

Immersed in an Ocean of Love



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Love is the Way, the Truth, and the Life

May 6, 2014



I've just had a spiritual experience that I made notes of as it happened. Thank heavens, I did. I was just lying down reading something. Had I not written it down, I'm not sure that I'd have remembered it.

Do I know how long it will remain with me? No, I don't. Every spiritual experience before sahaja samadhi is temporary so this one may leave. So I'd best leave a record.

I was lying down reading when I suddenly found myself in a blue setting, the Mother's blue, and just as suddenly the blue wall burst. It was like a chocolate that had caramel inside. It flowed everywhere.

Only this was love. It was ambrosia. It was the living waters.

Was this a part of the tsunami of love? The Mother's blue, her wall bursting? I think it a safe bet to say yes. Just one version of it though, I'm sure.

Let me pick up where I began making notes:

At this moment, I'm seeing love everywhere.

And I see that love is everything and love has become everything.

And I am a part of that everything and so I must be love.

At this moment I recognize it. I'm aware of it. I experience it.

My essence is love. For however long the moment lasts, I know that I am love.

Love is everything of value. Everything that exists. Every reward we could ever want or would ever ask for. It satisfies completely.

Love is the way, the truth, and the life.

I am love. Everything is love. Love has become everything.

Immersed in an Ocean of Love – Part 1/2

May 17, 2015

<https://goldenageofgaia.com/2015/05/17/immersed-ocean-love-part-12/>



A few days before I went through the experience of bliss described in "I Could Get Used to This," (2) I went through almost a full day immersed in an ocean of love.

My experience closely fit what Third Zen Patriarch Sosan describes here:

The Great Way is effortless
for those who live in choiceless awareness
To choose without preference
is to be clear.

Even the slightest personal preference
and your whole world becomes divided.
To perceive reality as it is
is to live with an open mind. (3)

What he says is so beautifully apt, but it's very difficult, before one experiences the state he's pointing at, to understand what he's saying and why he says it. But the minute you're in the space of love - that is, flooded with love because love is no miser - what he's saying becomes crystal clear.

I'll do my best to explain. One can remain in the center, in the balance point, in the heart and still choose. This is what he refers to as "choiceless awareness." One is simply present, but that doesn't preclude one's ability to say "yes" or "no" to something.

But one cannot remain in the center and have preferences. Preferences, by their very nature, take us out of the center and give us a leaning. To stay in the center, we must lean neither to the left nor to the right.

One could argue with life and say "That isn't fair. I should have the right to my preferences." And we do. But it still doesn't matter. We simply cannot experience the deeper states that depend on stillness of the mind - the windless place, the still water - if we insist on hankering for, being drawn to, and pursuing this or that in the material world.

Preference is an aspect of desire. Because we've enjoyed something, we desire to have it again. Preference is desire projected into the future.

Our preference is the leaning towards that thing that we generate to remind us that we want it next time we encounter it. It increases our likelihood of getting it again.

The quieting down of preference came as a feature of a space that I was in from the moment I woke up till about 4 in the afternoon.

I keep saying this next thing over and over again. Yes, I'm repeating myself. It's because the distinction is so important, so connected to understanding what Sosa is saying.

It's the *space* that eliminates preferences. It's the *space* that immerses one in bliss. We tend to think that what we do and don't do is important for enlightenment. No, it's the *space* itself that needs to be recognized.

Here I go again repeating Sri Ramakrishna's apt analogy: Walk into the lake. Run into the lake. Jump into the lake. The important thing is to get ourselves into the lake, the space.

Another word for space would be vibration, frequency. I suppose you could also say dimension and plane of existence.

We need to take our attention off the doer and notice the space. Gosh, I'm not sure if I put that clearly.

When we notice the space and the importance of it rather than of what we do or don't do, then we start to allow and surrender to the space. Hallelujah!

And when we find ourselves in bliss, we have no desires and so no preferences or issues or trauma and drama. But then, if, in the space, we generate a preference and

attach to it, we're drawn back into the world of strong choices, which takes us away from our center, which takes us out of the space, out of the bliss, out of the love.

Yes, that's as clearly as I could possibly put it.

That doesn't mean I'm suggesting you stop personal development and just sit there regarding the space. No, go on about things as you've been doing. I'm simply asking for a change of one idea for another. Just one idea, out of billions.

Change your mind on which of these two is more important to enlightenment: (1) Our personal efforts; i.e., what we do or don't do, and (2) Our personal recognition of and surrender to the space.

I say it's the latter. Maybe that's why enlightened beings break out into laughter when they realize what it took to become enlightened: simple surrender to and recognition of the space of what we today would call "higher dimensionality."

I maintain that all of what I've just said is what Sosan is pointing to.

I'd like to circle back now and examine the space and more about what it taught me about preferences in a continuation of this article.

(Continued in [Part 2](#).)

Footnotes

(1) "From God We Came; To God We Return," September 16, 2021 at <https://goldenageofgaia.com/?p=326367>

(2) "I Could Get Used to This," May 16, 2015, at <https://goldenageofgaia.com/2015/05/16/i-could-get-used-to-this/>.

(3) Sosan, *Hsin Hsin Ming. The Book of Nothing. A Song of Enlightenment*. Kansas City: Andrews McMeel, 2002, 16.

Immersed in an Ocean of Love – Part 2/2

May 17, 2015

<https://goldenageofgaia.com/2015/05/17/immersed-ocean-love-part-22/>



(Continued from [Part 1.](#))

I'd like to continue looking at the feeling-level experience of love that I was immersed in the other day.

The space of love and bliss that I was then in seemed unshakeable. I noticed that, while in it, I made choices, but had no preferences. I was in what Sosan and Krishnamurti called choiceless awareness. Just being here with nothing added. Acting without acting. Remaining centered. Doing what worked and whatever I did worked.

I saw then, a little more strongly than I do now - since I'm not in that space any longer - that I'm entirely a form made by love from itself, immersed in a sea of love.

I saw all traces of "me and mine" and "I want" (ego and desire) disappear. All self-importance and strong desire left.

The fact that I had no preferences was very important. It isn't that preferences as preferences are bad. It's that preference is a form of strong and persistent desire that takes us away from the the center point, the stillpoint, the heart.

Away from the heart is another way of saying away from love. Going away from the heart is what Jesus called distraction: "Come back to what is important. And that is, you are love. It is all you have ever been. Everything else — everything else, every other lifetime — is just a distraction." (1)

We distract ourselves endlessly from the love that we are and that's present in our hearts. And then we wonder why we feel so low or down or awful.



Preferences end up being a distraction from love, from our natural state. The only reason there isn't a hue and cry raised and a global campaign started to restore love to all our lives is that so few of us have experienced transformational love. Hardly any of us know it exists. We know romantic love does but that's the merest shadow of the other.

I've experienced transformational love around two dozen times in spiritual experiences prior to this latest, extended round. But these earlier years covered mere minutes a year. And then the memory faded away and I was back to normal again.

And this would be after weeks, months and years of intense work in workshops and retreats. The real kicker is that each of these experiences repaid years of spiritual work.

Preferences are part of the spectrum of desire. After them come strong desires and then attachments and then addictions. Our desire goes under different names the stronger it gets. But it's still the same longing, yearning, desire.

When we reach the stage of addiction, we're firmly attached to the lower vibrations and incapable of clear discrimination. Krishna described the process and its outcome here:

"Thinking about sense-objects
Will attach you to sense-objects;
Grow attached, and you become addicted;
Thwart your addiction, it turns to anger;

Be angry, and you confuse the mind;
Confuse your mind, you forget the lesson of experience;
Forget experience, you lose discrimination;
Lose discrimination, and you miss life's only purpose." (2)

The only purpose of *physical* (vs. spiritual) life is to assist us to build the power of discriminating between the Real and the unreal. Realization of the Real is the purpose of all life, all lives, lives in all dimensions, etc. Our discrimination is most acute when we're in our heart, our center. Preferences take us away from that center.

Why is that center important? Because it's still. Why is stillness important? Because the Transcendental is still and, to experience it, our minds must be still.

Cutting the cords of preferences doesn't mean I don't choose. I do. But there are no strong forces playing on me as I choose - well, except love. I'm going to modify what Krishna said and argue that love is all that a person can desire without transgressing the law of their nature. (3)

Put another way, love is the only thing we can desire that's free. Everything else carries a karmic price tag.

I've already been using Archangel Michael's blue sword of truth to cut away all attachments from the external part of my body each morning in meditation.

But preferences feel as if they're on the inside. I now use Michael's blue sword on the inside of my body too, to remove all preferences. And, yes, I really find it works.

Basically we have to eliminate every form of tie that keeps us in the lower vibrations - preferences, strong desires, attachments and addictions. We have to remain in our centers. Not like I'm so great at this. I'm not. But I'm getting better.

When we cut all preferences, we remain in the heart and exist in our natural, native state - which is love.

Sahaja samadhi, which this was not, is also our “natural state.” I take it this time spent in bliss was just a nibble, a hint, a gift of the angels.

I remained in the loving state as I went about my errands in Vancouver. Everything was different. Every interaction worked. If the whole world felt this way and lived it, the world would instantly work.

Footnotes

(1) “Jesus: You are Love. It is All You Have Ever Been,” channeled by Linda Dillon, December 18, 2013, at <https://goldenageofgaia.com/2013/12/jesus-you-are-love-it-is-all-you-have-ever-been/>.

(2) Sri Krishna in Swami Prabhavananda and Christopher Isherwood, trans., *Bhagavad-Gita. The Song of God*. New York and Scarborough: New American Library, 1972; c1944, 71.

(3) "I am all that a man may desire
Without transgressing
The law of his nature." (Sri Krishna, *ibid.*, 71.

Diving into the Ocean of Love

May 4, 2018

<https://goldenageofgaia.com/2018/05/04/293869/>



I'd compare my spiritual practice to a person walking on two legs or a bird flying on two wings: (1) is letting go of vasanās or core issues, what the ancients called "impurities," and (2) is drawing the love, bliss, and joy up from my heart and sharing it with the world.

The first is the dropping of everything that weighs us down and keeps us dense.

The second is expansion into the eternally-unfolding divine qualities, the forms that love takes.

That for me is a perfectly-balanced spiritual practice.

The significance of seeing this formula is rippling through my consciousness and body as I write.

Drop everything that weighs us down and keeps us dense.

Open to, expand into the eternally-expansive divine qualities, the forms that love takes, which flow from or are found in our very own hearts.

Let go of what holds us to the shore and dive into the Ocean of Love, the inner tsunami.

Leave the shore and dive into the Ocean of Love. That fulfills and completes the basic spiritual movement of turning from the world to God.

I feel a sense of certainty around one aspect of my sacred purpose: To let go of what holds me to the shore of the world and dive into the Ocean of Love.

Drowning in an Ocean of Love

March 1, 2020

<https://goldenageofgaia.com/2020/03/01/drowning-in-an-ocean-of-love/>



... inside the heart

Love lies below everything.

Yes. Everything I've ever known.

If we think we've found something higher than love? We can be assured that it's but a waystation on the road to an even deeper experience of love. There *is* nothing higher than love. Or deeper. Not in my books.

We may have to dig through more debris. Or forgive ourselves and move on.

Here's my overall thesis: Love is One without a Second. Love is everything, a truth more obvious in the higher dimensions than ours. That is to me a fundamental truth.

From Love in Stillness came Love in Movement. And from the union of the two issued all else. This is a description of the Trinity - Father [Love in Stillness], Son [all else, life forms, creation], and Holy Ghost [Love in Movement] = Brahman, Atman, and Shakti. From the union of Father/Mother God came all else. The "all else" includes you, me, and all other life forms.

Imagine pouring molten gold into three statues. One is God the Father [Stillness]. The other is God the Mother [Movement] and the third is us [a marriage of Stillness and Movement]. We are the "all else," a divine spark in a body made by the Mother. All three (Father, Mother, Child, if I may use that terminology) are made of the same gold - love.

I thy Lord am a jealous god. Yes, love flees the instant I take my attention off it. It disappears in the presence of an ill thought. It's a jealous god.

Be still and know that I am God. Yes, super-stillness would very likely lead to Self-Recognition. And drowning in an Ocean of Love.

Point of Awareness in an Ocean of Love – Part 1/2

November 20, 2020

<https://goldenageofgaia.com/2020/11/20/point-of-awareness-in-an-ocean-of-love/>



Credit: pfcleadership.org

2022: I no longer believe that our individuality disappears after we go Home to Mother/Father One.

My job, when people come here (and I speak as an individual editor), is to lay out the details of what's happening right now and speed you on your way.

As a pillar, I stay till the end of the journey and refrain from enlightenment if it complicates my duties as a lightworker.

I'm a waiter at the banquet of Ascension and look forward to eating my meal later.

Complicates my duties? What duties? To tell you everything I know about what's going on spiritually (someone else will have to handle politically, financially, etc.). Taken from the best spiritual sources we can find. And to document my journey.

No, I'm not a spiritual teacher. Spiritual teachers address individuals and small groups of people. Lightworkers address the whole world, the human race, the planetary situation.

Spiritual teachers aim for the enlightenment of the student or the group of followers. Lightworkers serve the Ascension of everyone on the planet capable of holding the higher-dimensional energy.

Both teach and practice oneness. What's that? How are we one?

Let me spend some time looking at how it is that we're one.

The culmination of the heart opening I had on March 13, 2015 was the inner tsunami of love flooding the room I was in, knocking down the walls, and becoming everything. I - no more than a point of awareness - was totally immersed in an Ocean of Love.

Please note: There was an Ocean of Love and there was me. I was therefore *not* one with the Ocean of Love, but its inherent oneness was not lost on me, blissed out as I was. (I am not in that space now.)

The fact that I was not one with the Ocean of Love means that I cannot say things like "I am/we are love." I don't know that. So just file that away for later.

I was a point of awareness in a Sea of Love.

Drawing back from that now, I have to ask you to provisionally accept something spiritual. I ask you to accept that the One has created the illusion that Awareness can separate a piece of itself from itself.

It'd be as if we twisted a small part of a balloon and called that small part "separate." But untwist it and the air in it rejoins the air in the balloon. So it wasn't really ever separate; it just seemed so.

My vision in 1987 was about the journey of a soul from God to God, through the illusion of separation to the knowledge of unity. (1)

In that wordless vision,. I saw the "Father" as a large golden Sun and the "Child" (Self, Son, Atman) as a small golden star. The Mother was a hazy cloud in which other golden stars were going through lifetimes in matter (*mater*, Mother).

Ultimately I saw the small golden star glimpse the Father from the domain of the Mother and speed off to reunite with it. They were in every respect One.

If we switch back to classical enlightenment studies, we're told that the individual observer, this persistent "I," eventually disappears leaving the One all in all. That

stage of enlightenment is well beyond my purview. But that event nevertheless was what was depicted in my vision.

May I cite a few sources to support what I just said? Let me do that tomorrow to limit the length of this piece.

(Concluded in Part 2.)

Footnotes

(1) For a description of the vision, see “The Purpose of Life is Enlightenment – Ch. 13 – Epilogue,” August 13, 2011, at <https://goldenageofgaia.com/2011/08/13/the-purpose-of-life-is-enlightenment-ch-13-epilogue/>

Point of Awareness in an Ocean of Love – Part 2/2

November 21, 2020

<https://goldenageofgaia.com/2020/11/21/315066/>



(Concluded from Part 1, yesterday.)

I want to cite just a few sages to anchor the point that....

... May I expand a bit?

... that life is a journey from God to God, a drama, a leela, a play acted out for God's pleasure.

When one of us realizes our true identity as God, God meets God and for that meeting was all this created.

You think this is *good for God? What about us!*

Our enlightenments are like elevators taking us higher up in the building of Self-Realization.

Let me cite three stages of enlightenment, three floors in the building. You'll recognize the Trinity. They are:

- (1) Child of God, Christ, Atman - fourth chakra - sight of the Self, spiritual awakening, stream-entering
- (2) God the Mother, Shakti, Holy Spirit - sixth chakra - cosmic

consciousness, savikalpa samadhi, Third-Eye opening.

(3) God the Father, Brahman, Mahashiva - seventh chakra - God Realization, Brahmajnana, nirvikalpa samadhi, first transcendental experience, last stop before Ascension

Let's look here at one example of spiritual awakening, skip ahead to Brahmajnana, and then fly ahead to the ultimate enlightenment.

The first is an initial fourth-chakra sight of the Self. This one is from John Ruusbroec:

"In the abyss of this darkness in which the loving spirit has died to itself, God's revelation and eternal life have their origin, for in this darkness an incomprehensible light is born and shines forth; this is the Son of God, in whom a person becomes able to see and to contemplate eternal life." (1)

What he means by that is that contemplating the Light of the Christ or Self will lead us to the Father. Ruusbroec tells us:

"It is Christ, the light of truth, who says, 'See,' and it is through him that we are able to see, for he is the light of the Father, without which there is no light in heaven or on earth." (2)

The sight of the Self (as well as heart openings) is the open door in spirituality. Buddhists call it stream-entering; Hindus call it spiritual awakening. There is this sense of a real beginning.

This Self, the Christ that we see is child to the Father. Of course we are all that Self so we are all child to the Father. We are all God.

I had a truncated version of this fourth-chakra event on Sept. 21, 2018 while at Xenia Retreat Center. The Light was more translucent than brilliant. I was permitted however to experience my original purity and innocence. It lifted such a burden from me. (3)

We can have an enlightenment experience of love - such as a heart opening - or an experience of light - such as the sight of the Self - or another type of fourth-chakra experience. And, apparently, we can have them repeatedly.

In my view, Love is always in action or flow, a progressively-unfolding realization of the Mother; Light is stillness and silence, a progressively-unfolding realization of the Father. I think of them as my right and left legs.

Well, with the experience of my original purity and innocence with the sight of the Self, the cat was out of the bag. We're not born in original sin? We're born in original innocence? No holding the boy back after that.

Let's jump ahead now to the seventh-chakra experience of God the Father. Sri Ramakrishna is discussing Brahmajnana when he says:

"The nature of Brahman cannot be described. About it one remains silent. Who can explain the Infinite in words? ... Once a salt doll went to the ocean to measure its depth. But it could not come back to give a report." (4)

The salt doll would dissolve in the sea. There'd be no one to return and report. The experience of Brahmajnana takes us into a world beyond form and we come back with no memory of it and no ability to put our experience into words. Our ego for the moment is quieted. If we come back at all.

But, exalted as it is, Brahmajnana itself is still within the Third Dimension. And it's also temporary.

Fast forward through the entire life journey of an individual soul past the twelve Dimensions, on the doorstep out of the Mother's domain of matter, completely.

We stand on the edge of renouncing our individuality, ending the illusion and becoming One with the transcendental Awareness, the One.



The little golden star sees the light of the Father, far from the material cloud of the Mother.

The small golden star is staring off into the distance at the large golden Sun (see graphic left). And then it leaps.... (5)

I'll let St. Paul describe this last stage of enlightenment in metaphorical language:

“And when all things [all worldly desires] shall be subdued unto him, then shall the Son [the Christ, the Self, the Atman] also himself be subject unto him that put all things under him, that God may be all in all [i.e., reunited].” (6)

The Self subjects itself to the All-Self, that God may be all in all. The little golden star merges with the large golden Sun. Now there's only the One. There was always only the One.

The Mother, Maré, the Ocean of Love has baptized the seeker at the very beginning, with the opening of the heart or spiritual door. And the seeker journeys on in the realm of matter until it reaches a level of understanding where it leaves the material world altogether and rejoins the Transcendental.

Both the experience of higher-dimensional love and increasing awareness culminate in the realization and experience of our unity. We are one in love. We are one in awareness. We never were separate.

Free us of our bodies and we are points of awareness in a sea of love. The points of awareness gradually yield up their individuality to the One making it all in all again.

That is the basis for me saying that lightworkers are one.

Footnotes

(1) John Ruusbroec in James A. Wiseman, John Ruusbroec. *The Spiritual Espousals and Other Works*. New York, etc.: Paulist Press, 1985, 147.

Many more examples can be found in *From Darkness Unto Light*, "Enlightenment - (1) Spiritual Awakening - How has the experience of spiritual awakening been described?" at http://goldengaiadb.com/index.php?title=E#Enlightenment_-_281.29_Spiritual_Awakening_-_How_has_the_experience_of_spiritual_awakening_been_described.3F

(2) Ibid., 74.

(3) See “Original Innocence,” Sept. 21, 2018, at <http://goldenageofgaia.com/2018/09/21/original-innocence-2/> and “Archangel Michael Explains What Happened at Xenia,” Sept. 22, 2018, at <http://goldenageofgaia.com/2018/09/22/archangel-michael-explains-what-happened-at-xenia/>

(4) Paramahansa Ramakrishna in Swami Nikhilananda, trans., *The Gospel of Sri Ramakrishna*. New York: Ramakrishna-Vivekananda Center, 1978; c1942, 218.

(5) See “The Purpose of Life is Enlightenment – Ch. 13 – Epilogue,” August 13, 2011, at <https://goldenageofgaia.com/2011/08/13/the-purpose-of-life-is-enlightenment-ch-13-epilogue/>

(6) St. Paul in 1 Corinthians 15:28.

Envisioning a Future We May Know Nothing About

April 9, 2022

<https://goldenageofgaia.com/2022/04/09/envisioning-a-future-we-may-know-nothing-about/>



More, better, and different future is a projection of 3D thinking

How does one envision the future?

It's usually by extending what we already know into the future. Otherwise how would anyone reading it know what we're talking about?

This 3D approach simply extends trends of the present. Things would be faster, smoother, bigger, better, etc. But always there's the "er," which means "of the same kind but greater than at present."

The graphic at the top of the page demonstrates this kind of thinking: Buildings, instead of being rectangular, bulge in the middle; subway trains are elevated; building tops are shaped like spacecraft; etc.

But what we'll find in the future, in important respects, is **not** "of the same kind but greater than at present." It just isn't. It's literally a world apart, a world beyond.

Without factoring in the way life actually is on the higher dimensions, any description would be so far short of the mark as to be meaningless.

It'd help immensely if the description comes from one who's seen the future, even better from one who lives in it.

I've had toned-down experiences of the future - visits to higher dimensions. It's merely the knowledge of the scout rather than that of the inhabitant.

And I wasn't looking for cities and people. I was going inwards, as I always do and probably always will. I explore inner space. Onwards and inwards.

I therefore haven't visited a city of light or travelled on a spaceship. Nor am I inclined to.

I've spent time in love, bliss, and ecstasy. A few brief seconds in exaltation. Only enough to experience it and then it was gone. Archangel Michael tells us what levels these are associated with:

Steve: The space that I call transformative love, what dimension is it?

AAM: It is the Seventh Dimension.

Steve: Then what dimension is bliss?

AAM: It is between Eight and Nine.

Steve: And ecstasy?

AAM: Twelfth.

Steve: And what about exaltation?

AAM: Then you have moved beyond. (1)

Most of us have not experienced these states. So all we can do is extend the present into the future. We *will* experience them, I believe, as part of our Ascension or after.

When we do, we'll easily see that love - to take one level - determines everything there.

One cannot be in higher-dimensional love and perpetrate against another.

One cannot be in it and say hateful or spiteful things.

And of course none of these things would occur to anyone anyways. The conditions that give rise to that behavior are not there.

Therefore there would be no wars. Think how human history would have been if there was no conflict.

There would be no relationship problems and intergenerational transfer of bad habits, etc. Nothing of the sort would ever occur to anyone *who is immersed in the love that prevails there*.

Love is the great fact of the higher dimensions. It's infinitely more perceptible and enjoyable than here.

Therefore any future envisioning has to start with the most-obvious, least-ignorable fact - that a form of love reigns there that we know nothing about that determines the shape of the dimensional inhabitant's present and future.

And that future just keeps getting better. And not simply because we have what Werner used to call "more, better, and different." It's the way we feel that gets better. (2)

Because our hearts are open, fully and permanently, we experience the inner Tsunami of Love (3) or the even-more expansive Ocean of Love.

How do we envision what life is like under conditions that we may know nothing about, like love, bliss, or ecstasy? You see the dilemma? I can't find words for them in a Third-Dimensional language and almost no one will know what I'm talking about, even if I do.

What I can do is quote the words of people who do know, who live in the higher dimensions. I won't do that here, but maybe it's time to take another look.

When you read the articles on our future, keep in mind, perhaps, that the authors and the folks they're referring to live in an environment of complete satisfaction and fulfillment, derived from the love, bliss, and ecstasy they're experiencing.

Their words sound too good to be true. But my experience suggests that they're every bit true and what they describe is heading our way.

Footnotes

(1) Archangel Michael in a personal reading with Steve Beckow through Linda Dillon, Jan. 20, 2016.

(2) And, yes, we'll be able to create by thought to satisfy our wants and needs. That is also better, but does not determine our actions, whereas the way we feel usually does determine them.

(3) A river because love must flow. We get to experience it as it moves up from our hearts and through us.

Archangel Michael: Love is the energy of the universe. It is the energy of the Mother. And it moves constantly, continually, eternally, infinitely. So, to have an experience of love, it [must move] through you. ("Archangel Michael: Go with the Ebb and the Flow of Love," channeled by Linda Dillon, April 3, 2014, at <https://goldenageofgaia.com/2014/04/05/archangel-michael-go-with-the-ebb-and-the-flow-of-love/>.)

Love Must Flow

April 28, 2022

<https://goldenageofgaia.com/2022/04/28/love-must-flow/>



I think some of us may have a misconception about love - real love, the love that we'll come to know more and more of as the vibrations continue to rise.

The misconception is that I generate something called love, which I then give to you as I give you this piece of paper.

I create it and I pass it along.

Then we take a look and find we're not creating it. We fret and go see a therapist.

Then we try a new practice, a new sadhana.

As we go further and further along, we find that nothing works. We're not creating love; i.e., we're defective. Gradually we grow disillusioned and stop venturing in that direction.

Let me address that, if you will.

Number one, my experience - following a heart opening and a couple of spells in the Ocean of Love - is that love is not something I create. It exists independent of me. I say again: I do not create love; it already is.

Number two. Love flows. It doesn't flow because I say so or go where I say it must go, necessarily. It has a will of its own.

I certainly can neither stop it nor contain it nor even require it to stay in a channel. If I try any of these things, it disappears sooner than immediately.

So I am not "creating" love, which product I then send out to another. No sense looking for this fictitious love that I'm supposed to be creating and no sense feeling bad when I can't find it.

But there is an inner tsunami of love. Not saying there isn't. We can't experience it in our everyday consciousness. But when the kundalini reaches the fourth chakra, we can. (I think this is what the Event, the Ring of Fire, the Wave of Love will bring about.)

That love flows by itself. That love renews, revives, regenerates. That love, apparently, is Fifth to Seventh Dimensional. (1) Again I don't create that river of love. It flows by itself.

When the door of the heart (the hridayam) is open, that tsunami of love flows copiously. It can then be brought up from the heart and sent out to the world. We get to experience it passing through us, as Archangel Michael describes here:

"Love is the energy of the universe. It is the energy of the Mother. And it moves constantly, continually, eternally, infinitely. So, to have an experience of love, it [must move] through you." (2)

Most readers know that I breathe love up from my heart on the in-breath, swirl it around my field of awareness, and then send it out to the world on the out-breath.

THIS love, which I'm feeling right now, is what will have us ascend. It's what will reward us at every turn. It's what will make the world work, soldiers lay down their weapons, people house the poor and feed the hungry.

We don't create it. It already is. We open to it, experience it, and wish it on its way. Love must flow.

Footnotes

(1) Steve: The space that I call transformative love, what dimension is it?

Archangel Michael: It is the Seventh Dimension. (Archangel Michael in a personal reading with Steve Beckow through Linda Dillon, Jan. 20, 2016.)

(2) "Archangel Michael: Go with the Ebb and the Flow of Love," channeled by Linda Dillon, April 3, 2014, at <https://goldenageofgaia.com/2014/04/05/archangel-michael-go-with-the-ebb-and-the-flow-of-love/>.

Collective Consciousness-Raising

May 17, 2022

<https://goldenageofgaia.com/2022/05/17/collective-consciousness-raising-rippling-down-through-the-ages/>



Rippling down through the ages

We tend to think about consciousness by reducing it, which is itself unknowable, to something we *do* know.

Consciousness is like the sea and we are rendered as fish swimming in it.

Consciousness is like the air and we are birds flying through it.

Consciousness is like the screen and we are images projected onto it.

I've experienced myself as a point of consciousness in an Ocean of Love. That's as close as I came to knowing what consciousness is. (1)

That Ocean was everything but me. "I" was aware of "it." But I did not "know" it.

It was the object of my awareness. And so long as I was seeing objects, I was not Home free yet. Let me keep going until there is only the Subject. (2)

Perhaps then I'll know what consciousness is, if there remains a "me" and any memory of a desire for anything.

But what a marvellous sight, to see love everywhere, on some unknown dimension, some unnamed level.

Nonetheless, the truth of the matter is that, despite that experience, I still have no greater idea what consciousness is, nor do any other spiritual experiences I've had help me in this regard.

What is collective consciousness-raising? Through education and social activism, we raise the individual consciousness on various subjects like gender equality, child trafficking, the need for peace, etc.

We need to do much more of that on an ever-widening circle to introduce into the collective consciousness a strong push towards world peace and an end to New World Order domination.

When do we begin to consciously seed the collective consciousness with streamers of peace, love, and truth? Harmony, joy, and gratitude? That's what's wanted and needed.

Our sources do tell us that doing this makes a difference; Mike Quinsey, for instance.

"The more of you that send out thoughts of world peace the more you are speeding up its arrival and it cannot be ignored. You would be surprised at how much influence your thoughts can have on the population. Your only difficulty is getting sufficient people to project harmonious thoughts that have the power to bring about change." (4)

But we don't seem to value things like mass meditations.

Matthew Ward told us some time ago that our global transformation could be effected in an instant if the concept that it could do so was already in the collective consciousness.

"Your world could be transformed into the Golden Age in the twinkling of an eye IF that belief and vision were in the collective consciousness, but it is not and so all the changes will be a process." (5)

Ivo of Vega says that we don't recognize the power of the collective consciousness:

"The truth of the matter is, my love, that Earth is undergoing a process of raising the collective consciousness. So many on the planet do not even understand what that is, are not interested in it, and would scoff at it because this is a typical reaction of someone who feels they are being made to look foolish.

"They chest beat whenever they hear something that is true that they do not believe in themselves, in order to falsify the truth bringer. This is an extremely childish, and I might add reptilian, reaction to the truth." (6)

We first have to establish and have accepted the notion of a collective consciousness itself and then begin to impact it with mass meditations, films, videos, etc. We may have to do that in the face of the ridicule Ivo points to.

We'll find out what works and what doesn't to raise social awareness and increase the love we have for each other in our society, love that will bring peace in its train.

We do know that it only takes a change of vote by a very small margin of the population to shift a trend or point of view. The trend we want to shift is from war to peace, from hatred and division to love and unity.

Focusing on collective consciousness-raising today, in my view, is the gap to fill. I think that filling that gap is what will produce the transformation of our society. I think it's implicit in Mother saying, "this drawing together of people is how Nova Earth will be built and Ascension occur." (7) I hope we use the social media of the future to create coalitions of love and peace, to draw together in a statement that we want to see the end of war on Earth.

Speak to our audience, yes. But also speak to the future too. Because we're creating it right now. What we're doing will ripple down through the ages.

Footnotes

(1) See "Point of Awareness in an Ocean of Love - Part 1" in *An Ascension Ethnography* at <https://goldenageofgaia.com/wp-content/uploads/2022/04/An-Ascension-Ethnography-4.pdf>

(2) If you wish to pursue this topic, see Franklin Merrell-Wolff, *The Philosophy of Consciousness without an Object*. New York: Julian Press, 1973.

For interest's sake: Merrell-Wolff was, according to Michael, ascended before he began to write. Along with Ramakrishna, Ramana Maharshi, and Yogananda, Franklin Merrell-Wolff is one of my favorites.

Steve: A question about Franklin Merrell-Wolff. What level of enlightenment or dimension did he achieve?

Archangel Michael: He primarily operates in the 7th [Christ Consciousness] to the 11th [Mastery].

Steve: Okay. Because he speaks about the transcendental and I don't know if he's pointing to Brahmajnana [7th-Chakra enlightenment, jnana], which is the first taste of the transcendental, or beyond the 12th dimension [to the Transcendental Realm]?

AAM: No, he did not travel beyond [the 11th].

Steve: So, when I read him, and it's such a rich book [in this case, *Pathways through to Space*], I don't know how to map the experiences that he talks about. The high indifference, what dimension was that?

AAM: When you think of high indifference, it is not a matter of not caring but it is a matter of the clarity of perspective and the clarity of perspective is a trait of mastery so that is the 11th dimension.

Steve: Isn't that interesting. When did he break away from the third dimension? Which of his experiences was that?

AAM: Actually, he broke away from the restriction, shall we say it that way, of the third dimension long before he ever started to truly practice or write.

Steve: So, he was always doing it as an ascended being?

AAM: That is correct. (Archangel Michael in a personal reading with Steve Beckow through Linda Dillon, Jan. 18, 2020.) [Hereafter AAM.]

In the body! If that doesn't blow apart the belief that most people leave the body after simple Brahmajnana (3D, 7th-chakra enlightenment), I don't know what will. Our spiritual beliefs are falling by the wayside.

Merrell-Wolff implies that he has ascended (Liberation):

Franklin Merrell-Wolff: I cannot too strongly emphasize the fact that Liberation [what we call Ascension] is no more the end of life than is a college

commencement the end of the young man or woman who graduates. It is simply the end of one stage and the beginning of another. The really worthwhile Life begins after Liberation.

When this new Freedom is attained, a Man may return Home, as it were, and spend a long period enjoying the warmth and comfort of that Home. On the other hand, He may return and continue with his chosen profession on a larger field [as Merrell-Wolff did].

Some, who have been highly exhausted by their labors at college, may need a long rest, but obviously Those who are strong should occupy Themselves with the Activities of Real Life. (Franklin Merrell-Wolff, *Pathways Through to Space. A Personal Record of Transformation in Consciousness*. New York: Julian Press, 1973, 89.)

(3) Steve: Can you help me make sense of returning to my interdimensionality while not becoming a guru figure.

Archangel Michael: It is very simple: Visit; don't stay. (AAM, May 6, 2013.)

(4) "Mike Quinsey's Higher Self Message, April 29, 2022," April 30, 2022, at <https://goldenageofgaia.com/2022/04/30/mike-quinseys-higher-self-message-april-29-2022/>

(5) Matthew's Message, Oct. 22, 2008, at <https://www.matthewbooks.com>.

(6) "Ivo of Vega: The Hard Truth on the Truth," via Sharon Stewart, April 30, 2022, at <https://goldenageofgaia.com/2022/04/30/ivo-of-vega-the-hard-truth-on-the-truth/>.

(7) "Divine Mother and Archangel Michael: How the New Society and Ascension will be Achieved," November 17, 2013, at <https://goldenageofgaia.com/2013/11/17/how-the-new-society-and-ascension-will-be-achieved/>.

This “Me” Does Not Exist. But “I” Do

June 19, 2022

<https://goldenageofgaia.com/2022/06/19/this-me-does-not-exist-but-i-do/>



Who are you? Really

I've just had the clearest example of someone on the other side sending me an urgent bulletin. Both the bulletin and the sending are interesting.

I was wrestling with what caused inner turmoil and turned my attention to the "personality."

And then came a moment of clear, heightened seeing when I said to myself: I don't know how to describe what the personality is....

And I distinctly heard the words form in my mind, with a tinge of emphasis: "Because it doesn't exist."

That was not me. Hmmm.....

I followed that line of commentary however: I said to myself, perhaps I *don't* exist and I got my usual signal of agreement from Michael when I've said something accurate. I took that as confirmation.

I don't know which to discuss - the process or the message.

This is the clearest example I've had of a communication which I well know did not come from me. I put a bookmark here.

Now the message: I don't exist.

I'm just letting that sink in.

The "I" of personality does not exist. What does exist? Thoughts, feelings, and actions. Not a "person" as we understand the term.

I suspect that everything about these thoughts, feelings, and actions varies from dimension to dimension.

On this dimension, "I" am not to be found - or on any dimension above it. "I" lie beyond all dimensions, physical and transcendental. (1)

The "I" that actually and penultimately exists (2) is not an "I" that I can even know. I have to be silent before it. I'll disappear before that "I" is "known."

I work on the illusion day and night, convincing myself that I exist by amassing possessions, socializing, keeping records. This is me. This is who I am.

It'd be like wanting people to believe - really believe - that my Hallowe'en costume is actually me. It's not.

It makes all numbers I have to make me look good look foolish. I do not exist.

Never mind having no clothes. The emperor does not exist.

Something does exist, however, and I am that. It has no qualities. I know it only as the ever-present observer.

I knew it in the Ocean of Love as a point of light and awareness. (3) And I knew it at Xenia in the seat of the soul as a luminous Light. (4)

Like the Father, this observer allows me total free will and sees everything. It's said of the Father that it experiences life through me. I am a projection of that same Father into this dimension. As are you. This Light, this Christ, this Atman is the projection I am. (5)

So, after all is said and done, this "me," this object built of thoughts that I make of myself and adorn with possessions, does not exist. But "I" do.

Footnotes

(1) I now conceive of there being three levels to reality: Physical, Trascendental, and Absolute.

(2) It too disaappears in the One.

(3) See "Love is the Way, the Truth, and the Life," May 6, 2014, at <https://goldenageofgaia.com/2014/05/06/love-is-the-way-the-truth-and-the-life/>; "Immersed in an Ocean of Love – Part 1/2" at <http://goldenageofgaia.com/2015/05/17/immersed-ocean-love-part-12/>; and "Immersed in an Ocean of Love – Part 2/2," May 17, 2015, at <https://goldenageofgaia.com/2015/05/17/immersed-ocean-love-part-22/>.

(4) Steve: The experience at Xenia, Mother, was that truncated?

Divine Mother: Slightly, yes.

Steve: I had the thought [it was]. ... The Light I saw should have been brighter than a thousand suns. The fact that it wasn't suggests to me that the experience was truncated. ...

DM: It was not is brilliant as possible, let us put it that way.

Steve: Alright... And again, the reason is to keep me in sync with my readers?

DM: To keep you in sync with your readers.

But let me be very clear.... If you had seen the light as it actually is - yes, a million, billion suns - you would have simply departed. ...

We don't mean die but you would have departed the life that you have designed - yes, with us - for yourself, for the service you are providing - you would have departed and simply said, 'I do not need to do this. I will just simply sit in the bliss

of love and good luck, everybody!” (Divine Mother in a personal reading with Steve Beckow through Linda Dillon, Oct. 26, 2018.)

Archangel Michael: We have unplugged you and, yes, it took some time and shall we say, a few shocks and jolts [watching *Frazzeldrip*]. But what you have done, is you have journeyed to the depths of your soul, to the depths of your core.

(“Archangel Michael Explains What Happened at Xenia,” September 22, 2018, at <http://goldenageofgaia.com/2018/09/22/archangel-michael-explains-what-happened-at-xenia/>.)

(5) The door into the higher dimensions for this everyday consciousness is the door of the heart, or hridayam, to be found in the center, the balance point, the present moment.