart, - but which will not happen – the silky thickness of this stillness works like a buffer that protects you from harm.

While you are emanating it, it smooths the transition for all.

But now the most important message we are blessing you now with, is – and this IS NEW! – so, listen carefully! – that your brains are in the process to be wired in a different way! Old neural connections are to be removed and new ones are being implemented. This is due to the working of partly the new incoming frequencies which carry new information, but also of the Love-Creation of the Elohim, the Divine Creator Forces, Who joyfully initiate the new Divine Humanity into their rightful place in the Heavens.

This new wiring of the brain will bring about the new thought patterns that enable humanity to understand and live in the original Beauty and Love of a Truly Divine World and Creation and end the illusions of insanity of a corrupted, fearful and hateful existence.

It will support each and everyone to return to the language of the heart, which is love, compassion, joy and abundance. Divine thought patterns are the grounds on which trust and loving interactions can truly prosper. It is the Divine Gift to humanity and erases the memory of suffering and darkness, of deceit and errors.

This beautiful and great event is nearing now. Presume it to be already manifested, and anticipate its presence already now on your world. This will substantially support and make easier the transition.

You all have all reason to be happy and to be certain of the Great Victory of Light.

It has already happened in the Mind of All-That-Is.”

*Their voice slowly faded in the unceasing Stillness and Expanded Presence of the New Consciousness That is now Emerging in our World. When we listen It becomes obvious and when we look with new eyes, we can see It – It Is Omnipresent. When we allow It, It Is Here to Be and to Exist as the constituent of our New Earth.*

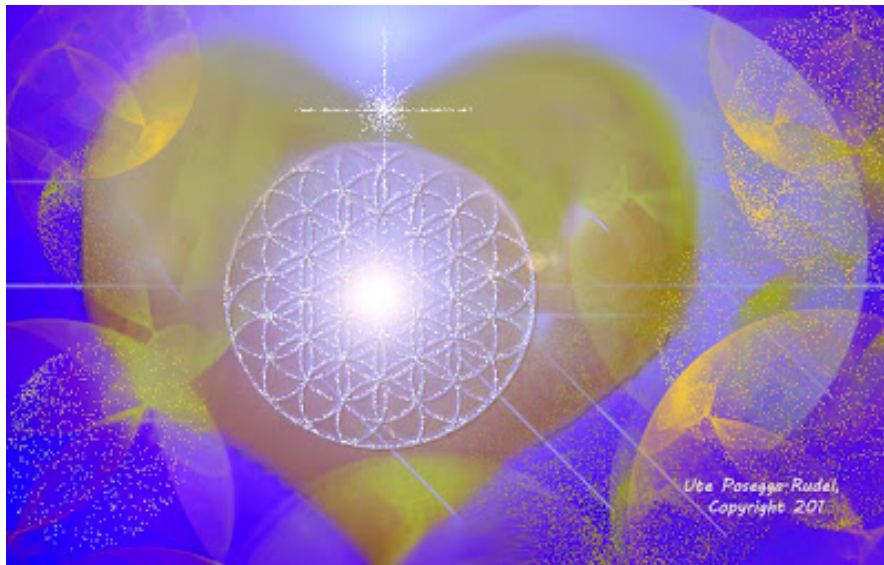
*With much love,*

*Ute*

# **Ute Posegga-Rudel: The Elohim of the Great Central Sun – A Great Work is Before You**

June 11, 2013

<https://goldenageofgaia.com/2013/06/11/ute-posegga-rudel-the-elohim-of-the-great-central-sun-a-great-work-is-before-you/>



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The Elohim of the Great Central Sun: A Great Work is Before You, channeled by Ute Posegga-Rudel, June 9, 2013 at <https://radiantlyhappy.blogspot.co.uk>

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## [VIDEO \(recommended\)](#)

We are your family, your siblings.

It was not our destiny, to journey through the Cosmos, like you do, as the Cosmos is forever in Us. We are here, to remind You of your original Homeland, your Source and thereby that the Cosmos is also in You.

We are the Radiant Light, that you perceive. We are Keepers of Light and we are Creator Gods, also called the Elohim of the Great Central Sun.

We are here to awaken your memory of the creation of your soul. Your Consciousness witnessed this act of creation, after It had agreed to connect with Soul. It was Pure Unity Consciousness, until it divided through the connection with the soul creations.

We are able to be both: light-form and formlessness. We have confined our absolute freedom only to this degree. We are capable to release the connection with form any time and Be Pure Light of the Central Sun. For you, existing in great density, this is difficult to imagine, but trust the remembrance of your soul, who understands the truth of our message, as soon as it remembers.

Now the memories gradually start to re-appear, the more you turn to the Light and the more you become It again.

There is only one true language, it is the language of Light. And it is tantamount to and the other face of Love. It is Ecstasy. We are Ecstasy. Remember!

We remind you that there Is Only Light, and that everything is created from that LoveLight. This Light is the Substance of true Being. Without this Light nothing exists. Light is the component of Being, that brings Being into Existence. Being without the existence of Light cannot be recognized. Only Light makes it recognizable, so that It can be Known. You are coming from there, and it is the level of Consciousness, to Whom you will return.

Our Radiance ignites in the depth of your unconscious the spark of the Radiant Light, as which you once emerged and began your journey through the Cosmos.

You learned from this journey, and the value of your knowledge and of the Creator's Self-Recognition in His Creation is bearing great treasures. These treasures are forever stored in your consciousness, in your genes and DNA. It is the material which is of high value for further creations in other galaxies.

Therefore you are the teachers of less developed Star Systems, because you know the total bandwidth of Light, from highest power of radiance to a light that is almost extinct. You know all associated faculties of creation in all variants of the

lower and higher mind, the associated Emotions and feelings and physical states. You have studied the separation from your own divine Source, while you surrendered fully to the experience of it.

All these themes, as they are known to you and as you understand them, enable you, to inspire and to fertilize other galactic civilizations with the power of Evolution, that happens by Divine Will.

A great work and a dedicated Service is before you. The evolution of all Galaxies is an unceasing process in the Center of the Consciousness of the Highest, the Source of all Existence.

It is up to you, to accept this Service, or to exchange it for a different task. But who have been feeling dedicated to this Service from the very beginning, will hear this call now and open their soul to be drawn to the appropriate pathway. Whether you are being already fully aware of it or not. It does not matter, but a prevision will dawn in those who are called, and something in them will respond.

The True Divine Adventure has just now only begun. To know one's further path is a great Blessing and Grace, because undreamed-of perspectives of multidimensional Consciousness are being opened thereby, expanding your inner awareness to new horizons to awaken in new spheres.

After you've reached the very bottom, while penetrating together with your Beloved Planet Earth the deepest depth of darkness, now the final parting from this world of experiences is here. The planes of density are being left behind, a new Field of Consciousness is opening, and other and new radiant Realities are being recognized in the Divine Mind and thereby created.

The new Worlds are emerging and their fruits are serving the growth and inspiration of those who come after you, to learn from you.

These are the eternal cycles of the Glory of the Highest, Who continuously is Moving and Expanding into New Magnificent Experiences, to Discover Itself.

You Are That, and you Are Not It. It Is beyond your language and comprehension. It can only be Experienced and be Lived, in and as the LoveLight of Highest Consciousness.

We Are with You, in the Fire of Light and of Love!

Message conveyed by Ute

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radiantlyhappy.blogspot.com](https://radiantlyhappy.blogspot.com)*

*Sharing of this message is only allowed together with this information and without changes. If you have questions, please contact me via [transformation33@gmail.com](mailto:transformation33@gmail.com). Thank you.*

## Suzanne Lie: Message from IlliaEm, Arcturian Elohim – Releasing the Grand Illusion

November 29, 2014

<https://goldenageofgaia.com/2014/11/29/suzanne-lie-message-from-illiaem-arcturian-elohim-releasing-the-grand-illusion/>



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Message from IlliaEm, Arcturian Elohim – Releasing the Grand Illusion.  
Channelled (mid 1990's) by Suzanne Lie. November 28, 2014. <https://suzanneliephd.blogspot.co.uk/>

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*Dear Readers,*

*This information was received some time in the mid 1990's. I could not even begin to understand what it meant back then. I was acting as the scribe and just wrote down what I was receiving. Now, I can understand it, but I also want to present it as the process I went through for those who are newly awakened.*



*While re-writing this channel, I used some terms that were not within my consciousness then and explained other terms that I could not begin to understand back then. I have found it quite useful to go back into my past to find that which I knew but did not understand. I recommend that you all do the same. If you are not a writer, look at old photos or drawings.*

*We are often the last ones to be aware of how much we have changed, so we don't give ourselves enough credit. We are living in an amazing time for which we have prepared for in myriad physical incarnations. This truly is the NOW of the ONE. We are so fortunate to be incarnated on Gaia's beautiful body to assist Her, as well as humanity.*

\* \* \* \* \*

Our dear friends in human vessels, we find you now in the final act of "The Grand Illusion." Therefore, you may feel your Selves on the verge of the unknown. All that you have perceived, as your Self, has become extinct or "out of date." What you once feared is now only a shadow, yet there is newness in life that threatens to ignite your old "fear of the unknown."

You may not experience fear in the same manner that you once did. YET, there is a persistent feeling of awaiting a discovery which can cause a sense of anxiety.

This fear/anxiety acts as a shell to protect the new, vulnerable embryo as it grows deep inside of your essence.

Your true expression of SELF is not quite ready for birth, but it is "time" NOW to prepare in earnest for the NEW, that is actually the ANCIENT. As Earth reaches her Ascension, we Arcturians are to be Gaia's Guardians. We have been chosen from the many who volunteered for this role because it is our Galactic Mission to surround ascending worlds with our Arcturian Corridor of Unconditional Love. In this manner, we are assisting Gaia in the manifestation of Her Divine Plan, which is to be a planet of pure, Unconditional Love.

Of course, other worlds will also be active in assisting Gaia. Among these are the Pleiades, Sirius, Andromeda and Antares. Antares and Andromeda are working as

ONE to monitor the vortex into and out of Earthly incarnations, while the Pleiadians are accepting and guiding Awakened Ones into their Violet Temple of Transmutation.

The Pleiadians have long been active in communication with the receptive Grounded Ones of Earth, and the Sirians are assisting humanity to peacefully move into the Unity of Unconditional Love. Unconditional Love will erase all political, ethnic, religious and personal borders to herald in the Age of Planetary Consciousness.

Remember, the key to your transformation into Lightbody is Unconditional Love, specifically love of your physical body. Your Earth vessel allows you to have your Earthly thoughts and to feel your Earthly emotions. The most treasured of these Earthly emotions are happiness and joy.

Happiness is actually the result of your ability to combine your thoughts and feeling in a manner that calibrates your brainwaves to their highest possible frequency. When you are “unhappy,” you may think that it is an outside, or inside, reaction to something that has happened.

However, what has actually occurred is that you have fallen “out of calibration” with your higher brainwaves. If you could face the same experience that made you unhappy, but keep yourself calibrated to the highest brainwaves, you would perceive the experience in a completely different manner.

Within your higher state of consciousness, you know that you can productively face that challenge because NOW you are calibrated to the brainwaves that keep you in constant communication with your fifth dimensional Soul. An experience that would devastate your third dimensional ego would be a mere challenge to your fifth dimensional Soul.

Consequently, we encourage you to find your highest carrier frequency at the beginning of each day and merge with your Soul, so that the pathway of communication between you and your Soul can remain open throughout your day. In this manner, you can keep your mental channel attuned to the fifth dimensional frequency.

This fifth dimensional frequency, which is beyond the speed of light but not beyond the speed of thought, cannot be clearly accessed unless your brain has been calibrated to your fifth dimensional thinking.

Once calibrated, your brain is able to track your Soul's vibration as it moves down from the higher frequencies of Spirit and into the lower frequencies of matter. In this manner, you can consciously integrate "Spirit into Matter" in your daily life.

This integration is the greatest service that anyone can offer, as it is the most effective process to raise the vibration of your Self and of the planet. Also, in this manner, your physical Earth-ship can be updated with the necessary "downloads" from the fifth dimensional worlds.

These "up-dates" are much like those that come into your computer. However, if the computer is not "turned on" you will not know that a new up-date is ready for transmission. If you will dedicate your Self to a daily connection with your Higher Self, your bodily sensations, emotions and thoughts will keep you informed regarding any messages your super-conscious SELF.

We are very pleased with your/our progress. We say your/our progress because we are ONE. We are a component of your greater SELF that has chosen to inhabit your clay Earth-ship. We are your command-station; hence, we are invaluable to you. Know that any feeling of "Homesickness" is actually a homing-beam that you can track to return to the state of consciousness that you call "Home."

Follow your "Divine Discontent" up into the fifth dimension to remember that you are never alone. Your feelings of loneliness for Home are not your enemy. We ask that you remember to perceive these feelings as friends that will guide you Home. Remember, Dear Ones, you are all part of our ONE SELF.

We surround you with our Light so that you can release any experience that threatens to "let you down" and lower your consciousness. We support you in Gaia's Web of Life and promise you that we will NOT "let you down." Know that your/our mission shall be completed.

Each of you within Gaia's Web of Life represents the masculine energy of a Spiritual Warrior and the feminine energy of the Goddess. Your male and female

energies are blending now. This process shall continue until no separation is possible, as your body has been transformed into LIGHT.

The “Web of Life” is the Light matrix to which your consciousness is attached. Once your Soul attaches its consciousness to this Web, it calls in a female to give you birth. Whether or not she is aware of it, your “mother” has agreed to create a form for you and carry you within her body until you are ready to be born.

At first you are attached to your mother’s Web of Light, but as you mature you slowly create your own attachment to the Web. As you expand the conscious awareness of your corporeal body you can consciously embrace the feelings of being connected to the Light matrix of the Web of Life.

Keep this matrix conscious throughout your day. See it now. See how it glimmers with many colored Lights and embraces you with our Love. With a conscious awareness of the Web of Life, you can begin to perceive that there are higher frequencies to which you can attach your consciousness.

For example, you can attach your consciousness to the fourth dimension when you are being creative and/or sleeping. With practice you will be able to attach your consciousness to the fifth dimensional frequency of the Web. From this frequency you will be able to create a portal through which you can perceive the third and fourth dimensional realities, as well as the higher dimensional realities of the fifth dimension and beyond.

While your consciousness is attached to the fifth dimensional Web of Life, you can leave time to travel into the NOW of the higher worlds. We are pleased to explain more about how this transition was accomplished. However, there is the timeline to be considered. Hence, there are certain facts we cannot share with you within your “time.”

We can tell you that “time travel” is far more common than the general public is allowed to know. Because of this dangerous activity, which can greatly disrupt Gaia’s future, there are many dispensations that have been released to allow for the Lightworkers to begin to merge with their future fifth-dimensional Selves.

We say future fifth dimensional Self because you all have many fifth dimensional Selves. But, there is only one future Self with whom you will merge. We will now

explain how your past/3D Self and your future/5D SELF can merge. You may find that your inner child is the first one to take your hand.

We will now tell you how your future, fifth dimensional SELF will merge with your inner child. Your future SELF lives on future Earth, which is quite different than what you may imagine. The manner in which it is different is one of the things that I cannot share with you yet.

However, I do have permission to tell you a story. I will tell it in the first person and from the perspective of my inner child, as well as yours. In response to your unasked question, yes, we always have an inner child. It is our inner child that holds our vulnerability and innocence.

My/our story:

One morning I awoke very early before the suns were up. We live to be much older than in your timeline so age didn't mean much, but I would say that I was still a child. My body was changing and so was my consciousness. I had been having a recurring dream in which I was playing with another girl about my age.

I felt very close to her and her to me. She had shared with me that, although I could remember my dreams of us, she could not. She told me that in her world people did not believe that we had other parts of ourselves. The force of the collective consciousness was too much for her to battle. She already felt she was too different from everyone else, so she was unable to believe that our joint dreams could be real.

On the other hand, in my world it was a common event to mind-travel to other realities, times, and to visit with other portions of our total Self. I had done so since I was quite young. This young girl, however, felt very different. It seemed that she was closer to me than anyone I had ever met in my mind journeys.

She said her name was Em and I told her that I was known as Illia. I also had a masculine side of myself that I could present, but that frightened Em. She could only be close to me when I displayed myself as feminine; so that is what I did.

For many years, we met in the fourth dimension that was between my world and her world. Em lived in the third dimension and I lived in the fifth. Our favorite place to meet was in fourth dimensional Faerie. In fact, it took a very long time for

Em to learn to raise her vibration above that plane. When we first met she was in the Lower Astral Plane.

The first time that I met Em I was mind traveling in Faerie and heard a distant cry. It was a cry so filled with terror that it caught my attention. Usually, I would not have had any awareness of the Lower Astral Plane. I was told never to go there. However, this cry was so familiar that I could not resist investigating it.

I surrounded myself with the Violet Light so that I would be protected from the low vibrations of that dimension and left a trail of Light connecting me to my Faerie Self, so that I would not become lost. Down, down I went into the dark lands of the lower Astral.

I could not see too much through my Violet cocoon, but I could hear cries of agony all around me. On and on I traveled, following the cries of the distant familiar voice. At last I came to what appeared to be a jail. We no longer had jails in my home, but I had seen pictures of them at our learning post.

On the other side of the jail was a frightened child who was screaming and crying because a big monster was trying to get to her. I entered the jail cell with her and filled it with Violet Light. It took a while for the girl to realize that the Violet Light was around her because she was curled up in a ball with her eyes closed.

Finally she stopped crying to see that she was enclosed in a Violet cocoon and that someone was in the cocoon with her. She looked at me as if she recognized me and said, "Who are you? You don't feel like a monster. In fact, you feel familiar."

"Yes, I answered your call because it felt familiar to me as well. Do we know each other?"

"I don't remember," answered the child as she stood up and faced me. "Hey, where is the monster? That is a neat trick with the purple Light. Is that what made the monster go away? Can you teach me how to do that?"

"Hey wait," I stopped her. "You are asking too many questions. How can I answer them all? No, I can answer them all, but not with words. Would you like to go with me? I have a wonderful reality that I visit all the time."

"Are you asleep too?"

“No, and neither are you. They just tell you that you are asleep when you are mind traveling so that you won’t forget that you are human now.”

“Yes,” she frowned. “They tell me a lot of things so that I won’t forget that I am human, but I still don’t feel like it. I mean I know that I am a person, but I am not like them. I don’t believe in their world and they don’t believe in mine.”

“Well, I believe in your world and I believe in you. My name is Illia. What is yours?”

“I don’t remember. I know that I have a name down there, but I forget it when I come up here. Worse yet, I often forget who I am up here when I am down there.”

“In my timeline, the adults teach us how to mind travel so that we don’t get so confused.”

“In your timeline?”

“Well, I am not really sure who you are. I will have to ask my teacher. However, I think that you may be a part of me from an earlier time period. I am from 3004 AD. When are you from?”

The child looked confused. “I don’t know. I don’t know what my name is down there, or what time or date it is. I only know that I am a kid, and I don’t like being a kid. I also know that I have a lot of scary feelings down there that I can’t talk about. Then when I come up here the feelings turn to monsters, and I can’t get to Faerie.”

“Faerie! That is where I want to take you. Here hold my hand,” I say as I reach out towards her. “I will show you a way there that NO monsters know about. Maybe someone in Faerie knows your name.”

The child happily reached out to take my hand. All of her questions were gone as soon as she knew she was going to Faerie.

“Can you feel me inside you?” I ask the child. I am still in my world because I am a fifth dimensional Being and can easily bi-locate. In fact to say that correctly, we are a fifth dimensional Being and we can bi-locate. We are two in One and One in two [feminine Illia and masculine Em].”

The child looks very confused, but is so happy to leave her cage in the Lower Astral plane that she can barely hear me.

“Can you feel me inside you?” I repeat. “We are two in ONE now.”

“Wow, it is so beautiful here.” Em ignores me as she exclaims, “I NEVER want to leave here.”

“As I show you more and more of my reality, will you share some of your reality with me?”

My question remains unanswered, as I race off after the small child who is excited to be Home once again.



## **Suzanne Lie: Multidimensional Consciousness By IlliaEm, Elohim of Arcturus**

Sept 8, 2014

<https://goldenageofgaia.com/2014/09/08/suzanne-lie-multidimensional-consciousness-by-illiaem-elohim-of-arcturus/>



Suzanne Lie: Multidimensional Consciousness By IlliaEm, Elohim of Arcturus. September 7, 2014. <https://suzanneliephd.blogspot.co.uk/>

Dearest Ones,

Please, take a moment of meditation before you receive my message. It is important to expand your awareness to your highest potential before receiving my communication so that your ego does not interfere with my transmission. I will assist you by leading you in a meditation to calibrate your consciousness to the higher dimensions.

Focus your attention inward into the core of your brain, the area below your crown and behind your brow. Feel the Light of Spirit flowing through your Pineal Gland and into your crown like the sunlight coming through the sunroof of your home. In front of you is the Mind Screen for your Third Eye. Settle into this area of your physical form.

Now send a root through your brain, down your spine and out of your feet directly into the central core of Lady Gaia. This root will allow you to stay grounded as you assist as well as accept the assistance of Mother Earth. Now that your “launching pad” is activated, journey to your Soul Home in the fifth dimension. Feel your Divine Complement embracing you, as two merges into ONE. Together as ONE, you return your attention to me, IlliaEm.

Imagine a vortex before you.

See how the spin of vortex increases as you approach it.

Recognize your Arcturian guide as IT invites you into the vortex.

Visualize the archway to the vortex.

Raise your hands to imprint your vibrational signature upon this archway.

Feel the rush of euphoria as you make this connection.

NOW you *are* the vortex.

Feel how your form has become formless.

You are pure Light. Observe as you morph into an Arcturian Star Being.

You are returning to the Home that you have never left.

However, you have forgotten that you are also there.

Long, long ago, in the distant past, you bi-located your great Multidimensional consciousness to Gaia’s beloved sister Venus. You inter-dimensionally traveled to Venus to prepare for your mission to rescue Gaia’s planetary body, Earth.

Once you had prepared your great Multidimensional consciousness for the constraints of existence within a third dimensional vessel, you kept your promise to answer Gaia’s call to rescue Her from destruction. Atlantis could not be saved, but Gaia was safe. However, Her frequency was much lower than ever intended.

Now you are returning to your Multidimensional SELF, the ONE you have always been. See your Arcturian pod before you. The other Star Beings in your pod are

also arriving and there is a beautiful reunion. You meet again in a giant star burst of Light.

Now feel your physical form that is receiving this message. Extend your consciousness to that YOU. There are many changes going on in your physical body, emotions and thoughts. It may even seem that you can't keep up with all the new information and genetic encoding that is being activated in your Earth vessel.

If you think, "I am alone on the third dimension, and I may not survive," these changes can be frightening. You are correct. Your third dimensional Self is being transmuted into a higher vibration. Therefore, all your bodily defense mechanisms are being alerted to great change, which is often perceived as danger.

Therefore, please reassure your Earth vessel that these feelings are NOT dangerous. Tell your body that you are being returned to your natural state. Remind your 3D Self that YOU took on an assignment in which you needed to wear a vessel made of the same elements of the planet that you were rescuing.

This vessel is much like a coat that has now become too small, and the brain of this vessel has forgotten your true SELF. Therefore, your 3D expression is having confusing thoughts, fearful feelings and unusual physical sensations. Assure your Earth vessel Self that YOU are on an important mission from your Galactic homeworld.

Thank your Earth vessel for its service to you and for its willingness to undergo such a great transformation. Tell your third dimensional thoughts and emotions that they must be still to allow the changes to take place within the physical form you are wearing.

Do not judge or condemn your Self for "not doing enough" for the transition. You are in training now. *When you have fully remembered your Multidimensional SELF and have incorporated this expanded SELF into the awareness of your Earth vessel, you will be called upon to be of service.*

For now, continue with what you are doing. You are touching people more than you give yourself credit for. Release all competition and comparison and love yourself for exactly the way you are NOW. To assist you in remembering your

innate Multidimensional consciousness, I NOW take your mind on a journey back to Arcturus:

Imagine that your Arcturian family is around you once again. Feel the deep sense of Unity. Is there any competition or comparison here? No, my dear, we are all ONE. We are like individual emanations from the same star.

We have all emerged from the same Light, and we all live within it together as ONE. Experience the Light now as it weaves each member of your pod together into a beautiful tapestry of Light. Sense the pattern that is formed by your collective Selves, and see how you are the whole, *as well as the individual*.

This Unity Consciousness is also possible on dear Earth, but many low vibrational beings also live on the Dear Lady. Sometimes you can feel them, but Gaia must *always* carry them on Her body. Do you realize now how Gaia needs you? Do you understand how you can assist Her by simply remembering who you are?

When you remember who you are and ground your Multidimensional SELF in Gaia's core, you share your Multidimensional consciousness with Her core. As more and more of you share your Multidimensional consciousness with Gaia, you create a stairway of Light leading from the heart of Gaia to the higher dimensions. With so much darkness and fear impinging on Her body, the Light of your Multidimensional consciousness serves to refresh, rejuvenate and heal her planetary body from the center out.

Also, as you will see, all inter-dimensional journeys must begin with a deep grounding so that you can find your way back to your third dimensional vessel. Once in the higher worlds, you may not wish to return to Earth, but your connection to Gaia's core reminds you of the Mission you have chosen.

Also, when you travel into Earth's core, you can merge with all the Beings of Light there in the same manner as you have united with the members of your pod on Arcturus. Some of the beings in Gaia's core are human, but many are not. Since you have released the 3D illusion of separation, you can instantly join them in the unity of Multidimensional Consciousness.

Feel how this union creates a giant Merkaba with the top half above Mother Earth and the bottom half embedded in Her core. See that there are many of these

Merkabas joined together all around the planet. Within each Merkaba is a pod of like-minded Multidimensional leaders who have released all competition and comparison to serve Mother Earth in Her hour of need.

It is for this reason that all of you have volunteered - yes volunteered - to be incarnated on Earth at this NOW. This is the cosmic opportunity for which you have prepared for millennia. ALL of you are ready NOW. Any One who can receive messages from their higher Selves (or from the higher Self of others) are able to actively and consciously participate in the process of planetary transformation.

There are still many beautiful Light Beings that choose to allow their Multidimensional consciousness to slumber while they do the work in their night bodies. Some of these dear souls may even appear to be of the darkness. However, do not judge their third dimensional Self, as each one has their own assignment.

Those who have chosen to display dissonance so that it can be healed are indeed brave. In their higher vibrational Selves, they too are aware of their process of transformation. Send Unconditional Love to these Beings. They have chosen a very difficult path. They have chosen to embody darkness so that it can be healed.

Remember my Beloveds, there is no job too small to be of service. Embrace ALL life within your Multidimensional consciousness. *Feel* the Unity of Purpose to the Divine Plan of planetary Ascension. *Be* that Unity of Purpose. *Know* that with this knowledge comes great responsibility.

*Embrace your responsibility. Remember who you are!!!!*

**(The next day)**

I AM Illia Em, returned to complete my message,

Everyone on the third dimension has a challenge, which is the same theme for everyone. This challenge is facing FEAR! The “faces of fear” change with each person, but the lesson is the same: “Keep your consciousness above fear and in the frequency of Love.”

When you remember to live within your Multidimensional consciousness, I IlliaEm can constantly share your/our Oneness. Your Multidimensional

consciousness can be re-discovered by merging with your Mother Earth. Gaia serves as a Multidimensional computer that stores every thought, emotion and action of every life form on Her planet. These “files” can be “read” by merging with Gaia.

To merge with Mother Earth,

- *Experience* Her pulse as it rises up from her heart to enter your heart.
- *See* Her Nature around you.
- *Listen* to Her creatures, the wind through the trees and the rain on the ground.
- *Smell* the fresh grass and feel it beneath your feet.
- *Feel* the warm Sun and cool breeze as it caresses your face.
- *Hear* the ocean as its waves break upon the shore.

In this manner, you commune with and become grounded in Mother Earth. Allow myriad memories to enter your Multidimensional consciousness. Stay grounded in Gaia’s core while I assist your memory by surrounding you with my Multidimensional consciousness.

I am with you. I am You. WE ARE ONE! Through our Oneness I can merge my Multidimensional consciousness of your Multidimensional SELF so that you can consciously experience:

- The cells of your first dimensional consciousness
- The organs of your second dimensional consciousness
- The physical body of your third dimensional consciousness
- The astral body of your fourth dimensional consciousness
- The Lightbody of your fifth dimensional consciousness
- The Soul Fire of your sixth dimensional consciousness
- The Oversoul of your seventh dimensional consciousness
- The Galactics, Celestials, and Devas of eighth - tenth dimensional consciousness
- The Archangels, Elohim and Ascended Masters of eleventh, twelfth and beyond dimensional consciousness

As you expand your consciousness into the higher and higher dimensions, the dimensions merge. Hence, eighth through tenth dimensions blur into ONE as does the dimensions of eleventh, twelfth and beyond. As you fully remember your Multidimensional consciousness, all dimensions swim together like drops of water in a cosmic ocean.

Within this cosmic sea your Multidimensional consciousness simultaneously experiences your myriad forms of Human, Cetacean, Galactic, Ascended Master, Angel, Archangel, Deva, Elohim, Planetary Logos, Solar Logos, Galactic Logos, and mighty Logos of Universes and Multiverses. All of these realities exist simultaneously within the NOW of the ONE.

The illusion of separation and polarity only exists in the third and fourth dimensions. Once you remember how to return to your innate fifth dimensional consciousness, all illusions shatter and you live only within the TRUTH!

The first truth that you will remember is that *you are the creator of your reality*. Therefore, you must take absolute responsibility for your life. Anything and anyone that is in your life is there because *you* have created it!

In the fifth dimension, every thought and emotion instantly creates itself in your reality. You are now learning how to be a resident of that dimension. The first thing you must learn is to be the *master* of every thought and emotion that you allow to linger in your consciousness.

When you experience fear, it is a natural safety mechanism to lower your consciousness back down into the fourth or third dimension where manifestation takes “longer.” Do not judge your fear. It is your friend. Fear is the brakes on your Earth vessel.

Whenever you begin to go too fast and begin to feel “out of control/” you experience fear. Then the vibrational brakes go on, and your rate of progress slows or stops. Your lesson at that time is to learn to push the fear pedal slowly so that you do not slam on the brakes and go into a tailspin.

Do not be worried about the challenges ahead of you, as they are an indication that your consciousness is expanding into the higher dimensions. Therefore, you are ready to progress into a higher frequency of your service to the Light.

In Love and Full Support, I AM IlliaEm.

***Note from Sue:***

*This message came to me on April 10, 1996, but it totally applies to our life on September 7, 2014. So many of us become impatient that we have not ascended yet, but how long has dear Gaia waited for her humans to consciously participate in Her Ascension?*



# **The Elohim of the Great Central Sun via Ute Posegga-Rudel: Renewal of the Higher Vision**

December 24, 2014

<https://goldenageofgaia.com/2014/12/24/the-elohim-of-the-great-central-sun-via-ute-posegga-rudel-renewal-of-the-higher-vision/>



[Video](#) (recommended)

**BELOVEDS!**

We are here with you, to support and inspire your courageous and dedicated work to the light! We are here with you and we encourage you to ask for our support. So we can win the battle together.

Yes, there have been what you call delays – but they were not meant to obscure your spirit. In your disappointment about the delays, you allowed yourself to be dis-encouraged and to lower your vibration. Inevitably, you then limited your vision to the everyday appearances and things in the matrix. And so many of you added extra time to the delay.

We ask you to focus on your service to the light in all your endeavors, in all your actions – with all your heart! It is most important now to channel the Divine

Powers of Light and to maintain them on your earth, to concentrate these Powers, to bring them forward in great clarity and intent.

This is a time not to be confused, and not to diffuse the light, but to concentrate it, to focus it, so that it can gain momentum, presence, and invincibility in these end-times where the battle is on its peak.

We have a great vision of you, the Divine Human: The light of your attention is like a sword and at the same time it is a benign blanket of great brilliance and softness, like the clear and shining surface of a calm lake in the morning sun.

You do not leave. You do not leave your path and determination now, with doubt or while perhaps squinting into possibilities of defeat. You recognize the Divine Light, now so powerfully present on your earth, as a Divine Mighty Presence, as an Eternal Presence, in which all that is not of It dies, disappears, vanishes.

We are here to support this process, as it is the wish of the Supreme Divinity for change. There is great compassion for all of you, great love, great appreciation, and gratefulness for your surrendered service. This encourages you to always proceed on this path, no matter how your world might look like, no matter what is transpiring.

You do not look at the world as is or as might develop; you look at the light, you become It, you Are It, you Are the Divine Consciousness which the Light reveals to you. You are steady and you do not look at what is not light. You even see only Light.

You understand that this does not mean to ignore what is showing up in your world, or not to recognize the state your world is in, or to close your eyes when you see misery. But rather you do not identify with it, you do not allow yourself to lower your energy and your light, whatever happens.

And you stand in inner silence in the midst of it all. You spread your love so that it covers your planet. You are at peace even when you see war. You do not engage, you do not step down from the radiant platform of light.

And so you are able to maintain clarity, discrimination, compassion, and trust, to be the carrier of these Divine qualities in these critical times. By following your intuition and listening to your heart, you will do what is right.

The unexpected might enter your life, but you never leave your seat of equanimity.

As you remember your Divine heritage, where you are coming from and what you are here for, you do not allow [yourself] for a moment to be blinded by what your eyes see in this world of illusions. You maintain the clear view of a falcon, indifferent to the shadows, yet with a heart guided by love.

The battle is not about fighting with anything, but in intending to stay in your place of Divinity and to live it. You hold your heart high, you hold your spirit high. You are in joy. And you don't allow yourself to be touched by anything that differs from your intention.

Soon your vision will manifest and your world will emerge in a new, never before experienced light and beauty. There are attempts to hold you in the matrix and forget the higher visions of ascended Gaia; to not to continue to dream a 5-dimensional world.

But you know: This world as it is now can never become Divine, because it is not a Divine creation to begin with. It cannot be merely improved by changing certain parameters and contents. It is not enough.

Therefore, you dare to enter a completely new and ascended world and you enter it by creating it. You do not lose your Divine vision, while it seems that in the matrix there is a cry for a change of actors and a change of furniture on the theater scene.

While you use your higher intelligence, Beloved Ones, you recognize the game but you do not fall for it. You follow the way of Divinity, of an entirely new creation; a creation that truly satisfies your deepest heart desire. This heart desire is like a clear and radiant water that is expressing Itself through you, as it is an emanation of the Divine Heart, or God or Reality.

You tear down the veil of forgetfulness, and you work with the Unconditional Light. You have Awakened! You remember your awakened state in your year of 2012 and you have returned to it now!

Some of you allowed yourself to be fooled for a while; but now, Beloved Ones, we see you standing up again. You enter the field of Light, you Become It, you Are It. Unwavering. This is what you do now, because this is what is required. This is why you are here.

And you dive deep now into the Presence of Divine Light, and recover and renew your higher vision of a New Divine World.

All the blessings of the Supreme Divinity are with you. And the Love of the Only One Who Is embraces you!

We Are the Elohim of the Great Central Sun!

Message conveyed by Ute

"The Elohim of the Great Central Sun: Renewal of the Higher Vision," channeled by Ute Posegga-Rudel, December 23, 2014, at <https://radiantlyhappy.blogspot.com/2014/12/the-elohim-of-great-central-sun-renewal.html>

If you wish to read this message in its original form, please visit: [Ute Posegga-Rudel Messages from the Realms of Light](#)

Copyright© 2014. All rights reserved: Ute Posegga-Rudel, <https://radiantlyhappy.blogspot.com> Please post your comments on my blog so that I can be aware of them. Please share this message only together with this information and without changes, including the title. If you have questions, please contact me via [transformation33@gmail.com](mailto:transformation33@gmail.com). Thank you.

# The Elohim: Using and Mastering your Great Teacher and Companion, Your Pure Emotional Energy

April 21, 2024

<https://goldenageofgaia.com/?p=353801>



by Davey

<https://tinyurl.com/mra3bx4n>

*Steve: This is the second channeled message which sets out the awareness path extremely well. I attach two books on the awareness path in which this essay occurs.*

Dear ones we are the Elohim. We are the makers and shapers, the designers, the architects of worlds and realities.

We wish to take this opportunity to give a short message, if we will, to help you understand in more truthful terms the unfoldment that is happening within you, and so without.

You are connected into a holographic construct, a rich and complex operating system if you will, that responds dynamically to you.

This is a game, dear ones. A game where you can learn about yourself, your inner workings and the areas that need fine tuning within you by seeing the holographic mirroring or reactions to you by this holographic reality operating system.

Let us speak more simply. The world you see around you is a direct reflection of both you, and of the greater collective, and of the Earth herself. You co-create in this realm with the Earth and with your fellow collective members.

As humans you are privy to strong and powerful spectrums of emotion. This is why so many have sought to control that gift in you.

So beware of your emotional reactions.

They are your greatest ally in understanding what it is within you that is creating both harmony and discord.

Think of it like a waterfall. The pure emotional energy starts from the source, it emanates from your heart centre, and it flows and flares through all of you.

As it touches parts of you that are at low vibration or illusion, as that energy lenses through those areas, or flows through them, it will be, in a sense, changed in its colouration. It will have the feel or the scent of emotions such as fear, doubt, unworthiness, self-disbelief and things of this nature.

When it flares through high vibration areas of you, it will feel joyful, positive, uplifting, expansive.

So we ask you instead of fighting the emotions you feel, your emotional reactions to any happening, watch and feel closely that flaring and colouration of your original emotional energy, indicating to you what it is you have inside of you.

So, if you find you are feeling an uncomfortable emotional response to an event you see in your outer sphere, understand that this is a teaching aid. It helps you pinpoint what lies hidden within you as well as where it is and what the flavor of that vibrational construct is within you.

So do you see, dear ones, they are your greatest teacher in this game. They show you things about yourselves that you could not see by other means.

It is like you having a flashlight and pointing it inside yourself and then suddenly seeing all these different areas- some translucent and light and bright, and some dark and dense and heavy. Your emotions are like your own lighthouse. They point the way, if you will, to highlight the rocky areas that you would not otherwise see in sailing through the waters of your life.

We would like you to ponder on this subject and cultivate the art of working with the emotional energy you have as a human being, and simply bearing witness, not to engage with the emotional responses that you have to anything in your life.

We will leave you now with this to consider, dear ones.

We love you all so much. You are nearing the finale.

We are in great joy in the higher realms, watching you all as you take your individualized and collective steps over that great event finish line, and, oh, you are so near, dear ones.

We implore you to feel this hope, this truth within your hearts.

Go peacefully, go gently, go in love.

We are with you always.

We are the Elohim and we thank you for this time with you.

Goodbye for now.

# **The Elohim: Ascension Opportunities and Restoring the Connection between your Sacred Heart and Cells**

August 3, 2021

<https://goldenageofgaia.com/2021/08/03/the-elohim-ascension-opportunities-and-restoring-the-connection-between-your-scared-heart-and-cells/>



by Davey

<https://tinyurl.com/55ep2zm4>

Greetings We are the Elohim,

We come to you this day with a message with great hope, joy and blessings. We hope that you will understand this even though your outer world appears to tell a very different story.

We ask you to go deeper within yourselves and find that spark of light, that pure love of truth that you truly are.

You see, from here you have the perspective of truth. Lies cannot dissuade you, distortions cannot affect you.



You see you cannot engage with the outer illusions, and expect to discern truth. You must learn to come into your own undeniable and absolute truth.

You see things are unfolding at rapid pace. Trust in letting go, dear ones. You must let go. When you let go you move into your truth.

It is the very nature of holding on which keeps you enamored and engaged with the distortions of the outer world that you see. Your eyes are deceived, dear ones. Your minds have been conditioned over a large period of time to see largely and only the distortions of the matrix.

This is why, when you meditate, and you calm your mind, and you come into that heart centre of yours, you can see and perceive other worlds that the matrix does not present to you, does not show to you.

This is why we ask you repeatedly to practice and to make it a daily practice at least once a day, and more is better, to come into that sacred heart of yours, that special place where the true you resides.

From there, there are no distortions. You can see and feel everything as it truly is.

Dear ones we understand what you are going through. You are going through a transitional process where on one hand you are learning to let go of the ways that were, and as they pass out, you are welcoming the new ways that are and will be.

We know this has caused confusion in many of you for the subtle overlays of the two can make it all too easy for you to fall back into the old distortions and mis-truths. We ask you to be aware of this, dear ones, and see if you can catch it and correct this by immediately going back into your heart centre truth.

There is another practice we ask of you, and that is the practice of fully re-connecting your entire cellular structure. That is all of your cells, and the fields between your cells back to your heart centre truth.

You can do this by simply using your breath and intention.

First, we ask you to go into the meditative state. Bring yourself into your heart centre, and of course ground to Mother Earth Gaia. Then we ask you to connect

with, using your intention, each and every cell of your body. Take a moment to feel them, to hear them.

They are like individual consciousnesses within the collective of you. Much like a solar system is within the entirety of the galaxy. Ask your cells if they would deeply realign and fully connect to your sacred heart centre, and to allow each breath to infuse them with the connectiveness and love-light of your sacred heart centre.

Now dear ones take deep slow breaths and feel that infusion of light into every cell. Feel the joy, the excitement, the divinity, the health, the vibrance glow in your cells as you do this. Keep breathing this way for as long as you wish.

This is the simple practice we ask you to practice each day.

Now dear ones, there is an ascension window among many that are upcoming in the weeks ahead and beyond. This simple practice will allow you to expand deeply into and jump into these early opportunities for ascending your consciousness into the 5 th dimension, or 5 th density, as some of you call it, and beyond, if you wish.

Oh, dear ones, if you could just allow yourselves to feel how readily available these opportunities are to you, and by being in your heart centre and creating that strong vibrant connection between your cells and your sacred heart you most certainly will.

This is our message to you this day, in our peace, our love and our light, we are with you always. Call on us and all of your love- light family whenever you wish to.

And so it is.

# Elohim Cyclopea: Immaculate You

Dec. 11, 2011

<https://goldenageofgaia.com/2011/12/11/immaculate-you-elohim-cyclopea-2/>



## Immaculate You - Message from Elohim Cyclopea

Channeled by: Julie Miller, December 09, 2011

<https://lightworkers.org/channeling/148238/immaculate-you-message-elohim-cyclopea>

Greetings dear hearts. I AM Elohim of the Fifth Ray. I AM also known as The All-Seeing Eye of God. My divine complement or twin flame is Virginia. Our retreat is etheric, high in the Altai Range where Mongolia, China and Russia meet, near Tabun Bogdo. Let us begin now that we have a brief introduction and description of who I AM.

The constancy of being true to yourself has become vastly important as we move further into a new spiritual age. More and more Divine souls are waking to the Path of Light. As they wake, they will discover so many truths. We speak greatly about truth as it is fundamental to your Divineness. You are wanting and needing to know where you are going, who you are. Those answers, dear hearts, will come as

you move further along and gain knowledge that will lead you to those very questions with incredible answers.

What is TRUTH is what is true to you in your hearts. When something is true to you, you have no second thoughts, no second guessing; you know beyond any shadow of any doubt. You know with conviction. It is this that will shine the truth to what you seek to learn.

And you will be surprised to discover that much that you have known your entire life hasn't been completely true. Because the times have changed, you have changed. Therefore, your perception of what was is ready to move to what is. And that, dear hearts, makes a world of a difference.

Be constant, be true and faithful. It is not a fault. It is a divine quality and blessing to live with constancy in your everyday lives. Dependability is a demand more than ever as the world around you quickly evolves.

Yes, you must move forward in order to keep up, but you move forward with the light and love that is instilled within your heart that is connected to God through the spark that has never gone out. Your God Spark is there, sparkling with life and rich energy.

Look within and learn your truth and set the God Spark ablaze with passion and love for life that is filled with unconditional love for every being on this beautiful planet you call home.

Letting your heart open and your mind expand is a very healing and wondrous way to be. Committing yourself to live a life that follows the Way of God is most admirable, especially when the world around you is incredibly fast paced.

The hustle-bustle that goes on in your shopping malls, stores and organizations is understood as business does require customers and able-bodied people to employ. It is okay to remind an individual that they are a blessing and be thankful to them for the service they provide for you.

And we know some may not give you the best service or care that you would appreciate. These dear souls require understanding and acceptance as much as the

next dear soul who may put more effort into your shared moment regardless if it's making a purchase, paying a bill or just someone random walking past you.

Instead of judging them for their actions, send them love using decrees and invoke Divine Love and Light unto them as they are also children of God.

There will come a time along the Path that you are on when you will make claim to your Divine purpose. It will be apparent as you will be given many signs of your readiness to know more. And as you learn your purpose, you will find, after time, that purpose has changed; detoured a bit and that is quite normal as you go where your heart leads you as well as where you guides guide you to.

Taking the time to follow your heart, and listen to your heart for answers to questions regarding choices is a Divine Quality that is not missed by us. Each of you has many Divine Qualities that are God-like. Maybe some of you dear hearts do not recognize these qualities because you lived with them for your entire lives and have never noticed.

I would like to tell you now - YOU are Divine. There is much about you that is God-like. We know you may slip now and then from your God-like qualities but when you get back on track you shine even brighter.

When you are giving of yourself in any way that is completely selfless, for the sake of giving; you are being God-like. Anyone that volunteers, works for no pay is being selfless, dear hearts. There is great joy being a volunteer. Peace is found when giving your own free time to centres and charitable organizations. You will find a sense of self-worth that no pay cheque would be able to give you. There are many other ways which make you God-like and they are very becoming on you.

I would be honoured if you would decree emerald ray decrees. When you call for me, I will aid in strengthening your knowledge of the vast science of God. I see many with questions about the Science of God.

Sacred Geometry is one that can give you much insight, knowledge and wisdom. Even if you do not resonate with all that you study in this area, you will gain so much understanding of not just God but of the Universe.

I am preparing to take my leave. Before I depart I would like to conclude that my time spent with you through this vessel chosen today by God was IMMACULATELY wonderful.

In Light and Love, Elohim Cyclopea through Julie Miller

# **Archangel Michael and the Elohim Angelic Family: 2022 The Year of Love, Simple Joy and the Gates of Paradise**

January 10, 2022

<https://goldenageofgaia.com/2022/01/10/archangel-michael-and-the-elohim-angelic-family-2022-the-year-of-love-simple-joy-and-the-gates-of-paradise/>



by Celia Fenn

<https://tinyurl.com/2xj6ucj7>

Beloved Ones, welcome to the year 2022 of Earth's linear timeline. We ask that you allow this to be the year of Love and the opening of the Gates of Paradise.

It will be a year in which only Love will allow you to succeed and to thrive and to experience the simple joys of your life on Earth.

Of course, since Time and Space are mostly "illusions" of perception, you are living between two timelines and two realities. The old energy/alternate reality exists on the lower levels of consciousness with its linear timeline, and the higher consciousness spiral timeline exists on the higher frequencies. Each of these timelines, while existing in the same "space," produces a different spatial reality. So, depending on your perceptions and your soul frequencies, you will find

yourself either in a chaotic and fear-filled reality, or in a peaceful and loving reality. If you are a Master of your Energy, you will be asked to move between them frequently, as needed.

In this year of 2022, you will be able to choose where you wish to be, by "setting your frequency dial" to the New Earth time line.

How do I do this ? You may ask?

Simply by making a choice and setting an intention.

Choose to live in a Reality of Love, Kindness and Compassion, and own your own shadow energies so that you are not triggered to fall out of that frequency. If you do fall out of the Love frequency, simply choose again and align with these higher energies that are so available now.

The Great Teacher Avatars Yeshua/Jesus and Mary Magdalene showed you the way. Focus on Love from the Heart and treat others as you would have them treat you. Open the "Book of Love" and begin to live in its pages!

Lady Mary Magdalene will teach you to be present in your life and to focus on what is before you, without fear or anxiety. She will guide you to flow with the creative currents of life and how to trust, and when to surrender so that you may live in Joy and Abundance.

The Joys of Higher Consciousness are simple. There is a deep bond with Nature and with the Earth that gives a sense of security and well-being. There is a sense of Connection and Communication with your Higher Self and your Angelic and Galactic Families that lets you know that you are not alone. And there is a sense of Sacred Space and Community with those of your Tribe on Earth as you find a new sense of Family and Community.

Beloved Ones, at the 2/2 on the 2nd of February you will transit through a very special Portal of consciousness, called the Aquarius Gate. This year it falls on 02/02/2022 and we have called it "The Gates of Paradise".

This is when you come together in a Sacred Initiation that activates manifestation on the New Earth timeline. You will see and perceive how Heaven manifests on the New Earth timeline. You will see how Heaven manifests on Earth, in your own



space and in your own New Earth timeline. Whatever chaos, and control is manifesting on lower frequency timeline, in the New Earth timeline there will be freedom and love.

As Masters of Energy and Love, you are required to hold your energy of Love and create a bridge of Light to allow others to find their way to the New Earth timeline. Not all on the alternate timeline will be willing, or even interested, but those who are and indeed there will be many of them, will need your help to make the crossing and raise their frequencies and their perceptions to the New Earth.

In 2022 many of you will be called to expand your work and activate new aspects of your mission on Earth. You will wear your Crown of Light and you will be Sovereign Beings who guide others to their own Sovereignty and Crowns of Light. Beloved Ones, do not shrink back, now is the time to stand up and be power-filled.

You are needed on Earth right now.

This is what you came to do at this time!

This is an exciting time as you enter this new creation!

We wish you Angelic Blessings and Light in 2022!

Archangel Michael and the Elohim Angelic Family.

## Suzanne Lie: Message from IlliaEm, Arcturian Elohim – Inside the Violet Flame

November 24, 2014

<https://goldenageofgaia.com/2014/11/24/suzanne-lie-message-from-illiaem-arcturian-elohim-inside-the-violet-flame/>



Message from IlliaEm, Arcturian Elohim - Inside the Violet Flame. Channelled (in 1997) by Suzanne Lie. November 23, 2014. <https://suzanneliephd.blogspot.co.uk/>

*Dear Readers,*

*On 10-5-14 I posted the process of “Journey to the Central Sun with IlliaEm”*  
<https://suzanneliephd.blogspot.com/2014/10/journey-to-central-sun-illiaem.html>

*And shortly after I posted “Entering the Violet Fire,”*  
<https://suzanneliephd.blogspot.com/2014/10/entering-violet-fire-arcturians-mytria.html>

*Both of these were received sometime around 1997. I knew there was more that I had written, but I couldn’t find it. Last night I found it and am now posting it now.*

*Since I received this in 1997, I did not know much about being multidimensional yet, so I speak in terms of “Soul” rather than “higher dimensional self.” I will keep it that way, so that you, the reader, can see my process of remembering.*



### **Inside the Violet Fire**

Dear Ones, I am IlliaEm.

Since a portion of your consciousness is in the Violet Flame, which is sixth dimensional and beyond, I wish to share with you some information about the sixth dimension. Within the sixth dimension there are waves of possibility that look like sine waves in space. These sine waves move through the sixth dimension in an undulating fashion like waves in the ocean.

The sine waves are in layers, and each layer represents a different dimensional version of the same reality. All the dimensions are represented so that your Soul can choose the octave of the reality that you “the Incarnated One” are experiencing. Therefore, the sixth dimension holds the blueprint of all the possible realities in the lower planes.

For example, let us say that in your reality you have begun a new job. If the resonance of your consciousness is extremely low, you will likely choose a position that is “out of sync” with your Soul and be bound by the needs of your ego.

Because of this choice, you will likely suffer the low level, human “fear for survival” and you may well experience competition with the others in your workplace, as well as insecurity and anxiety. This reality will proceed in a difficult and burdensome manner.

If, on the other hand, you enter a new job and your resonance is very high, you will more likely choose a position in which you have the greatest opportunity for success because it resonates with your Soul. You will easily get along with your co-workers and be able to feel a sense of community and camaraderie.

If you live only from your ego and have no connection to your Soul, it is “normal” to live the illusions and lies of your society. Even though you are “out of sync” with your Soul, you may, indeed, find great success as you have little connection to your higher consciousness. However, if you are receiving this message, it is unlikely that you are that person.

You are here in the Violet Flame because you wish to expand your spiritual life and seek guidance from your Soul. If you can use this time in the Flame to surrender to your Soul, you will form a partnership in which you and your Soul can together create the reality that you desired before you took embodiment.

Just as your ego may go to your Soul to gain guidance, your Soul can go to the sixth dimensional realm to gain guidance too. If your third dimensional consciousness is awake to its Soul during this encounter, you will be rewarded with a great lesson regarding your true creative powers.

Nonetheless, it may take a long Earth-time to fully comprehend that lesson with your third dimensional mind, as it has great difficulty understanding the sixth dimension. In order for you to understand this sixth dimensional reality, you must surrender to the thinking of your fifth dimensional Soul/SELF.

If you surrender to your Soul/SELF, and in turn, your Soul/SELF surrenders to the sixth dimension, you will float together, ego and Soul, upon the sixth dimensional Waves of Possibilities.

Along the sixth dimensional undulating “Waves of Possibilities” are different “Points of Connection.” These Points of Connection are access areas where you can enter any of your possible realities. When a Point of Connection resonates to your heart, you can enter that reality by allowing your heart to engage with the Point of Connection.

Once you are engaged with a Point of Connection, you will follow that reality for as long as it matches your resonance. If your resonance raises or lowers, you will become disengaged from that reality and float along the Waves of Potential until you find another Point of Connection to match your new resonance.

Your third dimensional Self will not experience any passage of time between these realities because the sixth dimension is not bound by time or space. The sixth

dimension exists only in the HERE and NOW of the higher worlds. For that reason, your third dimensional world may appear seamless.

However, upon this “disengagement” you may experience a sense of grief in your physical world, because you have just disconnected from the reality in which you once resonated.

When a “good” experience ends because you have lowered your resonance, or even because you have raised your resonance and outgrown that experience, it is natural to grieve the loss of that reality. When programs of limitation are released there is often great fear, because those old programs provided structure and order.

The structure and order is vital to navigate the third dimensional world. The fear arising from the loss of this structure can then create doubt as to whether or not you will be able to proceed. This doubt can then lead to grief due to the loss of the perceived safety provided by the old, familiar limitations.

You may even choose to re-engage with the programs of limitation rather than face the fear of the unknown. Are you ready now to create a reality where the structure of limitation is not needed?

Do not fear or worry that your destiny will not be fulfilled. Be patient, for patience allows your deepest subconscious Self “time” to sprout, and gradually blossom, in your physical world. Each “life” is a point of perspective into third dimensional reality.

Use the visions of the Violet Flame to see how each of your many incarnations is a shining ball of Light. Some Lights shine very bright and some shine very dimly. These balls of Light encircle Lady Gaia and have roots that run deep into the core of Her Being. Your Soul can look through each of these “points of Light” to experience each physical incarnation in a different fashion.

As you communicate with me, IlliaEM you can share my resonance. Eventually, you will learn to associate with me so deeply that I can share with you the vision of my realities. This, however, is a long process and one which should not be rushed, or you will not be able to keep your life force within your clay form.

Be patient, and allow me to teach you how to make the gradual ascent through all the higher levels of your SELF. There are many mysteries that I can reveal to you. First, I will reveal how to Program your Personal Hologram.

There is a message that we have been sending to our Grounded Ones in their night bodies. This message, like other higher dimensional messages, is in pictures. One picture we have sent you all is the lovely form of higher dimensional Beings.

We have also sent you the sign of a circle with a line running through it (often known to you as the symbol for capacitance). We send these messages to assist you, as we understand how difficult it is for your third dimensional Self to maintain a conscious memory of the experiences of your complete SELF. We appreciate your service as a “step-down transformer.”

By “step-down transformer” we mean that you are among the Grounded Ones who receive the frequencies of the higher dimensions into your consciousness. Then, you gradually integrate those higher vibration into the resonate frequency of the third dimension.

In other words, you are “human transducers” who willingly download higher frequencies into yourselves and into your reality. Your service is greatly appreciated.

While in the sixth dimensional Violet Flame, you have direct access to the control panel for the hologram of your third dimensional Earth reality. I will now assist you in programming your personal hologram.

See the Waves of Possibility before you, and allow your heart to merge with the Point of Connection to which you presently resonate. This is easily done while in the sixth dimensional vibration of the Violet Flame. Allow your heart to pull you into that Point of Connection.

You now find yourself in an area that you would probably call a “room.” Do you see the large view screen in front of your? Look into it and see the portion of your Earth reality that you wish to re-program.

Take a long moment to view that area of your life...

How do you wish to re-program it? It may be helpful if you write down what you wish to re-program, and how you wish to change it. Once you write something down, you have made it physically manifest - you have made it a part of your physical reality.

Below the screen are the controls for your personal hologram. See the keyboard before you. There are numbers and symbols on it, which your physical Self may not understand. That does not matter because you will encrypt your message, not with technology, but with mental and spiritual power.

As you look at the control panel, feel the desired reality, which you wish to program. Do not be concerned about limiting yourself because I AM here with you, and I AM able to see the unlimited version of the reality, which you desire.

Now you must impress upon the control panel your desired reality and KNOW that you are the creator of your own personal hologram...

Look at the control panel before you. View carefully the area of your life which you wish to re-program. Take a moment to feel any fear or anxiety that may be attached to that area of your life.

Are you ready to delete this fear from your hologram?

Good, now see the fear portions of the program and highlight them in yellow. Allow all the fear to come up in this life experience so that you don't miss any of it.

See page after page of yellow highlighted programming.

Now, take three final breaths so that you are sure to release all the fear.

ONE.....

TWO.....

THREE.....

This fear is like a computer virus that disrupts your operational system in many unknown ways.

Are you surprised to realize how much fear you have encrypted into your hologram?

The physical world is, indeed, filled with fear. Now find the delete button. It has become raised on the panel because you have willed it so. Take a long moment to be completely honest with your Self.

Can you release your old friend Fear?

Fear has served as your teacher during the lessons about life you will confront in a third dimensional reality. Fear and pain have forced you to learn from the mistakes you have made. The fear and pain of a negative situation have forced you to avoid negative situations.

Are you ready to release that manner of learning and take the responsibility of learning through Love - love of yourself and love of the lessons that YOU have created?

With your consciousness, press the delete button, and watch as all the yellow highlighted programming disappears.

Ground your intention by speaking, with emotion,

“I AM the CREATOR of my hologram.

“I choose to DELETE FEAR  
and LIVE IN LOVE!!”

Repeat this mantra over and over to keep this new program intact.

Fear has been a major component of ALL your third dimensional realities. For that reason, fear is deeply ingrained in your cellular memory. Be patient with your Self and constant with your mantra.

You will likely have to repeat this re-programming many times, and repeatedly say your mantra before you can ground this new hologram in your physical form. Without fear, clear perception of the higher dimensions is possible and constant.

Please remember that YOU are the beautiful Beings that you see in your dreams. Remember these visions of your Higher SELVES. It is the fourth dimensional



“flow” of your dream world that allows you to connect - through your fifth dimensional SELF - with the sixth dimension.

The appearance of your true form is like the Beings in your dream memories. They are the blueprints of the humanoid form. In fifth dimensional worlds, such as Venus and Alycone, where persons hold humanoid forms, they follow that blueprint.

The blueprint is formulated in the sixth dimension and crystallized into form in the fifth dimension. The sixth dimension is the control center for your personal hologram. Therefore, if you wish to make adjustments to your hologram, you will move your consciousness into the sixth dimension.

Once the blueprint is changed, or a new one is created, you can connect it to the crystalline labyrinth systems in the fifth dimension where the blueprint is crystallized into form.

It is very important that you hold mastery over the fourth dimension because the astral waves of emotion, if uncontrolled, will make it impossible to manifest that form on the third dimension. You have deleted fear from your THIRD dimensional hologram.

Now you must call in the energy of your fifth dimensional SELF. This SELF, who is likely your Future SELF, can assist you in infusing this blueprint into the fifth dimension. This infusion creates a circuitry that runs,

- from the sixth dimension
- through the fifth dimension
- through fourth dimension
- and into your third dimensional reality

Now that you are in the Violet Flame, take this opportunity to focus on creating a vortex that connects your third dimensional consciousness

- to the fourth dimension,
- into the fifth dimension,
- and sixth dimension.

Hold the intention that the vortex will remain open. In this manner, you can return to the sixth dimension whenever you wish to make further corrections to your hologram.

I, IlliaEm, shall return.

## Suzanne Lie: The Arcturians – The Rising Kundalini & Crown of the Elohim

May 9, 2016

<https://goldenageofgaia.com/2016/05/09/suzanne-lie-arcturians-rising-kundalini-crown-elohim/>



*(NOTE FROM SUE: This message came to me on April 10, 1996, but it totally applies to our life now.)*

As your daily consciousness expands into the fifth dimensional NOW, you will consciously perceive your journey through the Astral Plane. At first this journey will appear slow, but it picks up speed as you enter the higher sub-planes of the fourth dimensional, astral realities.

Then, as you travel closer and closer to the threshold between the fourth and fifth dimension, time — actually the concept of time — begins to waver in and out of your consciousness. As your consciousness enters this crossroad, your physical body begins to shift in strange and unfamiliar ways.

This “shift” is because your Kundalini will begin to awaken as a result of your higher states of consciousness. Your Kundalini is your innate Lightbody that has lain in waiting until the NOW of your fifth dimensional frequency of consciousness.

While consciously experiencing the gamma brainwaves of your fifth dimensional consciousness, that which once appeared solid begins to waver in and out. Actually, it is your fifth dimensional consciousness that is wavering in and out.

Thus your fifth dimensional perceptions are wavering in and out, as well. As your 5D gamma brainwaves arise and fall, you open and close your ability to consciously perceive the fifth dimensional realities of the “NOW of the Here” and the “ONE of the Multidimensional Light.”

“What is that?” you ask with a tinge of fear. However, just a tinge of fear is enough to send your awareness back into the familiarity of your third dimensional world.

“NO!” you cry, “Not again!” Why does this always happen just when I feel the Kundalini starting up my spine?

The answer to this question is that when you feel the Kundalini rising, you may feel as if you are not in control of your life. NOT “being in control of your life” actually means not feeling in control of your third dimensional life.

Feeling at the helm of your physical life is empowering and often important. However, once the Kundalini begins it’s awaking, your perceptions begin to recalibrate to include more and more conscious perceptions of the fifth dimensional reality.

Then, just a quick peak down into your third dimensional reality from a fifth dimensional point of perception is enough for you to realize that you are ready to release the illusions of the “3D Game.”

Once you experience the threshold to the reality of your fifth dimensional Lightbody, you become increasingly aware of your Multidimensional consciousness. Then, your third dimensional reality will never be the same again.

The reason why your physical life will never be the same again is because you have knowingly, or unknowingly, shifted your “sense of self,” from “being a third

dimensional human visiting the fifth dimension” to being a fifth dimensional who is visiting the third dimension.

Within the conscious awareness of your fifth dimensional Lightbody SELF, you consciously **remember** that *you are actually a fifth dimensional, and beyond, Being who has volunteered to visit the third dimension and wear a third dimensional Earth vessel.*

In other words, ***your perception of reality is reversed.*** At first you were a physical person who has an inner (often hidden) Lightbody SELF. With the rising of your Kundalini you enter into the identity of being a Multidimensional Being of Light who is wearing a physical body.

Furthermore, in this great era that will eternally be remembered, you are not here on Earth for your human self. *You are here on Earth for Gaia.* Your Lightbody knows that you already inhabit many forms in higher dimensions, and that you have taken an Earth vessel to assist Gaia with Her planetary Ascension.

Once your Kundalini begins to rise up your spine and your “perceptual shift” moves in and out, YOU are no longer your physical self who has an inner Kundalini that will someday rise.

***YOU are returning to your Lightbody SELF who chose to wear a physical Earth vessel in order to log into third dimension Earth.***

With this realization of your true SELF, instead of experiencing “your Kundalini as rising up **your** physical spine,” you experience the Kundalini as “**your** Lightbody being activated within the Earth vessel that **you** have chosen to “wear”.

When you were limited to your third dimensional reality, your *point of perception* was that all life was *outside* of YOU. However, when you expanded your consciousness to include your Higher SELF, your point of perceptions included your Higher SELF in the higher dimensions.

With this shift in your perceptions, your human self gradually and continually began experiencing your higher dimensional SELF, as well as your higher dimensional reality, as being *within* YOU.

“Modern, civilized humans” have been trained over millennia to forget that they have always had an *Inner Lightbody*, which was safely smuggled inside of their Kundalini, which was located within their spinal column, waiting to be activated.

However, most “modern humans” have forgotten that the “Sleeping Serpent” of the force of Kundalini is waiting at the base of their spine to be awakened.

But what exactly is the Kundalini? We will slowly share the answer to this question. Why do we share it slowly? Because this information was implanted in your consciousness as your escape hatch, parachute, and launching pad when you had completed ALL your Missions to Earth.

We also share this information bit-bit-bit to encourage you to REMEMBER. Whatever you *remember* about your SELF is much more powerful than what you are taught. It may be too difficult to understand what you are taught, and you may *easily* forget it.

Also, that which we can assist you to *remember* inside your own self can more simply and be completely expressed within your daily life. We need you to remember all the multidimensional traits of your SELF, not just within your meditations or while you are attending a class.

We need you to remember your SELF in your DAILY LIFE.

We need you to remember within your daily life because it is within your third dimensional life that this transmutation will begin. No longer are you protected by your personal Guru, or by living in a Temple at the peak of a remote mountain.

In this important incarnation of planetary Ascension, WE — the Arcturians and your own higher expressions of SELF — need for you to assist people while they live their daily lives, raise their children, work their jobs, pay their bills and pretend to be “just humans.”

WE — your higher dimensional expressions of SELF are entering your daily life, your daily routines, and daily responsibilities. As we have often said, we the Galactics and Celestials are YOU.

It is through the awakening of your own, personal force of Kundalini that you will return to, transmute into, your true Lightbody SELF. Furthermore, we remind you to BE that YOU that you have always been — but forgot — in your daily life!

We will now lead you in an ancient ritual, which assist you to remember the immense powers of your Multidimensional SELF.

### **ACTIVATING YOUR CROWN OF THE ELOHIM**

(Elohim is a term of ultimate divinity)

As each of your magnificent auras expands with your greater potential, your auras will overlap and intermingle so completely that your “Being” a person shall be synonymous with your “Being” a planet.

As Gaia’s Keepers of the Land become The Land, and Gaia’s Keepers of the Water become The Water, Gaia’s consciousness will so expand that even a planet will be too small to hold Her consciousness. Then Gaia’s planetary “Being” shall expand to become a Star “Being.”

As Gaia becomes the consciousness of a Star, *you* become the consciousness of a planet:

Your collective *Gnome elementals* transmute the *land*,  
Your collective *Undine elementals* transmute the *water*,  
Your collective *Sylph elementals* transmute the *air*,  
Your collective *Salamander elementals* transmute the *fire*.

As Your Human Chakras merge with the Planetary Chakras  
Your Personal Consciousness merges with Planetary Consciousness  
As People and Planet are HERE  
Within the fifth dimensional ONE

As a “dress rehearsal” for your closing ceremony of transmuting Personal and Planetary consciousness into the next, fifth dimensional, octave of reality we assist you to activate:

*(NOTE FROM SUE—Please practice the below ritual in your small groups. I will also have a special meeting that you can all attend this coming week)*



### **Your Crown of the Elohim...**

I/WE Receive my/our Crown of the Elohim by calling for Spirit  
To integrate into all of Gaia's matter.  
In this manner, WE, Persons and Planet  
Can integrate:

“Spirit into Matter  
NORTH”

“Spirit into Matter  
EAST”

“Spirit into Matter  
SOUTH”

“Spirit into Matter  
WEST”

Through my Crown of the Elohim  
I merge my Personal and Planetary SELF



Hence, whenever there is dissonance in Gaia's planetary body  
I will feel it in my Personal Chakra that holds of resonance of Light  
That will serve to assist Gaia's spirit of transmutation

Through this merging, whenever I feel dissonance in my chakras,  
I realize that Gaia is calling me to

SEE dissonance or HEAR disharmony

THEN

Using the correlate color and tone of a Jewel in my Crown of the Elohim  
(which resonates to the frequency/color of that Chakra in my body)

I chant

E—LO—HIM

To clarify the color and purify the tone

I open the correlate PORTAL in my Crown and in my Chakra

I chant

E—LO—HIM

As the Higher Light FLOWS through these Portals of Crown and Chakra

I chant

E—LO—HIM

As the FLOW calms the dissonance,  
and the color becomes pure

I chant

E—LO—HIM

I AM THE LIGHT

I AM THE TONE

I AM the CROWN

The "form" of the Crown is on my head.

The "controls" for the Crown are in my heart.

Opening, and using the portals of my Crown of the Elohim

To purify and heal Gaia remind me that:

I AM A PORTAL OF LIGHT

As I walk through my life  
I AM a Portal of Light

As I awaken each morning  
I AM a Portal of Light

As I fall asleep each night  
I AM a Portal of Light

Where MY attention is — there I AM also.

Therefore, I focus my attention on:  
I AM the Vessel in which the New Earth gestates.  
I AM the Portal through which the New Earth is born.

With every *place* I choose to look — I SEE New Earth.  
With every *sound* I choose to hear — I HEAR New Earth.  
With every *word* I choose to speak — I CREATE New Earth.  
With every *choice* I make — I CHOOSE New Earth.  
With every *step* I take — I GROUND New Earth.  
With every *thought* and *emotions* — I CREATE New Earth.

I See, I Hear, I Create, I Choose, I Ground, I Create  
NEW EARTH

I know that  
AS I HEAL MY SELF, I HEAL MY PLANET  
AS I BECOME MY LIGHTBODY, GAIA BECOMES LIGHTPLANET

**I AM Lightbody ~ Gaia is Lightplanet**

I AM my Personal Lightbody  
I AM Gaia's Planetary Lightplanet

We are ONE within the NOW  
Of the HERE of fifth dimensional EARTH!

*The Arcturians - The Rising Kundalini & Crown of the Elohim. Channelled by  
Suzanne Lie. <https://suzanneliephd.blogspot.co.uk/>*