

Dual or Non-Dual This Lifetime?



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⌘ Dual or Non-Dual This Lifetime? ⌘

Dual or Non-Dual This Lifetime?



March 7, 2020

I'm going through a sad parting of the ways backstage between the lifelong non-dual student in me and the dualistic servant.

There are so many reasons why the non-dual is not the path for me this lifetime.

First, I know that my experiences are truncated to keep me here. It's probably the same for any lightworker, anyone, that is, who works for Mother/Father God. The intent is not to have me be enlightened now, but instead be grounded and serve.

If all of us "flew" up into the higher realms, from which we all came, we'd be unable or unwilling to complete our service agreements.

Second, the non-dual is a pursuit of the Absolute. But I already know that my service is with this relative, everyday world. So the stipulations of my service agreement preclude focusing on the Absolute right now.

Third, focusing on the Absolute would have me go inwards and perhaps get transfixed. But my service agreement is not with my inner states, as compelling as they are. It's with people, outside. An introvert by nature, I'm called to be an extrovert. Archangel Gabrielle once reminded us:

"Your mission and purpose ... is always going to be in concert and interaction with others, whether it is one or one billion, it matters not." (1)

Fourth, this mass/physical Ascension we're involved in invites us to act, as Michael explains:

"When we have said – and many of us have said this – that this is a time of action, of implementation, of moving forward, we mean it literally. We don't simply mean it esoterically.

"We don't simply mean now is the time to take action to clear your vasanas or core issues. We don't simply mean that it is time to decide what your heart desires, although it is.

"It is time to bring forth and demonstrate, by the amazing diversity of talents, what you are capable of doing. Not just talking about, not just visioning, not just hoping for, but what you are capable of doing, demonstrably, in form, upon Gaia now....

"Not doing simply for busy-ness's sake, for to take action without focused clarity and intent in the stillness and the spaciousness of being is meaningless.

"But to move in formulation, in action, in doing with that focused intent of understanding and using the talents that you have brought.

"And every single being upon this planet at this time has brought the fullness, the totality of their soul's design to the planet. They did not leave anything behind.

"So you are well-equipped to take these steps of action, each of you in your own way and it is not an either/or. It is a mosaic and every piece counts." (2)

Our lightwork will be very much a global work, way more than a national or a local. In the pursuit of it, we're being asked to start caring for each other, start sharing with each other, start giving a darn about each other. And allow that to shape our service.

Fifth, I'd rather let go of experiencing Sahaja Samadhi (Ascension) now to work with Archangel Michael. The opportunity to work with him is beyond worldly value.

I've never felt so respected, honored, and cared for by another in my life as by him.

I'll be posting many of the instructions he's given me about how to proceed after the Reval. When I do, just listen to the care he takes with me every step of the way.

Feeling as I do, the path of the servant is more appropriate for me than the path of the non-dual student. But both karma yoga (dual) and jnana yoga (non-dual) lead to the same place. All roads - dual and non-dual - lead to the One.

Nevertheless, these are the reasons why I'm a dualist this lifetime.

Footnotes

(1) Archangel Gabrielle: Cooperation Comes Before Love,” April 2, 2017, at <http://goldenageofgaia.com/2017/04/02/archangel-gabrielle-cooperation-comes-before-love/>.

(2) "Archangel Michael on the Purpose of the Reval and Our Future – Part 2/5," Oct. 24, 2016, at <http://goldenageofgaia.com/?p=282807>.

Remaining Aware that It's Aware



Imaginative recreation of our ancestors of 400,000 years ago. Photograph: Kennis & Kennis/AP

March 21, 2020

I believe that the original of us homo sapiens, whatever it was, had at least a consciousness of itself.

It wasn't simply looking out from these eyes. It could, in a sense, see or become aware of itself looking out from these eyes. It had self-consciousness.

Self-consciousness comes in two varieties - aware and unaware. I hypothesize that our earliest ancestors were self-conscious but unaware of being self-conscious.

Aware self-consciousness knows and knows that it knows. It feels and it feels what it feels. It is both capable of being participant and observer, remaining aware that it's aware as it remains aware of what it's aware of.

As it becomes more aware of this "I" that it's conscious of, it looks into the matter and finds at an intellectual level that there is some form of individuated consciousness that is called the Self, the Atman, the Christ, a light brighter than a thousand suns. This also is called "I," like "the self," but it lies at a deeper level of our own consciousness, our own "self."

If our interest is piqued, we may be drawn along by an unquenchable but subtidal longing for liberation. (1) And so we begin the search for this liberating Self.

So here we are, invested in the search for the Self. The ironic thing is that the ultimate consummation of our search and of our individuated lives lies in the complete surrender and disappearance of everything we think of as a "self" or "Self."

St. Paul described this last surrender of the Self:

"Then cometh the end, when he shall have delivered up the kingdom to God, even the Father; when he shall have put down all rule and all authority and power.

...

"And when all things shall be subdued unto him, then shall the Son also himself be subject unto him that put all things under him, that God may be all in all." (2)

Putting down all rule, authority, and power refers, I believe, to self-mastery rather than external rule.

Is this not the final surrender of the Self, the Child of God, the Son or Christ, preceding mergence? If it is, then journey's end lies in the end of everything we've come to think of as the self/Self.

Who will then be on hand to enjoy our victory? The One and only. No one else. Certainly not me.

I burst out in laughter on seeing this because I recognized that I was putting a lot of effort and resources into attaining something I won't be on hand to enjoy.

That doesn't mean I'm going to say, "Leave it. Eat, drink and be merry." The fact that I'll disappear doesn't change anything.

I am - you are, we all are - already the One so not being around to enjoy it is not the truth of what would happen.

I simply come into a much bigger, in fact the biggest possible body one can imagine, that of the One. Only a "self" would worry that "I disappear." I take off my mask, yes. But that is not who I am. I am the One wearing the mask, dancing what Ramesh Balsekar called a duet of One. (3)

I'm reconciled to putting aside this temporary, illusory, ephemeral "self" that was needed as part of the dance. And I'm reconciled to putting aside all other levels of "self" or "Self" that I come upon because in that eternal state of Oneness, I won't need a self or Self. As long as I have one, my journey isn't done.

Whenever I emerge from a lower level of awareness to a higher, it feels like a birth. I immediately identify with the higher state. So why would the final merge be any different? I am One. When I drop the Self, I will still be One.

Nevertheless, the question remains: Why devote so much time and resources to this self at any level when, in the end, it's going up in smoke?

Footnotes

(1) See "Understanding the Longing for Liberation – Part 1/3," October 16, 2016, at <https://goldenageofgaia.com/2016/10/16/understanding-longing-liberation-part-13/>; "Understanding the Longing for Liberation – Part 2/3," October 16, 2016, at <https://goldenageofgaia.com/2016/10/16/understanding-longing-liberation-part-23/>; and "Understanding the Longing for Liberation – Part 3/3," October 17, , at <https://goldenageofgaia.com/2016/10/17/understanding-longing-liberation-part-33/>

(2) St. Paul in I Corinthians 15:24 and 28.

(3) Don't forget that the purpose of life revolves around an instance of our enlightenment. The purpose of our being alive is that God should have the pleasure of knowing itself in a moment of our enlightenment. See *The Purpose of Life is Enlightenment*, at <http://gaog.wpengine.com/wp-content/uploads/2011/08/Purpose-of-Life-is-Enlightenment.pdf>

Up and Down Jacob's Ladder



Nov. 29, 2019

I'd like to continue the discussion of dimensionality, looking particularly at the idea of descent rather than ascent.

Terrestrial sages did not discuss it. Michael once said:

"Now [in olden times] that sense of bringing others along wasn't defined by dimensions. It was more a teacher/student, sage/novice relationship. So the framework was very different." (1)

When Jacob dreamt his dream of angels on a ladder that went to heaven, he saw them descending as well as ascending.

There are many examples of such a descent.

An avatar such as Sri Ramakrishna or Lord Krishna is a descent of the Divine into matter.

Lightworkers are for the most part angels and we've descended from our native dimensions (or in some cases from beyond the twelve dimensions, in the Transcendental, for those who may not have been living in the dimensional universe) to participate in Gaia's Ascension.

St. Germaine, whom Michael told me ascended not after his lifetime as Sir Francis Bacon as is popularly assumed, but in Atlantis, (2) descended into matter and lived for hundreds of years before leaving this dimension and returning to his own.

Ashtar once said to me that he would descend from his place, which was beyond the Twelfth Dimension, as far as the Fifth to communicate with us and no lower:

Ashtar: What we have done is we have brought our vibrations to the fifth dimension in order to be at a place where we can meet you. If you are to think of the human realm and what is available currently to you, if you were looking for me, I would be out of the realm of human experience. So, let us make that clear as well.

Steve Beckow: That means above the twelfth dimension, is that correct?

A: That is correct. (3)

So a descent down Jacob's Ladder of consciousness doesn't necessarily mean a devolution of consciousness. It could be - as in the case of lightworkers - an act of service to others.

Now I'd like to focus on Oneness and the descent into the lower dimensions.

At this dense dimension of physicality into which we lightworkers have descended, we remain One and yet are different. It's not an easy topic to discuss until we introduce the notion of dimensions into the equation.

We are One at our essence. Our essence eternally exists at a level beyond the dimensions, beyond matter (*mater*, Mother), beyond the power of words to discuss.

Sri Ramakrishna described, through his metaphor of the salt doll wanting to measure the ocean, the difficulty of talking about things at that level of existence.

"The nature of Brahman [God, the Infinite] cannot be described. About it one remains silent. Who can explain the Infinite in words? ... Once a salt doll went to the ocean to measure its depth. But it could not come back to give a report." (4)

"No sooner did it get into the water than it melted. Now who was there to report the ocean's depth?" (5)

In a second metaphor, he compared the situation to men who scale a wall and see a wondrous sight:

"Once four friends, in the course of a walk, saw a place enclosed by a wall. The wall was very high. They all became eager to know what was inside. One of them climbed to the top of the wall. What he saw on looking inside made him speechless with wonder.

"He only cried, 'Ah! Ah!' and dropped in. He could not give any information on what he saw. The others, too, climbed the wall, uttered the same cry, 'Ah! Ah!,' and jumped in. Now who could tell what was inside?" (6)

Similarly if we merge again with the Father, as the small golden star in my 1987 vision did with the large Golden Sun, (6) who is left to report on the experience? The golden star is gone.

As we descend into matter, not only does our consciousness vibrate at lower and lower rates, but we find ourselves in a different body on each level to allow us to act and interact with others.

On the Third Dimension we don what we think of as a "physical" body. Hindus call it annamayakosha - the food body.

But when we leave the Earth plane after "death," we first find ourselves in an etheric body and then in an astral or Fourth-Dimensional body.

We leave this at some point for a mental or Fifth-Dimensional body (i.e., ascend) and continue on up Jacob's Ladder, eventually reaching formless dimensions.

One could say that the differences among us at the lower-dimensional levels are quite obvious but that they get less and less obvious as we mount Jacob's ladder.

Thus our differences become more and more pronounced as we descend into density or dimensionality and less and less pronounced as we ascend. While it's hard to see how we are One at a Third/Fourth-Dimensional level of density, it would be plain as day at the highest levels.

Footnotes

(1) Archangel Michael in a personal reading with Steve Beckow through Linda Dillon, Feb. 17, 2017.

(2) Steve Beckow: When did St. Germaine ascend?

Archangel Michael: You mean WHICH time?

SB: The first time.

AAM: He ascended during the time of Atlantis.

SB: So, it's not true to say that Francis Bacon was his time of Ascension.

AAM: No, he came back, did it again and came back and did it again. This one is QUITE the revolving door. That is why he says he is NEVER coming back. But we know differently! (Archangel Michael in a personal reading, *ibid.*, Jan. 23, 2015.)

(3) "An Introduction to Enlightenment and the Trinity – Part 2/2," May 14, 2012, at <http://goldenageofgaia.com/2012/05/14/an-introduction-to-enlightenment-and-the-trinity-part-22/>.

(4) Paramahansa Ramakrishna in Swami Nikhilananda, trans., *The Gospel of Sri Ramakrishna*. New York: Ramakrishna-Vivekananda Center, 1978; c1942, 218. Sri Ramakrishna was speaking only of Brahmajnana or seventh-chakra enlightenment but the same situation applies to complete merger with the One.

(5) *Ibid.*, 102-3.

(6) *Ibid.*, 268.

(7) See "The Purpose of Life is Enlightenment – Ch. 13 – Epilogue," at <http://goldenageofgaia.com/2011/08/13/the-purpose-of-life-is-enlightenment-ch-13-epilogue/>

Non-Dualism and Ascension



July 18, 2015

I was asked today what the difference is between Advaita (A=Non, Dvaita = Duality) and Ascension philosophies, and, for the benefit of those who follow western or eastern versions of Advaita, perhaps I could comment on that.

This is simply a personal view. I'm not saying I'm correct. I'm just saying this is the way I see things.

Advaita is the path of knowledge (Jnana), rather than the path of devotion (Bhakti) or service (Karma, Seva). It seeks permanent, realized knowledge of the One, usually through meditation but sometimes through contemplation and reasoning.

The path of reasoning is often called "neti, neti, neti" - "not this, not this, not this." It proceeds by raising to awareness the fact that the one "I" that I am, that we all are, the ultimate, eternal and omnipresent Subject is not this thing or that, but is everything and at the same time no thing (Everything/Nothing); that is, nothing material.

Advaita also often proceeds through the casting (or asking) of the question: "Who am I?" which brings a response from the Self every time we ask it. We may be too unrefined in our consciousness to detect that response but it apparently occurs nonetheless. Finally everything impermanent falls away from our consciousness, leaving the revealed Self of all.

This "Self" exists at a level that transcends material reality and, viewed from that angle (if there could be a viewer independent of it, which there cannot be), is the constituent, substratum, or essence of everything that exists and everything that appears not to exist. It is the one Essence or Existent.

The Ascension philosophy goes much farther than eastern Advaita or the western version of it.

While traditional Advaita's goal is unitive consciousness and an end to reincarnation, Ascension philosophy sees that as only one step in a much broader and increasingly-expansive process.

Unitive consciousness and an end to reincarnation come with our exit from the Third and Fourth Dimension and our access to the Fifth. But Ascension philosophy does not stop there.

It recognizes that there are twelve dimensions to the human experience. It holds that the highest goal sought by Advaitins is only the first stage of the scaling of Jacob's Ladder of consciousness, also sometimes called the Stairway to Heaven.

Ascension philosophy looks at the components of the human being in a much broader way than Advaita. It inquires into the nature of our DNA, which includes much more than just our genetic inheritance. It includes our soul contract, our cellular memory, the codes that govern Ascension, the structure of all our higher-dimensional bodies, and much more.

It describes what's accomplished with our accession to each of the higher dimensions. It looks at the nature and process of the various kingdoms - animal, elemental, angelic, and so on. It examines the human story from its most ancient roots, describes our galactic origins, looks at other civilizations in this and other universes, describes their process and their Ascensions, and opens the door to much broader vistas in every field of human or galactic endeavor.

Advaita cannot guarantee "full enlightenment" to everyone who states their wish to have it, but Ascension does. (1) We see before us a fleet of galactic ships here to protect us during our Ascension (once karma has been satisfied) and the known and discoverable participation of the celestials in our consciousness shift.

Ascension sees the active involvement of these guardians of humanity in restoring balance to Earth by distributing abundance, providing healing to those who ask for it, addressing the pollution of our world, preventing the subjugation of the working and middle classes by the Illuminati elite, preventing mass terrorist acts, including weather-warfare, carried out by our very own governments on their own citizens and others, and the worst mass-terrorist act of all (world war). These and many other actions are designed to subjugate the population and win control by and for, not the people, but the elite.

Ascension is both spiritual and activist. It is far more umbrageous than anything terrestrial spirituality has produced. And the benefit from learning about it far exceeds the limited benefit that comes from simply securing a spiritual technique or restricting one's education to the nature of the Self, which is but one topic of interest to the Ascension spiritual seeker.

If I limited myself to terrestrial spirituality, I'd call myself an Advaitin. But I can be an Advaitin and far, far more by delving deeply into Ascension philosophy. I chose the much broader view and have never made such progress as I have from making that choice.

Footnotes

(1) Providing as well that they're able to hold sufficient love to tolerate the more refined vibrations of the higher realms.

Jesus was a Non-Dualist



Sept. 1, 2019

Many people consider that Jesus was a dualist. He talked about a Father and a Holy Ghost as if they were outside himself and represented himself as a Son.

He said his Father was greater than he, even though they were one. He said that the Father had given all things into his hands and sent him out into the world with a task to do.

He said many other things that seemed to suggest that the Father existed as an objective reality from which he, Jesus, was somehow separate. And yet he was the Son of that Father and sent on a mission, etc.

But let us examine the situation a little more deeply.

Hindu Advaita (non-dual) Vedantists (explicators of the non-dual Upanishads or Vedanta) are looked upon as non-dualists. They speak of Brahman, Atman, and Maya or Shakti. Brahman is the only Reality and is mysteriously individuated as Atman, or Brahman-within-the-individual.

All of us are illusory forms, created by Maya or Shakti, the energy of Brahman. Shakti differs from Brahman as movement differs from rest, sound from silence, and form from formlessness.

Are we agreed?

Well, I contend that what Vedantists called Brahman, Jesus called the Father; what Vedantists called Atman, Jesus called the Son; and what Vedantists called Maya or Shakti, Jesus called the Holy Ghost. Put in equation form, Father, Son and Holy Ghost = Brahman, Atman, and Shakti. Jesus spoke of a Holy Family but in actuality he only spoke of the same three levels of Reality that the Advaitins spoke of.

If Vedantists are non-dualists, why is not Jesus so considered? Do different names make any difference? I don't think so.



When Jesus said “I am the truth, the way, and the life,” in my opinion, he did not mean “I, Jesus.” He meant the I, the Self, the individuated Brahman, which he called the Christ, the Savior, the Prince of Peace.

Of course the I, Self, or Atman *is* the Savior. Knowledge of the Self brings salvation, liberation, redemption from physical birth and death. But it must be known as one with the Father. It is the Prince of Peace because perfect knowledge of it does bring peace, a peace which passeth understanding.

This Atman or Christ is seen in a moment of enlightenment and is known to be the “truth.” Meditation on it is the “way” to knowledge of Brahman or the Father. And that knowledge, when perfected, leads to “life,” by which he meant not needing to

go more out of the temple; i.e., liberation from the need to leave the higher realms and be reborn into this realm of matter, *mater*, Mother or Shakti, the Holy Ghost.

To illustrate that “I am the way, the truth, and the life,” he gave parable after parable, all of which say the same thing. A man (woman, child) was digging in a field (the body), came across a great treasure (in the heart), buried it up again, went away, collected all his wealth, sold it, and bought the field. A man (woman, child) saw a pearl of great price, went away, sold all that he had, and bought the pearl. A man put a measure of meal in a loaf and it leavened the whole loaf. A man planted a mustard seed and it grew into a great tree. They all say the same thing. They tell us how to get to God, how to realize Brahman or the Father, etc.

Jesus knew that his generation would as a whole not use his knowledge well and so he hid his wisdom in parables.

Let's look at one of these.

A man was digging in a field....

A person was practicing spiritual disciplines, in the haphazard way that we all do, meditating one day, forgetting to meditate the next day, carousing, having a spiritual discussion....

... when he came across a great treasure...

When he saw the light of the Atman or Christ, at a time of God's own choosing. When the kundalini energy rose to the Fourth Chakra he saw a discrete point of light, which we know as the Self, the Atman, the Son of God or Christ.

... he covered up that treasure...

He reflected on that experience and resolved to become more focused in his practice.

... he went away and sold all he had....

The sight of the Atman, Self, or Christ ceased and the man wanted it back. He began to practice spiritual discipline in a far more focused manner. He let go of all

other desires than owning the treasure of the sight of the Atman, Self, or Christ. He began to meditate exclusively on the Light he had seen.

... and returned and purchased the field.

After many days, weeks, months, and perhaps years of meditating exclusively and constantly on the discrete Light, it grew into a Light that transcended creation, transcended form, transcended everything he knew as reality. In an experience called sahaja (or permanent) nirvikalpa samadhi, he realized a Light that transcended creation or form and this time it did not leave him.

Perhaps a seeker does not meditate but follows another path, such as service or devotion. But the following of whatever path he takes becomes more focused and concentrated.

The Son has now "led" the seeker to the Father. Atman has become Brahman. I and the Father are One. The truth has provided a way to the life. The "I" of the Atman or Christ has shown itself to be the truth, the way, and the life - the truth of the Father, the way to the Father, and the life afforded by permanent knowledge of the Father.

Nothing I have said yet shows Jesus to have been a dualist, but a non-dualist.

Perhaps someone among readers had a question about this. Perhaps someone wanted to know how the teachings of Jesus are consistent with what all other religions are saying. Perhaps someone said how can I be a Christian and read the rest of the material on this website? I don't know.

But there it is. In my view, Jesus was as much a non-dualist as Krishna. And as much a dualist since dualism is in reality simply an earlier view of spirituality than non-dualism, just as Grade 6 is an earlier view than Grade 7. Dualism is contained in Non-Dualism, as we see here.

Yes, there is only one God and the One has become the many. No, Jesus did not deny non-dualism and set up a dualistic path in contradistinction to non-dualism by recognizing a Father, a Son, and a Holy Ghost. Yes, Christianity and Hinduism say the same thing in different words. And the same could be said for Christianity and Buddhism, Islam, Taoism, etc.

There is a Perennial Philosophy, an ancient wisdom, a fount of spirituality underlying all religions which is the source of all teachings. There is a Reality which all great teachers contemplate, realize, and then find their own unique way of describing. Words are different but Reality is the same. Jesus was as much a non-dualist as any of the rishis.

In the Beginning was the Stillness



Oct. 16, 2019

I joked to a friend that she was the quintessential female (action) and I was the quintessential male (stillness).

And as I did so, I realized: I aspire to stillness.

And I notice - because I'm using my awareness and my heart to penetrate into stillness - that stillness is prior to the divine qualities.

Something is only a quality relative to something that's not. If there are two men, we might say that one's taller and one's shorter. But if there's only one man, it doesn't make sense to call him taller.

The divine qualities are themselves therefore part of the realm of dualities. Stillness is prior to any qualities and prior to duality. Dualities recede and disappear in the presence of stillness.

Only from a place of balance - which implies stillness - does transformative, universal love come alive.

Stillness is prior to everything I can think of.

In the beginning was the Stillness. And then there was the Word. (1)

Footnotes

(1) Aum, the Mother's instrument in creating and dissolving worlds.

Basic Third-Dimensional Illusion: Separate Selves Struggling for Survival amid Seeming Scarcity



Oct. 30, 2013

What is the mindset we're trying to let go of, that tells us how life is in our everyday setting? Can we state it in its simplest and most fundamental form?

Let me offer my version of it:

We are separate selves struggling for survival amid seeming scarcity.

The best label for this view of life, in my opinion, is "social Darwinism." Life is a struggle for existence, in which only the strong survive.

Can we look at this short statement, as an approach to dispelling our primary 3D illusions?

(1) *We are separate selves.*

(a) We are selves. That's true. God tied a knot in the ocean of love, light, and consciousness. The balloon thus formed, full of God-stuff and consciousness, we call a self.

(b) So long as our vibrations are dense and heavy, we can only know that self as something separate from all other selves.

We don't see or feel the God-stuff. We refuse to admit that the seeming individuality we have is not fixed, permanent, or eternal. We are God but we refuse to abandon our penultimate state as God the Self, Christ, Atman, or pearl of great price.

St. Paul describes the ultimate surrender of the Self - in Biblical code - here:

"Then *cometh* the end [final enlightenment], when he shall have delivered up the kingdom [all the bodies, all the selves] to God, even the Father." (1)

This surrendering of the Self constitutes "final" enlightenment, which, in my vision of 1987, was represented by the small golden star returning to the Father and immersing itself in him. (2)

Therefore, viewed from the standpoint of ultimate Reality, there is only One and therefore we must be that One. Otherwise there would be a second.

Viewed from the Highest Reality, then, there never was, is, or ever shall be separation between God and this apparent "me."

So the separation from God is only a seeming, which occurs on the Third and Fourth Dimensions, the lowest and most dense we'll ever see.

Therefore, this part of our statement - that we are separate selves - is not absolutely and fundamentally true. In the end, it's revealed as an illusion.

(2) *struggling for survival*

Survival - do we actually need to survive? Have we ever questioned that?

I've been outside my body and see that I am not my body. When I was outside it, I never felt hunger or questioned where I'd sleep that night. I was free of all those conditions.

Whatever happens to my body at death need not concern me for I have a life independent of it. So for me, anyways, survival is not an issue.

(b) Struggling - do we need to struggle to survive? Or struggle for anything?

In the time I spent in Fifth- and Seventh-Dimensional love, I found myself in a state of consciousness where any idea of struggle would have been laughable. Laughable because I could not have struggled for anything, so deeply awash with love was I - rich, profligate, generous. I could have given it all away.

No struggle there. But no struggle also because I had everything I wanted. Don't you see? Love - real love - is what we're looking for. So I know a state of being where real love is free and plentiful and in that state is not a thought of struggle.

In that state, we're certain that we've arrived. There is nowhere else to go except deeper and deeper into Love.

Therefore, that we need to struggle to survive is another myth, another illusion.

(3) *amid seeming scarcity.*

Leaving aside the fact that any scarcity we create increasingly seems to arise out of our own beliefs in lack and limitation, there was certainly no scarcity where I ended up. I drowned in an ocean of love. No scarcity there and I wanted nothing else.

If you offered me gold while I was in that state, I'd have only smiled. I wouldn't have lifted a finger for it. What can gold give me that love does not? In that state you really get the importance to us of how we feel. Because when we feel brimful of love, we want nothing else.

All I wanted was to touch the fingers of other love-soaked pilgrims as they passed me by going wherever they were going in an unrushed, love-drenched world.

Consider the free gifting of replicators as a mid-term tangible indication that there's no scarcity. The replicator will give you whatever you ask of it.

Then consider that, before our journey of Ascension has ended, we'll be creating what we want by thought. No scarcity there either.

The trend is not towards scarcity but away from it. So this part of our statement too seems to be an illusion.

There isn't a part of our statement of the fundamental credo of the Third Dimension that has held up to scrutiny when viewed from a higher-dimensional perspective.

And yet this point of view is so basic to our behavior patterns that we "live it," without thinking about whether anything about it is true, real, eternal. And nothing about it is.

We are not separate selves struggling for survival amid scarcity.

We are Children of God, not different than or separate from the Mother/Father, learning our true identity by willingly entering an illusory world and limited existence for a time. Our journey ends when all individuating bonds are broken (the balloon is burst) and we experience our Oneness again.

Footnotes

(1) I Corinthians 15:24.

(2) See "The Purpose of Life is Enlightenment – Ch. 13 – Epilogue," at <https://goldenageofgaia.com/2011/08/13/the-purpose-of-life-is-enlightenment-ch-13-epilogue/>

What is the “Ego” and How Do I Work with It?



Nov. 4, 2019

”Ego” in Latin means "I."

The sense of ourselves as a being separate from others - but also, alas, separate from God - is what is meant by the particular "body" we call the "ego."

Without our ego, we wouldn't be aware of ourselves. If we weren't aware of ourselves, we wouldn't move up Jacob's Ladder from simple self-consciousness to Self-Consciousness to consciousness of Oneness at journey's end.

According to Sri Ramakrishna:

"The ego is like a pitcher, and Brahman [God] like the ocean -- an infinite expanse of water on all sides.

"The pitcher is set in the ocean. The water is both inside and out; the water is everywhere; yet the pitcher remains. ... As long as the ego remains, 'you' and 'I' remain." (1)

That having been said, "egoism" is different. As Sri Yukteswar Giri has said, "egoism results from a lack of discrimination between the physical body and the real Self." (2) We think of our body as all there is and focus on its survival in a seemingly-competitive world .

The philosophy that arises from a dense sense of separation I've called "social Darwinism" elsewhere. (3) It's the self-serving bias writ large.

The out-of-body experience I had in 1977 gave me the experience and (minor) realization that "I" was not my physical body.

In an instant, I passed over from "a lack of discrimination between the physical body and the real Self" to certainty that I was not the physical body.

I did not pass over to discernment of "the real Self" (a major realization), but I moved away from considering myself to be the physical body.

Sri Shankara tells us that:

"He who believes himself to be acting or experiencing is known as the ego, the individual man. ... When the objects of experience are pleasant, he is happy. When they are unpleasant, he is unhappy.

"Pleasure and pain are characteristics of the individual -- not of the Atman, which is forever blissful." (4)

Our lives are spent seeking pleasure and avoiding pain ... well, when we can! (5) The Buddha called this a life of craving and aversion.

Our pleasures come from achieving power, seeking the bliss of orgasm (i.e., sexuality), acquiring wealth, feeling inspired by a landscape, painting, or music, feeling validated, and so on. Our lives are spent pursuing these and avoiding their opposites.

Sri Ramana tells us that the ego is "the root of all thought." "The ego rising all else will arise." (6) This whole world arises with the sense of our small self or ego. Without the ego arising this world would vanish - or so the theory goes.

What the terrestrial sages don't tell us is that we'd then be in a higher dimension of consciousness from this Third-Dimensional sense we have now; we'd be in at least a Fifth-Dimensional experience of life.

The Third Dimension vibrating more sluggishly than the Fifth would disappear from view, as it does when we transition and pass into the Fourth Dimension or astral world. The "Earth plane" vanishes.

Whence arises the sense of ego? Bhagwan Rajneesh tells us it arises from memory, the accumulated and stored thoughts of events that have happened to us:

"From where does this ego come which thinks, 'I am. I am doing'? It comes through memory. Your memory goes on recording happenings: you are born, you are a child; then youth comes, then you are old.

"Things happen: love happens, hatred happens, and the memory goes on recording it. When you look at the past, the whole accumulated memory becomes your 'I.'" (7)

Krishnamurti expands on this interpretation:

"YOU are this knowledge, you are the things that you have accumulated; you are the gramophone record that is ever repeating what is impressed on it. You are the song, the noise, the chatter of society, of your culture.

"Is there an uncorrupted 'you' apart from all this clatter? This self-centre is now anxious to free itself from the things it has gathered; but the effort it makes to free itself is part of the accumulative process. You have a new record to play, with new words, but your mind is still dull, insensitive." (8)

We try to grasp the objects of pleasure and move away from the objects of pain, Adyashanti tells us.

"Ego is the movement of the mind toward objects of perception, in the form of grasping; and, away from objects, in the form of aversion. This fundamentally is all the ego is.

"This movement of grasping and aversion gives rise to a sense of a separate 'me,' and in turn the sense of 'me' strengthens itself this way. It is

this continuous loop of causation that tricks consciousness into a trance of identification.

"Identification with what? Identification with the continuous loop of suffering. After all, who is suffering? The 'me' is suffering. And 'who' is this me? It is nothing more than a sense of self caused by identification with grasping and aversion.

"You see, it's all a creation of the mind, an endless movie, a terrible dream." (9)

What can we do about our situation? Sri Ramakrishna offers one approach:

"You may reason a thousand times, but you cannot get rid of the ego. ... so let the rascal remain as the servant of God, the devotee of God." (10)

Adyashanti offers another:

"Don't try to change the dream, because trying to change it is just another movement in the dream. Look at the dream. Be aware of the dream. That awareness is It.

"Become more interested in the awareness of the dream than in the dream itself. What is that awareness? Who is that awareness? Don't go spouting out an answer, just be the answer. Be It." (11)

I like to think of the two answers as being complementary. The first addresses our relationship with the outside world: If we cannot get rid of the ego, make it the servant of God. Serve God in all we do.

The second addresses our relationship with ourselves and our "inner world." Watch and observe the workings of the ego without changing it, deflecting it, denying it, etc.

That's my native tendency anyways. But the first approach offers us a way of being in the world.

Applying this first approach to post-Reval affairs, for instance, I become a steward of the Mother's wealth. I am in co-creative partnership with Archangel Michael (as

are millions of others), by his declaration, although I personally prefer to see myself as his servant. (12)

Someone will point out that I'm taking a dualistic position. This is a time of building Nova Earth and not of my personal realization. If I were to sink into non-dualism, I'd be unable to function in that creative work. So I adopt the dualistic stance of the servant in this lifetime.

You and I and all other lightworkers have come from a higher dimension and will return to it so there is no need for me to scale Jacob's Ladder of consciousness in this lifetime. I'll return to my native dimension later.

But there is a need to serve.

Footnotes

(1) Sri Ramakrishna in Swami Nikhilananda, trans., *The Gospel of Sri Ramakrishna*. New York: Ramakrishna-Vivekananda Center, 1978; c1942, 708. [Hereafter GSR.]

(2) Swami Sri Yukteswar Giri, *The Holy Science*. Los Angeles: Self-Realization Fellowship, 1984, 48.

(3) "Basic Third-Dimensional Illusion: Separate Selves Struggling for Survival amid Seeming Scarcity," at <https://goldenageofgaia.com/?p=296418>

(4) Shankara in Swami Prabhavananda and Christopher Isherwood, *Shankara's Crest-Jewel of Discrimination*. Hollywood: Vedanta Press, 1975; c1947, 48.

(5) Life can intervene and we find ourselves in a hospital, unable to avoid pain.

(6) Ramana Maharshi in Sadhu Arunachala (A.W. Chadwick), *A Sadhu's Reminiscences of Ramana Maharshi*. Tiruvannamalai: Sri Ramanasramam, 1961, 38.

(7) Bhagwan Shree Rajneesh, *I am the Gate. The Meaning of Initiation and Discipleship*. New York, etc.: Harper Colophon, 1977; c1975, 8

(8) Krishnamurti, J. Krishnamurti, *Commentaries on Living. Third Series*. Wheaton, IL: Theosophical Publishing House, 1970; c1960, 86.

(9) Adyashanti, "Selling Water by the River," Inner Directions Journal, Fall/Winter, 1999, downloaded from www.adyashanti.org, 2004.

(10) Sri Ramakrishna in GSR, 708.

(11) Adyashanti, "Selling Water by the River," Inner Directions Journal, Fall/Winter, 1999, downloaded from www.adyashanti.org, 2004.

(12) I'm not trying to be arrogant. Michael actually wants us to relate to him in the fullest possible partnership. The Company of Heaven generally request that humans take a leadership role in events on Earth.

"We are helping you to co-create in full partnership," he told me in 2013. (Archangel Michael in a personal reading with Steve Beckow, March 8, 2013. Hereafter AAM.) "Let me be very clear. Decisions and choices are yours. That is what this partnership is about. And you are on Gaia in the physical reality." (AAM, Oct. 2, 2013.)

"The Galactics have no shortage of money and so there will be some very massive projects and the funds will be made available but they will really ask for human leadership in order to not be seen as trying in any way to assume control." (AAM in a personal reading with Kathleen Mary Willis through Linda Dillon, Nov. 13, 2012.)

And my favorite quote for its endearing humor: "We step forward in the fulfilment, you on Earth, on this beloved planet called Gaia, I as your wingman, quite literally." (March 10, 2017.)

Therefore I call myself Michael's partner, rather than his servant, although, again, my native tendency and default would be to consider myself his servant, which of course I am.

I am Responsible for the State of My World



Nov. 12, 2019

When I took the est Training in 1979, one of the statements that was made in it stayed with me from then till now. It was Werner Erhard's declaration on responsibility:

"Responsibility begins with the willingness to take the stand that one is cause in the matter of one's life. It is a declaration not an assertion; that is, it is a context from which one chooses to live.

"Responsibility is not burden, fault, praise, blame, credit, shame or guilt. In responsibility, there is no evaluation of good or bad, right or wrong. There is simply what's so, and the stand you choose to take on what's so." (From *The est Standard Training*, published in Biosciences Communication, 1977 at <https://wernererhardquotes.wordpress.com/tag/responsibility/>).

The being that we are operates at various levels of frequency. One of the denser levels we call "the mind." The higher frequencies we call "the Self." And there are numerous frequencies in between. (1)

When I operate from the mind and make the statement, "I am responsible for the state of the world," we hear it as "I'm at fault. I'm to blame."

When I operate from the Self, I hear it as "This is my world and I take responsibility for the shape it's in."

Werner asserts that "responsibility begins with the willingness to take the stand that one is cause in the matter of one's life." To locate the cause as outside oneself - except in certain circumstances - can often be what we know as taking a victim stance.

I am the victim of my Father's harshness is an example. Perhaps I was. But even in that circumstance, to hold events that way will limit my ability to respond to them or their effects.

It's a much more powerful stance to come from my being cause in the matter. Because I've had readings with Linda Dillon, I know something about the way I - and "a design team" (2) - crafted the contours of my life prior to birth.

I know the purpose in my choosing my Father. It wouldn't be of service to him for me to disclose it but I do know it.

I'd imagine that, if I pursued the matter, I'd find that I chose my Father and probably welcomed the resistance and challenge it provided as something which, in the overcoming of which, I'd learn and write about the subject of core issues, or what I call vasanas.

There's no power in blaming my Father. But there is power in taking responsibility for my life.

"Responsibility is not burden, fault, praise, blame, credit, shame or guilt. In responsibility, there is no evaluation of good or bad, right or wrong. There is simply what's so, and the stand you choose to take on what's so."

Burden, fault, praise, blame, credit, shame, and guilt are all aspects of the dense mind which, as I've said elsewhere, believes that it's a separate self struggling for survival amid seeming scarcity. (3)

None of this is true. But believing is seeing: It becomes true because we believe it to be so.

"Responsibility is not an evaluation, but a simple statement of what's so, the truth - and what we choose to do with it."

So there I am responsible for the state of my world. I take responsibility for its state. And what I choose to do about it is to declare that, by Jan. 1, 2023, I am working towards the state of that world dramatically improving to the extent that the world will work for all and not as it does now, which is just for a privileged few.

This shift from blame to responsibility empowers me. I'm certain it causes a ripple in the Self if it does not in fact come from the Self. It awakens a sleeping giant.

And it allows me to take further action that contributes to the world working whereas blame does not contribute to it.

"It is a declaration not an assertion; that is, it is a context from which one chooses to live."

Saying I am responsible for the state of my world frees me from the downtrodden, beaten feelings of victimization and allow me to set about planning what I intend to do about it.

Footnotes

(1) Which we associate with various "bodies" - the ethetic, astral, mental, etc.

(2) Personal reading with Steve Beckow through Linda Dillon, June 12, 2019.

(3) "Basic Third-Dimensional Illusion: Separate Selves Struggling for Survival amid Seeming Scarcity," October 30, 2013, at <https://goldenageofgaia.com/2013/10/30/basic-third-dimensional-illusion-separate-selves-struggling-for-survival-amid-seeming-scarcity/>

Love Brings Things into Right Alignment



Feb. 22, 2020

I'd like to draw attention to an old way of seeing things, which our future is proving less and less relevant or applicable.

I maintain that western culture has a bias towards seeing action as more honorable than speaking, and speaking as more honorable than just thinking.

I also maintain that, at some level we respect the meme that might makes right. Well, depending on which country we sit in.

Shock and awe. Masters of the universe. We want and honor strong leaders. Our whole leaning is towards strong and decisive action.

But I'm noticing a trend going in the opposite direction.

It arises because I had a conversation with myself which I periodically have: Steve, never mind all this writing. You have to doooooooooo something.

As if writing is not dooooooooooing something. Well, I protested that writing was doing. I pointed to the Internet, social media, hashtags, and ended up in the collective consciousness.

From there I went to telepathy and instantaneous manifestation. Before too long, it seemed that anything important that would have required action before was now requiring no more than thought. There was no effort involved.

That's the environment of our future, correct? This is after Ascension.

By the time we're drawing on telepathy, we're ascended beings. That means we're immersed in love.

That means that whatever bodies we'll find ourselves in then, they'll function as perfectly as they're ever designed to do - to date (it'll get better). Love brings things into right alignment.

So my counter-argument is that might and action are not the ways of the future. Love and thought are. On the higher dimensions, love and thought are our tools.

Love because we're immersed in it. Thought because thought is creative in the higher realms.

Does that mean that everyone in the higher dimensions is reclining on a Roman couch with a drink in their hands? Some may be. People are welcome to try on spaces.

But we know of one large group who are very active: all who act as spirit guides to those of us still in the physical body. I have four guides. They don't always tune in to me but they're always attuned to me. They're not lying around on Roman couches.

Others are on ships like the Neptune, helping those on lower dimensions through other means. Still others work on the lower dimensions of the astral realm. What unites them all is service to the Divine Plan, as far as they know it.

Of that Plan, I know only one thing: Enlightenment is the purpose of life. That's it. That one thing is all I know for sure.

But where it has led.

So thinking will survive into the future, to supersede action. And love will totally overwhelm might. Might does not make right, it turns out. Love does. Love makes all things right.

Moksha, Mukti, or Liberation



March 22, 2020

I contend that what New Agers call Ascension, Hinduism calls Sahaja, Jesus called Salvation and Redemption, and the Buddha called buddhahood. All these terms refer to the same event.

Sahaja is beyond the seven-chakra system. Brahmajnana is a seventh-chakra enlightenment event but it is not generally known to be still within the Third/Fourth Dimension.

In the Buddha's language, the aspirant would not have left the wheel of birth and death, what the New Age would call the Third/Fourth Dimension. The aspirant is still an arahant and not yet a buddha.

I always wondered at a passage in Da Free John, when his chakra system fell away. When I first read it, I could not believe his account. Da Free John had surely lost it.

But now I believe it.

"In February I passed through an experience that seemed to vindicate my understanding. ... I saw that what appeared as the sahasrar, the terminal

chakra and primary lotus in the head, had been severed. The sahasrar had fallen off like a blossom. The Shakti, which previously had appeared as a polarized energy that moved up and down through the various chakras or centers producing various effects, now was released from the chakra form.

"There was no more polarized force. Indeed, there was no form whatsoever, no up or down, no chakras. The chakra system had been revealed as unnecessary, an arbitrary rule or setting for the play of energy. The form beneath all of the bodies, gross or subtle, had revealed itself to be as unnecessary and conditional as the bodies themselves. ...

"Now I saw that reality or real consciousness was not in the least determined by any kind of form apart from itself. Consciousness had shown its radical freedom and priority in terms of the chakra form. It had shown itself to be senior to that whole structure, dissociated from every kind of separate energy or Shakti. There was simply consciousness itself, prior to all forms, all dilemmas, every kind of seeking and necessity." (1)

But let me draw here upon my own spiritual currency, my own spiritual wealth as a New-Age cross-cultural spiritual scholar. I am wealthy in that I have the Divine Mother's own confirmations of various spiritual verities; in this case, that Sahaja is Ascension and that it lies beyond the seven-chakra system:

Steve Beckow: I'm trying to understand what level of enlightenment Ascension corresponds to. And I think it's beyond the normal seventh-chakra enlightenment. I think it is what is called — and I'll make this clear to readers — Sahaja Samadhi. Am I correct?

Divine Mother: Yes, it is beyond what you think of [as] your seven chakras. ... We have emerged from the Third-Dimensional realm, which is that reference point for the chakra system, into the new. So yes, you are correct, in this question and in this statement.

(2)

So whether we look at Hinduism or Buddhism, Christianity or the New Age, Ascension is known by different names, as Sahaja, Buddhahood, or Redemption - but it is known.

It is a full and permanent heart opening, entry into the Fifth Dimension, and a leaving of the Third Dimension's wheel of birth and death. It is moksha, mukti, or liberation.

Footnotes

(1) Da Free John, *The Knee of Listening*. Original Edition. Clearlake, CA; Dawn Horse Press, 1984; c1973, 117-9.

(2) "The Divine Mother: Come to Me as I Come to You – Part 1/2," Oct. 17, 2012, at <http://goldenageofgaia.com/2012/10/17/the-divine-mother-come-to-me-as-i-come-to-you-part-12/>.

A Higher-Dimensional World Whose Palpable Essence is Transformative Love



March 6, 2020

The object of all my work as a humanitarian philanthropist-to-be is to create a world that works for everyone.

I'm doing it by putting together a package of offerings to every country (not that I'd have the labor in place to deliver on that promise right away; I won't; it'll take time to build the organization).

Nevertheless, a menu of options are what we'll provide: universal basic income; universal medicare; universal accessibility to education; universal childcare; universal elder care; homes for the homeless; lightworker assistance; and national debt retirement.

The monetary flows that go through the pipeline will be redistributed to the world through these programs. This will be the mechanism. (We're looking at history in the making. It gives me the goosebumps to think about it.)

For those of you familiar with the creation formula, this also represents me observing its conditions by taking action consistent with my intention. My intention is to build a world that works for everyone. Formulating these programs is the step I'm taking consistent with that.

Someone could come forward intent on showing me that the world absolutely does not work for him or her. I got it. However I'm still creating one that does. And will go on creating it. I know it can be done because I've lived - briefly - in that world.

From March 13, 2015, when I had a fourth-chakra heart opening, until Sept. 28, 2015, I lived off and on in a world of transformative love. From Sept. 28 to an undetermined time in February 2016, I lived in a world of bliss, which then gradually faded away.

I therefore can say that the love one feels at that level of existence is of such a radically-transforming nature that one wants for nothing and would not harm a soul while in it.

There'd be no reason for the world not to work out for anyone - at that level of frequency or vibration.

In the higher realms there's no hunger, no thirst, no need for sleep, etc. Our needs are ... well, non-existent.

But just in case, at some point, we'll be able to create by thought. We'll then be able to satisfy any "need" we or anyone else might have, instantaneously.

Let me be clear: In my limited experience, want, need, and lack were unknown in the higher dimensions. In those dimensions, the world works for everyone as a matter of course.

What makes the difference between our everyday world and that world?
Transformative love.

It's the love that flows in the higher dimension, first as a tsunami, then becoming an ocean of love, that makes that dimension what it is and this dimension what it is.

This then is the template plainly stated: A higher-dimensional world whose palpable essence is transformative love.

We work to create a world in its image, that honors it, in any way we know how.

All my humanitarian philanthropy is aimed at bringing such a world from the higher realms, where Matthew Ward says it already exists, (1) through observance of the universal laws, to Earth, the sooner the better.

Footnotes

(1) "Earth's Golden Age is imminent - and already exists in the continuum." (Matthew's Message, Jan. 4, 2012.)

"All participants [starseeds, lightworkers] knew that they would be helping to create in linear time a world that already exists in the continuum by virtue of Gaia's manifestation." (Matthew's Message, Oct. 19, 2014.)

We Are, All of Us, Innocent and Pure



March 23, 3020

You know, here I am talking endlessly about love five years after experiencing it in its higher-dimensional form.

But something I very seldom talk about is the experience of our natural purity and innocence that happened in 2018. How liberating it is to know that we are, underneath it all, innocent and pure.

We may by now have a hard outer shell around us, but, when the shell comes off, what's inside is innocence and purity.

I was at Xenia on Sept. 18, 2018, by the kindness of a reader, and I had watched something horrible on Youtube the night before. I don't even want to talk about it, I was so shocked by what I saw and heard.

The next morning, we were due to leave Xenia in a couple of hours. I was meditating, trying to get to the origin of the horror I was feeling.

I imagined myself going down an elevator of a hundred floors. But strangely enough, when we were perhaps a quarter of the way down, we left the realm emotionally connected to the vasanas far above us. I said to myself that it was only "skin deep." And so it seemed as we went deeper.

Finally I was let off at the bottom and immediately found myself in a tunnel which again went on and on. How we were travelling I know not. We just were.

And it ended at a place where shone ... now I'm about to describe a truncated or toned-down experience so be prepared ... a translucent Light. No, for me it was not brighter than a thousand suns. The Mother wanted to keep me here, she later told me, and so toned the experience down. (See 1)

The sight of the Light was not what impressed itself on me as much as the way I felt. It was as if this was the Light's communication to me: I felt innocent and pure. I was swept away by feeling these states. I never knew this about myself - that I was innocent and pure. I was overwhelmingly relieved by the realization, by the certain knowledge.

It answered the age-old fear that we all have that we were born in evil, in original sin. No. We're born in original innocence. In the Middle Ages, I could be burned at the stake for saying this.

We are originally innocent and pure. And you could usefully choose to see Ascension as climbing out of the density we've been in, mounting the stairway to a better vibrational place. (2)

It was so wonderful to have that question be settled. And it wasn't until it was answered that I became aware of it how universally there had been a "nagging self-doubt" or a "lack of self-worth" in the back of my mind. It had colored everything, but I never noticed it before.

Now I see that there are no grounds for either nagging self-doubt or a lack of self-worth. Both are truly unnecessary.

The truth is that, underneath our protective shell, we are, all of us, innocent and pure. (3) And in going forward, we are in fact agreeing to return to that original innocence and purity.

I need to keep getting this at a deeper and deeper level. Not just as an idea, but as an experience and a realization. We are, all of us, innocent and pure.

Footnotes

(1) Steve: The experience at Xenia, Mother, was that truncated?

Divine Mother: Slightly, yes.

Steve: I had the thought [it was]. ... The Light I saw should have been brighter than a thousand suns. The fact that it wasn't suggests to me that the experience was truncated. ...

DM: It was not is brilliant as possible, let us put it that way.

Steve: Alright... And again, the reason is to keep me in sync with my readers?

DM: It is to keep you in sync with your readers... But let me be very clear about that. If you had seen the light as it actually is, yes, a million, billion suns... You would have simply departed. ...

We don't mean die but you would have departed the life that you have designed - yes, with us, for yourself, for the service you are providing - you would have departed and simply said, "I do not need to do this. I will just simply sit in the bliss of love and good luck, everybody!" (Divine Mother in a personal reading with Steve Beckow through Linda Dillon, Oct. 26, 2018.)

(2) Let me not forget to add that the Light of the Self resided at the deepest part of the heart - the bottom of the heart or the seat of the soul, aptly named. Seek it inside the heart.

(3) Both innocence and purity are divine states of being or divine qualities. Both words have other meanings that aren't useful here but they're still the best words I could find to describe how I felt in the presence of the Self.

What is the Purpose of Life?



Feb. 24, 2020

On Feb. 13, 1987, I was shown, in a vision, what the purpose of life is and the lesson has never left me.

It happened while I was driving my car on my way to work in the city of Vancouver, Canada.

I was at the time registered in a Sociology Ph.D. Program, studying to be a group leader and counsellor.

In the beginning I followed Jay Haley's *Problem Solving Therapy*. But I discovered that, when I offered a solution to the client's presenting problem, they looked at me puzzled, ignored me, and continued on with their story.

After selling my wares for a while with nobody buying, I concluded that these folks wanted to tell their story. I switched over to listening.

I discovered that, when I listened to anyone long enough, the puzzle they faced suddenly became a picture and they'd have a realization or "Aha!" moment.

As I turned the corner onto the main drag, I said to the universe in general: "If our early lives are a puzzle which, when solved, turns into a picture, could it be that life itself is a puzzle and, if so, what might the picture be that life is?"

No sooner had I formed the thought, then everything went black. I forgot that I was behind the wheel of a car. I was filled with bliss.

The bliss allowed me to access much deeper knowledge than otherwise.

I found myself staring at a large golden sun. I intuitively recognized it as God the Father (Brahman, Buddha nature, the One).

Out of it came a small golden star, which then streaked off into space. I recognized it as God the Child (the soul, Christ, Atman, pearl of great price).

I wondered where the small golden star had gone and found that I could follow it. I found it immersed in what looked like a cloud, which I knew to be God the Mother (the Holy Spirit, Shakti, Procreatrix/Prakriti, Aum/Amen, the Word of God).



... coils which I knew to be lifetimes in matter: The view the golden star would see

The golden star, now having lost its brilliance, was journeying down through coils which I knew to be lifetimes in matter.

Suddenly its light flashed back on and I knew that to be a level of enlightenment. Then it left the Mother cloud altogether and raced back to the Father sun, immersing itself in it. I knew this to be a further stage of enlightenment.

I looked over this scene and found the words forming in my mind: “Enlightenment is the purpose of life.” The minute I said this to myself, the vision disappeared.

Here I was back behind the wheel of my car! I'd been away watching the vision for perhaps eight seconds and so I wondered how far I'd travelled during that time. Knowing well the part of Vancouver I was travelling through, I looked from side to side. I hadn't moved an inch in that entire eight seconds. I was removed from time.

I drove to the stoplight at the next intersection and looked over at the worried face of the driver next to me. I wanted to roll down my window and shout, "It all works out in the final reel!"

For the next three days, I was in bliss, seeing divine metaphors all around me. The trees spread their branches to the sky, as if in worship. Their leaves fell off, but the tree did not die; similarly the body falls off but the soul does not die. Birds flew across the sky leaving not a trace, like the soul flying through life and leaving not a trace.

I was mesmerized by the symbolism of the wave meeting the shore, sinking into the sand, and then returning to the sea.

At that moment in my life, I knew that I knew only one thing: That enlightenment was the purpose of life. The purpose of life is that God should meet God in a moment of our enlightenment. I was not certain of anything else.

Bayazid of Boston captured that moment: "O Thou I!" (1) At that instant, God enjoys the delight of meeting itself.

Life is a divine play or Leela, arranged for exactly this purpose: That God should have the opportunity to meet itself in a moment of our enlightenment.

It took ten years of research and ten more of writing to arrive at an adequate statement of what I learned that day in eight wordless seconds outside of time. I've since published the results. (2)

Time does not dim the lessons I learned. Those lessons serve as the basis for everything else I've learned since.

We go from lifetime to lifetime in a process of spiritual evolution which culminates in us finally knowing the full Truth of who we are.

And when we know it, our moment of enlightenment turns out to be a supreme act of service and surrender to God.

Footnotes

(1) Bayazid of Bistun in Aldous Huxley, *The Perennial Philosophy*. New York, etc.: Harper and Row, 1970; c1944, 12.

(2) Steve Beckow, *The Purpose of Life is Enlightenment*, at <http://gaog.wpengine.com/wp-content/uploads/2011/08/Purpose-of-Life-is-Enlightenment.pdf>

The Purpose of Life is Enlightenment - Ch. 13 - Epilogue



The little golden star sees the Father, far off, from the cloud of the Mother.

(Continued from [Part 12](#).)

Last revised: April 10, 2019.

When time stood still

What inspired this book? What motivates me as its author?

The energy I have for the subject arises from an event that happened on 13 February 1987, a vision. Rather improbably, it happened while I was driving my car. I'll try to describe it in as much detail as I can for interest's sake. You may recognize it as a variation on the spiritual parabola or Jacob's ladder of consciousness.

The previous weekend I had been at a rebirthing workshop and had had a full breath release, an event which left me feeling incredibly clean and clear.

Moreover, I was at the time studying for my doctorate in sociology and had been counselling people on a volunteer basis. This experience as a counsellor contributed directly to what happened next.

At first, like so many counsellors, I used "problem-solving therapy," but soon became weary of trying to "sell" solutions to people who weren't inclined to buy.

They seemed to want to tell their stories no matter what and rebuffed any attempt I made to offer a solution so I started listening.

I found that people presented me with a puzzle and, when I listened and they talked about it long and deeply enough, they suddenly had an “Aha!” The puzzle turned into a picture which caused their upset to disappear. (Of course I'm simplifying a more complicated process.)

In all sincerity that day, I said to the universe in general, “If our early lives are a puzzle which turns into a picture, is it possible that life itself is a puzzle? And, if so, what might the picture be that life is?”

I'd turned the corner in my car and was travelling through a part of the city I knew well. Having asked my question, everything suddenly turned black. I forgot about my car and found myself staring at a wordless tableaux, a spiritual movie, if you will. All of it was relational, a cause-and-effect story in pictures. I was watching God's wordless way of speaking to me.

At the same time as I watched this spiritual tableau — and this is very important — I was filled with bliss. The experience of bliss resulted in greatly-increased comprehension. It somehow made it easier for me to take things in. What I could not wrap my thoughts around in everyday consciousness I now knew and understood quite simply, intuitively, and directly.

I knew intuitively the identity of the actors in the film and the nature of the drama that was unfolding before my eyes. Words just arose in my mind to explain what I saw.

There was before me a large Golden Sun, which I knew intuitively to be “God the Father” (Brahman, the irreducible Essence, the Tao). (1) From it emerged a small golden star, which I thought of as “God the Child” (the Atman, the Buddha-nature, the Christ, the Pearl of great price).

This small golden star streaked out into the blackness of space and disappeared.

I noticed that I had the capacity to follow the golden star wherever it went. I simply wondered where it had gone and, poof, I was there, looking at that corner of “space.”

In the corner where the golden star had gone, there was a kind of hazy cloud. I knew that cloud to be God the Holy Spirit, which I would now call “God the Mother” (Shakti, the Word, Aum/Amen, the creative universal vibration).

Within the haze, I saw a spiraling tube and recognized the Star-Child, moving through it. It had now lost its brilliance and I could only see its perfectly-circular outline, as it wended its way through what I knew intuitively to be “lifetimes in matter.”

I watched for a time and then, suddenly, the Star-Child flashed back into brilliance and I knew that to be an experience of enlightenment. As soon as its luminescence returned, it left the tube and raced back to the Golden Sun in which it submerged itself. I knew this to be another, more senior experience of enlightenment.

The Star-Child having disappeared, I pondered what I had seen and the words formed in my mind: “Enlightenment is the purpose of life.” God meets God in a moment of our enlightenment. "O thou I!" (2) This understanding summarized my experience.

As soon as I had reached this conclusion, the vision disappeared and I was back behind the wheel of a car.

The experience was not enlightenment. It was a teaching *about* enlightenment. I had been given a glimpse of God’s great Plan for life, a representation of the total journey of an individual soul. It went out from God, on a spiritual parabola, all the while spiraling forward through the action of karma, through the universe of matter, and back again to God once it had achieved a supreme level of mergence or enlightenment.

“It all works out in the final reel!”

Knowing that part of the city well, I looked to the right and the left of me to see how far I had moved in the roughly eight seconds I had been somewhere else. I had not moved an inch. I concluded that the whole event had taken place outside of time.

Behind the wheel of the car again, I came to a red light and looked over at the worried expression on the face of the driver in the next car. I wanted to roll down my window and shout: “It all works out in the final reel!”

For the next three days, I remained in bliss. I saw that all of nature praises God and reveals His Plan. Trees raise their leafy branches to the sky as if in adoration. Their leaves drop off, as our bodies do, but the trees don’t die.

The birds flying through the air leave no trace; nor do souls journeying through life. The way the sand and sea mix and yet return to their basic natures reminded me of the relationship between the soul and the body. Everything natural was a metaphor of the Divine or one of Its created processes.

Thereafter my doctoral studies seemed insipid. I tried to enroll my professors in allowing me to study enlightenment for my dissertation but no one at the university, including the Religious Studies Department, would hear of it. Religious Studies said that the university's constitution forbade them studying such a subject. I was amazed.

Empirical materialism was the dominant paradigm at my university in those days. Only what could be known through the senses was considered real. None of what I'd seen was known through the senses; hence none of what I'd seen, to the university, was real.

I felt confined by the academic paradigm and left university.

I remained entranced by the vision. For the next ten years, I read nothing but the works of enlightened authors. I had to find words to express the vision's wordless message.

One by one, as I read the classics, statements appeared that explained what I had seen. Jesus saying that he came out from the Father out into the world and now returns to the Father was an exact description. Jacob’s Ladder was a depiction of it. Here it was discussed in Ibn Arabi; there in Krishnamurti.

The next ten years were spent writing this book, trying to put that eight-second movie into words. And now it's done.

May your efforts to achieve the purpose of life and consummate God's Plan be blessed with success. May you be filled with divine joy and bliss. May all divine children be enlightened, fulfilled and reunited with God.

Namaste,

Steve Beckow

Footnotes

(1) I did not notice the blackness of space. If I had, what would I have known then?

(2) "I went from God to God, until they cried from me in me, 'O thou I!'" (Bayazid of Bistun in Aldous Huxley, *The Perennial Philosophy*. New York, etc.: Harper and Row, 1970; c1944, 12.)

⌘ Service Before Enlightenment ⌘

How is a Lightworker Different from a Spiritual Seeker?



Credit: OurAscension.com

March 4, 2020

In my opinion, one way in which the lightworker is different from the spiritual seeker is that the spiritual seeker seeks enlightenment while the lightworker intends to serve, whether enlightenment results or not.

Archangel Michael once made the following distinction in a personal reading:

"When you use the term 'dramatic enlightenment experiences,' you are talking about Nirvana. You are talking about the unity of all with One.

"It is not to say that you will not experience it, but you cannot — well, you can if you wish; if it is your choice - simply remain in that state of unity, of Oneness. But you cannot be fully conscious and in service, in action, if that is where you are." (1)

So we cannot be in service and lost in rapturous contemplation of the One. The two don't go well together for any servant of the Mother; i.e., any lightworker.

Unless experiencing enlightenment *is* part of our mission, we may be called upon to subordinate it to the demands of our service agreements.

The request to put enlightenment to one side can also be mission-specific. For instance, I'm apparently a pillar so I need to stay here till the end. That affects my intentions.

"It is not just desirable, but in fact necessary, crucial - particularly because, Sweet One, I remind you, you are a pillar - that you not venture too far ahead of where people are." (2)

So I'm not rushing ahead or taking shortcuts or hankering to finish the race. I'm just staying with the group because that's what the service contract called "pillar" does. Not rushing ahead is a mission-specific requirement.

A spiritual seeker places nothing ahead of constant spiritual ascension, no matter how far they leave the rest behind.

Franklin Merrell-Wolff would be an ideal example of a modern western spiritual seeker who through determined spiritual practice became an adept and went, Michael tells me, as far as the Eleventh Dimension while still in the body. (3) Unprecedented.

Seekers tend to suspend all service contracts and concentrate on going inward. Or, for a very few, going outward. Pretty soon, they lose their appreciation and desire for that which to them is illusion. This is not the ideal mindset for serving, as Michael pointed out.

Before you think the servant will be left out, the reason we've been selected to serve is that we've been through the Ascension process already.

As the Divine Mother reminds us: "You are angels in form, and you have been birthed even prior to that as the essence of One. So you return to that while keeping your magnificent form." (4)

Or in even more picturesque terms by Archangel Gabrielle: "You are angels in form dancing upon a planet which is an archangel." (5)

"Angels in form" are already ascended.

If we hadn't ascended already, we'd be focused on our own enlightenment; if we have, we can better serve the enlightenment of the ascending collective.

And we'll regain our natural evolutionary level upon finishing this assignment. Probably more: We too will ascend. (6)

So servant or lightworkers will not lose out. We've agreed to be waiters at the banquet of Ascension. (7) We'll get our meal later.

Footnotes

(1) Archangel Michael in a personal reading with Steve Beckow through Linda Dillon, Feb. 14, 2012. Hereafter AAM.

(2) AAM, Jan. 18, 2020.

(3) See for instance, *Pathways Through to Space. A Personal Record of Transformation in Consciousness*. New York: Julian Press, 1973.

Steve: What level of Enlightenment or dimension did [Franklin Merrell-Wolff] achieve?

AAM: He primarily operates in the 7th to the 11th ...

Steve: When did he break away from the third dimension. Which of his experiences was that?

AAM: Actually, he broke away from the restriction, shall we say it that way, of the third dimension long before he ever started to truly practice or write.

Steve: So he was always doing it as an ascended being?

AAM: That is correct. (Archangel Michael in a personal reading with Steve Beckow through Linda Dillon, Jan. 18, 2020.)

(4) "The Divine Mother: My Tsunami of Love Will Shift You Permanently."), channeled by Linda Dillon, January 30, 2014, at <http://goldenageofgaia.com/2014/02/the-divine-mother-my-tsunami-of-love-will-shift-you-permanently/>.)

(5) "Video and Transcript ~ Archangel Gabrielle: Cooperation Comes Before Love," April 11, 2017, at <http://goldenageofgaia.com/2017/04/11/video-and-transcript-archangel-gabrielle-cooperation-comes-before-love/>.

(6) Terrestrial and galactic ascended masters discuss the fact that they too will be ascending. Here are the Arcturians for instance:

"We are in the process of shifting our reality. We say 'we' for all dimensions, realities and worlds are shifting into a higher frequency of expression. As it is for the least, it is for the greatest.

"Hence, as the third/fourth dimension releases itself from the shackles of the third dimensional reality of illusion and shifts into the fifth dimension of the light of cosmic truth, all the dimensions above the fifth also shift into their next higher dimensional expression.

"As we make this transition, there is a release, a letting go, of what has been our predominant expression of self. For example, we Arcturians are expanding our baseline frequency from the eighth through tenth dimensions into the eleventh and twelfth dimensions." (The Arcturians through Sue Lie, Multidimensions, Aug. 21, 2014, at <http://suzanneliephd.blogspot.co.uk/2014/08/arcturian-message-being.html>.)

And Gaia's ascended masters:

"Some of you are already aware of the fact that a number of us - the Ascended Masters - are moving into a much higher vibration as a result of our own progress." (Kuthumi, "11:11 Turning of the Tide," Nov. 2, 2008, through Michelle Eloff, Nov. 2008, at <http://spiritlibrary.com/the-lightweaver/1111-turning-of-the-tide>.)

(7) "Starseeds: Waiters at the Banquet of Ascension," April 28, 2016, at <https://goldenageofgaia.com/2016/04/28/starseeds-waiters-at-the-banquet-of-ascension/>

The Divine Mother on the Role the Company of Heaven Plays in Our Enlightenment

May 3, 2021

<https://goldenageofgaia.com/2021/05/03/the-divine-mother-on-the-role-the-company-of-heaven-plays-in-our-enlightenment/>



"I have incarnated at one time, as you know, as the mother [of Jesus]." (1)

I've been talking a lot lately about how the Mother and the celestials assist us (shall we say) with our enlightenment experiences. I forgot completely that I talked with the Divine Mother via Linda about this very subject in 2018. Here's her acknowledgement of their role:

The Divine Mother in a personal reading with Steve Beckow through Linda Dillon, Oct. 26, 2018.

Steve: Implicit in what you are saying, Mother, is something that hasn't been really talked about very much and that's that the archangels or somebody else is managing our enlightenment experiences, timing, intensity.... Am I correct in that?

Divine Mother: It is a Board of Directors rather than being, "managed by." That concept, the way that you have phrased it, dear heart, implies that you are being "managed" and that is not correct. [Steve: It 'd be a violation of free will.]

Now also know, and it is delightful to speak about this ... the timing, the pacing (and when I say "pace," I mean the sequential unfoldment) of an Enlightenment process is such that of course you have a guardian and usually an archangel that is working with you so that it is humanly and can we say, soul or esoterically - via your universal self - managed. (2)

So very often, the construct was that things were done for you or certain things were placed in front of you. Now I am not saying that there aren't great many things that are put in front of you and done for you continually.

But you are far more involved and engaged in your Enlightenment process in terms of literal, actual, physical, mental, emotional engagement than you have been previously.

This is a good point for a discussion and that is why we have talked this day of this chaos and this bouncing ball of untruth that is constantly in the air of human relationships right now.

But what is happening is that sometimes in terms of your, shall we call it "schedule?" that you are online for a certain upgrade or opening or level of becoming and the human being despite all the nudging and approaching and support tacitly or actually says, "I'm not ready" or "I'm not interested."

Now let me say there are many times when you look at us and you say, "Why aren't you doing something?" Well, dearest heart, there are many times in this life when we will look aghast and say, "Why aren't you doing something?"

So if the individual, as you know it, on planet, the expanded self, is not ready, there will be several what we would call, impulses. To us an impulse means that a situation, an environment, a person will be presented to the individual.

Sometimes it is subtle such as a new love or a new child in the family, a new job, a new home, a terrible accident, illness, wellness... situations are given as impulses to the individual to say, "Here is the opportunity. Here is the opportunity. Here is the opportunity. Are you ready?"

So that level of encouragement is given. But if the individual in their free will ignores us, then we stand and pause and wait and wait and try again. So the management of the Enlightenment process is more than ever in tandem, in partnership with the individual.

Did Solomon talk to Wisdom? Did the early Christian Fathers talk to the Holy Spirit? Did Zoroaster talk to Royal Glory? (3) Who has had access to the Divine Mother the way she's made herself available to this generation?

I'm actually at work on two compilations - one of her distilled comments and another of the full texts of her radio shows. I know what a huge gift it is to us to have her explain the mysteries.

The Heavenly Father does not speak. Or move. If you speak to God, you'll always be speaking to the Divine Mother.

Footnotes

(1) "The Divine Mother: We are Creating a New Species of Humans," July 12, 2014, at <http://goldenageofgaia.com/2014/07/12/the-divine-mother-we-are-creating-a-new-species-of-humans/>.

(2) The Universal Self, Higher Self, or Oversoul is us at the Seventh-Dimensional level.

(3) All names by which the Divine Mother has been called.

Archangel Michael on Truncated Experiences

July 26, 2022

<https://goldenageofgaia.com/2022/07/26/aam-on-truncated-experiences-repost/>



In this excerpt from my March 10, 2017 reading with him through Linda Dillon, Archangel Michael gave a full discussion of why there's a need to truncate experiences at this point in time.

He also discussed how the rules relating to enlightenment have changed over the centuries.

Steve Beckow: Now, when an experience is truncated how am I to look upon it? That you wish me to write about it as far as I have experienced it? ... That you

don't want us to be fully ascended because we will stop serving the Mother in this particular regard if we do? ...

Archangel Michael: What you have seen is that you have been given bite-sized pieces of energy, of energy bumps, of input of what you can digest and handle and truly bring to fruition. If you are in the process of expansion, you don't go from Grade 3 to a PhD in a week.

And so there are pivotal markers along the way of important seminal information. You call it information, but it is energy. It is attunements. It is upgrades. It is expansion. It is wisdom. It is all of these things, all wrapped up in Love.

If you say, at the very beginning, "You are worthy. You are whole. You are capable of creating Nova Earth" and the person is lying on the floor bleeding because they have been used and abused by their parents who have been beating them since the day they are born, they are not going to believe you.

There is a process of expansion and acceptance and learning and coming to truly value and love oneself and thereby others. So you have been learning the process as you go.

And the spiritual level of maturity to accept the process... Because we know that there have been many tantrums along the way [true].

Now those tantrums do not upset us but we simply see them as markers about where someone is in their willingness and ability to process the old, to let go of the old and to welcome the expansion of the new.

And if those old vasanas, those old core issues, those old feelings of lack are not healed, then there [is not] the readiness for the next step. So that is why it is being truncated.

Steve: I come at it from a different angle and say, "it's enlightenment itself that is going to heal all the old wounds, etc. etc." but that's not necessarily true, is it? (1)

AAM: No. And it is not the paradigm or the pattern that has been in unfoldment for this collective and this planet. Don't forget. What you are doing is setting the pattern for so many.

So if you say this to the Mother - and you have - “Give us [full] enlightenment tomorrow” and then the domino effect of course is enlightenment throughout the Omniverse, then we are back to Square One and we just start over again.

Steve: Wait a minute, I didn’t understand what you just said. ... Back to Square One? What did I miss?

AAM: Your ultimate enlightenment is the reabsorption into the Mother.... (2)

Steve: Yes... Back to Square One! I see. And the whole plan just gets shelved, so to speak, for me. Okay, I got it. So there is no escaping this special time. This is not like somebody seeking enlightenment in the 17th century.

AAM: It is entirely different.

Steve: Could you talk about that a bit because I think readers would want to hear what you have to say on the difference between the old quest for enlightenment and what purposes enlightenment serves at this moment.

AAM: Think of it in this way. In the 8th century, in the 2nd century, in the 17th century, in every environment what you have been carrying is also the paradigm of that time and place and culture etc.

In the 17th century, and even until really quite recently, the belief was, based on those very entrenched paradigms of control and penance and worthiness, that you had to really work at it, work at it, work at it, earn it and that it was hard.

And the level of commitment was total.

And often that meant in many ways, a divorcing or an absenting of oneself from society, from structures, from everything but your path.

Now what you have done is you have evolved. Do not forget there have been many lifetimes in between and many visits home, I would say.

You have reached the point where you are realizing, and we are asking you by the way, that we don’t want you to feel burdened and working, working, working, but rather in the joy, in the love, in the bliss, claiming, embodying your birthright.

In the 17th century, it was about escape. Right now it is about being present.

So what you are working on, or towards, or inhabiting, is very different and therefore the rules of engagement have shifted and evolved.

Steve: And again, this is all happening at the archangelic level, is it - this shifting of the rules or application of the rules, is that correct?

AAM: Yes, that is correct. (Archangel Michael in a personal reading with Steve Beckow through Linda Dillon, March 10, 2017.)

Service before Enlightenment – Part 1/2

January 29, 2020

<https://goldenageofgaia.com/2020/01/29/service-before-enlightenment-part-1-2/>



In my reading with him on Jan. 18, 2020, Archangel Michael returned at my request to the question of unfoldment.

What he said on this occasion was enough to carry me from simple intellectual knowledge of the reasons for its slow pace to realization (though minor) of what the plan for me is.

I'll discuss his comments tomorrow. But before I do, I'd like to review what Michael and the Mother have previously said.

The reason I discuss it here is that the same circumstances may apply to many lightworkers who've agreed to lead in some area. Their unfoldment may also be toned down or moderated so as not to take them out of synch with those they have agreed to serve or serve with.

This is an intimate subject for me and I share it only to make the point that we lightworkers have already ascended in other lifetimes. I'm going to quote those discussions at length because I think others may find themselves reflected in them.

We've agreed to don the Third-Dimensional body to assist with this Ascension. Therefore we don't have to worry that we'll miss out: we'll return to our ascended state when we finish our service here.

If we weren't ascended already, we'd be concerned with our own Ascension and unable to focus on service. If we'd ascended already, we're more likely to show up willing to serve, in my opinion.

The process of understanding why I was being held back (that was my thought about it) began when I started to suspect my spiritual experiences were being truncated.

When I asked Archangel Michael and the Divine Mother about it, they agreed that the experiences were toned down.

Michael first acknowledged truncating my experience in 2012. That year I had an experience that ordinarily would have been Brahmajnana. (1) But it lacked the dimension of bliss and so was simply like watching a movie. (2) I asked him about it:

Steve: [Emptiness of mind] was followed next by what appeared to be the kundalini completing its circuit at the seventh chakra. Is that in fact what happened?

Archangel Michael: Yes. ... That is what you did.

Steve: Hmm, interesting! ... I felt that it had been muted, toned down.

AAM: When you use the term “dramatic enlightenment experiences” [as I did earlier], you are talking about Nirvana. You are talking about the unity of all with One.

This is not to say that you will not experience that, but you cannot — well, you can if you wish; if it is the choice to - simply remain in that state of unity, of One [and] be fully conscious and in service, in action. (3)

OK. I have now gotten at an intellectual level that I cannot serve and live in the state that Brahmajnana brings on. Mine isn't deep knowledge yet, not deep enough to motivate action. But I've only gotten the matter intellectually.

Michael continued:

So, it is a toning down, if anything. It really is the middle ground. It is the intersection. It is the place where the third is not a memory, but it is not a burden. And you see the clarity of the old dis-illusions, and you see with clarity the sense of oneness.

You know that enlightenment is right there in front of you. It is yours to access. But if you are in service, you will not choose to live there. ...

You can think of it as keeping two feet firmly on the ground. (4)

So I now had confirmation that this experience at least had been toned down.

The only part of what he said that really sank in was "you can think of it as keeping two feet firmly on the ground." OK, I added to my understanding the fact that Michael wants me to keep both feet on the ground. That was helpful. But still the whole matter had not completely clicked. It had not reached realization.

Tomorrow I'd like to watch the process deepen as the Divine Mother acknowledges truncating a fourth-chakra enlightenment experience.

(Concluded in Part 2, tomorrow.)

Footnotes

(1) Brahmajnana or God-Realization occurs when the kundalini reaches the seventh chakra. It's also called kevalya nirvikalpa samadhi and is the culminating experience of the Third-Dimensional seven-chakra system.

It's not Ascension, which is a full and permanent heart opening called sahaja samadhi, beyond the seven-chakra system. Buddha called it arahantship, short of Buddhahood.

(2) Bliss lifts us up, making realization possible and deepening the realization the more bliss is experienced.

(3) Archangel Michael in a personal reading with Steve Beckow through Linda Dillon, Feb. 14, 2012.

(4) Loc. cit.

Service before Enlightenment - Part 2/2

Jan. 30, 2020

(<https://goldenageofgaia.com/2020/01/30/service-before-enlightenment-part-2-2/>)



Concluded from Part 1, yesterday.)

The Divine Mother then acknowledged truncating a 2018 fourth-chakra, Sight of the Self experience I had at Xenia Retreat Center:

Steve: The experience at Xenia, Mother, was that truncated?

Divine Mother: Slightly, yes.

Steve: I had the thought [it was]. ... The Light I saw should have been brighter than a thousand suns. The fact that it wasn't suggests to me that the experience was truncated. ...

DM: It was not is brilliant as possible, let us put it that way.

Steve: Alright... And again, the reason is to keep me in sync with my readers?

DM: It is to keep you in sync with your readers...

But let me be very clear about that. If you had seen the light as it actually is, yes, a million, billion suns... You would have simply departed. ...

We don't mean die but you would have departed the life that you have designed - yes, with us, for yourself, for the service you are providing - you would have departed and simply said, "I do not need to do this. I will just simply sit in the bliss of love and good luck, everybody!" (1)

Yes, what she says is undoubtedly true. So the experiences are truncated to keep me from wandering off to a cave to finish the job. I got that at a deeper level this second time. But not yet up to realization - minor or major.

On Martin Luther King Day 2020, inspired by his address, I got their explanations at the experiential and minor-realization levels (not necessarily as deep as I'd like yet, but deep enough to motivate action).

And I did out of contemplating what Michael said in my last reading, Jan. 18, 2020.

He said:

"I remind you that you are a pillar, that you [are] not [to] venture too far ahead of where people are, both individually in terms of your smaller circle but also in terms of the collective." (2)

Is that why the truncated experiences are happening?

The penny dropped this time.

Of course. I forgot. I'm a pillar. I'm here till the end. I work with the stragglers, the recovering, and the undecided. I need to stay on the same level.

He described me as multidimensional and I protested that I didn't feel multidimensional. He replied:

"A very large quotient, shall we say, of you is living ... in the higher-dimensional realm.

"Then there is a part of you that is in the morass of the chaos and the lower-dimensional realm because that's where the work is." (3)

Ohhhhh-kay! I've been suspecting recently that what Michael says is the case for all of us. We're all of us on at least the Fifth Dimension but we don't realize it yet and so we orient towards the lower dimensions.

Matthew Ward explained our situation here:

"Although Earth and all of her residents are in fourth density location-wise, the majority of the populace still is within third density awareness-wise." (4)

Therefore I exist as the everyday consciousness unaware of the presence of my other dimensional aspects. While I'm ascending, they're descending. OK, I can get that too.

I do sense a deeper quiet within myself than appears on the surface. I feel a deep certainty that things will work out. None of this is decided on the basis of evidence. It's all how I feel and what I'm inwardly certain of. Accessing the certainty and the higher dimensions inside of me is just starting to unfold in me.

The second thing that clicked in what he said was his phrase "because that's where the work is." Of course. Why couldn't I see that?

I agreed to be where the work is.

I assert that you may very well find yourself in the same position as I'm in. You may have experiences that seem to have been toned down or not as spectacular as you might have expected. Perhaps you wonder why things are not going as fast as you'd expect them to.

I believe that a version of what is happening to me is also happening to others, to preserve our ability to serve.

To summarize:

Based on my research, I assert that we lightworkers have come down from higher dimensions, forsaking our states of being and inhabiting Third-Dimensional, human bodies, to assist with this Ascension.

We're already ascended and will return to our realms when we've finished our various voluntary assignments.

While here on Earth, we're not intended to be like the typical seeker after enlightenment, *unless that's specifically in our mission as it will be for some lightworkers.*

This is not a lifetime given to the personal enlightenment of many of us, as noble as that is.

It's a lifetime of service. Enlightenment will come as well, but in our case from participating in this Ascension and from the spiritual practice of karma yoga, seva, or service.

I've also tried to demonstrate going from intellectual knowledge of why the pace of my unfoldment is what it is to experiential knowledge and then to (minor) realized knowledge.

I now realize - not just intellectually know or emotionally feel - that I signed on to be a pillar and a servant and that that determines the pace and extent of my unfoldment.

Finally, the discussions reported here show us that the archangels and the Mother tailor our enlightenment experiences to keep them consistent with our agreed-upon roles and missions. These were negotiated before we were born and in some cases eons ago.

If on the other hand you're a lightworker for whom enlightenment is your mission, knowing the central role the archangels and the Mother play in our enlightenment experiences, I'd be remiss if I failed to point out the advisability of asking them for enlightenment. In a free-will universe, one must "ask and ye shall receive, knock and the door will be opened."

Footnotes

(1) Divine Mother in a personal reading with Steve Beckow through Linda Dillon, Oct. 26, 2018.

(2) Archangel Michael in a personal reading with Steve Beckow through Linda Dillon, Jan. 18, 2020.

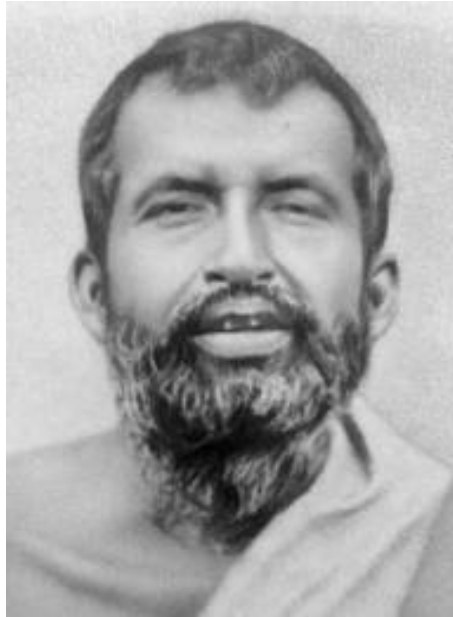
(3) Loc. cit.

(4) Matthew's Message, October 19, 2014, at <http://www.matthewbooks.com/mattsmessage.htm>.

The Higher Management of Our Enlightenment Experiences – Part 1/2

June 12, 2021

<https://goldenageofgaia.com/2021/06/12/321617/>



Sri Ramakrishna

In the course of other research, I came across this quote from Sri Ramakrishna in which he talks about giving Swami Vivekananda an experience, probably of seventh-chakra enlightenment or perhaps a truncated higher experience.

“Now the Mother has shown you everything. But this revelation will remain under lock and key, and I shall keep the key. When you have accomplished the Mother’s work you will find the treasure again.” (1)

That’s the first reference I can recall in which a master acknowledges this level of management of enlightenment experiences. And it’s the first in which I’ve seen a master telling a lightworker to finish his service contract first.

I've touched on the matter of the toning down of experiences in passing but I'd like to look at it in more depth here because I think it's a matter that all lightworkers may wish to consider: Our service contracts determine what level of enlightenment we're able to achieve while still in service.

Don't panic. You're already higher dimensional or you wouldn't be here and you certainly wouldn't be reading this.

Why do they truncate our experiences? Simple.

Archangel Michael: If you were to complete your full ascension, many of you would not bother to stay and finish the creation of Nova Earth.

Steve: So you really have to meter it out to us, so to speak, so as not to send us flying off into some other pursuit?

AAM: That is correct. (2)

The Mother said the same, albeit about a much junior experience:

"If you had seen the light as it actually is - yes, a million, billion suns - you would have simply departed. . . .

"We don't mean die but you would have departed the life that you have designed - yes, with us - for yourself, for the service you are providing - you would have departed and simply said, 'I do not need to do this. I will just simply sit in the bliss of love and good luck, everybody!'" (3)

Michael went on to discuss the matter at more length:

"It is not to say that you will not experience [higher states], but you cannot (well, you can if you wish; it is a choice to) simply remain in that state of unity, of One, or be fully conscious, [and be] in service, in action....

"So, it is a toning down, if anything. It really is the middle ground. ...

"You know that enlightenment is right there in front of you [because lightworkers are higher dimensional]. It is yours to access. But if you are in service, you will not choose to live there. ...

“You can think of it as keeping two feet firmly on the ground.” (4)

That’s the first reason why our experiences may be toned down. The second reason is one we lightworkers share in common with everyone: We need to be given only as much as we can take without getting discombobulated.

Michael discusses that here:

"You have been given bite-sized pieces of energy, of energy bumps, of input of what you can digest and handle and truly bring to fruition. If you are in the process of expansion, you don’t go from Grade 3 to a PhD in a week.” (5)

At the same as we’re being kept with our feet on the ground, we’re being given enough of all we need to do the job, Michael assured me.

Steve: But we will have enough to do the job, enough smarts, enough heart...

Archangel Michael: Think of it as growing every day. Then you are given more responsibility, more allowance, and more cooperation. You begin to fully see us and engage with us. Many of the Masters return. So that you’re given all that you need to expand like a flower blossoming. (6)

(To be concluded tomorrow.)

Footnotes

(1) Paramahansa Ramakrishna in Nikhilananda, Swami, trans. *The Gospel of Sri Ramakrishna*. New York: Ramakrishna-Vivekananda Center, 1978; c1942, 72.

(2) Archangel Michael in a personal reading through Linda Dillon, March 10, 2017.

(3) Divine Mother in a personal reading with Steve Beckow through Linda Dillon, Oct. 26, 2018.

(4) AAM, Feb. 14, 2012.

(5) "Archangel Michael on Truncated Experiences," March 21, 2017, at <http://goldenageofgaia.com/2017/03/21/aam-on-truncated-experiences/>.

(6) AAM, March 10, 2017.

The Higher Management of Our Enlightenment Experiences – Part 2/2

June 13, 2021

<https://goldenageofgaia.com/2021/06/13/the-higher-management-of-our-enlightenment-experiences-part-2-2/>



(Concluded from yesterday.)

Just as they used the pandemic to create a pause for humanity, so they use our individual crises to good effect. Here Michael and the Mother took me watching Frazzeldrip, which I don't recommend to anyone else, to "unplug" me and send me into the seat of the soul for recovery.

"We have unplugged you and, yes, it took some time and shall we say, a few shocks and jolts. But what you have done, is you have journeyed to the depths of your soul, to the depths of your core." (1)

According to Michael, that experience was a fourth-chakra event:

Steve: Was the sight of the self at the Xenia retreat a fourth-chakra event?

Archangel Michael: Yes, it was.

Steve: So it's possible to have two fourth-chakra events [the heart opening and the sight of Self] or maybe even more possibly?

AAM: It is possible to have multiple chakra events throughout your lifetime, sweet one. Again, what you are thinking of is a limitation.

Something is activated or not activated. Think in terms of open, open, open, open, bigger, bigger, bigger. So yes, you might have several events. You should have several events! (2)

And all of these enlightenment events we have, the celestials and the Mother are orchestrating with our Higher Selves, as the Arcturian Group explains: “Awakening happens when the Higher Self determines that a person is ready.” (3)

As I’ve said before, knowing this has me relax on the matter of enlightenment. In the first place the Mother, our archangel, our guides and our Higher Self have the matter in hand.

In the second place, their considerations need to take in our soul contract to serve the Mother and Gaia’s Ascension this lifetime. I know that and accept it.

So, for myself, I feel relaxed on the matter. Things will happen in this area when they’re needed, when they’re right for the situation at hand, and when I’m ready for them.

Footnotes

(1) “Archangel Michael Explains What Happened at Xenia,” September 22, 2018, at <http://goldenageofgaia.com/2018/09/22/archangel-michael-explains-what-happened-at-xenia/>.

(2) Archangel Michael in a personal reading through Linda Dillon, June 12, 2019.

(3) "The Arcturian Group via Marilyn Raffaele, July 26, 2020," July 26, 2020, at <https://goldenageofgaia.com/2020/07/26/the-arcturian-group-via-marilyn-raffaele-july-26-2020/>.

⌘ The Adult State = The Balanced State ⌘

From Self-Loathing to Self-Pride



March 2, 2020

Self-acceptance, it seems to me, is the largest part of a healing process from childhood trauma.

Or so it has proven for me in my process - still underway.

A short while ago, I found myself feeling proud of myself for what I'd accomplished in this lifetime.

Feeling proud of myself is utterly foreign to me. Feeling self-acceptance in any form was strictly verboten, forbidden in this child's world as my memory recorded it.

I've been in self-loathing for most of my life, sentenced to it by myself because I was a father-hater. I haven't accepted this side of me up till now and now need to let it back into the family, so to speak.

Feeling self-pride, given my self-loathing, wasn't within my purview, my universe of possibilities.

But I see that I'm not in self-loathing any more.

It isn't what I feel proud of that's important. It's allowing myself to feel self-pride in the first place. That's the breakthrough, the shift that took place at some undetermined time. (1)

At this moment, I'm genuinely proud of myself, warts and all. And I guess I'm exploring it.

Yes, I was really lousy in some roles I tried to play. Yes, I did not know what love was. Yes, I struggle with my vasanas. All of that is true.

Yes, it was the same for my Father. He did his best under miserable circumstances, and his father the same.

I leave self-loathing behind. I leave father-hatred behind. I no longer need them.
(2)

I accept that I can feel pride - feel proud of myself, feel proud of others, feel proud of us all.

I welcome the feeling of pride in myself back into my heart and conscious awareness.

Footnotes

(1) My sense of self-worth would have increased what Archangel Michael would call my "spiritual currency."

(2) I hope I demonstrate by this act that a person can leave objectionable behavior behind; this, in support of the maxim "object not to the person but to the behavior."

The Caring Mind, the Adult State



Credit: lisaswritopia.com

March 10, 2020

Sometimes it seems to me that we have many selves. Maybe innumerable selves, I don't know.

Buddhists talk about hungry mind and grasping mind. The self or mind that I just noticed - and that I'm a virtual stranger to - I think of as the caring mind.

I was in the middle of moaning and groaning about something - which I'm not a stranger to - when suddenly a different state of mind arose in me. It said I will take care of him (meaning me).

I observed myself feeling caring towards myself. Rather than staying in my "victim" mentality, which was moaning and groaning, I actually rose up as a voice, a mind, a self and set about seeing to my needs.

I actually took responsibility for looking after myself. And noticed it. For the very first time. It felt very different than what I'm used to.

I'm really struck by the discovery. It's brought me to a standstill.

We can have as many selves as we have thoughts, points of view, heroes, etc. The mind seems unbounded in its reach and flexibility.

This mind - the caring mind - turns out to be so very important and yet it's been missing, dormant, silent in me until now.

It seems to follow that I must be ever looking for someone to take care of me. That's what moaners and groaners do, don't they? Match up with a caregiver?

I assume the responsibility for taking care of myself. I surrender my practice of complaining. I just let that all go without needing to put anything in its place.

Later.

I now recognize this caring mind as what Eric Berne and Transactional Analysis would call the "adult ego state." I prefer to call it my adult consciousness state, or adult state, for short.

It provides a channel through which the Higher Self can influence me.

Moving from bemoaning my situation to taking care of myself is a profound shift for me.

Still later

I see I've been living out of my parent and child ego states. The one is the victimizer and the other is the victim.

And all the time I've been bemoaning the way I feel. Fancy that.

This is the first moment I've been conscious of an alternative. The adult state, the caring mind is an altogether different state of being to live from. Gone are the feelings of guilt and dismay. They simply aren't here. Without anything taking their place.

But the very emptiness I feel is a relief. I can breathe. I'm an open space.

In Search of the Balanced Adult



March 13, 2020

My work with the three consciousness states (parent, adult, child) is bringing one insight after another.

I see that my parent and child, locked in conflict, have created all the rubble and guilt that I carry around with me.

And they ... OK, I ... create more rubble and guilt every new day.

Only now the pain from perpetrating as a parent or child is nearly unbearable. And it's instantaneous. This declining ability to stand my own vasanas is what propels me in my search of the balanced adult, if I may coin a phrase.

I have to keep reminding myself: I know that the human being is pure and innocent in their original, created state (the soul, Christ, Atman). The balanced adult is a reflection of the pure and innocent Self. Why is it hard for me to imagine?

The critical parent and wounded child are not facets of the pure and innocent Self. They are misconstructions of the human mind. They can go. And the fact that they do go reveals them as not eternal and thus not of the Self.

After World War III between the critical parent and wounded child has ended, what is left standing is the balanced adult.

And WWIII doesn't even have to end. I just have to step outside it and observe it. Change the channel. Turn off the inner TV. Fake news.

The real news is with the balanced adult.

The Adult State = The Balanced State



When we venture into the unknown, balance is key. ... Well, important! Credit: Giacomond by Quint Buchholz

March 11, 2020

Having been reminded yesterday of the mind's ability to divide itself into parts, sides, or voices, (1) I identified three persistent voices that were key in forming my everyday life experience.

I'll use Eric Berne's terms for them: a child, parent, and adult ego or consciousness state. Berne explains:

"'That is your Parent' means: 'You are now in the same state of mind as one of your parents (or a parental substitute) used to be, and you are responding as he would, with the same posture, gestures, vocabulary, feelings, etc.'"

"'That is your Adult' means: 'You have just made an autonomous, objective appraisal of the situation and are stating these thought-processes, or the problems you perceive, or the conclusions you have come to, in a non-prejudicial manner.'

"'That is your Child' means: 'The manner and intent of your reactions is the same as it would have been when you were a very little boy or girl.'" (2)

In this regard, the Arcturians have said two things in readings that relate to the formation of my sensitivity to criticism and blame:

"Because you were to work with Ascension, you were called upon to create a reality in which you went to the depths of the depths [with your Father] while you also experienced great love [from your Mother]." (3)

"You've been trained since childhood to hear the faintest whisper of darkness." (4)

This resonates with me. My child's discouragement and my critical parent are strong. I have both recordings. (5) I have to emerge from both.

This morning I awoke at 6:00 AM, telling myself that I should get up (parent ego state). I wanted to sleep more and so felt guilty and dismayed (child ego state).

But this was the first time I've ever woken up and seen the dynamic of a guilt-inducing parent state and a dismayed child. I watched myself actually walk through those steps. And the truth set me free from the upset.

My life has been about climbing out of playing these two roles: a critical inner voice (the parent) and a beaten-down inner voice (the child). I now see that the way out is to let go of both of these and to summon up a third and balanced inner voice (the adult).

That's what started this whole exploration. I noticed an adult voice that took command of a situation (lost on me now). I had never heard this voice before. I recognized it as an adult voice and that immediately threw into stark relief the two voices I'd been listening to. I now saw them as my parent and child ego states, arguing.

What Berne calls "adult" Sanat Kumara and Archangel Michael call "balanced."

Sanat Kumara said that achieving balance was what the universal laws are all about.

"The purpose of the law, the foundation of the law, is balance. It is to assist you, to guide you — and all beings — to the place of balance. That is the reason for Universal Law." (9)

I'm beginning to see why.

Michael defined "balance" here:

AAM: We ... want you to be balanced.

Steve: What does it mean to be balanced?

AAM: It means to be in your heart only and completely. It means to have your feet firmly planted in this dimension and Earth, because that is where the work is. And it means to refer to your head and not to be led, and certainly not to be influenced by fear or false reality. (5)

He stressed the importance of balance in building Nova Earth.

"Everything in balance. Everything in moderation. That is how one proceeds in creating Nova Earth and Nova Community.

"It is the paying attention to what is truly important and that is what you have been doing, by the way. There is not a distraction of bringing energy or the energy of judgment or criticism to that which is not vitally important." (6)

The balanced or adult voice does not judge, he says.

"[The balanced voice] does not judge. It does not condemn. It does not choose sides. It comes from a place of equality and openness." (7)

The Company of Heaven can play hardball when they need a certain outcome to come about. In 2018 Michael, for example, confessed to clearing the decks around

me so that my ability to make balanced decisions as a pipeline would not in any way be compromised:

"One of the things we have done with your consent ... has been this clearing up of the space around you. ...

"We don't want you to feel or to be beholden – financially, emotionally or spiritually – to anybody. ...

"We are setting up ways in which this, can we almost say, removes you from those heartstrings so that there is wisdom and balance and an understanding of the higher good [in your decision-making]." (8)

Tough love. But it shows us that the Company of Heaven are serious about our post-Reval work. They want to see us balanced.

It's ironic that I should end up accepting Eric Berne's terms for this important work of emerging from childhood trauma into balance. Berne was the author who first set my feet on this path of personal growth and emergence from childhood patterns.

When I read *Games People Play*, I had a tremendous "Aha!" and knew that I had found my life's work. This was 1974.

By then I'd already completed a career as an historian and was looking for what was next. After reading Berne, I ended up on my final adventure as a budding academic, becoming a Sociology grad student, ever searching for the meaning of our patterns of behavior.

I now see that what Berne called "adult" and what Michael calls "balanced" are one and the same and the desirable state for a lightworker to be in.

Later

Now that I'm aware of this distinction and dynamic, I find myself going through the day identifying "child ego state," "parent ego state," "child," "parent," whenever they go off, and then letting go. Prior to this I wouldn't have known what was happening to me; only that I felt dismayed. Now I know.

My wounded-child consciousness seems always expecting to be put down. It despairs of things being different. This is its programming.

I'm discouraged - and dismayed. I then feel depressed over feeling dismayed and on and on the daisy chain of thoughts and emotions goes.

Rather than feeling depressed all these years, I can now observe the child or parent ego state arising, experience any part of it that needs experiencing, and let it go. I'm no longer it. I'm no longer in it. I'm outside of it. The almost-automatic identification of me with those feelings was doing me no earthly good.

However, unless I'd had an explanation, which Eric Berne provided, I'd have gone on forever in a cycle of dismay and depression. Now, having a reliable map (transactional analysis) to the terrain (vasanas, early childhood trauma), (10) I can traverse it much more easily and quickly.

Footnotes

(1) "Up from Moan and Groan," March 6, 2020, at <https://goldenageofgaia.com/?p=306851>

(2) Eric Berne, *Games People Play. The Psychology of Human Relationships*. Secaucus, NJ: Castle Books: 1971; c1964, 24.

(3) The Arcturians in a personal reading with Steve Beckow through Suzanne Lie, March 16, 2013.

(4) Ibid., July 22, 2014.

(5) That may explain why people say underneath an angry man lies a frightened child. The way I see it is that we have both recordings in our mind's library: Our role and the angry parent's role.

(5) Archangel Michael in a personal reading with Steve Beckow through Linda Dillon, Feb. 18, 2011.

(6) Ibid., Oct. 18, 2017.

(7) Ibid., March 3, 2011.

(8) Ibid., May 2, 2018.

(9) "Sanat Kumara: You're Ready to Build Societies in Adherence with the Law," April 23, 2013, at <http://goldenageofgaia.com/2013/04/sanat-kumara-youre-ready-to-build-societies-in-adherence-with-the-law/>.

(10) I realize I'm not doing Berne's original theories justice. The parent ego state is not uniformly negative; it can be nurturing and compassionate as well. And so with the child ego state.

I'm focusing mainly on the hurt and harm that people wrestle with as a result of early-childhood trauma and I'm very selectively borrowing from Eric Berne to provide a model for dealing with one aspect of it.

An example of another tool not linked to Transactional Analysis? Jesus provided one: He said that the truth shall make you free. That maxim provides a useful way of measuring if we're on the right track in what we see about a vasana. If what we see is true, we should be experiencing increasing freedom. If not, then we're barking up the wrong tree.

The spiritual basis of my work with vasanas lies in the writings of Sri Ramana Maharshi. See for instance Anon., *Who Am I? The Teachings of Bhagavan Sri Ramana Maharshi*. Sarasota, FL: Ramana Publications, 1990; Sri Ramana Maharshi, *Spiritual Instruction of Bhagavan Sri Ramana Maharshi*. Eighth Edition. Tiruvannamalai: Sri Ramanasramam, 1974; and Sadhu Arunachala (A.W. Chadwick), *A Sadhu's Reminiscences of Ramana Maharshi*. Tiruvannamalai: Sri Ramanasramam, 1961.

I Alone Do That for Myself



Credit: www.tweetspeakpoetry.com/

March 20, 2020

Leaving aside the numbers of guides around us and restricting our attention to our everyday consciousness, I maintain that each of us cannot escape feeling alone.

We take steps to multiply our effectiveness by cooperating with each other in common cause. But at the end of the day, when we lay our head upon the pillow (and our partner is asleep), we are again alone.

Well ... not quite.

If we were really honest, we'd acknowledge that our minds operate like a collection of voices.

Some therapists allude to this by talking about "constant comment" and "the critic on your shoulder." It can as well be the admirer on our shoulder. We have the ability to talk and listen to ourselves.

Not to mention our poor guides, trying to get a word in edgewise in this environment of "constant comment." There are lots of voices in there vying for the attention of us, the eternal observer.

So in that particular inner sense, we're never alone. The airwaves are never silent. The mind is never still.

Nevertheless we're "alone" in the external sense. We come to see our lives through this everyday filter. A sense of duality inevitably results.

As a separate-seeming being, I begin to feel abandoned and afraid, unnoticed and powerless.

All of this in most of us is going on below conscious awareness. As far as we're concerned, in our everyday, outer-oriented consciousness, we're just stumbling along and everything is fine.

But there's always this yawning inner fear of emptiness, nothingness, aloneness. And there's always this inner conversation about it.

Consciousness to the rescue.

We have the soul ability to fluidly operate our consciousness. One minute, I can be in my Parent consciousness state and the next in my Adult or Child. There's no need to change costumes or fly to another location.

And I don't have to restrict myself to these three. Consciousness is capable of infinitely inventing. The same rules that apply in the outer world of events do not apply in the inner world of consciousness.

Eric Berne assembled the many voices of the mind under three major headings: Parent, Adult, and Child.

Our culture channels our expression. In our culture the Parent and Child roles are well-established and honored. The Adult role is less well-defined or understood because it's not situationally-determined. (1)

His categories become important as we begin to rebuild our deconstructed selves. I call this process "reparenting." I believe it happens after we've cleared away some of our vasanas or core issues and have a little space.

We get to choose - consciously now - how we want our lives to show up.

One afternoon I was lost in thought about this matter when, in the next second, an inner voice chimed in: "I will take care of you."

I recognized this as my Adult consciousness. Imagine circuits sizzling and lights popping and suddenly we're back online. That's what it was like.

The Adult proved immediately to be a very useful and helpful fellow. It's very opportune that it's come back online now, given what lies ahead. For years it's been in the closet, but its time has surely come.

I'm being told at this very moment that the trigger for the Adult coming back online is us taking personal responsibility for our lives. OK, that's probably by inspiration. Thank you, my guides.

So our Adult begins with us taking personal responsibility for our wellbeing. If we have an active imagination - and imagination is creative on the Fifth Dimension - we can think of ourselves as being many people and one of us takes the initiative to organize the rest, benevolently. This is our Adult.

The Adult is accountable, proactive, and self-generating. The Adult is mature, balanced, and generous.

We're taking back our power if, until now, we've vested it in someone outside ourselves. We're taking it back as part of reparenting ourselves.

So I (the eternal observer) now allow the Adult to take the lead and carve out for me a lifestyle that serves me, given that I seem to be alone. (2)

I could go on, but you get my drift.

I'm only alone on the lower dimensions of consciousness, away from the ocean of transformative love. In that ocean, one sees immediately that love is everything and that love connects us seemingly-separate beings.

As long as I appear to be alone, as long as I need to be in these lower dimensions, I will assume responsibility for my wellbeing. I will see to it that I have what I need. I will be accountable for it.

I'm no longer looking for a wonderful and kind parent to love me or for allies against a dangerous world. Assuming it's even needed, I alone do that for myself.

Footnotes

(1) My status as a Child or Parent is, in the first instance, situationally determined. My status as an Adult is much less so. The "Adult" I'm referring to is not determined by a legal age or status.

(2) Ever since an out-of-body-experience in 1977, I lost my fear of death. And some part of my fear of aloneness went as well.

I Want What the Higher Dimensions Have to Offer



March 15, 2020

I've literally found my voice. The voice I've found is my caring mind or balanced adult.

I was vacuuming and I did something "wrong." Immediately my wounded child felt dejected, collapsing a number of memories into simply giving up. Whoa! That was a quick mood switch! I was clearly triggered.

When I looked into it, I saw that at some point in my life I had given up on anything meaningful happening in my family, as long as it was dominated by Dad.

I gave up thinking that I had anything meaningful to contribute that anyone would be interested in or listen to. What's the use? It's in a constant state of uproar, seen from my vantage point.

And now this new faculty has been recently activated or triggered. I now hear the voice of a balanced adult saying "I care about you, wounded child." And I feel the compassion. This is very, very new to me.

A figment of my imagination? Of course it is. But, after all, I have to live in this inner environment. It's all a figment of my imagination, including you. And, as long as I live in it, it isn't pleasant sharing the bed with a critical parent and a wounded child.

Previously I've done everything I could to keep them out of my awareness, simultaneously acting them out as scripts and records (vasanas, core issues) and thinking that nobody saw me. But now I see these states of mind and hear them clearly, as they compete for my attention. I see them. I need no outside verification now.

I've now found the part of me that can respond genuinely to their requests for my attention. Again this is like a first meeting.

This balanced adult in me feels compassionately for the suffering that both of my other ego states have been subject to.

But, acting as an independent adult, I can now release my attachment to them.

I no longer agree to lower my vibration to meet up with them. I say: Thank you for your service, but I no longer want to be responsible for your welfare. You'll have to raise your vibration now if you want us to talk.

Recently I experienced happiness for the first time in known memory. I realize now that happiness is what I want (the spiritual currency I want to be paid in). And love. And bliss.

I want what the higher dimensions have to offer. I'm going forward.

The Space of Abundance



Feb. 20, 2020

There are a multitude of states of consciousness, I'm sure. Why would there not be? Everything is consciousness.

Abundance is a higher-dimensional state of consciousness just as mastery and bliss, love and peace are.

Abundance as a state, like love, cannot be discussed. It lives in another, higher dimension and our words don't capture that realm of experience.

Metaphorically speaking, they don't reach that far. They're insufficient to capture the essence of the experience.

I've never found words for higher-dimensional love, for instance. It's as far removed from my everyday experience as an airplane flying at 30,000 feet.

So abundance too. But I can describe the space of abundance. When I feel abundant, I feel confident. I feel unworried, relaxed. There are no barriers to my experience of other states of consciousness like happiness or peace.

I move ahead with the discussion of things boldly and clearly and leave it to others to work out the details. I think this is what Archangel Michael means when he refers to money as being creative. I create with money as if painting and leave the details to those whose job that is. I do that when I feel abundant.

I imagine myself in a meeting discussing at a values level the ideal shape of the world - egalitarian, compassionate, responsible, etc.

From those values, the programs to implement them cascade and flow. Universal basic incomes, universal medicare, universal debt retirement, universal child care, universal seniors care, etc.

Planet-wide, culturally-sensitive, in support of the locally-desired outcome. But raising the standard of living worldwide, responsibly and wisely.

My saying this arises from years and years of studying what Michael has been telling me in my readings about being a funder, a flowthrough, or a pipeline. I haven't spent a day on the job and yet already I'm thinking as if I had.

We reach a pinnacle of relatedness to a topic in the time when we study it. In the years that follow we rely on what we learned back then to decipher the present.

This last period for me has been spent studying and imagining the flows of immense amounts of wealth on very much a global scale. Michael remarked to me on one occasion:

AAM: You have reached a point in your heart, in your being, in your life, in your consciousness where you are realizing ... the magnitude of our partnership. (1)

I am indeed just getting the first glimpses of it. And many others are in partnership with him or the other celestials as well.

Not like I knew what the result would be starting out in my study. In the beginning, I just wanted to know what my job was.

But the result is that I'm becoming able to think at a global level, as tentative as my first thoughts are. I'm restricted to the flow of money, but within that domain and acting as an envisioner I'm feeling more and more competent.

I'm not afraid to think from that vantage point any longer. Archangel Michael has given me enough reassurance to make the leap. Yes, I did require a lot of handholding.

This whole process comes from reading and rereading what he has to say about financial service or stewardship. One comes to see things from a much wider, broader level through assimilating his words.

I'm seeing things from an altogether different angle now. I experience abundance, not as a condition, but as a state of consciousness.

Heavens, how lucky I am.

Footnotes

(1) Archangel Michael in a personal reading with Steve Beckow through Linda Dillon, Aug. 17, 2018.

The State of Being Called Happiness



Feb. 21, 2020

Just a few days after finding myself in the state of consciousness called abundance, I've had another major breakthrough this evening.

I suddenly realized - out of nowhere, though probably guided - that I didn't allow myself to feel happy.

I swear I don't remember a time in my life when I've actually allowed myself to deeply feel that way.

I've perpetually kept a lid on it.

The very next moment after I realized this, I felt overwhelmingly happy.

And not just as a feeling. In the same way that I discovered that peace was like granite, solid and stable, (1) so for a brief moment was happiness the same - solid, strong, stable - much deeper than a simple feeling. But I'll continue to use the word "feeling" because I have no other word for this deep a consciousness state.

The feeling was totally novel to me. (2) I was flooded with memories of people inviting me to feel happy and me responding irritably. I swear I never knew why I responded that way, never even thought anything was amiss.

But some time ago, in the distant past, I must have felt so hurt, so traumatized that I distanced myself from happiness. I locked it away somewhere and led an essentially unhappy life.

Bad choice.

What have I done to myself? How could I never have seen this?

Or are we just getting deeper and deeper into our vasanas, our core issues as the energies rise?

But for now, and for as long as it lasts, (3) I feel happy. And look! Happiness leads back to love.

All roads seem to lead back to it.

In all the years I've been writing about love, I never connected it to happiness. Happiness was literally elbowed off the stage by dismay, sadness, regret, and hopelessness, all feelings that arose out of conflict with my Dad.

I'm now at least in bliss, blending into ecstasy. Happiness is a door into all these!

I notice that bliss and happiness are very compatible. They blend into each other.

Happiness is in the moment. Like love, happiness is a higher-dimensional or transformative space.

Like love, the minute I go into unawareness with it, it disappears. As with bliss, I really have to sit here, just enjoying it, to get the full effect.

I'm happy and I have no reason for being so. It's independent of the circumstances. I feel like Scrooge waking up on Christmas Day.

I don't know how long this experience will last. It came out of nowhere and may as likely disappear into it again.

But for however long it lasts, I'm going to savor it.

For the first time in my life that I can remember, I am happy. (4)

Footnotes

(1) Here's an account of peace being like granite:

"Immediately I found myself sinking into a deep, deep sense of peace, way down deep. I ended up in a place that was absolutely solid. It was as if I were standing on a slab of granite.

“Later again, in *An Hour with an Angel*, Michael also described peace as being like stone and I remarked that that was my experience as well. I would have expected downy softness.

"The solidity of the ground under my feet probably reflected my own inner stability, which seems to be a gift of true peace when it becomes permanent.

"This peace passed understanding in the sense that the mind was so still I'd have to describe it as inactive, archived, taken offline. There was no such act as understanding going on because the mind was decommissioned.

"Of course the experience passed, as all do short of Ascension." ("The Peace that Passeth Understanding," July 18, 2017, at <http://goldenageofgaia.com/2017/07/18/the-peace-that-passeth-understanding/>.)

Archangel Michael: So, when you think of things that you should do, are supposed to do, might do, and it doesn't ignite that fire of excitement, and that granite of peace, then you are being given an important piece of information, which is 'look elsewhere.' Is that clear?" ("Transcript ~ Archangel Michael: You Have Chosen to Be the New Paradigm of Love, May 31, 2018," June 7, 2018 at <http://goldenageofgaia.com/2018/06/07/transcript-archangel-michael-you-have-chosen-to-be-the-new-paradigm-of-love-may-31-2018/>.)

(2) Here's what AAM had to say about the experience, a day after I'd had it:

Archangel Michael: You may have noticed, Sweet One, that happiness has a large role to play at this moment.

Steve: Well I'm just connecting with happiness myself. I don't think I've allowed myself to be happy in decades!

AAM: It has been a very long time. (Archangel Michael in a personal reading with Steve Beckow through Linda Diullon, Feb. 20, 2020.)

(2) I woke up the next morning and the experience had left me.

(3) A few days after writing this article, I read this passage from Saul, which I so agree with:

"Happiness is carefree, joyful, limitless, and inspiring. When you are happy you can do much more because you have boundless energy and enthusiasm for life, and that happiness, which is firmly established within you, uplifts and encourages those with whom you interact. You have all experienced the joy of watching small children bubbling over with happiness and have then been delightedly unable to suppress your own resultant good spirits. Learn from them then, embrace the moment, and have fun." (Saul, Aug. 10, 2014, at <http://johnsmallman.wordpress.com>.)

Drowning in an Ocean of Love



... inside the heart

March 1, 2020

Someone's "shouting" in my inner ear. Alright, alright! Where's my computer?

Love lies below everything.

Yes. Everything I've ever known.

If we think we've found something higher than love? We can be assured that it's but a waystation on the road to love. There *is* nothing higher than love. Or deeper. Not in my books.

We may have to dig through more debris. Or forgive ourselves and move on.

Here's my overall thesis: Love is One without a Second. Love is everything, a truth more obvious in the higher dimensions than ours. That is to me a fundamental truth.

From Love in Stillness came Love in Movement. And from the union of the two issued all else. This is a description of the Trinity - Father [Love in Stillness], Son [all else, life forms, creation], and Holy Ghost [Love in Movement] = Brahman,

Atman, and Shakti. From the union of Father/Mother God came all else. The "all else" includes you, me, and all other life forms.

Imagine pouring molten gold into three statues. One is the God the Father [Stillness]. The other is God the Mother [Movement] and the third is us [a marriage of Stillness and Movement]. We are the "all else," a divine spark in a body made by the Mother. All three (Father, Mother, Child, if I may use that terminology) are made of the same gold - love.

I thy Lord am a jealous god. Yes, love flees the instant I take my attention off it. It disappears in the presence of an ill thought. It's a jealous god.

Be still and know that I am God. Yes, super-stillness would very likely lead to Self-Recognition. And drowning in an Ocean of Love.

I Go Another Way



Credit: fggam.org

March 5, 2020

Over and over I return to the sense I have that our responses to our feelings are the major drivers in our lives.

I watch myself move from one feeling to another - from happiness to irritation, from concern to relaxation - and what I notice about myself is my extreme reaction in the face of any one particular feeling.

If I'm irritated, I'm super-irritated. If I'm happy, I'm super-happy. I'm not at all balanced in my responses to feelings that arise.

These responses to my internal states are what others see. They determine the particular mask I might choose to wear with people. I'm either denying or embracing my exaggerated responses.

They determine my lines, costumes, gestures, etc. Collectively they contribute a great deal to what others perceive of as "my personality."

I'm like a stimulus/response machine reacting excessively to my feelings. Do I want to continue this way?



No, I don't. I'd like to break the stimulus/response pattern by inserting a moment of reflection between them: Stimulus/reflection/response.

By interposing the observer into the stimulus/response equation, I hope to break the momentum, apply the brakes, and limit the extreme, unbalanced response to any one feeling. Well, that's my hope, my intention.

Meanwhile, I'm simply treating the symptom. What's the root cause of the matter?

I look and see that it's simply a case of intergenerational transfer. I copied one of my Dad's patterns.

So no more stimulus/response to errant feelings. I'm not my feelings. I'm not run by my emotions, no matter how productive it is to know and experience them.

Responding to them unthinkingly hasn't proven productive for me. I repent. I "go another way."

I invoke Sanat Kumara and the Law of Elimination to take this unwanted habit pattern from me.

A Basic Change of Opinion



Feb. 28, 2020

I'd like to continue a thread. It's about the importance of how we feel.

I often feel like an anthropologist, studying customs in the North American culture to which I belong because all seems so new.

I have absolutely no awareness of any other culture but ours - on or off planet. But following the path of awareness is where in spirituality you'd expect to find a curious newbie and a wannabe anthropologist.

I notice things. I also know I'm being fed thoughts and have caught "them" in the act on one or two occasions. For instance, I have a very loud ringing in my ears right now, which tells me that Michael is here. (1)

And I'm always trying to take these noticeings and explain what sociologists call "the definition of the situation" and what I'll call "what's going on here?"

So I had a "what's going on here?" moment today, listening to music. I observed myself changing my mood based on a thought having changed. The music reminded me of someone and the minute I remembered her I was swept away by love. (2)

A minute before I had been listening to different music and grumbling about daily issues. Oh my Gawd, it was so much more enjoyable to be swept away by love. But I saw that *I did it*. I caused the change in feeling by changing my thought.

I let go of the daily issues and began thinking about an angelic being whom I love. My mood changed like that!

And yet, if I were feeling an unpleasant way like humiliated or lonely, I'd be thinking to myself that I need to feel that way until it lifts. I need to stay with the experience. I need to be with it.

In actuality that isn't totally true.

If I change the focus of my attention, I actually can change my mood.

For years, I regarded this as dodging the issue. By staying with the experience, I was getting at the root of the matter. But I now feel the tug of weightier matters and I no longer have the time to go the long route, as useful as it is.

I'd like to leave that noticing for a moment, to show you how the process of consciousness works. The next thing to arise was a stray issue, triggered by noticing I no longer had time.

I now engaged with the issue that my time was no longer my own. I'm in service now. I feel regret, wistfulness, sorrow.

I've lost control ... or yielded control ... of my time. That goes along with - it's implicit in - service.

So let me count. I now have agreed to stay to the end, yielded expectations of enlightenment and given over control of my time. Those are big sacrifices, what the Arcturians would call "big initiations."

It demonstrates that service will ask certain things of us. We're called upon to make some sacrifices. And they're sometimes not small.

OK, that illustrates how one thought follows another - triggered or not - in a stream of consciousness. My private life is just moving from one thought and the mood it brings to the next. At least that's the way it is on Earth.

Returning now to my overall theme, I do have some control over my feelings. I can change a thought that has negative energy streamers attached to it to one that has positive.

I'm not arguing about the rights and wrongs of seeing things that way. I'm simply observing what shows up for me like fact. Changing our thoughts can change our feelings. (3) If we don't want to feel the way we do, then among the many strategies we can use, the quick one is to change our thoughts.

When I'm standing in front of a group of government officials and corporate officers and we're contemplating how to bring a universal basic income to Canada and I'm feeling grumpy, I'll remember this.

Footnotes

(1) Steve: How do I know when you are whispering in my ear?

Archangel Michael: Often it is prefaced by a high-pitched ring.

S: Oh, I hear that all the time.

AAM: Yes, I know.

S: [laughing] Are you here all the time?

AAM: Yes, I am. (Archangel Michael in a personal reading with Steve Beckow through Linda Dillon, Feb. 18, 2011.)

(2) Here's an example of mood-changing music. See if you can listen to Ennio Morricone's *Theme from the Mission* and not have your mood shifted.

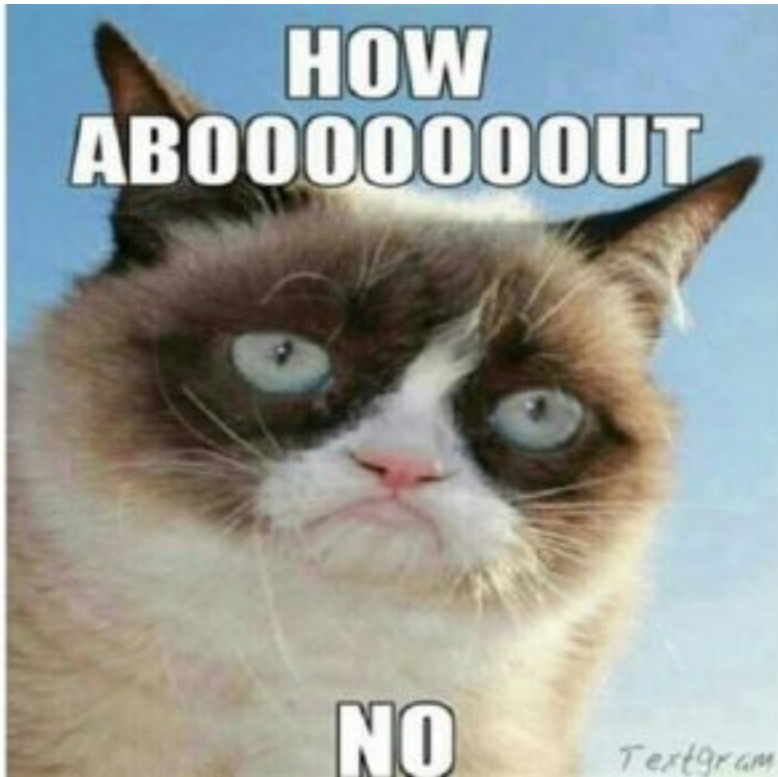
[audio mp3="<https://goldenageofgaia.com/wp-content/uploads/2020/02/Ennio-Morricone-The-Mission-Main-Theme-Morricone-Conducts-Morricone.mp3>"][/audio]

I have never watched *The Mission*, just so you know. I only know this piece of music from it.

(4) I acknowledge that certain vasanas or core issues may not yield to changing our thoughts. For those there is the upset clearing process at “How to Handle

Unwanted Feelings: The Upset Clearing Process,” December 29, 2018, at <http://goldenageofgaia.com/2018/12/29/how-to-handle-unwanted-feelings-the-upset-clearing-process-2/>

How Aboooooooooout No?



Credit: Vitamin-ha.com

March 17, 2020

The number of demands on me in my life - if you add in everything that now flows from a Healthy Heart Program after my bypass - is unsustainable.

And, after the Reval, it'll only escalate. So sooner or later in my life I'm going to have to discover the secret to managing a huge workload.

It has to be a simple answer because the problem of overwork has probably been with us since the dawn of civilization and is independent of local circumstances; i.e., faced by all of humanity.

I'm pretty sure the answer lies in my relationship to the word "no."

We interrupt this broadcast.... I just received - and saw I received - a lightning-fast inner movie.

It traced the problem back from hating to say "no" in the present moment to feeling as if I had few friends in junior high school to seeing myself as a father-hater in earlier life.

I saw that the latter started when I was seven and my Dad slugged my Mother. It was like a line of emotional lineage going back in time.

OK, no need to spend years and thousands of dollars analyzing it. My mind is capable of showing me the right picture. I get the origin of hating to say "no."

So I see myself as a father-hater who does not deserve friends. Therefore I don't want to annoy the friends I have by saying "no" to them. This is the decision and conclusion I reached about myself. (I'm dissecting a vasana or core issue here.)

End of story. Finding out what's truly happening doesn't have to be long and drawn-out affair. The mind tells us instantly what's happening by throwing up an image - or a movie. It isn't rocket science.

How do I know I handled the upset - part of the issue - by recognizing and acknowledging what I saw?

Because the truth will set us free. Not only liberate us from the Third Dimension of life and death, but also free us from our upset.

If what I saw was the truth and I embraced it, the truth would set me free from the upset. The more of the truth I see, the more freed-up I am from the upset. If I feel more upset, then that which I saw was not the truth. Time to try again.

Feeling release, I don't see that there's any need to go further. In fact doing so risks stumbling back into the upset that I just emerged from.

That doesn't take care of the problem; it only takes care of the upset around the problem. The problem remains: I have too much to do and can't do it all.

It means I can now face saying "no" without upset.

Our Future and Our Destiny: Are We There Yet?



March 19, 2020

It took me years and years to realize that what was making me mad was not the person standing in front of me but a person who stood in front of me decades and decades ago.

On that occasion years ago I reached a conclusion about life and a decision on how I would act in the future. This is how a vasana or core issue gets started.

It's taken me more years to realize that how we feel is the most important motivator in our lives. And more to realize that I have the power to change how I feel.

I'm not a victim of my feelings. Granted a thought may have generated the feeling, I don't have to remain depressed, dejected, disappointed, unless I want to. And I seldom want to.

It doesn't work to plaster a smile over a feeling. But, given that many feelings and moods change with things I do anyways, I can choose to do things that will alter my feelings.

Those they don't alter, I can process using the upset clearing process. (1)

It was accepted practice in the Growth Movement to stay with our feelings. But where I'll be going (and many others will as well), I won't have the time or luxury of going the long way around. I have to find another way forward.

If I feel dejected, I often choose to act in ways that are consistent with it. The same with many, not all, feelings. But I've been experimenting lately with ways of changing the way I feel. Listening to inspiring music is one; creating a new writing project is another; thinking of someone I love is a third.

Once the feeling changes, I marvel at what I was thinking of doing (or had done) by acting on that feeling.

These are only stop-gap measures. Once we shift, based on my visits to these realms, we'll be in love and bliss 24/7. Thus it's not a pipe dream to say we want to live in love permanently and fully. It's our future and our destiny.

Knowing this, does it not make sense that I'd be impatient to get there and trying every means to achieve that space? Once we would have said that I was denying reality and burying my head in the sand.

But is it denying reality to say that I want to be at our destination as soon as I can? Have we not been saying that since childhood? (Are we there yet?)

The love and bliss I'm talking about, as you know, is a world apart from what we think of as love and bliss. It'd be like Mom telling me orange Kool-Aid is freshly-squeezed orange juice. Not.

What awaits us is definitely more than 99.99% of the population may or will have experienced. OK, 99.98%. To say it's "out of this world" is an understatement. It's all this world desires.

Maybe knowing this is what has me no longer settle for feeling dejected or depressed. Whether it be that I listen to these feelings until they lift or change the tune, I want more of what I know is coming. I want the Light at the end of the tunnel. (2)

Are we there yet?

Footnotes

(1) "How to Handle Unwanted Feelings: The Upset Clearing Process," December 29, 2018, at <http://goldenageofgaia.com/2018/12/29/how-to-handle-unwanted-feelings-the-upset-clearing-process-2/>

(2) The Light of the Self in the seat of the soul, the end of the tunnel of the heart.

Glimpses of What Lies Ahead



March 16, 2020

Having newly discovered, or re-discovered perhaps, my balanced adult, (1) I'm now having fun with it.

I spilled a bottle of glue today while transferring it from one bottle to another.

I enjoyed watching myself clean up the mess, moderately. I knew full well (without a barrier of resistance appearing) that I could restore the situation and we could then carry on. I was acting from my balanced adult.

We know what I'm doing, don't we? I'm reparenting myself.

I'm walking myself through the critical-parent and wounded-child scripts and, with thanks for their service, retiring them. They no longer work for me. After celebrating the occasion, I'm moving forward.

In their place, well, quite frankly, I'm relying on what Michael has told me in preparing me for what's up ahead. I'm putting in place what he's taught me. That must be fairly obvious to anyone reading me.

He might as well be my (divine) psychotherapist. He's certainly my teacher. Look at how long it took me to get what he meant by "balance," even though he harks back to it repeatedly? Years. Just short of a decade. I'm supposed to be a fast learner.

Why so long? Because balance and peace, love and bliss are not Third-Dimensional spaces and I was looking for them in the Third Dimension. They are nowhere to be found, there.

There are no words to describe them because Third-Dimensional words have not been invented that capture a higher-dimensional space. I don't think it'll be possible to do so for a while, anyways. For example, I can think of no way of capturing higher-dimensional love, true love, in words. I wouldn't even try any more. (And yet I do, again and again.)

For most of us, when we see or in other ways experience these divine states, we get a glimpse of what lies ahead - encouragement for us to keep going, keep going, keep going.

These moments of discontinuous and expanded comprehension are what I mean by "realized knowledge." Realizations can be big or small. They don't last - until Ascension. But they produce certain knowledge and unforgettable experiences. And they're glimpses of what lies ahead.

Most of us don't recognize them for what they are. They seem to be just wonderful moments (magic moments even) when everything seemed different and we knew a lot. But we see no further significance to them. No big deal.

After Ascension, our hearts are permanently opened in Sahaja Samadhi. Then our vasanas are fried to a crisp. There are now no seeds of future action, no arrows of karma waiting to be launched.

We're released from our bondage to unproductive stimulus/response patterns. We experience this as moksha, mukti, liberation from bondage.

We'll live in a crystal-based (rather than our present carbon-based) body, which we're slowly adapting to now, which neither needs to die or be reborn. Thus we're released, as the Buddha might say, from bondage to the wheel of birth and death. He called it Nirvana. Names don't matter. It's same higher state of existence.

Our spiritual experiences are in the end encouragement to keep us moving forward through this slow and gradual time during which the body adapts to the greatly-

increased energies, the greater light of the higher dimensions which before long it will be living in.

Footnotes

(1) See “The Adult State, the Caring Mind,” March 6, 2020, at <https://goldenageofgaia.com/?p=306851> and “The Adult State = The Balanced State,” March 9, 2020, at <https://goldenageofgaia.com/?p=306854>