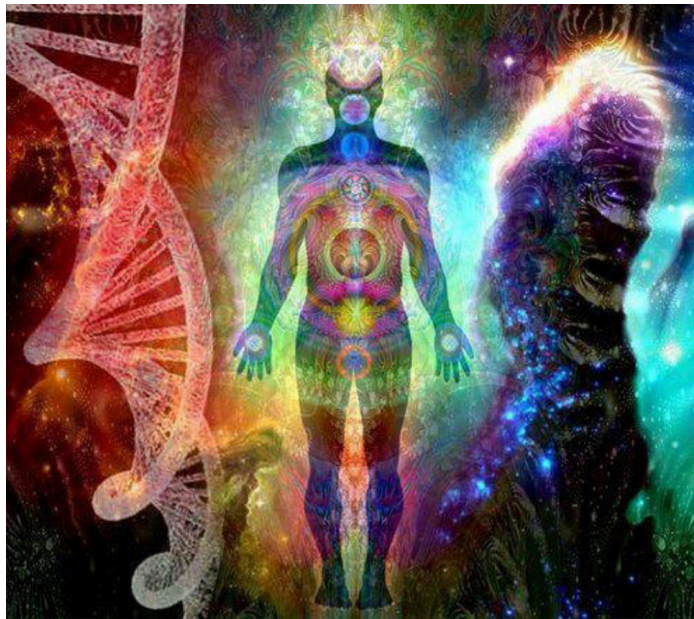


# Gateway to Higher Dimensionality

## Volume 3. Ascension Sudden and Gradual



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## ⌘ ⌘ Ascension - Sudden, Gradual, or Both? ⌘ ⌘

# The Purification Stage of Ascension

October 1, 2017

<https://goldenageofgaia.com/2017/10/01/the-purification-stage-of-ascension/>



If we studied under a qualified terrestrial spiritual teacher in a mid-twentieth-century eastern setting, we'd probably hear that purification is an essential stage of spiritual practice aimed at enlightenment.

Here's a typical statement of the case, from the *Upanishads*:

"The secret of immortality is to be found in purification of the heart, in meditation, in realization of the identification of the Self within and Brahman without. For immortality is union with God." (1)

And here's an adaptation of that same view by a more contemporary teacher, Swami Yatiswarananda:

"Whatever be our spiritual path, Hindu, Buddhist, Christian, or Sufi, the three stages we all have to follow are purification, meditation, and experience of the divine reality or Godhead." (2)

To Buddhists, these three stages would be called sila, samadhi, and prajna/panna (purification, meditation, and wisdom/realization). But as Swami Yatiswarananda said, it's to be found in all religions.

If we remember that unveiling the Self is what purification does, then we can see that the only real work we need to do to uncover the Self is to eradicate the overburden of core issues or vasanas that sits on top of and veils the Self, as Ramana Mahaeshi states here:

"Sahaja [the ascended state] is the original state so that sadhana amounts to the removal of obstacles [i.e., vasanas], for the realization of this abiding truth." (3)

"In Kevalya Nirvikalpa Samadhi [Brahmajnana or God-Realization] one is not free from vasanas and does not, therefore, attain mukti. Only after the samskaras have been destroyed [in Sahaja] can one attain salvation. ...

"Even though one practices Kevalya Nirvikalpa Samadhi for years together, if one has not rooted out the vasanas, he will not attain salvation."  
(4)

The Mother confirmed with me back on May 7, 2012 that Sahaja Samadhi is the ascended state. (5) It burns our remaining vasanas to a crisp.

We're just building momentum for that event, so as to draw in (or enroll) the rest of the planet in our first mass Ascension on Earth.

Everything that's happening right now - our personal work, financial deconstruction, Earth changes - can be, and is, seen as purification. I'll be writing more on the subject because working this phase of things seems to me to be very important, now and in the overall scheme of things.

What I hope these further studies will show is that the very same purification or purgation phase we're passing through now, many, many generations of spiritual seekers and sages had to go through as well in former years. So we're among good company.

Shedding our heavy baggage, which prevents us from flying free, is now and has always been a necessity of spiritual unfoldment. But never has there been galactic assistance and never such an energetic outpouring. Consequently, never has it been so easy.

## Footnotes

(1) Swami Prabhavananda and Frederick Manchester, trans., *The Upanishads. Breath of the Eternal*. New York and Scarborough: New American Library, 1957; c1948, 13.

(2) Swami Yatiswarananda in Christopher Isherwood, ed., *Vedanta for Modern Man*. New York: Collier Books, 1962; c1945, 133-4.

(3) Ramana Maharshi in Paul Brunton and Munagala Venkataramaiah. *Conscious Immortality. Conversations with Sri Ramana Maharshi*. Rev. ed. 1996, n.p.

We may also need to withdraw from the conditioned behavior that our vasanas tend to create in us over time.

Of Sahaja, Ramana says:

"The Sahaja Nirvikalpa [Samadhi] is permanent and in it lies liberation from rebirths." (Ramana Maharshi in S.S. Cohen, *Guru Ramana. Memories and Notes*. 6th edition. Tiruvannamalai: Sri Ramanasramam, 1993, 88.)

We're "rooting out the vasanas." And we have been for the past three or four years. This is the purification stage.

(4) Sri Ramana Maharshi in *Ramananda Swarnagiri, Crumbs from His Table*, at <https://www.ramana-maharshi.org>. Downloaded 10 September 2005, n.p.)

(5) Steve Beckow: Now, you said that the experience [of Ascension], the enlightenment experience is beyond the 13 chakras, but you didn't actually say yes or no to my question of whether this experience corresponds to sahaja samadhi.

Divine Mother: Yes.

SB: It does?

DM: That is correct.

SB: Oh, eureka! Thank you, Mother! I'm so happy to have that confirmed. ("The Divine Mother: Come to Me as I Come to You – Part 1/2," Oct. 17, 2012 through Linda Dillon, at <https://goldenageofgaia.com/2012/10/the-divine-mother-come-to-me-as-i-come-to-you-part-12/>.)





# **We Must be as a Child**

Feb. 1, 2013

<https://goldenageofgaia.com/2013/02/01/we-must-become-as-a-child/>



Jesus said thousands of years ago that we must become as a child to enter the Kingdom of Heaven.

Jesus is still with us today, speaking through John Smallman, Linda Dillon, Pamela Kribbe, and others. I await the day when he says you must source all your vasanas and be squeaky-clean to ascend to the Seventh Heaven.

I joke with you, but on one thing I'm serious. It's our conditioned reaction patterns, our habits of resistance to life formed long ago that prevent us from flowing with life and finishing with the old Third Dimension.

And until we let go of all that old baggage, come into the present again, and allow the divine qualities that are inherent within us to emerge and take command of our being, as they did when we entered into life, we're prevented from entering the Kingdom of Heaven that higher dimensionality is and condemned to continue experiencing and relating to the drabness of duality.

It's becoming easier to let go of our "stuff," but it still doesn't happen automatically. We have to be willing to emerge from our rackets and numbers, our fears and resistances. We cannot insist on keeping our conditioned reactions alive and wanting to open in love and acceptance to the New World now emerging.

The price of admission to the Heaven of our hearts is releasing all our unhealthy conclusions about life, our resistant decisions, our burdensome stories, and everything else that our biocomputer's programs (our vasanas) are fashioned from.

And letting go of these programs, these scripts, these file cabinets full of instructions on how to look good, succeed in life, and outcompete others, letting go of all our rackets, winning formulas and zero-sum strategies is only half the battle.

The other half is to commit ourselves from this moment on to allow what is native to us - the love that we are, the bliss that arises, the compassion that we feel - to motivate us, steer the ship, and be the only reward we seek.

I think it wouldn't be going too far to suggest to us how rewarding it may prove to be to let go of all our grounds for complaint, all our fears about life, and all our lists of things to watch out for.

I think it wouldn't be going too far to ask us to resolve to simply live in the moment in the experience of our own divine beingness, to revel in the love and the bliss which is the treasure in the field of our own Self or soul, and to seek nothing else beside it.

I think it would be wise to ask us to cease seeking love from others and to seek love instead from the ancient spring that lies inside ourselves, in our own hearts.

I think it would be wise to ask us to invite ourselves to surrender to the knowledge that Nature is benevolent, life has a purpose, and our future is already set in its largest contours, that the direction of our travels throughout all that lies ahead of us is unerringly set for Home and that nothing can prevent our eventual arrival there and our welcome.

In his youth, St. Francis was a reckless but rich young hedonist until one day, as he followed a raucous procession through Assisi, the Holy Spirit stopped him, snatched away his reveling, and left him penniless but so rich in love that he fed every beggar, indigent laborer and even pope until the end of his days from his vast treasury of bliss and compassion.

Are we not penniless but rich in love? Have there ever been times that were worse and yet more blissful? Are we not obliged to turn away from the way it has been, which was rich in materiality but poor in spirit, to embrace a time that is poor in materiality but rich in spirit?

Have we not also been stopped in our tracks by the Holy Spirit (or Divine Mother) and snatched away from our reveling?

And is it not the case that we loving beggars are now inheriting the world and emerging as stewards of Light, the holders of the purse strings of the treasury of love? And is it not being asked of each of us, not that we do, but that we love till we ache?

Can anyone see where we're headed? No, but does it matter? If each of us can simply open ourselves to this love that is sweeping the world, (1) will it not be clear to us all what is next? And what next could there be and what next would matter if we could, till the end of our days, be fountains of love and bliss? Will the world then not work effortlessly?

### **Footnotes**

(1) "You will shortly notice a wave of love sweep the Earth, that will show that your civilization has taken a quantum leap forward." (SaLuSa, Dec. 28, 2012.)

For more on this, see *Ring of Fire, Wave of Love* at <https://goldenageofgaia.com/wp-content/uploads/2021/11/Ring-of-Fire-Wave-of-Love-Compilation-R6.pdf>

## Where are We at with Ascension?

December 21, 2019

<https://goldenageofgaia.com/2019/12/21/where-are-we-at-with-ascension/>



I'd heard that Ascension was related to a solar event and asked Archangel Michael about the subject in my last reading:

Steve: Is Ascension, like some people say, going to be a solar event? Is there going to be something happening from the sun?

AAM: No, it is not related to the sun. It is only related to the sun within you. (1)

That set me to looking and I came across the following discussion from midsummer 2019 on the progress and mechanics of Ascension, which I offer for your enjoyment

---

Archangel Michael in a personal reading with Steve Beckow through Linda Dillon, Aug. 2, 2019.

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Steve: My suspicion is that as a global society we're not yet ready for Sahaja Samadhi. (2) Is that correct?

Archangel Michael: You are not quite there. That is correct.

Steve: Is it possible to talk about where the collective kundalini is?

AAM: Once we have talked about the collective unconscious and how that has determined much of the progression, and how it is accessed and how it is not accessed, how the collective consciousness also, has grown and shifted and varied.

So when we speak of this, it is important that people understand it, not just you, beloved one....

Because the difficulty arises when we speak of such things that people will often translate as them applicable to their own personal situation.

And while that has implications for the personal situation, it does not necessarily speak to the individual. So we give that proviso.

The collective kundalini has been worked on, as you well know, quite literally, for thousands and thousands of years. So to say that it is a slow process would be a dramatic understatement.

Understand if you look particularly towards the east and all the work that has been done not only in India but Tibet and in the mystery schools of ancient times, much of this was always about raising the life force, the kundalini, through awareness, to travel completely not only up the spine but throughout the body and outward.

And much of the individual work, small pockets of work that were done by [tantra], for example, was again part of the work that was done on the collective kundalini.

Right now the focus of the collective kundalini is in the sacral (that does not mean it does not oscillate up and down) because the focus of the kundalini at this time is in the sacral and in the solar plexus, in the hara.

So that the beginning, the remembering and the bringing forth of creation energy can truly be in the forefront. This is the biggest shift that the human collective is experiencing.

Steve: Are you waiting until the collective kundalini reaches a certain point before you pull a switch, say in this case, of the heart opening but in other cases, ascension itself?

AAM: Yes and no. Understand also (you are having a yes-and-no day, are you not?) So think of the kundalini as an old-fashioned mercury thermometer.

And so there are periods of time during the day when the thermometer will go very high and it is anchored therefore in the heart chakra. And that is where the focus of the awakened being is.

But that also means on the travel upward that it activates fully the awareness, the desire and the actual physical ability to create and co-create. So does everybody (the collective) need to be in the heart chakra or higher, even in the high heart? That would be preferable.

But there is a tipping point at which it is sufficient to pull the switch. (3)

### **Say What?**

And, by the way, if you were looking for a scientific definition of Ascension, well, here you go. I won't give a citation for it, to avoid a light war.

"Ascension is the charge radiance which results when the DNA is recursively braid-imploded with coherence bliss phonon EKG/EEG. That phase-coherent embedding adds superposed axes of spin symmetry, 'the next dimension.'"

And may the Force be with you.

### **Footnotes**

(1) Archangel Michael in a personal reading with Steve Beckow through Linda Dillon, Nov. 26, 2019. The sun within us is the Self, Christ, Atman, pearl of great price.

(2) "Sahaja Nirvikalpa Samadhi" is a full and permanent heart opening. It's an experience that lies beyond the Third-Dimensional chakra system and ushers in passage from the Third/Fourth Dimension to the Fifth.

# The Duration of Ascension Depends on What “Ascension” Means

June 24, 2020

<https://goldenageofgaia.com/2020/06/24/the-duration-of-ascension-depends-on-what-ascension-means/>



People ask, "When is Ascension? How long do we have to wait?"

I'd like to address that question.

As far as I'm concerned, there are many ways one could measure when "Ascension" is complete, depending on what one means by the word itself.

One could restrict the meaning to the transformation in consciousness. Sahaja Samadhi is the culminating event, in that sense, of "Ascension."

If that were the case, one would mark Sahaja as the endpoint. There are stages to Ascension, and these stages are associated with spiritual experiences, which I'll explain later, below.

But that's not the only way one could measure it.

One could consider that the foundation of Nova-Earth society and the restoration of the planet would mark the end of an "Age of Ascension" - and the beginning of a Golden Age. In this case, the duration of "Ascension" would be seen as going well beyond the actual event. (1)

Are these the only interpretations of Ascension possible? No, I don't think so. Let me explain.



I have to put on my cultural historian's hat for a moment. I'm a little rusty at this.

A word is a symbol and a symbol is a thing or event upon which meaning may be freely and arbitrarily bestowed.

Take the word "Ascension." There's nothing that prevents Bill from having one meaning for it and Mary, another. Humans have the ability to create symbols and communicate them, freely and arbitrarily.

There's no restricting the meaning of a word. Sometimes I wish there were! (2)  
People will mean by it whatever they do.

What we're searching for is the truth among the versions, all of which are based on a different interpretation of "Ascension."

If it's like everything else, that truth will arise as a result of (A) intellectual understanding, (B) emotional experience, and (C) spiritual realization.

I have only an intellectual understanding of Ascension. What I say on the subject plus \$2.50 will buy you what? You got it. A cup of coffee. My opinion has no inherent value.

And how right have I been in all my predictions? I don't know whether to laugh or cry.

But I have experienced and realized in areas short of Ascension and of course discussed the subject with Michael.

From the vantage point of this moment, I see Ascension this way.

Our human bodies can only tolerate conditions within a narrow range. When our temperature varies even by a few degrees, we feel cause for concern.

The spiritual changes that are happening within us are also only tolerable within a certain range, unknown to me.

If evolution happens faster than that, the human body may react. Certainly we may begin to worry. And the spiritual process could be short-circuited by our resistance in the form of anxiety.

To prevent that, we're being slow cooked, simmered slow enough that we're not aware of the transformational process.

The Ascension timeline lengthened quite a bit when, in 2012, we opted to ascend as a planet. That Ascension would have been one of mainly lightworkers who knew about Ascension or were ready for other reasons.

Now we're taking anyone on the planet with us who becomes aware (within a certain time limit) and can manage the higher vibrations. Now billions have to be awakened instead of millions.

That takes longer. Very much longer. We added years onto the process.

Archangel Michael discussed the matter in my last reading with him:

"When humanity made the decision to proceed as a unified whole in the process and the accomplishment of Ascension, we have spoken to you often and throughout the years about how this was a highly-evolved, spiritual, and practical human-physical choice and decision point.

"It would be an understatement for us to say that most of humanity, consciously or not, did not know the magnitude of disruption, of upheaval, of shifting that such a monumental choice would truly entail. ...

"And of course there are many still very active that do not wish to see the removal, the disintegration of old systems.

"But nevertheless, that is exactly what is transpiring, Sweet One. And that, is good news!" (3)

In the outer arena, everything old and unusable is "disintegrating," being removed or reorganized. In the inner arena, well, I certainly am being reorganized. That's an understatement.

The point of what I'm saying is that Ascension has to be, *with exceptions*, a slow process. Its duration has to be measured in years. But whether it ends a few years from now or a decade depends on the meaning one gives to "Ascension."

I believe the exceptions to the slowness of the process are the very rare spiritual experiences that occur normally as the kundalini rises - spiritual awakening (4th chakra), cosmic consciousness (6th chakra), God Realization (7th chakra), and Sahaja Samadhi (beyond the third-dimensional chakra system, a full and permanent heart opening).

However my experiences have not followed this pattern and I'm aware that the rules have changed. (4)

Usually after an experience like the first three, the denseness of the human body causes us to lose our connection to it over time. But our bodies are evolving along with us and it remains to be seen whether these states will prove more lasting now.

With these notable exceptions, the process of Ascension, in my view, needs to be slow and gradual.

### **Footnotes**

(1) Which I think explains a recent citing of 2030 as the end of Ascension. That date to me sounds like it takes in the founding of Nova Earth and the restoration of the planet.

(2) The whole thrust of [\*New Maps of Heaven\*](#) was to try to standardize terminology about the afterlife planes. But there is no mechanism by which to do this and it probably wouldn't be desirable to do if there was. We may have to live with the fact that symbols can be freely and arbitrarily created and nothing can (or should) be done to prevent it.

(3) Archangel Michael in a personal reading with Steve Beckow through Linda Dillon, June 17, 2020.

(4) You see all the rules have changed. You have decided to maintain form. That doesn't mean we're going to have you punished by not allowing you access to the 7th.

That is the old paradigm. 'You can't come here, unless you die.' Well, that's not true! That's what enlightenment and Ascension is about. You can go as far [as you like?], you can go and feel and be the Love that is the 7th Christ consciousness. You can have it all and then you pull it into your physical form so that you are a walking, talking, working, creating Christ-conscious Being. ("Transcript: Heavenly Blessings – St. Germaine on Where to Look for Results," channeled by Linda Dillon, July 15, 2014, at <http://goo.gl/OxNpnG>.)

Steve Beckow: It's very different from classical theory.

Archangel Michael: Classical theory has served you well. Now you are on a new course. (Archangel Michael in a personal reading with Steve Beckow through Linda Dillon, Feb. 20, 2018.)

AAM: You are in a time of individual and collective Ascension that has never occurred upon your planet or elsewhere so many of the historic and accurate

understandings with regard to heart openings have shifted, can we say, expanded.  
(AAM, Aug. 3, 2015.)

# From Reactivity to Normalcy: The Practice of Ascension

June 22, 2017

<https://goldenageofgaia.com/2017/06/22/from-reactivity-to-normalcy-the-practice-of-ascension/>



The background to the article I wrote yesterday (1) - the beginning of that particular journey - lay in an Enlightenment Intensive I did perhaps ten years ago now.

I've told the story of how I processed a mammoth vasana there, only to find that the place I ended up in was ... normal.

Not blissful, not ecstatic, not joyful. Just back feeling normal again, after what seemed a lifetime away. I was shocked.

All that kicking and screaming to end up feeling normal?

I had no idea that the way I'd been behaving under the influence of this vasana or core issue was not normal.

Another word for "normal," to my way of thinking, is "innocent." You remember what Pope Innocent said to St. Francis in *Brother Sun, Sister Moon*: "My dearest Son, in our obsession with Original Sin, we too often forget—original innocence." (2)

Our Natural Self is normal, decent, innocent. Kathleen's preferred word is "balanced." When I experienced my Natural Self some months ago, it translated into a space of deep peace. All else was forgotten but the peace. The space seemed to me balanced, normal, and innocent.

It was as if the balance point "spatially" (the "here") and the present moment "temporally" (the "now") constituted a portal into a space of deep peace that was coterminous with the Self. And evidently that space keeps going, deeper and deeper.

To be there, I have to stop swinging out into the extremes, whether up or down, left or right. I have to give something up to be here now: my mood swings, my strong desires, my expectations, etc., things which pull me out of the middle, the center, the heart.

That, as far as I'm concerned, is the greatest part of the practice of Ascension.

### **Footnotes**

(1) "There is a Place Called "Normal," June 21, 2017, at <https://goldenageofgaia.com/?p=288353>

(2) *The Lessons of St. Francis: How to Bring Simplicity and Spirituality Into Your Daily Life*, at <https://tinyurl.com/y8nh9ctt>

# Possible Confusion around Sudden and Gradual Aspects of Ascension

June 10, 2019

<https://goldenageofgaia.com/2019/06/10/possible-confusion-around-sudden-and-gradual-aspects-of-ascension/>



Some people still express confusion around Ascension as a sudden and a gradual process. Which is it? What mix of each? Does it vary per human?

They can't quite wrap themselves around the idea that the two can go on as part of the same process. Past that point, yes, Ascension is an individual matter.

And even that is not true because some events - such as our gradual heart opening - are happening for the whole planet.

But to look at the sudden and gradual nature of Ascension, we accept that volcanoes are mountains that erupt periodically. In between those eruptions volcanoes are silent. Then there is a gradual or sudden buildup of magma and an eruption occurs again.

We can point to any number of processes that are both gradual and sudden.

In the main, Ascension has to be gradual. Our bodies couldn't yet take the strain of the higher levels of enlightenment (seventh-chakra Brahmajnana or God-Realization and open-heart Sahaja Samadhi, the culmination of our Ascension). We'd die and this is designed to be the first *physical* Ascension.

We're intended to take our bodies with us - unlike Jesus or the Buddha who ascended upon shedding theirs.

So we have to pay attention to how much the physical body can take.

But that's not all. There's the understanding of the operator of the body. That too has to be seen to.

Some people may not know what's happening if they experience a stage of enlightenment - a heart opening, cosmic consciousness, Brahmajnana, or Sahaja. They may freak out and think they're going nuts.

Did someone put LSD in their orange juice? What planet are they on and how come no one else here seems to know what I'm talking about?

We're looking at a *mass* Ascension here, not just a physical one. The planet decided at the level of the collective consciousness to go en masse rather than with only a slim number as would have ascended on Dec. 21, 2012. Only a fraction of the planet would have had the requisite light then to make the jump.

We decided to ascend as a whole and that I believe required an entirely-different process. Now we have to slow things down and go up in stair steps.

And stair steps brings us to the sudden part of Ascension. There are actual enlightenment events that happen as the kundalini rises in the sushumna canal.

It reaches trigger point at the 4th chakra, 6th, 7th and spiritual heart beyond the Third-Dimensional chakra system. When it does, a sudden experience occurs. It creates a radical break, a discontinuity in thinking, feeling, and experiencing.

Everything about us feels elevated and expanded. We have realizations and remembrances. For a brief period of time, we experience life on the higher dimensions - usually Fifth to Seventh, when our hearts open and the inner tsunami of love sweeps us away. (1) The memory is indelible and, as Krishnamurti once said, we cannot help but work for it ever after. (1)



I once had a truncated experience of Brahmajnana. I watched the kundalini sweep above me and descend into the seventh chakra. But there was no bliss and bliss is an inseparable part of the full experience.

Without bliss, it was like watching a horror flick of Mauna Loa erupting. A great river of gold roaring by you.

I asked Archangel Michael about that experience, and he commented:

Steve: Ordinarily you would experience Brahmajnana at that point but I felt that it had been muted, toned down.

AAM: Completely toned down. We want you very physically present. (2)

Can we not deduce from his answer that too much enlightenment can cause physical or spiritual symptoms, such as not being physically present. Too much enlightenment and I will hang up my keyboard and settle for a Himalayan cave.

I stood in sight of the Self at Xenia Retreat on Sept. 18, 2018. That experience too was truncated.

Instead of being a light brighter than a thousand suns, the Self was more translucent. I wondered at that and had occasion to ask the Divine Mother about it.

Steve: The experience at Xenia, Mother, was that truncated?

Divine Mother: Slightly, yes.

Steve: I had the thought [it was]. ... The Light I saw should have been brighter than a thousand suns. The fact that it wasn't suggests to me that the experience was truncated. ...

DM: It was not as brilliant as possible, let us put it that way.

Steve: Alright... And again, the reason is to keep me in sync with my readers?

DM: It is to keep you in sync with your readers... But let me be very clear about that. If you had seen the light as it actually is, yes, a million, billion suns... You would have simply departed. ...

We don't mean die but you would have departed the life that you have designed - yes, with us, for yourself, for the service you are providing -

you would have departed and simply said, "I do not need to do this. I will just simply sit in the bliss of love and good luck, everybody!" (3)

That would be the likely future for me if I went too far too fast: a breaking of my soul contract and the loss of a communicator.

Many other people would be disoriented and some might panic.

So, yes, there are sudden spiritual eruptions, interspersed with long periods of assimilation and integration. And preparation for the next eruption of consciousness and love. Think of these as stair steps on the stairway to heaven. (4)

No process I can think of is constantly at a screaming-high energy or pace and neither is Ascension. It unfolds both gradually and suddenly watched over and moderated by our guides on the other side.

### **Footnotes**

(1) "The really important thing is ... the knowledge of God's plan for men. For God has a plan, and that plan is evolution. *When once a man has seen that and really knows it, he cannot help working for it* and making himself one with it, because it is so glorious, so beautiful." (J. Krishnamurti, *At the Feet of the Master*. Adyar: Theosophical Publishing House, 1974; c1910, 17.) [My emphasis.]

(2) Archangel Michael in a personal reading with Steve Beckow through Linda Dillon, Sept. 30, 2015.

(3) Divine Mother, *ibid.*, Oct. 26, 2018.

(4) My understanding is that, in early Christian terminology, "heaven" referred to what we'd call the Fifth Dimension, what the afterlife would call the Mental Plane. "Going to heaven" or "being saved" is the same as saying "ascending."

For detailed descriptions of the higher-level enlightenment experiences, including Sahaja, the culmination of Ascension, go here: [https://goldengaiadb.com/index.php?title=E#Enlightenment\\_-\\_Enlightenment\\_is\\_the\\_purpose\\_of\\_life](https://goldengaiadb.com/index.php?title=E#Enlightenment_-_Enlightenment_is_the_purpose_of_life) and following sections.

# The Sudden Aspect of Ascension

March 30, 2019

<https://goldenageofgaia.com/2019/03/30/the-sudden-aspect-of-ascension/>



There are various enlightenments that happen along the way to Ascension's culminating event. Taken collectively they constitute the sudden aspect of Ascension.

The amount of time they take is very short, leading me to say that, for the most part, temporally speaking, Ascension is gradual.

But these brief moments of realization or enlightenment are what make the entire journey fruitful and satisfying.

If we don't know what to look for, an enlightenment experience could happen and we might rush ourselves to the hospital - as Bright Star was about to do when he had his heart opening. He thought he was having a heart attack. (1)

The Divine Mother implies that Ascension has stages in this comment she made to Bright Star recently:

"Your ascension is not being postponed. You have had your initial heart opening. You have been doing your work." (2)

Your "initial" heart opening. That suggests that there are one or more additional steps after this event, in a process culminating in Ascension.

"Doing your work" - purifying the self so as to raise one's vibratory level. We're expected to do at least a small part of the work of Ascension.

Cdr. Ashira confirms that there are stages by reminding us that "Ascension is a process and you are thinking that it is one quantum leap and you're done. That is not so. " (3)

Archangel Michael also implied a staged Ascension when he remarked to me:

"What you want is the full wave and you will get it. But the Mother is preparing people for it so that they do not end up completely overwhelmed." (4)

We'll look more at the need for preparation more in the next article on the gradual aspect of Ascension.

The Divine Mother discussed what the steps or "jumps" in this process were on another occasion. When we were discussing what stages lie between us and Ascension, she replied:

"There is the abrupt "I am not the same." Then there is the working and the anchoring, the integration. Then there is another jump, and another jump, and another jump. And you don't know it — well, some of you do — but you are leap-frogging. And then you will be there." (5)

Let's sort these out:

(1) "There is the abrupt 'I am not the same.'" I believe this is the explosive or implosive heart opening, also called spiritual awakening by Hindus, stream-entering by Buddhists, or fourth-chakra enlightenment.

(2) "Then there is the working and the anchoring, the integration." This is what we think of as the gradual part of Ascension and is associated with each "jump." This is what we do between "jumps."

(3) "Then there is another jump." I believe this to be cosmic consciousness, also called savikalpa samadhi by Hindus, which is sixth-chakra enlightenment.

(3) "And another jump." I think this to be Brahmanjnana, God-Realization, Arahantship, or seventh-chakra enlightenment.

(4) "And another jump. ... And then you will be there. There = Ascension, Sahaja Samadhi, Vijnana, Buddhahood, or a permanent heart opening. Fifth-Dimensional

Ascension is moksha, mukti, or liberation from the birth and death of the old Third Dimension.

These then are what I consider to be the "sudden" events of Ascension.

Ascension as a process is both gradual and sudden. The working, anchoring, and integration are the gradual aspect. The various enlightenments are the sudden aspect.

If we restrict our attention to terrestrial sages, they agree that liberation or moksha - Ascension is liberation from the physical dimension - proceeds by a series of stages of enlightenment. I've taken my discussion of the stages from them - Sri Shankara, Sri Krishna, Sri Ramakrishna, Ramana Maharshi, etc. (See fn 5 for my sources.)

Even if I'm wrong, any resulting corrections or discussion will repay speculation.

I personally have had truncated experiences of several stages up to the Seventh Dimension. I've no way of knowing what the full-blown experience might be like. And I'm only permitted to "visit; don't stay." (6)

One I do remember that wasn't truncated was the heart opening I had on March 13, 2015.

When the kundalini energy reached my fourth chakra, I experienced an explosive ejection of some sort of material from my hridayam or heart aperture. After that the inner tsunami of love flowed, sweeping me up and leaving me a few days later in the Seventh-Dimensional Ocean of Love.

As a result, I now know what higher-dimensional love feels like. It is indeed worth giving up an empire for.

The Divine Mother has promised a heart opening for the planet. She did so on *An Hour with an Angel*:

Divine Mother: Your hearts, your love, your ecstasy, your minds, your physical bodies. You feel – because you are sensitives – that you in many ways are exploding. Do not try. Do not even think or consider tamping it down. ...

Steve: Have you described a heart opening and, if you have described a heart opening, is that what's in store for us during this time of the Emerald Gateway – specifically the solar eclipse?

DM: You have it backwards, son. ...

You all love your signs and you pray and you beg and you plead for signs. And you are most certainly being given tangible signs. ...

[But] a solar eclipse does not create a heart opening. It is a symbol of the heart opening. So the heart opening is already underway [Steve: but gradual]. ...

Steve: But Mother, you used the word exploding. That is why I'm commenting. Because, of course, the heart opening that I had March 2015, was explosive.

DM: It is explosive. It is implosive.

Steve: Yes. Should I be writing on what to expect? That your heart could feel like it's exploding?

DM: Yes. (7)

Again, I think a planetary event like a heart opening is something that has to be worked up to gradually and us discussing it, here and in future articles, enters it into the collective consciousness as a possibility, contributes to the unfoldment of the Plan, and helps us enjoy and relax into the experience when it comes.

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Here's the Divine Mother confirming that Sahaja Samadhi is the culminating event in Ascension:

Steve Beckow: I'm trying to understand what level of enlightenment Ascension corresponds to. And I think it's beyond the normal seventh-chakra enlightenment. I think it is what is called — and I'll make this clear to readers — Sahaja Samadhi. Am I correct?

Divine Mother: Yes. It is beyond what you think of with your seven chakras. ... We have emerged from the Third-Dimensional realm, which is that reference point for the chakra system, into the new. So yes, you are correct, in this question and in this statement. (8)

It's beyond Brahmajnana or seventh-chakra enlightenment. It's beyond the Third Dimension - in fact, liberation from it. Sahaja Samadhi is a full and complete

opening of the hridayam or heart aperture, so that a river of love, depicted as an inner tsunami, flows through us, wiping us clean and leaving us immersed in itself.

We're working our way up to this experience gradually so we don't burn our circuits out.

Like the Reval, when it comes is not a matter of dates; it's a matter of vibratory level.

It seems such a simple matter. Of course these events are triggered when the vibratory level reaches a certain point.

The whole of the enlightenment cycle for an individual depends on the level reached by the shakti, the divine energy, the kundalini. Why would it not be the same for a planetary society? When we reach a vibratory level capable of understanding and welcoming the experience, I'm guessing, it'll come.

But we can be living into the experience in every way we can before the event. (9)

For us, Ascension is blessed service. For the mass of the population, it's the greatest gift they'll have received in their lives to date. More glorious gifts await us all in the future, till the end of time.

## Footnotes

(1) "Bright Star: An Account of a Heart Opening," December 29, 2017, <https://goldenageofgaia.com/2017/12/29/bright-star-an-account-of-a-heart-opening/>

(2) Divine Mother: You have been looking at the chaos and understanding. Not engaging with the chaos with anger, fear, and outrage but simply observing, understanding that this has been part of the human tragedy but not fully engaged in it. So yes, you are ready [to ascend], Sweet One. (The Divine Mother in a personal reading with Bright Star through Linda Dillon on Jan. 29, 2019.)

She added:

Divine Mother: You know when you go to the ocean or the river or the lake, there is always one person that has to jump in first and there is always this worry, "How cold is the water?" Well, you are jumping in but do not worry. It is My Infinite Ocean of Blue [the Ocean of Love] and the water is lovely.

So, yes, this is your breakthrough. ...

What you are doing is you are demonstrating, you are role modelling, you are teaching and you are leading and showing [the way]. ("The Tide has Turned: Reading with the Divine Mother and Bright Star, Jan. 29, 2019," February 3, 2019, at <https://goldenageofgaia.com/?p=298325>.)

(3) "Cmdr. Ashira of UFOG talks about the Universal Laws and how/when to use them..." May 9, 2014, at <httpss://counciloflove.com/2014/05/cmdr-ashira-of-ufog-talks-about-the-universal-laws-and-howwhen-to-use-them/>.

(4) "The Divine Mother: We are Creating a New Species of Humans," channeled by Linda Dillon, July 10, 2014, at <https://goldenageofgaia.com/2014/07/12/the-divine-mother-we-are-creating-a-new-species-of-humans/>.

(5) On this subject, see the database entries following "Enlightenment - Enlightenment is the purpose of life" at [https://goldengaiadb.com/index.php?title=E#Enlightenment\\_-\\_Enlightenment\\_is\\_the\\_purpose\\_of\\_life](https://goldengaiadb.com/index.php?title=E#Enlightenment_-_Enlightenment_is_the_purpose_of_life)

(6) Archangel Michael in a personal reading with Steve Beckow through Linda Dillon, May 6, 2013.)

(7) "The Mother Promises a Massive Heart Opening – Part 2/2," September 6, 2017, at <https://goldenageofgaia.com/2017/09/06/the-mother-promises-a-massive-heart-opening-part-22/>

(8) "The Divine Mother: Come to Me as I Come to You – Part 1/2," Oct. 17, 2012, at <https://goldenageofgaia.com/2012/10/the-divine-mother-come-to-me-as-i-come-to-you-part-12/>.

(9) I personally draw love up from my heart on my inbreath all the time. If I were smart, I'd be meditating on this one action a tremendous amount more than I do.



# The Gradual Nature of Ascension

July 14, 2016

<https://goldenageofgaia.com/2016/07/14/gradual-nature-ascension/>



I'd like to take a deeper look at what Archangel Michael said recently in a personal reading. It's a clear indication of the gradual nature of our Ascension. He said to me:

Archangel Michael: You are fed up.

Steve: Yes, fed up with waiting. Nothing seems to have happened [on the Reval, personal Ascension, etc.] and here I am dangling again. ...

AAM: You are not dangling. You are in the process of your Ascension and what is coming to the forefront is the tiny remnants – and, yes, we know to you it feels massive – but it is the tiny remnants of what remains in terms of your attachment to the old human experience. That is why it feels so intense. (1)

"You are in the process of your Ascension." So Ascension is a process. Yes, it's also a snap at moments of enlightenment like Brahmajnana and Sahaja Samadhi. But for the rest it's gradual.

Zen is sometimes described as being divided into sudden and gradual schools. But is not the truth that both are true? Enlightenment may take decades or even lifetimes of slow, gradual progress before, in a snap, enlightenment occurs. The process of which enlightenment is a part is both gradual and sudden.

And how could our Ascension be anything but gradual in important phases? We're not discarding the physical body; we're taking it with us, refurbished, updated, lots of power under the hood. I got to see that we cannot overstretch the body from my [prostaste] operation.

I got it. I got it! No more lessons needed on that one. We have to observe the manufacturer's limits on this human frame.

In terms of the Company of Heaven's communicational strategy, I don't think it would have made a lot of sense in the early years of preparation for Ascension (1990-2010) to emphasize the gradual.

I'd have emphasized the sudden, use that to build momentum, and then deal with the disappointment of those who choose not to remain till the end. That'd be in preference to emphasizing the gradual nature of Ascension and attracting very little attention among the populace of Earth - and fewer ascending.

And, to tell the truth, I think that's what they've done. And if I take that a step further: I wake up to the need to support this effort to keep people awake and alive to the end, and to stop my own foot dragging because I personally am weary and discontented.

So "tiny remnants" are coming to the surface. Again the mere fact that there is a step in the process that Ascension is during which "tiny remnants" due to remaining attachments to Third Dimensionality (habits, vasanas, conditioning) are coming to the surface establishes that the process has steps. A process which has steps over time is a gradual process.

As to the "tiny remnants" themselves, they feel like "massive" icebergs or meteors to me. I am going through the worst of our common feelings - loneliness, depression, disappointment, you name it - every day. Doesn't this remind you of the initiation process - the cleansing - seekers had to go through in past times?

It's serious but not fatal. Serious because it's necessary work. But not fatal because I know I'll weather this next storm with flying colors. The only one of the voices inside of me who'd say otherwise is the one who derives satisfaction from perpetually complaining. And I'm not listening to him any longer.

All that has ever harmed me has only been my own thoughts and feelings - what my brother Paul would call "our interpretations."

I know the remedy so I won't suffer. The remedy is to open to the experience of these awful feelings and be with them until they complete themselves and disappear. Anything else is resistance and causes persistence. Only being with them causes their disappearance.

Nevertheless, as one who's agreed to mark the trail, this latter part is at least one of the dark nights of the soul that we sometimes come across. It may be the last or it may not. I don't know. I just know, as AAM said in the reading, that it will all work out.

Going through these feelings and seeing that it takes time, and knowing that it's only one step in the process that Ascension is, I get experientially that Ascension is a gradual process.

### **Footnotes**

(1) Archangel Michael in a personal reading with Steve Beckow through Linda Dillon, July 1, 2016.

# Why a Gradual Ascension?

March 1, 2017

<https://goldenageofgaia.com/2017/03/01/why-a-gradual-ascension/>



You can see that all of the historical and monumental movements continue to go forward, though much of the movement is unseen and known only from rumor and hearsay.

Three are underway - Ascension, Abundance, and Disclosure. I wanted to talk about Ascension today.

I can vouch from my own experience that a gradual Ascension is occurring.

I've been privileged to have been given - in some cases brief - glimpses of various aspects of Fifth-Seventh-Dimensional life - love, bliss, and the Self.

Direct experience always fosters confidence and certainty. I don't need any other testimony than my own direct experience (1) to say that a gradual Ascension to a radically different (and improved) existence and experience of life is gradually unfolding. I know it for a certainty just by looking back on my own history over the last four or five years.

Why must Ascension be gradual?

Well, first of all, we're talking about the Ascension of as many on the planet as have assimilated sufficient light to "hold" Fifth-Dimensional vibrations. That's a lot of people and it's a spectrum of people. Someone from the Company of Heaven

once said that if Ascension were sudden, people might go insane on the other side wondering where their normal lives went to.

And then there's the matter of the human body.

I can only cite my own case with confidence. Much of the time, I'm exhausted. And some of my colleagues report the same.

Adjusting to these new energies (Porlana C, on top of the Tsunamis of Love and One) leaves me feeling like a wrung shirt. And I asked for a generous dose of it. This is what I got.

I see perfectly that the human body can only take so much. This Ascension has to be gradual or its demands on us will exceed our ability to accept and adjust. Pssst. It doesn't matter if you're an embodied seraph. Your body still won't be able to take it.

Ten strands of DNA are coming online. Our bodies are changing from carbon to crystal. I think we have no idea of the amount of change additional to that that's being asked of us right now. So Ascension must be gradual for all of us to survive it, so to speak.

It's commonly said in Hinduism that the body of a person achieving *moksha* or liberation lasts no more than 21 days. It's burned out after that. *Moksha* equates to Sahaja Samadhi, the culmination of our Ascension.

Burned out isn't meant to be our fate. We'll not only survive our *moksha* or Ascension but flourish. And for that to happen, we have to make the adjustment gradually.

Gradual for me is still flat on my back an inordinate amount of time. Absolutely without energy. Even having a bath is an effort.

All the time I know it isn't me that's tired out. It's the body.

## Footnotes

(1) Remember Werner Erhard's dimensions of knowing/certainty? At mystery about, at belief about, at thought about, at feeling with, acting upon and gathering testimony about, and realizing you don't know.

Here is the line between unconscious and conscious awareness.

On the other side is conscious awareness, natural knowing, direct experience, experienced experience.

To live in that space continuously ... *I don't know* if that equates with Sahaja Samadhi. It might.

# The Necessity for Ascension to be a Gradual Affair

May 20, 2020

<https://goldenageofgaia.com/2020/05/20/the-necessity-for-ascension-to-be-a-gradual-affair/>



Out of the pandemic (May 2020), many of us have been on lockdown and that's given us plenty of time for reflection.

At the same time the energies are being steadily ratcheted up and sometimes it's causing old issues to rise to the surface, like squeezing a tube of toothpaste.

Pandemic, energies, cabal takedown.... I guess it shouldn't be a surprise that I've been battling fatigue day after day.

I'm also in a reflective state of mind during lockdown. So, focusing on the rising energies, I asked myself: What does it say that I should be so fatigued by a simple rise in energy?

What it says to me is that, if I'm bowled over by this amount of energy, can you imagine how I'd be blown apart if I jumped from here to Ascension itself, by which I mean Sahaja Samadhi, (1) in one go?

My body probably could not withstand the shock.

Look at how we (OK, I) complain about slight Ascension symptoms like fatigue. Imagine how we'd be complaining if we doubled the pace at which we're ascending. Tripled the pace.

The hospitals would be flooded with people having what they regard as serious symptoms. The cabal and the mainstream media would be calling it "Ascension Sickness."

We need the pace to be bearable, not only for us but for the billions on the planet who have no idea what might be happening.

Archangel Michael allows us one exception to going from here to Ascension in one go: "Visit; don't stay," he tells us. (2) He explained to me, as I've mentioned a few times, that I would not want to remain in service if I ascended.

To be sure, there are sudden events, seeded into our gradual timeframe. In my most mature opinion? They happen when the Mother and the archangels judge that we're ready for them, consistent with our life's plan. They cement our progress.

They include heart openings (fourth chakra), third-eye openings (sixth chakra), and Shiva and Shakti's reunion or Brahmajnana (seventh chakra).

And then comes the one event that can justifiably be called "the Event" - a full and permanent opening of the heart in Sahaja Samadhi, beyond the seven-chakra system.

If you need a marker, then I suggest this be it. By the time we have it, our hearts will have been tenderized to withstand and enjoy the explosive experience of love and bliss that awaits us.

That's all. I just needed to talk about something other than the chaos occurring as Earth undergoes a change in planetary management.

## **Footnotes**

(1) Sahaja Samadhi is a stage of enlightenment marked by a full and permanent heart opening. Sahaja means "natural."



Because it results in a transition from Third/Fourth Dimensionality in which people live, die, and are reborn, it is called liberation from the wheel of birth and death.

Buddhists call it nirvana; Christians call it heaven. Buddhists call the stage of enlightenment it is Buddhahood; Christians salvation and redemption; Hindus, mukti, moksha, or liberation.

(2) Steve: Can you help me make sense of returning to my interdimensionality while not becoming a guru figure?

Archangel Michael: It is very simple: Visit [the higher realms]; don't stay.  
(Archangel Michael in a personal reading with Steve Beckow through Linda Dillon, May 6, 2013.)

# Why Ascension Must be Gradual as well as Sudden

April 3, 2022

<https://goldenageofgaia.com/?p=334333>



Too much enlightenment too fast and we might not be able to stand it.

We talk about dark souls leaving because the vibrations have gotten higher than they can tolerate. There are circumstances where we too would find ourselves in the same position of not being able to tolerate the vibrations.

Archangel Michael named one such experience that would cause the death of the body:

"For my full presence to suddenly apparit [appear] would probably cause you to drop dead. " (1)

That'd be one way to get my interdimensionality back, but not one that was in the Plan. Apparently I'm worth more alive.

Lesser experiences can also overtax the body, as the Arcturian Group discuss:

"The third dimension is a dimension of time and space. If an individual were to suddenly be infused with the fullness of high-dimensional energy, their physical body would not be able to handle it and would die." (2)

That isn't what the Divine Mother wants:

"I have no desire to electrify, overwhelm, or electrocute any of you. My plan is not to wipe the planet clean of humanity. Quite the contrary...it is to awaken, revitalize, reconstitute, recalibrate." (3)

When I grew impatient with the slow rate of progress, Archangel Michael indicated that the Mother was preparing us for the "full wave," as he called it:

"You can't say you are not feeling any of this. What you want is the full wave and you will get it. But the Mother is preparing people for it so that they do not end up completely overwhelmed." (4)

Ahhh, but why can't it be quicker? (I wanna be there? Are we there yet?) AAM responded:

"This [kundalini rising] isn't something that would necessarily happen very quickly. Now could we? Yes. Would it be wise to do that to the electrics and the mechanics of your body, to shoot such voltage through you? That would not be of love." (5)

So this is one reason why Ascension has to be gradual as well as sudden - to prepare us to exist in the higher energies. Another reason is not to startle people and send them heading for the hospital to diagnose their strange symptoms. Another is not to overload people who already are coping with social breakdown and financial challenges.

It's so gradual that we may not notice the changes. I've drawn attention to some of the changes in my body. (6)

If we don't know what to look for, we may miss it. For instance, I did not know to look for my baseline of emotional contentment rising until Michael pointed out that it was.

"You have experienced progressively, periods of unity, of transformative love, of ecstasy, of bliss that you feel (and I emphasize feel) that this comes and goes.

"But every time, you have had this experience it has edged you up a level. So that now you say to me, 'Michael, I feel like I have a new baseline. I have a new foundation of happiness.' ...

"Think of how every time you especially enter the transformative love, that is a snap. It is not the full dramatic snap but it is a snap. Each time you are progressing up what you can think of as a level.

"Think of [entering] your love as flying back and forth through the [Ascension] portal. Now sometimes you're aware and sometimes you're asleep." (7)

I think his description illustrates the gradual way in which we're given what he once called "bite-sized" packets:

"You have been given bite-sized pieces of energy, of energy bumps, of input of what you can digest and handle and truly bring to fruition. If you are in the process of expansion, you don't go from Grade 3 to a PhD in a week." (8)

So that's it, really: We don't go from Grade 3 to a Ph.D. in a week. Our bodies are slowly being transformed. Our spirits are being slowly revived and hydrated and opened to what in the final analysis will cause us to ascend: higher-dimensional love.

### **Footnotes**

(1) Archangel Michael in a personal reading with Steve Beckow through Linda Dillon, Dec. 26, 2012.

(2) "The Arcturian Group via Marilyn Rafaelle, Dec. 1, 2019," at <https://goldenageofgaia.com/2019/12/01/the-arcturian-group-via-marilyn-rafaelle-dec-1-2019/>.

(3) Universal Mother Mary, Saturday Conference Call, "Allow Yourself to Float on My Love, May 21, 2017, through Linda Dillon, at <http://counciloflove.com/2017/05/allow-yourself-to-float-on-my-love/>.

(4) AAM, *ibid.*, April 29, 2014.

(5) *Ibid.*, Nov. 16, 2011.

(6) From "Building Social Capital Important Now," April 1, 2022, at <https://goldenageofgaia.com/?p=334284>:

"While I'm here, I've mentioned something else a few times: My body is changing. I looked in the mirror this morning and I appear to be twenty years younger. Muscles are gradually reforming; signs of ageing, of which there are not all that many, are receding. Slowly but surely, I think, we're being refitted to stand the higher vibrations of Light awaiting us."

(7) "Archangel Michael on Snaps, Expansion, and Ascension," June 6, 2017, at <https://goldenageofgaia.com/2017/06/06/archangel-michael-on-snaps-expansion-and-ascension/>.

(8) "Archangel Michael on Truncated Experiences," March 21, 2017, at <http://goldenageofgaia.com/2017/03/21/aam-on-truncated-experiences/>.

## Slower than I'd Like but Necessary

December 13, 2020

<https://goldenageofgaia.com/2020/12/11/slower-than-id-like-but-necessary/>



If we'd have ascended in 2012, apparently 30% of the Earth's population would have entered the new vibratory environment. (1)

That 30% - perhaps 2 billion? - will have been the people able to survive in the more refined vibrations of the higher dimension.

The people who were left behind would not have been able to handle the light of those regions.

But the collective consciousness cried out for more time so that all who wanted to could ascend. And the Mother agreed.

Even if I as an individual was not aware of participating in that choice, made at the level of the collective consciousness, I experience my choice in aligning with that decision now.

I remember Sanat Kumara saying in 2013 that the Company of Heaven did not warn us about 2012 because they didn't want to kill the momentum, which was very productive. (2) I don't blame them. I'd have made the same decision.

Fast forward eight years and we're tapping our fingers on the table wondering what's happening.

In the past I've mentioned the fact that the human body would only be able to tolerate a certain range and amount of energy being pumped through it. The mind would only be able to handle a certain amount of symptoms before becoming unhinged. The Company of Heaven has to go slow or they'd create complications for everyone.

But there's another side to it. The people who would have ascended in 2012 were ready to ascend. The additional people who are now to ascend are not necessarily ready for any of a thousand reasons.

Among the provisions made for helping them become ready to ascend are our own efforts as lightworkers.

It's hoped that we'll work with the open and receptive; others may reject the choice of ascending. The Law of Free Will requires us to allow those who reject Ascension to go their own way blessed and unmolested.

But the ones who want to ascend and must - "get up to speed" is the only term I can find for it - are, I predict, where the work and the challenge will come for us.

We hear of ascended masters returning so mentorship will be available.

Perhaps it's better that a terrestrial say this than someone else: I think we need to adjust our alarms, maybe even turn them off altogether.

Ascension is not going to happen tomorrow. There's work to be done before what Michael has variously called ignition and the snap (Sahaja Samadhi, the culmination of this 3/4D Ascension).

It falls to us to take up that work.

I'm 300 pages into a new compilation of articles on Ascension. [this very book] I know full well that I'm doing these compilations as part of the effort to speed the newcomers along in their understanding of what exactly is happening.

But I also get that I contribute as well by accepting that the pace is slower than I'd like but necessary.

## Footnotes

(1) “Now as you know, during our latter conversations, it was still felt that about 30 percent of the population was, shall we say, good to go. Then there was the gray area, and then there were those who were well behind the fence.” (Archangel Michael in a personal reading with Steve Beckow through Linda Dillon, Feb. 19, 2013.)

(2) Sanat Kumara: So why did we not warn you that you might be disappointed? Because the energy, the forward thrust of what you were creating together with us, was so strong that we had no desire, particularly in the unfoldment of the Mother’s plan, to say, “Wait a minute, and stop. Let us take time out and breathe.” Because that would have ... hmm ... you have a saying, “put a wrench in the works.”

Does that mean that we set you up? No. What it means, actually, sweet angels, is that there are times when even we are surprised. Yes, I know. Yet it is so. We know of the grander plan and the unfoldment of that plan on Earth and elsewhere. And let me tell you that the unfoldment and the Ascension of Gaia and everything upon her is a very big piece of the plan, which is infinite and eternal. So when I say that, within that context, please understand what I am telling you. (“Sanat Kumara: Our Heartfelt Apologies to the Disappointed,” Jan. 7, 2013, at <https://goldenageofgaia.com/into-the-golden-age-of-gaia/the-midpoint-of-ascension/sanat-kumara-our-heartfelt-apologies-to-the-disappointed/>.)



# Is a Sick Body a Barrier to Ascension?

February 5, 2019

<https://goldenageofgaia.com/2019/02/05/is-a-sick-body-a-barrier-to-ascension/>



*Is a sick or disabled body a barrier to Ascension? Why is the pain increasing?*

*In the course of research, I came across this passage in which Archangel Michael addressed these questions, on An Hour with an Angel, June 12, 2014.*

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"Archangel Michael: The Mother's Essence Within and Without are Colliding - Part 2/2," channeled by Linda Dillon, June 12, 2014, at <https://goldenageofgaia.com/2014/06/15/archangel-michael-the-mothers-essence-within-and-without-are-colliding-part-22/>.

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Steve Beckow: Lord, a question for you. One of the big new developments in this Ascension is ascending *with* the human body. What have you found, and when I say you I mean the team that is staging Ascension, what are the considerations that are facing you with regard to the human body's frailty, with regard to not going too fast, burning out the circuits?

Archangel Michael: This is a very good question and it is a question that many of you have posed to me in prayer or even in pain. I will be very frank. The human body has required a lot of work. It is not in great shape.

I don't say that critically but you have asked a very important question. It [physical Ascension] is unique. It is the first. We are taking this form, you, each of you are taking this form and not merely abandoning it, but bringing it forth inter-dimensionally, to a higher vibration, to what you can think of as a reconstitution.

This is also part of the recovery that I have referred to earlier. It is not simply the infusion of the love. It is also the recovery, the strengthening of the body and many are reporting that. The channel forgot to mention that part, but I will help her out.

So, for decades you know that your body has been shifting and for some of you that began as far back as the Harmonic Convergence, through all these shifts, the 11:11's, the 12:12's, the Grand Crosses, the solar flares.

But this has been magnified and intensified in the past couple of years; well, actually about three and a half to four years. You're shifting from what you think of as the carbon-based form to a crystalline form which is simply meaning that the structure of your being is more able to not only hold the higher frequency and vibration but also act as a transmitter.

And there are many side benefits in terms of healing and in terms of telepathic communications and simply clarity of downloads. So that has been one thing.

The thing that we have been most focused on – and I truly speak for my brother Archangel Raphael, oh yes, and St. Germaine, he is giving me the nod as well – has been the strengthening of the body as we eliminate what you think of as disease, maladies, weaknesses in the human body.

You have asked about the Ascension team. Now I'm telling you, the priority is the elimination of pain because it is very difficult to be in the upliftment, in the elevation, in the bliss when you were in pain. You have moments of bliss and then your body calls you back.

That is one of the reasons why also for the last while so many healing ships have been positioned so close to Gaia and have been working completely non-stop. That is an aside that I make.

You do not have the existence of dis-ease, pain, limitation, in the higher dimension. So, why are we concerned about addressing this while in the, shall we say, cleaned-up 3rd?

Because when you are more dis-ease-stronger, more vital, more in your root chakra, then you are fully capable of taking that quantum leap.

Additionally, it is a mission of mercy, of compassion, to heal humanity because in that demonstration of the clearing or the lessening of pain, emotional, mental, physical, and spiritual, they are all in the same bandwidth. In that demonstration, what you are receiving is the message, “I am worthy, I am loved,” and that is also part of the cleansing and the raising of your vibration, your frequency, your trust factor, your faith factor. So it is complex.

Now, your next question would be, “Then why am I hearing from so many lightworkers that they are feeling more pain than ever, of one sort or another?” And it is because the pain, the injuries, mental, emotional, spiritual, physical, old ailments, even past life ailments, are coming to the surface to be washed away, to be removed, from the Tsunami, from the Mother, from Raphael, from St. Germaine, from your star brothers and sisters. Everybody is working on this.

The idea, the plan is that your vessels are as vibrant as possible. Now let me be clear about this because I can feel several of you who are out there saying, “But I am still feeling crippled. I’m still feeling overwhelmed and depressed. I still have heart palpitations. I still have arthritis, My back still hurts.” I speak to you as your brother, as truth. Your Ascension is not dependent upon your body being fully recovered. It is a benchmark that we are working on achieving.

Will there be healing as you pass through the portal? There most certainly will be. Is there magnificent healing in the Tsunami? Yes, but do not think, especially those of you who have suffered and cleansed for so many, do not think for one moment that I am going to leave you behind. Our legions will lift you up and carry you through.

It is your heart, and the love, and the purity, and the grace that is your passport, your ticket. We simply want your body to be as full and as vibrant as possible, as you decide, as you have originally designed, because do not forget my sweet friends, that this is a return to your true design.

And your true design, your soul design, your original architecture did not include dis-ease. And that is also true for Gaia. The ailments, shall we say, that she has endured or suffered as a result of the illusions, and the false grids and paradigms,

vasanas of humans, the pollution, the debris, the garbage, the despoiling, this will be healed as well.

## ⌘ ⌘ Enlightenment, Realization, and Ascension ⌘ ⌘

# Archangel Michael on Enlightenment and Ascension

December 26, 2016

<https://goldenageofgaia.com/2016/12/26/archangel-michael-enlightenment-ascension/>



*We're excerpting a past Hour with an Angel discussion with Archangel Michael on the similarities and differences between enlightenment and ascension. From July 2016.*

SB: [I'd like to] correct, if need be, my own impressions from some time ago that ascension followed the levels of enlightenment which are well known to Gaia's sages, terrestrial sages. I'm no longer sure if ascension follows those chakra-related enlightenments. (1)

AAM: Shall we begin with the process and stages of enlightenment? ...

In your understandings – whether it is eastern or western, north or south – you have had delineations in terms of levels and, even in terms of the realm of human existence, twelve dimensions, twelve planes within each dimension. You have been given the construct and the understanding that one progresses step by step by step.

And, the underlying or underpinning comprehension to that is that you cannot go to, say, step 24 unless you have completed 10 to 24, that this is a progression and your terminology so often used is a journey. And, I think you would all agree - and even those who never listen to this program, if posed the question would agree, because do not forget, I speak to all of Gaia - that there is a sense of forward thrust.

There is a sense of progression, and that sense of progression comes from the feeling, but, more importantly, the wisdom and the knowing that all of you – and

we will stick to this process of what is occurring on Earth and Gaia – all of you are in a process of forward thrust back to the Mother, Father, One, Source.

So, there is this inherent sense that you want to move, move, move forward. And, in that, gain closer, higher, fuller, more intimate connection to your Self and to the all. And, that is what the journey and the process of what you think of as enlightenment is about.

There are similarities between ascension, and you may feel free to interrupt me, my brother, between ascension and enlightenment. But, understand, so often with enlightenment, the process, unless you are completely in Sahaja Samadhi, is that you are in, out, and at times separated from your abilities to fully integrate into your body. Now, in ascension, in this process of what you and we have called ascension, there is the process rather than leaving or elevating your consciousness to a level where you are connected, it is that you are coming and going at the same time.

Let me explain. You are bringing into your form – and there will be some bleed through in discussion of light bodies – but you are bringing into your form the conscious practicality, awareness of union with One. That is why we gave you the 13<sup>th</sup> Octave. It was to prepare you to be the inhabitants of your being in a level of complete union. So, let us explain, to be home with One, with Mother, Father, All, but also to be in your body.

Now is this an evolution, or perhaps what you would you think of as evolutionary jump, a quantum leap, and that is why we have used that term so often over the years? It is a quantum leap in terms of how you define what it means to be human. And, in that, the sensation, or the experience may often feel not necessarily true, but it may often feel as if you have skipped many of those previous layers or steps that we have talked about a minute ago.

But, let us explain. The ascension in many ways can be called descension. So, it is anchoring. Now, you have had this concept of separation, not only between steps and layers and processes, but in and of yourself. And, the ultimate separation, of course, is what you have called and experienced and termed death, when you have left your body. So you get to go home and to be free of this burden called the physical vessel. But this physical vessel has been so ignored, depleted, underestimated. (2)

*Let's combine what Michael said with what Jesus said yesterday:*

Jesus: What is ascension? You know when I spoke to the people 2000+ years ago I tried to keep it simple and that is a good rule of thumb even today in 2017.

Ascension is the conscious heart living of love. It is the expanded heart consciousness. When you are fully in your heart consciousness, what happens? A number of things get triggered. Your intellect, your mental capacity and what you think of as emotional capacity is cleared. Your intellect, your mental capacity expands phenomenally.

Your ability to understand, to perceive, to see and to truly feel the love – not simply romantic love – that you begin to engage in – and so did I – at around twelve or fifteen or twenty-four. You become the love, you are the love. This isn't something again that you are needing to be taught; it is your fundamental self; it is who you are. (3)

### **Footnotes**

(1) When the kundalini reaches the fourth chakra, stream, one comes to know the Child of God, the Christ, Self, or Atman. When the kundalini reaches the sixth chakra, one comes to know the Light that the Mother is. When the kundalini reaches the seventh-chakra, one comes to know the transcendental Light the Father is. After that, when the kundalini reaches the spirit heart via the Atma Nadi, one is liberated or ascended.

(2) "Transcript ~ AHWAA: Archangel Michael on The Descension of the Higher Self, July 28, 2016," at <https://goldenageofgaia.com/2016/08/20/transcript-archangel-michael-descension-higher-self-july-28-2016/>

(3) "Jesus's Christmas Message: 2017 a Year of Extraordinary Fulfilment," at <https://goldenageofgaia.com/2016/12/25/jesuss-christmas-message/>



# Are We Popping Yet?

October 8, 2022

<https://goldenageofgaia.com/?p=338941&preview=true>



In 2014, Archangel Michael said:

"The level of great awakening that is already occurring, all over your planet with the exhaustion of the human race is the best news that we have witnessed in a long time.

"So, for some, they have already ascended. And that is what sweet [K] feels: she knows that the awakening has already occurred and there are already many flying in and out, and they don't require a snap.

"Some will require the 'Full-Snap.'" (1)

Well, there you have it. Archangel Michael in 2014 telling us: Ascension is individual. Let me compare it to popcorn. The kernels pop at their own speed but only a few escape popping.

Some have popped already. Some have partially popped and are partially still in the shell (because that's where the work is).

So when it's said to grab the popcorn and enjoy the show, we ARE the popcorn.

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But, seriously, about "the 'Full Snap' .... As we approach Ascension, we move beyond the seven-chakra system. The next stop is Sahaja Nirvikalpa Samadhi, a full and permanent heart opening, in a body transformed into crystal, capable of interdimensional travel.

Sahaja is called by a dozen names. It may be best to list some of them so there's no mistake because there has been some confusion in the past.

In my view, these terms are equivalent: Sahaja Samadhi, Vijnana, Buddhahood, the other shore, Salvation, Redemption, Resurrection, moksha, mukti, liberation from birth and death, Ascension. (2)

This event is known to all religions. (3) It was known as part of the Perennial Philosophy, the Ancient Wisdom, the *Dhammapada*. Just not known to this generation.

Here's my prediction. I think this is how it works. When it becomes so well known to us that we have a settled conviction about the matter (Ascension is a full and permanent heart opening, called by many names), the impact on the collective consciousness will cause a streamer of "settled conviction" to ripple through it and be a stabilizing influence. We shall see.

So, evidently, where we're going is a full and complete heart opening. The heart is a portal to - with the opening of this new space and the change of rules - all the higher dimensions. (4)

And every one of them is saturated with what Kryon recently called "multidimensional love." That's the key to understanding them: not their etiquette or stable societies. No, the transforming, transfiguring love that flows like a

sensationless river on any higher dimension - that's what explains everything else about it. (5)

Some are getting there gradually and some will need "the full Snap" - Sahaja Samadhi. Some are not there; some are; and some are going back and forth.

As Sri Ramakrishna reminded us, some will get their meal in the morning, some at noon, and some at night, but all will be fed. There is no need to fear missing out.

### **Footnotes**

(1) Archangel Michael in a personal reading with Steve Beckow through Linda Dillon, Nov. 21, 2014.

(2) These experiences are lesser than Sahaja and still within the Third-Dimensional framework: Brahmajnana, jnana, Cosmic Consciousness, "Transcendental" Consciousness, Seventh-Chakra Illumination, God-Realization, Self-Realization, etc.

It isn't that God or the Self are not eternally-unfolding objects of realization. They are/It is. It's that the experiences that we're referring to when we use these terms are short of Ascension.

(3) The higher dimensions are the destinations of all religions, called a better state, promised land, paradise, Elysian Fields, heaven. Religious leaders are often those who have glimpsed or attained a higher dimension in consciousness. If not, what have they to offer the people that might be called "religious" - or, now, spiritual?

(4) I believe that all the people who have a near-death experience and go through a tunnel are going through the heart door or hridayam into a higher dimension. (I don't think they're going through the fontanelle.) Which dimension is probably now determined by the law of attraction, given that our dimensional reach with this Ascension will increase.

(5) So few writers about the afterlife or higher dimensions emphasize the fact that the great explanatory phenomenon on all the higher realms is the unimaginably-wonderful love in which they're all immersed. Perhaps it's invisible to them and only visible to a visitor.

## **Further Reading**

- [Gateway to Higher Dimensionality: Understanding Ascension Vol. 1](#)
- [Gateway to Higher Dimensionality: Understanding Ascension Vol. 2](#)
- [Gateway to Higher Dimensionality: Understanding Ascension Vol. 3](#)
- [The Purpose of Life is Enlightenment](#)

# Enlightenment in Context

August 31, 2017

<http://goldenageofgaia.com/2017/08/31/enlightenment-in-context/>



I'd like to make a few spiritual distinctions here to assist us in later discussions.

I'm offering a cross-cultural perspective on what may turn out to be the "sudden" steps in our otherwise gradual Ascension.

These are the conventionally-described levels of enlightenment up to and including the Fifth Dimension.

(1) The Mother has promised us a mass heart opening. This experience occurs when the kundalini reaches the fourth chakra.

Buddhism calls such a first-enlightenment experience, "stream-entering." Hindus call it "spiritual awakening." It fills one with hope and confidence.

(2) Next in classical enlightenment schemes is a sixth-chakra enlightenment experience which westerners call "cosmic consciousness." Hindus call it savikalpa samadhi (samadhi with form). I don't know what Buddhists call it. I have not had this experience this lifetime and so I cannot comment on it.

(3) The first transcendental enlightenment experience occurs when the kundalini reaches the seventh chakra. Buddhists call it becoming an arahant. Hindus call it Brahmajnana (God-Realization) and nirvikalpa samadhi (samadhi without form; i.e., transcendental samadhi).

(4) The arahant becomes a buddha, the Brahmajnani becomes a jivan-mukta (liberated while alive) when the energy moves farther and permanently and fully opens the heart. Not the heart chakra, but the heart. The *hridayam* or heart aperture opens as it did in the earlier heart opening but now remains open.

The resulting torrent of love incinerates the vasanas or core issues. In the earlier heart opening, which I imagine is not as strong as Sahaja, the vasanas were held at bay for the length of the experience. But they were not eliminated. Now they are.

This latter state is what classical scholars would call mukti or liberation. It's what completes our Ascension experience.

(5) If we end up in the Fifth Dimension, that's definitely not the final stop in our much broader Ascension.

Here's an example of a statement made at a deeper level of awareness of the Self than I've reached.

“All creation,  
“Streaming out of the Self,  
“Is only the Self.” (1)

I cannot make such a statement because I don't know what Ashtavakra, the author, knew. I've never experienced anything streaming out of the Self – not yet, that is.

(6) The final level of all our enlightenment, we think of as “Home.” We've now gone from God to God. But even here, new knowledge is upsetting my accepted beliefs.

The Mother has suggested that we can “come Home” to her and the Father whenever we need replenishment. I think this is what is meant by the 13th Octave.

Until hearing that, I thought it would take endless lifetimes to return Home.

This seems to reflect what Archangel Michael has said, that all the rules of enlightenment have changed:

Steve Beckow: Is the realm that we're building and taking our physical bodies with us to altogether new?

Archangel Michael: Yes, it is brand new.

Steve: Brand new, and the rules have changed?

AAM: That is correct. (2)

Not only are we entering into an altogether-new realm, which we're creating as we go along, but such important matters as dimensional access are being rearranged.

I'm having to drop matters right and left that I thought were "established" by the testimony of ancient sages.

Truly much of our old knowledge will no longer serve us. We'll be finding that matters are actually quite different and letting the old views go.

### **Footnotes**

(1) Thomas Byrom, trans. *The Heart of Awareness. A Translation of the Ashtavakra Gita*. Boston and Shaftesbury: Shamballa, 1990, p. 6.

(2) Archangel Michael in a personal reading with Steve Beckow through Linda Dillon, Sept. 16, 2015. On another occasion, I asked him about the need for repeated enlightenment experiences before Sahaja, as Sadhu Arunachala had asserted, and he replied:

"When [the text] was written it was absolutely correct. But, as you also know, the governing rules have shifted and changed." (Archangel Michael in a personal reading with Steve Beckow, Feb. 17, 2017.)

St. Germaine has also said: "You see, all the rules have changed." ("Transcript: Heavenly Blessings – St. Germaine on Where to Look for Results," channeled by Linda Dillon, July 15, 2014, at <http://goo.gl/OxNpnG>.)

# Enlightenment, Ascension and Evolution

June 6, 2013

<https://goldenageofgaia.com/2013/06/06/enlightenment-ascension-and-evolution-2/>



*Darwinian evolutionary theories were made to serve the interests of colonialism. They trace the supposed evolution of the body, but not of the spirit.*

Perhaps you'd permit me to speculate a little on what I believe to be the difference between enlightenment, ascension and evolution.

I'm not referring here to the evolution of the body per se, although the outer vessel does evolve. I'm more referring to the evolution of the consciousness within the body.

I conceive of enlightenment as a discrete and discontinuous event in consciousness that sees an explosion of awareness, insight, aliveness, well-being, satisfaction, bliss, etc. These effects can be lasting or not, depending on the level of enlightenment.

Enlightenment figures also in ascension and evolution. But enlightenment of and by itself may not result in ascension. To my way of thinking, ascension involves a



shift or advance in dimensions. But enlightenment may see a person remain in the same dimension.

Thus many terrestrial sages experienced three levels of enlightenment without ascending: spiritual awakening (when the kundalini reaches the fourth chakra), cosmic consciousness (sixth chakra), and God-realization (seventh-chakra).

Terrestrial sages like Ramana Maharshi also experienced Sahaja Samadhi, the level of enlightenment associated with the shift out of duality into unity (i.e., Ascension), without leaving their physical body, but they undoubtedly ascended on the death of the body (unless their mission required them not to do so).

Evolution involves ascension. This Ascension, for instance, we're seeing historic changes being made in the human body. Its active DNA strands have increased to 12 and its cellular structure is changing from being carbon-based to being crystalline-based. This is evolution right before our eyes and it's also Ascension.

Evolution happens by other means, including design, which I'm not knowledgeable enough to discuss.

In terms of what lies down the road from the human realm, Archangel Michael recently told me that humans do not evolve to the angelic kingdom. I thought they did but apparently not. I haven't had the opportunity to follow up on that discussion.

The ancient Christian Fathers - and even Rumi - believed that we evolved from the human rung to the angelic. I accepted the model without question. It made sense to me.

But Michael says no. What follows on from the human rung of evolution is therefore unknown to me.

I do know however that the Divine Plan is for us to evolve in consciousness until we realize to the fullest extent our essential nature as God. When we do, we return to God.

Some sources say we then emerge again and start the journey all over; some say we rest in God. Whichever is the culmination, our progress in the great journey is by enlightenment, ascension and evolution.

# Heart Openings, Sahaja, and Ascension

April 1, 2015

<https://goldenageofgaia.com/2015/04/01/heart-openings-sahaja-and-ascension/>



*Sri Ramakrishna in samadhi*

Let's look at sahaja nirvikalpa samadhi, which is the culmination of our Ascension.

One of Ramana's students, Swami Annamalei, tells us that, if there are any breaks in our awareness of the Self, we haven't reached safe haven yet.

“If there are breaks in your Self-awareness, it means that you are not a jnani [enlightened sage] yet. Before one becomes established in the Self without any breaks, without any changes, one has to contact and enjoy the Self many times.

“By steady meditation and the continued practice of self-inquiry, one will finally become permanently established in the Self, without any breaks.”  
(1)

Let's listen to Ramana describe the manner in which sahaja is achieved on his path of Self-Enquiry:

“Enquire into the nature of that consciousness which knows itself as 'I' and it will inevitably lead you to its source, the Heart, where you will

unmistakably perceive the distinction between the insentient body and the mind [i.e., see the Self].

“The latter will then appear in its utter purity as the ever-present, self-supporting intelligence, which creates, pervades its creation, as well as remains beyond it, unaffected and uncontaminated.

“Also finding the Heart will be experienced as being the Heart. When this experience becomes permanent through constant practice, the much-desired Self-Realisation or Mukti [Liberation] is said at long last to have been achieved - the 'I-am-the-body' illusion has [been] broken for ever.”  
(2)

And what about the vasanas - the trauma-born reaction patterns that ensnare us further into duality? When are they transcended?

With sahaja, the unwholesome vasanas fall away. The seeds of future reaction are incinerated. Those vasanas which are wholesome and don't lead to attachment persist, Ramana says.

“In Yoga Vasistha two classes of vasanas are distinguished: those of enjoyment and those of bondage. The former remain even after Mukti [Liberation] is attained, but the latter are destroyed by it.

“Attachment is the cause of binding vasanas, but enjoyment without attachment does not bind and continues even in Sahaja.” (3)

Let's go to *Yoga Vasistha* and read what Sage Vasistha says on that subject. He explains how the wholesome vasanas assist our liberation while the unwholesome ones are what keep us in the cycle of birth and death.

“Moksa or liberation is the total abandonment of all vasanas or mental conditioning, without the least reserve. Mental conditioning is of two types - the pure and the impure.

“The impure is the cause of birth; the pure liberates one from birth. The impure is of the nature of nescience and ego-sense; these are the seeds, as it were, for the tree of re-birth.

“On the other hand, when these seeds are abandoned, the mental conditioning that merely sustains the body is of a pure nature. Such mental conditioning exists even in those who have been liberated while living: it

does not lead to re-birth, as it is sustained only by past moment, and not by present motivation.” (4)

The use of similar terms does not make two events the same. A heart opening such as I had on March 13, 2015, is not the same as the heart opening we'll all have with Ascension.

A full and permanent heart opening is what ends our connection with the Third and Fourth Dimensions vibrationally and raises us to the frequencies of the higher dimensions.

That alone constitutes what the religions see as liberation from birth and death.

### Footnotes

(1) Annamalei Swami in Berthold Madhukar Thompson, *The Odyssey of Enlightenment*. San Rafael: Wisdom Editions, 2003, 110.

(2) Ramana Maharshi in S.S. Cohen, *Guru Ramana. Memories and Notes*. 6th edition. Tiruvannamalai: Sri Ramanasramam, 1993, 95-6. [Hereafter GR.]

Compare:

“The latter will then appear in its utter purity as the ever-present, self-supporting intelligence, which creates, pervades its creation, as well as remains beyond it, unaffected and uncontaminated.”

With:

“This entire universe is pervaded by me, in that eternal form of mine which is not manifest to the senses. Although I am not within any creature, all creatures exist within me. I do not mean that they exist within me physically. That is my divine mystery. You must try to understand its nature. My Being sustains all creatures and brings them to birth, but has no physical contact with them.” (Sri Krishna in Swami Prabhavananda and Christopher Isherwood, trans., *Bhagavad-Gita. The Song of God*. New York and Scarborough: New American Library, 1972; c1944, 80.)

(3) GR, *ibid.*, 89.

(4) Sage Vasistha in Swami Venkatesananda, ed., *The Concise Yoga Vasistha*. Albany: State University of New York, 1984, 5.

# Quick Review of Ascension and Sahaja Samadhi

Sept. 10, 2013

<http://goldenageofgaia.com/spirituality/cross-cultural-spirituality/quick-review-of-ascension-and-sahaja-samadhi/>



I've just had a very interesting conversation with a reader about Ascension and enlightenment and our journey to God. I'm sure the reader won't mind if I repost some of the points we discussed there.

Ascension constitutes a full-heart opening and equates with a level of enlightenment known as sahaja samadhi. Most sages achieve Brahmajnana, which is a temporary heart-opening and are said to be halfway up the mountain. Sahaja is the mountain top.

That is not the same as saying "full enlightenment." In my view there's no "full" enlightenment until we reunite with God. (1)

The heart that opens is neither the physical heart nor the heart chakra. It is the hridayam or spiritual heart-aperture, "located" (it's not physical) two digits right of the breastbone. The hridayam is a closed hole smaller than a pinhead, which remains shut until sahaja. (2)

On the other side of the heart pinhole resides the Soul, the Self, the Child of God, the Christ, Atman, prince of peace and pearl of great price which makes its influence felt but completes its connection with God in sahaja.

Sahaja and Ascension (they are the same) results in an end to the need to be reborn into the realm of physical matter. It's what Jesus was speaking of when he said they shall be made a pillar in the temple and go no more out. He meant go no more out into the material world by being physically born.

Of course, all dimensions are physical, until we reach the Transcendent One. Only the One is not physical. It's just that the substance of the higher dimensions becomes more and more rarified or refined. But it's still matter.

The Face of the One in the material domain is the Divine Mother. The Mother and the Father are one. But the Father in his native state does not move and makes no sound. The Mother is the Voice in the Silence, the Voice of One crying in the wilderness.

When silent we call God, the Father; when sonic, we call God, the Mother. When still, we call him/her (God has no gender) the Father; when active, we call him/her the Mother.

It's the Mother whose creative sound (Aum/Amen) calls all matter into being, holds it for a while, and then transforms it.

Once anchored in the Fifth Dimension and having attained sahaja samadhi, we've achieved what all the learning is about - liberation from birth and death. We need never be born again into matter and we need never die again.

Of course, all of us are immortal from the get-go. When we die, we don't die. We simply shed this encumbrance we call a body.

But past the Fifth Dimension, we no longer have to be born into a physical body. If we tire of this one, we create a new look for ourselves - extreme makeover! So Jesus, by saying we'd become immortal upon the resurrection, is really meaning not needing to be born and die in the world of matter.

It's the resistance presented by the body that allows us to learn lessons because we're brought face to face with hard and sometimes painful circumstances and these precipitate mistakes and we learn from those mistakes. It's said that we can learn in ten years in a physical body what it would take us 100 years to learn in an astral body.

Life on the other side, whether in 4D (the astral plane) or 5D (the mental plane) presents us with no such resistance and so we sail through life and learn less.

But all learning is simply geared to win us release from the wheel of birth and rebirth anyways. All learning is designed to bring us out of duality consciousness and into unitive consciousness, which Ascension will do. After that, learning is easier and our consciousness unfolds without the drag or inhibition that materiality places upon it.

Sahaja samadhi is a higher state than 99.9999999999% of all humans alive today enjoy. Only Ramana that I know of achieved sahaja samadhi among terrestrials, excepting of course the avatars like Gautama Buddha, Sri Ramakrishna and Mata Amritanandamayi. But they are not ascenders, but descenders.

Self-Realization is a relative term. Every enlightenment experience can be said to be Self-Realization, just at greater and greater depths. Awakening is an unfoldment. Enlightenment itself in some ways is the same but the intensity of the experience and the depth of the reception determines the extent of the opening. Sahaja completes the opening of the heart and the heart stays open, uniting the person and its Soul (the Christ, the Self).

Personally, if I were fully in Fifth Dimensionality and enjoyed sahaja samadhi, I would probably not give a further thought to enlightenment for, oh, perhaps a few hundred years because Ascension in itself is an exalted state compared to Third Dimensionality.

I'd probably be more interested in service and would gradually unfold from there on in. The really tough lessons would have been behind me by that stage.

## **Footnotes**

(1) In the Sixties and Seventies we used to call Brahmajnana "full" or "complete enlightenment." But of course it was not.

Conceiving it as full enlightenment led to confusion because allegedly fully-enlightened sages were still carrying on in ways that one would not expect from an enlightened being - having sex with their students, driving dozens of cars, and carrying on in other ways.

We now know that the vasanas are not completed until Sahaja so Brahmajnani was still in the grip of their vasanas. Only after sahaja are the vasanas or seeds of action and reaction fried to a crisp. A sahaji like Ramana would never carry on with his students like a Brahmajnani might.

(2) That is, except for a brief or temporary opening in Brahmajnana. Brahmajnana occurs when the kundalini reaches the seventh or crown chakra. Sahaja occurs when the kundalini doubles back on the spiritual heart.



# Realization and Ascension

August 30, 2020

<https://goldenageofgaia.com/2020/08/30/312959/>



Most people in the world don't know about Ascension. Most don't believe that we survive bodily death. Certainly most don't know that life has a purpose, a direction, a meaning. (1)

What we believe determines the world we live in - and the world we don't. Another way of saying that is to say that what we believe determines what dimension of consciousness we anchor our being in.

Matthew Ward described our situation a few years ago:

"Although Earth and all of her residents are in fourth density location-wise [now Fifth to Seventh], the majority of the populace still is within third density awareness-wise." (2)

Michael says that we're anchored in the Fifth but we don't realize it yet. So we've advanced since Matthew spoke in 2016 but we still haven't "caught up" to where we truly are.

Steve: I know that Gaia is in 7D. Are we in 5D and we just don't realize it?

Archangel Michael: That is correct.

Now if you're thinking where you are anchored, ... Gaia and the kingdoms, etc., are very firmly anchored in the seventh dimension of love and have been for quite some time. ...

If you are to make a generalized statement [it would be] that collective humanity, these beautiful Gaians, are in fact more firmly anchored in the fifth than anywhere [else]. (3)



As I said earlier, realizing is the highest form of knowledge. (4) Do we give much time to thinking about it? I wouldn't imagine so. May I spend a moment?

All realization is seeing things from a higher-dimensional perspective. It's a brief Ascension to a dimension higher in vibration than our own. We then bring back what we saw to the lower, everyday dimension - *if we can*. (5)

So realization is a higher order of knowing. We have many minor realizations, to be sure - bright ideas, light-bulb moments, inspired solutions to old problems, etc.

But major realizations - that would qualify as enlightenment - are much rarer. The levels that interest us, because they're on our forward journey, are:

- Fourth-chakra enlightenment, also called spiritual awakening and stream-entering, is usually the sight of the Self, but can also be a heart opening;
- Sixth-chakra enlightenment, also called savikalpa samadhi and cosmic consciousness;
- Seventh-chakra enlightenment, also called Brahmajnana, God-Realization, jnana, and kevalya nirvikalpa samadhi. Again I no longer want to put a limit on the ways enlightenment might show up; classically Brahmajnana is described as the seeing of a Light beyond creation. It's the first time we set foot in the Transcendental; and
- Finally, Sahaja Nirvikalpa Samadhi or Ascension, moksha, mukti, liberation from the wheel of birth and death; a full and permanent heart opening; entry into the Fifth Dimension of consciousness.



I wish I knew what it takes to "get up to" realization, but I don't. Or am I thinking only of immediate ways?

Long-term ways are clear and include purification in one of many forms - forgiveness, blessing, prayer, cleansing of vasanas, service, etc. Purification is aimed at restoring us to our original, pure, and natural Self.

But whether purification takes us all the way... I don't know. What was it Bernadette Roberts said? She knows.

"At a certain point, when we have done all we can [through purification, to bring about an abiding union with the divine], the divine steps in and takes over." (6)

I favor the view that we take one step towards God and God races a mile towards us. I no longer believe we achieve enlightenment by our own efforts but by the grace of very real, higher beings (the Mother and the archangels). I think it helps to ask them for it. (Ask and ye shall receive.)

I imagine a lot depends on whether we're in service or not and what that service is. I know that, for some, becoming enlightened *is* service. But for some others enlightenment would mean an end to service. They forego it until everyone else has ascended.

If one is in service, which requires us to interact with everyday people, I'd expect experiences to be only enough to encourage us but not enough to tear us away from our work.



A realization as advanced as Ascension to the Fifth Dimension of consciousness will have an impact on the body, as the Company of Heaven knows. Let me spend a moment on that because it's important.

Their concern for the survival of our bodies is what has us go slowly in our work-up to Ascension - that and the need to bring along billions of people who simply have no idea of what's going on.

Realizations less senior than Ascension have seen spiritual aspirants give up their bodies. There's a famous spiritual discussion to the effect that Brahmajnana or

God-Realization, an event within the Third Dimension, leaves the ordinary person's body so shattered that they survive no more than 21 days.

I imagine that their intense desire for enlightenment, no matter what the cost, persuaded the Mother and the archangels to agree to something that would prove fatal for them.

I personally don't think that the Mother and our archangel would allow today's lightworkers and lightholders to ascend until they know that their bodies are capable of weathering the rarified atmosphere (among other considerations).

T.E. Lawrence was talking about Ascension from the spirit side of life when he said:

"Should a man try to live in that rarified spiritual air [of a higher plane than Lawrence occupies] who carried still in his being the uncleansed stains of earth, his sufferings would be terrible, as intense as the joy of which he would be capable when he is cleansed of them." (7)

The Fifth Dimension Lawrence might call "the Mental Plane," but it's the same thing being talked about. Again Lawrence stresses purification, being "cleansed of" the uncleansed stains of earth.

Not only do we have our work cut out for us in preparing our hearts, minds, and bodies for Ascension, but also in helping the vast majority of Earth's population, who have no idea what's happening, to endure the tremendous strains on their heart, mind, and body that Ascension could make.

We're going to be asked a lot of questions. Are we ready?

## Footnotes

(1) On the purpose of life, see "What is the Purpose of Life?" February 24, 2020, at <https://goldenageofgaia.com/2020/02/24/306794/>

(2) Matthew's Message, October 19, 2014, at <http://www.matthewbooks.com/mattsmmessage.htm>.

(3) Archangel Michael in a personal reading with Steve Beckow through Linda Dillon, Aug. 5, 2020.

(4) "The Cat is Out of the Bag," August 25, 2020, at <https://goldenageofgaia.com/?p=312821>.

(5) I once saw Michael in a lucid dream. He was on board ship. After talking for a bit, he rose up in the air. He only had a body from the waist up. He came over top of me and breathed something into me, after which I woke up.

I later asked him what he'd breathed into me, and he said, "Love, so you'd remember the experience." It took that extra ingredient, that extra boost to have me remember a nighttime excursion. Usually we don't remember.

(6) Bernadette Roberts, "The Path to No-Self" in Stephan Bodian, ed. *Timeless Visions, Healing Voices*. Freedom, CA: Crossing Press, 1991, 131.

(7) T.E. Lawrence through Jane Sherwood, medium, *Post-Mortem Journal. Communications from T.E. Lawrence*. London: Spearman, 1964, 86.

# The Christ and Ascension – Part 1/2

June 5, 2013

<https://goldenageofgaia.com/2013/06/05/the-christ-and-ascension-part-12/>



Julie asked the following questions:

(1) Of late, I seem to be coming across a lot of info about the Christ energy and light. In your articles on the return of the masters, one quote stood out for me: Jesus only had one harbinger, but the Christ of the New Age is going to have several million harbingers. Did this mean one harbinger vs. the millions who would welcome Jesus now? Or does this mean that instead of one body, Jesus, the Christ light would be in millions?

(2) Does Ascension mean accepting the Christ in us all? Unification with God, completely?

(3) Will we all then be "Christ" or "Christed"? What are the characteristics of Christ consciousness? Total embodiment of blessings/virtues? Surrender to connection/oneness with God? Light quotient?

Let me walk through your questions one at a time. One of the difficulties in answering them is that terms like "Christed," "Christ Consciousness," and even "the Christ in all of us" are used differently by different sages or else interpreted differently by different religious spokespeople.

The problem is compounded by the fact that, if I were to ask another sage for a definitive answer, I might receive what amounts to another interpretation to add to what already exists. And since I haven't experienced Christ consciousness myself, I have no firsthand knowledge to fall back on.

Keep in mind that Jesus himself told us during an *Hour with an Angel* interview that, when he said "I am the way," etc., he was aligning with the Father, the All in all.

“When I have used the term ‘I am,’ I was aligning with All, with Source, with Father/Mother One. That is the alignment. And if you, Steve, or listeners, say, ‘I am the truth,’ then you have aligned with that, and you have become that.” (1)

First of all, the Christ is the soul, what Hindus call the Atman or Self. It's a fragment of the Father. It's one with the Father, while the Father is greater than it. It's in the Father (who is everything) and the Father is in it (that is, in the human body, as the divine spark or soul in the heart).

Second, there are indeed levels of enlightenment but which one is Christ consciousness is not agreed upon by all sages so I don't use the expression very much myself.

I've heard people describe the enlightenment that occurs when the kundalini reaches the fourth chakra as Christ consciousness; when it reaches the sixth chakra; and when it reaches the seventh chakra.

None of these levels of enlightenment corresponds to that which we attain upon being firmly anchored in the Fifth Dimension (see below for a discussion of it). That level sees the kundalini double back on the spiritual heart or hridayam and the heart open permanently. It's a higher level of enlightenment than the others I've named.

Shankara may be describing it here:

"[The Self] is realized within one's own heart as existence, knowledge and bliss absolute. Realize this Atman within the shrine of your own heart." (2)

I don't know what the qualities associated with Christ consciousness are because I've never been able to nail down the level of enlightenment it is. For the same reason, I cannot say what light quotient "Christ consciousness" corresponds to.

The harbinger of Jesus was John the Baptist. But all returning ascended masters and us newly-ascending masters are the harbingers of the Christ, no doubt.

Does Ascension mean accepting the Christ in us all? That depends what you mean by "the Christ." Accepting Jesus? No. But I don't think you mean that. Taking "the Christ" as one's savior? Not if that were meant in any kind of religious way.

Accepting the existence of the soul? Yes. Without that, one simply considers oneself the body and that would not allow the expansion or assimilation of truth needed for Ascension.

The Christ light is not only in millions of bodies. It's in every body. The light of the soul shines out from all of us. Seeing it is enlightenment (one stage of it, that is). Witness these sages of all religions:

**Bodhidharma:**

"If, while you're walking, standing, sitting or lying in a quiet grove, you see a light, regardless of whether it's bright or dim, don't tell others. And don't focus on it. It's the light of your nature." (3)

"If, as in a dream, you see a light brighter than the sun, your remaining attachments will suddenly come to an end, and the nature of reality will be revealed. Such an occurrence serves as the basis for enlightenment." (4)

**Meister Eckhart:**

"When God touches the soul with truth, its light floods the soul's agents and that man knows more than anyone could ever teach him." (5)

**Jacob Boehme:**

"A wonderful light arose within my soul. In it I recognized the nature of God and man." (6)

**Hilarion:**

"When you have found the beginning of the way, the star of your soul will show its light." (7)

**Krishnamurti:**

"I sat crosslegged in the meditation posture. When I had sat thus for some time, I felt myself going out of my body. I saw myself sitting down with



the delicate tender leaves of the tree over me. I was facing the east. In front of me was my body and over my head I saw the Star, bright and clear. ... There was such profound calmness both in the air and within myself, the calmness of the bottom of a deep and unfathomable lake. Like the lake, I felt my physical body, with its mind and emotions, could be ruffled on the surface but nothing, nay nothing, could disturb the calmness of my soul. ...

"I was supremely happy, for I had seen. Nothing could ever be the same. I have drunk at the clear and pure waters at the source of the fountain of life and my thirst was appeased. Never more could I be thirsty, never more could I be in utter darkness; I have seen the Light. I have touched compassion which heals all sorrow and suffering.... Love in all its glory has intoxicated my heart; my heart can never be closed. I have drunk at the fountain of Joy and eternal Beauty. I am God-intoxicated." (8)

Here is mystic John Ruusbroec identifying the Christ with that light:

"In the abyss of this darkness in which the loving spirit has died to itself, God's revelation and eternal life have their origin, for in this darkness an incomprehensible light is born and shines forth; this is the Son of God, in whom a person becomes able to see and to contemplate eternal life." (9)

"It is Christ, the light of truth, who says, 'See,' and it is through him that we are able to see, for he is the light of the Father, without which there is no light in heaven or on earth." (10)

So, as long as we stay away from narrow religious interpretations, I have no problem with the statement that the Christ light shines out from us all.

Notice the many ways Jesus described the Christ: as a treasure buried in a field (the field is the heart or the body); a pearl of great price; a great fish among fish; a mustard seed (the Son) that grew into a great tree (the Father); the Prince of peace, the savior, and so on. All of these descriptions describe something about the divine spark, the fire always burning on the altar of the heart, the firebrand plucked from the burning.

(Continued in [Part 2/2.](#))

## The Christ and Ascension – Part 2/2

June 5, 2013



(Continued from [Part 1/2.](#))

You've asked what level of enlightenment Ascension is. The discussion of that matter may be more than most people wish to hear and so I attach it here parenthetically. Those who don't wish to ponder it can skip this section.

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The ascended level of enlightenment is called Sahaja Nirvikalpa Samadhi and constitutes liberation from the need to be reborn into the dualism of the Third Dimension. I confirmed that assertion with Archangel Michael:

Steve Beckow: What level of enlightenment does Ascension correspond to? I think it's beyond the normal seventh-chakra enlightenment. I think it is what is called Sahaja Samadhi. Am I correct?

Archangel: Michael: Yes, it is. (11)

And I also confirmed it with the Divine Mother:

Steve Beckow: The last question is I'm trying to understand what level of enlightenment Ascension corresponds to. And I think it's beyond the normal seventh-chakra enlightenment. I think it is what is called — and I'll make this clear to readers — *sahaja samadhi*. Am I correct?

Divine Mother: Yes, it is beyond what you think of [as] with your seven chakras. It is beyond, because what you are doing with the chakra system, even with the thirteen, we have emerged from the Third-dimensional

realm, which is that reference point for the chakra system, into the new. So yes, you are correct, in this question and in this statement. (12)

Sri Ramana Maharshi describes sahaja as "the state in which awareness is firm and one-pointed, even when objects are sensed." (13) He associates it with the state in which "the screen [of awareness is] permanently exposed. This is Self-realization, *Mukti*, or *Sahaja Samadhi*, the natural, effortless state." (14) He continues:

"When the waveless ocean of the external and the steady flame of the internal *Nirvikalpa* are realized as identical, the ultimate goal, the *Sahaja Nirvikalpa Samadhi* is said to have been reached." (15)

"Remaining permanently in the primal state without effort is *Sahaja*." (16)

So the Christ is very much an intimate and essential part of Ascension but not in the way many people think. It's the soul or Christ or Atman, which is our essence, and our expanding awareness of it is what Ascension is all about, whether Ascension to the Fifth Dimension or Ascension to any dimension beyond that.

Except one. The last.

## Footnotes

(1) "Transcript of Interview with Jesus on Biblical Mysteries, Dec. 20, 2011," at <https://goldenageofgaia.com/world-disclosure-day/the-masters-speak/transcript-of-interview-with-jesus-on-biblical-mysteries-dec-20-2011/>. I assume Jesus meant that, if I were to say I was the truth, and know that to be true absolutely, then I too would be speaking as "the Christ."

(2) Shankara in Swami Prabhavananda and Christopher Isherwood, *Shankara's Crest-Jewel of Discrimination*. Hollywood: Vedanta Press, 1975; c1947, 68.

(3) Bodhidharma in Red Pine, trans., *The Zen Teachings of Bodhidharma*. Port Townsend, WA, Empty Bowl, 1987, 16.

(4) Loc. cit. I.e., it serves as the basis for the higher levels of enlightenment.

(5) Meister Eckhart in R.B. Blakney, trans., *Meister Eckhart. A Modern Translation*. New York, etc.: Harper & Row, 1941, 105.

(6) Jacob Boehme in Maurice Bucke, *Cosmic Consciousness. A Study in the Evolution of the Human Mind*. New York: Dutton, 1969; c1901, 183.

- (7) Ascended Master Hilarion, channelling through Mabel Collins, *Light on the Path and an Essay on Karma*. Wheaton, IL: Theosophical Publishing House, 1974, 15.
- (8) Krishnamurti in Lutyens, Mary. *Krishnamurti: The Years of Awakening*. New York: Avon, 1975, 171-2.
- (9) John Ruusbroec in James A. Wiseman, *John Ruusbroec. The Spiritual Espousals and Other Works*. New York, etc.: Paulist Press, 1985., 147.
- (10) Ibid., 74.
- (11) “Archangel Michael: Detailed Instructions for Dec. 21, 2012 and After,” at <https://goldenageofgaia.com/2012/12/archangel-michael-detailed-instructions-for-dec-21-2012-and-after/>
- (12) “The Divine Mother: Come to Me as I Come to You – Part ½,” Oct. 17, 2012, at <https://goldenageofgaia.com/2012/10/the-divine-mother-come-to-me-as-i-come-to-you-part-12/>. The website is *From Darkness Unto Light* and the particular page on which this information can be found is <http://goldengaiadb.com/index.php?title=E>.
- (13) Ramana Maharshi in Vasistha Ganapathi, ed., *Sri Ramana Gita*. Tiruvannamalai: Sri Ramanashramam, 1977, 27
- (14) Ramana Maharshi in S.S. Cohen, *Guru Ramana. Memories and Notes*. 6th edition. Tiruvannamalai: Sri Ramanasramam, 1993, 82-3.
- (15) Ibid., 88.
- (16) Ibid., 89.

## Three Steps to Ascension?

March 11, 2013

<https://goldenageofgaia.com/2013/03/11/three-steps-to-ascension/>



"Enter naked, without the baggage of your old self into this wondrous place of new Earth, true Earth, to my garden of pure joy." (The Divine Mother.)  
(1)

A reader remarked on how letting go seemed all there was to do for Ascension. I agree. Well, almost, perhaps. It's certainly the biggest contribution we can make to things. I'd hasten to add two other steps to the process, but letting go seems to be a huge step forward.

Not like I know of course. But it makes sense to me.

Our situation, I think, is rather like a swimmer who wants to swim across the lake but holds onto the raft. Granted that they need to swim once in the water. But what there is to do immediately to get into the swim is to let go.

Altogether for me, whether I'm right or not, there appear to be three steps to the matter. (1) Letting go of the old, (2) allowing what's already there to rise to the surface, and (3) embracing the new.

## **Let Go of the Old**

You've probably noticed that the teachers who've been speaking through channelers at this point in time, and in fact for many months and years, have been advising us over and over again to let go of the old.

They've been telling us to release our old grudges, resentments, upsets, and issues. Here is where much of our work comes in. Many of us believe that we *are* our old grudges and upsets. Many of us are convinced that our old grudges and upsets require a recompense.

If they do, the law of karma can be depended on to take care of it. We've never been required to take care of it ourselves. And we've always been encouraged to forgive rather than revenge ourselves on others. This in itself is an example of "letting go."

We've also been advised to let go of our old beliefs, even our old knowledge. Of what use is it to encounter a new dimension and try to understand it through the paradigms of the old? None whatsoever, I think. So again, here too we're counselled to let go.

We're told that anything that's of love will accompany us, anything not of love will not. So here too we can let go of concern. The important things will go with us without our having to worry about them. Altogether the best counsel about how to face into what lies before us is to let go.

## **Allow What's Already There to Arise**

The second part of this three-step dance is to allow what's already there within us to arise. If the journey of life is to return to the God whence we came, then we must already be God. Or, if that reasoning doesn't convince you, then, if you believe that God is omnipresent or all that is, then we too must be God, being something that is. Is that not so? How can God be everything and not us?

And so if we're already God, then surely it suggests that we already and always have what's needed. It isn't that we're going to a store and buying what's needed. We already have it.

But because God has given us freewill, it requires that we allow what we already have to rise to the surface. Why would we not? Two things. The first thing is probably fear. I'd imagine that fear is what prevents us from allowing the "bodhi" or awakening to occur.

Leo Buscaglia has been telling us that “love is letting go of fear.” So by the process of letting go, we’ve already taken the first step towards allowing to arise what’s already there.

And what is already there? Our awakened consciousness.

What’s the second thing? Well, probably ignorance. You could call ignorance the veil if you like. We think we’re separate from God. That’s the primary source of ignorance, as far as I know.

We’re told that we’ll remember who we are.

No amount of “learning” who we are seems to make a difference. If simply knowing who we are did the trick, I could tell us right now: “We are God.” That’ll be a thousand dollars please. But notice how “knowing” that did not make a whit of difference?

We have to bring forth, remember, realize or make real the knowledge that we are God at a far deeper place than simply superficial knowledge. We have to know it down to the cells of our body and perhaps even much deeper than that.

But whether or not we know it at that level now, the knowledge still is there always already within us. We need to allow it to arise in such a fashion that it dissipates all sense of separation and we merge with it, merge with God. And that will happen with Ascension, whenever Ascension is for us.

### **Embrace the New**

Some of what’s coming our way is new to us. We’ll be meeting our star brothers and sisters. We’ll be seeing new technology. We’ll be hearing new teachings. If we turn away from the novel, well, that’s fine. We’ll still have a good life. But we won’t position ourselves in the very best way to take advantage of all that will help us in our Ascension.

One thing I’ve noticed again and again is how subtle some of the things are that I hold onto. You remember I mentioned a powerful experience I had not long ago ... literally powerful ... in which for around a half hour I was filled with and streaming great power. (2)

It was a second time on which I experienced an aspect of higher dimensionality and it frightened the living daylights out of me. It exaggerated all the very small

peculiarities I had left - the irritations, impatience, and sexual thoughts - until they became huge.

I was not at that point a pure instrument and I was shown how big these small matters would be magnified if I were in my higher-dimensional self.

I think we'll need help to master what needs to be learned before we complete this process of Ascension and that help will come from beings who up till now have been invisible, many of whom come from the far reaches of space (how far away are the Pleiades and Arcturus?), etc. If we run from the new, we deprive ourselves of their assistance.

So not the old Potomac Two Step. (3) This is the Ascension Three Step. Let go of the old, allow to arise what is already there, and embrace the new. For me, anyways, that's the new discipline in a nutshell.

### **Footnotes**

(1) The Divine Mother in Linda Dillon, *The Great Awakening*, p. 115.

(2) "Sometimes a Rude Shock Can be a Good thing," at <http://goldenageofgaia.com/2013/02/sometimes-a-rude-shock-can-be-a-good-thing/> and "The Day After: Reflections on a Rude Shock" at <http://goldenageofgaia.com/2013/02/the-day-after-reflections-on-a-rude-shock/>

(3) The President: "You'll take the blame. Cutter and Ritter will take some too, but it won't amount to much, they'll get a slap on the wrist. Then \$20,000 an hour on the lecture circuit. The rest of the blame will fall on Greer. Oh yeah, you'll take him down with you. You'll destroy his reputation. But that's as far as it will go. The old Potomac two-step, Jack."

Jack Ryan: "I'm sorry, Mr. President, I don't dance." (*Clear and Present Danger*, Movie, 1994.)



# The Shortest Path to Ascension: Just Love

October 6, 2015

<https://goldenageofgaia.com/2015/10/06/the-shortest-path-to-ascension-just-love/>



*This article was written around a week after I entered into a state of bliss, which lasted, off and on, for around four months.*

I've gone through the ascension portal again.

I'm going to try to describe the space I'm in as best I can.

I'm listening to Andrea Bocelli and Sarah Brightman on my iPhone.

Music uplifts me now. *Vivo Per Lei* wafts me upward. *Time to Say Goodbye* carries me away.

And where am I wafted to? Nowhere. Right here. My consciousness expands, but I remain exactly where I am.

This is not simply an expansion of awareness, but one of feelings, thoughts, inspiration as well, the messages of all the faculties. It's definitely a flowering of all faculties. Not a full blossoming, but an unmistakeable stirring.

At times it's like walking around drunk - unable to navigate. At other times, it's like walking around stoned - fully present. At other times it's like Broadway - wanting to step out and really rock.

I'm awash in bliss when I think of my loved one. Everything, all activity, grinds to a halt. I lose track of everything I intended to do and I couldn't do it anyways at a time like this.

I'm just awash in bliss.

Hard to work. Hard to concentrate. Not wanting to be pulled away from this wonderful space.

A walk in paradise.

The shortest path to ascension? Love someone. Anyone. Just love.

# Love is the Keystone in the Arch of Ascension

December 3, 2019

<https://goldenageofgaia.com/2019/12/03/love-the-keystone-in-the-ascension-arch/>



*How does one depict an Ocean of Love? Credit: [hdwallpaperspulse.com](http://hdwallpaperspulse.com)*

We've looked a little bit at Oneness as a foundation for building Nova Earth.

My inner guide is steering me now towards the discussion of what we may consider the keystone of the arch of Ascension - love.

When I talk about love, peace, bliss, etc., I'm assuming that you know that I'm not talking about what we ordinarily experience as those states.

If you've ever had a peak experience, an "Aha!" moment, or a realization, you'll remember that that state was ever so much deeper (I'm reluctant now to say "higher," but, since we think in terms of "higher," I may continue to use that metaphor) than our ordinary consciousness.

I think we all agree that love is all there is. That may not make complete sense to us, but it's the truth regardless. It's more evident at the higher (or deeper) levels of existence than it is here.

Here, we're slogging through the mud of lower-dimensionality in a dense physical body. Thoughts and experiences of love are few and far between. We're often tired from the daily struggle and grind (compared to how we'd feel higher-dimensionally).

Let me offer a metaphor. When I add maple syrup to my morning oatmeal (I've come to love porridge since my hospital stay), it pours into my bowl. But some of it crystalizes around the top. It's still maple syrup but hardened. And I love chipping it off and eating it.

Similarly love crystalizes, so to speak, at these lower dimensions, but it flows not only freely but copiously at the higher dimensions.

But metaphors are difficult to apply. If I say "flow," we may think of a river, overflowing its banks and washing everything away in its path. Love's flow - the inner tsunami - isn't like that. Yes, it sweeps all our concerns from us, but it doesn't sweep us off our feet.

It's a flow but not an intrusive one, which is why, I imagine, higher-dimensional beings can carry on normally although anchored in its flow.

The touch of this river of love is totally transformative. And this again is a difference between it and ordinary "love." When I experience ordinary love and you say something that annoys me, I abandon my loving state and become irritated.

Not so with the higher form of love. It transforms all lower feelings rather than being overwhelmed by them. I remain unperturbed and, well, loving. Big difference.

## ⌘ ⌘ A Planetary Heart Opening ⌘ ⌘

# **The Divine Mother: Love will Win; That has been My Plan Always**

May 3, 2021

<https://goldenageofgaia.com/2021/05/03/320547/>



*The article that follows is an excerpt from a reading through Linda Dillon, April 30, 2019, in which the Divine Mother (I) gave us an update on the heart opening that people around the planet are predicted to soon be having.*

*What "soon" means.... is an open question.*

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An excerpt from the Divine Mother in a personal reading with Steve Beckow through Linda Dillon, April 30, 2019. Reposted from 2019.

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Steve: Mother, could we have an update on the planetary heart opening please?

Divine Mother: It is well underway.

Steve: So it is gradual. (2)

DM: Think of it in this way. Gradual can mean billions of years or an instant but I will not defuse your question. I will simply speak to it.

In terms of the human race, the Gaians, my beloved angels in form as a collective, in your terminology you are thinking of it as "gradual" and I specifically say "thinking," rather than "feeling." (3)

Now increasingly, as you have heard of here and there, you are knowing and being given examples of those who are experiencing what we would call instantaneous transmission in so far as their heart opening is like an implosion/explosion.

And if you speak to these individuals, there's nothing gradual about it. It is the immediate knowing not only of love, not only of individual essence but of essence. Increasingly, the number of human beings upon your planet that are experiencing this is growing literally, expansively.

Yes, there are many that think they are having heart issues. It is no longer simply a labelling of ascension symptoms. So to put this instantaneous transmission of heart opening into ascension symptoms as a broad category, yes.

But can we say... You are always looking for events, Sweet One. You may look to these instantaneous openings as events, significant events. And the reason why I suggest to thee that it is an event is because of the numerical quality of the number of people on your sweet planet, my sweet daughter Gaia, who are experiencing these heart openings.

Now you say, "Mother, why have you diverted it into this discussion?" Well, I tell you why, sweet one. Those that are experiencing these instantaneous transmissions of heart opening are acting as, not just a significant but a major catalyst for the collective heart opening.

Think of it as a virus, in your terminology, that one has and then is communicated like a virus. Love, Sweet One, and knowing are very viral. So what is happening is that this is contributing to the, what you are calling, gradual heart opening, a significant, major undertaking [that] has actually happened.

Are there those that are still ironically refusing or distracting themselves from either the what you are calling gradual or even the instantaneous transmission? Yes, there are. But nevertheless, even in the most recalcitrant or disinterested, the energy is in the air so they are breathing the virus.

Make no mistake, sweet one, Love will win because that has been my plan always. So your real question is, "How are we advancing?" And what I am saying is that individual ascension is and has been happening for some time in terms of the quantum collective leap.

In your terminology, you are almost there.

### **Footnotes**

(1) The "Divine Mother" is the name given to God in God's active phase. Other names are Shakti, Kali, Holy Ghost, Wisdom (Hagia Sophia), Aum/Amen, the Word of God, the Logos, the Voice in the Wilderness, etc.

God in God's "inactive" phase is referred to as God the Father, Brahman, Buddha Nature, the Void, the Transcendental, the One, etc.

(2) I wasn't clear. I meant the preparation for it is gradual. But it led to a great discussion!

(3) Cf. Michael:

"The collective, by and large, has been operating primarily working with what you think of as the mental intelligence. And even in the mental intelligence, even for those who are what you think of as genius levels, there always seems to be a defined enclosure within which that mental intelligence is operating, even though that isn't true, by the way." (Archangel Michael in a personal reading with Steve Beckow through Linda Dillon, June 12, 2019.)



# The Divine Mother Describes a Planetary Heart Opening

May 5, 2021 (2017)

<https://goldenageofgaia.com/2021/05/05/320533/>



*The Mother first described to me what sounded like a planetary heart opening in 2017.*

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The Divine Mother, "Transcript ~ A Mass Heart Opening on This Planet," through Linda Dillon, August 21, 2017, at <https://goldenageofgaia.com/2017/08/21/transcript-a-massive-heart-opening-on-this-planet/>.

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Divine Mother: I come this day to say that I am increasing the frequency of my Tsunami of Love. Yes, it has been intense. But this is a period of fulfillment. And, sweet angels of light, fulfillment is intense!

Your hearts, your love, your ecstasy, your minds, your physical bodies. You feel – because you are sensitives – that you in many ways are exploding. Do not try. Do not even think or consider tamping it down. ...

Go with my love.

Steve Beckow: Mother, wait a minute. Do not depart, please, just yet.

DM: All right.

SB: May I please ask you a question?

DM: Yes.

SB: Have you described a heart opening and, if you have described a heart opening, is that what's in store for us during this time of the Emerald Gateway – specifically the solar eclipse?

DM: You have it backwards, son.

SB: Thank you, Mother. Please correct me.

DM: You all love your signs and you pray and you beg and you plead for signs. And you are most certainly being given tangible signs. Now let me suggest to you, as your Mother, that the solar eclipse, all of these gateways – which I am very fond of, by the way – are reflections. A solar eclipse does not create a heart opening. It is a symbol of the heart opening. So the heart opening is already underway.

So many think of this time of summer as a quiet, lazy, “breathe in, breathe out” time. And you are correct, and because you are doing that we can effect greater change more rapidly. We can ignite not only your heart opening, but your free will – the truth of your free will – which most of you are only exercising in a very small percentage.

And those who are creating mayhem, they are not in alignment with Divine Free Will. They are simply nurturing their own petty interests. I speak frankly because it is a time for truth speaking.

So is there a massive heart opening occurring on this planet? And can you point, as you have for millions of years, to the moon and the stars and say, “Now this is a sign”? I say, yes!

SB: But Mother, you use the word exploding. That is why I am commenting.

Because, of course, the heart opening that I had in March 2015 was explosive. And so...

DM: It is explosive. It is implosive.

SB: Yes. Should I be writing on what to expect? That your heart could feel like it is exploding.

DM: Yes.

SB: Yes. Ok, thank you.

DM: Now let me tell you...you have asked me to remain and so I will say more!  
(Laughter)

SB: Oh, please. And we will give Michael some time too. [We extended the program.]

DM: That is why I have begun by saying you may feel physically – because this is a physical embodiment ascension – you may feel as if you are exploding. You may wonder, “Should I call 911?”

Now if you feel this, then go ahead and do so because it will reassure you that what I say to you – it is going to feel, and some of you are already feeling this – that you can’t contain it. That your very skin is imploding and exploding and that your heart and the conscious knowing of love is so big that you just don’t know what to do with that.

So, this is my guidance. Accept, surrender and breathe. That is what you do with it.

And as your body attunes and adjusts, in a full, calm, organized way, jump into action. Do not feel that this is not possible or “I don’t know how this would ever work.”

Now will you, in your opinion, make some missteps? But understand, in the new realm, there is no such thing as mistakes. And, understand, there is no guilt, no shame, no blame. Those are what have controlled you for so long. And it is like vapors in the air.

Ask the channel about the scent in the air. The very air of earth is filled with my essence. And you are going forward and I am flooding you. And when I say that I speak on behalf of all – that is all, in my terms. So, will you feel like you are exploding? The answer is yes.

SB: Well, but now you have introduced a second element to it, Mother. And, I have to ask you about that as well. After the explosion I had March 2015 I felt a torrent of love. It swept away everything. It was your Tsunami of Love, was it not?

DM: Yes.

SB: And, will others be experiencing this torrent of love as well?

DM: Most certainly.

SB: Ok, well, thank you! Oh boy! Then I need to discuss this with readers, because we need to prepare for this, so to speak.

DM: Think of it in this way – and that is why I have begun by my indication that I know that some of you, sweet angels, you are my forward thrust. Yes, you experience forward thrust, but you are my forward thrust.

And you have felt, at times, completely disassembled and discombobulated. And at other times you have felt disheartened and you say, “Well, nothing is happening. I might as well just go get a job at the Five and Dime.” Allow yourself to receive.

Now, many may feel, in the collective, that they have not welcomed this. And that is why they will turn to you.

And they will say many things like, “I feel like I can’t breathe. Maybe this is the end of the world. I don’t know what is happening. I think I am sick.” And you will say no and lovingly support them and share the dream, which is the new reality. This is the time.

Share the good news. That is why I have come – to literally broadcast this to all of Gaia and Gaians. And I tell you, the trees and the stones are listening to me and they know.

And, they are ready and they are supporting you. The entire planet, solar system, universe, multiverse is supporting you. You are not alone, in either the literal, practical or esoteric sense. We are with you.

## Judith Kusel: Heart Opening

June 15, 2021

[https://goldenageofgaia.com/2021/06/15/judith-kusel-heart-opening/.\)](https://goldenageofgaia.com/2021/06/15/judith-kusel-heart-opening/.)



An intense heart opening is happening as the shift now intensifies.

The heart will be cleaved open to reveal the core of the Soul and the eternal Truth, which is indeed showing us, whatever still is there within us, which needs to be resolved, left behind forever, and indeed is still keeping us from totally stepping forward into the New and Much Higher Dimensional frequency bands and indeed way of life and living.

I am adding LOVING here.

In the past few weeks I was wondering what was happening, as things started to come up which I thought I had resolved a long time ago. Now it came back persistently. I was at loss of how to deal with this, even though I had intense opening as never before and indeed was working with the White Flame in the highest degrees, and indeed was told to bring this to humanity.

# Archangel Michael - Update on Planetary Heart Opening

Aug. 2, 2019



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Archangel Michael in a personal reading with Steve Beckow through Linda Dillon,  
Aug. 2, 2019

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Steve: Could you give us an update on the progress of the planetary heart opening?

Archangel Michael: Yes. Well, of course it is global and in fact it is a bigger event than even you will assume, [in terms of impact] on planetary systems.

But the global opening of the heart, the activations, the awakening and the activation, shall we say, of heart intelligence, of being anchored in that area of the heart is progressing phenomenally well.

Now have you ever noticed, in the gardens of your paradise, that there are flowers that open to the daylight sun and close at sunset?

There are some (not most, let us be clear about that) but there are some in their reticence, their resistance, even in their reluctance to admit that they are expanding in this way, that are attempting to restrict and close off what they are feeling because this heart opening is not merely a feeling of bliss, euphoria, love, and expansion.

As you well know, and as you've had many conversations with friends and allies, for some it is experienced as a physical sensation and at times a physical sensation that causes alarm. This is particularly true in those that are not fully anchored or familiar with the esoteric mechanics of their chakras or of their hearts.

But for some (who are well aware), it still proceeds or presents as a physical pain, almost like an anxiety attack. So these are the ones (not because they are not prepared to go forward; let me be clear about that), that, because they are having the sensations, are saying, "Oh wait a minute, I am not sure if this is a heart opening or a heart malfunction."

Now we are not suggesting that the human race abandon their reliance upon Western or Eastern or any form of energy healing. But this is a sensation that often occurs.

So we would say that the success of the heart opening is going forward very rapidly. It is almost as if it is a (from your perspective) domino effect. Because when one is also in contact or in community with those with an open heart, it has that catalytic effect on others as well.

Now there is a wait factor here which you have also spoken of in that that wait factor is for those that are strongly, not only reluctant, but still resistant or recalcitrant to such a shift in what the very definition of what it means to be human.

But we would say you are well past the halfway mark, dear hearts.



# AAM Describes a Heart Opening

June 11, 2018

<https://goldenageofgaia.com/2018/06/11/aam-describes-a-heart-opening/>



*J in Australia has shared some of her Dec. 17, 2017 reading with Archangel Michael (through Linda Dillon).*

*In it, Michael discusses what is in fact a heart opening:*

Seldom will you ever hear any of us use this word ‘must’ or ‘should’, but there are certain elements that are necessary in the creation and anchoring of Nova Earth and Nova Being. You do not bake bread without flour.

And so it is necessary that the truth and the might, the gentleness and softness, the beauty and surrender of who you are and who humanity is, is truly anchored and blended in with the most beautiful elements and ingredients that create the fulfilment – not only of the Mother’s Dream and your dream but also the basis, the foundation, the upliftment, the completion of what has been planned not merely for

the planet herself, for sweet Gaia, not merely for the elementals and the kingdoms, not merely for the intergalactics and galactics, not merely for human beings and hybrids, but for *you* – that this *is* the time not merely of the fulfilment of the promise but, truly, the new beginning.

And yes, beloved, it does start and end with the fulfilment of your heart's desires. And yes, you are correct, for you have felt that shift, shall we say, out of your head, even out of your outer field – which is beautiful and necessary – into your heart centre.

So often there has been a tendency, particularly in the lightworker/loveholder community, of which I count myself a part, to think of this implosion-explosion into Nova Being as happening in the outer realms and drifting like mist or snowflake or a gentle rain into the inner reality, the heart reality.

In fact, that heart opening, that implosion-explosion, takes place in the heart centre. And in this occurrence, what is taking place is there is an implosion in fact breaking loose the spaciousness, the energy of your divinity.

So there is a grand expanse suddenly discovered and then there is an explosion simultaneously, and it is going out into all your outer fields, into the outer reality, into the planetary systems and far beyond.

But all of this begins with the anchoring, which you have completely noted, in the heart centre because this is the beginning, the middle, and the end. And so that is what has been occurring.

It has never been the intent of the Divine Mother to negate or minimise any of your other faculties... not your brilliant mind and not your digestive system, not your reproductive systems.

But the intensity of the focus that has been brought to the heart centre was not only necessary and desirable but a basic requirement for this heart opening, this implosion-explosion.

And it could not occur, either in your mental body, your emotional body or even in your root-sexual area. It had need to occur, and is occurring right now even as we are speaking, in your heart.

And you are doing this magnificently and from the purity and the sweetness of who you are, bright angel of love, bright angel of beauty, bright angel of purity. And this is necessary. And it is not the precursor; it is the occurrence of Ascension.

And this is how you go forth into the new beginning, because as you are walking already back and forth through this portal, you are not the same individual as you were. You are in the expanded, exalted self of your truth, of your power in the truest sense that I use, and of your might.

# Archangel Michael on Heart Openings

April 27, 2018

<https://goldenageofgaia.com/2018/04/27/archangel-michael-on-heart-openings/>



*In a personal reading I had with him on Nov. 5, 2016 through Linda Dillon, I asked Archangel Michael to discuss heart openings. The topic tends to be misunderstood.*

*In the course of the discussion, he tells us new things about the heart - that it has several apertures, not just the hridayam that Vedantists describe. That's entirely new to me.*

*He tells us that a heart opening is not determined by length of time meditating, but depth of meditation.*

*Thanks to Linda Dillon for our reading.*

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Steve: The precipitate, the big question that presents itself to me and I would hope to others - but I don't know about that - is how to open the heart. For me, when my heart opened some time ago, life completely changed. It was a total shift. I was, well, certainly in a higher state; I don't know if I was in a higher dimension.

And how can others open their hearts and how can it be discussed because people, when you talk about this they think "I'm close hearted. I'm not compassionate" and of course I'm not saying anything of the sort. So can you help me with that whole question? How does a person open their heart?

AAM: Yes, it is not a matter of being, in your current terminology, “close hearted.” What it is is heart opening and expansion into heart awareness, into the love. Let us make it very simple.

A heart opening is simply an expansion or a shift into the deeper, broader, higher connection with love. It is the connection, and the participation in that connection, to all.

Now, I wish - yes, I do wish - that I could give you the two-minute answer. Do A, B, C and D and you will be there. But it is not like that and one of the reasons...

And by the way you are in a higher state of consciousness, higher state of being in yes ... in a higher dimensionality as well. They are very interconnected, not completely aligned but interconnected.

But it doesn't matter because what happens is people become obsessed with both the mechanics, the layers (I am in the Fifth, I am in the Eighth...). It matters not.

Let us start with are you in, or out of, the love. Now what makes it a process and an undertaking, almost what you can think of as a sacred agreement for union, is the element of free will.

Human beings and many other species have this belief that they only exercise their free will when they do this or that, when they decide or choose this or that. But in fact, other than some autonomic pre-sets, every element of your existence brings free will into practice.

If you do not make the decision, the choice, the act of will, if you would, the choice to proceed and to be the love (and to use that almost as a constant litmus test) then there is a tendency to simply go on autopilot and unfortunately this is the case for much of the human race.

There is not the balance between the heart and soul, core existence desire for love and the mental emotional autopilot. We aren't even saying it is choice. It is simply as if you are driving on pre-set.

If you do not work, and by work I mean meditate, be still, receive as well as give the energies and welcome them and then work with them, implement the love, then that sense of expansion either becomes like a closed-door or a revolving door.

And sweet one, what you often have felt, is that it is been a revolving door that, “I’m in. I’m out. I’m in. I’m out.”

So, if we can use the word “heart,” the apertures of the heart have many openings. And you have recently even discussed and talked about some of this.

But very often what is happening is that again, it becomes a dimensionality wars. It becomes, “Am I using this portion of my aperture? Am I using that portion of my aperture?” And the point is, is that you are using all the activation points.

That is how you enter into the love and stay there. When you are in, and it can be, we can call it, meditation but we simply mean when you allow yourself to be in a state of beingness, of stillness, of oneness, that is the indicator - the flashing red light (or green light) to the entire universe that you are still, that you are ready to align, that your open to receive and become a transmitter, a vessel of nothing but love.

And you have had those moments of full awareness awakening where you have begun, (because it is a beginning, not even a middle) to touch that sense of the all. That is the easiest, most proficient way.

Now I say this and I can hear many of you say, “But I meditate for 20 minutes a day, I meditate for an hour a day. It is not determined necessarily by what humans think of as a time span.

It is going deeper and higher for some and on some days you are able to reach this state of quietude. Yes, the channel’s term is “spaciousness.” You are able to reach this rather rapidly whereas other days it may take hours. It may take days.

But if you remain in it, it will happen.

But what happens for so many, and can you imagine saying this to the Father/ Mother One, “Oh I have an appointment, I’ve got to get going, I don’t have time for you. I don’t have time to find the totality of why I’m here, the entire meaning of existence. I’ll have to get back it to you on that.”

So the decision that the autopilot of your life is more important than the love, the expectation that busywork is more important than connecting with all, defeats it.

So there has to be a willingness, and dare I say, a discipline - a discipline practice of taking the time, the energy, the room to create with all your apertures that sense of connection.

Now you do not need to know, "Now I am connecting this... Now I am connecting that..." It is simply being and it is eliminating the mental chatter. How you know you've entered into that space is when the mental chatter ceases.

You say to me, "But, Michael, we all have our lives, our families, our duties to attend to." And I agree and I understand but where are the priorities of what you are doing with your life?

That is the eternal patience of the Mother.

When you create a ritual and a practice, not only to enter into the love but your real question is to stay in the love.

And you have experienced this, my friend, my brother. When you emerge from that place of silence where everything is, you carry that then into your life and everything you do and say and hence experience is in alignment with the love.

Your acts of will, your acts of creation, your participation in joy, your giving of joy, your receiving of joy. It is all coming from the place of the love.

So there has to be as an act of will, the decision and the practice, (a decision without implementation is meaningless) to truly pursue and to commit to being in the sacred space of love.

There are many who say, "Well I never feel it. I haven't been there." And what I am saying is to get rid of the mental/emotional debris and come back and sit with us. You will know it.

Is this clear? I know it is an abbreviated conversation, sweet one, but is it clear?

Steve: Well, I thought it was a very rich conversation, which I will pore over in transcript form. I'm looking forward to it immensely. Thank you for all those leads. And I do get the importance of beingness, stillness. Thank you.

AAM: You're welcome, my friend.

# Inside a Heart Opening

May 12, 2019

<https://goldenageofgaia.com/2019/05/12/inside-a-heart-opening/>



We have events pending in Abundance (the Reval), Disclosure (the Delegations), and Ascension (the planetary heart opening). This article is on heart openings.

I was writing another article and wanted to locate a particular quote from Archangel Michael, in which he discussed the reasons why my situation attracted a heart opening on March 13, 2015.

I came across the passage and realized that the whole thing needed to be posted, it was so relevant as we look to our own heart opening in the future.

Three hours after I had the opening, I was speaking to Archangel Michael through Linda Dillon in a reading planned months before. Nevertheless, I'm sure he arranged everything.

The experience was as if my chest exploded and something blocking me since forever was eliminated.

I've written about the event so many times that I can reduce it now to a single sentence: I was thereafter swept away by an inner tsunami of love, which removed all anxieties and concerns and left me immersed in an endless Ocean of Love.



We're apparently in the process of or the run-up to a planetary heart opening, according to the Divine Mother. Some are in the process; others are in the run-up. So being aware as much we can be about the subject serves a definite purpose.

In addition to going into various aspects of a heart opening (although not in detail, regrettably) , the following passage also shows the role the archangels play in planning, initiating, and monitoring or enlightenment events.

Takeaway? Remember to ask the archangels for the experience you want. They play a decisive role in the matter ***and yet*** need your permission to intervene. To alert you to the need to ask is the chief reason I post this passage.

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Archangel Michael in a personal reading with Steve Beckow through Linda Dillon,  
March 13, 2015.

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Archangel Michael: Yes, your heart is open. The opening is, and will, and shall continue.

Steve: You mean permanently, Lord, really?

AAM: Yes

S: Oh my! Please!

AAM: Because, you have said yes! ...

*[He now discusses the reasons behind the timing in this case. First asking for it. Second, "doing our homework."]*

This occurs, not merely because you have asked for it, but because you (and this applies to the collective as well) have done your, can we say, your homework, your due diligence.

What we mean by this is, simply think of it in time and space reality: you have created the space for this [energy of love] to, not only pass by you like a passing

breeze or a rain, but to anchor within you. Because there is a sense of this spaciousness within thee. ... (1)

When one is clinging to core issues, to fear, to lack, to limitation - you know the list - there is not that sense, not only of spaciousness, but of acceptance, allowance, readiness, and even permission. (2) Because as you know, we continually say that we will never override your free will.

So, if the will, either actively or subconsciously, is actually choosing to still engage in the issues or the drama, then although we are standing at readiness and still penetrating you, that open door is not there.

S: So, the open door was there with me?

AAM: That is correct.

*[We discuss a third reason: My drawing love up from my heart and sending it out to the world, a practice that has only expanded.]*

S: Did the exercise of bringing love up from my heart and sending it out through my third eye to the world play a role at all in this?

AAM: Yes, it did.

S: Could you talk about that for just a bit, please?

AAM: One of the strongest or the ultimate expressions of love, of willingness to not only participate in love but to be the love, is in the sharing. To say that you are love, or are loved, or you love this, that, someone...

But [then] you keep it within you, you hoard it - and we do not necessarily mean that in a negative way. Sometimes the feeling is so blissful you do not wish to actually take the next step quite yet, in terms of sharing.

The ultimate experience is in this sharing. This is what we speak of when we speak of sacred union and partnership. How can you possibly be in any form of partnership with humanity, with the Star-beings, with us, with any being, if you are not sharing.

So what you do when you bring the love up and out, when you begin to send, to share; it is as if you have in fact activated what we call the wellspring. The visual you may think of is the volcano.

It is not that you empty out. It is that you discover that that wellspring is SO full and overflowing that it is a steady stream. That steady stream does not ever, ever - think of what I say! - it never has to cease! (3)

*Love for my sacred partner was a fourth initiating factor.*

*The archangels demonstrate in this passage that they respond to factors such as these.*

*Everything said above does not apply only to me. AAM has said that I'm a guinea pig because the Company of Heaven knows I'll write about it. It applies to you as well, although your process may be different.*

### **Footnotes**

(1) As a result of completing and clearing vasanas or core issues.

(2) The archangels need your permission.

(3) For as long as the experience lasted, I experienced the inner tsunami of love as an endless flow. I imagine that that's what life is normally like in the Fifth Dimension.

**⌘ ⌘ The Ring of Fire, Wave of Love,  
or Tsunami of Love ⌘ ⌘**

# Where do the Ascension Energies Come from?

July 1, 2018

<https://goldenageofgaia.com/2018/07/01/where-do-the-ascension-energies-come-from/>



The Ascension energies we're receiving come directly from the Divine Mother, as she acknowledges here:

"I continue to send, directly from my core, my love, my clarity and my expansion." (1)

But she sends it to us through mediators. They can be any channel she chooses. Here she discusses the pathway being used with us:

"Normally, [Light] would come from me to my realms, to the dominions, to the seraphim, to the archangels, etc., to the masters, to your guardians, and then to you. But that is why each of you is shining like a star with many facets. You are being bombarded by all of us. You see, there is no shortage of what I have to share." (2)

Indeed the flow of Love is eternal and unstinting. The only limitation is how much we can stand.

Cherubim, seraphim and archangels are orders of angels. All have asked the Divine Mother to assist with the dispensing of Light to Earth, she explains.

"Just as you all have outer form and have said, 'Mother, let us assist, let us help,' so the seraphim, the cherubim, the archangels, the legions of angels, every ascended, enlightened being, your star brothers and sisters — and there is a very strong component, by the way, that the channel also did not talk about, with your star brothers and sisters in this gift - they are all acting as transmitters." (3)

Sanat Kumara also mentions this pathway as being used for the large waves of Ascension energy:

"Now, throughout the universe, we work with what you think of as creative chaos, to call in all the energy at our disposal. And this is what we have done, directly from the Mother/Father One, to the archangels, to the seraphim, to the angelic realm, to your star brothers and sisters, the entire Company of Heaven.

"Everybody has been sending the higher vibrations, the higher frequencies to the planet and to each and every one of you." (4)

In ordinary times of individual enlightenment (and probably ascension), the Mother uses the angels to pass Light to us. Here's Michael confirming it:

Steve Beckow: We often say that we “get” enlightened, and we sometimes say that God graces us with enlightenment. But is it not the case that angels actually mediate enlightenment; in other words, bring enlightenment to us?

Archangel Michael: They assist in your enlightenment process, yes. That is one of the gifts to them and to you. (5)

Here he explains that, even when the energy comes directly from the Mother, the angels play a mediating role.

"There is a new energy - can we call it a tertiary wave, though it is more than that - that comes to the planet directly from the heart of the Mother. And yes, we are her delivery agents." (6)

Here's Archangel Michael acknowledging that he will enlighten humanity when peace is declared on Earth.

Archangel Michael: When all is done, when peace within you exhibits on the outside, which is not just no war but truly harmonious relationships and ways of being and behavior, then I will invite you to come and listen to our

music. More importantly you will hear our music and you will see me painting the sky.

Steve Beckow: That means something, Lord, a little bit more than just the words might seem to indicate, does it not? If I were to hear your music that would transport me to another realm, would it not?

AAM: That is correct. (7)

Indeed it means a stage of enlightenment. What stage? Well, that depends on us.

The angels don't pass on to us any more Light that our bodies can stand or than our soul contracts permit. Michael tells us:

"For my full presence to suddenly apparit [appear] would probably cause you to drop dead." (8)

We don't want that. On another occasion he said that if he whispered my spiritual name in my ear, I'd leave the body. (9)

I've already shared how seventh-chakra and seventh-dimensional experiences in my case were "truncated" or "toned down" so that I wouldn't fly off and be unwilling to write for the blog. (10)

The archangels have the measures and are guiding us forward consistent with our bodies' tolerance and our soul contract's limits.

This then is the special route by which Ascension energies, in particular, reach us and the general route by which enlightenment, considered broadly, reaches us.

## Footnotes

(1) "The Divine Mother: You Are Experiencing Love in Ways that You Have Not Known Before," channeled by Linda Dillon, November 14, 2013, at <https://goldenageofgaia.com/2013/11/the-divine-mother-you-are-experiencing-love-in-ways-that-you-have-not-known-before/>.

(2) "The Divine Mother: The Role of Clarity," Oct. 8, 2013, at <https://goldenageofgaia.com/2013/10/08/the-divine-mother-the-role-of-clarity/>

(3) Loc. cit.

(4) "Sanat Kumara: Silence is Golden – Part 2/2," Sept. 10, 2013, at <https://goldenageofgaia.com/2013/09/10/sanat-kumara-silence-is-golden-part-22/>.

(5) “Archangel Michael: The First Form You Assumed was Angelic,” July 7, 2013, at <https://goldenageofgaia.com/ascension-as-of-2012/what-role-are-the-angels-playing/archangel-michael-the-first-form-you-assumed-was-angelic/>.

(6) Archangel Michael in “Transcript ~ Archangel Michael: Peace is Love, May 11, 2017,” Channeled by Linda Dillon, at <https://goldenageofgaia.com/2017/05/21/transcript-archangel-michael-peace-is-love-may-11-2017/>.

(7) Archangel Michael in a personal reading with Steve Beckow through Linda Dillon, April 3, 2015.

(8) Ibid., Dec. 26, 2012.

(9) Steve: Do I have a [spiritual] name or is it not good for me to know that name?

Archangel Michael: No, because we do not want to call you home. (Ibid., May 30, 2013.)

(10) Steve: Ordinarily you would experience Brahmajnana at that point [the kundalini's activation of the seventh chakra] but I felt that it had been muted, toned down.

AAM: Completely toned down. We want you very physically present. (Archangel Michael in a personal reading with Steve Beckow through Linda Dillon, Sept. 30, 2015.)

Steve: I had an experience at a meditation workshop in which I felt regal. It was a partial experience. Can you tell me what that part of me was I accessed. ...

AAM: Your highest Self, your Oversoul.

Steve: So that was an experience of the Oversoul.

AAM: Yes. (Archangel Michael in a personal reading, ibid., Sept. 13, 2011.)

The part that ... many would call an oversoul [is the part] that would remain in the Source energy. (Ibid., Oct. 11, 2011.)

Sue Lie: Seventh [Dimension] is your oversoul. (Sue Lie in a personal reading with the Arcturians and Steve Beckow, March 17, 2013.) Again, visit but don't stay.



# Beinsa Douno: The Wave of Divine Fire

July 3, 2021



*Beinsa Douno*

*White Cloud through Blossom Goodchild (1) predicted a wave of love would sweep the planet once the turmoil had reached a level where tolerating it became impossible.*

*Has anyone else predicted such an event? Well, as a matter of fact, someone has.*

*In this article from the early twentieth century, the Master Beinsa Douno (Peter Deunov) speaks of a "Wave of Fire" that we can expect later on.*

*All quotes are from his "Eradication of the Old," The Wellspring of Good, at <https://www.beinsadouno.org/en/node/1105>, accessed 21 Feb. 2005.*

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Beinsa Douno describes the time of sorting as being the time during which a divine wave of fire sweeps the Earth. This may be a description of Ascension itself (not likely) or it may be a description of a planetary heart opening.

If the former, then the sorting process may happen quickly; if the latter, it may happen slowly.

This divine wave comes from what he calls “Cosmic Space” and what we would call the Galactic Center. Some will be able to endure it and others will not.

“A new Wave is coming from out of the Cosmic Space: the Wave of Divine Love.

“It is also called ‘the Wave of Fire’. This Wave has powerful vibrations which not every human being can endure. ... Those who are ready to withstand the vibrations of this Wave and assimilate them will become luminous.”

Descriptions of residents of the Fifth Dimension often stress their luminosity when seen by residents of the Third.

The divine fire will wake sleeping souls and burn away impurities.

“Yet for those who cannot bear [the vibrations], it will be a Fire which will either consume them or will cause them to pass through great suffering. This will prepare them to awaken and receive Love. ...

“Everything old and impure will burn in it. After man passes through this Divine Fire, the Kingdom of God will come to Earth. I say: when the Fire of Love comes, some people will become luminous; but others will burn, will pass through repentance.

“This Wave of Fire will soon pass over the world and purify it. ...

“All human thoughts and desires will pass through this Fire and become purified in the most perfect way. The Great Life will enter you, and you will become transformed.

“As the smith places the iron in the fire in order to refine it, so too, the Intelligent World will pass us through the Fire so that we can be purified and tempered. ...

“The Wave of Fire will pass through the minds of all people. You all will pass through this Divine Fire; you will free your souls and be liberated from bondage.”

It would be best for all of us to have settled our old issues before that time, he tells us. “Woe to those who have not yet managed to settle their accounts.”

Lightworkers have been "settling their accounts" for years now and are likely out of all karma, the rest if it exists being forgiven them. I think Douno's account is intended to shock and awaken those who remain asleep.

### **Footnotes**

- (1) White Cloud through Blossom Goodchild, July 2021, at <https://hooktube.com/nyu22jtt-2s>. Go to 20:00.

## Ring of Fire, Wave of Love



*The ring of fire is said to be a solar flash or flare*

**A century ago, ascended master Beinsa Douno was discussing a wave of fire that would sweep the planet.**

“A new Wave is coming from out of the Cosmic Space: the Wave of Divine Love.

“It is also called ‘the Wave of Fire’. This Wave has powerful vibrations which not every human being can endure. ... Those who are ready to withstand the vibrations of this Wave and assimilate them will become luminous. ...

“The Wave of Fire will pass through the minds of all people. You all will pass through this Divine Fire; you will free your souls and be liberated from bondage.”  
(1)

**How will this affect people who cannot bear the vibration?**

“For those who cannot bear [the vibrations], it will be a Fire which will either consume them or will cause them to pass through great suffering. This will prepare them to awaken and receive Love.

“Everything old and impure will burn in it. After man passes through this Divine Fire, the Kingdom of God will come to Earth. I say: when the Fire of Love comes, some people will become luminous; but others will burn, will pass through repentance.” (2)

**Will this be a transformative event?**

“All human thoughts and desires will pass through this Fire and become purified in the most perfect way. The Great Life will enter you, and you will become transformed.

“As the smith places the iron in the fire in order to refine it, so too, the Intelligent World will pass us through the Fire so that we can be purified and tempered.” (3)

### **Footnotes**

(1) "Beinsa Douno: The Wave of Divine Fire," July 3, 2021, at <https://goldenageofgaia.com/2021/07/03/beinsa-douno-the-wave-of-divine-fire-2/>.

(2) Loc.cit.

(3) Loc. cit.

# River of Love

April 4, 2019

<https://goldenageofgaia.com/2019/04/04/river-of-love/>



I said in an earlier article that a planetary heart opening was the most likely sudden event to present itself to us.

In my conversation with the Mother on the subject, I asked her if I should be writing about it and she said I should. (1)

It makes sense to me that the greater our understanding of the event, the easier it'll be for us to weather it if and when it happens.

Let's begin by clarifying some notions. When I say "heart opening," I'm not referring to an attitude like "open-heartedness."

I'm referring to a technical, tangible experience (2) happening to our spiritual hearts, which themselves could be said to be located on the Seventh Dimension, as Michael told me.

Steve: The heart ... doesn't exist in the physical, obviously. What dimension does the heart exist at or is it multidimensional?

AAM: It is multidimensional but if you want to find a home for it, it would be in the Seventh. (3)

It's an interdimensional experience triggered by the kundalini reaching the fourth or heart chakra. So first the energy reaches the fourth chakra and then the spiritual heart, which is different from the heart chakra, opens. It blossoms; it flowers.

The gateway to the heart, the aperture which resembles a camera's aperture, is normally closed in almost all of us. But then this experience happens and the heart is now "open." Now flows. I'll reference my descriptions of it and Bright Star's, below. (4)

In my case, I was sitting at my desk, an hour before a reading with Archangel Michael on March 13, 2015. I suddenly became aware of an energy working its way up my leg. (5)

At first I was alarmed, remembering pictures of the killer mist descending on the Egyptians in *The Ten Commandments*. Then I remembered that I was a servant of the Mother and under her care. If I was having an experience, it was because she willed it. So I surrendered to what was happening.

The energy ran up my body until it reached the heart chakra. When it did, there was an immense explosion, as if a 15-inch gun went off. It felt as if a bale of cotton had been jettisoned from my heart and my heart was now open.

I'm shortening my description by simply saying I found myself in a tsunami, a river of love, which swept away all concerns, all anxieties, all fears. I was left in original innocence and purity.

Milliseconds later, I found myself being carried away by the current and ended up in a condition of seeing love everywhere, as if I was immersed in an Ocean of it.

At that point there wasn't a cell in my body that was not drenched in love. There wasn't a cell in my body that wasn't surrendered to it. I literally had drowned in love and was loving it.

A greater or lesser version of this experience re-occurred on and off, for the next seven months. After that it became bliss for additional 3-4 months.

For the next several years, I lived with the heart being partially open. Wisps of love were enough to recreate the experience. Now I need to work a little, to breathe it up from my heart.

Not complaining. This is to be expected of all spiritual experiences short of Ascension or Sahaja Samadhi, according to Sri Ramana. Only a full and complete heart opening beyond the seven-chakra system is permanent.

That's a thumbnail sketch of the experience of a heart opening.

So again, this is a technical description of a "physical" process. While the heart exists on a higher dimension, we experience it as being located in the center of our being.

When it opens, we get a taste of what's to come, made permanent for us by the culmination of our Ascension - Sahaja Samadhi.

I have no idea when the heart opening will occur but suggest you make a mental note to not be surprised if one day you find yourself drowning in love.

You're not having a heart attack. Your heart just opened. You have crossed over the threshold, if just for a visit. You have crossed the Rainbow Bridge.

### **Footnotes**

(1) Steve: Should I be writing on what to expect [from a heart opening]? That your heart could feel like it's exploding?

DM: Yes. ("The Mother Promises a Massive Heart Opening – Part 2/2," September 6, 2017, at <https://goldenageofgaia.com/2017/09/06/the-mother-promises-a-massive-heart-opening-part-22/>.)

(2) I regard all twelve dimensions as being "physical" or "material" (matter, *mater*, Mother). Only the Transcendental is not physical, in my view.

(3) Archangel Michael in a personal reading with Steve Beckow through Linda Dillom, Dec. 5, 2018.



(4) See "Bright Star: An Account of a Heart Opening, at <https://goldenageofgaia.com/2017/12/29/bright-star-an-account-of-a-heart-opening/>. For a description of mine, see "Submerged in Love," March 14, 2015, at <https://goldenageofgaia.com/2015/03/14/submerged-in-love/>

(5) One of the reasons I didn't think this was a kundalini event was that I believed that the kundalini started in the root chakra. But Michael later told me that the kundalini was everywhere and could just as easily run up my leg.

## Other Sources on the Ring of Fire and Wave of Love



*Let me switch now to the topical for the next part of our discussion of the Ring of Fire, Wave of Love.*

### **The Divine Mother on Ignition**

Divine Mother: [Ignition] is that feeling — well, it is more than a feeling; it is knowing; it is ignition — it is that feeling that you have been switched on to a different frequency, and it happens suddenly. You may be working at it, working at it, working at it, and then you wake up one morning, and you see, perceive, feel, know different.

You may come out of a meditation, and most of you are surprised! You think, “I’m seeing colors,” or creatures, or light, “in a different way. You know, yesterday, I didn’t think I could do this, and today I think I can do this task and 20 more.”

You are embracing your multidimensional talents yourself. So in that way it is very abrupt. It is the feeling, “I am not the same person as I was yesterday.” You may not know how or why, but it is very clear and very line-in-the-sand.

DM: [Sahaja Samadhi, the culminating event of Ascension] occurs with a more gradual awakening and lifting up. (1)

Divine Mother: I am asking you to bring your focus to this ignition [i.e., planetary heart opening], but then I am asking you, let us focus on what is really at hand —

yes, Gaia, yes, universe, this universe in particular. But you, you have begun by saying that I am not simply a god among gods. I am the Mother, and I am asking and inviting you to join with me. Is there really any further conversation to be had? (2)

Divine Mother: As you move forward in this time of transition, in this time of massive ignition, I ask you, “Are you the love?” Many times throughout this year and the coming millennia, but particularly this decade, I will turn to you, and I will remind you, and I will ask you yet again, “Are you the love?” (3)

### **Archangel Michael on Ignition**

Archangel Michael: Ignition is the feeling, the awareness, the understanding — and many of you already have this — that you are love, that you are completely in your heart consciousness, that you are in the joy even when there appears to be a morass of chaos around you, and that your focus is completely on creation, the creation of the new.

And it is the turning of a switch, of the collective. (4)

### **Archangel Michael: Hugged by an Archangel**

Yes, there has been a wonderful wave of love that is sweeping your planet, but it is not come and gone! Dear hearts, you are in the middle of it.

So let yourselves feel and know and receive and accept what it is like to be hugged by an archangel — not simply protected or recruited, or even taught, guided, but simply loved by one of your brothers from above. (5)

### **Download Far Beyond Anything Imaginable**

Mary Magdalene through Natalie Glasson: Many of you have been preparing for a download of light and consciousness of truth, which is far beyond anything you have ever experienced.

Your meditations, affirmations, prayers, invocations, and healing are aligning you with the Creator, so you may receive the Creator, like a capsule of truth for you to

cherish, which will eventually become a part of your personality, character, and even your appearance.

Do not be fearful if your thoughts, perspectives, beliefs, views and principles alter. Know that for you moving into alignment with the truth of the Creator is easy and graceful. (6)

### **SaLuSa: A Wave of Love will Sweep the Earth**

SaLuSa: Life will change for the better in such a short time, and waves of happiness will sweep across the world. (7)

SaLuSa: You are to witness a great wave of love and joy sweep over the world, and barriers between people will quickly come down. Most of you seek the same things out of life, and with the return of your freedom you will achieve success. (8)

SaLuSa: You will shortly notice a wave of love sweep the Earth that will show that your civilization has taken a quantum leap forward. That being so it will bring a strong unity of purpose that will help the establishment of world peace. If you continue to focus on areas of the world that are still experiencing conflict, your intent will soon bring a positive result. When world peace has been achieved we will make sure that war will not return, and will enforce that edict if necessary. (9)

### **The Tsunami is a Tidal Wave of Love**

Mother Mary, Arabella, Sananda, One Who Serves via James McConnell and Susan Sammarco: Your DNA has been disconnected from what was originally intended and originally was. This is why the Sananda said the new cloak is the old cloak. Because you will feel the DNA processes changing within you and you will experience the changes. And yes, it may be as just a little bit of a change here and there, it may be line upon line at first, but we can tell you, the tsunami IS a tsunami. It is not a small little wave. It is a huge wave.

You can even call it a tidal wave of love. But a tsunami comes in gently at first and gains momentum, gains momentum, it gains and gains. Yes, you are thinking that maybe in terms of destruction that a tsunami comes in and tears everything apart and in some ways that is correct. The Tsunami of Love is tearing away the old,

breaking it down into the new. So that you can take on this new cloak and wear it for yourself and wear it proudly. (10)

### **Wave of Love will Sweep aside the Resistant**

The Angels through Tazjima: As the old systems break down, as the earth seeks to cleanse herself of pollution, change is inevitable. Every individual and community will face challenges; there will be some ‘bumps’ in the road ahead, but change will come. The systems that resist, be them governments, corporations or groups, will be swept aside by the oncoming wave of love. Each person will have to accept or open up to new possibilities in their lives or change will be forced upon them through outer circumstance and events. Resist or evolve. (11)

The Angels through Tazjima: The wave of love now even overtaking your planet and solar system, will sweep all debris and resistance before it. The shadow world in which you have lived and worked will be no more, gone as fog dissipates before the heat of the sun. (12)

### **Wave of Love Brings Greater Awareness of Unity**

Master Serapis Bey through Natalie Glasson: In this Era of Love, you can hold complete and absolute faith and confidence that everything within you will be healed, because love will not leave any stone unturned. Love will allow everything to arise, be observed, healed, and released...

With the powerful **wave of love** entering through your being and into the Earth, so your understanding and experience of duality is challenged and can be shifted with tremendous ease. The Creator’s vibration of love brings forth an awareness and greater experience of unity.

Unity within all people and experiences naturally arises when love is present. Are you discovering that the perspective of your mind is altering so much that it feels it has moved from one way of thinking to a complete opposite way of thinking?

Love is breaking down the perspective of duality, asking you to realize there are no opposites; no separation, no division, only unity, with the truth and experience of unity.

The presence of unity within your being, and within the consciousness of humanity, will manifest a greater embodiment of love, but also a deeper embodiment of the Creator in all manifestation. It will feel as if you are seeing, sensing, and recognizing the Creator with every moment of your reality. (13)

## Footnotes

- (1) "The Divine Mother: We are Creating a New Species of Humans (Repost)," September 15, 2017, at <http://goldenageofgaia.com/2017/09/15/the-divine-mother-we-are-creating-a-new-species-of-humans-repost-2/>.
- (2) "The Divine Mother on 12/12/12 and 21/12/12," at <http://goldenageofgaia.com/2012/12/the-divine-mother-on-121212-and-211212/>.
- (3) "Linda Dillon: Universal Mother Mary's New Year's Message," January 3, 2021, at <https://goldenageofgaia.com/2021/01/03/linda-dillon-universal-mother-marys-new-years-message/>.
- (4) "Archangel Michael: Ignition is the Awareness that You Are Love," channeled by Linda Dillon, October 28, 2014, <http://goldenageofgaia.com/2014/11/02/archangel-michael-ignition-is-the-awareness-that-you-are-love/>.
- (5) "Archangel Michael: It is Time to Awaken Fully Now – Part 1/2," June 11, 2013, at <http://goldenageofgaia.com/2013/06/archangel-michael-it-is-time-to-awaken-fully-now-part-12/>.
- (6) "Mary Magdalene via Natalie Glasson: Accepting the Creator's Truth," August 22, 2015, at <https://goldenageofgaia.com/2015/08/22/mary-magdalene-via-natalie-glasson-accepting-the-creators-truth/>.
- (7) SaLuSa, Feb. 29, 2012, at [http://www.treeofthegoldenlight.com/First\\_Contact/Channeled\\_Messages\\_by\\_Mike\\_Quinsey.htm](http://www.treeofthegoldenlight.com/First_Contact/Channeled_Messages_by_Mike_Quinsey.htm).
- (8) Ibid., Jan. 28, 2011.
- (9) Ibid., Dec. 28, 2012.
- (10) "Mother Mary, Arabella, Sananda, One Who Serves via James McConnell and Susan Sammarco : Begin Wearing Your New Coat of Love," channeled by James McConnell, March 4, 2014, at <http://www.meetup.com/ancient-awakenings>.

(11) "A Message from the Angels: Embrace Your Real Self," channeled through Tazjima, June 9, 2013 at <http://bluedragonjournal.com>.

(12) Loc. cit.

(13) "Master Serapis Bey: The Journey of Separation to Unity," channelled by Natalie Glasson, June 11, 2014, at <http://omna.org>

## Should I be Afraid of This Experience?

May 2, 2019

<https://goldenageofgaia.com/2019/05/02/should-i-be-afraid-of-this-experience/>



Mixed in with the seeming normality of our gradual ascent to a higher plane are a small number of sudden events.

These can throw us and suggest to us we're having a health emergency. But in fact they're the Mother's gifts and nothing to fear or be concerned about.

I just talked to the Divine Mother in a personal reading yesterday on this very subject and will post that transcript tomorrow.

We often enter into another dimension with a burst, a suddenness, as if we're propelled there.

For instance, my heart opening was explosive, sudden, abrupt. Almost all other transformational events I can think of have been. (1) They've been brief breakthroughs into a higher level of Reality. Peak moments, tastes, visits, which have arisen without warning, all of a sudden.

I used to speak about them as being discontinuities in experiencing, combined with a radical expansion of faculties; a sudden breakthrough into another reality.



Beyond that I couldn't say more because my attention is usually fully absorbed in the world of consciousness I end up in: An inner tsunami of love, an Ocean of Love, the Light of the Self, God-consciousness. (2)

If the planetary heart opening takes the form of an explosion, as mine did, it won't be tangible. It'll be internal, primarily emotional. We'll be flooded with love or wafted aloft with bliss - after the explosion; i.e., after the explosive opening of the heart aperture or *hridayam*. (3)

There are no words for the kind of love that one experiences then. We cannot reduce that realm to this: it won't go. It loses everything in the translation.

However the word "explosive" does seem to capture the breakthrough point.

These events are definitely life-changing. Course-altering. Bewitching ever after. And we'll, at some point, enter into a range of consciousness where they'll be happening to us more often, in an otherwise gradually-ascending process.

The difference between the realm I broke through to in my heart opening and our everyday world is ... almost impossible to put into words. And yet I'm driven to try. There's nothing like it to be found in our world so what words would I use? (4)

If a breakthrough occurs and we're not forewarned, we may ask: Did someone put LSD in my water? Was it something I ate? We might end up in the hospital, although we're feeling expanded and great, even if we know nothing about spiritual experiences. (4)

I knew, before my heart opening, that the Mother was absolutely in charge of the degree and pace of my unfoldment. So I simply surrendered to the experience, which was not uniformly pleasant. Having something shot out of your chest seemingly the size of a naval shell is at the very least shocking.

The Mother addressed this situation when she announced that we were in the run-up to a planetary heart opening.

Steve Beckow: Mother, you use the word exploding. That is why I'm commenting.

Because, of course, the heart opening that I had March 2015, was explosive.

Divine Mother: It is explosive. It is implosive.

SB: Yes. Should I be writing on what to expect? That your heart could feel like it is exploding.

DM: Yes. ...

That is why I have begun by saying you may feel physically – because this is a physical embodiment ascension – you may feel as if you are exploding. You may wonder, “Should I call 911?”

Now if you feel this, then go ahead and do so because it will reassure you. ... It is going to feel - and some of you are already feeling this – that you can’t contain it, that your very skin is imploding and exploding and that your heart and the conscious knowing of love is so big that you just don’t know what to do with that. (6)

Absolutely. Word for word. Except that I avoided the pitfall by surrendering to the Mother’s Will. But otherwise, yes. But most others will not know to surrender (and may not welcome the suggestion)!

Put out an APB, (7) alerting everyone to the fact that mixed in with the gradual ascent, we’ll be having a few sudden events, like a planetary heart opening, which are the Mother’s gifts to us and not a health emergency. Remain calm, as the British sign says, and enjoy!

### **Footnotes**

(1) I used to give names to spiritual experiences - the Flame in the Heart, Porteau Cove, Doing without Doing, etc. Porteau Cove was like a backflip in consciousness and I ended up in the Self. Almost all have been sudden and discontinuous. All have been temporary.

(2) I ended up in God consciousness in a spiritual experience I called the Silver Bullet, back in the early Nineties. It was caused by an intersection of realized knowledge and realized love. It happened while I was making love (no names

mentioned). I knew that I was God, but could not remember the name of the body (Steve).

(3) The heart aperture or hridayam remains closed until the kundalini sparks its opening when it reaches the fourth or heart chakra. It opens as the lens of a camera opens. It is a dimensional portal, separation where we are from the higher realms.

(4) How many people know what the higher-dimensional color saroun looks like? How would one describe a color nobody knows?

(5) Bright Star thought he was having a heart attack. See “Bright Star: An Account of a Heart Opening,” December 29, 2017, at <https://goldenageofgaia.com/?p=291639>.

(6) “The Mother Promises a Massive Heart Opening – Part 2/2,” at <https://goldenageofgaia.com/?p=289519>.

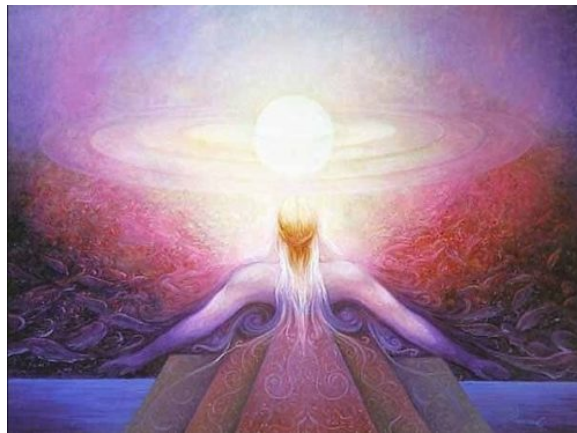
(7) All Points Bulletin.

## ⌘ ⌘ Lightworkers and Ascension ⌘ ⌘

# **Divine Mother Speaks to the Many Called to Assist Ascension**

April 18, 2020

<https://goldenageofgaia.com/2020/04/18/divine-mother-speaks-to-the-many-called-to-assist-ascension/>



*This wonderful gem is lovingly shared by Irene from her personal reading with Linda Dillon.*

## **Divine Mother Speaks to the Many Called to Assist Ascension**

Greetings, I am Mary, I AM Mare, Universal Mother, Divine Mother, Mother of Hope, Mother of Love, Mother of Action, and I welcome you ...

Yes, you have come from the distant shores of a distant planet and you have travelled, sweet one, throughout the galaxies – yes, assisting me and assisting our beloved Archangel Mi-ka-el in the anchoring of peace, in the anchoring of love, in the anchoring of hope – and, in that, in the transformation of many, many, many planetary systems.

So, sweet daughter, [daughters and sons] you come to this galaxy – yes, you have visited it before – but you come because you fully understand and are prepared to not only integrate, but to live what Ascension is and what it looks like.

Yes, it is a process – but, sweet angel, it is a process that you have been engaged in not only in this lifetime but for thousands and thousands and thousands of years, both upon Gaia and elsewhere, because even though there are times when you

think you do not know the details, when you think – yes, mental body – that you do not know the whys and wherefores, in fact you are fully conversant with Ascension, and you are fully conversant and fully engaged in the Ascension of your sweet self and this planetary, what we would call, collective.

No, I do not simply mean the human beings, for they are the ‘tag-alongs’ in many ways [chuckling] – delightful tag-alongs, children born of my heart, my soul, my essence. And you know the importance of what many are calling, and what I call *Ascension*, for it is a higher, broader realm of heart consciousness.

It is the anchoring and the integration of the Divine Qualities, and it is living within Universal Law and the Blessings & Virtues; the fulfilment of your dreams; acceptance and alignment with your Divine Authority and the embrace of that – the embrace that says you are ready, willing and able to do this. And it is why you have come. ...

But you know, in terms of the evolution – and even what I might call ‘revolution’ – that the next step in the unfoldment is here upon Gaia – in all her magnificence, this sweet archangel child that is already firmly anchored in the 7th dimension – yes, holding the realm of all dimensional realities, allowing the humans particularly to venture into whatever dimensional reality they would choose.

But understand, yes, you have come for many reasons, but there are two primary ones: to assist me, not only in the hope of a collective Ascension, but in the actuality of an Ascension of this group called humans. And even before that, you have come again on my behalf – yes, working often with Gabrielle and Michael and the re-anchoring of hope – but inside that is the knowing, the knowingness that hope is based upon.

So yes, it engages with trust, but you have known – you have known your entire life and many, many lifetimes – that this will take place and that you are part and parcel of assisting the collective, the humans... well, what we can call the human collective... to go forth in this assumption of accepting the mantel of who they really are.

You may feel, dearest heart, that you have some blank spots, that you have some areas that you aren’t entirely clear upon but let me suggest to you: your heart knows! It is not a matter of *if* you are going to ascend; you are already in the middle of this! And there are times when you act as a wayshower and there are times when you assume the position of gatekeeper, or even sometimes portal, sometimes even pillar, collecting the stragglers [chuckling] as it were!

The reason you feel that you are overweight – because in my eyes and in my heart you are perfect and you always have been – but you have found it particularly... and at times *extraordinarily*... difficult to remain grounded upon this planet. So this literally has acted for you as ballast to hold you down, to keep your feet quite literally on the ground.

There is also a part of you, sweet one, that is very suspicious, very wary, of the human race. Because, as I have said, you have seen the intergalactic wars; you have lived on other planets; you have seen the good, the bad, the ugly; and there is this part of you that has always wanted – despite what you think – to keep the human beings a little at bay. And so you have developed and held onto... regardless of what you eat or don't eat... you have developed these layers, literally, of physical protection.

Because you have also known – yes, both on Earth and elsewhere – that the appetites of humans particularly... well, at this phase, but at many phases... can be quite destructive and engage in abuse – the abuse of power, the abuse of control, the abuse of sex and intimacy. So you have kept them quite literally at bay.

This is not, by the way, at particular detriment to your health. So this is not something that I am saying to you that you need to be concerned about – yes, aware of most certainly – concerned about, no, not in the slightest.

You are not only angelic, sweet one, you are very much a Star Being and you have a tendency, when you are not off with Mi-ka-el, to access the healing chambers and the various methods of healing upon the ships at night. So, in the physical realm, that simply is not something we are concerned about.

You were fully aware, awake and aware, when you chose... with me and with your guides... you were fully aware of the challenges that this life would bring. You have never returned – and you have had over 3,000 incarnations on and off-planet – to any planet or situation without a full understanding of the reasons why you were coming, the dangers, the pitfalls – and the rewards!

Do not think, not for one moment, my beloved daughter, that you are not going to fully and completely integrate, anchor, participate in the Ascension – we are not talking hidden or unconscious – in the conscious Ascension process, in the conscious fullness of awakening, and that you will assist many... many, many, many... in this undertaking. It is probably one of the biggest reasons you are here, so do not even think that you have not sufficient time.

# Divine Mother: How Best to Serve in This Ascension

July 7, 2019

<https://goldenageofgaia.com/2019/07/07/301649/>



*Mary, Mother of Jesus, is an incarnation of the Divine Mother*

I came across a passage from the Divine Mother which I'd like to repost. It's the Divine Mother telling lightworkers what she wants from us around this Ascension.

But before I turn to that, I want to offer an interpretation of one of the metaphors the Mother uses. They're offered as means to understand her nature and I think/I hope I just got the meaning of one.

"I have given you my blue diamond ... as a way for physical reality, to understand [my essence]." (1)

I think I do. The feature of a blue diamond we notice immediately is that it has many facets. However no matter what facet you look through, you see the same pale-blue light inside.

We are the facets. The Mother is inside us and is the same Ocean of Light and Love in all the facets. Makes sense to me.

Here is the Divine Mother:



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*An Hour with an Angel*, with the Divine Mother through Linda Dillon, May 7, 2012, at <https://goldenageofgaia.com/building-nova-earth-toward-a-world-that-works-for-everyone/what-role-are-the-angels-playing/transcript-of-the-divine-mother-on-an-hour-with-an-angel-may-7-2012/>

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Steve: We are starseeds. We're here as waiters at the banquet of Ascension. How may we best serve you at this time?

Divine Mother: Speak the truth. Join with me in wisdom, in love and joy. It is to rebirth joy. It is to be in the integrity, the integrated Self of who you are. I have given you my blue diamond ... as a way for physical reality to understand [my essence]. Use it. Light your tri-flame. Use everything at your disposal.

It does not matter which direction you face, whether it is east or west, north or south. I ask each of you to look up and to look within, and to acknowledge not only your divinity, not only mine within you, but the divinity in each and every one of your brothers and sisters.

You are my human family. You are all loved. You are all cherished. You are all mine.

Live what you know to be true. Practice, in behavior and action, in prayer and ritual, in meditation. Practice what you know to be true, and turn to me. If doubt arises, give it to me. Let me wash away your tears.

And, beloved ones, be in gratitude, be in thanksgiving and welcome the help of all beings — your star brothers and sisters, my sweet angels and archangels.

You are surrounded by legions who have come to assist. You do not need to do this alone. That is illusion.

### **Footnotes**

(1) The actual quote is: "I have given you my blue diamond essence as a way for physical reality, to understand it."

I have edited that to "I have given you my blue diamond ... as a way for physical reality, to understand [my essence]" as being clearer. I know the Mother won't mind.

## Starseeds: Waiters at the Banquet of Ascension

April 28, 2016

<https://goldenageofgaia.com/2016/04/28/starseeds-waiters-at-the-banquet-of-ascension/>



*This article is perhaps my favorite. A blast from the past - 2011 to be exact.*

I think I may have said earlier (maybe not) that most people reading this blog and all the other sites on 2012 are in my estimation Starseeds.

Terrestrials reading these sites, I believe, might mostly say, "Hey, these folks are nut cases. I'm outta here. Stanley Cup's on tonight." Starseeds feel some resonance, perhaps for a reason they know not. Terrestrials may not feel a resonance at all or they may not feel it until after Disclosure.

But we all feel a tug when we encounter this information, and that's probably as it should be.

We Starseeds signed on to wait tables at the banquet of Ascension so we're supposed to feel that tug. We're going to carry the food from the chefs (angels, ascended masters, and galactics) to the banquet guests (terrestrials). It isn't our banquet, I believe. We've already had ours and we'll eat again later. But now it's the turn of the next group to have theirs.



I believe that most Starseeds are already ascended. Why would the hierarchy and star councils ask people to leave their home planets and come here who were unascended? To be part of the problem? No, we've come to be part of the solution.

Invite Starseeds who've ascended, lock them up in these darn heavy Third-Dimensional bodies, give them medical ailments to keep their attention "down to Earth," show them what terrestrials have to deal with, and program them to awaken when their service begins.

So no need to worry about Ascension. Only a need to worry about our terms of service. And no need to worry about your children's Ascension or your kitties' or puppies'. Your kids' Ascension, in the event they're terrestrials, is a surer prospect than that of many Gaian adults! But children born today are probably the new crystals, rainbows, magentas and others who are destined to lead the New Society anyways. No need to waste energy worrying about them.

Moreover, and here is the radical suggestion, most Starseeds, I'm willing to bet, have come from dimensions higher than the Fifth. Coming from higher dimensions, if God enlightened us, we'd probably leave this Earth and go back to whence we came.

Matthew Ward suggests this is the case: "The souls who came from fourth, fifth and higher density worlds specifically to assist Earth in her ascension—when their mission is completed, they will return to their homelands." (1)

So it just very well may be that no Starseeds should expect to experience enlightenment before their terms of service are over. That would seem to defeat the whole purpose of our being here. Awaken us, yes. Enlighten us, maybe not. Of course this is only a hunch.

We're wearing blinkers and, even if we're given an experience of ourselves, I think we'll still be wearing at least dark glasses. If we know truly who we are, again we might vamoose the ranch.



Another hunch: I don't think many of us will be early risers or ascenders either - perhaps some terrestrials will. But we're supposed to remain here and serve the guests.

And we need worker bees as well as queen bees. Some Starseeds like Drunvalo and Lisa Renee have signed up to sit at the head table and make speeches. But many more of us have left our sublime existences and regal homes to serve in less glorious capacities, serving food, planning finances for the banquet, and rigging up the lighting. Some need to be the spiritual teachers and some need to meet and greet. But all come from higher dimensions just the same. We have a lot of high-priced talent wearing bibs.

Don't diss the janitor. He may be a Seventh-Dimensional being who agreed to come here from Lyra.

We all of us think the Fifth Dimension is the end-all and be-all. I predict that many of us will find that we come from much higher dimensions than that. But they asked us to sign on the dotted line and made us all Men in the Iron Mask, dumbed us down, saddled us with asthma and fibromyalgia, took away our abundance, memories, and capabilities and said "Thank you very much." Later on we get our galactic Mastercard back.

We take time out from our wonderful lives in the Elysian Fields and don our waiters' bibs and dishwashing aprons and see that the feast of Ascension comes off without a hitch and then we clean up, close up shop and go home. Job well done.

Why are we doing this? Serving the One in the many. Ensuring that the Divine Plan unfolds. Doing unto terrestrials what other galactic civilizations have done unto us in the past.

We are serving love. We are love's servants and all we dispense is love.



I just encourage us not to worry about Ascension. We're already there. Just worry about opening websites and building blogsites like Laura, Jean, and Quinn, starting radio shows like Maarten and Geoff, opening discussion groups like Darran, spreading the word, providing the answers, reassuring people who are about to see a legion of angels descend with wheels in wheels and chariots of fire.

Very soon the joy will spread and infect us all. And we'll begin a steady march to the banquet. Let's help the terrestrials fill their lamps with oil and prepare to meet the bridegroom.

Let the joy spread. Let there be peace on Earth and happiness among men and women, the beasts of the field and the birds of the air. A new era in human civilization is about to begin and we Starseeds are an important part of the crew welcoming the rest.

We have nothing to worry about, save doing our job well. This is not our turn. It's the turn of terrestrials. This is our opportunity to serve.

## Footnotes

(1) Matthew's Message, Feb. 14, 2010, at <https://www.matthewbooks.com/mattsmmessage.htm>.

# Lightwork, Mission, and Ascension

August 27, 2016

<https://goldenageofgaia.com/2016/08/27/lightwork-mission-ascension/>



There are two parts to our soul contracts as lightworkers this lifetime, are there not?

One is our commitment to serving those who are ascending - our service contract. We're here to be waiters at the banquet of Ascension. (1) We're the hired help.

The other is our commitment to our own ascension this lifetime (we've ascended before), (2) to getting that job done, so to speak. None of us need have any fear around the subject, but let me come to that in a minute.

Our commitment to our own ascension can also be seen as part of our service contract, because we're wayshowers in the matter of ascension. We visit the higher realms in sleep time and waking time. We come back from flying through the portals and we're expected to do something with that knowledge.

It may be that we demonstrate, model what the higher states are like - as best we can. It may be that we paint what we felt. Or write music inspired by it. Or recommit ourselves to medicine.

In regard to the first, it's actually not easy to model a higher state when you're not in it. I think of Jim Carrey putting on *The Mask* for the psychiatrist and ... nothing happened. (3) If it ain't happening, it ain't happening. But we're still expected to speak of what we saw, felt, etc. Challenging assignment.

I'm making my share of mistakes in this new territory. Shiver. And how embarrassing it is to do it publicly. Shudder.

The lightworker path of service for me definitely starts from the trailing edge of my leading foot.

I'm making it up as I go along - and also listening to this strange voice that pops a sentence or two into my head from time to time, at the right moment, like "a diamond is a lump of coal that made good under pressure" when I feel stressed or "build an energy bubble" when I feel drained in public, etc.

What are the tools we have as we walk forward? Our guidance is one of them.

We have our soul's intuition, our developing sense of discernment. Some of us are telepathic, some clairsentient. Some do research, some have access to readings.

If most of us looked at our personal history, we'd see that much of it prepared us for now. I look back on my life and I see that the whole of it was a preparation for now. I don't need to have a full life review to know that. I already got it.

Whatever it is we have now is what we intended to give ourselves for the role we intended to live. What role is that? It's obvious. Look for what you enjoy doing the most, bar none. That's your mission. It would never be any other way in the Mother's service. Think of me and writing. I'm doing what I love. My mission and my highest bliss are the same - writing.

No, I don't want to paint. I don't want to cook. You might be able to interest me in cleaning sidewalks with a power hose. But my highest bliss (and my mission) is writing.

I'm going to say something controversial, but I feel certain of the matter. Fulfilling our mission well can be a gateway to bliss. Yes, yes, I know. Not very many people want to follow the path of dharma and that's fine. But for those who do, fulfilment of dharmic duty can be a pathway to the Fifth Dimension and beyond.

If it wasn't, I don't think we lightworkers would be here. We're followers of what Hinduism would call karma yoga, the path of action, the path of selfless service. If service were not a pathway to God, very few people would consider it.

Let me sum up. We have right now what we intended to give ourselves, to equip ourselves for our missions. Our missions will be found to be that which gives us the greatest happiness and joy. Fulfilment of dharmic mission is a pathway to God. A serving lightworker with his or her eye on the ball does not need to fear missing the boat or not ascending.



## Footnotes

(1) See "Starseeds: Waiters at the Banquet of Ascension," April 28, 2016, at <https://goldenageofgaia.com/2016/04/28/starseeds-waiters-at-the-banquet-of-ascension/>

(2) See "We are Already Ascended" at [https://goldengaiadb.com/Lightworkers\\_and\\_Starseeds#We\\_are\\_Already\\_Ascended](https://goldengaiadb.com/Lightworkers_and_Starseeds#We_are_Already_Ascended)

(3) Whereas before when he put on the mask he became a super-being, now nothing happened. Jim Carrey danced around in front of the unmoved psychiatrist as only he can ... with no results. Eeek. Everyone's nightmare:



*It worked this time.... Credit: [denofgeek.com](http://denofgeek.com)*



*... but not this time. Credit: [www.quoteslike.com](http://www.quoteslike.com)*



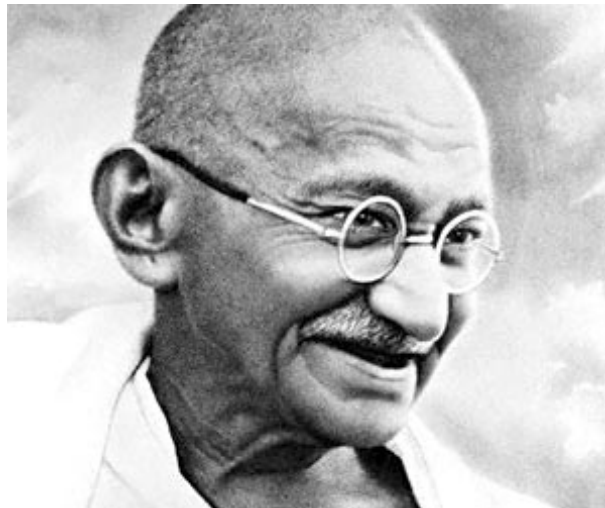
## In the Service of Ascension – Part 1/3

June 5, 2014

<https://goldenageofgaia.com/2014/06/05/in-the-service-of-ascension-part-13/>



Higher beings often incarnate to affect the course of historic events. We know, for instance, that St. Francis incarnated as Mahatma Gandhi, (1) St. Clare as Mother Teresa, (2) and St. Germaine as Merlin, Francis Bacon, Christopher Columbus and others. (3)



The Divine Mother herself incarnates as the essence of every avatar, like Rama, Krishna, and Ramakrishna. These individuals are therefore the highest examples of composite beings.

Then, on occasion, she herself incarnates as Mary, Mother of Jesus or appears in vision as Our Lady of Guadeloupe.

We lightworkers are higher-dimensional beings who've incarnated to assist with the mass, physical Ascension that's happening now and is the first in the universe.

I'd like to spend a few moments looking at some aspects of incarnating to play a role in this event.

Many of us, Archangel Michael says, "are an aspect or an emanation — not an apparition — ... of the higher realm."

Whether higher-dimensional beings incarnate to invent a new device, discover a new world, or help with Ascension, a part of them remains in the higher realms, as St. Germaine explains: "When you come into human form, a portion of your 'self' stays in the higher dimensions to guide you, and this is your Higher Self." (4)

Or Archangel Michael:

"A very large quotient, shall we say, of you is living ... in the higher-dimensional realm. Then there is a part of you that is in fact in the, shall we say, the morass of the chaos in the lower (for lack of a better term) dimensional realm because that is where the work is." (5)

We heard Michael tell us earlier that our angelic self "is not your higher self. If you want to think in the way you do, in terms of layers, think of your angelic self as above your higher self." (6) Both aspects of us remain largely outside our incarnated form.

Many of us aligned ourselves with greater beings when we were first birthed from Source. Archangel Michael explains:

"There are many of you who, when you have chosen sides, as it were, when you have chosen your ray. When you have originally birthed, you have aligned yourself, say, with me, and you carry that energy. Now, some, in a slight manner, and some in a very dramatic manner. So you are an aspect - not that I overtake you, because I would never choose to do that. That is against the Mother's realm of free will.

"But your leanings, the aspect of your spiritual self is very deeply aligned with that energy. Some of you are very deeply aligned with the aspect and the embodiment of the energy of the Divine Mother, the Magdalena, Yeshua, Sanat Kumara, St. Germaine, Archangel Gabrielle. So, there is that aspect that you wish to also deeply anchor within you."

While we're incarnated, apparently we can send an aspect of ourselves, usually in the night hours, to accompany the higher beings like Archangel Michael on special missions to the world's hot spots or to relieve suffering. He describes that capability here:

“Every person, every being, even myself included (but let us restrict our conversation to the human experience), has many aspects. It is not a totality or a bi-location; it is an aspect of yourself that goes often with me during a certain mission or purpose while you are still whole and complete in your physical self.”

We may, during our incarnation, have various forms of relationships and interactions with the beings we're aligned with. The first one I want to discuss is being overlit. Archangel Michael tells us:

“Now, when you have that connection, that lineage — to any of us, but, again, I will use the example of myself — there are times throughout life when, of course, you will feel two things — one, at times, the over-lighting (and I use over-lighting, not over-shadowing) of yourself, of the totality and sweetness of your being with my energy.

“You will feel at moments, ‘Well, I must be channeling!’ because you feel the energy of our connection, and as if I am sitting a couple of feet above your head and simply flowing my energy through you, blessing you, loving you — over-lighting you! — giving you, sharing with you, insight, information, sense of direction that is important to you or to your circle in that moment or for a period of time.”

This sense of being overlit may come and go.

“This over-lighting usually comes and goes, depending on how clearly you align with any of us, every day or occasionally. There are times when you will be over-lighted by someone or some being — an archangel or a mighty one — that you do not have, shall we say, regular affiliation with, but you are working on an aspect of yourself or a project where you have, on a soul level, called that energy forth.” (7)

Tomorrow we'll look at a deeper form of entering into partnership with those we've aligned with: merging.

(Continued in Part 2.)

## Footnotes

(1) "St. Francis Reveals at Least One of His Later Lives: As Mohandas Gandhi," at <https://goldenageofgaia.com/ascension-as-of-2012/the-masters-return/st-francis-reveals-at-least-one-of-his-later-lives-as-mohandas-gandhi/>

(2) Loc. cit.

(3) "St. Germaine: Rivers of Gold Will Flow Freely – Part 1/2," Aug. 15, 2013, at <https://goldenageofgaia.com/2013/08/15/st-germaine-rivers-of-gold-will-flow-freely-part-12/>

(4) St. Germain, "Council of Angels, Archangel Michael and St. Germain via Goldenlight: The In Between Times," Channeled by Goldenlight, February 04, 2013, at <https://thegoldenlightchannel.com>.

(5) Archangel Michael in a personal reading with Steve Beckow through Linda Dillon, Jan. 18, 2020.

(6) Archangel Michael in "The Divine Mother and Archangel Michael: Work with and Expand This Energy of Clarity," channeled by Linda Dillon, October 14, 2013, at <https://goldenageofgaia.com/2013/10/the-divine-mother-and-archangel-michael-work-with-and-expand-this-energy-of-clarity/>.

(7) Loc. cit.

## In the Service of Ascension – Part 2/3

June 6, 2014

<https://goldenageofgaia.com/2014/06/06/in-the-service-of-ascension-part-23/>



Yesterday we discussed how the higher-dimensional beings we're aligned with can overlight us. Today I'd like to discuss how they and we can at times merge. This is not something that I've had experience of so I'll need to allow our sources to speak for themselves.

But before going into the subject, I should add that the type of merging that is discussed here is not, I think, the type that we consider when we contemplate, for instance, merging with God at the end of an individual's total journey of life.

It may be more of what happens often on the higher realms in the life after death, as Julia Ames discussed in this passage from *New Maps of Heaven*:

"The limitations on the interpenetrating, all-surrendering, all-possessing union of beings on this side are removed. We neither marry nor are given in marriage, but are as the angels in heaven, free to mingle and to merge our being in their whole totality with any other Being or Beings with whom the vibrations of our souls coincide. The ecstasy of such union transcends the ecstasy of physical love on earth." (1)

Moreover, we are also merging aspects of ourselves together as part of the Ascension process, as Archangel Raphael here describes:

"The human being physical body part of you that lives on Earth is a small particle of your entire being, and what is occurring now during this time with those who are awakening and coming into enlightenment is a unification and merging with all aspects of your multidimensional self, which includes your higher self." (2)

So merger on many levels is very much a part of our whole Ascension experience.

Archangel Michael discusses how the higher beings can merge with us.

"The other thing that we do, in meditation — again, on a regular/irregular basis, primarily depending upon you and your requests, is we merge. Now, you think of this as overwhelming, and it can be, and as a very sacred gift, which it is, to you and to us. But I also wish you to think of it in a more common way." (3)

(The remainder of the quotes in this article come from the same source.)

He reminds us that we merge to a greater or lesser degree in many of our love relationships.

"Think of the range of interactions, relationships, that you have with those you love, from the very intimate of, say, sexual partnership, to your best friend, to your closest sibling, to your parents, and then on out into the community.

"So, say, when you get together with your beloved one, and you are physically intimate, but even more importantly, if it is a genuine relationship, you are heart intimate, you share the secrets, the desires, the yearnings, the joy, the sweetness of your heart, and you merge."

We also merge with beloved siblings and friends.

"It is the same with a sibling you love. It is not physical, but it is, more importantly, spiritual and emotional. It is mental. It is the same with your best friends, your sacred circle, of those that you cannot imagine going forward without.

"You merge your energies all the time, and it is beautiful, and it is sacred."

He tells us that the mighty beings or archangels merge often.

“And so it is with us. We do not live in a situation, environment or a state of being that is in separation or in isolation. Are we unique expressions of the Divine? Yes. But we ebb and flow and merge together all the time. It is the sweetest gift of the Mother.

“And so we also like — love! — to do it with you. And so we ask you at times in meditation, in sacred undertaking, in ceremony, to allow our energies to combine. This is what happens in true channeling.”

What happens when merger takes place?

“It fortifies. It expands you. It brings you to a greater level of inspiration and understanding, not only of who you are and how things work upon Gaia, but who we are. So we fill you with our love and presence. But, dear heart, you also fill us. It has never been a one-way street. It has never been a simple one-way exchange.”

This has been happening more and more frequently, he says, and will continue to do so in future.

“When you give your heart to us, when you welcome us within your sacred space, it is a merger and it is a union, and it is a reunion. And this has been happening more and more frequently, as you realize that you don’t need or choose to live in isolation or separation, that you wish to embody that ebb and flow. You wish to have the Divine partnership with us as well.”

Tomorrow I'd like to look at the subject of composite beings in incarnation.

## Footnotes

(1) Julia [Julia T. Ames] through W.T. Stead, medium, *After Death. A Personal Narrative*. New York: George H. Doran, n.d.; c. 1914, 191-2. In "The Christ Sphere," *New Maps of Heaven*, at [https://goldengaiadb.com/The\\_Christ\\_Sphere](https://goldengaiadb.com/The_Christ_Sphere).

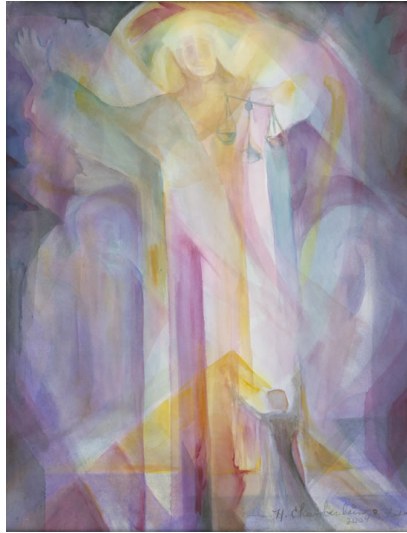
(2) "Archangel Raphael: Healing Across All Time and Space and Integration with Your Higher Self," channeled by Goldenlight, August 13, 2013 at <https://thegoldenlightchannel.com>.

(3) Archangel Michael in "The Divine Mother and Archangel Michael: Work with and Expand This Energy of Clarity," channeled by Linda Dillon, October 14, 2013, at <https://goldenageofgaia.com/2013/10/the-divine-mother-and-archangel-michael-work-with-and-expand-this-energy-of-clarity/>.

## In the Service of Ascension – Part 3/3

June 7, 2014

<https://goldenageofgaia.com/2014/06/07/in-the-service-of-ascension-part-33/>



(Concluded.)

I'd like now to turn to another manner in which higher beings incarnate and that is as a composite or group soul, such as Merlin and St. John the Baptist were. AAM explains.

“Let us first speak of this composite, or what many refer to as ‘group souls.’ Because this can be confusing. On the one hand, we are telling you — and the Mother considers you — beautiful, unique energy that is well defined and different than anything else throughout her omniverse. And then we say, ‘But that was a group soul.’ So let us explain.” (1)

(All quotes from Archangel Michael here come from this same source.)

These usually occur where “there are undertakings or situations where the task at hand is so pivotal to the unfoldment of the Mother’s plan, or to the change of direction when a civilization, perhaps, needs to be redirected or reworked, that a group of souls will come together almost in a bidding war, if you think of it, to say ‘I will go, and I will play that role.’”



There are also times, he tells us, when “because of history, of pain, of mayhem, of abuse, ... it is more beneficial for a group to come together and to support one another in that undertaking of that particular life.”

Usually there is what we would think of as “a lead soul.”

“And that soul can be thought of as the administrator or the supervisor of this collection, although it is far more cooperative than that. And in that time, perhaps there is a soul that has a very particular talent or capacity or completion or mission to accomplish during that participation in that now-human being’s life.

“So they will come to the forefront during that particular phase. So that is one way in which it occurs. The other is that the entire group is there as a support team throughout, but again, they either exchange places or they support the lead soul in a mission is of such significance that a group is preferable.”

He gives the example of bringing “an intergalactic and an Earth-keeper and an angelic together to participate in something because all these variations are required.”

A braided walk-in is one example of a composite soul. Archangel Michael describes that form of being.

“The braided walk-in is the conscious awareness, and the inter-twining of a number of souls, usually two or three, into a unified whole where everyone is conscious and participating.

“Again, it is very unusual. A braided walk-in is very, very unusual.”

When souls are at that level of commitment and love, “there is a merger of those energies, [so] that you are working as a group.”

Being part of this incarnation “does not mean that they were always and only part of that group soul. They are still maintaining their unique spark.” After the death of John the Baptist, for instance, the group that formed him dispersed.

“Now, can there be reunion, because they worked well together, and there was cooperation, and that is a good combination to come together for a future or a past undertaking? Yes, but it is not required and it does not always happen that way.”

Apparently, there are a number of archangels incarnated on the planet at this time. What happens in that case? AAM explains.

“The human being is what we would say over-lighted on a continual basis by that being, by that archangel. Now, the archangel does not over-ride the human choice, the free will. So you will say, ‘Well, I can’t possibly be an archangel, because look at that time when I did that, and that was a horrid thing to do!’

“Well, that is not so. And we have a long history of archangels falling off the path and doing horrid things. The key to this is non-judgment, is it not?

“But when the archangel incarnates or over-lights the energy of that being, it’s first, foremost and primarily of that archangel. It is that simple.”

We may notice “that there is a different quality to those individuals.” Nonetheless they may be unaware of their origins and unable to access their full capabilities, he says.

“It is not a case of the person being the fullness, because the archangel still hovers above. They cannot — well, they could, but they do not — fully embody in the individual, although there are moments when the fullness of that presence is known and felt, and celebrated. It is a very unique, and very uncommon, situation.”

Moreover, higher beings such as angels and archangels can “apparit” or briefly appear before us. The Lord Maitreya discussed how higher beings may do this.

“We have the capacity to assume missions and purpose which are in alignment with who we are in our divinity and essence and how we have expressed in and out of human form or elsewhere, over time, or what you think of as time.

“But we also have the ability to come and be in form not simply as an aspect or an emanation — which I have done many times — but to be in what you would think of as human reality, form, but also to be present in that form with the full awareness of our being.

“So that is part of our rules of engagement and how we re-manifest and re-enter and come with great excitement and delight to walk this beloved Earth yet again.” (2)

In this series, we've seen that many of us are emanations of angels, archangels, seraphim, or other types of higher-dimensional beings. The greater part of ourselves exists on the higher planes of life.

These selves overlight us and can at times merge with us. In some cases, it isn't one individual who has incarnated; it may be a composite or group as in the case of Merlin and St. John the Baptist. In other cases, a higher dimensional being may appear or "apparit" temporarily for a special purpose.

More and more of this knowledge is being revealed. I've been told by Archangel Michael that, at some point after Ascension, we'll experience the return of our native capabilities and powers, at which point the fulness of our identities will become known.

### **Footnotes**

(1) Archangel Michael in "The Divine Mother and Archangel Michael: Work with and Expand This Energy of Clarity," channeled by Linda Dillon, October 14, 2013, at <https://goldenageofgaia.com/2013/10/the-divine-mother-and-archangel-michael-work-with-and-expand-this-energy-of-clarity/>.

(2) "Maitreya: I am Among Many who Return to Walk Among You," June 4, 2013, at <https://goldenageofgaia.com/2013/06/maitreya-i-am-among-many-who-return-to-walk-among-you/>.

## ⌘ ⌘ Accountability, the Reval and Ascension ⌘ ⌘

# Accountability and Ascension

February 5, 2018

<https://goldenageofgaia.com/2018/02/05/accountability-and-ascension/>



I've been asked to place Accountability in the overall Plan for Ascension in a general way (i.e., for newcomers).

I'm going to have to do it from memory, rather than citing many references, in the interests of time.

My understanding is that, even though we as a planet decided through our collective consciousness to postpone Ascension so that "everyone" could ascend, that in itself does not guarantee that everyone will.

The Fifth and higher dimensions are rarified environments compared to this one. People rooted in Third-Dimensional vibrations would feel as if there's too little oxygen, as if they're choking to death. They wouldn't be able to withstand the more refined vibrations and so would have to stay behind.

When the time of "lift off" happens for the whole planet - in a vibrational sense, such as from a planetary heart opening - we reach what can be considered a time of separation.

Those who raised their vibrational level through purification to a point where they can tolerate the higher dimensions will go forward. That will be the vast majority of the planet, I imagine.

Those who've chosen to remain in Third Dimensionality will recede in some way - physically, emotionally, spiritually, I know not. They may disappear from everyday sight. They may recede from memory. However it occurs, there'll be a separation.

Accountability is a term that refers to the period during which power on the planet passes from the 1% to the 100%, from the deep state to the people's state again. I don't even want to pretend I know what judicial process will be followed.

Out of it will come restored governments for all of us, a new financial system, abundance, freedom of the press, gender-equality legislation, restored civil rights, etc. Disclosure will then be possible and with it a plethora of health-restoring and labor-saving inventions.

I think we're at the beginning edge of Accountability. I think the cabal, under the Executive Orders against human-rights abuse and for the detention of terrorists, is being removed from power and possibly incarcerated, awaiting trial.

Need it concern us? I can't answer that for you. As a New-Age reporter, I feel some duty to keep up with the baseline of events. But it's also not the main event for me.

The most compelling reason for lightworkers to know something about the fall of Team Dark would be to quiet the fears of people around them who don't know anything at all and wonder what's going on.

They might be greatly shocked to hear the truth coming forth and need comforting.

For some, especially political and religious fundamentalists, everything they believed in may come tumbling down. It could be a very difficult bump. (1)

So there's value in us who are serving this Ascension remaining aware of at least the broad outlines of what's happening.

At the same time, we also have a much more intimate knowledge of what the other side (the Company of Heaven) says through channeled messages.

That additional evidence is ignored by most mainstream folks, but, without it, would we ourselves know what's happening? I know I wouldn't.

Once the accountability phase is complete, I'm led to believe that progress will be rapid.

### **Footnotes**

(1) I went through such a world collapse in 2000 when my Indian guru of 25 years turned out to be what today we'd call a pedophile. Then we called it a child molester. It takes time to recover from the internal catastrophe that can follow.

# Ascension, the Reval, and Us

August 2, 2016

<https://goldenageofgaia.com/2016/08/02/ascension-reval-us/>



<https://inteldinarchonicles.blogspot.ca/2016/08/steve-beckow-ascension-reval-and-us.html>

I'm writing this synopsis of what we know about ascension and how the Reval fits into it for the specific use and guidance of currency holders.

We need to begin by setting the context. The context in which most of us have been operating for the last few centuries has been called empirical materialism.

Basically it holds that only what is seen, heard, touched, felt, and in other ways physically known is real.

But that leaves out most of the big players in the Reval, such as Archangel Michael, St. Germaine, Kwan Yin, the galactics, etc. It leaves out life after death, dimensionality, the soul, God ... everything that makes life worth living.

The cabal reinforcing empirical materialism through the use of ridicule and ostracism is perhaps the most obvious way in which we've been dumbed down.



The “guys in the rafters,” as Poof used to call them, occupy “spiritual realms” of varying dimensions - and beyond dimensions in the case of archangels. They're "the unseens," as they call themselves.

They work with the Divine Mother to orchestrate the Reval, the Disclosure of our star brothers and sisters, and ascension.

Who is the Divine Mother, pray tell? Christians call the Divine Mother the Holy Spirit; Hindus Shakti, Aum, and Prakriti (Latin: Procreatrix).

The Divine Mother is God in its aspect as Creator, Preserver and Transformer of the world.

The Divine Mother is all sound, movement, light, etc. The Heavenly Father in contrast is stillness and silence. Both are completely love. We can only know and speak to the Divine Mother. The Father is a transcendent Void and does not speak.

This world that the Mother created was designed to go through cycles or ages. We've just left the Dark Age or Kali Yuga and entered the Golden Age or Sat Yuga.

The energy hitting the planet right now is causing an elevation in everyone's frequency. When that elevation reaches a certain point, everyone willing and able will go through a consciousness shift. That's what we call ascension.

The consciousness shift itself is known to Earth's terrestrial sages who call it “Sahaja Samadhi.” “Sahaja” means “natural state.” “Samadhi” means a trancelike condition. Sahaja brings liberation from physical birth and death (mukti); so does ascension.

If you wish to see a person in the state we'll be in, read anything by Sri Ramana Maharshi. Ramana had Sahaja.

To ascend in previous times, as Jesus did for example, was an individual affair and meant leaving the physical body. We are the first generation, anywhere, to ascend *en masse* and retain the physical body.

We re-attain our natural state after years living “separated” from it in this Third-Dimensional world where we've centered our consciousness until now.

Ascension is both gradual and sudden. The human body could not endure adjustment to the amount of energy required to cause ascension if we received that energy all at once. So we've been bathed in tsunamis of love for the past several

years, to gradually bring us to the point where our bodies can survive the “shock” of ascension.

There are also times when we make a sudden jump together, times of what Archangel Michael has called "ignition." Ostensibly we arrive at the end of our journey in the Fifth Dimension but in actuality the journey is virtually endless.

Where does the Reval fit into this majestic plan?

The Reval is a transitional device. It's intended to “hydrate” society during the period between “now” and the arrival of NESARA (National Economic Security and Reformation Act). This paper would be too long if I discussed NESARA as well. Perhaps read about it here: “NESARA or the Abundance Program” at <https://goldenageofgaia.com/financial-wayshowing-reval/>

Suffice it to say that NESARA is a comprehensive program that sees to the needs of all citizens, mandates clean government, and eliminates all agencies, laws, and structures that kept the people on a prison planet.

In the period between now and NESARA, what we call “lightworkers,” which are those folks who chose to incarnate at this time to help with ascension, have been given the privilege of receiving remarkable amounts of money and using it for the benefit and wellbeing of humanity.

We could have gone directly to NESARA, but isn't it a wonderful learning experience for lightworkers, who often have had little in their lifetimes, to suddenly be given the opportunity to take the lead in showing generosity and rebuilding the planet?

And does it not give rise to a group of terrestrial leaders who can treat later with our star brothers and sisters when they decide to uncloak their millions of invisible spaceships and make their benevolent presence known?

Lightworkers are taking the lead in building a New Earth, Nova Earth. It's up to us to hold some of our Reval earnings back for ourselves, hold some in reserve as a contingency and tax-payment fund, and then hydrate society with the rest.

Now back to ascension. Surely you've felt yourself feeling happier and happier as the vibrations rise in frequency. Or you've found yourself suddenly gripped by strong issues, as the energies release all that cannot go with us. All these and more are ascension symptoms.

At some point we'll go through steps in which our vibrations collectively will rise. When we enter the higher dimension we're headed for (the Fifth), we'll experience continual bliss, transformative love, a radical increase in knowledge, the end of disease, etc.

I've experienced longish periods of transformative love and bliss in the past year and a half and I can tell you nothing compares to them and, while in them, one wants nothing else and nothing more.

So I've had a glimpse of those levels of higher consciousness. Once one has tasted them, one works for nothing else thereafter.

To ascend, one must have (A) chosen to ascend and (B) assimilated enough light to induce the change in body from carbon-based to crystalline-based, allowing one to endure the higher-frequency environment.

That sounds like a lot but anyone who is simply a decent person will have assimilated that level of light and the choice to ascend is made more often at soul level than at the level of everyday consciousness. By the Law of Freewill, no one will be forced to ascend: hence the need to choose.

Even if you're hearing about ascension for the first time, chances are, if you're reading this, you chose to ascend before entering the body this lifetime.

Relaxing on the matter serves two purposes. It helps you get through the wait. And it raises your vibrations and helps the ascension process.

A great deal more about ascension can be read here: "The Plan and Process of Ascension" at [https://goldengaiadb.com/The\\_Plan\\_and\\_Process\\_of\\_Ascension](https://goldengaiadb.com/The_Plan_and_Process_of_Ascension)

We have nothing but wonderful events awaiting us, as soon as we get through this time of chaos brought on by the rising vibrations. It's the "storm before the calm," as Matthew Ward tells us. (1)

## Footnotes

(1) "Sweeping clean national governments and tyrannical regimes is not easy or quick, and the turmoil you are seeing—if we may twist your phrase—is the storm before the calm." (Matthew's Message, Aug. 15, 2015, at <https://goldenageofgaia.com/2015/08/18/matthews-message-via-suzy-ward-august-17-2015/>)

# The Reval, Disclosure, and Ascension: Locked Puzzle Pieces

April 8, 2017

<https://goldenageofgaia.com/2017/04/08/the-reval-disclosure-and-ascension-locked-puzzle-pieces/>



Archangel Michael acknowledged in mid-March that the Reval, Disclosure, and Ascension are related.

He said that "they are all like locked puzzle pieces." (1)

He said that our exercise of stewardship was being eagerly watched:

"If in your spiritual maturity, you go forth, and we believe you will (we strongly believe you will), [in the belief] that this unfoldment is underway and that you are demonstrating, not simply a primitive attitude or a tribal attitude but more of a global, universal attitude, then you are ready to not only meet with your star family but participate with them, their technology, their gifts, in community, to go forth in the next phase in the building of Nova Earth." (2)

He acknowledged that there would be waves of abundance. (3)

He cautioned us that misuse of funds would not be permitted. (4)

What does that say about us, the stewards born of the Reval?

Well, for me it says that the challenge ahead of me - and I'd like to think "us" - is to live up to the opportunity and the magnificence of the moment.

The Reval will remove our want. It'll allow us to remove the want of many, many others.

It'll furnish us with the confidence in managing a flow of abundance, with other flows promised.

Having under our belts at least one successful venture in building Nova Earth - the release of abundance through lightworkers - we'll be better-positioned to begin to work with the galactics after Disclosure.

The moment of Disclosure itself will for me be magical. I'm aware of how historic an occasion it is, for all concerned. "Historic" seems too small a word for it.

The galactics are, Michael told us recently, frequency-shifters as well as shape-shifters. (5) They're higher dimensional beings. Being around them is, I'm led to believe, uplifting in and of itself. Our work will be uplifting.

If I'm correct, we'll be expanding in ways we never have before. This is the way to gradually "ascend" a planet.

Archangel Michael explained recently what the Mother meant by "claiming our divine authority":

"You have the capacity, you have the wherewithal, you have absolutely what it takes to fully align with your power, your universal self, the totality of your full design, your abilities, in divine perfection of your divine authority, with the divine authority, with the love right now." (6)

That's the game that he invites us to play at the level he invites us to play it at.

So what this connection among the Reval, Disclosure, and Ascension means to us is a dance of creation. It begins with us acting as a pipeline of wealth and progresses through us being joined by the galactics (from whom most of the gold came anyways) on newer and undoubtedly larger projects.

And the action and interaction, along with the impact of the various energies, lifts us higher in consciousness, the endpoint being Ascension, to the Fifth to the Seventh Dimensions, not primarily of a location, but of consciousness.

## **Footnotes**

(1) "AAM: Synchronicity Among Reval, Disclosure and Ascension – Part 1/2," at <https://goldenageofgaia.com/2017/03/22/aam-synchronicity-among-reval->

[disclosure-and-ascension-part-12/](#) and "AAM: Synchronicity Among Reval, Disclosure and Ascension – Part 2/2," at <https://goldenageofgaia.com/2017/03/23/aam-synchronicity-among-reval-disclosure-and-ascension-part-22/>

(2) Archangel Michael in a personal reading with Steve Beckow through Linda Dillon, March 10, 2017.

(3) "That is why we have also said, (this is an aside) there will be several waves of abundance. So we give you the allowance and we see how you do." (Loc. cit.)

(4) "Even within the Lightworker community, there are pockets of entitlement and arrogance that are not acceptable. So that needs to be very clear and it also needs to be cleared.

"And if... Never mind. We will not say... Yes, I will say this. If they do not do it, it will be done for them. And that is not a threat. It is simply a necessity for the unfoldment of the Mother's Plan." (Loc. cit.)

(5) "They are not simply physical shape shifters; they are frequency shape shifters as well." ("AAM: Synchronicity," *ibid.*)

(6) "Transcript ~ Archangel Michael on the Source of Power and Authority, AHWAA, March 9, 2017," at <https://goldenageofgaia.com/2017/03/18/transcript-archangel-michael-on-the-source-of-power-and-authority-ahwaa-march-9-2017/>

## AAM: Synchronicity Among Reval, Disclosure and Ascension – Part 1/2

March 22, 2017

<https://goldenageofgaia.com/2017/03/22/aam-synchronicity-among-reval-disclosure-and-ascension-part-12/>



*In this excerpt from a reading with him through Linda Dillon, on March 10, 2017, Archangel Michael looks at the tie-in between the Reval, Disclosure, and Ascension.*

*He reviews the range of response to be expected from lightworkers and their nearest colleagues.*

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Steve Beckow: Is there a temporal tie-in or synchronicity (you have answered this partially, in the past) among the Reval, Disclosure, and Ascension?

Archangel Michael: Yes.

Steve: Is there anything you want to say about that?

AAM: From the very beginning I have endeavored, as much as an Archangel can endeavor (I am playing with you), to emphasize that what you have called the Reval has been about spiritual revaluation. That vision I have needed and will continue to need to bring to everybody's attention, time and time and time again.

This is simply not about a temporal or a physical manifestation because one has committed to be a Lightworker. In fact the level of entitlement among many is appalling and I say that very strongly and very clearly.

It is not because you are the chosen people. It is because there is a need and an agreement and a soul agreement in the fulfilment of the Mother's Plan that when the spiritual re-evaluation of enough people, and the commitment to truly change, takes place, then the physical manifestation of those resources come forth.

As we have said in the past, we do not make funds available to create dictators or for buying weapons of mass destruction or war.

Steve: Or châteaux in the south of France.

AAM: That is correct. That would be an abomination of the Mother's Plan.

Now I am not talking about ease. In fact we have just spoken of the need for balance in every aspect of one's life. So I'm not suggesting to you that you are given resources so that you can work 24 /7 on a project, or what you previously thought of as your job or work.

Everything is an integrated whole and work and play and family and the entire list is of a whole. So humanity and those who are recipients of resources have need to be at a level of spiritual maturity to use these things wisely.

They are not just the recipients of a lottery. They are the guardians, the stewards of the practicalities to create institutions and societies that are kind and loving and, might I say, elevated; that are in alignment with the Mother's Love.

Now there are those that have no knowledge, no association, no belief system that is in alignment with what you feel, or believe is the Lightworker/Loveholder community. That is not to say that they are not mission- and purpose-driven in the same way.

But their level of spiritual maturity in their pathways also has to be at a level where they can claim divine authority. Not to be the new cabal or illuminati or usurpers of



power, but to create a balance upon this planet and, in our words, a world that works for everyone.

This delineation and even the opinions behind it, of have and have not, have need to be eradicated. So the level of maturity has need to be present.

And we suggest that you have done stellar work, and I mean you, the collective and the Lightworker community, have done stellar work in doing this. (1)

*Tomorrow he looks at lightworker entitlement and arrogance and confirms that Disclosure will be a group event.*

(Concluded in Part 2, tomorrow.)

### **Footnotes**

(1) Archangel Michael in a personal reading through Linda Dillon, March 10, 2017.

## AAM: Synchronicity Among Reval, Disclosure and Ascension – Part 2/2

March 23, 2017

<https://goldenageofgaia.com/2017/03/23/aam-synchronicity-among-reval-disclosure-and-ascension-part-22/>



(Concluded from Part 1, yesterday.)

*In this excerpt from a personal reading with him through Linda Dillon, March 10, 2017, Archangel Michael acknowledges pockets of entitlement and arrogance among lightworkers, which are no longer acceptable.*

*He points to a level of spiritual maturity that will be needed to accomplish the work of the next, Post-Reval era.*

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Archangel Michael: Even within the Lightworker community, there are pockets of entitlement and arrogance that are not acceptable. So that needs to be very clear and it also needs to be cleared.

And if... Never mind. We will not say... Yes, I will say this. If they do not do it, it will be done for them. And that is not a threat. It is simply a necessity for the unfoldment of the Mother's Plan.

Again, if there is not a vibratory match (and we don't mean frequencies because your star brothers and sisters have the ability to adjust their frequencies. They are not simply physical shape shifters; they are frequency shape shifters as well) so, if there is not a match (and again; the emotional, mental, spiritual maturity to engage with them - not as them coming a saviours but as equals, as brothers and sisters, as family) then that could not occur. Especially the fear factor could not be present.

Now all of this is being cleared up. So is there an association between the Reval, between what you think of as Disclosure, which means the world community - yes, through leaders, coming together to say, "We welcome you"...

Steve Beckow: So a group disclosure...

AAM: Yes, we have said that before. So, a group disclosure and the ability to ascend as one rather than feeling that, "We are the Mother's chosen ones and we get to go." It is the ability to go as one.

So they are all like locked puzzle pieces. You are correct.

Steve: So how does the Reval... How can I say this? I'm trying to find out *how* they are linked up.

AAM: Think of it in this way. If you have a child - well, you do have a child - and you say, "Now you're old enough I'm going to give you an allowance of a dollar a week. And out of that dollar a week I want you to be responsible to pay your Cub Scout dues and to take out the garbage and walk the dog."

There is a sacred contract there and you are teaching responsibility because you have judged and you have discerned that your child is ready for that. It is not that you have removed your support or that you're not watching very closely over them and then you monitor that.

That is why we have also said, (this is an aside) there will be several waves of abundance. So we give you the allowance and we see how you do.

If in your spiritual maturity, you go forth, and we believe you will (we strongly believe you will), [in the belief] that this unfoldment is underway and that you are demonstrating, not simply a primitive attitude or a tribal attitude but more of a global, universal attitude, then you are ready to not only meet with your star family but participate with them, their technology, their gifts, in community, to go forth in the next phase in the building of Nova Earth.

So then it becomes a cooperative venture, not something that is laid on and not something that you are doing all by yourself. It is an expansion that is beyond measure. Then in that expansion, you are also ready to reach a higher level of enlightenment.

Steve: Okay, so that is how they are related. In that expansion you are ready to reach a higher level of enlightenment. It's not that the higher level of enlightenment comes first to help you with the expansion.

AAM: You have received several upgrades in terms of what you would think of as your levels of enlightenment. So it is not that those adjustments have been absent. But let us also say that right now if you were to complete your full ascension, many of you would not bother to stay and finish the creation of Nova Earth.

Steve: So you really have to meter it out to us, so to speak, so as not to send us flying off into some other pursuit?

AAM: That is correct.

Steve: But we will have enough to do the job, enough smarts, enough heart...

AAM: Think of it as growing every day. Then you are given more responsibility, more allowance, and more cooperation. You begin to fully see us and engage with us. Many of the Masters return. So that you're given all that you need to expand like a flower blossoming.

Steve: Alright, that's very clear. Thank you, very helpful. (1)

## **Footnotes**

(1) Archangel Michael in a personal reading through Linda Dillon, March 10, 2017.

# Archangel Michael on Post-Reval and Post-Ascension Life

March 4, 2018

<https://goldenageofgaia.com/2018/03/04/archangel-michael-on-post-reval-and-post-ascension-life/>



*The excerpt that follows from a Dec. 20, 2017 reading with Archangel Michael is on what may happen after the Reval and Ascension. Will prices skyrocket after the one and will people flee their jobs after the other?*

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Archangel Michael in a personal reading with Steve Beckow through Linda Dillon, Dec. 202, 2017.

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Steve Beckow: A reader has asked me how the planners of the Reval and NESARA will prevent business from simply raising prices, wiping out the value of the Reval and impoverishing many. What can you say about the possibility that the financial floor just goes up?

Archangel Michael: That is a question based on fear. It is a question based on doubt and a belief system that those who are, shall we say, in the goods and services provision industries have a desire to bankrupt themselves.

If they are to raise their prices exorbitantly, such as after various wars, what happens is they may gain some financial wherewithal for a brief period of time. But in fact, in the longer run, people cannot buy what they cannot afford.

So that flow of money, that funnel comes to a dry spot and stops flowing. So it is counterproductive. It is really counterintuitive.

Besides which, most of the shifts in economic well-being, if we can put it that way, are very quiet and understated. So it is not that the owners of, say, your local grocery store suddenly knows that everyone has more money and he can charge \$10 for a carton of eggs.

*[After discussing Universal Basic Income of \$100,000.]*

The grocer that just receives \$100,000 is not of the mindset then to rush to his store and raise the prices. The energy is the love. It is the new paradigm. Do not think in terms of the old paradigm because, dear heart, it is gone.

Steve: Right, yes. I am thinking of the old paradigm.

AAM: Yes, and that is all right. That is a perfect example for your readers to understand.

Steve: I don't really understand the significance of the new golden grid. I get that it's marvellous and wonderful but I don't have a very deep understanding of what is happening.

AAM: The significance is that your ability on every level to conduct love energy has been raised substantially. It is that simple; to think, to act, to feel the love. And in that ability to have the conduct of energy of what you can think of as sheer energy, to open your heart, is present.

So it is your ability to perceive a different reality, your ability to truly claim and assume your interdimensional self has also been [made?] wide open.

Steve: Is there anything more that you can tell us about our future journey? Like "we are to have a heart opening," say, "and the next step would be... and then the next". Anything you can say about that?

AAM: Think of it this way. With the ability to truly feel to a greater extent, what you have termed as bliss, as love, and to carry that constantly there comes a period of adjustment.

Think of it in this way. If you had a terrible fracture in your leg and you hobbled and were in pain for months on end and then the pain begins to ease and then the physiotherapy is over and then you are walking along because it is no longer December and it is July and you are filled with vim and vigor.

And you are rushing along through the mountain paths, smelling the fresh air and seeing the summer sunshine. You feel entirely different.

The human heart, the esoteric heart, the spiritual heart, the seat of your soul in many ways was fractured. In the truth of Ascension, this is what you are doing. It is healing and opening to a greater capacity of love consciousness.

Now as you get used to that, your behaviors, what you choose to do in very small personal ways, human interaction ways, interactions with your beloveds and your family all change. The grumpies go away, dear heart!

And what you choose to do with your days, with your weeks, with your creative energies, changes. It is actually so straightforward and it does not mean (although for some it will) that everybody quits working or gets a new job.

But how one goes about that job and that daily journey is so different that it feels like a different planet, a different existence, a different realm, a different world.

**⌘ ⌘ After Ascension: The Golden Age of Gaia ⌘ ⌘**



# What is the Golden Age?

February 9, 2011

<https://goldenageofgaia.com/2011/02/09/ascension-part-3-golden-age/>



## We Stand on the Threshold of a New Age

“You stand poised at the threshold of the new Golden Age for mankind,” says spirit teacher Saul. (1) In that era, humanity will “move into full consciousness.” “It is the state toward which you have been working for a very long period of Earth time, and through many Earth lifetimes.”

He describes what we'll experience then.

“The moment of fulfillment of God’s promise to humanity of a new Golden Age is shortly to dawn. When it does your joy will be stunning for you, as understanding of its meaning floods into your awareness — like the depths of winter changing instantly into the lushness of full summer.

“Your thoughts, your imaginings, even your dreams have given you not the smallest inkling of what is about to occur. Rest assured that the wonder of

this approaching event leaves absolutely no room for even the slightest sense of doubt or disenchantment.” (2)

Saul is not alone in making this prediction. Here is Matthew Ward also on the same subject.

“It is the collective light on the planet that is ushering your world into the Golden Age!” (3)

“The unstoppable intensity of the light is propelling Earth ever closer to the Golden Age, where no darkness of any kind can exist.” (4)

Those people who can tap into the collective consciousness, Matthew says, “are accurately seeing what we have described in Earth's Golden Age -- the loving, peaceful life of all peoples, the restoration of your planet's health and beauty, the harmonious co-existence of humankind with all of Nature.”

“In this wondrous Earth that is on the near horizon and already created in the continuum, there is no fear, no violence or greed or bigotry or any other divisiveness that thrives in a third density world.” (5)

SaLuSa holds the same vision.

“See the rainbow and the pot of gold, because you are truly entering a Golden Age that will be so beautiful and uplifting we can hardly put it into words. Even in your wildest dreams you have not touched upon the feeling of the wonderful energies that you will experience. They absolutely ensoul you with a great Love and Light, and that is where you once came from eons of time ago.” (6)

It is “the end of the illusion, and the suffering it engenders,” Saul tells us. “Your happiness and exhilaration in the joy of being alive when you finally awaken from this deranged and stifling nightmare will overwhelm you.” (7)

It is part of “an ongoing process,” according to SaLuSa. (8) We may ascend on this occasion, but we will ascend to higher and higher levels of existence on other occasions, until at last we reach a point where we have ceased to exist as an entity separate in some respects from God and have merged with God in all respects again.

## **What Ascension is Not**

Ascension is not an upward movement, Matthew reminds us. To use the word “Ascension” is to use a metaphor.

“Although this movement is into planes of successively lighter energy, not into progressively higher elevations such as climbing a stepladder or a mountain, souls’ growth in conscious awareness and spiritual clarity can be thought of as upward. Thus ascension is the most descriptive term for this advancement.” (9)

Thus it has, Matthew Ward says, nothing whatsoever to do with a physical rising into the sky, “nothing ... to do with the ‘raptures’ of religion, so please do not try to fit that concept into the universal truth. Ascension is the process of Earth leaving third density and traveling through fourth on to fifth.” (10)

It is not a spiritual judgment process, as Matthew informs us.

“There is no seat of judgment or arbitrary selection of which humans can ascend and which cannot — it is strictly a matter of science and souls’ own choices. Light changes third density’s carbon-based cellular structure to the crystalline form that lets bodies survive in the higher frequencies, or vibrations, of fourth density and beyond.

“That is why persons who choose to live in the light can ascend with Earth and those who choose to cling to their dark ways cannot. After a time in spirit, souls in the latter group will incarnate in a world that corresponds to their Earth lifetime energy registration and have more opportunities to ‘see the light.’” (11)

It will be, the galactic, SaLuSa of Sirius, says, “the most important step you have taken since the last cycle began, and it is why so many Beings accompany you in the last stages of your preparations.” (12)

When we finally do ascend,” he says, “you may be absolutely certain that you have succeeded in overcoming duality, and you will truly be looked upon as a Master.” (13)

The fact of ascension, he adds, “is only known to a relatively small percentage of Humankind. Many more have heard about it but it has no real meaning for them. In fact it is often denied as the fanciful notions of dreamers.”

“It is most important that every soul understands what Ascension stands for, and that each one is able to make an inspired choice.

“You who are already aware can help them understand what a wonderful process it is, one that is intended to lift you up to levels that are more in line with your true selves.” (14)

## **Footnotes**

(1) Saul, July 5, 2009, at <https://johnsmallman.wordpress.com>

(2) Ibid., May 12, 2010.

(3) Matthew's Message, Jan. 1, 2007, at <https://www.matthewbooks.com/mattsmessage.htm>

(4) Matthew's Message, Sept. 21, 2009.

(5) Ibid., Sept. 24, 2008.

(6) SaLuSa, Jan. 26, 2011, at [https://www.treeofthegoldenlight.com/First\\_Contact/Channeled\\_Messages\\_by\\_Mike\\_Quinsey.htm](https://www.treeofthegoldenlight.com/First_Contact/Channeled_Messages_by_Mike_Quinsey.htm)

(7) Saul, Nov. 6, 2010.

(8) SaLuSa, Aug. 27, 2010.

(9) Matthew's Message, Aug. 13, 2010.

(10) Loc. cit.

(11) Loc. cit.

(12) SaLuSa, June 11, 2010.

(13) Ibid., Apr. 16, 2010.

(14) Ibid., March 3, 2010.

# Archangel Michael on Where We Might Go After Ascension

May 6, 2018

<https://goldenageofgaia.com/2018/05/06/archangel-michael-on-where-we-might-go-after-ascension/>



*And where do we go, what do we do after Ascension? By "after Ascension," I don't mean mere entry into the Fifth Dimension.*

*Many people will feel that that completes the process of Ascension, but it does not.*

*The culmination of Ascension, as all readers here know, comes after Sahaja Samadhi, a full and permanent heart opening. That happens some subplanes into the Fifth Dimension, although at different times for different people.*

*Here Michael discusses what happens after that culminating event.*

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From "Archangel Michael: This Election Clears the Way for Obama to Step into the Truth of His Being," Nov. 8, 2012, at <https://the2012scenario.com/2012/11/archangel-michael-this-election-clears-the-way-for-obama-to-step-into-the-truth-of-his-being/#more-151450> .

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Archangel Michael: Then you begin your new assignments. And we need to emphasize in this, of course it is your creation, and it is your co-creation with us, with each other, with your star brothers and sisters. So there is choice. But you have already made those choices also long ago.

But, for example, you would have said - and yes, I use "you," my beloved friend - you would say, "Well, when I go next time for the new assignment, I want to bring with me two or three choices." So, for example, one would be emissary, intermediary, galactic communicator, between the ships, the Earth people, the cities of light; the building of new forms of media and communication, where there are different matters, different realities to be discussed and anchored; or joy.

Or you may choose to completely, simply, be on ship. Some of you may choose to continue your Ascension process and return to different dimensions. Some of you may choose to in fact leave or apparate or reincarnate on other planets and other realities. Some of you will be going home to your star brothers and sisters, to your home planets.

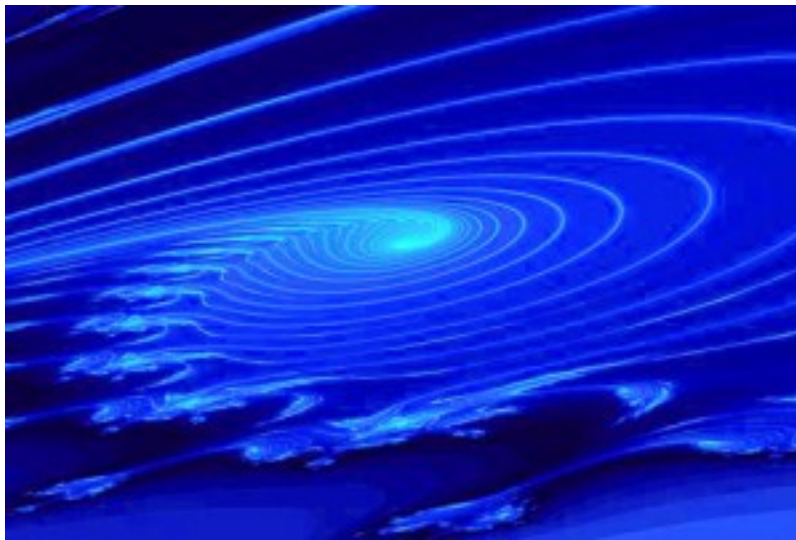
So there are a variety of choices. But let us be clear: we are eliminating the sense of work, drudgery, struggle, out of balance, completely. That has been the history of the 3rd and of the human race, but it does not mean that you stop, in quotes, "work, play, creation."

So, think of replacing the word "work" with "creation."

# The Future Will be Beyond Your Wildest Imaginings

Nov. 1, 2010

<https://goldenageofgaia.com/spirituality-into-the-golden-age-of-gaia/golden-age-of-gaia-articles-from-before-211212/life-in-the-golden-age-part-1-the-future-will-be-beyond-your-wildest-imaginings/>



What will life be like in the Golden Age? It is hard to imagine, SaLuSa tells us.

“Your future will bear no resemblance to duality.” Instead our future life will “give you every happiness.” (1)

“Whatever you believe the future to offer you, we can say it will be beyond your imagination for the sheer beauty and wonders you will encounter on your travels.” (2)

It won't be based on things as they are now. “Very little of the wondrous world on your horizon will be rooted in your systems to date,” according to Matthew. (3) “It is written that you shall bring into manifestation the new paradigm, and it shall be vastly different from the old one,” according to SaLuSa. (4)

Atmos tells us that the old ways have proven inadequate.



“You cannot carry the old vibrations much further, and they must be transmuted into the Light. As always it is your final choice, but realize what an opportunity Ascension offers you to once and for all leave the cycle of Duality behind you. The Golden Age is about to commence, and you can step onto its pathway if you so wish. Live in Love and Light and you will achieve a great step up in your evolution.” (5)

SaLuSa invites us to consider how challenging duality has been. “You find little peace on Earth, as the lower vibrations are conducive to disharmony and imbalance. Your ability to create is limited, and because of separation from the Source there is a lack in your life that cannot be filled.” (6) But Ascension will change all that.

“The process of Ascension will answer all of these drawbacks, and through your own efforts you will enter the Light forevermore. Then and only then, will you become the real you with very few limitations and great power to create. As your consciousness expands, so you will find that your understanding of the powers you have also increases. At the higher levels you will not abuse it, but instead use it for the good of all.” (7)

We will have become our “God selves,” SaLuSa tells us, (8) “fully enlightened Beings of Love and Light,” Ker-On says. (9) He continues: “After Ascension you will be fully awakened, and there will no mysteries connected with your existence or purpose of life. With your consciousness fully opened you will become godlike in your powers and join all other ascended Beings.” (10)

It is “not the end of your journey,” SaLuSa reminds us, “but your elevation to higher dimensions where another one begins.” (11)

What will we be like after Ascension? What conditions will affect us then? How long will we live? Will we continue to suffer from disease and old age?

## **Footnotes**

(1) SaLuSa, May 28, 2010, at [https://www.treeofthegoldenlight.com/First\\_Contact/Channeled\\_Messages\\_by\\_Mike\\_Quinsey.htm](https://www.treeofthegoldenlight.com/First_Contact/Channeled_Messages_by_Mike_Quinsey.htm)

(2) SaLuSa, Dec. 6, 2007.

- (3) Matthew Ward, “Essay on 2012,” Matthew’s Message, Dec. 31, 2007, at <https://www.matthewbooks.com/mattsmessage.htm>
- (4) SaLuSa, March 11, 2009.
- (5) Atmos, Oct. 13, 2008, at [https://www.treeofthegoldenlight.com/First\\_Contact/Channeled\\_Messages\\_by\\_Mike\\_Quinsey.htm](https://www.treeofthegoldenlight.com/First_Contact/Channeled_Messages_by_Mike_Quinsey.htm)
- (6) SaLuSa, March 26, 2010.
- (7) Loc. cit.
- (8) Ibid., March 27, 2009.
- (9) Ker-On of Venus, Nov. 3, 2008, at [https://www.treeofthegoldenlight.com/First\\_Contact/Channeled\\_Messages\\_by\\_Mike\\_Quinsey.htm](https://www.treeofthegoldenlight.com/First_Contact/Channeled_Messages_by_Mike_Quinsey.htm)
- (10) Ibid., Sept. 8, 2008.
- (11) SaLuSa, March 27, 2009.

# What Awaits Us

July 3, 2019

<https://goldenageofgaia.com/2019/07/03/what-awaits-us/>

*Excerpt only*



*Archangel Michael is discussing how I should be, following my own heart opening on March 13, 2015. But I think what he says here applies to everyone after the planetary heart opening.*

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Archangel Michael in a personal reading with Steve Beckow through Linda Dillon, Dec. 20, 2017.

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Steve: Is there anything more that you can tell us about our future journey? Like "we are to have a heart opening," say, "and the next step would be"?

Archangel Michael: Think of it this way. With the ability to truly feel [as a result of the heart opening], to a greater extent, what you have termed as bliss, as love and to carry that constantly, there [needs to come] a period of adjustment.

If you had a terrible fracture in your leg and you hobbled and were in pain for months on end and then the pain begins to ease and then the physiotherapy is over and then you are walking along - because it is no longer December; it is July - and you are filled with vim and vigor.

And you are rushing along the mountain paths, smelling the fresh air and seeing the summer sunshine. You feel entirely different.

The human heart, the esoteric heart, the spiritual heart, the seat of your soul in many ways was fractured [Is he speaking to me only or to all of us? I don't know]. In the truth of Ascension, this is what you are doing: Healing and opening to a greater capacity of love consciousness. [True for me.]

Now as you get used to that, your behaviors, what you choose to do in very small personal ways, human interaction ways, interactions with your beloveds and your family all change. The grumpies go away, dear heart!

[I am a grump. And I know the blissful state he's speaking of, so yes, I can attest that the grumpies go away in that state and you relate differently.]

And what you choose to do with your days, with your weeks, with your creative energies changes. It is actually so straightforward and it does not mean - although for some it will - that everybody quits working or gets a new job.

But how one goes about that job and that daily journey is so different that it feels like a different planet, a different existence, a different realm, a different world.