The Ring of Fire: A Planetary Heart Opening for Gaia



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Table of Contents

Introduction	3
On the Ring of Fire or Planetary Heart Opening	5
The Mother Promises a Massive Heart Opening - Part 1/2	6
The Mother Promises a Massive Heart Opening - Part 2/2	11
Ascension is a Series of Heart Openings	15
The Grand Finale of This Stage	21
The Ring of Fire Speaks	26
What has been Said about the Solar Flash or Ring of Fire? - Part 1/2	29
What has been Said about the Solar Flash or Ring of Fire? - Part 2/2	33
The Latest on the Ring of Fire - $1/2$	37
The Latest on the Ring of Fire - $2/2$	40
How will the Ring of Fire Affect the Dark Ones?	43
Sri Shankara: Everywhere You Look Will be a Monsoon of Love	46
On Heart Openings	48
Archangel Michael on Heart Openings	49
On Heart Openings: Fulfilling a Promise	54
Submerged in Love	58
Bright Star: An Account of a Heart Opening	62
Through the Open Door of the Heart - Part 1/3	65
Through the Open Door of the Heart - Part 2/3	68
Through the Open Door of the Heart – Part 3/3	71
Activating the Wellspring – Part 2/2	74
The Treasure Within	78
The Real Reval	81

Introduction



Back in August of 2017, the Divine Mother announced that she was planning and bringing about a heart opening for the entire planet.

Subsequently Blossom Goodchild's Federation of Light and other sources began talking about "the Event" being very near.

If it is indeed near, then we need to talk about it so that you're prepared for the event because it can be disorienting and even uncomfortable while it's happening.

You, like Bright Star, may feel you're having a heart attack.

When I had mine, fortunately I knew it must come from the Mother and so I relaxed into it. It felt like a 15-inch gun on a battleship had exploded.

When it was over, my heart was opened and I felt a new kind of love. I called it transformative love because it transformed the circumstances rather than being transformed by them.

"Is this what they're talking about?" I immediately said.

I had stumbled onto Paradise. And indeed I had because the higher dimensions are in fact what we think of as Paradise and as long as I was in this deep and reverent form of love, I was in a higher dimension. (1)

And that's what awaits us. No, I'm not saying what a good boy am I by speaking out about heart openings. I'm trying to furnish you with as many views of the same thing as I can to help you keep your bearings when the event unfolds for you.

So have fun reading about what's next for us as a planet. I am immensely looking forward to enjoying a second heart opening myself. This is one film that you'd go back to see again and again and again.

Footnotes

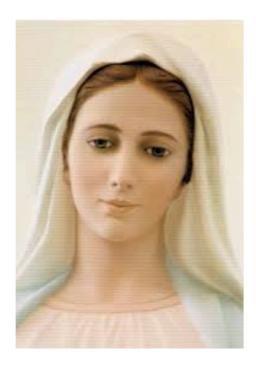
(1) One source I asked about it said Fifth; another said Seventh.

On the Ring of Fire or Planetary Heart Opening

The Mother Promises a Massive Heart Opening - Part 1/2

April 25, 2018

https://goldenageofgaia.com/2018/04/25/the-mother-promises-a-massive-heartopening-part-1-2/



The Divine Mother incarnated as Mary, Mother of Jesus

During Heart Opening Week, I'll be posting a number of articles on individual or planetary heart openings.

In this one, the Divine Mother issues her announcement, reposted from Sept. 6, 2017.

The Divine Mother's plan for a "massive heart opening," that she revealed on *An Hour with an Angel* on Aug. 17, 2017, (1) is not a trivial event.

She said she wanted the news broadcast far and wide: "Share the good news. That is why I have come – to literally broadcast this to all of Gaia and Gaians." I promised the Mother that I'd write on it.

It's the best news to hit this planet since our distant past.

It's not THE "Event" (Ascension). There will be a series of events in all fields (ascension, abundance, disclosure, etc.), not simply one.

It must be that way because too much happening in the outside world risks panicking people. And too much happening in the inside world creates anxiety and worry (and visits to doctors, tests, etc.). Ascension is gradual with a few peaks, like this massive heart opening.

If it's anything like the one I had in March of 2015, there'll be no hiding it, especially since it'll be followed (perhaps not at the same moment, but shortly thereafter) by a torrent of love that'll sweep us clean.

The transformative love we'll be left in - the real, true, or divine love - is like a big campfire that everyone loves to gather around.

I'll post an excerpt from the interview as <u>Part 2</u> of this article, below. But let me extract from it here.

Here, in the middle of her discussion of how hard conditions are in the world, she announced:

"I come this day to say that I am increasing the frequency of my Tsunami of Love. Yes, it has been intense. But this is a period of fulfillment. And, sweet angels of light, fulfillment is intense! Your hearts, your love, your ecstasy, your minds, your physical bodies. You feel – because you are sensitives – that you in many ways are exploding. Do not try, do not even think or consider tamping it down" (1)

When she used some of these words, my ears pricked up. (She probably used them on purpose.)

"Your hearts ... you feel ... are exploding." Yes, that was exactly what happened to me, as I described many times. The energy crept up my leg and when it reached the fourth chakra, my heart (not my heart chakra) exploded.

Well, you can bet your boots I'm waiting to ask her to confirm and expand on what she just said.

But the chance didn't come! She was saying her farewells and just leaving the matter like that (or she's pulling my strings backstage or we're all the Mother anyways)!!!

There followed what was for me a remarkable exchange. You have to realize that, in my mind and heart, I'm talking to the Mother of all Creation.

Steve: Mother, wait a minute. Don't depart please, just yet.

Divine Mother: All right.

SB: May I please ask you a question?

DM: Yes.

SB: Have you described a heart opening and, if you have described a heart opening, is that what's in store for us during this time of the Emerald Gateway – specifically the solar eclipse?

DM: You have it backwards, son.

SB: Thank you, Mother. Please correct me.

DM: You all love your signs and you pray and you beg and you plead for signs. And you are most certainly being given tangible signs. Now let me suggest to you, as your Mother, that the solar eclipse, all of these gateways – which I am very fond of, by the way – are reflections. A solar eclipse does not create a heart opening. It is a symbol of the heart opening. So the heart opening is already underway. (2)

So she *is* describing a heart opening and it's already underway. The Solar Eclipse was a symbol and reflection of it. But the eclipse did not create it. (3)

She gives us a second confirmation:

"So is there a massive heart opening occurring on this planet? And can you point, as you have for millions of years, to the moon and the stars and say, 'Now this is a sign'? I say, yes!" (4)

This being the case, I suggest that the whole planet is in for a treat such as few people have ever imagined. And to be doing it all together is ... well, just what we wanted in 2012. It's beyond beyond.

I'd want to enter into such a life-changing event in a state of surrender and gratitude. It may prove to be a temporary occurrence, whereas the final Ascension event (Sahaja) will be a permanent heart opening. But no one, I predict, will want a refund on that grounds. The experience is ennobling.

For as long as it lasts, we'll be in a state wherein the world will work for everyone. Anyone in divine love has no ill thoughts or intents. Divine love sweeps them aside. The world will simply, naturally work.

I'm not surprised to see this happening around the same time the Reval is touted as happening (although we've endured countless false alarms).

If the whole world were in divine love and lightworkers had access to prosperity, oh my, heavens, righting the balance on Earth would be quick and easy.

Consider yourself put on notice: A Tsunami of Love is coming to the planet, in the face of which your heart will feel like exploding. Mine did.

All it does is remove the obstacle, the mass of beliefs and decisions, from your heart to allow the love to flow freely.

Know that any spiritual experience of this type comes from the Divine Mother and just surrender to it.

This event constitutes the first stage of enlightenment in classical enlightenment studies ("spiritual awakening" in Hinduism and "stream-entering" in Buddhism). It's to be followed by even higher enlightenments, culminating in our Ascension.

Jai Ma! Victory to the Divine Mother. It's awe-inspiring to watch her at work.

Footnotes

(1) The Divine Mother in "Transcript ~ A Mass Heart Opening on This Planet," Aug. 21, 2017, at <u>http://goldenageofgaia.com/2017/08/21/transcript-a-massive-heart-opening-on-this-planet/</u>.

(2) Loc. cit.

(3) The Mother says she does not need to use astrological alignments, although she may decide to delight us by using them. They reflect, but they do not create. (I wonder what symbolism 9/11 will be used for this year?)

(4) The Divine Mother in "Transcript ~ A Mass Heart Opening on This Planet," ibid.

The Mother Promises a Massive Heart Opening - Part 2/2

April 25, 2018

http://goldenageofgaia.com/2017/08/21/transcript-a-massive-heart-opening-onthis-planet/



The Divine Mother issues her announcement, reposted from Sept. 6, 2017. (Concluded from Part 1, above.)

(From The Divine Mother in "Transcript ~ A Mass Heart Opening on This Planet," Aug. 21, 2017, channeled through Linda Dillon, at <u>http://goldenageofgaia.com/</u> 2017/08/21/transcript-a-massive-heart-opening-on-this-planet/.)

Divine Mother: I come this day to say that I am increasing the frequency of my Tsunami of Love. Yes, it has been intense. But this is a period of fulfillment. And, sweet angels of light, fulfillment is intense! *Your hearts, your love, your ecstasy, your minds, your physical bodies. You feel – because you are sensitives – that you in many ways are exploding. Do not try. Do not even think or consider tamping it down. ...*

Go with my love.

Steve Beckow: Mother, wait a minute. Do not depart please, just yet.

DM: All right.

SB: May I please ask you a question?

DM: Yes.

SB: Have you described a heart opening and, if you have described a heart opening, is that what's in store for us during this time of the Emerald Gateway – specifically the solar eclipse?

DM: You have it backwards, son.

SB: Thank you, Mother. Please correct me.

DM: You all love your signs and you pray and you beg and you plead for signs. And you are most certainly being given tangible signs. Now let me suggest to you, as your Mother, that the solar eclipse, all of these gateways – which I am very fond of, by the way – are reflections. A solar eclipse does not create a heart opening. It is a symbol of the heart opening. So the heart opening is already underway.

So many think of this time of summer as a quiet, lazy, "breathe in, breathe out" time. And you are correct, and because you are doing that we can effect greater change more rapidly. We can ignite not only your heart opening, but your free will – the truth of your free will – which most of you are only exercising in a very small percentage. And those who are creating mayhem, they are not in alignment with Divine Free Will. They are simply nurturing their own petty interests. I speak frankly because it is a time for truth speaking.

So is there a massive heart opening occurring on this planet? And can you point, as you have for millions of years, to the moon and the stars and say, "Now this is a sign"? I say, yes!

SB: But Mother, you use the word exploding. That is why I am commenting. Because, of course, the heart opening that I had March 2015, was explosive. And so...

DM: It is explosive. It is implosive.

SB: Yes. Should I be writing on what to expect? That your heart could feel like it is exploding.

DM: Yes.

SB: Yes. Ok, thank you.

DM: Now let me tell you...you have asked me to remain and so I will say more! (Laughter)

SB: Oh, please. And we will give Michael some time too. [We extended the program.]

DM: That is why I have begun by saying you may feel physically – because this is a physical embodiment ascension – you may feel as if you are exploding. You may wonder, "Should I call 911?" Now if you feel this, then go ahead and do so because it will reassure you that what I say to you – it is going to feel, and some of you are already feeling this – that you can't contain it. That your very skin is imploding and exploding and that your heart and the conscious knowing of love is so big that you just don't know what to do with that.

So, this is my guidance. Accept, surrender and breathe. That is what you do with it. And as your body attunes and adjusts, in a full, calm, organized way, jump into action. Do not feel that this is not possible or "I don't know how this would ever work." Now will you, in your opinion, make some missteps? But understand, in the new realm, there is no such thing as mistakes. And, understand, there is no guilt, no shame, no blame. Those are what have controlled you for so long. And it is like vapors in the air.

Ask the channel about the scent in the air. The very air of earth is filled with my essence. And you are going forward and I am flooding you. And when I say that I speak on behalf of all – that is all, in my terms. So, will you feel like you are exploding? The answer is yes.

SB: Well, but now you have introduced a second element to it, Mother [the mention of "flooding you"]. And, I have to ask you about that as well. After the explosion I had March 2015 I felt a torrent [flood] of love. It swept away everything. It was your Tsunami of Love, was it not?

DM: Yes.

SB: And, will others be experiencing this torrent of love as well?

DM: Most certainly.

SB: Ok, well, thank you! Oh boy! Then I need to discuss this with readers, because we need to prepare for this, so to speak.

DM: Think of it in this way – and that is why I have begun by my indication that I know that some of you, sweet angels, you are my forward thrust. Yes, you experience forward thrust, but you are my forward thrust. And you have felt, at times, completely disassembled and discombobulated. And at other times you have felt disheartened and you say, "Well, nothing is happening. I might as well just go get a job at the Five and Dime". Allow yourself to receive. Now, many may feel, in the collective, that they have not welcomed this. And that is why they will turn to you. And they will say many things like, "I feel like I can't breathe. Maybe this is the end of the world. I don't know what is happening. I think I am sick." And you will say no and lovingly support them and share the dream, which is the new reality. This is the time.

Share the good news. That is why I have come – to literally broadcast this to all of Gaia and Gaians. And I tell you, the trees and the stones are listening to me and they know. And, they are ready and they are supporting you. The entire planet, solar system, universe, multiverse is supporting you. You are not alone, in either the literal, practical or esoteric sense. We are with you.

Ascension is a Series of Heart Openings

Aug. 23, 2023

https://goldenageofgaia.com/2023/08/23/ascension-is-a-series-of-heart-openings/



The heart is a portal to the higher dimensions

Often we think of Ascension as one event, whereas the Company of Heaven encourages us to think of it as a series, as Michael explains here:

> Archangel Michael: Often we have said to thee, in reference to what many have termed "the Event" [Ring of Fire] that [Ascension] would be a series of events and these events, whether they have been acknowledged or recognized doesn't matter, have been occurring over the past several years. (1)

The ultimate event in this series is a full and permanent heart opening, which our terrestrial sage, Ramana Maharshi, describes here:

"[The] Heart is the seat of Jnanam [enlightening wisdom] as well as of the granthi [the knot of ignorance]. It is represented in the physical body by a

hole smaller than the smallest pin-point, which is always shut [the closed hridayam or heart aperture].

"When the mind drops down in Kevalya Nirvikalpa [samadhi or Brahmajnana, 7th chakra enlightnement], it opens but shuts again after it. When Sahaja [Nirvikalpa Samadhi] is attained, it opens for good. (2)

It opens for good and it turns out to be a portal into the higher dimensions. When and how high we go after our heart door opens depends on several factors, the most important of which is the judgment of what the Divine Mother calls our board of directors. She discusses them in footnote 3.

I asked the Mother to confirm that Sahaja was Ascension, which she did:

Steve: Mother, I'm trying to understand what level of enlightenment Ascension corresponds to and I think it's beyond the normal seventhchakra enlightenment. I think it is what is called — and I'll make this clear to readers — Sahaja [Nirvikalpa] Samadhi. Am I correct?

Divine Mother: Yes, it is beyond what you think of [as being] with your seven chakras. ... We have emerged from the Third-Dimensional realm, which is that reference point for the [seven] chakra system, into the new. So yes, you are correct, in this question and in this statement.

S: It's wonderful to have that confirmed. Thank you very much, Mother.

DM: It is wonderful for us as well, you know! (4)

I never thought of that.

Meanwhile, what we experience, predominantly, is simply more and more and more love arising, which will sweep away the experience of separative consciousness, as the Divine Mother confirms in this next passage:

Steve: [I had a vision] and it seemed to show me that the way to unitive consciousness was that love would arise and sweep away separative consciousness. Unitive consciousness was always already there. It was just overburdened with separative consciousness. Am I correct in that?

Divine Mother: Yes, you are. That is the way. Love will sweep you and the planet [away], and in many ways, dear heart, that is Ascension. Because what it also does is implode greater consciousness. You do not live in the old realm.

Is there more? Yes. But, yes, that is the way that you move forward. It is the way that you experience.

And it does sweep you away. That is what I mean by the surrender and the bliss. And make no mistake about it, you do leave your body. *And* you inhabit your body [at the same time].

You explode and you feel all the energies of the universe. And then, because you are becoming attuned to that feeling, that ecstasy, it steps down, and then you anchor it within your expanded field.

But each time you do the connection, it expands you more and more and more, and your capacity to love, to create, to do, to be, to connect, more and more and more, until there is no memory, no experience, of separation. It was an illusion. It is a false grid. And it has been the shackles. But it is not real. So, yes. (5)

The only thing I knew about heart openings before I had one was that they happened at the Fourth Chakra. Suddenly the vista opens up, causing Michael to explain to me:

AAM: You are in a time of individual and collective Ascension that has never occurred upon your planet or elsewhere. So many of the historic and accurate understandings with regard to heart openings have shifted, can we say, expanded. (6)

And:

AAM: Classical [enlightenment] theory has served you well. Now you are on a new course. (7)

If new, then uncharted.

Ultimately, we face a trackless land.

Without a foothold you must seek Him out - no face nor form, alone -(8)

Interimly, we, as an Ascension team, need to do our best to explain to the newlyawakened what is happening.

Footnotes

(1) Archangel Michael in a personal reading with Steve Beckow through Linda Dillon, May 27, 2016. (Hereafter AAM.)

(2) Ramana Maharshi in S.S. Cohen, *Guru Ramana*. *Memories and Notes*. 6th edition. Tiruvannamalai: Sri Ramanasramam, 1993, 96.

He adds:

"In kevala nirvikalpa samadhi [seventh chakra] one is not free from vasanas [core issues] and does not, therefore, attain mukti [liberation from the Third/Fourth Dimension]. Only after the samskaras [subtle mental impressions] have been destroyed [in Sahaja] can one attain salvation. ... Even though one practices kevala nirvikalpa samadhi for years together, if one has not rooted out the vasanas [core issues], he will not attain salvation." (Sri Ramana Maharshi in Ramananda Swarnagiri, *Crumbs from His Table*. http://www.ramana-maharshi.org. Downloaded 10 September 2005, n.p.)

"Sahaja is also Nirvikalpa [trance state with no movement in the mind]. You are probably meaning Kevala [sic] Nirvikalpa [seventh chakra], which is temporary, while the Samadhi lasts. The Sahaja Nirvikalpa is permanent and in it lies liberation from rebirths. (Ramana Maharshi in S.S. Cohen, *Guru Ramana, ibid.*, 88.

(3) Steve: Now, implicit in what you are saying, Mother, is something that hasn't been really talked about very much and that's the archangels or somebody else is managing our enlightenment experiences, timing, intensity... Am I correct in that?

Divine Mother: It is a Board of Directors rather than being, "managed by." That concept, the way that you have phrased it, dear heart, implies that you are being "managed." And that is not correct.

[Steve: It 'd be a violation of free will.]

Now also know, and it is delightful to speak about this ... the timing, the pacing (and when I say "pace," I mean the sequential unfoldment) of an Enlightenment process is such that of course you have a guardian and usually an archangel that is working with you so that it is humanly and can we say, soul or esoterically - via your universal self - managed.

So very often, the construct was that things were done for you or certain things were placed in front of you. Now I am not saying that there aren't great many things that are put in front of you and done for you continually.

But you are far more involved and engaged in your Enlightenment process in terms of literal, actual, physical, mental, emotional engagement than you have been previously.

This is a good point for a discussion and that is why we have talked this day of this chaos and this bouncing ball of untruth that is constantly in the air of human relationships right now.

But what is happening is that sometimes in terms of your, shall we call it "schedule?" that you are online for a certain upgrade or opening or level of becoming and the human being despite all the nudging and approaching and support tacitly or actually says, "I'm not ready" or "I'm not interested." (Divine Mother in a personal reading with Steve Beckow through Linda Dillon, Oct. 26, 2018.)

(4) "The Divine Mother: Come to Me as I Come to You – Part 1/2," Oct. 17, 2012, at <u>http://goldenageofgaia.com/2012/10/17/the-divine-mother-come-to-me-as-i-come-to-you-part-12/</u>.

(5) "The Divine Mother: You Are Experiencing Love in Ways that You Have Not Known Before," at <u>https://goldenageofgaia.com/2013/11/the-divine-mother-you-are-experiencing-love-in-ways-that-you-have-not-known-before/</u>.

(6) AAM, Aug. 3, 2015.

(7) AAM, Feb. 20, 2018.

(8) "St. John of the Cross: For All the Beauty There May Be (Repost)," July 15, 2021, at <u>https://goldenageofgaia.com/2021/07/15/st-john-of-the-cross-for-all-the-beauty-there-may-be-repost/</u>

The Grand Finale of This Stage

Aug. 11, 2023

https://goldenageofgaia.com/2023/08/11/347107/



Archangel Michael tells us:

Archangel Michael: You are in a time of individual and collective Ascension that has never occurred upon your planet or elsewhere. So many of the historic and accurate understandings with regard to heart openings have shifted, can we say, expanded. (1)

Michael mentions "heart openings" because Ascension is a full and permanent heart opening, as the Divine Mother confirms:

Steve: I'm trying to understand what level of enlightenment Ascension corresponds to. And I think it's beyond the normal seventh-chakra enlightenment. I think it is what is called — and I'll make this clear to readers — sahaja samadhi. Am I correct?

Divine Mother: Yes, it is beyond what you think of with your seven chakras. ... We have emerged from the Third-Dimensional realm, which is that reference point for the chakra system, into the new. So yes, you are correct, in this question and in this statement. (2)

And sahaja samadhi is, in fact, a permanent heart opening, as Sri Ramana tells us:

"[The] Heart is the seat of Jnanam [wisdom] as well as of the granthi (knot of ignorance). It is represented in the physical body by a hole smaller than the smallest pin-point [the hridayam], which is always shut. When the mind drops down in Kevalya Nirvikalpa [samadhi], it opens but shuts again after it. When sahaja [nirvikalpa samadhi] is attained it opens for good." (3)

So Ascension itself is beyond our current Third-Dimensional frame of reference. Since most of our enlightened sages are not ascended, but have only had seventhchakra enlightenment (Brahmajnana or God Realization), (4) our classical enlightenment theory can usually only take us so far. As Michael observed:

AAM: Classical [enlightenment] theory has served you well. Now you are on a new course. (5)

He added:

Steve: Is the realm that we're building and taking our physical bodies with us to altogether new?

AAM: Yes, it is brand new.

Steve: ... Brand new, and the rules have changed?

AAM: That is correct. (6)

Well, a planetary heart opening is a new course, to be sure. But that's only one thing about our Ascension that's new. (7) And that's what's in our immediate future.

For those who are ready to allow it, this heart opening, coming up, could be for them Ascension, according to St. Germaine through Sharon Stewart:

"Once the Event happens, all those who are already of higher frequency will ascend to 5D to live on this earth and to continue to change and to create it." (8)

The Federation of Light gives some idea of when this Ring of Fire/Wave of Love will occur. This information was new at the time, but has since been confirmed by the Earth Alliance.

WHEN EVERYTHING IS FULLY PREPARED AND IN KNOWING THAT THERE CAN BE NO 'DISGUISE' AT PLAY ...

When all subterfuge from governments has been revealed to the public. Through the EBS?

WHEN EVERYONE IS SAFELY IN THEIR HOME ...

When military movements bring about a public lockdown.

WHEN EVERYONE FEELS ALMOST AS IF THE WORLD HAS STOPPED TURNING ...

When things get so bad that everyone is looking for a source of hope and help.

WHEN EVERYONE IS READY

THE GREATEST SHOW ON EARTH ...

THE GREATEST MOVIE EVER ...

SHALL BE OPENED UNTO YOU AND NEVER AGAIN WILL ONE BE WAITING FOR SOMETHING TO HAPPEN ... FOR THE BALL TO GET ROLLING. (9) Why never again waiting? Jesus through John summarized the impact of the events of this time (which I think will include the GCR and Reval) on us:

Jesus: We are approaching the Grand Finale of this stage in your awakening process. It is not the Magnificent and most Wondrous Event of the Great Awakening in all its glory [Ascension], but it will be the most exciting and uplifting event that humanity has ever experienced....

Heart-centered consciousness is the state in which, as humans, you feel only love for all life, knowing that you are one with all life, and in which you love and accept yourselves in your human forms without any reservations whatever, knowing, as you most definitely will, that you are following your divinely guided path Home to Reality, and that all that occurs is part of the grand design you planned for yourselves before incarnating into form. (10) [My italics.]

I'd say that was an avatar's description of a heart opening! My description would just be: Wow! You should feel what I'm feeling!

There's much more to say about the planetary heart opening or Event, but let me do that in a separate article.

Footnotes

(1) Archangel Michael in a personal reading with Steve Beckow through Linda Dillon, Aug. 3, 2015. [Hereafter AAM.]

(2) "The Divine Mother: Come to Me as I Come to You – Part 1/2," Oct. 17, 2012, at <u>http://goldenageofgaia.com/2012/10/17/the-divine-mother-come-to-me-as-i-come-to-you-part-12/</u>. *Sahaja* means "natural." Sahaja nirvikalpa samadhi is thus our nature state, free of vasanas or core issues.

(3) Ramana Maharshi in Cohen, S.S., *Guru Ramana. Memories and Notes*. 6th edition. Tiruvannamalai: Sri Ramanasramam, 1993, 96.)

(4) Two notable exceptions are Sri Ramana Maharshi and Franklin Merrell-Wolff.

(5) AAM, Feb. 20, 2018.

(6) AAM, Sept. 21, 2015.

(7) It's a mass Ascension rather than an individual. It's an Ascension taking the physical body with us, rather than dropping it. It's into a newly-created region of space. It sees the creation of a new species, dubbed *homo universalis* rather than *homo sapiens*. It sees us become interdimensional.

(8) "Week 16 Questions | Saint Germain via Sharon Stewart," 6/29/2022, at <u>https://</u>voyagesoflight.blogspot.com/2022/06/week-16-questions-saint-germain-via.html.

(9) "The Federation of Light via Blossom Goodchild, Sept. 18, 2022," September 18, 2022, at <u>https://goldenageofgaia.com/2022/09/18/the-federation-of-light-via-blossom-goodchild-sept-18-2022/</u>.

(10) "Jesus Through John: Nothing can Forestall or Circumvent the Divine Will," May 1, 2021, at <u>https://goldenageofgaia.com/2021/05/01/jesus-through-john-nothing-can-forestall-or-circumvent-the-divine-will/</u>.

The Ring of Fire Speaks

Via Jennifer Crokaert

Oct. 18, 2023

https://eraoflight.com/2023/10/19/the-ring-of-fire-speaks/



Greetings. I present to you this day as the energy consciousness of the eclipse pattern you know as the 'Ring of Fire.' I am the portent, the sign and signifier of the energy of Christed consciousness; Ascension energy made manifest by your desire to achieve Ascension.

All who came here for this time and space moment brought within you the encoding of the 'Ring of Fire,' knowing it as a marker, a door way, a catalyst.

Those of you who have worked diligently to become aware of your shadow side ~ bringing light to the words, thoughts and actions that are programmed by fear instead of love ~ have already ascended through your personal 'Ring of Fire.' That you do not see it yet does not mean it has not yet happened.

You are the wayshowers who came here to create the bridge between Heaven and Earth, the rainbow light bridge of Ascension in Human form.

Each time you dipped into fear programming, you laid a brick on the energetic pathway of the Ascension bridge.

I appear to confirm to you, the way showers, the light holders, that this phase of your work is done. You have arrived at your destination. Enjoy the relief of a job well done. You are soon to experience the higher vibrational energies that you left eons ago in order to come here for this now moment, this act of service to Gaia, humanity and beyond. It has taken you countless lifetimes to set up this now moment, as you had to delve deep into the karma and density of Earth.

Then you turned around and began to move into integration and release, to create this moment of global and galactic release; yes, this seed point is of crucial importance within Every aspect of the All That Is.

'But,' you may whisper, 'I'm not perfect. There's a lot I have still to integrate.'

I am here to confirm for you, You are Perfect. Imperfection is an illusion. It is not about the perfection of your thoughts, words and actions; you are still influenced by the energies of others who have not yet completed their integration process.

It is about Perfection of Trust, Perfection of Commitment, it is about the willingness to turn up and look at the darkness within, to acknowledge the thoughts, words and actions where fear is stronger than love.

You are no longer afraid of your fears, for you know love is at the base of every thought, word and action. This is the perfection you volunteered to manifest.

In the period between these two eclipses, you will be prepared. You will see how all that seemed so deeply set in your lives \sim partners, children, home, job, friends, finances, talents, passions \sim is actually a reflection of the old energy. Anything that no longer serves you will be moved from your life. Every aspect of your life was an 'energetic marker,' external symbols reflecting the work you were called to see, accept and release.

That work, that chapter is now done. So much will change, evolve and disappear with grace and speed.

You would be surprised to know how intricately every aspect, every single detail of your life is managed in this process, by your Higher Self and the consciousness of All That Is. There is not one tiny aspect that is ignored. You are moving into a

period of great flow, of the manifestation of your highest dreams, of the expression of your heart's song in every moment.

This was a monumental undertaking. You will very soon get to enjoy the graces, the gifts \sim both subtle and physical \sim that have been held in trust for you, for this moment.

Breathe deeply of your inner peace. Treasure the knowingness (however small it might be) that you have done it; you have arrived at the finish line.

Now, the grand reveal takes place.

What has been Said about the Solar Flash or Ring of Fire? - Part 1/2

Sept. 17, 2022

https://goldenageofgaia.com/2022/09/17/what-has-been-said-about-the-solar-flash-orring-of-fire-part-1-2/



Many sources are discussing the event Beinsa Douno called the Ring of Fire and others have called the Great Solar Flash, the Event, the Wave of Love, and so on.

This is not Ascension. I'd compare it to a fourth-chakra heart opening, which Hindus call Spiritual Awakening and Buddhists call Stream Entering. It is definitely a taste of Ascension, just not full and not permanent. But it shows us where we're going as a planet. (1)

With that, here are our Company of Heaven sources discussing the upcoming Ring of Fire.

Can you tell us something about the Great Solar Flash, called by so many names?

Helios, or Sol, the soul embodied in our Sun: The Great Solar Flash is on many minds. I see your own inner suns and your own abilities to intercept and process and ground these codes streaming from me as equally important. But yes, it is coming. I see you [in] the prelude to this moment. For all moments are sacred. The Great Solar Flash will be sacred. This moment you share your Source light is sacred. It is all a massive sharing of light. It will be beautiful. (I am seeing rainbow lights and tremendous light, brighter than any white light, embrace the planet. I am seeing rainbow auras, around the people and the animals and the entire planet. I am hearing singing within my cells welcoming it in and yet it is very silent and deep, like creation takes a breath and it is a deep pause of light.)" (1)

Blossom Goodchild: Which 'Event' you may so rightly ask? The BIGGY! The One that may' involve a Solar Flash and a HUGE WAVE OF LOVE engulfing the entire Planet and raising the Vibration immensely. You know ... that one!

Federation of Light: This is correct. The actual 'flash' itself as it leaves the Sun ... will trigger a few of them ... would we say ... the main circuits /switchboards ... which in turn will Energetically connect with all the others, for they are all ... ready ... in place. All ready and interconnected through their routes.

B: Yet, what is their role? What happens when this happens?

FoL: They are of much Power ... beyond your comprehension, or anyone of Earth. When 'ignited', when 'activated' ... and 'at play/in play' ... their ENERGY will enable a huge Magnetic, Energetic, Electrical Wave ... of both Sound and Movement.

B: Dare I ask about the 'movement' part?

FoL: Taking your beloved Planet through to a Higher Dimension.

B: That's what I thought you were going to say.

FoL: This can only take place when ALL IS IN PLACE.

So, although we say the 'structures' are 'set' ... they are not programmed for any particular date. They are programmed when all is in alignment.

B: So then, 'The Event' will only happen, i.e., the solar flash ... whatever the whole shebang entails ... when everything is in place, also?

FoL: Yes. We cannot begin to explain the enormity of this. It is imperative for Earthly strategies to be in place ... along with certain Planetary/Star alignments ... in order for EVERYTHING to come together in THIS DIVINE PLAN. In order for the END OF THE DARKNESS and the BEGINNING OF THE LIGHT WORLD to flow into position. As you can imagine, Blossom ... the complexity of this Plan is far from a 'walk in the park.' (2)

When will we experience the change?

White Cloud: You will experience the change ... after more upheaval, I am sad to say, but it has to reach a point where it can no longer continue. (3)

What will it be like?

White Cloud: When [the] time comes, that wave of love, that energy of love will sweep over, through, within your planet.

You know this because it was shown to you before you came and you agreed that you would put up with all you are putting up with now in the knowing that this wave of love, this Event if you like, will take place.

And when it does the change in vibration upon your planet and within [you] will feel so different from the way you are feeling now. ...

Bring your world into the Light and rid it of the darkness for it is the Divine Plan that you do so. (4)

Mike Quinsey's Higher Self: We can see the possibility of a sudden change coming that will be responsible for removing the threat of a global war. From that time onwards the dark Ones will lose their grip on things and be unable to regain their dominance over you. (5)

Federation of Light: It will carry an Energy of such upliftment to the soul. There shall be rejoicing. (6)

(Concluded in Part 2, tomorrow.)

Footnotes

(1) "Helios: Have You Felt the Shift?" Sept. 12, 2022, at <u>https://eraoflight.com/</u> 2022/09/13/helios-have-you-felt-the-shift/.

(2) "The Federation of Light through Blossom Goodchild for March 21, 2021," March 20, 2021, at <u>https://goldenageofgaia.com/2021/03/20/the-federation-of-light-through-blossom-goodchild-for-march-21-2021/</u>.

(3) "White Cloud through Blossom Goodchild, July 2021," July 3, 2021, at <u>https://goldenageofgaia.com/2021/07/03/beinsa-douno-the-wave-of-divine-fire-2/</u>

(4) "Blossom and White Cloud Update, July 2021," at <u>https://hooktube.com/</u><u>nyu22jtt-2s</u>.

(5) Mike Quinsey's Higher Self Message, Sept. 9, 2022, email.

(6) The Federation of Light through Blossom Goodchild," April 27, 2022, at <u>https://goldenageofgaia.com/2022/08/27/the-federation-of-light-via-blossom-goodchild-aug-27-2022/</u>.

What has been Said about the Solar Flash or Ring of Fire? - Part 2/2

Sept. 18, 2022

https://goldenageofgaia.com/2022/09/18/what-has-been-said-about-the-solar-flashor-ring-of-fire-part-2-2/



(Concluded from Part 1, yesterday.)

What is its significance?

The Collective and Lady Portia: It is that impetus and series of events, both astrological and Earth-based, that are needed in order to bring your planet back into the Light, and it is a spectacular moment, to say the least.

That moment in your history comprises that which is required to release humanity and Earth from the density of duality, including the closing of its portals to the lower realms, while higher dimensional portals open in multitudinous locations.

This development opens the way to an increased allowing of assistance from the higher realms, as this Universe now enters the Sat Yuga, an extensive Universal era of Peace and Abundance.

As a result, the Light being consciously sent to Earth now by your Sun Sol [or Helios] has ushered in a whole different set of frequencies, and laid a whole new pathway for Earth beings' evolvement.

These new, far higher vibrations no longer permit dense behavior on the part of individuals, groups, or power structures to run amok as they once did on your planet for thousands of years.

Keep in mind that until Earth and humanity crossed the line into acceptance of the Sat Yuga, and until the soul of Gaia Herself called out for assistance, lest She be lost entirely, there could be no interference that would readjust the trajectory of the planet and Her people's chosen path.

You are a free will planet, and so your decision is respected.

Have we intervened before now—to ensure NESARA Law's creation and passage into law, for one, and to prevent complete destruction, such as a global nuclear holocaust, for another?

And have many of us come forth in human form, to assist on the ground, carrying a Divine directive and anchoring powerful Light codes?

Most assuredly! And we shall continue to intervene, as you call us forth, and realize your own Divinity and Creative powers.

Yet we do not take on the role of gods or rulers, as others have.

No. Not even to "rescue" you as you feel we ought.

The notion that you are victims requiring rescue is a form of disempowered thinking that your former rulers (now on their way to meet true Justice) instilled in your thought processes long ago.

And so that idea seems natural and normal to you, yet it is not.

You are right now reclaiming your sovereignty, dear ones! We cannot "hand" that to you, nor do we need to. ("The Collective and Lady Master Portia: Divine Justice," July 9, 2022, at <u>https://goldenageofgaia.com/2022/07/09/the-collective-and-lady-master-portia/</u>.)

How can we get in touch with how it'll be like?

Federation of light: FEEL in your Hearts this Plan.

FEEL the time when this WAVE OF LOVE sweeps over your Planet through your Beings and changes the way things are, forever. ...

We spoke of the Monoliths, the Ley Lines, the Grid, the Crystals, the Magnetic Fields, the Portals, the opening up of your envelopes ...

Let us speak now of how you all work within this Plan.

As you imagine all these things communicating with each other, and triggering the next 'movement' ...

IMAGINE TOO ... THE MATRIX OF LOVE LIGHT, AS IF LIKE ELECTRICITY ... CONNECTING FROM YOUR BEINGS TO ONE ANOTHER. ...

Some feel too, that if/when this Wave of Love comes, then it will wake many souls up, and therefore, there will not be the need for those more awakened to assist (I may have covered this last time)

Believe us, Blossom, when we say ... THERE WILL BE EVERY NEED.

For FEELING and KNOWING LOVE from this Wave, does not mean that one suddenly understands everything that is/has/will take place.

Yes, very much so, there will be a change in one's Energy and one's very Soul Being. Yet, there will be so much 'fall out' from all that has taken place. All that has been indoctrinated and programmed ...

Many will find EVERYTHING so hard to comprehend ...

There will be so much work to do.

Yet ... Imagine this ... there will be no resistance.

There will be no 'power of lesser Light' telling untruths and dragging one into the mire.

Will there be a divide?

For a time ... until the TRUTH spreads.

This Truth will be so much more accessible to Each Soul, for the Wave will touch the Heart and Soul in such a way that TRUTH can only be recognized.

There will be many who 'repent'.

Sounds a bit biblical. Yet, there are many, many, who feel that this Event is of Biblical nature.

Blossom ... the nature of this EVENT is of the utmost LOVE.

Where one heard it ... or read about it ... may differ in degrees ... and perhaps in lifetimes one has led ...

Yet, THIS LIFETIME ... THIS NOW ... IS THE HAPPENING OF IT.

IMAGINE THIS.

KNOW THIS TRUTH. (The Federation of Light through Blossom Goodchild, Aug. 3, 2021," August 2, 2021, at <u>https://goldenageofgaia.com/2021/08/02/the-federation-of-light-through-blossom-goodchild-aug-3-2021/</u>.)

The Latest on the Ring of Fire - 1/2

Oct. 14, 2022

https://goldenageofgaia.com/2022/10/14/339049/



Matthew Ward has just (Oct. 3, 2022) described the same "Ring of Fire" scenario that other channeled sources have, which always increases my confidence.

Matthew said:

"We are overjoyed to tell you that what *is* coming soon is an inpouring of love-light energy of a magnitude that is without precedence in this universe." (1)

In addition to what was written last year, (2) let's review some of what has been said more recently about this predicted event, with one or two earlier comments to fill out the account.

I feel another surge of confidence when I hear Jesus through John discussing the event, as he did last summer:

"Humans everywhere are about to have a collective awakening into full conscious awareness of each of their own individual and most beautiful creative states of brilliance as One with Source, eternally in that Presence." (3)

Who could ask for anything more? The Federation of Light explained that:

"It will carry an Energy of such upliftment to the soul. There shall be rejoicing. "(4)

The Federation cannot give us a firm date, they said, because it's all part of a very complex operation (remember the explanation of the monoliths and the electrical grid associated with them that would fire at the right moment?). (5) All must be in place for it to happen. It's far from a walk in the park, they say.

White Cloud tells us it will happen after more upheaval - perhaps like what is happening right now, a month away from the November 2022 elections?

White Cloud: You will experience the change. You will experience it, after more upheaval, I am sad to say, but it has to reach a point where it can no longer continue.

And, when that time comes, that wave of love, that energy of love will sweep over, through, within your planet. You know this because it was shown to you before you came and you agreed that you would put up with all you are putting up with now in the knowing that this wave of love, this Event if you like, will take place.

And when it does the change in vibration upon your planet and within [you] will feel so different from the way you are feeling now. (6)

But what about all the dislocation and confusion that might reign among those who don't know what's happening?

(Concluded below, in Part 2.)

Footnotes

(1) "Matthew's Message via Suzy Ward, Oct. 3, 2022," at <u>https://goldenageofgaia.com/2022/10/03/matthews-message-via-suzy-ward-oct-3-2022/</u>

(2) See *Ring of Fire*, *Wave of Love* at <u>https://goldenageofgaia.com/wp-content/</u><u>uploads/2022/09/Ring-of-Fire-Wave-of-Love-R7.pdf</u>

(3) "Jesus Through John: You are Doing what you Incarnated to do, You are Being," August 11, 2022, at <u>https://goldenageofgaia.com/2022/08/11/jesus-through-john-you-are-doing-what-you-incarnated-to-do-you-are-being/</u>.

(4) The Federation of Light through Blossom Goodchild," April 27, 2022, at <u>https://goldenageofgaia.com/2022/08/27/the-federation-of-light-via-blossom-goodchild-aug-27-2022/</u>.

(5) See "Monoliths Gaining Attention," December 7, 2020, at <u>https://goldenageofgaia.com/2020/12/07/315471/</u>.

(6) "White Cloud through Blossom Goodchild for July 2021," July 3, 2021, at <u>https://goldenageofgaia.com/2021/07/03/beinsa-douno-the-wave-of-divine-fire-2/</u>

The Latest on the Ring of Fire - 2/2

Oct. 14, 2022

https://goldenageofgaia.com/2022/10/14/339050/



(Concluded from Part 1, above.)

Archangel Michael said we may feel a sense of confusion as part of the Ring of Fire, Wave of Love.

AAM: Understand that that sense of, not displacement, but not knowing where you are is part of the heart opening. And that will help many.

Because it is so big! And it has never been the idea to limit the potential, not the potential of the brain, not the potential of the heart and not the potential of the heart intelligence.

But the collective, by and large, has been operating primarily working with what you think of as the mental intelligence. And even in the mental intelligence, even for those who are what you think of as genius levels, there always seems to be a defined enclosure within which that mental intelligence is operating, even though that isn't true, by the way. And that is part of the expansion as well.

And so the sense of working with the heart, the heart knowing, the heart intelligence, the heart guidance, the heart awareness is so spacious, as you know! (1)

We already know from *Ring of Fire* that the Company of Heaven would like us lightworkers to play a definite role in assisting the newly-awakened to make their transition. That's what the GAoG Basic Library has been written for. (2) Please use it freely.

Finally, what will be the effect of the Wave of Love on people of dark persuasion? Blossom asks:

Blossom: Will the dark ones still be able to function after this Wave of Love has taken place?

Federation of Light: No. ... That which is coming, Blossom, that which 'This Event' will bring with it, is of such Light. Such Energy change ... for/of ... ALL THAT IS. Both on and off Planet. This is why we have said 'All eyes are on your Planet' as it is part of the upliftment of everything ... for everything is connected.

This LOVE LIGHT that is to sweep over, through and within, is of a magnitude that has not yet been experienced in such a way. ... The souls of many of such Beings will leave immediately via 'disintegration'. ... Yes, Blossom, it shall be as if their physical Being literally crumbles and disintegrates.

B: For real?

FoL: Yes, for real Blossom. For the Energy that is carried within the entire body and soul of such 'naughty folk' is so 'dis-eased' that the Wave of Love ... the Strength within it ... will cause such Beings to crumble, for it cannot possibly survive within the Vibrational Frequency that the Wave brings. ... We understand that it all may sound farfetched ... for your programming has been so 'normalised' and all thought of such happenings leads you to believe such things are only make-believe. (3)

It's hard to imagine a burst of energy on such a scale and equally hard to imagine its impact on the dark ones.

Sometimes one channel announces an event and no one else does. But on the Ring of Fire, Wave of Love, there is commentary from numerous sources, which I find reassuring.

Michael has said our Ascension is not one event, but a series of them. The Ring of Fire seems to be the next one we'll encounter and a very big one at that.

Footnotes

(1) Archangel Michael in a personal reading with Steve Beckow through Linda Dillon, June 12, 2019. Not included in *Ring of Fire*.

(2) Available from <u>https://goldenageofgaia.com/2021/07/06/downloads-page/</u>, free of charge.

(3) "The Federation of Light through Blossom Goodchild, July 25, 2021," July 24, 2021, at <u>https://goldenageofgaia.com/2021/07/24/the-federation-of-light-through-blossom-goodchild-july-25-2021blossom-goodchild/</u>.

How will the Ring of Fire Affect the Dark Ones?

October 27, 2023

https://goldenageofgaia.com/?p=349002



We're all of us wondering how this movie of rising global tensions ends. And there are various accounts, some saying, no, we're not at the end of darkness yet and others saying ... well, let me allow the Federation of Light and Beinsa Douno to state that other side.

They hold that the dark Ones will not be able to survive the Ring of Fire....

[&]quot;The Federation of Light through Blossom Goodchild, July 25, 2021," July 24, 2021, at <u>https://goldenageofgaia.com/2021/07/24/the-federation-of-light-through-blossom-goodchild-july-25-2021blossom-goodchild/</u>.

Blossom: Will the dark ones still be able to function after this Wave of Love has taken place?

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This LOVE LIGHT that is to sweep over, through and within, is of a magnitude that has not yet been experienced in such a way. ... The souls of many of such Beings will leave immediately via 'disintegration'. ...

Yes, Blossom, it shall be as if their physical Being literally crumbles and disintegrates.

B: For real?

FoL: Yes, for real Blossom. For the Energy that is carried within the entire body and soul of such 'naughty folk' is so 'dis-eased' that the Wave of Love ... the Strength within it ... will cause such Beings to crumble, for it cannot possibly survive within the Vibrational Frequency that the Wave brings. ... We understand that it all may sound farfetched ... for your programming has been so 'normalised' and all thought of such happenings leads you to believe such things are only makebelieve.

"Beinsa Douno: The Wave of Divine Fire," July 3, 2021, at https:// goldenageofgaia.com/2021/07/03/beinsa-douno-the-wave-of-divine-fire-2/ From "Eradication of the Old," The Wellspring of Good, at <u>https://</u> www.beinsadouno.org/en/node/1105, accessed 21 Feb. 2005. [No longer accessible.]

Yet for those who cannot bear [the vibrations], it will be a Fire which will either consume them or will cause them to pass through great suffering. This will prepare them to awaken and receive Love. ...

Everything old and impure will burn in it. After man passes through this Divine Fire, the Kingdom of God will come to Earth. I say: when the Fire of Love comes,

some people will become luminous; but others will burn, will pass through repentance.

This Wave of Fire will soon pass over the world and purify it.

Very sobering thoughts

Sri Shankara: Everywhere You Look Will be a Monsoon of Love

April 26, 2018



This article is an excerpt from a larger one in which Sri Shankara describes a heart opening, in much the same terms I'd use.

One day, when I checked my cellphone, it opened to a page in Safari with the following words from Shankara. They are probably the best description of a heart opening and the consequent entry into a state of transformative love that I've read. Reading it brought me into a state of love again, at that moment:

"What happens in this seeing, even as you look at your beloved master [Krishna in this case], at your godhead, the opening begins to occur in your heart. It is similar to being flooded. So when you are being flooded, you do not simply say, 'Oh, my goodness! My toe is wet!' You look around, and the whole room is flooded.

"So you may think of it as a monsoon of love. And everywhere you walk there will be love, and you will be able to see, because that is how powerful it will be. There will be no capacity for denial of this." (1) Yes, yes, yes. That's such an apt and vivid description of what I think of as a heart opening. The opening begins in the heart. All of a sudden, love flows mightily and the whole room is flooded. It's more than a river totally flooding its bank; it's a tsunami or monsoon, in that it floods everything - every nook and cranny. Love is everywhere and it pushes everything else - like anger and jealousy - aside, back, and away.

"This is how powerful it will be." Yes, it's powerful enough to transform the circumstances rather than being transformed (or suppressed) by them. It conquers all it meets in the sense that it does not flee from anyone or anything. We can however flee from it. In that circumstance, love will leave.

No there will be no possibility of denial. One cannot mistake being swept away in love. The idea of mistaking it is laughable when one knows the power of love, but a mystery when one doesn't.

Footnotes

(1) Sri Shankara: Everywhere You Look Will be a Monsoon of Love, June 26, 2013, at <u>http://goldenageofgaia.com/2013/06/26/sri-shankara-everywhere-you-look-will-be-a-monsoon-of-love/</u>.

On Heart Openings

Archangel Michael on Heart Openings

April 27, 2018

https://goldenageofgaia.com/2018/04/27/archangel-michael-on-heart-openings/



For Heart Opening Week.

In a personal reading I had with him on Nov. 5, 2016 through Linda Dillon, I asked Archangel Michael to discuss heart openings. The topic tends to be misunderstood.

In the course of the discussion, he tells us new things about the heart - that it has several apertures, not just the hridayam that Vedantists describe. That's entirely new to me.

He tells us that a heart opening is not determined by length of time meditating, but depth of meditation.

Thanks to Linda Dillon for our reading and to Dana for our transcript.

Steve Beckow: The precipitate, the big question that presents itself to me and I would hope to others - but I don't know about that - is how to open the heart. For me, when my heart opened some time ago, life completely changed. It was a total shift. I was, well, certainly in a higher state; I don't know if I was in a higher dimension.

And how can others open their hearts and how can it be discussed because people, when you talk about this they think "I'm close hearted. I'm not compassionate" and of course I'm not saying anything of the sort. So can you help me with that whole question? How does a person open their heart?

Archangel Michael: Yes, it is not a matter of being, in your current terminology, "close hearted." What it is heart opening and expansion into heart awareness, into the love. Let us make it very simple.

A heart opening is simply an expansion or a shift into the deeper, broader, higher connection with love. It is the connection, and the participation in that connection, to all.

Now, I wish - yes, I do wish - that I could give you the two-minute answer. Do A, B, C and D and you will be there. But it is not like that and one of the reasons...

And by the way you are in a higher state of consciousness, higher state of being in yes ... in a higher dimensionality as well. They are very interconnected, not completely aligned but interconnected.

But it doesn't matter because what happens is people become obsessed with both the mechanics, the layers (I am in the Fifth, I am in the Eighth...). It matters not.

Let us start with are you in, or out of, the love. Now what makes it a process and an undertaking, almost what you can think of as a sacred agreement for union, is the element of free will.

Human beings and many other species have this belief that they only exercise their free will when they do this or that, when they decide or choose this or that. But in fact, other than some autonomic pre-sets, every element of your existence brings free will into practice.

If you do not make the decision, the choice, the act of will, if you would, the choice to proceed and to be the love (and to use that almost as a constant litmus test) then there is a tendency to simply go on autopilot and unfortunately this is the case for much of the human race.

There is not the balance between the heart and soul, core existence desire for love and the mental emotional autopilot. We aren't even saying it is choice. It is simply as if you are driving on pre-set.

If you do not work, and by work I mean meditate, be still, receive as well as give the energies and welcome them and then work with them, implement the love, then that sense of expansion either becomes like a closed-door or a revolving door.

And sweet one, what you often have felt, is that it is been a revolving door that, "I'm in. I'm out. I'm in. I'm out." (1)

So, if we can use the word "heart," the apertures of the heart have many openings. And you have recently even discussed and talked about some of this. (2)

But very often what is happening is that again, it becomes a dimensionality wars. It becomes, "Am I using this portion of my aperture? Am I using that portion of my aperture?" And the point is, is that you are using all the activation points.

That is how you enter into the love and stay there. When you are in, and it can be, we can call it, meditation but we simply mean when you allow yourself to be in a state of beingness, of stillness, of oneness, that is the indicator - the flashing red light (or green light) to the entire universe that you are still, that you are ready to align, that your open to receive and become a transmitter, a vessel of nothing but love.

And you have had those moments of full awareness awakening where you have begun, (because it is a beginning, not even a middle) to touch that sense of the all. That is the easiest, most proficient way.

Now I say this and I can hear many of you say, "But I meditate for 20 minutes a day, I meditate for an hour a day. It is not determined necessarily by what humans think of as a time span.

It is going deeper and higher for some and on some days you are able to reach this state of quietude. Yes, the channel's term is "spaciousness." You are able to reach this rather rapidly whereas other days it may take hours. It may take days.

But if you remain in it, it will happen.

But what happens for so many, and can you imagine saying this to the Father/ Mother One, "Oh I have an appointment, I've got to get going, I don't have time for you. I don't have time to find the totality of why I'm here, the entire meaning of existence. I'll have to get back it to you on that."

So the decision that the autopilot of your life is more important than the love, the expectation that busywork is more important than connecting with all, defeats it.

So there has need to be a willingness, and dare I say, a discipline - a discipline practice of taking the time, the energy, the room to create with all your apertures that sense of connection.

Now you do not need to know, "Now I am connecting this... Now I am connecting that..." It is simply being and it is eliminating the mental chatter. How you know you've entered into that space is when the mental chatter ceases.

You say to me, "But, Michael, we all have our lives, our families, our duties to attend to." And I agree and I understand but where is the priorities of what you are doing with your life?

That is the eternal patience of the Mother.

When you create a ritual and a practice, not only to enter into the love but your real question is to stay in the love.

And you have experienced this, my friend, my brother. When you emerge from that place of silence where everything is, you carry that then into your life and everything you do and say and hence experience is in alignment with the love.

Your acts of will, your acts of creation, your participation in joy, your giving of joy, your receiving of joy. It is all coming from the place of the love.

So there has need to be as an act of will, the decision and the practice, (a decision without implementation is meaningless) to truly pursue and to commit to being in the sacred space of love.

There are many who say, "Well I never feel it. I haven't been there." And what I am saying is to get rid of the mental/emotional debris and come back and sit with us. You will know it.

Is this clear? I know it is an abbreviated conversation sweet one, but is it clear?

Steve: Well, I thought it was a very rich conversation, which I will pore over in transcript form. I'm looking forward to it immensely. Thank you for all those leads in there. And I do get the importance of beingness, stillness. Thank you.

AAM: You're welcome, my friend.

On Heart Openings: Fulfilling a Promise

April 27, 2018

https://goldenageofgaia.com/2018/04/27/on-heart-openings-fulfilling-a-promise/



Credit: Daniel B. Holmes

This article is from October 16, 2017.

I promised the Mother that I'd say more about heart openings, given that she's predicted one for the planet at a time of her choosing.

Let me do that now.

We have several hearts. The physical heart, the heart chakra, the "high heart," the spiritual heart, etc.

I'm only speaking about the spiritual heart.

The spirit occupying a physical body from birth to death normally exists with no access to the spiritual heart. The heart aperture which Hindus call the hridayam, which opens into the heart, is normally closed.

So just to be sure: I'm not talking about an attitude of "open-heartedness" or "closeheartedness." The normal Earthly, human condition is to have a closed heart aperture.

Those for whom the heart is permanently opened are ascended beings.

Those for whom the heart has opened and then closed again are relatively small in number.

Those for whom the heart has opened and remained open - and they have remained in this dimensional setting - are probably infinitesimal in number. Not infinitesimal in the higher domains. Just here. I can think only of Ramana Maharshi and the avatars (Ramakrishna, Buddha, Shankara, etc.).

When the heart opens - and the Mother has said it may feel like an explosion or implosion - whether immediately or later, we'll experience a torrent of love that will wipe us clean, for however long the experience lasts.

It'll leave us in a space where our heart becomes an artesian well, gushing up love which we feel powerless to do anything else with than share with everyone around us. By its nature, love is universal. It makes no distinctions. It cannot be otherwise by the nature of love.

This next section may be review to many. Skip it if you like.

Apparently, by the old system of reckoning, a heart opening would be reckoned to be the first stage of enlightenment on the road to Ascension. I know the archangels are not following the old system, but let me restate it, if only to provide a standard for comparison.

When the kundalini reaches the fourth or heart chakra, we have a heart opening, an explosive or implosive experience of love bursting its bonds. Hindus call it spiritual awakening; Buddhists call it stream-entering. We've entered the stream on our way to the other bank.

When the kundalini reaches the sixth chakra, we have an experience of being one with the Consciousness pervading the whole world - the Divine Mother. Some call the experience cosmic consciousness. Some call it savikalpa samadhi - still mind/ trance state while still apprehending form.

When the kundalini reaches the seventh chakra, we have an experience of the Consciousness transcending the world - the Father. Some call it Brahmajnana or God-Realization. Some call it (Kevalya) Nirvikalpa Samadhi - still mind/trance state with no apprehension of form.

This is halfway up the mountain.

Next the kundalini opens the heart permanently in an experience called Sahaja Nirvikalpa Samadhi ("Sahaja" means "natural"). This event is mukti or liberation from the life-and-death cycle of Third Dimensionality. This is the end point of Earth's current Ascension out of the Third and Fourth Dimensions and into the Fifth and higher.

If your everyday experience is simply so-so and you suddenly find yourself in an internal "tsunami of love," it can frighten the wits out of you.

Did someone slip you a drug? Are you losing it? Where is it leading?

No one slipped you a drug. You're not losing it. It's leading only to more and more love and greater and greater depths of it.

The only thing you lose as a result of drowning in the tsunami of love is your fear, your anxiety, and your resentments. The tsunami sweeps them all away, never to return, as long as your experience of the tsunami lasts.

After the culmination of Ascension, it'll last. From now until then, a heart that opens can again close. If the heart does not close, that's the signal that you have well and truly completed the journey. We're all going to that endpoint.

My understanding is that gatekeepers and pillars have agreed only to travel back and forth through the Ascension portal, rather than ascend permanently, until later.

What is the experience of the internal "tsunami of love" like? We use the same word "love" to cover situations ranging from our taste in ice cream to the most sublime of spiritual states. When one person says "love," other people may hear it at any range from the mundane to the sublime.

The kind of love we experience after a heart opening is not only torrential; it's the most satisfying experience - along with bliss - that I can think of.

As it happens, we seem to be most stirred, moved, and activated by what happens inside of us - chiefly our feelings, but also our desires. Love turns out to be everything we've been seeking in that our internal states are all uniformly satisfying. That's why loving people seem so happy.

Introduce higher-dimensional love into our field of experience and our interest in all else falls away. It feels so uplifting that we forget about any cares or concerns we had.

It's more intoxicating than any drink, more satisfying than any drug. It never seems to fail to delight. It's as Yogananda said: Ever-new. I've never grown tired of love or wanted something different. Oh yes, I almost forgot. Things go better with love. Nuff said.

Mother have I done the job? I could only do it by looking at things from my angle. If anyone else has a view from theirs, send it along.

Submerged in Love

April 28, 2018

https://goldenageofgaia.com/2018/04/28/submerged-in-love-2/



The morning of Friday, Mar. 13, 2015, at 7:00 a.m., I had a spiritual experience, which continued with me late into Friday evening. (Archangel Michael says the experience will be permanent.)

Not surprisingly, since this has happened before, I had a scheduled reading with Archangel Michael three hours later. I've already posted that conversation this past week. (1)

Two hours into the experience, I wrote the article that follows. It was written before I had my conversation with AAM, to record as much as I could discover about this remarkable space before hearing from him.

Archangel Michael called it a "heart opening," "the beginning," and "a part of" Ascension.

I slipped into a spiritual experience a short while ago (at 7:00 a.m. on Friday, Mar. 13, 2015) (2) that began so subtly that I knew I had to make a record of it.

Imagine becoming successively drunk from drinking one glass of sake after another. Only you haven't drunk anything. I hadn't taken so much as an aspirin. The event was clearly inner-initiated. It had no "external" cause.

I became aware of something which I thought of as "an influence" creeping up my legs and torso, which put me in a mood of love and calmness.

After the mood came to my awareness, I acknowledged to myself that it seemed like the Divine wished to communicate. (3) So I surrendered to the communication. I allowed it to continue, unhindered.

And almost immediately thereafter, in an outward sweep of the experience, it blossomed, or mushroomed, or expanded into a deep sense of love, joy and stability. (4)

I believe it was meant to be a showing, a greeting, a demonstration of what emergence onto another plane of consciousness may be like. (5)

I think there's some correlation between it and the exercise that I've been doing of breathing up love and sending it out through the Third Eye. (6) I think doing that exercise may have released this energy.

Calmness predominates. It's what allows the experience of all the other qualities. But calmness without love or joy would be like a dark night to the soul. We of this generation are spared that fate. We've been given the complete cleansing and purification treatment during the Mother's baptisms and tsunamis.

I'd like to think that this state I'm in right now is what awaits us. But I don't know.

What's different about this experience from others?

(1) It just crept up on me, from nowhere, for no reason. It wasn't an Aha! It wasn't even a dawning awareness. It was an influence that saturated me.

(2) It announced itself so subtly. I was reminded of the scene in *The Ten Commandments* where the Destroyer's green fog surrounds the Egyptians. That was about the feeling here as well - something almost creeping up on me. I had to become aware of it and then work my way through ideas to discover what it was or might be. I had never experienced it before.

(3) It wasn't just one thing; it was several. I felt love, bliss, stability, OKness, (7) a propensity to joy, and a stillness of the mind. Usually I only feel one - love or stillness or bliss.

(4) It lasted. Here I am approaching ten hours from when it began and the experience of being submerged in love continues. Usually it begins to subside very soon after the experience and slips away. But this demonstrably remains. In fact some time ago, it increased. It's now stable. That's the opposite of an experience's usual progress.

(5) It can be maintained in action, which is a first for me. Usually with bliss, I can't move a muscle. This also may be a marker of our collective progress.

In this space, all is forgotten and forgiven. In it, there isn't the possibility of error. There are only dramatized moves that don't need to be dramatized. But they themselves are part of and embedded in a wider drama of need/hurt/revenge that so many of us are caught in. (8)

It would take years to emerge from this desert we inhabit by ordinary processing. The jump to a higher space accomplishes the task instantaneously.

This space doesn't care about allegations or legal arguments or even matters of principle. Why? Because human beings are known to drag principle into the service of their own self-interests.

It cares only about the presence and the primacy of love.

That's as far as I can take the reporting and analysis. I have no idea however long this will last. It's lasted far longer than I'd expected, as of right now. Is it permanent? I don't know that either. Is it wonderful? Superb.

Footnotes

(1) "Activating the Well-Spring - Part 1/2," at <u>http://goldenageofgaia.com/</u> <u>2016/05/07/activating-wellspring-part-12/</u> and
"Activating the Well-Spring - Part 2/2," at <u>http://goldenageofgaia.com/2016/05/08/</u> activating-the-wellspring-part-22/ (2) The vision experience I had in February of 1987 also happened on Friday the 13th.

- (3) It was surrender or drown.
- (4) Archangel Michael later described it as a "heart opening."
- (5) AAM actually described it later as "the beginning" and "a part" of Ascension.
- (6) AAM later confirmed that there was a connection.
- (7) Original innocence.
- (8) Which could be why our relationships so often don't work.

Bright Star: An Account of a Heart Opening

April 26, 2018

https://goldenageofgaia.com/2018/04/26/bright-star-an-account-of-a-heartopening-2/



This article on an individual heart opening is from Bright Star, who lives in western Europe.

At the same time that I was watching Linda Dillon's Winter Solstice 2017 webinar, I was also receiving emails from him at the moment he was having a heart opening.

He wishes anonymity and so I'll call him "Bright Star." As with my own experience in 2015, he felt the energy rising up his body and then opening the hridayam or heart aperture.

Then the inner tsunami of love flowed. He says at the end what I felt myself moved to say as well: The only thing I wanted was more of the same (higher-dimensional love)

His experience went much farther than mine. The kundalini mounted the whole of his body and all his chakras opened. I'm no expert, but my hunch is that the experience was Brahmajnana, God-Realization. Wonderful work, Bright Star! Notice this statement: "The Tsunami of Love hit me so hard that in the same second, all my concerns, anger, distress, hate and all other unpleasant feelings, which bothered me for such a very long time, were washed away completely."

Yes, swept away in the inner tsunami of love. The tsunami washes away all our concerns; that's part of the reason why the world will work after we all have a heart opening: No one will want to harm anyone else. And all we want is more love.

Thank you, Bright Star, for sharing your experience with us. Who's next please?

My Early Christmas Gift of Dec 21, 2017

The Rising Stage

When I woke up on Dec 21, 2017, I instantly felt that something is different. I could not put my feelings into words but all of my senses were very sharp. I noticed every sound, the different colours (which were brighter than normally) and I my mind was very calm: No disturbing thoughts like usually. At this moment, I didn't know what to do with all of this and I went off for work.

The Tsunami of Love Breaks

I was in my office, sitting at my computer, when I felt the energy rising: Firstly, I felt a prickling in my legs, which went up over my back along the spine up to my forehead. It was very pleasant and I relaxed. Suddenly, my root chakra opened up and the energy flowed from there to every chakra in my body, connecting all of them and let them pulsate.

My whole body was filled with a bright golden light that emanated like flames from every part of my body. The energy went up into my crown chakra and there was a strong connection between my third eye and the back of my head.

I felt every atom of my body, was connected with everything that is, was melting with the Universe. I was part of All That Is. At this moment, I felt a bit dizzy but the feeling was so very comfortable that I just let the process flow and did not have any concerns. Until the next thing happened...

Suddenly, my heart opened up and by this, I mean it was like my heart explodes. My heart was flooded with an immense wave of light, a golden bright light that I can simply not describe. But I'll try my best to do it nonetheless.

I instantly felt that now, the Tsunami of Love hits my heart and firstly, I was so concerned about this strong feeling in my heart, that I thought I am having a heart attack.

Luckily, I had my "online coach" (Steve) who was helping me during this experience and gave me the valuable hint, just to relax and let the process happen because this was an enlightenment experience and not a heart attack (thank you again, Steve!).

The Tsunami of Love hit me so hard that in the same second, all my concerns, anger, distress, hate and all other unpleasant feelings, which bothered me for such a very long time, were washed away completely.

All these feelings were replaced by pure Love and for the first time ever in my 45 years, I experienced Love in its purest form. The Tsunami of Love was a complete cleaning of my "system." A resetting of my being. After an hour or so, The Tsunami of Love levelled out, leaving me in total peace and Love.

The Aftermath

For the very first time in my life I can honestly declare: I am happy, joyous and full of love of life. I am so grateful to be a part of Mother's plan and willing to go along with the Train of Ascension. My old self is gone. I am present in the Now Moment and when my thoughts deviate, I notice this very early and can easily access the Now Moment again. I am happy. I am.

Please, Spirit, this is the best gift you could of gave me and it's like a drug: Please give me more of it!

Through the Open Door of the Heart - Part 1/3

April 30, 2018



For Heart Opening Week.

On Friday the 13th of March, 2015, three hours before I was to have a reading with Archangel Michael, I experienced a dramatic, even explosive heart opening.

After that, higher-dimensional or transformative love flowed freely. I realized I had never known love until that moment.

Three hours later, having drowned myself in the ocean of love, I was still there when Michael explained what had just happened.

Since we're all experiencing a more gradual heart opening now, this account may explain many things, some of which might only make sense afterwards.

Archangel Michael: Welcome, welcome, welcome, to you beloved friend, ally, anchor, communicator, bringer of news.

Steve: Thank you.

AAM: And yes, your heart is open. The opening is, and will, and shall continue.

S: You mean permanently Lord, really?

AAM: Yes

S: Oh my! Please!

AAM: Because, you have said yes!

S: Yes, I have. I definitely have said yes.

But you must give us details because I think other readers will want to know what just happened, and what the consequences are. Can you talk about it for a little bit for the sake of others?

AAM: Yes, we will talk about it.

As I, and we, have relayed, many are either at, or through, or back and forth through the Ascension portal. Now, we don't want to talk about this strictly in terms of Ascension.

Because what you are doing is anchoring the higher vibration of divinity, of the Mother, of the Love, of the One; into your sacred being, into your consciousness, into every fiber and level of your being.

The feeling, the experience - because it is so much more than a feeling - the knowingness is actually very simple. It is love. In that, there are the elements of joy, of peace, of calm, of serenity...of simply being.

This occurs, not merely because you have asked for it, but because you (and this does apply to the collective) have done your, can we say, your homework, your due diligence. What we mean by this is simply, think of it in time and space reality: you have created the space for this [energy of love] to, not only pass by you like a passing breeze or a rain, but to anchor within you because there is a sense of this spaciousness within thee.

S: I understand.

AAM: When one is clinging to core issues, to fear, to lack, to limitation - you know the list - there is not that sense, not only of spaciousness, but of acceptance,

allowance, readiness and even permission. Because as you know, we continually say that we will never override your free will.

So if the will, either actively or subconsciously, is actually choosing to still engage in the issues or the drama, then although we are standing at readiness and still penetrating you, that open door is not there.

S: So the open door was there with me?

AAM: That is correct.

(To be continued in Part 2, tomorrow.)

Through the Open Door of the Heart - Part 2/3

May 1, 2018



For Heart Opening Week

(Continued from Part 1.)

Steve: Did the exercise of bringing love up from my heart and sending it out through my third eye to the world play a role at all in this?

Archangel Michael: Yes, it did.

S: Could you talk about that for just a bit, please?

AAM: One of the strongest or the ultimate expressions of love, of willingness to not only participate in love but to be the love, is in the sharing. To say that you are love, or are loved, or you love this, that, someone, but [then] you keep it within you, you hoard it - and we do not necessarily mean that in a negative way sometimes the feeling is so blissful you do not wish to actually take the next step quite yet, in terms of sharing.

The ultimate experience is in this sharing. This is what we speak of when we speak of sacred union and partnership. How can you possibly be in any form of

partnership with humanity, with the Star-beings, with us, with any being, if you are not sharing.

So what you do when you bring the love up and out, when you begin to send, to share, it is as if you have in fact activated what we call the wellspring. The visual you may think of is the volcano. (1)

It is not that you empty out. It is that you discover that that wellspring is SO full and overflowing that it is a steady stream. That steady stream does not ever, ever (think of what I say!) it never has to cease!

S: It is hard for a human being to get that, you know. We keep thinking, "Oh no, someone's going to turn the wheel and it's going to stop."

AAM: You tend to think of start-stop; of full-empty. But it is not the case. What you are doing is plugging into the ever present flow of the Mother's energy, of the love.

S: Remarkable, remarkable. We human beings want to know where this fits in the scheme of things, and what's its relationship is to this over there. Is there a name for this kind of experience I just went through? And still am, actually... And will be.

AAM: Yes, and will be. This is what you call part of your Ascension process and it will simply grow and expand.

S: What growing and expanding means is exactly what happened this morning, right?

AAM: That is exactly correct.

Then it begins to expand in what you can think of, in every body - mental, emotional - because there is no separation. So the physical attributes that are one and the same with love, begin to come forth as well.

S: Okay, can we just go back over that for a second? I'm trying to get my mind around that.

So this transcendental wave of love that is coming to us is impacting all our bodies in all dimensions, the mental, causal, all the other bodies?

AAM: That is correct.

S: So now, they are going forward together. Now I think you suggested there is an impact on the physical body or our everyday awareness from this. Is that what you were saying?

AAM: Yes, because you cannot be in this intensity (and do not turn it down whatever you do!)....

S: No, God! Why would anyone want to do that?

AAM: Well, we are often surprised!

What happens is, then you begin to see with different eyes. Then you begin to see more clearly. Humans have a tendency to think, "Oh, now I am seeing with my third eye," "Now I am seeing with my fourth eye," "Now I am seeing with my fifth eye." It is not like that.

There is the inner vision, the experience of the inner vision which allows you to truly see what is, but you also began to see that, energetically. You will see more with your eyes. You will see orbs, different colours, bigger fields, etc.

S: Telepathy may also expand?

AAM: Exactly. Telepathy, communication ability. So think of your physical communication, your writing, your oral you, your telepathic, your soul-to-soul communication, your communication above and below begins to expand, your cellular structure, because it is vibrating at a different rate.

(To be concluded in Part 3, tomorrow.)

Through the Open Door of the Heart – Part 3/3

April 30, 2018



For Heart Opening Week.

(Concluded from Part 2.)

Archangel Michael in a personal reading with Steve Beckow through Linda Dillon, Mar. 13, 2015.

Archangel Michael: Your cellular structure begins to regenerate because it is filled with what you think of as life force. It is a truly love force. So everything begins to shift. You begin to see that you can be the truth of inter-dimensionality.

Steve: Yes, a sense of certainty arises, a sense of stability and solidity.

AAM: And you realize that it's a solidity that is not solid at all!

S: No, I know! I was thinking of that even as I said it! Yes, absolutely.

AAM: It is a sense of knowingness. And, yes that stability means the sense of doubt or uncertainty or even concern or fear; it simply there is no space for it.

S: Also, issues just disappear! There is no need for forgiveness because I can't remember what the issues were! In this wave of love, this submergence of love, and I really do mean submergence, like I am under sea.

AAM: You do not need to remember.

S: No, no need at all! I wonder why I felt the need! (Laughing)

AAM: It was part of what we would refer to as the old human traits.

S: It is all a question of deprogramming, is it not? I mean not all...

AAM: In many ways, yes. What you are doing, is what you think of as deprogramming, unwinding the old programming, hitting the literaldelete button. Not simply saving it somewhere where you can go back and pick at it later. Yes, it is the reprogramming, the rebooting of your entire system.

S: I think people may not adequately realize, (oh, how can I say it; is so hard to talk about these things, they are so new to me) that forgiveness itself is tied to memory. If there is no memory, there is no need for forgiveness of anything.

There are other factors too. This love does something to me that has me not be interested in the drama and the other things.

AAM: Because it does not serve. It is not part.... When you are thinking forgiveness, it is a step along the way. Think of it that way.

So when you have done your forgiving; and the most important part is forgiveness of self, then you can create if you choose, situations where you wish to keep score. But the larger question is, why? Why would one even choose to do that?

So often we hear the humans (to myself, to Gabrielle, but mostly to Yeshua or to the Divine Mother) begging for forgiveness. Now, understand that forgiveness is always granted, because it is an act of mercy. It is an act of love. But does the Mother have need to forgive? Does she keep a tally sheet? No!

S: No, as competent as she is!

AAM: As competent as she is, it would be far too lengthy!

So, no it is not a trait. It is a plea for help. And that plea of course, is always heard.

S: There is another aspect I would like to talk to about for a minute, and that is that I think people hearing a discussion like this might say to themselves, "That's all fine and dandy for you to say. You're living in the experience of love."

And, that's true; it's true that it was very hard to deprogram while not living in the experience of love and it is very easy to think, "I don't even need to deprogram in this space."

AAM: It is difficult to reach this place, only because the human program as you are calling it (and this is an excellent term) is one that thinks, or feels (but it is [the] mental/emotional [body] that thinks) that, "That [outcome] is above, or beyond."

When we suggest that there is a need to create this sense of spaciousness, so often what we hear is a resistance that says, "Well, I have already done my clearing. I have already done my forgiveness. I have already asked for help."

But you are not in this sense of the love and knowing full well, beyond any shadow of any doubt in any realm, this is what you desire. This is why you are here: to create this sense.

So simply, go a little further my friends. You do not walk alone. And, the journey is guaranteed!

There are very few guarantees, but when you keep going, you will arrive!

Activating the Wellspring – Part 2/2

April 30, 2018

https://goldenageofgaia.com/2018/04/30/activating-the-wellspring-of-lovepart-2-2/



For Heart Opening Week.

(Continued from <u>yesterday</u>)

Steve Beckow: So, I need more reassurance. You are reassuring me that this space that I'm in right now will not suddenly disappear tomorrow. This is the baseline now, correct?

Archangel Michael: That is correct. Hold it, love it. Allow it to grow. Cherish it. Do not think for one moment, "Oh tomorrow I'll wake up tired, grumpy and wasted." Do not go there, dear heart.

S: Also, it seems to be affected by breathing. Breathing helps. It seems to cause it to expand. Is that an accurate observation?

AAM: It is the letting go.

S: The letting go. So in breathing in, am I letting go of the tension? (1)

AAM: You are letting go and you are bringing in. It is a simple as that. But of course it is not.

Breathwork, as you well know, (2) has always been the most straightforward and one of the most powerful of tools. It is the essence of life. You cannot live without your breath.

But what people have not truly, fully understood (just like they have not understood the space between the letters of each word, not understood the space between each atom and cell of their body), the breath, the air, the oxygen, the compound that you are breathing in is the love force. (3)

Now what happens, (this is something for you to share) is that you are breathing love force, quite literally, from the Divine. Then what happens, or what has occurred, in what you think of as your past (now the key; do not go and live in the past). It has passed through what we would call the denial filter.

The denial filter is your filter that has been filled with the constructs of the old Third: fear, control, sense of lack of worth, sense of lack of love... It passes through that. You can even think of it as being like a filter that is in your sinus, the top, the back of your throat. And it passes through the denial filter, so when you bring it in, you are only getting a minimal part of what is being offered.

S: And that's our programming, by the way.

AAM: That is the programming.

It is like when someone says to you, even when I say to you, "I love you" and then you immediately put all these restrictions or limitations on it. So often among humans it is, "Oh, you love me because…" and it is not [so]. It is simply … love.

S: Yes, yes, yes. And when one sees that, it's such an amazing thing to realize. That real and transformative love has no object except as we call it into service. But unto itself, it has no preference, no partiality.

AAM: None.

S: So, what is next? What do you want me to do next?

AAM: What is next is the anchoring, the allowing of this sense of unity to simply expand and anchor, expand and anchor. Go higher, go deeper, go broader and, celebrate, sweet angel.

S: The predominant way I go broader, etc., is by writing, right?

AAM: That is correct!

S: I share my space. I share what's happening...

AAM: It is our platform!

S: Okay. Very good. Thank you for that. Anything else I haven't touched upon that I should know about?

AAM: You are in your process of expansion, of allowing, of becoming, of accepting the sweetness of who you are.

Often you have said to me, "Oh Lord, I am a warrior." But beloved, you are so much more!

Allow every aspect of your being - the poet, the lover, the artist, the child, the adult, the elder - let it ALL be [expressed].

Let it all come to flower and share it all. Demonstrate and share and show what is possible. (4)

For this I thank you.

S: Thank you, Lord. Thank you ever so much.

AAM: I love you, dear heart.

S: I love you, Lord.

AAM: Farewell

Note: Already one reader has written in saying she had a similar experience:

"Dear Steve

"On Friday I felt this loving energy expanding out from my chest. I felt secure and I knew this was the time to give birth to the new, to grow and do my part. I have been waiting for this all my life. Sometimes I had this experience only for a short time. If now as Archangel Michael said, it's going to be permanent we literally have the sacred fuel that we need to do what we came here to do."

The experience may be permanent but its intensity or fulness does wane. It can be brought back to its fulness by breathing in love from the heart (or from the air) and breathing that same love out to the world, as AAM discusses in the reading.

Footnotes

(1) Muscular tension in the body is the cause of lowered awareness. Awareness varies inversely proportional to tension in the body. The Divine Mother said on last week's *Hour with an Angel*: "Density of the human form is caused by unloving emotions." The bands of muscular tension we create by our counterproductive programming is this density. ("Transcript of the Divine Mother: Density is Unloving Emotion; Love is Lightness of Being," March 6, 2015, at <u>http://goldenageofgaia.com/2015/03/06/transcript-of-the-divine-mother-density-is-unloving-emotion-love-is-lightness-of-being/</u>.)

(2) I've done rebirthing, bioenergetics, vipassana, and probably several other practices with some relationship to breathwork. So, yes, I do know the power and importance of the breath. If I have the time after the Reval, I'd like to do some work reviving these almost-lost arts.

(3) Therefore, I don't need to be drawing love up from the heart. Love is the very air we breathe.

(4) This is about the clearest, real-life example of a mission being assigned that I've seen.

The Treasure Within

May 1, 2018

https://goldenageofgaia.com/2018/04/30/the-treasure-within-2/



For Heart Opening Week.

This article, from Sept. 13, 2016, looks at the fact that the love we seek is to be found within, flowing through our very own heart and out to the world.

If there's one truth that has the potential to bring us the greatest good, the greatest benefit, it's this one from Saul through John Smallman:

"You seek desperately without for what can only be found within – Love – and there you will find It in abundance. Within there is no shortage or scarcity, there is only and always abundance." (1)

Numerous times I've suggested to people, desperately seeking love from others, that love flows from our own hearts up and out to the world, only to see them look offended.

It's as if they were saying, "I don't want to hear that. Tell me how I look." It's just not something a lot of people accept.

The Galactic Federation through Blossom Goodchild noticed this and commented on it:

"We find it interesting that ratings soar when the factors come in to play regarding the Pillars, the Ships, the Wonders, the Event ... and yet, on a more regular basis when we speak over and over of LOVE ... the general consensus is for the rating to drop ... if we may put it that way?" (2)

Nevertheless, the truth is that the love we seek from others for the most part is actually to be found in and flows from our own hearts.

I'm led to believe that we can feel the love that others send us. I've seen love be inspired in me by looking at another, hearing another, etc.

But being abundantly filled up with love? That for me is a function of having an open heart, one from which love actively flows. (3)

One can test Saul's assertion that the artesian well lies within, simply. On your inbreath, draw love up from your heart. On the outbreath - since love cannot be held, contained or bottled up - send it out to your own bodies and then out to the world. Now, isn't this what we're seeking?

Continue on each in-breath to draw love up. Feel it. Watch it grow. Have we not been sitting on the treasure box that Eckhart Tolle here describes?

A beggar had been sitting by the side of a road for over thirty years. One day a stranger walked by. "Spare some change?" mumbled the beggar, mechanically holding out his old baseball cap.

"I have nothing to give you," said the stranger. Then he asked: "What's that you are sitting on?"

"Nothing," replied the beggar. "Just an old box. I have been sitting on it for as long as I can remember."

"Ever looked inside?" asked the stranger.

"No," said the beggar. "What's the point? There's nothing in there."

"Have a look inside," insisted the stranger.

The beggar managed to pry open the lid. With astonishment, disbelief, and elation, he saw that the box was filled with gold. (4)

That box is the heart and the gold is its love, which flows like rivers when the heart is open.

For more than six decades, my heart had been closed. And it opened explosively on March 13, 2015. Suddenly I could experience the river of love that flows from the opened heart.

Love is the attractive, binding, and transformative force of divinity.

"You seek desperately without for what can only be found within – Love."

We sit on the treasure box when we don't know that the treasure of love is to be found within.

Footnotes

(1) Saul through John Smallman, Sept. 11, 2016, at <u>http://johnsmallman.wordpress.com.</u>

(2) The Galactic Federation through Blossom Goodchild at <u>http://</u> www.blossomgoodchild.com/index.html?page=BG261nov25.html.

(3) That time of heart opening has since ended. But the memory remains very much alive where most other memories have faded,

(4) Eckhart Tolle, *The Power of Now*. Downloaded from <u>http://www.inner-growth.info/power_of_now_tolle/eckhart_tolle_chapter1.htm</u>

The Real Reval

May 2, 2018

https://goldenageofgaia.com/2018/05/01/the-real-reval-2/



Credit: www.galo.com

This is my last posting on the planetary heart opening which others are calling "the Event." Well, for now....!

The real Reval is the reset from ordinary love to transformative love.

Ordinary love cannot keep us from being enmeshed in conflict, dissension, attempts to control, manipulation.

Transformative love leaves no room for them. There's no question of them bothering us.

Ordinary love is like a fire. It can blaze pretty high. But transformative love is incandescent. Its flame cannot be quenched. Unless we leave it voluntarily.

It will never leave us.

Transformative love is worth more than gold and rubies. Open the treasure buried in the field and you'll find inside ... love.

If I am bereft of love at this moment, I must have abandoned it. It would never abandon me. I repent.

Where to find it?

How many masters have said: Seek it in the heart. The heart is the wellspring between us, the personality in the Third-Dimensional suit of armor, and our soul, the Self, the Christ, the Atman.

Love comes from the Self via the heart. The heart is an artesian well of love. So of course we'd seek it in the heart.

Once it's located, once the door has been opened, we discover that love is a flow. It has to be received, but it cannot then be hoarded or saved. It must be passed along.

And it cannot be passed along to some and not to all. Love, like rain, makes no distinction among sentient beings. It flows over rich and poor, all religions and nations alike.

So our love, to be transformative, has to take in everybody. That can be challenging, but it gets easier the deeper into transformative love we go.

Love yields to bliss. Bliss yields to ecstacy. Ecstacy yields to exaltation. But these are all in the end, it seems to me, forms of love.

Just as the other Reval produces value, so this spiritual Reval does the same. The more people who witness transformative love, respond to it, and achieve it, the greater the amount of heart-conscious value is produced for the whole world.

Ask for a heart opening. Twenty-five hundred years ago, you would have had to meditate to have it. In the End Times, I'm led to believe that one need only ask.