On the Divine Qualities

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Introduction

Setting about to say a word about the divine qualities or states, I immediately find myself in transformative, transfigurative love.

I don't ask myself what dimension I'm in. I'm in the experience of a higher form of love and that's all that matters.

In this state, all worries evaporate. I'm immersed in a love whose existence I never suspected before 2015.

In that year I had a fourth-chakra heart opening, which Hindus call spiritual awakening and Buddhists call stream-entering.

At first I was flooded with a tsunami of love. Later I ended up in an Ocean of Love, apparently seventh-dimensional.

The heart had proven to be a portal to the higher dimensions.

The experience was triggered by the kundalini reaching the heart chakra. All within Third Dimensionality. That much is true.

But once inside I was apparently in a higher dimension. (1)

In that dimension and in every dimension beyond, the divine qualities are to be found.

Let's face it. If we were to say, "I want to experience God," would we not be saying, "I want to experience love"?

If God is everything and love is everything, then God = love, would you agree?

It therefore could be said that what we really want to experience are the divine states of love. We want to exist in states of happiness, joy, bliss, peace, abundance, mastery, and so on.

We want to be like God. I imagine that would be the fastest way to re-unite with God.

But unlike a journey by car or rail where we get more and more tired as the trip goes on, this one sees us get better and better as the trip goes on. The best may be saved for last, but the rest ain't bad either.

Wages are paid and debts are settled with love. Nothing more is desired. This world works because love works. Believing in love, our future is sealed.

Or happiness or joy or compassion. To be like God is to commit to and live in the divine states.

So enjoy these reflections on the divine qualities or divine states. If it could be said that I'm married to anything, it'd have to be to them.

Footnotes

(1) Steve: The space that I call transformative love, what dimension is it?

AAM: It is the seventh dimension. (Archangel Michael in a personal reading with Steve Beckow through Linda Dillon, Jan. 20, 2016.)

“Introduction” to The Nature and Significance of the Divine Qualities

May 26, 2022

https://goldenageofgaia.com/2022/05/26/introduction-to-the-nature-and-significance-of-the-divine-qualities/

I'm falling in love with the divine qualities. Each successive experience simply makes my heart yearn for more.

Here is a study of them, in a booklet that undoubtedly will expand.

My thanks to my colleague, Kathleen Mary Willis, whose course on the divine qualities inspired me.

Introduction

My interest in the subject of the divine qualities just grows and grows. Each new spiritual experience demonstrates how wonderful love is or how absorbing bliss is.

Clearly these experiences are native to the vibratory range of the higher dimensions. (1) Clearly as well, it'd be very difficult for us to experience them in the Third/Fourth Dimension without temporarily rising to their level.

Looking back on my history, I have to confess that I was no friend to the divine qualities in my younger years. Granted that I always stayed within the straight and narrow, I was a grumpy old man by 21.

"Bah! Humbug!" would have come easily to my mind, if not my lips. I was dissociated until age 58 as a result of domestic abuse so there was a public and a private persona who did not know each other.

No chance of evolution there.

The blog records my journey back from dissociation and hatred. It took decades to discover what was happening and then complete the early childhood trauma behind it.

My Mother radiated the divine qualities. If I had any knowledge of them, it came from her and her example. I never felt anything but loved by my Mother.

But my treatment as a child from my Dad did not make me a friend of the divine qualities.

My awakening has been gradual in the sense that each new spiritual experience chipped away at the troll-under-the-bridge constructed self.

The more I explored love, bliss, and ecstasy, or innocence, purity, and abundance, the more I became mesmerized by these states. They are more than mystifying and certainly irresistible.

Take only bliss. While in bliss, we see everything as perfect. We have all we want. The only thing that proves better is ecstasy, which is probably a deeper level of bliss.

There's no way to describe any of them using Third-Dimensional language … which … is all we have. Telepathically, I'd imagine it'd be easy. Just not with language created with a materialistic focus.

One can only say what their effect is. But, even there, we run out of superlatives - exquisite, fulfilling, beyond imagination.

Living from the divine qualities carries a risk of separating oneself from the herd, as many social innovations do. If one sets out on the path of living only from them, one risks high expectations, fact-checking, criticism, ridicule. One walks the skinny branches.

Of our situation, enlightened psychologist John Enright used to say, if you want to get to Hero from here, you have to go through either Saint or Villain. I guess this is the road via Saint.

But it feels so good. No, way beyond good. Unbelievable.

I wouldn't choose it if I hadn't sampled some of the ware and found it beyond delicious. I'd probably ask what the buzz was about.

The divine qualities are like a baseball and the universal laws are like the glove. Both together make a baseball game possible. Neither replaces the other; they both complement each other; and taken together they allow us to play.

Likewise, the divine qualities are what we aim for and the universal laws the chief means of unveiling them - "unveiling" because they're already here. Taken together, we have an approach to life that will, I predict, reward us more each day. Or has rewarded me.

I'm enrolled. I want to play this game. Count me in.

Let this be today's experiment in "my life as a workshop." Let us see if we can live from the divine qualities 24 hours a day. That's the assignment. Everything else falls in around that.

I might go so far as to say, if we can live from the divine qualities even for part of the day, every day, we'd have gone a long way to fulfilling the spirit of our lightwork, in line with what the Archangel Michael says here:

> "You are a living, breathing example, leader, demonstrator of incorporating the divine qualities." (2)

I want to be that. Join me. It'll cost you nothing and it promises to transform your life.

My thanks to my colleague, Kathleen Mary Willis, who hosted a class on the divine qualities, which has inspired me.

Footnotes

(1) Archangel Michael has validated that, in general, they are:

Steve: The space that I call transformative love, what dimension is it?

AAM: It is the seventh dimension.

Steve: Then what dimension is bliss?

AAM: It is between eight and nine.

Steve: And ecstasy?

AAM: Twelfth. (Archangel Michael in a personal reading with Steve Beckow through Linda Dillon, Jan. 20, 2016.)

(2) "Archangel Michael: You're Building the New Reality of Gaia," through Linda Dillon, Jan. 21, 2013, at http://goldenageofgaia.com/building-nova-Earth-toward-a-world-that-works-for-everyone/nova-Earth-society/archangel-michael-youre-building-the-new-reality-of-gaia/.

Book I. On the Divine Qualities

⌘ The Significance of the Divine Qualities ⌘

I am Consciousness and Its Qualities

February 23, 2014

https://goldenageofgaia.com/2014/02/23/i-am-consciousness-and-its-qualities/

I'm seeing that I *am* the divine qualities.

Our consciousness is like milk. Milk is white. It's a liquid. It's thicker than water. Its taste varies from sweet to sour. It is itself and it also has qualities.

Similarly, consciousness is itself and it also has qualities. Love, joy and peace are three qualities of pure consciousness, just like being liquid, being white and having taste are three qualities of milk.

I am consciousness and its qualities, like love, joy and peace.

There are encrustations or what I've called vasanas and masks, as well as what Linda Dillon and the Company of Heaven have called false grids and core issues. The Buddha called them obfuscations. They are impurities in the mind.

They overburden consciousness. But consciousness itself and the divine qualities are one and the same thing.

Pure consciousness cannot be thought of without thinking of love, joy and peace. Consciousness and its qualities are synonymous. I think of them in the same breath.

I can let go of the encrustations and I need not hold onto the divine qualities because they are me and I am they. I could no more easily let go of them than watch them disappear.

They're always with me, whether I'm always with them or not. They're not changeable. They're eternal.

I said earlier that we could afford to let go of anything because the Real, the permanent cannot be let go of and only the unreal, the temporary can. The encrustrations are temporary; the divine qualities are permanent.

Underneath the encrustrations are the divine qualities. We always are pure and the encrustations lie over that purity.

Why Emphasize the Divine Qualities?

May 8, 2026

https://goldenageofgaia.com/2026/05/08/why-emphasize-the-divine-qualities/

Why emphasize the divine qualities? And especially why emphasize them now when the world is on a race to the bottom?

Well, if you understand the probable mechanism behind the race to the bottom, you'll understand why I, and probably all spiritually-inclined people, emphasize the divine qualities and emphasize them for now.

In my view, the white hats are allowing certain of the issues to pile up and certain of the issues they're not.

President Trump, who meets with extraterrestrial advisers, must know that no nuclear weapons can be exploded in space. (1) So all this drum-banging around

nuclear issues must be theatrics, a plausible scenario that the public can get their head around, like the unreality of Artemis II vs. the reality of the Aurora TR-3B. (2)

This permitted race to the bottom is designed to have everyone awaken at some point and say "Enough!" At which point the military will step in as was always planned.

What won't be immediately understood is that the cry for military intervention and an end to planetary corruption and violence is a cry for a return to the divine qualities - qualities that we learned in kindergarten - many of us.

We've faced forces that would go to any lengths to preserve their power over us. Meanwhile people who live by the divine qualities don't even think along those lines and can be overwhelmed, if the Mother would permit it.

This time around, she won't. What she has called a "planetary heart opening" (3) is in the cards, what others have called the "Wave of Love" and "Great Solar Flare," etc. (4)

This will remove all Satanists, cartel operators, mafiosi, dictators, etc., etc. As Matthew has said, nothing negative can enter the higher realms and survive. (5)

And it will introduce the whole world to a love which, with Ascension, will, because of its impact on us, make the world work for all of us. (6)

If we want to help that process along (A) stay out of the path of the Global Military Alliance and (B) send love out to all and everyone; lift the vibrations of the planet.

If the purpose of life is to know who we are - and who we are is God, but we have to realize it - then I follow the principle of "Be One, Know One."

Be like God and we create the best circumstances for us to know God. Well, that's my hypothesis.

See you in a couple of million years and we can compare notes.

Footnotes

(1) Matthew Ward: Without jeopardizing negotiations and actions underway, we can tell you that Donald Trump has met with extraterrestrial advisers and has been coordinating with military officers and national leaders to uproot dark ones and end their diabolical activities. These cooperative efforts are undergirded by love-light energy, the most powerful force in the cosmos. (Matthew's Message, Dec. 3, 2024, at https://matthewbooks.com.)

(2) the mechanical device called "Artemis II" is like my childhood Raleigh bike compared to the Aurora TR-3B, which is itself a "party favor" compared to extraterrestrial craft.

Aurora TR-3B

Adamu: Please, take a second. Try to think.

If we are able to surround your planet with millions of ships of living light. If we are able to bring ships across thousands of light years in an instant. If our consciousness resides outside of space and time. If we can manifest a ship many miles across by desire alone. If we can defeat a warring enemy without ever attacking them. If we can disable your nuclear devices without touching them. If we can balance your planetary magnetosphere. I could go on and on.

The point is, if we can do all these things and so much more, do you honestly think your Earth cabal's tin toys and party favours are going to get in our way?

They are not. (Adamu of the Pleiadian Monad in "Project Bluebeam … Again," June 18, 2023, at https://goldenageofgaia.com/2023/06/18/345688/)

(3) Steve : Have you just described a heart opening...?

Divine Mother: ... Let me suggest to you, ... the heart opening is already underway. ...

Steve : Well, but now you have introduced a second element to it, Mother. And, I have to ask you about that as well. After the explosion I had March 2015 I felt a torrent of love. It swept away everything. It was your Tsunami of Love, was it not?

DM: Yes.

Steve: And, will others be experiencing this torrent of love as well?

DM: Most certainly. … Is there a massive heart opening occurring on this planet? And can you point, as you have for millions of years, to the moon and the stars and say, "Now this is a sign"? I say, yes! ("The Mother Promises a Massive Heart Opening – Part 2/2," at http://goldenageofgaia.com/?p=289519.)

(4) See *The Ring of Fire, Wave of Love* at https://goldenageofgaia.com/wp-content/uploads/2021/07/Ring-of-Fire-Wave-of-Love-Compilation-9.pdf

(5) Matthew Ward: It can be no other way – simply, [because] this is the physics that governs life in this universe. As Earth continues apace into successively higher planes, nothing with low vibrations in any form – physical bodies, subversive plans, theft, dishonesty, unjust laws and imprisonment, bigotry, cruel customs and deeds – can survive. (Matthew's Message, Mar. 1, 2012, at https://matthewbooks.com.)

Those who choose to refuse the light - that is, ignore intuition and conscience or cling to their current greed, control, deceit or fear - will start to leave as the planet keeps ascending into the higher vibrations where their bodies cannot survive. Many souls will be leaving..., some by the geophysical upheavals and wars that will continue for a while longer. (Matthew's Message, Dec. 30, 2004.)

On the Divine Qualities Themselves; or, Many Roads Home

May 9, 2026

https://goldenageofgaia.com/2026/05/09/on-the-divine-qualities-themselves-or-many-roads-home/

Anandamoyima. We respond to what we perceive to be the divine

I find I have more to say (or someone does) on the divine qualities as divine qualities.

If the purpose of life is to know/realize who we truly are (answer: God; now off we go to realize it!), then what is God like?

We show that we have a pre-existing appreciation for what God is like through our reaction to what we conceive of as "godlike" qualities.

Unshakeable faith is one quality. Harmlessness is another. Charitableness a third. And I could go on.

On the one hand, we have a built-in "longing for liberation" which keeps us moving forward to escape eventual disappointment with the material realm, somehow knowing that there's more and better beyond. (1)

On the other hand, I speculate that we also have a built-in discrimination device that responds to the "godlike" in another.

It's the theme of countless movies. A being surrounded in light appears and everyone kneels. We all seem to have this built-in sense of the divine.

And I find, when I look, that I'm constantly seeking out the (genuinely) divine. Why else would I travel to India? Lug a heavy bag around through insane temperatures?

I guess in the presence of a genuinely divine person, I feel I can let my false front down (the same character armor I just dropped and never knew I had). (2) I can be myself, whatever that might be.

It's the acceptance that I'd be looking for. Working on the fringes of almost everything I've ever gotten into doesn't win a lot of approval from the hornets whose nest you just knocked over.

I owe a huge debt to those people who believed that all the noise I was making was going somewhere. Eventually.

***

When the heart opens, our problems are solved. The love we then feel proves to be everything we've ever sought or wanted.

Although the experience (short of Ascension) is temporary, it leaves the door of the heart open a crack, through which we can breathe up that same love.

The first touch of that love and whatever issue was plaguing us or whatever feeling was bothering us is instantly transformed.

We all will experience it in the expected, upcoming Wave of Love, which is a planetary heart opening. (3) We'll experience how it is that a world can be made to work for everyone. (4)

(*This love is how. Shhhh! It's a secret!)*

The more we assimilate the divine qualities into our lives, I believe, the more "godlike" we become. The more "godlike" we become, the more we invite the experience of God-meeting-God ("O Thou I!"), at whatever level that meeting can be had: The dual God; later, the non-dual God.

The divine qualities are another of what the Divine Mother called "stair steps" by which we can reach her. (5) There are so many different stair***cases.*** As many temperaments and inclinations, as many roads home to her, as Sri Ramakrishna reminded us:

> "The mother cooks different dishes to suit the stomachs of her different children. Suppose she has five children. If there is a fish to cook, she prepares different dishes from it -- pilau, pickled fish, fried fish, and so on -- to suit their different tastes and powers of digestion." (6)

However:

> "All will surely realize God. All will be liberated. It may be that some get their meal in the morning, some at noon, and some in the evening; but none will go without food. All, without any exception, will certainly know the real Self." (7)

Heart Opening ---> Ascension ---> Many ascensions later, Mergence ---> Much time later, Re-emergence (8)

Footnotes

(1) See *The Longing for Liberation* at https://goldenageofgaia.com/wp-content/uploads/2022/05/Longing-for-Liberation-4.pdf

(2) See *Factory Reset; or, Dropping Our Character Armor* at https://goldenageofgaia.com/wp-content/uploads/2026/05/Factory-Reset-or-Dropping-Our-Character-Armor-R6.pdf

(3) See *The Ring of Fire, Wave of Love* at https://goldenageofgaia.com/wp-content/uploads/2021/07/Ring-of-Fire-Wave-of-Love-Compilation-9.pdf

(4) See *Toward a World that Works for Everyone* at https://goldenageofgaia.com/wp-content/uploads/2021/07/Toward-a-World-That-Works-for-Everyone-4.pdf

(5) I believe that what the Divine Mother said about the Trimurthy of Brahma, Vishnu, and Shiva can also be said about the divine qualities:

Divine Mother: It [the Trimurthy] is much the same as we have been speaking of. It is a way in which my beloved children can come to know me and to have that experience. It is formless, and yet it is form. It is a way of connection, and it is a way of understanding and entering into a higher vibration of being. So it helps the emergence into my energy.

S: Sort of like stair steps?

DM: That is correct. ("The Divine Mother: Come to Me as I Come to You – Part 1/2," Oct. 17, 2012, at http://goldenageofgaia.com/2012/10/17/the-divine-mother-come-to-me-as-i-come-to-you-part-12/.)

NB: Archangel Michael: We do not want anything capitalized. (Archangel Michael in a personal reading with Steve Beckow through Linda Dillon, Aug. 12, 2016.)

(6) Paramahansa Ramakrishna in Nikhilananda, Swami, trans. *The Gospel of Sri Ramakrishna*. New York: Ramakrishna-Vivekananda Center, 1978; c1942, 81. (Hereafter, GSR.)

(7) Paramahansa Ramakrishna in GSR, 818.

(8) Steve: Mother, you've just referred to mergence have you not, or union? And you're saying that after they return in union, they go back out into the world. Is that correct?

Divine Mother: Yes. If they so choose, yes. Now, is it in the timeline that human beings tend to think of? No. But eventually there is re-emergence. ("The Divine Mother: Each and Every One of You Carries Divine Might, Part 1/2," June 17, 2013, at http://goldenageofgaia.com/2013/06/the-divine-mother-each-and-every-one-of-you-carries-divine-might-part-12.)

The Overall Significance of Mastering the Divine Qualities

Jan. 23, 2013

http://goldenageofgaia.com/2013/01/21/the-overall-significance-of-mastering-the-divine-qualities/

We have a phrase, “dawning awareness,” which directs itself to explaining how knowledge unfolds. Dawning awareness may refer to the process of inspiration from our guides, remembrance of knowledge blocked by the encumbrance that the physical body is, or simply the progressive growth of understanding as one thing is seen after another.

I'm watching the process of “dawning awareness” happen with me in relation to my understanding of the significance of the divine qualities in the total life journey from God to God.

The divine qualities include such things as truth, love, peace, equanimity, courage, determination, persistence, humility, compassion, etc. They are the qualities that God is or has.

I began by seeing the significance in relation to ascending that the practice of reflecting the divine qualities in our lives has. Then it became clear that the divine qualities were the new paradigm itself. Then it became clear that replicating the divine qualities in our lives was indispensable to building Nova Earth.

But now I'm seeing that living more and more closely to the divine qualities is much more significant than simply as an approach to Ascension or even building

Nova Earth. It's the practice that describes how all souls continue to evolve throughout the whole of their journey from God to God.

The increased purity that results from living the divine qualities more deeply and expansively is what distinguishes a more evolved being from a less evolved being no matter where they're placed on Jacob's ladder of consciousness, whether we're talking about a human or an angel, a bodhisattva (1) or an elohim, (2) a planetary logos (3) or a solar logos. (4)

Far from being central to ascending or building Nova Earth, I'd imagine that living the divine qualities more and more closely is the practice that distinguishes us from the dawning of self-awareness itself until mergence with God through total Self-Realization at the end of existence.

Climbing the ladder of dimensionality not just from the Third to the Fifth, but from any dimension to the next more expansive is I think determined by the extent to which we've mastered the divine qualities.

Thus when we first make the choice for ourselves that our lives will see us master the divine qualities ever closer, we've taken, I believe, perhaps the most important step we'll ever take in our evolutionary development.

It isn't a step which simply places us on the Ascension path or that will see us eventually build a world that works for everyone. It's a step that will see us eventually return to and merge with God, which is the object of all our lives.

And saying this for myself is perhaps the most important thing I can say to myself of anything I've said so far. This understanding is the most revolutionary of the understandings that have gradually dawned for me, as they dawn for us all.

While up till now I may have been unconsciously working on mastering the divine qualities, from this moment on, I suspect that that learning will no longer be haphazard but self-conscious and firm.

This learning shows up for me as as important as Ascension itself or the accomplishment of building a world that works for everyone because, once one has realized the importance of mastering the divine qualities, the rest follows and simply requires more time - or whatever the higher-dimensional equivalent of “time” may be.

I feel an immense satisfaction at this moment from having seen this matter, a peacefulness and resolution of issues, questions, and search.

A tremendously-important and urgent question has just been answered for me and, unlike on so many occasions on which it yields to a flurry of other questions, no other question arises to take its place.

Footnotes

(1) Buddhist term for a being who has elected not to go into Nirvana before all beings go into Nirvana. The Company of Heaven calls such a being a “pillar.”

(2) A exalted being who creates worlds.

(3) The being who is charged with the administration of a planet.

(4)The being who is charged with the administration of a solar system.

The Sure Foundation for Building Nova Earth

April 17, 2025

https://goldenageofgaia.com/2025/04/17/the-sure-foundation-for-building-nova-earth/

Balancing the scales with divine qualities. Credit: Kathleen Mary Willis

As a global community, once the Illuminati are gone, we'll need to build (or rebuild) our own planetary culture. And the time to be thinking about that, I believe, is now. What behavior do we, who nearly lost our world to the corrupt, want to cherish and promote as a sure foundation upon which to build Nova Earth?

I puzzled and puzzled over it. Does everyone want to follow Hollywood's lead and go with the trend of the moment? I don't think so. Not any more, after what is going to be revealed about "Hollywood" very soon.

I think celebrity culture may have run its course.

So then what will provide the sure basis and foundation for building Nova Earth?

Not knowing at that moment that the Divine Mother had already discussed the matter, I had a lightbulb moment, a moment of inspiration. (1)

I was looking at the time for what anthropologists might call a "cultural universal." So far all I'd found was a smile or a yawn.

And then it hit me. The divine qualities are the cultural universals I'm looking for to serve as the sure foundation upon which to build Nova Earth. How could I have overlooked them?

Later I came across the Divine Mother saying exactly this (surprise, surprise):

> Divine Mother: What is the new foundation upon which Nova Earth is built?
>
> It is the 13 Blessings and Virtues [i.e., the divine qualities] that we gifted you so long ago. This is the core of everything you will value and bring forth in the new reality. This is the foundation of what you create and co-create with us.
>
> If the virtues are not an inherent part of your being, how do you then translate it into form as you build the new institutions, systems, communities, and cultures of Nova Earth?" (2)

That's the sure foundation on which Nova Earth will be built. How will we know when we've found our assignment, our place, our task? The Divine Mother gives us the test:

> Divine Mother: Does it bring joy to your heart? Does it ignite that wonderful smile in your tummy? Does it make your feet tap, wanting to get going? Does it feel like love? Does it feel that you could take this project, whatever it is, and show it to me in full confidence and pride that this is something that you are offering yourself, each other, and the multiverse, the omniverse.
>
> Now, if it does not give you that feeling, then set it aside. Go on to the next idea. Because the inspiration that you are being flooded with — and I

> mean each and every one of you - you are not in a lull, you are overwhelmed with ideas. So go on to the next one, and say, all right, is this the one that makes my heart sing? And it may be a multitude of steps.
>
> Do what feels like unbridled joy. That is how you create Nova Earth. That is how you say, as a human, as a creator race, this is how I work with the elementals, with the kingdoms, with the devas, with the planet, with my guides, with my star brothers and sisters, with the Company of Heaven. (3)

It's the divine qualities like unbridled joy, courage, and love that we're looking, wanting, and searching for all our lives. And as the vibrations rise, and especially when the Ring of Fire hits, (4) we'll find ourselves living in those divine qualities naturally.

It's these that will ensure world peace in the sense that, while we're in the divine qualities, harmful thoughts do not and cannot arise within us.

Moreover, it's how we feel while in the divine states that proves to be both our ultimate reward and the very thing we've been looking for day by day, anyways. The love I feel when I breathe love up from my heart is the very thing I've been looking for all my life. It's endlessly satisfying.

So I want to put in place what I consider to be this element of building Nova Earth: I assert that the sure foundation upon which to build it is the divine qualities.

One of the things I've learned from President Trump is to build momentum. Putting in place a sure foundation, I think, is the first step in working that process.

Footnotes

(1) Which undoubtedly came from the Mother, as she reveals here:

Divine Mother:
There are, guaranteed, many, a multitude of beings upon the planet who, give or take a little, have been given the same inspiration. ("An Hour With An Angel – The Divine Mother: Welcome To 'New Time,'" at http://goldenageofgaia.com/2015/01/27/divine-mother-welcome-new-time/.)

(2) Linda Dillon, “Chapter 3 – The 13th Octave Blessings & Virtues” in The Great Awakening. A Spiritual Primer. Port Lucie, FL: Linda Dillon, 2012.

(3) “The Divine Mother Blesses Nova Earth Day, Feb. 14, 2013," at http://goldenageofgaia.com/building-nova-earth-toward-a-world-that-works-for-everyone/nova-earth-day/the-divine-mother-blesses-nova-earth-day-feb-14-2013/.

(4) See *The Ring of Fire, Wave of Love* at https://goldenageofgaia.com/wp-content/uploads/2021/07/Ring-of-Fire-Wave-of-Love-Compilation-9.pdf

Building on the Foundation of the Divine Qualities

Oct. 28, 2025

https://goldenageofgaia.com/2025/10/28/371623/

Now that we have a candidate for "spiritual universal" - namely, the divine states or qualities - we can start building on that intellectual foundation for a New Age philosophy, from the ground up, so to speak. (1)

What is it that makes the divine states desirable?

We have to start at the beginning. The purpose of life, according to a vision I had in 1987, is for God to meet God in a moment of our enlightenment. (2)

So, as long as we're moving towards Self-Knowledge, we're at work fulfilling the purpose of life.

Self-Knowledge means knowing ourselves - what we are and what we're not. And, if you'll allow me to let love stand in for all the divine qualities, which are simply different flavors of it, it turns out that we're just an organization of living, flowing love.

We're a conscious spark of the Divine Lovelight. And when we know ourselves at the most basic level, we're close to fulfilling the purpose of life. God is close to meeting God.

It takes at least entry-level enlightenment - a fourth-chakra event - to unlock the door that guards this lovelight. But once this door, the hridayam or heart aperture, is open, we're awash in the most satisfying, uplifting, and indescribable experience we probably have ever had in our lives up till that time.

I maintain that this door is an interdimensional portal. It must be because, although the door is located in a Third/Fourth-Dimensional space, the interior it opened onto with me was interdimensional.

I landed on the Seventh Dimension, Michael says, (3) immersed in love. I spent the next seven months immersed in it, off and on. And then it became bliss.

I cannot fathom that there would be anyone on Earth who would reject this love after that experience. No, I think they'd have a complete change of heart like Saul/St. Paul on the road to Damascus, Francesco/St. Francis in the middle of a festive procession, or Angulimala the brigand/Angulimala the saint, from passing by the Buddha's cave.

Footnotes

(1) "What Do we All Share? The Search for a Cultural Universal," Oct. 23, 2025, at https://goldenageofgaia.com/2025/10/23/what-do-we-all-share-the-search-for-a-cultural-universal/

(2) See “Chapter 13. Epilogue” in *The Purpose of Life is Enlightenment* at https://goldenageofgaia.com/wp-content/uploads/2021/07/Purpose-of-Life-is-Enlightenment-5.pdf

(3) I called the love that I found inside the heart "transformative love" because it transformed circumstances like anger or jealousy rather than being overcome by them.

Steve: The space that I call transformative love, what dimension is it?

Archangel Michael: It is the seventh dimension. (Archangel Michael in a personal reading with Steve Beckow through Linda Dillon, Jan. 20, 2016.)

What Do We Share as Humanity? (The Answer May Surprise You)

September 16, 2023

https://goldenageofgaia.com/2023/09/16/what-do-we-share-as-humanity-the-answer-may-surprise-you/

I was discussing adding another meaning to the term "world leader" (1) and the question arose for me: What do we share as humanity?

And my guides inspired in me the thought: It's not so much that we share a nod or a wink or a smile as that we share the divine qualities.

YES! Why didn't I think of that?

We share joy. We share peace. We share love. And we share a desire for these states of being.

I've been burning my brain out trying to see what I could be talking about that we all share. Behavior? Ideas? Feelings? Objects?

I was thinking anthropologically: Let's discover behavior that we do together. Let's discover cultural universals.

And I was getting nowhere and feeling dismayed by the task.
But there was never any need. All of us, if we looked, would probably know that what we already always share is a love for the divine states. And we share the divine states themselves. These are spiritual universals.

I'll bet that all of us share a love for love. All of us seek it, ask for it from others, give it to others. Our music, our movies are about getting it and losing it.
I offer everyone's appreciation of and for love as an example of something I consider universal.

Then I realized that I've been talking about spiritual universals for the past ten years, without realizing it.

***

So what does seeing this do to me, for me?

First off, I'm laughing at myself. I spent years laboring over the question what does a writer, writing universally, write about? Smiles and laughter? Nods and winks?

The answer lay not only in front of my nose, but it lay in what I'd been writing about anyways!

I now feel empowered and enabled to speak about higher-dimensional love from the standpoint of knowing that I'm speaking to the whole world. This is a shift in perspective for me.

(Isn't growth fun? We just keep pushing our edge.)

That transition in consciousness from a "local" writer to a "global" writer was not difficult, in the end. (2) It was just a "get." And a willingness to occupy and own the thing gotten.

I acknowledge and own the space of a writer writing globally on subjects that are spiritually universal. That looks so obvious, seeing it on paper. But it took tremendous labor to reach this point!

Footnotes

(1) "Adding Another Meaning to World Leader,'" September 12, 2023, at https://goldenageofgaia.com/2023/09/17/adding-another-meaning-to-world-leader-2/

(2) Not like I wasn't warned:

Archangel Michael: You have known that the time would come when we would ask you to work very much on a very global level. And this is the beginning of that undertaking. You have already built a very firm foundation for this to occur and for this we thank and bless you. (Archangel Michael in a personal reading with Steve Beckow through Linda Dillon, Nov. 30, 2011.)

What Do We All Share? The Search for a Spiritual Universal

October 23, 2025

https://goldenageofgaia.com/2025/10/23/what-do-we-all-share-the-search-for-a-cultural-universal/

Says it all

Have you ever wondered what it is we all share?

Anthropologists might call this class of things "cultural universals." Whenever I looked, all I could think of were things like a smile, a wink, a yawn.

And then one day it hit me. I was approaching it from the wrong angle. I was looking at what it is we all *do*. When I looked at what it is we all *want,* I saw we all want to be happy. We all want to be joyful. We all want to be courageous.

And what, as a class, are these things that we all value? Why, they're the divine qualities. Happiness, joy, love, bliss, courage, compassion, etc.

We all respond to them when we see them in others.

Everyone enjoys hearing about them and being inspired. We all tell stories in which we figure as the heroic deliverer ... of whatever ... and emerge feeling proud. Which is a country mile away from feeling love or bliss. Don't stop there.

As satisfying as these what I used to call "howdido" conversations are, they don't hold a candle to love, bliss, and joy. These divine states of consciousness are, or turn out to be, everything we ever wanted. Not in form, but in substance.

Love completely satisfies. Bliss is over the top. Who, once they've tasted either, would reject them?

The spiritual universals were staring me in the face. Now to build a new vein of cultural research on that foundation - that the divine qualities or states of consciousness are what humans universally value. They form spiritual universals, transcending ethnicity, religion, politics, etc., recognized and aspired to by all.

Eureka! The Divine Qualities as Spiritual Universals

September 18, 2023

https://goldenageofgaia.com/2023/09/18/eureka-the-divine-qualities-as-spiritual-universals/

Thank you, Archimedes!

Now that I can stop laboring over the question of what we as a species share in common, I can wrap up a file that's been open since ... well, I can trace it back to 1976. (1)

It isn't that the search for a "cultural universal" that could assist us to gather together and communicate with each other is not a very worthwhile activity.

It's just not what I - as a hermit writer, rather than a sociable, interactive agent of global action - am looking for. Readers and writers don't wink and nod and smile across the distance. At least not until Skype and Zoom.

Or as a lightworker assisting with Ascension. Ascension is an inside job. What I'm looking for is beyond culture. I'm looking for spiritual universals. God is a Spirit and one should look for her in spirit.

And the spiritual universals I was looking for were always right there in front of me. I'd been exploring them since, I guess, Cold Mountain Institute in 1976 introduced me to meditation and psychic phenomena.

It's the spiritual universal of our love for the divine qualities that I'm looking for. I'm not looking for a cultural universal like a nod or a smile or a wink. I'm looking for a spiritual universal.

I'm looking for something common to every sentient being. I offer that the spiritual universal I'm looking for is (A) our love for the divine qualities and (B) the divine qualities themselves.

Shankara called our love for the divine qualities "the longing for liberation." (2) It's a subtidal thirst that can only be quenched by God. It's a homing device that keeps us moving home to God.

OMG. My vision was all about this. Did I not tell you that these things just keep on unpacking?

My 1987 vision showed an individual Child of God, born of the Father, raised by the Mother in her school of experience, and returning Home again.

It's the longing for liberation that keeps that small golden star of my vision moving from God to God.

Now I can't leave the subject without encapsulating that vision because what it showed me dovetails with what I'm saying here.

Why all this drama in the vision for every sentient being? The action or drama is so that, in a moment of our enlightenment, God meets God.

Longtime readers can almost hear me say what comes next: And for that meeting, for that moment of God's own Self-Realization, so to speak, all of this, seen and unseen, was created.

As we progress nearer and nearer to Home, what unites us is our experience. We liberate ourselves from all the overburden (upsets, issues, resentments, withholds) of all our incarnations, revealing more and more of who we are as we do. (I can hardly keep up with the dictation here. Slow down, Guiding Light. Phew!).

And what we experience more and more of, deeper and deeper as we get closer and closer to Home is the divine qualities.

If I can interrupt you for a sec, Guiding Light. It's all here. This was a missing piece for me. The role of the divine qualities, the spiritual universals, in all this. I was looking up the wrong tree (cultural universals).

I remember how triggered I was when I said to Michael that classical enlightenment stressed taking one divine quality and following it through to enlightenment. And Michael replied:

> Archangel Michael: Human beings, particularly those in the higher vibrations, [are] learning to hold all the divine qualities and to be operating from all the divine qualities at once. (3)

There was no reason why not to, he implied. The idea of that blew my circuits. Impossible! Beyond accomplishing!

And, yet, here we are talking about it.

I could have got it then.

We don't need to tie ourselves down by limiting ourselves to one divine quality. We

can partake of them all.

OMG, here we go again. Guiding Light:

This Ascension brings us into a new space in the Mother's multiverse distinguished by transdimensionality. No longer will it be impossible to travel to higher dimensions.

Me again. However that means that we'd be partaking of their deeper experience of the divine qualities. How all that will be arranged remains a mystery to me. But it is an implication of transdimensionality.

Because part of my mission is to illustrate co-creative partnership, I don't want to overlook noting that this expansion in my own perspective has again happened since I rechose co-creative partnership on June 12, 2023. (4)

Footnotes

(1) See "What Do We Share as Humanity? (The Answer May Surprise You)," September 16, 2023, at https://goldenageofgaia.com/2023/09/16/what-do-we-share-as-humanity-the-answer-may-surprise-you/

In 1976, I took a weekend workshop in psychic phenomena at Cold Mountain Institute. That led me to the British Spiritualist Society in Vancouver; then to India, after receiving *shaktipat* (the bestowal of grace upon a follower) from an Indian master.

(2) "[The] longing for liberation is the will to be free from the fetters forged by ignorance -- beginning with the ego-sense and so on, down to the physical body itself -- through the realization of one's true nature." (Shankara in Swami Prabhavananda and Christopher lsherwood, *Shankara's Crest-Jewel of Discrimination*. Hollywood: Vedanta Press, 1975; c1947, 36.)

See also *The Longing for Liberation* at https://goldenageofgaia.com/wp-content/uploads/2021/07/Longing-for-Liberation-3.pdf

(3) Archangel Michael in a personal reading with Steve Beckow through Linda Dillon, Jan. 4, 2019.

(4) See "Co-Creative Partners with the Company of Heaven," June 12, 2023, at https://goldenageofgaia.com/2023/06/12/co-creative-partners-with-the-company-of-heaven/

What are Spiritual Universals?

December 11, 2023

https://goldenageofgaia.com/?p=350129

I'd like to revisit a notion I looked at briefly some time ago - the notion of a spiritual universal. (1) What is a spiritual universal?

Cultural universals exist. A smile is an example. A bow. An open-handed greeting. For the longest time I looked for a spiritual universal and couldn't find one. And then it hit me.

The spiritual universals are love and its variations, the divine qualities.

Where we used to be located in the astral planes after death (this may all be changing) used to be determined by the depth of our grasp of the divine quality in question. In future, apparently, we'll have access to all the dimensions. (2)

And we may occupy ourselves perfecting all the divine qualities, as Michael reveals:

Archangel Michael: Human beings, particularly those in the higher

vibrations, [are] learning to hold all the divine qualities and to be operating from all the divine qualities at once. (3)

Wow! What an amazing proposition and awesome experience that must be! It awaits us.

***

Meanwhile, my experience of joy will exactly resemble your experience of joy - not your expression of it, but your experience of it, the input rather than the output. Joy is a spiritual universal.

I've experienced the following states as divine qualities: Love, peace, joy, abundance, mastery, desirelessness, confidence, bliss, ecstasy, and exaltation. I think - I hope - I've written each of those experiences up. (4)

Each has been associated with a definite dimension in the past; that may now all change.

Michael tells us that we're entering a brand new space where all the rules have changed.

> Steve: Is the realm that we're building and taking our physical bodies with us to altogether new?
>
> Archangel Michael: Yes, it is brand new.
>
> Steve: … Brand new, and the rules have changed?
>
> AAM: That is correct. (5)

One of the biggest changes is that we'll now be able to visit all the dimensions:

> Steve: Now, if we have access to all the dimensions after our Ascension,

> why would then a further Ascension in two hundred years from the Seventh Dimension be necessary? ... We will be able to visit those dimensions.
>
> AAM: That is correct. (6)

This is a radical departure from what exists right now. On the astral planes as they are at present (or were if the change has already taken place), we could not go up; only down. (7)

How does that impact our experience of the divine qualities? Will the Seventh still be the dimension of Christ Consciousness/Love? Will bliss still be associated with with the Eighth/Ninth Dimensions? (8) Will, we, while we visit the planes of bliss, be able to experience it even if we're simply visiting? We'll have to wait to see.

***

My marching orders of travelling to higher-dimensional consciousness states originally came from the Lord Arcturus.

Ordinarily I wouldn't post anything as intimate as this, but I think it's important to have it "on the record." I also hope it opens up space for others in similar situations to share (the "you go first" kind of thing):

Lord Arcturus: Now, you have come to a planet in this and in other lifetimes to assist - yes, through communication, through clarity - with the
> progression of the planet through the elimination of the old third, which was really quite disastrous [to] the progression up through the Fifth, through the Sixth, to the Seventh so that the planetary system will reside in a level of higher consciousness, Christed consciousness as you think of it.
>
> Now in order to do that, it is highly beneficial - and this is where mutuality comes in - that you would have, not only the intelligence but the perspective of the higher dimensions (it is not a hierarchy but it is

different).

> And so the perspective say of the Ninth Dimension is very different than the perspective of, say, the Third, the Fifth or the Seventh Dimension. Because it is very important that humanity realize, as they are in their unfoldment to a grander plan, that the Seventh Dimension is not the end of the road, not the be all and end all.
>
> And so, [you having] some of the perspective, the experience, the knowing, the intelligence of different dimensionality is highly beneficial in helping [the people who read you] move into that higher-dimensional anchoring. (9)

"Not the end of the road, not the be all and end all." And I have experienced and described states of consciousness which include two brief experiences of spaces considered transcendental. (10)

It's a given that whatever I experience, I'll write about. Hence, I think, I'm given more experiences than the average person.

If I didn't write about them, the whole point of the exercise would be lost. Nonetheless, because of something the Mother once said to me, I imagine the impulse in any one situation could very well still be coming from Michael - or at least be OK with him. The Mother said:

> Divine Mother: If you were channeling with somebody and they said it was Hilarion, and in fact it was Hilarion, understand on our side the conjoining is so much stronger [with Michael] that Michael would simply funnel through Hilarion what needs to be said.
>
> Steve: Interesting! (11)

In all of the passing comments she makes, she reveals how the Company of Heaven work with us.

There's only one of me. I hope someone combs these records in future and draws

out from them all the high mysteries which the Mother reveals in passing.

***

Back to the divine qualities (and I include love in that, for convenience) as our spiritual universals, the things that we all know and value in the spiritual domain.

All of our writings about dimensional reality will be overtaken, along with so many other paradigms. But the vista that the new paradigms open up, and the depth of love then possible, will have us forget about our former lives in a heartbeat.

Footnotes

(1) See:

- "What Do We Share as Humanity? (The Answer May Surprise You)," September 16, 2023, at https://goldenageofgaia.com/2023/09/16/what-do-we-share-as-humanity-the-answer-may-surprise-you/.
- "Eureka! The Divine Qualities as Spiritual Universals," Sept. 18, 2023, at https://goldenageofgaia.com/2023/09/19/eureka-the-divine-qualities-as- spiritual-universals/

(2) Steve: Access to the seventh means you have access at will to any of the other dimensions…

Archangel Michael: You always have. You just don't know it.

Steve: At that point in the seventh, we have the degree and quality of love that allows us endless, that allows us to see that we can access the others, is that correct?

AAM: Yes. (Archangel Michael in a personal reading with Steve Beckow through Linda Dillon, March 10, 2017.) (Hereafter, AAM.)

(3) AAM, Jan. 4, 2019.

(4) See *An Ascension Ethnography* at https://goldenageofgaia.com/wp-content/uploads/2023/08/An-Ascension-Ethnography-12.pdf

(5) AAM, Sept. 21, 2015.

St. Germaine agrees: All the rules have changed. ("Transcript: Heavenly Blessings – St. Germaine on Where to Look for Results," channeled by Linda Dillon, July 15, 2014, at https://goo.gl/OxNpnG.)

(6) AAM, March 28, 2018.

(7) See:

- "5.5 We Cannot Know the Planes Above Us" at http://goldengaiadb.com/index.php?title=The_Planes_of_Life#We_Cannot_Know_the_Planes_Above_Us
- 5.6 We Descend at Will, but Not Ascend"" at http://goldengaiadb.com/index.php?title=The_Planes_of_Life#We_Descend_at_Will.2C_but_Not_Ascend

(8) Actually between the two:

Steve: What dimension is bliss?

AAM: It is between eight and nine. (AAM, Jan. 20, 2016.)

(9) The Lord Arcturus in a personal reading with Steve Beckow through Linda Dillon, June 12, 2019.

(10) See *The Consciousness State of Exaltation* at https://goldenageofgaia.com/wp-content/uploads/2023/01/Consciousness-State-of-Exaltation-3.pdf

(11) "Divine Mother: Does God Recognize Service to a Fallen Teacher?" November 3, 2018, at https://goldenageofgaia.com/2018/11/03/divine-mother-

does-god-recognize-service-to-a-fallen-teacher/.

(12) AAM, Jan. 4, 2019.

Why Do I Call Divine Qualities “Spiritual Universals”?

July 31, 2026

https://goldenageofgaia.com/2026/07/31/383062/

We're all on the same bullet-train line, on one or another of its trains, going to the same destination

Why do we ... OK, I ... call divine qualities "spiritual universals'?

For a number of reasons.

First because everyone recognizes them. They may not welcome or respect them, as with the dark ones of the deep state, but they do recognize them when they see them. So, universally, we share a familiarity with them.

Second, because most people do welcome them when they arise and would like to live permanently in them. Others hearing about them might also want to experience them because of what they hear. Except, again, the dark ones.

Third, because, when they arise, they arise from inside of us. In other words, the divine qualities must live inside us. Where inside? I've experienced them in the spiritual heart. Not the heart chakra, but the heart which lies on the other side of the closed heart door or hridayam. Two digits right of the breastbone.

To combine these points, we call the divine qualities "spiritual universals" because they're universally known and recognized; because, while they're not universally respected and desired, they're perhaps the most well respected of all our internal consciousness states; and because they are found to live within all of us, universally; specifically, in the heart.

Opening the heart (1) and releasing the divine qualities is what, I surmise, all human beings end up doing sooner or later. It is one stage along the overall journey ... into the heart.

***

The heart in which the divine qualities live is a portal. We may enter it when the kundalini reaches the heart chakra, but that doesn't make the heart chakra the heart any more than a light switch being switched on makes the switch the light.

Does anything else live inside us?

The whole of the cosmos lives inside us, as I saw back in the early 1990s, for reference, at Third Beach in Vancouver.

On another occasion, I was lying on the sand at English Bay at nighttime, looking up at the sky. The stars looked like dots of white paint

on a black bowl. Suddenly my whole perspective shifted and the lights now appeared in their relative distances from each other and somehow I had the ability to see far into space where the distances could be seen.

Yes, there is one other thing, besides the cosmos (!), that I know lives inside of us. Shankara called it the longing for liberation. (2)

The longing for liberation is placed in us by the Mother. It's the longing for liberation from illusion, density, and death through the realization of who we are.

This longing is not, and cannot be, satisfied by anything short of full reunion with the One. Food, possessions, sex, wealth all pale after a while and the longing returns.

Interestingly, when we go deeper into what's being longed for, we find that, for much of the journey, it's love, bliss, peace, completion, or another of the ... you guessed it ... divine qualities that we long for. Then finally it will be God. (I'll tell you about that when I get there!!!!)

So God created a world in which sentient beings could come to know who they are at which point God meets God. And just to make sure, God placed within everyone a homing device, a longing to reunite, that could not be satisfied by anything else than that meeting, but is greatly encouraged and speeded along by experiencing and feeling the divine qualities that live inside us, along the way

Footnotes

(1) A heart opening is a specific event that occurs when the kundalini reaches the fourth chakra. It is viewed as the first enlightenment, known to Hindus as spiritual awakening and to Buddhists as stream entering.

Articles on heart openings include:

- "The Mother Promises a Massive Heart Opening – Part 2/2," September 6, 2017, at http://goldenageofgaia.com/2017/09/06/the-mother-promises-a-massive-heart-opening-part-22/.
- The Divine Mother in "Transcript ~ A Mass Heart Opening on This Planet," Aug. 21, 2017, at http://goldenageofgaia.com/2017/08/21/transcript-a-massive-heart-opening-on-this-planet/.
- "Submerged in Love," March 14, 2015, in An Ascension Ethnography at https://goldenageofgaia.com/wp-content/uploads/2021/07/An-Ascension-Ethnography-5.pdf, and after.
- "Activating the Wellspring – Part 1/2," March 14, 2015, at https://goldenageofgaia.com/2015/03/14/activating-the-wellspring-part-1-2/.
- "The Heart is 'the Seat of the Soul'," December 17, 2018, at http://goldenageofgaia.com/2018/12/17/the-heart-is-the-seat-of-the-soul/.

(2) "[The] longing for liberation is the will to be free from the fetters forged by ignorance -- beginning with the ego-sense and so on, down to the physical body itself -- through the realization of one's true nature." (Shankara in Swami Prabhavananda and Christopher lsherwood, *Shankara's Crest-Jewel of Discrimination*. Hollywood: Vedanta Press, 1975; c1947, 36. One of the few books I'd like to take to a desert island.

The Divine Qualities are My Spiritual Universals

July 22, 2026

https://goldenageofgaia.com/2026/07/22/the-divine-qualities-are-my-spiritual-universals/

"*It begins two by two*." *(Divine Mother)*

I said earlier that, in my scheme of things, I make the divine qualities my spiritual universals just as we have cultural universals (the idea), biological universals (the cell), and physical universals (changes too often to know what to say here - Atoms? Quarks? Photons? Fill in the blank _____?).

What are the divine qualities?

Matthew says:

> Matthew: Empathy, courage, compassion, sharing, kindness, hope, honesty, forgiveness [are] love's glorious ingredients. (1)

Love is the substratum of all them, which explains why the Mother would say:

> Divine Mother: We are not talking about transient interpretations of what is transpiring. It is aligning and adhering to the standalone truth – and the standalone truth, sweet one, is only love. (2)

And:

> DM: It is really a very simple plan. My plan is for the entire group of humanity to fall in love.

[As we will in the Wave of Love.] (3)

> And I do not mean in the old way, I mean in the cherishing, the freedom, the liberation, the co-creation. And it begins two by two. (4)

The Arcturian Group says:

> Arcturian Group: Harmony, completeness, abundance, intelligence, love, etc., are realities because they are qualities of the only Reality, an omnipresent, omnipotent, omniscient Consciousness infinitely expressing ITself. Most as of yet do not comprehend this because they are still creating from states of consciousness enmeshed in duality, separation and the belief in two powers. (5)

So in being godlike and living in godly ways we are actually being "like" God. As far as anything can be like the One.

***

Michael tells us that folks in the higher dimensions are learning to integrate and come from all the divine qualities at once:

> Archangel Michael: Human beings, particularly those in the higher vibrations, [are] learning to hold all the divine qualities and to be operating from all the divine qualities at once. (6)

You remember Matthew calling the divine qualities "living in godly ways" and said they were our travel ticket to Ascension?

> Matthew: [Your] limitations are being reversed by the ever-increasing intensity of light in bodies that are absorbing it. Actually, your 'travel ticket' is the absorption of light that comes automatically with living in godly ways. (7)

The Divine Mother says that they are also the foundation upon which Nova Earth is to be built:

> DM: What is the new foundation upon which Nova Earth is built?
>
> It is the 13 Blessings and Virtues [the divine qualities] that we gifted you so long ago. This is the core of everything you will value and bring forth in the new reality. This is the foundation of what you create and co-create with us. (8)

Given that this lifetime for us is about supporting Gaia and everyone on it to ascend, accepting the centrality of the divine qualities becomes critical. The Mother lets us know:

> Divine Mother: Those who are not anchoring the divine qualities, who are literally saying "No, thanks. I'm not interested" can't stay. They will not have enough substantiality, materiality, wisdom to hold the vibration to be able to physically exist on Nova Earth. So this is a very important part of what you are doing. (9)

So the divine qualities are the foundation of Nova Earth. If we don't accept them and allow them to arise in us we won't be physically able to stay. Matthew explains:

> Matthew: It can be no other way – simply, [because] this is the physics that governs life in this universe. As Earth continues apace into successively higher planes, nothing with low vibrations in any form – physical bodies, subversive plans, theft, dishonesty, unjust laws and imprisonment, bigotry, cruel customs and deeds – can survive. (10)

***

Why designate them as spiritual universals?

That comes back to the purpose of life. (11) By now we should be able to repeat it together: The purpose of life is to know who we are.

And why is that? Because when one of us realizes who we are (God), God meets God. And for that meeting was all of this created.

I'll be able to recognize a reader of the blog in future years because you'll be able to repeat back to me, via endless repetitions, the purpose of life!!!! And why that IS the purpose of life.

Mission accomplished. Everything else springs from that.

Footnotes

(1) Matthew's Message, Nov. 1, 2023, at https://matthewbooks.com.

(2) "Divine Mother ~ I Do Not Call It a "Virus," I Call It '"The Pause,'" April 5, 2020, at https://goldenageofgaia.com/2020/04/05/divine-mother-i-do-not-call-it-a-virus-i-call-it-the-pause/.

(3) See *The Ring of Fire, Wave of Love* at https://goldenageofgaia.com/wp-content/uploads/2021/07/Ring-of-Fire-Wave-of-Love-Compilation-9.pdf

(4) "The Divine Mother: You Are Experiencing Love in Ways that You Have Not Known Before," Nov. 15, 2013, at https://goldenageofgaia.com/2013/11/the-divine-mother-you-are-experiencing-love-in-ways-that-you-have-not-known-before/.

(5) "The Arcturian Group through Marilyn Raffaele, July 17, 2022," at https://goldenageofgaia.com/2022/07/17/the-arcturian-group-through-marilyn-raffaele-july-17-2022/.

(6) Archangel Michael in a personal reading with Steve Beckow through Linda Dillon, Jan. 4, 2019.

(7) Matthew's Message, Dec. 21, 2008.

(8) Linda Dillon, "Chapter 3 - The 13th Octave Blessings & Virtues" in *The Great Awakening. A Spiritual Primer.* Port Lucie, FL: Linda Dillon, 2012.

(9) “The Divine Mother: We are Creating a New Species of Humans," through Linda Dillon, July 12, 2014, at https://goldenageofgaia.com/2014/07/12/the-divine-mother-we-are-creating-a-new-species-of-humans/.

(10) Matthew’s Message, Mar. 1, 2012.

(11) See *The Purpose of Life is Enlightenment* at https://goldenageofgaia.com/wp-content/uploads/2021/07/Purpose-of-Life-is-Enlightenment-6.pdf

Cultural and Spiritual Universals

Aug. 1, 2026

https://goldenageofgaia.com/2026/08/01/cultural-and-spiritual-universals/

Divine Mother: The standalone truth is love.

I've said that I considered the divine qualities to be spiritual universals and I gave three reasons why: (A) they are universally familiar; (B) whether welcome or not, they were still universally respected; and (C) they're seen to live inside all of us, universally - specifically, in the spiritual heart, beyond its closed door, the hridayam. (1)

I also said there that the heart is a portal. Yes, the kundalini is in the Third Dimension mounting a Third-Dimensional sushumna canal, so to speak.

BUT once we're inside the heart, in whatever body we're in, we're in a higher dimension. I found myself, according to Michael, in the Seventh Dimension of Love, the Christ Sphere, as it's known. (2) The love that exists there I never stop rambling on and on about. I don't even want to suppress myself.

The real life, therefore, is inward; specifically, in the heart, through the portal to the higher realms.

But the reason I came in here was to look at a cultural universal, whatever that might be. I talk about "cross-cultural spirituality." What is the cultural component?

What is a culture? What did historian S.M. Beckow say?

> Culture, whether considered as a continuum or a class of phenomena, consists of ideas, manifest in act and artifact, but consisting of neither, by means of which humanity takes account of its world and takes purposeful action. (3)

My point back then was that culture is neither behavior nor artifacts. Culture must be transmissible to survive. And only ideas can be transmitted, via language, images, music, etc.

You may not know this, but this was a radical statement in the cultural-historical circles of the time. They mostly held that culture was acts and artifacts and I disagreed. Half the room liked it and half the room didn't. The half that didn't just happened to control the cultural journals.

I have to add that I was talking to an audience who, with the mere mention of Archangel Michael, would have locked me up, so to speak. In the end I had to choose between university and enlightenment. I chose enlightenment.

***

Symbols. Ideas. I'd take it further now that I'm not in danger of being run out of town or burned at the stake, metaphorically speaking.

Yes, culture consists of symbols or ideas, but culture is an element of a physical world, where ideas communicated through language are all we have and all we give credence to.

If we were on a higher dimension, we'd communicate telepathically. And everyone would be immersed in such an uplifting love that our conversation would resemble a symphony rather than ... well, *our* conversations.

There wouldn't be all the stress and strain. We'd materialize whatever we needed. And we could travel wherever we wanted, in a flash - or just tune in. This Third/ Fourth Dimension is the only one where there are such things as lack and loss, shame and sorrow.

Ideas are what we bought and sold back then. Not emotions. And ideas unto themselves don't have a lot of vitality, a lot of juice in them. I compare digesting ideas to eating dry oatmeal.

After a three-month experiential workshop at Cold Mountain Institute in 1975-6, I was thoroughly introduced to the experiential domain.

The experiential depths of our heart/mind are like adding milk, heating up the oatmeal, adding blueberries, cashews, honey... well, you get my drift.

Beyond that is the realizational level and all is immediately forgotten in the sublimity of the love that flows like a river on the higher planes.

The cultural, at the best of times, in my experience, does not seem strong enough to boost us into the love of the higher dimensions. On occasion, an idea might, yes.

But experience, in my humble opinion, carries us much further.

My heart opening had its emotional content, as well as the fact that I asked for it and had cleared the space for it. (4) Ask and ye shall receive. Knock and the door (the hridayam, the heart's door) shall be opened.

The emotional content had me knocking on the door. Help! Michael said he would not allow me to sink that low again. (5) But, regardless, there's still vitality in all this emotional movement, the rise and fall of love. It's a step above the intellectual - and I'm an intellectual.

So to summarize, the idea (or symbol) is the cultural universal as the cell is the biological universal. However, the cultural level itself, in my experience, is not powerful enough to launch us into genuine evolution, such as is being called out of us by the needs of the times and the tug of our soul contracts.

This generation has been blessed with (channeled) message after message from the Company of Heaven, just waiting for us to wake up to their presence and their

desire to work with us. (6) The wisest voices when I was a young adult were still not able to describe the enlightenment mechanism in any kind of detail.

But this generation has heard Michael and the Mother and Jesus and Sanat, et al, tell us the entire program.

So I'm rivetted by the spiritual and not as much by the cultural, which is more of a curio now. I'm geared to meeting with our star family not too long from now and, when I do, I believe that any lingering fascination with the cultural will magically disappear.

Footnotes

(1) See "Why Do I Call Divine Qualities 'Spiritual Universals'"? July 31, 2026, at https://goldenageofgaia.com/?p=383062

(2) Steve: The space that I call transformative love, what dimension is it?

Archangel Michael: It is the seventh dimension. (Archangel Michael in a personal reading with Steve Beckow through Linda Dillon, Jan. 20, 2016.) (Hereafter AAM.)

Lord Arcturus: [Gaia is bound for] the seventh so that the planetary system will reside in a level of higher consciousness, ***Christed consciousness*** as you think of it. (The Lord Arcturus in a personal reading with Steve Beckow through Linda Dillon, June 12, 2019.) [My emphasis.]

(3) See S.M. Beckow, "Culture, History, and Artifact," Canadian Museums Association, *Gazette*, Autumn, 1975, 13-15. With slight editorial changes.

(4) See "Activating the Wellspring – Part 1/2," March 14, 2015, at https://goldenageofgaia.com/2015/03/14/activating-the-wellspring-part-1-2-2/

(5) Archangel Michael: You fell into a deep, dark depression.

Steve: I did.

AAM: We are going to do divine intervention so that that never occurs again.... We are your insurance policy, sweet one. (AAM, June 9, 2017.)

This kind of intimate interaction with (and intervention by) our guides was not considered in classical enlightenment theory.

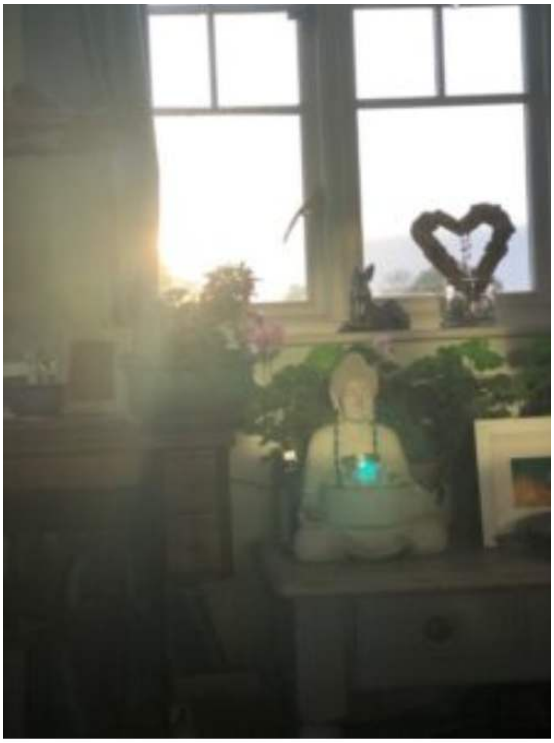
(6) See:

- A*n Explosion in the Meaning of Humanness* at https://goldenageofgaia.com/wp-content/uploads/2024/03/An-Explosion-in-the-Meaning-of-Humanness-13.pdf
- *Grandeur Beyond Grandeur: Toward a Cross-Cultural Spirituality Vol. 6: Our Enlightenment and Co-Creative Partnership* at https://goldenageofgaia.com/wp-content/uploads/2021/07/Grandeur-Beyond-Grandeur-Enlightenment-and-Co-Creative-Partnership-6-4.pdf

Is Being the Divine Qualities Being God?

November 8, 2023

https://goldenageofgaia.com/2023/11/08/is-being-the-divine-qualities-being-god/



Buddha and Blue Orb. (1)

What we mean when we say we worship the Buddha or Sri Krishna is, I believe, that we honor and revere the divine qualities we associate with them.

I say that because, in my wanderings, I haven't encountered anything that I'd consider more valuable than any of the divine qualities. The experience of them is sublime and, in it, I want nothing else.

The Buddha or Sri Krishna, I think, would agree that they themselves are embodiments of those qualities, here to teach us to revere them.

I think of the relationship between these qualities and love as between plain ice cream and its flavors. I notice that I gravitate again and again to the love-bliss-ecstasy axis. You'd think I'd have said peace or truth, being an urban monk.

Orbs are a form that angels can take.

Footnotes

(1) A friend in England sends me these photos of orbs, which she sees qquite commonly.

(2) On the longing for liberation, see:

- "Ch. 7. The Longing for Liberation" in *The Purpose of Life is Enlightenment* at https://goldenageofgaia.com/wp-content/uploads/2011/08/Purpose-of-Life-is-Enlightenment.pdf
- "Understanding the Longing for Liberation – Part 1/3," October 16, 2016, at https://goldenageofgaia.com/2016/10/16/understanding-longing-liberation-part-13/
- "Understanding the Longing for Liberation – Part 2/3," October 16, 2016, at https://goldenageofgaia.com/2016/10/16/understanding-longing-liberation-part-23/
- "Understanding the Longing for Liberation – Part 3/3," October 17, at https://goldenageofgaia.com/2016/10/17/understanding-longing-liberation-part-33/

(3) "Divine Mother: My Desire is that Every Being on the Planet Falls in Love," October 3, 2014, at http://goldenageofgaia.com/2014/10/03/divine-mother-my-desire-is-that-every-being-on-the-planet-falls-in-love/.

(4) "The Divine Mother: Each and Every One of You Carries Divine Might, Part 1/2," June 17, 2013, at http://goldenageofgaia.com/2013/06/the-divine-mother-each-and-every-one-of-you-carries-divine-might-part-12.

(5) Archangel Michael in a personal reading with Steve Beckow through Linda Dillon, Feb. 20, 2018. (Hereafter, AAM.)

(6) AAM, Sept. 21, 2015.

(7) See *The Purpose of Life is Enlightenment*, ibid. The Mother confirmed the accuracy of the depiction:

Steve: … What is the way it has been designed, Mother? … I mean, the Source, the One wants to know itself. Is that correct?… And it can't because it's everything. So it's taken the aspect of Yourself and designed a universe in order for us to learn our true identities. The moment of Enlightenment is when God meets God. Is that correct?

Divine Mother: That is correct. … Yes, it is designed this way. ("Divine Mother: Know God but Through Joy," November 4, 2018 (Oct. 26, 2018.) at https://goldenageofgaia.com/2018/11/04/divine-mother-know-god-but-through-joy/.)

Whole New Vistas in Public Representation

August 14, 2025

https://goldenageofgaia.com/2025/08/14/whole-new-vistas-in-public-representation/

Demicans and Republicrats: Everyone seems to want a place at the trough

(There will be slight differences between the audio and text.)

Just allowing myself to muse....

I don't think we'll see "Democrat" and "Republican" for too much longer. Or is it Demican and Republicrat? That might be more like it, given that the puppetmasters appear to control both - for the same corrupt ends.

Neither name seems to suggest any coherent program. That has its good and bad sides. Good in that it allows for flexibility as situations change; bad in that folks can hide behind the flexibility and refuse to commit themselves to a program of social benefit or change. Or commit themselves and do nothing to honor that commitment.

As always, what makes the difference between the two appears to be character. The honest will make most arrangements work; the dishonest will subvert any arrangement.

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The only difference between younger "radicals" and older barnacles these days, it seems, is that the younger are itching to get in and so far "getting in" seems to mean "getting a place at the trough." Meanwhile the old barnacles are focused on getting out with their windfall "earnings" undetected.

I'm completely staggered by the amounts DOGE is saving, the amounts that have been flying out the door simply as corrupt payoffs, the amounts that have been "legally" stolen (income tax), the extent of printing paper money at will, on and on.

Scratch almost any member of Congress, it seems, and bribes, payoffs, blackmail, etc., appear to ooze out. Members of Congress arriving poor and leaving rich.

The problem lies in character rather than systems.

While we're crystal-balling, I also don't think we'll see Donald Trump operating for too much longer within the Republican Party. Elon Musk's recent foray and other initiatives seem designed to "test the waters."

The Republicans gave President Trump a boost and a safe haven when he needed it. But he's not a conservative. He's a reformer.

And the tensions seem to be growing as he tears down one wall here and builds another there.

And he's not an extremist. He's not a revolutionary or anti-anything but corruption. He and his team - white hats and MAGA hats - are moderates except in bringing down the cabal.

Their most important reform, in my opinion, is bringing in G/NESARA (Global/ National Economic Security and Reformation Act) while at the same time defanging every co-opted government agency around to make it safe for universal prosperity.

It's not just Trump; it's the men and women behind him too. But without Trump leading, I can't conceive of who else could get the job done.

He's spiritually anchored. And he shows he has both a heart and a soft touch in his interactions with the homeless vet (1) and the cadet whose father was dying. (2) And riding the garbage truck. (3)

I may be projecting my own preferences onto him. I'm neither a conservative nor a radical; I'm a reformer. And I'm not by any means an extremist; I know the absolute value of the center, the middle, the heart. Absolute.

***

And going with that aside for a moment if I may, I notice how hard it is to see one's own projections. I think, because our projections appeal to us and the politician (Donald Trump) appeals to us, we marry the two. It all happens invisibly.

I have to be very self-aware to separate out my own projections and see what the other person's actual preferences are.

I just choked upon realizing that that makes me a very poor judge of my own character!

And I just noticed that saying what I just said is a no-no in our society. As someone once said in the est Training, we buy each other's [BS] ... and wonder why we never get anywhere. I don't want to baffle you with my own BS.

I'm not sure that political parties will last much longer than the emergency broadcasts. I expect a more conciliar form of government based on elections held over the Quantum Voting System, on Starlink, with all serious candidates being given equal air time, etc., and no party apparatus or costly campaigns allowed.

The corruption on both sides of the aisle and the growing technological abilities to manipulate public opinion make it necessary to remove the cost factor from public elections.

It's my hope that Starlink's ability to reach everyone at little or no cost will open up whole new vistas in public representation - vistas in transparency, commitment, and accountability.

Footnotes

(1) See https://goldenageofgaia.com/wp-content/uploads/2024/12/Trump-Approaches-Homeless-Veteran-Woman.mp4

(2) See https://www.youtube.com/watch?v=ZgjKi_4ZKFc&t=970s

(3)

Our Travel Ticket to Ascension

August 16, 2025

https://goldenageofgaia.com/2025/08/16/our-travel-ticket-to-ascension/

One example of a cultural ideal in conduct. La Belle Dame Sans Merci

I don't feel quite finished with my previous remarks about character. (1)

Specifically, I remain intrigued by what Matthew Ward said:

> Matthew: Your ‘travel ticket’ is the absorption of light that comes automatically with living in godly ways. (2)

So, what determines whether we ascend now or in a later Ascension is "the absorption of light." How much light we can hold without stopping [i.e., resisting] determines whether we'll be able to tolerate a higher dimension.

And how do we open to that light? It "comes automatically with living in godly ways."

Living in godly ways, to my mind, is another way of saying living in accord with the divine qualities. Love, bliss, ecstasy, courage, valor, compassion, mercy - these are qualities of the divine. (3)

An old saying holds that, if we want to *know* God, we have to *be* God. And acting in accord with the divine qualities is, in my books, "being" God.

Simple self-interest argues for living the divine qualities. The more we succeed in that endeavor, the better we feel. And how we feel is really where everything is at, is it not?

We might have a roomful of gold but that does not say how we're going to feel. If we don't feel happy, we'll keep on looking.

If we succeed in experiencing one of the divine qualities as a realized state of consciousness, the rewards while we're in that state are not only what we were looking for from the roomful of gold, but also what everyone is looking for from life itself.

We feel completely satisfied while in that state. After Ascension, we'll be in it permanently. No more peak experiences, transformational moments, etc. Now permanent address: An Ocean of Love.

What synchronicity that the day I write this, Chellea Weller cites St. Germain as saying:

> This is the Day. The first Day of your New Beginning, and it is a powerful energetic reminder of the importance of embracing The Heightened Frequencies [divine qualities].
>
> It’s Time to take courageous steps forward in various aspects of your life. This moment highlights the significance of personal growth, where individuals are encouraged to step out of their comfort zones and pursue opportunities for self-improvement. (4)

"Courageous steps forward" is similar to saying "100% commitment." It's my understanding that all heaven moves when we're 100% committed. Said William Hutchison Murray:

> "Concerning all acts of initiative (and creation) there is one elementary truth, the ignorance of which kills countless ideas and splendid plans: that the moment one definitely commits oneself, then providence moves too.
>
> "All sorts of things occur to help one that would not otherwise have occurred. A whole stream of events issues from the decision, raising in one's favour all manner of unforeseen incidents and meetings and material assistance which no man would have dreamed would come his way." (5)

I call this process of taking courageous steps forward "emergence." (6) ... But that's a whole other discussion!

Emerging from our shell of issues and upsets is a way of allowing our always-already-present character to shine forth from amidst the clouds. And, as Matthew said, allowing it to do so turns out to be our travel ticket to Ascension itself.

Footnotes

(1) See "Whole New Vistas in Public Representation," August 14, 2025, at https://goldenageofgaia.com/2025/08/14/whole-new-vistas-in-public-representation/

(2) Matthew's Message, Dec. 21, 2008, at https://www.matthewbooks.com.

(3) Archangel Michael asked me not to capitalize:

Archangel Michael: We do not want anything capitalized. (Archangel Michael in a personal reading with Steve Beckow through Linda Dillon, Aug. 12, 2016.) (Hereafter, AAM.)

(4) "Saint Germain: This is The Day," through Chellea Weller, August 14, 2025, at https://goldenageofgaia.com/2025/08/14/saint-germain-this-is-the-day/

(5) William Hutchison Murray, *The Scottish Himalayan Expedition,* and Johann Wolfgang von Goethe.

(6) See:

- *Let's Go! Let's Grow! Vol. 4 Emergence* at https://goldenageofgaia.com/wp-content/uploads/2022/11/Lets-Go-Lets-Grow-V4-Emergence-R8.pdf
- *Lightworkers: Creating a World that Works for Everyone. Vol. 3: Emergence and Service* at https://goldenageofgaia.com/wp-content/uploads/2021/07/Lightworkers-3-Emergence-and-Service-R10-.pdf

Embrace Love, Truth, and Peace

July 7, 2022

https://goldenageofgaia.com/?p=336646

The Mother incarnated as Mary, Maré, the Ocean of Love

I quoted the Mother recently:

> "This is my clarion call to all of humanity to embrace love, to embrace truth, to embrace peace." (1)

Why love, truth, and peace?

Because these are important elements - our shields and our bucklers - in completing the journey Home.

Each of them describes the whole from a certain angle. Each is therefore a context, something that holds everything. Everything is love. Love is a context for all of life ... and I suppose beyond. Truth and peace can hold everything. Each is a context.

Hatred cannot be said to *be* everything or *include* or *hold* everything in its scope or meaning. It's not a context, but a condition of life.

More relevant to us here, love is an attractive force and when we love something we draw it nearer to us by the law of attraction.

To complete our journey Home, what is there to love? (2)

The truth. Is that not what this journey is all about? To discover the truth of who we are? By loving the truth, we draw it to us.

Why be doing that? Because when one of us realizes the truth of who we are, God meets God. For that mystical meeting was this whole world of illusion built. (3)

Me telling you the truth won't do a thing. You are God. There. How do you feel?

The truth has to be experienced and realized before it has its wonderful effect.

To what end?

When we know the truth, we enter into undisturbable peace. The peace that passeth understanding, in which all the other divine qualities have free play, is the destination. The One is perfect peace.

> "This is my clarion call to all of humanity to embrace love, to embrace truth, to embrace peace."

In my opinion, this is a simple, all-weather, all-round formula for completing the journey Home.

Footnotes

(1) "The Mother's Clarion Call to All of Humanity! April 20, 2020, through Linda Dillon," at https://goldenageofgaia.com/2020/04/20/the-mothers-clarion-call-to-all-of-humanity/.

(2) If we're really talking about higher-dimensional love and not earthly attachment and dependence, then does it matter what we love as long as we do?

Love must flow. We experience it as it arises from our hearts and passes through us but it has to go from us to somewhere else.

In fact it flows universally and where needed.

But what is there to love if we want to complete the journey Home?

(3) For more on the subject, see *What is the Purpose of Life?* at https://goldenageofgaia.com/wp-content/uploads/2022/07/Purpose-of-Life-R5.pdf

For background, download *The Purpose of Life is Enlightenment* at https://gaog.wpengine.com/wp-content/uploads/2011/08/Purpose-of-Life-is-Enlightenment.pdf

In What Better Space?

August 6, 2020

https://goldenageofgaia.com/2020/08/06/311973/

Credit: Tomorrowland

> *AAM: Your job is to participate and to lead in a worldwide peaceful revolution. For peace, the time is now. …*
>
> *And we do not mean an absence of war. We mean the presence of peace as you have been describing it. (1)*

The presence of peace as I have been describing it? Yes, it's true. I have experienced peace as a state of being and described it. (2)

Not just experienced it as a feeling. And let me state the difference between the two. A feeling happens, and is perceived as happening, inside me, inside the body.

A state of being happens, and is perceived as happening within a wider area than just inside my body. It's as if I'm contained within it, enveloped by it, or immersed in it.

Bliss fills me up. I drown in love. I've been carried away by waves of ecstasy. I am immersed in it rather than it being localized in my body.

On this occasion, I was immersed in peace.

I was meditating and watching my thoughts go by as if I were a passenger on a train. And I saw my thoughts as if they were faces. Then I caught sight of one particular face - a red-headed man (St. Germaine?) - whose visage was so peaceful that it was as if an electric spark travelled between him and I. I was enveloped in that peace.

As with bliss in an earlier experience, the minute I recognized what the state was, I was filled with it. For a brief time, I became one with the state.

Now here I was immersed in peace and the only word to describe it was that peace was like granite. I felt so solid and stable, I felt like a transformer or the Hulk.

I found my sense of peace to be paradoxical. Peace was supposed to be as light as a feather. But years later Archangel Michael confirmed my sense of it:

> Archangel Michael: There are so many divine qualities that do feel amorphous, light, airy, like a spring day. And yet peace (you have this expression), you can take it to the bank. It feels like ballast. It feels like granite because it is solid. And dare I say immutable. That is why I continue to keep emphasizing that that peace [is] within, that rock-solid granite [lies] within. (3)

How coincidental. Or did he know I'd had that thought myself?

Being in this divine state of peace did feel like being immutable, immoveable. But when we're not in that divine state, a simple cessation of war, as Michael said earlier, is all we seem able to do. It is not the same thing.

Peace is a higher-dimensional state that we enter into that sees us be at rest, at stillpoint, at balance point with our world and everything in it. As long as we're in that state, nothing on Earth or anywhere else could induce us to harm another.

Like love, this state of being cannot be reduced to Third-Dimensional, empirical-materialist language. It cannot be reduced to any kind of language and retain its character.

By dealing with our vasanas or core issues, we inch our way back to this state of peace. (4) Purification precedes pacification - of ourselves, not of others.

The Buddha is said to have taught: Do only wholesome actions; refrain from unwholesome actions; and purify the mind.

Releasing our vasanas is purifying the mind. (5) And purifying the mind prepares the ground for the experience of the state of peace that Michael is pointing to. The bestowing of that experience lies in the hands of the Mother and the archangels (6) *so do ask them!*

The nature of the peaceful revolution that he wants, in my estimation, would see all of us existing in a higher-dimensional state of peace.

Is that not another name for Ascension? I think it is. Any divine state is higher-dimensional. Anything higher-dimensional lowers the floodgates and releases a tsunami of love and peace.

In what better space could we be for building Nova Earth?

Footnotes

(1) Archangel Michael in a personal reading with Steve Beckow through Linda Dillon, Feb. 18, 2011.

(2) See "The Peace that Passeth Understanding," July 18, 2017, at http://goldenageofgaia.com/2017/07/18/the-peace-that-passeth-understanding/.

(3) See "How to Handle Unwanted Feelings: The Upset Clearing Process," December 29, 2018, at http://goldenageofgaia.com/2018/12/29/how-to-handle-unwanted-feelings-the-upset-clearing-process-2/ and *Preparing For Ascension by Clearing Old Issues* at

(4) "Transcript: Archangel Michael – Peace is Breaking Out Upon Your Planet,

May 3, 2018," May 15, 2018, at http://goldenageofgaia.com/2018/05/15/transcript-archangel-michael-peace-is-breaking-out-upon-your-planet-may-3-2018/.

On an earlier occasion, he said:

Archangel Michael: So, when you think of things that you should do, are supposed to do, might do, and it doesn't ignite that fire of excitement, and that *granite of peace*, then you are being given an important piece of information, which is 'look elsewhere.' Is that clear?" ("Transcript ~ Archangel Michael: You Have Chosen to Be the New Paradigm of Love, May 31, 2018," June 7, 2018 at http://goldenageofgaia.com/2018/06/07/transcript-archangel-michael-you-have-chosen-to-be-the-new-paradigm-of-love-may-31-2018/.)

(5) Vipassana meditation is also a way of purifying the mind. There are probably dozens of ways of purifying the mind. But, uniformly and commonly, what is cleared are our own mental obstructions, which I call vasanas.

"Only one who is free from all the latent tendencies (vasanas) is a Sage." (Sri Ramana Maharshi, *Spiritual Instruction of Bhagavan Sri Ramana Maharshi*. Eighth Edition. Tiruvannamalai: Sri Ramanasramam, 1974, Chapter 2, Question 26.)

(6) Ascended masters and other angelics may also have the power to bestow enlightenment and peak experiences. I don't know.

We Talk Little about What's Most Important to Us: How We Feel

Oct. 28, 2021

https://goldenageofgaia.com/2021/10/28/we-talk-little-about-whats-most-important-to-us-how-we-feel/

How do you feel?

From a life of observation, as you know, I've reached the conclusion that how we feel is what's most important to human beings. Everything seems to get channeled through the filter of "how do we feel about it?"

We go to Hawaii and rent a room over Waikiki for that magic moment. What does that magic moment boil down to? How we feel.

Although we may not acknowledge it, everything about relationship seems to revolve around how we feel. Any decision from buying a car to conceiving a child is filtered through it.

I could argue that we're captive to our feelings. Although we're largely unconscious of it, they show up as who's steering the boat, who's deciding our choices, who are our friends and who our enemies, etc.

The ironic thing is that, though our feelings may rule us, we either don't have a language to discuss them with or else for one reason or another don't use the one we have.

Our emotional IQ, to borrow a phrase, doesn't seem to be very high these days. It was in the growth movement of the 1970s.

In part that devolution of consciousness was planned. Team Dark has in every way tried to dumb us down - chemtrails, vaccines, media programming, advertising, sports, glamor, automation, recessions, overseas outsourcing, jobless recoveries, unemployment, MacJobs, etc.

As we now begin to awaken to the deadliness of the vaccine and the plight we're in, having been raised on deadening fare so far, we may be ill equipped to handle the emotional upset we're about to experience.

In particular, we haven't been educated on how to handle our low spots. If we feel low, we tend to feel low about feeling low.

We don't let it be and just observe it, remaining aware and watching it pass like a cloud overhead. Instead, we get inside the feeling, get behind the steering wheel, and drive it around. We project our anger and upset onto others, when it's just us that's been triggered, usually by something in our past.

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I said earlier that we either don't have a language to discuss our feelings with or else for one reason or another we don't use the one we have.

As a result, I could arguably say that we talk little about the most important thing in our lives.

Ask a person how they feel and they likely will say "good" or "tired." And that's about as far as the discussion goes.

If a person is low, we listen for a short while and then say something which usually boils down to "you shouldn't feel that way. Cheer up."

As Gabor Mate's work (google) is showing, we never learned how to be with an upset person or to handle our own upsets.

The wounds we received in early life - our early childhood trauma - fashion our responses rather than our responses being spontaneous (if any of our responses ever truly are).

***

I fervently hope that all this changes in the future. I'm working to see that we relearn an emotional vocabulary and accord our feelings their rightful place among the determinants of our behavior.

And that we learn how to handle the down times.

But most of all that we take responsibility for the way we feel and then begin to do what has us feel at our best.

What has us feel at our best is a synonym, a code word for the divine qualities or divine states. (1) Love, peace, bliss, happiness, joy, abundance, mastery, etc. - these are higher-dimensional states of consciousness, rather than feelings.

They transform the way we feel if they're the genuine article.

I hope that we begin to explore what has us feel best, share about it, and develop a culture after the deep state is gone that opts for emotional transparency and enjoyment of the divine states.

The divine states, I assert, represent the spectrum of states of consciousness in which we feel best.

Footnotes

(1) For me, the difference between a feeling and a divine state is that I feel a feeling as being located inside my field of awareness - my heart hurts; my throat is choked; I have a headache. On the contrary, I'm immersed in a divine state or quality. I'm immersed in a wave of love; I'm wafted aloft by bliss; in peace I feel solid like granite.

The Exploration of the Divine States

October 7, 2019

https://goldenageofgaia.com/2019/10/07/the-exploration-of-the-divine-states/

I'd like to continue the discussion we've been having about the divine states.

We may find that we have to rewrite, relearn, and reprogram the way we "be with" them.

In my experience, they need to be recognized to be fully experienced.

It'd be as if bliss, love, peace, mastery, abundance, etc., were people passing by and, until we call out their name, they don't turn and interact with us. They keep on going without us feeling a thing.

That's exactly the way I encountered peace - as if it was a face I saw from a passing train. When I recognized it, it transmitted its experience of peace to me.

Bliss the same. I saw it as if it were a person standing perhaps ten feet away from me at a gathering like a party. It was passing me by but when I recognized it - it was almost as if I had said telepathically, "Oh, you're Bliss" - it came into me and filled the inner space with itself.

Now where in a textbook could I read about this? Someone help me out please?

There's no ongoing, serious discussion today of how to "be with" something like bliss or love or peace.

Perhaps until now we've had no ideas about how to access them.

Perhaps we think we need to meditate for years before we "realize" this state.

Perhaps we think this state is only for high yogis and ascended masters.

I predict that the time will come when we'll have everyday discussions of subjects like bliss as more and more people experience them.

If we recognize a divine state and merge with it (not as hard as we've thought), we've just secured our future better than any insurance plan could.

We will have found - it turns out - precisely what we've always been looking for. We just didn't know what it was. But now we do.

It turns out that the divine states are what we've always been looking for, the real treasure in life. Any one of them affords a lifetime of delight.

Once found, once recognized, we'll have found the switch and turned it on. After that, the divine state will be found to flow by itself, in and from the heart.

Now someone prove me right or prove me wrong - I don't care which. But let's get the exploration of these subjects underway.

Do All the Divine Qualities Reside in the Heart?

February 6, 2024

https://goldenageofgaia.com/2024/02/06/do-all-the-divine-qualities-reside-in-the-heart/

Credit: divinemotherschool.org

As a result of writing a previous article, I saw that I was creating my joy in a moment of realization.

I wondered if I couldn't create happiness as well.

So I called up happiness from my heart on the inbreath and sent it out to the world on my outbreath. And, yes, I could bring up happiness as well.

Again, if you're on the awareness path, that's another significant discovery. That makes the statement that "happiness is my creation" very much more significant.

Yes, I create it by calling it forth from my heart, where all the divine states of qualities seem to reside, if they can be said to reside anywhere.

***

At another point today, I had the first inkling of knowing how to create or up-level a feeling state I'm in.

I saw how, though I was not master of what thoughts arose, I was master of whether I'd get behind any one thought. I still had the power of choice.

I feel more in control of myself now, more the master of how I be. And I don't mean that in an overbearing way. It actually feels like the righting of a natural balance.

The Adult, the Commander, my Higher Self - Big Steve - feels like the natural candidate for leader of this merry band that "I" am. When he leads, it feels right. Little Steve, my wounded Child is not fighting it any longer, begging for attention. He too thinks it feels right. We're unanimous.

Interesting. All very interesting.

Life as a learning experience.

> Ibn Arabi: "To know God is not an easy matter, until one becomes a knower of one's self." (2)
>
> Al-Ghazzali: "He who knows himself knows God." (3)

Footnotes

(1) See "That. And That. And That," February 4, 2024, at https://goldenageofgaia.com/?p=351705

(2) Muhyideen Ibn Arabi, *Kernel of the Kernel*. trans. Ismail Hakki Bursevi. Sherborne: Beshara, n.d., 3.

(3) Al-Ghazzali, *The Alchemy of Happiness*. trans. Claud Field. Lahore: ASHRAF, 1971; c1964, 19.

We Seek the Best Feeling We Know of – Part 1/2

April 29, 2020

https://goldenageofgaia.com/2020/04/29/we-seek-the-best-feeling-we-know-of-part-1-2/

I've said a few times that that our lives seem to be spent seeking the best feeling state we know of.

What we spend our money on, our time, trips abroad, plans, worries - is tending to how we feel, how we want to feel, what circumstances will have us feel the way we want to feel.

Everything revolves around feeling the way we want to feel - happy, blissful, loving, caring, etc.

We really do seek pleasure and avoid pain.

So, instead of spending $6,000 on a trip to Hawaii looking for a "magic moment," during which we might feel these ways, why not cut to the chase and go directly to and for the feeling?

Where is the feeling to be found? Where everything good is found - in the heart. (1)

The heart is like a doorway. When the door is opened, we walk into another realm - a higher realm in the sense of more finely vibrating.

All the more subtle feelings vibrate more finely. If we're rough and ready, we don't feel them. We have to slow down and soften up to feel them.

We walk into a higher realm of love initially. Later it becomes bliss. But in the beginning it's a tsunami and then an ocean of love.

OK, cut, cut, cut. Back to us in our everyday lives. I think that whatever we're seeking turns out to be the best feeling we know of - whether it is, love, bliss, peace, abundance, mastery, joy, etc.

For me it's bliss. You substitute whatever it is for you, but let me use bliss as my example of the difficulty of discussing the very states that we all seek.

My heart was opened in 2015 and so I know that bliss resides in it. Michael would say bliss is actually everywhere but the heart is as good a place as any to seek and find it. OK, OK. I'm just a newbie.

For me it's bliss that I seek and I found it in my heart. The minute I mention the subject, I'm drenched in bliss.

I can also draw it up on the in-breath and breath it out to the world on the out-breath. That's how I fill myself up with it when I wish.

My door is open a crack compared to what it was five years ago. But that's still enough to be able to contact and feel bliss.

(To be concluded tomorrow, in Part 2.)

Footnotes

(1) Not the heart chakra. The spiritual heart, two digits right of the breastbone. The heart is perennially closed; the heart aperture (hridayam) remains shut. It opens when the kundalini reaches the fourth chakra and then closes again after a time. It opens permanently when the seven-chakra system has been transcended and one experiences sahaja nirvikalpa samadhi or buddhahood; i.e., Ascension. Ascension is therefore a permanent heart opening.

We Seek the Best Feeling We Know of – Part 2/2

April 30, 2020

https://goldenageofgaia.com/2020/04/30/we-seek-the-best-feeling-we-know-of-part-2-2/

(Concluded from Part 1, yesterday.)

But if you asked me what bliss is? Or what bliss itself feels like? I'd have to say I can't find words for it.

Can you tell me what water tastes like? Probably not, eh? In the same way I haven't been able to say a word about how bliss itself feels. Only its effects on me.

In terms of its effect, my whole mood is lifted way up, away from being touched by any internal discordant note.

It dissolves all worry, fear, hope, plans, all thought. It brings me into the present, without a care in the world. And I feel as if I'm going to burst with satisfaction, joy, and fulfillment.

But there's something more.

It has me fall in love with myself to such a deep extent that I see nothing more to do than to rest here in this love. After all, I am here and the one I love is here. What's left to do?

That's why the Mother truncated my experience of Self in 2018:

> "If you had seen the light as it actually is, yes, a million, billion suns… You would have simply departed. ...
>
> "We don't mean die but you would have departed the life that you have designed - yes, with us, for yourself, for the service you are providing - you would have departed and simply said, 'I do not need to do this. I will just simply sit in the bliss of love and good luck, everybody!'" (1)

Precisely true. Bliss leaves one with nothing more to do than to simply sit in it. Nothing more is wanted or needed. Time does not exist. Only the present moment of supreme joy and fulfilling self-love exists.

I've never found a word in the English language to describe any of the divine states unto themselves. Without comparing them to something else, that is.

And I refuse to reduce the higher-dimensional to lower-dimensional terms. Philosophers call that reductionism. I'm not going there.

My attention is fixed on the higher-dimensional states themselves. As Sri Ramakrishna once said, I didn't come to the mango grove to count mangoes; I came here to eat them.

Bliss therefore is the best feeling state I know of and I see in my life that all my efforts are bent on having more of it.

No, I'm not buying a Lamborghini or traveling to the Taj Mahal to enjoy a moment of bliss. I'm going right to the source - my heart - where it flows freely. Right here, right now.

Footnotes

(1) Divine Mother in a personal reading with Steve Beckow through Linda Dillon, Oct. 26, 2018.

Ground Every Thought and Action in the Divine Qualities

July 26, 2015

https://goldenageofgaia.com/2015/07/26/ground-every-thought-action-divine-qualities/

Credit: designbymariana.com

We've all just shared an in-depth look at the economy that existed from 1982 to the present. (1) It was based on social Darwinism. It portrayed the market as red in tooth and claw and set firm against firm, country against country.

It's now being brought down.

And, as it is, many of us lightworkers are unable to find work, are sinking under debt, and have used up our savings. And so the kind of lightwork seen in the Occupy Movement, for example, is not as much in view now. Everyone not prostrate is helping those who are.

You can imagine that abundance will come as shock paddles to a patient whose heart has stopped beating. The victim will probably spring back to life, sit straight up in bed. All of a sudden possibility is here again. Liberation from wage bondage and debt slavery is here. Life can begin again.

And when it does, and this is my purpose in writing these pieces, we financial wayshowers will primarily have only ourselves to fall back upon.

We'll be busy. We'll be stressed. We'll have our eye on the ball.

We won't have time to watch videos, listen to audiotapes, read books, or attend lectures. It'll be showtime.

So what's the one thing we should remember when we forget everything else in the whirl of business?

Ground every thought and action in the divine qualities.

That's it.

I could stop here and say no more.

Grounding in the divine qualities is what the Illuminati didn't do. And nothing of their structure will last.

As one of you, I assert that basing our actions on the divine qualities is the first thing to do when we think of doing anything. It's the one thing to keep doing. And it's the last thing to abandon doing.

It doesn't matter if it's intellectual, experiential or realized knowledge of these qualities that's guiding us. Each state of knowledge yields dividends.

Guide every thought and action by these qualities. Is this of love? Am I being generous? Is this compassionate?

That alone would save us from going awry, in my estimation. Not like I know because I'm on the same ride as you.

Act according to what we know, what we've learned about, what our deepest understanding is of the divine qualities. Love, generosity, integrity, compassion, sympathetic joy, on and on - what we learned in kindergarten and may have forgotten.

This generation can do this. This generation can transform business from being an act of predation to being a symphony of cooperation and community. We can do it.

We can overturn all the injustice of pension loss, wage freezes, lost benefits, no medicare, color bars, glass ceilings. None of these are of love and none of these will go forward with us.

This generation can build a financial structure that works for everyone. The key to it is not our business plans. It isn't even our management style. (Most of us will make mistakes in the beginning.) It's following the divine qualities - managers, workers, all of us.

OK, so we haven't been doing it so far. Perhaps start now.

In capsule form?

- Base everything we think and do on the divine qualities, to the extent that we can.
- Don't blame ourselves or anyone else for missteps.
- Focus on the next time instead of the last time.
- When we fall into disagreement, go back to the last point of agreement and begin again.
- Stay together.
- And keep going forward. Valor is the willingness to stay with it to the end. No matter what, stick with it.

This is the path I'll be following.

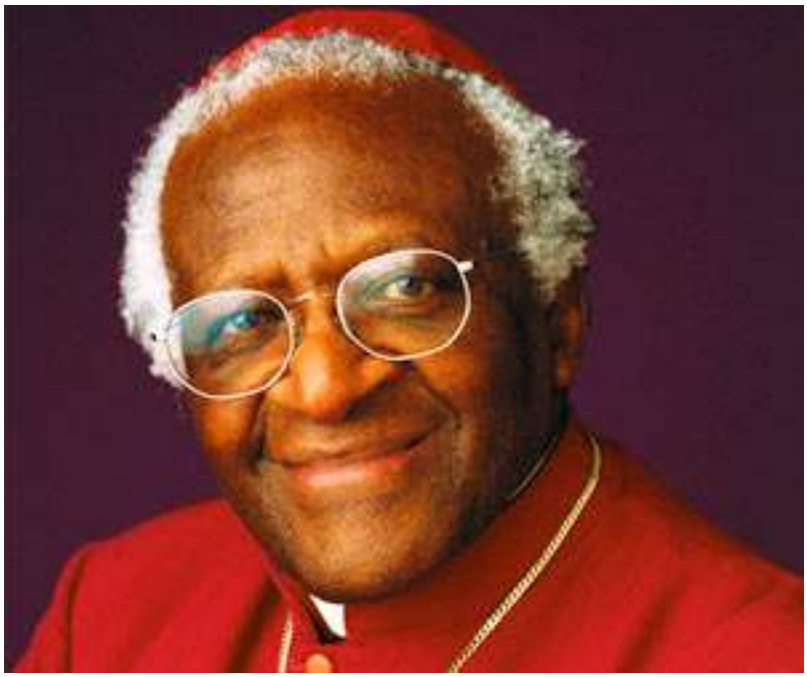
Footnotes

(1) "The Illuminati Economy - Part 1 - Introduction," at https://goldenageofgaia.com/2015/07/22/illuminati-economy-part-1-introduction/; "The Illuminati Economy - Part 2 - The International Economy," at https://goldenageofgaia.com/2015/07/23/the-illuminati-economy-part-2-the-international-economy/; "The Illuminati Economy - Part 3 - Dooming the Economy," at https://goldenageofgaia.com/2015/07/24/illuminati-economy-part-3-dooming-economy/; and "The Illuminati Economy - Part 4 - Their Downfall," at https://goldenageofgaia.com/2015/07/25/the-illuminati-economy-part-4-their-downfall/.

Spiritual Maturity and the Divine Qualities

May 30, 2013

https://goldenageofgaia.com/2013/05/30/spiritual-maturity-and-the-divine-qualities/



Wayshowers in this area: Desmond Tutu

In observing that I believe spiritual maturity will be the next planet-wide baseline of social behavior, I'm expressing a wish more than an observation. I'm "putting it out there" as something to be achieved, as much as saying that I think it will be forthcoming.

What is the relationship between spiritual maturity and the divine qualities?

In my view, the person who's successful in following the divine qualities in their life is a spiritually-mature person. The two are synonymous.

The divine qualities include such godly ways of being as love, compassion, courage, integrity, impartiality, unity, harmony, and so on. They're the qualities that

we think God has. I'm not sure we can *know*. We're always faced with talking in estimates.

I'd imagine that our knowledge of what qualities God actually has just grows and grows so anything I or perhaps anyone else says on the matter is definitely subject to being revised and even discarded either soon or eventually.

Anything said about God has to be by successive approximations. In fact anything said about God may have the shortest shelf life of any statements made about anything. So do know that I know that. I can't think of another area in life where there are guaranteed to be no "experts" but this must be one of them.

But at the same time, I believe there's no more fruitful area for contemplation than what the divine qualities are or may be. How can one lose from focusing one's attention on a subject like that? I cannot conceive of how.

Spiritual maturity could be said to be the commitment to live life according to the divine qualities. How far we get in our contemplation may depend on how successful we've been in clearing out our leftover vasanas (habit and reaction patterns) and exiting the constructed self. The constructed self is the persona we create in reaction to the trauma we've suffered in life to see that we don't suffer that trauma again.

Nelson Mandella

As we emerge from our "old business" in life, we stand a better chance of being able to (1) live by the divine qualities and (2) act in a manner that can be described as spiritually mature.

I don't particularly hold myself up as a person who behaves spiritually mature. I'm an aspirant in that area along with everyone else, I think. I could point to any number of lapses and failings. But I do aspire.

A further baseline might be enlightened behavior. As soon as we contemplate that as a baseline, we'd have to be specific about the degree or level of enlightenment we're talking about. There are many levels. I just mention it now as a possible further baseline.

The baseline of spiritual maturity is a lesser baseline than that of enlightenment. What I'd like to see is an entire planet in which the population aims at living lives that are at least spiritually mature. That for me would be a world that works for everyone - or would soon lead to it.

To see that arise, I'm willing to speculate on what would need to happen, but not as a show stopper; instead as a show opener. I fully expect what I say here overtaken in a very short time.

The first achievement that would bring us closer to that goal would be that we're no longer subject to being swept away by our emotional reactions to things. Not me, there!

The second achievement would be that we've left aside judging others. Hmmmm.... That's an admirable goal.

The third achievement would be that we reliably commit ourselves to behavior on our part that reflects the divine qualities and to avoid behavior that does not.

The fourth achievement would be that we're able to place our caring for others alongside or or even ahead of our caring for self, except in those areas where caring for self represents a wise, necessary, or advisable matter. So standing aside from greed, looking out for Number One, complacency about the lot of others.

There are undoubtedly other achievements that would be desirable but let me stop here and allow others to add to that list or argue for the exclusion of any from that

list that turn out to be ill advised. This is not a matter that can be settled once and for all. This is a subject for deeper and deeper contemplation.

The Divine Qualities and the Awareness Path

April 11, 2013

https://goldenageofgaia.com/spirituality/the-path-of-awareness/the-divine-qualities-and-the-awareness-path/

How does the contribution that the awareness path makes fit in with the Company of Heaven's encouragement to take up the new paradigm of the divine qualities?

If there were no obstacles in our path, a simple taking up of the divine qualities would suffice. The reminder that love is all that's needed would be accurate and sufficient.

But two circumstances make it advisable to add to them the awareness path's complement of skills and insights.

The first is that we're not out of the time of difficulties yet. Given that we remain in the situation of a crumbling economy, preliminary to the introduction of NESARA, lightworkers are themselves faced with difficult financial circumstances.

Whenever financial need arises, whenever the existing resources are not sufficient to see to the needs of all, pressures arise. When the water is lowered in the river, the rocks become visible. When financial resources dip, the rocks in our common social life can become visible. The needs of people can compete and disagreements can arise.

When they do, lightworkers need conflict resolution skills and many of these are provided by the Growth Movement and the awareness path. To be aware of our acts and numbers, to raise to awareness our hidden agendas and investments, to share and say how we feel - all these and other techniques provide the information to resolve conflict and restore harmony.

The second is that lightworkers are joining together across the world and, when people from different backgrounds take up common work, various situations can arise that challenge understanding and invite confusion and disagreement.

One region of the world may see itself as a leader, with prerogatives and privileges, and this may be resented by lightworkers from other areas. Gender issues may arise. Religious issues.

Whenever they do, conflict-resolution tools may be needed and these are supplied by the Growth Movement.

So it isn't that the new paradigm is not where we're headed. It is that the journey to get to where we're headed may feature conflict which the simple assertion of the divine qualities may not address.

I'm not somehow advocating that people forget about the divine qualities and concentrate on using the awareness techniques that reveal to us our automatic and artificial behavior. I'm suggesting that we cultivate the divine qualities and when conflict arises bring in the additional tools of the Growth Movement.

New Way of Thinking of the Heart

August 30, 2021

https://goldenageofgaia.com/2021/08/30/325681/

The Self is found in the seat of the soul, inside the heart Credit: Ute Possega Rudel

I'd like to wave a magic wand and change the way we think about the heart.

At present we think of it as a closed structure - a box, a treasure chest, a throne room, etc.

It has that aspect, but I'd like us to imagine it in a different way, for what it produces.

I'd like us to imagine it as a door. And it's a door into the higher dimensions.

Now I'm only speaking with regard to the divine states. I'm not discussing any other element of our multidimensional personalities.

I can't say I'm only talking about how we feel for this reason. A feeling is something that happens inside us. It's localized in a part of me - my heart, my throat, my stomach.

A divine state is something that includes us, something that envelops us, uplifts us, sweeps us away. We're drenched, immersed, awash in it.

A feeling is *in* us; *we* are in a divine state. For me that's the difference between the two.

Just staying with the door for the moment, the "door" of the heart, the heart aperture, is called in Sanskrit the hridayam. When it's closed we're simply Third/Fourth Dimensional. When it's at all open, we experience higher-dimensional love and want nothing more than to share it.

The heart is more than that however. Back in the late 1980s I saw the inner universe inside the heart. In 2018 I saw the Self at the very deepest part of the heart, the seat of the soul. I think the heart is our agreed-upon meeting place with Mother/Father God. In fact I'm sure of it.

For now we open the door of the heart and then close it. But with Ascension the door will be permanently opened, forever and ever. Bringing with it all the gifts of the higher realms, which for me will be the divine states of love, bliss, and ecstasy.

Spilling Ink on the Subject of the Heart

July 14, 2019

Why do we suppose so much is written about the heart? Archangel Michael said to me on two occasions:

> Archangel Michael: So there is forward thrust and movement into this higher-dimensional understanding of who you are. And, yes, it begins and it ends with - it always comes back to - the heart. You know this. (1)
>
> Steve: The heart is another one of those things that is very difficult to define or understand or communicate.
>
> Archangel Michael: But you will keep trying.
>
> Steve: I know – I'll write a thousand words – and keep trying.
>
> AAM: Because it is the essential work. It is the essential message for humans to truly come to understand who they are. (2)

Yes, it truly is. And so I spill more ink on the subject of the heart, knowing that next week I'll do it all again.

All we really seek in life is contained in the treasure chest that the heart is.

A treasure was buried in the field of the heart. What is it? Abide for any amount of time in any of the divine qualities of love and you know right away what the ultimate treasure of life is. Call it love; call it by the name of one of its divine forms - bliss, joy, peace, etc.

It turns out that all we ever wanted was to feel the flow of this transforming love inside us, causing us to blossom.

Ordinary love is like Tang compared to the freshly-squeezed, real Florida orange juice of higher-dimensional love.

While we're in the space of it, nothing else matters. We're at the top of the pyramid of life. We've achieved all that's worthwhile. Everything has contributed to this moment.

Experience higher-dimensional love for any length of time and all our questions disappear. All our concerns are swept away. All our fears vanish.

In the space we then occupy, it becomes immediately apparent why the Buddha would recommend giving up kingdoms in three dimensions for it.

Eckhart Tolle represented it as the gold in the box the beggar was sitting on (i.e., the heart). (3) For sure it makes the world go round and it turns out to be all we've ever wanted.

Feel the best you can feel right now. Feel inspired. Feel blessed. Feel innocent. Now multiply that by 100 and you approach what higher-dimensional love feels like. You have to have had a breakthrough of some sort to feel it - a strong realization, transformational moment, peak experience, or heart opening.

There I go with another pot of ink. But you can't stop thinking about it or talking about it once you've spent some time in it.

Matthew Ward once said: "Your heart [is] the seat of the soul." (4) Now *that* is an entirely different matter. I'll spill a pot of ink on that one soon as well.

Footnotes

(1) Archangel Michael in a personal reading with Steve Beckow through Linda Dillon, Sept. 21, 2018.

(2) Ibid., Dec . 5, 2018.

(3) A beggar had been sitting by the side of a road for over thirty years. One day a stranger walked by. “Spare some change?” mumbled the beggar, mechanically holding out his old baseball cap.

“I have nothing to give you,” said the stranger. Then he asked: “What’s that you are sitting on?”

“Nothing,” replied the beggar. “Just an old box. I have been sitting on it for as long as I can remember.”

“Ever looked inside?” asked the stranger.

“No,” said the beggar. “What’s the point? There’s nothing in there.”

“Have a look inside,” insisted the stranger.

The beggar managed to pry open the lid. With astonishment, disbelief, and elation, he saw that the box was filled with gold. (Eckhart Tolle, *The Power of Now*. Downloaded from https://www.inner-growth.info/power_of_now_tolle/eckhart_tolle_chapter1.htm)

(4) Matthew's Message, May 21, 2008.

At Levels Unknown in Thousands and Thousands of Years

September 20, 2019

https://goldenageofgaia.com/2019/09/20/at-levels-unknown-in-thousands-and-thousands-of-years/

I think we're now experiencing something that we're largely taking for granted.

When we live in density, it's very hard to get new ideas, to have a clear picture of anything, to get ourselves moving, etc.

That's how it's been on this planet for all the time up till the dawning of the Millennium, I think.

That meant that we really didn't accomplish much, karmically, in a lifetime. And it also meant that, if our intention was to purify, we didn't get a lot of purification accomplished.

There would not even have been a conversation in Western Europe in the Eighteenth Century for vasanas or core issues. (1) It's only been recently, since the Second World War, that the conversation has been had in western countries.

That then makes a comment by the Divine Mother understandable:

> “I say this to you who are listening this night. My beloved ones, children of my heart, of my being, you have done a wondrous job of letting go of the old Third-dimensional paradigm.
>
> “You have cleansed at levels that have been unknown in thousands and thousands and thousands of years. And often you will turn to me and you say, 'Mother, this is not happening fast enough.'
>
> "And I look at you, I observe you, and I smile. And I think and I say unto thee, “You have done the work of thousands of years in a very brief period of time.” (2)

One has to ponder her comment very carefully and long to get that the simple exercise we do of completing our experience of our childhood trauma releases more burden from us than people will have been releasing in the past over thousands of years. They wouldn’t have had a clue as to how to release their trauma - or even a clue as to what “trauma” is.

I get it, even though I’d never have arrived at that thought myself. Only the Mother and higher-dimensional beings could.

The Mother continues:

> “So, are you anxious to move forward? Yes. But do not underestimate what you have already accomplished.” (3)

Not only is a pat on the back in order, but we need to appreciate the accomplishment so that we can turn around and offer help to those still struggling with the weight of their vasanas. As the Mother turns up the heat, more feelings will come to the surface.

How many times have I heard people, laden with vasanas, shout at me: “I don’t have any vasanas!”

I say this because I believe that our work in the not-so-distant future will be in part helping the newly-awakened to experience and release the trauma of ages that may be coming up as a result of the energy of love being beamed to us.

Footnotes

(1) A vasana is a complex of memories and behavior patterns that were formed out of reaction to usually-early-childhood trauma. These give rise to conclusions and decisions that govern our present-day behavior.

On how to manage vasanas, see (and download) *Preparing For Ascension by Clearing Old Issues* at https://goldenageofgaia.com/wp-content/uploads/2016/11/Vasanas-R5.pdf.

(2) "The Divine Mother: Come to Me as I Come to You – Part 1/2," Oct. 17, 2012, at https://goldenageofgaia.com/2012/10/17/the-divine-mother-come-to-me-as-i-come-to-you-part-12/.

(3) Loc. cit.

⌘ Nurturing the Divine Qualities ⌘

Just Starting Out

June 27, 2022

https://goldenageofgaia.com/2022/06/27/just-starting-out/

One could see the process of uncovering or revealing the Self as akin to moulting.

The crab doesn't find itself. It moults a confining shell.

If we go off in search of the Self, we're busying the very one we want to "find."

"I'm searching for the Self." "Go away. I'm busy." "What are you busy doing?" "Searching for myself."

In fact, what's more relevant is that there's an overburden of vasanas (core issues, early childhood trauma) and archaic behavior patterns (originally born of vasanas but now independent) that sit on top of the Self and hide it.

All of what I'm saying is metaphoric, of course; nothing "sits on top of" the Self. But how otherwise could I speak than with metaphors?

For a decade now I've been going through a very public evolution. It's involved completing my vasanas; dropping my archaic reaction patterns, without putting anything in their place; and then committing myself to the divine qualities and living through a bumpy transition.

This is the phase of Ascension that Buddhists call sila, dharma, or right conduct. Ascension itself they call Buddhahood.

Committing to the divine qualities is committing to right conduct. For the troll under the bridge, this is not a small thing.

Prior to that, mired in my own early childhood trauma, I was at war with everyone. Just plain at war. Bitter. Edgy. Had a chip on my shoulder, my Dad used to say.

The source of the vasana? I tell myself: No one came to my aid when, as a twelve-year-old, I reported the domestic abuse in our family. I ended up being reprimanded and threatened into silence.

I was the typical model student on the outside, seething with anger and resentment towards the whole world on the inside. Fortunately I was guided towards healthy outlets like encounter groups, communication workshops, and enlightenment intensives.

But for the last decade I've been completing my vasanas in real time, so to speak. Looking back on it, I think the degree of exposure or transparency it required accelerated the process.

The point is I arrived at a degree of stillness of the ego/lower mind which has proven to be a launching platform for spiritual experiences.

One of them was the sight of the Self. As the Divine Mother shared, the experience was toned down, truncated. The light was not brighter, as she said, than a million, billion suns. (1)

But the experience for me was, nonetheless, like the baseball runner sliding into home base from third. I'd gotten home. Not as deeply as I might like but I was home. For the first time in this lifetime.

Clearing vasanas and taking a stand for the future (eg., in my case, a commitment to the divine qualities) worked. I made it perhaps as far home as I'm meant to go, given my soul contract, as the Mother emphasized, to be a writer and not a spiritual teacher this lifetime.

There's been a lot of assistance from the other side. Moreover, the love energies are ever rising on the planet. As a result, I think, everything about spiritual practice these days is easier.

Concentration in meditation is easier. Access to love and bliss is easier. And so on.

But I don't know. There are no maps or graphs or statistics to confirm our experiences. I can only go on my own sense and what others share.

I'm beginning to get an overall sense of my work this lifetime. Not completely or crystal clear, but an inkling. Like a pinball that rebounds from paddle to paddle, I went hither and yon to get here. This is what it took. Or at least what I put myself through.

No more. I'm retiring the personality who struggled so hard, with my blessings and gratitude, and allowing out *whatever* is down there - experience or barrier - awaiting its turn. It's my work to push my edge, press on, experience what lies ahead.

One of our star family said that, to them, 80-90 years old is just starting out in life. So I'm just starting out. New growth, fresh start, waiting challenges.

Footnotes

(1) Steve: The experience [of the Self] at Xenia [Retreat Center], Mother, was that truncated?

Divine Mother: Slightly, yes.

Steve: I had the thought [it was]. ... The Light I saw should have been brighter than a thousand suns. The fact that it wasn't suggests to me that the experience was truncated. ...

DM: It was not is brilliant as possible, let us put it that way.

Steve: Alright… And again, the reason is to keep me in sync with my readers?

DM: To keep you in sync with your readers. But let me be very clear.... If you had seen the light as it actually is - yes, a million, billion suns - you would have simply departed. …

We don't mean die but you would have departed the life that you have designed - yes, with us - for yourself, for the service you are providing - you would have departed and simply said, 'I do not need to do this. I will just simply sit in the bliss of love and good luck, everybody!'" (Divine Mother in a personal reading with Steve Beckow through Linda Dillon, Oct. 26, 2018.)

The Soft Wind of Love in the Higher Climes

April 22, 2025

https://goldenageofgaia.com/?p=364503

I recently wrote:

> "'Nearer to Thee' results in an effortless, almost-invisible transition into the divine qualities." (1)

Why is that important? If the purpose of life is to realize our true identity, we'll try many paths to realization. One of them will be to be godlike. And we'll soon come onto the question, well, what is God like?

We call certain ways of being "divine qualities" because we consider them godlike - like God. Selflessness. Courage. Love itself. The list goes on.

By living only in these divine - or godlike - ways, we anticipate becoming more and more like that which we're trying to realize.

I have to say that, from the time we leave the Third/Fourth Dimension behind, the love we initially meet, which eventually yields to bliss and ecstasy, is so satisfying that the journey and the destination become one.

Many years ago, spiritual teachers advised their students to concentrate on one divine quality. Master it in this lifetime and we're doing well. Earth was in denser vibrations then.

Now Archangel Michael holds out for us the challenge of mastering all the divine qualities:

> Archangel Michael: Human beings, particularly those in the higher vibrations, [are] learning to hold all the divine qualities and to be operating from all the divine qualities at once. (2)

I can illustrate in two ways the emphasis the Divine Mother puts on bringing forth the divine qualities, which live inside us. First as the foundation of Nova Earth:

Divine Mother: What is the new foundation upon which Nova Earth is built?

It is the 13 Blessings and Virtues [the divine qualities] that we gifted you so long ago. This is the core of everything you will value and bring forth in the new reality. This is the foundation of what you create and co-create with us. (3)

And, second, as that which, cultivated, lets us adapt to and survive in the higher regions:

> Divine Mother: Those who are not anchoring the divine qualities, who are literally saying “No, thanks. I’m not interested” can’t stay. They will not have enough substantiality, materiality, wisdom to hold the vibration to be able to physically exist on Nova Earth. (4)

So not just a nice thing to contemplate but an essential element of the ascended personality. Gone is Rambo and the Magnificent Seven. Gone naturally in the soft wind of love that sustains everyone in the higher climes.

Footnotes

(1) See "The Nearer to Thee, the Warmer the Divine Fire," March 27, 2025, at https://goldenageofgaia.com/2025/03/27/the-nearer-to-thee-the-warmer-the-fire/

(2) Archangel Michael in a personal reading with Steve Beckow through Linda Dillon, Jan. 4, 2019.

(3) Linda Dillon, "Chapter 3 - The 13th Octave Blessings & Virtues" in *The Great Awakening. A Spiritual Primer.* Port Lucie, FL: Linda Dillon, 2012.

(4) "The Divine Mother: We are Creating a New Species of Humans," through Linda Dillon, July 12, 2014, at https://goldenageofgaia.com/2014/07/12/the-divine-mother-we-are-creating-a-new-species-of-humans/.

Nurturing the Divine Qualities

May 27, 2022

https://goldenageofgaia.com/2022/05/27/nurturing-the-divine-qualities/

The divine qualities are a cornucopia of heavenly delights

Some people are shopping in organic supermarkets. Some in health-food stores. Some in farmers' markets.

I shop at the divine qualities supermarket. I'm rapidly falling in love with it.

Never mind a dash of cinnamon on my ice cream. I'd like a wisp of bliss with....

Somehow I never get by the "with...."

I've become enthralled with exploring the divine qualities. This is a reformed troll under the bridge speaking. Until recently, I had no use for any of these, except if you got way deep down, under my defenses, and I confessed to really caring.

But open enjoyment of the divine qualities? That would ruin my grumpy old f@rt image.

But now, given you sheltering me from the compromises of the modern office, amid which my writing would not survive, I can explore the divine qualities and help find paths.

I know this - the divine qualities - is it. This is paydirt, Shangri-La, the Promised Land.

We're not migrants to this land. We're original inhabitants.

The divine qualities are a way of talking about our original nature. We ARE originally innocent, pure, peaceful, joyful, blissful, compassionate, and all the other virtues. They describe how our deepest Being, our Soul, relates to ourselves and our environment.

But the divine qualities are not a place to get to. They're a place to come from, which is muffled by the overburden of vasanas or core issues we carry around with us.

We already have peace, joy, and love. Now we need to enter into interaction, from them. That will be a great leap for some. It is for me.

Best to take baby steps, whatever that looks like for you. To spur you on, however, I'm here to say you can be a troll under the bridge and still end up experiencing the divine states. And it takes work.

Every minute of every day, I have to choose love rather than being right, winning, or putting someone down. Every time I do, I hale it as a victory, given where I want to go and what I need to prepare for.

The first ten years of this blog for me were about clearing vasanas. The next ten years will be about reconnecting with our original divine qualities and nurturing them.

Download here: *The Nature and Significance of the Divine Qualities* at https://goldenageofgaia.com/wp-content/uploads/2022/05/Nature-and-Significance-of-the-Divine-Qualities-2.pdf.

Shifting Attention from Structure to Flow

August 14, 2020

https://goldenageofgaia.com/2020/08/14/312055/

Flow is the paradigm of the higher dimensions

My attention has shifted generally from structure to flow, from linearity to multidimensionality.

I'm much more likely to allow myself to float from feeling to feeling. So long as I was only intellectual and not also experiential, I wouldn't abide in one feeling, never mind spending time transitioning to a second.

I ignored the requests of my emotional side for me to experience what it was experiencing.

If I'd have given in, I'd accuse myself of being an idler, a shirker, a daydreamer. You just don't sit there and dawdle with your feelings if you're a male raised in my culture. Feelings were for sissies. Real men pushed through them and got the job done.

So now, after spending months in the flow of the inner tsunami of love in 2015, I see immediately that everything worth having - joy, love, happiness, bliss - is a

flow and that the thing in question and the flow itself happen at a higher dimension than our everyday awareness is attuned to.

And, what might you may ask, is it a flow of? Well, it starts as a flow of emotions but, as we evolve, these expand from being emotional states to being divine states.

The difference between the two is that a feeling state seems to occur within us and can be pleasant or unpleasant or a mixture of both whereas a divine state seems to envelop and contain us and is uniformly beyond pleasant; it's exquisite.

Never mind a body getting rusty from a lack of exercise; a mind that only can think - and then adds to that restriction only thinking structurally - is condemned to rust, so to speak.

The greater prize is experience, rather than ideas. And the greatest prize is realization, during the enjoyment of which the curtains are briefly opened.

On the one hand, Archangel Michael has invited me to spend more time in bliss and on the other hand he's issued warnings:

> "If you fully enter into the bliss, into the One, you will not be interested in returning and serving. It will be a different experience, and it is not the experience that you have selected and chosen for yourself at this time. " (1)

I have no interest in subverting my mission. I can wait.

I don't know how many times I've said that the higher dimensions from Five on up are characterized by endless love and bliss, but of a form and nature that we're unused to in this dimension, whatever it may be. Here Michael confirms aspects of that hypothesis for me:

> Steve: And the new realm of existence is characterized by universal love and bliss?
>
> Archangel Michael: Yes.
>
> Steve: Alright, so that is what we should be looking for.

AAM: Yes, and it is what is knocking on your door and you are letting in. You have been doing this so it is transcending into a more permanent state of that realm of existence.

Steve: Very good. Anything more you want to say on that?

AAM: I think this would entice you adequately, would it not?

Steve: Oh, that state would be the answer to all my dreams, all my requests, I'm sure, Lord!

AAM: It would be the answer to many dreams and you will help many to see it, to discover it, to shift into that realm.

It is not about the separation of humankind when [one is] stuck in the old and the other in a new realm. It is simply opening the floodgates. (2)

That's what lies ahead for us, folks. You don't open floodgates if you want to tightly control the outflow. Everyone in range gets through these pearly gates.

Everyone in range means everyone who can live amid the higher, more refined vibrations. All are welcome to come.

Never has humanity had greater access to the Divine Mother and the archangels than this generation has. Never have so many people in this world even dreamt of the wonders that await us - the chief of them being a totally-satisfying, never-ending flow of love and bliss.

Footnotes

(1) Archangel Michael in a personal reading with Steve Beckow through Linda Dillon, Feb. 14, 2012. (Hereafter AAM.)

(2) AAM, April 13, 2016.

In the Beginning was the Stillness

October 16, 2019

https://goldenageofgaia.com/2019/10/16/in-the-beginning-was-the-stillness/

I joked to a friend that she was the quintessential female (action) and I was the quintessential male (stillness).

And as I did so, I realized: I aspire to stillness.

And I noticed - because I'm using my awareness and my heart to penetrate into stillness - that stillness is prior to the divine qualities.

Something is only a quality relative to something that's not. If there are two men, we might say that one's taller and one's shorter. But if there's only one man, it doesn't make sense to call him taller.

The divine qualities are themselves therefore part of the realm of dualities. Stillness is prior to any qualities and prior to duality. Dualities recede and disappear in the presence of stillness.

Only from a place of balance - which implies stillness - does transformative, universal love come alive.

Stillness is prior to everything I can think of.

In the beginning was the Stillness. And *then* there was the Word. (1)

Footnotes

(1) Aum, the Mother's instrument in creating and dissolving worlds.

Water It with Stillness and Feed It with Silence

June 10, 2022

https://goldenageofgaia.com/2022/06/10/water-it-with-stillness-and-feed-it-with-silence/

This is an entry in my Ascension ethnography.

Jesus said:

> "Where you have need to turn, my brothers and sisters, is inward, deep to the core of your being. I do not speak of the personality that is present in this lifetime but rather of the soul essence, the full design that has been activated within you." (1)

I need encouragement because going inward in a time of external chaos and mayhem feels counter-intuitive.

And yet we're here to anchor the light, are we not? And anchoring the light involves internal operations, rather than external.

I can't speak to "anchoring the light." That's a matter for a spiritual teacher and I'm a writer, not a spiritual teacher.

I value solitude. I value silence. I value going inward. Spiritual teachers address crowds and talk to people day in and day out. That's definitely not me.

Going inward can be just for a moment. One slow and deep breath. But it seldom is.

I notice that, having valued silence and solitude for so long, I now definitely seek it out and continually return to it. Others like to play loud music. Some have to have a radio on. To each his own with love and tolerance.

But I watch myself every day, doing everything I can to make my space silent and still.

I've now committed to the divine qualities and still refuse to fully embrace the fact that I'm by temperament a monk. If I'm committed to the divine qualities, they tend towards stillness and silence anyways, among other qualities (joy, bliss, love, etc.).

It can't be an accident that one week I commit to the qualities and a week or two later I am magnetically attracted towards stillness and silence. SaLuSa tells us:

> "There are no accidents or coincidences. Every occurrence and every opportunity that you experience during Earth life has been prepared or allowed for before you incarnated." (2)

Why pretend that I'm sociable when I no longer am? I used to come to office parties, stay for ten minutes, and then sneak out the back door. I just wanted to get home and be back in quietude.

All the bliss that others get from social interaction, I get directly from my heart when I water it with stillness and feed it with silence.

The longing for liberation is strong. (3)

I am not sociable. And I'm progressively getting less so. To turn my back on it would be like injuring myself. Just as I committed to the divine qualities, I now commit to the quiet life.

Granted that "full" enlightenment would nullify my soul contract, and so is not an option I choose any more than my guides do, I'm still driven to push my edge as far as is allowable. Give me as much as my contract permits, for the highest good of all.

***

Now a new puzzle, a new paradox arises. Previously I was fully committed to my publishing. But the minute I start to allow myself to move further toward a life of meditation and stillness, I say to myself that I'll have to take a break from publishing so many books.

The Mother was right. (4) I tend to let go of my service contract when I go more deeply into meditation and other solitary pursuits. Hmmm....

Ahhh, but here is where my study comes to my aid: Through study I know that there are no accidents. Nothing is by luck or fortune. All is brought to us except our response.

If that's so, then me feeling drawn to stillness and silence can't be an accident either.

I surmise that, as a lightworker and a journalist, I'm being asked to live a life that's as much into unfoldment as possible while still staying alert and alive to the outside world. I'll be that's what I'm supposed to be doing.

I suppose I'll stay in the middle therefore on this as well as most other things: As much unfoldment as my service contract allows and the rest full out on getting the message out there.

Footnotes

(1) "Jesus Sananda on Unconditional Love," March 28, 2015 (2003), at http://goldenageofgaia.com/2015/03/28/jesus-sananda-on-unconditional-love/.

(2) Saul, July 22, 2009, at http://johnsmallman.wordpress.com.

(3) "[The] longing for liberation is the will to be free from the fetters forged by ignorance -- beginning with the ego-sense and so on, down to the physical body itself -- through the realization of one's true nature." (Shankara in Swami Prabhavananda and Christopher lsherwood, *Shankara's Crest-Jewel of Discrimination*. Hollywood: Vedanta Press, 1975; c1947, 36.)

(4) Divine Mother: Let me be very clear.... If you had seen the light as it actually is - yes, a million, billion suns - you would have simply departed. ...

We don't mean die but you would have departed the life that you have designed - yes, with us - for yourself, for the service you are providing - you would have departed and simply said, 'I do not need to do this. I will just simply sit in the bliss of love and good luck, everybody!' (Divine Mother in a personal reading with Steve Beckow through Linda Dillon, Oct. 26, 2018.)

Cutting the Knot of Unforgiveness

March 31, 2019

https://goldenageofgaia.com/2019/03/31/cutting-the-knot-of-unforgiveness/

It's evening time and I'm winding down and taking an overview of how I'm doing in the areas of forgiveness.

I feel the need to drop my strategy of unforgiveness, but I also know that I won't without having a compelling reason for doing so.

Otherwise I find one reason or another for not letting it go. Michael calls this condition "addiction to pain," addiction to behavior that has painful results.

This is a vasana or core issue that I'm dealing with and I'm having a devil of a time with it. I'm of two minds.

One wants to forgive, but not that strongly. The other doesn't want to and sees no reason why. No one inside is making a very strong case for forgiveness or for considering the lack of it as much of an issue.

It isn't a titanic struggle; it's just a simple and basic unwillingness to forgive, pitted against the thought that I should. It's simple, ordinary cognitive dissonance, inner conflict, being of a divided mind.

One state of mind will win out, representing my choice. In this case, my choice is not to forgive. As long as that's my choice, then I act out this edginess and suspicion, distance, etc. I have an act that goes along with the decision not to forgive.

Until the penny drops, I need to stay where I'm at, open and aware. If this is where I'm stuck, let me remain here and observe.

What I see, when I look at myself, is that I like what unforgiveness brings me. Certain people stay out of my life and that's the way I want it.

The situation reflects my choices. It isn't an unconscious creation.

I'm swallowing poison and hoping the other person dies. But even knowing that is not powerful enough to convince me to stop being unforgiving. It's not a compelling enough reason.

Where's the hold-up?

Not forgiving is a vital part of my strategy of self-protection. If I forgive someone, I worry that I'm inviting them back into my life. I haven;t been able to get past this barrier, even after discussing the matter with Michael.

I may have forgiven the past but I'm not anxious to have some people back. I'm letting down my guard and I feel vulnerable.

However, this refusal to forgive becomes a nexus in the flow of energy. This is an example of where resistance begins. From this knot in consciousness, a web of conclusions, decisions, and feelings flows that result in actions and more actions, until that nexus becomes an established and solid obstacle to our flow.

Love flows around such a knot in consciousness, without the knot experiencing the love.

The hollow bamboo experiences the love - as it passes through it. (1)

For the time the nexus is operative in me, I remove myself from the flow of this sacred, true, or higher-dimensional love. That's the price I pay.

Oooohhhhh..... That price is high. Point of decision.

No forgiveness, no flow.

OK, I don't want to give up access to transformative love to hold onto unforgiveness. (2) That price is too high.

It took me looking into the subject to see it. That was a missing piece, a compelling reason for letting go of unforgiveness.

Once I saw a compelling reason for making the change, it didn't take more than a second to make. It happened in a flash. One minute I have no reason. The next I have a compelling reason. One minute I'm lethargic. The next moment I've acted to dispel the lethargy.

And now I feel completely different. I now no longer even *want to* not forgive people.

Sitting in a different place, I have an altogether different outlook. Now I'm a zealot, an eager advocate of forgiveness to eliminate this nexus, this knot in consciousness, which impedes the flow of sacred, true, or higher-dimensional love.

Once lethargic and unresponsive, I'm now an eager convert.

Footnotes

(1) Love cannot be stored. Nothing is capable of storing it. It knows where it wants to go and avoids resistance, ignorance, and similar states. Or perhaps it flows right through them. I don't know for sure. I only know that nothing impedes its flow but the denser vibrations can keep us unaware of it.

(2) Just as I used to throw all my cares and concerns into the fire in the heart back in the 1980s, I now need to throw this old strategy into the fire as well.

And not replace it with anything. The natural Self is innocent and pure and needs no intermediary, no false front, no mask to hide behind to present itself.

I Forgive Everyone

May 12, 2018

Credit: Birthday Wishes Expert

With summer approaching, I've been recreating my apartment as a meditation retreat.

I've completely reorganized everything and threw out anything excessive.

I was now ready to begin a new chapter. I want to bring back my aspect as a monk. Michael noted in 2011:

> "You do not have deep attachments to things. That is not your nature. In fact, my friend, sometimes I feel that you are more of a monk than anything. But that is part of your life and your delight." (1)

And what hew says is true. I'm a flub as a cool dude. Feed me. Clothe me. And let me write and meditate.

And what was the first thing that occurred to me to be done before beginning? Following Kathleen's lead, I forgave everyone in my life.

I joked about it being a one-time offer. One get-out-of-jail-free card. But I actually meant it.
It was the thing to do - the best and only thing to do - in this new life I was

beginning. The only way to begin: With a pardon to all of one's personal rogues gallery.

That ended drama, suffering, resentment, memory, grimaces, all off it in one fell swoop. Bring the world to peace in one go.

All the judgments I have of other people, which underpin my bad-apple list, have to be within me for me to see them without. That's a sorry statement. Time to own my own projections.

I'm giving them and me - and everyone - a break and a fresh start. I forgive everyone.

Footnotes

(1) Archangel Michael in a personal reading with Steve Beckow through Linda Dillon, May 16, 2011.

Judgment or Discernment?

March 9, 2019

https://goldenageofgaia.com/2019/03/09/judgment-or-discernment/

How do we judge when we're discerning or discern when we're judging?

Oh, the whole thing is so confusing. Aren't they the same?

Well, words can be made to fit any circumstance. They're symbols upon which we freely and arbitrarily bestow meaning.

So I could use "judgment" and "discernment" as if they're the same. But I find it useful to consider them as two.

The distinction is for me that "judgement," as I'm using the word, (1) is a thought that derives from the ego whereas "discernment" is a thought that derives from the Self.

The Self "lives" in the heart. Love lives in the heart. So it could also be said it derives from the heart.

I use "judgment" to refer to thoughts that denigrate, deprecate, demean, and stigmatize others.

I use "discernment" to denote thoughts that factually describe a situation without denigrating others.

Sometimes discernment may require us to protect ourselves or others who are using and acting on judgment. It happens as long as some of us remain in third-dimensional belief systems with third-dimensional vasanas.

But using discernment is always in aid of protecting people's rights to grow and evolve, it seems to me, rather than to conquer and subjugate.

Where judgment is not found, discernment is the way of being. That was my experience after my heart opening: No judgment, but discernment. But as a natural state, not something that needed to be maintained as our judgments seem to.

Gradually, I think we'll find ourselves relying more and more on the verdict of the love that lives in our hearts. (2) Judgment won't arise. The conditions that give rise to it will have gone.

Footnotes

(1) And it doesn't apply to a judge whose job is to make judgments. We're talking about personal judgments that blame, shame, and criticize.

(2) I'm referring to a higher-dimensional form of love, not what we ordinarily think of as love.

Awareness of Higher Dimensions

March 28, 2022

https://goldenageofgaia.com/2022/03/28/awareness-of-higher-dimensions/

I was triggered by something Archangel Michael said that I partially quoted yesterday. The full quote is:

> Archangel Michael: I remind you that you are a pillar, that you [are] not [to] venture too far ahead of where people are, both individually in terms of your smaller circle but also in terms of the collective. ... A very large quotient, shall we say, of you is living ... in the higher-dimensional realm.
>
> Then there is a part of you that is in the morass of the chaos [of] the lower-dimensional realm because that's where the work is. (1)

I don't believe I'm alone in straddling dimensions. The Divine Mother implies as much here:

> "Your Ascension is assured. And each of you are already well within that process. And whether you are acknowledging the shift in realities or not, you are upon a planet, my sentient Gaia, who has anchored herself in the 5th.

> “Therefore, whether you are choosing to acknowledge it or not, your being and the ability to access and to expand into that beingness is already primarily anchored in a different dimensional reality." (2)

That was a general statement made on *An Hour with an Angel*.

***

I'm just starting to get a glimmer of the part that is "living ... in the higher-dimensional realm."

Let me use a picture to illustrate how it feels:

Abyss Water Man: Extraterrestrial communication

The graphic shows an intelligent water column, used by extraterrestrials to announce their presence in a non-threatening way to the terrestrials aboard an underwater research station.

Like the water man or like a Slinky, the front part of me is aware and participating in the Third/Fourth Dimension but the back part of me extends, apparently, into higher dimensions. I feel the latter part as a background of a much higher mood level than what I'm feeling in this front part of my being, the part I present to the world, my everyday consciousness.

Slinky

Except for a very slight degree of background awareness, I've been almost totally unaware of the back part.

But now that I *am* aware of it, I can breathe into it, which usually excites a divine state, if this is what I'm feeling. Yes, it does draw bliss to me.

Oh, this is pleasant. ... The bliss continues. I rest in it.

How tricky this now becomes.

> "Our desire is not to separate you from the collective." (3)
>
> "I remind you that ... you [are] not [to] venture too far ahead of where people are, both individually in terms of your smaller circle but also in terms of the collective." (4)

To bliss out, to go too much further into it would be to venture too far. There's a working level of bliss which merely ameliorates everything without seducing the person. I remember working with that between Sept. 28, 2015 and mid-January 2016. (5) That's what I'll aim for.

In this divine state, experienced at a "working level," everything is all right. The circumstances are what they are, but the internal experience is quite OK.

To paraphrase Mike Quinsey, everything I'm experiencing is open to you as a lightworker, liberated in other lifetimes, to experience. I hope that sharing my notes

assists you to locate the same regions and faculties in yourself. That's what they're meant to do.

Footnotes

(1) Archangel Michael in a personal reading with Steve Beckow through Linda Dillon, Jan. 18, 2020. See "A Longing for Bliss," March 28, 2022, at https://goldenageofgaia.com/?p=334225, fn 3.

(2) The Divine Mother on *An Hour with an Angel*, February 4, 2013, at http://goldenageofgaia.com/2013/02/the-divine-mother-your-ascension-is-underway-part-12/

(3) AAM, ibid., Nov. 11, 2015.

(4) Ibid., Jan. 18, 2020.

(5) Archangel Michael explained what was occurring, probably for all of us:

Archangel Michael: You have experienced progressively, periods of unity, of transformative love, of ecstasy, of bliss that you feel (and I emphasize feel) come and go.

But every time, you have had this experience it has edged you up a level. So that now you say to me, "Michael, I feel like I have a new baseline. I have a new foundation of happiness."

But you also have a new foundation of knowingness, of understanding, of wisdom, of humility, of tolerance, of kindness. This has all been bringing you to an expanded sense of self and an expanded sense of not only how we operate but how the collective operates. ...

So you are seeing what is the residual for humanity to collectively take that, not only that progressive step, but the snap [Sahaja Samadhi, Ascension itself].

Think of how every time you especially enter the transformative love, that is a snap. It is not the full dramatic snap but it is a snap. Each time you are progressing up what you can think of as a level.

Think of [entering] your love as flying back and forth through the portal. Now sometimes you're aware and sometimes you're asleep. ("Archangel Michael on Snaps, Expansion, and Ascension," June 6, 2017, at https://goldenageofgaia.com/2017/06/06/archangel-michael-on-snaps-expansion-and-ascension/.)

A Realization-Rich Space

January 15, 2016

https://goldenageofgaia.com/2016/01/15/a-realization-rich-space/

Our weekly InLight Radio call today was enough to blast me back into transformative love, and, for a short while, bliss.

Following it, I had a meeting about the Michaelangelo Fund. I noticed that business went better with bliss. So many things became manageable. Distinctions appeared in the moment to me. I rolled with events, without a scrap of resistance.

There were times when I could have resisted or postured or pretended. But now I knew that doing so would cost me the space. And I didn't. I declared my completeness instead.

Everything goes better with bliss. Everything is more enjoyable. I can now see how business will be conducted a ways down the line. Knowing bliss means knowing how we'll proceed.

The realizations that come are not the robust and overwhelming kind that I imagine lead to enlightenment. But the less robust and intense kind that result in an "Aha!" but are at the same time equally as rich as the space deepens in ability to commit.

Let me call this the "normal" realized space, the space that's available short of Ascension. It sees a degree of realization arise which sheds light on something but doesn't result in a deep, permanent and generalized unfoldment of consciousness. The latter would be supernormal, superconscious, to use Paul Ferrini's term. (1)

When I'm in the space of transformative love, realization is dynamic, an ongoing process. The flow incorporates realization. It's flavored with realization.

I can't believe I'm writing this. And I could only do it with your support and encouragement.

Each article I write seems to go a little farther than the last - or at least that's the sense for me. It's an unfoldment, to be sure. But believe me, in my own mind, I'm walking the skinny branches.

Transformative love is a realization-rich space. I can no longer detect the difference between myself and the normal-realized state. I act from that space and don't need to give a second thought to the process. Nice while I'm in that space. Very often I'm not. (But getting back there ***is*** getting easier.)

I saw today that transformative love and completion arise together. Completion brings peace and equanimity. In that calm space, transformative love arises.

I had the image in mind of a person flying through the air next to a glass building. They can see their reflection in the glass and the reflection flies along with them. In the same way, transformative love and completion fly together. Or perhaps flow together. In exact harmony and synchronicity.

And when one leaves, the other leaves as well.

I worked with completion today in one of the meetings. I found myself in circumstances that I could have become irritated with. I now reminded myself that if I chose to get irritated I'd lose the space of completion. And I declared myself complete again, from within the space of transformative love - so, from a normal realized space - and did not become irritated.

If I keep working with completion, I'll create a new neural pathway and a more constructive behavior pattern. I'll reprogram myself in a way of my conscious

choosing and for a definite, useful purpose. And when I need to alter that program, I will.

Footnotes

(1) “The third stage is Super-Conscious Knowledge. It is the state of total surrender of all intellectual solutions, all need to control or plan. It is characterized by conscious unknowing. It is the state of the divine person, or co-creator. You are living at a time when stage two is coming to closure and stage three is being born." (Paul Ferrini, *Silence of the Heart*. South Deerfield, MA: Heartways Press, 1996, 23-4.)

Time to Grow Up

June 29, 2022

https://goldenageofgaia.com/2022/06/29/time-to-grow-up/

Is this how you do it, Daddy?

Your email saying when I talk about myself, it's either the same for you or backlights how you are is encouraging to me. Thank you for that.

Sometimes, it really is like going out on the skinny branches. Exhilarating but risky. So I do need encouragement.

In the growth movement, what I'm saying to you would have been the substance of our everyday discussions (without the technical jargon).

In honor of what I learned from them, I jump into the breach again.

***

My grand motif is the troll under the bridge, a grumpy old fart who was of course always right.

Being right was the lynchpin of it all. Why? What's the origin of the vasana (core issue)? If my Dad were about to slap you, you were spared "the back of his hand" if you could prove that you were right. I was right to avoid being punished.

I was determined to stop passing along these bad habits (we wouldn't have called it "intergenerational transfer" back then) and went on to create my own brand of messes entirely from scratch.

***

When I vote not to go with the troll any more, I begin to see him better. He manifests as grouchy feelings, fixed positions, and negative attitudes. The overall feeling is hostile and suspicious.

It's a piece of work to lay him to rest. I find that he's like an octopus with a hundred tentacles, each one sucking the life out of me, until I end up in a rocking chair, muttering to myself.

Nevertheless, if war were declared tomorrow, I'd drop him in an instant. Even saying that calls my adult to the forefront of my consciousness and I get that I've been dawdling, refusing to grow up.

Lately I've gotten glimpses of that mature adult that all of us have inside. (1) We also have an innocent child, which I've experienced. (2) And we probably have a loving parent as well. All existing under the blanket of vasanas and their resulting behavior patterns that hide our acts and numbers from our own awareness. (3)

Time to call myself on dawdling. Time to grow up.

Footnotes

(1) Call it your Higher Self.

(2) I experienced my own purity and innocence in the fourth-chakra sight of the Self at Xenia, Sept. 18, 2018. See “We Are, All of Us, Innocent and Pure,” April 7, 2020, at https://goldenageofgaia.com/2020/04/07/307247/

(3) In the first book I ever wrote in 1978, I said, "We're invisible only to ourselves." You could say that a major part of my work has been describing how the processes of invisibility and transparency work.

No Natural Barriers

October 23, 2016

Credit: Bamboo Hollow Acupuncture

I'm in the midst of a realization, though taking the time out to record it may end it, for now.

It began when I noticed, in meditation, that I could at that moment simultaneously access all the moments in my life when I felt transformative love, bliss, joy, and all the other divine qualities.

It was as if, when I breathed in and out, a wind would pass through me containing a mixture of all these good things, rather than just one of them at a time.

And then I realized: I could see, at this moment, no natural, internal barriers. I have no barriers to any of my previous experiences - with lovers, on travels, on projects. I can access them all, at one and the same time.

At this moment, I have no categories, no classifications in my mind. It's as if I've had a complete memory wipe.

I have no walls separating things. All are at the same time available to me now.

The sensation this presents is utterly new to me. I must have been a stickman or a robot before. Logical and linear are kind words to use. Mechanical and automatic might be more appropriate.

The next moment later, I got that I'm now ready to flow. Flow for me is one of the paradigms of the Fifth Dimension; bliss would be another.

Let's see if I can recover the experience....

***

I feel completely cleaned out. I would never have thought such a thing was possible. It's as if every structure within me has been leveled and the wind whistles through now, without obstruction. The metaphor of the hollow bamboo is appropriate.

My breath is easy and continuous. I'm reminded of a full breath release I had at a rebirthing workshop, immediately before my 1987 vision. (1) I haven't had a breath release today but my breathing is at least in part like that. Easy, full, without obstacle.

I again feel bliss as a flow, rather than as a static state I happen to be in. I almost lose myself in it at this moment. Now I'm *willing* to lose myself, where before I wasn't. Whatever it was that had me hold back has now been removed. To look at what it was would remove me from the experience. I'll do it later, if I need to.

The fall of the internal barriers removes my only cause for concern. There are now no structures threatened, nothing to defend, nothing to promote.

My sense of myself grows more tenuous by the moment. I must go back to the experience....

***

I'm completely empty at this moment. Well, empty of any mental or emotional baggage that is, any unfinished business, vasanas, core issues, or any issues at all.

At this moment. There's no telling what the next moment will bring. And only Sahaja - a permanent heart opening - is lasting.

With no memory, no mental activity, and no internal barriers, there's nowhere else to go but into the moment.

I feel mildly curious about this state, as a person would if camping out in the wilderness. I'm nursing a hot chocolate around a campfire, in the dead of night.

The mixture of divine qualities that I was experiencing a while ago has become a homogeneous ... oh my heavens, how to find the words. I can't. It has consistency. It has substantiality. It's a mellower form of bliss than I'm used to. Substantial, mellow, homogeneous bliss.

This spiritual current of bliss caresses me like a warm summer night's breeze. I feel secure in it. Lost and gone forever are my concerns. Well, for the moment, that is.

My breathing has never been as gentle or soft. The lack of internal barriers allows it to be so. When it's soft, I'm soft. The mood that I feel right now I'd have to call sacred, sanctified.

All of this together - no internal barriers, the hollow bamboo, emptiness, and softness - combine to make this experience sublime and sacred.

So right, so appropriate, so natural.

Footnotes

(1) I used to compare the difference between ordinary breath and the breath after a full release as being the difference between the traffic flow on a country road and on an eight-lane highway.

A Naturally-Courageous Self?

December 8, 2023

https://goldenageofgaia.com/2023/12/08/a-naturally-courageous-self/

Courage to a boy growing up in the Fifties: Hi yo, Silver, away! (The Lone Ranger)

I've had significant assistance in feeling courageous, if I was ever going to feel that way.

A 1977 out-of-body experience removed the fear of death.

Two potentially-fatal, toxic agents neutralized - add in two more (or three, I can't recall) housefires instantly extinguished.

Assurance that, if I were about to be tortured, I'm told I could voluntarily leave my body and return home. (1) Assurance that, upon death, I'd be whisked away home. (2)

Here's some more. Money arrives when I need it. I'm proceeding as the Mother requests of us, to offer ourselves before your charity as an assist to awaken everyone's spirit of generosity. (3) But I'm not worried. Except that I'll miss the rent!

When I was around 17, I said to God, I'll do your work if you take care of finances and so has it been ever since. It used to frustrate ... some people I know ... endlessly.

My last job was a six-figure job. It was like getting a wonderful send-off.

Oh, and it was the only one that paid me a pension. (4) Otherwise I'd have none. It just all seems arranged, looking back.

Michael once said to me, probably around finances, you have to trust. What else can you do?

Uhhhh, yes. If you're going to be a lightworker, relying on the Divine for your next meal, then you have to trust. Big lesson for me.

***

But back to courage. It isn't that I feel more courageous. It's that other feelings like anger, irritation, jealousy, etc., are little by little leaving me. They're vacating the place, vamoosing the ranch. I attribute this to the rising love energies.

After the heart opening, Michael said:

This [heart opening] occurs, not merely because you have asked for it, but because you (and this does apply to the collective) have done your, can we say, your homework, your due diligence. What we mean by this is simply, think of it in spatial reality, time and space reality: you have created the space for this [energy of love] to, not only pass by you like a passing breeze or a rain, but to anchor within you because there is a sense of this spaciousness within thee. (5)

The work that we're doing in clearing away our upsets and issues - or vasanas - is clearing this space for the heart to open and the most wonderful love to be experienced. (7)

I was talking to someone the other day who has also experienced this love and we both agreed that, once we had, "the jig was up," "the cat was out of the bag." The great secret of life - this ever-deepening and entrancing love - was known. We were now hot on the trail.....

So I do know this feeling of inner space and I know that it attracts love.

***

Also, at Xenia, I experienced my own native purity and innocence.

And now, as we're bombarded by love energy from the Mother, her legions, and higher civilizations, the divine qualities are being unconcealed. While I haven't experienced courage as a divine state (I've experienced lots of anger), I expect I'll find it among them.

Another way of saying that is: The ego is not usually courageous and I don't think it can be made to be so. The soul, the Self is naturally courageous but overburdened with issues and upsets.

The rising energies are dissipating the issues and upsets and unconcealing what I imagine will turn out to be a naturally-courageous Self.

Footnotes

(1) Steve: I have no fear of death. I have a fear of torture.

The Arcturians: Well, you don't have to have a fear of torture because if you have no fear of death you can just choose to die and then they can't torture you.

Steve: I wasn't aware I could do that. (The Arcturians in a personal reading with Steve Beckow through Sue Lie, July 22, 2014.)

(2) Archangel Michael: The dying piece is neither here nor there. You know that I would lift you up very rapidly and take you home, joyously. (Archangel Michael in a personal reading with Steve Beckow through Linda Dillon, Aug. 1, 2014.)

(3) Steve: This poverty that we are having to endure just doesn't seem necessary.

Divine Mother: Because you have agreed that you are on, can we say, the receiving end.

Steve: So our being [poor] is used as a means to get people to open up?

Divine Mother: To express gratitude, generosity, unity and to express what is valuable to them.

Steve: So that is what the spiritual meaning of this is. That we serve that purpose of igniting people's generosity or inspiring it.

Divine Mother: That is correct. You are the catalysts. (Divine Mother in a personal reading with Steve Beckow through Linda Dillon, June 7, 2015.)

(4) Some had cashed out my contributions. Others gave me RRSPs. But none resulted in a pension till my last job.

(5) Archangel Michael in a personal reading with Steve Beckow through Linda Dillon, March 13, 2015. Also in "Activating the Wellspring – Part 1/2," March 14, 2015, in *An Ascension Ethnography* at https://goldenageofgaia.com/wp-content/uploads/2023/08/An-Ascension-Ethnography-12.pdf, at 87-93.

(6) On the work of clearing away our issues and upsets, see *Vasanas: Preparing For Ascension by Clearing Old Issues* at https://goldenageofgaia.com/wp-content/uploads/2019/07/Vasanas-Preparing-for-Ascension-R8.pages.pdf

Run into the Lake. Jump into the Lake. Just Get into the Lake of the Divine Qualities – Part 1/2

September 1, 2021

https://goldenageofgaia.com/2021/09/01/run-into-the-lake-jump-into-the-lake-just-get-into-the-lake-of-the-divine-qualities-part-1-2/

This article answers the question: How will I, as a lightworker, manage a large project? How will I host a radio show? How will I paint such a large mural?

I had a remarkable development happen around ten minutes ago. Yes, I raced for my laptop. Around 8:15 am, Aug. 31, 2021. And here I am in the midst of the experience.

You remember I said that so much depends on whether we recognize something? If bliss arises and it's unrecognized, it leaves. If bliss arises and it's recognized as bliss, it immediately expands and takes up the whole space, as if to say "Yes!" The genie is out of the bottle. We find ourselves immersed in it.

Well, a few minutes ago I just experienced such a life-changing event. An immersion. A baptism.

Ten minutes ago, I was getting ready to go to Costco. I have a number of things I need to do today and so I was planning things out. I'd now gotten everything arranged and felt quite satisfied.

I looked at my emotional field, my mental field. All was satisfaction, except....

Imagine that my whole field of emotions was lemon-yellow flowers. There was one strand among all that yellow which was a different color. It stood out from all the rest.

I had to feel into it to know what it was, it was so foreign.

When I did, I recognized it as something I haven't known since my very earliest years - confidence.

It immediately expanded and took up the whole space. I'm immersed in it now. I never considered whether confidence was a divine quality. Just as I never considered that abundance or mastery were divine qualities. But they all are.

Remember I'm an Ascension ethnographer by self-decree so I'm connecting dots here, some sociological, some spiritual.

This experience, happening right now, is an event in understanding (what sociologists call *verstehen*), verifiable only by me. Consequently you either accept my version or not but no further proof is forthcoming. (1)

This experience allows me to confirm my distinction between a feeling and a divine state. A feeling arises in and is associated with a part of me - my heart, my stomach, my throat, my head. But a divine state is like jumping into a lake. It completely surrounds you. You're immersed in it.

Run into the lake, jump into the lake. Just get into the lake, Sri Ramakrishna said. (2)

We're not really immersed. The feeling is more like a blotting paper soaking up water. I am "full" of confidence at this moment, so to speak.

What's happened, I think, is that we've triggered a remembrance of a state of being that is ours naturally but which we've covered over with persisting defensive

measures like vasanas (core issues), behavior patterns, and other counterproductive creations. It's the overburden that needs to go, with nothing put in its place.

Usually something catastrophic happens in the course of which we either see or realize our original pure and innocent state in the form of a particular divine quality (for me in this case, confidence)

But it doesn't have to be that way if we'd only watch for those subtle appearances of the divine state among everything else happening in our emotional field. Once we see it, we try it on to find out what it is and bingo! It expands. Game over.

Yes, it subsides. All experiences short of sahaja samadhi or Ascension do subside, at least somewhat, over time. But we're left with a residue.

This is a clever plan on the part of the Company of Heaven because it gives us the evidence and encouragement that things are happening (in my case a burst of confidence). But it leaves us in a state of reduced experience of the divine state, where we can still manage to interact with the world. (As lightworkers rather than lightholders, we need to remain able to navigate in this world.)

So it accomplishes both indisputable encouragement and increased capacity for the job. I say this is how the Company of Heaven is going to make leaders and managers of us.

(Continued in Part 2, below.)

Footnotes

(1) I will not debate my findings with empirical materialists, I'm afraid, or submit them for academic approval. The academic paradigm of empirical materialism is too small for me to achieve the understanding and results I want, such as enlightenment.

I cite St. Bernadette:

"Each of you is truly facing this dilemma: Where is the proof? This is one of the reasons why this Council of Love has asked you to focus on the Blessings and Virtues, because the proofs, the landmarks, the markers have become internal rather than external.

"This is something new for you to learn; this is a quality of Nova Being. You are learning a new way of measuring proof and it is from within." (St. Bernadette on Prudence in Linda Dillon, *The New You: Emerging into then Brilliance of Humanity's Heart Consciousness*. Port St. Lucie: 2013, 189.)

(2) "You see, the thing is somehow or other to get into the Lake of the Nectar of Immortality. Suppose one person gets into It by propitiating the Deity with hymns and worship, and you are pushed into It. The result will be the same. Both of you will certainly become immortal." (Paramahansa Ramakrishna in Nikhilananda, Swami, trans. *The Gospel of Sri Ramakrishna*. New York: Ramakrishna-Vivekananda Center, 1978; c1942, 217.)

Immortality = No necessity to die and be reborn. Sri Ramakrishna is discussing Ascension.

Run into the Lake. Jump into the Lake. Just Get into the Lake of the Divine Qualities – Part 2/2

September 1, 2021

https://goldenageofgaia.com/2021/09/01/run-into-the-lake-jump-into-the-lake-just-get-into-the-lake-of-the-divine-qualities-part-2-2/

(Concluded from Part 1, above.)

So my job now is to describe confidence as clearly as I can, in just a few words.

Well, until now, I've been using bravado, image-management, other-direction (character formation in response to what others say), etc., etc., to navigate my world.

There's always been a tinny ring to it. Something wasn't quite right. And I never knew what.

I think of the Tinman in *The Wizard of Oz*. I always had a tinman quality to me.

My brother had things right. But I never knew what it was about him that that was. Well, I now see it was confidence.

How is confidence different from the bravado I see I've used until now? For one thing, there's no effort involved in being confident.

But in bravado, there's a heck of a lot of stage and prop management, management of our lines and looks, watching the way we walk and talk, on and on it goes. All of that goes out the window now. It isn't needed.

In confidence, all of that falls away with nothing needed to replace it. I repeat: *With nothing needed to replace it*. Confidence itself ... and here again I search for words ... is felt as a substantial addition to oneself which allows ... not quite fuels ... us to walk through life without the very questions and urgencies that not having confidence gave rise to.

"Substantial addition"? It lends substance to our words. It adds weight to our opinions. We seem confident in ourselves, in the outcome, etc. Use it for negative purposes and I guarantee that it'll disappear and we'll be back to image and stage management by bravado, which other people recognize at some level.

"Without the questions"? The very questions bravado addressed have disappeared along with the situations in which bravado was called for. "How am I going to do this? What will I say?" All the rehearsals and soul-searching are gone with nothing but confidence to replace them. And confidence is more than enough to have one stride forth positively.

Confidence is not a Third-Dimensional feeling. It's wrap-around. It's enveloping. Soon I'll lose awareness of it but, while I'm in it, it's ubiquitous, all-embracing.

That's why we need to put nothing in its place to replace bravado.

That's why Da Free John could say his space was the space of no dilemma. Yes, I see it now. There are no dilemmas in confidence, only steps to take; no problems, only situations.

That's why Lao Tzu could say do nothing. In the space of confidence, I do nothing to address what I would have been addressing in the other space by doing a great deal, constantly.

Remember I said I now know how we're going to manage the large projects expected of us later on? The Mother or her legions would bestow on us as much light as we need to wake up our hidden capabilities.

I'm describing one instance of it as it happens.

I look at myself. There's no cold chill running up my spine. There's no feeling of dismay such as in "How am I going to do this?"

There is just a warm nowness in which whatever shows up is fine.

A very thorny problem just came to mind and the solution was instantaneous. I get to see that it wasn't that I had no solutions; the solution was right there in front of me. It's that I lacked the confidence to just put forward the obvious and take the consequences.

Not courage, but then my courage always came married to bravado. I haven't tested my confidence out in a situation calling for courage so I don't know what's so right now.

This space could last minutes, hours, days. A residue of it will, I'm sure, stay with me. But for however long it lasts, I love it. Divine states like this make life worth living.

Who cares for a Lamborghini, compared with a wonderful, nurturing space like confidence? Doesn't a person buy a Lamborghini because he wants a space as satisfying as this? Does it work?

Notice: I did not get this space from another. We might want to stop seeking love, peace, bliss, and now confidence outside ourselves altogether. We have them already. Just let go of the overburden of vasanas, behavior patterns, etc. Or recognize the wisps of confidence and bliss as they pass through our emotional field.

Run into the lake. Jump into the lake. Just get into the lake of the divine qualities.

⌘ Experiences of a Divine State ⌘

Submerged in Love

March 14, 2015

https://goldenageofgaia.com/2015/03/14/submerged-in-love/

This article requires a little explaining. This morning (Friday, Mar. 13, 2015, at 7:00 a.m.) I had a spiritual experience, which still continues with me late into Friday evening.

Not surprisingly, since this has happened before, I had a scheduled reading with Archangel Michael three hours later.

Two hours into the experience, I wrote the article that follows. It was written before I had my conversation with AAM, to record as much as I could discover about this remarkable space.

Archangel Michael called it a "heart opening," and "the beginning" and "a part of" Ascension. Did I say I was ascended? No. But the space itself is exquisite, wonderful, and so I record it here.

I slipped into a spiritual experience a short while ago (at 7:00 a.m. on Friday, Mar. 13, 2015) (1) that began so subtly that I knew I had to make a record of it.

Imagine becoming successively drunk from drinking one glass of sake after another. Only you haven't drunk anything. I hadn't taken so much as an aspirin. The event was clearly inner-initiated. It had no "external" cause.

I became aware of something which I thought of as "an influence" creeping up my legs and torso, which put me in a mood of love and calmness.

After the mood came to my awareness, I acknowledged to myself that it seemed like the Divine wished to communicate. (2) So I surrendered to the communication. I allowed it to continue, unhindered.

And almost immediately thereafter, in an outward sweep of the experience, it blossomed, or mushroomed, or expanded into a deep sense of love, joy and stability. (3)

Steve: I have no idea why I chose to record the early stage of the experience this way, but I had a reason at the time. In any case when the kundalini reached the fourth chakra, there was an explosion. Some obstacle was blown out of my heart and my heart door was now open.

I believe it was meant to be a showing, a greeting, a demonstration of what emergence onto another plane of consciousness may be like. (4)

I think there's some correlation between it and the exercise that I've been doing of breathing up love and sending it out through the Third Eye. (5) I think doing that exercise may have released this energy.

Calmness predominates. It's what allows the experience of all the other qualities. But calmness without love or joy would be like a dark night to the soul. We of this generation are spared that fate. We've been given the complete cleansing and purification treatment during the Mother's baptisms and tsunamis.

I'd like to think that this state I'm in right now is what awaits us. But I don't know.

What's different about this experience from others?

(A) It just crept up on me, from nowhere, for no reason. It wasn't an Aha! It wasn't even a dawning awareness. It was an influence that saturated me.

(B) It announced itself so subtly. I was reminded of the scene in *The Ten Commandments* where the Destroyer's green fog surrounds the Egyptians. That was about the feeling here as well - something almost creeping up on me. I had to become aware of it and then work my way through ideas to discover what it was or might be. I had never experienced it before.

(C) It wasn't just one thing; it was several. I felt love, bliss, stability, OKness, (6) a propensity to joy, and a stillness of the mind. Usually I only feel one - love or stillness or bliss.

(D) It lasted. Here I am (now approaching ten hours from when it began) and the experience of being submerged in love continues. Usually it begins to subside very soon after the experience and slips away. But this demonstrably remains. In fact some time ago, it increased. It's now stable. That's the opposite of an experience's usual progress.

(E) It can be maintained in action, which is a first for me. Usually with bliss, I can't move a muscle. This new mobility while in a spiritual experience also may be an indication of our collective progress.

In this space, all is forgotten and forgiven. In it, there isn't the possibility of error. There are only dramatized moves that don't need to be dramatized. But they themselves are part of and embedded in a wider drama of need/hurt/revenge that so many of us are caught in. (6)

It would take years to emerge from this desert we inhabit by ordinary processing. The jump to a higher space accomplishes the task instantaneously.

This space doesn't care about allegations or legal arguments or even matters of principle. Why? Because human beings are known to drag principle into the service of their own self-interest.

It cares only about the presence and the primacy of love.

That's as far as I can take the reporting and analysis. I have no idea however long this will last. It's lasted far longer than I'd expected, as of right now. Is it permanent? I don't know that either. Is it wonderful? Superb.

[It lasted from March 13, 2015 until Sept. 28, 2015, at which time it became bliss.]

Footnotes

(1) The vision experience I had in February of 1987 also happened on a Friday the 13th.

(2) It was surrender or drown.

(3) Archangel Michael later described it as a "heart opening." 2021: In fact my hridayam exploded and I was flooded by an inner tsunami of love. I seem to have shied away from using the word or description here. Or else two hours into the experience I'd forgotten the initial explosion, such would have been the impact of existing in a tsunami of love.

(4) AAM actually described it later as "the beginning" and "a part of" Ascension.

(5) AAM later confirmed that there was a connection.

(6) Which is probably why our relationships so often don't work.

Love is the Way, the Truth, and the Life

May 6, 2014

https://goldenageofgaia.com/2014/05/06/love-is-the-way-the-truth-and-the-life/

I've just had a spiritual experience that I made notes of as it happened. Thank heavens, I did. I was just lying down reading something. Had I not written it down, I'm not sure that I'd have remembered it.

Do I know how long it will remain with me? No, I don't. Every spiritual experience before sahaja samadhi is temporary so this one may leave. So I'd best leave a record.

I was lying down reading when I suddenly found myself in a blue setting, the Mother's blue, and just as suddenly the blue wall burst. It was like a chocolate that had caramel inside. It flowed everywhere.

Only this was love. It was ambrosia. It was the living waters.

Was this a part of the tsunami of love? The Mother's blue, her wall bursting? I think it a safe bet to say yes. Just one version of it though, I'm sure.

Let me pick up where I began making notes:

At this moment, I'm seeing love everywhere.

And I see that love is everything and love has become everything.

And I am a part of that everything and so I must be love.

At this moment I recognize it. I'm aware of it. I experience it.

My essence is love. For however long the moment lasts, I know that I am love.

Love is everything of value. Everything that exists. Every reward we could ever want or would ever ask for. It satisfies completely.

Love is the way, the truth, and the life.

I am love. Everything is love. Love has become everything.

Activating the Wellspring – Part 1/2

March 14, 2015

https://goldenageofgaia.com/2015/03/14/activating-the-wellspring-part-1-2-2/

Reading with Archangel Michael and Steve Beckow through Linda Dillon, Feb. 13, 2015, the same day as my heart opening.

AAM: Greetings, I am Michael.

S: Greetings, Lord.

AAM: Welcome, welcome, welcome, to you, beloved friend, ally, anchor, communicator, bringer of news.

S: Thank you.

AAM: And, yes, your heart is open. The opening is, and will, and shall continue.

S: You mean permanently, Lord, really?

AAM: Yes.

S: Oh my! Please!

AAM: Because, you have said yes!

S: Yes, I have. I definitely have said yes.

But you must give us details because I think other readers will want to know what just happened, and what the consequences are. Can you talk about it for a little bit for the sake of others?

AAM: Yes, we will talk about it.

As I, and we, have relayed, many are either at, or through, or back and forth through the Ascension portal. Now, we don't want to talk about this strictly in terms of Ascension.

Because what you are doing is anchoring the higher vibration of divinity, of the Mother, of the Love, of the One into your sacred being, into your consciousness, into every fiber and level of your being.

The feeling, the experience - because it is so much more than a feeling - the knowingness is actually very simple. It is love. In that, there are the elements of joy, of peace, of calm, of serenity...of simply being.

This occurs, not merely because you have asked for it, but because you (and this does apply to the collective) have done your, can we say, your homework, your due diligence. (1)

What we mean by this is simply, think of it in spatial reality, time and space reality: you have created the space for this [energy of love] to, not only pass by you like a passing breeze or a rain, but to anchor within you because there is a sense of this spaciousness within thee.

S: I understand.

AAM: When one is clinging to core issues, to fear, to lack, to limitation - you know the list - there is not that sense, not only of spaciousness, but of acceptance, allowance, readiness and even permission. Because as you know, we continually say that we will never override your free will.

So, if the will, either actively or subconsciously, is actually choosing to still engage in the issues or the drama, then although we are standing at readiness and still penetrating you, that open door is not there.

S: So, the open door was there with me?

AAM: That is correct.

S: Did the exercise of bringing love up from my heart and sending it out through my third eye to the world play a role at all in this?

AAM: Yes, it did.

S: Could you talk about that for just a bit, please?

AAM: One of the strongest or the ultimate expressions of love, of willingness to not only participate in love but to be the love, is in the sharing. To say that you are love, or are loved, or you love this, that, someone... but [then] you keep it within you, you hoard it - and we do not necessarily mean that in a negative way - sometimes the feeling is so blissful you do not wish to actually take the next step quite yet, in terms of sharing.

The ultimate experience is in this sharing. This is what we speak of when we speak of sacred union and partnership. How can you possibly be in any form of partnership with humanity, with the Star-beings, with us, with any being, if you are not sharing.

So what you do when you bring the love up and out, when you begin to send, to share; it is as if you have in fact activated what we call the wellspring. The visual you may think of is the volcano.

It is not that you empty out. It is that you discover that that wellspring is SO full and overflowing that it is a steady stream. That steady stream does not ever, ever (think of what I say!)... it never has to cease!

S: It is hard for a human being to get that, you know. We keep thinking, “Oh no, someone’s going to turn the wheel and it’s going to stop.”

AAM: You tend to think of start-stop; of full-empty. But it is not the case. What you are doing is plugging into the ever present flow of the Mother's energy, of the love.

S: Remarkable, remarkable. We human beings want to know where this fits in the scheme of things, and what its relationship is to this over there. Is there a name for this kind of experience I just went through? And still am, actually... And will be.

AAM: Yes, and will be. This is what you call part of your Ascension process and it will simply grow and expand.

S: What growing and expanding means is exactly what happened this morning, right?

AAM: That is exactly correct.Then it begins to expand in what you can think of, in every body - mental, emotional - because there is no separation. So the physical attributes that are one and the same with love begin to come forth as well.

S: Okay, can we just go back over that for a second? I'm trying to get my mind around that.So this transcendental wave of love that is coming to us is impacting all our bodies in all dimensions, the mental, causal, all the other bodies?

AAM: That is correct.

S: They are going forward together. Now I think you suggested there is an impact on the physical body or our everyday awareness from this. Is that what you were saying?

AAM: Yes, because you cannot be in this intensity (and do not turn it down whatever you do!)....

S: No, gosh! Why would anyone want to do that?

AAM: Well, we are often surprised!

What happens is, then you begin to see with different eyes. Then you begin to see more clearly. Humans have a tendency to think, "Oh, now I am seeing with my third eye," "Now I am seeing with my fourth eye," "Now I am seeing with my fifth eye." It is not like that.

There is the inner vision, the experience of the inner vision which allows you to truly see what is, but you also began to see that, energetically. You will see more with your eyes. You will see orbs, different colours, bigger fields, etc.

S: Telepathy may also expand?

AAM: Exactly. Telepathy, communication ability. So think of your physical communication, your writing, your oral you, your telepathic, your soul-to-soul communication, your communication above and below begins to expand, your cellular structure, because it is vibrating at a different rate.

Your cellular structure begins to regenerate because it is filled with what you think of as life force. It is a truly love force. So everything begins to shift. You begin to see that you can be the truth of inter-dimensionality.

S: Yes, a sense of certainty arises, a sense of stability and solidity.

AAM: And you realize that it's a solidity that is not solid at all!

S: No, I know! I was thinking of that even as I said it! Yes, absolutely.

AAM: It is a sense of knowingness. And, yes that stability means there is simply no space for the sense of doubt or uncertainty or even concern or fear.

S: Also, issues just disappear! There is no need for forgiveness because I can't remember what the issues were! In this wave of love, this submergence of love, and I really do mean submergence, like I am under sea.

AAM: You do not need to remember.

S: No, no need at all! I wonder why I felt the need! (Laughing)

AAM: It was part of what we would refer to as the old human traits.

S: It is all a question of deprogramming, is it not?

AAM: In many ways, yes. What you are doing, is what you think of as deprogramming, unwinding the old programming; hitting the literal delete button; not simply saving it somewhere where you can go back and pick at it later. Yes, it is the reprogramming, the rebooting of your entire system.

S: I think people may not adequately realize, (oh, how can I say it; is so hard to talk about these things, they are so new to me) that forgiveness itself is tied to memory. If there is no memory, there is no need for forgiveness of anything. There are other factors too. This love does something to me that has me not be interested in the drama and the other things.

AAM: Because it does not serve. When you are thinking about forgiveness, think of it as a step along the way.

So when you have done your forgiving; and the most important part is forgiveness of self, then you can create if you choose, situations where you wish to keep score. But the larger question is, why? Why would one even choose to do that?

So often we hear the humans (to myself, to Gabrielle, but mostly to Yeshua or to the Divine Mother) begging for forgiveness. Now, understand that forgiveness is always granted, because it is an act of mercy. It is an act of love. But does the Mother have need to forgive? Does she keep a tally sheet? No!

S: No, as competent as she is!

AAM: As competent as she is, it would be far too lengthy!

So, no, it is not a trait. It is a plea for help. And that plea, of course, is always heard.

S: There is another aspect I would like to talk to about for a minute, and that is that I think people hearing a discussion like this might say to themselves, "That's all fine and dandy for you to say. You're living in the experience of love."And, that's true; it's true that it was very hard to deprogram while not living in the experience of love and it is very easy to think, "I don't even need to deprogram in this space."

AAM: It is difficult to reach this place, only because the human program as you are calling it (and this is an excellent term) is one that thinks, or feels (but it is [the] mental/emotional [body] that thinks) that, "That [outcome] is above, or beyond".

When we suggest that there is a need to create this sense of spaciousness, so often what we hear is a resistance that says, "Well, I have already done my clearing. I have already done my forgiveness. I have already asked for help."

But if you are not in this sense [space] of the love and knowing full well, beyond any shadow of any doubt in any realm, this is what you desire, this is why you are here to create - this sense - then simply go a little further, my friends. You do not walk alone. And the journey is guaranteed!

There are very few guarantees, but when you keep going, you will arrive!

S: Thank you!

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Footnotes

(1) “As you remember to be loving, and demonstrate Love in action, your energy field changes to reflect and extend that Love to all with whom you connect in any way at all. And so by changing yourselves, you are changing the world and dissolving all that is not in alignment with Love." (Saul via John Smallman, Nov. 23, 2014 at http://johnsmallman.wordpress.com/2014/11/23/you-are-all-spiritual-beings-and-nothing-can-change-that .)

Activating the Wellspring – Part 2/2

March 15, 2015

https://goldenageofgaia.com/2015/03/15/activating-the-wellspring-part-2-2/

(Continued from yesterday)

Later in the same reading of Feb. 13, 2015, I returned to the topic of the spiritual experience that I was in the middle of (and still am) because I wanted further reassurance.

AAM gives a lot more information on this space or state of being, which he described earlier as a "heart opening" and the beginning stages of Ascension.

Steve Beckow: So, I need more reassurance. You are reassuring me that this space that I'm in right now will not suddenly disappear tomorrow. This is the baseline now, is that correct?

Archangel Michael: That is correct. Hold it, love it. Allow it to grow. Cherish it. Do not think for one moment, “Oh tomorrow I’ll wake up tired, grumpy and wasted.” Do not go there, dear heart.

S: It seems to be affected by breathing. Breathing helps. It seems to cause it to expand. Is that an accurate observation?

AAM: It is the letting go.

S: The letting go. So in breathing in, am I letting go of the tension? (1)

AAM: You are letting go and you are bringing in. It is a simple as that. But of course it is not.

Breathwork, as you well know, (2) has always been the most straightforward and one of the most powerful of tools. It is the essence of life. You cannot live without your breath.

But what people have not truly, fully understood (just like they have not understood the space between the letters of each word, not understood the space between each atom and cell of their body), the breath, the air, the oxygen, the compound that you are breathing in is the love force. (3)

Now what happens, (this is something for you to share) is that you are breathing love force, quite literally, from the Divine. Then what happens, or what has occurred, in what you think of as your past (now the key: do not go and live in the past), is that it has passed through what we would call the denial filter.

The denial filter is your filter that has been filled with the constructs of the old Third: fear, control, sense of lack of worth, sense of lack of love... It passes through that. You can even think of it as being like a filter that is in your sinus, the top, the back of your throat. And it passes through the denial filter, so when you bring it in, you are only getting a minimal part of what is being offered.

S: And that's our programming.

AAM: That is the programming.

It is like when someone says to you, even when I say to you, “I love you” and then you immediately put all these restrictions or limitations on it. So often among humans it is, “Oh, you love me because...” and it is not [so]. It is simply ... love.

S: Yes, yes, yes. And when one sees that, it’s such an amazing thing to realize. That real and transformative love has no object except as we call it into service. But unto itself, it has no preference, no partiality.

AAM: None.

S: So, what is next? What do you want me to do next?

AAM: What is next is the anchoring, the allowing of this sense of unity to simply expand and anchor, expand and anchor. Go higher, go deeper, go broader and, celebrate, sweet angel.

S: The predominant way I go broader, etc., is by writing, right?

AAM: That is correct!

S: I share my space. I share what’s happening...

AAM: It is our platform!

S: Okay. Very good. Thank you for that. Anything else I haven’t touched upon that I should know about?

AAM: You are in your process of expansion, of allowing, of becoming, of accepting the sweetness of who you are.

Often you have said to me, “Oh Lord, I am a warrior.” But beloved, you are so much more!

Allow every aspect of your being - the poet, the lover, the artist, the child, the adult, the elder - let it ALL be [expressed].

Let it all come to flower and share it all. Demonstrate and share and show what is possible. (4)

For this I thank you.

S: Thank you, Lord. Thank you ever so much.

AAM: I love you, dear heart.

S: I love you, Lord.

AAM: Farewell

Note: Already one reader has written in saying she had a similar experience:"Dear Steve

“On Friday I felt this loving energy expanding out from my chest. I felt secure and I knew this was the time to give birth to the new, to grow and do my part. I have been waiting for this all my life.

“Sometimes I had this experience only for a short time. If now as Archangel Michael said, it's going to be permanent we literally have the sacred fuel that we need to do what we came here to do.

"The experience may be permanent but its intensity or fulness does wane. It can be brought back to its fulness by breathing in love from the heart (or from the air) and breathing that same love out to the world, as AAM discusses in the reading.”

Footnotes

(1) Muscular tension in the body is the cause of lowered awareness. Awareness varies inversely proportional to tension in the body. The Divine Mother said on last week's Hour with an Angel: "Density of the human form is caused by unloving emotions." The bands of muscular tension we create by our counterproductive programming are this density. (“Transcript of the Divine Mother: Density is Unloving Emotion; Love is Lightness of Being,” March 6, 2015, at http://goldenageofgaia.com/2015/03/06/transcript-of-the-divine-mother-density-is-unloving-emotion-love-is-lightness-of-being/.)

(2) I've done rebirthing, bioenergetics, vipassana, and probably several other practices with some relationship to breathwork. So, yes, I do know the power and importance of the breath. If I have the time after the Reval, I'd like to do some work reviving these almost-lost arts.

(3) So I don't need to be drawing love up from the heart. Love is the very air we breathe.

(4) Would you agree that this is about the clearest example of a mission being assigned that any of us may have ever seen. It is and was for me.

What a Blessed Relief! – Part 1/2

August 3, 2021

https://goldenageofgaia.com/2021/08/03/what-a-blessed-relief-part-1-2/

Deliriously happy

The experience this article describes and comments on was not a full one. I wouldn't want people drawing conclusions on the basis of it for that reason. I worry that an account of a partial experience may confuse rather than clarify.

But in the end I thought that even explorations which are partial may contribute to our knowledge and so I post it.

I'd like to leave it to later research to say what dimension was involved.

I'm no longer in this space, but the residue is surprising. For the first time in my life, I feel completely normal. It's as if the experience healed my issues.

I've been - abnormally - irritable, cynical, suspicious, guarded, you name it, until July 31, 2021. I've found it very difficult to get out of negative emotional territory and into positive.

This event, however, closed the chapter of my life associated with issues and with negativity. It took an experience of ecstasy to finally have me make the transition.

The account that follows combines my notes during the experience with later additions to flesh it out.

It's 4:20 PM on Saturday, July 31, 2021.

There's a war going on inside of me, with much the same contours as the war going on outside.

I just became aware, through moment-by-moment awareness of myself, of a layer of me that is ... deliriously happy.

For now I can only contact it by being totally still. The moment I try to do anything in regards to it, the ego begins to run wild. What? Me, happy?

I, the observer, ask the body to to welcome this unexpected visitor by being as still as a churchmouse so as not to set off the ego.

I go into stillpoint. (1)

To get through the muscular and emotional resistance to upsetting the ego by being happy, I have to go through a maximum of ego-generated distraction. Think of it as flak. Coming in from the left. There's one from the right.

Ordinarily I'd back down and go back to being grumpy. The ego won. I need peace and I trade submission for peace. Tough-guy self-image retained.

But not today because today I'm deliriously happy - at a deep level of myself, below usual consciousness. I can barely get in touch with it before the next egoic onslaught.

(This is why I say this was not a full experience and why I've been reluctant to share it.)

I invoke the Law of Elimination and ask the Divine Mother to take my conceptual knowledge away, my world of meaning. Give me a factory reset. The stillpoint of stillpoint. I definitely do not need this data bank that I carry around with me.

I'm very much aware that whatever is permanent will endure and whatever is temporary will not. I'm fine with that.

I'm now bereft of Steve. Since I've experienced my original innocence and purity, (2) I have a pretty good idea of what to expect in this current situation.

Still, normal, and bereft of identity, I let go. All is under the Mother's direction and she knows what she's doing. To control this in any way is beyond my pay grade. (3)

I next invoke the universal laws of Intention, Sacred Purpose, As Above So Below, and a few others and ask the Mother to restore me to my original innocence and purity.

Immediately I see that this is a bit of a ridiculous request because those qualities are always already here. There's nothing to restore to me or for me to be restored to. If my innocence and purity are not an integral part of me, then who are they an integral part of?

And then I remember ... deliriously happy? ... I know this space. This is ecstasy!

Once recognized, I immediately feel total abandon. Total completion. Total satisfaction. This is ecstasy.

Let me not let this space out of my grasp too quickly and let me not try to hold onto it either.

Let me allow it to pass downwards, as an energy, from a space inside my head to my chest.

I've never done this before. I see that this completes some kind of circuit of head and heart. The result is that, at this moment, I have the sense of not being bound by anything.

(Concluded in Part 2, tomorrow.)

Footnotes

(1) See “And Here It Is,” June 11, 2021, at https://goldenageofgaia.com/2021/06/11/and-here-it-is/ and “Stillpoint: The Dark Night of the Soul,” July 11, 2021, at https://goldenageofgaia.com/2021/07/11/stillpoint-the-dark-night-of-the-soul/

(2) See "Original Innocence," Sept. 21, 2018, at http://goldenageofgaia.com/2018/09/21/original-innocence-2/.

(3) The Divine Mother once explained to me the role the higher orders play in our enlightenment experiences:

Steve: Implicit in what you are saying, Mother, is something that hasn’t been really talked about very much and that’s that the archangels or somebody else is managing our enlightenment experiences, timing, intensity… Am I correct in that?

Divine Mother: It is a Board of Directors rather than being, “managed by.” That concept, the way that you have phrased it, dear heart, implies that you are being “managed." And that is not correct.

[Steve: Otherwise, it 'd be a violation of free will.]

Now also know, and it is delightful to speak about this ... the timing, the pacing (and when I say “pace,” I mean the sequential unfoldment) of an Enlightenment process is such that of course you have a guardian [angel] and usually an archangel that is working with you so that it is humanly and can we say, soul or esoterically - via your universal self - managed.

So very often, the construct was that things were done for you or certain things were placed in front of you. Now I am not saying that there aren’t great many things that are put in front of you and done for you continually.

But you are far more involved and engaged in your Enlightenment process in terms of literal, actual, physical, mental, emotional engagement than you have been previously.

This is a good point for a discussion and that is why we have talked this day of this chaos and this bouncing ball of untruth that is constantly in the air of human relationships right now.

But what is happening is that sometimes in terms of your, shall we call it "schedule?" that you are online for a certain upgrade or opening or level of becoming and the human being despite all the nudging and approaching and support tacitly or actually says, "I'm not ready" or "I'm not interested." (Divine Mother in a personal reading with Steve Beckow through Linda Dillon, Oct. 26, 2018.)

Can you put me on the waiting list please, Mother, for when an invitation goes untaken?

What a Blessed Relief! – Part 2/2

August 3, 2021

https://goldenageofgaia.com/2021/08/03/what-a-blessed-relief-part-2-2/

(Concluded from. Part 1, yesterday.)

I'm savoring this space of total freedom. It's just ordinary. It's just normal. It's simply the absence of fear. (1) Everything is so simple viewed from this space.

I know "normal" has a bad rap these days. But "normal" as in grounded, balanced, and peaceful is exactly the way I feel.

I have this fantasy image in my mind's eye of me entering Rome in a triumphal procession and everyone throwing flowers and shouting, "Yay! He's normal!"

The sense of completion I feel and the rise of normality bring with them a leaving of my life as a drama, set in motion by my Dad's violence when I was very young. With that chapter closed, I return to a normal life. (2)

Ecstasy was a high enough state that it lifted me out of my problems, issues, resentments, pessimism, egotism, seriousness and all the rest. But I don't mean "lifted" me for the moment as with bliss, but lifted me conclusively. That chapter feels closed to me now.

I immediately recall Mary Magdalene saying "love with abandon!" and I now know precisely what she meant. (3)

I would never have found the way out if left to my own devices, not at a Fourth-Dimensional level.

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The other occasion on which I experienced ecstasy was in 2015 and that was for a brief time. This time I come to it with questions, rather than just wonderment.

If I were not in ecstasy and someone suggested I experience a space of complete abandon, like delirious happiness, my insides, afraid of the ire of the ego, would immediately shut down any possibility of such an experience. No way. Not for me. I need to stand on guard. (4)

But, when *already in ecstasy* ... well, first of all the ego hightails it so as not to get fired. But second of all, considerations of any kind fly out the window; they dissolve like the mist before it.

I can now add ecstasy to the divine states that are dissolutive (my word). Love, bliss, and peace also dissolve our Fourth-Dimensional concerns.

Can I think of a divine state that doesn't sweep away our concerns? No, I can't.

My working hypothesis is that entry into any of the higher dimensions - and with it entry into the divine states - will see the dissolution of our concerns and considerations. Now to test it out.

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So how do I feel?

On the one hand, I've just taken a bath in the Ganges and I feel happier than I ever have.

On the other hand, my clothes await me on the shore. My ego seems ready to spring as soon as I settle down.

But, for as long as it lasts, this freedom from all concerns, which feels so insanely peaceful and normal, is the answer to my prayers.

I didn't get to let go entirely and just dissolve in it. I need to remain grounded and expect my experience to have been moderated. But what a ride it's been, even so!

Enough note-taking and commentary. Time to go outside and enjoy the experience! What a blessed relief!

Footnotes

(1) When I say "It's," I'm being colloquial. I don't mean to infer that ecstasy is reducible to an absence of fear. But if I let myself fully experience ecstasy - and could - I'm sure I'd be deliriously happy.

(2) The unfortunate treatment started in the crib. I had excema as an infant and my parents tied me to the sides of the crib to prevent me from scratching. They wheeled me into the kitchen, there to let me scream until I fell asleep. I have very distinct memories of those days. I know the clock that was on the wall (a Felix the Cat clock). I can see the car lights going past, which I thought were ghosts. And I'm cold because I've kicked off my blankets in protest.

I don't actually recall a time when I felt as normal as I feel right now.

(3) "Do you realize that this tool of Love can be wielded with utter power and abandon, knowing that with every swipe of it, you become more whole, more entrenched in your divine nature — more whole within all your aspects, and more capable of absorbing and integrating all parts and aspects of you, multidimensionally, as well as with all aspects of Christ Consciousness/God Consciousness?" ("Mary Magdalene: You Are Pure Divine Love," channeled by Fran Zepeda, February 1, 2015, at https://franheal.wordpress.com/2015/02/01/mary-magdalene-you-are-pure-divine-love-channeled-by-fran-zepeda/)

(4) My Dad was the trigger for my guardedness but behind him, I'm pretty sure, was the past-life residue from a life as a military commander. Dad only awakened dormant memories, I now think, looking back from a place of normality.

The State of Being Called Happiness

February 21, 2020

https://goldenageofgaia.com/2020/02/21/the-state-of-being-called-happiness/

Just a few days after finding myself in the state of consciousness called abundance, I've had another major breakthrough this evening.

I suddenly realized - out of nowhere, though probably guided - that I didn't allow myself to feel happy.

I swear I don't remember a time in my life when I've actually allowed myself to deeply feel that way.

I've perpetually kept a lid on it.

The very next moment after I realized this, I felt overwhelmingly happy.

And not just as a feeling. In the same way that I discovered that peace was like granite, solid and stable, (1) so for a brief moment was happiness the same - solid, strong, stable - much deeper than a simple feeling. But I'll continue to use the word "feeling" because I have no other word for this deep a consciousness state.

The feeling was totally novel to me. (2) I was flooded with memories of people inviting me to feel happy and me responding irritably. I swear I never knew why I responded that way, never even thought anything was amiss.

But some time ago, in the distant past, I must have felt so hurt, so traumatized that I distanced myself from happiness. I locked it away somewhere and led an essentially unhappy life.

Bad choice.

What have I done to myself? How could I never have seen this?

Or are we just getting deeper and deeper into our vasanas, our core issues as the energies rise?

But for now, and for as long as it lasts, (3) I feel happy. And look! Happiness leads back to love.

All roads seem to lead back to it.

In all the years I've been writing about love, I never connected it to happiness. Happiness was literally elbowed off the stage by dismay, sadness, regret, and hopelessness, all feelings that arose out of conflict with my Dad.

I'm now at least in bliss, blending into ecstacy. Happiness is a door into all these!

I notice that bliss and happiness are very compatible. They blend into each other.

Happiness is in the moment. Like love, happiness is a higher-dimensional or transformative space.

Like love, the minute I go into unawareness with it, it disappears. As with bliss, I really have to sit here, just enjoying it, to get the full effect.

I'm happy and I have no reason for being so. It's independent of the circumstances. I feel like Scrooge waking up on Christmas Day.

I don't know how long this experience will last. It came out of nowhere and may as likely disappear into it again.

But for however long it lasts, I'm going to savor it.

For the first time in my life that I can remember, I am happy. (4)

Footnotes

(1) Here's an account of peace being like granite:

"Immediately I found myself sinking into a deep, deep sense of peace, way down deep. I ended up in a place that was absolutely solid. It was as if I were standing on a slab of granite.

"Later again, in *An Hour with an Angel*, Michael also described peace as being like stone and I remarked that that was my experience as well. I would have expected downy softness.

"The solidity of the ground under my feet probably reflected my own inner stability, which seems to be a gift of true peace when it becomes permanent.

"This peace passed understanding in the sense that the mind was so still I'd have to describe it as inactive, archived, taken offline. There was no such act as understanding going on because the mind was decommissioned.

"Of course the experience passed, as all do short of Ascension." ("The Peace that Passeth Understanding," July 18, 2017, at http://goldenageofgaia.com/2017/07/18/the-peace-that-passeth-understanding/.)

Archangel Michael: So, when you think of things that you should do, are supposed to do, might do, and it doesn't ignite that fire of excitement, and that granite of peace, then you are being given an important piece of information, which is 'look elsewhere.' Is that clear?" ("Transcript ~ Archangel Michael: You Have Chosen to Be the New Paradigm of Love, May 31, 2018," June 7, 2018 at http://goldenageofgaia.com/2018/06/07/transcript-archangel-michael-you-have-chosen-to-be-the-new-paradigm-of-love-may-31-2018/.)

(2) Here's what AAM had to say about the experience, a day after I'd had it:

Archangel Michael: You may have noticed, Sweet One, that happiness has a large role to play at this moment.

Steve: Well I'm just connecting with happiness myself. I don't think I've allowed myself to be happy in decades!

AAM: It has been a very long time. (Archangel Michael in a personal reading with Steve Beckow through Linda Diullon, Feb. 20, 2020.)

(2) I woke up the next morning and the experience had left me.

(3) A few days after writing this article, I read this passage from Saul, which I so agree with:

"Happiness is carefree, joyful, limitless, and inspiring. When you are happy you can do much more because you have boundless energy and enthusiasm for life, and that happiness, which is firmly established within you, uplifts and encourages those with whom you interact. You have all experienced the joy of watching small children bubbling over with happiness and have then been delightedly unable to suppress your own resultant good spirits. Learn from them then, embrace the moment, and have fun." (Saul, Aug. 10, 2014, at http://johnsmallman.wordpress.com.)

Money Can’t Buy Abundance

June 20, 2018

https://goldenageofgaia.com/2018/06/20/money-does-not-buy-abundance/

For the second time in my life, I'm in a particular space.

It's deliciously blissful. There's tremendous release in it, a relief from anxiety.

Every good memory I have comes flooding back in - Miami at 8 years old, Montreal at 10, Disneyland at 14, all the scenes come flashing across the screen.

I call this space "Abundance."

The last time I found myself in it, I invoked the Law of Give and Receive and asked to receive "abundance." But I forgot to say "physical abundance" and instead found myself in the *space* of abundance. Archangel Michael referred to the experience in my next reading:

> "When I have said 'spiritual currency,' you’ve had a glimpse of this in the knowing of mastery and abundance and so you know it isn’t about money. It is about spiritual currency. And I say to you, 'congratulations.'" (1)

No, it isn't about money, as he says. It has nothing necessarily to do with it. Money could not buy an experience of the space called abundance.

But it is about this blissful space. It carries one away, wafts one aloft, so to speak. One wants for nothing.

It settles all scores and dismisses all debts from one's consciousness.

But as with so many other spaces, I cannot come up with a definite statement about anything essential to the space of abundance itself. I can only describe its effects. It's the same with any other divine quality or state that I'm aware of: I can only describe their effects.

If one had a lot of money and yet didn't feel this way, I wouldn't describe that person as being in the space of abundance; just having a lot of money. Money can't buy abundance.

This space is the same higher-dimensional space that we sometimes call love, sometimes bliss, sometimes peace. We keep ending up at the same destination no matter what direction we take - the divine state most fundamentally known as Love.

Remember that Love is not - and cannot be - contained in the word "Love." We use the one word "Love" to cover many things, things at different degrees, etc. While we're struggling to comprehend Love, it flows outside and inside us oblivious to our difficulties in comprehending it.

In the end, Love cannot be comprehended; it has to be experienced and realized to be known.

Love in limitless abundance? That would be Ascension, Heaven, Nirvana.

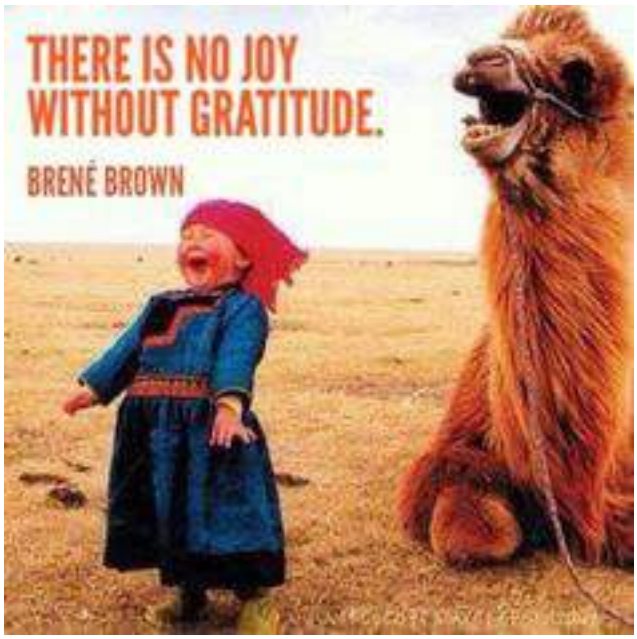
Footnotes

(1) Archangel Michael in a personal reading with Steve Beckow through Linda Dillon, Aug. 2, 2017. The experience of mastery as a space occurred on a separate occasion.

Filled with Gratitude

February 14, 2020

https://goldenageofgaia.com/2020/02/14/filled-with-gratitude/



I'm grateful to the Divine Mother for allowing me to serve in the capacities assigned to me.

I'm grateful to Gaia for hosting us all so patiently and bounteously.

I'm grateful to Michael - and to his channel, Linda Dillon - for mentoring me.

I'm grateful to Suzi, Kathleen, Sitara, Karen, and Casey for producing this blog each day, mutually supporting each other to reach the Reval finish line, and having fun doing it.

Here we are on Love Day, Feb. 14, a day we've set aside to look at gratitude. And I find I'm a babe in the woods on gratitude.

I thrash around looking for a self-serving explanation of why I'm so superficial. I can't find one.

When I look deeper I see that my situation with gratitude goes a long way back, to being a complainer as a young child. "No one listened to me" so I used complaints to be heard.

A complainer pathologically takes an adversarial position. There ain't much room for gratitude there.

Let me get back to the place of innocence and purity that lives in the seat of the soul. From that place, I'm so filled with gratitude to all my friends. From this place I feel gratitude deeply.

Experiencing this state from this perspective reveals it to be another higher-dimensional space, like abundance, mastery, peace, and bliss.

Of course. Gratitude is a divine quality, a divine state. What did I expect? Why have I denied myself this pleasure, all these years?

Vasanas. Conditioning. Programming.

Gratitude is an immensely satisfying space. I'm at peace feeling grateful. I notice a flow of love going out towards the person I'm grateful to. All spaces and states seem to lead back to love.

Gratitude is another road in to love. Gratitude and love are their own rewards.

I'm grateful for all the kindnesses you've extended to me. I'm grateful for all the kind words you've written in. I'm grateful to be alive today and participating with you in what we're commonly about - building a whole new world of prosperity, peace, and happiness.

An Introduction to Detachment

October 2, 2019

https://goldenageofgaia.com/2019/10/02/an-introduction-to-detachment/

I was working one minute and in the midst of a spiritual experience the next.

I've had a few like this in past years. (1) This time I'm being shown what "detachment" feels like.

As in the other experiences, this mood just "came upon me" as I worked. But I recognized it before it departed and so it stayed and enveloped me.

Some of this article was written as it was happening; some in the afterglow; and some is being edited now:

I've been bothering myself that this Fall weather is beautiful and *I should be out there*.

But the furthest I get is looking out from my window.

I don't mean I never get out because I do but ... I could never figure out this reticence to go out, without purpose, into the good weather.

Then today I heard myself say: "What's the difference between standing here and standing there? You're going to be upright on two legs, looking out over a different vista. And ... so?"

At last I put a name to to the way I was feeling: "Detached." Up till now I've been ashamed of this nebulous, unnamed feeling, uncomfortable with it, embarrassed by it.

But when I saw it as detachment and experienced it, I changed my vote.

OK, I got it. I now see what the talk is all about.

It isn't that I'm opposed to anything or hurt or sulking. It's that, all things being equal, nothing exerts a pull on me (beyond the needs of the physical) right now.

I was being given an experience of detachment in a deeper form than ever before. Based on it, I'd say a synonym for what we mean by "detachment" would be "a focus on the eternal."

For me, as you know, the basic spiritual movement is to turn from the world to God. (2)

Keeping this in mind, let me now reword what I just said. What I was able to name as happening to myself (and then experiencing) was detachment from the things of the world because of growing attachment to the eternal.

And this - that I am and feel and seem right now - is what detachment looks and feels like to this being: It doesn't make sense to this one standing at the window to go from here to there.

I'm sitting here amazed. I've been resisting this space since forever. I'm still resisting giving into it completely because I worry I'll float off into fantasy land. Not caring about anything: That's not staying with the program.

Another word for "detachment" is "peace." If they aren't one and the same, they come bundled together.

Footnotes

(1) In the past I've been shown mastery, abundance, love, bliss, and peace ... each as a state of consciousness or divine quality - however you choose to see it.

(2) See "The Basic Spiritual Movement," June 12, 2009, in *Back to the Basics: Introductory Essays to a Cross-Cultural Spirituality*, p. 24, at https://goldenageofgaia.com/wp-content/uploads/2019/09/Back-to-the-Basics-R2.pages.pdf

⌘ On the Divine Qualities as a Whole ⌘

Experiencing Many Divine States at Once

May 11, 2022

https://goldenageofgaia.com/2022/05/11/experiencing-many-divine-states-at-once/

Everything I've ever said about the divine energy of love, I'd like to copy and paste here about the divine state of peace.

It's as high above our everyday sense of peace as the divine energy of love is our everyday sense of love.

Entering into it doesn't come with trumpets blaring or searchlights sweeping the night sky. I first know it has come because my stance is suddenly solid, as if I have magick glue on my soles.

It's magick because when I lift my foot up it gives way and, when I take my next step, it asserts itself again.

I feel stable. The bulk of this effect is undoubtedly due to the rising love vibrations on planet Earth.

In addition to that, I saw that this stability was also here because I have increasing certainty about who I am and the other pressing questions in my life. I know the purpose of life. I know who I am as an entity and have had glimpses of many different vibrational levels. I've settled down spiritually on some scores.

The chief source of increasing interest in the divine qualities comes from something Michael mentioned in 2020. In an aside, he said:

> "Human beings, particularly those in the higher vibrations, [are] learning to hold all the divine qualities and to be operating from all the divine qualities at once." (1)

I had always held the belief that it was enough for a human to master one divine quality to be enlightened. The possibility of manifesting all of them at once had never occurred to me. But the thought always rattled around in the background of memory since Archangel Michael spoke.

Now, I asked myself how the other divine states looked from within the state of peace. What had peace to tell me about the other qualities I've known?

I began to experience them, one by one - love, bliss, ecstasy, innocence, purity, abundance, and mastery. (2)

Each has a unique feel to it and leads in its own direction. When I began to add the experience of one to the other - which I thought of as connecting the dots - I found that the result was (A) a synthesis, a melding together of the states themselves, (B) increasing confidence in myself, and (C) increasing relaxation all around. This felt like a gigantic "let go."

Remember Michael saying we'd "awaken" our angelic capability "when you choose to acknowledge it"? (3) Here too it's taken me joining all the divine states together and experiencing each of their unique qualities - which I offer as "acknowledging them" - before a much wider sense of myself emerged.

This wider sense was patient, relaxed, and detached.

Just saying those words is like declaring the end of a long, long journey for me because I was anything but these things when I was young.

I notice all my old familiar patterns - even ruts - continue to exist. It'll take vigilance and self-control for me to resist their siren calls, wanting to be invoked as familiar responses. I'll need to keep voting for the divine states instead, without fail, if I want to remain in the vibration they resonate with.

It took experiencing these divine states all at once, which we'll all be doing in the months and years ahead, before this new space of self-confidence opened up.

This is so remarkable for me because, as I look back, I see that my self-confidence was what was damaged most in my early upbringing. So ***this*** is what it feels like....

Footnotes

(1) Archangel Michael in a personal reading with Steve Beckow through Linda Dillon, Jan. 4, 2019.

(2) I don't include exaltation because it was too brief. I don't retain a vivid memory of the experience but apparently I did make notes.

See "Love and Exaltation," August 16, 2016, at https://goldenageofgaia.com/2016/08/16/280142/.

"Spending Time in Exaltation," January 13, 2016, at https://goldenageofgaia.com/2016/01/13/spending-time-exaltation/.

"Back in the Treasure Chest," December 21, 2015, at https://goldenageofgaia.com/2015/12/21/back-in-the-treasure-chest/.

(3) The entire discussion follows:

Archangel Michael: So right now, the full presence, let us put it that way, the full presence of your angelic form both recent and original is anchored fully present within and around your human form.

Steve: What does that mean, "is anchored," Lord?

AAM: It means that the awareness, *when you choose to acknowledge it,* and the, shall we call it, the angelic abilities, are present in the human race, in the individual human form at this time so that the leap into Nova Being is in fact not as great as it might have been in other ages.

Steve: OK. Is there anything we should be doing to take advantage of this situation in the service of the Mother's Plan?

AAM: Yes. To become familiarized and, listen to what I say, yes, there is a great deal that could be done in terms of assisting the conclusion/next chapter/opening of the Mother's Plan by familiarizing oneself with their angelic self, with merging and acknowledging that there is no separation between your angelic self and your human self.

Now, what I say – and I need to emphasize this – I've used the word "familiarize," not "be mesmerized by." (Archangel Michael in a personal reading with Steve Beckow through Linda Dillon, Sept. 16, 2020.)

Holding All the Divine Qualities at Once

February 22, 2019

https://goldenageofgaia.com/2019/02/22/holding-all-the-divine-qualities-at-once/

I remain fascinated with something Archangel Michael said recently. We were discussing the origin of wanting to forgive and yet feeling the need to protect.

I wanted to know if improvement in this area was dependent on the attainment of higher dimensionality (or less density)? He discussed some of the factors and then added:

> "It's also a function of those human beings, particularly those in the higher vibrations, learning to hold all the divine qualities and to be operating from all the divine qualities at once." (1)

I spent ten years reading only the works of enlightened authors - from 1987 to 1997. (2) Never, in my reading, did I come across an enlightened master advising their students to hold all the divine qualities and be operating from them all, at once.

Always it's been about choosing one of the "virtues" and mastering it. After enlightenment, one is considered a master of that virtue - or divine state - balance, equanimity, peacefulness, etc.

Additionally, very few enlightened sages discuss what we'd call "Ascension." The *New Testament* uses the term. Hindus call this stage of enlightenment - that is, ascension from the Third to the Fifth Dimension - Sahaja Samadhi. Here Sri Ramana describes it:

> "[The] Heart is the seat of Jnanam as well as of the granthi (knot of ignorance). It is represented in the physical body by a hole smaller than the smallest pin-point [hridayam], which is always shut. When the mind drops down in Kevalya Nirvikalpa [samadhi], it opens but shuts again after it. When Sahaja [Nirvikalpa Samadhi] is attained it opens for good." (3)

Sahaja is a full and permanent heart opening. It is also liberation (or moksha) from life and death - that is, from the Third-Dimensional need to be born and die. (4) There is no birth and death on the Fifth Dimension, as far as I know.

The Third Dimension is what we're being liberated from. Therefore Sri Ramana is describing Ascension.

We also talk interdimensionality and, if a sage did, it'd be a pretty-truncated version couched in a specialized terminology. We say, for instance, that this stage of enlightenment anchors a person in the Fifth or higher Dimension. That kind of language was more or less not to be found in our enlightenment literature, as far as my studies went.

Back to Archangel Michael's bold assertion:

> "... those human beings, particularly those in the higher vibrations, [are] learning to hold all the divine qualities and to be operating from all the divine qualities at once."

Why would he make such a statement that's so far outside our enlightenment traditions? He'd probably say we're ready for it. (5)

What does it mean to be ready for it?

It means by a combination of events we have ears to hear and the motivation to listen.

It means that the energies striking the planet have relieved us of some of the tensions and pressures of density we feel so that we're lighter and more aware; i.e., more evolved, ascended.

And how advanced? Advanced enough that we can entertain such a thought as "learning to hold all the divine qualities and to be operating from all the divine qualities at once."

I struggle with the thought. But it's been implanted in my mind, now. I probably won't be able to put it down.

Under what conditions might we hold all the divine qualities and be operating from them at once?

Footnotes

(1) Archangel Michael in a personal reading with Steve Beckow through Linda Dillon, Jan. 4, 2019.

(2) The database, *From Darkness Unto Light*, is the result. (https://goldengaiadb.com/index.php?title=From_Darkness_to_Light)

(3) Ramana Maharshi in Cohen, S.S., *Guru Ramana. Memories and Notes*. 6th edition. Tiruvannamalai: Sri Ramanasramam, 1993, 96.

(4) Here are some from the other side sharing their thinking in this area:

Lao Tzu: "We have not spoken of this before because it was not yet time." ("Transcript: Lao Tzu on Humility on Heavenly Blessings," April 26, 2013, at https://goldenageofgaia.com/2013/04/transcript-lao-tzu-on-humility-on-heavenly-blessings/)

"In terms of human comprehension in this moment we need to feed or allow the opening of the understandings to the human Collective – we're talking about the broad Collective now – to be in 'bites' that they can chew, swallow and integrate."

(Archangel Michael in a personal reading with Andrew Eardsley through Linda Dillon on April 15, 2016.)

"We are at the point where we can have this broader, deeper conversation on the meaning of the journey." ("Transcript: Sanat Kumara: The Only Litmus Test is Love," at https://goldenageofgaia.com/2015/04/10/sanat-kumara-the-only-litmus-test-is-love/)

"My beloved friends, you are spiritually evolving and mature, so we can have a much broader conversation at this time." ("Transcript ~ Archangel Michael: Understand the Divine Gift of Will, AHWAA, September 22, 2016," at https://goldenageofgaia.com/2016/09/30/transcript-archangel-michael-understand-divine-gift-will-ahwaa-september-22-2016/.)

(4) Those who do discuss Sahaja don't make the links among the others who do, so one is obliged to piece the puzzle of different names for the same thing together.

Most discuss Brahmajnana, or seventh-chakra enlightenment.

Like Learning to Walk Again

May 10, 2021

https://goldenageofgaia.com/2021/05/10/like-learning-to-walk-again/

I'm amazed to find myself saying that, in the midst of so much chaos and upheaval, I can feel any of the divine states.

I mentioned some time back the two miracles that happened that still have me woken up. (1)

Going on in the background to that is just a generally-increased feeling of wellness and well-being which, I find, I can make become any divine state I focus on.

Divine states have to be recognized in us, in the fragmentary or wisp-like forms in which they initially appear to us, for them to blossom and fill us up.

Why that is, I have no idea. That's just been my experience with bliss and peace. Recognize who they are and they burst forth and fill the space. Don't recognize them and they go on their way. Not their time.

The reason we ... excuse me, I ... don't make a transition from one divine state to another is that the thought never occurred to me to try.

This afternoon, when I was feeling a wave of bliss, I decided to see if I could make a transition to peace and I was able to. The experience of peace then became my

focus, but was that because spiritual physics made it so? Or my own beliefs and programming? Does it have to be one way or another? So many questions crossed my mind afterwards.

Going on in the background of my mind was a quotation from Michael that fuels this inquiry: He once raised the possibility with me of holding all the divine qualities at once:

> "Those human beings, particularly those in the higher vibrations, [are] learning to hold all the divine qualities and to be operating from all the divine qualities at once." (2)

At the time it was all I could do to imagine what it'd be like to feel any one of the divine qualities. But, as the vibrations rise in intensity, I'm beginning to see how he's only really describing the ascended state.

The questions remain: If we feel bliss, must we keep the dial fixed on bliss? Or can we afford to change it to love or peace or abundance or mastery without losing the space altogether?

And, if yes, can we then turn the dial back again? How much control have we over our enjoyment of the divine states when we experience them? How much choice have we, above saying yes or no?

It's like learning to walk again.

Footnotes

(1) “A Tale of Two Miracles,” April 20, 2021, at https://goldenageofgaia.com/?p=319885.

(2) Archangel Michael in a personal reading with Steve Beckow through Linda Dillon, Jan. 4, 2019.

I the Lord am a Jealous God

March 31, 2022

https://goldenageofgaia.com/2022/03/31/i-the-lord-am-a-jealous-god/

The Eye of God Nebula

I could say, "I the Lord am a jealous God."

I could say, "Love is a jealous God."

Or I could say, "The divine states are a jealous God."

In all cases, what I'd be meaning is ... well, let's see by looking at love, although we could take any of the divine states.

If I, who am encased in a dense, physical, carbon-based body, were to be temporarily in the experience of higher-dimensional love right now and then were to have a thought of wanting to seriously harm another, love would disappear at once.

If my body were crystalline, well, then I'd be in the Fifth Dimension and beyond having harmful thoughts. Or maybe I'd be immersed in a Seventh-Dimensional Ocean of Love and beyond ordinary thinking altogether. So the problem we're looking at exists only in dense, physical, carbon-based 3/4D.

If I were temporarily in this transformative/transfigurative love while in my dense physical body and I lost interest in love for some hard-to-conceive reason, bingo! Love disappears instantly again. It would not have fled in the Fifth, but it does in the physical Third/Fourth.

Let's look at my plight. I made two mistakes. I lost interest. Hence I departed from love.

And I failed to move love, to share it, to go with the flow of it. Love must move. If we lose interest in it or fail to share it, again it disappears. It will return when we return. It's we who left first. Love, thy God, is a jealous God.

The further along the dimensional path we go, the deeper into love and the other divine states we go. I think we'll be experiencing transformative love soon enough.

If we don't want to lose that state too quickly, we may want to remember how they require our total attention and devotion. However, when one experiences the superlative impact of this exalted form of love upon us, why would anyone want to stray?

I thy Lord am a jealous God. Thou shalt have no other gods (desires) before me. But once you've tasted this form of love, I don't believe anyone would want anything else but more of the same.

Footnotes

(1) In the astral Fourth Dimension, we're not encased in a physical body. Therefore life is significantly different there than in our physical 4D. See *New Maps of Heaven* at https://goldengaiadb.com/index.php?title=New_Maps_of_Heaven

We Have Strong Allies

Sept. 2, 2021

https://goldenageofgaia.com/2021/09/02/we-have-strong-allies/

I'm convinced that the Company of Heaven gives me spiritual experiences because they know I'll write about them.

So much is unfolding from this last experience of the divine state of confidence. It shows how the Company of Heaven works with lightworkers so I'd like to revisit it, if you'd permit me.

You remember that on Sept. 17, 2018 I watched *Frazzledrip* while on a retreat. That so threw me that it took a strong spiritual experience to jackhammer me out of it.

I don't recommend anyone watch that video. It took me way past where I ever want to go in life and I've listened to tales of torture and execution in my refugee hearing room. This was way beyond anything I'd ever heard.

It took a first-order experience to pull me out of my dismay. And Michael later acknowledged that he had engineered that.

> "We have unplugged you [and sent you on retreat to Xenia]. ... But what you have done is you have journeyed to the depths of your soul, to the depths of your core. ...

> "And you have discovered, not lack, not criticism, not error, but beauty. Underneath the dross is the full beauty, the power, the gentleness, the sweetness of who you are." (1)

Beauty for sure. The beauty of the Self, who I am.

It was a fourth-chakra experience of the Self - the most junior of our Self-realizations. (2) And even then it was toned down. (3)

But it was enough to restore me from my deep despondency.

So Michael has caught me when I was falling, are we agreed?

He's actually told me on another occasion that he won't let me fall into such a funk again as I did a few years back (private matter). Count that instance as well.

And he acknowledged that, to keep me in the hospital for a longer rest during my triple bypass, he gave me MSSA, a recoverable cousin of MRSA. I think the archangels intervene in our lives a great deal more than we suspect. (4)

Ok, if you're with me so far, then, here I was dismayed last week about possible executions and what happens within days? A very uplifting experience of yet another divine state - this time, confidence. (5)

It has the scent of an archangel. It reminds me of Xenia. And I wouldn't want the mechanism to go unnoticed: usually it's the Mother or an archangel who gives us an experience, but in this case the mechanism, the process is that I become aware of a strange feeling, tried it on, and it expanded to fill the space. This time it was confidence. Another time peace. Another time bliss.

I've also spoken about this by saying that I feel a wisp of bliss and I surf it to the big wave. That's another metaphorical description of the same process.

How do I know it's a divine state? A feeling is usually localized within our body but ***we*** are localized within a divine state: we're immersed in it, drenched in it, awash in it, etc. I was immersed in confidence. It was if I could breathe it in.

I feel so amazingly well feeling confident. I feel so sad that I missed 67 years of my life, since the shattering of my personality at age seven, outside the experience of confidence. It feels like such an ancient reunion that I want to cry.

This is another stage in the recovery of the Humpty Dumpty Man. (6) What's next?

I stray. With the return of confidence to my life, I'd say perhaps ninety percent of all my personal strategizing has just been rendered unnecessary. I don't need to manage my image. Having confidence in myself is enough. I don't need anything else or more from other people - like validation or control or manipulation.

In just the short time since this experience I see the arising or restoration of confidence as a major contribution to my effectiveness in the roles I'll be playing. I'm amazed that I even considered playing them prior to feeling confident.

Why am I telling you this? Because you may find yourself in real emotional (or other) trouble at some point. And, if you're in genuine difficulty and it's going to impact the success of your mission, my experience should suggest to you that the archangels have the ability and willingness to intervene to pull you out of it.

Either you yourself can surf on a wisp of a divine state to the big wave or else the Mother and the archangels can bestow an experience on you that will (A) inspire you at its peak and then (2) leave a residue which will help you perform your assignment.

If the situation is serious enough, they can intervene even though we didn't request it. In the hospital case of MSSA, Michael said he consulted with my Higher Self and both agreed I needed a rest. I've already told him that anything he does with me is fine so he has my blanket permission.

A low point one week and an uplifting experience the next? We have strong allies watching over us.

Footnotes

(1) "Archangel Michael Explains What Happened at Xenia," Sept. 22, 2018, at http://goldenageofgaia.com/2018/09/22/archangel-michael-explains-what-happened-at-xenia/ See also "Original Innocence," Sept. 21, 2018, at http://goldenageofgaia.com/2018/09/21/original-innocence-2/ for the experience itself.

(2) Steve: Was the sight of the Self at the Xenia retreat a fourth-chakra event?

Archangel Michael: Yes, it was.

Steve: So it's possible to have two fourth-chakra events [the heart opening as well] or maybe even more possibly?

AAM: It is possible to have multiple chakra events throughout your lifetimes, Sweet One. Again, what you are thinking of is a limitation. Something is activated or not activated. Think in terms of open, open, open, open, bigger, bigger, bigger. So yes, you might have several (fourth-chakra) events. You should have several events! (Archangel Michael in a personal reading with Steve Beckow through Linda Dillon on June 12, 2019.)

(3) And not enough to take me off course, as the Mother discusses here:

Steve: The experience at Xenia, Mother, was that truncated?

Divine Mother: Slightly, yes.

Steve: I had the thought [it was]. ... The Light I saw should have been brighter than a thousand suns. The fact that it wasn't suggests to me that the experience was truncated. ...

DM: It was not is brilliant as possible, let us put it that way.

Steve: Alright… And again, the reason is to keep me in sync with my readers?

DM: To keep you in sync with your readers. But let me be very clear.... [if you had seen] the light as it actually is - yes, a million, billion suns - you would have simply departed. ...

We don't mean die but you would have departed the life that you have designed - yes, with us - for yourself, for the service you are providing - you would have departed and simply said, 'I do not need to do this. I will just simply sit in the bliss of love and good luck, everybody!'" (Divine Mother in a personal reading with Steve Beckow through Linda Dillon, Oct. 26, 2018.)

Notice that the Mother is implying that she has the ability and the willingness to make the Light brighter and dimmer. Of course. Why would she not?

What she says of me I think she'd say of any lightworker so expect to have our experiences toned down until we finish our service contracts.

(4) Well, heck, if we're talking about interventions, how about an electrocution deflected, a toxic chemical rendered harmless, making a heavy object weightless, putting out two kitchen fires, getting me this apartment when it didn't look likely. On and on the miracles go so I don't need any more convincing that the archangels intervene in our lives when needed.

(5) My memory is appalling but I recall experiences of the divine states of love, bliss, peace, purity, innocence, mastery, abundance, and now confidence. And of course all experiences are written up here on the blog.

Our everyday experience of any of these states does not match their higher-dimensional correlates. Imagine the difference between freshly-squeezed Florida orange juice and Tang or Kool-Aid (orange crystals). That about conveys the extent of the difference.

(6) See “From the Humpty Dumpty Man to Here: Completing the Fear of Being Wrong,” June 5, 2019, at https://goldenageofgaia.com/2019/06/05/300939/

Next Divine State

July 3, 2021

https://goldenageofgaia.com/2021/07/03/next-divine-state/

Why do I live in anticipation of something rather than in appreciation of what is?

Just try on those two spaces. I actually don't want to experience anticipation again before I finish experiencing appreciation because I'm enjoying the latter so much.

I notice that experiencing appreciation makes me an open channel, through which love can flow. My heart is still open a crack and the love that arises is nourishing.

I feel like a child for saying this. It must be obvious to everyone else, but expressing appreciation allows me to love another in a socially-acceptable way. Any way of expressing love is welcome. Love must flow and I experience it as it passes through me on its way to the world. So having a way to express it has more value to me than you might guess.

OK, let me switch to anticipation. Oh gawd, right away I feel depressed. I'm in the middle of World Wait III. Or is it Word War III? Switching into anticipation mode has me feel depressed, sad, powerless. Eeeek! I'm going to throw a Soooooooon grenade at you! Your intel guru sucks. How long have we been at this?

We are the generation who has specialized in waiting and yet has still carried on in whatever felt like service.

Wow. Let me ditch anticipation.

But when I switch to appreciation ... oh my heavens, it's an altogether different picture. Immediately the love begins to rise in my heart.

As an aside, this is a good example of how we ordinarily make so little karmic progress in any one lifetime. Seventy-four years of age and I'm only now appreciating appreciation? What? Have I been dawdling? Where have I been?

Well, as you well know, I've been hanging out on the negative side of life, wondering how I could revenge myself on my erstwhile-violent father. I've only been on the positive side of the ledger for maybe the last two years.

So, yes, I'm only now taking baby steps in areas like trust, forgiveness, togetherness, agreement, etc. So, yep, I haven't really tried on appreciation and given it a test run until this very moment.

It offers me a way to express love, I see. And that is incredibly valuable and welcome. I like this. I'll take it.

Next divine state.

New Way of Thinking of the Heart

Aug. 30, 2021

https://goldenageofgaia.com/2021/08/30/325681/

The Self is found in the seat of the soul, deep inside the heart Credit: Ute Possega Rudel

I'd like to wave a magic wand and change the way we think about the heart.

At present we think of it as a closed structure - a box, a treasure chest, a throne room, etc.

It has that aspect, but I'd like us to imagine it in a different way, for what it produces.

I'd like us to imagine it as a door. And it's a door into the higher dimensions.

Now I'm only speaking with regard to the divine states. I'm not discussing any other element of our multidimensional personalities.

I can't say I'm only talking about how we feel for this reason. A feeling is something that happens inside us. It's localized in a part of me - my heart, my throat, my stomach.

A divine state is something that includes us, something that envelops us, uplifts us, sweeps us away. We're drenched, immersed, awash in it.

A feeling is *in* us; *we* are in a divine state. For me that's the difference between the two.

Just staying with the door for the moment, the "door" of the heart, the heart aperture, is called in Sanskrit the hridayam. When it's closed we're simply Third/Fourth Dimensional. When it's at all open, we experience higher-dimensional love and want nothing more than to share it.

The heart is more than that however. Back in the late 1980s I saw the inner universe inside the heart. In 2018 I saw the Self at the very deepest part of the heart, the seat of the soul. I think the heart is our agreed-upon meeting place with Mother/Father God. In fact I'm sure of it.

For now we open the door of the heart and then close it. But with Ascension the door will be permanently opened, forever and ever. Bringing with it all the gifts of the higher realms, which for me will be the divine states of love, bliss, and ecstasy.

Contacting the Divine Qualities through the Heart

July 6, 2022

https://goldenageofgaia.com/?p=336499

Imaginative representation of the heart as a portal to the higher dimensions

If the heart door (or hridayam) is a portal to the higher dimensions, as I believe it to be, then it follows that through that door we should be able to contact the divine qualities.

For most of us the hridayam remains closed. But soon we'll experience a mass heart opening and access will thereafter be possible.

Access to what? The divine qualities.

Here's an example. I'm sick and I was surfing Youtube. I hit upon westerns I used to watch as a kid. And I asked myself what it was that I liked so much about them.

And it was that the hero always won. There was always hope. There was always courage in defence of the right and just. On and on my conditioning went.

I felt strong when I watched the western heroes triumph. But looking at things from a more advanced age, I now see that the very quality I'm looking for - strength, in this case - exists within the higher-dimensional realm of the open heart.

In other words, I can summon that quality up from my heart. If I'm ever going to experience it, this is where it's going to come from.

The heart itself, Michael once told me, is multidimensional, but it can be considered to be seventh-dimensional. (1) Just being in the heart is to temporarily experience these higher levels.

Once our hearts open permanently and fully, we'll have ascended. we'll be in our sahaja or natural state - Moksha, mukti, liberation from birth and death.

At that time, we'll have unimpeded access to all the divine qualities. For now we have to draw them up from our heart.

But doing so, I believe, is priming the pump and inviting our archangels to give us the experience we're seeking. Since we're lightworkers, that probably won't be an experience so deep that we forget our soul contract.

Each of these experiences, Michael said, is a step up. We don't go from kindergarten to Ph.D. in one week. Management has everything under control, if I can jest, and is proceeding according to Plan.

Footnotes

(1) Steve: Returning to the heart, it doesn’t exist on the physical, obviously. What dimension does the heart exist at or is it multidimensional?

Archangel Michael: It is multidimensional but if you want to find a home for it, it would be in the seventh. (Archangel Michael in a personal reading with Steve Beckow through Linda Dillon, Dec. 5, 2018.)

What is the Relationship Between the Divine Qualities and Nova Earth?

Jan. 18, 2013

http://goldenageofgaia.com/2013/01/18/what-is-the-relationship-between-the-divine-qualities-and-nova-earth/

What is the relationship between the divine qualities and Nova Earth? To answer that question we have to look at what we mean by the two terms.

And before we do that, we need also to establish why the subject is important in the first place.

So let's begin, as we so often do, by discussing the purpose of life because the importance of the divine qualities arises as a facet of realizing and accomplishing the purpose of life.

I maintain, and you're welcome to disagree with me, that life is a journey from God to God. Its purpose for us is to realize our identity as God, after which we merge again with the Divine. Its purpose for God is to afford God

the opportunity to meet and experience him/her/itself (God has no gender) in a moment of our enlightenment.

God is singular, the universal subject, one without a second. Because God is all there is, God must be us and we must be God. Our sources acknowledge this; for instance, the Arcturian Group:

> "There is only one omnipresent, omnipotent, omniscient Consciousness.... Everything embodied within this Divine Consciousness is manifested outwardly in forms consistent to the state of consciousness of the individual.
>
> "God manifests as Divine life individually manifesting Itself. That is the truth of oneness, all are alive with the one and only Life there is. ... God, Source, Divine Consciousness, is all there is, and is embodied within and as you. You are its manifested expression, animals also express this life as do all living things, for It is the only life there is. " (1)

The only way the One can meet itself is through a moment of our enlightenment. Every time one of us realizes who we are, God meets God.

We created beings journey up Jacob's ladder of consciousness. Prodigal children, we've enjoyed the world and eventually return to the Father/Mother One free of worldly possessions and attachments. Our return to God concludes a journey that took us from unconscious awareness of our identity as fragments of the divine to conscious awareness of it.

"In the eternal life of the soul," Matthew Ward tells us, "Ascension [in general] is spiritual growth, soul evolvement, and each soul experiences this in many places in the universe while 'Ascending' into the Oneness of All—a return to our Beginning." (2) Right now we focus on the stage of that long journey that takes us from the Third Dimension to the Fourth and finally to the Fifth.

Matthew describes our Ascension as "actual movement from one energy placement into a 'higher,' or lighter, placement." (3) What causes us to shift to a higher placement is a rise in our vibrational frequencies.

Matthew explains how this upward shift in frequencies comes about: “The glories of the Golden Age will be available only to the souls who absorb the light that will enable physical survival along Earth's ascension journey into the high frequencies of fifth density.” (4)

SaLuSa agrees with Matthew that the future of all “is bound by the degree of Light that you have drawn to yourself, and whether it is sufficiently high enough to enable you to ascend.” (5)

What happens when we assimilate light? Matthew tells us that "it is the light within a body that transforms its carbon-based cellular structure into the crystalline form that enables the body to live in the high vibrations of energy planes beyond third density." (6) "That is why persons who choose to live in the light can ascend with Earth and those who choose to cling to their dark ways cannot." (7)

Nova Earth refers to Gaia and her inhabitants in the Fifth Dimension. According to Matthew, for us to "go along with Earth [to the Fifth], you need a 'travel ticket.' Getting it is as easy as choosing to live in godly ways." (8) What Matthew calls "godly ways," we call the divine qualities. By that term we mean the actual attributes of God.

One of the tasks before us is to discover what these divine qualities are. We can probably agree that some of them are love, truth, peace, compassion, generosity, freedom, equality, tolerance, impartiality, equanimity, and so on.

The more godlike we are, the more refined our vibrations are. If we want to raise our vibrations so that we shift our point of perception from the Third Dimension to the Fourth and thence to the Fifth, then we must align our thoughts and actions with these divine qualities or “godly ways.”

We have to leave behind the crude and coarse behavior of the Third Dimension. We have to leave behind dualistic or "dark" ways such as self-servingness, competition, greed, hoarding, and the like, trading them for unitive or godly ways like compassion, cooperation, generosity, sharing, etc.

Our divine nature is not something we acquire. We always already have it. It's simply concealed by the overburden of lies, perpetrations, self-interest, and other behavior tolerated in Third Dimensionality but unconducive to life in the Fifth.

In fact if we act in Fifth Dimensionality as we did in Third, we'd probably feel unable to tolerate the more refined atmosphere and need to retreat from it in short order, were we to win entrance to it by some temporary but superhuman spiritual effort.

Anyone who's had a spiritual experience after a moment of telling the truth deeply only to lose it the very first time they told a lie will know what I'm talking about. We may reach Fifth-Dimensional heights on occasion but we cannot stay there unless we tell the truth, love others, keep the peace, and generally live in godly ways.

So the relationship between the divine qualities and Nova Earth is that living as the divine qualities refines our energy levels, helps convert our bodies from carbon-based to crystalline, and is our passport to Nova Earth. Living as the divine qualities is our assurance that we can remain on the Fifth Dimension once we succeed in shifting our point of perception from Third-Dimensionality to Fourth and thence to Fifth.

That makes mastering the divine qualities the first order of business for all of us and the most vital subject for us to explore and understand.

Footnotes

(1) The Arcturian Group, Oct. 7, 2012, at http://www.onenessofall.com/

(2) Matthew's Message, May 23, 2006, at http://www.matthewbooks.com/mattsmessage.htm

(3) Matthew’s Message, Oct. 22, 2008.

(4) SaLuSa, October 20, 2008, at http://www.treeofthegoldenlight.com/First_Contact/Channeled_Messages_by_Mike_Quinsey.htm

(5) Loc. cit.

(6) Matthew's Message, Jan. 4, 2012.

(7) Ibid., Aug. 13, 2010.

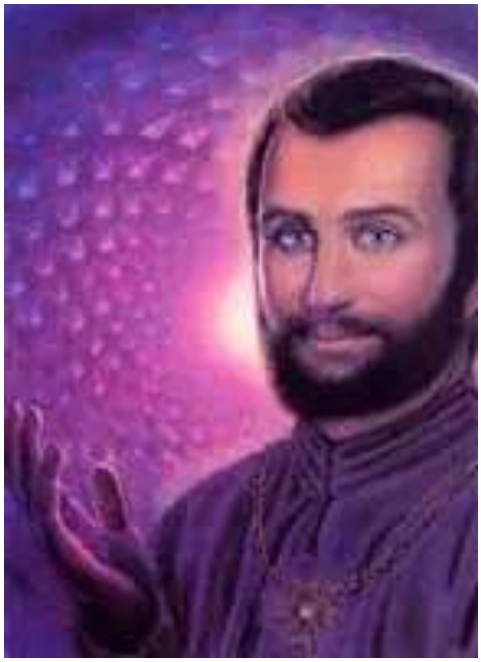
(8) Ibid., Dec. 21, 2008.

⌘ The Divine Qualities and Lightwork ⌘

The Divine Qualities of a Financial Steward and Wayshower

July 13, 2026

https://goldenageofgaia.com/2026/07/13/the-divine-qualities-of-a-financial-steward-and-wayshower- reposted/



Reposted from Aug. 2013.

St. Germaine joined us on An Hour with an Angel *in August 2013 and gives us his description of the qualities that he'd like to see in a steward of the Mother's wealth and a financial wayshower.*

Steve Beckow: In the time remaining, could you give us a discussion, a word picture, of the divine qualities that will come into play around the successful and useful handling of money, handling of prosperity?

Can you give us a picture of the person that you want to see emerge in all of us that takes this prosperity and successfully uses it in the way that the Mother, the Company of Heaven and the Council of Love have wanted it to be used?

St. Germaine: I would be pleased to, and I am honored to do so. And I am not painting a picture of an individual who does not know how to have fun, because, dear hearts, I have taught you how to have fun long ago. So, don't forget it!

SB: No, we won't!

St. G.: Purity. Purity is number one. And it is purity of intention, purity of action, purity of thought. It is a sense of selflessness with regard to the collective, but also regarding yourself. Purity is vitally important and your starting point. If you are feeling any of the whispers of the old grids, then simply let it go and return to your heart of purity.

The second is compassion — yes, even more important than grace or humility. Compassion to see the situations of your next-door neighbor, or the nation next door. To see, not with the eyes of, "Let me assume your burden," but "Let me assist." "Let me assist by giving you the tools that you need, that you want, that you select for your freedom journey." So compassion is very important.

Wisdom. The ability to know, from that place of your heart consciousness, what is desirable, what is… what we would call necessary, and in what balance. You do not give what is not manageable. So you do not give somebody, for example, who has been living on food stamps — God bless them! — you do not give them a million dollars and say, "Good luck." You give them the wisdom tools, the supports, the infrastructure for them to manage and to grow into the knowing, the wisdom of how to deal with prosperity.

Prudence. That is the balance in all things. It is the balance to know when to extend, when to stay still, and when to withdraw.

So these are the primary qualities that I would ask you to bring forth and that you already have. So let them flow like the golden river, and do not forget, my beloved ones, please, use my violet flame. Allow the torch of freedom to be held high and declare, this day and every day, your deservingness to receive and then to share, to give with your hearts.

This flow-through is going to be rapid. (1)

Footnotes

(1) "St. Germaine: Rivers of Gold Will Flow Freely – Part 2/2," Aug. 15, 2013, at https://goldenageofgaia.com/2013/08/st-germaine-rivers-of-gold-will-flow-freely-part-22/.

I think, the flow through he's referring to is from the sources (Chinese elders, etc.) to us lightworkers and out to the world.

We Need to Elect People Who Know What the Divine Qualities are and Live by Them

Feb. 27, 2025

https://goldenageofgaia.com/2025/02/27/we-need-to-elect-people-who-know-what-the-divine-qualities-are-and-live-by-them/

There are so many instances of things that are most likely going to happen no matter what we do. And what we can impact is not whether they do or not, but who we appoint to do the work that arises from them.

For instance, here's a choice:

Choose one: Global government or global government. Any way you look at it, we'll undoubtedly be having global government.

Our star family, waiting in the wings to begin cleaning up the planet with us, would, I think, only approach and speak to a government that speaks for the entire planet. (1) They do know how argumentative we are.

Can you imagine what a mess it would be if the galactics had to talk to numerous individual delegations? "Well, the Russians liked it but the Saudis didn't." I don't think they'd land on the planet under those circumstances. We need to get it together if we want to meet and work with them on the revival of Planet Earth.

What we can influence, impact, and determine is who serves. So far we've allowed a masked stand-in actor to be President of the United States. (2) Really bad choice. Done to wake up the world to the danger it's in.

But the public is still not awake to the extent of our troubles. They still mostly believe the LA wildfires were the result of bad forest management and "climate change." And they'd probably smirk and say "Huh. Conspiracy theory" if we told them otherwise - before the ten days of broadcasts.

Here's another one.

Choose limited free speech or limited free speech.

Every time we ask that there be "no censorship" and that we have "unlimited free speech," we ignore the instances on which we say "that person threatened to kill me and should not be allowed to speak like that." We're only for free speech until we're threatened with criminality, risk, or some other danger. Then we're all for censorship.

And the one (unlimited free speech) is as crystal clear when we're for it as the other (censorship) is when we're for it.

The same could be said of all issues where we're categorical about what needs to done and forget the exceptions.

In my humble opinion, rather than rules which we're the first ones to break ("You can't say that to me!"), what we need is a high quality of leader judged upon their mastery of the divine qualities.

The divine qualities are not complicated to identify. We really did learn them in kindergarten. (3)

They're things which, when done to us, we find ourselves smiling over. Kindness. Courage. Thoughtfulness. They contrast with rudeness, timidity, and thoughtlessness. Given that what we do to others is done to us in turn, by divine law, they're the qualities that bring a welcome return on investment.

What we need, in my view, is people of this caliber leading us. I think they could make a range of governmental models work. Werner Erhard used to say that the "consciously-aware" do what works and what they do works.

And we all know them when we see them. Jack Kennedy. Donald Trump. JD Vance. Tulsi Gabbard. RFK Jr. All of these people radiate integrity, reliability, and trustworthiness.

They may have different leadership styles and foundational experiences but I'd trust the reins of government to any one of them (JFK is obviously gone). It isn't the governmental model; it's the choice of people to fill the positions that matters.

We need to elect people who know what the divine qualities are and live by them. So far, in my view, we're off to a good start.

Footnotes

(1) See *Our Family from the Stars* at https://goldenageofgaia.com/wp-content/uploads/2021/07/Our-Family-from-the-Stars-6.pdf

(2) See Medeea Greere, "EXPOSED: Joseph Robinette "Genocide Joe" Biden Jr. Birth: 20 Nov 1942 Scranton, Lackawanna County, Pennsylvania, USA – Death: 2020 (aged 77–78) Guantanamo Bay, Cuba," AMG-News, April 14, 2024, at https://amg-news.com/exposed-joseph-robinette-genocide-joe-biden-jr-birth-20-nov-1942-scranton-lackawanna-county-pennsylvania-usa-death-2020-aged-77-78-guantanamo-bay-cuba/ and "Who is Who? … Or Who is What?" May 18, 2024, at https://goldenageofgaia.com/2024/05/18/who-is-who-or-who-is-what/

(3) Robert Fulghum: "These are the things I learned (in Kindergarten):

1. Share everything.
2. Play fair.
3. Don't hit people.
4. Put things back where you found them.
5. CLEAN UP YOUR OWN MESS.
6. Don't take things that aren't yours.
7. Say you're SORRY when you HURT somebody.
8. Wash your hands before you eat.

9. Flush.
10. Warm cookies and cold milk are good for you.
11. Live a balanced life - learn some and drink some and draw some and paint some and sing and dance and play and work everyday some.
12. Take a nap every afternoon.
13. When you go out into the world, watch out for traffic, hold hands, and stick together.
14. Be aware of wonder. Remember the little seed in the Styrofoam cup: The roots go down and the plant goes up and nobody really knows how or why, but we are all like that.
15. Goldfish and hamster and white mice and even the little seed in the Styrofoam cup - they all die. So do we.
16. And then remember the Dick-and-Jane books and the first word you learned - the biggest word of all - LOOK."
— Robert Fulghum, All I Really Need to Know I Learned in Kindergarten

Fearing Getting Caught vs. Loving the Divine Qualities

May 28, 2024

https://goldenageofgaia.com/2024/05/28/fearing-getting-caught-vs-loving-the-divine-qualities/

Youth: The days when we'd risk everything to steal a bar of chocolate

When I look at my own personal process of opening up and expanding my awareness, I see that at times I agree with myself to see what I'm doing but not go deeply into it. That includes, when it serves my purposes, lapsing into ignorance and unawareness if confronted.

The process was underpinned by my belief that it was OK to do frowned-upon things as long as we don't get caught. The process is probably a part of everyone's growing up.

It may be a quite common notion and practice in normal, daily life ("Ah, hey, it doesn't matter. Big deal"). It lies below our speeding, stealing a piece of fruit from a supermarket, having a smoke where it's prohibited, etc.

And you're not going to hear anything exciting here. My aberrant activity never got past two chocolate bars and a can of rock candy - getting caught every time! (Michael!) (1)

Getting caught was too much for me and I followed the strait and narrow after that. (2) But ONLY because I didn't like getting caught.

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The fact that this way of being went unacknowledged allowed it to persist at some level year after year. Then, three months in a live-in encounter group in 1975-76 marked the end of its invisibility.

But it's only been very recently that I've transitioned altogether from young rule-breaker to actually loving and desiring the divine qualities (love, bliss, ecstasy, etc.) and virtues (courage, generosity, prudence, etc.).

There is a definite point where my liking of the divine qualities increased so much that my vote changed. I was no longer walking the strait and narrow out of fear of getting caught. I was walking it out of a desire to experience, and keep experiencing, the divine qualities.

After numerous spiritual experiences, (3) most of them toned down, I was definitely hooked. I wanted more, always more, and, I assert, that's how the Company of Heaven keeps us all moving ever forward toward the ultimate reunion at the end. They give us spiritual experiences at key moments that reignite our desire to fulfill the purpose of life. (4)

But at the present moment it's what keeps us all moving towards being fit to hold the higher vibrations of Ascension.

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Michael acknowledged that the Company of Heaven moves us along. Let me cite him at length because this is information the world needs to hear:

Archangel Michael: One of the things we do is we also plant the longer view, so that a person who is involved in a highly complex situation — which this [Reval] is, by the way - because it is not just about money; it is not just about currency; it is about values — in key people we will plant the longer view.

We will inspire, if you wish to use that word, the longer view so that they have, like a flash of lightning, the understanding and all the steps to what can be accomplished many steps out if they simply do A, B, C and D.

And then what we do is we create circumstances — again, beyond the number of variables that you can humanly juggle, although there is that part of you that can assist, and does — but we create situations and combinations of energies that then allow that to come to fruition.

So it is akin to laying out the banquet table, knowing it will be a delightful feast — everything is prepared.

Now, can we make you eat? No. But usually — not always, but usually — the inspiration, the vision, the unfoldment that has been planted within is so beautiful and so clear that it is almost like a compulsion on the part of the individual, or in some situations, the group, to proceed in a certain direction. (5)

Leaders open to the Company of Heaven's influence take note: Ask to be shown the longer view.

When I read his description, I remember that the vision I had in 1987 motivates me still. And a vision of our journey from God to God has to qualify as "the long view"!!!

There was nothing much to recommend living my life out of stepping over the line hoping not to be caught. I didn't go on to become a professional crook. But there's unimaginable benefit to be gained from experiencing the divine qualities.

Long journey, from boosting chocolate bars to here.... Long, long journey, he said wistfully....

Footnotes

(1) Once when I violated a very small rule in the building I live in, the fire alarm suddenly went off! Michael!

(2) Enter ye in at the strait gate: for wide is the gate, and broad is the way, that leadeth to destruction, and many there be which go in thereat:

Because strait is the gate, and narrow is the way, which leadeth unto life, and few there be that find it. (Matthew 7:13/14.)

(3) See *An Ascension Ethnography - Part 1* at https://goldenageofgaia.com/wp-content/uploads/2024/03/An-Ascension-Ethnography-V1-R2.pdf

(4) As it was shown to me in a vision in 1987, the purpose of life for us is to realize who we are. When we do that, God meets God in the moment of our enlightenment and for that meeting was all of this created. See "Ch. 13 Epilogue" in *The Purpose of Life is Enlightenment* at https://goldenageofgaia.com/wp-content/uploads/2021/07/Purpose-of-Life-is-Enlightenment-3.pdf

(5) "Archangel Michael: A Global Reset of Values, Part 1/2, " channeled by Linda Dillon, September 16, 2013, at http://goldenageofgaia.com/2013/09/archangel-michael-the-global-reset-of-values-part-12/.

⌘ Discussions of Divine Qualities ⌘

Devotional Attitudes

Some people worship God as their child

“Devotional Attitudes,” July 20, 2011, at http://goldenageofgaia.com/2012/07/20/devotional-attitudes/

I wonder if you'd permit me to address a couple of matters that emerge from answering a "Contact Us" email. The first is the matter of asking me to cease addressing Archangel Michael as "Lord."

There are several traditional attitudes that people adopt in their devotional relationship with the Divine. Hindus have studied this subject the most deeply, in my opinion.

These attitudes reflect one's own temperament and perceived connection with God or with his angels. One is the friend, another the lover, the parent, the child, etc. And one is the servant.

I am a servant of Archangel Michael. That doesn't mean that you are or have to be. But I am. And to stop addressing Archangel Michael as "Lord" would be like asking me to do something untoward or reprehensible.

Please know that I feel exposed enough as it is having landed in a society that does not value the word "Lord" without taking up that practice myself.

How others proceed is up to them. This is (becoming) a free society, where we don't ask people to conform to our usage, providing theirs is not causing harm.

The use of the word "Lord" in relationship to the archangels meets with a response from my heart, a flood of love, a sense of true proportion.

It honors the very wide gulf there is between the manner in which Archangel Michael sees and the manner in which I see. And it honors the fact that I serve him. It's "proportionate" to me. It feels appropriate or fitting. It may not feel the same to you and I honor that.

In India, where the traditional devotional attitudes toward the Divine are well known, one does not ask a devotee to stop talking to Krishna as if he were one's child. One allows to each person the form of their relationship with the Lord that they choose.

I'd be happy to see us start doing that in the Western world as well - to allow each person the form of their relationship with God that they prefer, rather than asking one person not to relate to God or the archangels in the way that he or she wishes.

Claiming Our Divine Authority: What Will It Take? -Part 1/2

September 12, 2019

https://goldenageofgaia.com/2019/09/12/claiming-our-divine-authority-what-will-it-take-part-1-2/

I'm beginning to see the tie-in between divine qualities, states of consciousness, and contexts.

They're different words pointing at the same thing.

I've experienced mastery, abundance, and peace, which are divine qualities, as states of consciousness.

They were expansive, transformative - certainly higher states than ordinary consciousness.

Werner Erhard calls the same phenomenon a "context," something that includes and involves everything. Health and peace are examples of contexts. I experienced the states of consciousness as contexts as well.

Love is an example of a divine quality (1) which is a state of consciousness and a context. I know that for a certainty.

It may turn out that claiming my divine authority is also a state of consciousness and a context. I'm in the process of finding out.

How do I know something is all three - a divine quality, state of consciousness, and context?

By the transformative impact living in that state of consciousness has on me. Take love for instance.

When I'm in the experience of higher-dimensional love, I'm a completely-different person. It'd be as if I were in constant orgasm. Bliss, bliss, bliss, if only it would be everlasting (and it will be someday).

I notice that, with the experience of every other state of consciousness (mastery, abundance, etc.), I ended up in transformative love. I expect to end up in transformative love when I experience my divine authority as well.

I get glimpses. These present to me as a rock-solid confidence. In other words, just as I experienced purity and innocence while gazing on the Self, so also here I experience rock-solid certainty and confidence while "feeling" or glimpsing my divine authority.

Because you and I are divine, right? So it isn't as if we're feeling into illusion. We're feeling into the truth of our divinity, which needs to be settled with us before we experience our authority.

(Concluded in Part 2, tomorrow.)

Footnotes

(1) Apparently it's actually more than a divine quality; it *is* the Divine. I haven't experienced the truth of that statement yet.

For convenience only I include it among the qualities.

Claiming Our Divine Authority: What Will It Take? - Part 2/2

September 13, 2019

https://goldenageofgaia.com/2019/09/13/claiming-our-divine-authority-what-will-it-take-part-2-2/

Creation - from nothingness into matter

(Concluded from Part 1, yesterday.)

I also see barriers to the resistance falling away. Here's one. I think I have to say to someone who challenges me on authority: "I speak on my own divine authority."

No, I don't. "I speak on my own authority."

To say "on my divine authority" is to invite controversy. Why go that route?

I know. What does it matter whether the other person does or not? Or believes that I do or not? It doesn't affect my knowledge.

I see barriers coming up right and left. Voices saying: "But I want others to know." No, you don't. You just want to feel like a hero. They each have their own path. Let your concern go.

Oh, yes, my precious knowledge. I have to be well discerned. I have to read only the best.

I once read only enlightened authors for ten years - after my 1987 vision - to find words to put to it. Perhaps I should go back to that.

I will when I retire.

Right now the agenda is the Ascension of Gaia and all her inhabitants. Therefore, back to uncovering my divine authority.

All the divine states simply are. They don't come with a manual.

We're given intuition and guidance to find the key to unlock the door.

The door has to be unlocked by our own efforts (1/1,000) combined with the Mother's Grace (999/1,000). (1) As I discuss in the footnote, the Mother's Grace far outweighs my small efforts.

But nothing is straightforward where souls are concerned. There are many things that have to be factored in to this equation. I am in service to the Mother as a communicator: That means that my experiences will be molded and even truncated if "going too far" jeopardizes my mission.

It also means, I believe, that I'm given more experiences than the average person because they know I'll write about them.

So here I am digging away at the debris to discover what my divine authority is, knowing that, when I discover it, it'll be mostly because of the Mother's Grace.

Later....

Here's a clue. Contemplating my divine authority, I've ended up in a state of higher-dimensional love. This aligns with my experience of all the other divine states; I end up in the experience of love.

Is this what is meant by saying that love takes in all the divine qualities?

Footnotes

(1) In other words, her input is vastly more than ours.

Note that you can see in my own case that the Mother plans and monitors enlightenment events and takes an active role in them.

I experienced a full-blown, 4th-chakra heart opening, but did not experience the fulness of the 4th-chakra sight of the Self. The Mother later acknowledged truncating the latter as Archangel Michael did as well.

Steve: The experience at Xenia, Mother, was that truncated?

Divine Mother: Slightly, yes.

Steve: I had the thought [it was]. ... The Light I saw should have been brighter than a thousand suns. The fact that it wasn't suggests to me that the experience was truncated. ...

DM: It was not as brilliant as possible, let us put it that way.

Steve: Alright… And again, the reason is to keep me in sync with my readers?

DM: It is to keep you in sync with your readers. (Divine Mother in a personal reading with Steve Beckow through Linda Dillon, Oct. 26, 2018.)

Michael on truncating in general:

Archangel Michael: If you were completely involved in your full awakening, you in very great likelihood would not be forming a platform with me. You would be off somewhere in an ashram meditating.

So that is what we have meant. Ground yourself. Be human and love the experience of being in form. (Archangel Michael in a personal reading with Steve Beckow through Linda Dillon, May 6, 2013.)

If I had the full experience of any of these states, I'd most probably be off in the Himalayas finishing the job.

The upshot of these experiences is that the active involvement of the Mother and the Archangels in my own spiritual unfoldment rests with me as a proven fact.

This then becomes part of my knowledge base, which contributes a sense of certainty to me about the nature of the life that I encounter every day, inside and out.

Moreover, getting clear about it as I am here removes another barrier to the realization of what my divine authority is.

Detachment is a Door, not a Destination

July 10, 2021

https://goldenageofgaia.com/2021/07/10/detachment-is-a-door-not-a-destination/

Everything is about what I want. I want peace. I want quiet. I want an absence of interruptions and distractions.

In my case, notice that what I want is a divine state - stillness, quiet, meditative solitude. It's not a trip to Hawaii or a Lamborghini.

Nonetheless the way I'm approaching it is as if it were a commodity. I'm very 3D with it.

Meanwhile, I notice that three weeks spent in a detached state has educated me on what it takes to have a still mind.

A mind totally free - i.e., detached - from 3D distractions is a quiet mind. Later on, when we're bathed in transformative love, love will do the work for us. Our minds will be absorbed in love and quiet as a result. No need then to do anything more.

But, with detachment, the very basis of mind chatter is removed. No wants. No I. (1) With love, we travel on smooth, black-topped roads; with detachment, we get a bigger engine.

A want by itself arises, endures for a moment, and then passes away. We're advised to simply observe it, without engaging with it.

The ego ("I") goes through a process with a desire. Mentally or physically, it tries it on, listens to it, tastes it, or whatever is appropriate. It decides whether it likes it. If it does, it takes it on as a desire worth fulfilling and acts to obtain the object of desire.

The moment the ego merges with a desire, the mind chatter begins. In my experience, stillness of mind becomes almost impossible after that.

Interestingly one can still see to all one's innate needs for food, shelter, etc., without merging with a desire or even thinking about what one is doing.

Stimulus - Thought - Response becomes more like Stimulus - Response. When hungry I eat; when tired I sleep.

But, in the space that detachment opens up, other things flower to support our actions. I felt confidence, competence, balance, groundedness, self-trust, peacefulness, and a few others once my mind was quiet. That more than made up for the loss of taste, sight, and hearing pleasures and distractions.

I sound like I had to give up everything. No, I did not. I only had to give up my hankering for them.

It seems to me that who I am in that space is what I mean when I use the word "adult." Or "mature, balanced, grounded." Yes. A quiet mind due to detachment seems to have us (or me) show up in an adult way. (2) I can appreciate why that would be so, but I cannot understand or explain it.

***

At the same time, our future, as far as I can see, is one of trading up, trading up, trading up. We let go of one "I want" after another and trade up to an inner sense of wholeness and competence. It's a bargain.

And I have a sense that it's only a doorway, not a destination. Detachment seems to be a precondition, rather than an attraction unto itself. It's what happens in the detached state that I find remarkable; chiefly the way I feel.

Here I am at my age, after talking about this since forever, (3) only now making the basic spiritual movement, turning from the world to God - detaching from the world and attaching to God.

Followers of Hinduism will know what I'm referring to, using different words: Discriminate between the Real and the unreal; detach from the unreal; and attach or devote yourself to the Real. Totally the same thing, as the Divine Mother herself corroborated:

"Let's now look perhaps at what the Divine Mother is doing, as far as I can see. She's sending us three waves of energy: clarity, purity, and love. Is this not accomplishing the basic spiritual movement of life? Is clarity not discrimination between the Real and the unreal? Is purity not detachment from the unreal? Is love not attachment or devotion to the Real?

"I asked her if I was offbase in this appraisal and she replied:

"'No, dear angel, you are not offbase in the slightest. … You are on track. There are many different pathways, which has been part of the richness of the discovery and the Hindu path of this understanding is very insightful and accurate.'" (4)

Here I am at my age just now appreciating what is being talked about. It is no longer just intellectual learning. It is now dawning awareness.

Detaching oneself from one's material or worldly or sensory desires - whatever you want to call them - quieting the mind isn't a moral question. It's a question of spiritual physics, spiritual noise abatement.

It makes possible, I believe, what comes next.

How often have I tried to predict what comes next? But the fact is I really don't know. I'm as expectant as you are, hearing about all the wonderful experiences that people are having. (5)

Footnotes

(1) It's interesting to speculate whether this might be the No-Self state that Bernadette Roberts writes about and whether the No-Self state is the ascended state. The state of Self-Realization she describes is Brahmajnana, seventh-chakra enlightenment and still within the 3D chakra system. Sahaja, Vijnana, or Ascension is next. It alone is mukti or liberation from the 3D wheel of birth and death. The No-Self is next in her view after Brahmajnana. That sounds like Ascension to me:

"I came upon a permanent state in which there was no self, not even a higher self, a true self, or anything that could be called a self. Clearly, I had fallen outside my own, as well as the traditional, frame of reference when I came upon a path that seemed to begin where the writers on the contemplative life had left off." (Bernadette Roberts, *The Experience of No-Self. A Contemplative Journey*. Boston and London: Shamballa, 1985, 10.)

"Unfortunately what most Buddhist authors define as the no-self experience is actually the no-ego experience [Steve: Brahmajnana]. The cessation of clinging, desire, the passions, etc., and the ensuing state of imperturbable peace and joy articulates the egoless state of oneness; it does not, however, articulate the no-self experience or the dimension beyond [Ascension?]." (Bernadette Roberts, "The Path to No-Self" in Stephan Bodian, ed. *Timeless Visions, Healing Voices*. Freedom, CA: Crossing Press, 1991, 136-7.) (Hereafter PNS2.)

"Four years later, however, I came across two lines attributed to Buddha describing his enlightenment experience. Referring to self as a house, he said, 'All the rafters are broken now, the ridgepole is destroyed.' And there it was -- the disappearance of the center, the ridgepole; without it, there can be no house, no self. When I read these lines, it was as if an arrow launched at the beginning of time had suddenly hit a bull's-eye. It was a remarkable find.

"These lines are not a piece of philosophy, but an experiential account, and without the experiential account we really have nothing to go on. In the same verse he says, 'Again a house thou shalt not build,' clearly distinguishing this experience from the

falling away of the ego-center, after which a new, transformed self is built around a 'true center," a sturdy, balanced ridgepole.' (Bernadette Roberts, PNS2, 137.)

That which does not build a new house, that which is a pillar in the temple and goes no more out is the ascended individual. I think Bernadette Roberts just described the ascended state.

(2) I'm even tempted to say "spiritually normal," but the latter word has become politicized.

(3) "The Basic Spiritual Movement," Last revised June 12, 2009, at https://goldenageofgaia.com/spirituality/back-to-the-basics-2/the-basic-spiritual-movement/.

(4) "Clarity, Purity, and Love: The Basic Spiritual Movement Restated," December 5, 2013, at https://goldenageofgaia.com/2013/12/05/clarity-purity-and-love-the-basic-spiritual-movement-restated/

(5) I especially liked Judith Kusel's account, "Judith Kusel: The 7 Gateways Leading to the Golden Gate," July 6, 2021, at https://goldenageofgaia.com/2021/07/06/judith-kusel-the-7-gateways-leading-to-the-golden-gate/ and her "Judith Kusel: Heart Opening," June 15, 2021, at https://goldenageofgaia.com/2021/06/15/judith-kusel-heart-opening/

On the Nature of Bliss

June 1, 2022

https://goldenageofgaia.com/2022/06/01/on-the-nature-of-bliss/

Craziness reigns in the world but I remain focused on the inner world.

Since bliss will be our lot at some future time, hopefully not too far away, I'd like to look at what our sources have said about the nature and experience of bliss.

And this time, rather than looking at higher-dimensional celestials and galactics, I'd like to look at Earth's own sages.

Nonetheless, most of the people consulted here turn out to be either avatars or else ascended beings.

Sri Ramakrishna and the Buddha are examples of the former; Sri Ramana Maharshi may be an example of the latter. We don't know his background except that he experienced sahaja nirvikalpa samadhi, which is Ascension, spontaneously asa young man.

The Buddha tells us that "[the] Highest Reality is an exalted state of bliss." (1) I must take his word for it. But certainly bliss of a less exalted kind is still unimaginably delightful.

Others agree with him. Sri Ramakrishna, for example:

> “The bliss of worship and communion with God is the true wine, the wine of ecstatic love.” (2)

He adds:

> “If a man enjoys the Bliss of God, he doesn't enjoy the world. Having tasted divine bliss, he finds the world insipid. ... Can worldly pleasures and sex pleasures be compared to the bliss of God? If a man once tastes that bliss, he runs after it ever afterwards. It matters very little to him then whether the world remains or disappears.” (3)

I can certainly vouch for that. Here I am running after it ever afterwards. And my taste for worldly things just keeps falling away. Most of my taste/desire for food, drinks, etc., for instance has subsided a great deal.

Having tasted bliss, the pleasures of the world pale. I’m running after the former, caring little, really, whether the outside world persists or disappears.

“Sex pleasures” are seen to be about the pursuit of bliss anyways. Orgasm is bliss. I go more often for the experience directly, in the heart, now that I'm aware of it.

***

Bliss arises when external desire ceases. Most of the time we experience bliss when we attain an object of desire. We think attaining the object has caused the bliss, but bliss is known when desire stops, as it does for a short time when we obtain the object we desire. Sri Ramana explains:

> “When the object of desire is obtained, the intellect becomes steady for a moment and turns inward. Then the bliss of the Self is reflected on it and this gives rise to a delusion that there was bliss in the object. But when other objects are desired the bliss vanishes.” (4)

So it isn't desire or possession of the object of desire that allows the bliss to emerge, but the cessation of desire.

No matter how much bliss we get by this process of obtaining objects, it's still small compared to what we get from going within, says Mata Amritanandanayi:

> "The happiness that we get from worldly objects is only an infinitesimal fraction of the bliss that we get from within." (5)

By "within," she means the opened heart. It opens when the kundalini reaches the fourth chakra.

Paramahansa Yogananda demonstrates the truth of something that Archangel Michael shared with me. First Yogananda:

> "When the divine joy comes, immediately my breath is still and I am lifted into the Spirit. I feel the bliss of a thousand sleeps rolled into one, *and yet I don't lose my ordinary awareness*. This is universally the experience of those who go into the superconscious state.
>
> "I feel the bliss of a thousand sleeps rolled into one, and yet I don't lose my ordinary awareness." (6) [My emphasis.]

As if in agreement, Michael has said:

> Archangel Michael: Let me really shock you tonight and say to you that *you can be* in form, *in your human form* - as you think of your enlightenment journey - *and still be connected, consciously, in that place of full connection to the heart of One*.
>
> SB: Oh, that is a shocker! (7) [My emphasis.]

I'd never have suspected that we'd retain ordinary consciousness and experience this much bliss. But I'm certainly open.

Franklin Merrell-Wolff also warns us of a state where we're so intoxicated with bliss in the 8th-9th Dimension that we forget to go on to real mastery in the 11th:

> "Conceive of the intensity of the bliss raised beyond all relative imagination, and far beyond the power of any physiological organism to endure, and then regard it as not lasting merely for a moment or a brief period, but extending with unbroken continuity indefinitely; then something of the Bliss-aspect of Nirvana may be apprehended. Is it so surprising that many become 'God-intoxicated' and fail to go to the winning of real Mastery?" (8)

Bliss lies at a lower dimension than mastery (9th vs 11th).

Let me stop there and pick up in another article.

Footnotes

(1) The Buddha in Dwight Goddard, *A Buddhist Bible*. Boston: Beacon Press, 1966; c1938, 287.

(2) Paramahansa Ramakrishna in Swami Nikhilananda, trans., *The Gospel of Sri Ramakrishna*. New York: Ramakrishna-Vivekananda Center, 1978; c1942, 94. [Hereafter GSR.]

(3) Paramahansa Ramakrishna, GSR, 756-7.

(4) Sri Ramana Maharshi, *Jewel Garland of Enquiry (Vichara Mani Malai)*. Tiruvannamalai: Sri Ramanasramam, 1996; c1977, 9.

(5) Mata Amritanandamayi, *Awaken, Children!* Vallicakavu, India: Mata Amritanandamayi Mission Trust 1, 8.

(6) Paramahansa Yogananda, *Man's Eternal Quest and Other Talks*. Los Angeles: Self-Realization Fellowship, 1976, 161.

(7) Archangel Michael, *An Hour with an Angel,* March 26, 2012, at http://the2012scenario.com/2012/03/archangels-michael-and-gabriel-on-the-angelic-realm-hour-with-an-angel-transcript-march-26-2012/ .

(8) Franklin Merrell-Wolff, *Pathways Through to Space*. *A Personal Record of Transformation in Consciousness*. New York: Julian Press, 1973, 29-3 .

Mastery is the 11th Dimension; bliss is between 8th and 9th, as Michael explains:

Steve: What dimension is bliss?

AAM: It is between Eight and Nine. (Archangel Michael in a personal reading with Steve Beckow through Linda Dillon, Jan. 20, 2016.)

I'm relying on a brief experience of mastery I had in, I believe, 2015, which Michael confirmed in a passing comment later:

“When I have said ‘spiritual currency,’ you’ve had a glimpse of this in the knowing of mastery and abundance and so you know it isn’t about money. It is about spiritual currency. And I say to you, ‘congratulations.’” (Archangel Michael in a personal reading with Steve Beckow through Linda Dillon, Aug. 2, 2015.)

A Longing for Bliss

March 27, 2022

https://goldenageofgaia.com/2022/03/27/334225/

My assignment is to go up with everyone else and write about it.

In my opinion, all of us have been liberated in other lifetimes or we wouldn't be here operating as lightworkers in a planetary Ascension. We wouldn't be reading this blog or others like it. So we are all of us going up with everyone else.

I call the writing an Ascension ethnography. (1) My path is the path of awareness. (2) And I'm here till the end. (3)

What my version of ethnography means for me (4) is that I have to write about what's right here in front of me and hope that it's helpful to others.

This mode of writing isn't about being in one's head. The awareness path is more experiential and realizational than intellectual. (5) It's concerned with the here and now - the only time in which any real work is done.

This mode of writing is not about narcissism or self-servingness. It's about noticeing, discovering, and sharing one's personal truth.

It recognizes that the purpose of life is for God to meet God in a moment of our enlightenment. Self-Realization thus becomes the aim of the awareness path, consistent however with our service agreements.

It values our feelings and the divine states, which we aim for by clearing ourselves of the obstacles to their enjoyment. (6)

Sometimes it leads to a discovery. Sometimes it gives rise to a vasana or core issue.

***

With that by way of introduction, let me begin by saying that I notice that my acuity is increasing.

The other day I was down to watching internal events. I began to write an article as it was happening and was interrupted. Too bad. I'd never been aware to that degree before.

What I'm aware of right now and it's the reason I'm writing is stress. I'm watching my reaction to stress. The issue is secondary; stress is stress.

I experience it as a heightened pulse in my neck. I assume that reflects an increased heart rate and blood pressure.

My hands are nearly shaking - a tremor rather than a trembling. This only happens when I feel stress.

What needs to be factored in of course is that I'm an urban monk. What would be normal stress for another person is not normal for me. I wouldn't go so far as to say I'm hypersensitive; that would be an exaggeration. But I'm sensitive to stress.

I probably prefer more peace and quiet than most people. Others are up skiing and ...

... now bliss has arisen. This is why I don't strap on my boots and take my skiis and gloves and spend an entire day on the slopes.

This is what it's all about. And bliss seems to arise more often in a quiet life than in a busy one.

***

Love and bliss is what it's all about, in my books.

The longing for liberation (7) shows up for me as a longing for bliss. Because it's very much stronger than any desire, I tend to simply abide in it. That puts the onus on me to manage it so as not to interfere with my service agreement.

Footnotes

(1) In my view of the matter, an ethnography includes biographies, narratives, first-hand observations, and other primary inputs to broader structural and functional studies.

(2) See *Transformative Awareness and the Constructed Self* at https://goldenageofgaia.com/wp-content/uploads/2022/03/Transformative-Awareness-5.pdf

(3) Archangel Michael : There is much to be said for Everyman, and that is part of the role you play. Yes, you are a pillar. You are an anchor. You're [a monitor] but you're also playing the role of Everyman – with curiosity, with exploration, with insight. So our desire is not to separate you from the collective. (Archangel Michael in a personal reading with Steve Beckow through Linda Dillon, Nov. 11, 2015.)

I remind you that you are a pillar [and] that you [are] not [to] venture too far ahead of where people are, both individually in terms of your smaller circle but also in terms of the collective. (AAM, Jan. 18, 2020.)

(4) I declare myself free of disciplinary boundaries. I'll write on any subject I want to. Let the reader decide.

(5) Obviously communicating our discoveries is intellectual.

(6) Our core issues. Download *Vasanas: Preparing For Ascension by Clearing Old Issues* at https://goldenageofgaia.com/wp-content/uploads/2019/07/Vasanas-Preparing-for-Ascension-R8.pages.pdf

(7) See "Ch. 7. The Longing for Liberation" in *The Purpose of Life is Enlightenment* at https://goldenageofgaia.com/wp-content/uploads/2011/08/Purpose-of-Life-is-Enlightenment.pdf

A Touch of Bliss has One Forget Everything

April 13, 2021

https://goldenageofgaia.com/2021/04/13/319693/

Too small….

We wouldn't try to drain spaghetti through a tea strainer. The tea strainer is too small. The spaghetti would fall over the side. The strainer could not hold it.

By the same token, when we look at divine states like peace, love, and bliss, I don't think we can appreciate, understand, or know them when looking at them from this Third/Fourth Dimensional mind.

Our 3/4D mind is simply not big enough, expansive enough to allow us to encounter these states as they are.

The energies will be rising high enough to have us begin to experience them at some point in the future. Then the cat'll be out of the bag.

We may see that we've had momentary glimpses of them. We may find that we experience wisps of them but then dismiss them as the result of momentary thoughts - rather than a divine state coming calling.

"No, I'm not ready yet to surf that wisp into a sea of bliss. Such a thing is not in my memory banks or spiritual inbox." And away bliss goes, to come again another day.

In the time of my writing this article, bliss has come calling. And, knowing what it is and what can happen, I welcome it and invite it to stay.

In response, it expands and I say I am "uplifted" by it. Immediately I drop everything and simply rest in it.

But that's the problem. Resting in bliss, one doesn't want to do anything.

It's more than not wanting. All thought of doing anything simply vanishes from a mind filled with bliss.

How does the world look from this angle? I couldn't say. I have no thoughts of the world, no room for it. Bliss has filled me up and pushed out of my awareness bubble all other thoughts and feelings.

Thus are the Mother's and Michael's fears illustrated. The Mother once confided that if I had seen the Self as it is at Xenia - brighter than a million, billion suns -

"...you would have departed the life that you have designed - yes, with us, for yourself, for the service you are providing - you would have departed and simply said, 'I do not need to do this. I will just simply sit in the bliss of love and good luck, everybody!'" (1)

There's no denying the truth of that statement. A touch of bliss has one forget everything.

After Abundance and Ascension, resting in bliss will no longer be a problem. Everyone will have the freedom to choose how they'll live their lives and living in the experience of total peace and upliftment will be seen as a hugely positive thing.

In my young adulthood, if one meditated overly much, one could be told to get a job. Werner Erhard appeared right: The world at the time of the Vietnam War seemed hostile to transformation. (2)

But that won't be the case after Ascension. Every individual is on a return journey to God. In a post-Ascension world, people who concentrate their efforts on Self-Realization will undoubtedly receive ***en***couragement, rather than ***dis***couragement.

Footnotes

(1) Divine Mother in a personal reading with Steve Beckow through Linda Dillon, Oct. 26, 2018.

(2) We didn't talk about the Deep State then. It was the military-industrial complex and secret societies.

Feeling Loving, Blissful, and Ecstatic is an Inside Job

November 3, 2021

https://goldenageofgaia.com/2021/11/03/feeling-loving-blissful-and-ecstatic-is-an-inside-job/

Thou shalt become like a child to enter the Kingdom of Heaven

If it's all about how we feel, as I believe it is for us humans, then what am I doing, in a take-charge manner, to see that I feel my best (as defined by me)?

No, I don't mean anything external. I'd like to keep our attention on the internal. It doesn't cost anything and promises the best results.

In my opinion, feeling loving, blissful, and ecstatic, which is our end goal, is an inside job.

Despite what we've been sold ... I mean, told ... feeling these ways happens on the inside of "us," and it happens because of events that happen on the inside of "us," whatever "we" are.

Let me put first things first: There is an "I" that's always around. It doesn't sleep when the body sleeps. As a matter of fact, even the lower bodies - lower than the "I" - don't sleep; only the physical body does.

That "I" witnesses and experiences what the other bodies experience. The purpose of those bodies is to give the "I" experience on the level the body is appropriate to - astral, mental, causal, buddhic, etc. (1)

We seek enjoyment from experience, but we also seek wisdom. All that is taken with us, when we leave the body for good, is the memory of the experience.

Experience, enjoyment, memory - all of these happen inside. With me so far?

Really, as far as I can see, we live in a bubble or field of awareness. We go through life experiencing, enjoying, and remembering. It's no stretch to then observe that my field of awareness is my responsibility to work with such that I maximize the love, bliss, and ecstasy that I feel. No one else can do it for me; no one else would want to do it for me, not even my guides.

Here am "I" in my field of awareness. My body comes and goes, but I carry this field of awareness with "me."

How do I work with it? Well, first of all, I need to take my thoughts seriously. I need to listen to myself, above all else, so that I can effectively do Step Two.

You'll recognize this as the basic agreement of the awareness path: To maintain awareness of ourselves.

Second, when I find a bad idea, I need to raise it to awareness as much as need be and then drop it. Just drop it. No need to fill it in with anything else.

We're heading, among other things, for stillpoint so no need to manufacture a new thought. Let all thoughts go if you can. (That doesn't mean to lose situational awareness. Be safe.)

Raising the idea to awareness in the first place, however, has three benefits.

(A) It means we'll recognize the ill-advised idea more easily next time it comes. We can then dodge it like a matador.

(B) Raising something to awareness and allowing it to be hastens its departure. Awareness is not neutral; it's dissolving. The flip side is that what we resist persists, Werner Erhard observed.

(C) Becoming aware of something ill-advised makes it more difficult to do a second time. We're now consciously watching ourselves do it whereas before we were unconscious of doing it.

Fourth and finally, I recommend we draw love, bliss, and ecstasy up from our hearts and experience it. Be with it. Meditate upon it. Our hearts are our portals to a higher dimension.

Let me stop here so as not to overtax your willing patience.

The start of every spiritual path is purification, cleansing of the vasanas or core issues. The cleansing of our field of awareness is that first step on the spiritual path.

That cleansing process begins with awareness.

Footnotes

(1) The purpose of experience is to help us to develop discrimination. What we ultimately need to discriminate between to fulfill the purpose of life is between the Real and the unreal. Realizing the Real is the purpose of life.

(2) “How to Handle Unwanted Feelings: The Upset Clearing Process,” December 29, 2018, at https://goldenageofgaia.com/2018/12/29/how-to-handle-unwanted-feelings-the-upset-clearing-process-2/.

Love and Unity Arise in the Same Space

June 10, 2020

https://goldenageofgaia.com/2020/06/10/love-and-unity-arise-in-the-same-space/

I'm moving out from my beachhead of understanding now. (1)

My beachhead is that I realize, from current events, that polarization does not work. I'm now open to human unity. I now foray out from that point seeking an understanding, experience, and realization of unity.

This foray into examining love and unity is based on my feeling a rise of the higher form of love and noticeing how it induced in me the feeling that I was one with everyone and everything.

I saw at that moment that love and unity co-exist in the same space.

I know it may be hard to see that. We have pre-existing beliefs attached to both of these words. "Love" looks a certain way. "Unity" works a certain way.

But when we're in higher-dimensional love, we're offering ourselves as a channel for this higher love to flow out to all universally. And as it flows, our boundaries fall away - and, it's my prediction - we become one with everything.

I've been in that kind of love and felt that oneness. I don't mean I've realized it. Becoming one with everything in enlightenment terms equates to Brahmajnana or seventh-chakra enlightenment. I cannot claim to have had that experience. (2)

I mean that there is an experience of higher love, whatever dimension we may be on, where love and the experience of spiritual union with all other people arise and occur simultaneously.

You can probably imagine it. Imagine you love everyone - that you are sending love up from your heart and out to everyone. If you reach a high enough place with it, you'll feel one with everyone. The two - love and unity - become one at a certain, more heart-open level of existence.

OK, I see now. The light of understanding has gone on.

Until now, I've been perceiving "unity" as an amorphous kind of thing. It's connection but it's also a mass and it's also.... I've had no clear idea what unity is.

But now I see it. Unity - like abundance and mastery - is a space. I've been looking for it in all the wrong places. My beliefs have veiled it and sent me down the wrong track.

Unity is an experience, a feeling (but more). It's a space and when one enters it one finds love there as well.

Unto itself, unity leads to higher and higher dimensions, known by higher and higher spaces or states. I can follow unity as far as exaltation. I can't get back to the Father on it yet, as the small golden star did in my 1987 vision. (3)

Unity is a space I can live in. While in this space, I feel no fear. Fear is absent. If I were to feel fear, I imagine I'd have vacated this space.

I must sound like an astronaut on the Moon making her first observations. "The ground is grey. There are little rocks."

There's no holding in the musculature of my body that I'm aware of. Deep breathing is easy. Oh, here is bliss as well. Feeling the bliss exerts an upward pull; needing to write exerts a downward pull. I'm right where I need to be to fulfill my mission.

OK, that's a foray out from my beachhead of understanding into the further understanding, experience, and realization of unity and its co-existence with love.

Footnotes

(1) See "How Paradigmatic Breakthrough Works," June 7, 2020, at https://goldenageofgaia.com/2020/06/07/how-paradigmatic-breakthrough-works/

(2) I had a truncated experience of it. But that would be like comparing a movie to real life.

Steve: [Emptiness of mind] was followed next by what appeared to be the kundalini completing its circuit at the seventh chakra. Is that in fact what happened?

AAM: Yes. ...

Steve: Hmm, interesting! Ordinarily you would experience Brahmajnana at that point but I felt that it had been muted, toned down.

AAM: When you use the term “dramatic enlightenment experiences”[as I did earlier], you are talking about Nirvana. You are talking about the unity of all with One.

It is not to say that you will not experience that, but you cannot (well, you can if you wish; it is a choice to) simply remain in that state of unity, of One, or be fully conscious, in service, in action....

So, it is a toning down, if anything. It really is the middle ground. ...

You know that enlightenment is right there in front of you. It is yours to access. But if you are in service, you will not choose to live there. …

You can think of it as keeping two feet firmly on the ground. (Archangel Michael in a personal reading with Steve Beckow through Linda Dillon, Feb. 14, 2012.)

(3) See the progress of the small golden star in “The Purpose of Life is Enlightenment – Ch. 13 – Epilogue,” August 13, 2011, at https://goldenageofgaia.com/2011/08/13/the-purpose-of-life-is-enlightenment-ch-13-epilogue/

Freedom as a Divine Quality

July 1, 2022

https://goldenageofgaia.com/2022/07/01/freedom-as-a-divine-quality/

For me to take steps to realize the magnitude of our planetary project, I first have to resolve all situations for me that remain unresolved. I need to be complete.

Otherwise I don't have a solid foundation from which to venture forth.

Taking a look, the first thing I see is that all of my book publishing is to prove to my Dad that I'm not a lazy, no-good good-for-nothing.

I think I can move on from that vasana (or core issue) now.

Other vasanas just keep coming up. Committing to the divine qualities is raising them, like squeezing water out of a sponge.

Let me complete with what I've done so far.

I've written over the years on automation, racism, vasanas, cross-cultural spirituality, refugee matters, etc. What is the theme that unites them all?

Freedom. Freedom from persecution. Freedom to be.

Freedom from being displaced and dumped economically. Freedom from being discriminated against. Freedom from our own knots in consciousness.

This desire reflects how life was for a boy who listened to his Dad sock his Mother and was later dissociated for the next fifty years when his Dad shouted at him from inches in front of his face, all at age seven. (1) I used to think of myself as the Humpty Dumpty Man

We all have our story.

Of all the fields I've gone in and out of to recover myself, what's produced the best results for me personally is spirituality. I've been deeply privileged to have one spiritual experience seemingly after another. Each one is deeply satisfying. And each one is like a finger, beckoning me on. I'm a fish on the line. Permanently.

I'm married to the divine qualities; primarily, love and bliss.

This path is not at all austere. When the love arises from my heart to fill my field of awareness, I'm blessed beyond belief.

That love having filled me up, nothing more is wanted. Soon enough we'll all be in the experience.

Where it looks austere is that we lose our taste for external pleasures. That's because nothing external can compete with what arises from our very own hearts.

I can't say it often enough: The love we experience then turns out to be all that we were ever seeking.

No, we don't get love from Ralph or Mary, not in copious amounts anyways. We get it from our very own hearts in an endless flow. Go directly to source.

So the thread that runs through my writings is freedom from what holds us back, freedom to emerge, freedom to blossom - and most of all freedom to love.

To take the next step (whatever it is), I'd first have to see, experience, and get this unifying thread and underlying theme. I'd first have to get freedom as a divine quality.

Footnotes

(1) For me the pinnacle of the ability to protect another person's freedom was to act as a refugee adjudicator, with the power to grant a person refugee status or not. In this field, one is a human-rights decision-maker. The theme again is protecting freedom.

With my abused Mother in mind, I specialized in gender issues.

An Introduction to Detachment

October 2, 2019

https://goldenageofgaia.com/2019/10/02/an-introduction-to-detachment/

I was working one minute and in the midst of a spiritual experience the next.

I've had a few like this in past years. (1) This time I'm being shown what "detachment" feels like.

As in the other experiences, this mood just "came upon me" as I worked. But I recognized it before it departed and so it stayed and enveloped me.

Some of this article was written as it was happening; some in the afterglow; and some is being edited now:

I've been bothering myself that this Fall weather is beautiful and *I should be out there*.

But the furthest I get is looking out from my window.

I don't mean I never get out because I do but ... I could never figure out this reticence to go out, without purpose, into the good weather.

Then today I heard myself say: "What's the difference between standing here and standing there? You're going to be upright on two legs, looking out over a different vista. And ... so?"

At last I put a name to to the way I was feeling: "Detached." Up till now I've been ashamed of this nebulous, unnamed feeling, uncomfortable with it, embarrassed by it.

But when I saw it as detachment and experienced it, I changed my vote.

OK, I got it. I now see what the talk is all about.

“Detached” doesn’t mean that I'm opposed to anything or hurt or sulking. It's that, all things being equal, nothing exerts a pull on me (beyond the needs of the physical) right now.

I was being given an experience of detachment in a deeper form than ever before. Based on it, I'd say a synonym for what we mean by "detachment" would be "a focus on the eternal."

For me, as you know, the basic spiritual movement is to turn from the world to God. (2)

Keeping this in mind, let me now reword what I just said. What I was able to name as happening to myself (and then experiencing) was detachment from the things of the world because of growing attachment to the eternal.

And this - that I am and feel and seem to be right now - is what detachment looks and feels like to this being: It doesn't make sense to this one standing at the window to go from here to there.

I'm sitting here amazed. I've been resisting this space since forever. I'm still resisting giving into it completely because I worry I'll float off into fantasy land. Not caring about anything: That's not staying with the program.

Another word for "detachment" is "peace." If they aren't one and the same, they come bundled together.

Footnotes

(1) In the past I've been shown mastery, abundance, love, bliss, and peace ... each as a state of consciousness or divine quality - however you choose to see it.

(2) See "The Basic Spiritual Movement," June 12, 2009, in *Back to the Basics: Introductory Essays to a Cross-Cultural Spirituality*, p. 24, at https://goldenageofgaia.com/wp-content/uploads/2019/09/Back-to-the-Basics-R2.pages.pdf

The Absence of Pain

August 8, 2021

https://goldenageofgaia.com/2021/08/08/324897/

I was under the impression that I'd only been in a state of ecstasy once before.

Now I find an article actually recording an experience in *late* 2015 - I remember an experience in *summer* 2015 - which I'd forgotten.

If we're going to map out the Ascension journey, to assist the newly-awakened, then I need to re-introduce items like this into the public record, so to speak.

Every description of an experience of higher-dimensional love, bliss, or ecstasy will be helpful to those who come after us.

Seeking love, bliss, and ecstasy are activities of a follower of the path of awareness. If you worship a deity or meditate or practice a sadhana such as renunciation, please substitute your own emphasis.

This account was posted in Dec. 2015:

The Absence of Pain

Dec. 7, 2015

https://goldenageofgaia.com/2015/12/07/the-absence-of-pain/

I'm going deeper and deeper into my own consciousness.

It's as if my consciousness is imploding into itself, structures are collapsing, and belief systems are exploding.

I'm experiencing a collapse of what I'd call a "self" or an "ego." (1)

And I welcome it. I remember that, earlier this evening, I asked for it. And now it arrives, barely an hour later, I'd say.

Every image of collapse, destruction, and explosion is flashing across my mind. Everything about me that could collapse is collapsing.

The old is falling away and the new is being revealed. Only it's happening rapidly, almost in fast forward.

What keeps us in the Third Dimension is negativity. But what would keep us in the Fifth Dimension is not positivity. That's itself a part of duality.

It's contextuality. Contextuality is an appreciation of the whole, a universal consciousness. It takes in everything. Examples of contexts are peace, love, health, and completion.

When we can think from a universal standpoint and love from the same, then I think this world will work.

* * *

I'd call the space I'm in at the moment "ecstasy." Thirty years ago I did the drug ecstasy. And the space ecstasy presented then is the space I'm in right now, without the use of any stimulant.

It's predominant characteristic is depth, profundity, fullness. (2)

It's almost as if I'm on a scenic tour of the transformed space - be it Fifth Dimensional or otherwise. Each day, more of it's revealed.

* * *

I'm still in the space of ecstasy, some hours later.

I tried making a smoothie for a friend in this space. I'm in utter abandonment of thinking. Could I even slice an apple?

It was very hard to concentrate. Every act I didn't like to do I could have resented. That would've been my Third-Dimensional response. But instead of that, I did it out of love for my friend.

There are rules of the road for ecstasy, just as for love and bliss. And I'm finding them out by experience. This is all brush-clearing.

I feel buoyed up so high that it would've been hard to imagine this space if told about it previously. I'm not trying to suggest that it's a high enlightenment. It isn't. (3)

It's a high subplane, if you will, of the transformed space. So I mean "comparatively" buoyed up, short of enlightenment.

There were several times today I thought it would take a turn towards enlightenment, but it didn't.

And so I've continued to simply hold myself open to what is an unfolding experience.

* * *

I now feel routinely and totally free of emotional trauma and pain at this moment. No vasanas (or core issues), in other words. (4)

They could come rushing in in an instant, but right now I'm pain-free.

This breath that I take, I take without the memory of past upsets or any trace of resentment or regret.

I call this "back to innocence." Original innocence, rather than original sin. That's the feeling. (5)

I feel fresh and pure.

I turn the ordinary method of breathing around and breathe into myself profoundly, as deeply as I possibly can. And then I breathe out ecstasy. I go as high as I possibly can. And I repeat this.

Again I marvel that these are events in consciousness. Not a Light for me. Not a vision of the Beloved. But a continual expansion in consciousness, with the rewards of love, bliss, and ecstasy and the absence of pain that they have - so far - brought. (6)

* * *

Paramount to this space is how relaxed I feel. I feel totally at peace with myself and the outside world.

And it turns out that I'm the only person I absolutely have to be at peace with. Ups and downs with other people I can endure. But I cannot manage being at odds with myself.

The absence of peace within my self makes me right away a breeding ground for mayhem and chaos.

But it takes real work to maintain peace with my self. Any judgment could start a war. Any blame, resentment, regret. (7)

All of it, I earlier called "negativity." (8) All of it now has to be put aside to keep the peace within my self.

* * *

Having chosen the path of consciousness or awareness, I now find my reward in constantly-expanding. consciousness.

This validates what the Arcturians said: "Where your attention is, there you are also. ... attention is how you connect with realities." (9) I connect with the reality of love, bliss and ecstasy through awareness of my internal states.

It also validates the notion that we can walk any path to Ascension. Any path that elevates our consciousness and hence our frequency will do.

I feel totally different than I did even a day ago. (10)

I feel … well, it's always that I feel more of what I did then. These are obviously areas of life I've been working on and working out and I'm now reaping the benefit in these areas.

I feel confident. So obviously I've been working on issues of confidence.

I feel strong, peaceful, free from desire.

I feel content, satisfied. (11)

What more could anyone ask?

And yet I know there's always more.

Footnotes

(1) The Divine Mother predicted this would happen as a result of her Tsunami of Love:

"Love will sweep you and the planet, and in many ways, dear heart, that is Ascension. Because what it also does is [it] implodes greater consciousness." ("The Divine Mother: You Are Experiencing Love in Ways that You Have Not Known Before," channeled by Linda Dillon, November 14, 2013, at http://goldenageofgaia.com/2013/11/the-divine-mother-you-are-experiencing-love-in-ways-that-you-have-not-known-before/.)

It implodes existing structures and allows for new growth or "greater consciousness."

(2) Total satisfaction, total completion, fulness. This description is the same.

(3) It might ordinarily be. But, as lightworkers who need to continue to serve, chances are the experience will have been toned down. An example: I witnessed the kundalini completing its circuit in the seventh chakra but the experience lacked bliss. Bliss is what lifts us up and causes realizations. Without bliss, I may as well have been watching a movie. I asked Michael about it and he said I needed to keep both feet on the ground, to serve.

(4) Absolutely. My life as a drama is over. Chapters closed. Accounts all balanced. At the same time, I feel ultra-sensitive to other people's drama right now and have more or less isolated myself, while in this state.

(5) Definitely. Original innocence uncovered, the overburden of vasanas or core issues having been removed. Insist on holding onto resentments, my life has shown me, and you postpone the day of uncovering your original innocence. That's the price we pay.

(6) God will appear to the devotee in the form the devotee wishes. I'm a follower of the awareness path so God shows up for me in a way I appreciate - as love, bliss, ecstasy ... and even exaltation.

(7) I was aware of this in my current experience of ecstasy (July 31, 2021 and following). Any judgment, just as the *Book of Nothing* says, will stand between me and ecstasy. I saw this when I had a conniving thought and suffered for it.

Most Taoist and Zen sources, I think, would say any judgment or preference and we have opened an immense chasm between us and the Tao/Nirvana/Ultimate Emptiness or, as we choose to see it, higher dimensionality via Ascension.

(8) I arrived at this point this time as well: The experience of ecstasy is powerful enough to jackhammer me out of negative behavior and thought patterns and shift me over into the positive. Heaven knows how long it would take me to do that under my own steam.

(9) "Transcript ~ "The Arcturians on AHWAA: Ascension is a Multi-Demensional Activity," Channeled by Dr. Suzanne Lie, November 26, 2015, at https://goldenageofgaia.com/?p=269824.

(10) Yes, I felt totally different after the events of June 7, 2021 and again after the onset of ecstasy on July 31, 2021. I did not recognize the me that was here after these two events. It instantly showed me "how we're going to do this." We'll be given a tune-up, let's put it that way.

(11) What did I say after June 7? I feel confident, competent, balanced, self-trusting, peaceful and desireless. The space described is the same.

Worth More Than Rubies

August 6, 2021

https://goldenageofgaia.com/2021/08/06/worth-more-than-rubies/

I am in so much ecstasy at the moment, I feel as if I could burst my skin.

My job is not to get deeply into experiencing ecstasy *per se*. It's to forego that depth of experience to remain aware so that I can write this down and others may find these states or spaces within themselves. With the aid of the celestials and the Mother.

I confess that, when I breathe into the esctacy and it fills me up, I am then incapable of writing. Which shows Michael and the Mother to be correct in wanting to keep my experiences within range so I don't wander off. I undoubtedly would if I thought I could justify it.

Think of it for a moment: This state of being (ecstasy) has one feel completely satisfied. As long as one occupies this space, one does not need or want fancy cars, state-of-the-art digital equipment, trendy clothing, a prestigious address, etc. One needs and wants nothing more than this precious state itself, which is worth more than rubies.

I ask myself is this Ascension and I get back a "no." The experience is higher dimensional but temporary and undoubtedly toned down. I'm anchored in 4D and imagine I'll remain so at the end of this elongated experience. If there is an end.

***

Just as I was getting ready to retire, the feeling of ecstasy grew inside of me. I think it was because I'd put my computer away for the night and relaxed.

It grew and grew. It permeated every inch of my body. I was totally immersed in it.

Its effect is so powerful that it heals the memory of any injustice, any incomplete event, anything said or unsaid. All accounts are settled. We're left in the present moment, another launching pad for what's next.

Could ecstasy be what Jesus meant by the Great Comforter he will send?

Right now I'm simply allowing myself to simmer in it. But what would happen if I took this state of being into outside life?

I tried a couple of days ago and the attempt failed miserably. I scampered back to my burrow. I'll save you my self-serving story.

I think I'll stay off by myself for a little while longer to allow myself to enjoy this space without interruption.

I just had the thought that this space is as healing as a med bed. I can imagine that that would be true.

For that reason alone I choose to bathe in it all night long.

Experience Receding

August 11, 2021

https://goldenageofgaia.com/2021/08/11/experience-receding/

Even the flowers worship the Divine

One of the things about ecstasy is that it's so decisive, so conclusive. Our life as a victim is over. No question about it. Done, just like that.

How much is enough? The total and absolute satisfaction I feel in ecstasy is enough. It's enough to have me smarten up in every respect. It's enough to have me sit up and pay attention. It's enough to inspire me to act where nothing else might.

And it has absolutely nothing to do with anything out there. It's entirely an inside job.

I may never make it to Kovalam Beach in India again. I may never have another coffee milkshake like I had at the bar of the Fontainebleu Hotel at age eight; it was a big deal. I may never drive another TR-4 or satisfy any other lingering desire.

And yet I am unequivocably satisfied and complete when in ecstasy.

***

"When in ecstasy...." The experience is steadily receding. And with it goes my memory of what happened. I'd probably have to consult the written record myself now.

I'm not holding onto it. I know that doesn't work.

I'm also not holding onto any claim to knowledge as a result of it save that which arises in the moment.

Ecstasy may have closed the file on my life as a "case," but it didn't restore my memory.

Coming back from one of these experiences is usually so hard. There can be physical wear and tear but more burdensome is the longing for the lost state.

And then of course there's the raising of the emotional floor and the sense of knowing what's coming down the pike, that more than compensate.

The Consciousness State of Ecstasy

August 15, 2021

https://goldenageofgaia.com/2021/08/15/324982/

I've gathered together recent explorations of ecstasy into one place (below).

Ecstasy is part of the ladder of consciousness (love, bliss, ecstasy, and exaltation).

Each of these probably-moderated experiences apparently raises our vibration somewhat and prepares us for ultimate Ascension.

Soon NESARA/GESARA will be here and people can turn their full attention to their spiritual unfoldment.

Download your copy of The Consciousness State of Ecstasy *here: https://goldenageofgaia.com/wp-content/uploads/2021/08/The-Consciousness-State-of-Ecstasy-10.pdf.*

Introduction

We're told that numerous technologists and technicians are working behind the scenes making med beds, replicators, Tesla free-energy equipment, etc.

Meanwhile, in front of the camera, so to speak, numerous spiritual students are investigating the contours of consciousness to find a way of talking about our spiritual journey.

Their work is done for the many people in the population who will have no idea what's going on or what's happening to themselves.

These wayshowers and pathfinders explain what Ascension involves and how it feels to experience the higher states.

Here we primarily investigate the divine quality called ecstasy. I surprise myself often when writing a booklet like this. I find all manner of things that I'd forgotten.

For instance, I think there are as many as four accounts of time spent in exaltation in this book. Exaltation is apparently a higher state than ecstasy.

I'd only remembered the original incident, when I was on my way to a local coffeeshop and entered this sublime state for a few seconds. But there were several more that happened after that. Thank heavens, I wrote them down.

The deeper I go into consciousness, the more I remain in the moment and the more I forget almost everything. Sooner or later, I'm going to have to stop resisting being solely in the moment.

Be that as it may, I assert, as a result of my own explorations so far, that there's a ladder of consciousness, and it goes beyond the Fifth or even the Seventh. It consists of these stair steps: love, bliss, ecstasy, and exaltation.

I know. We're used to thinking of dimensions. But for me, a student of awareness, I'm far more interested in how I feel than what the roadsign says.

Love, bliss, etc., are all just names we've given to deeper and deeper forms of love. As love grows in intensity from what we think of as "love" to bliss to ecstasy and finally to exaltation, we find ourselves turned outward some of the time and inward some of the time - unpredictably. It makes it hard for others to be around us.

Bernadette Roberts found in her spiritual practice a time when she had to be intensely alone. But then, at a higher level (which I think was Ascension for her), she needed to be around people. I personally am in the intensely insular phase.

Ecstasy, which is the main theme of this booklet, is so conclusively satisfying that whatever one has going on with themselves, it's instantly taken care of and the decks are cleared.

It's as if we suddenly received word that the King was coming aboard our ship, on a surprise visit. Everything is hidden under a tarp and we stand at attention. Ecstasy is like that. In the face of it, we throw a lifetime's resentments overboard in a heartbeat and stand at attention.

However. One is infinitely more sensitive, in this space, and will avoid people whose vibrations are too dense and hard to tolerate.

Apart from that, recovery from all the grumbles and groans of our lives takes less than a second; ecstasy is irresistible.

It's the great peacemaker. The space of ecstasy is completion, fulfilment, satisfaction. One is left without any material wants.

So no craving and no aversion, two of the three pitfalls the Buddha warned us about? All that's left is the third - ignorance of our true identity.

Having said all this, I look back now after the exploration has concluded, and regard it as a toned-down experience of ecstasy, as I discuss in "The Quandary of Ecstasy." If this had been a full-blown Twelfth-Dimensional experience, I believe I would have burst my body and never have returned.

You've seen Michael and the Mother truncate most other experiences. I fully expect to hear that this one was as well.

Ecstasy is another of our launch pads - like detachment, stillpoint, and normality.

Ecstasy brings us, not to stillpoint and rest, but to complete satisfaction and rest.

Stillpoint sees the "I" of "I want" quiet down; ecstasy sees the "want" of "I want" quiet down. Both prepare the launch pad for whatever comes next.

Look how far in to the study of consciousness we've gone from the early days of reporting how we felt. Then sharing with each other authentically. Then seeing how all of this worked in relationship.

Then reaching the end of work life and beginning the life of the forest-dweller, burrowing into consciousness. And then the experiences - all road markers - start.

That's my fantasy about my own journey. Never quite made the forest but nothing fascinates me more than plumbing the depths of awareness or consciousness.

Peace and Stillness

June 22, 2021

https://goldenageofgaia.com/2021/06/22/peace-and-stillness/

Credit: Kathleen Mary Willis

When one feels desireless, it's like an empty theater when the curtain rises and the audience falls silent.

There's space in the hall. You can hear someone cough, a handbag snap shut.

Then whatever arises arises.

The really subtle feelings now can be felt. Peace is like a big barge that pushes everything else out from in front of it. I've said - and Michael has as well - peace is like granite:

> Steve Beckow: (Laughter). I had an experience of deep peace some years ago. I think it was about 2015. And I was surprised to find that peace was so substantial. It felt to me as if I were standing on a granite rock and I remember saying that to myself. And then I remember a couple of years later you actually used that word, [saying] that peace was like granite. ...
>
> Archangel Michael: There are so many divine qualities that do feel amorphous, light, airy, like a spring day. And yet *peace* (you have this expression), you can take it to the bank. It *feels like ballast. It feels like*

> *granite* because it is solid. And dare I say immutable. That is why I continue to keep emphasizing that that peace [is] within, that rock-solid granite [lies] within. [My emphasis.] (1)

Here again, with desirelessness, we find the mind inactive. Gosh, that's not quite accurate. The mind is quiet but it can become active at will. There's just no background noise, no chatter or constant comment.

It's as if peace were waiting for me to quiet the mind before making its appearance on the stage of my attention.

I realize there are degrees of stillness. I be as still as possible....

Now the experience of peace expands. I'm now sitting in a very solid state of meditation (which I leave to make notes and then return to again - that I can return, in itself, is noteworthy).

Peace is like a strong foundation. I'm too enamored of the experience of peace itself to want to build on it yet. I resolve to remain in this peaceful space and see what develops.

Footnotes

(1) "Transcript: Archangel Michael – Peace is Breaking Out Upon Your Planet, May 3, 2018," May 15, 2018, at http://goldenageofgaia.com/2018/05/15/transcript-archangel-michael-peace-is-breaking-out-upon-your-planet-may-3-2018/.)

"While lying down, I had an experience of watching my thoughts and feelings flow by me. Later, Archangel Michael, in a personal reading, told me that I was “interdimensionally travelling.”

"I felt as if I were on a train, watching it slowly leave the station and looking at the faces as they passed by. I suddenly saw a red-headed man who had a remarkable composure to him. I was struck by it on a spiritual level and took a mental snapshot.

"As soon as the man was recognized, it was as if he shot out an energetic dart at me. A bond was made. And I said to myself: “I know this depth of peace that this man has shown me. It’s the Natural Self.”

"Immediately I found myself sinking into a deep, deep sense of peace, way down deep. I ended up in a place that was absolutely solid. It was as if I were standing on a slab of granite.

"Later again, in *An Hour with an Angel*, Michael also described peace as being like stone and I remarked that that was my experience as well. I would have expected downy softness.

"The solidity of the ground under my feet probably reflected my own inner stability, which seems to be a gift of true peace when it becomes permanent.

"This peace passed understanding in the sense that the mind was so still I’d have to describe it as inactive, archived, taken offline. There was no such act as understanding going on because the mind was decommissioned.

"Of course the experience passed, as all do short of Ascension." (“The Peace that Passeth Understanding,” July 18, 2017, at http://goldenageofgaia.com/2017/07/18/the-peace-that-passeth-understanding/.

Here Michael calls peace granite again:

Archangel Michael: So, when you think of things that you should do, are supposed to do, might do, and it doesn’t ignite that fire of excitement, and *that granite of peace,* then you are being given an important piece of information, which is 'look elsewhere.' Is that clear?" ("Transcript ~ Archangel Michael: You Have Chosen to Be the New Paradigm of Love, May 31, 2018," June 7, 2018 at http://goldenageofgaia.com/2018/06/07/transcript-archangel-michael-you-have-chosen-to-be-the-new-paradigm-of-love-may-31-2018/.) [My emphasis.]

Moods and Divine Qualities

May 22, 2020

https://goldenageofgaia.com/2020/05/22/310011/

The equivalent of our moods in a dualistic dimension (3rd, 4th) are the divine qualities in a higher dimension (5th-12th).

I used to think of the divine qualities as being like things you could put in a pigeon hole, the hotel boards that featured dozens of little cubby holes in which you put a message?

In this cubby hole was peace. In that one bliss. Here, joy. There, love. They were all separate and distinct.

But now I see them as similar to our moods. One minute we're blissful; the next minute we're joyful; the next.... and so on.

I used to think that some people "possessed" the one divine quality of peacefulness; others were characterized bythe one quality of joy. Someone once taught me that people could achieve only one of the divine qualities in a lifetime. And I believed them.

But, no. Higher-dimensional people are each "possessed" of all the qualities; they have access to them. Whether or not they spend time in them is a different matter, but they could if they wanted to. I saw this when I lived in love for six months in 2015.

The opportunity before us now is to ascend Jacob's Ladder to higher consciousness, to a unitive dimension (5th and higher) at which point we'll have access to all the divine qualities.

After the six months in love, I spent a further 3-4 months in bliss. When in love or in bliss, I wanted nothing else. Just more love or bliss. I'm not sure I ever moved from love when I was in it or from bliss when I was in it. There was nowhere to go to, no reason to go anywhere.

Bathed in a tsunami of love and later drowned in an ocean of love, one lacks for nothing.

There is a state that Franklin Merrell-Wolff called the "High Satisfaction." I was not in such a high state. (1) But I like his term; in this lower-dimensional version, I was still highly satisfied. There was nothing more I wanted - except to share it.

So, no, I don't believe that saints - or aspirants - for instance, can only develop one divine quality in this particular lifetime. We know it gets easier and easier to achieve enlightenment as the energies rise.

In my opinion, Ascension, now or later, will bring all of the divine qualities to us.

Footnotes

(1) Steve: A question about Franklin Merrell-Wolff
. What level of Enlightenment or dimension did he achieve?

AAM: He primarily operates in the 7th to the 11th

Steve: Okay because he speaks about the transcendental and I don't know if he's pointing to Brahmajnana [3rd Dimension], which is the first taste of the transcendental, or beyond the 12th Dimension [i.e., THE Transcendental]?

AAM: No, he did not travel beyond. (Archangel Michael in a personal reading with Steve Beckow through Linda Dillon, Jan. 18, 2020.)

I was not operating from the 7th dimension during the 9-10 months I was in love and bliss. So I came nowhere near even the starting point of Merrell-Wolff's journey. I did have one truncated experience of the 7th at a meditation retreat years earlier, an experience of what the Arcturians and Michael called the 7th-Dimensional Oversoul. I had only one word for the way I felt then: Regal.

Resting in Simple, Bare Awareness

March 5, 2021

https://goldenageofgaia.com/2021/03/05/resting-in-simple-bare-awareness/

We're told that the Alliance and the Company of Heaven could not negate the dark's plan for a pandemic; instead what they did was make use of it.

One of the uses the Alliance made of it was to continue the lockdown to keep people inside while the Alliance took down DUMBs (deep underground military bunkers) around the world, public officials, human-trafficking operations, weather-warfare systems, deep-state labs, etc.

The Company of Heaven, rather than the Alliance, encouraged people to use the lockdown as a pause in which to take stock and create our future direction.

I wanted to take advantage of the pause for that purpose, myself.

Here I am taking stock and creating my future direction (as far as it lies within my power to manouver, given binding financial and other soul contracts).

To take stock of what I'm interested in, I'll use a scale of 1 to 10, ten being extremely interested and 0 being not at all interested.

As far as worldly possessions go, I can take 'em or leave 'em. I don't want a chateau in the south of France. I don't want to gamble at Monaco. I don't want to own a jet airplane. (1) I give the desire for material possessions a 1/10.

I give metaphysics a 4/10. Even though I know that creation is a wonderful process, I definitely have no great or enduring interest in the metaphysical. That reflects my interest in humanism rather than science, qualitative studies rather than quantitative.

I give the mystical 7/10. I'm definitely interested in the divine qualities; especially, love and truth. I know my long-term task is to discover the reality of the mystery that I am and we are. But that task is not present enough to grip my attention day by day.

Moreover, I'm not, and never have been, interested in ceremony, ritual, etc., even though I respect those who are and know the value of those activities. These pursuits just don't suit me and I'm not worried about missing out. I know that all roads lead to Home.

But the thing which I'm boundlessly interested in and which I give 10/10 to is personal growth and enlightenment. So not just the gradual growth but also the sudden illumination, for which the growth is preparation.

Personal growth includes such topics as awareness, responsibility, self-expression, integrity, transparency, etc.

Even here I specialize in awareness. God for me is SatChitAnanda. Sat is Truth. Chit is Awareness. Ananda is Bliss. Awareness of the Truth brings Bliss.

Now, as I wrote that, I caught a wave of bliss and felt elevated for a moment.

Joseph Campbell said to follow your bliss. I agree with him that bliss is maximally satisfying and optimally elevating and that following it in our work leads to incredible satisfaction.

The Mother advises us only to do that which causes us to want to tap our toes, blissfully.

> "Does [the activity you're considering] bring joy to your heart? Does it ignite that wonderful smile in your tummy? Does it make your feet tap, wanting to get going? Does it feel like love?
>
> "Does it feel that you could take this project, whatever it is, and show it to me in full confidence and pride that this is something that you are offering yourself, each other, and the multiverse, the omniverse.
>
> "Now, if it does not give you that feeling, then set it aside. Go on to the next idea. Because the inspiration that you are being flooded with — and I mean each and every one of you - [means] you are not in a lull. You are overwhelmed with ideas. So go to the next one, and say, all right, is this the one that makes my heart sing? And it may be a multitude of steps.
>
> "Do what feels like unbridled joy. That is how you create Nova Earth. That is how you say, as a human, as a creator race, this is how I work with the elementals, with the kingdoms, with the devas, with the planet, with my guides, with my star brothers and sisters, with the Company of Heaven." (2)

Writing brings me unbridled growth and so does working out in a growth retreat or workshop, sharing in an enlightenment intensive, meditating in a Zen retreat, rebirthing, body work, etc.

We talk about personal growth, the term "growth" seeming to point to expansion - of our self-confidence, authority, heart consciousness, etc.

But there's another, equally important part of personal growth, which involves going inwards. Sri Ravi Shankar once summarized it beautifully: "Settle into being."

Settle - to allow, to release resistance to, to rest in. Being - Our heart, our soul, our Self. To rest or, to use Ramana's phrase, to "abide" in the Self, which is to say, to abide in love.

Some people love walks in nature; some people love to dive deep in the ocean; I love to rest in awareness of my Self.

You know that I don't regard awareness as neutral, but as dissolutive (my word). Resting in awareness of any unwanted condition causes the condition to lift.

And I burrow down into being by remaining aware of whatever presents itself and allowing it to disappear, removing one layer of the onion after another.

To rest in awareness is my favorite activity and most favored state. Here I am on a ferry, returning from family duties in Victoria, and I'm repeatedly drawn to close my eyes and settle into being.

I let the cares of the moment disappear and calm down, settle down, and rest in simple, bare awareness.

At this moment, life could not better be.

Footnotes

(1) But I do harbor a secret desire to fly in a Supermarine Spitfire.

(2) “The Divine Mother Blesses Nova Earth Day, Feb. 14, 2013," at http://goldenageofgaia.com/building-nova-earth-toward-a-world-that-works-for-everyone/nova-earth-day/the-divine-mother-blesses-nova-earth-day-feb-14-2013/.

To Love All and be Peaceful Throughout

December 18, 2019

https://goldenageofgaia.com/2019/12/18/to-love-all-and-be-peaceful-throughout/

Odysseus listens to the sirens' song, his compatriots having sealed their ears with bees wax

I've been on my own journey, trying to understand what Archangel Michael has asked of us.

At times I've felt like Odysseus (Ulysses) lashed to the mast, that he might listen to the siren song (the song of his own desires) without going mad and throwing himself overboard.

The dissonance was high and I didn't see how I could carry on. What was the way through?

One reader wrote in that she didn't want to read a bland blog. Neither did I want to manage one.

The breakthrough came for me when I read two quotes. One was from Saul through John Smallman:

> "If everyone on Earth who is in an environment of violence, hate, and oppression, refused to engage and instead moved away, then the violence would wind down quite rapidly as those willing to fight, or looking for a fight, would find themselves seriously short of opponents." (1)

And the second was from Hilarion:

> "It requires a dedication from those who stand for change, to desire to stand in peace while making a statement and it has become important for these people to not be in reaction to those elements who try to make the whole gathering look violent. It requires awareness and discernment on the part of the peaceful protesters. It requires huge self control of every member of the peaceful gathering." (2)

What I took away from these two quotes was that we're not being called upon to shy away from calling out violent, hate-filled, and oppressive behavior. What we're being asked to do is to observe the divine qualities in doing so.

Chief among these is peace. “It requires a dedication from those who stand for change, to desire to stand in peace." This is the key to the road that lies ahead. Peace itself can only come from universal love. This then is the challenge: To oppose oppression while remaining loving to all and being peaceful throughout.

Universal love and unbroken peace. Was this not what Gandhi taught? Was this not what all saints have taught? Once I saw this, the dissonance that I was in up till then subsided; my stress fell away; my resistance melted. I found myself at peace again.

Michael asked us, if we want to participate in accountability, let it be personal accountability, personal responsibility. And, yes, that's the most enduring contribution we can make. That's the contribution which promises no residue. It's the trackless path.

So I'm now through my inner conflict and on the other side. I now know what's being asked of me and the blog and all of us, really.

To oppose rape and murder and war, but to do it from a position of love and peace.

I listened to the siren song of my own desires, which was to fight, fight, fight. And that siren's song has now faded away and I'm left in peace and love.

Footnotes

(1) Saul through John Smallman, December 17, 2014, at http://johnsmallman.wordpress.com.

(2) Hilarion, March 16, 2014, at http://www.therainbowscribe.com/hilarionsweeklymessage.htm

The New Sacred. The Everyday Sacred

July 21, 2015

https://goldenageofgaia.com/2015/07/21/the-new-sacred-the-everyday-sacred/

Anandamoyi Ma: The embodiment of the sacred Credit: Marco Mazzella

The subject of the "sacred" has been pressing itself upon my consciousness.. We tend to think of the sacred as being associated with people dressed in miters and robes, swinging censors full of incense or people singing bhajans (hymns), playing the tabla (drum) and harmonium.

For me, there's nothing inherently sacred about these practices. It isn't that they're anti-sacred. They're not. They're just not inherently sacred.

Therefore I'm willing to guess that perhaps 90% of what we consider to be sacred is not.

For me, what determines whether something is sacred or not is whether it raises our consciousness. For me, a lot of what passes as sacred actually lowers my consciousness.

Having to sit on a pew, listening to a preacher teach obedience to the church, singing hymns that mean nothing to me actually lowers my consciousness. I may feel bored or irritated or disagreeable.

What inspires me, what uplifts my consciousness, what leaves me in love, joy and bliss, that to me is sacred.

And sacred is for me a relative matter, a relationship. So for instance, transformative love and conscious awareness compared to ordinary love and unconscious awareness are sacred. The divine qualities, generally, compared to the mundane qualities, generally, are sacred.

Generosity, enthusiasm, and helpfulness when compared with stinginess, dullness, and a refusal to help are sacred.

Anandamoyi Ma used to break into dance while in trance. That was viewed as a sacred moment. The bishop walking down the aisle in full regalia does not raise within me the sacred (it may in some people).

I consider another state of being to be identical or almost identical to sacred and that is "regal." I've experienced a Seventh-Dimensional state some years ago that I would call "regal," which was also "sacred." I have a friend who walks regally and is regal. It's a joy to watch her and everything she does has an air of being sacred.

When I was in that state, nothing bothered me and I felt no need to move a muscle. Everything that happened was occurring through telepathy. I acted without acting, did without doing. (1)

If one has a reaction to a religious term like "sacred," I'd suggest walking through the 'regal" door. It's often easier and more acceptable in our skeptical society than sacred. I think one would end up in the same space.

Like sacred, regal has its realm of non-applicability. A monarch who's behaving badly, though regal, is not regal in the sense I mean it. I mean that they have a natural nobility which shines through and expresses to all around them universal love, compassion, and the divine qualities.

This is the most trying period of life I've ever been through. Financial pressures are forcing one team member after another to leave. We're shrinking in size. We're all of us under tremendous pressure.Some disagreements rise based solely on lack.

And when I look for relief and for a way to be, I'm being internally pushed more and more towards the sacred or regal. It's as if the tube is being squeezed so hard

that whatever was in there, way at the bottom of it, is being forced up to the surface.

And way at the bottom of all my feelings, thoughts, intentions, and desires is the desire for the peace, bliss, and joy that comes with the sacred. The sacredness of higher dimensionality. The new sacred. The everyday sacred.

Footnotes

(1) Steve Beckow: I had an experience at a meditation workshop in which I felt regal. It was a partial experience. Can you tell me what that part of me was that I accessed.

Archangel Michael: … Your Highest Self, your Oversoul, is very regal.

SB: So that was an experience of the Oversoul.

AAM: Yes. (Archangel Michael in a personal reading with Steve Beckow through Linda Dillon, Sept. 13, 2011.)

The Arcturians through Sue Lie: Seventh [Dimension] is your Oversoul. (Arcturians in a personal reading with Steve Beckow through Sue Lie, March 17, 2013.)

Financial Wayshowers: Emulate the Divine Qualities and Eliminate the Issues

June 3, 2015

https://goldenageofgaia.com/2015/06/03/financial-wayshowers-emulate-divine-qualities-eliminate-issues/

Credit: tarbeyah.wordpress.com

I said in an earlier article that the mind works by dominating others. A mind that works to disempower others disempowers itself.

If I'm right, then it'd come as no surprise to say that such a mind, when it looks at society, sees a dismal picture, reflective of its own dismal condition.

It thinks from a condition of lack, limitation and scarcity. It considers world conditions like hunger, poverty, and homelessness as inevitable. And it believes that there are and can be no solutions to the world's difficulties. The mind offers no hope to those who wish to build a new Earth.

The mind is simply too small, too timid, and too self-absorbed to tackle a game as large as building Nova Earth.

Only the heart has the juice, the power, the energy to penetrate through the mind's view of things. The heart does not experience lack, limitation or scarcity. The heart does not consider hunger, poverty, and homelessness as inevitable. The heart considers that there are infinite solutions to all of these problems, simply awaiting the collective will to eradicate them.

The heart is large enough, courageous enough, and selflessly-loving enough to tackle a game as big as building Nova Earth.

Many lightworkers will come into wealth without being in touch with the heart, without feeling love flowing, etc. They may not really feel the reality of having no lack, no inevitability, and endless solutions. How are they to make the leap from the old paradigm of service to self to the new paradigm of service to others?

In circumstances like these, they may need interim measures. I suggest a two-fold interim path: Let me borrow terms from spirituality and call one the *via positiva* and the other the *via negativa*. I'm giving the positive and negative paths new meanings.

My version of the *via positiva* is the road of following on faith the teachings of the ascended masters, celestials and galactics, that cultivating the divine qualities is the way to go until we feel the open flow of love. We follow the guidelines until our hearts break open and we need the guidelines no longer. On the positive path, we're cultivating something, taking positive action.

A second path is the *via negativa*, where we cause our issues (our "vasanas") to disappear by either processing them or else using any of the plethora of techniques that are being suggested these days for that purpose. The elimination of issues is an act of negation. It works to unveil our deeper Self that was always, already there and hidden by the debris of our decisions in life.

So emulate the divine qualities and eliminate the issues. As long as we're not carried along to generosity and integrity by the open flow of love within us, this is the way of being I recommend and I especially recommend it to financial wayshowers. In fact I urge it.

When the Reval hits, we're going to lose some lightworkers. Archangel Michael has cautioned me in a personal reading Dec. 11, 2013:

> "Humans have a tendency to change with incredible abundance."
>
> "What you are going to see, and this is something I have talked about, but not truly addresssed, and it is one of the issues - vasanas, yes, but also [false] grids - that have delayed the RV time and time again, not simply within your group, obviously, but globally. ...
>
> "We are very aware of human history and how people have a tendency, even with the purest of hearts, to shift and perhaps even go a little crazy." (1)

That numbers of lightworkers would fall away was not something I thought was possible but I'm coming to see that I need to brace myself for the possibility. Our numbers will shrink again.

Meanwhile the Company of Heaven has said that they'll be watching us to see who uses money well and who does not, who shows up for work Monday morning and who does not. (Holidays are OK.) AAM said on this subject:

> "Simply know that, where there [will be] gaps and holes [in the ranks of lightworkers who leave with their money], we are waiting to see how the shift is affecting the collective of humanity and the collective of the various foundations and groups.
>
> "So stand back. Be the observer. See the unfoldment as it occurs. ... Simply [know] that you and we are putting people where they need to be." (2)

There may be a continual winnowing down. Many people may count themselves out, going to live in a mansion in Monaco or such like, and leaving the spiritual gene pool for good.

But eventually we'll hit a core of dedicated lightworkers, committed financial wayshowers. What will they be like?

I believe they'll actually be feeling and expressing love and, in the fulness of that feeling, they'll open their arms (prudently) to anyone in genuine need.

They'll be content to be moving forward, however it's accomplished. Any way that works will be followed. No one will want or seek credit. They'll just want the result.

They'll eat, drink, and sleep a world that works. They'll see it as an extension, a univeralizing of their own individual love.

They'll see that a world working proceeds from each being attaining workability within themselves and then another and then another until a breakthrough occurs. They'll know that a critical mass in workability is what's needed, not a total conversion.

Only those who can and do hold that vision will be left after a while. And, I think, this will be the core of the ground crew going forward.

Footnotes

(1) Archangel Michael in a personal reading with Steve Beckow through Linda Dillon, Dec. 11, 2013.

(2) Loc. cit.

My Heart Belongs to … the Divine States

May 15, 2017

https://goldenageofgaia.com/2017/05/15/my-heart-belongs-to-the-divine-states/

Having experienced this space of peace for a while now, I'm becoming aware that this space has always been there.

I recognize it. I think we'd all recognize it. It's existed in the background, just not recognized, until I had a much deeper experience of it. Then it ... unfolded, is the best word for it.

Again I attribute the deeper experience to the Porlana C and Tsunami of Love energies, being ramped up prior to the Reval and Disclosure. We're simmering in the pot.

It's hard for me to write because I have to leave the space of peace long enough to write the next note down and then hope I can go back into it. When I'm in it, not a thought stirs in the mind.

So far I've been able to regain it.

If we were discussing the overburden - the constructed self, vasanas, conditioned behavior, etc. - we'd be talking about digging down into them, having the thought in the back of our minds that eventually we'd reach the bottom and be free of them.

I have the attitude that doing this is work, necessary but not enjoyable,

But when I think about going deeper and deeper into a divine state like love, bliss, or peace, I'm again digging, but this digging, in my mind, will guide and bring us Home at last. I smile at the thought of sinking deeper into these states, which I hardly think of as "work."

The feelings I have in approaching both are entirely different.

A rush of thoughts is coming up so I'm leaving the experience of peace and just writing. But again I feel it in the background and I sense that I could recapture it again if I wanted to.

Does this dichotomy between drudgery and the divine not illustrate the maxim that the basic spiritual movement is to "Turn from the world to God"? Detach from worldly things like the overburden and attach to godly things like the divine states?

Krishna said that I am all that a man may desire without violating the law of his nature. God is all that we may desire without inviting karma. God and all things divine, including the God in everyone. These desires for God and the divine will not invite karma. (1)

Hanker after any of the sensual pleasures and objects and we crank up the mind and lose our peace. It isn't bad or wrong. It just doesn't bring peace.

Buckminster Fuller used to say that we can never deal with the opposition by eliminating it. We need to build new structures that will make it obsolete. Similarly here, the opposition to the mergence of the Natural Self is the constructed self we put in its place and the ego that directs the show.

We can't escape from it by trying to eliminate it; that just makes it stronger. We have to make it obsolete by coming out of our psychic shells altogether. Transparency deconstructs the constructed self.

Archangel Michael keeps offering us a standard by which to judge the wisdom of behavior we're about to engage in: "Is it of love?" I'm beginning to get the depth of his suggestion. I find myself more and more these days stopping from saying this and doing that because I see that they're not of love, but simply self-serving.

I don't have anything to put in their place and I feel embarrassed catching and exposing myself and leaving myself with nothing to say. But I'm starting to see how much that I say and do is actually *not* of love. I'm willing to pay the price in awkwardness to make the shift in allegiance.

I'm shifting it from one who wanted to feel self-important to one whose heart belongs to the divine states.

The next step will be to actually put love in place of the unloving, self-serving things I spent my time doing ... OK, perfecting ... earlier.

Footnotes

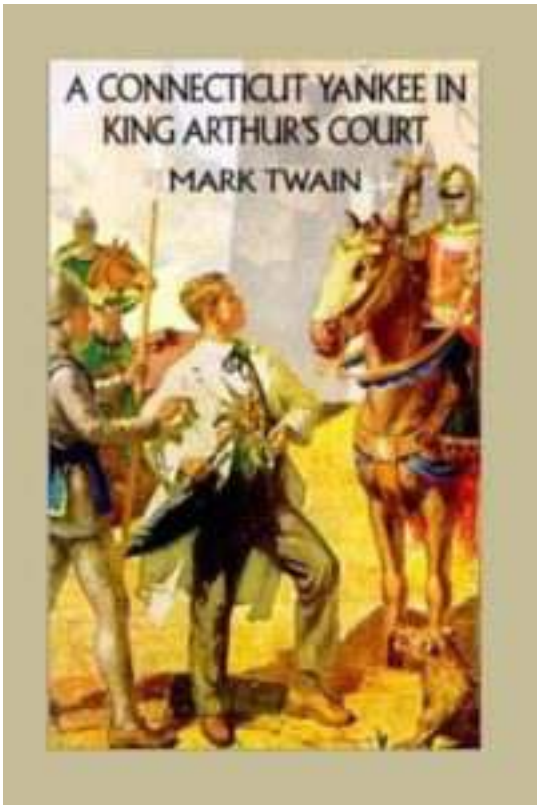
(1) They actually do invite karma, but Ramana Maharshi thinks of it as non-binding; it doesn't stand in the way of our unfoldment.

"*Vasanas* which do not obstruct Self-Realization remain [after Self-Realization]. In *Yoga Vasistha* two classes of *vasanas* are distinguished: those of enjoyment and those of bondage. The former remain even after *Mukti* [liberation] is attained, but the latter are destroyed by it. Attachment is the cause of binding *vasanas,* but enjoyment without attachment does not bind and continues even in *Sahaja*." (Ramana Maharshi in S.S. Cohen, *Guru Ramana. Memories and Notes*. 6th edition. Tiruvannamalai: Sri Ramanasramam, 1993, 89.)

Connecticut Yankees in King Arthur's Court

December 8, 2019

https://goldenageofgaia.com/2019/12/08/connecticut-yankees-in-king-arthurs-court/



What we're saying here about love could also be said about any of the divine qualities. (1)

In past years, I've had brief experiences of peace, abundance, mastery, bliss, ecstasy, and exaltation and none of them was anything like I'd have thought they'd be if I had given the matter any thought. Which I did not until the moment I unexpectedly experienced them.

Just as one might find it difficult to imagine what true or unconditional love might feel like, so I never would have thought what peace felt like. And let me take that as an example to cover all instances.

I've told the story before that peace felt like granite, solid and substantial. I was surprised to hear Archangel Michael describe it as being like that, given that I'd described it that way to myself.

First let, me record the incident in which I experienced this higher-dimensional form of peace. I apologize for the length of the description, but I think it important.

> "While lying down, I had an experience of watching my thoughts and feelings flow by me. Later, Archangel Michael, in a personal reading, told me that I was 'interdimensionally travelling.'
>
> "I felt as if I were on a train, watching it slowly leave the station and looking at the faces as they passed by. I suddenly saw a red-headed man who had remarkable composure. I was struck by it on a spiritual level and took a mental snapshot.
>
> "As soon as the man was recognized, it was as if he shot an energetic dart at me. A bond was made.
>
> "Immediately I found myself sinking into a deep, deep sense of peace.... I said to myself: 'I know this depth of peace that this man has shown me. It's the Natural Self.'
>
> "I ended up in a place that was absolutely solid. It was as if I were standing on a slab of granite. ... I would have expected downy softness.
>
> "The solidity of the ground under my feet probably reflected my own inner stability, which seems to be a gift of true peace when it becomes permanent.
>
> "This peace passed understanding in the sense that the mind was so still I'd have to describe it as inactive, archived, taken offline. There was no such act as understanding going on because the mind was decommissioned.
>
> "Of course the experience passed, as do all, short of Ascension." (2)

Michael surprised me by describing peace as granite on several occasions. I don't have the original comment from 2015, but I have four from later:

> 2017: "In coming to this place of peace and of knowingness, of the substantial nature of who you really are, what you are doing - and this is why I want to talk about it - is the anchoring, like your granite, of what the Mother has made, what the Father has made." (3)
>
> 2017: "This day, this night, this afternoon, I have given you - I have activated peace within you. Receive it, sweet ones. I do this on behalf of our beloved Sacred Divine Mother. And, I do this on behalf of each of you. Treasure this and allow this granite to blossom." (4)
>
> 2018: "There are so many divine qualities that do feel amorphous, light, airy, like a spring day. And yet peace (you have this expression), you can take it to the bank. It feels like ballast. It feels like granite because it is solid. And dare I say immutable. That is why I continue to keep emphasizing that that peace [is] within, that rock-solid granite [lies] within." (5)
>
> 2017: "So, when you think of things that you should do, are supposed to do, might do, and it doesn't ignite that fire of excitement, and that granite of peace, then you are being given an important piece of information, which is 'look elsewhere.' Is that clear?" (6)

Crystal clear.

But only once one has experienced this deep sense of peace. If you'd have asked me beforehand whether peace would feel like granite, I'd have laughed.

Just as in the case of love, which didn't feel at all like what I might have thought it would before experiencing it, so peace surprised me as well.

So we stand to be surprised when we experience any of the divine qualities. They're not simply *more* love or peace; they're altogether different and unexpected.

We're all going to be Connecticut Yankees in King Arthur's Court: finding ourselves in an environment which, at first blush, will be totally unfamiliar, and feeling our way along.

This is the new world which we stand on the threshold of discovering. And these are the conditions we'll meet when we start to build Nova Earth. We'll be aided by the divine qualities in ways we cannot, at this moment, predict.

Footnotes

(1) Love is not seen as a divine quality but as the Divine itself. The divine qualities are seen as the forms that love takes.

(2) “The Peace that Passeth Understanding,” July 18, 2017, at http://goldenageofgaia.com/2017/07/18/the-peace-that-passeth-understanding/.

(3) Archangel Michael in “Transcript ~ Archangel Michael: Peace is Love, May 11, 2017," Channeled by Linda Dillon, at http://goldenageofgaia.com/2017/05/21/transcript-archangel-michael-peace-is-love-may-11-2017/.

(4) Loc. cit.

(5) "Transcript: Archangel Michael – Peace is Breaking Out Upon Your Planet, May 3, 2018," May 15, 2018, at http://goldenageofgaia.com/2018/05/15/transcript-archangel-michael-peace-is-breaking-out-upon-your-planet-may-3-2018/.

(6) "Transcript ~ Archangel Michael: You Have Chosen to Be the New Paradigm of Love, May 31, 2018," June 7, 2018 at http://goldenageofgaia.com/2018/06/07/transcript-archangel-michael-you-have-chosen-to-be-the-new-paradigm-of-love-may-31-2018/.

And Then, Another Bridge

September 30, 2020

https://goldenageofgaia.com/2020/09/30/and-then-another-bridge/

I'm finding there comes a time when a bridge is crossed.

It's one of many bridges, one of them being Ascension itself. (1)

And, like so much else, for the experience to flower, I have to consciously recognize what's happening. I have to move from unconscious awareness of the thing in question to conscious awareness.

The bridge I crossed was between focusing on myself and focusing on the moment. I won't call "focusing" "meditation," but only because of its duration, not because of its impact.

What I'm seeing is that there comes a time in the processing of our vasanas when, when we take a look and see how we're doing, no vasanas come up. (That doesn't mean I don't have any!)

And smoothly and very subtly, my attention begins to switch from looking for them to simply breathing the air and being in the moment. I'm now focusing on ... well, no, I wouldn't call it focusing any more.

And I'm not focusing any longer on "me," conceived of as an individual having likes and dislikes, preferences and issues. It isn't that I don't have them; I do. But I'm no longer focused on them.

Though he was talking about a much higher experience, (2) Franklin Merrell-Wolff used the term "consciousness without an object." And that fits with the way I "be" when I'm in the moment. There is no object of awareness at that moment, just the act of breathing. (3)

Being in the moment was already happening, but I wasn't yet immersed in it, so to speak. Like seeing bliss, recognizing it, and watching it flower inside of me, seeing this one is similar.

So long as it went unrecognized, I experienced it at the level of feeling and not at the level of divine state. It flowered into divine state when I recognized what it was. Oh, that's bliss! Oh, that's peace! Oh, that's abundance!

I have the ability to wrest my attention from the moment, with its divine state, and put it back onto looking for despondency and despair, like a Geiger counter. But the Geiger counter doesn't click.

I haven't really fully gotten that yet. But, when I do, I imagine I'll expand into the moment, cross another bridge, and realize a new land. And then, another bridge....

Footnotes

(1) Moksha or liberation, by means of an enlightenment event which Ramana Maharshi calls Sahaja Nirvikalpa Samadhi.

"Sahaja is like the river that has linked up with the ocean from which there is no return." (Ramana Maharshi in S.S. Cohen, *Guru Ramana. Memories and Notes*. 6th edition. Tiruvannamalai: Sri Ramanasramam, 1993, 90.)

"This is Self-realization, Mukti, or Sahaja Samadhi, the natural, effortless state." (Ramana Maharshi, ibid., 82-3.)

Steve Beckow: I'm trying to understand what level of enlightenment Ascension corresponds to. And I think it's beyond the normal seventh-chakra enlightenment. I

think it is what is called — and I'll make this clear to readers — Sahaja Samadhi. Am I correct?

Divine Mother: Yes, it is beyond what you think of with your seven chakras. … We have emerged from the Third-Dimensional realm, which is that reference point for the chakra system, into the new. So yes, you are correct, in this question and in this statement.
("The Divine Mother: Come to Me as I Come to You – Part 1/2," Oct. 17, 2012, at http://goldenageofgaia.com/2012/10/17/the-divine-mother-come-to-me-as-i-come-to-you-part-12/.)

(2) Michael says that Merrell-Wolff was speaking from a much higher level than 3D when he was inside the body:

Steve: A question about Franklin Merrell-Wolff
. What level of enlightenment or dimension did he achieve?

Archangel Michael: He primarily operates in the 7th to the 11th.

Steve: Okay. Because he speaks about the transcendental and I don't know if he's pointing to Brahmajnana [7th-Chakra enlightenment, jnana], which was the first taste of the transcendental, or beyond the 12th dimension [to the transcendental realm]?

AAM: No, he did not travel beyond [the 11th].

Steve: So, when I read him, and it's such a rich book [*Pathways through to Space*], I don't know how to map the experiences that he talks about. The high indifference, what dimension was that?

AAM: When you think of high indifference, it is not a matter of not caring but it it is a matter of the clarity of perspective and the clarity of perspective is a trait of mastery so that is the 11th dimension.

Steve: Isn't that interesting. When did he break away from the third dimension? Which of his experiences was that?

AAM: Actually, he broke away from the restriction, shall we say it that way, of the third dimension long before he ever started to truly practice or write.

Steve: So, he was always doing it as an ascended being?

AAM: That is correct. (Archangel Michael in a personal reading with Steve Beckow through Linda Dillon, Jan. 18, 2020.)

(3) I'm reminded of the death of Narcissus as Da Free John describes it. At this moment, I'm not making the world over in my own image because, without experiencing desires or vasanas (what the Buddha called craving and aversion) right now, no self arises in whose image to make the world over. See "The Death of Narcissus; or, Everything I Do is Trying to Make the World Over in My Own Image," September 18, 2020, at https://goldenageofgaia.com/2020/09/18/the-death-of-narcissus-or-everything-i-do-is-trying-to-make-the-world-over-in-my-own-image/

I Don’t Need Props, Lines, and Costumes to Do Me

June 24, 2022

https://goldenageofgaia.com/2022/06/24/i-dont-need-props-lines-and-costumes-to-do-me/

What's my line?

I can now see counterproductive behavior patterns as they arise. Before I committed to the divine qualities, they'd arise largely invisibly.

That was because I approved of them. Now they work against my new commitment and so are in conflict with me.

When they arise now and seek my attention, I don't agree to give it and so they pass from unconscious awareness ("taking no notice of them") to conscious awareness (refusing to give further attention to them).

This is all part of the process that's unleashed by what the growth movement called "calling yourself on your own number." I called myself on my allegiance to hostile and disagreeable ways and transferred my allegiance to the divine qualities.

Now patterns of behavior which were justified before as "just me" are seen for what they are (hostile manipulations) and it becomes more difficult to run them. I'm describing that difficulty as we speak.

Once anything is raised to awareness, if it's malintentioned, it becomes harder to run. Now our conscience gets involved bigtime.

***

I'm actually seeing behavior patterns arise often now - because of my vote switch (or change of commitment). I watch one response after another go off that mirrors how I'd have been some time ago. Oh my. What a pain in the ass I was.

My profound regrets to everyone who had to put up with me.

I've learned how not to be. Nowadays when I see these manipulations arising, I just drop them. No argument. No explanation.

It's curious to see all the fireworks - records, vasanas, patterns - go off in me without me allowing them my allegiance or attention any more. I'm a jukebox at the moment, with no one listening.

But it's also satisfying that I'm both not acting them out and also able to simply let them fall without feeling I need to put anything in their place.

The obligation to have something to put in the place of counterproductive behavior is what sent me to so many therapists over the years.

I actually don't need to have anything to put in their place. I actually don't need props, lines, and costumes, as a friend says, to do me.

I don't have to fix me. I don't have to make me better. I just have to let go of what doesn't work. What is there when I do that is what I've wanted all along. (1) It'll solve all perceived problems.

Footnotes

(1) The Self.

That is My Destination

December 9, 2021

https://goldenageofgaia.com/2021/12/09/that-is-my-destination/

All we are at one level of reality, as I've experienced, is a point of awareness in a sea of love. (1)

Michael referred to that state when he described us re-emerging from the heart of One:

> "When you go home, ... you can reunite in the heart of One. ... [After a rest] you go back out into the universe as a brilliant spark of pure light!" (2)

On another level of reality, I know myself to be a spirit inside this physical body, pulling the levers and directing the journey. (3)

The point of awareness is nested inside a multitude of bodies each allowing me access to life at a different level of reality.

My astral form is inside this physical body allowing me access to the physical level of reality. I presume it's the same with all the other bodies, each allowing me access to life at a certain level.

The lower level provides a container for the individual, allowing it access. It also imposes limits on the higher-level being such as a loss of psychic powers and memory.

Before we incarnate, the higher level provides the context and rough outline for everything that transpires on the lower level.

For example, we map out what we intend to accomplish and design our bodies and lives to accomplish those ends. Our incarnations therefore have a purpose defined by our higher-dimensional selves.

When we emerge from that incarnation, we shed the limitations the lower level imposed and find ourselves again in the unlimited context of love and the divine states, which are the flavors of love and which we temporarily left.

For all intents and purposes, there's always a level higher. As the Divine Mother said: "There is always more, more delight, more bliss, greater wisdom, more understanding, more compassion, more love." (4)

There's always a being who has assumed a body on a lower level for learning or service. Until there's not. (5)

So why, at any one moment, can I not choose to be the context rather than the container? Instead of withdrawing into a lower level of consciousness when stressed, why not withdraw into a higher?

If so much of my thinking has already gone out the window to date and so much more is destined to follow it, why not let it all go and withdraw into the higher realm of love, rather than follow the lower "reptilian brain"? Been there, done that, and spent a lifetime escaping the resulting bad choices!

If I add to this knowledge the knowledge that we live forever and that I'm not going to escape the carousel by dying this time, then the desire to opt for the higher way of being rather than hang out any longer in the lower increases.

I don't have to be here, in suffering and misery. The power lies within me - and I say that on several levels of meaning - to live a profoundly happy life. That is my destination.

Footnotes

(1) See “Immersed in an Ocean of Love – Part 1/2” at http://goldenageofgaia.com/2015/05/17/immersed-ocean-love-part-12/ and “Immersed in an Ocean of Love – Part 2/2,” at http://goldenageofgaia.com/2015/05/17/immersed-ocean-love-part-22/

(2) Archangel Michael, *An Hour with an Angel,* March 26, 2012, at http://the2012scenario.com/2012/03/archangels-michael-and-gabriel-on-the-angelic-realm-hour-with-an-angel-transcript-march-26-2012/ .)

(3) "From Here to Eternity – Part 1," September 4, 2014, at https://goldenageofgaia.com/2014/09/04/from-here-to-eternity-part-1/

(4) "Universal Mother Mary explains the last Universal Law in our series: the Law of Constancy and Continuity," at https://counciloflove.com/2013/12/universal-mother-mary-explains-the-last-universal-law-in-our-series-the-law-of-constancy-and-continuity/.

(5) At the 10th Dimension, I believe, we go formless. But even avatars still assume bodies out of service.

And You Were There

February 26, 2022

https://goldenageofgaia.com/2022/02/26/and-you-were-there/

Credit: ubetoo.com

I'm amazed that one can feel peaceful at a tumultuous time like this.

But that's the experience I'm being given. And I can only write about what I'm being given.

Now I feel a wisp of love and I acknowledge it. In return it unfolds and I'm immersed in love as well as peace.

I recognize this as my natural state. And with that recognition the two of them anchor in me - or I in them.

In this state, nothing is wrong. Yes, plenty is wrong outside this state and I'm aware of it.

It's just that nothing is wrong inside this bubble of awareness that I am.

I almost feel like I need to ask your permission to be tracking internal events at such a topsy-turvy time. I feel awkward.

However we've been told that all is as it should be. Trust the Divine Plan. When am I going to get around to actually doing that?

Trusting the Plan, I settle into being. "Go up with everybody else, Steve, and write about it." That's my job.

***

I can't recall ever having been in two divine states at once so let me describe how I feel.

Peace feels like I weigh a thousand pounds and yet I can move. I feel massive and yet I can do anything as normal.

Love has disappeared for the moment. I'm focused on the experience of peace, of weighing a thousand pounds.

What happens next?

I experience the heaviness. I realize that any heaviness can only be associated with the not-Me.

How could I myself be heavy? I've experienced the incredible lightness of the spirit (1977).

Ordinarily I don't experience the spirit inside the body to the extent that I'm aware of heaviness. It's just what I carry around day in and day out without noticeing. But when I'm aware of the spirit inside, then I'm also aware of the heaviness.

Just as I'm the spirit in the body that departs upon death, and not the body itself, so I’m also not the heaviness, whatever it is.

Neti, neti. Not this, not this.

I know that so I have that landmark.

***

I therefore rest in the heaviness. I see that the heaviness is all my core issues, habit patterns, memory files - in fact everything that's not-Me.

I turn off my cellphone and begin to meditate. My mind is already quiet and has been for some time.

What I'm doing is having the effect of creating a vortex - which appears like a tunnel - in my field of vision.

I confirm with Michael that I can break off and describe the experience - that's my mission - without losing it. I feel his confirmation.

The vortex, as I return to it, becomes more focused. I realize it's the Atman, the Self, the Christ and say so. I bow before it.

I see myself climbing out of a pile of something. I'm having to wriggle out. Once out I recognize what I've just left behind is my heaviness.

I send that unwanted baggage back to the Mother for refining and recycling.

And then I get the realization: In peace I experience my lightness, within the prison of my heaviness (my physical body and mental/emotional baggage). I initially experienced the heaviness and then separated myself from it and experienced peace free of the drag of my baggage.

I've been calling peace the heaviness, the granite-like substantiality. And it is, at one level. Then at a deeper level still, when the being separates itself from its baggage entirely, there is the incredible lightness of being. Undoubtedly there are many levels after that.

***

There still remains cellular memory. And now there are no habit patterns that hide and protect me. I'm like what we used to call at Cold Mountain Institute a "quivering jellyfish." I have no shell. I quiver at the thought of an upset now. I crave peace.

Back to the experience. Simultaneously, peace grew to fill the new space created, like a peacock's feathers expanding. I realized peace, "arrived" in it, and then proceeded to make a few declarations. (Remember: Realization is a divine state like bliss or peace plus a puzzle, a distinction that becomes clear.)

I was taken back in a flash to the Xenia experience where I knew my natural Self was pure and innocent. I asked to be filled up with this divine state because I'm going to need it.

I felt an inrush of confidence. That's how the Company of Heaven does it: They give us what we need when we need it.

I claimed my inheritance because I knew I was going to need it. And then I broke off to write it down.

Being back in my eyes-open, normal state, I found I had no inclination to go back in, this time. I feel refreshed, renewed, confident. I can apply myself to work now.

Where were we?

Now I see how spiritual experiences go. In the past, I could never tell you the duration of any mood or experience I've had. Days? Weeks? Hours? Minutes?

I see now that, once they happen, I'm inclined not to remain there but to come down again into the world and share about them. I'm organized around them being simply momentary.

That means that most of the spiritual experiences that I've had probably did not have significant duration. They happened for the time they did and then they were over because I had no deep inclination to continue them. That was enough, thanks. I feel great. Goodbye.

Mystery solved.

I've just demonstrated that realization is bliss lifting us up or peace freeing us enough that what wasn't clear to us before becomes crystal clear in a moment of dawning awareness at the higher level of consciousness. This whole process I described has been one of that.

And you were there.

When We All Experience What I'm Experiencing….

February 24, 2022

https://goldenageofgaia.com/2022/02/24/when-we-all-experience-what-im-experiencing/

At a time like this one gets to see one's attachments. If I stand to lose them, I try out how that might be.

I find that I'm not attached to money. Not attached to my apartment, books ... my archive of work over the years? Yes, somewhat. But when I look deeper, I see .... naw, I'm not even attached to that.

Remember what the basic spiritual movement, in my estimation, is: To turn from the world to God. (1)

Well, in this imaginary check-in, I see that I've turned from the world to a greater or lesser degree.

The second part is to turn to God. How am I doing there?

I've most definitely turned towards the divine states, which are our way of experiencing God at this level of reality. No need to take a vote. Hands down.

I'm turned towards every state I've (usually briefly) experienced: love, bliss, ecstasy, peace, etc. Each one of them is vote-changing - and different.

Whenever I experience a divine state, I'm usually amazed at what I find. (2) I can truly say I had no idea of what any of them would be like - none whatsoever - before I found myself in them.

And I studied enlightenment for 20 years so you'd think I'd have taken in something about the divine states. But, no, I did not. I was always focused on the little golden star (the Christ, the Atman, me and you) in my vision. (3)

Above Top Secret: Pssst! Follow the yellow brick road - follow the divine states. I think they lead back to God. Deeper and deeper into your favorite divine state.... What's not to like?

God in my life is my family and friends. God is love and generosity. God is resting in bliss.

I hope some day God absorbs "Steve" or permanently fills me up. I think they'd call that Ascension.

I'm more and more turned towards the divine vs the mundane with each passing day. That seems consistent with the continually-rising energies hitting Gaia and our slow and gradual Ascension. (4)

***

After I wrote "Take Me First," I was given my reward. I saw that my ability to drop into a meditative state once I started had greatly increased. My ability to tap into love and bliss has also expanded.

This development addresses requests I had of Michael that I'd have what I needed (like memory, for instance) when the time came to take on the bigger role he was requesting of me at the time. I see what just happened as an instance of how the Company of Heaven gives us what we need to play our parts.

I haven't tested my memory. I'm too drenched in transformative love at this moment to care to do so. Or anything else than write.

Anyone wondering how "I" can make a difference, little shrimp that I am [***not***], this is "how." Acting from this higher-dimensional love is what will have your life work and the lives work of everyone on this planet who can survive in the more refined vibrations.

The love that I'm experiencing right now flows out in all directions. Love is by its nature unconditional..... It's we that are conditional, not love.

In this love, you can move mental, emotional, and spiritual mountains. Correction: There are no mountains in this love.

When we all experience what I'm experiencing, all questions, all dilemma, all concerns will vanish.

And so it is.

Footnotes

(1) On this fundamental topic, see "The Basic Spiritual Movement," June 12, 2009, at https://goldenageofgaia.com/spirituality/back-to-the-basics-2/the-basic-spiritual-movement/

"The Basic Spiritual Movement x 2," February 20, 2014, at https://goldenageofgaia.com/2014/02/20/the-basic-spiritual-movement-x-2/

"Discrimination, Detachment, and Devotion – Part 1," July 28, 2021, at https://goldenageofgaia.com/2021/07/28/discrimination-detachment-and-devotion-part-1/

“Clarity, Purity, and Love: The Basic Spiritual Movement Restated,” Dec. 5, 2013, at http://goldenageofgaia.com/spiritual-essays/the-divine-plan-for-life/clarity-purity-and-love-the-basic-spiritual-movement-restated/.

Also download *Back to the Basics: Introductory Essays to a Cross-Cultural Spirituality* at https://goldenageofgaia.com/wp-content/uploads/2021/01/Back-to-the-Basics-R2-Cross-Cultural-Spirituality.pages.pdf

(2) Because it doesn't fit my pictures. Peace being like granite? Love being as ... the word "satisfying" seems weak ... as it is. Bliss, like every sense meeting its "forever favorite" and never tiring of it. Don't get me started.

(3) For a description of the vision, see “The Purpose of Life is Enlightenment – Ch. 13 – Epilogue,” August 13, 2011, at https://goldenageofgaia.com/2011/08/13/the-purpose-of-life-is-enlightenment-ch-13-epilogue/

(4) Might they be melting glaciers as well?

The Further Along You Go, the Less You Know

August 6, 2021

https://goldenageofgaia.com/2021/08/06/the-further-along-you-go-the-less-you-know/

How many people have said, the further along this path I go, the less I know?

Now here I am saying the same thing.

Is it because we lose our knowledge? No, for me, it's because what I accept as knowledge becomes a smaller and smaller field. It's because my standards go up. (1)

What do we call knowledge?

So much of what we call knowledge is information we've received from the mass media, which we've accepted as truth. And that's that on the subject.

So an airliner smashed into the Pentagon on 9/11. We saw it on TV. (Of course we didn't see it but....) I've concluded that that's knowledge and I'm closed on the subject.

First of all, that isn't knowledge; it's a belief. But I assert that our close-mindedness covers a much wider range of our beliefs than I think we may realize.

In this space I'm in ... I went to call it "bliss" and my insides rebelled. No, this is ecstasy ... what I accept as knowledge is a shrinking field. (2)

I remember, at the end of my vision in 1987, the words formed in my mind, "The purpose of life is enlightenment." Michael, I presume, had just shown me the entire journey of a single soul from God to God. I came out into the world from the Father and lo I return to the Father again, Jesus said, which describes this sacred arc.

I emerged from that experience saying to myself, now I know one thing: The purpose of life is enlightenment. Everything else was questionable or not knowledge.

I certainly look at myself, as I peel back the layers of the dimensional onion, and I find more and more beliefs disguised as knowledge. It's convenient. It sounds right. I have a meeting in half an hour. How much of my knowledge is of that variety? (3)

Moreover, the ego has an investment in inflating or exaggerating everything as a survival measure.

But the ego doesn't operate at stillpoint and it can't possibly reach ecstasy. In these two places I'm safe.

In terms of knowledge I'm fast becoming a pauper. I only know a few things.

But they're among the best things to know. (4)

Footnotes

(1) As we see from our contemporary political scene, whether we live up to those standards is the question.

(2) I am so glad I'm writing this down. I won't remember it by this evening. My reasoning powers will be there but not my short-term memory. I will be "in the moment," as Michael wants me to be.

(3) I may be a decent writer but that doesn't translate into having good ideas on, say, pandemics or global finance. I don't.

And my beat on the waterfront can only be so wide, bounded by my interests, *real* knowledge, and energy. What this latest experience of ecstasy has brought about is a focusing of interest along with a shrinkage of certain knowledge.

I am Richard Dreyfus staring at his mountain made of mashed potatoes. "This means something," he says as he absorbedly shapes it to look like.... [Devil's Mountain]

Credit: Close Encounters of the Third Kind

(4) One: The purpose of life is enlightenment. Two: I know what the nature of love, bliss, and ecstasy are. That exhausts the certain knowledge I have. But contemplating it is certainly enough to satisfy me for a lifetime.

The Cat is Out of the Bag

August 25, 2020

https://goldenageofgaia.com/2020/08/25/the-cat-is-out-of-the-bag/

For me, there are three levels of reality in our Third/Fourth Dimension (that's where I seem to be).

The first is the intellectual. It includes our body, its emotions, the spirit, and everything else. It's just that it attempts to know them and itself only from the standpoint of ideas. It goes no deeper than that.

That's deep enough for many things, even for governments (especially for governments), but, besides being superficial, spiritually speaking, it's not juicy.

It's like eating raw oatmeal flakes. Without milk. There's no real pleasure in it.

Heavenly pleasure, for me, begins at the experiential level, the second level of reality.

I well remember how six weeks into a three-month encounter group in 1975-6, I ran down the trails shouting at the top of my lungs something I'd just realized: "I'M

OUT OF TOUCH WITH MY FEELINGS!" I shouted, enthusiastically. "I'M OUT OF TOUCH WITH MY FEELINGS!"

It'd taken me half the course to see that. I basked in my feelings after that.

All the juice was in my feelings. At that time, I had no idea of the existence of divine states. So I'd have cited the extreme pleasurableness of bliss, not knowing that it was larger than a feeling. (1)

I didn't see then but I do see now how our feelings shape how we act and interact. If I feel happy, I carry out my action one way; if I feel sad, I carry out the same action quite another way.

As an Ascension ethnographer, I'm interested to see the true function of each part of our makeup and I think I'm at last starting to see the role that the feelings play. (2)

A lot of the money we spend, I think, is distinctly in aid of us feeling good, better, best.

One of the things I've learned by studying the human condition over a lifespan is that we plan our activities as couples and families (less so as individuals) so as to feel what I call a "magic moment."

We're on the balcony in the moonlight, overlooking some warm Hawaiian shore. We paid thousands of dollars for this magic moment so nobody better spoil it.

Why I cite this example is that we don't see that all the time we have the capacity to generate that feeling from our very own hearts - right now.

I'm sitting here at this moment drawing transformative love up from my heart and sending it out to the world. I get to experience the love as it passes through me. I don't need to go to Hawaii to feel divine love. I feel it right now.

Feelings give way to divine states the purer we become (that is, the cleaner of our vasanas or core issues we become). And divine states are of course eminently and completely satisfying.

But there's more.

The third level of reality to my way of thinking is the realizational level. Remember that the purpose of life is to know ourselves as God. The purpose is for God to meet God in a moment of our enlightenment.

That operation is one that happens in knowledge. We achieve that knowledge in a moment of realization.

Realizations are of two kinds.

I believe many lightworkers will experience the first kind so that they don't leave divine service; these are the truncated experiences. The Divine Mother and our archangel are, behind the scenes, overseeing our enlightenment experiences so that we don't simply get up and vamoose the ranch.

This might entail the full experience minus one ingredient - most often bliss. Bliss is what lifts us up and allows us to see things from a higher-dimensional level, which we call a "realization." No bliss; no deep realization.

An example would be a Seventh-Chakra enlightenment experience, called Brahmajnana or God-Realization, in which I witnessed the kundalini flow over me like a golden river and enter into the Crown Chakra. But there was no bliss.

I may as well have been watching a movie. Without bliss, I found myself saying, that was all well and good, but what was the purpose of it?

Actually Michael and I discussed it and I believe the subject of some interest. Let me include that discussion in the footnotes. (3)

I think other lightworkers may have a similar experience of truncation because the Company of Heaven doesn't want us trekking off to a cave in the Himalayas.

The second type of realization is the full-on experience, with blissful realization. An example here would be the heart opening I had on March 13, 2015.

At the height of that experience, Michael and the Arcturians tell me, I was in the Seventh Dimension. The love I was experiencing is beyond words. I'm searching my stock of superlatives. The one that fits is "unimaginable."

To be sure, the heart opening itself was a Fourth-Chakra event, which is in the Third/Fourth Dimension. (4) But I think, in the course of the explosion of the inner tsunami of love and the later drowning in the Ocean of Love, I was given a glimpse of how things felt on the Seventh.

I was blessed with long spells of transformative love for the next six months. But only in these first few moments do I think I was in the Seventh Dimension.

I'm having to put the pieces together in this large jigsaw puzzle. Realization doesn't come with a manual or a name card. I have to take a comment from here and match it to a comment from there. It's detective work and I risk being wrong.

How far above experience realization is is implicit in what occurs. I am on the Third/Fourth Dimension having an experience. Suddenly a realization arises, boosting me either higher in that dimension or else to another dimension altogether.

On that new dimension, if we're permitted to remain any length of time, we'll have new experiences until they lead to a new realization; then we descend again and on life goes to its pre-destined outcome.

The experiences happen on the dimension we're on; they, unto themselves, don't take us to a new dimension. Realization does that. Experiences clear the deck for realizations.

An example of that would be a full breath release I had in a rebirthing workshop in February 1987. Before I was like a little Cessna breathing air in through small intakes; after I was like a jumbo-jet engine, sucking air back.

The experience itself didn't lead to a realization. But it cleared the deck and less than a week later I had the vision of the purpose of life. (5)

When realizations raise us to a higher vibratory level or dimension, we then begin the experiential cycle again on that level. Life is characterized by spiritual evolution, all the way back to the One.

Experiences bring us closer to realization, but realization itself, as a class of events, is the real powerhouse. My firm belief is that realization lies in the hands of the Divine Mother and our archangel to administer.

We go through life working these three levels - getting an idea of something, experiencing it, and coming to a realization about it. Then we repeat the cycle again and again.

As we mount Jacob's dimensional ladder of consciousness, we come closer and closer to realizing that, finally, we don't exist; only the One does.

With that final realization, the cat is out of the bag.

Footnotes

(1) The difference is I experience a feeling as being within me and I usually associate it with a region of my body whereas I experience a divine state as being all around me, enveloping me, and saturating me throughout. I'm immersed in bliss, drowned in love.

(2) It took me longer than the Biblical lifespan of a man - three-score years and ten.

(3) Steve: [Emptiness of mind] was followed next by what appeared to be the kundalini completing its circuit at the seventh chakra. Is that in fact what happened?

AAM: Yes. Now it is part of the reset button. Think of it in this way. If you are installing, say, a new program, or you had an old program that kept stalling out three quarters of the way full and you were frustrated as all get out with it. And you are asking for the fullness of the program to come online so you turn off your computer and you restart it.

That is what you did.

Steve: Hmm, interesting! Ordinarily you would experience Brahmajnana at that point but I felt that it had been muted, toned down.

AAM: When you use the term “dramatic enlightenment experiences” [as I did earlier], you are talking about Nirvana. You are talking about the unity of all with One.

It is not to say that you will not experience that, but you cannot (well, you can if you wish; it is a choice to) simply remain in that state of unity, of One, or be fully

conscious, in service, in action....
So, it is a toning down, if anything. It really is the middle ground. ...

You know that enlightenment is right there in front of you. It is yours to access. But if you are in service, you will not choose to live there. …

You can think of it as keeping two feet firmly on the ground. (Archangel Michael in a personal reading with Steve Beckow through Linda Dillon, Feb. 14, 2012.)

(4) Described here:

"Submerged in Love," March 14, 2015, at http://goldenageofgaia.com/2015/03/14/submerged-in-love/

"Activating the Wellspring – Part 1/2," March 14, 2015, at https://goldenageofgaia.com/2015/03/14/activating-the-wellspring-part-1-2-2/

"Activating the Wellspring – Part 2/2," March 15, 2015, at https://goldenageofgaia.com/2015/03/15/activating-the-wellspring-part-2-2/

(5) For that, see "The Purpose of Life is Enlightenment – Ch. 13 – Epilogue," August 13, 2011, at https://goldenageofgaia.com/2011/08/13/the-purpose-of-life-is-enlightenment-ch-13-epilogue/

Back in the Treasure Chest

December 21, 2015

https://goldenageofgaia.com/2015/12/21/back-in-the-treasure-chest/

Continuing my ethnographic record of an Ascension, I find myself for a second time in what I can only describe as an "exalted" state.

I know that that word has heavily-negative connotations in our society, but there's no other word for it.

I'm a Connecticut Yankee in King Arthur's court here.

But there's no remedy for that either. I must forge ahead.

How can I describe feeling exalted?

Well, it actually feels perfectly natural, perfectly normal, but it's perfectly natural at all times and in all places. Especially in the places where it counts most.

Its primary impact on a person is to bring to their attention the need to be responsible for their participation. I hear the phrase: "Unto whom much is given, much is expected."

I also hear: "When I was a child, I spoke as a child, I understood as a child, I thought as a child; but when I became a man, I put away childish things." (1)

It'd be inconceivable to feel exalted and act like a child, give in to the ego, or depart from the divine qualities. The two would be incompatible.

One could only feel exalted because one is rock-bottom firm and secure in the knowledge that, ultimately, all is OK, all is taken care of. One's belief in it would have to be unshakeable.

I'd say that thereafter, being in that state, one would be an open invitation to exaltation.

I actually do have an unshakeable understanding that it's all going to work out in the final reel, born of the 1987 vision. (2) It's the time between now and then that worries me, not the outcome. And I think my assurance that all works out goes back further than this lifetime.

But our society frowns on a discussion such as this. I don't think it's ready to entertain that there could be a space, a domain, a state of being called "exaltation." It sounds too elitist, smacking of a nobility or upper class.

And having the notion accepted isn't a battle I want to fight, quite frankly. There are more important issues like coming together as a peaceful world and putting an end to gender persecution globally. Those are love-battles worth winning.

Therefore, what follows is not an example of a peak experience disappearing. It's an example of choosing not to sail in that peak space just yet, for the greatest good.

Let's put this one back in the treasure chest and bury it again for a while. We know there's a treasure buried in that field - that one, right over there - and we know we own the field. The treasure isn't going anywhere.

It all works out in the final reel. It all turns out in the end. Everything works towards an ultimate good that resolves all conflicts and dissolves all pain. At this time of year (Christmas), we can exalt in that knowledge.

Footnotes

(1) St. Paul in I Corinthians 11.

(2) See "The Purpose of Life is Enlightenment – Ch. 13 – Epilogue" at https://goldenageofgaia.com/2011/08/13/the-purpose-of-life-is-enlightenment-ch-13-epilogue/.

Book II. The Nature and Significance of the Divine Qualities

⌘ What are the Divine Qualities? ⌘

Questioner: What are the divine qualities (or blessings and virtues)?

Federation of Light: The soul's 'Natural' Vibration' [the divine qualities] … is of Joy, Love, Contentment, Peace … Indeed, all manner of things that UPLIFT and not 'bring down.' (1)

Archangel Michael: The divine qualities, … the blessings and virtues of love [are] the way in which the realms beyond the old illusion of the third dimension operate. …

There cannot be behaviors or experiences that you think of as blame or shame or guilt or fault. None of this exists, because as you enter into the place of love, as you unite with All in love, then everything else disappears. (2)

Divine Mother: Ascension, for it is a higher, broader realm of heart consciousness … is the anchoring and the integration of the Divine Qualities, and it is living within Universal Law and the Blessings & Virtues; the fulfilment of your dreams; acceptance and alignment with your Divine Authority and the embrace of that – the embrace that says you are ready, willing and able to do this. And it is why you have come. (3)

Q: What is their significance?

Jesus: I could not have healed, I could not have taught, I could not have stayed the path if I had not used and learned and remembered and embodied the divine qualities my parents taught me and my siblings reinforced. (4)

Divine Mother: I wish you to realize [that] the greatest gifts we have to offer thee are not simply in tangible form. … They are the Divine Qualities. (5)

Q: How do the divine qualities fit into the Mother's Plan for the Ascension of Gaia?

Sanat Kumara: Part of the unfoldment and Ascension of Gaia is also the return and the full implementation and anchoring, alignment, with Universal Law in the consciousness of all beings, and particularly human beings.

Now, this is also related and part of the anchoring of what you have called the divine qualities, and what the Council has called the 13 Blessings and Virtues. (6)

Archangel Michael: The beginning, the middle and the end of creating Nova Earth is the incorporation of [these divine] qualities within you. (7)

Q: Where do the divine qualities or blessings and virtues come from?

Archangel Michael: When you ascend through that process, given from the Heart of God, to the place of the 13th octave [Source, the Absolute] and to the place of being far beyond your twelve planes and realms, you also receive the gifts of all of the nine angelic realms.

That is where the blessings and virtues come from, the necessities that you will bring back down to Earth to anchor in your Nova Earth and in your Nova Reality, in your fifth or seventh dimension, or higher. (8)

Footnotes

(1) The Federation of Light via Blossom Goodchild, May 15, 2022," at https://goldenageofgaia.com/2022/05/15/the-federation-of-light-via-blossom-goodchild-may-15-2022/.

(2) “AA Michael: Look within and without and see the Shift in consciousness taking place," through Linda Dillon, July 11 2012, at http://councilofl ove.com/2012/07/aa-michael-look-within-and-without-and-see-the-shift-in-consciousness-taking-place/.

(3) “Divine Mother Speaks to the Many Called to Assist Ascension, April 18, 2020," through Linda Dillon, at https://goldenageofgaia.com/2020/04/18/divine-mother-speaks-to-the-many-called-to-assist-ascension/.

(4) "Jesus: You are Love. It is All You Have Ever Been," channeled by Linda Dillon, December 18, 2013, at http://goldenageofgaia.com/2013/12/jesus-you-are-love-it-is-all-you-have-ever-been/.

(5) “Transcript: The Divine Mother on Grace on Heavenly Blessings, April 30, 2013,” at http://goldenageofgaia.com/2013/05/13/transcript-the-divine-mother-on-grace-on-heavenly-blessings-april-30-2013/.

(6) "Heavenly Blessings: Sanat Kumara on the Sacred Law of Elimination," through Linda Dillon, channeled by Linda Dillon, November 19, 2013, at http://goldenageofgaia.com/2013/11/transcript-sanat-kumara-on-the-sacred-law-of-elimination-november-19-2013/.

(7) Archangel Michael: It is Time to Declare Yourself, January 28, 2013, https://goldenageofgaia.com/2013/01/29/archangel-michael-it-is-time-to-declare-yourself/

(8) "Archangels Michael and Gabrielle on the Angelic Realm: Hour with an Angel Transcript, March 26, 2012," through Linda Dillon, at http://goldenageofgaia.com/building-nova-earth-toward-a-world-that-works-for-everyone.

⌘ The Universal Laws and the Divine Qualities ⌘

Q: What is the relation of the universal laws to the divine qualities?

Sanat Kumara: The Universal Law. Think of it as the framework which, if adhered to and followed, allows the Divine Qualities to thrive. They are completely interconnected.

So think of it as the structure. The law is the steel girders, the two-by-fours, the foundation, and the qualities are the covering and the innards of the building.

So you cannot separate them. Because when you are in the purity of adherence to the law, then you are practicing, you are living the law and the Divine Qualities. So you cannot separate these out. If you have one, you have the other.

But it is an understanding, and you are hungry — not simply you, dear heart, but all of you — you are hungry for more information. How do we construct Nova Earth in a way that truly is different?

So if you say, "Well, if we all practice the Divine Qualities, then we will be there," and to this I say, yes, you will be, but if you want to understand how it works, how those Divine Qualities reflect to the framework laid out by the Mother/Father One, then this is how. (1)

Sanat Kumara: So what you have called the Divine Qualities is the framework upon which creation, everything hangs. It is the grid upon which you come to understand how things work.

It is peculiar, is it not, that you have, as a human collective, of all breeds, such an obsession with this word "law"? You have judicial law. You have laws of mathematics, quantum physics, but you do not have, and you have not aligned fully or completely with, Universal Law.

And yet it is the starting point and it is the finishing point. And when you are in alignment with Universal Law, you come to a place of understanding of how to position yourself, particularly within time and space, how your actions, or inactions, or sense of being, can be measured and reflected. (2)

Q: I've heard it said that the divine qualities are all simply forms of love. What is it I don't understand about love that makes that so?

Jesus: So often you think of Love but you do not think of what it truly is. You describe it through an attribution of the Divine Qualities: Love is joy; Love is peace; Love is compassion; Love is truth. All this is true. Or you describe it as you love somebody, that you are loved, that you have experienced Love, that you love God, that God loves you, the Mother loves you, I love you. So there is a lot of back and forthing in this Love, isn't there?

But what is Love? What is it? When I say that I re-entered the Love, I re-entered, I re-merged with Mother/Father/One/Source, Allah, Yahweh, whatever you think of as the One. What is Love? It is Source, it is the essence, the All of the Mother/Father/One. (3)

Divine Mother: There are so many expressions, or what you would think of as elements, of the love, the joy, the sweetness, the nurturing. All of the divine qualities – hope, purity, chastity, charity – all of these are unified in love. (4)

Q: How can love, create, preserve, and destroy? How can it, at the same time, be the thing created, preserved, and destroyed?

Divine Mother: [Love] is a multipurpose tool. It is a multipurpose energy that can be whatever is required. So there are times when it is the dissolver; there are times when it is the building block; there are times when it is the glue. (5)

Q: The soul never changes, though everything else does. Do the divine qualities ever change, Mother?

Divine Mother: Not only are we, and you may frame that as the Father and I – the One – not only are we constant and never-changing, we are also ever-changing, expanding, growing, creating [depending on what aspect of her we look at].

But the fabric, the constructs, the concepts, the divine love, the sacred blessings and virtues, what you think of as divine qualities or values, practices, these do not change. (6)

Archangel Michael: Divine qualities do not ebb and flow, come and leave. (7)

Q: What is the difference between a feeling and a divine state?

Steve Beckow: A feeling state, on the one hand, seems to occur within us, inside our body. I usually associate it with a region of the body (head, stomach, heart). It can be pleasant or unpleasant or a mixture of both.

A divine state seems to be all around us, enveloping us, saturating us throughout. It happens, and is perceived as happening, within a wider area than just inside our body.

It's as if I'm contained within it or enveloped by it. I'm immersed in peace, drowned in love, filled with bliss, carried away by ecstasy…. They're uniformly beyond pleasant; they're exquisite. (8)

Footnotes

(1) "You're Ready to Build Societies in Adherence with the Law," through Linda Dillon, April 23, 2013, at http://goldenageofgaia.com/2013/04/sanat-kumara-youre-ready-to-build-societies-in-adherence-with-the-law/.

(2) Loc. cit.

(3) "Good Friday Message From Jesus Sananda," April 10, 2020, at https://goldenageofgaia.com/2020/04/10/good-friday-message-from-jesus-sananda/.

(4) "Transcript of the Divine Mother: Density is Unloving Emotion; Love is Lightness of Being," through Linda Dillon, March 6, 2015, at https://goldenageofgaia.com/2015/03/06/transcript-of-the-divine-mother-density-is-unloving-emotion-love-is-lightness-of-being/.

(5) Loc. cit.

(6) "Universal Mother Mary explains the last Universal Law in our series: the Law of Constancy and Continuity," Dec. 4, 2014, through Linda Dillon, at https://counciloflove.com/2013/12/universal-mother-mary-explains-the-last-universal-law-in-our-series-the-law-of-constancy-and-continuity/.

(7) Archangel Michael: It is Time to Relinquish Any Feeling Less than Love – Part 2/2," through Linda Dillon, Sept. 7, 2014, at http://goldenageofgaia.com/

2014/09/07/archangel-michael-it-is-time-to-relinquish-any-feeling-less-than-love-part-22/.

(8) Steve Beckow, "Three Levels of Reality," Aug. 25, 2020, at https://goldenageofgaia.com/?p=312821; "Shifting Attention from Structure to Flow," Aug. 14, 2020, at https://goldenageofgaia.com/?p=312055; "In What Better Space Could We Be?" July 24, 2020, at https://goldenageofgaia.com/?p=311973.

⌘ Working with the Divine Qualities ⌘

Q: How do I achieve divine qualities like balance and grace?

Lao Tzu: Balance is not what you are aiming to achieve; it is who you are. (1)

Divine Mother: Grace is not something you need to retrieve; it is integral to who you are. (2)

Q: How do we work with the divine qualities?

Sanat Kumara: Practicing your Divine Qualities. When you are practicing certain qualities, they more naturally align with different laws, with different thoughts, with different expressions, shall we say, of God, of One. But it is already within you.

So working with the law is being in your heart consciousness and being discerning, considering.

You live in a world, and I distinguish myself, not the planet, but a world, that has become very busy. Now, it is not that you need to judge busy as good or bad; it is indifferent. But in that busyness, busy is a very good place for ego to live.

And in that busyness, and in the feeling of self-imposed struggle — because busyness is a form of struggle; it is not a sense of smoothness; it is self-imposed — you do not take time always to discern: Is what I'm doing directing me to my core essence and to my Self, to my I Am presence and the I Am presence? It is as simple as that.

When you stop and ask the question, the guidance is already there. Because your beauty, your heart, your soul, however you conceive of that knowingness is divinely intelligent. It knows. And in the knowing, you can shift from busy to being, and being does not mean that you are not taking action and building Nova Earth. You are, and it is well under way, I am happy to say. (3)

St. Bernadette: Each of you is truly facing this dilemma: Where is the proof? This is one of the reasons why this Council of Love has asked you to focus on the Blessings and Virtues, because the proofs, the landmarks, the markers have become internal rather than external.

This is something new for you to learn; this is a quality of Nova Being. You are learning a new way of measuring proof and it is from within. (4)

Q: It seems like there are a million and three interpretations of these laws and values.

Divine Mother: Are there a million and three interpretations of these laws and values? Yes, because [the interpretations] are unique to you. But let us also suggest to you, just like us, that you are constant while you are also never changing and ever changing. (5)

Q: When you explained what happened to me in the heart opening on March 13, 2015, you said I had created spaciousness. Can you explain "spaciousness" please?

Archangel Michael: You (and this does apply to the collective) have done your, can we say, your homework, your due diligence. What we mean by this is simply, think of it in spatial reality, time and space reality: you have created the space for this [energy of love] to, not only pass by you like a passing breeze or a rain [on March 13, 2015], but to anchor within you because there is a sense of this spaciousness within thee. …

When one is clinging to core issues, to fear, to lack, to limitation – you know the list – there is not that sense, not only of spaciousness, but of acceptance, allowance, readiness and even permission. Because as you know, we continually say that we will never override your free will.

So, if the will, either actively or subconsciously, is actually choosing to still engage in the issues or the drama, then although we are standing at readiness and still penetrating you, that open door is not there. (6)

Q: How do the divine qualities fit into social action. Can you give us an example?

Divine Mother: It is the western women saying [in relation to gender equality], particularly to the western men, being in a male-dominated society and culture is not acceptable.

What you have created economically, financially, politically, culturally is not loving; it is not reflective of the Divine Qualities; it does not take into account the potential and the sanctity of each life. (7)

Archangel Michael: Who, upon this wondrous planet, has been hiding in the shadows or edging out, or in the limelight and is ready? … Who has been diligent and practiced patience and fortitude and stamina, and anchored the divine qualities? Who is it that is prepared to do this? Well, it is the lightworkers. (8)

Footnotes

(1) Lao Tzu in *The New You. Emerging into the Brilliance of Humanity's Heart Consciousness.* Port St. Lucie: Council of Love, 2013.

(2) The Divine Mother in *The New You. Emerging into the Brilliance of Humanity's Heart Consciousness*. Port St. Lucie: Council of Love, 2013.

(3) "Sanat Kumara: You're Ready to Build Societies in Adherence with the Law," through Linda Dillon, April 23, 2013, at http://goldenageofgaia.com/2013/04/sanat-kumara-youre-ready-to-build-societies-in-adherence-with-the-law/.

(4) St. Bernadette on Prudence in Linda Dillon, *The New You: Emerging into then Brilliance of Humanity's Heart Consciousness.* Port St. Lucie: 2013, 189.

(5) "Transcript: Universal Mother Mary Discusses the Law of Completion and Continuity on Heavenly Blessings, December 3, 2013," through Linda Dillon, at http://goldenageofgaia.com/2013/12/universal-mother-mary-discusses-the-law-of-completion-and-continuity-on-heavenly-blessings-december-3-2013-2/.)

(6). Archangel Michael in a personal reading with Steve Beckow through Linda Dillon, March 13, 2015.

(7) Divine Mother, "Mother Mary Discusses the Divine Quality of Hope-the Foundation, the Bedrock of Human Existence," through Linda Dillon, February 21, 2013, at http://counciloflove.com/2013/02/mother-mary-discusses-the-divine-quality-of-hope-the-foundation-the-bedrock-of-human-existance/

(8) “Transcript: Archangel Michael – On Mastery and Leadership, April 16, 2015," through Linda Dillon, at http://goldenageofgaia.com/2015/04/25/transcript-archangel-michael-on-mastery-and-leadership-april-16-2015/

⌘ The Divine Qualities and Relationship ⌘

Q: How is all this affecting relationships?

Divine Mother: As you are emerging into your sacred self in, shall we say, clearer balance of your Divine Masculine and Feminine, as that is occurring, sacred partnership, sacred unions are taking on the Divine Qualities. (1)

Hilarion: It is in the expression of the higher qualities of the spirit that the greatest changes will be noticed. People throughout the world are beginning to release the dualistic expressions and behaviors and are expressing that which they feel emanating from within their heart. The more kindness that is expressed and shown towards one's fellows, the more this movement will expand exponentially.

This practice also includes the expression of kindness towards one's self, for without the acceptance of self, the love of self, the love for others and the expression of it, is impeded. This is the work that is currently in process. The layers of self negation and denial of one's divinity are being peeled away and each individual is beginning to see and acknowledge the beauty and light that resides within their being.

When people can see and recognize their own beauty and divine qualities, they begin to recognize these qualities in their brothers and sisters and soon a shift, a change, is created within the dynamics of all relationships.

Those who have been weary of seeing the lower qualities being expressed in the individuals around them will discern the changes as they occur and soon a greater majority of people on the planet will embrace this way of expression.

They will turn away from modes of behavior and expression that have been manifested as acceptable in the entertainment industry and realize that is not the way for them any longer. The people will seek those venues where the magnificence of the human spirit is being portrayed and as more people do this, it will be seen as the true way and heartily embraced. (2)

Q: What might we practice in our relationships to bring them more into alignment with the divine qualities?

Archangel Michael: Practice laughter, sweetness, kindness, and consideration - in the very specific sense and in the greatest sense. So you are truly to each other and

within yourself not only demonstrating but receiving the blessings of someone who is living the divine qualities.

So anything that is not of the divine qualities, anything that is not of kindness, consideration and love, you say to each other, you have the permission and consideration to say, not in words of anger, not in words of fear, but in a way that says that doesn't feel to me like love.

So it is not being on high alert, but in a comfort zone, a harmony that is comfortable enough that you can say 'That does not feel right.' The same way that, when you are sharing a bed, you say 'Can you move a little?' And of course you do.

And it is in that way that you accommodate each other so that the bodies, minds and spirits can meld and come together. (3)

Footnotes

(1) "The Divine Mother: Is Sacred Union Part of the Plan? Dear Hearts, It is the Plan – Part 1/2, July 11, 2014," through Linda Dillon, at https://counciloflove.com/.

(2) Hilarion via Marlene Swetlishoff, February 2, 2014.

(3) Archangel Michael in a personal reading with Steve Beckow through Linda Dillon, Nov. 19, 2013.

⌘ Living from the Divine Qualities ⌘

Q: Can you tell me some of the benefits of living from the divine qualities?

Archangel Michael: As you are embracing the divine qualities, as you are living the divine qualities, that automatically jumps you in your own evolutionary track back to the light. (1)

Sanat Kumara: My sacred purpose [is] to attend to Gaia and to all of you as you move through this Ascension portal, as you come to fully remember and claim the glory of who you are. And you do so in simplicity by claiming the law, by aligning with the law and the divine qualities. When you do this, my beloved family, you cannot go wrong. (2)

Q: What do you want from lightworkers in regards to the divine qualities?

Archangel Michael: You are a living, breathing example, leader, demonstrator of incorporating the Divine qualities. (3)

Divine Mother: So let me say what you are doing is you are anchoring the peace, the knowingness, the truth of who you are in that substantial, Natural Self in physicality, not so you can leave, but so that you can stay. Those who are not anchoring the divine qualities, who are literally saying "No, thanks. I'm not interested" can't stay. They will not have enough substantiality, materiality, wisdom to hold the vibration to be able to physically exist on Nova Earth. So this is a very important part of what you are doing. (4)

Q: Divine Mother, can you describe some of what you've been doing in your work with us and the divine qualities, in light of Ascension?

Divine Mother: I have filled you with my Tsunami of Love. I have filled you with my Divine Qualities. I have renewed you until you are like my beloved Yeshua, reborn, brand new, in your Christ self. (5)

Divine Mother: Now, have we, in this what we shall call Ascension phase, have we gifted or added energies to enhance this drive and this knowing? We most certainly have. And it began with my gift of clarity. Too often, beloveds, you are given a gift, tangible and intangible, of something like clarity. And you will work with it for what we see as a very brief time. And then you lay it aside as if it is a child's toy

that you have tried out and become bored with. And yet what we are doing is reigniting the very divine qualities that will not only assist but catapult you in the Ascension process, individual and collective.

I hear so few of you saying to me, “Mother, I call upon your gift of clarity this day.” Now, it is already embedded within you, like so much else. So it is simply pulling it up, into your heart — yes, in tandem with me, with One, with the realms that you don’t even know of — of choosing to access it.

I have given you my gift of grace, which is the crowning glory of all divine qualities, for you to simply call upon. You — and I speak in generalizations to the people of the world — you do not believe fully and completely that you are the embodiment of grace. And it still speaks to part of your fragmentation. Yes, you are working on your integration. But what do I do? What do we do to enhance this knowing, again, this internal and external pulling up of the grace? (6)

Divine Mother: My tsunami of love … is not even at its crescendo, at its highest peak as yet. So I am adding these divine qualities in your human form so that you may deal with the increased energy that I am about to give you. And there is no stopping the tsunami. Let me be clear about this. You have asked to ascend as one, and you will, but there is work to be done.

Now, some of you have joined me in the ecstasy of bliss, and I thank you. I thank you for letting me in. You say, “Well, Mother, I knew you were coming in anyway.” That is true, but there are many who resist. (7)

Footnotes

(1) “Archangel Michael: Back to the One with the Speed of Love," through Linda Dillon, July 15, 2013, at http://goldenageofgaia.com/2013/07/archangel-michael-back-to-the-one-with-the-speed-of-love/.

(2) Sanat Kumara in "Universal Mother Mary explains the last Universal Law in our series: the Law of Constancy and Continuity," through Linda Dillon, at https://counciloflove.com/2013/12/universal-mother-mary-explains-the-last-universal-law-in-our-series-the-law-of-constancy-and-continuity/

(3) "Archangel Michael: You're Building the New Reality of Gaia," through Linda Dillon, Jan. 21, 2013, at http://goldenageofgaia.com/building-nova-Earth-toward-

a-world-that-works-for-everyone/nova-Earth-society/archangel-michael-youre-building-the-new-reality-of-gaia/

(4) “The Divine Mother: We are Creating a New Species of Humans," through Linda Dillon, July 12, 2014, at http://goldenageofgaia.com/2014/07/12/the-divine-mother-we-are-creating-a-new-species-of-humans/.

(5) Archangel Michael in “Transcript ~ Archangel Michael: Peace is Love, May 11, 2017," through Linda Dillon, Channeled by Linda Dillon, at http://goldenageofgaia.com/2017/05/21/transcript-archangel-michael-peace-is-love-may-11-2017/.

(6) “The Divine Mother: We are Creating a New Species,” ibid.

(7) “The Divine Mother: The Table is Set; You are Ready for the Dance, September 18, 2104," through Linda Dillon,at https://goldenageofgaia.com/2014/09/20/the-divine-mother-the-table-is-set-you-are-ready-for-the-dance/.

(8) “The Divine Mother: We are Creating a New Species,” ibid.

⌘ Applying the Divine Qualities ⌘

Q: Current enlightenment thinking is that a human being is only capable of mastering one of the divine qualities in a lifetime. Is that correct?

Archangel Michael: Human beings, particularly those in the higher vibrations, [are] learning to hold all the divine qualities and to be operating from all the divine qualities at once. (1)

Linda Dillon: These Divine Qualities expand infinitely. So the more we are in that energy, the bigger and bigger it gets. (2)

Q: How do we relate to those committing acts of violence and extremism and still align with the divine qualities?

Divine Mother: Beloveds, you are at a critical intersection, and the chaos and the mayhem upon my beloved Gaia is extreme. Now, is this part of the plan? Does all this hatred, envy, control, greed, pain, have need to come to the surface? Yes. Do you need to love it? No. You need to love the essence, the divinity, of all beings. Yes, including the humans...

Think of the core issues of your old Third Dimension and of humanity that have clung to that reality. It is all at the surface. Let me elaborate somewhat on what Germain has said to thee. You have not ever been appointed as judge or jury for each other or for humanity, for the human race. To commit yourself to ascension, to love, to the gift of grace I have given you nearly two weeks ago, the divine qualities! It cannot — it does not — include judgment.

Of course you are discerning. You have been given magnificent emotional, mental, and even ego acuity. I am not asking you to deny your intelligence, dear hearts. But what I am asking is to step back and send the love! Because it is not the judgment. It is only the love that can heal, transmute and transform these energies of chaos that are rampant...

So you are not loving the atrocities. You are loving the divinity in the collective. You are recommitting who you are and who they are, you are loving them into wholeness. Are you doing it alone? Most certainly not. That is why I have been flooding you with my energies and my gifts! Embrace the grace. (3)

Divine Mother: Now, let us talk about this group [who resist] — some who are oblivious. They do not truly concern me, for in many ways they are the most

effortless to penetrate. But those who are despondent, depressed, in despair, or who say, “I don’t feel anything,” you are praying for relief and then telling me, which I have no objection to, exactly how this relief will take place, what it will look like, what the tangible form will be, how it will look and smell and taste, and I want to give you more than that. (4)

Divine Mother: Oh, there are some recalcitrants…. There is a firm acknowledgment that which, in terms of the very structures I just referred to, that do not work, do not reflect the divine qualities — kindness, gentleness, generosity — that hurt people; that very often the systems that have been created supposedly to help people are the very systems that hurt people.

And there is this growing intellectual and heart consciousness understanding that change is a must. And that is being translated into a shift of what is occurring. (5)

Footnotes

(1) Archangel Michael in a personal reading with Steve Beckow through Linda Dillon, Jan. 4, 2019.

(2) Linda Dillon in “St. Bernadette Discusses Prudence: The First Gift of the 13 Blessings & Virtue," through Linda Dillon, Feb. 11, 2013, at http://counciloflove.com/2013/02/st-bernadette-discusses-prudence-the-first-gift-of-the-13-blessings-virtues/.

(3) "The Divine Mother: Beloveds, You are at a Critical Juncture - Part 2," through Linda Dillon, channeled by Linda Dillon, July 24, 2014, at http://goldenageofgaia.com/2014/07/25/the-divine-mother-beloveds-you-are-at-a-critical-juncture-part-2/.

(4) “The Divine Mother: We are Creating a New Species of Humans," through Linda Dillon, July 12, 2014, at http://goldenageofgaia.com/2014/07/12/the-divine-mother-we-are-creating-a-new-species-of-humans/.

(5) "Archangel Michael: What Would Love Do?", channeled by Linda Dillon, May 1, 2014, at http://goldenageofgaia.com/2014/05/06/archangel-michael-what-would-love-do/.