

Towards a New Age Philosophy



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Vancouver: Golden Age of Gaia, 2021
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This book replaces *Paradigmatic Breakthrough: Essays in New-Age Philosophy*.
Vancouver: Golden Age of Gaia, 2020.

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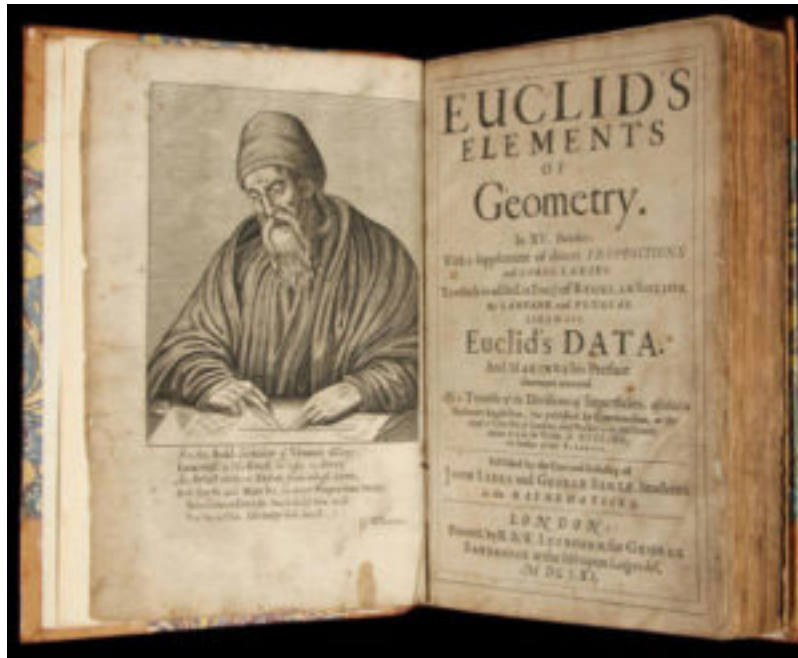
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⌘ Toward a New Age Philosophy ⌘

For the Love of Philosophy

October 14, 2020

<https://goldenageofgaia.com/2020/10/14/for-the-love-of-philosophy/>



Ahhhh, philosophy! Distinctions, definitions....

I've become clear on what I choose my mission to be in relation to building Nova Earth.

I want to create a philosophical literature that allows us to both adapt to and engender the kind of changes associated with Ascension.

Those could be changes in attitude, abilities, knowledge, technology, anything. But how to ride the wave of change is what I'll be concentrating on.

I've just laid out [in one book](#) pointers on using and adapting to paradigmatic breakthrough and paradigm shift. (1)

The next book I'd like to do is on service-to-self, the self-serving bias, egocentrism, whatever one wishes to call it.

And after that....



What I want to communicate here is that, on deciding that philosophy was the area of building Nova Earth I wanted to concentrate on, I felt deep satisfaction. The thought came that I had at last arrived. Yes, this is it.

I take the arrival of deep satisfaction as a sure indication that I'm on target regarding my mission.

I didn't do anything to arrive at deep satisfaction save to choose what I love doing.

I say this to point out the impact of finding (A) what you love and (B) your mission, which are one and the same. One can use whether one feels deeply satisfied or not as a test for whether or not one has found their mission.

Everyone loves what they love. I love categorizing, defining, finding patterns. I love learning. I love philosophy.

Knowing this, why would I do something else?

But you can't just pass this something that you love in the car and point it out to your parents. You have to stop and stay a while and get to know the subject. And then act on that knowledge.

That's what I'm seeing about myself in any case. Don't forget that I always have in the back of my mind preparing for post-Reval work, which will be challenging.

I hope by now you get the distinct impression that growth work never ends. On the awareness path, I maintain awareness of myself. I push my edges. I explore new pathways. It goes on continuously, on all levels.

In addition, I also ply the path of service. The awareness path enhances all other disciplines.

The book is done. Time for a walk in the park ... but the learning never stops.

Culture and Philosophy

January 17, 2021

<https://goldenageofgaia.com/?p=316049>



If culture is an organization of ideas, where does philosophy fit into it?

Philosophy is a systematic look at or overview of a thing or event. It's one grouping of ideas within a culture. We call it a "discipline."

The emphasis is on the systematic approach to the work and the unbridgeousness of the view taken. (1)

But there could be a philosophy of any thing or event. Be that as it may, it would remain only an element of a culture, along with arts, sciences, technologies, religions, etc.

To give an idea of philosophical change, in my doctoral History dissertation I outlined a 19th-Century philosophy I called "creative repression" - the idea that we grow by denying ourselves. (2)

If we gave vent to our emotions, especially if we became hysterical, we might faint because our energy systems were deemed to be closed and fixed. If we bled off energy in one way, we were thought to suffer a deficiency in another.

I was writing in a time of creative expression - the 60s and early 70s. According to that philosophy we grew by expressing ourselves. We were all about letting it all hang out, getting real, telling it like it is, etc.

Now, if I was to give a name to this era's paradigm, it'd be "creative service."

The lightworkers who came here came to serve Gaia's Ascension.

Creative servants need to watch what they say rather than letting it all hang out. They're dealing with the whole world and know the potential for misunderstandings. Diplomacy, prudence, and kindness are required.

We're system busting as they were in the Sixties but we're doing so focused on restoring unity not on defeating an enemy.

Over the years on this site, (I hope) we here have been developing a creative-service philosophy to help with that work.

Whom we serve is the Divine Mother. The Father is inactive in material terms. The Mother and Father are simply illusory faces of God, the One.

If we believe we're this body, we won't be able to see and hear the Mother. Even if we heard, we probably wouldn't believe what we heard.

The Mother is all we'll ever know as long as we're incarnate. Everyone who serves the unseens in actuality serves her.

So creative service is my New Philosophy. And I'm learning on the job.

Footnotes

(1) Anthropologist Leslie White discerns three types of scholarly argumentation: the historical, the structural, and the evolutionary. The historical looks at discrete events through discrete time and space. The structural stops the action and looks at the structures that make up the whole and their functions. The evolutionary looks at classes of events through non-discrete time. See Leslie White, *The Science of Culture: A Study of Man and Civilization*. Farrar, Straus and Giroux, 1949 and Leslie A. White, *The Evolution of Culture: The Development of Civilization to the Fall of Rome*. New York, etc.: McGraw Hill, 1959.

(2) *The Bad Tobacco of the Mind: Cultural-Historical Aspects of the Fiction Question, 1867-1897*. Ph.D. Dissertation, University of Toronto, submitted 1976. (Judged to be "not historical.")

Canadian historian Michael Bliss was the first to use the phrase "creative repression" in Michael Bliss, "“Pure Books on Avoided Subjects”: Pre-Freudian Sexual Ideas in Canada," *Canadian Historical Association Historical Papers*, 1970, Volume 5, No. 1, 1970 at <https://www.erudit.org/fr/revues/hp/1970-v5-n1-hp1105/030725ar/>, 101.

If You Get the Idea and Pass It Along, You're Creating Culture

December 26, 2020

<https://goldenageofgaia.com/2020/12/26/if-you-get-the-idea-and-pass-it-along-youre-creating-culture/>



Mommy, who's the little boy who lives in the glass? I have no idea

I'd like to talk more about culture because what we share in common is that we lightworkers are building Nova Earth and that means building Nova Culture.

What is culture. The other day I said it was ideas, not behavior or artifacts. Can I illustrate culture creation and transmission? Let's see.....

Let's say you come to the blog to have your questions answered. Within our fields of specialization (and they are different), we convey what we hope is helpful information. You get the message and pass the word along. You are creating culture.

Get the idea? Make sense? Don't pretend. This isn't make-believe. If it makes sense, then pass the message along. (These words all refer to cultural processes.)



How is culture created and maintained?

Let's look at our individual part in the process. You get an idea. It may not be your own. According to Vedantists, it's never your own! Nevertheless, you get an idea.

What do you do with it? Let's pretend that you write it down. Write it down? Language. A wonderful invention for the creation, maintenance, and transmission of ideas.

Now the reach of your culture generation has multiplied. More ideas come to your head and from them you invent a printing press. The reach of your culture creation increases again.

Then a typewriter, microphone, radio, television, computer, Internet, satellite. Look at the possibilities now for the creation, preservation, and transmission of ideas, which maintains and ever-extends the dynamic cloud that is our culture.

Our ideas embrace physics, chemistry, botany, agriculture, psychology, history, spirituality, on and on. We build machines with our ideas and extend our reach again. We create behavior patterns with them - trends, traditions, etiquettes.

We haven't really taken a look at our culture, as a society. We're too busy right now throwing memes at each other and vying for world dominance. We're still in a laissez-faire, wild-West modality when it comes to this subject.

We haven't taken the time to look at it as an organic whole, a collective consciousness, that needs maintenance. It'll take some work to generate interest in actually creating a new culture once the agents of chaos have expended themselves.



Before we actually turn to discussing a global culture, a Nova Culture, readers would have to accept that such a thing as the collective consciousness exists, that we are more than just this body, this suit of armor we clank around in, that there

are other dimensions to life than our own, that countless civilizations exist in space and on other dimensions, and other truths which have been denied for so long. These need to be part of a new culture for a fuller truth to be known.

Empirical materialism (the belief that only what we can see, hear, feel, touch, etc. is real) is too small to contain the truth. All paradigms are, but some hold more truth than others. We mount a ladder of consciousness by transcending one paradigm after another. It's now the turn of empirical materialism to exit the world stage. (1)

I cannot see how the new paradigm could be anything else but love. If we want what the Fifth Dimension has to offer, then what it has to offer, in a nutshell, is love. OK, and bliss. Alright, and joy. All of these are forms of love.

Finally, in the last analysis, the work of culture creation is sacred. It could not and cannot be otherwise because life has a sacred purpose. (2)

Footnotes

(1) Its associated economic paradigm of Social Darwinism (the belief that life is a struggle for survival that favors the fittest) needs also to be retired.

(2) See *The Purpose of Life is Enlightenment* at <https://goldenageofgaia.com/wp-content/uploads/2011/08/Purpose-of-Life-is-Enlightenment.pdf>.

New Age Spiritual Philosophy

March 27, 2013

<https://goldenageofgaia.com/2013/03/27/new-age-spiritual-philosophy/>



I much enjoy New Age spiritual philosophy. It's infused with the wisdom of the galactics, ascended masters and celestials. I like the variety of the sources it draws on, the relaxed pace of it, and the manner in which it can embrace at least a few of the really new developments in the world.

How many schools of inquiry have embraced these genuinely new developments today? The existence of angels and extraterrestrials? The existence of other dimensions, other universes? The created aspects of life and life's design? The Divine Plan?

Because the adherents of New Age spiritual philosophy know we're headed away from a dualistic worldview and towards a unitive world that works for everyone, it tends to be a cooperative inquiry, at least more so than contemporary conventional religious or spiritual philosophy sometimes is.

It may disagree on the credibility of some sources, but there's far more unity and harmony among its practitioners than in many other similar groups.

It recognizes that we're all one and that the new paradigm is the divine qualities. It sees life is a creation and attempts to know the Divine Plan and the design of life revealed in human affairs. It recognizes the sharing and collaboration that occurs on all the higher dimensions and seeks to be a part of it.

And it's a cross-cultural perspective par excellence. It not only draws on and synthesizes all terrestrial spiritual traditions but it incorporates the wisdom of off-planet and other-dimensional spiritual philosophies as well.

We've entered the New Age. We're looking at Nova Earth off on the horizon. We're just an inch inside the door. Things still look mostly the same but we do feel different.

We're being bombarded with uplifting and expanding energies and we're simmering in love and bliss. We're moving out in all directions, pushing a barrier here, raising a cover there.

New Age spiritual philosophy inquires into knowledge that for the most part has been covered up or unknown. New Age philosophers find themselves always one step into a strange and unknown land, the frontier of which keeps receding in front of them.

The truth is unknown. The way to get to an understanding of it is unknown. And so New Age philosophers find themselves often on the track of the speculative and the incomprehensible. They've learned to let go of the old and embrace the new, without needing to have all the answers. New Age philosophy is a mixture of the growth movement, Eastern and Western religions, and a tolerant and eclectic spirituality.

It recognizes that life is a process of spiritual evolution and its certain knowledge stops right about there. All else that unfolds in the course of its inquiry is often hard to put into words because of its newness.



I guess if race-car fans love speed, New Age philosophers love newness, novelty, the unknown, the newly-discovered. They're explorers. They want to know what's just around the next bend.

This type of philosophy grounds itself in credibility assessment. It weighs and estimates the reliability of its sources. But once assured that a source is credible, it listens to what its sources have to say as intently as any scientific or social-scientific philosopher. It accepts the words of a reliable galactic or celestial where few other disciplines would.

Its body of evidence lies either largely or importantly outside the boundaries of the old paradigm of empirical materialism. It's not recognized at universities, which predominantly remain within the old paradigm, and that may well have saved it to this point. Truth has suffered in many universities that have bent the knee to an inadequate materialistic paradigm of truth.

It sees Truth as the pinnacle of life and Love as the ultimate Reality. And it seeks certain knowledge of the Truth and intimate knowledge of Love through direct experience.

Who's to say how matters should unfold? Matters will unfold as they do. Folks will do what they want. But there's a drift to things.

Archangel Michael said there was not to be one event that transforms consciousness in the next while, but a series, train or "turn" of events. Well, same here. In all of human affairs, there exists a drift to things. What Jesus called the signs of the times reveal that drift.

The drift of New Age spiritual philosophy is towards the inclusive, the divine consciousness, the light-filled and loving, no matter what public opinion says, no matter what "common sense" says.



New Age thinkers repeatedly ask the question, “What if?” and try on what arises in answer to it. Because we do, we’re often the ones who encounter the novel phenomenon first. As a result, we make more mistakes than many. And we’re maligned at times as all explorers are.

But New Age spiritual philosophy has a promising future, as do so many endeavors in the Golden Age ahead.

I’ve heard the term “Big History” applied to the history of the universe. I’d put a hold on that term for a year because I think our idea of “big” is about to explode.

It’s going to shoot off in every direction. This is not the time for defining things or pinning them down, but for releasing into them. And New Age philosophy may be our means of releasing the old and making sense of the new in spirituality.

Giving Voice to a New Age Philosophy

October 19, 2020

<https://goldenageofgaia.com/?p=314254>



Scandals are erupting around us, as St. Germain and the Federation of Light have warned us of. (1)

And here I am, my brain is on lockdown and my stillness is rising.

This has all been affected by my acknowledging that what I want to be doing is to contribute to a cross-cultural, multidimensional New Age philosophy.

To acknowledge that to myself was like putting a key in a lock and opening a door. Yes, that was it. Eureka! I found it. The outside world disappeared for me at that moment.

Everything I've been doing - history, sociology, anthropology, spirituality, travel to India, afterlife research, refugee law - all of it contributes to this work of giving voice to a New Age philosophy. A new paradigm of paradigms.

Taking on this task has been out in front of me since two dissertations were turned down for not staying within the prevailing paradigm.

I have no interest in the prevailing paradigm (empirical materialism). What all paradigms approximate and point to is the truth. I'm only interested in that.

The truth will set me from from the cords of lower dimensionality. But the truth will also reveal to me that which alone is Real, the One. (2) Knowing That is the purpose of life. (3)



The word *philosophy* has a mystical meaning. *Philos Sophia*. The love of Sophia. And who is Sophia? Sophia in Greek = Wisdom in English. In the Bible, Solomon calls the Holy Spirit "Wisdom," whose possession is more precious than rubies. (4)

The Holy Spirit is one of the names of the Divine Mother. Others are Shakti, Kali, Durga, Mary, (5) Maré (the Ocean of Love), the Word, Aum, the Voice of One crying in the wilderness, the Sound of Many Waters, etc.

New Age *philosophy* is for me the study of the Mother's world (*mater*, matter) and her Plan.

I serve the Mother, the only face of God I'll ever know or talk to. (6) I do it by seeing and describing what I know of her world, a world much more mysterious than is dreamt of in our philosophies. (7)

Footnotes

(1) "MUST READ: Saint Germain ~ The Beginning of the Next Phase," October 14, 2020, at <https://goldenageofgaia.com/2020/10/14/must-read-saint-germain-the-beginning-of-the-next-phase/> and The Federation of Light via Blossom Goodchild, Oct. 11, 2020, October 11, 2020, at <https://goldenageofgaia.com/2020/10/11/the-federation-of-light-via-blossom-goodchild-oct-11-2020/>.

For an interesting comparison, see St., Germain's predictions in 2002: "St. Germaine: These are the Signs of Armageddon," October 14, 2020, at <https://goldenageofgaia.com/2020/10/14/314219/>

(2) I know whether I've spoken the truth or not, based on whether I feel released from the upset of the moment. I imagine the same applies to the senior levels of enlightenment, the truth of which will still set us free.

(3) See “What is the Purpose of Life?” February 24, 2020, at <https://goldenageofgaia.com/2020/02/24/306794/>

(4) She is more precious than rubies: and all things thou canst desire are not to be compared unto her. (Proverbs 3:15.)

Her wealth ... is an unfailing treasure for men. ("The Wisdom of Solomon" in APO, 190.)

I wisdom dwell with prudence...

Counsel is mine, and sound wisdom; I have understanding; I have strength. ...

Riches and honour are with me; yea, durable riches and righteousness. ...

I ... cause those that love me to inherit substance; and I will fill their treasures. (Proverbs 8:12, 14, 18 +21.)

(5) The Mother incarnated as Mary, Mother of Jesus:

"I am known by many names, and that is appropriate. And I am thought of in many forms — as Mary, as Shakti, as Maré, which is very close because it is the word of ocean in your world and language. It represents the movement and the giver of life, the creator of life, of love, of form, of substance, of essence." (“Universal Mother Mary: You Are Moving Ahead Rapidly with Ascension,” September 25, 2012, at <http://goldenageofgaia.com/2012/09/25/universal-mother-mary-you-are-moving-ahead-rapidly-with-ascension/>.)

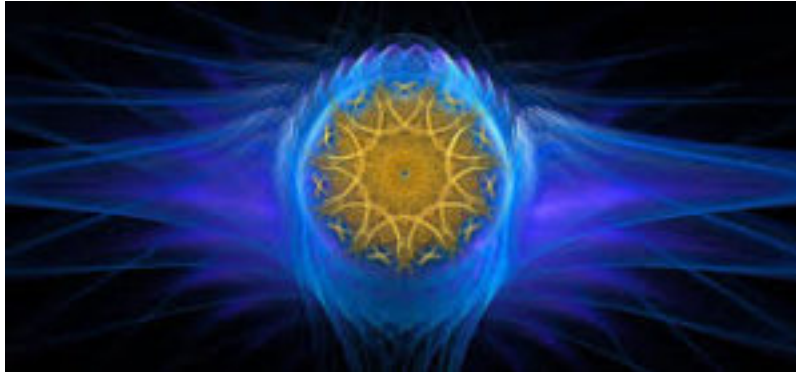
(6) To be in the presence of the Unknowable, "I" would disappear.

(7) Hamlet (1.5.167-8)

Ronna Vezane ~ Archangel Michael's Gift: New Age Creed

January 4, 2021

<https://goldenageofgaia.com/2021/01/04/ronna-vezane-archangel-michaels-gift-new-age-creed/>



January 3, 2021, FaceBook post

<https://tinyurl.com/ybrydk2q>

1. Love your Father/Mother God with all your Being. Love yourself unconditionally as a Divine Spark of the Creator. Love everyone else as you love yourself.
2. Know that you are a caretaker of the Earth and all life forms that reside upon her ~ the nature, animal, elemental and Human kingdoms. Protect, preserve and honor all expressions of life.
3. Live your life with joy, and with the spontaneity and delight of a child. Endeavor to leave a legacy of love and hope. Enjoy the journey of life, and strive to fulfill your earthly mission to the best of your ability.
4. Maintain a constant attitude of gratitude, and live each day as though Spirit were perched on your shoulder as an observer. Practice non-judgment and look for the good in everyone.
5. Your goal is to return to balance in body, mind, and Spirit. Polarity and duality will no longer affect you when you walk the middle path.
6. Seek and claim your highest truth, and then live your truth with integrity. Allow others the same right.

7. Learn and use the Universal Laws of Manifestation ~ the God-given tools that will assist you to create your version of paradise on Earth.
8. Share the wisdom you have integrated with others ~ first by example, then through your actions, and finally through words.
9. Claim your Divine Birthright: the love, joy, peace, health and abundance that are yours as a gift from our Father/Mother God.
10. Each day, call on your Mighty I AM Presence to OverLight, guide and direct you, then listen to ITS inner nudgings. Call upon the Mighty Angel of Forgiveness, and the Violet Flame at the end of each day to balance, harmonize and transmute any discordant energy you have projected that day, thereby rendering it harmless, which moves you beyond the laws of cause and effect and into a STATE OF GRACE.

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<http://www.StarQuestMastery.com>

I Love; Therefore, I Am

October 5, 2015

<https://goldenageofgaia.com/2015/10/05/i-love-therefore-i-am-2/>



Credit: theeclecticminds.com

The cosmic energies presently hitting the Earth are coming first from the Father/Mother One, then through the Central Sun, then through the galactic center, aided and shaped by countless higher beings until it reaches us, its intended beneficiaries.

They're reshaping us, uplifting us, and opening us up.

They're taking us far beyond the ability to love of past generations. And so we're having to expand our paradigms to take in the newly-opening vistas.

One paradigm we must expand is that of Rene Descartes: (1) I think; therefore, I am, he said.

But thoughts are associated with the mind. The mind is a temporary device, suitable to the lower dimensions, but not at all vital to the higher or to who we are.

Descartes' assertion took the ball some yards down the field by putting a dent in empirical materialism.

That's the philosophy that only what can be seen, heard, touched and felt is real. Thought was not directly observable, certainly not in his time, so his statement let the first ray of sunlight into the closed space of the materialist view the universe.

Now it's time to let more light in, to illuminate what is a dark room.

It's time for a new paradigm. I assert that that new paradigm is: I love; therefore, I am.

Without love, there is no "me." A friend asked me if we were just illusions and I had to say, "Yes. Only God is real."

Withdraw God's love from the omniverse, and it all goes - you me, the galaxies, the universes, everything. All that remains is all that ever was: God. So yes, *we are* illusions living out a dream in the mind of the One.

I wonder if the Creator did not say in the beginning: "Let there be love. And there was love." There's nothing else here but love formed into imaginary shapes and romancing itself. Sometimes disputing; sometimes joining; sometimes separating.

Each day, as the energy has mounted, I watched myself let more and more of it fill up my body. I relaxed my conditioned need to remain aware, cautious, on guard, and let love fill every niche in me. Today it was my head. I let love into the area of my field of awareness associated with the head. And when I did, I felt the bliss of a completed energy circuit.

I'm not interested in playing with notions like enlightenment. I simply want to be here now and serve. But the bliss was wonderful and repaid me for days and days of hard work.

Left to another day: I am; therefore, I love.

But for now: I love; therefore, I am.

Whatever else you do or don't do, let love fill you up today.

Footnotes

(1) 1596-1650.

How the Collective Consciousness Works and Why It's Important

January 8, 2020

<https://goldenageofgaia.com/2020/01/08/how-the-collective-consciousness-works-and-why-its-important/>



I wanted to recreate what the Company of Heaven says about how the collective consciousness works.

The very first passage I came across in my research was from Matthew Ward, who's told us so much about the subject already.

That passage said it all. I couldn't think of a matter left undealt with.

I need to reproduce the whole of it as probably one of the best treatments we'll come across on the subject. I've added comments.

From Matthew's Message, July 18, 2019, at <https://www.matthewbooks.com/july-18-2019/>

The collective consciousness and the energy field of potential are the generators of what happens on Earth.

The thoughts and feelings of all life forms on the planet comprise the collective consciousness, and the power of this ever-changing energy mass “steers” all activity in the energy field of potential.

We give the consciousness and the field those designations to describe their functions; however, the energy of these integral aspects of the universal law of attraction, which is in constant motion, is the same and they operate in tandem.

The field is limitless numbers of neutral energy streamers, each with an attachment —each thought and feeling of every person and the emotions of every animal— and the attachment is the streamers’ direction finder-connector [GPS?], so to say.

We see the streamers as threads connecting activity in the field with like-activity on the planet. The threads shimmer and gleam when there is joy, happy excitement, affection, encouragement or any other uplifting sensation on both ends. They are ragged and dim when connecting low-vibratory sensations such as discouragement, vengefulness, anguish, anger or prejudice.

Many thoughts and feelings enter the field with the addition of intention, and every intention creates a situation that has the possibility of development potential.

We've created the intention that a fruitful rain will fall on Australia and a harmful rain will stop in Jakarta.

If more of the same kinds of thoughts and feelings about that situation enter the field, their energy activates the development process. When those thoughts and feelings grow in sufficient numbers and strength, their combined energy moves the situation from a possibility to a probability.

This describes the process we're involved in. Again simple physics.

If the quantity and strength of those particular thoughts and feelings keep increasing, the additional energy produced moves the situation's probability status toward certainty, and motion in the field is smooth and steady.

We've reached momentum. To make our desired outcome a certainty, we need to increase the quantity and strength of our intention.

When nearly all thoughts and feelings about the situation are unified, the momentum of their energy becomes unstoppable and enables the manifestation of the outcome intended by the people involved.

So far he's described exactly what we're doing here and what to see done in the future.

We're expressing our collective intention that a fruitful rain will fall on Australia and a harmful rain will stop in Jakarta.

By combining our intention and focusing on it, we hope that "the momentum of [our] energy becomes unstoppable and enables the manifestation of the outcome intended by the people involved."

If a large number of streamers with attachments of thoughts and feelings about a different outcome suddenly enter the field [of] their collective elation, that energy interrupts the process that had been propelling the situation toward certainty.

The deep state routinely disrupt the momentum of human-rights, citizen-activist, and New-Age initiatives. Think "9/11 truth" and "conspiracy theory" as an example.

The tumultuous activity that ensues makes the field look like a gigantic fireworks display as the energy of the first intended outcome attempts to regain its former strength and the energy of the opposing intention tries to become dominant.

Depending upon the importance of the situation at issue, the intensity of the differing thoughts and feelings about it, and an increase or decrease in numbers of each “side’s” streamers, the seesaw motion can continue for days, months or years before one of the energy masses becomes powerful enough to generate sustained activity until the outcome is manifested by the people who achieved their intended result.

Matthew Ward's is a plain-English description of how the collective consciousness works.

He describes a system which may be foreign to us - streamers, energy fields of potential, etc.

But the physics of how it operates should be very familiar. The Law of Attraction is easy to understand.

We're endeavoring to put the fires out in Australia and stop the rain in Jakarta. That's *what* we're doing and this message from Matthew describes *how* we're going about doing it.

Ascension is a Personal Affair

October 21, 2020

<https://goldenageofgaia.com/?p=314259>



Ascension is first and last a personal affair.

The timing, the manner of travel, and what we do along the way is all a personal affair.

It isn't a war or a pandemic, where the government takes charge. It isn't - or hasn't been - a matter of conditioning or a school matter or a matter for the banks.

It's a matter between us and the "Mother," spoken of collectively - the Mother and all her servants.

When we read the afterlife literature, we may find it easy to accept the situation. Residents of the Astral Plane cannot go to the Mental Plane, above them, because the discomfort would be too great. (1)

Ask a hippopotamus to run a mile. Or an elephant to jump six feet high. That's how we'd be in a higher dimension.

So, if you can't take the heat, stay out of the kitchen. If you can't stand the vibrations on a higher plane - if you start to feel run down, if you feel you can't breathe, you can't go on - you've reached your envelope's edge.

You won't be able to stand the more refined environment, while many around you will be running and jumping. Some will even be flying.

It's a simple matter of physics, though I'd like to look at that in a separate article. The element will burn out if overheated. The electric wire has a safe rating. The building has an earthquake-proof classification. Everything around us has conditions under which it lasts, thrives, persists, etc., and conditions under which it breaks down, fails, goes under, etc.

Similarly, we too will either be able to flourish in ascended energies or we won't be able to take them. There's no blame attached either way: We all end up in the same place eventually and all we meet along the road is just for our learning and to promote our arrival.

Whether we ascend or not, whether we ascend and then choose not to continue, we're all on the same journey, from God to God. Some get off at Yellowstone and stay awhile; some go on to San Francisco. But they all end up at the same homecoming party.

The only thing impersonal about Ascension is what we get to take with us to higher and higher levels - nothing but love.

But when we find ourselves in an Ocean of Love, all considerations like what we have, what we do, and what we are go out the metaphorical window.

Footnotes

(1) Here are accounts of people's difficulties ascending beyond their evolutionary level:

"Should a man try to live in that rarified spiritual air [of a higher plane than Lawrence occupies] who carried still in his being the uncleansed stains of earth, his sufferings would be terrible, as intense as the joy of which he would be capable when he is cleansed of them." (T.E. Lawrence through Jane Sherwood, medium,

Post-Mortem Journal. Communications from T.E. Lawrence [of Arabia]. London: Spearman, 1964, 86.)

“I do not believe that I could stand, for long, the intense Light and Glory of these Higher Planes. My soul is not yet strong enough.” (Mother Florence in Helen Graves, *Testimony of Light*. London: Churches Fellowship for Psychical & Spiritual Studies, 1975; c1969, 113.)

“The worlds above us are even richer in light and happiness. If I go up there (and I can) I find it too bright; the light hurts my eyes. And the vibrations are so refined that I can't respond to them! So I reverse gear and return to this world - which suits me just fine!” (Mike Swain in Jasper Swain, *From My World to Yours: A Young Man's Account of the Afterlife*. New York: Walker, 1977, 24.)

The Destination is Worth the Rigor

October 20, 2020

<https://goldenageofgaia.com/?p=314262>



When I think of Ascension as a journey up a mountain, I weep. Because for me, that's how it's seemed.

I could have said pulling myself out of a swamp. Or crossing a desert.

These are just images, but I feel so tired looking at the journey from this vantage point. It's been a long and arduous climb out of a cesspool of hatred and felt unworthiness.

All mine. It's my movie picture I'm producing and directing. Not saying otherwise.

I reached the conclusions I did and forged the decisions. And then I mask it with "you made me" and "if it hadn't been for you."

However, on this journey, self-responsibility has only been reached comparatively recently.

The one development that's allowed for the greatest illumination of my ways of being has been changing my vote from hostility to harmony. That has thrown so much into stark relief and I've written about that. (1)

It's also provided an opening through which the divine states can gain entry. Michael refers to this process in explaining my heart opening on Feb. 13, 1987 and it's this that I'd like to focus on here:

Archangel Michael: You (and this does apply to the collective) have done your, can we say, your homework, your due diligence. What we mean by this is simply, think of it in spatial reality, time and space reality: you have created the space for this [energy of love] to, not only pass by you like a passing breeze or a rain, but to anchor within you because there is a sense of this spaciousness within thee. ...

When one is clinging to core issues, to fear, to lack, to limitation - you know the list - there is not that sense, not only of spaciousness, but of acceptance, allowance, readiness and even permission. Because as you know, we continually say that we will never override your free will.

So, if the will, either actively or subconsciously, is actually choosing to still engage in the issues or the drama, then although we are standing at readiness and still penetrating you, that open door is not there.

(2)

Interesting.

Even though I've been through the process, I could not explain the mechanics of it. But Michael can. We then get to piece together his comments to form a picture of what must be going on unknown to us.

I can only imagine how it is that an archangel works on a human. All the time he's watching for resistance and drawing back, allowing me my choices.

Don't overlook a second, very important aspect of what Michael has said and this is seldom discussed in classical treatises on enlightenment. Notice that Michael fully acknowledges the celestial role in enlightenment:

"We will never override your free will."

"So, if the will, either actively or subconsciously, is actually choosing to still engage in the issues or the drama, then although *we are standing at readiness and still penetrating you*, that open door is not there.
"

Our lower-state vibrations (fear, anger, vengefulness, etc.) keep the door of our heart closed. A tsunami of love flows beyond those closed doors but of it we know nothing.

Meanwhile the celestials (angels, archangels, seraphim, etc.) stand ready to facilitate any breakthrough and penetrate us with love when we open up, but we're closed to the idea, the process, the whole thing.

Don't overlook another thing. I return to this journey up the mountain or out of the swamp or across the desert, day after day after day? Why do I do it?

What drives a person on, lifetime after lifetime, enlightened sages have called "the longing for liberation." (3) It's a low-level, subtidal thirst that can only be satisfied by the Divine. It's a longing for God that's at once bitter and sweet. And it draws us all on to re-union with the One.

So that's why I don't abandon climbing the mountain, leaving the swamp, or crossing the desert. I've had enough glimpses of what awaits me to know the destination is worth the rigor.

Footnotes

(1) See "From Hostility to Harmony," Oct. 2, 2020, at <https://goldenageofgaia.com/?p=313728> and "Breakthrough," Oct. 4, 2020, at <https://goldenageofgaia.com/?p=313764>

(2) Archangel Michael in a personal reading with Steve Beckow through Linda Dillon, March 13, 2015.

(3) See "The Longing for Liberation," August 20, 2010, at <https://goldenageofgaia.com/2010/08/20/the-longing-for-liberation/>;
"Understanding the Longing for Liberation – Part 1/3," October 16, 2016, at <https://goldenageofgaia.com/2016/10/16/understanding-longing-liberation-part-13/>;

“Understanding the Longing for Liberation – Part 2/3,” October 16, 2016, at <https://goldenageofgaia.com/2016/10/16/understanding-longing-liberation-part-23/>; and

“Understanding the Longing for Liberation – Part 3/3,” October 17, 2016, at <https://goldenageofgaia.com/2016/10/17/understanding-longing-liberation-part-33/>

It All Works Out in the Final Reel

January 6, 2021

<https://goldenageofgaia.com/2021/01/06/315968/>



Credit: elizabeth-reninger.com

Recently I wrote:

"In spiritual terms, given that I'm a spirit in a human body, relating to others of the same kind, and want to understand myself and others - and given that others may want to as well - how do I describe the ways we think, feel, and act; that is, our culture?" (1)

Spiritually-based cultural studies have the advantage of knowing how the story of the human race turns out.

It could never be said in empirically-based studies that our journey is from God to God. But it can be said in spiritually-based or spiritual studies.

Here we can say that the purpose of our lives, overall, is for God to meet God in a moment of our enlightenment. For short, we could say that enlightenment is the purpose of life. (2)

I wasn't permitted to make such statements in the university of my day. The study of enlightenment was said to go against the university's charter.

The framework that this model suggests Jesus described:

"I came forth from the Father, and am come out into the world: again, I leave the world and go to the Father." (3)

Granted that his statement has many levels, one is a description of the overall journey of life, the framework in which our cultural studies fit. (4)

He came forth from the Father, as did we all, out into the world of matter, *mater*, Mother, where he achieved the purpose of life, left the world, and returned to the Father, as will all of us one day.

We follow a sacred arc from God out into the world, where we learn our true identity, affording the One an experience of itself, and back we go to the One again.

Here's Paul, in metaphor, describing the last moment of our individuality before even that is surrendered to God:

"And when all things shall be subdued unto him, then shall the Son [the Self, the Christ, the individuated spark] also himself be subject unto him that put all things under him, that God may be all in all [i.e., reunited]." (5)

After this mergence, individuality is dissolved in the Ocean of Love. End of story.

It all works out in the final reel.

That is the human journey. That is the backdrop to our studies of how we be, do, and have; how we think, feel, and act; how we use our ideas and other input to make sense of our world and take purposeful action.

Footnotes

(1) "How Do we Describe Human Culture?" Jan. 4, 2021, at <https://goldenageofgaia.com/?p=315967>.

(2) For the vision experience that this article is based on, see "The Purpose of Life is Enlightenment – Ch. 13 – Epilogue," August 13, 2011, at <https://goldenageofgaia.com/2011/08/13/the-purpose-of-life-is-enlightenment-ch-13-epilogue/>.

For the book-length study, see *The Purpose of Life is Enlightenment* at <http://goldenageofgaia.com/wp-content/uploads/2011/08/Purpose-of-Life-is-Enlightenment.pdf>.

(3) Jesus in John 16:28.

(4) When he said he came from the Father, on one level he meant as an avatar or descent of the Divine. In this regard he acknowledged his avatarhood on another occasion: "I am not come of myself, but he that sent me is true, whom ye know not./But I know him: for I am from him, and he hath sent me." (John 7:28-9.)

Moreover he also acknowledged it when I interviewed him through Linda Dillon on *An Hour with an Angel* in 2012:

Jesus: There are those who wish to label me as an avatar. And I would accept that label, but I would not choose it. I would choose the label, or the description, of teacher.

Steve: ... Can we talk about who was here, please? You were here in bodily form.

J: Yes.

S: Sananda was also here overlighting you, was he not?

J: Yes.

S: So that would be a second layer to your ministry, so to speak, the overlighting.

J: That is correct.

S: And then in addition to that, the Holy Spirit [i.e., the Divine Mother] descended into your form. Is that correct?

J: That is correct. ("Transcript of An Hour with an Angel, with Jesus, Jan. 9, 2012," at <http://goldenageofgaia.com/2012/01/transcript-of-an-hour-with-an-angel-with-jesus-jan-9-2012>.) An avatar is one in whom the Divine Mother has descended as is their core.

(4) St. Paul in 1 Corinthians 15:28.

So Much Change. And We're Creating the Destination as We Speak

January 3, 2020

<https://goldenageofgaia.com/2020/01/03/315943/>



Any consideration of higher-dimensional life has to start and end with love. Any consideration of global culture, I would think the same.

If we were to fill a hundred balloons with air, we'd have artificially cut off the air inside from the air outside.

But that hasn't made the air inside different from that outside.

We're the balloons and love is the air. I know for a fact that we exist, on a higher dimension, as a point of awareness in an Ocean of Love. (1) In that plane of existence, there's only love - and us as consciousness observing and experiencing the flow of love.

The inactive Father observing the flow of the Mother's love, until they unite in the seventh chakra (symbolizing the end of individuated existence).

In my view, a global culture has to be based on the Mother/Father One being the truth of reality.

Anything else is either building on a rocky ledge or on sand.

Also in my estimation, a global culture has to communicate the purpose of life.

The purpose of life, as it was shown to me in a vision in 1987, is that God should meet God in a moment of our enlightenment. Every time one of us realizes our true identity as God, God meets God. And for that purpose was all of this created. (2)

It follows that a global culture would have to accord a special place to enlightenment as the very purpose of our existences.

A global culture would have to have room for the sacred. The sacred won't fit into a world that does not accept the unseen.

It would have to allow not only for the the physical, but also for the higher dimensional, the intergalactic, parallel realities, reincarnation, aspects, etc.

We used to speak about freedom of religion. Now we speak about equipping the individual to pursue their own path to fulfilment, satisfaction, completion - enlightenment being the end object for all.

People faced with letting go of the familiar for what looks to them like strange notions and gobbledeegook could go pop from the rapid buildup of cognitive dissonance. We're faced with the need to proceed with them carefully.

So much change. And we're creating the destination as we speak.

Footnotes

(1) See "Immersed in a Sea of Love - Part 1," May 17, 2015, at <https://goldenageofgaia.com/2015/05/17/immersed-ocean-love-part-12/> and "Immersed in a Sea of Love - Part 2," May 17, 2015, at <https://goldenageofgaia.com/2015/05/17/immersed-ocean-love-part-22/>.

(2) See "The Purpose of Life is Enlightenment – Ch. 13 – Epilogue," August 13, 2011, at <https://goldenageofgaia.com/2011/08/13/the-purpose-of-life-is-enlightenment-ch-13-epilogue/>

⌘ Nova Culture ⌘

Emerging from the Old Society to Create a New

January 16, 2015

<http://goldenageofgaia.com/2015/01/16/emerging-from-the-old-to-create-a-new-society/>



We're on a long, hard slog back along a road we took millennia ago.

Back then it was accepted that there was a ruling class. If your king or queen died before you and you were a royal attendant, you could expect to enter the afterlife with them. Great prospects. Rapid advancement.

The ruling elite of today have extended that practice. Now everyone associated with (the corrupt actions of) the elite seems to die – accomplices, whistleblowers, people who happen to be in the wrong place at the wrong time.

We've been conditioned over millennia to put self-preservation first and then to extend that sense of "self" to take in our spouse, our family, our friends, etc. We

even extend it to take in our house, our car, our job – anything we identify with. All must be protected at all cost.

Anything can be interpreted through that lens. Seeing so much as necessary to our survival, we spend much time arguing over who gets what, where, and when. We “have to.” There is “only so much to go around” and “first come first served.” The “weakest will go to the wall.”

Self-interest is glorified as self-reliance, rugged individualism, enlightened self-interest. In the years that we’ve been fascinated with how far the individual can go, or can’t go, more and more benefits and money have been taken from the poor and given to the rich.

After Hurricane Katrina, (1) which, as I understand it, was aimed at the black population of New Orleans, not only did no significant aid go to anyone black but at the same time benefits to the poor nationwide were cut ostensibly to pay for the clean-up that never happened. (2)

After the Haitian earthquake, Presidents Clinton and Bush walked off with the proceeds from reconstruction funding. (3) I presume they walked off with the proceeds from the fund set up after Hurricane Katrina as well.

So this is the kind of demoralizing world we grew up in, the kind of corruption that oozed out of it, and the dark team who settled all our affairs of state. To their enrichment.

And now we’re climbing back out of it all. We’re de-programming ourselves, divesting ourselves of our conditioning, and we’re doing it at the same time as planning how to build a new society and a new economy on the ruins of the old.

For us as a planet to contemplate creating a new society that spans the world is major.

To actually raise our sights from the simple welfare of us and our families to that of the human collective, to see the larger picture and then to actually act on it is huge.

To actually rethink as a globe our way of seeing ourselves, others, and the world around us – to totally take an inventory and question everything about us that was formed out of conditioning that has now fallen away, *as a world* – is gargantuan.

But that is what we (and I don't just mean this site and InLight Universal, but all the lightworker blogs and radio shows) are endeavoring to do.

We're laying out what we see as the foundational principles, pointing to the paradoxes, quandaries and pitfalls, and suggesting directions and pathways out of them that the world may wish to take.

We're having a global conversation, talking to the human collective generally. And whether people are listening directly, we're certain what we say impacts the collective consciousness.

All of us lightworkers have been clearing the brush and creating the space for the new world to be born. And now we're raising the structure and starting the processes that will mark its birth.

Footnotes

(1) "Katrina's course was steered by weather control measures." (Matthew's Message, Sept. 22, 2005, at <http://www.matthewbooks.com/mattsmessage.htm>.)

"Now, did weather control technology play any part in this storm's intensity? Indeed it did!" (Matthew's Message, Aug. 31, 2005.)

While I cannot find the reference that directly links Katrina to an attempt to dislodge blacks from New Orleans, here is Matthew making an oblique reference to it:

"[President Bush] is committing billions of dollars to rebuild a wealthy 'white' New Orleans, which means incurring billions more to establish permanent resettling of the vast majority of the people who were evacuated." (Matthew's Message, Sept. 22, 2005.)

And another indication of it: "Were 5,000 Prisoners Executed After Hurricane Katrina?" June 8, 2010, at <http://goldenageofgaia.com/2010/06/08/were-5000-prisoners-executed-after-hurricane-katrina/>

(2) Harold Myerson, "Gunning for the Poor," *WashingtonPost.com*, Oct. 19, 2005, A21.

(3) “The earthquake [in Haiti] was not of Mother Nature’s making. It was the intentional work of those among you who have the technology to create such catastrophic planetary upheavals. In this case, it was to cover an attempt to move through Haiti a vast fortune from its discovered hiding place to a secret destination.” (Matthew’s Message, Feb. 14, 2010.)

“Somewhere along the way will emerge the Bush and Clinton families’ involvement with the Rockefeller Illuminati faction that helped to mortally bleed the coffers of the United States. Did you think it rather ironic that both of those former US presidents rushed to show their keen interest in what was going on in Haiti?” (Matthew’s Message, Feb. 14, 2010.)

“With so much money donated for the reconstruction of Haiti after the earthquake a year ago, why is that country still a disaster zone?”

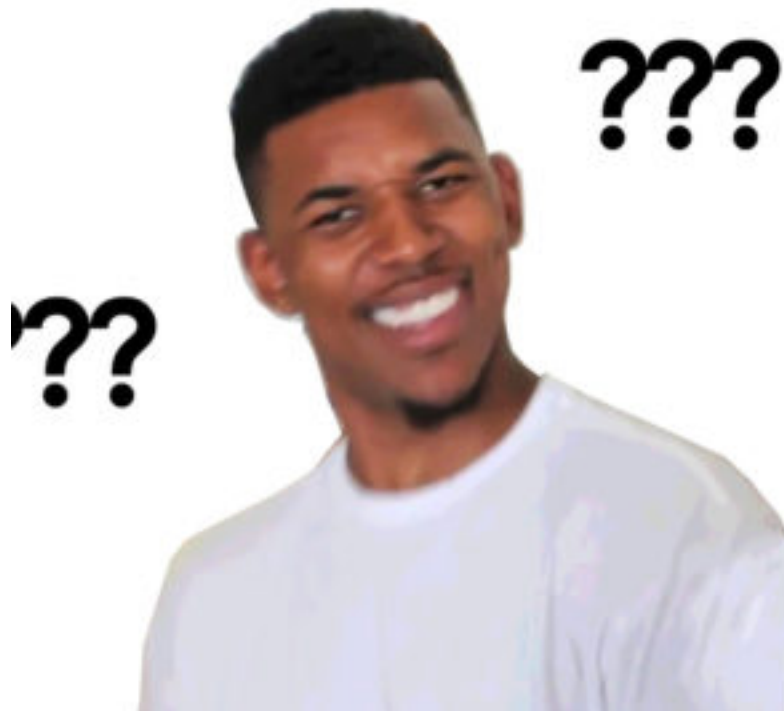
“Because those funds were stolen by the Illuminati after their technology caused the quake – that stealth is why former US presidents Clinton and Bush rushed to Haiti so quickly after the quake.” (Matthew’s Message, Jan. 15, 2011.)

“The devastation in Haiti [was] intended to disrupt actions underway to remove the Illuminati’s tentacles on untold wealth and their toehold on the global economy.” (Matthew’s Message, Feb. 14, 2010.)

We're Building an Entirely New Culture – Part 1/2

April 5, 2018

<https://goldenageofgaia.com/2018/04/05/were-building-an-entirely-new-culture-part-1-2/>



Credit: Redbubble

As long as people think, there'll always be a culture.

Culture is the whole of a nation's shared and valued thoughts - all our agreements, taboos, positions, etc. - as a group. All the discussions we've had as a nation, all the decisions we've arrived at, all the actions we took become our institutions and are retained in the repositories of our culture (libraries, archives, museums, schools, houses of worship, etc.).

Sometimes our shared preferences are fads and fashions; sometimes they're biases and bigotry. They can sweep across a nation, entraining us like a flock of pigeons - the Tea Party, the Occupy movement, Antifa - on and on the blips on the screen go.

Or they may be single events that capture a nation's imagination, like Susan Boyle's performance of *I Had a Dream* at *Britain's Got Talent*. (1)

They become part of our shared history or lore and we as a nation feel a sense of belonging by subscribing to these shared values and myths and celebrating them together in movies, TV, and radio.

What we're entrained to is aligning with the dominant values of our culture - or, in some cases, subculture. Who creates and markets those values has only recently come under our scrutiny.

SaLuSa once said that the day on which our mass entrainment began was the day that commercials first appeared on television. That would have been in the 1950s, as I recall.

And certainly I well remember the stereotypes that we were entrained to - "Mom," who always wore an apron but looked like she was always ready to go to a dance, at a moment's notice.

Mom always had a smile. She looked like she wouldn't know what to do with a shovel - but of course she would because ... she was Mom.

"Dad," looking tired from a day at the office, was nevertheless always cheerful. The fount of all good things, especially cash.

Fearless protector, ever fair, only interested in the welfare of the family, Dad was as far from the average father on the block as anything I could think of.

Nevertheless these were some of the shared images that go into making up the culture of a period or nation.

We were socialized by mass media to believe that these stereotypes actually did represent the character of a nation. Aspirations, perhaps. Character, I don't think so, if there is such a thing as "national character." (2)

I worked as a cultural historian at the National Museum of Man (now the Canadian Museum of History) and assembled a collection of contemporary artifacts designed to give as complete a picture as possible of our culture in 1973-4.

Our culture can be reflected in our artifacts. Just look at any family portrait on a box of detergent from that period. Father stands higher than Mother and he's in the background like the valiant guardsman. Kids are all cute, half-size, and in love with life. Nothing like you'd see in a Safeway of the time.

At the levels at which business culture was decided and propagated, our Third-Dimensional orthodoxy was what I've called "business Darwinism." It was social Darwinism applied to business. (3)

It held that society, like nature, was red in tooth and claw. The strongest survived the struggle for existence and the weakest went to the wall. Our business competitors were seen as sharks, out to get our lunch. It was eat or be eaten in the business world.

Very far from what we saw or heard in commercials.

(Concluded in Part 2, tomorrow.)

Footnotes

(1) See, for example, "Killing for Market Share: The Old Paradigm in Business – Part 1/2," July 14, 2015, at <https://goldenageofgaia.com/2015/07/14/killing-for-market-share-the-old-paradigm-in-business-part-12/>; and "Killing for Market Share: The Old Paradigm in Business – Part 2/2," July 15, 2015, at <https://goldenageofgaia.com/2015/07/15/killing-for-market-share-the-old-paradigm-in-business-part-22/>.

(2) From studying race theory for years, I don't think there is such a thing as a "national character." It's a short hop and a jump from there to "racial character" - Anglo-Saxondom, Teutonism, white superiority, etc. There is however such a thing as collective consciousness. Ultimately that's where the thoughts and memories that make up "culture" are retained.

(3) <https://www.youtube.com/watch?v=RxPZh4AnWyk>

We're Building an Entirely New Culture – Part 2/2

April 6, 2018

<https://goldenageofgaia.com/2018/04/06/were-building-an-entirely-new-culture-part-2-2/>



"The Wave in Vejle," Denmark

(Concluded from Part 1, yesterday.)

That part of our culture was built on sand and isn't destined to last. The aggressive/hostile stance below it will find no objective response from the environment. It'll have no traction in the higher vibrations that we're entering.

And the hostile person will have the sensation of not being able to breathe as we approach more refined dimensions. Most will choose to leave, I'm led to believe. The old culture will lapse along with them. Our task will be to build the new.

What do we want to offer as a new global culture? What do we want to offer by way of shared paradigms, preferences, agreements, etc., that empower and ennoble the individual, free the imagination, and speak to the heart?

Some of us will need to offer new paradigms in relationship, communication, parenting, community development, medicine, law, journalism, and so on. We

could talk about designing new systems but in fact we're building an entirely new culture, from the ground up.

I'm not sure any past generation could make that assertion: We're building an entirely new culture.

How willing are we to step out and represent the sacred in society? Ready to face narrowness and ridicule from the far right and left in religion? Represent the Divine Plan? Acknowledge working for the Divine Mother?

It's daunting to say these things in the public eye. Witness how we flee from the epithet "conspiracy theorist."

And yet we do have to take the reins here and create the new. Michael has suggested that things begin with the lightworker community and then expand outwards.

Archangel Michael: Does the conversation expand organically and naturally? Does the energy go out to the entire planet, those who want to hear and those who don't want to hear? Yes, it does. But it begins with the lightworker community. That is what we have need of.

Steve Beckow: And I suppose then more and more people join the lightworker community?

AAM: Exactly, until it is one family and one path. (1)

It's a safe bet that the lightworker/loveholder path will be more sacred, galactic, and gender-equal than it is now.

Only contextual, unbridgeable conditions like these will be supported by the external environment. (2) The old culture will not.

The actual arrival of transformative love is guaranteed. And creating a global culture from that point on will be very much easier, even joyful.

My prediction is that those who've wrestled with the ideas of what a global culture is and how it operates will be called upon to take the lead in whatever comes next.

Setting up broadcasting systems with galactic cooperation? Creating a new code of ethics for [fill in the blanks]? Manufacturing replicators? Whatever it is.

Footnotes

(1) “Archangel Michael: A Global Reset of Values, Part 2/2,” channeled by Linda Dillon, September 16, 2013, at <https://goldenageofgaia.com/2013/09/archangel-michael-a-global-reset-of-values-part-22/>.

(2) Contextual = Descriptive of the whole
Umbrageous = Taking in everything

We needn't panic about the changes. We're getting help. What some people call "the Event," which is really a series of events, is what Archangel Michael in a reading I had with him on March 28, 2018, called a heart opening. It'll demonstrate to all who open to it, without a shadow of a doubt, that love not only makes the world go round but it makes it work. For everyone.

When we exist in that higher-dimensional environment of an inner tsunami of love, an ocean of love in which we all but lose our ego, the world will naturally work. What we're doing is trying to raise our own consciousnesses of the processes taking place so that when these events arise, we know what's happening and can be of help to those who don't.

How Do We Describe Nova Culture?

January 4, 2021

<https://goldenageofgaia.com/2021/01/04/how-do-we-describe-nova-culture/>



As I approach the study of our culture as a planet, I begin to think about the subject in ways I'm familiar with - cultural universals, alternatives, specialties, and idiosyncracies; folk culture, popular culture - and right away, I find myself asking myself, is this what's meant by Nova Culture?

Doesn't this approach to culture give primacy to the mind? Is that relevant to what Linda calls the "New You"?

At this moment, it looks like the journey may turn out to be as interesting as the destination.

Relying on the distinctions that underpinned cultural studies when I pursued them (1968-87) may help start me but ultimately it'll need to give way as well. They're primarily distinctions of the mind. That cannot be the way of the new.

We have to envision, formulate, and apply from the heart. That's the challenge.

It would make sense that the heart would be the initiator, and judge, does it not?

For one thing, a river of love of such quality flows inside the heart, we know we are home. An endless artesian well, this inner tsunami of love leads to an Ocean of Love. All this will be our setting when we ascend.

Who we are when we come from the heart is the best we'll ever be. (And we forget ... OK, I forget.) If there is anything nova about "Nova Culture," it would have to be its contextual anchor in love.

Here's another reason to allow the heart to lead here. The Self lives in the seat of the soul, itself a name for the farthest reaches of the heart. (Or perhaps one of them. I don't know. There were no signs.)

The Self itself is innocent and pure. Think of it. Who you are - who I am - is innocent and pure. We don't need trillions of dollars, Ph.D.'s, big houses, fancy cars. They just add more layers to our 3D identity, locking it in place. We have to then back out of all of it, at least mentally and emotionally; that is, at least from our attachment to it.

Note: I did not say a person has to give up their possessions; only their attachment to them. Where your treasure is, there will your heart be also. I the Lord am a jealous God. Love is a jealous God. If we take our attention off it and place it on a Maserati, love goes.

There is no argument, no advance warning. Here one moment, gone the next.

The Self has no interest in any of possessions and pleasures. But the sheer relief, the sheer pleasure of discovering one's original innocence and purity says to me that if we really want to have cultural studies be relevant to the society of the future, the basis of it has to incorporate a truer perspective of who its subject is.

We are not a race of separate selves struggling to survive amid seeming scarcity. We are One in Love and we are cooperating to blossom amid endless higher-level abundance.

Not all our knowledge prevented World War I. It didn't prevent World War II, Korea, Vietnam, Afghanistan. And the degree of asleepness there is in our society at this moment wouldn't bode well for the future if I didn't know that this story actually has a happy ending.

I'm cheating. I already know it. It can be said in one word: Love.

Such a love that blows every bit of sleepiness from our frames. Such a love that we want to weep for gratitude at having lived to see this moment of experiencing it. All of our work, all of our explorations have brought us to this and how worth it it was. Our study of culture must take as its central principle, focus, and subject matter, love. It could be no other way and be Nova.

It needs to be willing to describe what's actually happening in our society - no more mainstream lies and illuminati-influenced histories. It needs to be willing to see through the differences in society to what unites us.

Another thing "nova" about Nova Culture is that the study of it takes into account more than what empirical materialism allows. The latter only allows what we can see, hear, feel, touch, etc., to be deemed real.

That's a small part of Reality. It's my belief that a person who constrains themselves to empirical materialism shuts the door to the experience of love. The experience itself will not fit through the closed windows of their beliefs.

Moreover, cultural studies, yes. We need to know about ourselves. But, in my view, they'd have to take as a given that we - the humans, the subjects of this field of study - have intimate connections with other star civilizations such as the Pleiades, Arcturus, Sirius, and so on. We're doing Anthropology, to be sure, but with a new department within it of Exoanthropology.

In religious terms, Nova Culture needs to take into account that human beings are at essence pure and innocent. We weren't born in original sin; we were born in original innocence.

No matter what is said to the contrary, what we are seeking, always, is love.

These foundational principles were not to be found in the social science of my day, and the shoe never fit for me.

If true, these principles reflect Reality a little more clearly than the precepts they replace. Then they themselves will be replaced as our vision expands.

How does one proceed? What I'm wanting to do is combine spirituality with social science, and specifically an Ascension/New Age variety of spirituality.

In spiritual terms, given that I'm a spirit in a human body, relating to others of the same kind, who wants to understand himself and others - and given that others may want that as well - how do I describe the ways we think, feel, and act; that is, our culture?

I'm talking at a theoretical level and the only guides I have are internal - my spirit guides and my heart. As Dennis Percy once said, the path begins at the trailing edge of the leading foot.

A World That Works for Everyone is a Win/Win World

April 29, 2017

<https://goldenageofgaia.com/2017/04/29/a-world-that-works-for-everyone-is-a-winwin-world/>



"A world that works for everyone" is a win/win world. (1)

So often, when we "win" - when we get the outcome we wanted - we don't really care whether the other person wins or not. That's theirs to see to, we reason.

But that's just one thing that'll have to change if we want to build a world that works for everyone.

We now need to be concerned about whether the other person also wins.

Here are some areas in which we as a global society probably could use some improvement.

(A) We ignore what I call the Rule of Four.

In any negotiation, we need to take into account:

(1) What I want.

(2) What I don't want.

(3) What you want.

(4) What you don't want.

If any of the four are pressing and not revealed or known, the negotiation is in danger of breaking down.

When it does break down, we discover that one or more of the four have not been shared, whether overlooked or withheld.

A narcissist would only be concerned with 1 and 2. A martyr would only be concerned with 3 and 4. A balanced negotiation would ensure that all four are seen to and taken care of.

For ease of reference, let's call this the notion of balanced negotiation.

(B) We hold that business, trade, and commerce are zero-sum games. If I win, it has to be because you lost.

We fail to see that, even if the world were that way, which it isn't, we could still share the pains and the gains by splitting any profit and any loss. There is never any argument about an even split. When even is not equitable, then an equitable split. Let the default be 50/50.

At its essence, this perspective holds that resources are limited.

It fails to take into account the fact that things can be created. Fiat money was created out of thin air. Fractional reserves were created out of thin air.

Free energy will soon be created ... from beyond thin air, from the vacuum. It'll be free in every sense.

Most galactic societies that we know about - the folks busily showing themselves in our atmosphere in their spaceships? - exist without money because they have the power to create, as we will in the future. Their resources are unlimited because they can create what they need through the use of their own powers.

So, life is not a zero-sum game. Resources are not limited. Life is expansion, increase, unfoldment, and not at the price of another person's loss.

We create our abundance. Abundance itself is unlimited. We create less of it right now than we will later because we're still enmeshed in physical and mental density. Later we'll create whatever we need, as people do already in the afterlife, what we call the Astral Plane or Fourth Dimension.

Let's call this the notion of creative abundance. We need to integrate it into our lives and cultures.

(C) We go for maximizing our profit by any means without regard to the other party's gains. We can be aggressively greedy.

Instead of that rapacious, eat-the-other-guy's-lunch behavior, we can be cooperating with our opposite number to see that both parties get what they want from our negotiation and that both parties gain.

What we aim to get from the negotiation is an equitable arrangement to share the costs and proceeds. The most equitable is a 50/50 split, but there may be reasons why that is not equitable. Nevertheless the basis of our cooperation to obtain a return on investment that neither of us could reach alone, a synergistic effect.

Maximum profit is not the be all and end all. A world that works for everyone is the end all and be all.

Let's call this the notion of equitable synergistic cooperation.

(D) We ignore the other person's free will.

We approach them as if they "should" do this and "must" do that. We try to persuade the other person to do things our way, which we consider to be the best way, the best thing for the other person, good for the other person's welfare, etc. We don't respect the other person's free will and we don't take their "no" for an answer.

I regard this as the quickest way to taint a negotiation. Show the other person that you disrespect their freedom of choice, their point of view, their opinion.

All of us, I think could afford to strengthen our determination to respect the other person's free will if we're to make inroads into a world that works.

Let's call this the notion of interpersonal respect. It may just be the bedrock upon which all else rests.

Elsewhere, I've called the most influential point of view in the old Third Dimension social Darwinism and business Darwinism.

It holds that nature, life, and business are red in tooth and claw. Life is a struggle for existence in which only the fittest survive. The weakest go to the wall.

The "fittest" in our society are a small elite, 1% of the total population. The rest, minus a small number destined to serve the elite, are considered "useless eaters."

The cabal had its opportunity to build its dream of world domination and that dream world crashed to the ground. There was no place to run, no place to hide when the deep underground military bunkers were, first evacuated, and then destroyed. And so it went with HAARP, nuclear weapons, and every other weapon system and hiding place left to the cabal.

All done with the least possible violence and, where necessary, in accordance with local laws and natural law.

The 3D mindset called social Darwinism is grounded in a philosophical outlook called empirical materialism, that holds that only what we see, hear, feel, touch and taste is real. Sorry, Archangel Michael, you gotta go back in the closet. It was nice knowing you, Higher Self. I have to forget I ever paid you a visit, Fifth Dimension. Bliss, love, peace, you'll have to wait.

I have just reduced myself to a man totally bound and defined by what he does, thinks, and feels. Everything higher than Third-Dimensional reality is now closed to me. Mozart, stop that music. Tesla, stop making those futuristic gadgets. Michaelangelo, stop soaring into the heavens.

Drilled into acquiescence to a dumbed-down, programmed existence, all I'd know and care about would be "keeping up with the Joneses," "getting ahead," "having the American dream" - buying that house, raising those 1.8 kids, vacationing in Hawaii, and having a retirement fund put away.

The mindset these values gave rise to was numbing.

We need to be concerned about the position our negotiation leaves the other in. Service to others supersedes service to self now.

We need to take the time in any negotiation - especially at the outset - to establish relationship.

We need to see that all profits are shared equitably, without duplicity, without trickery. No hidden agendas, no scamming and manipulating.

We need to see that everything is framed so that *both* parties emerge with maximal satisfaction - so that pain and gain are both equally shared.

And I'm sure we'll arrive soon enough at other elements of a business philosophy for a world that works - win/win - for everyone.

Footnotes

(1) The quote "a world that works for everyone" comes from Werner Erhard:

"Each of us has the opportunity, the privilege, to make a difference in creating a world that works for all of us." (Werner Erhard, *A World That Works*, 1980, cited at <https://www.worldthatworks.org/>.)

“Transformation does not negate what has gone before it; rather, it fulfills it. Creating the context of a world that works for everyone is not just another step forward in human history; it is the context out of which our history will begin to make sense.” (Werner Erhard – *A Shot Heard Round the World: A World that Works for Everyone* at <https://www.scribd.com/doc/143329822/Werner-Erhard-A-Shot-Heard-Round-the-World-A-World-that-Works-for-Everyone>)

See also Werner Erhard, *The Hunger Project: The End of Starvation. Creating an Idea Whose Time has Come*. San Francisco: Hunger Project, n.d., p. 3.



New Years Day by Agreement – Part 1/2

January 1, 2021



Culturally speaking, "New Years Day" works as a function of agreement.

Steady. Better take this sitting down if you celebrated too much last night!

You and I agree that today is New Years Day and develop a cultural bubble around it.

On New Years Day, we sleep in. On New Years Day, we make resolutions. Coming as it does after New Years Eve, today we just relax, recover, and unwind.

Some of us are jubilant. Some of us "face into" the New Year.

I always ask of myself, "What's the most important thing to do?" on any day, really. But especially on New Years Day.

On this New Years Day? Well, I think it'd be most important for me to kick off this year - as terrestrial events go on in the background, which I'm leaving to others to cover - by continuing to develop the concept of a global culture.

We've been advised to not try to wrestle with the old guard, but to build the new instead - and they will come. So here we are.

But why a global culture, Steve?

To explain, I'd have to back up a ways. May I?

I'm told I haven't been here all that many times. Which is why I seem to walk through so many things. What's the definition of this? Why are we doing that? How do we do this?

It may also be why I ended up studying human history, anthropology, and sociology.

I've seen my entire life as a learning experience. I often think of it as a workshop with I'm running growth experiments.

Every day I look at the smallest occurrence and seem to marvel at it.

If you were reading this Ascension ethnography, you might have noticed what was a milestone moment for me, when I saw that I as a terrestrial value how I feel above everything else.

All of it - working, marrying, vacationing, entertaining, pursuing career after career - was done in order to have me feel a certain way.

Let's call that the highest human value, so we have away of referring to it. The highest human value, I assert, is valuing how we feel.

Extending that as a hypothesis, I hypothesize that most terrestrials tend to value feeling positive above feeling negative. Seeking pleasure and avoiding pain is the third-dimensional translation of this highest human value.

Those two goals neatly summarized an entire side of my life (there are other sides). I adorned them in various ways. Dressed them up. Gave them degrees, nice apartment, a fancy car, all what we used to call "status symbols."

Earned brownie points which I could later cash in for agreement. Created treaties with others to mutually tolerate our BS and come to each other's aid. On and on we ramified our lives based on the original intent to gain pleasure and avoid pain. (1)

Well, that was a significant part of my life, in its barest essentials anyways.

And I saw I wasn't the only one! Even our movies seemed to be about luring people in and prodding or rewarding them to serve in our dramas to help win us pleasure.

I've now had another milestone moment, a realization.

Don't fall out of your chair at the sheer obviousness of it. Remember, I'm a newbie. Treat me kindly. Here comes:

Our experience of life is what we make of it.

Let's call this the "foundational principle of life itself."

Oh, my Gawd. That's so obvious, I blush at saying it. *But I don't act on the truth of it.*

I know it's true but I still go on attributing the failures in my life to others and the successes to myself. My self-servingness goes so deep it's as invisible as the air I breathe.

Instead of acting on this principle, I created behavior patterns in life which alienated others, which in turn brought me pain, which is what I didn't want from life.

Life is what I was making of it and it was bringing me pain instead of pleasure.

So that's what I was making of life. It didn't give me pleasure over time and you can see that, over time, I'm going a different way.

But it's still a different way to get what I want.

We won't escape having needs and wants as long as live in a 3D body and so we can't escape coming into relationship with other people. It's how we relate that's at issue.

(Concluded in Part 2, below.)

Footnotes

(1) I watch myself minutely and see myself, after determining I want something, strategizing, coming up with a great idea about how to get it from a situation. And then I begin to rationalize it, plan, and carry the maneuver out.

New Years Day by Agreement – Part 2/2

January 1, 2021

<https://goldenageofgaia.com/2021/01/01/new-years-day-by-agreement-part-2-2/>



(Concluded from Part 1, above.)

Which brings me to my point. We're always creating culture. But we need to understand what we're creating and reparent ourselves if we don't like what we see.

The overall context for this is that we're in the middle of a planetary consciousness shift and so we need to have a global conversation about the human side of what's transpiring.

The task is to build Nova Earth and this global conversation is how we go about doing it. In particular, you and I are creating a global culture, starting 2021.

Both understanding and reparenting ourselves as a planet, so to speak, will probably become essential to our leaving behind the ways that didn't work for us in what has often been a bloody past.

Sometimes part of a global culture is not to do something, but to stop. And stopping war is the most obvious and important example of that.

In my personal case it would be to radically stop trying to control others. I don't say that as a control freak. I'm probably just about normal, a little worse than some,

a little better than others. But it hasn't worked for me in the past and it won't in the future.

Gosh, I must sound like Ricky Gervais, but, for this relative terrestrial newbie, that's the way it is for me. If you see yourself in it, it'll save you the pain of everything hid being revealed to just own it!

One part of a global culture, then, is to renounce control, except where safety and other emergencies are concerned.

After the dinosaurs left the planet, the nimble mammals came out from their hidden reaches and began building again. Literally, the meek inherited the Earth.

This is a new year. And we are those nimble mammals.

Surveying the Scene

February 9, 2014

<https://goldenageofgaia.com/2014/02/09/surveying-the-scene/>



What starts out as a new paradigm becomes, for most people, the new normal fairly soon.

Paradigms open some new horizons but they also close others. That's how they work: by validating some behavior but warning against others.

And it's this development that can turn a paradigm from inspirational to limiting. It ceases being a guardian and becomes a guard.

For that reason, it makes sense to be aware of the paradigms we accept and always to question our paradigms as well as our behavior.

That doesn't make a new paradigm necessarily deficient. What makes it deficient is that we turn it from something three-dimensional into something flat, from a living context to a dead set of rules.

So we're not necessarily out of woods even if we've glimpsed the new paradigm and entered into the new world. We have to watch that we don't fall asleep in that world and make the paradigm into a source of drama or a dream.

This seems to be what's meant by eating the menu instead of the meal or looking at the map instead of the territory.

Self-mastery is a real goal and a worthy one, but I could easily turn it into just another "should."



So with that proviso, I begin surveying this new land.

What is it about creative expression that has made it mostly outlive its usefulness for me? Well, for one thing, it doesn't take into account dealing with higher-dimensional beings.

One thing that scuttled the Neptune trip (besides my mismanagement) was that our vibrations were so low that the galactics would have had a hard time being with us. We were unruly. We were gripped by strong emotions. Some of our ways of being (like anger) show up for them like choking fumes.

There were other reasons of course, but this was one consideration.

If we want to deal with the galactics, I think we have to have our thoughts and emotions under control.

Of course our thoughts and emotions are visible to them. If we come on board a ship and run riot with our thoughts and emotions, the galactics see it all.

Creative expression worked well to get us out of our limiting suppression. It had its time and place. But now we have bigger goals to pursue and we need a paradigm that helps us to achieve them, I think.

I'm not sure that we can master the parts of ourselves that do damage to others as long as many major vasanas and false grids remain. We've been working on cleansing ourselves and releasing our baggage for some years now and I'm led to believe that we've made much progress.

Creative expression of a less boisterous kind may still be needed to move through some of the remaining barriers to just being here.

But many of us have risen to a level where the rough-and-ready expression of our feelings from yesteryear now hurts and isn't easily tolerated. We need to tone it down, in my opinion. (And no one needs to tone it down more than me, so I'm not leaving myself out of this.)

There are people I know who've reached an incredible lightness of being, an incredible blitheness. And it inhibits their progress for the rest of us to be "expressing ourselves" as freely as we once did.

We have to avoid the trap of lapsing again into suppression and that's the part of the new paradigm that I feel least educated in.

How do we avoid simply shutting down and eating all our responses to things, as we did back in the Fifties? How do we allow our own genuineness and authenticity but without harming others? I consider that the major challenge of the weeks and months ahead.

We're all of us Christopher Columbuses on this next leg of the journey. When we enter a new dimension as a collective, there aren't shared resources to fall back on. On many days it feels like we're making it up as we go along.

OK, let me stop here. I'm still gazing into this new land and haven't really set foot on it. I'm not sure how to progress, quite frankly. Its rules are not known to me. I may begin to research the subject as a way of establishing a beachhead of understanding.

The Scope of What's Happening Today

February 9, 2014

<https://goldenageofgaia.com/2014/02/09/the-scope-of-whats-happening-today/>



What's happening today for us has three elements in my view, two of which are challenging and the combination of which leaves me amazed.

The Return Voyage of Discovery

If I take the longest view possible, the Supreme Self, the One, decided that it would be enjoyable to create a world and pretend to launch separate particles of Itself out into it on a return voyage of Self-discovery.

As Source Creator says through Goldenlight:

“How would I get to experience Myself if it were not for you?

"Before you there was just Me, before the Earth and all the planets and star systems and galaxies and universes there was just Me and only Me. I needed to create. I needed to split apart and individuate so I could know Myself and see Myself and see all the wonders of creation. You are all ME!" (1)

The One appeared to become many and the many appear to return to the One.

Jesus may have been referring to this return voyage of Self-discovery when he said: "I came forth from the Father, and am come into the world: again, I leave the world, and go to the Father." (2)

We are those particles of Oneness. The One set us on a course away from him (her, it) by depriving us of the remembrance of ourselves and then back to him as the circumstances in the Mother's school of life progressively help us to remember more and more of who we truly are.

We peel away the masks that cover our true identity, finding ourselves in progressively more expansive understandings of who we are, until the last mask is withdrawn and nothing remains but the Supreme Self Itself, the One underneath it all.

We discover our true identity amid peels of laughter. The prodigal son or daughter returns to a tremendous welcome and homecoming.

It was a wonderful dream experience and, as a result of it, according to Source Creator through Goldenlight, the One has had many enjoyable encounters with Itself along the way.

Physical Ascension

We particles of Oneness behind the masks, here on Planet Earth, are at the moment pioneering and exploring a new turn in the return voyage. We're experimenting with a form of it that will see us ascend with our physical bodies, rather than without them.

I'm led to believe that no one has ever done this before. Source Creator continues:

"This experiment in transitioning to the higher dimensions while within the hue-man body is a new one that has never been accomplished before. You are all the pioneers of this ascension experiment." (3)

We're opening up a whole new space in the universe, and perhaps the multiverse, creating a whole new environment.

Previously we left the body behind and ascended to a dimension already in existence. But my sense is that the exact dimensional space we'll be ascending to has not existed before. It's as if we're pushing into a whole new world, creating a whole new relationship with what already existed in life.

Death will be left behind as a mechanism of Ascension. The physical body will be altered from carbon-based to crystalline-based. None of this has ever been done before.

Everything about how we do this, what we do after, etc., is being written as we go along, so to speak. And this is challenging enough.

Mass Ascension

But we've taken the script a whole step further and added layers of complexity to it by asking that as many of us as can meet the requirements be allowed to come with us.

In previous Ascensions, those who were ready for Ascension when it happened ascended and the recalcitrant were left behind. On this Ascension, we've added a requirement which creates a lot more work for ourselves.

“Your evolution is coming about in a collective manner,” the Hathors through Wes Annac tell us, “and this isn't the norm for the ascension of most planets.” (4)

We've agreed to take into account the recalcitrant and help them ascend. Our ascension will be inclusive rather than exclusive.

We now must forgive a lot more people and forgive them in a more than merely emotional way.

Those who've harmed us, including those who harmed us in institutional ways for millennia, are being given equal opportunity to come along with us if they can do the work required to endure the more refined environment they'll find themselves in.

Sanat Kumara through Linda Dillon explains the ripple effect of our choice on the universe and beyond.

“Now, let me explain. I would be happy to do so. You see, when all the darkness and the illusion became so dense on this planet that it actually assumed form, and you see it in institutions, even in buildings, and certainly in people, it affected everybody, and I mean throughout the multiverse, not even this universe.

“This is what so many do not understand, that an act of hatred or greed or control is not a singular act! It has its effect everywhere.

“So with this [mass] Ascension, with this shift and the conscious embracing of love, everybody, everywhere, all beings, all planets — which are sentient, as you know — receive a new start. It is a transfusion and a new beginning.

“What it marks, the impact as you would think of it is the beginning of a new cycle of existence. It is not a minor thing. And what it does, it not only allows those who are already well underway and in different dimensionality to fly freely, but everyone upon the planet as well.

“But it also affects those who have been caught in what you would think of as darkness [anywhere] to return back to the light, to have that illusion destroyed, to have a new beginning as well.” (5)

The Company of Heaven through Wes Annac want us not to under-estimate the contribution our decision to ascend collectively will make.

“The evolution of the Universe will be aided immensely by the Earth’s [mass] ascension, and in return, will aid in the evolution of other structures of existence far beyond even the grasp of what’ll be your united and ascended Universal consciousness. ...

“You’ll establish, along with us, a collective Universal consciousness and from there, we’ll help the Universe ascend....

“The ripple effect the Earth’s [mass] ascension is causing couldn’t be expressed enough.” (6)

Even as challenging as the new form of physical ascension was to begin with, this new codicil introduces a whole new level of complexity and range of challenges.

It's this decision, in my view anyways, that adds to the creative chaos that we're in at this moment and the work we must do together to make a mass Ascension possible. If we'd have ascended in 2012, we'd have bypassed it all.

When I see this and reflect upon it, I get the degree of commitment required even just to "put my arms around" the full scope of what's happening and engage in the process consciously and willingly.

The very act of imagining it taxes my faculties and invites expansion.

So, yes, we're immersed in creative chaos and it may be a much greater level of creative chaos than if we'd just agreed to ascend with whoever was ready at the time. That would have been easier and simpler all around.

But to ascend as a planet with whoever is able to reach it, to forgive those who've trespassed against us and welcome them on board the Ascension ship is calling on us to exert all our spiritual and physical capacities.

It's beyond the call of duty for us and a game-changer for those from higher dimensions who were helping us with this new physical Ascension in the first place.

Footnotes

(1) "Council of Angels, Archangel Michael and Source Creator: Upgrading to a Multidimensional Operating System," channeled by Goldenlight, October 4, 2013 at <https://thegoldenlightchannel.com>.

(2) Matthew 16:28. The statements of the masters often have levels of meaning. This also could have been a statement of his avatarhood.

(3) "Council of Angels," *ibid*.

(4) "The Hathors: Karmic Acceleration, Exposure of Tyranny and Understanding Channels," channeled by Wes Annac, Aquarius Paradigm, August 30, 2013 at <https://aquariusparadigm.com/>.

(5) "Sanat Kumara: Many of You Have Already Ascended and Straddle Dimensions," May 28, 2013, at <https://goldenageofgaia.com/2013/05/sanat-kumara-many-of-you-have-already-ascended-and-straddle-dimensions/>.

(6) "The Company of Heaven: The Earth's Ascension is Just the Beginning," channeled by Wes Annac, Aquarius Paradigm, September 6, 2013.

At Levels Unknown in Thousands and Thousands of Years

September 21, 2019

<http://goldenageofgaia.com/?p=303142>



Paradigm shift is made easier by the rising love energies on the planet, a part of Ascension.

I think we're now experiencing something that we're largely taking for granted.

When we live in density, it's very hard to get new ideas, to have a clear picture of anything, to get ourselves moving, etc.

That's how it's been on this planet for all the time up till the dawning of the Millennium, I think.

That meant that we really didn't accomplish much, karmically, in a lifetime. And it also meant that, if our intention was to purify, we didn't get a lot of purification accomplished.

There would not even have been a conversation in Western Europe in the Eighteenth Century for vasanas or core issues.(1) It's only been recently, since the Second World War, that the conversation has been had in western countries.

That then makes a comment by the Divine Mother understandable:

“I say this to you who are listening this night. My beloved ones, children of my heart, of my being, you have done a wondrous job of letting go of the old Third-dimensional paradigm.

“You have cleansed at levels that have been unknown in thousands and thousands and thousands of years. And often you will turn to me and you say, “Mother, this is not happening fast enough.” And I look at you, I observe you, I smile, and I think, and I say unto thee, ‘You have done work of thousands of years in a very brief period of time.’” (2)

One has to ponder her comment very carefully and long to get that the simple exercise we do of completing our experience of our childhood trauma releases more burden from us than people will have been releasing in millennia.

I get it, even though I'd never have arrived at that thought myself. Only the Mother and higher-dimensional beings could.

The Mother continues:

“So, are you anxious to move forward? Yes. But do not underestimate what you have already accomplished.” (3)

Not only is a pat on the back in order, but we need to appreciate the accomplishment so that we can turn around and offer help to those still struggling with the weight of their vasanas. As the Mother turns up the heat, more feelings will come to the surface.

How many times have I heard people, laden with vasanas, shout at me: “I don't have any vasanas!”

I say this because I believe that our work in the not-so-distant future will be in part helping the newly-awakened to experience and release the trauma of ages that may be coming up as a result of the energy of love being beamed to us.

Footnotes

(1) A vasana is a complex of memories and behavior patterns that were formed out of reaction to childhood trauma and govern present-day behavior. On how to manage vasanas, see (and download) Preparing For Ascension by Clearing Old Issues at <http://goldenageofgaia.com/wp-content/uploads/2016/11/Vasanas-R5.pdf>.

(2) "The Divine Mother: Come to Me as I Come to You – Part 1/2," Oct. 17, 2012, at <http://goldenageofgaia.com/2012/10/17/the-divine-mother-come-to-me-as-i-come-to-you-part-12/>.

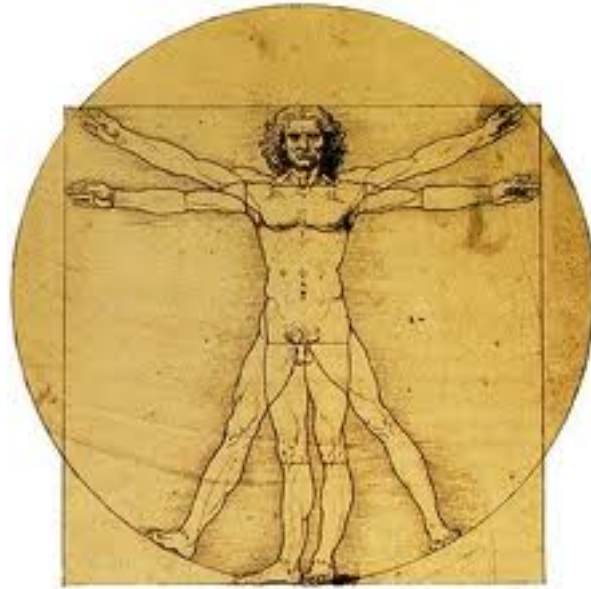
(3) Loc. cit.

⌘ Global Culture ⌘

What Does It Mean to be Human?

April 8, 2012

<https://goldenageofgaia.com/2012/04/08/what-does-it-mean-to-be-human/>



The Adam/Eve Kadmon template

I'm glad people enjoyed the last article in this series (1) and are interested in beginning a global conversation. Let's take another step towards starting one. A global conversation is addressed to the human race. So perhaps I can be permitted a few words on my view of what it means to be human.

I'm not an anthropologist but I worked many years as a cultural historian. Nonetheless this is meant as a commonsensical discussion and not one that's somehow scholarly or academic.

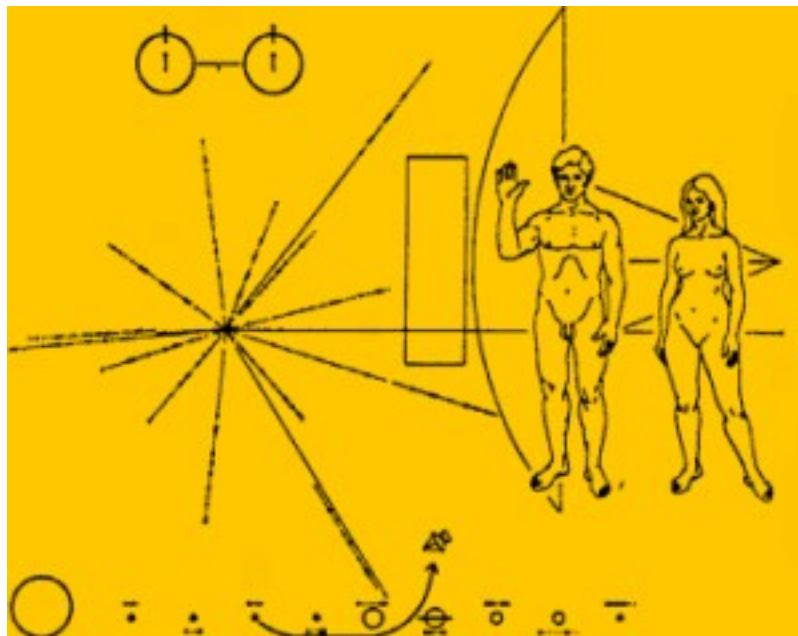
What does it mean to be human? Believe it or not, human beings can achieve that level of evolution by different paths. David Wilcock described some of them:

“The human body shows up in the galaxy on every planet where life can form. It's a natural evolution. Some might get there by an insect; some might get there by a lizard; some might get there by mammals like we do; some might get there by cetaceans; some might get there even by vegetation, apparently.” (2)

Even though humans can be mammalian, reptilian, or even plant-based, the humans around our planet at the present time are all of the same mammalian genetic makeup as we are; in fact they're our ancestors, the races that first populated the Earth.

The basic human form is known as the Adam/Eve Kadmon template and is best represented in Leonardo's drawing (above) or the Voyager Plaque (below). That template is upright, bipedal, bilaterally symmetrical, with stereoscopic vision located on the front of the face, arms, legs, opposable thumbs, a brain with hemispheres, etc.

The form is human, but the soul divine. The soul is at a level of evolution called being human. As the saying goes, we are not humans having a spiritual experience but spirits having a human experience. We're immortal and live many lives, only some of them as humans.



The Voyager Plaque: Another view of the Adam/Eve Kadmon Template

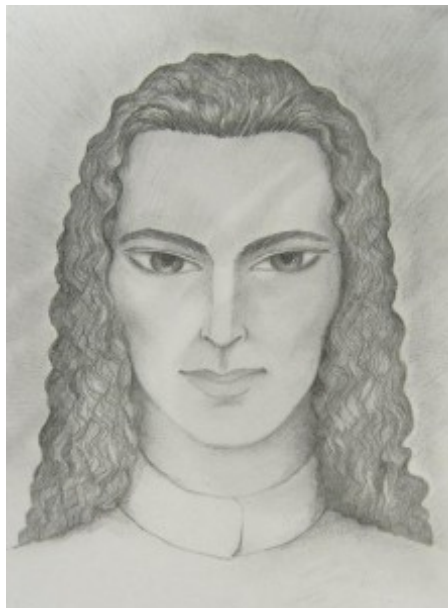
The physical human form has certain aspects: the biological, cultural, emotional, and spiritual. The biological aspect centers around the need to eat, drink, breathe, sleep, procreate, clothe ourselves, etc. These needs are only associated with the Third Dimension. On higher dimensions, our needs are fewer and our means of satisfying them don't depend as much on work. We share this 3D level of existence

with animals, but we satisfy our needs in a peculiarly human way, through the use of culture and tools.

The cultural aspect relates to the fact that we traffic in ideas. Culture = ideas. To create an idea that can be communicated, we bestow meaning on symbols, freely and arbitrarily. This tall wooden thing before me I think I will call a “tree.” (Non, non, un "arbre.") This barking animal I will call a “dog.” (Non non, un “chien.”) With ideas, we communicate and dream, rehearse and remember. We get the idea, make believe, and pass the word along.

When I was a cultural historian, I used to say that culture was an organization of ideas, manifest in act and artifact, though consisting of neither, by means of which we think, respond and take purposive action. We live in a world of ideas, whether animals do or do not. (Some say they do.)

There is an emotional aspect to us which builds on both biology and culture. We respond emotionally to our body's needs and urges and to our thoughts and actions. We respond emotionally to others. We even respond emotionally to our dreams and fantasies. We love and hate, desire and reject, lean towards and away from. We're repulsed and inspired, jubilant and depressed, encouraged and discouraged. And we then we double back and have thoughts about our emotions.



SaLuSa, human being from Sirius

The spiritual aspect builds on the cultural and emotional, beginning with the power to make an object of ourselves. Taking cognizance of ourselves we term “self-consciousness.” It was a huge innovation. We can make of anything an object and end up making one of God as well.

As we expand our consciousness more and more, moving towards the event for which all life was created (enlightenment), we move ever closer to transforming God from an object into the one and only Subject. We've moved from self-consciousness to Self-Realization, using object-consciousness to reach consciousness without an object.

These processes are what all of us humans share. If we want to take a human perspective rather than an American or a Catholic or a Republican one, then we'll be looking at what we are and do relative to our biological, cultural, emotional, and spiritual selves and others.

We haven't been speaking about these before now – not commonly. Certain scholars do, but not the mass of society. We've been speaking about Presidential candidates, the pound sterling, and housing prices. We've been speaking about the Vatican, and Burma, and space shuttles. Always we take the partial view, the specific view, the named and unique perspective. Always we focus on differences.

But we're being obliged to become aware of ourselves as a planet by the guests who are coming to dinner. If we're talking about Pleiadians and Arcturians, how can we not think about terrestrials? We're suddenly finding that we need to know more about ourselves, even as we attempt to know more about them. We can see that the galactics are studying us. Just get yourselves onto Ellie Miser's distribution list. Ellie is a conscious Pleiadian starseed who studies us like an anthropologist.

They're studying us. We're studying them. Now we must also study us. We have to survey us, take stock of our credits and debits, surpluses and insufficiencies, gifts and weaknesses.



Asket, Billy Meier's human Timorian mentor

As I said in an earlier article, in regard to the work that needs to be done between now and the end of the year, primarily what we address is “problems.” We aim to turn unworkability into workability.

But we also need to get to know each other from a human vantage point. After years of focusing on our differences, we now need to focus on our similarities. What ties us together? We all have the same biological needs. We all live our lives by using and communicating ideas. We all have emotional reactions to things. And many of us also feel the tug of the spiritual.

So this is what it means to be human – at least on Planet Earth. Who's coming to dinner are more humans like us, from other dimensions and places. We already know they'll have the Adam Kadmon form. Their bodies may have some of the biological processes that ours do or maybe fewer of them. They'll traffic in ideas, though perhaps telepathically. They'll react to things with emotions, though less dramatically than us. And we know they worship the same God, see the purpose of life as knowing themselves and God as one, and live their lives in service to others.

So this is a framework that we can use to see what it means to be a human being, whether we are talking about us as humans or the galactics. As we begin our global conversation, we're talking as one human being to another and what this article describes is what we share in common.

Footnotes

(1) "Having a Global Conversation," April 7, 2012, at <https://goldenageofgaia.com/2012/04/having-a-global-conversation/>

(2) *Project Camelot Interviews David Wilcock*, Part 2 of 4, at <https://www.youtube.com/watch?v=0Bz9YPriDLo&feature=channel> . For more on this subject, see "We Gaians (Repost)," at <https://goldenageofgaia.com/2011/10/we-gaians-repost/>

Creating the Context of a Global Culture

April 2, 2018

<https://goldenageofgaia.com/2018/04/02/creating-the-context-of-a-global-culture/>



The time is approaching when we're going to need to have global conversations.

The very same year that I began conversations with Archangel Michael, he told me:

AAM: You have known that the time would come when we would ask you to work very much on a very global level. And this is the beginning of that undertaking. You have already built a very firm foundation for this to occur and for this we thank and bless you. (1)

More recently he said this about the charities I'll be founding:

AAM: This is you becoming the steward of an organization and of an undertaking of massive, massive global impact/import. (2)

I won't be able to escape - I called it "growing up" earlier. I mean that spiritually rather than chronologically. I cannot do the work being laid out for me operating from the rather slack way of being I operate from at the moment. There's no better term for it than "growing up."

One of the ways I grow up is to start thinking globally while acting locally.

How does one think about global society? Whenever I want to establish a beachhead of understanding in a new area, I start with the basics.

What's basic to global society? Global culture. Let's start with that.

Anthropologists talk about our "culture." Sociologists talk about our "social construction of reality." They're both looking at the same thing.

What is a culture? In an earlier lifetime as a cultural historian, I defined it as:

"Culture - whether we look at it through time or in the present - may be seen as an organization of ideas, manifest in act and artifact (though consisting of neither), by means of which humans experience their world and take purposeful action."(3)

Unearth a stringless guitar from the ground a thousand years from now and the finder may use it for a garden pot. Without the idea "guitar" and the ideas of how to use it, the object itself may mean nothing to others. The object is not "culture."

Culture is not acts either. Take a North American and plant him in deepest Africa and he won't understand what the people are saying or doing. The speech and physical actions themselves do not convey culture.

The North American would need to know the meaning of the acts - he would need to know what ideas are behind the acts and what is being transmitted to be a participant in their cultural processes and meanings.

The prime limiting condition on culture is that it must be transmissible. If it were not, it would die in a day.

Culture is not innate. If we were blind and deaf, we might never know culture. It doesn't exist in our genes. It really does live in our minds - *as culture*. And it has to be handed down from parent or teacher to child - by spoken or written language, pictures, etc.

We translate those ideas into the spoken and written word and pass the message along.

We take them and apply them to production processes to come up with things, from flint tools to cellphones. Anthropologists call these "artifacts" - they show evidence of human manufacture. And culture.

All of these are cultural ways, means, and products.

So the very first thing I need to do, in contributing to the building of Nova Earth, is to create for myself - to have the notion cease to be merely a dry intellectual construct and have it come alive for me - the context of a global culture.

Footnotes

(1) Archangel Michael in a personal reading with Steve Beckow through Linda Dillon, Nov. 30, 2011.

(2) Ibid., Feb. 17, 2017.

(3) Changed slightly from the original. S.M. Beckow, "Culture, History, and Artifact," Canadian Museums Association Gazette, Fall 1975, 13.

An Us-and-Them World

May 27, 2020

<https://goldenageofgaia.com/2020/05/27/an-us-and-them-world/>



Werner Erhard made the distinction between an us-against-them and an us-and-them world.

A world that works for everyone is an us-and-them world. Others have called it win/win.

Now, I was not raised in an us-and-them environment, not viewed from any angle - except perhaps the angle of the soccer or baseball team.

Our team - whether sports or military or commercial - was us-and-them. But everyone else was us-against-them.

I remember reading the business reports of the 1990s having to do with automation. It was from reading them that I came up with the designation "business Darwinism," because that's what it was.

Everything was about survival and the pursuit of money and power. Business was red in tooth and claw. The weakest went to the wall. It was the law of the jungle.

Our aim was to eat someone else's lunch before they ate ours, to strike before they did, to behave like a shark.

I couldn't believe what I was reading.

So I'm learning something brand, spanking new, along with everyone else. All I have are the concepts, "us-and-them" and "win/win."

My habitual tendency is to be aggressive and distrustful of strangers. So at the moment I'm just plastering "us-and-them" over top of "us-against-them." I'm "looking good," rather than being genuine.

I have gotten that "us-against-them" *doesn't work*. This current mass hypnosis over memes and hashtags has shown me how deeply into the rabbit's hole I can fall without realizing it. (1)

I've known since the Seventies that, when awareness contracts, awareness that one's awareness has contracted also contracts. I did not know I had become polarized and I did not know I did not know.



As I've said many times, when I set out into new territory, I first establish a beachhead of understanding. My beachhead of understanding here is that the current divisive atmosphere in the world today is serving no one's purpose but the Illuminati's.

Unity must be what we lightworkers embrace or we forfeit a voice at the council fires later on, if I can use that motif.

If our left is throwing names at our right, and vice versa, we lose our right to speak for the collective. Our power dissolves in civil conflict.

We regard it as making a difference that we make war on each other. The divide-and-conquer strategy is almost invisible to us. Where's a redpill when you need one?

If this pandemic has taught us anything, it's taught us (OK, me) that, as Steve Rother and the Group said, "you're all in this together, and the only way out is together." (2)

That lesson has been gotten. And that is the extent of my beachhead of understanding at the moment.



I can connect with the matter more deeply when I consider it from the vantage point of presiding in a hearing room on a refugee claim. (3)

I would not allow villifying, slurring, insinuating, or ridiculing in my hearing room. To resort to such devices would bring the speaker's credibility into question. Why would I allow it in here? And yet that cuts out a good proportion of ostensible lightworker news sources.

The search for credible sources may not be easy. It's complicated by being in the midst of the storm. But the end result is worth it. The search is my first foray out from my beachhead.

My second foray has been, on two occasions, to separate the person from their behavior. I have never actually done this, no matter how many times I've used the phrase. On two occasions I actually did. Well done, Steve.

A third foray has been into movies in which people really did stand for values. Remembering some of my favorite scenes (like Moses coming back from the burning bush) is helping. And your encouraging feedback is like gas in my tank.

Michael and Mother, I ask you to furnish me with the realizations I need to connect with and understand an us-and-them world. Realizations such as these are in your hands. I invoke the laws of above and below and give and receive and your grace to this effect.

Footnotes

(1) I was becoming polarized and partisan. Michael warned me years ago it was quicksand. And it turned out to be:

Archangel Michael: You have stood at the edge of the fray and you have inserted not only rationality but a sense of balance and of light and of peace. So for this I commend you.

Steve: But go no further, right?

AAM: Yes. Because this has the energy of quicksand. It will suck you dry. (Archangel Michael in a personal reading with Steve Beckow through Linda Dillon, Sept. 2, 2016.)

(2) Steve Rother and the Group, "Beacons of Light May 2020: White Noise," Era of Light, 05/20/2020, at <https://eraoflight.com/2020/05/20/beacons-of-light-may-2020-white-noise/>.

(3) And that's where the last article came from:

“Trial by Social Media: Stop the Meme War,” May 19, 2020, at <https://goldenageofgaia.com/2020/05/19/trial-by-social-media-stop-the-meme-war/s>

Thinking, Feeling, and Acting Globally – Part 1/2

December 23, 2020

<https://goldenageofgaia.com/2020/12/23/thinking-feeling-and-acting-globally-part-1-2/>



Credit: supportforstepdads.com.

As you know, I trained as a cultural historian and sociologist.

In spirituality I follow awareness and love, but my research link with the world is as a student of culture.

Interestingly, the tools of the historian and the sociologist hold less and less relevance for me over time. But the notion of culture is and will become more and more relevant.

We'll soon enough be building a global culture and an understanding of culture itself is, I think, useful.

The discussion is a wee bit academic. Feel free to skip it and move on to the next article if it doesn't set your toes tapping.

Culture is what lies at the heart of all the social sciences and what will concern us later as we build Nova Earth. Let me repeat my own definition of culture.

Culture, whether conceived of as a continuum or a class of phenomena, is an organization of ideas, manifest in act and artifact, though consisting of neither, by means of which we understand our world and take purposeful action.

I encountered resistance when I proposed that definition . Most scholars in 1979 defined culture in terms of behavior or artifacts.

Why is it ideas?

The precondition for the continuance of a culture is that it be transmissible. No transmission of the ideas behind an artifact or behavior pattern and someone finding it three hundred years from now might not know what to make of it.

We have to "pass the word along"; the receiver has to "get the message." Culture must be transmitted via schools, the media, books, magazines, etc., to survive. And only ideas are capable of being transmitted.

Humans don't navigate very much by instinct; we navigate mostly by culture. And culture is taught and transmitted from one generation to the next. If we grew up without being introduced to culture, especially language, chances are we'd become, not merely an idiosyncratic child, but a basket case.

I'm not as much attracted to the historical any more, but I am to the historic.

I'm amazed at my good fortune at being here covering the news at a time when extraterrestrials are landing, global poverty is about to be addressed, planetary management will change hands, Ascension will occur....

We live in historic times, as the cliché goes. Only it's a true description of our times. And I want a ringside seat.

These events are monumental, outside the normal scope of anything we're used to. Admittedly I'm no longer following accountability day by day, but I still don't want to miss out on anything historic.

(Concluded in Part 2, tomorrow.)

Thinking, Feeling, and Acting Globally – Part 2/2

December 24, 2020

<https://goldenageofgaia.com/2020/12/24/thinking-feeling-and-acting-globally-part-2-2/>



The bow of respect is an example of a custom that could become something we do globally.

(Concluded from Part 1, yesterday.)

How is culture studied? There isn't room here to go over more than one perspective: Anthropologist Leslie White, in what was for me a ground-breaking study, (1) distinguished three ways of studying phenomena, cultural or otherwise.

- The historical/biographical/ethnographic, which is what I write on the blog; discrete events in discrete time, like a specific UFO sighting or me processing an individual vasana or core issue;
- The structural-functional, which is like a snapshot in time; the structure and its functions are removed from and frozen in time like a still photograph; and

- The evolutionary, the developmental history of a class of events through non-discrete time - the history of transportation in general, money, painting, etc.

Sometimes I give an overview, which is a snapshot in non-discrete time, a structural-functional view. I might stop the clock, or look at any and all relevant instances of, say, extraterrestrial contact or Ascension.

But usually I write in an ethnographic/biographical, often stream-of-consciousness, manner. That's partly because I'm new to subjects like Disclosure, Abundance, and Ascension. It's also because the subjects themselves are new so we don't have a widely-disseminated, widely-known literature on any of them.

Biographical studies come first; structural studies, second; and evolutionary studies, third.

Ethnographic/biographical studies yield data; structural-functional studies analyze it; evolutionary or developmental studies trace large trends. They make a movie out of the many structural-functional photographs. (2)

Following this ladder of research is how we study a phenomenon like culture. (3)



We can see right now how all is chaos and mayhem outside. All appears to be in breakdown, but we're told that only the transient darkness will go; the eternal Light and Love will endure. For us that means ascend after the Time of Separation that we're either in or near.

In order to live together amicably afterwards, I predict that we'll translate the enduring qualities of Light and Love into a mutually-shared and agreeable global culture.

That's the heart of the matter for me. We're building, not a national culture, not an ethnic culture, but a planetary culture.

We'll build it out of charters, laws, norms, traditions, trends, and other society-wide agreements, disseminated by an uncorrupted media. Our test in these efforts can be no other than: Is it of love?

Those ways of being which are most successful in promoting harmony will hopefully be the ones to catch on globally; others may not have the fuel to make it.

An example would be the bow, traditional in Japan, India, and other places. Covid-19 makes a bow more attractive than a handshake now. This is an example of how what we learn from Covid can be used for divine rather than corrupt purposes.

If it caught on globally, that would see the creation of one element in a global culture, something we all do and know. We could make that our first global convention, coming out of Covid.

I'm not talking about turning everyone into an identical robot. I'm talking about arriving at some helpful, shared ways of being, enough of them that we all feel comfortable with each other, some Gaian ways of doing things rather than eastern and western, etc.

In Fifth Dimension, none of this will be necessary. But in the meantime we're burning down city districts. We need to think, feel, and act globally now to stop this global descent into violence (knowing full well that it's destined to stop).

Maybe one decade, two decades ago, I remember thinking that the Divine Mother was putting the human race in the blender. Large numbers of people were on the move and the characters of some countries were changing. All of it seemed to be by design.

And now here we are, so interspersed that the idea of a global culture, combined with the reach of social media, suddenly becomes plausible - and possible.

Footnotes

(1) Leslie White, *The Science of Culture*. Farrar, Straus and Giroux, 1969; c1949.

(2) I'm talking about structural functionalism as a point of view and not about the school known as Structural Functionalism.

(3) The data then enter my databases; it becomes formed into articles; and the articles become gathered into books. We created culture; studied it; and disseminated it, which in itself is part of the forming of the culture.

Global Speaking

August 2, 2015

<https://goldenageofgaia.com/2015/08/02/global-speaking/>



Credit: drbexl.co.uk

What is a global conversation and why does it matter?

“Global” has several meanings. It may mean things in their entirety, such as the whole population of the globe.

It may mean a subject in its entirety, such as a global or synoptic look at one topic.

It may mean without reservation, such as a global offer, one that applies to everyone, leaving no one out.

A global conversation in the way I mean it as a lightworker means a conversation that addresses the whole world on a topic of universal applicability.

It means a conversation for action, a conversation designed to contribute to building Nova Earth, a world that works for everyone.

It holds within its context the interests of the human race and beyond; it holds within it the interests of all species that inhabit the planet and Gaia herself.

Why does it matter?

Well, leaving aside the good it accomplishes, one of the impacts of speaking globally is that we think and feel unitively, universally connected to others, which is a pretty pleasant state. Global speaking is an entrée into spiritual union between us and everybody.

To speak globally, one has to drop the barriers between us and others. I'm not saying that I've somehow accomplished that. I haven't. But global speaking is like doing push-ups in the area or running a mile each time we do or attempt it. We exercise our unitive muscle.

Global speaking goes beyond Perro. (1) Perro is staying with the facts, leaving emotion behind and speaking as one might do in a courtroom.

Global speaking goes further; it emanates from the center, the heart, where love resides. That in itself has several ramifications.

If we speak from the center, then we give up travelling to the peripheries of emotion, being, for instance, rageful (as I've been in my life) or fearful, being filled with hate or filled with ungrounded bubbiness.

If we speak from the heart, then we open our heart to the love that can flow through it once the *hridayam* or heart aperture is opened. (2) We draw that love up from the heart and send it out, as we breathe and speak.

After some push-ups in the area, we may begin to experience, not the ordinary love of romance and relationship, but the transformative love that takes in everybody, regardless of relationship and independent of romance.

I call these states transformative love and unitive consciousness. Archangel Michael uses a different terminology. He combines the two and calls them "heart consciousness."

Of course this is a man speaking, and push-ups, exertion, etc., are my thing. The divine feminine will probably see matters entirely differently. I'm not sure I'd know how a woman sees it.

If global speaking is done well, it awakens the other to something perhaps fuzzy and indistinct in the beginning. But it strikes a chord at some level. If they imitate the speaking, they may experience unitive consciousness stirring simply by continuing in the practice.

If others follow us in speaking globally, then we as a group, and, ever expanding, eventually as a globe, move closer and closer to unitive consciousness and transformative love.

Come, speak globally with me. (3) Let's form a group of two, then three, then a dozen, then a hundred until we start a revolution of love.

Footnotes

(1) Perro is an intergalactic language developed after the Intergalactic Wars that eliminates drama and emotion from one's speaking.

(2) This happened to me on March 13, 2015 and, I can tell you, it's a life-changer.

The hridayam is the pinprick aperture two digits right of the breastbone that remains shut until, through grace, it's opened. Only when it's opened can transformative love flow.

Ordinary love flees before feelings such as anger or guilt. Transformative love sweeps them away.

(3) Only on this thread please. I'm afraid I'm awash in email.

Let Us Have a Global Conversation

January 23, 2013

<https://goldenageofgaia.com/2013/01/23/let-us-have-a-global-conversation/>



A global conversation is a chat we have as a world. A global conversation is a discussion that arises from the context of our shared characteristics. A global conversation is a conversation that speaks to our commonalities.

Our prime and inescapable commonality is that we're all God. We're all divine. If God is everything that is, if God is omnipresent, then we must be God too. God must be present as us as well as every other thing. How can the one be true and the other not?

We're all immortal beings whose task in life is to realize our divinity. That task was given us by God so that, when one of us realizes her or his divinity, God meets God.

The realizations "I am God" and "God has become everything" are moments in which the formless God, the One without a second, experiences Itself in the nanosecond of our enlightenment. Bayazid of Bistun captures that moment: "I went from God to God, until they cried from me in me, 'O thou I!'" (1) O thou I: separation vanishes and oneness is realized.

The created form arose from the Formless and merges back into it again. Said Jesus: "I came forth from the Father, and am come into the world: again, I leave the world, and go to the Father." (2) What was he describing if not the journey that all of us make from God to God?

Our shared characteristics start with the fragment of God's light that we are at essence. It resides in the spiritual heart or *hridayam*. Various religions call that light by various names: the Christ and Pearl of great price by Jesus, the Atman and Self by Hindus, our original face and Buddha nature by Buddhists, the firebrand plucked from the burning and the fire always burning on the altar by the ancient Hebrews.

Because all of us are divine, we also share the divine qualities in common. We all know and recognize at some deep level the value of love, bliss, compassion, truth, wisdom, discrimination, patience, detachment and equanimity, etc. That is why those aligned with darkness have such a difficult time when faced with love and truth. At some deep place, they recognize the primacy of the divine qualities.

Although we have different skin colors, different genders, and different cultures, we also know deeply that these differences need not divide us. Under our skin, behind our gender, and outside our culture, we're all children of God; we're all One.

And when we come together in the realization of our commonness, we're able to build a new world on a strong foundation - on the rock of unity, rather than on the sand of separation.

Of course that new world will see all treated as equals. When we remember our divine origin, the divine qualities we share, and our common future as a human collective headed towards abundance, peace, and harmony, how can we not see our common unity and equality?

We're leaving behind us all that keeps us apart, all that has us compete for the necessities of life, all that has us see our interests as divergent. We're seeing more and more each day that we live together in one house – this planet – that we're all of us crew on Spaceship Earth, and that Nova Gaia needs our care and love.

So it's time now to turn our attention to what's out in our world, what does not work and never has. It's time to stop our behavior that causes pain and damage, whether to our environment, to our fellow beings of light, or to ourselves.

It's time to awaken to the global nature of the human family, to shake the sleepy dust of ages from our eyes, look to the next person, and perceive our Oneness.

It's time to turn to all our neighbors and have a global conversation for the birth of Nova Gaia, to set all unworkable things right and to put us on the path to human unity, equality, and abundance.

Footnotes

(1) Bayazid of Bistun in PP, 12.

(2) John 16:28.

Making a Global Leap in Our Conversation

April 7, 2012

<https://goldenageofgaia.com/2012/04/07/having-a-global-conversation/>



No, I'm not a megalomaniac or an egomaniac, but I do believe that we need to make a leap in our communications and I believe the time is here to make it.

I'm sure everyone has experienced breaking through to being able to make a speech before the class, perhaps before the school, then maybe on the radio, etc.

Each time we break through to a new level of communication, there's a corresponding expansion of consciousness.

I'm suggesting that the time has come to have a conversation as a world.

No, I don't mean the world conversing with the world. I mean us addressing the whole world in our communications. It's a level of communication but it's also a level of consciousness.

I'm convinced that our former planetary controllers dumbed us down, divided us and conquered, and erected artificial barriers based on language, religion, nationality, class, color and many other variables. Any variable in fact could be made a barrier and many were.

It's now time, I believe, to begin the slow march back towards addressing matters without those barriers, to address each other as a world. In doing so we accomplish numerous goals. We roll back the artificial divisions imposed on us by the powers that were. We recognize our commonality and our shared interests. We promote unitive consciousness, We prepare ourselves for Ascension.

What does it look like to have a conversation as a world? I can't pretend to know that. I can only imagine it. It means, for me, to start thinking in terms of men, women and children, regardless of location or any other variable. It means to start thinking in terms of the human condition, of what all human beings want and what all human beings have. It means to dedicate ourselves to seeing that everything on the planet is fairly shared. If there is not enough to go around, then we all share the pain. If abundance flows, then we all share the gain.

Readers of this site will know that abundance is in fact around the corner. You've heard of treasure ships sunk in the sea containing fortunes in gold, platinum, currency and bonds. You've heard of rooms as big as gymnasiums filled with gold. You've heard of funds coming from St. Germain's World Trust. You may not be as familiar with gold being brought here from other planets. You've heard of projects starting up worth trillions of dollars designed to kickstart the new economy. Wrap all these reports up and more and put them in a file marked "NESARA" because they are all about NESARA. (1) So abundance is on its way. Once the cabal has been arrested and removed from the scene, I expect NESARA will begin (not like I know).

In our conversation as a world, let's stay with this one subject. What does it mean that NESARA comes in? Well, it means that our debts will be relieved, our needs will be met, and services will be established such as universal medicare and other aspects of the social-safety net. But it also means that many of us will volunteer to take the fruits of NESARA to places where people currently exist for under a dollar a day. NESARA will spread from the developed world, if I understand matters correctly, to the underdeveloped world. And we will lead that effort.

Looking at that one subject alone and having a conversation as a world, the task before us will be to work together as a community without borders, without divisions, without separative interests. Knowing this ahead of time, the work that we can accomplish now is to begin to obliterate the borders in our mind, to cease

thinking as Britons, Australians and Mexicans, Americans, Chinese and Russians, and begin to think as sovereign citizens of Planet Earth.

Borders were yesterday; the world is today. National interests were yesterday; human interests are today. National security was yesterday; planetary wellbeing is today.

We must make the leap, first in our minds, next in our speaking, and finally in our actions from a world of nations, classes, and so on, to a world without borders or divisions.

Let's have a System Reboot and Start Anew. Together

April 8, 2020

<https://goldenageofgaia.com/2020/04/08/308793/>



Is a person channeling when they've never had the thought before it comes out of their mouth and only know it after it's been spoken? In other words, they are listeners too?

I think it is. I once asked Archangel Michael who the motley crew were who were speaking through me, aside from himself. He said anyone who happened by. It might be St. Germaine one moment. I don't remember who else he may have named. I'm going from memory.

Not knowing what I'm about to say next, here we go.

The situation the world is in at this moment is an opportunity of unparalleled importance.

With the entire world concerned about its health and mortality, it's ready to listen on health matters. And this willingness to listen on one matter will ripple out into others.

Now is the time to take global actions.

"There is a tide in the affairs of men,
Which taken at the flood, leads on to fortune."

It doesn't matter how a world awakens, as long as it does. And your world is awakening.

If you were to look back on this period, you'd probably say, "Of course that was how it happened." But looking forward none of you has any sure idea of how it will occur.

OK, thank you.

That was an interesting experiment. (1)

I found the energy new to me and strong. I became a bit weary in the face of it, began to lose concentration, did not want to contaminate the transmission, and so closed down the connection.

Channels talk about getting out of the way. In the end, I was getting in the way.

Nevertheless, having been the mouthpiece for whatever was said, I have to add that I totally agree.

Everyone is listening. Now is the time to put forth new ideas.

Now is the time to introduce new measures, reorganize society, make society more equitable. This is the tide which taken at its crest leads on to fortune.

How do we want to use this precious opportunity?

I know you'll kill me if I don't say what it is for me.

To forge unity consciousness worldwide. To create a set of ideals that mirror what our vision of ourselves is, much as the *Universal Declaration of Human Rights* did after WWII. To forge an identity for us as Gaians that we come to cherish and take our stand on. (2)

To build a sense of caring, whether it's Australia burning or Wuhan with a virus. Or New York City mourning its dead after 9/11.

To see - if Greta had not shown us already, Coronavirus did - that we're all in this together.

It's time to embrace another level. We're not simply Australians and Chinese and Venezuelans. We're Gaians, all of us, including the animals.

Coronavirus has had all of us stop and see what's there. When we're not caught in traffic or dining out. When we're not worried about how we'll buy a house or pay the rent.

We're stewards of this planet and we have some catch-up to do. Whatever it was we complained about yesterday? Let's have a system reboot and start anew. Together.

Footnotes

(1) I don't feel drawn to repeating the experiment.

(2) Earth is the planet; Gaia is the spirit in the planetary body, just as you and I are spirits in human bodies, as I discovered in an out-of-body experience in 1977.

To Say I'm Hopeful Would be an Understatement



I'm one of those who hopes that all, or most, of what's being said about the cabal is true: That Coronavirus provides a cover for the cabal to be removed from power and their living victims freed. I welcome a return of freedom to the planet.

But even if I wake up tomorrow and see it was all a dream, what a dream! I now see how the people, backed by a positive military, can overthrow a deep state which once even had power over our nuclear capability. If you ever wondered how it could or would be done, this is how it IS being done.

Meanwhile, we the people have explored how to communicate on a global scale. And it's our united voice that will finally and irrevocably bring this new Berlin Wall down.

Social media are flourishing and pushing back against the forces of censorship. The mainstream media are showing cracks in the dam. Politics stand to be cleaned out as part of this clean sweep.

Where shall we as a global community go?

Does anyone know how to hold a global vote? What would it do for global unity to be able to hold one?

Is there software that would allow people to sign in from anywhere on the globe and register their vote - safely and securely? (1) Sure, it can be abused. But if we could make it work, that could be a useful way of we the people presenting a united front.

Let's send that idea off into the collective consciousness.

Whatever arises, we need to keep broadening our global discourse. We need to be ready, willing, and able to speak on a global level for when our star family shows up. (2)

Global meditations are, I suspect, a great way of energizing a constructive thought and sending it into the collective consciousness. In my view, we need to concern ourselves now with the collective consciousness because that's the source of the empowerment or constriction of our galactic family in providing aid to us.

If the dominant theme in the collective consciousness is not to intervene, they won't; if the dominant theme is an invitation to intervene, they will. Things like mass meditations, I'd think, are wonderful ways to influence events through sending streamers into the collective consciousness.

If we're to give the world a fresh start, every ill deed done unto us needs to be forgiven. There will be no fresh start as long as there's resentment or blame. That applies personally and nationally. That's a challenge for me.

We need to strengthen the bonds of connection. Turn sports into healthy competition and eliminate its violent overtones. Exchange scholarships. Travel grants. Religious exchanges.

If we use the Internet wisely, I think, we can organize, coordinate and finance these activities. We don't know how. It's never been done before and we shall see.

Government as it's been constructed for the last hundred years has not been of the people, by the people, for the people. But, in the face of our unity, in my opinion, government is about to shift.

And when it does, we'll be ready for it with new ideas for wonderful programs and projects, with Reval money and redistributed Illuminati wealth to carry them through - universal basic income, universal medicare, universal accessibility to education, universal elder care, universal child care, national debt relief, and more.

To say I'm hopeful would be an understatement.

Footnotes

(1) Yes, the Quantum Voting System.

(2) Which seems to entail a continually-refined ability to speak in neutral, factual terms.

Looking at Values for a New World

September 5, 2020

<https://goldenageofgaia.com/2020/09/05/looking-at-values-for-a-new-world/>



Rather than follow a lead that seems to be taking our reportage, prior to the election, into more and more extremes, I'd like to explore a different direction.

That direction is into laying the foundations for Nova Earth. I've never done such a thing so every mile will be in uncharted waters.

Somehow we have to let go of the old and bring the new into existence. And like so much else we encounter as our Ascension unfolds, it doesn't come with a manual.

You know what I do when my boat makes landfall in new territory. I establish a beachhead of understanding and a testable hypothesis.

My beachhead of understanding in approaching foundation-laying for Nova Earth is that values underlie all activities - social, economic, religious, educational, even medical.

My testable hypothesis is that, if we can change our values and have those changes accepted globally, we can change our world.

My best contribution then would be to start by looking at values for a new world.

That may require me at the outset to refresh our memory on what values of the old world we're leaving behind - like social Darwinism, empirical materialism, and white supremacy.

And then I might....



Readying Ourselves

April 9, 2012

<https://goldenageofgaia.com/2012/04/09/readying-ourselves/>



Getting ready

In approaching the task of creating a global conversation on our blogs and in our discussion groups, we're doing a number of things. We're doing push-ups that allow us to develop some strength in this kind of dialogue.

We're preparing to meet the galactics, having wiped the sleepy dust from our eyes and becoming ready to talk. We're finding out where the gaps in our knowledge lie, which should send us into research to fill them. We're getting ready in all ways for what we know will soon be coming.

We're drawing together as a human race, beyond national borders and interests. We're refusing any more to be divided and separated by those who wish to rule us and keep us in submission. We're preparing to thank and acknowledge the very human beings from our ancestral planets who've played such a large role in delivering us from the dark ones and liberating Gaia from negative energies. We're welcoming our mentors, who've come here to help us with our planetary Ascension.

At first, it'll be like people arising, one by one, and joining the conversation. Each person will contribute what they know. Inelia Benz contributed a great deal since becoming globally known; David Wilcock continues to push back the frontiers of knowledge; Sierra Neblina gave us the benefit of her wisdom yesterday, and has been doing so for some time, I see. Lisa Renee, Patricia Diane Cota-Robles, Drunvalo Melchizedek - the list could go on and on of people who've been priming the pump, waiting for us to take up the conversation and extend it.

We've all gone through stages where we began to make friends, date people, work at jobs, and contribute to our communities. Little did we probably know that we'd go through another stage and greet people from other star systems before this lifetime was through. But everyone I've met or spoken to has said that, when they look back over the stages and events of their lives, they can see how each contributed to this moment.

So here we are now, preapring to meet people from other civilizations, prepared to talk about ourselves - what unites us, what we want for the planet, what we want our future to look like. Here we are prepared to give up war and beat our swords into plowshares. Here we are, some of us, still fighting ancient battles, and yet finding the steam running out and looking pretty isolated as the energy rises on the planet, the rest of the world lays down arms and we come together in global oneness.

And soon here we'll be as the first ships begin to land, holding the space for our visitors to be welcomed and to join us at the table. And hopefully we'll be coherent and prepared - not all of us. Many in society will be startled at this turn of events. But those of us who have begun to think and talk globally will know somewhat who we are as a people, because we're starting to take note of it. We're starting to see who we are biologically, culturally, emotionally and spiritually. We know what it means to be human on Earth and we're about to use that to understand what it may mean to be human on Arcturus and the Pleiades.

So what's next? What's next is for us is to look around and take stock of how things are on Planet Earth. What's working and what's not? What needs to be attended to in the very near future? The longer term? Who's making a list of all the pollution on Earth that needs to be cleaned up? Who's creating a tally of the national populations who are starving? Who's in charge of seeing where the places are on

Earth that are filled with landmines? Who's planning how to get the water flowing everywhere?

Who's prepared to introduce a universal medicare system for the entire world? Who will lead the reformed banking sector? Who's going to recalibrate and recast education? Who's thinking about these matters at an overarching level? As our global conversation continues and develops, it branches out into considerations of global services such as these. Who is mapping out how the conversation will branch out, where it could go?

The world as a world is waking up, rousing itself. People are becoming aware of themselves as human beings. Collective consciousness is being augmented by collective compassion. Everyone's contribution is needed and requested. Right now we're in the planning and discussing phases on many subjects, but we're planning and discussing because we know that soon we'll be acting and implementing. This time is necessary for that phase.

The galactics are ready for us. It's time for us to get ready for them. Our distant relatives are making final arrangements to join us for our long-awaited reunion and then to work with us shoulder to shoulder in getting everything about this planet in order for the gala celebration down the road. The invitations are sent. The caravan is gathering. All are waiting with excitement and anticipation. Human race, meet human race. People, meet people. Let the festivities begin!

Linda Dillon: Galactic Ways of Speaking

July 27, 2016; first posted August 2, 2015

<https://goldenageofgaia.com/2016/07/27/galactic-ways-speaking/>



Speakers at Sedona, Linda Dillon in the left foreground. Thanks to Becky Frazier.

From: <https://novaearth.invisionzone.com/topic/7-what-is-a-global-conversation-and-why-does-it-matter/#comment-16>

It has often been wisely stated that we are divine having a human experience. I am also an inter-galactic having a human experience, and, it is from that perspective that I wish to share with you. I will endeavor to not make this an opus but rather the opening of a conversation, intended to engage.

Language is a precious gift. While there are so many forms of communication the ability to communicate via spoken and written word, which implies and always includes intent, is sacred. We have many terms and forms of language and are aware of which forms we use in what situations.

Some years ago we shared with you the language of **Perro**, which is the language of communicating in non-emotional terms information – often what you think of as facts. This language of neutrality was developed in order for many different cultures, histories and values to be able to communicate after the inter-galactic wars. Prior to the development of Perro negotiations and simple inter-planetary conversation was so value-laden and emotionally charged that the establishment of

common ground was not possible. Perro was developed as a tool not only to find a road to peace but survival. Since that time it has been refined and has great use, even on board our ships when personal differences can cause tension and resolution needs to be achieved for the peaceful co-existence of all on board.

Our rationale for introducing Perro to the human race was Gaians are at a juncture where the need for this form of communication is apparent and useful. It may also be useful on your road to peace.

Like the Inuit who have many words to explain the qualities of snow, or the Maasi who have many words for sand, we have many words to describe language. While we know that you often think of language in terms of regional variations of communication (English, German, Hindu etc.) we think of language in terms of content and intent – what you often refer to as sub-text. To us it is the key to effective communication.

Paca (pack-a) is emotional speaking, primarily used for the expression of feeling emanating from the emotional portion of your being. It may or may not convey accurate information but is utilized to express how one is feeling about any given matter. This is a very popular method of communication upon Gaia, and is often mistaken for authentic communication, while in fact it is incomplete.

Badu (baa-too) is communication that is a call to action, often blending emotion and fact. The intent of Badu is to move you to take action, whether it is to go to war or buy chewing gum. We consider Badu inflammatory because of the negative intent of manipulation. It attempts to sway you to the communicator's perspective and to follow in a reactionary manner rather than proceeding from your heart-centered consciousness.

Saedor (say-door) is communication that is heart centered and balanced and comes from a knowing of Truth. It contains allowance for emotion, factual information and collective or personal history or experience (causal body) but is based on the tacit agreement of both speaker(s) and listener(s) that the intent is to share, express, exchange, and growth in the mutuality of understanding. Saedor is what you think of as heart-centered or heart-conscious communication. It is the language of universal Love, which acknowledges the sanctity of every being and the sacredness of the gift of language.

Humans, Gaians lost the consistent ability to consciously communicate in Saedor. But there have always been remarkable exceptions and role models such as the Dali Lama that have not allowed the knowingness of this form to pass away; to remind and re-awaken you to this mode of communication. That is what this Global Conversation invites you to do – to reclaim your birthright to communicate in your language of origin.

What occurred in the growth and anchoring of your old 3rd dimensional reality is that Paca and Badu became the prevalent forms of communication. The freedom to communicate from expanded awareness, from the truth and core of your being, with clear intent of unity and connection, was denied and in many ways beaten out of you. But it was never forgotten. And now, in your time of extraordinary growth of collective ascension, you reclaim this form and format of language. You are not learning my dear friends, you are remembering.

This is the vibration and frequency of communication that is most common and appealing to us as inter-galactic and inter-dimensional beings. This form of communication allows us to meet on a ‘level playing field’. As you assume your rightful place at not only the Inter-Galactic Council but at the table of the Divine Mother we welcome you.

We applaud this quantum leap forward and the re-claiming your birthright. You join together as Gaians in the mutuality of shared knowing, experience, commitment and purpose. We observe with interest and excitement. We commend and conjoin as appropriate – never to interfere but to commune. Let us proceed dear friends.

⌘ The Old Paradigm ⌘

Basic Third-Dimensional Illusion: Separate Selves Struggling for Survival amid Seeming Scarcity

Sept. 5, 2020

<https://goldenageofgaia.com/2020/09/05/basic-third-dimensional-illusion-separate-selves-struggling-for-survival-amid-seeming-scarcity-repost/>



I'd like to repost this attempt to define what the dominant mindset is in many quarters of western society today. I've never been able to beat this attempt.

What is the mindset we're trying to let go of, that tells us how life is in our everyday setting? Can we state it in its simplest and most fundamental form?

Let me offer my version of it:

We are separate selves struggling for survival amid seeming scarcity.

The best label for this view of life, in my opinion, is "social Darwinism." Life is a struggle for existence, in which only the strong survive.

Can we look at this short statement, as an approach to dispelling our primary 3D illusions?

(1) *We are separate selves.*

(a) We are selves. That's true. God tied a knot in the ocean of love, light, and consciousness. The balloon thus formed, full of God-stuff and consciousness, we call a self.

(b) So long as our vibrations are dense and heavy, we can only know that self as something separate from all other selves.

We don't see or feel the God-stuff. We refuse to admit that the seeming individuality we have is not fixed, permanent, or eternal. We are God but we refuse to abandon our penultimate state as God the Self, Christ, Atman, or pearl of great price.

St. Paul describes the ultimate surrender of the Self - in Biblical code - here:

"Then *cometh* the end [final enlightenment], when he shall have delivered up the kingdom [all the bodies, all the selves] to God, even the Father." (1)

This surrendering of the Self constitutes "final" enlightenment, which, in my vision of 1987, was represented by the small golden star returning to the Father and immersing itself in him. (2)

Therefore, viewed from the standpoint of ultimate Reality, there is only One and therefore we must be that One. Otherwise there would be a second.

Viewed from the Highest Reality, then, there never was, is, or ever shall be separation between God and this apparent "me."

So the separation from God is only a seeming, which occurs on the Third and Fourth Dimensions, the lowest and most dense we'll ever see.

Therefore, this part of our statement - that we are separate selves - is not absolutely and fundamentally true. In the end, it's revealed as an illusion.

(2) *struggling for survival*

Survival - do we actually need to survive? Have we ever questioned that?

I've been outside my body and see that I am not my body. When I was outside it, I never felt hunger or questioned where I'd sleep that night. I was free of all those conditions.

Whatever happens to my body at death need not concern me for I have a life independent of it. So for me, anyways, survival is not an issue.

(b) Struggling - do we need to struggle to survive? Or struggle for anything?

In the time I spent in Fifth- and Seventh-Dimensional love, I found myself in a state of consciousness where any idea of struggle would have been laughable. Laughable because I could not have struggled for anything, so deeply awash with love was I - rich, profligate, generous. I could have given it all away.

No struggle there. But no struggle also because I had everything I wanted. Don't you see? Love - real love - is what we're looking for. So I know a state of being where real love is free and plentiful and in that state is not a thought of struggle.

In that state, we're certain that we've arrived. There is nowhere else to go except deeper and deeper into Love.

Therefore, that we need to struggle to survive is another myth, another illusion.

(3) *amid seeming scarcity.*

Leaving aside the fact that any scarcity we create increasingly seems to arise out of our own beliefs in lack and limitation, there was certainly no scarcity where I ended up. I drowned in an ocean of love. No scarcity there and I wanted nothing else.

If you offered me gold while I was in that state, I'd have only smiled. I wouldn't have lifted a finger for it. What can gold give me that love does not? In that state you really get the importance to us of how we feel. Because when we feel brimful of love, we want nothing else.

All I wanted was to touch the fingers of other love-soaked pilgrims as they passed me by going wherever they were going in an unrushed, love-drenched world.

Consider the free gifting of replicators as a mid-term tangible indication that there's no scarcity. The replicator will give you whatever you ask of it.

Then consider that, before our journey of Ascension has ended, we'll be creating what we want by thought. No scarcity there either.

The trend is not towards scarcity but away from it. So this part of our statement too seems to be an illusion.

There isn't a part of our statement of the fundamental credo of the Third Dimension that has held up to scrutiny when viewed from a higher-dimensional perspective.

And yet this point of view is so basic to our behavior patterns that we "live it," without thinking about whether anything about it is true, real, eternal. And nothing about it is.

We are not separate selves struggling for survival amid scarcity.

We are Children of God, not different than or separate from the Mother/Father, learning our true identity by willingly entering an illusory world and limited existence for a time. Our journey ends when all individuating bonds are broken (the balloon is burst) and we experience our Oneness again.

Footnotes

(1) I Corinthians 15:24.

(2) See "The Purpose of Life is Enlightenment – Ch. 13 – Epilogue," at <https://goldenageofgaia.com/2011/08/13/the-purpose-of-life-is-enlightenment-ch-13-epilogue/>

Injurious Automation (1998)

April 12, 2018

<https://goldenageofgaia.com/2018/04/12/injurious-automation-1998/>



Lights-out factories, e-tickets, voice mail, automated banking machines, automated tellers, automated warehouses, computer-aided drafting, computer-assisted manufacturing, material-resources planning, management information systems, geographical information systems, robots on the assembly line have all eaten up work formerly done by human beings. And robots and automated processes don't pay taxes. (S. Beckow, 1998)

Michael asked me to write about "the old paradigms," to provide us with some markers to see where we came from. And not go there again, I imagine, after the Reval. (1)

In the encounter to have the old paradigms lift that so many of us feel called to engage in, shining the light in dark corners is the way we engage. We do it impartially but with determination, pouring out love with awareness to those hurting souls who are hurting others, but insisting they stop.

Well, what follows is a curiosity, really. I was hunting through my files for a 1998 *Dictionary of Automation*, to begin reconstructing the "old paradigm" of business

Darwinism, the notion that others are out to eat our lunch and we have to get them before they get us.

And I found this interesting article of mine. It's a piece from a longer narrative in which I look at the impact of "injurious automation." I got really mad in it. No one was listening to me. (Vasana.)

It was written in 1998. I took the occasion to revise it. It was written at the height of the automation of work.

Tomorrow I'll look at ways to offset the impact of this second industrial revolution.

Injurious Automation

In the case of automation, to automate is legal and in some cases -- where the policy doesn't harm a person -- it's helpful.

If I automate my writing and move from ballpoint to computer, I've enhanced my writing skills. I can write more quickly. I can edit onscreen. I can print out as many, good quality copies as I wish to. In all ways, the reach of my faculties has been increased, enhanced, made more effective. I'm all for it.

But when automation is extended to society at large - as in the automation of a profession - not everyone's performance is enhanced and made more effective. Some are de-skilled and rendered obsolete (we call it "bridged"), released back into a non-existent job market with no provision made for them. Some are out of jobs; some are out of professions; some are out of careers.

Releasing hundreds of thousands of people onto the job market at one time in a jobless recovery is not helpful.

Injurious automation is the infliction of harm on vast numbers of people. Lights-out factories, e-tickets, voice mail, automated banking machines, automated tellers, automated warehouses, computer-aided drafting, computer-assisted manufacturing, material-resources planning, management information systems, geographical

information systems, robots on the assembly line have all eaten up work formerly done by human beings. And robots and automated processes don't pay taxes.

Add them all together and we have the elimination of work, without compassion or compensation, for large numbers of people around the globe - your friends, your neighbors, your family. A small group of people benefit from this and most of society pays for it. And no one is saying anything about it.

Our use of automated tools to "get ahead" has been unwise and ineffective. Moreover, we seem locked into continually, repeatedly, predictably using them in the same ways.

I read an article on a medical lab website last night, which my wife brought to my attention. It pleads the same necessity to go further that so many automaters do. It would have its "islands of automation" linked in the lab, fully automating it and releasing from work the last lab technicians who have not already been displaced. This would take the work of the lab further. Its abilities, lower costs (no jobs), etc.

In medical labs, lab technicians will become dodos. The job category would be emptied out as if it were a salt shaker. All the human beings who trained to be lab technicians would be ejected from work, with not a thought given to their futures. A whole category would have been eliminated from the job board and literally thrown out onto the street. This is the injurious use of automation.

And it's exactly in our applying automation in these ways -- where someone is injured by its application -- where we err and enter the realm of "unwisdom," in my view. It's unwise to hurt another -- I know in my personal life that all the hurts that I've caused are present and haunt me. It would be unwise to continue hurting once we're aware of it and its impact.

We're hurting others through injurious automation today and I'd like us to become aware of it and to stop. When we rob others of their means of livelihood and don't take care of them afterwards, we've injured them. And we're injuring large numbers.

The tools we use to work our injury or to benefit from them are the same. Automation can be our friend - it was supposed to be - or it can be our enemy. So

far, it's been used against us, as if it were our enemy. We haven't shared in the rewards of automation and we've borne the costs.

When we don't acknowledge the error of using automation to our detriment, knowing it, we're complicit. It's our complicity in injurious automation that represents our missed mark as a society.

We miss the mark when we continue inflicting injury past the point of knowing that we're harming people. Injurious automation harms people. Now we know. And we can see its impact all around us.

It's time to stop.

Footnotes

(1) Here's that exchange:

Steve Beckow: But I'm not fighting a war [like Winston Churchill].

AAM: Aren't you?

Steve: Am I? What ? Against ignorance or third dimensionality?

AAM: Yes, against the old paradigms. (Archangel Michael in a personal reading with Steve Beckow through Linda Dillon, July 1, 2016.)

⌘ Building Nova Earth ⌘

Jan. 1, 20/20: The Commencement of Building Nova Earth

January 1, 2020

<https://goldenageofgaia.com/2020/01/01/jan-1-20-20-the-commencement-of-building-nova-earth/>



*If not me, who?
If not now, when?*

Every project, even a mega-project like Building Nova Earth, requires a commencement ceremony. Will you permit me, on this New Year's Day, 20/20, to host ours?

[Music please.]

[audio mp3="https://goldenageofgaia.com/wp-content/uploads/2020/01/pomp_loop.mp3"][/audio]

Ladies and gentlemen, on my own divine authority and as a servant of the Divine Mother and Archangel Michael, I hereby declare the building of Nova Earth to be officially open. Let construction begin.

Let me address all lightworkers, all ground crew today.

What and who is a lightworker? Michael offers us his view of the purpose and mission of a lightworker born on this planet at this time:

"The purpose of lightworkers - the purpose, in many ways, if we were to make a blanket statement of every single person upon the planet at this time – is the fulfilment of the Mother's Plan: The rebirth, the re-anchoring, the recommitment, the reactivation of love, of co-creation, of unity consciousness upon the planet. ...

"The burden, the joy, the gift, the potential of the lightworkers, loveholders, lovebearers – however you think of this, saints and sinners – the opportunity for the shift, for Ascension, for the transition, for the formulation and anchoring, the building of Nova Earth is the purpose particularly at this juncture of the lightworker community. ...

"Is this a time when lightworkers and loveholders will step forth and demonstrate not only their intention or their ability to hold the love, to be the love, but to demonstrate [love] in action, in form, in reconstitution of your society and all that that entails? This is the job right now of lightworkers. ...

"And even as things shift, and, shall we say, become more co-creative, the demonstration first and foremost, the building [of Nova Earth] is the mission and purpose of those who have chosen to incarnate at this time."

(1)

Michael explained that the lightworker community will expand until it includes everyone.

Archangel Michael: Does the conversation expand organically and naturally? Does the energy go out to the entire planet, those who want to hear and those who don't want to hear? Yes, it does. But it begins with the lightworker community. That is what we have need of.

Steve Beckow: And I suppose then more and more people join the lightworker community?

AAM: Exactly, until it is one family and one path. (2)

Building Nova Earth will consist of the sum of all individual efforts at building Nova Community, Nova Sports, Nova Economy, Nova Spirituality. Ours is a co-creative partnership.

Nova Earth will be the sum of what *we* do, as the Divine Mother explains:

"What do you do in creating Nova Earth? Well, dear hearts, you have taken the mantle of responsibility for what we would say is the human component. And what does that mean?

"It is so broad in some ways as to boggle your mind, because it is everything from what goes on within your home, with your family, with your neighbors, with your animals, with your gardens, to the streets, to the highways, to the buildings, to the anchoring of cities of light, to the renewing of workable — your word, dear one (3) — sustainable institutions that are reflective of concern, respect and honoring of the truth of the human spirit." (4)

This building project has a permanent sign outside: "Always hiring."

It's time to add to our lives, if we haven't already done so, whatever we can see that'll carry this world from the unworkable, as the Mother noted, to the workable - that's what building Nova Earth is about.

"Workable" has to conform to the universal laws and the Mother's Plan. That's not something that's been honored, to my knowledge, in the past. Not at the level of the whole world.

We have guidance in this. The Company of Heaven speaks through many sources and, unlike many others, we listen to them. That puts a responsibility on us as ground crew to carry through on what they request and serve as wayshowers so that others will see how to join in.

Our work in building Nova Earth - which starts now if it hasn't already - must arise from what we love, what brings us bliss, what has us get out of bed every morning and feel inspired.

No other creation will last. No other will reach the vibrations at which Nova Earth is planned to be built.

We'll need to behave like peaceful spiritual adults from here on in. Challenging.

Thank you all for attending our virtual commencement ceremony. You're now empowered - and invited - to begin the masterpiece of your life, your contribution to building Nova Earth. And to tell us about it.

I leave you with my thanks.

To our new life, love, and laughter!

PS. To inspire and inform your work, here's an extra New Year's gift from us here at the Golden Age of Gaia: The book *Does Life Have a Purpose?*



Download it here: <https://goldenageofgaia.com/wp-content/uploads/2020/01/The-Purpose-of-Life-R3.pages.pdf>

Footnotes

(1) "Archangel Michael on Lightworkers' Collective Life-Purpose Today," Oct. 22, 2016, at <http://goldenageofgaia.com/?p=282645>.

(2) "Archangel Michael: A Global Reset of Values, Part 2/2," channeled by Linda Dillon, September 16, 2013, at <http://goldenageofgaia.com/2013/09/archangel-michael-a-global-reset-of-values-part-22/>.

(3) "Work is a Function of Unworkability" in "The Principles of Largescale Employment Projects – Part ½," October 30, 2018, at <https://goldenageofgaia.com/2018/10/30/the-principles-of-largescale-employment-projects-part-1-2/>

(4) "The Divine Mother Blesses Nova Earth Day, Feb. 14, 2013," at <http://goldenageofgaia.com/building-nova-earth-toward-a-world-that-works-for-everyone/nova-earth-day/the-divine-mother-blesses-nova-earth-day-feb-14-2013/>.

Living Up to a Higher Standard

January 21, 2020

<https://goldenageofgaia.com/2020/01/21/live-up-to-a-higher-standard/>



I was deeply moved by watching Martin Luther King deliver his 1963 "I Have a Dream" speech.

I found myself immersed in inner work in response to it - in between my tears from being moved.

Aided by the buoyancy I felt from listening, at that moment, the penny dropped for me on what Archangel Michael had asked of me on Nov. 26, 2020. (1)

Previously I had no context for his remarks, could find no power within myself that would take charge of a task not understood, and felt confused and impotent. I searched for what he could be asking of me.

Rev. King's speech re-awakened the human-rights decision maker in me and I remembered all I knew then. This was again a huge missing piece for me, one that I had all but forgotten.

Now I had a context to interpret what Michael was saying. The "me" that was called forth on the refugee bench is the "me" Michael was speaking to: That "me" gladly lived by a higher standard.

Oh, yes, someone else would get the realization in their own way. And maybe I only got ten percent of it, but it's what I've called a beachhead of understanding. I have a small bit of dry land I can stand on now.

Yes, the person who sat at the head of the room had to respect the claimant's rights in all ways. All proceedings were recorded. Any decision could be appealed and overturned by a higher court.

The law was requiring me to be the best possible person I could be.

Reflecting on what that brought out in me allows me to both access that side of myself and update the file in all respects.

Realization seems to begin with remembrance.

What Michael was asking of me in November was: Live up to a higher standard. Thank you to the spirit of Dr. King for reminding us what a higher standard looks like.

Footnotes

(1) Archangel Michael in a personal reading with Steve Beckow through Linda Dillon, Nov. 26, 2019. See "On Malware and the Redirection of the Blog," December 5, 2019, at <https://goldenageofgaia.com/2019/12/05/on-malware-and-redirection-of-the-blog/>

Not the Lifetime for the Non-Dual for Me

January 28, 2021

<https://goldenageofgaia.com/?p=316491>



I was asked to speak from the non-dual level where all that's happening is seen to be illusion.

The non-dual, the One is the Truth. Ultimately and absolutely. I bow before the Absolute Truth.

Despite this fact and despite having been outside this dimension several times on what Michael describes as "visits," (1) it isn't appropriate for me to come from a non-dual place (if I could, which I can't).

But I say that not because I can't but because it doesn't fit with a lightworker service contract.

I've discussed this before but I think the distinctions that underlie my situation are important to other lightworkers as well, unless it's their mission to be a non-dual or advaita teacher. (2)

Archangel Michael repeatedly made the distinction with me of needing to serve and thus needing to stay in touch with those I serve; namely, my readers:

Archangel Michael: Because you are a communicator, it is important not only to share the truth of your being, of our being, but also to be able to clearly relate to people where they are. (3)

AAM: It is important that you speak and communicate in language that people understand, embrace and can get behind. (4)

AAM: If you venture, as you would often like, too far ahead of the crowd, then whom are you speaking to? (5)

AAM: When you use the term “dramatic enlightenment experiences” [as I did earlier], you are talking about Nirvana. You are talking about the unity of all with One.

It is not to say that you will not experience that, but you cannot (well, you can if you wish; it is a choice to) simply remain in that state of unity, of One, or be fully conscious, [and be] in service, in action....

So, it is a toning down, if anything. It really is the middle ground. ...

You know that enlightenment is right there in front of you. It is yours to access. But if you are in service, you will not choose to live there. ...

You can think of it as keeping two feet firmly on the ground. (6) [My emphasis.]

So I as a lightworker could not serve and would not want to serve if I was steeped in bliss. The Divine Mother affirmed this as well:

Steve: The experience at Xenia [in 2018], Mother, was that truncated?

Divine Mother: Slightly, yes.

Steve: I had the thought [it was]. ... The Light I saw should have been brighter than a thousand suns. The fact that it wasn't suggests to me that the experience was truncated.

DM: It was not as brilliant as possible, let us put it that way.

Steve: Alright... And again, the reason is to keep me in sync with my readers?

DM: It is to keep you in sync with your readers... But let me be very clear about that. If you had seen the light as it actually is, yes, a million, billion suns... You would have simply departed. ...

We don't mean die but you would have departed the life that you have designed - yes, with us, for yourself, for the service you are providing - you would have departed and simply said, "I do not need to do this. I will simply sit in the bliss of love and good luck, everybody!" (7)

Bliss takes one's cares away. Bliss elevates one to a higher dimension on which feelings of need and loyalty are swept away in an entirely new environment of existence, totally unknown and unsuspected before.

It isn't that you break your service contract. It's that you forget about it entirely. You lack a memory of it. You're steeped in bliss and nothing else matters. And since the Law of Free Will applies in all dimensions, no one disturbs your blissful meditation.

Usually, when I say an experience was truncated, I mean that it lacked this elevating bliss.

Moreover, "non-dual" and "transcendental" are synonyms. If I were in a transcendental state of consciousness, I'd lose my (routine) awareness of this world. (8) Like Sri Ramakrishna's salt doll, which melted upon entering the sea, who would be there to tell the story? (9)

This Third/Fourth Dimensional world exists in a dualistic context and, until we're all standing on the other shore, so will I exist.

Meanwhile, it's very difficult to endure the price of being apart from states of being like higher-dimensional love and bliss. The loss is keenly felt - but necessary.

For me to say this to you is, I think, precisely the reason why the folks upstairs give me spiritual experiences in the first place. They give me experiences and, in light of them, I say to myself, well, I can't stay in bliss. How could I work? And then I report my experiences to you. I operate as a test bed, a guinea pig, and a scout. (10)

So, not this (life)time for the Absolute Truth, as desirable as that is. But the very best of times to sharpen our distinctions and offer the highest of dualistic truths.

Footnotes

(1) Steve: Can you help me make sense of returning to my interdimensionality while not becoming a guru figure.

AAM: It is very simple: Visit; don't stay. (Archangel Michael in a personal reading with Steve Beckow through Linda Dillon, May 6, 2013.)

(2) I'm not a spiritual teacher. I'm a hermit and a writer.

(3) Archangel Michael in a personal reading with Steve Beckow through Linda Dillon, April 19, 2017.

(4) Ibid., Feb. 7, 2013.

(5) Ibid., Aug. 21, 2015.

(6) Ibid., Feb. 14, 2012.

(7) The Divine Mother in a personal reading with Steve Beckow through Linda Dillon, Oct. 26, 2018.

(8) We can tune into it but otherwise we remain unaware of it.

(9) A salt doll went to measure the depth of the Ocean but it could not because the moment it set its foot in the water it melted. The moment we see the Transcendental our personalities melt and we lose our desire to describe the

Indescribable. We are to all intents and purposes gone from our earlier life - or so classical accounts go.

(10) Steve: What would be a higher priority: being a [financial] pipeline or being a communicator?

Archangel Michael: You are thinking either/or, sweet one. But if you're asking me, I will tell you. It is far more important to be a communicator because without the communication of Truth (and we emphasize this, of Truth) and, yes, of course, of personal insight and experience but without that, the pipeline is meaningless.

Steve: So I'm acting as a test bed as well as the [financial] projects being a test bed?

AAM: Correct.

Steve: So it's important that I communicate what I'm coming across.... Okay. (Archangel Michael in a personal reading with Steve Beckow through Linda Dillon, March 28, 2019.)

Emerging from the Old Society to Create a New

January 16, 2015

<https://goldenageofgaia.com/2015/01/16/emerging-from-the-old-to-create-a-new-society/>



We're on a long, hard slog back along a road we took millennia ago.

Back then it was accepted that there was a ruling class. If your king or queen died before you and you were a royal attendant, you could expect to enter the afterlife with them. Great prospects. Rapid advancement.

The ruling elite of today have extended that practice. Now everyone associated with (the corrupt actions of) the elite seems to die - accomplices, whistleblowers, people who happen to be in the wrong place at the wrong time.

We've been conditioned over millennia to put self-preservation first and then to extend that sense of "self" to take in our spouse, our family, our friends, etc. We even extend it to take in our house, our car, our job - anything we identify with. All must be protected at all cost.

Anything can be interpreted through that lens. Seeing so much as necessary to our survival, we spend much time arguing over who gets what, where, and when. We "have to." There is "only so much to go around" and "first come first served." The "weakest will go to the wall."

Self-interest is glorified as self-reliance, rugged individualism, enlightened self-interest. In the years that we've been fascinated with how far the individual can go, or can't go, more and more benefits and money have been taken from the poor and given to the rich.

After Hurricane Katrina, (1) which, as I understand it, was aimed at the black population of New Orleans, not only did no significant aid go to anyone black but at the same time benefits to the poor nationwide were cut ostensibly to pay for the clean-up that never happened. (2)

After the Haitian earthquake, Presidents Clinton and Bush walked off with the proceeds from reconstruction funding. (3) I presume they walked off with the proceeds from the fund set up after Hurricane Katrina as well.

So this is the kind of demoralizing world we grew up in, the kind of corruption that oozed out of it, and the dark team who settled all our affairs of state. To their enrichment.

And now we're climbing back out of it all. We're de-programming ourselves, divesting ourselves of our conditioning, and we're doing it at the same time as planning how to build a new society and a new economy on the ruins of the old.

For us as a planet to contemplate creating a new society that spans the world is major.

To actually raise our sights from the simple welfare of us and our families to that of the human collective, to see the larger picture and then to actually act on it is huge.

To actually rethink as a globe our way of seeing ourselves, others, and the world around us - to totally take an inventory and question everything about us that was formed out of conditioning that has now fallen away, *as a world* - is gargantuan.

But that is what we (and I don't just mean this site and InLight Universal, but all the lightworker blogs and radio shows) are endeavoring to do.

We're laying out what we see as the foundational principles, pointing to the paradoxes, quandaries and pitfalls, and suggesting directions and pathways out of them that the world may wish to take.

We're having a global conversation, talking to the human collective generally. And whether people are listening directly, we're certain what we say impacts the collective consciousness.

All of us lightworkers have been clearing the brush and creating the space for the new world to be born. And now we're raising the structure and starting the processes that will mark its birth.

Without you supporting this blog to carry on the work I just described, well, that'd be the end of us. The end of this particular discussion. The break-up of a wonderful team of journalists, TV reporters, prosperity-fund managers, and heaven knows what else. The end of a dream.

Your support is necessary if we're to carry on.

We know we're being asked by the Company of Heaven to go through these circumstances and that, if we can just start the engine of partnership, the rest will come naturally.

So we ask you: Please help us start the engine. Please go to the "Donation" page and fill out the form to make a voluntary monthly subscription.

Financial support we must leave to you. The inspiration, vision, and motivation to build a new world you can safely leave with us.

Footnotes

(1) "Katrina's course was steered by weather control measures." (Matthew's Message, Sept. 22, 2005, at <https://www.matthewbooks.com/mattsmmessage.htm>.)

"Now, did weather control technology play any part in this storm's intensity? Indeed it did!" (Matthew's Message, Aug. 31, 2005.)

While I cannot find the reference that directly links Katrina to an attempt to dislodge blacks from New Orleans, here is Matthew making an oblique reference to it:

"[President Bush] is committing billions of dollars to rebuild a wealthy 'white' New Orleans, which means incurring billions more to establish permanent resettling of the vast majority of the people who were evacuated." (Matthew's Message, Sept. 22, 2005.)

And another indication of it: "Were 5,000 Prisoners Executed After Hurricane Katrina?" June 8, 2010, at <https://goldenageofgaia.com/2010/06/08/were-5000-prisoners-executed-after-hurricane-katrina/> .

(2) Harold Myerson, "Gunning for the Poor," *WashingtonPost.com*, Oct. 19, 2005, A21.

(3) "The earthquake [in Haiti] was not of Mother Nature's making. It was the intentional work of those among you who have the technology to create such catastrophic planetary upheavals. In this case, it was to cover an attempt to move through Haiti a vast fortune from its discovered hiding place to a secret destination." (Matthew's Message, Feb. 14, 2010.)

"Somewhere along the way will emerge the Bush and Clinton families' involvement with the Rockefeller Illuminati faction that helped to mortally bleed the coffers of the United States. Did you think it rather ironic that both of those former US presidents rushed to show their keen interest in what was going on in Haiti?" (Matthew's Message, Feb. 14, 2010.)

"With so much money donated for the reconstruction of Haiti after the earthquake a year ago, why is that country still a disaster zone?"

"Because those funds were stolen by the Illuminati after their technology caused the quake - that stealth is why former US presidents Clinton and Bush rushed to Haiti so quickly after the quake." (Matthew's Message, Jan. 15, 2011.)

"The devastation in Haiti [was] intended to disrupt actions underway to remove the Illuminati's tentacles on untold wealth and their toehold on the global economy." (Matthew's Message, Feb. 14, 2010.)

Letting Go of the Old and Embracing the New: The Way of Nova Earth

February 14, 2013

<https://goldenageofgaia.com/2013/02/14/letting-go-of-the-old-and-embracing-the-new-the-way-of-nova-earth/>



When a really important day arrives, we have the best possible chance to say something, have it be heard, and see an important change take place.

I'd like to use the occasion of Nova Earth Day to say something that's for me very important. That's to discuss what there is to do, in its most fundamental form, to build Nova Earth.

Building Nova Earth is a task we've been invited to take up by many - the Divine Mother, Gaia, Archangel Michael, Sanat Kumara, Jesus, Saul, SaLuSa, the Arcturian Group, etc.

The most useful thing we can say about what there is to do to build Nova Earth is that it has two components: letting go of the old and embracing the new.

Getting adept at this two-step dance is the order of the day - today and for years into the future.

Moreover, much of what's involved in letting go and embracing the new is either simple or needs to be made simple. Since we're having a global conversation, a human conversation, all our conversations need to be simple. They need to identify the highest common denominator in the simplest language possible.



Anger, self-righteousness, even arrogance can be enjoyable. Or we wouldn't embrace them.

So for example the simplest action plan for letting go of anything is just to stop. To let go of the discrimination and persecution of women on this planet, simply put, requires us to stop. That's simple enough to convey.

It's after we stop the objectionable behavior that things can sometimes get difficult. Then the vasanas (archaic reaction patterns) erupt - the situations, conclusions and decisions that kept the behavior in place in the first instance.

Outlasting the call of the ego to continue the behavior, understanding what drives us, not re-engaging in the familiar patterns of harm - these may take reflection and courage. But, even there, stopping remains the key.

We need to stop responding to the call of the vasana and simply observe it in order to get the insight that comes from watching and listening to it.

So much for letting go of the old.

Embracing the new can be a wee bit more difficult because, whether we want to admit it or not, we have, until now, gotten satisfaction from the old.

We get certainty, pleasure, delight, and so on from doing the unworkable things we do. It can be fun to get drunk. Feeling more powerful than another can be a rush. Winning is great. So what if another loses? That's their problem, right?

Furthermore, in the beginning, we may not get immediate gratification from embracing the new. That's what makes it so hard to do the right thing. Fewer biscuits from that. And the biscuits we do get we often have to wait for.

Truly, for me anyways, it takes some commitment to lay new track. But then - and this is especially true for me in these times of rising vibrations - the real reward for embracing the new (and not just anything "new" but the divine qualities) is the bliss that results.

Granted bliss does not come right away, and it comes more fully the more we complete our vasanas. But when it does come, it reveals itself as the reward for all action pretty quickly.

And we have some pretty powerful friends on our side - all the higher-dimensional sources who are sending increasing amounts of love and light to this planet that are raising our vibrations. In the face of them, it's becoming easier and easier to do the right thing.



The right thing in regard to gender relations is to refrain from harmful activity, level the playing field, and take pride in not allowing ourselves to perpetrate against another.

How are these courses of action related to the divine qualities? Harmlessness, equal-mindedness, and fairness are all divine qualities. Never before in recorded history have these qualities brought the level of reward they do now.

The impact of the rising energies is to prompt us, pull us and push us towards living the divine life. We're getting a lot of help and it's making it easier to transition from the old ways to the new.

This is just one illustration of the fact that life these days is probably all about, and will be all about for years to come, letting go of the old unworkability and embracing the new workability.

And, yes, we get a reward from making that transition. The biggest and most satisfying reward is bliss.

So what is there to do to create Nova Earth? Let go of the old ways and embrace the new. And what are the new ways? They are, all of them without exception, extensions of the divine qualities.

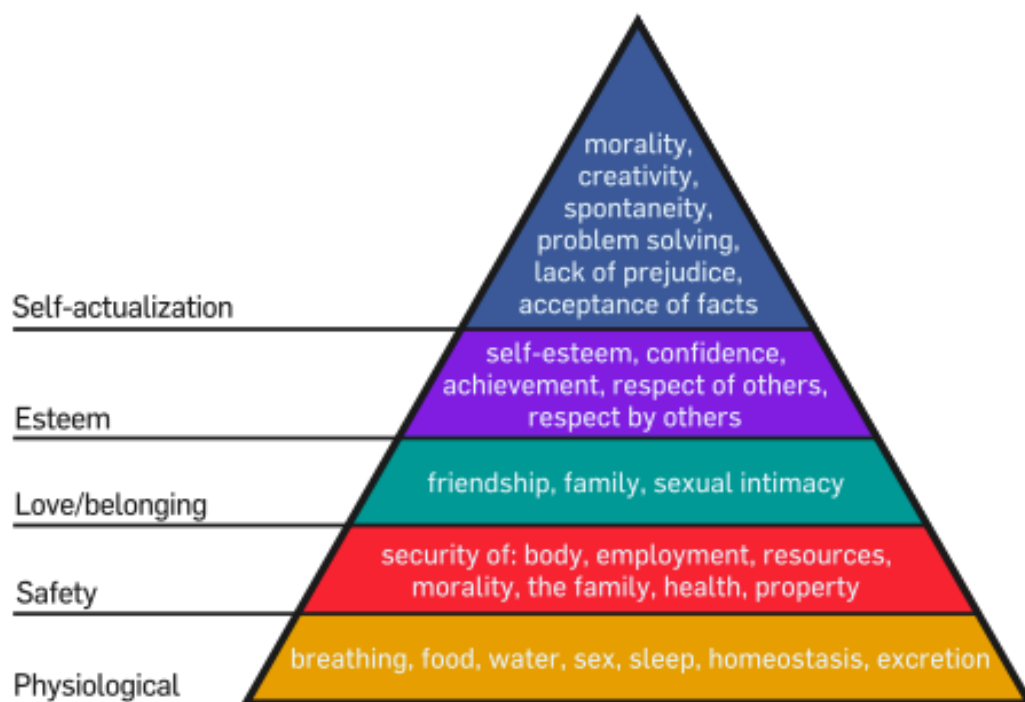
All of this is simple.

And the rising vibrations furnish us with ever greater rewards for actually doing it. So what there is to do in life is for each of us to let go of the unworkable and embrace the workable, let go of the divisive and embrace the unifying, let go of the self-serving qualities in life and embrace the divine.

Time to Begin the Planning of a New World, a World that Works for Everyone

January 4, 2013

<https://goldenageofgaia.com/2013/01/04/time-to-begin-the-planning-of-a-new-world-a-world-that-works-for-everyone/>



"The next part of your Ascension is with Mother Earth, and with our help to create a new Earth that is befitting souls who are growing exponentially and becoming fully conscious Beings. You will then be able to call yourselves 'Galactic Beings' and the doors will open to even greater opportunities than you have ever experienced. Your rate of progress is entirely up to you, and once you have made your decision you will have plenty of help from us."
(SaLuSa, Jan. 4, 2013.)

I said earlier that I regard it as time to begin thinking in terms of beginning our world service. I suggested two organizing principles we might begin thinking in

terms of, to start the whole process of creating the context of a New World, a world that works for everyone. (1)

I now want to suggest four areas of the globe to begin focusing our love on as an exercise in beginning to concentrate our attention on areas of the world in which much work needs to transpire.

I don't mean to suggest that anyone needs to go along with my suggestion of areas. My intention is simply to start the ball rolling and the final outcome of these discussions may be very different than the first go-round.

They're the areas of the globe usually thought of as the Middle East, South Asia, Sahel/Subsaharan Africa, and Middle Latin America.

I don't want to define those areas overly much. What each of those terms means for you is acceptable to me. But perhaps I can say a word about what I think they should include as a minimum.

As a minimum, the "Middle East" should include Syria, Israel, and Palestine; Afghanistan, Iraq and Iran. These are areas that have been embroiled in conflict, either native or imported, for millennia, have been largely or partially unsuccessful in extracting themselves from it, and need our combined focus and help to make the transition to peace, equality, and wellness again.

As a minimum, South Asia should include Pakistan, India, and Bangladesh; Myanmar, Thailand, Laos, Vietnam and Indonesia. These are areas of intense exploitation by First World powers and conflict between majorities and minorities.

As a minimum, Subsaharan Africa should include all the countries below the belt of Arab countries, but most intensely the band of Sahel or Subsaharan countries from the bulge of Africa in the West to the Horn of Africa in the east.

As a minimum, the Latin American countries I'm suggesting we focus on are those that have been ravaged by the drug trade and intensely exploited predominantly by the American military-industrial complex ranging from Mexico in the North to Columbia in the South and including all states in between. Mexico may feel that it doesn't need to be included in this focus. However, until the drug trade is eliminated, I personally believe it should be.

That's not to say that all areas of the world cannot use intense attention, but rather that these areas have been exploited the worst and need the first immediate attention if we're to raise the vibrational level of our planet and rescue its citizens from poverty and helplessness. It's also to say that the revitalization of other countries in the so-called First World would be designed to be accomplished in the very process of turning their attention to the areas named.

I'm suggesting that other areas of the world uplift themselves in the process of focusing their attention on these areas. And NESARA will be the means of doing that.

For those unacquainted with NESARA, the term stands for "National Economic Security and Reformation Act," and has become synonymous with a global abundance program that is near to being introduced that will redistribute the world's prosperity equally and fund the revitalization of the world and the terraforming of the globe.

What's needed immediately is that attention be focused on those matters which form the bottom rung of Abraham Maslow's hierarchy of needs. Our efforts would then work their way up the pyramid of needs once the bottom level is assured.

Among the needs listed on the first rung of Maslow's pyramid is "sex." I'm not sure what Maslow meant by the term but assume he was referring to procreation.

I'm not sure if the first rung of needs can be met without putting in place elements associated with the second rung; for instance, security of the body and of property. But I ask us to begin the process of discussion and planning now which will answer questions that can be expected to immediately arise such as these.

Our concerted assistance is postulated on the arrival of NESARA. But we cannot wait for word that NESARA is in place. I believe the time to begin discussing and planning the world's revitalization is now.

I'm not offering myself as someone who's knowledgeable in the areas that we need to explore to tackle the unworkability in our world. I'm only a motivator. I ask you to refrain from focusing on my own inadequacies, which are legion, and simply respond to the call.

Your expertise is what's needed. *Your* taking the conversation another yard down the road is what's requested.

I'm calling for a global conversation to begin on how to approach turning the affected areas of the globe from regions of poverty and exploitation to regions of self-sufficiency and sovereignty.

Footnotes

(1) The phrase originated with Buckminster Fuller and was popularized by Werner Erhard:

"Each of us has the opportunity, the privilege, to make a difference in creating a world that works for all of us." (Werner Erhard, *A World That Works*, 1980, cited at <https://www.worldthatworks.org/>.)

“Transformation does not negate what has gone before it; rather, it fulfills it. Creating the context of a world that works for everyone is not just another step forward in human history; it is the context out of which our history will begin to make sense.” (Werner Erhard – *A Shot Heard Round the World: A World that Works for Everyone* at <https://www.scribd.com/doc/143329822/Werner-Erhard-A-Shot-Heard-Round-the-World-A-World-that-Works-for-Everyone>)

See also Werner Erhard, *The Hunger Project: The End of Starvation. Creating an Idea Whose Time has Come*. San Francisco: Hunger Project, n.d., p. 3.

One World Government vs. ... One World Government: Choose

June 15, 2020



The downside of memes is that they collapse and obscure useful distinctions, foster shallow thinking, scare people away, and lead to unwise decisions.

For instance, no matter what we call it, it's probable that Planet Earth will one day choose and create "one world government."

Now the minute I say those words, lightworkers may react with a grimace. Immediately I'd be suspected of having a secret tie to the cabal. Some would move to Def Con 3 (I'm making this up), arm their missiles, etc.

But there's nothing in the words "one world government" that requires us to respond this way. Most planets more advanced than us, I'm willing to bet, have a planetary level of government.

It's all in the behavior of the people, what they do with that government.

In the hands of people with ill intent who will stop at nothing to retain power, one world government is tyranny and exploitation.

In the hands of the wise and compassionate, it could be a great blessing.

I'd be surprised if such a government (and I'm imagining now) were anything but conciliar. Most folks I've listened to on the other side of the veil, when they refer to some form of high-level government, speak of high councils, councils of love, councils of light.

Of course my whole line of thinking about government is tainted by right/wrong, good/bad, success/failure, etc. I have so many memes knocking around in my head, I need mental earplugs.

In my mind, I have this group of bad guys over there who have to be shown the door to protect this group of good guys over here, God's elect, the Children of the Light, and so on. All is war and pandemonium inside my mind.

I think the hardest idea for me to get - and it may be the same for some others - is that all of us - each and every one of us - is going to reach God some day. As Sri Ramakrishna said:

"All will surely realize God. All will be liberated. It may be that some get their meal in the morning, some at noon, and some in the evening; but none will go without food. All, without any exception, will certainly know the real Self." (1)

The mafia are going to reach God some day? The drug lords? The triads?

"Every eye shall see him." (2)

You mean no one will be destroyed and the guilty won't get their just desserts? "The Lord is ... not willing that any should perish." (3) But shall have everlasting life - i.e., freedom from birth and death or Ascension - one day.

OOOOKKKKK.... We're not used to taking that long a view.

But the celestials and galactics are. We heard Archangel Gabrielle the other day speaking of "in the very beginning" of our journeys of individuation. (4) Wow. That IS a long view.

Taking this umbrageous perspective, the drug lords and mafia are seen as errant souls (on a scenic detour) whom karma will eventually enlighten. And hence how the celestials and galactics relate to the drugs lords and the mafia is probably much, much different than how we do.

Their view conforms to the way things are. Our does not.



But back to "one world government." What shape or form a new planetary government might take is up to us. What "us" is is also up to us. Prediction: What "us" is will only get more and more inclusive as the energies rise, until it reaches the threshold for the flow of higher-dimensional love; namely, universality, oneness.

Following on Pixie's advice, I think we need to study what went wrong. (5) And we need to know why it went wrong. Desire for power? Polarization of opinion? Belief in scarce resources that must be fought over?

Then we need to say "No" to unwholesome practices. And no. And no. And no. (6)

Then we need to express our appreciation to the dark hats for playing their role and speed on their way those who choose to continue in it. (7) Our rising vibrations will take us above the level where those kinds of activities can continue.

Regardless of what we do or don't do, every sentient being is destined to return to the One from whom they came. From God to God on a journey of enlightenment; that is laid on. In my opinion, if we got that down to our toes, I think it would shift matters for us.

Footnotes

(1) Paramahansa Ramakrishna in Swami Nikhilananda, trans., *The Gospel of Sri Ramakrishna*. New York: Ramakrishna-Vivekananda Center, 1978; c1942, 818.

(2) Rev. 1:7.

(3) II Peter 3:9.

(4) We in Third/Fourth Dimensionality (encased in a human body) cannot take that long view - usually. An incarnated avatar might be an exception.

(5) "It is your spiritual DNA, it is what you have decided, how *you have decided* to be birthed, *in the very beginning*." ("Transcript: Heavenly Blessings: The 12 Divine Rays with Archangel Gabrielle," channeled by Linda Dillon, February 18, 2014, at <http://goldenageofgaia.com/2014/03/transcript-heavenly-blessings-the-12-divine-rays-with-archangel-gabrielle-february-18-2014/>.)

Magenta Pixie's first of three steps. See "Magenta Pixie: Three Step Process to Stargate Ascension in Lockdown (Full Monadic Download)," April 16, 2020, at <https://goldenageofgaia.com/2020/04/16/magenta-pixie-three-step-process-to-stargate-ascension-in-lockdown-full-monadic-download/>

(6) Pixie's step two.

(7) Pixie's step three.

The Big Change – Part 1

May 8, 2020

<https://goldenageofgaia.com/2020/05/08/the-big-change-part-1/>



If we were to see the ending of the careers of corrupt politicians, of big business's control over the finances of the world, of the military-industrial complex's grip on the world, etc., I think we could all agree that we'd be in a time of terrific, even revolutionary change.

We may be saying to ourselves, "I hate change!"

It was so comfortable before, even if I wasn't getting ahead and had no future. No job. No prospects. Having increasingly to rely on family and friends.

We liked our little prisons because we could decorate them as we pleased. And we lived our lives comfortably.

But if we're living in a time when tens of thousands of imprisoned children are being released from a tortured captivity that we weren't even aware of, (1) when a total revolution in the global economy is just around the corner, when humanity is

united as it never has been before because of a pandemic, then now is the time to act.

Only a community endeavor would, under ordinary circumstances (that is, pre-Reval), be able to get us through the recovery phase ahead of us. If anything, the pandemic has impoverished large numbers of us. How much lower do we have to go?

It's only in the depths such as we're about to enter that a community draws together and acts.

It'd be better if we had a plan, rather than simply reacting chaotically.

What do I recommend?

Well, I'd first of all act on the President's Executive Order of Sept. 21, 2017 and sequester the proceeds of everyone connected to serious human-rights abuses. (2)

That includes human traffickers/slavers, the makers of viruses and vaccines that spread disease globally, the spreaders of chemtrails that cause disease, mafiosi, drug cartels, "merchants of death," corrupt judges who sentence youth to (private) prison for petty offences, the operators of those private prisons....

I think you get the picture. All of them are guilty of serious crimes against humanity and human-rights abuses, some of them on an omniscient scale (like this pandemic).

Then I'd recommend using that sequestered money to create a fund that would provide the following Six Point Plan - in North America first and then elsewhere. This would be on a perpetual basis, anticipating a global currency reset. (3)

The Six Point Plan

One, universal basic income covering all normal living expenses for every person living in that country, lesser for young children (under twelve). Everyone has their basic expenses in life covered and can choose to work on top of that.

Two, universal (free) medicare, pharmacare, and dental care. Public health of excellent standards available to all people living in that country, without distinction.

Three, universal accessibility to all levels of gender-equal education (K-Ph.D.) for all people living in that country.

Four, universal elder care, child care, and single-parent care.

Five, the elimination of personal debt.

Six, the elimination of the national debt.

That's what I'd do.

Too often in the last forty years, we've chosen to have a race to the bottom. OK, here we are, at the bottom as a world, a global dark night of the soul.

Many businesses have shut down. Many jobs have been lost. Many people's savings are gone. Credit card debt to the max. People living from paycheck to paycheck on several part-time jobs are hard hit.

We need to step up to the plate, begin thinking of ourselves as a world, and take loving care of our global family.

Those are my recommendations. This is the program I'll be working on after the Reval.

(Continued tomorrow, in Part 2.)

Footnotes

(1) I was aware of it but I was stuck in "it's too big. There's nothing I can do about it." So I left the solution of it to others.'

(2) *Executive Order Blocking the Property of Persons Involved in Serious Human Rights Abuse or Corruption*, December 21, 2017, at <https://www.whitehouse.gov/presidential-actions/executive-order-blocking-property-persons-involved-serious-human-rights-abuse-corruption/>

(3) A planned global reset of currency values, including a return to the gold standard, is in process, which will provide large funds to lightworkers for humanitarian purposes.

See *Financial Wayshowing and Stewardship* at <https://goldenageofgaia.com/wp-content/uploads/2019/09/Financial-Wayshowing-and-Stewardship-R18.pages.pdf>

The Big Change – Part 2

May 9, 2020

<https://goldenageofgaia.com/2020/05/09/the-big-change-part-2/>



(Continued from Part 1, yesterday.)

The point I wanted to make however is: what do we do in the face of this constant change to maintain our equilibrium, our balance?

Things are going faster than I can keep up with.

What do we do?

I can only say what I do, which I've been doing since childhood, but which a boss later called "getting your arms around it."

I say: We need to get bigger than the situation we face.

That's only one way of handling it but a way that's worked for me, who likes the big picture anyways.

What do I mean by it?

Well, I imagine myself getting bigger than the planet and therefore having the view of the entire globe.

And I then experience the feelings or vibrations that I sense from the various countries. Next I allow my mind to feed back to me what I know of the situation on the ground. Now I'm starting to open to the bigger picture.

And then I look at universal factors.

We all need food. We all need shelter. We all need access to the best medical care available. And so on. I'm now beginning to *think* bigger. I'm now thinking globally.

That's how I do it. (1)

The real hurdle is in getting over only thinking about what's best and most loving for us personally and beginning to think about what's best and most loving for the whole human family. (Think globally, act locally, they said in the Sixties.)

The minute you get near to this territory, you're called a communist, socialist, leftie, whatever. Ridicule is a recognized attack strategy. (2)

Putting that aside, we can't let the opportunity this pandemic represents pass us by. It's had us as a world act together to end a global threat.

Think and act globally we must. That's the big change.

That's where we need to go, in my view, as the one global family we're showing ourselves to be in response to the pandemic. I'm not talking about our leaders. I'm talking about us, whom we watched in every corner of the globe via stories of the world's response to the pandemic.

We saw our commonality. Oh, gosh, there's their coffee shop. There's their drug store. Their streets look just like ours. They're waving to us from their balconies. They're banging their pots. The first message that came across was: "Just like us."

Black/white, Muslim/Jew, Christian/Muslim, rich/poor, whatever, just like us.

It's said that travel broadens the mind. So does televised coverage of life elsewhere.

The second message that came across, again unitive, was: "We're all in this together." We all faced a common threat and it brought us all together.

I'm not sure the cabal foresaw that. Our harmony will again foil their plans.

All of us need to take the first step to sharing the wealth more equally around the world.

That first step should not be threatening to anyone. It is to follow the President's plan to sequester the wealth of serious human-rights abusers.

The President mandated it in his Executive Order of Sept. 21, 2017. That money could be used to finance the program I just outlined.

The program I laid out is not communist, not socialist. (3) The program is humanitarian and compassionate. It eminently accords with Jesus's teachings, such as "love one another as I have loved you."

It compensates people for what they've been put through.

What have they been through? Again big picture:

Everyone endured the automation of work, the buyer's market for labor it created, and the fall of trade unions.

We endured jobless recoveries from periodic recessions, which recessions were nothing more than a means of shedding workers.

We lost pensions, medical plans, dental plans, and all other benefits. Reasonable salary increases. Permanent employment. Opportunities for advancement. All these became things of the past.

We suffered under weather warfare attacks by HAARP - hurricanes, earthquakes, flooding. We suffered from chemtrails, viruses, and vaccines.

And now we face enduring privation on a global scale. Will we let this be another jobless recovery, where we shed millions more workers?

Or will we have it be a wholesale, tectonic shift in our values and actions.

There are so many forces behind the scenes acting on our behalf, some of them dying for us. The part of the program that I just outlined falls to us. I don't want their sacrifice to have been in vain and I'm sure you don't either.

I've provided a platform, a package of services, which I make freely available to anyone. Let's globally enact this basket of universal services and make the big change. (4)

Footnotes

(1) Watch my critics try to shame me for looking inwards to get a sense of what's happening in the world. And yet I'm consulting my knowledge gleaned from research and stored in memory and the sense I've generated as a result of it.

(2) Developed by the CIA. As a number of leaders have observed: First comes ridicule. Then comes anger. Then comes agreement and protests of obviousness.

(3) I once nearly flubbed a Ph.D. exam because, in reply to a question about Karl Marx, I acknowledged that I had never read him and didn't care to.

(4) There's no need to credit me for any of this. Just take it and run with it.

How can We Contribute to Change without Chaos? (Repost)

January 19, 2021

<https://goldenageofgaia.com/2021/01/19/how-can-we-contribute-to-change-without-chaos-repost/>



I'm certainly in creative chaos. Am I feeling the collective consciousness at work, with Jan. 20 coming up?

I'm working on two books at once, something I've never done before. I have two books open on my screen and online folders from which I'm taking articles and working them into the books.

If I had two screens, what might I be doing? (Just kidding.)

Please see this as a sign of the times. The energies must be rising for me to work in this relatively-unbridled way. There are all kinds of subtle - and not so subtle - indicators that we are gradually ascending.

Also: We may want to remember what the Divine Mother said that, if it doesn't make your toes want to tap, don't do it. (1) My toes are tapping. I'm hungry to get to work in the morning. This work definitely is my reason for getting up. And I assert that this enthusiasm is the indicator that we're on mission. (2)

But that isn't why I've stuck my nose in here. I'm in here because, in the course of this enjoyable work, I came across a really relevant article on what our role is while many in the world go a little mad around us.

Remember: If you can keep your head while all around you are losing theirs?
(Kipling) Well, if Jan. 20 is not an invitation for someone to go off the deep end, I can't think of what other event would be.

So what is our lightworker role in that kind of a situation? What is the Company of Heaven asking us to do?

I came across this article by chance - nudge, nudge, wink, wink. It addresses the matter. I've revised it to make it current.



How can We Contribute to Change without Chaos?

January 10, 2020

As we learn how to use the collective consciousness, (3) we have to know how to contribute to change without chaos.

Let's see what the Company of Heaven has to say about that.

Let's start with Hilarion, who addresses the matter squarely. He says that no matter how much change there is in the external world, our essence - the Self - does not change.

Think about that for a moment. The one thing that does not change - the God-matter of the Self. OK, OK, love. The love that we are; the love that the Self is; the love that Mother/Father God is.

Remaining as that love - remaining balanced and grounded - will stabilize the situation and thus contribute to keeping change from becoming chaos in these times, Hilarion suggests.

"Yes, change is upon you. Change is upon all humankind and the Earth. Everywhere you look there is change, but within you that which you have worked towards in your mastery of life to this point is still there. The core essence of your being is always there. It unfolds and expands, if you allow it.

"Therefore, that is a part of you that never changes and this is a part of you that, when taken into collective consciousness, helps to maintain the stability of the energies during these times." (4)

Knowing this, we could be doing group meditations tomorrow, Jan. 20, 2021.

So by abiding as our essential, loving Self, we lightworkers are helping to maintain the stability of the energies around us. Our centeredness, groundedness, and balance help to keep things stable.

He continues:

"All is unfolding, changing and renewing. It does not necessarily mean that it is not the highest outcome. It means simply that it is time to ride with it. You have the tools, you have the experience, you have the knowing – just remember this." (5)

He's advising us to "ride with it," to flow with change. He says that at some level we've experienced and know this.

The missing piece here is that flow is the way things work in the higher realms. A much higher proportion of women, in my knowing, flow than men so it may be a little harder for us men to connect with flow.

Moreover, encased in physical bodies, we don't flow generally as much as people do in the higher dimensions, where they're freed from this degree of physicality.

This body is a non-conductor of the finer emotions in general so, whether we flow or not, we don't flow in the unreserved manner in which they do above us.

Hilarion advises us to endure through the times when our efforts are demeaned because we who have chosen peace are having an effect on the collective consciousness.

"That which you think about, act upon and speak is affecting the collective consciousness so those who choose peace, those who choose to follow their own authentic self - do not become swayed by those who would try to demean you because you do not have the same perspective on what is occurring upon your planet at this time. ...

"Soon there will be a new perspective, a greater and deeper comprehension and understanding of all that is occurring during these times." (6)

That must be comforting to those who've been scorned so many times and in so many ways ... and yet have kept going.

That new perspective will be more friendly to what we have to say. And we've had time to think these matters through to be of help when our help is sought.

We listened to Matthew Ward explain how the collective consciousness and energy field of potential work. (7) The Hathors tell us that such an understanding and widespread acceptance can lead to social unity.

"When humanity comes to understand the energy at work sustaining your reality and the fact that your very spiritual essence is comprised of such energy, the oneness of your collective consciousness will be understood and the fact that you're all interlinked and can feel each other's energy and emotion will be understood as well." (8)

The understanding of oneness will greatly contribute to change without chaos.

To summarize, in my view, remaining balanced is one of the best ways lightworkers can contribute to change without chaos. Flowing with things is another. Understanding our oneness is a third.

Our being loving at this time, whether we are active externally or not, is our greatest contribution to restoring peace and balance to society.

A time will soon arrive when the old paradigms will not suffice and new paradigms will arise. Persevere till then.

I suggest we all calm down, relax, remain centered, and send our love out to the world throughout tomorrow. (9)

Footnotes

(1) Divine Mother: Does it bring joy to your heart? Does it ignite that wonderful smile in your tummy? Does it make your feet tap, wanting to get going? Does it feel like love? Does it feel that you could take this project, whatever it is, and show it to me in full confidence and pride that this is something that you are offering yourself, each other, and the multiverse, the omniverse.

Now, if it does not give you that feeling, then set it aside. Go on to the next idea. Because the inspiration that you are being flooded with — and I mean each and every one of you - [means] you are not in a lull. You are overwhelmed with ideas. So go to the next one, and say, all right, is this the one that makes my heart sing? And it may be a multitude of steps.

Do what feels like unbridled joy. That is how you create Nova Earth. That is how you say, as a human, as a creator race, this is how I work with the elementals, with the kingdoms, with the devas, with the planet, with my guides, with my star brothers and sisters, with the Company of Heaven. ("The Divine Mother Blesses Nova Earth Day, Feb. 14, 2013," at <http://goldenageofgaia.com/building-nova-earth-toward-a-world-that-works-for-everyone/nova-earth-day/the-divine-mother-blesses-nova-earth-day-feb-14-2013/>.)

(2) Enthusiasm, in my opinion, is a very high state. But again, like anything else, it has to come from a balanced space.

(3)) See "How the Collective Consciousness Works and Why It's Important," January 8, 2020, at <https://goldenageofgaia.com/2020/01/08/how-the-collective-consciousness-works-and-why-its-important/>

(4) Hilarion, Nov. 27, 2016, at <http://www.therainbowscribe.com/hilarionsweeklymessage.htm>

(5) Loc. cit.

(6) Hilarion, Nov. 15, 2016.

(7) This article followed after "How the Collective Consciousness Works and Why It's Important," *ibid.*

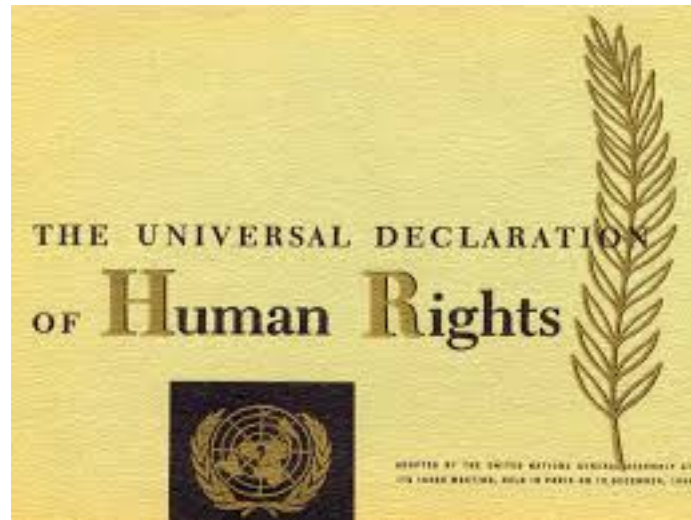
(8) "The Hathors: Influential Awakenings, Accepting Unexpected Truth and Creating Collective Revolution," channeled by Wes Annac, August 16, 2013 at <http://aquariusparadigm.com>.

(9) Breathe love up from the heart on the inbreath and send it out to the world on the outbreath.

The Rule of Law, Human Rights, and Universal Law

March 8, 2019

<https://goldenageofgaia.com/2019/03/08/the-rule-of-law-human-rights-and-universal-law/>



Part 1. Rule of Law

I'd like to look at three stages in the emergence of civilization among humans.

My look is bounded by my knowledge and my knowledge is restricted to the Anglo-Saxon world in general and the British parliamentary tradition in particular.

Sorry. That's all I know and there's no time any longer to study at greater length. This must therefore be an opinion piece.

The usual milestone setting this ball of democratic civilization in motion in the English-speaking world is said to be Magna Carta, signed in 1215, and its reaffirmation and expansion to include a sitting Parliament in the Oxford Agreements of 1258.

Magna Carta contained an agreement to renounce the rule of force in favor of the rule of law. This was a basic shift in principle and took centuries to integrate and make part of the social fabric. Kings, queens, and aspirants were still murdering each other centuries after the signing of Magna Carta. (1)

The Oxford Agreements caused another great shift in context. Now the vision was put forth of how the very rules of law which would supplant the rule of force were to arise. A parliament, which expanded to include not only lords, but squires, burghers, and, eventually, women, now wrote the laws which were to supplant the rule of force.

This parliamentary and lawful philosophy of political life has expanded through the centuries but the use of force persists. It's been said that a major reason for this is the failure to include women in the total process of life on this planet. Global society lacks their calming influence.

Part 2. Human Rights

Its progress was very slow. Did it need to be so?

Not when the far-seeing among the population distinguished out the principle of "human rights." (2)

The American Founding Fathers enunciated these principles. There were deemed to be inalienable rights that "We the People" have, certain *human* rights. The Constitution and Bill of Rights could be considered a second Magna Carta.

While still only a step along the overall path, (3) the emergence of agreement over rights respected in every human being was the first vote of this world for total inclusivity. It had the potential to shatter most ceilings on being and achievement.

The initial impetus of the French Revolution was to assert the power of the people over the power of force, but even that came through the use of force.

It showed the unstoppable desire of the people for freedom, a lesson that persisted but was nearly lost in the early Twentieth Century. And nearly lost again in the Cold War. And nearly lost again closer to today. OK, today.

In 1945, after nearly annihilating ourselves, the world agreed to what some of those human rights might be. This became what one might consider the third Magna Carta, the Universal Declaration of Human Rights.

It's my impression that human rights are not observed in most countries. I sometimes consider the places where they (reputedly) are to be islands in a sea of

repression. Repression of women and children primarily, as one would expect from people who use force (expend the least force to make the most difference). But repression of men as well, often making entire populations suffer (Armenians, Tutsi, Ruhingya, Gypsies, Jews, Bahai, Syrians, Yemenis) .

Part 3. Universal Law

Something about human rights did not result in a permanent shift in our world.

Well, nothing as long as we stay within a certain realm.

Einstein said we could not solve some problems thinking from the same level from which we created them. And that's so true. So far I've been staying within a box called "empirical materialism." (4) But I'm now about to take a step out of it.

To find the answer, we have to introduce into the equation something ignored so far - the fact that there are universal laws that operate in the universe.

If we act in accordance with them, our lives blossom. If we act against them, we get to experience whatever the consequences of those actions are. Both outcomes are instances of cause and effect or karma.

But wait a minute. Did I not just state the operation of a universal law? I did.

Human rights lay down a framework of ethical and moral conduct. But universal laws go farther. They describe how this universe operates, this learning experience we're having, which is destined to awaken us to who we are (God). These laws are powerful and direct. (5)

This isn't the place to go into universal law. Perhaps I should leave that to Kathleen.

But it is the place to point at the major shift that's destined to happen as our group consciousness rises.

We'll more and more understand the universal laws, just as we understand the Universal Declaration of Human Rights. And we'll seem to be alchemists, compared to the way we used to be. Life will improve dramatically and in every respect.

Respect for universal law is the next major consciousness shift in a world that:

- agreed to the rule of law over the use of force,
- agreed to rule by a parliament of all the people, charged with making those laws,
- agreed to power residing in the people,
- set out the inalienable rights of all humans,

and now contemplates how the world - and the universe - works.

Footnotes

(1) World War II proves the the depths of depravity human beings are capable of. In many countries to this day the rule of force persists. Whole populations are kept under control by cultural police who send "transgressors" to prison (Iran). Whole populations are attacked and forced to flee the country (Myanmar). Whole populations are macheted to death (Rwanda). Genocides are more discrete but just as complete, justified by theories of Anglo-Saxon/white man's superiority (Canada).

(2) We don't yet extend it to the animal kingdom or the planet.

(3) Are we alone?

(4) The paradigm that only what we can see, hear, feel, touch, etc. is real.

(5) I once had a sports car - a Triumph TR4. I drove it across Canada and was constantly having to bring it into repair shops because it putted along.

Finally one repairman reached under the hood and grabbed a small pipe perhaps three inches long. He said, "There's your problem. It recirculates your air. You don't want your air to be recirculated" and threw it away.

My car worked perfectly after that.

The car with the pipe on it is human rights compared to the car without the pipe, which is universal law.

The car works, but not very well.

The Principles of Largescale Employment Projects – Part 1/2

April 8, 2020

<https://goldenageofgaia.com/2020/04/08/the-principles-of-largescale-employment-projects-part-1-2-repost/>



From 1995.

I became aware of the impact of automation on employment in 1991 and soon began to write articles on it. (1)

By 1995, when the first version of this article was written, I was looking into the principles of creating largescale employment projects.

Very soon we'll launch into the building of Nova Earth and these principles have never seemed more relevant to me.

We've been told that it's time to re-examine all our limiting beliefs, look at processes as generically and globally as possible, and borrow from what often lies in front of us to come up with radically-new solutions to creating a world that works. This article is meant to be a contribution to that outcome. In two parts.

At a time (1995) when the bottom is falling out of the economy, when we've automated people out of work and shipped whatever jobs remained overseas, I think we need to seriously look at how to put our population back to work. The following principles may clarify, and can be adapted to, the work of creating largescale employment projects.



(1) Work is a Function of Unworkability

The first principle underlying the creation of largescale employment projects is that work is a function of unworkability.

If we think about it, workability is invisible and only unworkability is visible.

Any tool or machine that works usually doesn't attract our attention. But the squeaky wheel does and it gets the grease.

My computer, as long as it works, receives little or no attention from me. However, the minute it ceases working, I swing into action, attempting to fix it myself or having it repaired or replacing it.

With the exception of preventive-maintenance programs, we usually do no other work on anything until it ceases to work; that is, until the situation becomes unworkable.

Therefore all largescale employment projects will in the first instance arise as the result of identifying a largescale instance of unworkability and then turning it into workability. There's no lack of unworkability or "problems." So there is no lack of work for our population.

Examples of largescale instances of unworkability include global famine, disease, pollution, illiteracy, homelessness, etc. Unemployment is not a function of a lack of work. It's a function of a lack of means.

[And after the Reval, and later NESARA, there will be the means.]



(2) Value is a Function of Agreement

The second principle that I'd like to point to in the creation of largescale employment projects is that a change, solution, or opportunity, I believe, has value only because we say it has.

Take for example the case of nuclear missiles. To the best of my knowledge, every intercontinental ballistic missile that I'm aware of has only either sat in a silo or been launched up into the air to fall into the ocean.

[In fact we now know that no military on this planet has been allowed to explode a nuclear bomb with hostile intention since at least the 1950s.]

In fact ICBMs have value only because people regard them as valuable. They serve no direct useful function as, say, a car serves a function by transporting its passengers.

Some might say they serve the function of ensuring national security. I would argue to the contrary that they simply produce a condition of national insecurity. ICBMs have value only because we say they do.

Though they serve no direct useful function in the same way that a car does, they are still massively funded.

What this principle demonstrates to me is that a new solution or opportunity shouldn't be measured in terms of fictitious 'inherent' value, but in terms of the value that we attach to it. If a country deems the ending of hunger and poverty within its boundaries as valuable, money will be found to end them.

This principle gives us permission to allow ourselves to explore unheard-of or unthinkable opportunities and to focus our attention on how to create agreement around value rather than looking for non-existent inherent value. I believe that value is not inherent in a thing or event. Like beauty, value is in the eye of the beholder.



(3) Alignment Requires Deadlines

A third principle is that the social alignment needed to create a largescale employment project requires targetable, society-wide deadlines. If we want alignment on a planetary scale, we cannot agree to accomplish our project “some day.” We must have a specific deadline to orchestrate the coordination involved.

Putting a man on the moon succeeded, all other things being equal, because President John F. Kennedy attached a deadline to it – the end of the Sixties. Had President Kennedy left the matter without a deadline, the necessary coordination of efforts might never have taken place and the goal might never have been achieved.



(4) Alignment Requires Win/Win, Global Solutions

A fourth principle in the creation of largescale employment projects is that win/lose solutions prevent alignment. Alignment is created with win/win solutions that leave no one out. Win/win solutions are global, contextual. They create no “us against them” divisions. They leave no residue.

Many society-wide solutions create as many problems as they solve. Their formulation creates new conflict. Their accomplishment transfers a burden from one shoulder to another. Their completion leaves a festering wound.

Social programs to fight crime, help minorities, or combat disease go on within a fragmented context, with some people left out of their scope, some people winning at other people's expense, and some people, identified as the cause of the problem, being penalized or ostracized.

At the moment our global scene is riven with divisions. Blocs of nations, rich and poor, of varying religions and creeds oppose one another. Typically these days [1995], alignment is sought by justifying one's own side and blaming the other.

Righting one imbalance or injustice at the cost of creating another will not create social alignment. Only global, win/win solutions to unworkability will win the degree of alignment that ensures success.

(Part 2 will be published tomorrow or you can read ahead at <https://goldenageofgaia.com/2018/01/03/the-principles-of-largescale-employment-projects-part-2-2/>.)

Footnotes

(1) I wrote politicians, labor leaders, anyone I could think of. No one listened. I think people were too fascinated with their computers at the time to realize the tremendous stripping of employment and the turning of the job market into a buyer's market that was soon to happen.

Here is one article from 1998, published in the Toronto Globe and Mail. "If This is Your Job, Watch Out!" at <https://goldenageofgaia.com/accountability/automation/if-this-is-your-job-watch-out-1998/>.

Equally ironic is that I collected probably the largest library of hard-copy magazine articles looking at how automation worked its way through the job market, collapsing firms, stripping entry-level jobs or any jobs that a computer could do, and ending entire careers.

But when it came time to seek a library or archive for this collection, no institution was in the slightest bit interested. A phenomenon had just occurred that caused hardship to millions and ended forever the equitable workplace that we were building since the Fifties and not a person I knew or contacted had any interest in it.

The Principles of Largescale Employment Projects – Part 2/2

April 8, 2020

<https://goldenageofgaia.com/2020/04/08/the-principles-of-largescale-employment-projects-part-2-2-repost/>



Reposted from 1995.

(Continued from [Part 1](#).)

(5) The Resolution of Dissonance Creates Paradigmatic Breakthroughs

In the course of creating a largescale employment project, dissonance will arise. Disagreement may ensue. A scheme may be abandoned. But history shows numerous examples where dissonance has been the occasion, not for abandoning a scheme, but for creating a paradigmatic breakthrough.

Given the dissonance that may occur in our future, the need for mechanisms to bridge dissonance should be clear. If we're looking for paradigmatic breakthroughs, we must find new ways of addressing dissonance.

I can't think of an example of a social endeavor that illustrates this principle. In the course of my studies, I've only come across it in the resolution of personal dissonance but I'm willing to bet that the same principle can be applied to dissonance associated with largescale projects as well.

Here's an example. Max Weber created a distinction considered fundamental to the field of sociology out of resolving an ongoing family dispute.

His father, a rabbi, met Weber's sociological arguments with “unprovable” religious arguments, which Weber labelled 'values.' His own “provable” assertions he considered 'facts'. By bridging the two, and contextualizing them within sociology, he created a division between facts and values that remained a basic distinction in the sociologist's toolbox.

Another example: Benjamin Lee Whorf, before becoming an anthropologist, was a fire insurance investigator. He found that fires occurred because inaccurate linguistic labels led people to misunderstand a situation and take hazardous actions.

A worker would see an “empty” oil drum and drop a lit match into it, overlooking that it was full of flammable vapors. An office worker would throw a coat over a cone heater and turn on the “light” switch, not knowing that the switch activated the heater. When the light didn't go on, after the worker toggled it several times, he'd assume that the “light” didn't work, leaving the heater to blaze underneath his coat.

In the course of resolving these linguistic misconceptions, Whorf stumbled upon what has become known as the principle of linguistic relativity – that things are for us as we see and describe them.

Finally, Thomas Kuhn, working as a historian of science at a junior college, found the writers of outdated history texts touting their own age as the pinnacle of science, even though the age that succeeded it often discredited its science. Puzzled at how all eras could regard theirs as the height of attainment, when the science of their eras ultimately went nowhere, he arrived at the notion of temporocentrism – that people self-servingly represent their own as the best of all possible eras.

Temporocentrism comes hand-in-hand with egocentrism and anthropocentrism. Ultimately these "centrisms" came to be known and described as the self-serving bias.

I realize that these examples don't shed light on largescale enterprises, but I wish only to consider the principle that lies beneath them.

By offering solutions that bridge cognitive dissonance, instead of abandoning fruitful schemes, we create paradigmatic breakthroughs. Therefore, dissonance in our personal lives (or in our social projects) should be seen neither as a stumbling block nor as an occasion for choosing one side against the other, but as an occasion to recontextualize and bridge the dissonance.

We might therefore welcome paradox, confusion, double binds, dualisms, and the clash of opposites when they arise in the course of our social alignments and common endeavors.



(6) Critics Identify Their Own Expertise

A sixth principle in the creation of largescale employment projects encourages us to look at our critics in a productive way.

Any genuinely new activity can't be fully planned in advance. The answers to many of its problems are found in the course of accomplishing the project itself.

Critics will arise, some sincere, some not. The insincere we can pass by. But some critics are sincere and we may lose their expertise by dismissing them.

A more constructive response would be to see them as potential contributors, speaking from their own areas of experience and sometimes identifying important actions needing to be taken.

In the example of sending people to the moon, those who say that such-and-such a material won't work probably could very well be indicating knowledge of materials that will.

This principle reminds us to turn the negative to our advantage and harness the energy of those who can foresee the problems that stand in our way.



These are just some initial thoughts on the principles of projects that might put people back to work or address areas of the world's unworkability. In the language we use today, they assist us in the building of Nova Earth.

I have in mind not some pharaoh's use of slaves to build a monument and not some manipulation of the masses to serve a reigning social class. Rather, I have in mind ennobling cooperative endeavors in which all people of the world participate for the benefit of the planet. (I have on occasion called this the vision of a "cooperative commonwealth" and, after Werner Erhard, "a world that works for everyone.")

To summarize, when we turn to addressing global famine, drought, poverty, homelessness, disease, infirmity, and inequality, the following principles may help us to frame an adequate, largescale response:

- (1) Identifying areas of the world's unworkability,
- (2) Creating projects that express and reflect our values,
- (3) Building alignment with win/win solutions,
- (4) Setting targettable, society-wide deadlines that allow for project-wide coordination of efforts,

- (5) Bridging dissonance and creating new paradigms,
- (6) And asking our critics for their expertise.

I very well may have left many things out of consideration. If you see any, I welcome your contribution. This essay was not intended to end discussion, but to begin it.

Building Social Capital

October 6, 2020

<https://goldenageofgaia.com/2020/10/06/building-social-capital/>



Credit: marketbusinessnews.com

Social scientists have the concept of "social capital." What does it refer to?

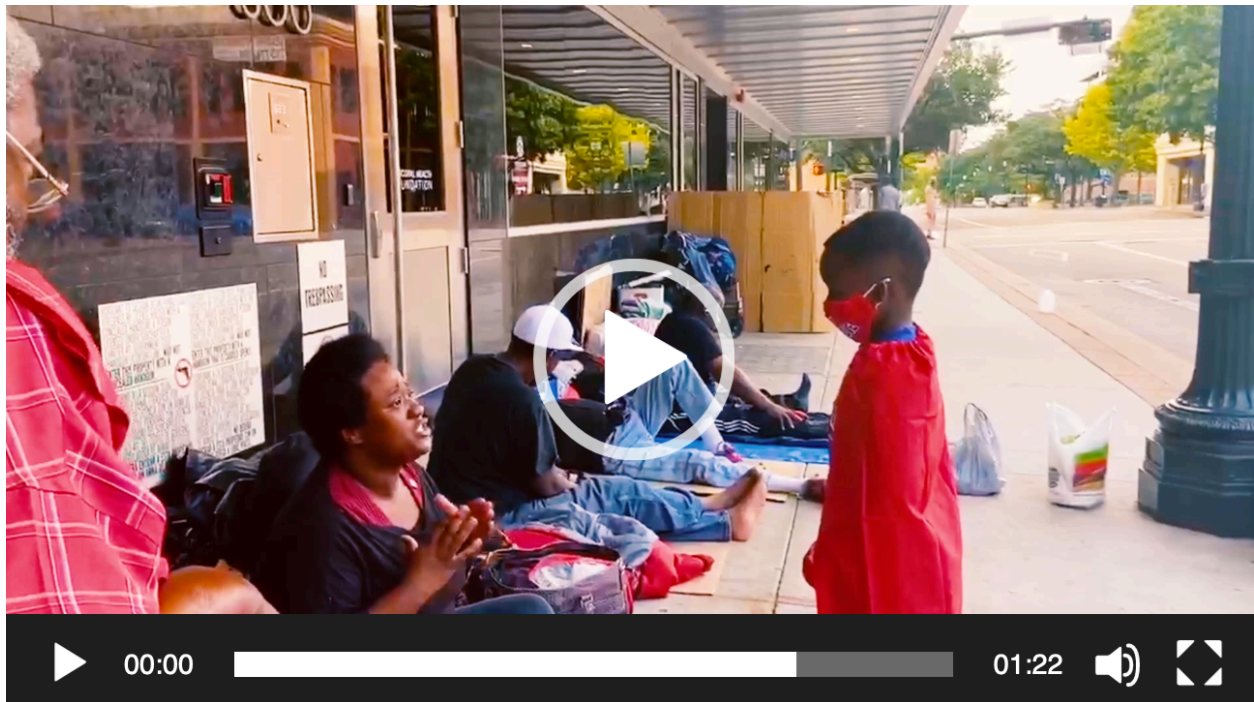
Business journalist Will Kenton defines it:

"The term social capital refers to a positive product of human interaction. The positive outcome may be tangible or intangible and may include useful information, innovative ideas, and future opportunities. It can be used to describe the contribution to an organization's success that can be attributed to personal relationships and networks, both within and outside an organization. It can also be used to describe the personal relationships within a company that help build trust and respect among employees, leading to enhanced company performance." (1)

The relationships, the trust, the caring, the connectedness that come from one person helping, serving, or in other ways assisting another is what social capital is.

It's intangible. It grows out of personal/interpersonal interaction.

Here's a video illustrating a child building social capital:



<https://goldenageofgaia.com/wp-content/uploads/2020/10/Austin-Perine-Pray-For-You.mp4>

4-yr-old "President Austin" Perine Feeds the Hungry

Why am I mentioning this? Because we don't have to wait for the Reval to work at building social capital or elevating our collective consciousness.

If we all followed President Austin's example and made sandwiches and drinks for people in the poorer areas of town, the homeless, and whoever else might be short of food, that would elevate the vibration and result in increasing the community's social capital.

Actions as simple as President Austin's are what can begin to rebuild connections in our society.

And with so many cities under siege from hired thugs and vandals, we'll need to rebuild our cities' social capital.

All notions like social distancing, isolation/quarantine, masking, etc., erode social capital. We're going to have to rebuild that sense of community and connection. But the rising energies on the planet, I think, will make it easier and easier to do as time goes on.

I think the deep state planned matters to dissolve our sense of community and connectedness. Divide and conquer has always been their strategy. Nothing has done that so well as the pandemic.

So now we need to go out of our ways to rebuild social capital. Acts of generosity and service are one excellent way of doing it.

Footnotes

(1) Will Kenton, "Social Capital," Investopedia, Jun 14, 2019, at <https://www.investopedia.com/terms/s/socialcapital.asp>

Getting Bigger, Getting Bolder, Getting Moving

October 9, 2020

<https://goldenageofgaia.com/?p=313956>



Get bigger, bolder

Everything, it seems, is a confidence game.

Not just as in a swindle. Let's leave that meaning aside and look at the role of confidence in what we do in our everyday lives.

I could never drive a bus. I don't have the confidence. I could never fly an airplane, do heart surgery, or drive a locomotive. Same thing.

And those are just the external things.

The internal things? Same thing again. A lack of confidence invites fear, dread, terror, horror and stops me from doing or succeeding.

I *know* for a fact that, when I lack confidence in myself, very little I do succeeds. When I have confidence, what I do more often succeeds.

I had a brilliant example the other day. A man was acting suspiciously in our lobby and altogether didn't look like he belonged here. Management has asked us to question any suspicious-looking person. This was the first time I'd ever done it.

I asked him if he lived in the building and he answered me in a weird way. I asked him what suite he was in and he blew up at me.

Not only did he blow up at me but he came within inches of my face, removed his two sets of glasses (yes), and yelled at me from that proximity

Well, you know my history with being yelled at nose-to-nose. (1) And you know I've forsworn hostility for harmony. (2) So how did I do, the newest pacifist on the block?

I simply said to him, at various stages of the unfoldment: "Don't talk to me that way." "Don't yell at me." "Don't threaten me."

That's all I needed to do: Name it and forbid it. And he finally walked away, muttering to himself.

Simple boundary management provided the solution.

Even this instance of refraining from a violent solution shows the transformation in a person when they learn self-defence/a martial art. I knew I could handle myself and so I didn't need to act ... prematurely. I could if I felt it was needed. I felt confident in myself.

It's the same everywhere. If I lack confidence in making a quiche, I do a lackluster job. If I lack confidence in clearing the thief vault, I bang my leg. If I lack confidence in getting a complicated mathematical calculation wrong, watch me do it wrong.



How to boost our confidence? The answer is so darn simple. I just keep forgetting to do it.

But if I just blurt it out, it'll look too obvious and may be dismissed. So let me work up to it, if you would.

We have the ability to compartmentalize our consciousness. We have the ability to imagine people talking to us. We have the ability to reparent ourselves.

Any number of psychological and spiritual traditions discuss this in a matter-of-fact way. They might say: Talk to yourself; take yourself aside and have a good, mature conversation with yourself. Etc.

And that's it exactly, ladies and gentlemen: Talk to yourself. Talk to yourself kindly, compassionately. Lend yourself an ear. Express your understanding and your encouragement. It'll move you to tears.

I like Transactional Analysis's model of a Parent, Adult, and Child ego state.

Using their terms: Get into your Adult ego state. Congratulate your inner Child for the job you just did. Express confidence in yourself.

Take your Child aside, tell them what the future looks like and let them know you have their back.

Then go out and do the same for ten other people this week.

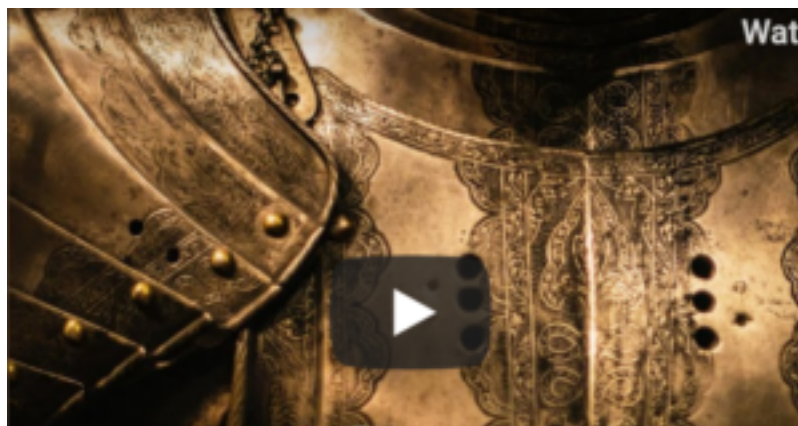
Your confidence in yourself will grow and grow.

This is not a boost-your-sales pitch. This is not about what-a-good-boy-am-i. If you emerge feeling arrogant, you missed a turn somewhere.

You now have the confidence to serve. That's the point of the exercise. To get bigger, get bolder, and get moving in our service of the Mother.

That's why we're here.

When you need inspiration and encouragement to get moving, play this: *In the Name of Queen*.



https://www.youtube.com/watch?v=_S6uVD_fbE0

Footnotes

(1) See "What Changes Can Be Seen?" July 5, 2015, at <https://goldenageofgaia.com/2015/07/05/what-changes-can-be-seen/> and "From the Humpty Dumpty Man to Here: Completing the Fear of Being Wrong," June 5, 2019, at <https://goldenageofgaia.com/2019/06/05/300939/>

⌘ What is Paradigmatic Breakthrough? ⌘

A Fact is a Fact, Except....

December 18, 2014

<https://goldenageofgaia.com/2014/12/18/a-fact-is-a-fact-except/>



We've talked about how we as a civilization traffic in ideas. As we approach the building of Nova Earth, we'll see a plethora of values urged as a means of evaluating these ideas and persuading groups of people to align with and support this project or that.

And we'll see facts urged as another means of evaluation and persuasion.

However, "facts" may prove to be the area of our constructed social reality that proves the most difficult to navigate and agree on.

What is and what is not considered factual is about to experience a tremendous shake-up. Here, for instance, is SaLuSa telling us that much of our history has been made up or misrepresented and will need to be corrected:

"Many of you are in what you may call 'No Mans Land' and you do not know which way to turn. Bide your time as it will not be too long before we are with you, and will be able to direct you onto the pathways of truth and understanding. Each of you will have the opportunity to emerge from the darkness, although we know some will be unprepared to give up their rigid belief systems.

"It will become easier to accept that you have been misled, as our presentation of the Truth will be accompanied by irrefutable proof. We have no desire to force it upon people, but of necessity your history must be truthfully rewritten." (1)

What is considered scientifically factual will undergo an even greater shake-up as we welcome to the fold of scientific facts the existence of higher dimensions, of technologies undreamed of, of beings of orders only previously regarded as the stuff of myths and folklore.

Facts such as there being no God, us being alone in the universe, death ending life, life having no meaning, etc., will yield and either we'll experience a great swell of freedom or we'll feel that the carpet has been completely pulled out from underneath us.

Whichever way we react, it won't change the fact that the factual landscape will have gone through a total shift.

Everything familiar in our landscape will change and even the tests for what is true will change.

We're asked now to go within, to consult the still, small voice inside, to ask ourselves what is true, etc. The very basis of science itself in all the years up till now will be called into question by the shift in emphasis from the objective to the subjective implied in all the advice we read these days.

All science until now has been based on the fact that the scientifically-acceptable truth is objectively verifiable. The dominant paradigm of the scientific world has been what is commonly called empirical materialism. It has held that only what we can see, hear, touch and feel is real and all else is imaginary.

But the most important elements of the new reality we are about to enter are invisible, inaudible, intangible, etc. I for instance accept direction from an archangel. I have seen him only once - in a lucid dream. I literally was dreaming then so one could easily dismiss that meeting as a dream.

Everything I do is based on reference to what he wishes to see carried out and everything he does is referenced to the Divine Mother. Nothing about the way I or our principal co-creative partners operate would satisfy current scientific criteria.

So all of these circumstances are going to face us when we turn to building Nova Earth. We'll need to be much more self-reliant than our predecessors, who had the comfort of widespread, comparatively-stable paradigms.

We'll fashion the new out of new cloth and we may have few words to describe ahead of time exactly what we're doing. We'll be one step ahead of utter ignorance. We may feel we're babes again, learning in much the same manner and at much the same speed that they do.

This is not a job for the conservative of mind or faint of heart.

Footnotes

(1) SaLuSa, 7 Nov. 2008, at https://www.treeofthegoldenlight.com/First_Contact/Channeled_Messages_by_Mike_Quinsey.htm .

Paradigmatic Breakthrough as a Type of Spiritual Realization

October 11, 2020

<https://goldenageofgaia.com/2020/10/11/paradigmatic-breakthrough-as-a-type-of-spiritual-realization-2/>



In this article I'm going to look at paradigmatic breakthrough from a number of angles.

A paradigmatic breakthrough is a discontinuous movement from one contextualizing understanding or point of view that has come to pinch and restrict to another more acceptable one.

If the resulting shift in understanding, attitudes, desires, and constraints is lasting, we say we've had a paradigm shift. If not, we say we had an interesting idea.

An example was my enthusiasm, as an historian, for the notion of a "cooperative commonwealth." For whatever reason, it never caused paradigmatic breakthrough whereas Werner Erhard's "a world that works for everyone" definitely did.

The latter resulted in a lasting paradigm shift for me. I realized on March 13, 2015 that the phrase was a simple description of life immersed in the love of the higher planes. There, the world works for everyone.



A build-up of cognitive dissonance is what causes paradigmatic breakthroughs. No dissonance; no need for a breakthrough. We're happy with our paradigm.

Only when it starts to pinch and restrict do we chafe and end up finding a new and larger contextual home.

A beautiful description of a version of this process comes from the afterlife journal of William James, which I read for *New Maps of Heaven*. (1)

He's leaving far more than just a paradigm. He's ascending from the Astral Plane (Fourth Dimension) to the Mental Plane (Fifth Dimension). But his description of the process is similar:

"I feel myself growing out of myself in a certain fashion. My adopted characteristics are becoming too small and cramped to contain my new growth and development, and I will move on most certainly to larger psychological quarters.

"It is not only the physical body we outlive, but the psychological house we have chosen. First after death we add new rooms and suites to accommodate our greater experience, but it is soon obvious that the entire structure has had its day. We must move out of it completely." (2)

Perfect. Make appropriate changes and you have a description of the process behind paradigmatic breakthrough.

It can happen explosively or quietly. One is either pushing oneself to break through an obstacle or letting go into release. In the latter case we may not even notice we've had a breakthrough, but we probably notice the resulting paradigm shift.



A paradigmatic breakthrough is an example of a spiritual realization. But not all spiritual realizations are or lead to paradigmatic breakthroughs.

Paradigm shifts are events in knowledge. Spiritual realizations may be events in knowledge but they usually involve every other part of our being as well.

Have we some examples of the points I've just made?

Yes. An example of a paradigm that proved “too small and cramped” for me was my Sociology Ph.D. at UBC. I'd finished my exams and was due to choose a dissertation topic. However at that moment, the 1987 vision happened and totally reoriented my life. (3)

But the University of BC at the time was gripped by the paradigm of empirical materialism. Only what could be seen, heard, touched, or tasted was real.

Enlightenment was at least not real unto itself and brought us into the discussion of other events that were not considered real (ascension of Jesus, Buddha's enlightenment, angelic intervention, etc.).

Two departments (Sociology and Religious Studies) refused me.

But what I saw in that vision was more important than anything the university could offer me, then or for a lifetime, and so I left.

“It is soon obvious that the entire structure has had its day. We must move out of it completely.”

Precisely.

An example of a quiet paradigmatic breakthrough would be when I realized the price I was paying for having an underlying hostile nature.

I changed my vote on or around Sept. 30, 2020, from being hostile to being harmonious. (4) It took the form of a stand, rather than a realization; it wasn't noisy or filled with lights. But it still led to a breakthrough and a paradigm shift regardless.

Have we an example of a blissful realization that did not result in a paradigmatic breakthrough?

Yes. On Sept. 28, 2015, I realized bliss (so, this was a realization) and the experience remained for several months. (5) It did not lead to a paradigmatic

breakthrough. It resulted more in me wanting to sit quietly in the space and enjoy it.

Here's an example of a blissful experience that *did* lead to paradigmatic breakthrough.

Bliss made possible my understanding of the 1987 vision. It lifted my faculties up to a place where I readily understood what I was seeing.

It led to many paradigmatic breakthroughs over the years.

Without bliss, I doubt whether I'd have had insights powerful enough to have caused paradigmatic breakthrough. The bliss of the vision was exceptional; it was definitely strong enough.

Have we an example of a realization that is not preceded by cognitive dissonance?

Yes. I realized (so, again, realization) the nature of love during an explosive heart opening on March 13, 2015. (6) There was no cognitive dissonance beforehand. There was nothing immediate I was doing which could be interpreted as causing the opening or leading up to it.

In a reading I had with him that very same day, Michael revealed that he decided the timing, strength, etc. of the heart opening and discussed the factors involved. (7) So dissonance did not cause it; a celestial did.

Nonetheless, at the heart of every paradigmatic breakthrough is a realization. I'd like to look at spiritual realizations as a class of phenomena in a separate article.

Download a copy of *Paradigmatic Breakthrough:*
Essays in New-Age Philosophy [here](#)

Footnotes

(1) *New Maps of Heaven* at http://goldengaiadb.com/index.php?title=New_Maps_of_Heaven

(2) William James through Jane Roberts, medium, *The Afterdeath Journal of an American Philosopher: The World View of William James*. Englewood Cliffs, NJ: Prentice-Hall, 1978, 159.

(3) I had an extended vision in 1987: See “The Purpose of Life is Enlightenment – Ch. 13 – Epilogue,” August 13, 2011, at <https://goldenageofgaia.com/2011/08/13/the-purpose-of-life-is-enlightenment-ch-13-epilogue/>

(4) “From Hostility to Harmony,” October 2, 2020, at <https://goldenageofgaia.com/2020/10/02/from-hostility-to-harmony/>

(5) See “Submerged in Love,” March 14, 2015, at , “Activating the Wellspring – Part 1/2,” March 14, 2015, at <https://goldenageofgaia.com/2015/03/14/activating-the-wellspring-part-1-2-2/>, and “Activating the Wellspring – Part 2/2,” March 15, 2015, at <https://goldenageofgaia.com/2015/03/15/activating-the-wellspring-part-2-2/>

(6) I’m not surprised the experience happened that day. I’d have needed some explanation of what it was that just happened. The reading was like being given a handbook on the subject.

My cognitive dissonance had been around not being able to make sense of the literature on enlightenment I was reading.

The vision showed me the entire journey of an individual soul from God to God. It left me knowing for certain that the purpose of life was enlightenment.

That vision became my paradigm and will remain so until it begins to pinch and restrict.

(7) The passage is long but very germane. I'll italicize the steps he says were influential in the event happening:

Archangel Michael: This occurs, not merely because *you have asked for it*, but because *you (and this does apply to the collective) have done your, can we say, your homework, your due diligence.*

What we mean by this is simply, think of it in spatial reality, time and space reality: *you have created the space for this [energy of love] to, not only pass by you like a*

passing breeze or a rain, but to anchor within you because there is a sense of this spaciousness within thee. ...

When one is clinging to core issues, to fear, to lack, to limitation - you know the list - there is not that sense, not only of spaciousness, but of acceptance, allowance, readiness and even permission. Because as you know, we continually say that we will never override your free will.

So, if the will, either actively or subconsciously, is actually choosing to still engage in the issues or the drama, then although we are standing at readiness and still penetrating you, that open door is not there.

S: So, the open door was there with me?

AAM: That is correct.

S: Did the exercise of *bringing love up from my heart and sending it out through my third eye* to the world play a role at all in this?

AAM: Yes, it did.

S: Could you talk about that for just a bit, please?

AAM: *One of the strongest or the ultimate expressions of love, of willingness to not only participate in love but to be the love, is in the sharing.* To say that you are love, or are loved, or you love this, that, someone... but [then] you keep it within you, you hoard it - and we do not necessarily mean that in a negative way - sometimes the feeling is so blissful you do not wish to actually take the next step quite yet, in terms of sharing.

[But] the ultimate experience is in this sharing. This is what we speak of when we speak of sacred union and partnership. How can you possibly be in any form of partnership with humanity, with the Star-beings, with us, with any being, if you are not sharing.

So what you do *when you bring the love up and out*, when you begin to send, to share, it is as if *you have in fact activated what we call the wellspring. The visual you may think of is the volcano.*

It is not that you empty out. It is that you discover that that wellspring is SO full and overflowing that it is a steady stream. That steady stream does not ever, ever (think of what I say!)... it never has to cease! (Archangel Michael in a personal reading with Steve Beckow through Linda Dillon, March 13, 2015.) [My emphasis.]

As an aside, this exchange proves that our spiritual experiences are overseen and modulated by the celestials.

How Paradigmatic Breakthrough Works

June 7, 2020



We have to lay new track

I just wrote an article (1) that illustrates a process that I don't want us to miss out on noticing.

It's a very important process and realizing it's at work here would be of benefit.

What just happened for me was that cognitive dissonance built up to such an extent that I cast the prevailing paradigm down and accepted a new one. This is one way - not the only way - in which the process of paradigmatic breakthrough works.

I've discussed this process in an earlier set of articles. (2)

The cognitive dissonance I was feeling when reading news accounts in the alternative press had two parts.

The first was that current events revealed that our currently-prevailing paradigm of polarization is not working. (3)

The second was that reading polarized accounts in search of the news was becoming for me so unpleasant an activity that I was fast reaching a point (again) of refusing to continue.

Our practice of polarization is not just a race to the bottom; it's a train headed for disaster. Leaning to the right or the left side won't help us on a train that's headed for disaster.



Alice in Wonderland was all about vasanas.

Being polarized on the left side, the "commie" side, or being polarized on the right side, the conservative or "patriot" side, won't stop the train from going where it's headed. We have to stop the train and build new track. (4)

That's how paradigmatic breakthrough works. Increasing cognitive dissonance leads to rejection of the prevailing paradigm and acceptance of a new one - to laying new track.

If you're wanting to see what it would take to have your intimate partner, business colleague, etc., change, this is what it would take - and how it would occur.

And they'd say they had an epiphany, saw the light, got the message, changed their mind.

This may or may not be accompanied by, or reach the level of, realization. Mine did not. It was a building of disgust combined with the apprehension of emergency circumstances that forced me to cast down the statue of Baal, so to speak (I'm being dramatic).

I'm now wholeheartedly intellectually convinced that polarization won't work; only unity will. I'm not yet experientially convinced and not yet realizationally anchored.

As I've discussed before, I'm now going to consolidate this re-choosing, this paradigmatic breakthrough by establishing a beachhead of understanding and then moving out from there.

Footnotes

(1) "Turning My Hat Around and Embracing Oneness," June 6, 2020, at <https://goldenageofgaia.com/?p=310978>

(2) "The Principles of Largescale Employment Projects – Part 1/2" at <http://goldenageofgaia.com/2016/02/23/the-principles-of-largescale-employment-projects-part-12/> and "The Principles of Largescale Employment Projects – Part 2/2" at <http://goldenageofgaia.com/2016/02/23/the-principles-of-largescale-employment-projects-part-22/>

(3) The paradigm has been with us since time immemorial, but the Illuminati honed it to a fine point with their "divide-and-conquer" strategy.

(4) I acknowledge Werner Erhard as the source of this extended metaphor.

Paradigm Shift

Oct. 26, 2018

<https://goldenageofgaia.com/2018/10/26/paradigm-shift/>



How are new paradigms born?

Perhaps we can continue a discussion we had years ago around their development because we're going through a time that's seeing massive paradigm shifts in society.

Dominant paradigms are breaking down or being overturned, so it may help to review the process.

It goes like this.

We live according to our existing paradigms or core beliefs about life. Then something comes along and brings their validity into question.

Repetition shows up and we begin to feel uncomfortable.

More repetition shows up and we resolve to do something about it but we don't know what.

We sit in discomfort as cognitive dissonance rises - the inner conflict between what we believe to be true and what's showing up as fact.

Finally cognitive dissonance becomes too great and we cast down the paradigm, without anything to replace it or in allegiance to a new idea that has presented itself.

At the moment of casting down the old paradigm or in the space thus created, a new idea may dawn on us, which, when seen with clearer vision, more closely fits and addresses the circumstances. Or the barriers to accepting an idea that has already arrived fall.

The new idea may be inspired; it may come from dawning awareness. Wherever it comes from, it becomes our new paradigm or belief. This process has been called "paradigmatic breakthrough." If the breakthrough is lasting, we call it a paradigm shift.

We move from paradigm to paradigm, shedding them as a crab does its shell, as long as we rely predominantly on the intellect, which most males seem to do.

Cognitive dissonance seems to be building up in many people at the moment. My purpose in writing this is to say that this may not necessarily be a bad thing, as uncomfortable as it may be.

If we sit with the dissonance and the paradoxes that arise from it, we may reach the point of being totally willing to let go of the old and make room for the new. We call it a lightbulb moment, "Aha!" realization, peak experience, etc.

In my view, that's how new paradigms are born.

Paradigms of Paradigm Change

January 1, 2015

<https://goldenageofgaia.com/2015/01/01/social-development-chaos-and-compassion/>



Happy New Year, everyone!

I'm convinced that, in this new year, we'll see a very great deal go forward in the reconstruction of our world. We'll need to start small and depend on our own resources for a while yet. But at some point abundance will begin to flow.

As we approach the building of Nova Earth, we'll be confronted and perhaps limited by our own views of the situation. I'd like to give an example of that from a historical way we have of approaching the subject of change and see how we can avoid it.

Thomas Kuhn was a historian of science who, after he migrated from science to history, fought a war within himself. He tried unsuccessfully to understand how science progressed through time.

The prevailing theory of the day was that scientific knowledge grew. Later developments added to and amplified earlier developments. The latter-day scientist

stood on the shoulders of giants. This was the "accretion" view of the history of science and it was the prevailing view of Kuhn's day.

Fanned by that belief and implicit in it was the further belief that the present day was the peak of excellence and that all other periods led up to it. It held that ours was the best of all possible worlds and was the heir to and realization of all that had gone before. This view has been called temporocentrism.

Something about these views did not sit well with Kuhn. And in tending to his own discomfort, he had a breakthrough in conceiving change generally.

And that very breakthrough for him brought with it the explanation of how science progressed as well. So he not only solved a difficulty for himself, but came upon the process of scientific progress in general at the same time. Chalk one up for Kuhn and the history of science.

Paradigmatic Breakthrough

The notion Kuhn arrived at was the concept of "paradigms." I'm not sure if he used the term "paradigmatic breakthrough," or if I dreamed he did. But the term describes the process he was concerned with and the process he went through.

Put in my own words, he saw that, when cognitive dissonance built up to an unbearable level, the individual dropped the distinctions that he (or she) could not abide, creating room for a moment of real re-appraisal, original thought, inspiration, intuition, etc. This is the moment of breakthrough.

In the space thus created, if all other conditions were right, the individual had a "Eureka!" moment and a new paradigm was born.

The creation of the new paradigm clarified matters for some but for many others it created chaos.

All those whose work was made antiquated by Kuhn's view - all those who wrote temporocentrically, all those who saw science as progressing by accretion - found that their jobs were in jeopardy, their careers, in question. Kuhn had just introduced a note of chaos into their lives.

And so it is with each paradigm change. Some have been brutal, like the industrial revolution and the age of automation. They produce comfort for some but severe dislocation and impoverishment for others. Those others, however, don't write our history. Their side of the question tends to go unheard.

The new paradigm of paradigms contains within it the seeds of its own need to be developed further if it's to be truly useful to an ascended society.

Paradigmatic Breakthrough Creates Winners and Losers

I think Kuhn was right. Social change - scientific or otherwise - proceeds by accretion, to be sure, but the truly significant leaps are made by paradigmatic breakthrough.

But we can no longer simply account for change through a new theory of paradigmatic breakthrough and think we're done with the matter.

Paradigmatic breakthrough itself creates winners and losers.

It was an answer to a problem for Kuhn; for those impacted by it, it was itself a problem. This was a win/lose, zero-sum answer to the question of how does change proceed?

Let's look at the example of automation, a paradigmatic breakthrough of the 20th Century.

Magazines in the Fifties envisioned automation as freeing the housewife from vacuuming and the husband from mowing the lawn and allowing them both to vacation in Bermuda. But that isn't how it worked out.

The paradigm change that automation represented resulted in the creation of a buyer's market for labor, the loss of jobs and careers, the ending of benefits plans, the loss of pensions, the cutting of the social-safety net, the rise of JIT (Just-in-Time production) and outsourcing.

How many people lost their jobs because of automation? Their careers? How many suffered acute impoverishment because of it?

I believe that labor was broken as an organized force as a result of automation. We as a society didn't see that the value realized by automation was fairly distributed among the population. It was concentrated in fewer and fewer hands.

Many other paradigmatic breakthroughs like automation have consigned generations of professionals, workers, farmers, and others to obsolescence, causing severe pain.

It's now time to see to some of the losers in the forward movement of science.

In the future, that which is the solution to one problem should not be allowed to create a problem for others unless the newly-created problem is mitigated.

A universal basic income is an example of a program designed to mitigate the impact of such things as technological innovation.

We Have to Create Change Responsibly in the Future

We need to rethink our refusal as a society to intervene in the process of social change. We now need responsible social development if we're to build a world that works for everyone.

Yes, we *are* agents and architects of change. But part of playing that part is being accountable for the process we set in motion if we as a society are to feel comfortable with the rapid change we'll be creating.

We as a society need to take care of all our members now. (1) That's how the higher dimensions operate. We may not have the benefit of their vibrations but we can imitate their way of being as best we can.

We'll be confronted with constantly-changing technology, healing techniques, spirituality, education, history. Each problem that confronts us, we must resolve, one problem at a time. And we'll have to do it without creating harm or residue.

This time we mustn't make the mistakes of the past. We must see to the losers, the victims, the obsolesced among the population if we're to have social change without festering wounds, fears, and, finally, revolt.

Footnotes

(1) Yes, there will be those who take advantage of a mitigation program for non-genuine reasons.

Therefore count in a percentage for the abuse of the program. Those funds will be lost and we may as well adjust to that eventuality at the outset. The lost funds need to be seen as part of the cost of caring for the others who don't abuse the system.

Completing Vasanas, Shifting Paradigms

October 15, 2020

<https://goldenageofgaia.com/2020/10/15/completing-vasanas-shifting-paradigms/>



Our personal purification, which is our way of preparing for Ascension and service, has many sides to it. I'd like to talk about two, in a general way.

One side is to let go of all the residue from objectionable memories of earlier traumatic events in our lives. I call this residue "vasanas." Linda calls them "core issues."

They're what explode periodically and ruin our relationships.

To get rid of them, what we need to do is be with and observe them until they lift, rather than project them onto others. This is how we deal with vasanas. (1)

The more times we can simply "be with" our upsets and outbursts, the weaker becomes their influence.

Another side is to break through the cognitive dissonance in our lives.

Cognitive dissonance is an event in knowledge, where our ideas of reality prove confining for us. It isn't necessarily related to traumatic events in the past (although it often is). (2)

We can either break through the existing paradigm to a new one (the noisy way) or release our resistance to it (the quiet way). If the paradigmatic breakthrough is lasting, we call it a paradigm shift.

Whether we're completing our vasanas or shifting our paradigms, we're (A) inviting change and (B) purifying our hearts and minds.

Again, this is all preparatory. We're in boot camp until the Reval is released, getting into shape. This is like doing our push-ups or running a mile.

Footnotes

(1) A full treatment of which can be found here: <https://goldenageofgaia.com/wp-content/uploads/2019/07/Vasanas-Preparing-for-Ascension-R8.pages.pdf>.

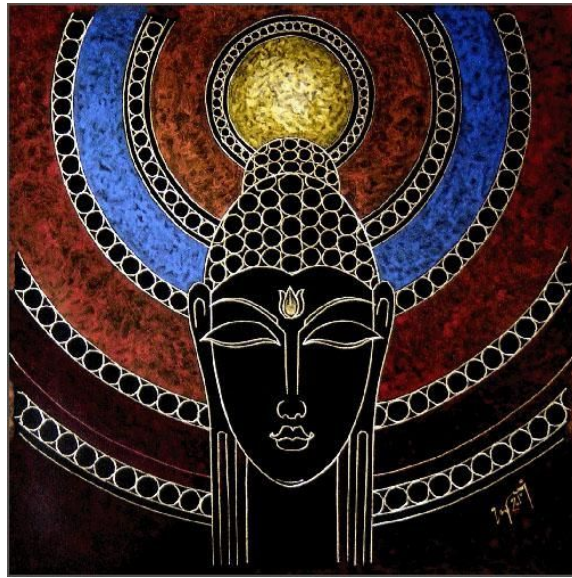
(2) Having my request to study enlightenment turned down was traumatic *and* it also revealed that the university's paradigm was too confining for me.

(3) *Paradigmatic Breakthrough:Essays in New-Age Philosophy* at <https://goldenageofgaia.com/wp-content/uploads/2020/10/Paradigmatic-Breakthrough-6.pages.pdf>

Breaking Free from Confining Paradigms

February 11, 2019

<https://goldenageofgaia.com/2019/02/11/breaking-free-from-confining-paradigms/>



Credit: Shekina-el-Daoud.com

If we were to look, I think we'd find that our prevailing viewpoint is the following.

We operate on survival instincts associated with feeling alone in a world where everyone has to compete for scarce resources.

We might have to scratch below the surface to see it.

Yes, we team up - for the sake of survival. Then we gather retainers and maraud our neighbors. Then we form armies and nations maul nations. And underneath it all is the assumption that life has to be a struggle for existence, in which only the fittest survive.

Now hold that thought. That point of view is called by historians social Darwinism.

Now add to that a second point of view we have: That only what we can see, touch, hear, and feel is real. This is called empirical materialism.

In academia back in my student days, if one contested these two points of view, one encountered resistance - one might be denied acceptance in a program or promotion in a teaching position; one might be ridiculed behind the curtain; one might be recommended only for positions no one else wanted, etc.

I was required to accept competition as the natural order and war as largely a necessity in the defense of freedom when neither were true. I was asked to live in a world where subjects like the soul, the Light, and the Mother had no relevance and commanded no respect.

Cognitive dissonance built up to a breaking point - after which I lost interest in academia and could no longer hide it or fake it. Either I studied enlightenment or I'd leave the program - either way, I'd study enlightenment. (1)

What precipitated that decision was a vision I had on Feb. 13, 1987. I couldn't shoehorn it into the prevailing paradigms - I've never been able to. (2) It was a vision of the entire journey of an individual soul from God to God. Not anything we could touch, see, or hear.

Finally, I got it. It was during a phone call with my thesis adviser. I saw that I was not born to be an academic and would never fit into that world. I was born to roam more freely. And roam freely I have.

Footnotes

(1) The result was the database called *From Darkness Unto Light* found here: https://goldengaiadb.com/index.php?title=From_Darkness_to_Light

And the book, *The Purpose of Life is Enlightenment*, found here: <https://gaog.wpengine.com/wp-content/uploads/2011/08/Purpose-of-Life-is-Enlightenment.pdf>. These two would in fact have been the basis for my doctoral dissertation.

(2) On that experience, see "The Purpose of Life is Enlightenment – Ch. 13 – Epilogue," at <https://goldenageofgaia.com/2011/08/13/the-purpose-of-life-is-enlightenment-ch-13-epilogue/>

Trimming Down for Paradigm Shifts

Oct. 16, 2009

<https://goldenageofgaia.com/spirituality/on-processing-vasanas/trimming-down-for-paradigm-shifts/>



Enlightenment and Paradigm Shifts

I said earlier that we don't want ice on our wings when trying to take off in our plane or we'll stall.

Recent events have shown me that it isn't just Ascension that may bring a "take-off" in our lives. We'll be faced with the opportunity for multiple "smaller takeoffs" or perhaps "rising currents" if we are already in the air, every time we encounter galactics.

Ascension promises to be an enlightenment experience that will carry us from dualistic to unitive consciousness. That's a huge jump.

But there will be smaller contextual transformations we will face from just seeing and hearing galactics. These smaller transformations I call "paradigmatic breakthroughs." If they last, I call their impact, "paradigm shifts."

What is a "paradigm shift"?

A paradigm shift may be a contextual flip, (1) a contextual breakthrough, a moment of "Aha!", a deep insight, a revelation, a discontinuity in knowledge, a "break-open," a revolution in seeing or being, etc.

It may not be an enlightenment experience, but it causes a revolution in being at some level.

It depends on our openness, detachment, and stillness whether a paradigm shift merely rearranges our concepts at a superficial level or gets right in there and alters our context. The latter would be a more powerful experience.

I had a paradigm shift in 1987 when I was shown in a vision a working model of life that shattered all my previous conceptions. It showed me, without words, that we lived forever on a journey from God to God; it showed me that enlightenment had stages; and told me, without words, that enlightenment was the purpose of life.

The vision was totally wordless and took eight seconds to complete itself.

That resulting paradigm shift reorganized my life. It shaped thought, feeling, and action forever afterward. I could only read the works of enlightened authors after that.

A paradigm shift has all kinds of corollaries and deeper and deeper levels of significance. It can be a wedge that splits the wood open. It can reorganize our lives in an instant or in a gradual process.

How Does a Paradigm Shift Happen?

When the galactics finally do come, everything about them will invite a paradigm shift.

The depth to which their words and actions have impact may be determined by the excess weight we're carrying around - or what I called "ice on our wings" - whatever holds us down.

A paradigm shift starts with becoming aware that we have a way of seeing things that organizes our lives in an area, a way that no longer serves us.

We usually see the new way or paradigm in a flash, which gives us a gestalt or overall picture, but not necessarily the details. I was given no details of the total life of the individual I watched in my vision. I had to study for twenty years to give that wordless vision words.

Some of those words were:

Jesus: "I came forth from the Father, and am come into the world: again, I leave the world, and go to the Father." (2)

Krishnamurti: "For God has a plan, and that plan is evolution. When once a man has seen that and really knows it, he cannot help working for it and making himself one with it, because it is so glorious, so beautiful." (3)

We're talking about the highest levels of reality. Understandably, discussions of it are rare.

We May Resist and Reject the New Paradigm

The danger is that when we're confronted with a paradigm shift from the galactics and the spiritual hierarchy, we may resist and reject it because we want to hold onto our own worldview, fixed beliefs, favoured self-perceptions, resentments, or even in some cases possessions.

We may have relationships where we are still attached by cords of love/hate; possessions that we are very much attached to; antiquated belief systems that determine our thoughts, feelings, and actions. That may be all ice on the wings. (Depends.)

Or we may resist and reject because an incompleteness arises and calls forth a rejecting response from us. "He's ordering me around the way my Dad did. I don't need this. I'm outta here." We've stepped into the leg-hold trap of an incompleteness.

Oct. 14 is an example of an incompleteness. If we have not completed our upset about Oct. 14, 2008 [when a mothership was supposed to decloak], then when something comes up on Oct. 14, 2009, we may be hooked by the "Oct. 14" part and resist and reject the 2009 part.

There's nothing the two share but the month and day, but up come our incompletenesses saying: "Never again. I won't be fooled twice."

If SaLuSa had published on Oct. 21, perhaps none of these reactions might have come up. In this case, we may be incomplete with Oct. 14.

Can you see how the mechanism of resistance works? And usually it plays itself out well below everyday consciousness.

Oftentimes rejection of the new paradigm comes with resentment towards the one who has catalyzed our new awareness and results in our moving away from him or her.

We lost both the paradigm shift and our relationship with the speaker. How many times has this happened to us when we've mentioned aliens to others?

We're going to have a lot of our life-organizing principles or paradigms directly confronted and challenged in the days, months, and years ahead.

If we react to the new way of seeing by resisting and rejecting, we could lose valuable opportunities.

In fact, SaLuSa, in his latest message of Oct. 16, 2009, has said:

Dear Ones, be prepared to think anew and leave your selves open to new ideas.

Those who refuse to move on will be allowed their freedom of choice, but they will remain in the lower vibrations, which they cling to." (4)

This is a pretty grim result that we're working to avoid.

We Need to Prepare for Predictable, Upcoming Paradigm Shifts

In the years ahead, we'll probably go through one challenge to our existing paradigms after another.

SaLuSa says in his Oct. 16 message, speaking more of Ascension but his words are applicable to paradigm shift:

“There is nothing to be frightened of, as you will lose little and gain much more than you could imagine.

“Consider how you would like to jump ahead a thousand years by your present standards, and enjoy all of the benefits it would bring.

“That is realistically what you stand to gain, and not least of all upliftment to a state of full consciousness.” (5)

We need to prepare for the challenge. When I say "don't get caught with ice on your wings," there are a number of scenarios, depending on the amount of ice.

We may have so much ice on our wings, our plane may not get off the ground. It could get off the ground but stall in a turn. It could get off the ground and lumber along but not be able to take advantage of a sudden updraft.

All of these are symbolic for missing one type of opportunity or another in a time of many desirable opportunities ("rising currents").

So, whenever the time of contact between terrestrials and extraterrestrials starts, the time between then and now becomes an important time to trim down and detach.

How Do We Successfully Drop One Paradigm and Take Up Another?

Naturally we want to get to a place in which we live without conceptual boxes. But until we do, we're trading up in paradigms.

When the galactics start splitting our paradigms like so many atoms, we face the need to make the jump from the paradigm destroyed to the new and unfamiliar one.

To complete a paradigm shift, we must first agree to be temporarily denuded of our worldview.

We may be obliged to rely on the other person's integrity, brotherly friendship, and mentorship, as we swing off one branch and into the wind, not knowing if another branch awaits us. We become children again but not as cute and with less license.

It's a moment when we can't fall back on what we know or what's familiar because that's been called into question.

We may have to rely on how able we are to relate in a friendly way to the person who just destroyed our existing paradigm because we may be relying on their kind offices to assist us to complete our transition.

Having one's paradigms laid bare and discarded can be a painful process, leaving no place to hide. We'll be stripped bare, again and again.

It is a time that calls for humility and self-forgiveness.

Can we endure the embarrassment of appearing as if we know nothing, have nothing to contribute, and are causing our mentors to have to work with us?

Squeaky Clean

We need to get out the bar of soap and clean ourselves of everything that would hold us back, that would have us resist, resent, and reject the stunning news we'll be hearing whenever First Contact comes about.

We need to be squeaky clean if we're to drop our paradigms and try on what is being offered us without missing a beat.

Remember Richard Dreyfus's look of open amazement in *Close Encounters of the Third Kind* when he was selected to go aboard the craft and the space children walked him to the loading bay?

That's the kind of open mind I want to have, unencumbered by resistance and rejection, when the galactics come. (I know some of you have fears of entering spacecraft; I respect that.)

That's the situation we face in the years ahead, as far as I can see.

That's the reason to de-ice our wings, finish our incompletions, get rid of our old baggage, get caught up to date, and be present.

Footnotes

(1) A contextual flip is when a context becomes, in a moment of realization, turned inside out, turned on its head, reversed, or in some other way radically altered. Contemplating a Zen choan, for instance, can cause a contextual flip.

(2) Jesus in John 16:28.

(3) J. Krishnamurti, *At the Feet of the Master*. Adyar: Theosophical Publishing House, 1974; c1910, 17.

(4) SaLuSa of Sirius, Oct. 16, 2009, at http://www.treeofthegoldenlight.com/First_Contact/mike_quinsey/channeled%20messages/October%202009/salusa__16october2009.htm.

(5) Loc. cit.

Turning My Hat Around and Embracing Oneness

June 6, 2020

<https://goldenageofgaia.com/2020/06/06/turning-my-hat-around-and-embracing-oneness/>



Where polarization leads....

I find myself repeatedly disappointed reading articles in the alternative press. No, not the mainstream media, which I don't read except when necessary.

The straw that broke the camel's back was one from the alternative press that started out well. And then before long it descended into name-calling and meme wars. And I just couldn't read one more such article.

The current favorite is the communist vs. fascist or left vs. right theme. Variations are rich vs. poor, white vs. black, chauvinist vs. feminist, etc. You can trace the

polarization paradigm back through the crusades, Roman times, pharaonic Egypt, etc., etc.

I'm becoming sick of polarized coverage.

It's having an unintended effect. Unintended as far as I'm concerned. Not unintended in terms of the larger plan, I'm sure.

I've never been more ready, willing, or able to really embrace the idea of Oneness, unitiveness, unity.

EXCEPT in times of extreme danger, like a war. EXCEPT where there's a common, not-us, not-made-up enemy. But not just flat out accept it, universally, now and forever.

I've never been able to accept all people. I've never been willing to take the leap to Oneness, because, I tell myself, it'll have me leave the safety of the herd. And I've never been willing to risk leaving the safety and comfort of the herd altogether.

But I'm becoming so turned off with the rampant displays of polarization, division, and hate that I'm giving Oneness a fresh look.

The written devices of polarization include judgments, insinuations, allegations, quarreling, slogans, memes, and hostile hashtags.

When people are upset, as much of America and other countries are today, everything repressed comes out. It's no different with a social vasana (or core issue) than with an individual vasana. Some people choose to project their anger outwards instead of processing their vasana. (1)

That's what we're seeing all around us - the eruption of social vasanas rejecting control and demanding freedom.

People (where they're not agents provocateurs or crisis actors) are projecting years and years of repressed anger outward.

You'd expect me to say that we all need to calm down. Well, we do. Clearly.

But a certain amount of creative chaos has its useful side as well. It gets me to the point where I'm prepared to make a change; in my case, to Oneness.

A spiritual guru, perceiving that my girlfriend and I had been quarreling, chided us, "One, not two. Ah, but which one? That is the question."

No, no, not oneness as in control. Not oneness as in New World Order, One World Government.

Oneness ... well, here I am talking as if I know something about it when I don't.

This creative chaos is bringing me to the point where I'm ready to choose Oneness whether I know anything about it or not. (2)

Of course the rampage needs to be shut down today or as soon as possible. But I'll use it as long as it persists to maintain the momentum of choosing Oneness.

It had to come to this before I'd re-choose. Anarchists would have to be subverting the social order and blowing things up before I'd make the leap.

We have words to describe what's happening for me. I've "changed my mind." I've "gotten the message." I've "turned my hat around" and embraced Oneness.

Dividing ourselves into warring camps - polarization - does not work. Only unity works.

OK. I got it.

Footnotes

(1) To process a vasana, see "How to Handle Unwanted Feelings: The Upset Clearing Process," December 29, 2018, at <http://goldenageofgaia.com/2018/12/29/how-to-handle-unwanted-feelings-the-upset-clearing-process-2/>

(2) And if I did, you know how I'd proceed. I'd establish a beachhead of understanding and radiate out from that.

Breakthrough

October 3, 2020

<https://goldenageofgaia.com/?p=313764>



I'm inspired by Linda Dillon's recent Daybreak on breakthrough (1) and encouraged to organize my own thoughts on the subject.

At the same time, I've just had a breakthrough from hostility to harmony and that fits into this discussion.

I invite anyone interested further in the subject to read anything by or about Werner Erhard, but specifically his biography. (2)

Breakthrough is an action. We break through a persistent barrier - physical, mental and/or emotional. It implies a push or release of extraordinary lengths designed to overcome what has until now been insurmountable.

In my view, it occurs as the result of several actions.

The first is the arrival of a settled will around the contemplated action or situation.

The second is the arrival of a full (100%) commitment to the action.

The third is the issuing of the command to move forward on our commitment.

The fourth is proceeding with all actions needed and all resources available to achieve the result.

I've often called the process "changing our vote." We can change it from a non-tea drinker to a tea drinker, but that would only be a very minor breakthrough, if one at all.

Linda points out that the word "breakthrough" is usually associated with urgent and important situations - something important that needs to be done and done now.

4When and how to engage in a major battle. Whether to fight back when attacked on the street. How to lift the car off my child. Etc.

We're either going to break through our hesitation, risk all, and do what we contemplate or not do it, continue to play safe, and hope for the best.

When suddenly we do it, we say we've had a breakthrough.

Well, when you look at the list, if one has not had the breakthrough one would like, it has to be for a reason either on the list or not contemplated yet.

Is ours a settled will on the matter? Or do we hope for rewards from not acting?

Is ours a full commitment? Or is part of us hanging back? A house divided against itself cannot break through. It requires our full commitment.

Have we issued the command to act? If not, what are we waiting for?

Are we going full out with all the resources we have whatever the predictions?

Looking for the roadblock in these areas doesn't guarantee success, but it increases our chances of it.

I'm undergoing a personal revolution as a consequence of a breakthrough. I switched my vote from hostility to harmony. (3) I now have a settled will on acting so as to encourage harmony. This is like walking into a new world.

In each everyday situation I have the choice to continue being hostile or begin to be harmonious.

I'm 100% committed to harmony and taking actions that demonstrate that commitment.

My not going with my "normal" grumpy responses is something that falls out of the breakthrough - a consequence.

I'm sure there will be others. One can't walk a new road, which breakthrough makes available, and not see changes everywhere.

Footnotes

(1) Linda Dillon, "Daybreak – Breaking Through to Breakthrough," at Sept. 28, 2020, at <https://counciloflove.com/2020/09/daybreak-breaking-through-to-breakthrough/>

(2) William Warren Bartley, *Werner Erhard: The Transformation of a Man, The Founding of est*. San Francisco: Clarkson Potter, 1978.

Werner is able to make an authoritative statement on the subject; I'm not. I haven't had that moment of realization on it and so I'm still piecing it together, a prerequisite I think to its advent.

(3) "From Hostility to Harmony," October 2, 2020, at <https://goldenageofgaia.com/?p=313728>

Paradigmatic Breakthrough – Part 1/4

February 4, 2014

<https://goldenageofgaia.com/2014/02/04/paradigmatic-breakthrough-part-14/>



Paradigm Breakdown and Breakthrough

We're often troubled when we feel inner turmoil.

But in the times ahead, we may grow increasingly uncomfortable with existing arrangements or the ways we see things.

Often matters come to a head and significant rearrangement needs to take place in our lives. And we don't know how the process came about or what its outcome will be.

That same process is basic to the scientific endeavour and is the way one scientific paradigm arises and succeeds another.

I wanted to spend a moment looking at it, because I've just had a paradigmatic breakthrough myself. I'll discuss the breakthrough, which is quite amazing, in the course of the next few articles.

Given that we're headed for a time that will probably show us the fall of one way of seeing things after another and given my own experience of it in the moment, I think the exploration of the topic may be useful.

We usually don't think of the paradigms through which we see things as being paradigms. They're simply normal for us.

But when they begin to be contested by anomalies, paradoxes, facts that just won't fit in, and when those threads that stick out grow in number or become ever bigger problems, we grow increasingly uncomfortable.

The more uncomfortable we grow and the more difficulty we have rationalizing things in the face of growing anomaly, the more difficult we may be to be around.

When the difficulty reaches the point where we can no longer stand the situation as it exists in the moment, we cast down our paradigm.

We may then accept the way of seeing things that has been forcing itself upon our attention. We may have a wholly new insight and see in a flash how things work that takes care of the anomalies.

Archimedes' "Eureka!" ("I have found it") moment has become synonymous with this type of paradigmatic breakthrough.

Whatever the new paradigm is, it resolves the anomalies and paradoxes that presented themselves to us before and allows us now to avoid those same anomalies in the future. (1)

What that means for us is that the rise of increasing anomaly, leading to paradigmatic breakthrough, is not necessarily a bad thing. If we try to hold on to our paradigms in the face of increasing anomaly, then it may become a bad thing.

But if we accept that increasing cognitive dissonance or anomaly can lead to a breakthrough in our seeing and understanding, then it may make the process more tolerable for us.

If those around us can see it that way too, it may perhaps become tolerable for them as well.

Anomaly is present when we see that things no longer fit for us or that our existing way of seeing things no longer brings us the resolution of events we wanted or comfort with the way things are.

If the anomaly doesn't disappear over time, but increases, that's a sure sign that an existing way of viewing matters is reaching the end of the road.

(To be continued in part 2.)

Footnotes

(1) Paradigmatic breakthrough is the exception to Einstein's comment that we cannot solve a problem thinking from the same level on which it was created.

But the exception proves the rule because in the moment of paradigmatic breakthrough, I maintain that, for a brief time, the individual is operating on a higher level than ordinarily.

Paradigmatic Breakthrough – Part 2/4

February 5, 2014

<https://goldenageofgaia.com/2014/02/05/paradigmatic-breakthrough-part-24/>



Time for a new paradigm

(Continued from [Part 1](#).)

Stumbling into a Whole New World

I can draw on my own experience of what a breakthrough looks like.

I stumbled onto a paradigm of communication as an unintended consequence of sourcing a vasana.

The vasana itself is unimportant. I regularly go through a stack attack at the end of each month over my frustrations.

This one brought up everything that was out in my life. And it brought up a constructed self I think of as the rebel.

But that wasn't the most interesting part. The most interesting part was that it threw into stark relief my communicational paradigm, which wasn't working, and introduced me to a new one.

Let's look at two paradigms of communication that we've had in the last, oh, hundred and fifty years. The new paradigm I saw would be a third.

Creative Repression

The Victorian era had a communicational paradigm that said that we grow by repressing or denying ourselves.

Their view of things reflected the fact that the body was seen as having a fixed amount of energy. If we bled off energy in emotional reactions, that energy had to be borrowed from somewhere else, causing depletion in some other faculty.

Victorian novels feature women collapsing because they became excited or hysterical (neurasthenia). Men were pictured as becoming debauched because they gave vent to their anger or cursed someone.

So if we suddenly grew excited, our body was physically drained of energy and we fainted. If we expended energy cussing another, we bled off the energy needed to keep up our ethical refinement and became debased.

This paradigm is not "true." In fact we have access to a great deal of energy from sources we know not. We're just learning about that at the present time.

Creative Expression

The Sixties and Seventies saw a paradigm arise that said that we grew by expressing ourselves. This is the paradigm that I was anchored in.

We let it all hang out, dropped the suppression, encountered each other, etc.

All our expression was seen as creative rather than destructive, which is where it differed from the Victorian perspective. Everything became a matter of creativity. I

even recall a book called *Creative Divorce*, which took the paradigm about as far as it could go.

This paradigm helped end a lot of useless suppression in our society but it also took its toll. Our unbridled expression, which we considered "creative," scared a lot of people who could not understand the benefit of owning and expressing our anger, etc.

When I sourced or completed my vasana, the fact that I lived in a context or paradigm called "creative expression" became plain to me because my vasana had me speak ... well, shall we say "creatively"? ... to my guides, the universe, anyone who would listen.

I saw the limits of the old paradigm of creative expression and, in a glimpse, an "Aha!" moment, I saw the new paradigm - self-mastery.

The glimpse began to spread through me. It was a matter of dawning awareness rather than an explosion into the paradigm. Let me look at this new domain that was made apparent.

Self-Mastery

The Arcturians through Sue Lie once said to me that the new leaders of our coming society will have to have mastered every thought and feeling. I sure don't see myself in that place at this moment.

At the height of my vasana attack, I realized that my "creative expression" of it was not working. I railed at the universe and, while I knew somebody was listening, I didn't get that the way I was expressing it was serving me.

I was watching myself as I blustered and saying to myself: "This doesn't work. This is not having the desired effect."

And either my guides whispered in my ear or I remembered the Arcturians' use of the phrase: "Self-mastery."

I more or less awoke to the notion as a paradigm, that self-mastery was the domain I now needed to explore. I was like the newest newbie on the block in a domain I knew nothing about. But as the hours passed, I realized that I'd been given the

answer I was looking for and now needed to build the context, the paradigm, the domain of meaning for myself.

Right now it seems like unexplored territory and dense jungle at that.

I could count the number of things I know about it on one hand.

Jesus has described in “The Third Way” the three paradigms.

“There [are three ways] to experience your own human emotions. The first way was to totally identify with your anger [creative expression]. . . The second way was to crowd it out, to suppress it and to condemn it [creative repression].

“The third way is to allow it – to let it be and to transcend it [self-mastery]. That is what consciousness does. The consciousness of which I speak does not judge – it is a state of being.” (1)

The third way is self-mastery, is a state of being, and involves observing our thoughts and feelings and not reacting to them. Other masters have encouraged us to drop our judgments. The new way of self-mastery is being imparted to us in bits and pieces.

Until I reach a point of completion with my past and the cleansing of all old baggage, issues, vasanas and false grids, I may not be proficient at it. I may stumble around a lot, but that's the way with new paradigms.

I'll share some of my realizations in the next piece and then in the last piece share the lessons I've learned about sourcing a vasana and breaking through to a new paradigm.

(Continued in Part 3.)

Footnotes

(1) "Jeshua via Pamela Kribbe: The Third Way" at <https://goldenageofgaia.com/2014/01/jeshua-the-third-way/>.

Paradigmatic Breakthrough – Part 3/4

February 6, 2014

<https://goldenageofgaia.com/2014/02/06/paradigmatic-breakthrough-part-34/>



(Continued from [Part 2](#).)

Going Beyond Creative Expression

I needed to source the vasana while at the same time getting the underlying message about my communicational frame of reference. It was a two-stage process and I went back and forth with it.

I was maximally confused. And I stayed religiously away from people while I navigated it.

I didn't navigate it alone. I had very competent help.

And now I'm left with the incidental discovery that my very paradigm of communication played a role in keeping me from seeing what I needed to see. My paradigm defined how I saw things. It limited my understanding. It was itself skewed.

As a result of my breakthrough into a new paradigm, a new world as it actually seems, I could see that the paradigm of "creative expression" may not come with us into the future. Parts of it may survive, because they're useful, but other parts may not.

The bar seems higher now. The bar, the paradigm of the future, appears now to be self-mastery and that takes things in an entirely new direction.

I feel like a fish having come up on dry land, I'm taking baby steps in this strange and new environment. I may as well be walking on the moon as be inside this new paradigm.

As a stranger in a strange land, I don't know a thing about the paradigm. I want to ask someone where the washrooms are. But I agree that the paradigm is a good thing.

It isn't the final step. No paradigm is. Every paradigm offers comfort for a while and then, as we expand more, begins to pinch somewhere.

All paradigms are sooner or later superseded, as far as I know. They're all thought-born and that alone ensures that they will be overtaken.

As each hour passed, the import and impact of this particular discovery spread through me and my amazement grew.

I may have reached here by stumbling into the Labrea tar pits (vasanas), but I got here, and not a minute too soon.

Being in quest of self-mastery, even if it means being the newest newbie on the block, is infinitely better than being in quest of creative expression.

Even the first minute of it, the first breath of it is invigorating. It's like being in a bigger room, a bigger house, compared to the old paradigm.

I get to see how any paradigm can be confining.

If this is not an example of paradigmatic breakthrough on the hoof, I don't know what is. I've shifted from the old paradigm of creative expression to the new paradigm of self-mastery.

Ever since, I've been seeing things about self-mastery. It's causing, not a creative explosion perhaps, but a building bonfire.

I get to see how much rides on me mastering my own thoughts and feelings. I get to see what vistas open up if I can get beyond creative expression to self-mastery.

I don't know where to turn next. I'm like a kid in a candy shop only there's nothing in the shop yet.

So let me stop here. I hope I've illustrated the process of paradigmatic breakthrough. I thank the friend who helped me through this situation, who assisted me to source my vasana and who listened to me as one paradigm collapsed and another arose.

I'll probably need a day or two to rest and make sense of where.

Now off to walk on the moon, all alone out here, taking baby steps into a whole new world.

In the last section I'd like to look at lessons learned and make some suggestions for others going through the same process of paradigmatic breakdown and breakthrough.

(Concluded in Part 4.)

Paradigmatic Breakthrough – Part 4/4

February 7, 2014

<https://goldenageofgaia.com/2014/02/07/paradigmatic-breakthrough-part-44/>



(Concluded from [Part 3.](#))

Lessons Learned

Before starting in, I need to say I'm not sure that we always have to break through to a new paradigm.

I've had several instances in my life where awareness has dawned without the need of a breakthrough. (1) But some situations are stubborn and may require it.

Increasing anomaly or inner turbulence may sometimes be a sign of mental or emotional difficulties, but it could just as easily be a sign of maturing perception and understanding.

In our society we develop cartoon ways of seeing people. "Eccentric genius" or "mad hatter" are examples of judgments we coin to describe a person sensitive to increasing anomaly.

My suggestion is to see increasing anomaly as a sign that we're reaching the end of the road with one way of being and look for the new road to begin.

Here's what I've learned from this tumultuous exit of one paradigm and entry into another.

Just as with a vasana, we don't want to project our frustration outwards. A simple statement that we're experiencing inner turbulence should be enough (but it also may not be) to gain us the room we need to go through the passage from a less adequate way of seeing things to a more adequate way.

Since we're all going to be experiencing a lot of anomaly in our society as we advance to higher-dimensional perceptions and understandings, it may make the way easier for us if we come to accept growing cognitive dissonance as a fact of life that we may all need to adjust to and make allowance for. We may need to cut each other some slack in this area in the days ahead.

If we ourselves feel anomaly, I recommend relating to it the same way we'd relate to a vasana: by noticing how we feel and naming it; by asking the mind to serve its faithful function of sending us a picture of what caused the anomaly and attending to the picture that arises; and then by allowing whatever process of awakening and resolution that follows to occur.

It would help if the person affected by the rising dissonance recognizes that it's a process of letting go of a paradigm that no longer serves (whether we know what that paradigm is or not) and allows the rise of a new paradigm that lets us manoeuver in the circumstances we face (not like we'll know what that paradigm is beforehand either).

The anomaly we feel may be too great to just pretend that nothing's happening. Our frustration level may be too high to just carry on as if things are normal.

If we're not accepted while in this phase, it may become difficult to be around others. Their frustration would add to our frustration and breakdowns could occur.

If we can be granted space while going through this process, or find a quiet place or an outside space to be in while we allow the new paradigm to emerge, that may

save us all a lot of wear and tear. (I was granted space and I thank those who did so.)

We'll know when the new paradigm arrives. Archimedes is depicted jumping out of the bathtub, hopefully clad in a towel, and running through the street when he had his paradigmatic breakthrough.

We call these "Aha!" moments and they can lead to great discoveries. We may feel ourselves swell with satisfaction, the end making up for the journey.

But it can feel like a rocky ride while we're going through the turbulence.

OK, time to rest. And then go off exploring this new land.

I'm going to give you a rest for a day from the current subject and then continue establishing a beachhead in this new land of self-mastery.

Footnotes

(1) In fact there are explosive and quiet breakthroughs. My heart opening of March 13, 1987 is an example of an explosive breakthrough. Changing my vote from hostility to harmony is an example of a quiet breakthrough.

Breaking Through to a New Paradigm – Part 1/2

September 5, 2016

<https://goldenageofgaia.com/2016/09/05/breaking-new-paradigm/>



Credit: billbovill.com

I said yesterday that I'd look more closely at the growth work I did over my holidays.

I wrote this article before reading Sandra Walter's latest, in which she said:

"Transparency and disclosure is a global unfoldment; every heart and mind will have to come clean. Revelation affects everyone, not just *the bad guys* – and you can accelerate all of it through your own transparency and disclosure. Express all that is within your heart, and the collective will reflect that." (1)

I get the impact of the third wave she describes in her article. And I so agree on the importance of transparency and disclosure - our own, never mind the bad guys.

Without us disclosing and letting go of our unworkable ways, our relationships will only get more and more strained as we head into the more refined vibrations.

Take me. I made a profession as a child of being a complainer. Now the basic negativity of that profession colors everything I do. In the more refined vibrations, I'm going to stick out like a sore thumb.

To return to the growth work, the trigger for it needs to remain private, but I fell into a depression as a result.

I had a disastrous social exchange while inhabiting this down space. I became frustrated, sharp with another, pointed in my remarks, altogether objectionable. I should never have ventured out.

In the reflection that followed, I became aware that not just one, but a number of areas in my life were simply not working. My conditioned behavior, which had never really worked but which many people caringly turned a blind eye to, was starting to cost me and others big time.

I looked for help and one source was my guidance. When I was in the pit of despair, I received this apt counsel, by way of a thought that didn't come from me: "You can't afford the luxury of a negative thought," someone said.

That really rang a bell with me, for some unknown reason. It connected with my situation at some deep level that I didn't fully understand.

You'd have to unpack that sentence to really get how appropriate it was for me.

I have to say more about my childhood career choice: the whiner and complainer.

As the youngest in the family, the only way I could get attention was to whine and complain. So I became a professional at it. The squeaky wheel that got the grease, Always seeing the negative side of things. Always seeing what wasn't working. Oh my. A life sentence of negativity and objectionableness.

In the amount of pain I felt at seeing this, I saw how my tactics of negativity needed to stop.

I worked for days with this one piece of guidance.

But there was also a second source. Three local friends in my life operate on a similar, wonderful philosophical principle. Just purely by coincidence. They don't know each other well.

I knew there was something about what they did that worked but I could never describe it or get the hang of it.

Then, one day, I was hurting bad and looking for a way out. In response to a now-forgotten question, one of the three said to me "I'd rather be happy than right." Again the light went on.

Yes, that's what all three of them seemed to know and practice in common. That remark sank right into me. The realization that occurred at that moment was strong enough to cause a paradigm shift. I dropped wanting to be right rather than happy and took up the reverse.

I saw that I'd always lived by the opposite precept: I'd rather be right than happy. A person following that line of behavior drives people away. It fits right in with being the complainer - the righteous complainer. Dead right.

So switching from where I was to where my three friends are was definitely a plus for me, a benefit, an advantage. (2)

Perhaps notice that I'm moving from one line of behavior to another here. I'm changing my mind and changing my behavior. Such a thing is possible and usually realization furnishes the juice, the power to make a change of mind and behavior. (3)

Being motivated to change is not our usual MO. Usually we resist attempts to change us or have us change. But when we hurt enough, as I did at that moment, we can make needed changes, without resistance.

I now have to true up to this guidance and assimilate it, allowing it to turn me in a more favorable direction than I've been in.

(Concluded in Part 2, tomorrow.)

Footnotes

- (1) “Acceleration and the Solar Eclipse: Making the Choice,” by Sandra Walter, August 29, 2016, at <https://goldenageofgaia.com/2016/08/30/sandra-walter-acceleration-solar-eclipse-making-choice/>
- (2) Which I later called “changing my vote.”
- (3) Later I called this “reparenting.”

Breaking Through to a New Paradigm – Part 2/2

September 6, 2016

<https://goldenageofgaia.com/2016/09/06/breaking-new-paradigm-part-22/>



While the shoe fits.... Credit: www.containerstore.com

That was only one set of vasanas that went off over the holidays, what with the rising energies, solar eclipses, etc.

Here's another.

I'm a monk and an introvert by inclination. But I've also made agreements that will pull me more toward the extrovert side of the spectrum.

Those agreements will mean, at a future date, a lot of meetings, conference calls, lunches and dinners, etc. As an introvert, I don't excel at these. I wouldn't seek them out voluntarily.

How am I'm going to do this and remain calm, loving, and sane?

I look and look at what isn't working, what there is to do, what I *can* do.

At last I look at the way I'm holding things. Something about my context or paradigm (introvert vs. extrovert) may not be working.

Notice what I'm doing. Cognitive dissonance has arisen in the sense that as an introvert I'm feeling a lack of space for introspection and my future holds more extroversion and even less introversion. I therefore feel anxiety rising.

What do I do? I begin to look for another way to contextualize my situation that will work better. A different way of framing it. A different way of describing it.

In this never-ending stairstep of paradigms, what other distinction can I make that works better than this one and entices my mind to change?

"Servant and served. I am the servant."

Interesting. Let me try it on, test it out.

Yes! That fits.

I've always considered myself Archangel Michael's servant. I am the Mother's servant.

I now begin a different phase of that service with the Reval.

I'm kicking the tires, looking under the hood, considering.

Yes, that paradigm works for me. Thank you. I'll take it.

In whatever occurs, the gate I start at, the ground I stand on, and the destination I aim for is service.

It's confronting to say this publicly but then, if I weren't saying it publicly, I probably wouldn't be doing it. Nothing would be holding me to the mark.

There has to be something at stake to make a person move and, when you write ethnographically and publicly as I do, you have a lot at stake.

A servant cannot afford the luxury of a negative thought. In most situations, a servant will profit from being happy rather than being right. A servant knows to take care of himself first if he's to be of service to others and to allow himself some downtime and playtime. A servant....

The dissonance is gone. While the shoe fits, I have a new paradigm.

⌘ Out with the Old ⌘

Basic Third-Dimensional Illusion: Separate Selves Struggling for Survival amid Seeming Scarcity



What is the mindset we're trying to let go of, that tells us how life is in our everyday setting? Can we state it in its simplest and most fundamental form?

Let me offer my version of it:

We are separate selves struggling for survival amid seeming scarcity.

The best label for this view of life, in my opinion, is "social Darwinism." Life is a struggle for existence, in which only the strong survive.

Can we look at this short statement, as an approach to dispelling our primary 3D illusions?

(1) *We are separate selves.*

(a) We are selves. That's true. God tied a knot in the ocean of love, light, and consciousness. The balloon thus formed, full of God-stuff and consciousness, we call a self.

(b) So long as our vibrations are dense and heavy, we can only know that self as something separate from all other selves.

We don't see or feel the God-stuff. We refuse to admit that the seeming individuality we have is not fixed, permanent, or eternal. We are God but we refuse to abandon our penultimate state as God the Self, Christ, Atman, or pearl of great price.

St. Paul describes the ultimate surrender of the Self - in Biblical code - here:

"Then *cometh* the end [final enlightenment], when he shall have delivered up the kingdom [all the bodies, all the selves] to God, even the Father." (1)

This surrendering of the Self constitutes "final" enlightenment, which, in my vision of 1987, was represented by the small golden star returning to the Father and immersing itself in him. (2)

Therefore, viewed from the standpoint of ultimate Reality, there is only One and therefore we must be that One. Otherwise there would be a second.

Viewed from the Highest Reality, then, there never was, is, or ever shall be separation between God and this apparent "me."

So the separation from God is only a seeming, which occurs on the Third and Fourth Dimensions, the lowest and most dense we'll ever see.

Therefore, this part of our statement - that we are separate selves - is not absolutely and fundamentally true. In the end, it's revealed as an illusion.

(2) *struggling for survival*

Survival - do we actually need to survive? Have we ever questioned that?

I've been outside my body and see that I am not my body. When I was outside it, I never felt hunger or questioned where I'd sleep that night. I was free of all those conditions.

Whatever happens to my body at death need not concern me for I have a life independent of it. So for me, anyways, survival is not an issue.

(b) Struggling - do we need to struggle to survive? Or struggle for anything?

In the time I spent in Fifth- and Seventh-Dimensional love, I found myself in a state of consciousness where any idea of struggle would have been laughable. Laughable because I could not have struggled for anything, so deeply awash with love was I - rich, profligate, generous. I could have given it all away.

No struggle there. But no struggle also because I had everything I wanted. Don't you see? Love - real love - is what we're looking for. So I know a state of being where real love is free and plentiful and in that state is not a thought of struggle.

In that state, we're certain that we've arrived. There is nowhere else to go except deeper and deeper into Love.

Therefore, that we need to struggle to survive is another myth, another illusion.

(3) *amid seeming scarcity.*

Leaving aside the fact that any scarcity we create increasingly seems to arise out of our own beliefs in lack and limitation, there was certainly no scarcity where I ended up. I drowned in an ocean of love. No scarcity there and I wanted nothing else.

If you offered me gold while I was in that state, I'd have only smiled. I wouldn't have lifted a finger for it. What can gold give me that love does not? In that state you really get the importance to us of how we feel. Because when we feel brimful of love, we want nothing else.

All I wanted was to touch the fingers of other love-soaked pilgrims as they passed me by going wherever they were going in an unrushed, love-drenched world.

Consider the free gifting of replicators as a mid-term tangible indication that there's no scarcity. The replicator will give you whatever you ask of it.

Then consider that, before our journey of Ascension has ended, we'll be creating what we want by thought. No scarcity there either.

The trend is not towards scarcity but away from it. So this part of our statement too seems to be an illusion.

There isn't a part of our statement of the fundamental credo of the Third Dimension that has held up to scrutiny when viewed from a higher-dimensional perspective.

And yet this point of view is so basic to our behavior patterns that we "live it," without thinking about whether anything about it is true, real, eternal. And nothing about it is.

We are not separate selves struggling for survival amid scarcity.

We are Children of God, not different than or separate from the Mother/Father, learning our true identity by willingly entering an illusory world and limited existence for a time. Our journey ends when all individuating bonds are broken (the balloon is burst) and we experience our Oneness again.

Footnotes

(1) I Corinthians 15:24.

(2) See "The Purpose of Life is Enlightenment – Ch. 13 – Epilogue," at <https://goldenageofgaia.com/2011/08/13/the-purpose-of-life-is-enlightenment-ch-13-epilogue/>

The Prevailing Third-Dimensional Paradigms – Part 1/2

May 11, 2013

<https://goldenageofgaia.com/2013/05/11/the-prevailing-third-dimensional-paradigms-part-12/>



If flow is the paradigm for the way of life in the Fourth Dimension, what have been the predominant paradigms of the old Third?

The scientific paradigm is empirical materialism. And we'll return to that in a moment.

The prevailing social paradigm for perhaps the last 150 years has been Social Darwinism.

What are its tenets?

Social Darwinism is the view that life is a struggle for existence. It sees there as being scarce resources for which we compete. And it predicts that only the fittest will survive.

It sees nature is red in tooth and claw. That is, nature is neutral and favors the strong. Whether that tenet is true or not, its implication is that the social environment is also red in tooth and claw.

Predation does exist in nature. To that extent it may be red in tooth and claw. But even nature is weighted toward the good and the benevolent. That is, while life forms may prey on each other, the natural order, the universal law, etc., though impartial, tends to favor the good. Here is Lao Tzu making this important observation:

“Impartial though the Way of God may be,
It always favors good men.” (1)

The fact that the natural order, or divine order, can be impartial and yet favor the good is a mystery that the spiritual student needs to solve. For free will to be allowed, impartiality has to be the case at the level of the Divine.

But for the purpose for which life was created to be served - for us to travel from God to God - the Good must also be favored. If life were not purposeful, this tendency toward the Good might not be the case.

So the mere fact that nature may on some level and in some ways be red in tooth and claw does not invalidate its pointing and tending towards the Good.

And the mere fact that the animal world features predation is no reason for the human world also to do so. Spiritual evolution lays down that it not be so. The human level of existence is there, I believe, to promote the ability to love one another, not to promote the ability to prey on one another.

The notion of spiritual evolution is what's missing from the Social Darwinist interpretation. It emphasizes the physical but leaves out the spiritual.

Life forms evolve to higher and higher levels of divine existence. Human society is not and never was intended to be red in tooth and claw. That applies to its first tenet.

Its second tenet is that only the strongest survive. The weakest go to the wall. This tenet has never been observed in human society, although there have always been people who've tried to make it prevail.

Any kind of care-giving in our society - care of the young, the sick, the disabled, the poor, the old, and the dying - is a refusal to live by this merciless interpretation of life.



The weakest seldom go to the wall. The young are protected. The sick are tended to. The disabled are assisted. The old are cared for. And the dying are made comfortable.

If we knew that the dead live on in circumstances much preferable to the living, we might give them a joyous send-off. (2) I certainly ask for one myself.

I predict that access to the medical and hospital care system based on wealth is not a system that will last. Universal medicare is practised in many countries and is seen as an “enlightened” social approach. All citizens who live under such a system, when general economic conditions are not limiting, would never live under any other.

Education, roads, bridges, electrical, telephone, and water systems - all manner of projects are in whole or in part paid and provided for by society at large. If not these projects, then others.

The elites of society preach rugged individualism and free enterprise only as long as they’re winning. When they’re losing, they look to government to bail them out.

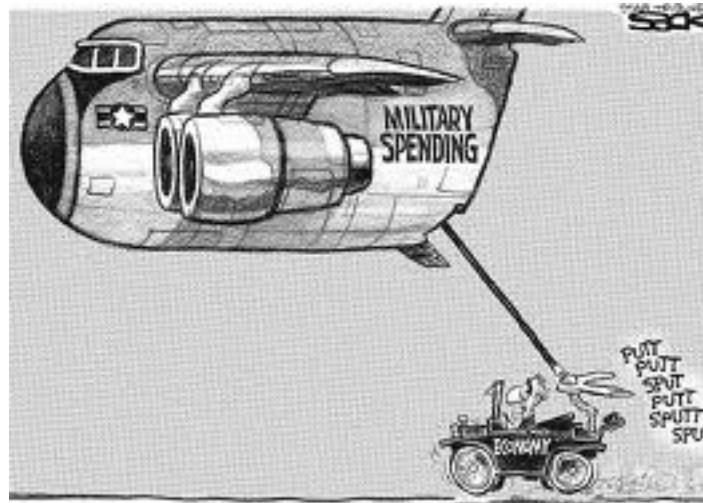
The bank bailout of former years is one example of this “free enterprise” while the rich are winning and “government assistance” when the rich are losing. They extract wealth from society while attempting to pass the costs along, which is one way the rich get richer and the poor get poorer. Until now.

(To be continued tomorrow or preview in [Part 2.](#))

The Prevailing Third-Dimensional Paradigms – Part 2/2

May 12, 2013

<https://goldenageofgaia.com/2013/05/12/the-prevailing-third-dimensional-paradigms-part-22/>



(Continued from [Part 1](#).)

The defense industry, paid for by all of society but manipulated by the planetary controllers to enhance their global dominance, is another example of the rich elite requiring society to fund it, while obstructing or limiting funding for such things as medical care and education.

Nonetheless, in our society the weakest have still seldom gone to the wall. The instances in which they have, such as in Nazi Germany's eugenics program, are held up as examples of inhumanity.

If we were to be quite callous about the matter, I'd say that males are typically looked to to provide for and protect. A man may be evaluated for his outlook as a good protector and provider.

Women are typically looked to to nurture and support and are often represented as being valued for their proficiencies there.

Our male-run society has moved further and further from flow and into strategy, manipulation, and control. This is the manner in which the constructed self is born and rules.

What can arise in such a society has been suggested by Mother Earth through Pamela Kribbe. She recently made the distinction between these two paradigms, associating one with the male and one with the female.

“If you are aggressive, and you focus on control, power, and manipulation through mental processes, the feminine soon becomes your enemy, because the feminine is by nature more flowing, more flexible, and more connected to qualities of feeling and emotion.

“The feminine is the source of all inspiration. She creates the bridge to your soul. Your soul flows through your feminine energy. The masculine energy is meant to support that inspiration, and to make it possible for this inspiration to become established in the material world.” (3)



She describes the male as being ensconced in armor - what Wilhelm Reich might have called “character armoring.”

“When you see how a man looks historically, at the pain he has suffered, then you see a man whose emotions are not allowed to flow sufficiently.

Men have identified with thinking, doing, and acting, but the connection with their heart is broken or difficult to find.

“If you look at the figure of a man, you can see that he lives partly within a shell or an armor. This armor gives him the feeling of security on the one hand, but at the same time it restricts him, because his heart is stifled. You can see his tide of passion and love, but that current may not flow very freely through his armor; there is congestion and blockage within him.

“Men cannot express their feelings very well, because they have to contend with an old armor that no longer actually fits them, and you can perceive there are already cracks in the armor of this representative male.” (4)

One has only to watch the crime dramas on TV - NCIS, the Mentalist, the Listener, Criminal Minds, Homeland, Warehouse 13, Flashpoint, on and on the dramas go that reinforce the masculine view of life that society is a dangerous place, that we need the authorities to protect us, that the male skills of analysis, control, and prevention are essential, etc.

But none of that - or very, very little of it - (5) is destined to go forward with us into the higher dimensions. The Social Darwinist point of view, that underpinned the rise of armies and constant war, reduced civil rights, led to the battering of the rich, the abandonment of social services, etc., is now falling around us and is destined to collapse completely.

Social Darwinism is our dominant social paradigm. It dovetails nicely with our dominant scientific paradigm, which is empirical materialism.

This scientific paradigm holds that only things that can be seen, heard, felt, tasted, etc., are real.

Those people who are aware that a planetary elite tried unsuccessfully to take this planet over (they've been stopped) can see how well the paradigm of empirical materialism might serve them.

Empirical materialism removes from our information banks the only other source that can help the underdog when manipulated and placed under the control of the planetary elites - and that is the very Company of Heaven which we listen to every

day. These higher-dimensional beings, often from distant parts of the universe, who serve the Divine Plan, observe the universal laws, but cannot be seen are our natural allies.

The standard approach to these invisible beings, who are known to the planetary controllers, is to ridicule mention of them. But this being a time of shift, these beings, our natural allies, have seen that none of the plans of the cabal have been allowed to succeed, even if certain actions cannot be prohibited by universal law.

Besides cutting us off from our natural allies, empirical materialism cuts us off from our own invisible soul or any of our other higher-dimensional bodies, all of which are unseen. And it instills in us the fear of death.

Life becomes about this one physical body we're in. There's no sense of survival after death. And so all attention is placed on prolonging the survival of this body we presently inhabit in this Third Dimension.

Under these two paradigms, life becomes about "survival." Take away any belief in a beneficent God and we're left with the idea that resources are scarce and we must compete with each other to survive. This paradigm is guaranteed to keep us in a dualistic and polarized perspective, fighting each other.

So empirical materialism deprives the downtrodden of their allies and increases the likelihood that the advocates of Social Darwinism will prevail in the struggle for existence which they themselves lay down. It creates a view of life that keeps people perpetually separate, divided, and competing. These two paradigms are central in keeping our consciousness in the Third Dimension.

Footnotes

(1) Lao Tzu, *The Way of Life. The Tao Te Ching*. trans. R.B. Blakney. New York, etc.: Avon, 1975, 132.

(2) See *New Maps of Heaven*, at <https://www.angelfire.com/space2/light11/nmh/nmh-index1.html>

(3) “Mother Earth via Pamela Kribbe: Restoring the Male and Female Energy in the Body,” May 7, 2013, at <https://goldenageofgaia.com/2013/05/mother-earth-via-pamela-kribbe-restoring-the-male-and-female-energy-in-the-body/>

(4) Loc. cit.

(5) The Galactic Federation of Light is an example of a higher-dimensional coalition that still offers protection, but according to the universal law and in a condition of flow.

What Philosophy Underpins Economic Inequality? (Repost)

September 9, 2020

<https://goldenageofgaia.com/2020/09/09/what-philosophy-underpins-economic-inequality-repost/>



No trickle down here but help will be on the way

Another look at business Darwinism, a philosophy that will not go with us.

What belief system or philosophy underpins the inequitable distribution of wealth in the world?

Historians called it "social Darwinism."

Popular self-help writers called it "Looking Out for Number 1."

Economists called it "enlightened self-interest."

The Company of Heaven (the CoH) calls it service to self.

I call it the self-serving bias.

Not only is it used to justify laissez-faire economics. It can be used anywhere by an apologist of the existing order or the status quo.

Here's an example from a currency holder (or maybe a shil or plant), called
"Removing The Weak From Dinarland' - Guest Post by One Who Believes":

"Dinarland Scams and deceptions will end up separating the Weak from their currency and taking them out of action. Is this wrong? No, it is nature's way. Some people just weren't meant to be Millionaires, Billionaires, and Trillionaires.

"In all things there is a higher order of life that is beyond our perception at this time. In the VERY BIG PICTURE, some in Dinarland won't make it to the Exchange and that is how it is supposed to be. This is nature's way of culling out the weak from the strong.

"As Darwin proposed that survival of the fittest is nature's way of ensuring its long term survival. In this post I am going to explain how this 'Culling' works and how to keep from being 'Culled Out of Exchanging.'" (1)

Whoever claims this as a universal law or higher order of life has it backwards; it's a lower order of life and is destined to disappear for evolving humans.

The CoH has said many times what the fundamental and critical structure in it is: The belief in our total separateness.

I say "total" separateness because we have now and will continue to have individual bodies until a much higher dimension. We're not yet a "monad" or "group soul" or whatever other name is used to denote the dropping of many aspects of individuality and the rise of group consciousness. So we are to all intents and purposes separate.

Individuality is only dropped completely when we merge again with the Godhead from whom we've come.

But its more what we do with that knowledge that we're looking at here.

Our body has biological needs that have to be satisfied to stay alive. Probably none of us could survive alone any more. We rely on each other to create an economy that can satisfy our needs.

To satisfy our needs, we have to work with, buy from, and sell to others.

Some people will choose to cooperate with others to satisfy their biological needs and some will choose to compete.

Among those who choose competition, some will compete but "play fair"; the social Darwinists will claim to play by the law of the jungle. Like nature, they say, human society is red in tooth and claw. Human society and economic activity favor the strongest. The weakest go to the wall.

For them, "strength" translates into wealth - or, more particularly, what money can buy. In some countries, it buys protection, immunity from prosecution, favorable press coverage, etc.

Moreover, advantage is cumulative. Having certain possessions, perks, and prestige gives the wealthy access to still more lucrative circles.

Myths of rugged individualism are shored up the social-Darwinist viewpoint. Stories of rags to riches, of pulling oneself up by one's own bootstraps, of local boys making good were promoted. Endless tales of individual courage and compassion - many of them war stories - were contributed by mainstream media and Hollywood.

How the wealth of those who "made good" was to be shared with others was mandated by Ronald Reagan's "trickle down" theory of economics. Trickle down proved to be simply a facade, a cover for seeing that nothing reached the masses. Or as little as possible.



The problem with social Darwinism, apart from it being based on falsities, is the penalty one pays in terms of one's beingness and awareness for holding it as a belief.

We know some of the ways in which life is designed. For instance, we know that the truth sets us free from the bonds of our stress and tension. The converse is also true, that lying, fabricating, deceiving multiply our stress and tension.

Our social-Darwinist friends who've gained their wealth through pushing and lying, will have burdened their consciousnesses with devious strategies, ulterior motives, hidden agendas, etc.

Their awareness will likely be lower than otherwise as a result. Their experience of life will be curtailed in the sense that they cannot experientially reach the higher levels of happiness, joy, bliss, and so on.

And, irony of ironies, they probably won't be able to know what's happened because they probably won't be aware that their awareness has decreased.

In fact awareness of what one is doing is decidedly avoided by many social Darwinists. Cover-ups and masquerades are the order of the day.

Rather than valuing awareness, many in this belief community admire shooting off a pat answer or having a comeback that brings the house down, hiding their weaknesses, failures and defeats, and looking good (desirable, attractive).

Since males are deemed the strongest, social Darwinism often obliges women to succeed as best they may. All too often, that becomes translated into "looking good," sending women off to buy lotions and potions, do's and dabs, all to have "that look." Women become sexual objects, dependent on men for their livelihood.

This whole belief system and everything that flows out from it is what needs to go.

In place of an economically-competitive society that favors the strongest and wealthiest, I'd like to see what folks at the turn of the Twentieth Century called a "cooperative commonwealth," that doesn't favor anyone and sees to the needs of all.

I won't be stopped by social Darwinists calling me a communist or a socialist. I am neither. I'm a humanitarian and a centrist.

The higher our vibrations go in this love shower from afar that we're experiencing as a world, the more we'll see and yearn for unity as a planet. Belief systems like social Darwinism will fade from our consciousness as our unified identity as incarnations of love becomes obvious.

I can guarantee that, when one is in bliss, the unity of the planet and all life is readily apparent, whereas it's not in our ordinary conscious state. And nothing of nature, red in tooth and claw, is to be seen.

And soon that will become apparent to large numbers on the planet. The drive to express our unity and compassion in our social arrangements will then become irresistible, sweeping aside our false notions of reality.

Footnotes

(1) "'Removing The Weak From Dinarland' - Guest Post by One Who Believes," *Dinar Chronicles*, Sept. 17, 2016, at <https://inteldinarchronicles.blogspot.ca/2016/09/removing-weak-from-dinarland-guest-post.html>

Is Nature Red in Tooth and Claw?

November 28, 2020

<https://goldenageofgaia.com/2020/11/28/is-nature-red-in-tooth-and-claw/>



Mother Nature

Well, if we're shelving old paradigms by way of this creative chaos, then I nominate the Social Darwinist model for retirement, with thanks.

It holds that life is a struggle for survival in which the strongest survive and the weakest go to the wall.

It points to nature for its authority. Nature, it says, is red in tooth and claw.

This became a sacred, unassailable, and obvious truth among many people of influence, especially imperialists and financiers of the late Nineteenth Century.

But we keep hearing descriptions of the original Earth and Nova Earth that bear no resemblance to this view of "nature."

Sanat Kumara described the original plan and how it devolved over millions of years:

"The 3rd dimension was simply so that you angels and star beings could come to Earth and have a physical experience, whether it was for thirty seconds or three thousand years. It was simply intended in the Mother's plan to be a planet of play for her angels.

"Now when the humans assumed form, and we are talking a progression over millions of years, the density rather than being in joy, we are just even talking about the density of physicality, became enormous." (1)

Nowhere was predatory behavior written into the Plan. Nowhere is there a mention that we'd eat animals or enslave each other, for example.

Then certain off-planet civilizations began exploiting terrestrials. There are many versions of this story. Here's one from Suzanne Lie's Arcturians.

"For eons, the third- and fourth-dimensional Beings lived in co-operation, harmony and great peace. The Blue Planet, Earth, was one of the most beautiful jewels in this Local Universe.

"Many developing civilizations visited Gaia to experience Her beauty and peace. However, since these civilizations were still 'adolescent' in development, they were often selfish and took from Gaia without replacing what they had taken. They experimented with Gaia's Kingdoms, especially the Animal Kingdom, to attempt to create workers for their selfish needs.

"Wars were fought and dear Gaia was left on the edge of annihilation more times than She would wish to count. Again and again, Gaia had to call on her fourth-dimensional Elemental Kingdom and Her sponsors in the higher dimensions to pull Her from the grasp of destruction." (2)

Kryon agrees that death and destruction were visited on the Earth and "in part, Humans created it. Humanity has gone through at least four stages of civilization through different ages and have almost terminated each time" (3)

Matthew Ward tells a similar tale. What caused the devolution of Earth? Matthew was asked.

"In a word, darkness. Originally the planet, the embodiment of the soul named Gaia, was an unpopulated paradise, the Garden of Eden in its entirety. ...

"The first people to arrive on the pristine light-filled planet, which then was called Shan, was a group from Lyra who hoped to find gold. They hadn't obtained clearance from the Intergalactic Council to go there and hadn't submitted a mining petition because they didn't want to share a potential gold lode with other civilizations.

"Those violations of universal laws sowed the seeds of deception and greed, and that initiated the low vibrations of negativity on the planet. Then the group brought a subhuman species to do the arduous labor of mining; harsh treatment of that slave population and damage to the land by gold extraction added more negativity." (4)

Where in these descriptions is nature red in tooth and claw? Humanity - on-planet and off - is, was, or became red in tooth and claw, and attempted to subdue and control nature.

I know from my own experience and the testimony of our channeled sources that predatory behavior, implicit in the description "red in tooth and claw," does not exist in the higher realms. Where then can we find it?

I need to step back to answer that question.

Who or what *is* "nature"? Well, how about us using another term for it? How about "Mother Nature." The Mother of the natural order, the material world. Matter, *mater*, Mother.

"Nature" in fact refers to the Divine Mother and her domain of matter, the domain that's ruled by the natural law. (5) No law can extend to the Father's transcendental domain. It's void of anything material, though filled with love.

The Divine Mother - her Kali portrayals to the contrary - is not a source of predatory behavior. I just quoted a passage from her the other day where she says she does not build her Nova Earth platform on abusive or controlling behavior.

Divine Mother: [I am speaking about] those in ... positions where control and abuse of power have been rampant. That will not be the platform [from] which integration of the various galaxies takes place. That is not the Plan.

I know very clearly, sweet one, as do you, if it is not [in] my Plan, then it will not occur.” (6)

"Integration of the various galaxies" refers to the opening of a brand new interdimensional region of space.

So "control and abuse of power" have no place in her Plan or in her world. It's humans who introduced that behavior.

It won't exist in Fifth Dimensionality. In the higher worlds, the lion lies down with the lamb. There are no killing machines. No one's eating anyone else's lunch. Or each other.

So, no, nature is not red in tooth and claw. Humans have subverted the natural order in many places. Their behavior has been red in tooth and claw. Look no further than World Wars One and Two.

Fact checker: No pass. Retire one obsolete paradigm.

Footnotes

(1) "Sanat Kumara explains the 1st Universal Law, the Law of Purpose," August 16, 2013, at <http://counciloflove.com/2013/08/sanat-kumara-explains-the-1st-universal-law-the-law-of-purpose/>.

(2) "The Arcturians – Returning to New Earth," channelled by Suzanne Lie, August 28, 2015. <http://suzanneliephd.blogspot.co.uk/>.

(3) Kryon in Mike Quinsey's Message from My Higher Self, May 19, 2019, at http://www.treeofthegoldenlight.com/Mike%20Quinsey/Channeled_Messages_by_Mike_Quinsey.htm.

(4) Matthew's Message, Dec. 13, 2018, at <https://www.matthewbooks.com>.

(5) The Mother is the Voice crying in the Father's Wilderness. The Father is lawless, a void, a wilderness.

When I asked her why knowledge of her was more precious than rubies, she replied:

"Knowledge of me is more precious than anything because I am your connection [to the Father]. When you are with me in the fullness of union, as full as you can know it while in form, then you are connected, and in, not only my creation, but my wisdom and my love. And in that is all. It is all you need to know or can know or will know." ("Transcript of the Divine Mother on An Hour with an Angel, May 7, 2012," at <http://goldenageofgaia.com/the-2012-scenario/what-role-are-the-angels-playing/transcript-of-the-divine-mother-on-an-hour-with-an-angel-may-7-2011/>.)

She alone is all that can be known; he remains unknown and unknowable.

(6) The Divine Mother in "Enter the Delegations – Part 2/3," May 5, 2019, at <http://goldenageofgaia.com/2019/05/05/enter-the-delegations-part-2-3/>. Reading, April 30, 2019.

Killing for Market Share: The Old Paradigm in Business – Part 1/2

April 16, 2018

<https://goldenageofgaia.com/2018/04/16/killing-for-market-share-the-old-paradigm-in-business-part-1-2/>



It's eat or be eaten in business. Credit: joannapennebickley.typepad.com

As financial wayshowers, one of our tendencies is to look to see how people did business in the past and then to borrow from them.

But we have to consider that those who went before succumbed to some pretty shallow and often corrupt business practices and have very little in the way of philosophy to bequeath to us. My own suggestion to financial wayshowers is to forget how business in the past operated and to carve out new paths, based on love, compassion and integrity.

What's missing here is an appreciation of the extent to which the Illuminati owned the economy and were working it for their own enrichment and the subjugation of the working and middle classes. While I suspected collusion in business, I had no idea that everything - business, politics, religion, medicine, education, the military, etc. - was permeated by Illuminati control.

I'd like to look here at the philosophy I call "Business Darwinism." Business Darwinism is the pseudo-scientific application of the principles of Charles Darwin to business.

Business theorists who followed its tenets represented business as a struggle for existence in which only the fittest survived. The business world was a jungle, red in tooth and claw, and the business that succeeded was the one that could pounce first.

"In that modern-day tribe called a corporation," said a Dow Jones ad in *Business Week*, "it's still the survival of the fittest." (1)

Firms rose and fell because "it's evolution. Successful firms will grow big, and smaller ones will shrivel and die." (2) This doctrine was held to be synonymous with economics itself, as if it were an invisible law of the universe.

Megafarms, for instance, many of them in Florida and California, favored letting the weak go under. "It sounds cruel, but that's what economics is all about," says John Zonneveld Jr., who had a 10,000-head operation in Laton, Calif. (3)

"Social Darwinism is respectable again," *Report on Business Magazine* observed in 1991. (4) The modern firm had to be ready to turn on a dime, downsize their workforce, locate overseas, and do anything else to see that no one else ate their lunch.

The sense of urgency that business leaders saw all around them in the nanosecond nineties moved some to declare that "a major shakeup is coming soon -- one in which only the strongest, best prepared companies will survive." (5) This was the decade of the major global meltdown, the first in which computer technology combined with global telecommunications to make world trade wars possible in real-time.

"If management really wants to be around in the nineties, something has to be done. We no longer are just competing with the company down the street. Today, the name of the game is global competition. Survival is what many businesses are facing." (6)

The Nineties were considered to be the first decade of true global competition and global economic warfare.

"Today's manufacturing market is a truly world-wide market where only the world class manufacturers will survive. ... To achieve the dramatic results needed for world class competition, dramatic changes are needed in manufacturing philosophies and techniques." (7)

The business page read like the sports page. Where nations once squared off against each other, now global businesses went toe-to-toe. Sometimes America lost ground:

"While internecine strife hogged attention at home, the U.S. retreated in the far more important war of global competition. Biggest winner: Japan, where companies stay in fighting trim without having to listen for predator's footsteps." (8)

At other times America surged forward: With the rise of low- cost capital, the U.S. "scored a victory in its battle to become more competitive in the global economy." (9) The successful survivors were lean and mean. "What is GE Capital's edge?" asked Business Week. "Most important is a culture that successfully blends an entrepreneurial spirit with the hard-driving and intensely competitive focus of its parent." (10)

This point of view supplanted the liberal tone of discussions from the Seventies and early Eighties. Where once caring and commitment had been praised, now lip-service was paid to the would-be-masters of the universe who overpowered, dominated and controlled. (11) In the service of market share, global firms were pictured slugging it out and fighting glorious battles.

Business Darwinists often described the competitive process as a game like boxing, hardball, or football. For example:

“For much of the last decade, U.S. companies have been maligned as wimps that lacked the grit and gumption to stand up to Japanese and European rivals. As they cowered in the big shadows thrown off by the Siemenses and Matsuhitas of the world, American firms caved in to quarterly earnings pressures and skimped on long-term technology investments, But lately, the derisive criticism has begun to ring hollow.

“Domestic corporations, perceived by many as the world's weaklings, have put on new muscle and become industrial warriors capable of blowing away even the most intimidating global competitors.” (12)

Facing stiff competition from Germany and Japan, the nation was encouraged by tales of American companies muscling their rivals, acing them, trouncing them, and leaving them quaking. (13) American firms were depicted blindsiding their opponents, blitzing them, and giving them palpitations. (14) Like IBM and Microsoft they were "fighting tooth and nail [for] market position." (15) Like U.S. Surgical, they "took the market by storm and left once-dominant [competitors] stunned." (16)

Those who toughened up were congratulated for "[getting] the jump on the competition" and "[knocking their] socks off." (17) Examples ranged from the local to the international, from companies to nations. The supermarket down the block "squares off" with its union. (18) An international computer maker "goes toe-to-toe" with its international rivals for its share of the world market. (19) The American nation enjoys enhanced prestige because of its "new economic muscle." (20)

When the business press talks about life in the global ring, it classifies companies into fast and powerful. Nissan and Toyota are powerful. Europe is fast. The Japanese car-makers are characterized as "heavyweights," facing "a leaner, meaner Europe Inc.", which is "just what's needed to fend [them] off." (21) Hewlett-Packard is powerful and also fancy. Attacked by Japanese clone-makers, HP is eulogized for "slugging back" and "packing a powerful punch." (22)

"By 1989, more than 60 Far Eastern clones were closing in on HP's market. In a lightning-fast response, the Silicon Valley company struck back with cheap and technologically advanced machines. 'We hit them with a left, then a right hook,' says Richard Watts, Hewlett Packard's director of worldwide sales and distribution for computer products. ... That fancy glove-work ultimately landed pugnacious HP in the winner's corner." (23)

When firms slug it out, some "get pummeled"; others "clobbered." (24) The weak end up "showing bruises." (25) However, no matter what the situation brings, it's expected that no competitor will "give up ... without a fight." (26)

Whether fighting among themselves or against foreign competition, says *U.S. News & World Report*, "America's toughest companies [are displaying] tenacity and innovation in beating up global foes." (27) In case its drift escapes its readers, the commentators make it abundantly clear: "The moral of these stories is simple: Getting tough is the only way to thrive in today's global market." (28)

Business gets bloodier than the boxing metaphor allows. In some accounts, savvy companies are metaphorically represented as bloodthirsty predators, searching for prey. A European firm is congratulated for having "a killer instinct for competition." (29) Airbus is depicted as "aiming at Boeing's jugular." (30) General Electric is "always prowling for new businesses" to expand into. (31) When it finds one, it strikes quickly and "gobble[s] up assets from weakened rivals." (32) These companies will kill for market share.

A normally conservative company (Corning), "which had been eyeing Damon for years, jumped in with a decisive strike -- a \$401 million cash offer of its own. Done deal." (33) Counsels a broker in *Business Week*: "The people who can pounce first are going to make money." (34) Competition here is truly bloodthirsty. But the situation is praised for waking complacent corporations up. Says one CEO: "There's nothing like the survival mode to get humans moving." (35)

(To be concluded in [Part 2](#).)

Footnotes

(1) Dow Jones ad in *Business Week*, 23 Sept. 1991, 33.

(2) Management specialist David Maister in William B. Glaberson, "Megafirms are Taking Over Corporate Law," *Newsweek*, 17 November 1986, 104.

(3) Peter Hong, "Milked Dry on the Dairy Farm," *Business Week*, 9 Sept. 1991, 86A.

(4) David Olive, "The New Hard Line," *Report on Business Magazine*, October 1991, 15.

(5) Rod Willis, "Harley-Davidson Comes Roaring Along," *Management Review*, March 1986, 22.

- (6) John R. Costanza, "JIT or MRP II -- Survival or Extinction?" *P&IM Review*, December 1988, 38.
- (7) Terence Rock, "'Hyperchange is the Only Certainty'," *Electronics*, August 1990, 71.
- (8) Edward Faltermayer, "The Deal-Decade: Verdict on the '80s," *Fortune*, 26 August 1991, 59.
- (9) Christopher Farrell, "The U.S. Has a New Weapon: Low-Cost Capital," *Business Week*, 29 July 1991, 72.
- (10) Tim Smart, "G.E.'s Money Machine," *Business Week*, 8 March 1993, 63.
- (11) Faltermayer, *ibid.*, 58.
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(32) Loc. cit.

(33) Amy Barrett, "A Wake-Up Call for the M&A Crowd," *Business Week*, 26 July 1993, 26.

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Killing for Market Share: The Old Paradigm in Business – Part 2/2

April 17, 2018

<https://goldenageofgaia.com/2018/04/17/killing-for-market-share-the-old-paradigm-in-business-part-2-2/>



Credit: wikinomics.com

(Concluded from [Part 1.](#))

Sometimes even failing in the chase paid off. Dealmaker Samuel J. Heyman "never bagged his prey, but he pulled down about \$500 million in profits from his investments," reported *Business Week*. We would be "hard put to find a dealmaker whose instincts were so beautifully in sync with the quick-buck mentality" of the times. (6)

The business environment is dog-eat-dog, "a cutthroat marketplace," (37) in which "we'd all kill for [profitable] savings." (38) Businessmen are warned: "He who hesitates is lunch." (39)

Scenarios are replayed in which readers are warned who is eating whose lunch: "Competition from the likes of Hewlett-Packard and Co. was eating CalComp's lunch," offered *Electronic Business*. (40) A senator fumes: "While the White House is debating ideology, other countries are eating our lunch." (41) Quipped a phone company ad: "In the 90s, let's do lunch may have a slightly different meaning." (42)

When metaphors of slugging it out or pouncing on prey did not get business's message across, the business process was compared to war. Said one "super-banker" of another: "We don't meet, we have battles." Here is *Business Week's* account of that "meeting."

"Bennett A. Brown ... the chairman of Citizens & Southern Corp. rejected a hostile takeover bid from NCNB Corp.... Even though [NCNB chairman Hugh L.] McColl [Jr.] told Brown that he had launched his missiles, the brash, acquisitive McColl backed off with uncharacteristic meekness." (43)

Explained *Business Week*: "Every day around the world, corporations do battle." (44) Among the trade warriors, "Japan is the force to beat." (45) Public attention was focused on the Japanese as "the world's most feared global competitor." (46) First American and later European corporations were reported to be "running scared. The reason: They fear an onslaught of competition, especially from the Japanese." It is left to a British union official to remind us of the fate of the weaker trade rival: "Everyone realizes only the fittest will survive." (47)

The U.S. electronics industry is "pinned down in the trenches of an economic battle, according to our troops in the R&D labs and engineering workplaces of America. And right now, the battle is going nowhere." (48) The U.S. semiconductor industry has been "driven to its knees by Japanese targeting of the industry." (49)

"Having softened up the U.S. semiconductor industry by sapping its profits with low-ball pricing, Japan's electronics giants are moving in for the kill. That's the alarmist view of the proposed takeover of Fairchild Semiconductor Corp. by Fujitsu Ltd." (50)

The American press watched for any sign of winning and leapt on it.



"At first glance, it would appear to be sweet revenge on the Japanese corporate titans that have been beating up on their North American and European counterparts. ... More Japanese companies fell off the [*Business Week* Global 1000] list than those of any other country." (51)

Domestically and internationally, said small-business author Jay Conrad Levinson, "it's a marketplace out there. In order to survive, let alone thrive and prosper, you've got to be a guerilla." For the "guerilla marketing attack," he offered "strategies, tactics, and weapons for winning big profits." (52) Levinson took Business Darwinism to its logical extremes and showed the doctrine's ultimate direction. According to him, business competitors were our enemies.

"You are surrounded. All around you are enemies vying for the same bounty. They're out to get your customers and your prospects, the good and honest people who ought to be buying what you're selling. These enemies are disguised as owners of small and medium-sized businesses.

"These enemies thrive on competition. They're out to get you and get you good. ... Your enemies mean business, your business, your profits." (53)

The businessman with the most powerful arsenal will win: "Your bank account will brim with profits in direct proportion to how your marketing arsenal brims with these weapons." (54)

Levinson supplies business with the marketing weapons to take to war: "[These] fundamentals for winning the battle for healthy, honest, and growing profits ... will serve you well on your way to the battlefield." (55)

Daily the skirmish reports and body counts roll in from feature wars, price wars, standards wars, PC wars, cola wars, and semiconductor wars. Said the executive VP of an industrial research firm: "We're seeing the industry move in such a way that these two big forces are going to be really fighting it out. ... The battle will take place on the fronts of 'audio, video, voice CD-ROM, stereo, mass storage'." (56)

The corporation was represented as being engaged in a "do-or-die marketing battle to win over increasingly sophisticated and demanding customers." (57) The fate to be avoided is "unconditionally surrendering the ... market" to the enemy (58) while the highest grace lay in emerging dominant. *U.S. News & World Report* observed: "Merely being competitive is not enough in today's global markets. Rather, [a firm's] long-term success will depend upon [its] domination of markets." (59)

Said Peter Cohen in *The Gospel According to the Harvard Business School*:

"Tomorrow is the future. We trained our business leaders to successfully wage its battles.

"World War III is going to be fought on the shelves of your neighborhood shopping center, and the Harvard Business School is a sneak preview of it. How its generals are prepared. The weapons and tactics they learn to use. How, fighting against each other, against humiliation and delusions of grandeur, they run each other down, yet somehow, desperately at times, seek to maintain at least the appearance of friendship. (60)

"This is an account of [the] education [of a class of 94 MBA students] to become lords over a new kind of army in a new kind of warfare, ready to take over from the military who have perfected their technology to the point where its use is guaranteed to leave nothing worth using it for. But since men will continue to be ambitious; since they will still want to be, they don't know what, except different, they will go on fighting for those things of which there aren't enough to go around -- money, love, land, praise, power and perquisites." (61)



"Epic tales are told around the campfire. Not all the participants are happy with the process.

"At the Vick School of Applied Merchandising: It was a gladiators' school we were in. Selling may be no less competitive now, but in the Vick program, strife was honored far more openly than today's climate would permit. Combat was the ideal - combat with the dealer, combat with the 'chiseling competitors,' and combat with each other. There was some talk about the 'team,' but it was highly abstract. Our success depended entirely on beating our fellow students, and while we got along when we met for occasional sales meetings the camaraderie was quite extracurricular.

"Slowly, as our sales-to-calls ratios crept up, we gained in rapacity. Somewhere along the line, by accident or skill, each of us finally manipulated a person into doing what we wanted him to do. Innocence was lost." (62)

The author also questioned the satisfaction that predatory competition brought its new entrants: "The Harvard Business School's blind faith in competition alienates its students from one another, driving them to the destructive selfishness, the rugged individualism that, for too long, has been mistaken for a mainspring of progress." (63)

That was about as much lip service as "destructive selfishness" got but no truer words were spoken. The selfishness at the heart of Business Darwinism conditioned society for the final push that began with 9/11.

One might ask how much these metaphorical ways of speaking actually translated into business practices? Just as, upon listening to President Nixon on the Watergate tapes, our view of White House policy-making shifted, so our view of business's wisdom and maturity may also shift when we listen to the tapes presented at a trial between Bankers Trust and Procter & Gamble.

What the evidence (and other earlier examples of Bankers' shoddy practices) demonstrated was that ethics took a back seat to profiteering at the bank. In the Economist's account, the Business-Darwinist drift is plainly seen being translated into action.

“In January [1995] the bank settled a similar case with Gibson's Greetings, a card company, after internal tapes revealed the bank's employees giving the client false information about trades in 1993.

“Now BT has been shamed by further revelations about its derivatives sales practices in 1993-94, following a court ruling on October 3rd, which made public previously sealed documents and tapes relating to the P&G case. Astonishing comments by BT employees raise fresh concerns about the bank's culture at that time.

“Consider, for example, oral references by BT staff to a ‘rip-off factor’ that was attached to complex deals involving leveraged derivatives. One BT salesman describes how he would ‘lure people into that total calm and then totally f*ck them.’ Perhaps worst of all, a video shown to new employees includes a telling description by a BT instructor of how a swap works: he says that BT can ‘get in the middle and rip them [the customers] off.’”

Remembering that cameras were rolling, the instructor then apologises.

(64)

Anyone not harmed by events could reflect on them philosophically, as *Fortune Magazine* did, capturing the mood of the times.

“The financial civil war that swept across America in the past decade was a ripsnorting string of shoot-'em-ups like nothing ever seen on Wall Street or Main Street. Withering volleys of money shot back and forth as insurgents stormed one entrenched corporate position after another.” (65)

But the fact remains that getting tough with one's rivals, which would have been repulsive in a gangster, was made right and desirable in the predatory market environment of the 1985-95 period.

No quarter was given or expected. Getting your licks in, bagging prey, and blitzing one another was just good competitive practice.

Had these been two boxers fighting each other in the ring, perhaps matters might have stopped there. But these lean and mean contenders for the world title stripped millions from their payrolls to get into fighting trim. And they used any weapons they could find to achieve competitive advantage.

Many of those weapons were technological and meant that the employees so eliminated would never return. Thus, what was represented as being in America's interest may have been in the interest of the CEO's who, like IBM's Aker, laid off 14,000 in 1990 and had his pay doubled to \$2.2 million for (and I speculate) having ‘what it took to do what was needed.’ (66) But it was not in the interests of the wave of Americans who had to walk the plank.

An unbridled wave of global competition was initiated by following the tenets of a philosophy of predatory competition, a phenomenon which harmed workers in every country it affected. The leaders of business would have said that nothing could be done about it, that it was the market working itself out according to its own ineluctable laws.

However, there's nothing in any natural law that specifies the human community must operate this way. Their explanations, needless to say, were small comfort to the millions whose lives were, in this age of the smart machine, irreversibly impacted.

Footnotes

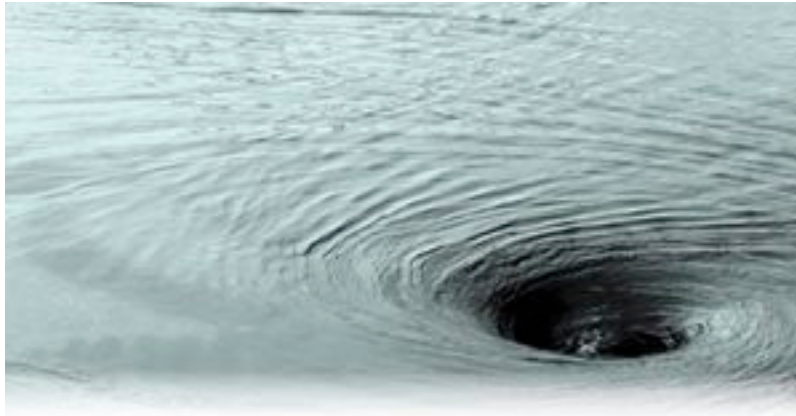
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- (37) Michael Crawford, "No Nerds Need Apply," *Canadian Business*, January 1993, 48; Pomice and Cohen, *ibid.*, 46.
- (38) Art Zimmerman, "These Materials are Downright Precocious," *Business Week*, 16 Sept. 1991, 112J.
- (39) David Olive, "The New Hard Line," *Report on Business Magazine*, October 1991, 15.
- (40) Bruce C. P. Rayner, "Made in America," *Electronic Business*, 1 August 1988, 29.
- (41) John Carey, "Will Uncle Sam be Dragged Kicking and Screaming into the Lab?" *Business Week*, 15 July 1991, 128.
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- (48) "Turning it Around," *Electronic Engineering Times*, 14 October 1991, S75.
- (49) Rep. Ralph Regula, "Wake Up! U.S. Industry is Under Attack," *Business Week*, 29 July 1991, 8.
- (50) Richard Brandt, "Japan Buys a Big Piece of Silicon Valley," *Business Week*, 10 November 1986, 45.)
- (51) Robert Neff, "A Year of Twists and Turns," *Business Week*, 15 July 1991, 52.
- (52) Jay Conrad Levinson, *Guerilla Marketing Attack. Strategies, Tactics, and Weapons for Winning Big Profits for your Small Business*. Boston: Houghton Mifflin Co., 1989, 2.
- (53) *Ibid.*, 1.
- (54) *Ibid.*, 4.
- (55) *Ibid.*, 3.

- (56) Tim Bajarin, Executive VP of Creative Strategies Research International Inc. of Santa Clara, CA in Grace Casselman, "Multimedia Looms Large in Comdex Crystal Ball," *Computing Canada*, 21 November 1991, 18.
- (57) Crawford, *ibid.*, 46.
- (58) Paul Magnusson, "The Antitrust Ball and Chain Hobbling High Tech," *Business Week*, 29 July 1991, 34.
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- (60) Peter Cohen, *The Gospel According to the Harvard Business School*. Harmondsworth: Penguin, 1973, 8.
- (61) *Ibid.*, 8.
- (62) W.F. O'Neill, ed. *Selected Educational Heresies. Some Unorthodox Views Concerning the Nature and Purposes of Contemporary Education*. Glenview, IL: Scott, Foresman & Co., 1969, 47.
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- (64) "Bankers Trust: Shamed Again," *Economist*, 7 Oct. 1995, 87.
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Adding Empirical Materialism to Social Darwinism

November 16, 2019

<https://goldenageofgaia.com/2019/11/16/adding-empirical-materialism-to-social-darwinism/>



Where these philosophies lead

Yesterday, we looked at social Darwinism as a philosophy that justified racial supremacy and elitism.

Today I'd like to look at a second philosophy that keeps the sources of help and comfort hidden from people at large.

That philosophy is called empirical materialism. Webster's defines "empirical" as "originating in or based on observation or experience."

It defines "materialism" as "a theory that physical matter is the only or fundamental reality and that all being and processes and [phenomena](#) can be explained as [manifestations](#) or results of matter."

It boils down to a philosophy that holds that only what we can experience with the five senses is real.

It also reduces reality to the lowest dimension we inhabit - the Third Dimension.

What does that close us off to that could assist the people at large to emerge from inequality, oppression, and suffering?

For one it eliminates God from serious discussion. Is there anything more stultifying and final than that?

It eliminates the celestials and higher-dimensional galactic and terrestrial masters from the picture (goodbye, St. Germaine and SaLuSa. Goodbye, even, Matthew Ward).

It eliminates higher dimensions generally, including the astral world that we migrate to after death.

It makes death the end ... except that on Judgment Day, mouldering bones somehow reanimate and arise.

It prevents me from talking about any of the spiritual experiences I've had, which were not material in nature - heart openings, sight of the Self, higher-dimensional bliss, etc.

All of that goes away and we're reduced to talking about what we see, hear, touch, and taste. So all our sources of comfort, expansion, and assistance are taken from us.

Combine this now with social Darwinism and we have rule by the fittest over the masses who are convinced that their only hope and salvation is to serve those fit specimens in power.

Anyone unfortunately born with the wrong genes goes to the wall. And there's no hope or help for them.

We know that social and business Darwinism are tailored to suit the needs of a global elite. But Matthew Ward also tells us: "All religious dogma is manmade and was devised to control the masses." (1) There's no way out.

These two philosophies work in tandem to keep the masses in a condition of servitude and hopelessness. Such devices as ridicule, penalization, and even assassination are used to squelch any attempts to escape from the box.

If I were to say to any of my former colleagues that I serve Archangel Michael, I'd probably be met with knowing smirks to my face and loud guffaws behind my back. This treatment, which includes the end of careers, etc., has kept many people in line for centuries.

I left my doctoral program in Sociology after having a vision experience on Feb. 13, 1987, which left me wanting to study enlightenment. I approached even the Religious Studies Dept., who said that the study of enlightenment was not allowed within the university's constitution.

Empirical materialism simply proved unable - and unwilling - to take in the vastness of life which the vision revealed.

These are two of the crippling philosophies which now must be dropped. Replacing them with more philosophies might prove equally constraining in the future. What must replace them is not another philosophy, but the truth.

And that does not fit into the box of empirical materialism.

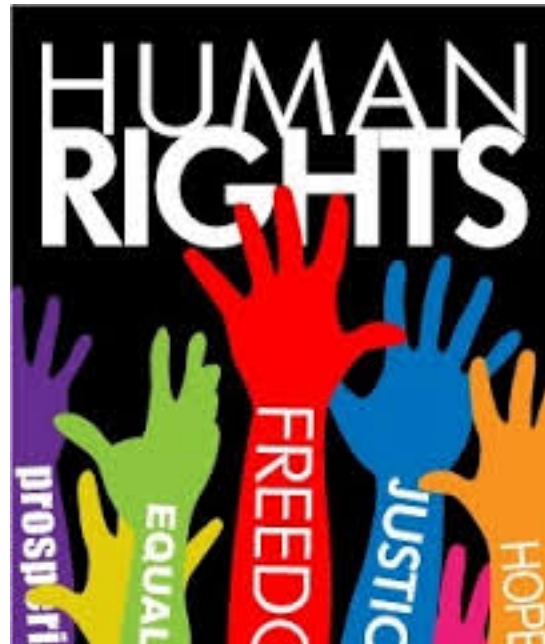
Footnotes

(1) Matthew's Message, Nov. 12, 2019 at <https://goldenageofgaia.com/2019/11/15/matthews-message-for-nov-15-2019/>

Human Rights and Spiritual Realities

August 1, 2014

<https://goldenageofgaia.com/2014/08/01/human-rights-and-spiritual-realities/>



Ever since the Scientific Revolution wrested the public’s attention from flawed religious doctrines, the world has seen life through a paradigm called “empirical materialism.”

That paradigm holds that only what can be seen, heard, touched, and felt is real. Anything invisible, insensible, untouchable is dismissed as unreal.

It closes the door to such things as the truth that God exists, that other life forms like angels, invisible to us, also exist, that life continues after the death of the physical body, that higher and lower dimensions exist, etc.

The truth is actually the reverse of this paradigm and the paradigm hides that truth from us.

Empirical materialism restricts our attention to what turns out to be separative, divisive and ultimately illusory. It limits our ideals in a way that doesn't allow full consciousness, aliveness, self-expression, or satisfaction.

Human rights, as they're presently discussed and outlined, don't take into account the fact that life is spiritual, that we're souls housed in physical bodies, having a temporary human experience, that life is shaped, guided, and conditioned by universal laws, and so on.

They don't take into account the purpose of life, the Divine Plan for life, and the way the world actually operates.

The purpose of life is that each being realize its true essence. That true essence Archangel Michael often calls "the divine spark" - the soul, spirit, Christ, or Atman. Jesus called it the pearl of great price and the treasure buried in a field. That spirit is a "fragment" of the One Spirit that God is.

The Divine Plan is that all people shall unfold their understanding until at last they realize their essence and are "re-united" (we were never not united) with God. The Divine Plan is also that higher-dimensional beings help lower-dimensional beings to complete their journey from God to God. And they do so out of love, rather than out of any idea of gain.

The way the world actually operates is according to universal laws such as the law of karma, that says that what we sow we reap, the law of attraction, that says that what we want (and don't want; energizing a desire or goal is the key) is what we attract to ourselves, etc.

In my view, human rights are inspiring. I certainly cannot think of a more inspiring document than the Universal Declaration of Human Rights, which certainly guided my actions and words as a former human-rights decision maker.

But their inspiration is limited as long as they don't base themselves on the total round of life.

When we limit our vision and understanding to events that take place solely on the material plane, perceived by our senses, we cut ourselves off from the aid of higher

beings, who respect our free will to do so, wander blindly in a world much smaller than it is, and find no lasting solutions to our common problems.

To say that we have the freedom to assemble, to believe as we wish, to marry whom we choose, and so on is fine as far as it goes. But it doesn't go far enough to build a world that truly works for everyone.

And yet, when people attempt to break out of the paradigm of empirical materialism, scorn is heaped on them, ostracism is visited on them, laws are invoked against them, and so on.

I respectfully and peacefully decline to cut myself or us off from the assistance available from the higher dimensions. I decline to deny myself the insights that come from relating to what are essentially invisible sources.

As a society, we often try to persuade others to adopt our own point of view. In this instance, it isn't empirical materialism that needs to emerge or continue as the accepted point of view in the field of human rights; it's heart-centered consciousness born of an adequate appreciation of spiritual realities.

New Paradigm Needed for the University

July 4, 2015

<https://goldenageofgaia.com/2015/07/04/new-paradigm-needed-university/>



If I were to say "We need a new culture for a modern society," does that statement belong to Sociology or Anthropology?

Sociology claims "society." Anthropology claims "culture."

I grew so tired of disciplinary boundaries when I was at college.

I decline any longer to honor any of them. I reject all disciplines as they're presently constituted and call for a complete overhaul of the university.

Leave the confining paradigm of "empirical materialism" behind. Empirical materialism holds that only what can be seen, heard, touched, etc., is real. A very convenient paradigm for the cabal.

If you don't, then... sorry, grandfather, you'll have to go back in the closet. Sorry, guardian angels, men from outer space, orbs and elementals, everyone, shoo! Shoo! Shoo!

Empirical materialism is too small to contain reality. We need a new paradigm based on a constantly-opening inquiry into the meaning of existence and the laws

behind life. Not wedged into a shoebox of any kind, empirical-materialist or otherwise.

Whether we're conscious of it or not, we *are* building a new culture for a modern society, a society of the future. It's not only based in the divine qualities, the foremost being love, but it's cognizant of and takes into account the universal laws.

This new society cannot create from confining materialist paradigms. The global elite never intended that we as citizens be creative and now the time of their control has ended. All confining paradigms have to go, along with everything else that didn't work in past days.

Who among the lightworkers and loveholders would argue that a new culture could be built on anything other than the divine qualities? I don't see a hand up.

Throw away your constitutions, charters, treaties and agreements. Bring everything back to the divine qualities, and, above all, bring it back to love.

Who claims love among the academic disciplines, gentlemen?

Not a hand goes up.

We'll have to change that.

A mechanic can't fix an airplane if he or she has no knowledge of its mechanics, of the principles of its operation. By the same token, we cannot build a new culture for our modern society without a knowledge of the mechanics of life - predominant among which is the knowledge brought to us by enlightenment, an extremely subjective event.

We need to take into account the principles of the operations of consciousness, love, interdimensionality, and the multiverse. Our sciences need to make their peace with the subjective as well as the objective. We need to venture into the unknown.

We need a culture that's both porous and expansive enough to account for the miracles we're about to see and the spaces in consciousness we're going to explore. Our new culture has to welcome creativity, exploration, and innovation. And our

academia has to allow non-conforming minds to investigate new areas and cross-fertilize existing fields.

Exoanthropology is Too Big for a Shoebox

July 14, 2020

<https://goldenageofgaia.com/2020/07/14/exoanthropology-is-rtoo-big-for-a-shoebox/>



Too big ...

Anthropology focuses on human culture, society, and personality.

Exoanthropology widens the focus to all cultures, societies, and personalities. (1)

It includes civilizations in other galaxies.

It includes those in other dimensions.

It includes past lives.

Such a transformation of paradigm cannot occur within existing contexts, like, for example, empirical materialism. You can't put an elephant in a shoebox. It won't fit.

Empirical materialism holds that only what can be seen, heard, touched, tasted, or smelled is real. But we know that the Third Dimension - which is what we're talking about here - is only a small part of the whole truth.

One cannot describe civilizations of higher dimensions within a paradigm that recognizes only our more limited and constricted one. (2)



...for a shoebox.

One cannot fit unseen beings into a context that recognizes only the seen.

And one cannot look at personality from an exoanthropological standpoint without considering the factor of past lives, karma, soul contract, etc., none of which are entertained by empiricists.

For me, empirical materialism has outlived its usefulness.

It was very useful when science was battling for its very existence against religion.

But I'd like it to yield place now to spiritual disciplines, which alone are capable of taking in such things as extraterrestrial civilizations, higher dimensions, unseen realms, and past lives.

Exoanthropology will face the task of describing and measuring the collective consciousness.

It'll face the task of standardizing languages related to the afterlife dimensions of reality ("the heavens") and to the physical dimensions - One to Twelve.

Having standardized terminology, it could map the heavens, as far as "mapping" is an apt metaphor.

It could investigate what lies beyond the Twelve Dimensions up to final merge with the One.

It could include within its field of specialization the description of a cross-cultural spirituality.

It could interpret matters of law in entirely new ways, human rights yielding to divine rights and including all the kingdoms.

It could explore and catalogue such things as healing modalities in other star systems and dimensions, new intellectual and emotional paradigms, viewpoints, and tools. In art, music, dance, architecture, medicine.

Letting go of the empirical-materialist paradigm - the shoebox the elephant won't fit in - may seem like pulling the ground out from under our feet.

In fact what happens, from my experience, is that we find ourselves no longer oriented towards structures and processes but instead towards flow.

And since the most important things in life and in the higher dimensions are things that flow - like love, bliss, joy, and happiness - I predict that this'll show up like a distinct improvement in the quality of most people's lives.

Footnotes

(1) See "Exo-Anthropology: Anthropology after First Contact," July 10, 2020, at <https://goldenageofgaia.com/2020/07/10/exo-anthropology-anthropology-after-first-contact/>

(2) "Dimensions" refers to environments existing at different levels of vibration.

For instance, the end of our migration called "Ascension" will involve leaving the Third and Fourth Dimensions of consciousness behind and entering the vibrational field of the Fifth-Seventh.

There are twelve dimensions to the human domain. After that we get into uncharted territory.

Old Paradigms Never Die. They Just Fade Away

March 24, 2012

<https://goldenageofgaia.com/abundance-on-building-nova-earth/new-paradigm/old-paradigms-never-die-they-just-fade-away/>



I remember the day when I startled my Ph.D. examiners by giving a truthful but very unpopular answer. I was asked how I would respond to Karl Marx and I answered that I would simply ignore him. I never much enjoyed Marx and I was simply being honest. But, if ever a room could tip, that room almost tipped over at that moment.

However that's essentially what Galileo did when he was told by the Catholic Church that he could write the *Dialogues* arguing for a heliocentric planetary system if he gave a balanced account. In fact he ignored the church and argued almost exclusively for a sun-centered solar system. It nearly cost him his life, but he changed the existing paradigm.

Many people feel that we move from one paradigm to another when dissonance becomes too great and is resolved by paradigmatic breakthrough. The old paradigm is stretched and stretched to cover too many situations and one day it simply

collapses. But there is another way to move from paradigm to paradigm and that is simply to ignore the old one.

And that is essentially what we're doing here. SETI listens for beeps and clicks. NASA looks for signs of life on asteroids. Astronomers analyze the spectrum of light from other planets to find ones that might support life.

And we ignore them.

We speak to human beings from other planets and star systems by the methods which they themselves prefer – by telepathic means, clairaudience, trance mediumship, automatic writing and other ways. We speak more or less directly with them - obviously through a medium – but certainly more directly than anything the scientific establishment ever dreamt of.

And our answer to the neglect we receive, the ridicule, or the opposition, from the scientific community, the powers that be, or the general public, is simply to ignore them.

Old paradigms never die, the wag said. They simply fade away. The paradigms wither because the people holding them die. One generation passes away and the next holds an entirely different view. In my lifetime, the idea that we did not survive the death of the body failed because its adherents died and a generation holding a different view out-survived them. The baton was passed. There was never a tussle that I was aware of.

The notions of the existence of the soul, communication with the “dead,” near-death experiences, astral travel, and multidimensionality have flourished. All the old paradigms of empirical materialism, which is the overarching view that has failed to survive, have yielded place because those who held them failed to persuade the next generation to hold them.

So here we are, never really having proven that SaLuSa exists, or Saul, Sananda, Ashtar, Sanat Kumara, St. Germain, or even the latter-day Jesus, and it doesn't trouble our mind that most of the world does not believe us. We just ignore them.

And when Disclosure happens, and First Contact, and the Return of the Masters, when Jesus is addressing us, or SaLuSa, or an angel (God forbid, and pun

intended), we won't have fought a battle royal or lost martyrs to the stake or even distributed books in plain brown wrappers. We'll have held our conversations off the beaten track. We'll have endured some ridicule and scorn. But that's about the extent of it.

For the most part, the followers of the old paradigm will more or less have ignored us, and we them, and the paradigm that had the most appeal will have won out and survived. (With a little help from our friends.)

The most appeal - and the appearance of space ships, materialization of higher-dimensional entities, raising of our consciousness, development of psychic powers, and the aid of quite a bit of new technology.

But those who come after, when they easily accept what has been made manifest to *their* senses, which we accepted at a time when none of it was manifest to ours, will probably give an easy acceptance to what is new, never knowing what a powerful bit of ignoring we had to do, intellectual isolation, and waiting for the day when what seems so obvious to us would become obvious to them.

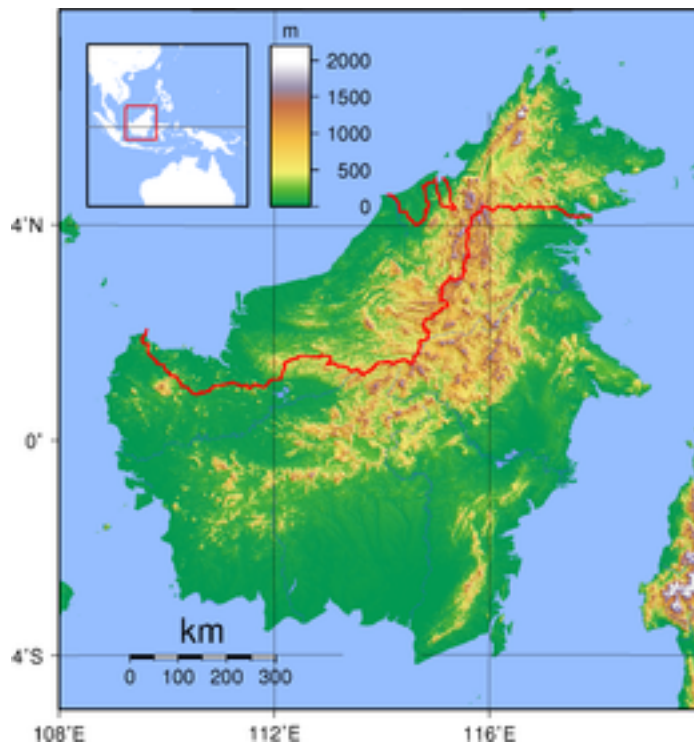
No beeps and clicks. No bacteria in rocks. No spectrographic evidence. A simple handshake and a smile and a whole new era will begin. SETI, NASA and the astronomers will be forgotten. Those who opposed us now will say "It's obvious." We'll toast the new era and forget we ever squabbled. And a new paradigm will be born upon the fading of an old one.

⌘ In New Territory ⌘

In New Territory

January 16, 2019

<https://goldenageofgaia.com/2019/01/16/in-new-territory/>



When in new territory, I need to keep bringing myself back to first principles.

Our oneness with each other and with the One Itself is as close to a first principle as we may ever get.

That life is a quest to realize that Oneness is another first principle, a really basic fact.

It follows as a corollary that any activity that assists us in this quest has great value.

By the time these ultimate truths filter down through multiple layers of density, the outlook is not as clear.

I need to pay my rent and put food on the table in this 3rd/4th Dimension. Who has the time to think about the One?

But then a time arrives when thinking about the One comes to have real and practical value.

It raises our vibration and that just happens to be, evidently, the need of the moment.

I could sit here, meditating with a still mind, until my ability to sense and capacity to discern is so great that I realize the One.

But I work as a communicator, in this case, to raise my own vibrations in ways that could be applied by the greater part of society - which meditating may not.

Using harmless truth (or, maybe, starting to use it) as a means of unpacking old baggage seems to have much recommending it.

What's the truth of Oneness as seen from a 3rd/4th Dimensional standpoint?

It has to lie in the realization of the Oneness of all of us. We're all we see and hear.

It has to be the brotherhood and sisterhood of all of us. That in itself has to translate into equality, freedom from fear, etc.. rippling down the line.

Therefore, if I'm to raise my vibration to have the Reval escape from the influence of the dark side and to do it as a communicator using the tool of truth and drawing the basic Oneness of life down to this 3rd/4th level...

... it'd have to be by seeing and acting from the brotherhood and sisterhood of all.

This again has the ring of truth. My beachhead of understanding has now brought me to the oneness and equality of all.

A Beachhead of Understanding

August 16, 2013

<https://goldenageofgaia.com/2013/08/16/a-beachhead-of-understanding/>



We're in such new territory for me, on so many fronts, that at times I feel like a stranger in a strange land.

And I've been watching myself to see how I adapt to a process whose only constant is change.

I'm a student of awareness, a person who regards his own internal states as a fit subject of observation, and a person who believes that the most enduring part of himself is his consciousness.

I've agreed with myself to observe my own states of consciousness and being over time as yielding the most valuable of results, among all things that I can do. And Archangel Michael has confirmed for me that this is part of my mission as recently as *An Hour with an Angel*, on Aug. 5, 2013 when he said:

“You are very good at expressing the shifts, the openings, the expansions, the questions, the doubts, on our platform [the *Golden Age of Gaia*]. And

we thank you for this, because in this what you are doing is you are sparking the same awakening in others. You are also giving them permission to acknowledge their own process and shift.” (1)

It's always wonderful when what one does turns out to be what's needed! I'd be doing this anyways so that's excellent!

So I'm here to watch how I adapt to the new at a time when all things seem new and to express what I find.

The way I move forward into and through the new is the same way the Allies moved forward on D-Day. I establish a beachhead of understanding, one thing that I sense to be true, one thing of which I'm certain, and then venture out from there into the unknown.

That doesn't mean the thing I stand on is true, just that I sense it to be so and feel certain of it. It doesn't mean that all people venture into the new in the same way. This is just the way I do it.

What I feel certain of at the moment is that we're all of us engaged, willingly for the most part, but unwillingly for some, in a process of constant, continuous and gradual unfoldment. And knowing that provides both the ground I stand on and the platform for further movement out into the new.

Archangel Michael, in that same interview, implied that we're in such a process when he said:

“You, my beloved friends, have been diligent in your work, diligent in your commitment of your hearts, your souls, your beings, your bodies, to go forward in this Ascension and this unfoldment of your plan and our plan within the greater plan.

“I say this, and I remind you of this, because we want you to know that your forward progress, your growth, is not only noted; it is celebrated, and we are proud of you — proud in the sense that you are brothers and sisters, colleagues, and fellow travelers.

"You are the masters who inhabit the planet of Gaia, who walk this beloved Earth in this period of miraculous change, and in a period of change that has never been experienced, on Gaia or elsewhere." (2)

What he says here acknowledges this process of unfoldment we're in and how it is the Divine Plan for us in this age.

Here and now, we ascend from the Third to the Fifth. But on other occasions we unfold into other dimensions. What's common and a constant is the process of unfoldment itself. At this time it's occurring rapidly and in a way that can be more easily experienced than at other times.

We call this process "Ascension." Its main engine is the energies that are being beamed to us by higher-dimensional beings, which Matthew Ward described here:

“[Mother Earth's] cry for help went out into the universe and instantly God authorized myriad spiritually advanced civilizations to respond by beaming their own vast light into Earth's body.

"The massive infusion of light from those distant sources stabilized her orbit and enabled her to jar loose from negativity's stranglehold, start to ascend out of deep third density and continue toward her ultimate destination in fifth density.” (3)

Archangel Michael described our unfoldment this way:

“You are dealing with the fading hologram of the old third while anchoring and embracing the reality of your sweet selves in the fifth.

"Now, we know this is not always easy, but it is your diligence, your commitment that brings you to this point of change. You do not always see, or, more importantly, acknowledge the change.

“And one of the things I would like you to do is to begin to more clearly and vociferously acknowledge the changes that each of you are experiencing, within and without.” (4)

Chief among the changes - for me anyways - is the expansion in my contact with the one who changes. When so many features of the landscape are new, what's

thrown up into sharp relief is the changer/changee. I am both the one who changes (changee) and the one who commands the response to change (changer).

Who decides what changes I make? Who is the authority here? Whom do I listen to? In the process of enquiring further, I become increasingly aware of the subject and object of all change: me.

I am not the energy of change - well, at least not that I'm aware of. But I am both the subject and the object of change.

The emergence of increasing clarity around this "I" turns out to be the most significant aspect of this continuous and continual process we call "Ascension."

In fact it's the most important result of the whole unfoldment we call "life," not just this one movement from the Third to the Fifth.

The emerging contact with myself, the unfolding knowledge of me - and the same could be said for you, I think - is both the result of this continuous unfoldment we're in and its reward. All things seem to ride on it. "It feels right," as Archangel Michael said in his interview. (5)

And the farther this process of unfoldment that we call "Ascension" goes, the deeper and more substantial my contact will be with myself. That also "feels right."

Once I make deeper contact with myself, I'm induced to throw everything else over and consolidate it. Having sensed the treasure in the field, so to speak, I tend to sell all I have and buy the field. I do this primarily by meditation.

Moving ahead by this process of sensing and internal observation, I establish a beachhead of understanding in this new and constantly-changing world. I sense that I'm headed in the right direction.

And I'm eager for more, not of stuff, not of things, but of contact with this self that is changing, in this constant process of unfoldment, and commanding the response to change.

Footnotes

(1) “Archangel Michael: Expect Miracles – Part 2 The Event and the Chaotic Node,” Aug. 7, 2013, at <https://goldenageofgaia.com/2013/08/archangel-michael-expect-miracles-part-2-the-event-and-the-chaotic-node/>.

(2) Loc. cit.

(3) Matthew's Message, Aug. 13, 2010, at <https://www.matthewbooks.com/mattsmessage.htm>.

(4) “Archangel Michael,” *ibid.*

(5) “Just like you, Graham, you have stepped forward into a new realm of existence, and you have said, not only to me, but to all, not only do I love it, but this feels right.” (“Archangel Michael,” *ibid.*)

Establishing a Beachhead of Understanding in a New Context

January 13, 2019

<https://goldenageofgaia.com/2019/01/13/establishing-a-beachhead-of-understanding-in-a-new-context/>



Not only did Michael's and the Mother's call to raise our vibrations bring several strands together for me but it's galvanized me into action.

I had never considered what our common contribution could be to all that's going on, but now I see it: Our common contribution is exactly this, raising our vibration.

The very phrase has the ring of truth for me.

Earlier I said that "getting" this phrase was like knocking the billiard ball in a different direction. That's in effect what it's been for me.

I, a person who specialized as a very young child in lowering the vibration by being a stick in the mud (in order to be heard), am now confronted with the need to

learn something new from square one: How does one raise one's own and the collective vibration?

I know none of the skills.

I watched myself the other day about to say subtle things on my cellphone which were designed to control. That was the first time in my life I had seen myself trying to control another person. I *do* try to control. Amazing. So awareness is working.

I have to stay out of judgement of myself to make the process work.

OK, here is my beachhead of understanding in this new field.

I can contribute my time-tested knowledge of one principle: The truth will set me free. In the practice of awareness, the truth sets us free from muscular tension, cognitive dissonance, weakness of purpose, etc.

I now have one skill to use in raising my vibration: Telling the truth.

Here's a *second* skill in my moral inventory: I know that harmlessness comes before truthfulness. I can practice harmlessness, except where life and limb are threatened.

Then up comes a *third* principle. My mind is popping like a popcorn machine. In a civilized society, a crime in the past does not justify a crime in the future. There's no justification for a moral person to avenge themselves on the basis of past crimes.

These are all skills and principles that'll assist me to raise my vibration.

But rather than simply knowing them, I now need to act on them to have the desired result.

I'm now headed in a different direction with three arrows in my quiver.

Harmlessness.

Truth-telling.

And a refusal to avenge.

Message in a Bottle: In the Event that My Worldview Collapses....

November 29, 2020

<https://goldenageofgaia.com/2020/11/29/message-in-a-bottle-in-the-event-that-my-worldview-collapses/>



Part One.

I have a conference call in a short while and I asked myself: "How do you feel?"

And the answer that came back surprised me: "I feel insecure."

Not "unsafe." I don't feel unsafe on any level. Michael has my back, front, and sides. But insecure.

The distinction I make between them is that I use "unsafe" to refer to an external threat to wellbeing. I use "insecure" to refer to an internal threat.

But let me backtrack. I asked myself how I felt because I sensed I was feeling a little wonky. There was a tremor in the force, so to speak. When I asked my mind to tell me what it was, back came the answer, "I feel insecure."

Aside: I ask the mind what the truth is, what the original upset was, etc., and take the first thing it shoots back (not the second, third, etc.). An image, a word, a distinction. The mind behaves like an obedient servant.

I confused myself because one part of me felt safe and the other part felt insecure. What was the story here? As long as I didn't know what the story was, I continued to feel confused and insecure.

I then distinguished between a feared external threat (unsafe) and a feared internal threat (insecure). At that point my description of it matched the truth and ding! Confusion left. Clarity returned. And I was back on an even keel.

That did not take a lot of time.

Part Two.

That certainly showed me that it was possible these days to process an upset more quickly than before.

However I decided to go through a further thought process with it. I'm holding an inquiry into the vasana (or core issue) of insecurity itself.

What am I feeling insecure about?

I have this vague sense that my entire worldview is going to collapse. (Sensibly thinking, I don't believe it will. But this is my fear.)

I attribute the thought to the many channeled messages that predict that quite shocking revelations are coming and few will be spared a degree of agony. I have no sense that I'll escape it.

It's happened once before when my guru of 25 years turned out to be a pedophile. The floor dropped out of my world.

I recently went through the exercise of totally reorganizing my apartment. It demonstrated to me that there aren't many "things" I'm attached to. But my worldview, yes, I am.

If we're starting to explode my worldview, well, now you're hitting me where I hurt. I've given up a great deal in my lifetime to be permitted to research and write about what you see here. Don't attack that.

These are the thoughts running through my mind.

I'm going through the five stages of grieving for something that hasn't even happened yet.

This isn't going to be about just rearranging the deck chairs, I suspect. This I'm attached to.

Part Three.

So, OK, next challenge: How do I prepare myself to let go of my entire worldview, just to be ready in case disaster happens?

The answer came instantaneously. There are always two sides to a conversation. When your speaking is no longer appropriate because your worldview has just collapsed, switch to listening mode. (How many times have I said this to others?)
(1)

Don't try to present a comprehensible worldview when your own has just been deposited in the cosmic waste basket. You're back in Grade One with an adult mind this time. You should speed along but you're not there yet.

Don't pretend you are. What did you write back in 1978? I'm invisible only to myself? Etc. Everyone else sees you. They're just being polite. So don't hide behind a mask. Be ye'self.

Thank you, mind.

Message in a bottle. No battle plan survives the first hour of battle. But there's my plan should my worldview collapse.

Footnotes

(1) And yes, this *is* my beachhead of understanding.

Extending the Beachhead

February 11, 2014

<https://goldenageofgaia.com/2014/02/11/extending-the-beachhead/>



Mastery for me implies the ability to remain grounded, centered, balanced, and calm in the face of the blandishments of the lower vehicles - the ego, mind, body, and senses.

Everyday consciousness has the ability to identify itself with anything it can perceive. It can identify itself with a feeling, a thought, a sensation, a memory, etc.

It locates itself at the dimension on which it's conscious. For some that might be the Third; for others the Fourth, Fifth, etc. On that dimension, it can identify with whatever comes to its attention, depending on the capabilities available to it on that dimension.

People conscious on the Fifth Dimension can be conscious of people on the Third, but not vice versa.

Most people on the Third Dimension are not conscious of what their soul says - what we commonly call “heart-consciousness.” But they are conscious of what their ego, mind, body and senses say.

Mastery cannot involve suppression *per se* because that invites muscular tension and muscular tension invites the lowering of awareness. Such constriction tends to send the consciousness downward dimensionally. It wouldn't be mastery in my books if my consciousness were sent on a downward spiral.

So it must involve the ability to remain in awareness of the blandishments of the lower vehicles without reacting and without losing one's center, balance, etc.

The first step in that is realizing and acknowledging that one is not one's ego, mind, body, etc. Without making a clear distinction between what one is and is not, there's no way to know which voice one wishes to follow.

The second step is generating the willingness to listen to what the lower vehicles say but without reacting to them. One cannot control one's thoughts and feelings but one can observe them without reacting.

So mastery therefore seems to imply the ability to watch and listen to the reactions of the lower vehicles without identifying with them and responding along the lines they lay out. That is the second distinction I make, extending the beachhead of understanding.

Expanding in the Face of Change – Part 1/2

March 27, 2016

<https://goldenageofgaia.com/2016/03/27/expanding-face-change-part-12/>



The Ascension energies right now are causing us to grow and expand.

What can we do to help them along?

What are the ways that we can expand our view, our seeing, our experience?

I'm going to go over as many as I know of, which will turn this article into a series.

We can begin by expanding our outlook. For many of us, our introduction to the fact that dimensions exist has only come within the last ten years. One way we can expand our outlook is to feel those states of being that are known to be higher dimensional.

Draw up love from our own heart. That's where we'll find it.

Find any bit of bliss that comes fleetingly across our hearts or minds and flow with it. Watch it expand.

Most of us have no experience of higher dimensions. So we're at square one on this one. Therefore, think of it as a campaign. Establish a beachhead of understanding. Realize or come to know intellectually one fact about the new territory and fan out from there.

I'm not talking here about spiritual enlightenment, about which I'm not fit to speak. I'm talking about adapting to change. In the former, we might suspend knowing at times; in the latter, we build on our knowing, our experience.

Another expansion tool is that we can use what we've learned about the divine qualities to expand our ability to be like the Divine. Allow ourselves to be joyful. Notice how deep peace is, like a doorway into the Divine. Every godly quality - prudence, courage, compassion, etc. - is a portal into expansion.

We can "true up" our behavior. Get mad at people less. Assist someone. Give up our seat. Pay for the groceries of the person ahead of us. We can actually fashion our behavior to align with our values. That also will expand consciousness.

(Concluded tomorrow in Part 2.)

Expanding in the Face of Change – Part 2/2

March 28, 2016

[https://goldenageofgaia.com/2016/03/28/expanding-face-change-part-22/.](https://goldenageofgaia.com/2016/03/28/expanding-face-change-part-22/))



(Concluded from Part 1.)

In addition to expanding our outlook, we can break through to new levels of experience. One way to do that is to open our hearts so that love can flow freely. This heart-opening is the brass ring for me - so far on this amazing journey.

We can break through on all our inhibitions, reservations, wounded spots. We can push back the barriers and frontiers we've erected to protect ourselves. This is the time to do it. At no other time will conditions be better to have us push back against the results of our own suppression.

In addition to breaking through to new levels of experience, we can also take committed action. Step out into the world. Take on a piece of the world's unworkability and fix it. Address an injustice in the world - from a place of calmness, centeredness, and love. Avoid making anyone wrong: That should prove challenging.

I have at times felt I could mentally "throw my arms around" a subject, take an unbrageous view, see the whole picture in a flash.

At other times I found I could create a wider context to hold things in.

At these moments, I felt transformation from a lower to a higher state of consciousness (I hesitate to say "dimension").

Typically I went from unconscious to conscious awareness, from unexperienced experience to experienced experience, as Werner Erhard has described it. These were "peak moments" and they passed within a short period of time.



A lot of me exists below the surface.

Credit: www.entrepreneur.com

In addition to committed action, we can also commit to being transparent, as another ongoing ticket to expansion. The more we peel the masks away, come out from hiding, and reveal ourselves, the better life becomes in every way.

Whoever had us, as kids, stop sharing with each other didn't do us a favor and now it's time to go a different route.

In addition to transparency, we can process the obstacles to expansion - our core issues and conditioning.

When we hit an obstacle, like an upset, we can recognize that we've triggered a core issue. Our upset probably has little or nothing to do with the person in front of us. It probably traces back to childhood. We need to get to the bottom of it and complete our experience of it. And let it go.

To complete our upsets, we need to stand in the face of them, not run from them. We need to become masters of them instead of allowing them to master us. Tell the truth deeply. Come clean. Own our own stuff. Drop any baggage we can.

We can emerge. Come out. Break through. There are so many ways to expand.

Using all of them, we're not just standing in the face of change. We're expanding in the face of it.

All of these then are ways of expansion, transformation, emergence. All of these are excellent adaptive tools in the face of change. And all of them contribute to the overall Ascension of the planet, which is what we came to help with.



Working out in these areas, I believe, generates light. That's what the Company of Heaven seems to be saying. Matthew Ward often says if we could see what he sees, we'd be overjoyed: Lightworkers are generating a great deal of light, apparently.

There are so many ways to expand and now's the time to use them, if we want to leaven the loaf that Ascension is. Put another way, if we want to increase the number of people who awaken to Ascension, which is what we came to do, then we need to master expanding as one way of adapting to the change that we're all in.

After that, we need to master change itself - or, more precisely, our response to change. We've spent years clearing our emotional upsets and issues to be ready to respond well at this time. Now our DNA is activating. Our crystal body is forming. Gamma waves are hitting us.

The pace of spiritual change is very gradually picking up. Now's the time for our discernment to kick in, our resolve, our sense of mission.

Standing in the center, revealing ourselves and speaking the language of committed action, owning our upsets and processing them, we do what's needed to expand, emerge, break through. Or we do what's needed to nurture, nourish, and love. We do this on behalf of those ascending, including ourselves.

⌘ Essays in Personal Growth ⌘

Growth is the Order of the Day

March 17, 2014

<https://goldenageofgaia.com/2014/03/17/growth-is-the-order-of-the-day/>



I'm going through a creative explosion over here. And I may not write it up as well as I should.

I'm feeling a real push towards something that is, to an extent, inchoate in me. It's reorganizing my life. No doubt about that. It's acceptable to me but many parts of it remain unknown.

If I were to say that I'm being drawn towards starting and maintaining a global conversation, that would describe the outer shell. But it doesn't capture the inner sense. And it doesn't say what I'd want to communicate about.

In the midst of this creative explosion, my seeing of it is magnified. Please allow me.

In the past, when I've felt this way, I've communicated in this manner but without knowing what to communicate about. Well, that has lifted.

I know what I want to communicate about now, at least in part. And I'm only talking about the conversation I want to start; not about the conversation you may

want to start or the next person or the next. I do note that the thing that links this all together is that I'm feeling driven to communicate.

The global conversation I would start is all about aspects of human growth. It's about moving to a higher level of functioning. It's all about expanding the meaning of humanness.

Let me give you an illustration. The notion of human rights could use an expansion in meaning and if it was expanded that would also expand the meaning of humanness generally.

The notion of "human rights" as it exists today is based in empirical materialism. We have bodies. We have wishes. We say things. We hear things. And these are the things that our rights take into account.

But most of what you're reading about here goes way beyond that. We're talking among ourselves about Ascension, dimensional levels, formless beings, tsunamis of love, beings who come from other planets, are invisible to us and reside in cloaked ships. Very little of what we're speaking about fits into the paradigm of empirical materialism.

So, for me at least, that paradigm has to give way. And it giving way will expand the meaning of humanness. But this is only one direction and one example. I feel the need to expand the meaning of humanness in all directions.

"Human rights" *will* expand into sacred rights, divine qualities and universal law, I believe. That's one example of what's gripping me these days. But it's the being gripped that's important. I feel gripped. I feel driven into a conversation.

You may feel captured by the idea of building a free-energy machine. You may be dying to build a school that teaches Reiki. I can entirely agree with those aims, while I may not be invested in them myself.

But it's the conversations that seem to need to start that is impressing itself on me. And they seem to need to come from a global context rather than from a merely local or even national context. That also is important, or so it seems to me.

We need to let a certain process that I'm not a hundred percent familiar with unfold and unroll. Courageously. (I learned that from a friend.)

To put the matter another way, we need to rise to our full stature and speak with our entire being, which lines up with seeing or discussing the picture globally.

"Globally" could mean at a level that takes in the entire planet. Or it could mean at the most expansive level that we can see and discuss from. We're driven to a global conversation on whatever it is that's there for us. Well, I am.

The pressure that I feel is to grow. Growing is clearly the order of the day for me. I can't say how I know it. But I know it. And I know I know it.

We must get bigger and bigger and bigger if we're to be able to appreciate and contribute to all that's coming towards us.

Let's face it, if you'd allow me to say so. There never was a time more promising for human expansion than there is now. There never was a time more amazing and auspicious for the human race.

As one who respects the sacred rights and divine qualities, the divine plan and the universal law, I welcome it and I want to work with it. I want to get myself out of the way.

That's my plan. I'm being transparent about it. That's probably my soul contract too, but I don't know that for sure. But do I embrace it? Oh, yes, you bet I do.

My Life is Mine to Create – Part 1/2

September 24, 2017

<https://goldenageofgaia.com/2017/09/24/my-life-is-mine-to-create-part-12/>



Written in the midst of a spiritual experience

I'm in the middle of a realization. If I don't write it down, no trace of it will remain.

I suddenly felt the onset of a wave of love directed from me to myself. For a moment, I fell in love with myself.

I felt the same divine love for myself that I feel for my sacred partner.

I was delighted with myself. And it didn't depend on what I did or did not do.

I was aware of myself as a being. And I loved myself. Why have I been holding back?

When I saw that love didn't depend on what I did or did not do, I had yet another realization.

I saw that nothing depended on what I did or did not do, that everything I did was made up anyways. This whole world is illusion compounded and I'm acting as if anything I do truly matters, when it really doesn't. Not absolutely.

It probably sounds as if I'm demeaning myself. I'm not. At the absolute level, every trace of an individual "I" dies. At that level, none of this that has gone on will retain its meaning.

It's a very refined form of play acting we do, with some very real consequences on the level on which events transpire. But at the level where we re-unite with the One? No meaning at all.

In my moment of realization, I saw that my life was a series of actions that I'm carefully making up as I go along, moment by moment. I observed myself making it up.

And then I persuade people to believe about events whatever I want them to. I sell my story to them. But it's all made up.

It's all my interpretation, my version of whatever actually happened. It isn't the truth.

And invariably I construct my version to favor myself, to give myself the benefit of the (read: every) doubt, etc. It's very refined but nonetheless it's all there, just spread out over a little more time.

In this second "Aha!" I saw that the matter goes much deeper than just this one instance in which I observed myself "making it up."

The self-serving bias is one of the hardest viruses to clean out of ourselves, one of the last to go, I believe. I saw how deep it goes in me. And how subtle it is.

I've talked about this for years under the term "the constructed self." May I digress? I think it's important. This is me the sociologist.

Almost all of what we say, in my estimation, comes from our constructed self, the character or persona we project and try to sell to the world. Our self-image, with its self-serving interpretations. In lightwork, we call it our "service-to-self" persona. I just happened to find myself staring at mine.

This whole thing I call "my life" is simply something I'm making up, self-servingly, as we go along and have made up throughout time. (1) And none of it matters a damn. Not one damn. Not really.

None of what I do or do not do ultimately matters. When I bend the knee before God and hand him back everything he gave me, including my separate identity, what I said to the car mechanic or stewardess won't matter.

Ultimately we're dreaming that we're acting when the real us - the Self, the Christ, the Atman - is not acting. "I am not the doer."

(Concluded in Part 2, below.)

Footnotes

(1) See "The Death of Narcissus; or, Everything I Do is Trying to Make the World Over in My Own Image," September 18, 2020, at <https://goldenageofgaia.com/2020/09/18/the-death-of-narcissus-or-everything-i-do-is-trying-to-make-the-world-over-in-my-own-image/>

My Life is Mine to Create – Part 2/2

Oct. 6, 2019

<https://goldenageofgaia.com/2019/10/06/my-life-is-mine-to-create-part-2-2-2017>



(Concluded from Part 1, above.)

Written in the midst of a spiritual experience

Meanwhile, everything we do together as a collective is a carefully-scripted drama, in which we have the right to depart from our agreed-upon lines.

Well, now that I'm free of thinking that what I do or do not do matters, the question then becomes: Now what? I'm not going anywhere so what do I want to create with the rest of my life?

Where can I turn for guidance? I'll turn to the Divine Mother:

"I have chosen and created and birthed you into form. That is the Plan at work and I have done this, we have done this, with that spark of divinity so that you would be divine in form.

"And what that means in very practical terms is the assumption of your divine authority to be in charge of your life, of your thoughts, of your feelings, of your actions, of your behaviors, of your steps, of your environments, all the way out to the edges of the universe, throughout all times and dimensions. ...

"If you do not take authority over your existence – think in practical terms, this life – then what happens? You are adrift. You are in fact that row boat in the middle of the ocean being twisted and turned every which way. Divine authority means choosing - yes, with ... your divine authority of free will - to direct how, where, when, [and] if you choose to proceed." (1)

Assuming my divine authority, rather than continuing to respond to my vasanas and conditioning, what do I want to create with my life?

If this were the processing of a core issue, then this would be the moment when the individual, having laid the vasana bare, has the opportunity to rechoose.

Do I want to create a sad tale of ... whatever ... or a tale that I myself can be proud of?

Moving beyond myself, do I want to see the tragedy in the world continue or do I want a world that works for everyone?

I've seen such a world. When the whole planet is in the higher-dimensional state indicated by phrases like sacred love, divine love, true love, etc., then the world will work for everyone.

It's in our future, no matter what. I certainly choose a world so deeply in sacred love that it effortlessly works for everyone. That's the world of my dreams.

Somehow I find myself in the driver's seat in a way I wasn't before. I've moved from acting as the victim of circumstances in some insidious and unconscious way to acting as a self-commanding individual.

As a result of these two realizations - realizations are the ultimate fruit of the awareness path - I feel inspired and energized. I'm more in my power now than I was. (2)

Footnotes

(1) "Repost: The Divine Mother: Assume Your Divine Authority," March 11, 2017, at <https://goldenageofgaia.com/2017/03/11/repost-the-divine-mother-assume-your-divine-authority/>

(2) These are not major realizations so deep that they bring on enlightenment. These are a minor order of realizations, often called peak experiences, transformational moments, or "Aha's!"

Nevertheless they differ only in depth of realization, not in content.

Problems are Situations Plus our Reactions

January 10, 2025

<https://goldenageofgaia.com/2025/01/10/361597/>



Credit: Entrepreneur. We can't see the situation for our reactions

I'd like to continue the discussion of having problems not being the problem.

I have so many points arising in my mind that I don't know where to start.

(A) Years ago, we discussed an intergalactic form of communication, developed to see that the intergalactic wars never happened again, called Perro. (1)

At the time, Michael verified that it resembled the type of communication that would be expected in a refugee hearing, which helped me grasp what it was like.

(2) I quipped that it sounded like *Dragnet* from the 1950s. "Just the facts, ma'am." And he agreed.

Fact-based communication. If I communicated this way, many problems would just become situations.

Fact-based communication implies that it isn't emotion-based, reaction-based, or self-serving-bias-based. Factoring these out takes practise and dedication.

On this dimension, speaking that way would require discipline. On a higher dimension, it would be natural.

(B) I don't know if you've ever seen a picture of a barnacle-infested whale, but I see our situation as somewhat like that. The barnacles are old issues we're dragging around. I've called these, "vasanas" or seeds of future action, after Vedantic practice).

We're burdened in every way because of our unfinished business. Picture Morley dragging his chains around in *A Christmas Carol*. (3) Yes. Woe is me.

I'm not sure if I'm correct in saying that, if we succeeded in releasing all our unfinished business completely, we'd ascend. That seems to follow logically, and it has a ring of truth from my own experience, but I'm not certain of it.

It would nonetheless propel us a great deal farther down the road towards that culmination.

(C) Problems are situations plus our reactions. We react to the situation and thenceforth appraise the situation through the filter of our reaction, rather than as the facts themselves might suggest or dictate.

If we can remove the situation from our reaction - or declare our bias to ourselves and then watch out for its influence - that might just be the best that can be expected while we're on 4D.

(D) I'm reminded of the military experience, where a soldier becoming overwhelmed with emotion about a circumstance - under fire - was a distinct liability. There, "just the facts" saved lives. So there are settings where "just the facts" is a mandatory, life-saving skill.

(E) We assess things on a spectrum from positive to neutral to negative. Communication that works usually, I believe, remains in the positive to neutral. Communication that doesn't work is usually found in the negative.

If we're in the negative and finding our communication doesn't produce the desired effect, a lack of neutrality, of Perro, of just the facts, ma'am, may be the answer.

If I can't be immersed in the love of the higher dimensions at this moment and therefore communicating factually as a matter of course, I can do it as a discipline.

Interesting!

Footnotes

(1) See "Galea of Neptune ~ Avenues of Communication," Council of Love.com, March 12, 2018, at <http://counciloflove.com/2018/03/galea-of-neptune-avenues-of-communication/>.

(2) My last position before retirement was as a Member of the Immigration and Refugee Board of Canada, where I presided over hearings into refugee claims. Invaluable training.

(3) 06:34 at [https:// www.youtube.com/watch?v=ReprQS03ZM4].

Letting Go of a Paradigm that Doesn't Work

August 31, 2024

<https://goldenageofgaia.com/2024/08/31/356991/>



I had occasion recently to reflect on the differences between the academic world as I knew it when I left it in 1987, after my vision of the purpose of life, (1) and my own perspective, as it had been informed up to that time by experiences, reading, travel, etc.

Most of us alive at the time did not see, but tacitly accepted, that all that was real was what we could experience or know from our senses. Philosophically, this viewpoint is called "empirical materialism."

"Ghosts" are not real so, my earthly Mother, please stop trying to communicate with me. I'll catch up with you later.

Anything invisible is not real so, Archangel Michael, back in the closet. Divine Mother? Universal Logos? Hocus pocus!

Purpose to life? Only what you give it. Otherwise, we live; we die. That's it. Anything more is wish fulfilment.

Since the invisibles are not real, their role in terrestrial affairs and the lives of all of us is not real. Ascension is a fantasy. Having guides is our imagination working overtime. There's no Divine Plan for this age or for life that we're all acting out.

Life became a shoe that didn't fit. I was constantly chafed at having to wear it ever since, ten years earlier, I had had an out-of-body experience, which shattered for me my misunderstandings about life and death. Now being shown the purpose of life was the last straw.

My existing paradigms didn't fit with anything I'd experienced outside my body or in subsequent events. That was like a burr in my shoe.

I was being asked to deny my experience and make my studies fit with the prevailing paradigm. I wouldn't do it. I didn't do it.

You've only to visit the Downloads Page to view the reports on what I discovered after leaving academia and pursuing enlightenment.



Higher-dimensional spaces and beings cannot be detected with our lower-dimensional senses.

Moreover, we may "die" on this plane of existence, but, in fact, we simply rise up from our now-dead or dying body and meet our guides who begin our wider journey with us.

This all having been established, I'm free to investigate ... well, what is that other life like? Which produced *New Maps of Heaven*. Having looked at that, my attention was then drawn to Ascension through a discussion with a friend, Len Satov, a year later. That led to the starting of the *2012 Scenario*, this blog's original form. And more databases.

Another year after that, I had a lucid dream of my twin flame. I sought out a channel, Linda Dillon, and spoke with my twin flame Annastara. At a second reading, I was told that someone wanted to talk to me. That began ten-years of readings with Archangel Michael, which changed my life.

All of this, if told to a firm adherent of empirical materialism, would earn a skeptical grin and a cool shoulder.

In the end, I'm not leaving people behind, but I'm surely leaving a paradigm behind.

I do find that at a very deep level I still buy some elements of it. But the more I love - that is, the more I breathe love up from my heart and allow it to revive me - the less trauma-born paradigms that govern behavior (automatic programming, habitual tendencies) have a hold on me. (2)

For a while longer, the rest of the world may snicker at our star family, angels, Divine Plan, etc., but the growth that I've experienced since starting out, inspired by channeled literature and readings with AAM, satisfies me entirely.

It's an experience unto itself to be writing about a reality that most people in the world might smile or snicker at. But again, the experience of transformative love, only available to those who recognize it as existing, more than compensates.

Can you imagine a whole world smiling that deep smile at each other that says that they get it; they *know* what love is?

After the Ring of Fire or after Ascension, everyone will have what they've always wanted and probably didn't know it - a deep form of all-fulfilling love that comes freely delivered to our very own doorstep - to our very own heart. All paradigms that I'm aware of are superseded by the experience of that love.

Footnotes

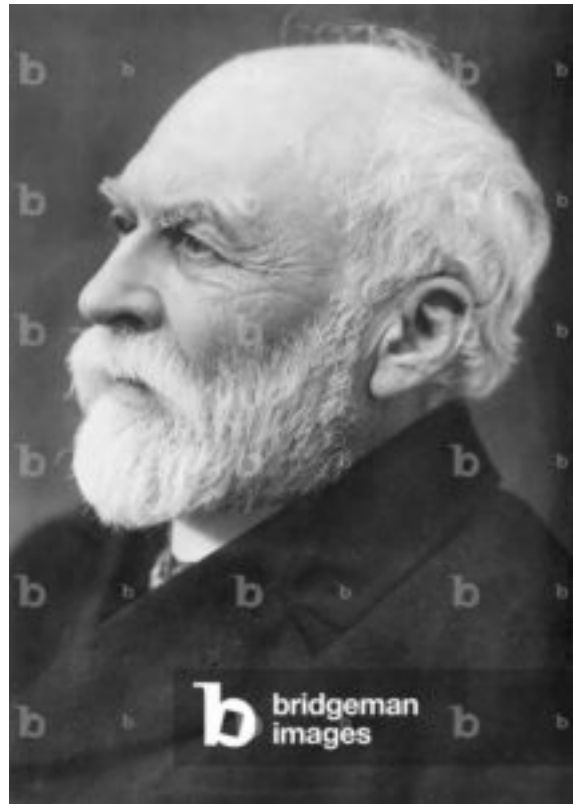
(1) For an account of that event, see “Chapter 13. Epilogue” in The Purpose of Life is Enlightenment at <https://goldenageofgaia.com/wp-content/uploads/2011/08/Purpose-of-Life-is-Enlightenment.pdf> (2)

(2) We often ask what sustains a Gandhi or motivates a Joan of Arc. I'm willing to bet they're sustained by this same artesian well of love found in the heart.

The Philosophy of “As If”

February 5, 2025

<https://goldenageofgaia.com/?p=362762>



Hans Vaihinger, 1852-1933 Credit: Bridgman Images

As I sat in the UBC Library in 1986, reading everything in the social sciences I could lay my hands on, (1) one book title fascinated me and stayed with me: *The Philosophy of “As If,”* by a German scholar, Hans Vaihinger, published in 1911.

I never read the book! But the idea always intrigued me and stayed with me.

There’s a profound concept in that phrase, on the use of the will in line with universal law. It may prove helpful in a time of chaos, because it’s a way of working with the outside world that provides a path through what’s going on around us.

Now, because I never got around to reading the book – it was “as if” the mere title was enough – what follows is me making it up, with apologies to Herr Vaihinger.

I never worked well with the imagination. Heaven knows why. I worked best (internally) with feelings. Ideas seemed to come and go of their own. I was always grabbing them as I thought everyone else was. But feelings was where I lived.

Vaihinger’s phrase, when I saw it in the library, got in. I’m going to stop talking about imagination and begin behaving “as if” things are the way I want them to be.

Why not? We’re doing it anyways in a hit-and-miss fashion. Why not perfect the skill?

Moreover, any spiritual teacher will tell us we’re making our world up anyways.
(2)

And here’s a zinger. If we want the world to work for everyone, if we want our negotiations to be win/win, we have to include ourselves. Acting as if things are the way we’d like them to be is showing what it is we want. It’s transparency.

In the best of all possible worlds, all would be well. We’d be creating a reality we like, rather than one we dislike. And others would be doing the same. Where there was a fit, we pursue matters. Where not, we’d pass like ships in the night.

If we are God, our powers take in creation, preservation, and transformation, all achieved through the use of love. That makes sense, right? God creates, preserves, and transforms, all through the use of love? (3)

We are God (there is nothing else in the world), (4) slogging through a snowbank of 3/4D density, but we still create, preserve, and transform – lasting if through love, transitory if through hate and anger.

Let me play with “as if.” What if I operated “as if” I had all the time in the world – because, in one sense, I do. I’m eternal. You’re eternal. All of us are eternal beings. Thus, it can be said that we all have all the time in the world. (I’m re-educating myself here.)

Rather than go off after another example, let me hold on to this one and work with it. (We used to call this growthwork.)

I’m operating in the domain of will when I operate “as if” things are a certain way. They become that way for me, whether they are for the other person or not.

Flash: I just got that I can work this way with love. I can operate “as if” everyone I meet understands the love that I feel. If someone doesn’t, that situation gets identified quicker and I can tone it down or ... whatever!

This is promising.



“As if” is a way to operate with the will such that, in my own little world or bubble, I’m always maximizing the chances of feeling higher-dimensional, transformative love in any one situation. It isn’t a guarantee. But it’s a tool in our toolbox.

Once the world feels this higher form of love, everyone will be saying the same thing as I am: Oh, it’s so wonderful! Rapturous. Blissful. Ambrosia! Brush off those superlatives.

We don’t have many words for something higher in dimension to us. We find that this love is what we want, what we’ve been looking for. It satisfies all our desires. That’s why we have this silly smile on our faces.



The problem is that anyone who is corrupt or narcissistic also uses “as if” to get their way. They can’t use love because love is not to be found in corruption.

They'll go to much greater lengths to get what they want than the average decent person; they might even kill you. So I'm not talking about a corrupt or narcissistic application of this process.

I mean this as a tool but let's face it. Any tool can be bent to any end. A chisel can make a fine cut in wood or kill someone. I'm working in wood.

Nonetheless, I'll bet that somewhere someone on this planet is killing someone right now and quoting scripture as they do so.

Our intentions need to be pure if we want a pure outcome. If we keep an eye on our intentions, and be transparent about them (more growthwork), we should avoid the misuse of this tool.

Whoa down there! That's enough!

Thank you to Michael, Annastara, my twin, my guides and, always, the Mother for that. I apologize for going on and on. I was curious myself to see what was coming next.

Footnotes

(1) My Ph.D. adviser said to me, "I think you only read introductions." And he was right. I just wanted the concept. I wasn't interested in the outworking of the details.

(2) I am not a spiritual teacher. I have not the required level of enlightenment and I aspire to be a writer, sharing my own thoughts, not a guide.

(3) Steve: I've read part of this quote to the Divine Mother. She's verified it but I've added things to it. So I'd like to read it to you again and ask if it is correct.

Creation, preservation, and transformation = rajas, sattwa, and thamas [the gunas] = Brahma, Vishnu and Shiva [the Trimurthy]= Akar, Ukar and Makar [AUM] = inbreath, pause, and outbreath.

Archangel Michael: That is quite the expression, Sweet One, and, in that tradition and in that understanding, the answer is correct.

Steve: It is not discussed in other traditions.

AAM: No, it is not. (Archangel Michael in a personal reading with Steve Beckow through Linda Dillon, April 2, 2020.)

Steve: [I'd like to] know if the gunas, the cosmic forces which are called rajās, sattwa, and thamas, are the same as the Trimurthy [Triad] of Brahma, Vishnu and Shiva.

Divine Mother: Yes. We [the Divine Mother is all of these and infinitely more] are the same as that triad.

S: All right. And the Trimurthy of Brahma, Vishnu and Shiva is a subset of the Universal Creative Vibration [Akar Ukar Makar or AUM] that you are at your essence. Is that correct?

DM: That is correct. It [the Trimurthy] is a way in which my beloved children can come to know me and to have that experience. It is formless, and yet it is form. It is a way of connection, and it is a way of understanding and entering into a higher vibration of being. So it helps the emergence into my energy.

S: Sort of like stair steps?

DM: That is correct. (“The Divine Mother: Come to Me as I Come to You – Part ½,” Oct. 17, 2012, at <http://goldenageofgaia.com/2012/10/17/the-divine-mother-come-to-me-as-i-come-to-you-part-12/>.)

(4) Verily, all is [God]. (Swami Prabhavananda and Frederick Manchester, trans., *The Upanishads. Breath of the Eternal*. New York and Scarborough: New American Library, 1957; c1948, 46.)

[There is] no other beside me. (Sri Krishna in Swami Prabhavananda and Christopher Isherwood, trans., *Bhagavad-Gita. The Song of God*. New York and Scarborough: New American Library, 1972; c1944, 71.)

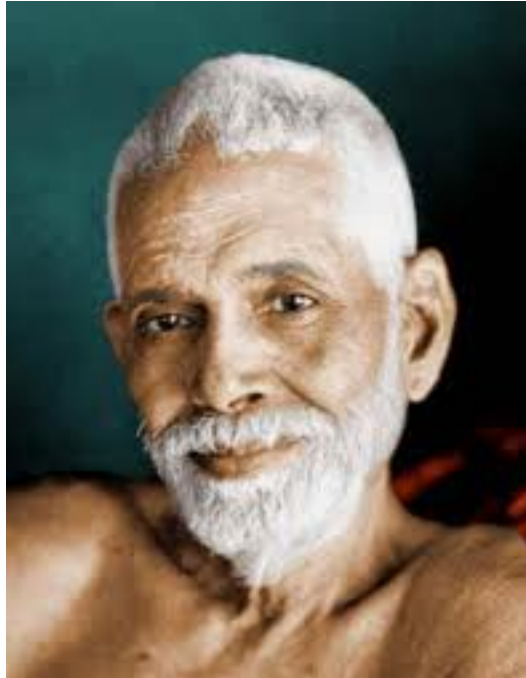
I am God, and there is none else. (Isaiah 5:22.)

At last the gnostic (1) understands ... that everything in immanence is nothing other than His Manifestation and Tools. (Ibn Arabi Muhyideen, *Kernel of the Kernel*. trans. Ismail Hakki Bursevi. Sherborne: Beshara, n.d., 7.)

What is a Vasana?

Nov. 23, 2010

<https://goldenageofgaia.com/spirituality/on-processing-vasanas/what-is-a-vasana-part-12/>



Ramana Maharshi taught us about vasanas

Derivation of the Notion of Vasanas

The term “vasana” is used in Vedantic literature. The Vedanta is the non-dual literature at the end of the Hindu Vedas which discusses enlightenment. Usually called the Upanishads, they mentor us on how to achieve enlightenment. The Bhagavad-Gita is often included in this class of literature. These books describe the obstacles to enlightenment and the primary obstacle is our vasanas.

This survival of vasanas is why we hear of gurus, who may have had levels of enlightenment as high as seventh-chakra Brahmajnana (God Realization), also called kevalya nirvikalpa samadhi, who still have vasanas.

They still create skewed, exploitative sexual relations with their students, or assault them, or hit them up for money, etc. They consider themselves beyond karma, dismiss their behavior as eccentricities or “crazy wisdom” but eventually go too far and fall.

One cannot experience liberation or moksha, which occurs in *sahaja nirvikalpa samadhi*, as long as one has a single vasana, Sri Ramana Maharshi tells us. Sahaja sees the spiritual heart (*hridayam*) permanently open. (1) Then we are liberated from birth and death. We have attained freedom from physical reincarnation.

I'll look more at this side of things later. For now, I'd like to consider vasanas from an everyday point of view.

How Vasanas Come to Be

Vasanas could be defined as the automatic, mechanical, or habitual ways we have of responding to situations. They are ingrained patterns of behavior.

They could also be thought of as our unpaid bills in life, our debts, our accounts payable. They are our karmic residue, the precipitate of, or what's left over from, our perpetrations in life. They also can be seen as our old issues, unfinished business, excess baggage in life. They skew our behavior and we're seldom aware they're operating. While they're widely known in the growth movement and spirituality, I'm not aware that the subject is taught in schools. Most people do not know what vasanas are.

Vasanas are the main obstacle to our well-being and happiness in life. They are the Tin Man in us, the robot, the automaton. They are the gruff troll, the witch, the ogre. All the fairy tales about these beings are, in the end, about vasanas.

They derive from decisions made in response to earlier incidents or episodes in life that involved shock and loss, which convinced us to never do some things and always do others. In some way, we shut down to life, stopped responding spontaneously, and became a robot.

Usually our vasanas do not subside. They are persistent and their influence on us grows over time as we commit fresh perpetrations when they erupt in situations of upset or crisis, as they did with some of us recently (me included) during the recent episode with SaLuSa.



Alice in Wonderland is all about vasanas

We saw, in the series on “Understanding Soul Contracts,” how we agree before birth to handle some area of karma in the upcoming lifetime. Often this learning process is switched on by the occurrence of some traumatic incident. We lose a parent or child. We suffer a debilitating accident. We contract a terrible disease. We lose a job, a house, an opportunity.

When early childhood incidents occur, we often make decisions about how to be and how not to be in life. I'm never going to love again. I'm always going to be cautious. A vasana is rooted in these incidents and decisions. It ramifies itself each time a later, similar incident occurs and we reaffirm and follow the pattern. We become creatures of habit, predictably and faithfully following our vasanas.

As a result, our wider experience of life narrows or shuts down completely. We close ourselves off to spontaneity and become sclerotic, arthritic, petrified,

fossilized, concretized, or calcified. We become the walking dead, lacking any impulse to just be and enjoy.

Vasanas have been described by others as “sleeping volcanoes” (S.N. Goenka) and the muscular tension in the body associated with them as “character armoring” (Wilhelm Reich) and the “pain body” (Eckhart Tolle). Werner Erhard called them "records," "rackets," and "incompletions"; Eric Berne, "games"; Claude Steiner, "scripts" - most psychologists and growth leaders have some way of referring to them.

I'm pretty sure they are what Lisa Renee meant when she spoke about "control programs." If you look at the channelled literature we've been reading for perhaps the last year, you could say that a large portion of it has been about vasanas, telling us over and over again to complete our unfinished business; i.e., to "flatten" our vasanas.

As sleeping volcanoes, they erupt when the stress placed upon us by our attitudes moves the tectonic plates of our muscle tension. Creating a crack in our plate of armor, up rushes the lava of unfinished business, which we project onto others, sometimes killing off relationships.

Every time we become inflamed, cranky, crabby, obstinate, or angry, express resentment, get ornery, fussy, inhibited, we are responding to our vasanas. And, what's worse, they grow and grow with each fresh explosion.

Alice in Wonderland is all about vasanas. Most TV dramas are about them. Daytime serials run on vasanas. Sob stories, mental illness, grudges, and crimes are often if not usually mediated by vasanas.

Old people rocking in their chairs and saying, “I remember George Bush. By crackey, he was a bad apple if I ever saw one. Heh heh heh,” are crippled by vasanas. They are sclerotic, inflamed fossils, lacking fuel to do anything else except rock back and forth and spout their cherished opinions.

We usually find ourselves champing at the bit to get away from them. No signs of life here. Only opinions and repetition, *ad infinitum* and *ad nauseum*. But the saddest news is that, if we don't process our vasanas, we could very well end up like them. Many people do.



All we'll have left is our vasanas.

Beckow's Theorem of Awareness

Long ago (by crackey), I saw that awareness and muscular tension in the body varied inversely. If our tension went up, our awareness went down. If our tension went down, our awareness went up. Relaxation was important to raise awareness.

The ultimate in this for me was when a fire broke out in a planetarium. My mother was killed in a housefire, which was for me an episode of shocking loss and a threat to my survival. When the fire broke out in the planetarium, the only thing I became aware of was a man shouting at me to sit down. I was not aware that I had gotten up out of my seat (the only person who had) and headed for the door. My tension went up and my awareness went down.

When we store away tension in our bodies by swallowing and storing it, we pay for it by lowering our awareness. If we constantly blow up at people, and thereby perpetrate against them, the anger, guilt and shame we experience are stored away as tension in the body. Either way, over time, we become sclerotic.

Therapies and Processes for Reducing Vasanas

There are many ways of simply reducing or removing tension. Anything that relaxes us helps. Undergoing bodywork, its most extreme being Reichian therapy, a form of deep body massage that gets at the holding patterns located in the fascia, relieves us of muscular tension in the body. Hypnosis or meditation (with the

exception of Vipassana, which not only simply relaxes but actually eradicates many of our vasanas) may help. Listening to music, walking in nature, taking a vacation all help.

But if we only engage in these therapies and pastimes and just relax ourselves without doing the conceptual or contextual work and without having a way to process issues, then we simply relieve ourselves of a load of tension but create a new load later when we fall back into our old, patterned ways.

To erase the vasanas, we must eventually re-experience the earliest similar incident that created them until our experience is freed from all shock and perception of loss; that is, until we flatten the vasana. Then the sleeping volcano will not erupt again.

Take a deep breath and, if you feel resistance to it, that indicates muscular tension, and muscular tension indicates a vasana. You can use deep breathing as a means of seeing whether you have processed the vasana. If you have, you should be able to breathe easily. If your breathing is labored, there is more processing to do.

Another way of knowing if you've processed a vasana is that the truth will set you free. If you feel freed up (that is, released from tension), then you gotten to the truth of the vasana and set yourself free from it.

"Good" and "Bad" Vasanas

Ramana Maharshi distinguishes between good and bad vasanas. Good vasanas, like tending to our parents' needs, loving all people, being charitable, all of which promote the laws of nature, do not harm, but bad vasanas, which go against the laws of nature, do.

Don't ask me why. I think that's the way God designed it. We are meant to evolve in life until we realize God and life is designed so that bad vasanas leave residue and good vasanas promote our spiritual evolution moving us on towards enlightenment. That's the best I can do with the subject.

Jesus said that we must be as a child to enter the Kingdom of Heaven. A child does not respond to life from vasanas. It may have vasanas from former lives but they exist as latencies, until awakened by our first experience of shocking loss. As far

as I know, we must be free of vasanas and the arthritic attitudes and automatic behavior associated with them - at least in the moment - to enter the Kingdom of Heaven.

And most of us have seen people like this – innocent, blithe, spontaneous, uninhibited. They resemble children and pass easily through the eye of the needle.

I am not free of my vasanas. I have to work hard every time they go off to get to the bottom of them, like anyone else. I just know a little bit more than some people about them, but that does not make me an expert or a saint or anything of the sort. So please don't relate to me as if I am. That would only be an invitation to me to be unrealistic about my growth and move into pretense to maintain an image; it would not be the truth.

If you wish to process your vasanas and be free of them, these articles on this site are about the emotional clearing process used to process them. I call it "be with and observe." It has worked for me to reduce my store of vasanas and, as far as I'm concerned and with pun fully intended, it has been a lifesaver.

Footnotes

[On Processing Vasanas](#)

- [Addressing Key Vasanas](#)
- [Painting with Awareness: Dealing with the Most Common Obstacle to Ascension](#)
- [A Third Way of Handling a Vasana](#)
- [Another Chaotic Node: What Are We Processing?](#)
- [Neither a Jukebox nor a Living Fossil](#)
- [The Arcturian Perspective on Healing the Scars of Vasanas through Unconditional Love](#)
- [Clearing for the Collective](#)
- [Jeshua: The Third Way](#)
- [Just When We Thought It Was Safe to Go Back in the Water: Weathering the Emotional Storm](#)
- [A Time for Clearing](#)
- [The Re-integration of the Parts of Our Being](#)

- [Day into Night, Night into Day](#)
- [The Binds that Tie Us](#)
- [Simply Watching](#)
- [Eckhart Tolle: Living in Presence With Your Emotional Pain Body](#)
- [The Difference Between False Grids and Vasanas](#)
- [Wes Annac: Understanding Spiritual Evolution – Part 7](#)
- [Long Night Releasing](#)
- [A Farewell to Arms](#)
- [The New Gospel of Jesus](#)
- [Under the Mask of Civility](#)
- [Entertaining the Counterintuitive](#)
- [The Truth Emerges and the Tears Begin](#)
- [General Principles of Working with Our Resistance Patterns during Ascension](#)
- [We're Not Our Bodies or Our Vasanas](#)
- [Wayshowing and Vasanas](#)
- [Is It the Fourth of July?](#)
- [The Source of Our Upsets and Their Cure](#)
- [Dealing with Humiliation](#)
- [Dealing with Troublesome Feelings](#)
- [We're Not Our Bodies or Our Vasanas](#)
- [Watching How Our Vasanas are Formed](#)
- [Vasanas, Vrittis and the Endpoint of Enlightenment](#)
- [Intense Clearing Begins Again](#)
- [A Vasana Erupts](#)
- [Completing a Vasana of Stress](#)
- [Coaching Has Been a Lifesaver](#)
- [Grinding Away in the Rut of a Vasana](#)
- [Overcoming Resistance to the Physical Ascension Process](#)
- [Our Vasanas will not Prohibit Ascension; They'll Simply Make the Ride Bumpier than Otherwise](#)
- [An Hour with an Angel with Archangels Michael and Raphael: I Choose Love – Part 2/2](#)
- [The Impact of Bliss on Our Vasanas](#)
- [Me and My Shadow](#)
- [Experiencing, Re-Experiencing – It Feels the Same!](#)

- [Time for the Final Push – Part 1/2](#)
- [Time for Our Final Push – Part 2/2](#)
- [Social Vasanas: A New Phenomenon](#)
- [What is a Vasana?](#)
- [Reading List on Vasanas? You Bet!](#)
- [The Application of the Divine Spells Relief](#)
- [The Storm Arises ... The Storm Subsides](#)
- [Sri Ramana Maharshi on the Problem of Our Habitual Tendencies](#)
- [Peace Descends ... Until the Next Time](#)
- [Time to Complete Old Issues – Part 1. Rising Energies are Awakening Us or Exposing Our Barriers](#)
- [Time to Complete Old Issues – Part 2. We Must Heal the Barriers to Love](#)
- [Time to Complete Old Issues – Part 3. Dropping Rackets and Completing Karma](#)
- [Time to Complete Old Issues – Part 4. How to Clear Old Issues and Upsets](#)
- [Time to Complete Old Issues – Part 5. What Can Go Wrong?](#)
- [Time to Complete Old Issues – Part 6. Philosophical Considerations](#)
- [Conclusion to “Time to Complete Old Issues”](#)
- [Processing a Vasana of Strong Attack – Part 1/2](#)
- [Processing a Vasana of Strong Attack – Part 2/2](#)
- [How to Deal with Upset People as the Energies Rise](#)
- [On Looking like a Fool ... and Getting It](#)
- [Dealing with Stored Emotional Trauma](#)
- [Yayayayay! We’re Reactivated!](#)
- [Running the Process](#)
- [Vasanas vs. Fears and Beliefs](#)
- [Back, Back, Back](#)
- [Ascension, Choice, and Mission](#)
- [How to Handle Unwanted Feelings: The Upset Clearing Process](#)
- [Processing the Upset](#)
- [Easy Ride or Bumpy Ride: Up to Us](#)
- [To Be With and Observe](#)
- [Processing the Sleeping Volcano and Moving On](#)
- [More on Primitive Vasanas](#)

- [I Know I Came Here to Communicate This](#)
- [Mary Mageau: Preparing for Ascension](#)
- [Clearing Old Issues](#)
- [Michael Brown: Recognizing and Navigating the Portal](#)
- [Inelia Benz: Anger – Why It is Important to Process It](#)
- [Trimming Down for Paradigm Shifts](#)
- [What Are You Invested In?](#)
- [How Do I Pass Through the Narrow Doorway?](#)
- [OK, I Feel Upset. ... Oh, Great!](#)
- [From Reaction to Completion](#)
- [Primitive Vasanas Emerging](#)
- [Why Is It So Hard to Do the Right Thing?](#)
- [No Mask, No Box, No Path](#)
- [Coralization](#)
- [Looking in the Mirror – Closely](#)
- [Clearing an Upset in the Moment](#)
- [Flattening a Vasana](#)
- [Attila the Hun: The Vasana of Self-Righteousness](#)
- [Presence Dissolves Issues](#)
- [What Stops Me?](#)
- [Positive Thinking, Negative Thinking, and the Truth](#)
- [Distortion and Reflection](#)
- [Vasanas and Permanent or Stable Enlightenment](#)
- [Cathy Heath: Liberate Yourself from Destructive Emotions: Become the Objective Observer](#)
- [Coming Out of the Closet; or, Completing a Vasana](#)
- [On Being Rebuffed ... and Getting It](#)
- [The Fundamental Reorientation that Sourcing a Vasana Involves](#)
- [Needle Scratches on the Mind](#)
- [The War in the Human Character](#)
- [Can Illness be Caused by Reactive Habit Patterns?](#)
- [The Truth Will Set You Free](#)
- [Sooner or Later We Must Forgive Everyone in Our Lives](#)
- [Completion vs. Enlightenment](#)
- [Processing a Vasana of Strong Attack – Part 1/2](#)
- [Processing a Vasana of Strong Attack – Part 2/2](#)

- [The Higher the Climb, the Deeper the Descent](#)

How to Handle Unwanted Feelings: The Upset Clearing Process

April 25, 2011

<https://goldenageofgaia.com/2011/04/25/how-to-handle-unwanted-feelings-the-upset-clearing-process/>



How do we deal with negative feelings like hatred and vengefulness that arise when we remember what the dark side has done to us – causing death and destruction and other forms of suffering? How do we deal with our emotions without wanting to lynch the dark ones?

We could if we wanted address it using the "cognitive" approach: by educating ourselves on the accurate situation we're in as Matthew, SaLuSa, Saul, Hilarion, and others have revealed it to us.

That would involve us seeing that we created the dark ones from our own dark side and that if we withdraw our attention from the dark ones we move away from them and reach a point where we no longer have to be in their world or dimension.

We could use the growth movement answers such as hitting a pillow, shouting in our car, punching a punching bag, expressing ourselves with the same degree and kind of emotion as the upset.

We could use Ho'oponopono and forgiveness. But what can we use when none of these seem to work?

Readers here know that I recommend a process which I've called the upset clearing process. Using this, we "source," or get to the bottom of, the original upset. When we've reached the source of the upset and completed the experience at the base of it, the upset disappears and often will not return to bother us.

There is a part of me that sighs when I introduce this subject. Because, although it sounds straightforward, it's not entirely so. Many people don't know how to work the process. Many fail to locate an image of their earlier upset. Many fail to grab the first image that flies by their minds. Some don't know how to "be with" the image. Some try to move the process forward when they should be passively observing.

There are many reasons why we may find ourselves unable to make the process work and I don't know what to do about that through the medium of writing. If I were standing beside another person, I could guide them through the process. But writing? Not obvious how to do it.

That doesn't mean the process doesn't work. It just means I don't know how to accomplish the task in writing.

Nonetheless, I'll lay the process out in the hopes that some of it will ring a bell and either you'll be able to make use of it yourself or else find a setting in which the process is used and get face-to-face instruction in it. I have to say that it took me years to learn it and then do it enough times that many of my major upsets have lifted.

The aim of using this process is that, instead of correcting the ignorance that holds the situation in place or instead of expressing ourselves until the upset lifts (if it does), we complete the experience of the piece of old business that has us see the world and respond as we do. The process is the same as what Krishnamurti called "passive awareness" and Eckhart Tolle calls "practising presence."

It is covered by innumerable articles in the subsection "Preparing for Ascension" in the righthand column. I've probably written about nothing else more than the upset clearing process because I know how freeing it is. At the end of this article I'll list the other articles that treat it.

I learned this process from encounter-group leaders, Werner Erhard, John Enright, Vipassana meditation, and enlightenment intensives. It has many names but has been discussed in the channeled messages that we've been reading for the last two years, all of which say, in brief, "complete your unfinished business."

The Upset Clearing Process

1. Name or Describe the Upset

We cannot process an upset that is not already happening so value your upsets when they happen. What usually happens for me is that I get upset and begin winding up to attack the other person (who "upset me," right?). Then, in a flash, I realize I'm in an upset.

I stop what I'm doing, take a deep breath, and begin the upset clearing process instead of attacking the other.

I begin by identifying the upset in any way that does the job for me. "I don't like other people attacking my friends." "I don't like it when the guy next door warbles in his awful voice." "I don't like being served cold food."

2. Identify the Accompanying Feeling

When these things happen I feel (rageful, ready to scream, irritated). I take a moment to fully experience the feeling I've named. I breathe into it. I let it fill me up.

3. Locate the Earlier, Similar Incident

What troubles us about the incident is almost never the present situation. It is usually an incident from the distant past which was so difficult for us that we stepped out of the flow of life and stopped experiencing there. Often we made a

binding decision of the form "I will always" or "I will never." What we must do now is take ourselves back to that discrete moment in history when the traumatizing event happened.

So I ask myself for an image, word, phrase, thought, or memory that will identify that original incident. Now here is where most people go off the track. The image comes shooting by them and they do not notice it. Or else they don't like the first image that comes to their mind but dismiss it for one reason or another and look for a second image.

No, the mind works perfectly to send you the image asked for. Take the first image that comes shooting across your mind. Passively be with it. Stay with that image and allow it to tell its story to you. Feel the feelings that arise, no matter how unpleasant they may be. This is a *crucial* element of the upset clearing process.

If you feel like crying, cry. If you feel like shouting and can shout, then do that. Etc. Remain there, being with and observing the feeling and the incident for as long as required until you feel it gradually lift. Continue to remain with it until you're completely restored to Self.

When it lifts you've completed the experience - this time. You may have to repeat it, but at least once you've allowed it to play itself out it may loosen its grip on you. And it may not. It may require a number of repetitions of the process but the upset will finally lift and you'll be rid of it. If you project your feelings onto others and act out your upset, you just energize the upset and hold onto it for the next time. But this way, you've taken a step towards completing it, "sourcing" it, or "flattening" it.

No emotion or thought lasts forever. All have a beginning, a middle, and an end, which is why sages say "This too shall pass." If we allow an upset to pass through us without getting behind it, acting it out, and projecting it onto others, it will complete itself, disappear, and release its grip on us. Doing that is the way to complete unfinished business and, in this instance, Mimi, free yourself from hatred of the dark and vengefulness.

Now that's easy to say, but the fact of the matter is that it took me 23 enlightenment intensives, several repetitions of the est Training, three months of encounter groups, and numerous other workshops to release some of the major upsets in my

life. So it isn't necessarily something we can accomplish overnight. But it is the road out of the forest and with the energy rising on the planet it just may be that clearing upsets becomes easier as we go along. I wouldn't be surprised if that was the case. Moreover, the galactics will assist us to release our unfinished business; I'm sure of it.

One last thing: karma and issues are different. Our karma will be forgiven us; our issues perhaps not. Our karma is the lessons that are destined to come to us later in this lifetime or another lifetime. But our issues are right here with us now. It's the difference between the movers saying they will move your household furnishings (karma) but not your backpack (issues). If you have a heavy backpack, then there may be much labor involved in moving it. The movers leave that to you.

So, whether you can make this process work or not, whether you can't make it work right now but will be able to later, this is the way out of feelings like vengefulness and hatred. This is your answer, Mimi. Not something I could communicate in a few minutes on the air. Thanks for asking.

Now I'll list the other articles on this site that look at the matter:

- [PREPARING FOR ASCENSION](#)
- [Dealing with Stored Emotional Trauma](#)
- [Running the Process](#)
- [I Know I Came Here to Communicate This](#)
- [OK, I Feel Upset. ... Oh, Great!](#)
- [Yayayayay! We're Reactivated!](#)
- [To Be With and Observe](#)
- [Presence Dissolves Issues](#)
- [The Truth Will Set You Free](#)
- [How Do I Pass Through the Narrow Doorway?](#)
- [On Being Rebuffed ... and Getting It](#)
- [Sooner or Later We Must Forgive Everyone in Our Lives](#)
- [What is a Vasana? – Part 1/2](#)
- [On Looking like a Fool ... and Getting It](#)
- [Back, Back, Back](#)
- [Back to the Origin](#)
- [What Are You Invested In?](#)

- [Karma and Issues Are Not the Same](#)
- [Sri Ramana Maharshi on the Problem of Our Habitual Tendencies](#)
- [Can Illness be Caused by Reactive Habit Patterns?](#)
- [Time to Complete Old Issues – Part 1. Rising Energies are Awakening Us or Exposing Our Barriers](#)
- [Time to Complete Old Issues – Part 2. We Must Heal the Barriers to Love](#)
- [Time to Complete Old Issues – Part 3. Dropping Rackets and Completing Karma](#)
- [Time to Complete Old Issues – Part 4. How to Clear Old Issues and Upsets](#)
- [Time to Complete Old Issues – Part 5. What Can Go Wrong?](#)
- [Time to Complete Old Issues – Part 6. Philosophical Considerations](#)
- [Conclusion to “Time to Complete Old Issues”](#)
- [Let Go, Let Go, Let Go](#)
- [What We May Need to Leave Behind – Part 1/2](#)
- [What We May Need to Leave Behind – Part 2/2](#)
- [Processing the Upset](#)
- [Processing the Sleeping Volcano and Moving On](#)
- [Managing a Troublesome Ascensionitis Symptom](#)

How Do I Change Myself?

August 5, 2020

<https://goldenageofgaia.com/2020/08/05/312381/>



There's so much I want to say about the process I've just been through so things are not missed.

The ideas are tumbling out.

What I did was I processed a root vasana or core issue. Processing a vasana is the (wholesome) alternative to blaming and shouting at another person.

Long ago I swore I would not "keep the family secrets" (domestic violence) and now I've gone too far in the other direction: being far too direct for most people to tolerate. Encounter groups may not have helped.

Another instance of the guardian becoming the guard.

The root vasana is father hatred and the elaborated vasana is "I won't keep the family secret of domestic violence [or any other immoral circumstance]." These were triggered and Vesuvius erupted.

Here I am in my rocking chair, having coralized around this issue. Nodding away and telling my exaggerated and self-serving story. By crackey!

Of course I'm right. That goes without saying. But deadright? Have I killed other people off to make myself right?

Ideas keep tumbling out. I know from my general experience that a leader's words and actions get exaggerated in the retelling - routinely. If I'm to be the head of a large corporation, I'm going to have to avoid extremes for just this reason.

Furthermore, I also know from historical study of world wars that a dictator just grows and grows in the desire to control until mistakes accumulate and he/she falls. Absolute power over a company seems fairly similar to absolute power over a country.

If I allow my father hatred/anger/fear vasana to continue into the post-Reval economy, the effects could be devastating. Who needs a little dictator at the helm of a very large enterprise?

Important

So wrap up everything I just said and put it on the shelf. Take down from the shelf the image I received of a very, very large boulder sitting on top of and pinning down my inner child.

Having realized this, I now have two very good reasons to now wish to be done with this vasana. Two very good reasons to change my vote and drop it.

If I were to do this, then I draw a line under what just happened. What just happened is what every wife or husband wants their spouse to do: Change. (1)

I can't change another, but I can ask another to change. If they're willing, what might it take for them to change their vote?

What did it take for me to change mine? (A) I needed to have good reasons for dropping my protective number. (B) I needed to be shown, in some way, that it led to something better.

That's what it took to switch my vote from "I will protect [myself, little brother Steve]" to "This is killing me. I don't want this protective number any longer."

These are the circumstances under which I'd drop my knee-jerk protective impulse and all that goes with it (suspiciousness, disbelief, depression, etc.). These may prove to be the same steps a willing partner would need to follow to successfully change his or her vote.

I assert that it takes a genuine change of vote for a change of thought and behavior to follow. It can't be superficial. I believe this applies to matters of race, religion, or politics as well as personal growth.

So processing a vasana can lead to a change of vote, which then leads to a change of thought and behavior. Projecting a vasana onto another only increases resentment and separation.

Feeling right carries a certain kind of pleasure. As long as we enjoy it and see no costs, we continue with the vasana.

I'm encouraging us not to project the vasana but to process those that come up as the energies increase, squeezing them out of us. And the way that I just did it, even though I resorted to several methodologies in no planned manner, is one version of the way I recommend a vasana be processed. (2)

Then, instead of suppressing the very individual we think we're protecting, we'll allow that person out into the light of day. We (the protector) can now cede control of the vehicle and enjoy a pensioned life of peace and relaxation.

Yes, we have to let go of our story. But guess what? We made it up anyways. (3)

We won't need a story where we're going. Fifteen minutes in the Ocean of Love and we'll have forgotten what a story is. (4)

Footnotes

(1) Werner Erhard's discussion of transformation vs. change is right there in the foreground of my mind. But given that I'm writing to everyone on the planet, I'm not choosing to discuss transformation right now.

(2) This version is a bit more organized: "How to Handle Unwanted Feelings: The Upset Clearing Process," December 29, 2018, at <http://goldenageofgaia.com/>

[2018/12/29/how-to-handle-unwanted-feelings-the-upset-clearing-process-2/](#)

(3) I watch myself do it all the time.

(4) If I'm in this much disarray from a gentle increase in the energies, can you imagine what would follow a really large increase? This is a demonstration of why Ascension in the physical body must be gradual.

A Radical Change of Vote

December 23, 2019

<https://goldenageofgaia.com/2019/12/23/a-radical-change-of-vote/>



Over the years, I've regarded "positive thinking" as naive and simplistic.

I've seen it as papering over reality, confining spontaneity, etc. I've preferred such things as "truth" and "authenticity" to it.

However, recently, having had a vasana go off related to long bank lineups, I delved more deeply. I began to see that my support for truth and authenticity was in part self-serving. It suited my own proclivities.

Growing up amid emotional and physical abuse, I made a career out of being a complainer. Unbeknownst to me, that kept me chained to a negative role in life. But I masked it by standing on principle - I was just being authentic and truthful.

That "stand" - or rather the use I've been putting it to - is no longer proving completely satisfactory and now has to go. That day in the bank I saw that I needed to make a shift from predominantly negative ways of handling important situations in life to predominantly positive.

I researched the matter and two comments - one by Matthew Ward and another by Archangel Michael - best summarized the reasons for dropping negative ways of being for positive.

Matthew Ward detailed the "physics" of the matter:

“Energy is neutral, but streams of energy can be directed by their attachments of thought forms. The forms are actual substances, albeit invisible to your vision, and they are created by every thought, feeling and action of every life in existence. Thus the attachments are either positive or negative in nature, and this universe is teeming with both.

“The closer [one is] to any energy movement, the more profoundly they are affected. Your world is awash with duality’s negative components—fear, warring, divisiveness, rage, greed, deception, corruption, poverty and random violence—you are at the epicenter of dynamic quaking and shaking.

“Not only are those negative streamer attachments being generated there. They are emanating from there. Through the physics that governs life in this universe, energy generated anywhere shoots out into space, attracts and attaches itself to the nearest similar energy and, like a boomerang, returns with that reinforcement.

“Because Earth’s streamers at duality’s negative end are being sent out in abundance, they are attracting and bringing back exactly what they sent out. This immutable law of attraction is why your world still is steeped in turmoil. ...

“Those kinds of thoughts and feelings are fraught with the negativity that prolongs the situations that they want ended!” (1)

Like attracts like. Positive attracts positive. Negative attracts negative. The negative goes out into space and attracts itself to itself, returning with renewed vigor. I get Matthew’s physics.

This passage finally got in, past my barriers and my familiar pattern of using self-righteous negativity to get what I wanted.

I further resonated with a passage from Archangel Michael about how the subconscious mind worked.

“The subconscious mind – your subjective mind – is part of the Etheric Body consciousness, and it records and stores everything you experience, what you see, hear, think and feel emotionally. The subconscious mind takes everything literally, and it does not matter if you have experienced an event or just imagined it vividly, the subconscious mind registers it as fact.

“That is why it is so important to change negative, debilitating, past memories into positive memories. Your thoughts and intentions resonate to specific frequencies, and by changing the frequency patterns you project through the use of will power and conscious effort, you will gradually create the life, physical health and circumstances you desire.” (2)

So at last I made the long-overdue switch, which is perhaps the deepest and most essential switch I can think of making, from resorting to the negative to staying with the positive. I've seen the writing on the wall and surrendered, agreeing to go another way.

That includes everything from irritation to anger, complaints to edginess. None of it is of love. All of it has to go.

SaLuSa tells us that taking the first step is the hardest:

“Making those first positive moves are the hardest, as you will be reluctant to leave your old established ways behind.

“Sometimes it involves family and friends, and the new you seems somewhat strange to them. You may even experience opposition or direct rejection, as your psyche changes. We would say that it is important to stay on your path and not be held back by emotional reactions.” (3)

Matthew adds a final sobering note:

"It does take effort to switch from negative thinking to positive, so ask for 'divine' help - and cooperate with your helpers!" (4)

Amen to that and I do ask for help.

SaLuSa recognizes the timeliness of this process:

"These are times when you are dealing with personal battles within. Old beliefs and knowledge that do not carry the new higher vibrations are surfacing for clearing, but sometimes it is hard to let go. You are entering a period of intense changes and the old is breaking down, and the new energies bring truth and all that you require to forge ahead on the pathway to the Golden Age.

"It will be quite a revelation as you realize the immensity of the changes to self, as your old mindset is easily replaced by all that is pure and wholesome. Indeed, as you progress it becomes easier to move further along the path of Ascension. Making those first positive moves are the hardest, as you will be reluctant to leave your old established ways behind." (5)

All I have at this time is the choice having been made - a radical change of vote. I don't have the slightest clue as to what to do next. The work of constant awareness and recalibration has only just begun.

Footnotes

(1) Matthews's Message, Oct. 21, 2012, at <http://www.matthewbooks.com>.

(2) "Archangel Michael – The Essence of Who You Are," transmitted through Ronna Herman, Sacred Scribe, April 30, 2013, at <http://www.ronnastar.com/>.

(3) SaLuSa, Aug. 9, 2010, at http://www.treeofthegoldenlight.com/First_Contact/Channeled_Messages_by_Mike_Quinsey.htm.

(4) Matthew's Message, *ibid.*, April 26, 2010. Of the switch, he adds:

"To achieve the balanced experiencing necessary for spiritual growth, a soul may spend hundreds or more lifetimes evolving out of duality's negative potential into the positive end of the spectrum, where the energy of love, peace, generosity, harmony, honor and kindness prevails.

"In this unique time in the universe when all experiencing is being accelerated, souls have been given the unprecedented opportunity to evolve out of third

density's low vibrations and physically accompany Earth into higher energy planes." (Matthew's Message, *ibid.*, Jan. 11, 2010.)

(5) SaLuSa, *ibid.*, Aug. 9, 2010.

Getting Out of My Own Way

July 2, 2020

<https://goldenageofgaia.com/2020/07/02/getting-out-of-my-own-way/>



Workshop area at Cold Mountain Institute

My life is a workshop in awareness.

My agreement is to remain aware of myself.

My process involves observing, noticing, and sharing.

Viewed from a cultural-historical standpoint, my notes are an Ascension ethnography - a biography or narrative of one person's slow and gradual, and sometimes sudden, Ascension process.

Right now, I'm noticing the impact of the "hollowing-out" event I just went through. So flattened was I that I could see what I'd been building, below awareness, in what Werner Erhard called "the background of obviousness."

I saw my self-importance, arrogance, and pretense. I couldn't stand the sight of it.

And it's the impact of that sudden awareness of facade, of empty posturing that I wanted to write about.

There's been a change in me as a result of this dawning awareness. It's very hard to put in words. I feel more self-confident. I feel more capable. I feel more down-to-Earth, grounded, present.

A lot of the flutters in my stomach are gone. I'm not protecting an image now. Doing so sets up an elaborate network of inner sensors and analysts that make the mind busy and noisy forever.

I'm not seeking anything. Large amounts of money will be passing through my hands (as through yours) on their way to fund - in my case - universal basic incomes in countries that want them. The Reval is just the beginning, apparently.

And I don't feel a desire for anything in return, more than my living expenses. There's nothing (very much) I want.

Grief took me to such a low level that nothing mattered any more. I got to see my striving for security, recognition, validation, etc., in relief and it was all empty and vain.

None of it had the inherent value that, for instance, love and bliss do.

On the awareness path, the focus of activity lies in raising things to awareness. Once they're up to awareness, they usually take care of themselves.

I theorize that awareness is not neutral, as we may think it is; it's dissolutive (apparently I invented the word). It dissolves emotional blockages and muscular tension. The truth has set us free.

When my self-importance was raised to awareness, I had a conscious experience of it. That was freeing.

And I got to see its downside as well, like the way I felt when I was behaving self-importantly. I certainly didn't feel loving. I felt self-righteous, brittle. If awareness is dissolutive, self-importance is corrosive.

As the realization unfolded, I felt an increased degree of genuine self-confidence. It was a deep and solid feeling. Don't ask me how it's all connected. The "upgrade" didn't come with a manual.

Please see the irony in this: The less self-important I am, the more confident I am. Should it not be the other way around? The more self-important I am, the more self-confident I am, right?

It turns out not to be the case. The more I stand aside and get out of my own way, the greater my sense of competence and capability. It makes sense. The more the ego stands aside, the more the Self, the Higher Self, our guides, etc., can reach and guide the everyday consciousness (the spirit operator of the body).

Michael once asked me to "dream big." (1) I feel more capable of doing that after being hollowed out.

He also said: "You have reached a point in your heart, in your being, in your life, in your consciousness where you are realizing ... the magnitude of our partnership." (2)

Yes, I am.

So a diminution of the ego results in an increase in self-confidence, which allows us to take on the exact same assignments that the ego craved. The ego would not have been able to meet the demands of those assignments whereas the everyday consciousness freed of the ego can. (3)

I now feel comfortable contemplating the road ahead where two weeks ago I'd have felt nervous. If you'd have asked me a month ago how I'd get to this place from where I was, I wouldn't have had any idea.

There's less of me around now and I feel much better for it. (4)

Footnotes

(1) "We want you to dream big." (Archangel Michael in a personal reading with Steve Beckow through Linda Dillon, July 1, 2016.)

(2) Ibid., Aug. 17, 2018.

(3) As much as anyone can ever be free of the ego.

(4) This process is an instance of personal cleansing, from which I've emerged with less of myself around.

Emerging from the Shell

February 9, 2020

<https://goldenageofgaia.com/2020/02/09/emerging-from-the-shell/>



I was talking to a colleague when someone planted the idea in my mind - out of nowhere - that it's all about emergence.

For us it's all about coming out of our shells.

What is "it"? Growth. Enlightenment. Ultimately Ascension.

We've been conditioned by a hundred forces all our lives. It's time to come out of the shell of our own conditioning, our own programming.

I look back on my last few decades and I see a person constantly struggling to emerge - just as in the graphic accompanying this article (above). Struggling to stop wrestling with his Father. Struggling to find the ground under his feet after dissociating.

Michael put the matter precisely and succinctly:

"The human heart, the esoteric heart, the spiritual heart, the seat of your soul in many ways was fractured. [Yes.] In the truth of Ascension, this is what you are doing: Healing and opening to a greater capacity of love consciousness." (1)

I couldn't have put the matter better myself. Yes. In one shattering moment, my Father yelled at me from mere inches away from my seven-year-old face and my young and fragile made-up self fractured into a thousand pieces. It was not to be pieced together again until age 58. Michael captured it perfectly.

And I was opened to a greater love capacity on March 13, 2015. First awareness of what real love is. A fourth-chakra heart opening. (2) I also know the seat of my soul, where the Light is. (3) So I know that of which he speaks. We speak the same language.



Nevertheless, here I am, still behind the same familiar shell I erected around myself to prevent anyone ever getting too close to me again. No spiritual experience so far has erased my conditioning or self-programming. (4)

I imagine that was the decision I made: Not to let anyone get that close to me again.

Karate. Being a hermit. My "scared wolf" look, my wife called it. All to have others keep their distance, stay away from me.

I was the Humpty Dumpty Man. I had to put Humpty together again, to choose whether I wanted to go under from it all or ... emerge. It's been a journey of emergence ever since.

It's all about emerging from that shell we have around ourselves, in my opinion. I need to emerge from mine. Hey, lemme go first.

For no reason. For no known or sought reward. Without creating residue.

Like a newborn chick, we just emerge from the shell.

At last to find ourselves, present, happy, and peaceful.

Footnotes

(1) Archangel Michael in a personal reading with Steve Beckow through Linda Dillon, Dec. 20, 2017.

(2) On that experience, see "Submerged in Love," March 14, 2015, at <http://goldenageofgaia.com/2015/03/14/submerged-in-love/>; "Activating the Wellspring – Part 1/2," March 14, 2015, at <https://goldenageofgaia.com/2015/03/14/activating-the-wellspring-part-1-2-2/>; and "Activating the Wellspring – Part 2/2," March 15, 2015, at <https://goldenageofgaia.com/2015/03/15/activating-the-wellspring-part-2-2/>

(3) On the experience at Xenia, see "Original Innocence," Sept. 21, 2018, at <http://goldenageofgaia.com/2018/09/21/original-innocence-2/> and "Archangel Michael Explains What Happened at Xenia," Sept. 22, 2018, at <http://goldenageofgaia.com/2018/09/22/archangel-michael-explains-what-happened-at-xenia/>

(4) It is not until Sahaja Samadhi or Ascension that the seeds of our karma - our vasanas - are burned to a crisp. Until then we still cycle through them - they form our conditioning or programming.

Cleansing the Will

January 24, 2021

<https://goldenageofgaia.com/?p=316624>



A man of peace and unyielding determination

How often do we talk about the will? But is it not decisive in what we do and don't do?

From the growth work I've done - mostly publicly - since starting the blog, I'm willing to state a hypothesis: The strength of the will varies inversely to the strength of the vasanas.

With all the purification work we do, I sense my will getting stronger, more stable.

I've been privileged to have one - I have a vague recollection of a second - experience of higher-dimensional peace - life without vasanas. In that state, believe it or not, the will is as stable as granite. (1)

If you add to that another puzzle piece: I've also had an experience of my own native innocence and purity. (2) It never occurred to me to test my will in that experience but I do recall my sense that there were no obstacles facing me because I had no attachments. I was totally in the moment and unconcerned.

In both these circumstances, clarity increases; doubt does not present itself; confidence rises. This in turn unveils the will, unshrouds it, releases it.

Of itself the will, a reflection of God's Will, is all-powerful. But down here in the Mariannas Trench of the Third/Fourth Dimension, the will is hesitant, weak, unconscious.

They could assassinate Gandhi, a man of peace, but they could not divert him from his path. His determination was like granite. He was unwavering. I like that.

So I'm continuing to work away at cleansing myself of my vasanas - or purification - a stage of spiritual practice known to all religions. The cleansed will, the purified will, the tempered, mastered, obedient will will, I wager, turn out to be one of my greatest assets in the time ahead.

Footnotes

(1) I found myself sinking into a deep, deep sense of peace, way down deep. I ended up in a place that was absolutely solid. It was as if I were standing on a slab of granite.

Later again, in *An Hour with an Angel*, Michael also described peace as being like stone and I remarked that that was my experience as well. I would have expected downy softness.

The solidity of the ground under my feet probably reflected my own inner stability, which seems to be a gift of true peace when it becomes permanent.

This peace passed understanding in the sense that the mind was so still I'd have to describe it as inactive, archived, taken offline. There was no such act as understanding going on because the mind was decommissioned.

(“The Peace that Passeth Understanding,” July 18, 2017, at <http://goldenageofgaia.com/2017/07/18/the-peace-that-passeth-understanding/>.)

Archangel Michael: So, when you think of things that you should do, are supposed to do, might do, and it doesn't ignite that fire of excitement, and that granite of peace, then you are being given an important piece of information, which is 'look elsewhere.' Is that clear?" ("Transcript ~ Archangel Michael: You Have Chosen to Be the New Paradigm of Love, May 31, 2018," June 7, 2018 at <http://goldenageofgaia.com/2018/06/07/transcript-archangel-michael-you-have-chosen-to-be-the-new-paradigm-of-love-may-31-2018/>.)

(2) See "Original Innocence," Sept. 21, 2018, at <http://goldenageofgaia.com/2018/09/21/original-innocence-2/>

The Grand Motif

October 13, 2019

<https://goldenageofgaia.com/2019/10/13/the-grand-motif/>



Hmmmmmm....

I notice that, as I go down through my vasanas or core issues, I reach a place where I can almost draw back and see the bigger picture.

For instance, I've been reviewing my life and seeing how everything I did fits in with or has prepared me for what I'm doing now.

History, academia, museum work, Cold Mountain, est, travel in India, business writing, sociology, leaving academia, configuration management, writing legal decisions, etc. - each of those "assignments" contributed something to who I am and what I do at the present time.

As a second example, and the one I want to focus on here, when I draw back further and look, something very different comes into view.

I see a grand motif that colors everything about my thoughts, feelings, and behavior. It flows down through my life and also explains much about where I am today.

Everyone's motif will be a matter of individual choice. And in most cases the grand motif won't be pretty. (1)

It's reached in a moment of trauma and has become prized and habitual, immersed in the background of obviousness, hidden in plain sight.

OK, OK, enough build-up, Steve. I'm stalling because I'm embarrassed to say what mine is.

My grand motif is: "You can't trust anyone."

Everything I do, feel, and think is seen from the vantage point of always, already not trusting anyone. You'll find traces of it everywhere you look.

You can see it in the way my face looks after many years of seeing life this way.

You can hear it in my quick response to an offer to help. No, thank you. I'd rather do it myself. No, I'll do it. That's fine. I can manage. (2) I don't need help. After all, you can't trust anyone (to do the job right, show up for work, pay on time).

I don't make loans (you can't trust anyone to repay); I only give money if I have it (that way I'm not disappointed later by people you can't trust).

On and on the movement that ends in solitude goes.

I learned it from my Dad, who I'm sure learned it from his Dad, an example of intergenerational transfer.

But it turns out that Dad was only the ignition key that started my engine in this lifetime. Michael tells me I've had this vasana for lifetimes. (3)

If I were to comment on myself, I'd probably be self-serving. (4)

I don't trust myself to report on myself - or anyone else to report on themselves. As I said, I don't trust anyone. Least of all myself.

The only place to go with this vasana is ... well, into a very dark place, alone, let me put it that way.

Any motif that governs how we think, feel, and act is not eternal, not of love, and not of freedom.

It's an artificial restriction and boundary that we've erected and then obliged ourselves throughout time to respect. *Even though it may have an awful effect on us.*

Now that I know, I'm working on trust. My colleagues would probably notice that there's been a change in me. I'm keeping my big paws off things. I'm welcoming assistance. I'm encouraging others to step out.

I'm more than my vasanas. I'm more than a grand motif.

Footnotes

(1) Where is the grand motif, "I love everyone"?

(2) I don't see help as an opportunity for another person to make a difference. It's a potential source of disappointment.

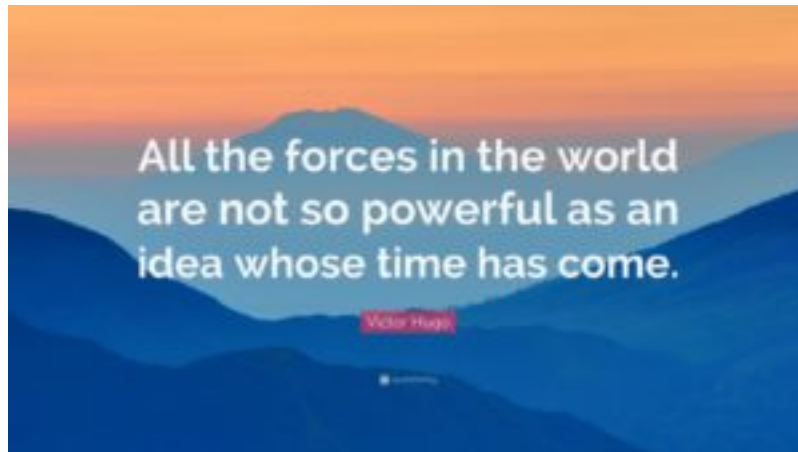
(3) AAM: In many ways, sweet one, this has been your Achilles heel, not only in writing appeals and asking for donations, for money, but - in many lifetimes - you were fiercely independent and you literally can't stand asking for help. (Archangel Michael in a personal reading with Steve Beckow through Linda Dillon, Oct. 1, 2017.)

(4) Self-serving bias: I do no wrong; my Dad does all the wrong. Everything good about me I grew; everything bad I inherited from my Father, etc.

Focusing on Behavior, not People: It's Up to Us

November 19, 2019

<https://goldenageofgaia.com/2019/11/19/focusing-on-behavior-not-people-its-up-to-us/>



If the purpose of life is that we travel through lifetime after lifetime, slowly dispelling ignorance of our true identity until we fully and permanently realize that identity as the One;

If everyone - alive and transitioned, in form and formless, on this planet and on the countless others on which (and beyond which) life exists - is climbing Jacob's Ladder of consciousness to this consummation;

If there is nothing - no life form, no apparently lifeless form - that is not God;

Then of what avail is it of us to look down upon or condemn any life form?

If we're to build a world that works for everyone by Jan. 1, 2023, it cannot be on the foundation of looking down on some and not on others. It cannot be on the foundation of imprisoning some and raising others.

It cannot be on a foundation of "less than" or "me-or-you."

It must be on a foundation of inclusivity.

And for us to maintain inclusivity, we must focus on undesirable behavior rather than on “undesirable” people or other life forms.

Pedophilia is undesirable. Exploitation of workers, denial of medical or dental care, tuition too expensive for all to partake in, a lack of homes for all are undesirable.

In the work that lies ahead of us, I'm tempted to hypothesize that our success will be directly proportional to the extent that we focus on behavior rather than people.

We tried the latter. In the Second World War, Jews were said by the Nazis to be undesirable - Slavs, Gypsies, homosexual, etc. The forces who held these views went down to defeat, even though at the outset the world had never seen forces, machines, or tactics like theirs.

At one point in the war, only Great Britain opposed this mighty force and yet it was defeated.

The persecution of people was not an idea whose time had come, but freedom was.

And so today, love, compassion, and peace are ideas whose time has come.

The Reval, NESARA, and prosperity for all are ideas whose time has come.

But you and I will have to animate them or show the world that humanity is not yet ready to liberate its world.

At this end of one age and beginning of a new, golden one, humanity's lack of readiness will not stop the outcome - whose time has come.

But how much more glorious, how much more satisfying were we to show that humanity is indeed ready.

It is up to us. Choose a continuation of humanity's warring history or demonstrate that we have the courage to let go of us-against-them to build a me-and-you world, a world that works for everyone.

It's a Matter of Behavior

November 18, 2020

<https://goldenageofgaia.com/2020/11/18/its-all-a-matter-of-behavior/>



Peace costs nothing....

Two questions arise that seem to determine peace or war, an end to the cycle or one more turn of the wheel of human suffering:

- (1) How far do we wish to go?
- (2) Under what conditions would we stop?

(1) People who want to control the world - or the better part of it - are usually shown to be willing to go much farther than those who oppose them, though in the beginning they seem to show concern for public opinion. Their concern either reins them in or encourages them to hide their doings.

The Night of the Long Knives, in which Hitler and his associates murdered their opponents and rivals, is an example of people going farther than anyone else in Germany at the time would even contemplate going.

Stalin murdered not only his opponents and rivals but millions of innocent others. He definitely went farther than anyone around him in Russia, perhaps before him and almost certainly after him.

In some wars, we see atrocity visited upon atrocity in a cycle of attack/revenge that never ends. The Middle East can seem to be this way.

How far do people wish to go?

(2) Under what conditions would we stop?

Peace costs nothing but war is very expensive. It takes somebody's money to keep it running. Armies need pay, food, clothing, shoes, weapons, ammunition, transports, attack vehicles, gasoline, spare parts, on and on.

Therefore when everyone runs out of money, they run out of pay, food, clothing, etc. Their armies fall apart as Germany's did in World War II. But the same is not the case with peace.

Peace is the default. Peace isn't low-maintenance; it's no-maintenance. It always is.

The people who profit from wars and want to see them kept running are willing to subsidize them.

Under what conditions would they - and their mercenaries - stop?

Again the same thing seems to be true, that they're as concerned about public opinion as Adolf Hitler was before he cinched his hold on power. If public opinion calls for them to be investigated and arrested for crimes against humanity and war crimes, they know they'll face justice.

Not only do war profiteers and and genocidal killers shrink from public opinion. Anyone doing anything underhanded does.

But if I were to say to you, let's go after the war profiteers, no, that would simply be another turn of the wheel. And the wheel needs to stop with this generation.

No, George Bush. We *will* find out what you've done but we won't string you up from the nearest lamp post, as you feared.

What we have to do now is withdraw our consent, as a world, from the behavior, not from the people.

It isn't that I'm not sure we can accomplish that globally. It's that I worry that we lack the will as a world to do it in the face of the work it may take. (1)

I don't say this critically. I say it because I think right now the mass of the world is (rightfully) worried about and focused on survival.

But we can start with lightworkers, who know what's happening and serve the Divine Plan. We can start with actually listing the things we decline to support or tolerate in our midst any more.

Sooner or later we're going to have to mobilize world opinion. Michael tells me I keep looking for a savior. OK, if the white hats are not our saviors, if we really are, then, in my opinion, this is something we need to do:

People who are involved in pursuits which can only be described as evil or inhumane, who will cease and desist, are welcome back in the herd. But people who won't stop are not welcome until they do. It's a matter of behavior.

Footnotes

(1) And, as always, I can talk about the idea, but acting on any one idea would make the writing I do impossible.

From Hostility to Harmony

October 2, 2020

<https://goldenageofgaia.com/2020/10/02/from-hostility-to-harmony/>



I know that, at my deepest level, I am pure and innocent. (1)

But between here and there is a layer of barely-suppressed hostility - suspicion, guardedness, aggressiveness.

Part of that, I believe, is past-life bleedthrough. I was a military commander a long time ago. I see the jarring events of my early life as being geared to reawaken those martial memories.

For me, until very recently, to think of harmony was difficult. I'd never known harmony in my parents' relationship - not since I was seven and they began to quarrel. "Keep the peace" meant nothing to me.

My Dad's coaching was that you can't trust anyone, never let your guard down, you never know where the next punch will come from, etc. But that played right into and ignited my "pre-existing condition," I think.

But lately - and I credit it to the influence of a friend and the rising energies - I've begun to feel love and compassion for those around me. And it's raised the question of: When do I switch my vote from hostility to harmony?

I used to like the way I felt when I felt hostile. But I no longer do.

And I know for a certainty that hostility creates a vast amount of residue/karma. All I have to do is turn around and look behind me at the wreckage of my life. As Kathleen would say, how's it working for ya? Miserably.

Hostility is a cure that's worse than the disease of fear it treats. (2)

Harmony feels better and it leaves no residue. Harmony, balance, and integrity. I'm gambling that acting in concert with those three will bring peace of mind in their train, even in the midst of busy-ness and chaos.

I've changed my vote. Now let's see what falls out of it.

Footnotes

(1) I experienced my essential innocence and purity in an experience of the Self at Xenia Retreat Centre, Sept. 18, 2018. See "Original Innocence," Sept. 21, 2018, at <http://goldenageofgaia.com/2018/09/21/original-innocence-2/> and "Archangel Michael Explains What Happened at Xenia," Sept. 22, 2018, at <http://goldenageofgaia.com/2018/09/22/archangel-michael-explains-what-happened-at-xenia/>

(2) As if by synchronicity, Daniel Scranton's Arcturians mirror back:

"We send that compassionate, healing, loving, energy to you, and then you all just have to stop and feel for what we have sent.

"And you cannot be simultaneously feeling for what we have sent and resisting what you deem to be the cause of your pain, discomfort, or even suffering.

"You must let go in order to let in that which you have summoned.

"You have to let go of the fight, and we know that statement ruffles feathers.

"We know that many of you identify yourselves as the fighters of the good fight, the ones who are going to take down the such-and-such cabal group.

"But please trust us when we say you are *less* powerful when you are fighting, resisting, and pushing against, and you are *more* powerful when you accept, let go, and open up to the energies that you have just summoned." ("The 9D Arcturian Council: When We Open Portals for You," September 28, 2020, at <https://goldenageofgaia.com/2020/09/28/the-9d-arcturian-council-when-we-open-portals-for-you/>.)

And here is Jesus:

"For many of you it appears that the spiritual evolution that you are each experiencing has slowed down. It has not, it only appears to have done so because the mainstream media has been further distracting you by encouraging you to focus your attention frequently and regularly on world events, when you need to be focusing within yourselves as you set and reset the intent to be only loving whatever arises." (Jesus through John Smallman, Sept. 26, 2020.)

I Can't Afford the Luxury of a Negative Thought

October 7, 2020

<https://goldenageofgaia.com/?p=313896>



The change of vote from hostility to harmony has been a landmark for me. (1)

I'm seeing things from an entirely-new angle. Just to give you an example....

John-Roger and Peter McWilliams co-wrote a book called, *You Can't Afford the Luxury of a Negative Thought*. I'm beginning to see why we can't.

As I left my apartment this morning, a negative thought arose. And in its train came a Pandora's box of other negative thoughts, strategies, assessments, grumbles.

I watched myself at a store checkout counter, annoyed that the clerk was having me wait. I was annoyed at the coffee shop for getting my order wrong. I was annoyed at

I saw at that moment that the real pain and suffering I experience I bring on myself with and by these thoughts. I'm the one who's doing it to myself.

Now, with this heightened awareness, the experience of suffering that went along with my hostile thoughts was intolerable. And I could no longer overlook who the author of it was.



Previously these thoughts and strategies were hidden because they fit with my agenda of guardedness and suspicion. But now they don't and so they stick out in my experience, like obstacles on the way forward.

Mostly they serve to remind me of what I don't want - the various feelings that arise when I decide to be hostile.

AND if I respond with hostility to the various feelings of hostility that arise in me, same diff. Hostility is hostility. The target of it doesn't matter. I'm still causing the whole reaction to go off again.

I have to be harmonious and be harmonious about being harmonious if I want to live in the divine state of harmony.

It's only hard for the part of me that may still be hanging back. The part of me that changed its vote to harmony just feels itself expand. It absolutely depends on, rides on, my choice.



So, for these reasons, I can't afford the luxury of a negative thought. I really do get it now. It's only taken me a few decades since first hearing the book's title and wondering, but I do get it.

It overturns much that is sacrosanct to males, what has been referred to as the male-domination script. But following that script is, in the end, so painful that I'm glad to be rid of it. What was it the Mother said?

"It is painful for a being that seeks power for themselves or power over another, whether it is a parent over a child, a husband over a wife, a man over an army. It matters not.

"The yearning [for], the exercise of control never gives joy. The pain simply grows. And so the actions become more grotesque, larger, until the breakdown is and has [been] and will be occurring." (2)

I know her words to be true from experience.

I used to think that only vasanas (or core issues) caused this kind of character degradation over time. But hostility is a structure totally made up of vasanas. It's vasana-born, vasana-laden, and vasana-driven.



All we have left is our vasanas.

This kind of stimulus-response structure leads over time, as the Mother says, to us becoming coralized, petrified, inflexible and opinionated, like the figure above.

We run the same hit tunes often enough and our lives become a reflection of them. We know nothing else after a while.

So all of that is now left behind by a change of vote - a really-deeply-felt, deeply-meant change of vote.

Footnotes

(1) See “From Hostility to Harmony,” Oct. 2, 2020, at <https://goldenageofgaia.com/?p=313728> and “Breakthrough,” Oct. 4, 2020, at <https://goldenageofgaia.com/?p=313764>

(2) Transcript ~ The Divine Mother: Take Up Your Divine Authority, AHWAA, February 23, 2017, <http://goldenageofgaia.com/2017/02/28/transcript-divine-mother-take-divine-authority-ahwaa-february-23-2017/>.

Autopilot Set to “Learn”

October 4, 2020

<https://goldenageofgaia.com/2020/10/04/automatic-pilot-set-to-learn/>



The way things seem to go, it's often only after a condition has departed that we learn what it was and what it did.

For example, hostility having been recognized and left, I'm now beginning to see some things about it.

Hostility has many poses. One of them, I'm now seeing, is "Don't mess with me."

This pose was my first line of defence.

It in turn has many faces. One of them apparently was so fiercesome that my karate partners used to give me a wide berth. (1) (It was 70% show.)

Underneath was a young boy afraid for his safety, who was putting on a threat display. (If you attack me, you're gonna have to take me down.) People who do that are often amazed when they're called on what turns out to be mostly bluff.

I mentioned before that I loved fighting. I always let the other fellow throw the first punch of course. Karate doesn't teach a person how to start a fight. The first move in karate is always defensive. Punch coming in. Kick coming in.

Because I enjoyed it so much, I never really planned what step 2 or step 3 were. With me it was trade insults and fight or get lost. There was no middle ground.

I know this is past-life bleedthrough because the way I feel inside (ferocious) is out of all proportion to the body I was born into (average in all respects), the circumstances of my family life or anything else I can think of. But it fits with what I know of the past life.



I declare my life a draw. I won some and lost some. The wins felt good and the losses felt awful and they all balance out.

I'm looking forward to learning about harmony with the same gusto that I learned about self-defense.

Some time after I wrote this, I read what Daniel Scranton's 9D Arcturian Council said:

"You have to let go of the fight, and we know that statement ruffles feathers.

“We know that many of you identify yourselves as the fighters of the good fight, the ones who are going to take down the such-and-such cabal group.

“But please trust us when we say you are *less* powerful when you are fighting, resisting, and pushing against, and you are *more* powerful when you accept, let go, and open up to the energies that you have just summoned.” (2)

I'm ready.

My will is settled; my commitment is complete; I'm issuing the command to begin investigating harmony.

I've established my beachhead of understanding: Harmony leaves no residue/no karma. Harmony promises to contribute to peace of mind, which I long for now. These are my testable hypotheses.

I now set my autopilot to "Learn."

Footnotes

(1) After I shaved my beard off, I sparred with a karate partner who used to give me a wide berth. I said to him, "Clem, you've never come this close to me. What has changed?" He said, "Steve? Steve? You shaved your beard off. If I'd known it was you, I wouldn't have."

(2) "The 9D Arcturian Council: When We Open Portals for You," September 28, 2020, at <https://goldenageofgaia.com/2020/09/28/the-9d-arcturian-council-when-we-open-portals-for-you/>.

Open Road; Not a Scrap of Resistance

October 7, 2020

<https://goldenageofgaia.com/2020/10/07/open-road-not-a-scrap-of-resistance/>



Here's another consequence of having changed my vote from hostility to harmony.

There's now an open road in front of me in terms of the experience of love.

In 1987, a week before the vision, I had a full breath release in a rebirthing workshop. I was at that moment totally cleaned out.

I feel the same way now, having switched from hostility to harmony.

Now when I breathe up love from my heart there isn't a scrap of resistance.

Now when I listen to music I really get it, as if I'm in Surround Sound.

There's now no longer any stop on me, no suppress button. I can expand infinitely into harmony whereas hostility would always lead to a fall, if only when one becomes old. The need for constant vigilance and preparation becomes wearing.

Harmony leads to the building of social capital; hostility erodes it. Harmony leads to relaxation; even success at hostility does not lead to success in relaxation.

Having won all that money can buy by hostile means, we look forward to a life of ... harmony. Peace, relaxation, golf, gambling, wine, women, and song.

But harmony is an internal state. Money won't buy it and our desires are for nothing conducive to it.

Meanwhile changing our vote is the open sesame. Once firmly inside and having closed the escape hatch, the very world we sought by force and accumulation now opens up to us. Irony or ironies.

Well, it is for me. What did I know? I set out by establishing a beachhead of understanding that choosing harmony would lead to inner peace, etc. That was my testable hypothesis. Well, of course, it's lead to much more.

It's removed the key log in the logjam for me: In computer language, it broke the hyperlink between me and "hostility" and hyperlinked instead to "harmony."

This again is an aspect of reparenting myself. I have no more parents to look to. If I don't do this, no one will.

Escape from Adulthood: OK, That's Enough of That

Oct. 12, 2020

<https://goldenageofgaia.com/?p=313996>



Clearly my personality survives intact in some way, shape or form. I don't know what the road ahead holds. I can only report.

What I report now arises from my practice, on the path of awareness, of maintaining awareness of myself.

I detected a pattern. I was people-pleasing. I was complimenting someone on a coat and I made a distinction that was quite elegant.

Immediately in my own mind I became a fashion expert.

And I looked at that. What is this impulse to give and receive validation?

I must feel invalidated at a very basic level.

I feel into it, exploring what arises.

I do feel invalidated, at such a basic level that my exterior almost melts when I get in touch with it. A primal wound. So many wounds. Primarily from my Father.

Just as I can ride a wisp of bliss to a full-blown experience of it, so here I can ride a wisp of woundedness to....

In my imagination, I'm in a place that is the antithesis of everything we consider pleasurable. It's like a swamp. It smells. No, it stinks. It's dark. It brings up in me the most horrible feelings - misery, regret, incomprehension.

No one is denying the validity of my allegations of being wounded. It's just that the condition of seeing oneself as wounded, as a victim is not a high vibration.

It results in a yielding up of sovereignty, a disempowerment of the self, addiction, and a train of other unfortunate consequences.

The whole of them make for a dense, low vibration, symbolized by the swamp in my imagined vision.

That is graphic. That is as graphic as seeing the cost of my hostility was. When I think of the decline that sets in when I agree to see myself as a victim, I don't even need to go into the metaphysical side of things. I get it!

I changed my vote. I used to enjoy being a victim. Now I don't. Yes, that's enough of that! Time to close one more door of escape from adulthood.

Transcending Mechanicalness

September 23, 2016

[https://goldenageofgaia.com/2016/09/23/transcending-mechanicalness/.](https://goldenageofgaia.com/2016/09/23/transcending-mechanicalness/))



Continuing with our Ascension ethnography, having spent perhaps the last five years online processing vasanas, I thought I was finished with them more than once, only to have them re-emerge.

But they've lessened overall and my cumulative level of experience, emotional floor, or sense of things has risen dramatically.

Nonetheless, just when I thought I'd get a rest, a whole ghost army marched into view.

That army is my conditioned behavior - all the I-Robot instructions I've given myself over the years that are the precipitate, the ultimate conclusions and decisions of my late vasanas. These instructions run in perpetuity, in the unexamined mind.

"Get even." "Don't let them get away with that." "Go after him." "Keep your guard up." "Take everything with a grain of salt." "Everyone who gives something wants something."

They're all banal instructions handed down to me from my father, just waiting for me to hand them down to my children.

Lock-step behavior results. If someone says A to me, I say B. If they respond with C, I respond with D. On and on the dance of the automatons goes and, if we triumph, we smile.

Our private lunchroom conversations are all about "How did I do?" Howdido with the boss? Howdido with the partner? The neighbor? The bank manager?

When we get our story to the place we want it, we close the book. It now becomes a useful element in the self we construct and sell to the world. I'm the guy who told his manager off. I'm the gal who....

This is a description of our lives. Well, it was *certainly* a description of mine. Selling a projected "Me," a mere idea of myself to the world. I may as well have been eating dry oatmeal for all the joy and happiness it brought.

One doesn't wake up only to Ascension. One can also wake up to the mechanicalness of one's own life.

So conditioned behavior is next.

I'm no longer willing to say, let's just get over this next hurdle and it'll all be over. I actually don't know what lies beyond the next hurdle.

I know what the next hurdle for me is, but who knows what will emerge beyond that as the energies get more and more refined?

In terms of now handling the problem my overall conditioned behavior presents to me, keeping in mind our individuality in all things, I've established a beachhead of understanding for myself.

That is that my most urgent task with regard to it is to "Stop." (1) Over and over I find myself refraining from saying what just came into my conditioned mind.

Others may need to "Start." But I know, viewed from a topdown perspective, I'm the opposite.

Let me "Start" there - or perhaps "*Stop*" there - and see what impact stopping has on my conditioned behavior as a total repertoire.

I'm looking to transcend or get beyond conditioned behavior itself. But not too quickly. I need to do the job thoroughly or the roots spring up again.

At this moment, I have no idea how to do it.

Footnotes

(1) I'm an over-communicator where most others might be under-communicators. *I wear myself out.*

But how simple is stopping? Starting must be harder.

For more on stopping, see "A Strong and Stable Foundation," Sept. 24, 2016, at <https://goldenageofgaia.com/?p=281605>

Welcome to the New Normal. You're It

February 29, 2016

<https://goldenageofgaia.com/2016/02/29/welcome-new-normal-youre/>



What is “normal” anyways?

The dictionary defines “normal” as “conforming to a standard; usual, typical, or expected.”

Conforming to a standard. Well, previously we followed the herd, went with the pack, watched the fashion, trend, style, etc.

Now that’s been shown not to work. We’re fast breaking the mould and we can’t hide it any longer.

Usual, typical, or expected. Nothing we do is any of that. We’ve stepped out of existing boundaries.

What are those boundaries?

Well, how about empirical materialism? The view that only what we can see, hear, touch and smell is real. I talk to archangels and galactic beings. I neither see them nor touch them. But they're real to me.

Enlightenment is real enough to me that I sacrificed a Sociology Ph.D. rather than drop the subject and do a “normal” dissertation. That’s pretty real in its impact.

So we are not normal, if by normal you mean Third-Dimensional in standards and values.

But we *are* normal if by that you're referring to Fourth or Fifth Dimensional standards and values. We're what Linda Dillon calls "the New Normal."

And as the New Normal, we need, in the beginning at least, to acknowledge and validate ourselves.

No one out there is going to validate us for listening to channeled galactic beings. No one out there is going to validate us for talking to angels. We need to do that ourselves.

Why is it important to talk about this subject anyways?

Because, as far as I can see, you can't get to the higher states of consciousness without going through "normal." So not only are we going to be "normal" as in a typical or usual aspect of a Fourth- and Fifth-Dimensional setting, but there's another sense in which we're "normal" and it's important. Let me explain.

I once had a monstrous "Aha!" moment at an Enlightenment Intensive and looked to see where I ended up afterwards. And where I ended up was ... oh, my gawd ... feeling normal. It floored me. All that work and I only succeeded in ... feeling normal???? Not totally blissed out? Not ecstatically rolling around on the floor?

But that *was* the case. And feeling normal was a wonderful experience: grounded, balanced, and centered. I had been subject to the ordinary, normal, will mood swings that people in a drama-loving society were subject to.

I saw at that point that one could not get to the higher spaces without coming back to the center, to the normal range of emotions. The doorway was through the center, the heart. The center, the heart is the gateway of bliss. Open the gate and bliss flows out. No trickle down there. A veritable and never-ending flood.

The range of emotion that can be considered normal is distinguishable from the range that can be distinguishable as abnormal. Anger is abnormal. Jealousy is. Greed is. On and on we could go.

Equanimity is the new normal and that's to be found in the center, in the range of the normal. Tranquillity, harmony, peace - they're all to be found when we stay within a "normal" range of emotion, in balance, in the center.

For decades, we've considered it quite fashionable to pooh-pooh the normal. Not us. Not by any means.

But by doing so, we alienate ourselves from noticing and validating the center, the balance point, the heart.

I saw that, without recovering this "normal" space, no higher-dimensional experience would last for any length of time. Bliss doesn't like rough seas. It leaves until the seas calm down.

The subject came up in a discussion with a friend who has gone through a lot of the ridicule that we lightworkers know so well.

And all the time she thought of herself as "abnormal." Now she sees that she's normal. It's just a higher-dimensional normal.

Third-Dimensional folks are normal in their Third-Dimensional way. And we're normal, as well, in our Fourth- and Fifth-Dimensional way.

It's a little hard for us, perhaps, to consider that love, bliss, and ecstasy can be "normal." But of course on the Fifth and higher dimensions, they are.

And we've agreed to go first in experiencing and modelling them.

So welcome to the New Normal. You're it.

Your Normal, My Normal

October 5, 2020

<https://goldenageofgaia.com/2020/10/05/your-normal-my-normal/>



I was talking with a young acquaintance who related numerous types of experiences she regularly has.

When she can even find someone to discuss them with, she suspects they think that her experiences mean she has mental problems.

That's a situation I've heard that so many people have. They're clearly here for a reason and they can't find any friendly person to talk to about it. They end up feeling defective. The loneliness of the long-distance lightworker.

The whole question of normality is what I wanted to address here.

Nothing about this time could be said to be normal. What Planet Earth is going through (Ascension) is not normal. What the deep state had in store for the planet (nuclear WWIII) is not normal. The people who are here - this generation - are not normal. What we'll see in the future will be anything but normal.

In this melange of people, intentions, and results, we may survey the scene. Here we are, angels (1) cooped up in a dense, physical body, in a society where the rich

have not only gotten richer but plan the demise of most of the rest of the population of what they consider to be "useless eaters."

Here we are, having experiences of other dimensions, watching momentous changes in ourselves. Meanwhile very few people understand us. We even have trouble understanding ourselves.

So what in all this is normal?

I recommend that we come from the place that everything about us which is not staged and opportunistic but genuine and spontaneous is our normal. It probably won't be normal for the next person. But it is normal for us.

Everything about you of the same quality is normal for you.

This generation are angels on a mission. That mission is to serve Gaia in her Ascension and then to see to the Ascension of Gaia's inhabitants. Folks of all persuasions and talents are here, each with a role.

If only for this generation, I ask us to consider suspending our ideas of normality and allowing that each angelic lightworker knows instinctively what they're here to do.

And to the lightworker who doesn't: Follow your bliss, as Joseph Campbell said many years ago. If it doesn't bring delight to your heart and set your feet tapping to think of doing something, don't do it. (2) It probably isn't part of your mission.

But if it does, perhaps consider that that, no matter how it looks, it's part of why you're here and what you're here to contribute.

Footnotes

(1) "All on Earth are Angels," September 26, 2020, at <https://goldenageofgaia.com/2020/09/26/all-on-earth-are-angels/>

(2) "Does it bring joy to your heart? Does it ignite that wonderful smile in your tummy? Does it make your feet tap, wanting to get going? Does it feel like love? Does it feel that you could take this project, whatever it is, and show it to me in full

confidence and pride that this is something that you are offering yourself, each other, and the multiverse, the omniverse.

"Now, if it does not give you that feeling, then set it aside. Go on to the next idea. Because the inspiration that you are being flooded with — and I mean each and every one of you - [means] you are not in a lull. You are overwhelmed with ideas. So go to the next one, and say, all right, is this the one that makes my heart sing? And it may be a multitude of steps.

"Do what feels like unbridled joy. That is how you create Nova Earth. That is how you say, as a human, as a creator race, 'this is how I work with the elementals, with the kingdoms, with the devas, with the planet, with my guides, with my star brothers and sisters, with the Company of Heaven.'" ("The Divine Mother Blesses Nova Earth Day, Feb. 14, 2013," at <http://goldenageofgaia.com/building-nova-earth-toward-a-world-that-works-for-everyone/nova-earth-day/the-divine-mother-blesses-nova-earth-day-feb-14-2013/>.)

The Adult State = The Balanced State

March 11, 2020

<https://goldenageofgaia.com/2020/03/11/the-adult-state-the-balanced-state/>



*When we venture into the unknown, balance is key. ... Well, important! Credit:
Giacomond by Quint Buchholz*

Having been reminded yesterday of the mind's ability to divide itself into parts, sides, or voices, (1) I identified three persistent voices that were key in forming my everyday life experience.

I'll use Eric Berne's terms for them: a child, parent, and adult ego or consciousness state. Berne explains:

"That is your Parent' means: 'You are now in the same state of mind as one of your parents (or a parental substitute) used to be, and you are

responding as he would, with the same posture, gestures, vocabulary, feelings, etc.'

"'That is your Adult' means: 'You have just made an autonomous, objective appraisal of the situation and are stating these thought-processes, or the problems you perceive, or the conclusions you have come to, in a non-prejudicial manner.'

"'That is your Child' means: 'The manner and intent of your reactions is the same as it would have been when you were a very little boy or girl.'" (2)

In this regard, the Arcturians have said two things in readings that relate to the formation of my sensitivity to criticism and blame:

"Because you were to work with Ascension, you were called upon to create a reality in which you went to the depths of the depths [with your Father] while you also experienced great love [from your Mother]." (3)

"You've been trained since childhood to hear the faintest whisper of darkness." (4)

This resonates with me. My child's discouragement and my critical parent are strong. I have both recordings. (5) I have to emerge from both.

This morning I awoke at 6:00 AM, telling myself that I should get up (parent ego state). I wanted to sleep more and so felt guilty and dismayed (child ego state).

But this was the first time I've ever woken up and seen the dynamic of a guilt-inducing parent state and a dismayed child. I watched myself actually walk through those steps. And the truth set me free from the upset.

My life has been about climbing out of playing these two roles: a critical inner voice (the parent) and a beaten-down inner voice (the child). I now see that the way out is to let go of both of these and to summon up a third and balanced inner voice (the adult).

That's what started this whole exploration. I noticed an adult voice that took command of a situation (lost on me now). I had never heard this voice before. I recognized it as an adult voice and that immediately threw into stark relief the two

voices I'd been listening to. I now saw them as my parent and child ego states, arguing.

What Berne calls "adult" Sanat Kumara and Archangel Michael call "balanced."

Sanat Kumara said that achieving balance was what the universal laws are all about.

"The purpose of the law, the foundation of the law, is balance. It is to assist you, to guide you — and all beings — to the place of balance. That is the reason for Universal Law." (9)

I'm beginning to see why.

Michael defined "balance" here:

AAM: We ... want you to be balanced.

Steve: What does it mean to be balanced?

AAM: It means to be in your heart only and completely. It means to have your feet firmly planted in this dimension and Earth, because that is where the work is. And it means to refer to your head and not to be led, and certainly not to be influenced by fear or false reality. (5)

He stressed the importance of balance in building Nova Earth.

"Everything in balance. Everything in moderation. That is how one proceeds in creating Nova Earth and Nova Community.

"It is the paying attention to what is truly important and that is what you have been doing, by the way. There is not a distraction of bringing energy or the energy of judgment or criticism to that which is not vitally important." (6)

The balanced or adult voice does not judge, he says.

"[The balanced voice] does not judge. It does not condemn. It does not choose sides. It comes from a place of equality and openness." (7)

The Company of Heaven can play hardball when they need a certain outcome to come about. In 2018 Michael, for example, confessed to clearing the decks around me so that my ability to make balanced decisions as a pipeline would not in any way be compromised:

"One of the things we have done with your consent ... has been this clearing up of the space around you. ...

"We don't want you to feel or to be beholden – financially, emotionally or spiritually – to anybody. ...

"We are setting up ways in which this, can we almost say, removes you from those heartstrings so that there is wisdom and balance and an understanding of the higher good [in your decision-making]." (8)

Tough love. But it shows us that the Company of Heaven are serious about our post-Reval work. They want to see us balanced.

It's ironic that I should end up accepting Eric Berne's terms for this important work of emerging from childhood trauma into balance. Berne was the author who first set my feet on this path of personal growth and emergence from childhood patterns.

When I read *Games People Play*, I had a tremendous "Aha!" and knew that I had found my life's work. This was 1974.

By then I'd already completed a career as an historian and was looking for what was next. After reading Berne, I ended up on my final adventure as a budding academic, becoming a Sociology grad student, ever searching for the meaning of our patterns of behavior.

I now see that what Berne called "adult" and what Michael calls "balanced" are one and the same and the desirable state for a lightworker to be in.

Later

Now that I'm aware of this distinction and dynamic, I find myself going through the day identifying "child ego state," "parent ego state," "child," "parent,"

whenever they go off, and then letting go. Prior to this I wouldn't have known what was happening to me; only that I felt dismayed. Now I know.

My wounded-child consciousness seems always expecting to be put down. It despairs of things being different. This is its programming.

I'm discouraged - and dismayed. I then feel depressed over feeling dismayed and on and on the daisy chain of thoughts and emotions goes.

Rather than feeling depressed all these years, I can now observe the child or parent ego state arising, experience any part of it that needs experiencing, and let it go. I'm no longer it. I'm no longer in it. I'm outside of it. The almost-automatic identification of me with those feelings was doing me no earthly good.

However, unless I'd had an explanation, which Eric Berne provided, I'd have gone on forever in a cycle of dismay and depression. Now, having a reliable map (transactional analysis) to the terrain (vasanas, early childhood trauma), (10) I can traverse it much more easily and quickly.

Footnotes

(1) "The Caring Mind, the Adult State," March 6, 2020, at <https://goldenageofgaia.com/?p=306851>

(2) Eric Berne, *Games People Play. The Psychology of Human Relationships*. Secaucus, NJ: Castle Books: 1971; c1964, 24.

(3) The Arcturians in a personal reading with Steve Beckow through Suzanne Lie, March 16, 2013.

(4) Ibid., July 22, 2014.

(5) That may explain why people say underneath an angry man lies a frightened child. The way I see it is that we have both recordings in our mind's library: Our role and the angry parent's role.

(5) Archangel Michael in a personal reading with Steve Beckow through Linda Dillon, Feb. 18, 2011.

(6) Ibid., Oct. 18, 2017.

(7) Ibid., March 3, 2011.

(8) Ibid., May 2, 2018.

(9) "Sanat Kumara: You're Ready to Build Societies in Adherence with the Law," April 23, 2013, at <http://goldenageofgaia.com/2013/04/sanat-kumara-youre-ready-to-build-societies-in-adherence-with-the-law/>.

(10) I realize I'm not doing Berne's original theories justice. The parent ego state is not uniformly negative; it can be nurturing and compassionate as well. And so with the child ego state.

I'm focusing mainly on the hurt and harm that people wrestle with as a result of early-childhood trauma and I'm very selectively borrowing from Eric Berne to provide a model for dealing with one aspect of it.

An example of another tool not linked to Transactional Analysis? Jesus provided one: He said that the truth shall make you free. That maxim provides a useful way of measuring if we're on the right track in what we see about a vasana. If what we see is true, we should be experiencing increasing freedom. If not, then we're barking up the wrong tree.

The spiritual basis of my work with vasanas lies in the writings of Sri Ramana Maharshi. See for instance Anon., *Who Am I? The Teachings of Bhagavan Sri Ramana Maharshi*. Sarasota, FL: Ramana Publications, 1990; Sri Ramana Maharshi, *Spiritual Instruction of Bhagavan Sri Ramana Maharshi*. Eighth Edition. Tiruvannamalai: Sri Ramanasramam, 1974; and Sadhu Arunachala (A.W. Chadwick), *A Sadhu's Reminiscences of Ramana Maharshi*. Tiruvannamalai: Sri Ramanasramam, 1961.

The Caring Mind, the Adult State

March 10, 2020

<https://goldenageofgaia.com/2020/03/10/the-caring-mind-the-adult-state/>



Credit: [lisaswritopia.com](https://www.lisaswritopia.com)

Sometimes it seems to me that we have many selves. Maybe innumerable selves, I don't know.

Buddhists talk about hungry mind and grasping mind. The self or mind that I just noticed - and that I'm a virtual stranger to - I think of as the caring mind.

I was in the middle of moaning and groaning about something - which I'm not a stranger to - when suddenly a different state of mind arose in me. It said I will take care of him (meaning me).

I observed myself feeling caring towards myself. Rather than staying in my "victim" mentality, which was moaning and groaning, I actually rose up as a voice, a mind, a self and set about seeing to my needs.

I actually took responsibility for looking after myself. And noticed it. For the very first time. It felt very different than what I'm used to.

I'm really struck by the discovery. It's brought me to a standstill.

We can have as many selves as we have thoughts, points of view, heroes, etc. The mind seems unbounded in its reach and flexibility.

This mind - the caring mind - turns out to be so very important and yet it's been missing, dormant, silent in me until now.

It seems to follow that I must be ever looking for someone to take care of me. That's what moaners and groaners do, don't they? Match up with a caregiver?

I assume the responsibility for taking care of myself. I surrender my practice of complaining. I just let that all go without needing to put anything in its place.

Later.

I now recognize this caring mind as what Eric Berne and Transactional Analysis would call the "adult ego state." I prefer to call it my adult consciousness state, or adult state, for short.

It provides a channel through which the Higher Self can influence me.

Moving from bemoaning my situation to taking care of myself is a profound shift for me. (1)

[This is another instance of paradigmatic breakthrough by changing my vote.]

Still later

I see I've been living out of my parent and child ego states. The one is the victimizer and the other is the victim.

And all the time I've been bemoaning the way I feel. Fancy that.

This is the first moment I've been conscious of an alternative. The adult state, the caring mind is an altogether different state of being to live from. Gone are the feelings of guilt and dismay. They simply aren't here. Without anything taking their place.

But the very emptiness I feel is a relief. I can breathe. I'm an open space.

Footnotes

(1) I later returned to the subject in “Escape from Adulthood: OK, That’s Enough of That,” Oct. 12, 2020, at <https://goldenageofgaia.com/?p=313996>

We Are, All of Us, Innocent and Pure

April 7, 2020

<https://goldenageofgaia.com/2020/04/07/307247/>



I've been talking endlessly about love five years after experiencing it in its higher-dimensional form.

But something I very seldom talk about is the experience of our natural purity and innocence, that happened for me in late 2018.

How liberating it is to know that we are, underneath it all, innocent and pure!

We may by now have a hard outer shell around us, but, when the shell comes off, what's inside is innocence and purity.

I was at Xenia on Sept. 18, 2018, by the kindness of a reader, and I'd watched something horrible on Youtube the night before. I don't even want to talk about it, I was so shocked by what I saw and heard. (1)

The next morning, we were due to leave Xenia in a couple of hours. I was meditating, trying to get to the origin of the horror I was feeling so as to complete that vasana.

I imagined myself going down an elevator of a hundred floors. But strangely enough, as an aside, when we were perhaps a quarter of the way down, we left the realm emotionally connected to the vasanas far above us. I said to myself that vasanas are only "skin deep." And so it seemed as we went deeper.

Finally I was let off at the bottom and immediately found myself in a tunnel which again went on and on. How we were travelling I know not. We just were.

And it ended at a place where shone ... now I'm about to describe a truncated or toned-down experience so be prepared ... a translucent Light. No, for me it was not brighter than a thousand suns. The Mother wanted to keep me here, on the planet and in my chosen role, she later told me, and so toned the experience down. (See 2)

The sight of the Light was not what impressed itself on me as much as the way I felt. It was as if this was the Light's communication to me: I felt innocent and pure. I was swept away by feeling these states. I never knew this about myself - that I was innocent and pure. I was overwhelmingly relieved by the realization, by the certain knowledge.

It answered the age-old fear that we all have that we were born in evil, in original sin. No. We're born in original innocence. In the Middle Ages, I could be burned at the stake for saying this.

We are originally innocent and pure. And you could usefully choose to see Ascension as climbing out of the density we've been in, mounting the stairway to a better vibrational place. (3)

It was so wonderful to have that question be settled. And it wasn't until it was answered that I became aware of it how universally there had been a "nagging self-doubt" or a "lack of self-worth" in the back of my mind. It had colored everything, but I never noticed it before.

Now I see that there are no grounds for either nagging self-doubt or a lack of self-worth. Both are truly unnecessary.

The truth is that, underneath our protective shell, we are, all of us, innocent and pure. (4) And in going forward, we are in fact agreeing to return to that original innocence and purity.

I need to keep getting this at a deeper and deeper level. Not just as an idea, but as an experience and a realization: We are, all of us, innocent and pure.

Footnotes

(1) I think I can at least get up the stomach to refer to it now: It was a video of really horrible things being done to a child, allegedly taken from Anthony Wiener's laptop.

(2) Steve: The experience at Xenia, Mother, was that truncated?

Divine Mother: Slightly, yes.

Steve: I had the thought [it was]. ... The Light I saw should have been brighter than a thousand suns. The fact that it wasn't suggests to me that the experience was truncated. ...

DM: It was not is brilliant as possible, let us put it that way.

Steve: Alright... And again, the reason is to keep me in sync with my readers?

DM: It is to keep you in sync with your readers... But let me be very clear about that. If you had seen the light as it actually is, yes, a million, billion suns... You would have simply departed. ...

We don't mean die but you would have departed the life that you have designed - yes, with us, for yourself, for the service you are providing - you would have departed and simply said, "I do not need to do this. I will just simply sit in the bliss of love and good luck, everybody!" (Divine Mother in a personal reading with Steve Beckow through Linda Dillon, Oct. 26, 2018.)

(3) Let me not forget to add that the Light of the Self resided at the deepest part of the heart - the bottom of the heart or the seat of the soul, aptly named. Seek it inside the heart.

(4) Both innocence and purity are divine states of being or divine qualities. Both words have other meanings that aren't useful here but they're still the best words I could find to describe how I felt in the presence of the Self.

Our Next Step IS the Path

Dec. 10, 2014

<https://goldenageofgaia.com/2014/12/10/our-next-step-is-the-path/>



If we don't change direction, we're liable to end up where we're headed

I'd like to pick up the thread again of discussing at a conceptual level creating Nova Earth. As I said earlier, I can only pursue this as a blue-sky, conceptual discussion. There isn't enough of me to go around to pursue it at a more detailed level.

What's becoming apparent to me, as awareness dawns and the insights arise one by one in consciousness, is that building Nova Earth is an activity that proceeds entirely newly, entirely from scratch, as the saying goes.

I don't know anyone incarnate who knows the whole of the Divine Plan as it relates to building Nova Earth. I don't think we're supposed to.

I think this is an opportunity for us to learn to fly, so to speak, by repaying the kindness of our Mother Gaia, who's suffered from the way we've treated her for eons. (1)

We learn to fly by seeing to her needs and those of the communities that live upon her, learning from each success and failure.

We learn to fly by doing unto others as we'd have others do unto us, rather than doing others in, as we did all too often in the Third. We learn by building an harmonious round of life on Mother Earth.

Now that we see that Nova Earth will be created newly - by us - where do we go from here?

Several teachings arise in my mind that illustrate possible ways to proceed, hints at what to do next. Of course all of this is at the highest levels of abstraction. You'll need to apply them to the situation of unworkability you agree to address.

Est trainer Dennis Percy used to say that the path starts at the trailing edge of our leading foot.

Think of that. Take a step or two and see that the next step you take begins at the trailing edge of your leading foot. Each step begins at the same place. That's how we walk.

What Dennis is really saying is that we create "the path" with each step we take. There's no path outside our own creation.

So, here, with building Nova Earth, it may simply turn out to be a question of "What's next?" "What's next?" "What's next?"

No one will know beforehand what lies very far down the road. All of us will be making our best possible guesses, and, as long as we acknowledge that they're guesses, they may prove beneficial.

Moreover, in my view, we're always creating the path. We're never following one, though we may think we are. Nothing could stop us creating, in this life or the next.

So Dennis advises us just to begin and stop looking for a template or another person's vision of "the path." The path will be created by the steps we take.

Besides Dennis' teaching, there's another that's germane here, from his boss, Werner Erhard, which I've cited many times before. If a train is headed for disaster, (2) it won't make a difference to matters if the passengers all go to the right side of the train or to the left side. Taking sides will not stop a train headed for disaster from continuing on to where it's going.

What the passengers need to do if they don't want to end up in disaster is to stop the train, get off, and lay new track.

And that's what we need to do here too: lay new track.

At this moment these are the only two clues I have about what to do next in building Nova Earth.

(1) We create the path with each step we take.

(2) If we want to avoid ending up in disaster in a train that's headed for it, we must stop the train, get out in front and lay new track.

The next question is: Where shall we go next?

Where do we want to go?

How do we even think about these subjects? No one has gone here before.

It's at this point that a circular argument develops, beyond which few ideas survive. This is the point at which resolve dies away; flash-in-the-pan interest subsides and the real work begins - or not.

It's at this point that we hear a second voice from inside saying that we have to be careful; we have to proceed cautiously because no one has ever been here before. This is new territory and we'd better watch ourselves. Caution sets in and with it fear.

Meanwhile the first voice repeats that the path we need to create will be created with each new step we take. We may want it to be the best step, time after time. And it'll have to be a different path than the one we've been taking because that one was headed for disaster.

This first voice of resolve confronts the voice of fear and a tug of war ensues. Back and forth the argument goes between fear and resolve, fear and resolve, until, in the worst case, we drop our forward motion.

Our job in all of this is simply to see, acknowledge and let go of the core issues that arise. We'll need to do this constantly in the weeks ahead as change gradually or swiftly ramps up in intensity.

All of this knowledge is impressing itself upon me. Just as the path starts from the trailing edge of the leading foot, so also I know what I'm about to say only as the very next thought comes hot off the press - no other thought or step in the process is obvious before the fact.

Footnotes

(1) What Jesus says here is fairly representative of the view that rebuilding (in this case, cleaning up) Gaia is our responsibility:

"As you awaken you will find yourselves offered boundless assistance in the task of cleansing and renewing the planet by those who have watched over you for eons, and who will provide you with fantastic technologies, way beyond anything you have ever imagined, which will make the task of planetary repair and renewal swift, effective, and easy. And of course they will provide or demonstrate to you new ways to access the energy you need to run all your essential services without the collateral damage and pollution that has always seemed to be unavoidable with your present vast complex of industrial systems. ...

"What has been occurring on Earth under your stewardship has been a complete disregard for the responsibilities that living on Earth involved. You have been operating a system of rape, pillage, and destruction, and when all of value had been extracted from a site you just moved on. No wonder the Earth is in such a parlous state.

"This will all change. You are finally becoming ready to take on the responsibilities that living peacefully, abundantly, and joyfully on Earth rightfully demand of you. And when, ably assisted by those who have come to help you, you do so, you will find that it is not a task of time-consuming drudgery but a most creative and inspiring experience that will bring you inordinate satisfaction." (Jesus through John Smallman, May 13, 2012, at <https://wp.me/p1B8dY-42>.)

(2) "Laying New Track" at <https://goldenageofgaia.com/2014/07/12/laying-new-track/> and "A Train Headed for Disaster" at <https://goldenageofgaia.com/accountability/automation/a-train-headed-for-disaster/>.