

The Creation Codes and the Creation Formula



Linda Dillon,
Channel for the Council of Love

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THE CREATION FORMULA



The Creation Formula is a gift from the Council of Love directly to each of us – not only to our hearts but to our conscious selves in the here and now. The purpose of the Creation Formula, just like the Universal Laws, is to help us understand, in workable practical terms, how to create. In the next chapters we will discuss in detail the creation triangle elements of the 13 Blessings and Virtues and Universal Laws, but as a starting point let us look and delve into the Creation Formula. Here it is:

INTENT+STILLPOINT+ACTION=CREATION

(Linda Dillon in *The New You: Emerging into the Brilliance of Humanity's Heart Consciousness*. Port St. Lucie: Linda Dillon, 2013, 162.)

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Introduction



Linda Dillon

I've asked *Voice of Freedom*'s Kathleen Mary Willis to join me in this updated version of *The Creation Codes*.

Kathleen, who is also a *Golden Age of Gaia* editor, has been teaching the Universal Laws, Chakras, Dimensions, etc., for a number of years and has kept my interest alive where many distractions competed for it.

This book is a combination of her teaching of the Company of Heaven's spiritual science and my compiling what emerged into a book.

Both of us are admirers of Linda Dillon's channeled messages.

We both consider them a priceless gift to humanity. (1)

Through her mediumship and those of other channels, we're tremendously privileged to hear the messages not only of the Divine Mother, but of the archangels and the ascended masters. Name me another generation so fortunate. (2)

The Divine Mother is all we'll ever know, as she herself explains:

“When you are with me in the fullness of union, as full as you can know it while in form, then you are connected, and in, not only my creation, but my wisdom and my love. And in that is all. It is all you need to know or can know or will know.” (3)

But we've discussed that elsewhere. (4) Here we discuss her gifts to us of three things which work together: (A) the Creation Formula, (B) the Universal Laws, and (C) the Divine Qualities.

We work with the creation formula by invoking the universal laws. But our creations will not last unless we ourselves are in the divine states, such as love, joy, peace, etc. So the three are linked.

Our evolution is the result of mastering the manifestation process, mastering the universal laws, and living from the divine qualities. The work we do in these three areas will produce results that will stay us throughout our future.

At some distant time, we're told, invoking the divine laws will be a part of all work and projects. And living the divine qualities? Hasn't Matthew said that our capacity to absorb and live in love-light is what will determine our advancement? And did he not say that came from living a decent and kindly life?

“[Your] limitations are being reversed by the ever-increasing intensity of light in bodies that are absorbing it. Actually, your 'travel ticket' is the absorption of light that comes automatically with living in godly ways. (5)

What is “living in godly ways” except living in alignment with the divine qualities?

After Ascension, we'll live from the divine qualities naturally. But now, for me at least, it takes constant awareness, conscious choosing, and frequent appraisal.

So here we go: An introduction to the subject of conscious creation through the works of Linda Dillon. More is available on her website: <https://counciloflove.com>

I hope everyone reads this and acquires the divine powers of manifestation that it makes available prior to Ascension. After Ascension, I believe, these abilities will be ours naturally.

Footnotes

(1) For a collection of the Divine Mother's messages through Linda, see *It's All a Journey of Love: The Divine Mother in Her Own Words*, at <https://goldenageofgaia.com/wp-content/uploads/2021/07/Its-All-a-Journey-of-Love-R15.pdf>

(2) I include all those who listened to channeled messages from the 1870s onward in the compass of this statement.

(3) "The Divine Mother: Come to Me as I Come to You – Part 1/2," Oct. 17, 2012 at <http://goldenageofgaia.com/2012/10/17/the-divine-mother-come-to-me-as-i-come-to-you-part-12/>.

(4) See *All Paths Lead to the Mother* at <https://goldenageofgaia.com/wp-content/uploads/2021/07/All-Paths-Lead-to-the-Mother-R2.pdf>

"On the Nature of the Divine Mother or Holy Spirit," May 12, 2019, at <http://goldenageofgaia.com/2019/05/12/on-the-nature-of-the-divine-mother/>

(5) Matthew's Message, Dec. 21, 2008, at <https://www.matthewbooks.com>

⌘ Conscious Creating ⌘

Conscious Creation with the Mother and the Company of Heaven

Divine Mother: It is important, sweet one, to pay attention. It is not adequate as your ascended self to simply be in the inspiration, to simply be in intention. After the stillness, in order for creation to truly take place, action must be an integral part. If you sit simply in inspiration, if you sit simply in intention without the other components of the Creation Formula, what ends up happening, dear heart, is you are frustrated and sad – and that is not the purpose. It is not the purpose of creation, and it most certainly is not the purpose of your life.

You have come, along with your sacred circle, to resurrect, to rebirth, to reintroduce, to re-anchor and to be the Creator Race. How you do this is by anchoring in the fullness of not only your inspiration, not only your intention, but the fullness of your ascended self. And your ascended self, bright one, only lives in the 13th Octave. For all intents and purposes, [it] is home base.

You may send, beam, direct your love, your creations, into those that are still in transition, but where you live, the only place – let me be very clear – the only place you can live as your ascended self is in the 13th Octave. That is why we have anchored the energy of the ascended self, of the Creator Self, in form, on planet, for decades. Now it is time for you to do the same. ...

In this, you move from dreaming to the dreaming of physicality, for yes, in many ways, the physical existence to which you are playing in is but a dream. But it is a tangible dream; it is a dream that I have created that you will have the experience of love in form, in tangibility. So, it isn't just thinking or merely dreaming about your heart's desires. It is actually physically living the life not only that I desire for thee but that you desire for thee. Nothing else will do! And in the deservingness, in the brilliance, in the might of who you are, this is what you claim. This is what you

wear – this is what you deserve.

Is this a time of New Beginnings? Yes. And is it a time of dramatic change? Yes.

There is a conjunction. There is a point at which – think of this – the incoming tide meets the outgoing tide. Think of this – that is the point of implosion-explosion, that is the point of creation, and that is where you are right now. And you do not stand there alone. You stand there surrounded by many, in and out of form, but most importantly, sweet one, I am standing there with you.

You do not need to swim out or surf out to the Mariana Trench. You do not need to try and swim and hurt yourself and tire yourself trying to conquer the Tsunami waves. Stand at the shore with me. Stand at the shore at that moment when the incoming tide and the outgoing tide kiss, embrace and create. It is time. (The Divine Mother in “Linda Dillon: Conscious Creating with the Divine Mother,” June 18, 2021, at <https://goldenageofgaia.com/2021/06/18/linda-dillon-conscious-creating-with-the-divine-mother/>).

Sanat Kumara: I come so that these laws may be applied, utilized in the very life that you are creating in the co-creation of Nova Beings, Nova Earth, Terra Gaia: in the new way of community with each other, with your star family, with all beings above and below, within and without. ...

We have spoken to you about how you are the Creator Race. What does this mean in practical terms? How does one work with the Creation Formula that I have spoken of and taught you? Well, you also do it through the utilization of Universal Law. These are not laws that, at this time, are reflective of human law. Human law departed from the purity of the law and became entrenched in so much of the old third paradigm, but that was never of truth.

Now, Nova Earth and Nova Being work in accordance, live in accordance, celebrate in accordance with the Mother’s Law, with the Laws of One. (Sanat Kumara, “Universal Law, Divine Justice & Freedom,” Hour with an Angel, April 26, 2016, at <http://counciloflove.com/2016/05/universal-law-divine-justice-freedom/>.)

⌘ The Creation Codes ⌘

Reactivating the Creation Codes

Archangel Gabrielle: So what does that mean? It means that Codes – what we would call Creation Codes – that have not been activated or looked at, perhaps for hundreds of lifetimes, are being reactivated, brought back to the surface, so that you may call upon these energies to go forward in our co-creative partnership. (“Transcript: Heavenly Blessings: The 12 Divine Rays with Archangel Gabrielle,” channeled by Linda Dillon, February 18, 2014, at <http://goldenageofgaia.com/2014/03/transcript-heavenly-blessings-the-12-divine-rays-with-archangel-gabrielle-february-18-2014/>.)

Sanat Kumara: Are you collecting daily, the codes of what you wish to bring forth, what you wish to create, in accordance with the Divine Laws, in accordance with the Divine qualities, in accordance with dimensional reality, not the old 3rd because the old 3rd will get you nowhere. (“Heavenly Blessings – Sanat Kumara on Abundance,” July 29, 2014.)

How to Use Them

Lao Tzu: It’s working with Creation. It’s working with Universal Law. It’s working with the Creation Codes and the Creation Formula. (“Heavenly Blessings: The Blessing and Virtue of Humility,” at <https://goldenageofgaia.com/2013/04/24/heavenly-blessings-the-blessing-and-virtue-of-humility-with-lao-tzu/>.)

Ashira: There are days that you are fifty and you look in the mirror and you say I look twenty today! Then there are other days when you say oh, I am back to fifty! But increasingly what you are going to do is claim the twenty.

So it is also a matter of you claiming and utilizing what we would call the creation codes to simply revitalize your body.

Now when you are in healing chambers that are ... increasingly available to humanity, you can have rejuvenation treatments. So it is literally a reversal. It is a revitalization of all your organs including your skin, your hair, your body. (“Transcript & Audio: Heavenly Blessings ~ Commander Ashira, 4th in a Series, Aired April 1, 2014,” <https://goldenageofgaia.com/2014/04/11/transcript-heavenly->

[blessings-commander-ashira-returns-for-more-discussion-on-galactic-life-april-1-2014/](#))

SK: Bring in the abundance of whatever you choose: humility, compassion, peace, Love, do it. Put your hands, your arms out. Feel the coolness; the air is filled with what you think of as creation codes. It does not matter if you are sitting in a closet, a car, an auditorium.

The air is filled and your wonderful magnetic hands, your Violet Flame hands have the capacity to simply gather the abundance of these codes.

So throw open your arms, my beloved friends, and bring in the abundance of what you desire of these codes and bring them in directly through that portal of your heart. Bring it in right now.

And understand as you do this - as you bring forth and, in an abundance of awe, of joy, of compassion or charity – as you do that, what does it experience interdimensionally?

What does it experience, what does it manifest in terms of the tangible, of a physical expression that you can maintain form with? It is everything you want.

So I am not saying do not collect the codes for a new car, or a new sofa, or a new house, or financial abundance. What I am saying is bring forth the Laws and the qualities that allow those things to manifest. So you have said today, “How long do we have to wait?”

What I am saying to you, each of you, you Wayshowers, Gatekeepers, Pillars, beloved Angels, Masters, how long do we have to wait? I say not one more minute. This alignment is not a figment of imagination; it is as tangible and real as your physical form. So let us proceed.

And let me be very clear: war, bankruptcy, poverty, hunger, none of this is of the Mother’s plan. Yes, continue, by all means, to use your torch of our beloved St Germaine, but can I ask you, please, to start bringing in the abundance of what you want to be, rather than simply thinking of what you don’t want. It is that simple.
 (“Heavenly Blessings Radio Show: Abundance with Sanat Kumara,” October 5, 2021, at <https://goldenageofgaia.com/2021/10/05/heavenly-blessings-radio-show-abundance-with-sanat-kumara/>.)

We Breathe Them in

Ranjit: But we are primarily vegetarian, fructarian, and we do breathe in a great deal of energy simply through the air, what you think of as air, because we are breathing in the codes of creation. That is how we tend to go forward, and that is a continual restoration.

You are learning to do this at this time, but we have arrived with a full understanding of how to do this. And so we ingest quite literally the creation codes of what will keep us healthy, but we also need the human form of nourishment. (“Re-post, Ranjit: the New Buddha of Unity on the New Children & So Much More – Transcript & Audio,” September 22, 2021, at <https://goldenageofgaia.com/2021/09/22/re-post-ranjit-the-new-buddha-of-unity-on-the-new-children-so-much-more-transcript-audio/>.)

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Drawing in Codes for Fear

Ashira: We do not live in fear.

And that is where what you do when you are living in that cycle, in that wheel of the past, you are living in fear because you think that what happened either yesterday or two thousand years ago is going to definitely repeat.

You do not even really tend to give it a lot of latitude, so of course you are calling in those very creation codes even as you have these thoughts. (“Audio: Commander Ashira – 3rd in Series, *Heavenly Blessings* March 25, 2014,” August 28, 2021, at <https://goldenageofgaia.com/2021/08/28/audio-commander-ashira-series-heavenly-blessings-spring-2014/>.)

⌘ Dreaming ⌘

Dreaming

DM: I do not speak just to the collective in this matter, I speak to your heart, beloved daughter. It is time to bring to fruition, not some amorphous ambition, but your heart's desires. I have taught you, Uriel has taught you to dream *with* me – and what that means is also that I am dreaming with you, our energies are merged, they always have been, but now there is the conscious cognition that that is so. (“Linda Dillon: Conscious Creating with the Divine Mother,” June 18, 2021 at <https://goldenageofgaia.com/2021/06/18/linda-dillon-conscious-creating-with-the-divine-mother/>.)

Christianna: Imagination is a place where wisdom is gained, inspiration is received – a place where dreams are born – because in this ‘within realm’ which is constructed by your universe within, you are able to truly see and to live in what is possible.

The human race has been tapped down so severely as to not believe in the infinite... and I use that word specifically... the infinite potential of the individual and the collective. They have been brainwashed to believe that that inner world, that imaginary world, those dreams are somehow simply an escape hatch rather than a seeding-place – and not merely a seeding-place to do your mission because you are so physically committed to doing your mission and purpose on planet. But it is a place where the keys, the Creation Codes, are found.

So it is not simply dreaming as in dreamtime, although they are connected, linked. It is a place where we encourage you, support you, beg you to spend the time. Sometimes you think: “Well, this is futility; I am wasting my time,” and yet, this is one of the activities in terms of self-care that gives you some of your greatest joy – where you truly perceive and conceive of what is real... not just what is possible... but what is real.

It is difficult for humans, many humans, to understand that when you are in that inner world, for example, and you walk the planet, and you talk to the trees, and you touch the toadstools, and you dance with the ferns, there is a belief system that that has less physical tangibility than what you observe externally. That is a

limitation that is not true. That has been a construct that has been erected to control humans.

So it is as real. Yes, you want to always maintain the balance of the within and without, the above and below. So your imagination is also your fuel for what you choose to create in your external world. The proviso – because there have been many alterations in this capacity, collectively, I’m talking about – is that it also can tell you... inform you, let us put it that way... about what you don’t want to create in your external world.

Taking time to be in your imaginary universe is not only healthy and fuel for creation. It is necessary. Think of it. If you only live in the external reality, then you are missing the reflection, the back and forth, both sides of the infinity.

So yes, sweet one, do not doubt! This is a big factor for you because, again, you are having a tendency... you have had a tendency; let us make it past tense!... that you want to get your arms around and be able to define what you are working with. But not only is that sometimes not desirable; sometimes it is not possible.

But what is a huge benefit within your imagination is that you do not have the same restrictions as you do in your external reality. Yes, there are factors of restriction in the within, but they are not as strident or as restrictive. So, again, it is a balance. ("Linda Dillon: Christianna – The Importance of Imagination," June 30, 2020, at <https://goldenageofgaia.com/2020/06/30/linda-dillon-christianna-the-importance-of-imagination/>.)

LD: Dreaming is what a dear friend of mine calls “blue skying.” It allows your heart and mind to go to what your ideal creation would look, taste, smell, and feel like.

Dreaming can be lying on the grass daydreaming, or my favorite, staring at the wall time. It’s allowing your mind to wander, without an agenda except to explore and discover what’s written on the walls of your heart. (Linda Dillon in *The New You: Emerging into the Brilliance of Humanity’s Heart Consciousness*. Port St. Lucie: Linda Dillon, 2013.)

LD: We are guided that we do not spend enough time in formulating our intentions. Very often what we are doing is we’re trying to say “this is what I want” and then

we bounce right into action. Intention involves what Sanat Kumara and the Council call dreaming, you know blue skying, taking the time to really explore and to peel that onion about what your intention, what your desire, what it is that you really are wanting to bring forward either in your life, into form, into relationships, into being. (Linda Dillon in *Heavenly Blessings* with Sanat Kumara, April 26, 2012.)

DM: In this, you move from dreaming to the dreaming of physicality, for yes, in many ways, the physical existence to which you are playing in is but a dream. But it is a tangible dream; it is a dream that I have created that you will have the experience of love in form, in tangibility. So, it isn't just thinking or merely dreaming about your heart's desires, it is actually physically living the life not only that I desire for thee but that you desire for thee. Nothing else will do! And in the deservingness, in the brilliance, in the might of who you are, this is what you claim, this is what you wear – this is what you deserve. (“Linda Dillon: Conscious Creating with the Divine Mother,” June 18, 2021 at <https://goldenageofgaia.com/2021/06/18/linda-dillon-conscious-creating-with-the-divine-mother/>.)

⌘ The Creation Formula ⌘

Creating

Linda Dillon: Let's use the Universal Law of Change to practice how to apply the ULs – but don't forget the beginning points are the Laws of Sacred Purpose and Intent.

For example your creation project is dramatically improving your health – which is sequential and requires steps towards achievement. The Law of Change is perfect for this type of project, and it requires your full participation in the process – which again is ideal because this is us stepping into conscious creating.

The application of the Universal Laws is done during your **daily ritual** with the Creation Formula. As I have said in Lesson 2, the application of the ULs are far more than invocation. You may invoke but sweet angels you also must fully align with the Law.

You are in your meditative state – at the beginning of the of the expression of intention. This means you've already balanced your tri-flame and gone to the 13th, and, are working from that place of Divine Union. Don't forget the 4th click to anchor you in the heart of Gaia as well.

In your intention – you express your heart's desire for your physical self to be strong, healthier, more vibrant, filled with vim and vigor. You feel the joy of what that accomplishment is going to feel like – feel the sense of being able to climb that mountain, do that yoga class, simply complete a day without being wrung out. Feel it.

Then in that feeling of love, feel yourself and express, out loud or silently, your desire and intention to align with the Universal Law of Change. You are inviting the energy of the Mother and Her toolkit into your creation process. (Invoke if you feel so guided – but this sensation is more like gluing.)

What you are asking is for all the changes that are necessary elements (seen, obvious, unseen and not apparent) that accompany this manifestation of your creation, of your heart's desire, to be brought into action. You do not need to know all the steps – you do not need to spell this out for the Mother – She knows far

better than we do. You are asking for change to come into your process – this is an expression of trust. Remember this entire journey is a walk of trust.

The sensation of aligning with the Law of Change is a heartfelt plea. At the same time, it is you, as a conscious creator, inviting the UL into play. You are declaring that you invite the changes into your life. Release into the UL so that the energy of the Law – which is the Mother’s energy – is brought into force. Think of it as a massive intimate hug.

What you find is you may (or may not) be doing things to bring about this creation that you hadn’t been doing before – don’t fight it – the energy knows where it needs to go. For example, you may find yourself resting more – and you’re thinking what the heck – but the unseen energies are taking that time to do what they need to do – so go with it!

If you resist the Law, then you don’t get to see how it works in action. If you say, this is too hard – this takes too much time then you aren’t applying the Law. You aren’t aligning. My question to you would be how long have you been wanting to be healthy – this process is nothing compared to that.

After your ritual there is a huge sense of allowance – this is co-creation – this is conscious creating with Mom. Now step back and be the participant observer and get ready for the miracles.

Follow this process with each Law and each of your creations. Now you see why I keep my creations separate and do this at various times of the day – or alternate days. Let me be clear though – this alignment with the Laws may feel cumbersome at the start but it becomes second nature and takes less than 5 minutes. And it is so worth it!

Now... Just Do It! (Linda Dillon, Steps for Applying Universal Law.)

Creation Formula

Linda Dillon: The Creation Formula is a gift from the Council of Love directly to each of us – not only to our hearts but to our conscious selves in the here and now. The purpose of the Creation Formula, just like the Universal Laws, is to help us understand, in workable practical terms, how to create. In the next chapters we will discuss in detail the creation triangle elements of the 13 Blessings and Virtues and

Universal Laws, but as a starting point let us look and delve into the Creation Formula. Here it is:

$$\text{Intent} + \text{Stillpoint} + \text{Action} = \text{Creation}$$

(Linda Dillon in *The New You: Emerging into the Brilliance of Humanity's Heart Consciousness*. Port St. Lucie: Linda Dillon, 2013, 162.)

Sanat Kumara: The creation formula is enormously simple for all of us involved in creation, especially right now creation and co-creation is one of the major universal themes. It's because we are creating our reality and we're also creating a new world. We're creating with Gaia a new planet, Nova Earth.

So they've given it to us as almost a mathematical formula and this is what it is: Intent + Stillpoint + Action = Creation. Now that sounds so enormously simple and yet the creation work is some of the most challenging work we will ever do, and the most rewarding. (Sanat Kumara on *Heavenly Blessings*, April 26, 2012.)

You have come, along with your sacred circle, to resurrect, to rebirth, to reintroduce, to re-anchor and to be the Creator Race. How you do this is by the anchoring in the fullness of not only your inspiration, not only your intention, but the fullness of your ascended self. And your ascended self, bright one, only lives in the 13th Octave. For all intents and purposes, [that] is homebase.

Divine Mother: You may send, beam, direct your love, your creations, into those that are still in transition, but where you live, the only place – let me be very clear – *the only place* you can live as your ascended self is in the 13th Octave. That is why we have anchored the energy of the ascended self, of the Creator Self, in form, on planet, for decades. Now it is time for you to do the same. (The Divine Mother in “Linda Dillon: Conscious Creating with the Divine Mother,” June 18, 2021 at <https://goldenageofgaia.com/2021/06/18/linda-dillon-conscious-creating-with-the-divine-mother/>.)

SK: Let me briefly remind you of the creation formula: ... So, it starts with intent and that can be a prayer or an inspiration, a brilliant idea...we do not care how you think of this, how you feel this, but the key is to truly, firmly, anchor this in your heart as intent. Now, think about what we are saying, even if you are deciding, intending, to work with a particular Universal Law, it starts with this intent and the declaration, either mentally or verbally or spiritually with the anchoring of that intention.

So, it may be to heal hunger in Africa or it may be to find your perfect sacred partner or it may be for a single day to simply eat in ways that truly nourish every aspect of your being. So, from the grandest to the most particular, it all starts with intent and you feel this, you experience it, you may flush it out and then you bring this to the stillpoint of your heart. This is a necessary component and because your human race...much of your human race...has lost the understanding of the value, not only of stillness but of stillpoint, this is often the most challenging portion of your creation.

But think of it in its most simplest terms: If this is something that your heart, your soul, your alignment with Divine heart, mind, and will truly desires, then it is also what the Mother desires. So you bring it to the seat of your soul, to the depth of your heart, and you may think of this place truly as the womb of creation, male, female, androgynous, it matters not. (“Sanat Kumara: Creation, Universal Law, and the Divine Qualities ,” Dec. 3, 2017, at On the Importance of the Universal Laws at <https://goldenageofgaia.com/wp-content/uploads/2021/07/On-the-Importance-of-the-Universal-Laws.pdf>.)

How Do we Formulate?

The application of the Universal Laws is done during your **daily ritual** with the Creation Formula. As I have said in Lesson 2, the application of the ULs are far more than invocation. You may invoke but, sweet angels, you also must fully align with the Law.

You are in your meditative state – at the beginning of the of the expression of intention. This means you’ve already balanced your tri-flame and gone to the 13th, and, are working from that place of Divine Union. Don’t forget the 4th click to anchor you in the heart of Gaia as well. (Linda Dillon, *Steps for Applying Universal Law*.)

LD: So, how this class is going to work is at the beginning, in the very beginning, she’s teaching us about how we even formulate. And when I say that the theme right now is, what do you want? What is your heart’s desire? This is relating to, what do you want to create? So, how she has structured this is that there are going to be three creations, each and every one of us in the class, and I’m already working on mine. She always walks me through before-hand.

We choose a creation. One is a personal, tangible, physical creation that's something that your heart's desiring.

The second is a bigger personal creation that may be tangible or intangible. So, for some of you, as an example, it might be, I want a sacred partner.

And then the third thing that each person is going to be working on is a universal creation, such as universal abundance, or universal world peace. Something like that. (Linda Dillon, Transcript of "2-3-18 Conference call conversation about the new class, 'Conscious Creating with the Mother.'")

SK: You approach [your resolve to eat better] with a sense of peace and of awe that you actually have this body that holds the Divine DNA and that your intention to create is related to the respect and honoring of that vessel.

So, in such a situation you aren't going for the Law of Elimination or even, perhaps, the Law of Continuity, or Attraction/Repulsion, you are choosing your laws and because it is organic you would, in that state of intention, with hope, with trust, with a knowing of your inner fortitude, you would call forth...and compassion for your sacred self, by the way...you would call forth the Law of Change, to change the pattern of what you are feeding yourself, or not feeding yourself.

And you would call upon the Law of Intent so that that intent is married to the Law of Intent, so that it expands. Every time you are doing this there is expansion, expansion, expansion, so you may well feel, in the seat of your soul and your heart, that you are already birthing quadruplets. And you hold this, and you allow this to be birthed, and in the birthing is the action. ("Sanat Kumara: Creation, Universal Law, and the Divine Qualities," Dec. 3, 2017, at On the Importance of the Universal Laws at <https://goldenageofgaia.com/wp-content/uploads/2021/07/On-the-Importance-of-the-Universal-Laws.pdf>.)

SK: So you say to me, "Well then Raj where do I create?" Start – and not tomorrow, not an hour from now – start right now with me creating in your heart, in your room, in your car, in your office, wherever you are in this instance. Let us start and never stop. ("Heavenly Blessings – Sanat Kumara on Abundance," July 29, 2014.)

SK: Now, what do you wish to create? What I am asking is to take your focus away, just this day, just this week, just this month, during this transition phase, take

it away from what you are thinking as repair work. It is not that it does not need to be done, but rather than looking back at the old 3rd and saying, “What I am creating is peace on Earth,” bring in the abundance of the new, not just repairing the old but what is true peace, Nova Earth, where all are fed, all are clothed, all are welcome, where there is community like there is at home, on Venus. Where there is only the expression of Love.

Decide with me right now that that is what you are going to bring into you. Now as you do that, it pushes out the old. So, humility, compassion, peace, Love, do it. Put your hands, your arms out. Feel the coolness; the air is filled with what you think of as creation codes. It does not matter if you are sitting in a closet, a car, an auditorium. The air is filled and your wonderful magnetic hands, your Violet Flame hands have the capacity to simply gather the abundance of these codes.

So throw open your arms, my beloved friends, and bring in the abundance of what you desire of these codes and bring them in directly through that portal of your heart, bring it in right now. And understand as you do this, as you bring forth and in an abundance of awe, of joy, of compassion or charity – as you do that, what does it experience interdimensionally? What does it experience, what does it manifest as in terms of the tangible, of a physical expression that you can maintain form with? It is everything you want.

So I am not saying do not collect the codes for a new car, or a new sofa, or a new house, or financial abundance. What I am saying is bring forth the Laws and the qualities that allow those things to manifest. So you have said today, “How long do we have to wait?”

What I am saying to you, each of you, you Wayshowers, Gatekeepers, Pillars, beloved Angels, Masters, how long do we have to wait? I say not one more minute. This alignment is not a figment of imagination; it is as tangible and real as your physical form. So let us proceed. ...

And let me be very clear: war, bankruptcy, poverty, hunger, none of this is of the Mother’s plan. Yes, continue, by all means, to use your torch of our beloved St Germaine, but can I ask you, please, to start bringing in the abundance of what you want to be, rather than simply thinking of what you don’t want. It is that simple. (“Heavenly Blessings – Sanat Kumara on Abundance,” July 29, 2014.)

Begin with Something Simple

LD: As we begin this process the COL guides us to not begin with a laundry list, or even matters of global or universal import. We begin with one thing, one creation that we are going to see through from beginning to end. In this way you begin not only to integrate how the formula works but you experience each step, and witness the fruition of your work into form.

Tangible results are important; they act as confirmation and fuel our enthusiasm. Success keeps us going. If you begin with a creation like world peace (did I just hear “Miss Congeniality?”) what you are doing is choosing a creation that depends on the input, co-operation and co-creation of everyone on the planet.

For now leave that to your work with Archangel Michael. Begin with something tangible, something that your heart has desired for a long time, something. (Linda Dillon in *The New You: Emerging into the Brilliance of Humanity's Heart Consciousness*. Port St. Lucie: Linda Dillon, 2013, 163.)

Start with Intent

LD: So the intent piece, that is the first element and many people talk about creation and they talk about the power of intent or the Law of Intent or the Law of Attraction and it's important for all of us to realize that the formulation of intent and the Council of Love talks about this a lot; intent is a very important piece but that's what it is...it's one of the pieces; it's not the full monty; it's not the whole shebang.

We are guided that we do not spend enough time in formulating our intentions. Very often what we are doing is we're trying to say “this is what I want” and then we bounce right into action. Intention involves what Sanat Kumara and the Council call dreaming, you know blue skying, taking the time to really explore and to peel that onion about what your intention, what your desire, what it is that you really are wanting to bring forward either in your life, into form, into relationships, into being.

An important piece of formulating intent is actually taking the time to be in your heart, to explore the corridors of your mind and really figure out what it is. So, a good example, a lot of people say, “Oh, I want to win the lottery,” I hear that all the time, “because the money would give me financial freedom.” But really what you're saying in that is that “I want the freedom to do my work, to be free of stress, to live in a society where I have flexibility and movement, where I am free to do my sacred work.”

So take the time and not just say “Oh, I want to do my sacred work,” take it another step further, well, what is that sacred work about? How do you visualize it? How do you feel it? How does it feel not only in your heart but in your body in your guts, your stomach? Does it bring a smile in your tummy? So take that time to really formulate your intent of what it is that you want to bring forward.

And writing things down - of course we all know this and we don't usually do it - but writing down your intentions is a really powerful process because you're putting it into physicality; you're bringing it into the physical realm.

So the dreaming is important, the exploration is important, meditating on it is extremely important. Universal Mother tells us that prayer is part of the expression of intent, and I'm not talking about simply rote prayer. I'm talking about when you have that heartfelt conversation with Source, with your guides, with the Archangels, and you're really expressing what you want to bring forth. ‘

And Mary's been known to say to us also “there are times, child, when even screaming is prayer.” And so don't feel that it has to be in a completely ritualistic fashion. Sometimes when we cry out for help that is the strongest prayer of all. So, in a nutshell that's intent.

So when you're working with creation take time to go into and really explore and formulate your intentions because when you do, if you look around and then you go back and measure, what we intend usually comes to pass and if it doesn't it's because it simply isn't for our highest good.

But Archangel Michael has also said to us so often when we're working on creation and we've asked for that level of assistance, too often we give up and we let our intention and our creation process go just at the point when it's about to come to fulfillment. So that's very much a self-sabotage process, so try and keep that in mind as we go forward. ...

Many people hold the mistaken belief that intent is the whole of the Creation Formula. It is not. Just as the Law of Attraction does not make up the entire codex of Universal Law, intention is the starting point of creation. I have to share with you though, the formulation of intent is delicious, and it whets your appetite to keep going. Intent is heart and mind in a sweet dance of imagining and creating, of realizing that the universe is your playground. (Linda Dillon in *The New You: Emerging into the Brilliance of Humanity's Heart Consciousness*. Port St. Lucie:

Linda Dillon, 2013, 163.)

LD: There are many expressions of intent; it doesn't simply remain a dream. It becomes a thought and vision, it claims excitement and anticipation; it keeps you focused.

It's important not to obsess about your intention but to absolutely keep it front and center. Don't get sidetracked or diverted. A huge piece of learning how to create is learning how to maintain focus. Mother Mary has said that intention is often expressed as prayer. She also tells us that there are times when even a scream to the heart of heaven is a prayer. The texture of each intention will feel differently to you, which is why it's so important to begin with a single creation, and build from there.

Archangel Gabrielle explains intent in this way:

“Greetings I am Gabrielle, Lily of Love, Trumpet of Truth, Messenger of One. There are many who wish to come forward this day, and speak on the content of intent, because it is an area of great concern to us on this side that you truly understand, comprehend and incorporate into your very being, the wisdom of intent. We flipped a coin and I won. It was a golden coin and there are some on this side who would say it was rigged but truly I am the messenger and therefore I am honored to step forward this day. The issue of intent is often misunderstood and it is important in terms of your creation work with us that you have clear understanding.

“We use the word intent to incorporate a great deal. Intent may be expressed in many ways – through prayer, meditation, thought, wishing, daydreaming, but never is it expressed through worry, need, fear, or anger. Wishing, wanting, demanding and commanding are words that are interchangeable with intent. I command, I demand, I intend; but they can only come from the place of love. When shadowed, it is not in alignment with the heart of One, your universal sacred self, love and your own soul design.

“Intent is the first step in the process of creation. In fact, intent is the precursor to creation. It is the starting point. If you think of creation literally as a straight line it would be the beginning of the line. It is the place where you are deciding, aligning and beginning the process of bringing in. Again we emphasize during this time of co-creation of Nova Earth and creator race that we are not simply speaking of spirituality upon the planet. We are talking about creation in the physical realm.

“Intent is not simply saying I intend, which many of you do. When you intend is when you are making your decision about what you wish to bring in. You are bringing your full attention to the matter. This needs to be accomplished in harmony, grace and ease.

When you intend, ... command or demand, you are bringing every particle of your essence; body, mind, spirit, every level your soul design to that place of intention. You are magnetizing with your heart at warp speed, super gluing yourself to that intention.

It is the place where you are beginning your full alignment, bringing your conscious, sub-conscious and unconscious into the sacred process of creation. There isn't a hierarchy in the creation process. Stillpoint is not above the intent; intent is not above the action. All these aspects are essential to the equation. But here we talk about intent.

Intending ... means that you have brought yourself in full alignment with the heart of God, as well as your heart and higher self. You are intending what is for the best and highest good not only of your own being but of this entire planet. This can be done in an instant, which is why so often when you simply declare you intent and stop worrying about it, it appears. It is because you have achieved that alignment.'

However, for the next little while, while you are learning, we wish you to bring your full attention to what you are intending.”

Take time to formulate your intent. This is a gift, a pleasure and is not something to be rushed. You cannot have a deep true intent if it is the first thought that crosses your mind. Remember, it drifts from the dreaming into thought and vision, and then into your heart. Enjoy the process. (Linda Dillon in *The New You: Emerging into the Brilliance of Humanity's Heart Consciousness*. Port St. Lucie: Linda Dillon, 2013.)

Steve Beckow: What you are describing comes very close to intention too. We set our intention and it is to achieve whatever the object of our hope is.

Archangel Michael: That is correct. And that is where you are doing it. It is in the creation formula in alignment with Universal Law. When you set your intention - whether it is a chant or a prayer or thought or a deeply-held belief - what you are doing is setting your intention. Even when you are screaming at God, you are

setting your intention.

And what is that based on? The hope. The intention is actually heard and responded to. So it is in the expression of intention and hope that the beginning of the co-creation – the conjoining of the sacred partnership - begins.

SB: Well, if that's the case Lord, then talk to us more, please, about how we do this. In our morning meditation do we set our intention? How do we work this Divine process?

AAM: Morning, noon and night and in between. (Archangel Michael in "Transcript ~ Archangel Michael: Peace is Love, May 11, 2017," Channeled by Linda Dillon, at <http://goldenageofgaia.com/2017/05/21/transcript-archangel-michael-peace-is-love-may-11-2017/>).

Archangel Michael: Let us break [intention] down into, shall we say, big intention and smaller intention, personal intention and global intention.

Now there is also a - I was going to say habit but I am saying - addiction, because it has really reached that point and this is a flashing yellow caution light for lightworkers and loveholders. So please heed what I have to say.

Global intentions, collective intentions are beautiful and sacred and holy and when you come together in global intention miracles happen. We have seen this. And you will certainly see more of it.

But do not ever think, feel or believe, my family and friends, that somehow global intentions are more important, more valid, more worthy than the personal whispers of your heart.

That is why I have started today by talking about the peace within you and the anchoring of that 'truly knowing' within you.

So when you are setting intentions, we do recommend every morning. There needs to be time. And if you think you do not have the time, you are deceiving yourself. You are fooling yourself and you are robbing yourself. You take the time, whether it is an hour or ten minutes or five minutes, to set your intention, not only for your family, the planet and the galaxy and the universe, but also for your sweet self - for your day, for what you are working on.

So from that sense of peace comes the expression of hope, of what you intend. Not only to draw in. Attraction and repulsion is but one Universal Law. But you express - not only to all of us, not only to your circle of guardians, but to your Sacred Self - what you intend to experience.

So, it can be small, “I am going to work today and I have a big meeting. And, I wish to be heard and seen for the brilliance of my ideas, for what I have to contribute. I wish to be seen for who I am. And I wish to be a cooperative team player.”

And then you intend, “Things have been rocky with my children and I know in accordance with the Mother’s Plan and unfoldment that we are intended to see each other, to be in [peaceful] relationships. So I intend that that will be harmonious.

And in accordance with that, my intention is that I will behave kind and loving. Not permissive, but accepting and expansive today in relationship with my children. So help me do that.”

You see there is the joining of forces when you are expressing that intention. And then we would love to see you, of course, express world peace. But it starts with the personal.

You cannot be praying and intending and hoping for world peace and have your home front a battleground or have your internal self out of harmony, out of balance, having an internal battleground. It will never work.

So, it starts with you. And then, yes, by all means, move to the grander intentions. And do it in conjunction with your community - whatever your community is.

Whether it is a temple or a community center or a coffee klatch. Intend it and do it. And know that we are joining with you to do this. That is what intention is. It is setting out. It is sending the spiritual, telepathic, electronic, light wave communication to say, “This is what I want. This is how I choose to express and experience love.”

And, it is very proactive. It is not simply sitting in a chair or on the sofa watching TV saying, “I intend to win the lottery.” No, you have need to take action that is in alignment with your intention. And sometimes, sweet angels, the action is sitting on the couch perfectly still. So, you have to pay attention to the guidance. But it is

in accordance with what you want.

And then we would love to see you take action and to again express intention at a midpoint in your day. So sometimes you would set your little watches or your phones that have such remarkable capabilities these days, and you would say, you know, at twelve o'clock or one o'clock or two o'clock or whatever the middle of your day is, take a few moments, not only to visit with us, not only to visit with your intentions – to check in. How is it going? But to check in with your Sacred Self, because sometimes there is need for a little reset or an expansion.

So your business meeting is completed and you are feeling pretty good. And you think, "Well, I've done it." When you go to the middle of the day and reset, it gives you a chance to expand what just happened, so that the rest of your day is not simply in time out or not being fully present and aware, but expanding that energy of that intention - of being seen, of having harmonious conversations, of being a team player.

And then at the end of the day - we will take 'thank you' whenever we get it - but particularly at the end of the day. (Archangel Michael in "Transcript ~ Archangel Michael: Peace is Love, May 11, 2017," Channeled by Linda Dillon, at <http://goldenageofgaia.com/2017/05/21/transcript-archangel-michael-peace-is-love-may-11-2017/>).

LD: When the intent is formulated it drifts down and is anchored in your heart. Like all work with the Council of Love, creation work is done primarily from your heart. Your heart is the anchor and activator. (Linda Dillon in *The New You: Emerging into the Brilliance of Humanity's Heart Consciousness*. Port St. Lucie: Linda Dillon, 2013.)

LD: Now part of what I want to go back and say about intent, before we move into Sanat Kumara, is when you're formulating your intent because we are humans and we are putting this at this time in dimensional reality, and I see fewer and fewer of us really anchored in what I call the old 3rd, put a timeline on it, make that part of your intention. (Linda Dillon in *Heavenly Blessings* with Sanat Kumara, April 26, 2012.)

Marry Your Desire to the Universal Laws

Linda Dillon: This is [the Mother's] class. And what it's about is taking the creation formula, that we have talked about since 2003, . . . of how you create, taking the Universal Laws, marrying them and actually going forward to physically, tangibly create something. (Linda Dillon, Transcript of "2-3-18 Conference call conversation about the new class.")

LD: Then what we are going to do is take the creation formula for your creation and then each week we're going to walk through, and there is an e-book that goes along with this, walk through each of the universal laws. So say we are going to take – we start with the universal law of sacred purpose, right?

How in your creation does this law apply? And how do you bring it in to help you in the creation formula to work with bringing your creation to tangible reality within a space of nine weeks? Because at the end of the class she tells me and I believe, that you will have your tangible creation.

So then how do I take the law of transmutation and literally apply it to what I want to create? How do I take the law of change and apply it to actually bring forth? So, we're not just talking about invoking a Universal Law and saying, 'okay now it's done.' No, we're actually getting down to the nitty gritty and how do we work with it. (Linda Dillon, Transcript of "2-3-18 Conference call conversation about the new class, 'Conscious Creating with the Mother.'")

Stillpoint

Sanat Kumara: The fundamental of creation, and it matters not which application you are using, all creation takes place at the stillpoint of nothingness. How you eliminate is by entering in, by spiraling in to the place of stillness. It is a counter-clockwise motion, and if you wish to think of it as a place within your physical form, it is deep within the center of your heart.

But, it is the place where you stop. Energy is always in motion if it is not at stillpoint. There is always the ebb and flow, that is what the infinity symbol reminds you of. But, at the center of the infinity is the stillpoint, a microsecond; it is not measurable in your time. But, let us reassure you of its existence because for

human beings at this point of evolution, reaching the stillpoint is the most difficult chore and task of all. (Sanat Kumara, “Three Universal Laws of Creation,” March 12, 2003, at <http://counciloflove.com/2003/03/three-universal-laws-of-creation/>.)

LD: The second piece, and these are sequential, so you formulate your intent and then you bring all of this to stillpoint and you’re going to hear Sanat Kumara and all of the Ascended Masters, the Council of Love, talk a lot about stillpoint. So what is it?

Stillpoint is the place of nothingness and it is also the place where union and fission take place, what Einstein calls that implosion/explosion takes place. So what does it feel like, how do you get there, what is the experience?

You go to your stillpoint by going into meditation, very deep meditation so you let go of the random thoughts that plague us every day, you reassure your ego and your mind, your mental body and your emotional bodies, all of your bodies, that you love it, that you honor it and you’ll be back later. Then you go into your heart and if you visualize or picture your heart as a Valentines heart, your heart chakra as a Valentines heart, go directly to the tip of your Valentines. So it’s the place where it is almost intersecting with your solar plexus; that position is also the seat of your soul. So you go very deeply and how you do that is you begin to slow your breathing and slow your breathing, you can follow your breathe, start with a count of 4, inhaling, exhaling on 4 then move to 8, then move to 16 or 32, whatever you’re comfortable with.

Some people tend to get nervous about going to stillpoint and stilling their breath; there is no reason to ever worry about that, your body has autonomic systems, that automatically [see that] you start to breathe again when you need to. So just go as still as possible so that you feel like you’re not breathing, you’re not thinking, you’re simply in that place of oneness, of nothingness. And what you’ve brought with you to that place of oneness, of nothingness, of stillpoint is your creation.

So you are bringing with you the plan that you have formulated, that you are holding in intention, and that comes with you. And when you know you are leaving stillpoint you will often feel a slight jerk, as if you feel that implosion/explosion in your heart, at the bottom of your heart, and that’s literally the point at which creation is taking place, where that fertilization is taking place.

It’s dropping down, I’m simplifying this but never the less, it’s dropping down into

your solar plexus so it's as if the bottom of your Valentines heart has opened up, it's dropping down into your solar plexus and it's jerking, pushing, breathing out into the universe, out into the world where it can now take form.

Stillpoint isn't something you can jump over in terms of your creation formula. So it is something that is worthwhile working on, meditating on, and getting to the point where you can hold that space of stillness for about 17 seconds, [which] seems to be the magic number. (Linda Dillon in *Heavenly Blessings* with Sanat Kumara, April 26, 2012.)

LD: Now we move from intent to the place of stillpoint. For many stillpoint is the greatest challenge and hurdle of the creation process. Stillpoint is the place of fertilization of your intent, the place where the energy collects and begins to implode and explode into the world. Stillpoint is the place of no movement, no breath, nothingness, the void. It is the place where twenty-first century humans seldom visit, let alone anchor. For many the thought of stillpoint is not only foreign but anathema. Nevertheless, it's key component to creation. It is not an element you can simply say you don't understand or get it, then move on. The formula doesn't work that way. It would be like baking bread without yeast; jam without peanut butter. In order to get you going on the stillpoint we include the "Home To Stillpoint" meditation. The best way to begin is simply to start. Explanations can follow.

Sanat Kumara begins our discussion on stillpoint with this insight:

Sanat Kumara: "One of the fundamental precepts of creation is that it takes place at the stillpoint of nothingness. If you wish to think of stillpoint as a place within your physical form, it is deep within the center of your heart. It is the place where you stop and simply remain still.

"Energy is always in motion if it is not at stillpoint. There is always the ebb and flow which is what the infinity symbol reminds you of. At the center of the infinity is the stillpoint, a span of time not measurable in your dimension. Regardless, let us reassure you of its existence.

"For human beings at this point of evolution, reaching the stillpoint is the most difficult task of all. Nevertheless, understand that you are sufficient to the task. How do you do this? Go to the place of stillness and then through an act of alignment join in union with Divine Will. Feel this in your heart and solar plexus, feel the two energies coming together in perfect stillness. You will experience a

sense of simultaneous implosion and explosion, at which point the fertilization of above and below, within and without occurs.

“Now I have another piece of advice I wish to share with you, and that is to hold this stillness for at least seventeen seconds. Hold it. It’s at this juncture, the stillpoint, where many of you are going wrong in terms of your creation work. That is why you are frustrated and feeling that you are not bringing things through to fruition.” ...

Jesus Sananda also adds his insight not only on stillpoint but the necessity of holding this energy for seventeen seconds.

“Stillpoint is being in the All and the nothingness where the new is created, formulated, and brought forth. Now so many of you have difficulty with this stillpoint for even seventeen seconds. It is not a long time, is it? Pretend that you are spending a long period, a long period, thirty-three hours in stillpoint. Think of the magnificent things that we can create during that hiatus of in-between. In this way the seventeen seconds will seem like nothing and pass quickly.

“Often when you are in stillpoint, you do not go deep enough. You think that nothing is happening, and you must jump up, get busy and move into action. But that is simply not so. That is your ego speaking to you, that part of you that is afraid it will die if it is not in control.

If my life long ago has taught you anything, it is that no one dies, that no one disappears, that existence is infinite, expanding and eternal. There is no rush to leave the stillpoint or the void; stay there as long as possible. You will not only survive; you will thrive. From that place, in your own way, by having gone to that place of darkness and light, you will resurrect yourself in a very different way.”

We finish this section with the brilliant and always radiant words of Archangel Gabrielle:

“I come this day to speak to you of creation, co-creation, and the stillpoint. Stillpoint – what many of you think is the bane of your existence. I have spoken to you about intent, and now we move to stillpoint. Children, first of all it is time for you to throw away your worries, fears and woes about creation and cocreation. You have created since the beginning of time when you turned to your Mother/Father God and said, ‘I’m going exploring – leave me be. I’m going off to create my own life.’

“How did you do this? You did it by creating your intent, which was an action and then by moving out of home, which was a very deliberate action. In the middle of that move you went to the stillpoint of your being, the heart of your home, and imploded and exploded forth upon the universe. Now the difficulty that you have been thinking about with the stillpoint is you are expecting major cardiac arrest and it is a hiccup.

“Each one of you has known moments of stillness, and it does not matter whether it has been in your bed at night, the crystal cathedral, the quiet of the forest or holding your newborn child. How I wish for you to think of and experience stillpoint is those times when everything seems to come together in love.

“It is when all is in alignment above and below, in the quiet love within your heart. Stillpoint is the place where you do not need to move; where quiet contentment sits, and peace reigns. Yes, there are many techniques, clockwise, counter-clockwise, breathe in, push out – do not worry about it. We are excellent facilitators and what I do not catch Michael will. The Mother has created you with her genes; the Father has given you his wisdom and Love. You have all you need.”

Stillpoint improves and anchors more deeply within with practice, like muscle memory. Think of the years a ballerina trains to perfect that movement of the arabesque when her arms and leg are extended in what appears to be an infinite moment of beauty. She is supported by her core strength, her sense of balance and one leg. Stillpoint is no different. So let go, and allow yourself to ascend. ...

As you begin working with the Creation Formula you may want to do this process several times, not because it doesn't work with one go but to perfect your process and ensure that you really have gotten it down. Don't be concerned about slowing your breath or not breathing, your body will automatically begin breathing when it needs to.

After your work with stillpoint don't jump up and go running into frenetic action. You have been deep in the heart of the universe, so allow yourself to gently ease back into your day. Ease out of the energy the same way you come out of a luxurious warm bath, relaxed, refreshed and ready for what lies ahead, even if it's just a cozy night's sleep. (Linda Dillon in *The New You: Emerging into the Brilliance of Humanity's Heart Consciousness*. Port St. Lucie: Linda Dillon, 2013.)

Send Your Creative Intention to the Mother

LD: After you have held your creation in stillpoint, you drop your intention down into your solar plexus and push it out to the world. The feeling is of being in that spot where the seat of your soul, at the bottom of your [heart], and your solar plexus which is the seat of your will, intersect. You are releasing your intention, your creation out in a spiraling motion into the universe to collect the creation codes (energy), in order to materialize that which you have chosen to bring forth. It matters not whether this is something concrete, emotional or spiritual. (Linda Dillon in *The New You: Emerging into the Brilliance of Humanity's Heart Consciousness*. Port St. Lucie: Linda Dillon, 2013.)

So you bring [your intention] to the seat of your soul, to the depth of your heart, and you may think of that place truly as the womb of creation, male, female, androgenous, it matters not.

You bring it to the womb of your heart and this where, not merely the act of creation but the fertilization truly takes place and, in the stillness, in the silence, that kernel of life, that kernel of whatever you are bringing forth ... and it is unique to you. It is your expression of your love and the Mother's love.

So, you hold it there tenderly...you would not wish to rush it, you are given the perfect example in your own bodies, in your own reproductive processes, in nature...and you hold it and it grows and then it explodes and that explosion is you, sweet angel, moving into action. And that is creation in its simplest form. ("Sanat Kumara: Creation, Universal Law, and the Divine Qualities," Dec. 3, 2017, at On the Importance of the Universal Laws at <https://goldenageofgaia.com/wp-content/uploads/2021/07/On-the-Importance-of-the-Universal-Laws.pdf>.)

Act in Accordance with Your Intention

SK: You hold this, and you allow this to be birthed, and in the birthing is the action. It does not work...let me be crystal clear...it does not and it will not work, it is not sustainable if you do not take appropriate, accordant actions. ("Sanat Kumara: Creation, Universal Law, and the Divine Qualities," Dec. 3, 2017, at On the Importance of the Universal Laws at <https://goldenageofgaia.com/wp-content/uploads/2021/07/On-the-Importance-of-the-Universal-Laws.pdf>.)

Divine Mother: It is important, sweet one, to pay attention. It is not adequate as

your ascended self to simply be in the inspiration, to simply be in intention. After the stillness, in order for creation to truly take place, action must be an integral part. If you sit simply in inspiration, if you sit simply in intention without the other components of the Creation Formula, what ends up happening, dear heart, is you are frustrated and sad – and that is not the purpose. It is not the purpose of creation, and it most certainly is not the purpose of your life. (The Divine Mother in “Linda Dillon: Conscious Creating with the Divine Mother,” June 18, 2021 at <https://goldenageofgaia.com/2021/06/18/linda-dillon-conscious-creating-with-the-divine-mother/>.)

LD: So then we move into the action piece and that’s the last element and action, they should say, appropriate action. So when you have pushed out your creation from the stillpoint out into the world, out into the universe, you have declared that intention and you have set it free to collect what Yahweh calls the Creation Codes.

So we’re collecting codes, we’re collecting love energy, we’re collecting energy so that it can take form, so that molecules can take form, but our piece, our human piece is also not just sitting home and waiting and saying “OK, now I’ve done this and it’s going to come to me.”

We need to take appropriate action and it has to be action that’s in alignment, of course, with your intention. So for example, and it’s an example I often use, if you are wanting to enter into sacred relationship or partnership or sacred union and this is something that you are working on, well, an appropriate action means that you need – need: there’s that word - that you might wish to engage with people because unless it’s the UPS driver that is your twin flame or your soul mate, if you never leave the house, you never go into situations where you might encounter your soul mate, then the universe is going to have a harder time.

So you need to cooperate and to take the actions that are in alignment with that creation. When you do that, when you do all three of those things, and as I’ve said this is the abbreviated version but I really want you to understand this, when you do this then your creations come to pass. (Linda Dillon in *Heavenly Blessings* with Sanat Kumara, April 26, 2012.)

LD: Action is the piece of the Creation Formula where we are truly anchoring what we have chosen to create in the physical dimension and reality we occupy. What I have observed is that while stillpoint is the biggest challenge and where people get nervous, action is the place where people simply fall down and don’t follow through. If you don’t take appropriate action in alignment with what you are

birthing then how does it manifest in physical form?

An example of this is creating a sacred union partnership. Many people, especially lightworkers, pray and yearn for their sacred other to laugh, play and unite with someone. It is part of their prayers, intent and stillpoint every day. But they don't go out to places where they might encounter like-minded and like-hearted people.

They don't attend healing or meditation circles, seminars or workshops. They don't browse the New Age or spirituality section at the bookstore. They don't ask to share a table with someone who catches their eye at the coffee shop. They don't engage socially or ask their friends and colleagues to be on the lookout. They don't make eye contact in the grocery store and strike up a casual conversation at the post office.

Too often there is a sense of what I term "isolated arrogance;" assuming the stranger wouldn't or couldn't possibly be on the same wavelength level as them. So how on Earth are they going to meet this special person? The actions are matching the intention and request of heaven.

There are a million examples we could draw from, and I am sure each of you have stories that would have all of us rolling on the floor with laughter. That is the point – to laugh, see that appropriate action is necessary, be conscious and go for it. Now if you think I am plain spoken on the subject, you should hear what Archangel Gabrielle has to say:

Archangel Gabrielle: I wish to speak to you briefly about action, because it is a key ingredient of the Creation Formula as well. Action obviously is present throughout all phases of the creation process. Action is present in intent as you go to the stillpoint and as you move to and from stillpoint. But when we speak of action, of projection into the world, it is doing something literal. Many times, my children, action is surrender, which is among the most important actions many of you can ever achieve.

Surrender is absolute letting go, releasing into the heart of God and the universe. Which is exactly what you are doing to create. When you hold onto it tight you constrict all movements and abilities to produce. And if we are a team, we need some latitude and flexibility. If you are holding on too tightly we have no room for maneuvering.

Understand, therefore, part of the action is surrender. That is then partnered with a

physical action in terms of bringing in symbolically or otherwise that which you wish to achieve. For example, if you wish to achieve a new job and career but never formulate a resume we are going to have a problem. You and I both have responsibilities in this process. You need to take the physical actions that are appropriate to your planet and to your reality. We will take care of the rest.

Creation is instantaneous, and, yes, we understand the difficulty in translating our time and yours. It may not be in the very moment you open your eyes, but who wants a job when they're still in their pyjamas? Understand fulfillment will be quick. That needs to also be part of your intent.

When you are super-gluing to your intent, part of what you are saying is not simply I want a job, but I want a job by next Thursday or by next year. Those are very different statements and creations. Make your intention crystal clear and known. Also understand that you are always adding the provision to your intent that it be for your highest good and the highest good of this entire planet. Then let it go. Throw open your arms and prepare to receive. Know that you are progressing magnificently, and we are singing your praises.”

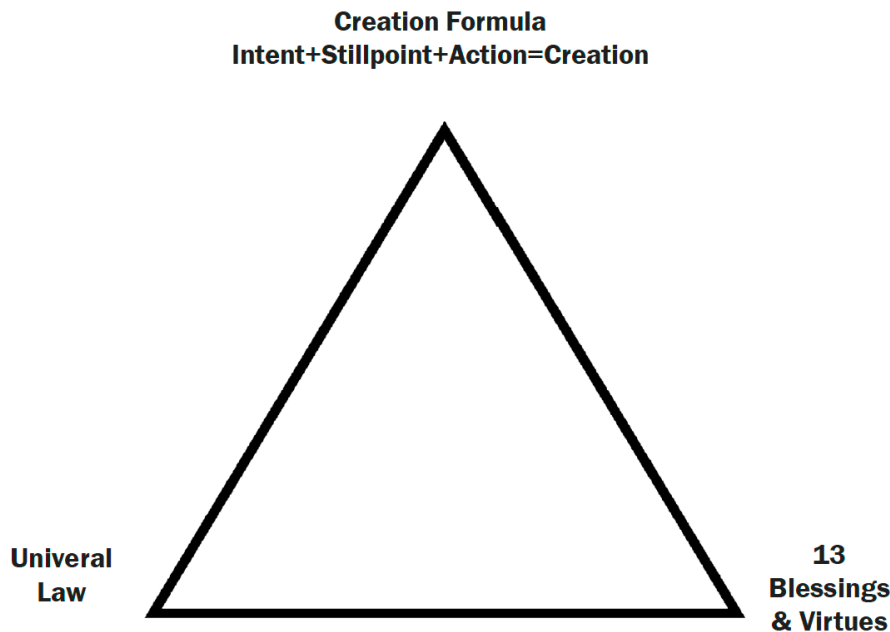
Action is, and should be just as much fun as dreaming. It is that opportunity to take time and be in the world bringing your intention into form. Action is not about retreat; it's about stepping out. You would not choose to create a new car and then move into the wilderness alone hundreds of miles away from the closest dealership. You might enjoy the wildness of nature and the animal kingdom there but chances are you won't find you a new car. (Linda Dillon in *The New You: Emerging into the Brilliance of Humanity's Heart Consciousness*. Port St. Lucie: Linda Dillon, 2013.)

Sanat Kumara: So, it also means that you are pulling in. So, not merely are you asking to receive, you are actively, you are forgetting the action piece, not totally, but this is what I wish to speak to you of; you are forgetting the action piece of Creation.

You – yes in partnership but that is what partnership means. We do not do it all – you are the servants of the Mother, the strongest of the strong, masters, how many times do we need to say this? You came to Earth in your mastery and you say to me, “Well, SK, I sure don't feel it.” Well, nevertheless this is the truth, the stand alone truth. You are the masters. (“Heavenly Blessings – Sanat Kumara on Abundance,” July 29, 2014.)

⌘ Divine Qualities ⌘

Creation Formula, Universal Laws, and Divine Qualities



The Divine Qualities - The Only Sound Foundation Upon Which to Build Nova Earth

Divine Mother: “Child, you are seeing the illusion of the old paradigms of Earth - the elimination of lack, limitation, control, greed, death, destruction, disease - but what would you have replace this? What is the new foundation upon which Nova Earth is built?

It is the 13 Blessings and Virtues that we gifted you so long ago. This is the core of everything you will value and bring forth in the new reality. This is the foundation of what you create and co-create with us. If the virtues are not an inherent part of your being, how do you then translate it into form as you build the new institutions, systems, communities, and cultures of Nova Earth? (Linda Dillon, “Chapter 3 - The 13th Octave Blessings & Virtues” in *The Great Awakening. A Spiritual Primer*. Port Lucie, FL: Linda Dillon, 2012.)

Linda Dillon: The Blessings and Virtues are ... your foundation for the practical living of a life based in love. ("Linda Dillon: Introduction to the 13 Blessings and Virtues" in Linda Dillon, *The New You: Emerging into then Brilliance of Humanity's Heart Consciousness*. Port St. Lucie: 2013.)

What are the 13 Divine Qualities?

LD: Prudence: Twin of temperance. The ability to know in all situations when to proceed and when to retreat; when to take action and when to be still; when to offer help and when to keep silent; to know in exact measure what is required whether it is in baking a cake or healing a psychic injury. All things in correct measure. Prudence encompasses the quality of moderation, the genuine knowing and practice of everything in balance. No one person can live in only one area of their being, their life, and truly be representative of the whole.

Prudence allows for the complete and total release of addictions. An unusual trait on Earth. The colors are halion and siroun, which are rays of the higher dimensions and explained below.

Halion is one of the 13 rays. It is one of the new rainbow rays and is a combination of blue, pink, mauve, some turquoise and violet shot through with mint green. As a chakra it sits at the base of your rib cage and is used as a portal to connect with your star brothers and sisters, as well as to come to know your own star self.

Halion was also a planet millions of years ago which evolved to sheer energy. Form was released and the energies of the planet and the collective assumed a new or expanded soul purpose.

This energy is known as the Halion engineers, constructors – architects – builders of new pure realities be it a building, society or institution. The Council tells us that many of the Halion engineers will be assisting us with the building of Nova Earth.

Siroun is the color and ray of peach – soft oranges, pinks, gold; the skin of a peach and the color of a magnificent sunset. As a chakra the siroun sits at the high heart or thymus and is the center for peace, harmony and gentle Love.

2. Fortitude: Courage in all forms, endurance, the ability to keep going forward

when others cease and give up. The virtue of pathfinders. Strength of purpose. Stamina in all senses. Know that patience is a part of fortitude.

Fortitude is the encompassing of forbearance and forbearance is indeed a quality that requires patience. To continue going forward with stamina when you really feel like pushing the individual off the cliff. The vibration is orange.

3. Hope: The gift of heart-knowing of the presence of God. The ability to understand that very often things on Earth are not as they appear. An ability to pierce the illusion of the veil. The only reason for change.

Hope encompasses serenity; total and perfect calm. To be in the world but not of it, to be able to remain centered and still, one with who you are regardless of externals. Hope is the color of deep twilight blue, almost navy. It is the deepest color of blue, the color of our beloved Divine Mother Mary.

4. Purity: Twin of clarity; sister of chastity, not in the sexual sense but in the sense of the ability to remain pure in all aspects of self. To remain centered when there is chaos, temptation or a lack of harmony around you.

To see, feel and know clearly what exists, what is illusion and what is necessary for survival in all senses of the word. It is the color of pearlescent white, the color of infants before they ground in their body. It is what all should strive for. It is what you all miss.

5. Beauty: Inner and outer. To be in a state of beauty with all that is, in all realms, physical, emotional and spiritual. The ability to create and maintain beauty. To be in a state of beauty is to be in harmony with all. To become a perfect mirror for all of God's creations. It is two separate colors: silver and magenta.

6. Joy: To be fully thankful, grateful and one with the gift of life purpose and spirit. To be a reflection of the perfection of the creation of self and all. To live in and remain with the heart for all time. Joy is the color of gold.

7. Compassion: The ability to Love and serve without judgment. To be able to fully understand and heart-feel another's situation without entering or assuming that cloak. The understanding that another has a chosen path and that we can only offer assistance and Love. We cannot complete another's journey for them for that would be theft. Tenderness. Its colors are green and red.

8. Truth: Truth is clarity. Truth simply is light and Love. It is the wholeness of knowing. It is factual information that can stand and does stand alone, Whether people know it or not, truth is.

For example, the Divine is a supreme knowing. Whether anyone in this room or on this planet knows this matters not. That truth cannot be altered. Wisdom is the virtue of having the good sense to know and understand that truth. Truth is the color of silver, with tinges of pink and lilac.

9. Wisdom: Brother of Truth. Understanding the Divine plan, the unfoldment and each thing/being's place within that plan. Ultimate respect for all because all is a reflection of the One, and we are One.

The ability to comprehend the difference between believing, thinking and knowing. Knowing comes from the deepest core of your being. It is that part of you intimately connected with your higher self, your guides and God. It is the beauty of the elders, of those who have gone through the planes of twelve existences, those who have arrived at the end of the path and are ready for a new time. Wisdom is the dark color of claret.

10. Awe: Ability to feel and experience always and fully the wonders of creation, the Divine. The knowing that there is always more, more to learn, to experience, and to understand.

To know that our understanding and experience of God is limited but the promise of further growth holds true. It is the innocence of the small child within, the sense of awe, the sense of wonder.

It is the sense of understanding the magnificence of the universal plan, the unfoldment. It is the thrill, the expectation and joy at being, simply being, and enjoying the new miracles that unfold, always waiting for the next one. It is the relation of purity. It is the color of golden saffron.

11. Charity: The genuine ability to share all things, material, spiritual and emotional. Based in the true understanding that there is always enough for all to thrive and we are all richer in the joint expression of sharing. A heart-felt need to be generous. Knowing knowledge and gifts are never intended solely for one person. The vibration is green.

12. Humility: Twin of piety. Ability to be truly grateful of the many blessings bestowed upon each and all. Knowledge that alone we are rather incompetent but united with One we are All. Necessary for all works and sharing of service. Its color is red.

13. Grace: Your final virtue and blessing, grace is the quality of being a true and exact expression of Divine spirit and will. This is a state of beauty, of wholeness, of oneness. It is the final blessing and virtue, encompassing service and action. It is the color of pink. (Linda Dillon, “Chapter 3 - The 13th Octave Blessings & Virtues” in *The Great Awakening. A Spiritual Primer*. Port Lucie, FL: Linda Dillon, 2012.)

⌘ Universal Law ⌘

What is Universal Law?

Sanat Kumara: Let us discuss as friends, as allies, as family what we have termed universal law. Yes, it is a body of wisdom that is reflective of the patterning and how creation and co-creation takes place. Now, you have tended to think of universal law as simply particular to your planet, so I preface what I say by telling you, not suggesting, but sharing with you that this is the handbook of the Mother, the Father, the One. (Sanat Kumara, “Putting the Universal Laws in Context - Part 1/2,” *An Hour with an Angel*, Nov. 30, 2017 in *On the Importance of the Universal Laws* at <https://goldenageofgaia.com/wp-content/uploads/2021/07/On-the-Importance-of-the-Universal-Laws.pdf>)

SK: The Universal Law, as you think of it, as we all think of it, is a way for us to come to know, to understand, to create, and to be closer in alignment, in union, with All That Is. So, it was a method or a tool of creation. Michael has spoken to you about Divine Plan, and in a lesser way, though we do not mean this in any way to be demeaning, about rules of engagement.

And in some ways that is how Universal Law has been come to be understood, but it was not that that the Mother was bringing forth when you think of her womb, her movement, her conjoining out of the stillness into the universe. It was a way for us to understand and to be in closer divine union. (*An Hour with an Angel*, with Sanat Kumara, June 4, 2012.)

SK: First of all, Universal Law – I have had it called many things; jail is not one of them. [I had said that some people may look upon the universal laws as a new jail.]

(Laughter)

But if you wish to think of Universal Law in this way, then Universal Law is the pick, the chisel, the key. It is not something to constrain you, but rather to free you, to open that cell and show you [the way out].

So, let us use this example. If you are in jail, literally or otherwise, and you begin to use Universal Law – and you invoke the law of free will, the law of intent, the law of instantaneous transmission, the law of dispensation – what you do is you begin to call in an energy whereby the cell door opens; where you think of even human – but certainly divine justice comes and unlocks the cell. (“Universal Law, Divine Justice & Freedom,” *Hour with an Angel*, April 26, 2016, at <http://counciloflove.com/2016/05/universal-law-divine-justice-freedom/>.)

SK: As the channel has said, the Universal Laws are simply the laws of this universe; it is the understanding of how your universe works and operated. But [of] all of these laws, the basis of them is love. There cannot be a Universal Law that does not have its foundation in love; that is the core and the substance of the multiverse, of the omniverse.

Yes, there are laws that apply elsewhere. We do not talk about them and certainly not tonight because there are things that we are asking you to focus and concentrate on. (Sanat Kumara on *Heavenly Blessings*, April 26, 2012.)

Universal Law is the Framework

SK: Universal Law is the framework that explains how things work. It is part of the universal grid. It is part of the understandings of how things happen or don't happen, and the alignment that one can gain in terms of your own process of Ascension and your eventual return to Source. Universal Law is a reflection of Divine thought and existence. It is a construct of creation. These Laws are laid down, given, and shared directly from One.

Universal Law is the framework upon which creation and the 13 Blessings & Virtues or Divine Qualities hang. It is the grid upon which you come to understand how things work. It is peculiar, is it not, that you have, as a human collective, such an obsession with this word law? You have judicial law, laws of mathematics, quantum physics, natural law, but you do not have, and you have not aligned fully or completely with Universal Law, even though it is the starting and finishing point. When you are in alignment with Universal Law, you understand how to position yourself, particularly within time and space; how your actions, or inactions, or sense of being, can be measured and reflected.

Think of Universal Law as the framework which, if adhered to and followed, allows the Divine Qualities to thrive. They are completely interconnected. If you

think of it in terms of structure, the Law is the steel girders, the two-by-fours, the foundation, and the qualities are the covering and the innards of the building. When you are in the purity of adherence to the law, then you are practicing, you are living the Law and the Divine Qualities. You cannot separate these out; if you have one, you have the other.

Universal Laws are the guidelines laid down by the Mother/Father One for adherence to the Divine Qualities. When you are seeking how to eliminate or clear issues or blockages, reflect upon the Universal Law and determine what is not in alignment. So often when you are in a clearing process you say to me, “Raj, I have been working on this false grid or issue but it does not seem to click for me. It does not produce the results.” How I guide thee is to go back to this codification, this grid, this framework upon which everything hangs.

All of the Universal Laws are interconnected. It is not a matter of simply working or understanding one, individual law. That is not sufficient. Each of you, in tandem with the kingdoms and with Gaia, have reached the point in your transition, your Ascension, your evolution, that you are ready to more fully embrace, understand, and build societies and planet that is in adherence and alignment with the Law.

Why does Universal Law exist? Why do we speak of the Law? Because it is the rules of how things work, and they do not change. You are at a juncture in your spiritual journey where you have need and desire to understand the immutable nature and function of the Law. You are at a point where you are yearning to be in alignment.

One of the issues of being human is that you are in an environment of constant change, whether you acknowledge or realize it or not. That is not only challenging but difficult. When you can understand and refer to the Law, you have a framework within which to work with that phenomenon of constant change, and reach the place of balance. ("Sanat Kumara: You're Ready to Build Societies in Adherence with the Law," April 23, 2013, at <http://goldenageofgaia.com/2013/04/sanat-kumara-youre-ready-to-build-societies-in-adherence-with-the-law/>.)

What is the Purpose of the Law?

SK: The purpose of the law, the foundation of the law, is balance. It is to assist you, to guide you, and all beings, to the place of balance. In the very beginning we said to the Mother “How will the beings, not only on Earth, not only upon this beloved

jewel, Gaia, understand how to construct, how to proceed?” And so the codex of the Law was shared. Now, you do not go about every day thinking, or feeling, “Am I in alignment with the Law?” whether it is human law or natural law. It is the way of being, and of being in balance.

When you are breathing, acting, feeling, processing, praying and creating, you are operating within that framework, on that tapestry, on that grid of Universal Law. You cannot absent yourself from this framework. It is not possible. The Universal Laws that I speak to you of is not simply Universal Law that is applicable to the humans. It is the Universal Law that we all adhere to.

It is the guideline for where each of you is headed. That is the crux of inter-dimensional shift; it is that heart knowing, love alignment with the Law.

Many human laws that have evolved are not in alignment with Universal Law. That is where things have gone awry and where false grids and paradigms have grown up and assumed the illusion of solidity. But such laws do not have a reference point in the heart of One and are contrary to the Law of Above and Below. When misalignment occurs people become disenchanted, disillusioned, disappointed, because they believe they are adhering to law, but it is not having the results of creation they desire.

The reason is because they have not taken the time to understand and align with Universal Law, which is actually very simple.

If you think in terms of human laws and behaviors, you are not necessarily thinking, in each of your actions, ‘Am I behaving within the confines or the prescriptive definitions of behavior that are acceptable in this country that has laid down these laws?’

You don’t really think about it, unless you are breaking the laws. Now, the difference is, is that human law is based on punishment and control. So they have no genuine divine essence, do they?

And one can argue, and many do, that the underpinning of human law is order and love and not taking advantage of some people. But that is not the nature of Universal Law. It goes far beyond expediency. (Sanat Kumara in “A New Series on Universal Law: The Framework,” December 28, 2014, at <https://goldenageofgaia.com/2014/12/28/a-new-series-on-universal-law-the-framework/>.)

How Do We come to Know Universal Law?

SK: How do you come to know Universal Law? You do so by going into your heart consciousness. This is the compass all have been given, and it has recently been reset within you. You know Universal Law by asking yourself one very simple question: Does this situation, does this action, does this feeling, does this behavior, and does this situation, feel that it is in alignment with love and with One?

You may ask yourself further: does it feel within me, within my heart knowingness, that it is in the balance? Is this an action, behavior or situation that moves me along my chosen path? Does this jettison me forward in this time of rapid change? Does this align with the love that I know within me, that is my divine essence? Does it align with the love of the Mother? Does it feel like love? And make no mistake, my beloved friends, there is not one human being who does not know, when they are completely honest with themselves, what love feels like.

Often you make excuses to and for yourself for not aligning with the love, which is to say you have not aligned with the Law. Now, excuses are fine because in many ways they coerce you to be very honest with yourself. So when you are making an excuse, understand that you are really doing is addressing an issue that is not in alignment with the truth of your universal self.

Let us review again how you work with Universal Law. The practice is simple and straightforward. Go to your stillpoint, and simply call me. Practice your Divine Qualities. Notice that when you are practicing certain qualities, they more naturally align with different Laws, with different thoughts, with different expressions, shall we say, of God, of One. But also note and acknowledge the wisdom which is already within you.

Working with the Law is being in your heart consciousness and being discerning, considering. You live in a world, and I distinguish this from Gaia, that has become very busy. Now, it is not that you need to judge busy as good or bad; it is indifferent. However, understand that busy is a very good place for ego to live.

Part of that busyness is an emotion of self-imposed struggle. The state of busyness does not engender a sense of smoothness; it is a self-imposed condition where you do not take time to discern, ‘is what I’m doing directing me to my core essence and to myself, to my I AM Presence and the I AM Presence?’

When you stop and ask that question, the guidance is already there because your beauty, your heart, your soul or however you conceive of that knowingness, is divinely intelligent. It knows, and you know. In the knowing, you can shift from busy to being, and being does not mean that you are not taking action and building Nova Earth. You are, and it is well under way, I am happy to say.

We look forward to the human collective decision to adhere to the higher Laws of Love, which is another name for Universal Law. We guide you to adhere to the meaningful existence and the truth of who you are. Know my sweet friends that this is already being expressed by many of you. And trust me that gives me incredible joy. Never underestimate how well you are doing. ("Sanat Kumara: You're Ready to Build Societies in Adherence with the Law," April 23, 2013, at <http://goldenageofgaia.com/2013/04/sanat-kumara-youre-ready-to-build-societies-in-adherence-with-the-law/>.)

Universal Law - And the Purpose of Life

SK: There was a will in the Oneness, in the All, in the Source, to be known and to have what creations came forward throughout many universes, to understand, and ways in which to be able to work their way back. So, you can think of Universal Law — and I try to use language that is completely understandable, not only to you, my beloved Steve, my beloved Graham, my beloved Linda, but to all of our listeners; I try to use language that will make common sense to each of you — so it was a guide, a road map, a way in which to know the unknowable. (*An Hour with an Angel*, with Sanat Kumara, June 4, 2012.)

Universal Law - And Balance

SK: If you look at the individual laws, what you have come to think of as individual laws, whether it is attraction or give or receive or karma, it is primarily about the balance, and it is achieving balance both within thee, within your sacred being, and not just within one life or one day or one time-frame, but also throughout timelines, even though it is all simultaneous, and in all realms.

That is why we talk about above-below, within-without. That is why we talk about balance so frequently. Because when you are in that place of love, when you are in that collective of understanding, when you have reached the place within your being of simply acknowledging and being love, then that is it.

You are in adherence, you are in alignment with the Universal Law. And in that energy, because what you are doing so often in your mental collective human bodies, you are trying to pick the laws apart like a supreme court — or maybe even a circuit court would be a better example.

But that is not the spirit, that is not the energy of the Law. So you are often picking at various fragments. It is like trying to break things down when in fact the entire purpose of Universal Law is unification. It is bringing together, not fragmentation.

So, when you think of Universal Law and yourself, because we want you, we ask you and we guide you to think of Universal Law as a way in which you come to understand how we, how Mother, Father, He, She, All, One, Source, Universe, Divine Plan, how we beckon you back to join with us.

So, it is a unifying factor. That is what is called Universal Law. It is encompassing. It is embracing. It is to bring you and us and all together. And the more that you are in alignment — not with the understanding as if you are a legal scholar, let me be clear about this — the more you are in alignment with your multi-dimensional, universal, human, starseed, Earth-keeper self, in alignment with the Law, then the more you are in alignment not only with All but with who you are. And the more you are in alignment with who you are, you are contributing to the absolute ascension of the collective. (*An Hour with an Angel*, with Sanat Kumara, June 4, 2012.)

Universal Laws Operate as a Whole

Steve: Does the Universal Law operate as a piece, as a coordinated, orchestrated whole? And if so, could you tell us how it does?

SK: Yes. You are completely on track and correct. Universal Law is not fragmented. Universal Law is not this law or that law. ...

The Divine Plan and Universal Law are a comprehensive set, a body of understanding. And it is a body of understanding, so that all the participants — although now we speak of the human beings, because we tell you that we are already in alignment and with understanding of Universal Law — but it was to give you the understanding in the most basic of ways of, “How do things work in my universe? How is it that I am to undertake my life in sacred and meaningful ways, when I am in my human self on a human journey of spirit in form? How do I

conduct and know that I am in alignment?”

So there are many aspects of Universal Law that you have thought of as a stand-alone laws — and there are dozens of them. But you are very correct to think that there is Universal Law — you can think of it as one entity, as one collective energy. And that energy you can think of, and I have spoken to this channel about this, is the Law of Love, sometimes referred to as the Law of One. But that has become misunderstood very often and misused in some realms upon your planet. So we will talk about Universal Law as the Law of Love. (*An Hour with an Angel*, with Sanat Kumara, June 4, 2012.)

The Laws are Everything You Need to Know

This package of thirteen laws is integrated and coherent and it gives you everything you need to know. Think of this, it gives you everything you need to know about how to create. Yes, it is in tandem with the creation process that we have taught you. But, it is giving you that mixture, that co-habitation so that you go forth. You have been given so much and there are a million and one tools. But think of it in this way. This is your guidebook, your handbook on how to use those tools. (Sanat Kumara, “Putting the Universal Laws in Context - Part 1/2,” *An Hour with an Angel*, Nov. 30, 2017 in *On the Importance of the Universal Laws at* <https://goldenageofgaia.com/wp-content/uploads/2021/07/On-the-Importance-of-the-Universal-Laws.pdf>)

SK: You see, this is part of the preface to creation. What is the dream? What do you want? And, from there this group of thirteen gives you everything you need. It is not that the Mother has kept some of the laws for herself. That is not the case at all. And, one of the things, as you progress, is this learning in conjunction with the laws and with your will is to work with sheer energy. (Sanat Kumara, “Putting the Universal Laws in Context - Part 1/2,” *An Hour with an Angel*, Nov. 30, 2017 in *On the Importance of the Universal Laws at* <https://goldenageofgaia.com/wp-content/uploads/2021/07/On-the-Importance-of-the-Universal-Laws.pdf>)

Example from the Law of Sacred Purpose

SK: You go through this very simple process when you are trying to create: “Is this in alignment with who I am, my sacred purpose? Is this what I really want? Is this for my highest good?” If the answer is yes, you proceed, and you invoke the law of

sacred purpose. If the law is not fitting, if the answer is no, then you simply set it aside. It is not memorizing ancient texts. It is not learning new rituals. It is very, very practical. (Sanat Kumara in “Universal Law, Divine Justice & Freedom,” Hour with an Angel, April 26, 2016, at <http://counciloflove.com/2016/05/universal-law-divine-justice-freedom/>.)

SK: I wish to speak to you about the Law of Purpose. The Law of Purpose is the law that commands and requires and gives each of you the freedom to be in alignment with your sacred self and to be the embodiment of your sacred self. Many of you have thought of this and seen a glimmer of this in your desire, in the political movements upon your planet for self determination, for freedom.

But this is a precept; it is a law that when you choose to align and exercise the freedom, to be the totality of who you are, to be the full expression of your divinity and to embody that, then it is the law that the energy must follow this decision, this choice. There is a great deal of discussion upon the planet about free will and about the nature of free will and that this is a free will zone. We would never have it otherwise for this is a unique quality; but the biggest element of free will is the choice, the decision to be the freedom of your being.

Once you do this, once you invoke this law, yes through intent, through stillpoint and bringing it forward through action, then you are commanding, demanding the law to allow you the freedom to do this. Many of you are stuck, you are stuck, my dear hearts, and that is why I am being so emphatic about this. You think that you are controlled by the old paradigms; well of course you are not and they fade rapidly.

But you also have these ideas, and we call them ideas, ideations, belief systems, that you are restricted by what you believe is your mission and service and purpose. But the very Law of Purpose is the law of freedom for you to be the totality of who you are. As soon, it is not time lagged, it is immediate, as soon as you claim that freedom then it is so. (“Sanat Kumara Explains 3 Universal Laws that We may not Know About,” April 28, 2012, at <https://counciloflove.com/2012/04/sanat-kumara-explains-3-universal-laws-that-we-may-not-know-about/>.)

Examples from the Law of Above and Below, Within and Without

SK: What is happening is that many of the populace that are desirous of change,

instead of truly working for the changes that would be so positive, are buying into one side or the other – into the drama of one is right, one is wrong, one will win, one will be defeated – rather than looking at what is the best solution, what would truly serve the people and the spirit of freedom that moves in Brazil more than many, many places. So that addiction to drama, which does not exist here.

So if they were to say, “Make it below as it is above,” the truth will reign. Call in Michael so that truth will emerge and peace will be re-anchored. That is a very practical use of Universal Law. (Sanat Kumara in “Universal Law, Divine Justice & Freedom,” *Hour with an Angel*, April 26, 2016, at <http://counciloflove.com/2016/05/universal-law-divine-justice-freedom/>.)

SK: You are not imprisoned. You only believe [you are], and it is false. And this falsehood has been so deeply ingrained and believed that you don’t even try and leave the compound. But it is not real.

You say to me, “But Raj, it is real. I don’t have enough money to go and explore. My job is to save all the animals; I don’t have the money to buy the land on which to keep the animals.”

And so, I would say to you, “My beloved friends, are you invoking the laws of within and without, above and below?” There is no shortage of what you think of as resources, cold hard cash. We don’t use that currency (but you may think of it that way) in our realm. There is only abundance.

When you start to invoke this law of what is above is within me: “It is in my bones, it is coming to me, I am attracting it. I’m invoking the law of attraction and repulsion. So, I am pulling it into my being, into my sphere, into my life.”

Then, you think outside of you. Well, there are many, many resources, abundance upon your planet. You say, “Yes, but I don’t have any.” But, are you pulling it? Are you declaring – not stealing – but accessing and pulling it to you? That you have, not to the detriment of another, because don’t forget, there is only abundance. This planet was created with infinite abundance; that is what is being restored.

But, when you come from a place of belief in scarcity, then that is exactly what you get. If you are believing and practicing the law of flow and abundance, that is what you get. You see this every single day. Whether it is finding a dime on the street or a stranger giving you a dollar, it matters not.

But, when you sit and you feel the shackles on your ankles and on your wrists and

you say, “I am trapped. I do not have any power,” then you have created – powerful creation – a self-fulfilling prophecy. But when you refuse, when you exercise your power of “No,” not just “Yes,” and you say, “No, that is not in alignment either with my free will and choice, and it certainly is not in alignment with the Mother’s Will.”

If you are born, if you have come to this incarnation to live in poverty (I am being practical here), then within your heart – not within your ego or your psyche, but within your heart – you don’t have the desire to go and create millions. There is a knowing within you that you have come to this lifetime to allow others to express generosity and sharing. So, you don’t have the same drive.

Now, if you are in dire poverty and you think, “This is not what I agreed to,” then you do have that desire; you aren’t listening to what your heart is telling you, not about us, but about you. We keep saying to you – and I am not going anywhere; I am in sacred partnership with you, collectively and individually, and what that means is I am here to help.

It’s very simple, but it begins with you knowing you are already free. You always have been. So let that illusion, that old illusion of control – because it is an exercise in control that you feel imprisoned – let it go.

You have that saying that the emperor is wearing no clothes. Well, not only is he not wearing any clothes, dear heart; he has no substance! That God control that has been worshipped – that erroneous power figure – it does not exist. Let it go.

Steve: Raj, I have another question. ... I can hear some folks saying, “Oh, this is so complicated. I need a Ph.D. to understand the Universal Laws, figure out all these laws. I don’t have the time or the wits for it.” What would you say to them?

Sanat Kumara: What I would say to you, even though we have given you a body of thirteen very simple laws, think of it in very practical terms. You do not need a Ph.D. or anything else. What you need is your heart because that is where love lives. That is where truth lives.

Think of it in terms of your digits. So you go through this very simple process when you are trying to create: “Is this in alignment with who I am, my sacred purpose? Is this what I really want? Is this for my highest good?” The answer is yes, you proceed, and you invoke the law of sacred purpose. If the law is not fitting, if the answer is no, then you simply set it aside. It is not memorizing ancient texts. It is not learning new rituals. It is very, very practical.

“I feel that I need a new pair of shoes. Oh, wait a minute, the angels go barefoot. Am I intended to go barefoot? No, because there is too much dirt and pollution upon the beloved face of Gaia. And, besides which, my feet hurt.” So you think of this and you say, “Okay, then can I have the shoes from the enormous warehouse of shoes on this planet? Can I pull from what’s out there, the without, to me to the within?”

Outside your field, inside your field – without is outside of you, within is inside your field. “Can I pull, very practically, a pair of shoes to me? Can someone help me with this – either the money, the fit or the wherewithal?” (Sanat Kumara in “Universal Law, Divine Justice & Freedom,” Hour with an Angel, April 26, 2016, at <http://counciloflove.com/2016/05/universal-law-divine-justice-freedom/>.)

Example from the Law of Change

SK: [In answer to your question,] it is very likely that [Brazil’s Dilma Rousseff] will be impeached because there have been some missteps. But all of this, for the truth to come out – if all the people of Gaia or Brazil were beginning to invoke the law of change for the highest and best, you would see a very different outcome. The truth would emerge; there would be what you think of as a reparation, repentance, reconstitution. ...

What is happening is that many of the populace that are desirous of change, instead of truly working for the changes that would be so positive, are buying into one side or the other – into the drama of one is right, one is wrong, one will win, one will be defeated – rather than looking at what is the best solution, what would truly serve the people and the spirit of freedom that moves in Brazil more than many, many places. (Sanat Kumara in “Universal Law, Divine Justice & Freedom,” Hour with an Angel, April 26, 2016, at <http://counciloflove.com/2016/05/universal-law-divine-justice-freedom/>.)

[For a second example, see pages 9-10.]

Example from the Law of Instantaneous Transmission

SK: What you are doing is activating the flag for receptivity, the openness of self-worth, and the ability to receive abundance.

So you are going to have about seven flags in this regard. So there is self-worth, there is receptivity, there is the ability to give and receive, there is the willingness

to move forward, because what you are speaking of is bringing forth currency in a physical realm, but first what you are establishing and recognizing is your own currency of Love. And your own deservingness, your own worth to experience, and to be able to create and play.

So it is not born of neediness. What you are doing, and we have not talked about this but, Kathleen, you have activated this; therefore we will discuss it. There are certain flags that you are going to turn down. The mail [male?] is gone. So turn down the flag of neediness; turn down the flag of I'm not worthy. And turn up the flag of willingness to receive. ("Transcript: Sanat Kumara Discusses the Law of Instantaneous Transmission, October 15, 2013," at <http://goldenageofgaia.com/2013/10/16/transcript-sanat-kumara-discusses-the-law-of-instantaneous-transformation-october-15-2013/>.)

Example from the Law of Elimination - Discreate/Torch Man-Made Creations

SK: Torch them, or use the Law of Elimination, you are absolutely correct. Because all those things that we are talking about are human creations. They are human, man-made – and I don't mean gender prejudice – but they are man-made creations. ("Heavenly Blessings – Sanat Kumara on Abundance," July 29, 2014.)

You have asked, dear Suzanne, how to discreate? And previously we would not have had such a discussion, but that is the purpose of the Law of Attraction and Repulsion, of Give and Receive, of Transmutation, of Transmission, of Dispensation, of Elimination. ("Heavenly Blessings – Sanat Kumara on Abundance," July 29, 2014.)

SK: You have spoken of discreation. Well, the fundamental discreation that is taking place [now] is the discreation of the old 3rd. We keep saying it is but vapours; there is nowhere for you to anchor. You may send the energy but do not live there and you most certainly do not create there. So you say to me, "Well then Raj where do I create?" Start – and not tomorrow, not an hour from now – start right now with me creating in your heart, in your room, in your car, in your office, wherever you are in this instance. Let us start and never stop. ("Heavenly Blessings – Sanat Kumara on Abundance," July 29, 2014.)

SK: So, I share with you the Laws of Sacred Purpose, of Change, of Unification, of Dispensation, of Elimination, of Give/ Receive/ Intend, all of this, not because I

wish to be the instructor but because – yes, as Logos – but as friend, as brother, I want you and I need you, in our sacred union and in our partnership, to understand, to implement, to use these Laws, and to begin the creations of your life, of your journey, of your Being and, yes, of Abundance.

There is too much, yes even for me, there is too much discussion about the clearing, about the letting go, about the dispelling, the elimination. And on the creation side, which is why we started to have this discussion about the Creation Formula and the Universal Laws in the first place, there is not enough discussion. There is not enough action about the ‘bringing in.’ (“Heavenly Blessings – Sanat Kumara on Abundance,” July 29, 2014.)

Example from the Law of Elimination - Universal Mother Mary’s Removal Exercise

Divine Mother: Within the heart of each of you, there rests the seed of sorrow, the grief of humanity, the pain of this Mother Earth. Place your right hand upon your heart and cover it with your left and feel the seed of the past be placed in your palm. Allow it to be removed from the self, from the soul. Take your hands and arms in spiral and to give it to me.

You may, and can, always bring your troubles to your Universal Mother and I will take them from you. I place upon your hands the full recognition of the beauty of your essence.

To bring it back within your being, place your left hand upon your heart so as to instill it with me. I wish my home, this planet, to be filled with laughter, dreams and play.

Remember, you are my children. Even as angels you must frolic and rejoice in all the glory that you are. I attend to you and your needs, great and small. So keep me close, little ones.

Linda Dillon: This precious gift from our Universal Mother Mary allows us to remove all pain, grief and suffering from our hearts and to receive in replacement that which we pray and yearn for.

It helps us become our full self as vehicles for the path of service. Once we

understand how to use the gift, we may share it with others and undertake to do this exercise on behalf of others, including large groups. This means we have been given a gift to heal and inspire the world. This gift is extremely powerful and a potent reminder of the importance of prayer and intent.

How to:

Take your right hand and gently lay it upon your heart. Place your left hand on top of your right. Close your eyes. Feel that which is burdening you deep within your heart and say a little prayer or invocation to Mother Mary. Request her help to remove this burden.

Feel the energy begin to flow from your heart into the center of the right palm. Really feel it penetrate – perhaps you will feel warmth or tingling. When you feel the heart expansion and a readiness to let go (yes, you'll know) take your hands and roll them out, hand over hand, until your arms are extended directly in front of you. Make sure your palms are facing up; similar to the position you have seen Mary in many paintings.

You will begin to feel a tingling in the tips of your fingers. The sensation is the same for everyone so pay attention and accept no substitutions. This tingling is Mary removing this burden.

When this stops, keep your hands extended outward, palms up and ask from your heart for that which you wish to receive. If you are uncertain what to ask for because all you're doing is concentrating on receiving relief, ask Mary to send you that which is for your highest good and the highest good for all concerned.

Another way is to focus on the opposite of what you have just let go. For example, if you let go of grief, then call for joy. If it is anger, call for calm. Ask Mary with all your heart to grant this to you today – at that moment.

Feel the heaviness in the center of both palms. Feel your palms get heavier and heavier until it is a struggle to hold your arms up. The gifts of the Universal Mother are many and can weigh a lot.

Proceed to roll your hands back in towards your heart, left hand first. Place your left hand upon your heart and feel the gift you have just received penetrate your heart right to its core. Feel the gentle smile within.

Finish, as always, with all sacred ceremonies, with a prayer. Thank Mary for the gift, her guidance and her Love.

When you have this down pat, it'll take about 30 seconds. Remember the keys to this exercise are intent, prayer, the physical action and then thanksgiving. Don't neglect the physical action for it is this message to the Universe that brings the gift into the physical reality of your body and the world.

When conducting this exercise on behalf of another, or for a group, follow the same process but become the vehicle for them. For example, if you were removing the pain of all the families caught in the terror of a hurricane, you would feel that in your heart. Give it away and receive from Mary peace, tranquility, courage and physical strength.

If you were doing it for those who are sick or dying, you would remove pain, sense of loss, despair, and anger. In their stead, you would receive Love, serenity, and knowing the Love of God. (Linda Dillon, "Chapter 3 - The 13th Octave Blessings & Virtues" in *The Great Awakening. A Spiritual Primer*. Port Lucie, FL: Linda Dillon, 2012.)

Examples of Multiple Laws Being Invoked

Ashira: We have used the Law of Balance, of Sacred Purpose, of Change a great deal in not only formulating our approach, interaction, and our communion with you, with Gaia, with coming to Earth, so that it would not ever harm you or create fear but rather to complement.

So let us use a practical example: The sacred purpose of Gaia is to be a planet of Love in form, in the richness of physicality. The sacred purpose of every single human being is to become and to be the embodiment of Love, of divinity, of creation, of Ascension in physicality, on Gaia, inter-dimensionally, right now... not 2000 years from now; not even 5 years from now.

Ascension is a process and you are thinking that it is one quantum leap and you're done. That is not so. But the sacred purpose of every person - do not judge, do not start to quantify who is Illuminati, who is cabal, who is in containment, who is not in trust, who is the religious right, who is the fanatic - every person on your planet, billions and billions, all came with the fullness of their soul design, with the sacred

soul purpose to be part of this Ascension and Shift.

Now, from our perspective that is phenomenal. It is phenomenal, especially given the bloody history of very recent years and *we consider centuries recent*, by the way. Now, our sacred purpose is to assist in this and we have traveled from very far to be part of this and to be part of the assistance for the domino effect throughout the planetary systems. We invoke this Law of Sacred Purpose to activate Gaia, to activate ourselves, to activate you, and they are in alignment.

So we say to the universe, to the Mother/Father One, we invoke this law; we ask for the help of Sanat Kumara and all of his league to bring this to the forefront right now, that everybody begins to become conscious of this.

We invoke the Law of Change. Change is constant. You know that. With every breath you have just changed your entire body. But we invoke the Law of Change with you and for ourselves to manage the changes. It is not just you who are going through the changes. It is a massive change for us. We have been on ship for a very long time and it has been a contained environment; we have spoken of that. Now we are saying we want an open system. We have already begun our changes. We have millions on planet Earth. We have many humans back and forth, back and forth. We want an open door policy yet we have to maintain peace.

So we invoke the Law of Change for you, for Gaia to be able to accommodate these changes in a peaceful, flowing manner to accept us, for us to be able to flex with these changes, because it changes not only your society but ours as well. (“Cmdr. Ashira of UFOG Talks about the Universal Laws and How and When to Use Them,” May 9, 2014, at <https://counciloflove.com/2014/05/cmdr-ashira-of-ufog-talks-about-the-universal-laws-and-howwhen-to-use-them/>.)

⌘ Matters to Consider ⌘

False Grids Deny Our Creator Self

Archangel Michael: But, you know, there's the subtle things that we do, such as "nothing ever really works out for me," and that's a false grid. Now that's denying your Creator Self; that's denying your ability to use the creation formula, use the Universal Laws to bring in exactly what we want to create. So it's self-defeating behavior. (Transcript: Archangel Michael on False Grids. December 10, 2013.)

Creation - Getting Discouraged

Linda Dillon: Sometimes we get discouraged or think our creation didn't work but that is where you have to take the larger community into consideration – the big community from Africa to Asia to the Americas and so on. You may be dropping the proverbial pebble in the pond and may not see the entire ripple effect but make no mistake it's there. (Linda Dillon in *The New You: Emerging into the Brilliance of Humanity's Heart Consciousness*. Port St. Lucie: Linda Dillon, 2013.)

Creation is not Hasty

Divine Mother: Creation is not hasty. If you have learned one thing gathered around me, that is it. Creation is instantaneous and immediate but it is never hasty. ("Universal Mother Mary – You are the Fulfillment of The Promise, May 8, 2020, at <https://goldenageofgaia.com/2020/05/08/universal-mother-mary-you-are-the-fulfillment-of-the-promise/>.)

Creation - None without Love

LD: If we are not in and of love there is no authentic creation activity. (Linda Dillon in *The New You: Emerging into the Brilliance of Humanity's Heart Consciousness*. Port St. Lucie: Linda Dillon, 2013, 162.)

Sanat Kumara: We can't create if we're not in a place of joy, not in any real sense; oh! we've all brought things forward when we've been in a desperate place or in a

position of desperation or in a tight jam, but the real creation, the creation that's in alignment with who we are, with our sacred space, with our soul, only comes when we are in a place of joy, when we are in a place of enthusiasm, when we are in a place of really being in the love and being the love. (Sanat Kumara on *Heavenly Blessings*, April 26, 2012.)

LD: Unless the environment of love, joy and gratitude are present, then creation cannot take place. You cannot create from a place of anger, lack, angst or fear. This is why it was so important to eliminate those false grids prior to reaching this step.

There is a chance that when you begin working with the Creation Formula that some of those old lack and limitation beliefs will come to the surface to haunt you, making you question your innate abilities. If so, go back to the meditation of the Elimination of False Grids, open your heart and let go. Then come back right here and continue. (Linda Dillon in *The New You: Emerging into the Brilliance of Humanity's Heart Consciousness*. Port St. Lucie: Linda Dillon, 2013, 162-3.)

LD: Sometimes desperation energy is sufficient to bring a creation forward, that blessing is generally your guides and heaven having mercy on you rather than you bringing something forth. The other piece of attempting to create in an environment of need is that it does not stick.

How many times have you brought something forward, be it a relationship, money or good health, simply to lose it shortly thereafter. That loss occurs because the creation was not anchored in the Divine Qualities of love, joy and gratitude. With this straightforward understanding of the environment necessary for creation, we are prepared to step forward. (Linda Dillon in *The New You: Emerging into the Brilliance of Humanity's Heart Consciousness*. Port St. Lucie: Linda Dillon, 2013, 163.)

LD: The creation formula is enormously simple for all of us involved in creation, especially right now creation and co-creation is one of the major universal themes. It's because we are creating our reality and we're also creating a new world, we're creating with Gaia a new planet, Nova Earth. So they've given it to us as almost a mathematical formula and this is what it is: Intent + Stillpoint + Action = Creation. ("Linda Dillon on the Creation Process," April 28, 2012, in *On the Importance of the Universal Laws* at <https://goldenageofgaia.com/wp-content/uploads/2021/07/On-the-Importance-of-the-Universal-Laws.pdf>.)

SK: When I guide you, and when you agree and choose and surrender and accept

and move into action of creation, then you are automatically, in truth, working with the Universal Laws. You are anchoring and becoming the living embodiment of the Blessings & Virtues, the Divine Qualities, because you do not create...and this is important so please heed what I say.

You do not create, not lastingly, not deeply, not positively, you do not create from a place unless you are coming from the embodiment, the environment, the internal environment of the Divine Qualities.

You do not create from frustration or angst or hatred or despair or disregard. Now, you might take exception to me and you might say, “But Raj, we see creations from hatred and despair all the time! So, what are you saying? You have made a mistake. You are incorrect.” True creation, creation that is in alignment with Divine mind, heart, and will, creation...shall we call it sustainable creation...does not come from an emotional state such as hatred.

Now, let me explain. So, we are going to what we think of as the negative side first off and I hope you will understand why as we progress. You may see momentary creations – and I am not saying they cannot be absolutely horrific, and that is on a spectrum – but they do not endure and they do not create, not only sustainability, but what we would call building...it does not build upon itself. It does not gain legs, as it were, when it is built upon what you think of as the false grid that has been so entrenched in the human condition for so long.

That is why you see these creations, whether they are economic systems or war machines or gender inequality, why they cannot sustain themselves because they are not anchored in the fuel of the universe and in the essence of you, sweet angels. They are not anchored in love and they certainly do not come with an aura of joy.

Now the creator, whether it is a Hitler or an Idi Amin, may think that they feel a moment of joy...which is truly simply the rush of power and the abuse of power...that is not divine, that is of the lowest human vibratory rate.

And when that type of creation takes place, it brings, not only the individual but the collective down, it lowers the collective frequency and that is why that type of creation, in fact, fades away because it is not sustainable. (“Sanat Kumara: Creation, Universal Law, and the Divine Qualities ,” Dec. 3, 2017, at On the Importance of the Universal Laws at <https://goldenageofgaia.com/wp-content/uploads/2021/07/On-the-Importance-of-the-Universal-Laws.pdf>.)

SK: So, ... using the creation formula which I will review quickly ... what makes a creation sustainable and one that you can actually build Nova Earth upon? And this brings us to the Divine Qualities, to the Blessings & Virtues. And yes, sweet angels, there is a tie-in...not a rigidity, and that is important also for you to comprehend...there is a tie-in between your Divine Qualities, *the* Divine Qualities, and the creation and the utilization of Universal Law. (“Sanat Kumara: Creation, Universal Law, and the Divine Qualities ,” Dec. 3, 2017, at On the Importance of the Universal Laws at <https://goldenageofgaia.com/wp-content/uploads/2021/07/On-the-Importance-of-the-Universal-Laws.pdf>.)