

Extraordinary Love



**Steve Beckow
Editor-in-Chief
Golden Age of Gaia**

Vancouver: Golden Age of Gaia, 2021

Copyright declined. Please copy Freely

Table of Contents

Preface	4
Introduction	5
⌘ What Real Love is ⌘	9
What do you mean when you use the term “love”? How can we imagine it?	10
We’re talking not just about an attitude but about something palpable, are we not?	11
Is love the highest frequency of light?	12
⌘ What Our Relationship to Love Is ⌘	14
What is our relationship to love?	15
Have we understood the real nature of Love?	15
Are you suggesting we haven’t loved?	17
Is there something we’re doing wrong that you’d like to correct?	17
In the larger scheme of things, where does love figure?	18
How does that fit with our ultimate aim?	19
I’m having difficulty including some people in the scope of my love.	19
I was always taught to be careful with my love and only let it out in safe circumstances.	20
Can the power-over people experience unconditional love?	21
What then is the shape of true relationship?	21
What are the benefits of unconditionally loving myself?	22
⌘ What Love is Not ⌘	25
What is love not?	26
Is higher-dimensional love simply stronger romantic love?	27
Why don’t matters of the heart work out for me?	30
Does unconditional love necessitate intimacy?	30
What happens to us that we forget about love?	32
⌘ Living Unconditional Love ⌘	34
Can unconditional love be experienced between everyone?	35
How do we create an aura of protective love around ourselves?	35
Is there anyone unworthy of love?	35

What holds us back?	36
What do we need to know regarding our bodies?	38
How can we uncover the flame of love?	38
Where and how should we seek love?	39
⌘ Love Will Always Win ⌘	42
Will love win?	43
Can love fill and restore us?	44
Can we ascend while holding onto a conditional-love belief system?	45
When will the shift occur?	45
How does this help us in building Nova Earth?	46
⌘ Bibliography ⌘	49

Preface

“There is only one choice... and I know you are capable of it... and it is the choice of love. And it is the choice of love to allow for diversity of every stripe and color, that each being has the freedom, the spaciousness, and yes, dear heart, the resources to fulfill their dreams, their purpose... individually, and as part of this collective.” (“Linda Dillon: Universal Mother Mary – My Divine Pause and the American Elections,” November 7, 2020, at <https://goldenageofgaia.com/2020/11/07/linda-dillon-universal-mother-mary-my-divine-pause-and-the-american-elections/>.)

"Love is the energy of the universe. It is the energy of the Mother. And it moves constantly, continually, eternally, infinitely. So, [for you] to have an experience of love, it moves through you. Now, does it fill you? Does it restore you? Does it nourish you? Does it alter you? Does it change you? Does it give you that evolutionary jump? Yes. It nourishes you, but it also clears you out. In some ways, [the love experienced in a heart opening] will purge many of your remaining illusions.” (Archangel Michael in a personal reading with Steve Beckow through Linda Dillon, April 30, 2019.)

"Let me tell you a secret. And it is a secret that I wish for you to share far and wide. With the opening of your heart, of any person's heart (and even when they believe that they have opened their heart), there is always room for greater and greater, and grander and bigger openings." (“Archangel Michael: Go with the Ebb and the Flow of Love,” channeled by Linda Dillon, April 3, 2014, at <https://goldenageofgaia.com/2014/04/05/archangel-michael-go-with-the-ebb-and-the-flow-of-love/>.)

“Even if the difference between what I personally desire and the simplicity of what I truly need is not apparent in my awareness, can I love the one who only wants things to be one way versus another as a replacement for the love only I can learn to offer myself?” (“Matt Kahn: Ask Yourself these Questions,” April 5, 2021, at <https://goldenageofgaia.com/2021/04/05/matt-kahn-ask-yourself-these-questions/>.)

Introduction



Welcome to a study of love, in love, for love.

It's becoming clearer and clearer as the love energy rises on the planet that we can actually learn how to increase it, experience it, and in other ways work with it. This booklet makes clear what some of these ways are.

I want to begin here by emphasizing from the outset that the amount of love we "get" from others is not great when compared with the amount of love we can get by raising it from our own hearts. Saul through John Smallman tells us:

"You have to be Love, which is what you are, and offer it constantly. Waiting to receive It from another does not work.... To receive Love offer It. Nothing else works, ever." (1)

A basic learning, in this regard, is that love has to flow, as Michael tells us:

"Love is the energy of the universe. It is the energy of the Mother. And it moves constantly, continually, eternally, infinitely. So, to have an experience of love, it [must move] through you." (2)

We can draw love up from our hearts on our inbreath and send it out to the world on our outbreath or else circulate it around ourselves and enjoy its restorative qualities. Michael confirms:

“Does it fill you? Does it restore you? Does it nourish you? Does it alter you? Does it change you? Does it give you that evolutionary jump? Yes” (3)

“Nothing else works, ever,” Saul tells us. That I have to take on his word, but certainly nothing else I’ve found works for me to make life immediately more satisfactory than the love these sages are talking about.

At this moment I am desireless in relation to the material world. But the desire for more love, deeper love, higher love never departs.

Why? Honestly? Because that’s the way the Mother designed things. As she herself said - and I believe her:

Divine Mother: I know very clearly, sweet one, as do you, if it is not [in] my Plan, then it will not occur. (4)

The fulfillment of my plan is inevitable. ... This will be done. (5)

Love will win because that has been my Plan always. (6)

Love will win. Once we’ve tasted this love, and know that of which the Mother speaks, all doubt will vanish from our minds.

This is how the world will work for everyone! we’ll say in astonishment. This is what the sages were talking about!

And we’d be right. This love, that we seldom experience in our everyday live, will prove to be all we’d ever wanted. Every cell in our body will feel replenished.

Because love cannot be bottled up, we’ll feel like a fountain of love, dispensing it freely and endlessly to the world. All this awaits us upon Ascension.

I can't leave you there. I have to tell you what Ascension is.

Ascension is a full and permanent heart opening. Ascension is the permanent opening of the heart aperture or hridayam, so that nothing further cuts our everyday consciousness off from the artesian well of love that the (seventh-dimensional) heart is. (7)

The culminating event of Ascension is called Sahaja Samadhi and Vijnana in Hinduism, Salvation and Redemption in Christianity, and ascent to the Mental Plane in the afterlife. It is moksha, mukti, or liberation from the wheel of birth and death, which exists only in the Third Dimension.

That Ascension is the doorway to the love that's being described in what follows.

With that, let's go!

Footnotes

(1) Saul through John Smallman, November 6, 2013, at <https://johnsmallman.wordpress.com/>

(2) "Archangel Michael: Go with the Ebb and the Flow of Love," channeled by Linda Dillon, April 3, 2014, at <https://goldenageofgaia.com/2014/04/05/archangel-michael-go-with-the-ebb-and-the-flow-of-love/>.)

(3) "Archangel Michael: Go with the Ebb and the Flow of Love," channeled by Linda Dillon, April 3, 2014, at <https://goldenageofgaia.com/2014/04/05/archangel-michael-go-with-the-ebb-and-the-flow-of-love/>.)

(4) The Divine Mother in "Enter the Delegations – Part 2/3," May 5, 2019, at <http://goldenageofgaia.com/2019/05/05/enter-the-delegations-part-2-3/>. Reading,

(5) "The Divine Mother: Each and Every One of You Carries Divine Might – Part 2/2," June 19, 2013, at <http://goldenageofgaia.com/2013/06/19/the-divine-mother-each-and-every-one-of-you-carries-divine-might-part-22/>.

(6) Divine Mother in a personal reading with Steve Beckow through Linda Dillon, April 30, 2019.

(7) Steve: Returning to the heart, it doesn't exist on the physical, obviously. What dimension does the heart exist at or is it multidimensional?

Archangel Michael: It is multidimensional but if you want to find a home for it, it would be in the seventh. (Archangel Michael in a personal reading with Steve Beckow through Linda Dillon, Dec. 5, 2018.)

⌘ What Real Love is ⌘

What do you mean when you use the term “love”? How can we imagine it?

SanJAsKa: When we use the term Love, we do not use it in the hollow sense many on the Earth have been accustomed to. (1)

Judith Kusel: The Divine ... showed me, that ... all souls in the New Earth will experience love in such an expanded form, (that) we cannot even comprehend (it) right now. (2)

Federation of Light: In Enlightened days ahead, you will not look back on the days that you felt depleted (with every reason to do so) yet you will only look forward ... into the new days of LOVE.

A LOVE OF A MUCH HIGHER FREQUENCY THAT YOU CANNOT FULLY YET APPRECIATE. (3)

Mike Quinsey: Eternal life comes through the Supreme Creator and is accompanied by the most exotic form of love that you cannot imagine. Love is the energy of all energies. (4)

Love is the life force that flows constantly through all living beings. Without It life would cease. Even those seen by you as the most despicable and unconscionable of beings is living with Love flowing through them; they need It as much as anyone else. (5)

The Arcturians through Sue Lie: That feeling of unconditional love is something that does not arise from the physical plane at all. It is something that each and every one of our ascending ones must find within themselves; [they] must have that dedication to move up that ladder. (6)

Divine Mother: [Ascension] is a complete redefinition of what it means to be human. It is the complete surrender and abolishment, elimination of the old third dimension, because love does not exist in that environment, not the love that I speak of this night. (7)

Awakening souls need to understand what love is, and long-time readers may appreciate a reminder of what I told my mother when she asked about love and how it applies to “everyday life.”

In simplest terms, love is God’s sharing of Himself with all of His creations. Love is the healing force of the universe. Love is within the soul and needs only your allowance of those innate sensations of loving others and receiving their love for you. Love has no limitations, no boundaries to its capacity.

In expression, love is treating others with kindness, fairness, honesty, compassion, helpfulness, caring, respect. If love can be said to have “ingredients,” then those are some of the ingredients of godly expression in action. (8)

We’re talking not just about an attitude but about something palpable, are we not?

Arcturians: Absolutely palpable. It is something that sometimes has to be water on a rock before people can experience it, because unconditionality is such a unique concept to Gaia.

And it is a concept that many beings have had to meditate for sometimes decades, before they could raise the frequency patterns within their brain to come into that state of consciousness so that they could have an actual, physical experience of it. And you know from your meditation, it is very physical. (9)

Judith Kusel: The Divine ... showed me, that ... all souls in the New Earth will experience love in such an expanded form, (that) we cannot even comprehend (it) right now. (10)

The weak faint image of real Love ... is all that you can experience as a human.

The illusion is like a pond in which you are immersed far beneath its surface and holding your breath, and from which you emerge for brief moments to breathe in the Love on which your very existence depends. (11)

Is love the highest frequency of light?

Arcturians through Sue Lie: Unconditional love is the highest frequency of light. It is the healing force of the Universe and the bonding force of the Universe so it is a Key of Creativity for it can take [the form of?] possible molecules, thought forms, actual physical molecules, whatever the substance or frequency of reality.

Unconditional love can collect them into a malleable frequency much like clay made of light and within this malleable frequency many concepts, many innovative thoughts, many advancements can come into a format in which the one who has manipulated this energy field can understand it because you have been able to feel that sensation of unconditional love. (12)

Jesus through John: Love is irresistible, invincible, and unstoppable. Know that the changes necessary to establish food, shelter, health, and abundance for all on Earth are already occurring, and that your personal intent, the loving intent of each one of you is bringing this about. (13)

Matthew Ward: Love and light are one and the same energy, the most powerful force in the cosmos and the key to transforming your world, that love is the composition of the soul and the bond that reunites people and animals who are dear to each other. (14)

Footnotes

(1) SanJAsKa and the Pleiadian High Council, "Pure Love Creates and Sustains your Realities", channeled by Wes Annac, May 27, 2013 at <http://aquariusparadigm.com>.

(2) "Judith Kusel: Heart Opening," June 15, 2021, at <https://goldenageofgaia.com/2021/06/15/judith-kusel-heart-opening/>.

(3) The Federation of Light through Blossom Goodchild, Sept. 27, 2020.

(4) Mike Quinsey's Higher Self Message, Oct. 4, 2019.

- (5) Jesus through John Smallman, March 9, 2017.
- (6) “Suzanne Lie and the Arcturians on Heavenly Blessings,” July 2, 2013, Part 2/3 at <http://goldenageofgaia.com/2013/07/suzanne-lie-and-the-arcturians-on-heavenly-blessings-july-2-2013-part-23/>.
- (7) “The Divine Mother Explains Ascension,” October 5, 2017, at <https://goldenageofgaia.com/2017/10/05/the-divine-mother-explains-ascension/>.
- (8) Matthew’s Message, Dec. 9, 2016.
- (9) "Transcript ~ The Arcturians on AHWAA: Mastering What Jesus Knew, December 24, 2015," at <https://goldenageofgaia.com/2016/01/05/transcript-the-arcturians-on-ahwaa-mastering-what-jesus-knew-december-24-2015/>.
- (10) “Judith Kusel: Heart Opening," ibid.
- (11) Jesus via John Smallman, March 22, 2015, at <http://johnsmallman2.wordpress.com>.
- (12) The Arcturians in a personal reading with Kathleen Willis through Sue Lie, March 23, 2014.
- (13) Jesus through John, September 20, 2013, at <https://goldenageofgaia.com/2013/09/20/jesus-the-time-has-come-to-dismantle-the-vast-international-corporations/>.)
- (14) Matthew’s Message, Dec. 9, 2016, at <https://matthewbooks.com>.

⌘ What Our Relationship to Love Is ⌘

What is our relationship to love?

Saul through John: Every sentient being is perfect unconditional love. However, in the illusion, the dream state in which humanity has chosen to hide itself, this is not apparent. (1)

Jesus through Linda: Not only is your natural sense of being full of love and joy, you are naturally, inherently, in your very beingness, not simply spiritually but physically, fundamentally an inter-multi-dimensional being. That is the construct of this planet. That is the very definition of what it means to be human. So, it isn't something that you need to learn, it isn't something that you need to be taught. What you are doing is remembering and embodying it in ways that it hasn't been embodied in thousands and thousands and thousands of years. (2)

Archangel Uriel: That is the alignment with this overworked, overused term that we call love. It is the alignment and the knowing, not only of the truth of love, not only of the truth of Mother/Father/One, but the truth of who I am – that I AM Presence. (3)

Have we understood the real nature of Love?

Arcturian Group: There has been very little understanding of the real nature of Love except for the occasional mystic. Concepts based in duality and separation have ruled the consciousness of mankind lifetime after lifetime, conditioning and interpreting love as well as everything else, in very limited ways. (4)

Unconditional love is always seeking. It's always looking to recreate itself in yet a new expression for it is the Creative Force of the Universe. (5)

Arcturian Group: Love does not come and go. It can be denied and resisted, but is ever present, like it or not. There are those who believe they can withhold or give Love and that third dimensional concepts of Love can be manipulated, but this is not Love.

Love is Omnipresent Divine Consciousness and when, through ignorance or free will choice an individual ignores this, he experiences the manifestations of separateness. (6)

Arcturian Group: You are ready and it is time to move more fully into a consciousness of real Love--Love that is free of limiting three-dimensional concepts and that you live and express in every experience of daily living. (7)

Divine Mother: The expansion of your heart even in this tender romance [is] not the fullness of Love that I speak of. (8)

Arcturian Group: For the serious spiritual student, it is long past time to move beyond third-dimensional views of love and move into an awareness, acceptance, and practice that reflects Oneness.

Love is not sexual attraction, nor is it an emotional reaction (positive or negative) you may feel for another although that is often a facet of it, especially with those you have known well in other lifetimes. Love is not something that can be withheld or given according to a whim of the ego. LOVE IS – period. ...

Over time an unawakened world consciousness attached rules and limitations on love – categories of emotion, attraction, acceptance, religious dogma, worthiness etc – declaring only certain categories of love as acceptable. Some of these rules were necessary for the times in which they were created.

However, it is a new time – a time to move out of these concepts and beliefs. LOVE IS, always has been and always will be, and can never be limited or changed regardless of how many false interpretations about it third-dimensional minds may think up. (9)

Sanat Kumara: “Love” is the most sacred word. If you are to think of a term of reference point, to speak truly of the awe of One, it would be love. If you wished to nickname the Mother, it would be love. If you wished to understand the essence of the Father, it would be love. And yet this word has become misunderstood in many ways.

Now we do not halt the use of this word because the design is that it is seeping into your consciousness – and I mean the collective consciousness – that although it is misunderstood, somehow, somewhere, love is important.

And so, for example, in your political shenanigans in the United States of America, you are seeing the use of placards and people declaring love. And yet their behaviour is not of love. It is not of love of the Mother and the Father and the One or the Son. And it is not of love of humanity and unified consciousness, anchored in the heart consciousness and transformative love. It is none of these things. (10)

Federation of Light through Blossom: We find it interesting that ratings soar when the factors come in to play regarding the Pillars, the Ships, the Wonders, the Event ... and yet, on a more regular basis when we speak over and over of LOVE ... the general consensus is for the rating to drop ... if we may put it that way. (11)

Are you suggesting we haven't loved?

Divine Mother: I am not suggesting that you have not loved and shared love with all your heart and that you have not demonstrated time and again your love for me, with your heart, with your mind, with your will, with your actions, with your forbearance, with your consistency, with your persistence, with all of who you are.

But just as your mental capacities, your brain, your hemispheres have not been fully ignited, so the same goes for your capacity to be love, to experience love, both in the personal sense, the universal sense, and the spiritual sense.

[Ascension] is a complete redefinition of what it means to be human. It is the complete surrender and [abolition], elimination of the old third dimension, because love does not exist in that environment, not the love that I speak of this night. (12)

Is there something we're doing wrong that you'd like to correct?

Archangel Michael: Stop seeking [love] externally. It is interesting, is it not, that so often we witness you human beings seeking love externally, when in fact all the love is within thee. (13)

There are still many who hunger deeply for the Love and acceptance they are entitled to, but in ignorance continually look outside of themselves for that which is within. Because of this, these dear Ones say “yes” to everyone and every idea no matter how personally destructive it may be and, regardless of how much it may not resonate with them, they believe that by saying “yes” they will be accepted and loved. This yearning and search for that which can only be found within is the root of all problems and is the bottom line of all actions resulting in imprisonment. (14)

Saul through John: Allow Love to embrace you wholeheartedly and unconditionally.

This is what It has always wanted to do – and of course, this is what everyone is seeking when they search for love outside themselves. (15)

In the larger scheme of things, where does love figure?

Jesus through John: Love is the energy field in which all exists, but because It constantly supports you in every moment, because you are never without it for even the most infinitesimal moment, you do not notice It. An analogy is a fish out of water. Without God’s Love enveloping you in every moment you would be in far worse shape than a fish out of water; you would cease to exist. (16)

SanJAsKa: Pure Love Creates and sustains your realities and when we use the term Love, we do not use it in the hollow sense many on the Earth have been accustomed to.

Rather, we speak of true, pure unconditional Love, which is sent out to every facet of our Creator’s inexplicably-large Creation. Every single Godspark on your dear Earth and far beyond can begin to unlock and understand the true, full and awesome power of the energy that is Love.

This energy helps to sustain and keep your conscious experience of reality in place and as you evolve and find purer dimensions of consciousness, perception and understanding, you will see that the energies formulating each experience on each octave of consciousness you are to undergo remain the prevalent force helping you to Create the realities you will exist in upon evolving.

So many aspects of your current experience will fade away or be transmuted altogether as you grow into greater perceptions, but the energy that is Love will only come to be understood more and more as the ultimate, infallible energy that it is. (17)

How does that fit with our ultimate aim?

Diane of Sirius: Your ultimate aim is to live in Unconditional Love, and, if you can get anywhere near it whilst in duality, that will be quite a notable achievement. (18)

The Arcturians through Sue Lie: There are not many models at all of unconditional love on that physical plane.

Through myriad incarnations on a third-dimensional reality based on the polarity of fear and conditional love without any representation whatsoever of unconditional love, the highest of the opposition to fear was human love which is immensely conditional. (19)

I'm having difficulty including some people in the scope of my love.

Jesus through John: Love is all-inclusive. If you exclude anyone, and that most definitely includes yourselves, it is but an imitation, a pretence of Love.

When you are having difficulty with self-acceptance and with letting go of self-judgment, remind yourselves that God loves you unconditionally in every moment, and if that is the case, as it most certainly is, then you have absolutely no valid reason for not accepting yourselves just as you are: perfect children of God.

If you still have difficulty, then remind yourselves of occasions when your own children misbehaved and you lovingly forgave them, and then open to the

realization that God is infinitely more loving and forgiving than you, as humans, can ever be! (20)

Jesus through John: To love others unconditionally is to love yourselves, because those two states are inseparable – they are one. As you do so you will experience stress falling away to be replaced by peace, and your inner knowing that all is divinely taken care of will intensify. (21)

Archangel Gabriel: This is what you're here to do. This is the gift of ... evolving beyond the conditional love paradigm and embracing that of unconditional love.

This is deeply profound and this is the game changer, Dear Ones. Because as you start to practice unconditional love for yourself, it will flow through you and you will draw it to you. You then start practicing unconditional love for your partners, for your children, for your family, for your friends, for your planet, for the animals, for every living creature that you come across. By releasing the conditional love paradigm and embracing unconditional love as your divine birthright, you will also be releasing perfectionism, fear, judgment, separation, pain, worthlessness.

We then become a beacon of love to everyone we come into contact with.

You then start practicing unconditional love for your partners, for your children, for your family, for your friends, for your planet, for the animals, for every living creature that you come across. By releasing the conditional love paradigm and embracing unconditional love as your divine birthright, you will also be releasing perfectionism, fear, judgment, separation, pain, worthlessness.

Do you see? By releasing the conditional love paradigm, you will naturally start to live your truth, which is that of unconditional love which, in turn, supports the very aspects that you wish to anchor in for your evolving planet. You will be supporting and creating the energies of acceptance, joy, ease, support, togetherness, unity. (22)

I was always taught to be careful with my love and only let it out in safe circumstances.

Angelic Guides: Many have been taught to believe that love can only be felt or experienced within certain circumstances or boundaries.

However love in its truest nature does not exist based on events, circumstances, or judgment. Many say that they love another person unconditionally, only to find that upon encountering a circumstance of infidelity, mistrust, fear, loss, or grief, this love is removed.

The love we speak about is unconditional; it is the love that is free from the judgments associated within duality. This of course is part of the experience which you have willingly agreed to be a part of, even though you knew that your truth in the higher realms would be forgotten. ...

True love is unconditional. It cannot be taken away, nor can true love be removed based on circumstances or situations. (23)

Can the power-over people experience unconditional love?

Arcturians: Unconditional love is likely unknown to those lost to the power-over format, as they have likely lived their lives, in fact they have likely lived many lives, believing that they were not the masters of their own destiny.

However, the gift of Unconditional Love will greatly impact them, as they have likely only received conditional love throughout many of their incarnations. Once they receive Unconditional Love, they will begin to realize that just maybe they can stand up to whatever has kept them in the pattern of being a victim.

That realization will change their life forever, as they will discover that they just may deserve love “unconditionally.” The concept of deserving love just because you are alive is likely very new to them, as they have grown up believing that they are not “good enough.” (24)

What then is the shape of true relationship?

Arcturian Group: True relationships are two individuals both aware of their innate completeness, standing together by choice not need, looking in the same direction.

Partnership with a certain person is often part of a person's pre-birth plan as being necessary for the completion of some unfinished business from another lifetime. This is why it frequently happens that one or both partners question why they came together in the first place.

Once a person attains a consciousness of their Divine Completeness, partnerships become less desirable and sought after because the person no longer feels the intense desire or need for partnership. They feel complete. (25)

What are the benefits of unconditionally loving myself?

Arcturians: if you unconditionally love yourself, then that gives you the courage to move forth into a new reality. (26)

Footnotes

(1) Saul, Feb. 3, 2010, at <http://johnsmallman.wordpress.com>.

(2) Jesus through Linda Dillon, Dec. 25, 2016, at <http://goldenageofgaia.com/2016/12/25/jesus-christmas-message/>

(3) "Transcript ~ Archangel Uriel On Divine Authority, May 16, 2017," Channeled by Linda Dillon, at <http://goldenageofgaia.com/2017/05/21/transcript-archangel-Uriel-on-divine-authority-heavenly-blessings-may-16-2017/>

(4) The Arcturian Group, May 24, 2015.

(5) Suzanne Lie and the Arcturians on Heavenly Blessings," July 2, 2013, *ibid*.

(6) Arcturian Group, October 26, 2014.

(7) *Ibid.*, Jan. 29, 2017.

(8) "Transcript ~ The Divine Mother: New Year's Message 2017," Dec. 31, 2016 at

<http://goldenageofgaia.com/2016/12/31/new-years-message-2017/>.

(9) Arcturian Group, Aug. 3, 2014.

(10) "Transcript ~ Sanat Kumara on Heavenly Blessings: Choose Love and Action, August 2, 2016," at <http://goldenageofgaia.com/2016/08/16/transcript-sanat-kumara-heavenly-blessings-choose-love-action-august-2-2016/>.

(11) The Galactic Federation through Blossom Goodchild at <http://www.blossomgoodchild.com/index.html?page=BG261nov25.html>.

(12) "The Divine Mother Explains Ascension," October 5, 2017, at <https://goldenageofgaia.com/2017/10/05/the-divine-mother-explains-ascension/>.

(13) Archangel Michael, "I am Protecting You - Archangel Michael Channeling," Oct. 16, 2017, at https://www.youtube.com/watch?v=oxCMC9_smW0&index=7&list=PLKhdbUBLU4tvhROQ7HqKPlsYcEHK9nP7Z.)

(14) Arcturian Group, June 8, 2014.

(15) "Saul – Your Presence in Form is an Absolutely Essential Presence in This Now Moment," through John Smallman, June 11, 2020, at <https://goldenageofgaia.com/2020/06/11/saul-your-presence-in-form-is-an-absolutely-essential-presence-in-this-now-moment/>.

(16) Jesus through John Smallman, Jan. 30, 2015, at <https://johnsmallman2.wordpress.com/>

(17) SanJAsKa and the Pleiadian High Council, "Pure Love Creates and Sustains your Realities", channeled by Wes Annac, May 27, 2013 at <http://aquariusparadigm.com>.

(18) Diane of Sirius, Sept. 25, 2009, at http://www.treeofthegoldenlight.com/First_Contact/Channeled_Messages_by_Mike_Quinsey.htm.

(19) Suzanne Lie and the Arcturians on Heavenly Blessings,” July 2, 2013, Part 2/3 at <http://goldenageofgaia.com/2013/07/suzanne-lie-and-the-arcturians-on-heavenly-blessings-july-2-2013-part-23/>.

(20) Jesus through John, August 7, 2013.

(21) Ibid., June 16, 2013.

(22) "Archangel Gabriel: Evolving Beyond the Conditional Love Paradigm," channeled by shelley Young, January 26, 2014 at <http://trinityesoterics.com/>.

(23) "Angelic Guides: Love Knows No Boundaries," channeled through Taryn Crimi, July 12, 2013 at <http://angelicguides.wordpress.com>.

(24) "Preparing for First Contact. The Arcturians through Sue Lie," May 4, 2017, at <http://goldenageofgaia.com/?p=287686>.

(25) The Arcturian Group, Feb. 28, 2021.

(26) "Transcript ~ The Arcturians on AHWAA: Mastering What Jesus Knew, December 24, 2015," at <https://goldenageofgaia.com/2016/01/05/transcript-the-arcturians-on-ahwaa-mastering-what-jesus-knew-december-24-2015/>.

⌘ What Love is Not ⌘

What is love not?

Sanat Kumara: In your political shenanigans in the United States of America, you are seeing the use of placards and people declaring love. And yet their behaviour is not of love. It is not of love of the Mother and the Father and the One or the Son. And it is not of love of humanity and unified consciousness, anchored in the heart consciousness and transformative love. It is none of these things. (1)

The Arcturian Group: On the three dimensional level, love is interpreted through states of consciousness that are deeply conditioned by beliefs in duality and separation. Love has been degraded into meaning sex, power, ownership of another, pain, punishment, or even in some cultures and religious groups, the sacrifice of human or animal life.

Love has been and is often still promoted as the giving up of one's own identity in order to serve another person or cause deemed more worthy. Never surrender your innate Divine Power out of guilt, remorse, or pressure from others for it is who you are. If a need presents itself for you to serve in some way, let it be your choice, one made in full awareness of your Divinity and not something forced upon you by the opinions and beliefs of others. (2)

Arcturian Group: There are those who believe they can withhold or give Love and that third dimensional concepts of Love can be manipulated, but this is not Love.

Love is Omnipresent Divine Consciousness and when, through ignorance or free will choice an individual ignores this, he experiences the manifestations of separateness. (3)

Arcturian Group: Love is not sexual attraction, nor is it an emotional reaction (positive or negative) you may feel for another although that is often a facet of it, especially with those you have known well in other lifetimes. Love is not something that can be withheld or given according to a whim of the ego. LOVE IS – period. ...

Over time an unawakened world consciousness attached rules and limitations on love – categories of emotion, attraction, acceptance, religious dogma, worthiness etc – declaring only certain categories of love as acceptable. Some of these rules were necessary for the times in which they were created.

However, it is a new time – a time to move out of these concepts and beliefs. LOVE IS, always has been and always will be, and can never be limited or changed regardless of how many false interpretations about it third dimensional minds may think up. (4)

Is higher-dimensional love simply stronger romantic love?

The Arcturians: We do remind you that “unconditional love” is NOT a form of “romantic love.” (5)

Plotinus: The soul, different from the divinity but sprung from it, must needs love. When it is the realm above, its love is heavenly; here below, only commonplace. (6)

Jesus through Pamela Kribbe: I would like to impress upon you that loving from the soul is not emotional love. (7)

Archangel Michael: When we speak of love, we speak not only of romantic passion. We talk about a depth of perception and connection of balance and sincerity, of trust and the ability to expand, and latitude and permission that goes far further than what many human beings are talking about. (8)

SaLuSa: With your upliftment, what you are discovering is that there is a distinct difference between physical love and soul love. One is for the satisfaction of the physical senses, whilst the other is Universal Love for all life everywhere. On Earth you tend to be led by physical attraction and often take up partnerships without really knowing the person.

In the higher dimensions you see each soul as they really are and there is no hiding of the truth. Being of a higher vibration you can see each other's auric colours, and with an understanding of their meaning you will know their soul path and energies

that they are using. Twin flames and Twin souls will come to know each other and usually decide to come together to further their evolution. There is so much for you to learn about your future opportunities, but there will be many of us on hand to help you. (9)

The Divine Mother: Remember that the love of your essence which is the love of the Creator within your being is different to the love that you might share with a physical person or animal upon the Earth. The Creator's love which resides within you is unconditional, doesn't expect anything in return but simply wishes to exist in a state of beingness in space, peace, simplicity and gentleness. (10)

Where do we go wrong in the area of romantic love?

The Arcturian Group: Romantic love is an area that continues to confuse many. Sexual attraction to a stranger or to someone who rejects you, the inability to let go of old relationships, and the need to continually seek for a partner all serve to create confusion and psychological pain. The bottom line of which is the belief that one cannot be happy without a partner.

Romance in its three dimensional sense is a concept that arose out of the belief in separation. It has been colored and promoted by society as being a goal necessary for happiness. You have been taught that you are half of a couple and that until you find your other half, your soul mate, the perfect partner, you will be unhappy and incomplete. (11)

The Arcturian Group: Books, film, TV shows, retail, and media in general continue to promote the idea that once a person finds "Mr or Mrs. Right," they will finally feel whole and complete. The world in general continues to buy into these concepts, spending a great deal of time searching, seeking, and game playing unaware that what they seek is already present within them.

Needing to find one's "other half" in reality is a spiritual truth but not in the three dimensional sense. Everyone has a perfect "other half" but it lies within. Women already possess the masculine they seek just as men already possess the feminine that they seek but both seek it outside of themselves.

Everyone is already whole and complete by virtue of their oneness with Source. If a person chooses to share their wholeness with another that is their free will choice, but it is never a need.

Believing that one is half of a couple creates a sense of loneliness that prompts many to spend time and effort searching on the computer or phone, frequenting social places, joining groups, and doing activities in the hope of finding the one special person who will make them feel whole and complete according to their personal concepts of happiness.

Even when Mr. or Mrs. Right is found, there remains that sense of loneliness because the empty spot within is the Soul's yearning to be recognized and integrated into a state of consciousness that knows it is Source.

Many of you have already released these old concepts and have come into your personal power. Those who have not must release false ideas about relationship if they are to evolve into a consciousness of spiritual wholeness and completeness that will then manifest outwardly as that which represents wholeness and completeness to them.

Completeness and wholeness for one may mean remaining single but for another wholeness and completeness may mean partnership. If so their consciousness will draw to them (alignment) the right partner without a lot of manipulation, thought, and concern. Consciousness is always expressing itself. What do I hold in my consciousness?

Those unaware of who and what they really are will continue seeking completeness from outside of themselves through three dimensional tools but will never find it even when their goals are attained because three dimensional concepts are temporary having nothing but belief to support them. Divine wholeness and completeness is infinite, forever, and never changes or ceases. ...

As individuals spiritually evolve, their concepts of romance also evolve. Many relationships that came about through three dimensional concepts of romance and love are either beginning to dissolve or are having problems, leaving both partners wondering what happened to a once happy relationship. (12)

Why don't matters of the heart work out for me?

The Divine Mother: Think of it in the most simple way, my child. You have a crush on a boy or a girl – oh, you are about fourteen, fifteen, and these days perhaps twelve – but you are madly infatuated and your heart is going pit-a-pat at a million miles an hour because this is your heart's desire! But you are shy, you are not confident. You are afraid of rejection and so you never ask this boy or this girl out. You hardly even talk to them.

And then of course the big occasion comes and you see the 'heart's desire' go to the party, the dance, the Bar Mitzvah, with somebody else – and you are devastated. But you are devastated because you were too afraid to step forward, and then you think, "Well, the Mother let me down" – even though I was right next to you, cheering you all along, knowing that the expansion of your heart even in this tender romance, not the fullness of Love that I speak of, but that you were afraid to try. (13)

Does unconditional love necessitate intimacy?

The Arcturian Group: Unconditional love does not mean you must seek an emotional connection to everyone.

[It] means that in spite of any appearances to the contrary, you recognize everyone is the manifestation of the Divine even if they themselves do not know or care. This is Unconditional Love and the practice of it does not prevent you from saying what may need to be said to someone behaving in ways needing to be addressed.

When words are spoken with an awareness of the other's Divine nature they flow on an energy of Light, whereas those same words spoken in the energy of duality and separation carry a low resonance. (14)

Arcturian Group: Many still struggle with the idea of love as Oneness because of ingrained beliefs about love being an emotion of attraction or acceptance. Because of this, they find that they are unable to love either themselves or any who appear to be causing trouble to others.

This is understandable, do not judge yourselves for this, but instead understand that you were taught and lived these concepts lifetime after lifetime causing them to remain in cellular memory which is what you are now able to recognize and clear. Most were not ready for the deeper truths until now.

Concepts of love are continually presented to the world by those believing themselves to be intellectual and spiritual authorities. That is fine at some level, but as spiritual students you have gone beyond needing others to tell you what is truth and what is not – you have achieved that state of consciousness where you can be taught from within.

Old beliefs are often held long after they no longer serve, simply because an individual has never felt it important to take a good look at himself or question his belief system. This is when a “wake up call” may manifest. (15)

The Arcturian Group: Living Unconditional Love does not mean you must invite every person to your home, try and become their friend, or vote for them, but it does mean acknowledging the spark of Light within every living, thing including Self, regardless of how unawake they may appear to be.

No Dear Ones, Unconditional Love is not always accompanied by a loving emotion (although that is often a part of it) but is simply the natural flow of a consciousness that understands the core of all life to be Divine regardless of appearances to the contrary. It is a state of consciousness that recognizes all negative actions to represent a consensus consciousness of separation – from God and all others.

The evolved consciousness also understands that there are some who need to spend time away from society or be disciplined according to their level of awareness if that person is to spiritually grow. Unconditional Love never means being a door mat, nor does it prevent you from leaving some situation that may be physically, emotionally, or mentally harmful. Unconditional Love is the process of acknowledging reality in spite of any appearances while taking whatever appropriate actions you are are guided to take. (16)

What happens to us that we forget about love?

Jesus through John: Love is infinitely powerful, so a deep breath from Its endless abundance allows you to immerse yourself in the pond of the illusion for long periods of time.

And when you do, because it is the human condition, it is very easy either to forget about love – the weak faint image of real Love that is all that you can experience as a human – or to convince yourself that you do not need it because it really only complicates life . . . until the next time you need to take a breath!

Forgetting Love, which is burying or denying your need for It, and focusing on living, on getting on with your life, is not possible! It is the life force, life itself as you live it as a human, and therefore you are always conscious of it, even if you are not focusing your attention there. ...

To not be experiencing Love constantly means that you are immersed in the illusion. The occasions of Love it seems that you experience within it are but brief forays out of it. The illusion is like a pond in which you are immersed far beneath its surface and holding your breath, and from which you emerge for brief moments to breathe in the Love on which your very existence depends. (17)

Footnotes

(1) "Transcript ~ Sanat Kumara on Heavenly Blessings: Choose Love and Action, August 2, 2016," at <http://goldenageofgaia.com/2016/08/16/transcript-sanat-kumara-heavenly-blessings-choose-love-action-august-2-2016/>.

(2) Arcturian Group, Sept. 20, 2020.

(3) Ibid., October 26, 2014.

(4) Ibid., Aug. 3, 2014.

- (5) "The Arcturians: Perceiving the Unperceivable Part 1," through Sue Lie, July 8, 2017, <http://goldenageofgaia.com/?p=288647>.
- (6) Plotinus in Elmer O'Brien, "Plotinus" in *Varieties of Mystic Experience*. Toronto: New American Library of Canada, 1964, 26.
- (7) "Jeshua: Teaching Your Parents," channeled by Pamela Kribbe, August 6, 2013 at <http://www.jeshua.net>.
- (8) Archangel Michael in a personal reading with Steve Beckow through Linda Dillon, Sept. 23, 2016.
- (9) SaLuSa, Nov. 14, 2012.
- (10) "Mother Mary: The Divine Answer," channeled by Natalie Glasson, January 9, 2014 at <http://omna.org>.
- (11) "The Arcturian Group" through Marilyn Raffaele, Feb. 28, 2021, at <https://goldenageofgaia.com/2021/02/28/the-arcturian-group-through-marilyn-raffaele-feb-28-2021/>.
- (12) Loc. cit.
- (13) "Transcript ~ The Divine Mother: New Year's Message 2017," Dec. 31, 2016 at <http://goldenageofgaia.com/2016/12/31/new-years-message-2017/>.
- (14) Arcturian Group, August 31, 2013.
- (15) Ibid., Aug. 3, 2014.
- (15) Ibid., Feb. 7, 2016.
- (16) Loc. cit.
- (17) Jesus via John Smallman, March 22, 2015.

⌘ Living Unconditional Love ⌘

Can unconditional love be experienced between everyone?

Angelic Guides: Unconditional love can be experienced between everyone.

We do not have ‘rules’ about who can experience love; a man and a woman, a man and a man, and a woman and a woman all can share love. Where there is love, there is compassion for another even if that other is seen as different. (1)

Matthew Ward: Light—let’s call it love, because that’s what we’re really talking about here—passing from one person to another is no different in cause and effect [than love arising in us], but you may want to initiate it by focusing on someone.

When you do, instantaneously the vibrations in your thoughts and feelings reach that person. The energy flows from you along your thought form of intent and intensity, and the same measure of love that you sent goes directly to the ‘energy address’ you want it to. There can be no ‘false addresses’ because the intent and feelings are totally clear. The receiver won’t consciously know this, of course, but the receiver’s soul is aware of the ‘delivery.’ (2)

How do we create an aura of protective love around ourselves?

The Arcturians: Whenever you surrender your life to your higher expressions of SELF without any conditions or limitations, you are creating an aura of unconditional love around you. ...

If you can remember to allow this unconditional love to guide you to surrender to all issues of life, you will be creating an aura of protection around you composed of that frequency of unconditional love. (3)

Is there anyone unworthy of love?

Jesus through John: No one is unworthy of God’s Love, and therefore no one is unworthy of yours!

The only reason that you would withhold love from anyone is because you believe yourself to be unlovable, and to withhold love from someone is to withhold it from yourself.

You all, every single human being, wants only to be loved. And there is never even a moment when you are not infinitely loved. As a human you need to feel loved because Love is your nature, and to feel unloved is effectively to die. So you keep seeking outside what you can only find within you. Love is the life force, without it you would cease to exist and that is impossible because you are eternal Beings at One with Source.

It is your God-given right, your heritage, so claim it, daily, and release all doubts about your worthiness to enjoy and experience God's infinite Love for you. (4)

What holds us back?

The Arcturian Group: The three-dimensional collective holds very narrow ideas of what constitutes love. You have all been programmed through many lifetimes to think of love as an emotion involving some person or persons, places, things, etc. This limiting definition of love still resonates in the consciousness of even the most spiritually-evolved, making it impossible to love everything that arises and creating a dilemma for the serious student of truth.

Change the phrase "love whatever arises" to "allow whatever arises." When you allow whatever arises from your highest level of spiritual awareness, you are loving whatever arises. To see, understand, and accept something from a level of knowing the truth that underlies the appearance is love because you are in alignment with reality — oneness.

God has and never can express ITself as pain and suffering or lack and limitation for these things are not embodied in Divine Consciousness. Attempts to love something strictly from a human sense of love is very limiting because it ignores the deeper reality. ...

Allowing removes the burden of struggling to love something you do not like. ...

Allowing is accepting whatever arises from your highest level of spiritual awareness. You will find that the issues plaguing you, others, or the world begin to assume a less toxic role in your life. Many of these experiences are facets of the ascension process necessary for the spiritual evolution of mankind in general who at some point will begin to ask themselves if there is a better way of living.

You will continue to see and interact with negative events, but when you “allow” from a higher perspective, you aren’t aligning with them as you do when attempting to love in the human sense, some negative person, place, event, or thing. ...

You are moving to new levels of Being, learning to rest in your Divine Selfhood rather than allowing the thoughts, worries, and concepts of the third dimension to take dominion. This is trust. Not a blind trust in some person, power, or unknown God in the sky, but a trust that flows from a conscious realization of your oneness with Source.

You cannot really allow until you can really trust, and you cannot really trust until you can at least somewhat accept the truth about what you are trusting—that the Self-sustained, Self-maintained Godhead is fully present and able to function through you when acknowledged and integrated as your consciousness. To put one’s trust in anything less is to trust concepts with feet of clay. (5)

Saul through John: You are all unconditionally loved by our divine Father, but in the illusory reality in which you appear to have your existence it is very difficult for you to accept that infinite abundance of love.

If you accept it, it flows through you without interruption and with tremendous vitality, washing away all grudges, resentment, judgment, unacceptability, and suffering, replacing them with peace, joy, and the inner

knowing - not a belief - a true knowing that you are one with all sentient beings and with God. (6)

What do we need to know regarding our bodies?

Jesus through John: Truly, although you do need to care for it sensibly, your human body is a distraction because you are so aware of it to the exclusion of what is real Love, and whose flame burns always within you maintaining your eternal existence. And yet you seek It, quite unknowingly, without, where It can never be found.

What you are really seeking you already have deep within you, lying unrecognized because you rely far too heavily on your human form, its competences, and its abilities for stimulation and interest. (7)

How can we uncover the flame of love?

Jesus through John: By becoming still, going quietly within and resting in a high state of alertness, you can uncover that flame, the Light of Love within you, and in doing so you will realize, instantly, that you have no needs, because all is already yours. (8)

Saul through John: You have to be Love, which is what you are, and offer it constantly. Waiting to receive It from another does not work because that is in and of itself unloving behavior which always leads to disappointment. To receive Love offer It. Nothing else works, ever. (9)

Jesus through John: God, as you have so often been told, is Love. Love withholds nothing from Its beloved, and you are that beloved. All you have to do is open to Love. Mostly, however, humans get caught up in the unfounded belief that to survive is an ever-present struggle that demands ninety nine percent or more of their attention, and so they become distracted, lost, and unhappy in their seeming aloneness, and seeming defenselessness against all that could destroy them if they ceased to pay attention. And that is why all the masters, mystics, and spiritual guides keep telling you to go within and rest in the peace that you will find there.

To find that inner peace, however, you have to let go, you have to allow the present moment to be – it will, whether you do or not! – and by so doing let your awareness develop of the reality that you are far more than the persona with whom you normally identify. (10)

Where and how should we seek love?

Arcturian Group: Examine and release any remaining concepts you may still hold about Love. This is easily done through remembering that Unconditional Love is simply the activity that flows from a consciousness of ONE and then examine your belief system by this standard. It is not necessary to know the all, the how, or the whys; it is only necessary to live ordinary everyday moments from a place of Oneness and connection and soon this will be your attained state of consciousness. (11)

Archangel Uriel: It has been an illusion – a nightmare in many ways – seeking2home, seeking fulfilment, when in fact it was all there, present within you. (11)

Saul through John: Relax, allow the abundance of God's unconditional love to flow through the conduit that you are, as you and He have always intended.

When you do so, miraculous things happen, just as they should. The power that suffuses your entire being and flows through you as you live in complete acceptance of and harmony with the divine Will is astounding.

There is nothing to which it can be meaningfully compared as it is far more efficient, effective, and finely focused than anything your most brilliant scientists could possibly imagine. (12)

What should light workers remember about unconditional love?

Archangel Gabriel: This is what you're here to do. This is the gift of 2014. It is the gift of evolving beyond the conditional love paradigm and embracing that of unconditional love.

This is deeply profound and this is the game changer, Dear Ones. Because as you start to practice unconditional love for yourself, it will flow through you and you will draw it to you. You then start practicing unconditional love for your partners, for your children, for your family, for your friends, for your planet, for the animals, for every living creature that you come across. By releasing the conditional love paradigm and embracing unconditional love as your divine birthright, you will also be releasing perfectionism, fear, judgment, separation, pain, worthlessness.

We then become a beacon of love to everyone we come into contact with.

You then start practicing unconditional love for your partners, for your children, for your family, for your friends, for your planet, for the animals, for every living creature that you come across. By releasing the conditional love paradigm and embracing unconditional love as your divine birthright, you will also be releasing perfectionism, fear, judgment, separation, pain, worthlessness.

Do you see? By releasing the conditional love paradigm, you will naturally start to live your truth, which is that of unconditional love which, in turn, supports the very aspects that you wish to anchor in for your evolving planet. You will be supporting and creating the energies of acceptance, joy, ease, support, togetherness, unity. (14)

Footnotes

(1) "Angelic Guides: Love Knows No Boundaries," channeled through Taryn Crimi, July 12, 2013 at <http://angelicguides.wordpress.com>.

(2) Matthew's Message, May 23, 2015.

(3) "The Arcturians - Living Your Highest Point of Perception," by Suzanne Lie, Dec. 31, 2012, at <http://suzanneliephd.blogspot.co.uk/>.

(4) Jesus: All Are Now Enveloped and Overlighted in Every Moment by the Tsunami of Love. Channelled by John Smallman. March 10, 2015, at <https://johnsmallman2.wordpress.com/>

(5) The Arcturian Group through Marilyn Rafaele, Nov. 17, 2019 at <https://goldenageofgaia.com/2019/11/17/the-arcturian-group-through-marilyn-rafaele-nov-17-2019/>.

(6) Saul through John Smallman, Feb. 3, 2010.

(7) Jesus through John Smallman, Jan. 30, 2015, at <https://johnsmallman2.wordpress.com/>

(8) Loc. cit.

(9) Saul through John, November 6, 2013.

(10) Jesus through John, Jan. 30, 2015.

(11) The Arcturian Group, Jan. 26, 2016.

(12) "Transcript ~ Archangel Uriel On Divine Authority, May 16, 2017," Channeled by Linda Dillon, at <http://goldenageofgaia.com/2017/05/21/transcript-archangel-Uriel-on-divine-authority-heavenly-blessings-may-16-2017/>

(13) Saul through John Smallman, Feb. 3, 2010.

(14) "Archangel Gabriel: Evolving Beyond the Conditional Love Paradigm," channeled by Shelley Young, January 26, 2014 at <http://trinityesoterics.com/>.

⌘ Love Will Always Win ⌘

Will love win?

Divine Mother: Make no mistake, Sweet One, Love will win because that has been my Plan always. (1)

Sanat Kumara: As I have said to thee before, beloveds, you are entering into a new realm of existence. When I have said to you that love is winning and that love always wins, this is what I have referred to. When I have suggested to you, "Why would you ever choose anything but the luminous glory of love?", what do you think I am talking about? (2)

Love is gently and irresistibly inserting and establishing Itself within the hearts of all on the planet, dissolving resentment, anger, fear, and mistrust so that the attitudes and behaviors associated with them are released, thus allowing the New Age of peace, harmony, and abundance to emerge fully and embrace you all.

It is an energy of immense power with which God has embraced humanity and the lovely planet that supports you. Its purpose is to raise your consciousness to new levels of awareness so that the reality that all are one, that there is no separation, moves forward from being just an interesting but little-understood fact - recognized mainly by modern physics and to a lesser extent by modern philosophers - into the mainstream of general knowledge.

As this happens it will become more and more difficult for people to treat one another in ways that are not in alignment with Love. For many of you, that will seem to be a state of awareness that is beyond the bounds of possibility, in fact quite unattainable, as you look around at the violence flowing freely in nearly every corner of the world and see self-righteousness, anger, defensiveness, and fear seeming to drive people, often well-meaning people of honesty and integrity, into what appear to be unavoidable and fully justified conflict. (3)

How - and when - do we discover the true role of love?

Saul through John: As you evolve spiritually through countless human lifetimes, you do at some point – maybe after only a few incarnations, maybe after thousands

– become aware that life is far more meaningful than you had realized, and you start opening to life’s true meaning – Love – and then you start to seek It out.

Not romantic interpersonal love and intimacy – although you will undoubtedly also seek that – but your divine Source, Mother/Father/God, from which you have never for an instant been separated, but from Whom, as a human, it does seem that you are totally separated. (4)

Divine Mother: Now, you have yearned to know love and this yearning has expressed in many simply as yearning, but many of you – most of you and this is part of your ascension – are breaking through that barrier as well, and coming to what you, dear Steve, have called ‘Bliss’ – what many call awakening, expansion – it matters not. But into that knowing and that experience of such unlimited, unconditional, unrestricted bliss, exuberance, joy – all of this is love. (5)

Can love fill and restore us?

Archangel Michael: Does [love] fill you? Does it restore you? Does it nourish you? Does it alter you? Does it change you? Does it give you that evolutionary jump? Yes. It nourishes you, but it also clears you out. In some ways, [the love experienced in a heart opening] will purge many of your remaining illusions.

"So, for some, will it be dramatic? Yes. But it will also be gentle, because it is love. So the human beings can choose to have high drama or not, but the essence of the love is not high drama." (6)

Archangel Gabriel: Can you see the healing that will occur from this massive shift of thinking and BEing? And it all begins with you. That is how powerful you are. Because as you release the conditional love paradigm, you will finally recognize that you are truly an integral part of the Source that you came from.

From that knowingness, you will all become beautiful thriving aspects of Source, shimmering brightly in your truth, in your glory, creating a life and a world that will support you and evolve and expand in ways that you have barely dared dream of. It will create the amazing changes that each and every one of you are on the planet to help make possible.

It is a sacred and joyous time. And as you start to think differently, as you start to recognize your truth and allow it to shine forward, only the most magnificent things can happen to you, and you will find yourselves finally, finally, living in the love and support that you have always craved and yearned for. (7)

Can we ascend while holding onto a conditional-love belief system?

Archangel Gabriel: You cannot experience ascension or 5th dimensional consciousness if you are still dragging with you a conditional-love belief system.

It simply cannot be done. It cannot. It must be released. How do you release it? By replacing it with the divine truth that unconditional love is your birthright. As you embrace new and deeper truths there is no real work required to release the old. You will simply shift into a new state of knowingness and BEingness. (8)

There are many components of your apparently third-dimensional life that have already shifted into the fifth dimensional resonance. You recognize these areas of your life because they are filled with, and/or create the sensation of unconditional love. (9)

Arcturian Group: The high resonating energy of true and real Love flowing from the consciousness of so many at this time is lifting the world into Ascension. Each person who attains a consciousness of Unconditional Love, adds more Light to universal world consciousness. (10)

Galactic Federation through Blossom: The only responsibility that any One Soul has ... be they residing on Earth or otherwise ... is to BECOME WHO THEY ARE ... IN TRUTH. By BEING so ... ALL that one is hoping for ... expecting ... desiring ... needing ... simply melts away. For when BEING in the fullness of their True Reality ... none of these things matter ... not one. (11)

When will the shift occur?

Archangel Metatron. Through Natalie: When humanity falls in love with each other, the Earth and their own soul, then we will see the greatest shift occur on the Earth where complete embodiment of the Creator manifests.

With the transitions that lead to this major shift we will see humanity and the Earth becoming one in respect and honour for each other which in truth is one of the purposes of your existence on the Earth. (12)

Jesus through John: Love is always present, like the air you breathe, but you all have the choice to accept or reject It, and the numbers now openly accepting and indeed embracing It are increasing daily, bringing humanity to the tipping point, the point at which the collective, having already chosen to awaken, remembers that choice and releases its hold on the illusion. (13)

How does this help us in building Nova Earth?

Divine Mother: So what you are doing every morning, when I tease thee and I say open your eyes, you choose the love, you choose in fact to be part and parcel - every action, every thought, every gesture, every interaction with others - you are choosing to be the love. And for some of you it is in staying still, and in others it is writing and in communication, and in others energy. Each of you are builders of Nova Earth.

Sweet Steve, you have said to me many times. How do we build this Nova Earth?

Steve Beckow: [laughing] Yes, Mother.

DM: And you build it, my beloved son, by claiming the love, by claiming the building blocks, the glue, the dissolving agent, and you use it as your creator self however you choose. And I support those choices because when we are in harmony, when I am permitted to be acknowledged and loved within you as you are within me, then the choices are always reflective of this forward movement of Ascension. (14)

Divine Mother: In unity consciousness, the fear of not being unique and special disappears because the knowing, the wisdom, the sublime bliss of being love is enough to let down your barriers and joyfully, ecstatically, without defenses - without what you would call vasanas - to join in genuine cooperation, admiration

of each other, of the uniqueness of your gifts, of the unique expression you have chosen, and I have chosen for you. And so this sense that if I conjoin I lose something is gone. (15)

St. Germaine: When you celebrate, when you acknowledge, when you welcome love into your heart, your heart consciousness, your soul, your mind, your emotional body, your entire being, then what you are truly doing is uniting in heart with all — with each other, with yourselves, with your sacred other, even with your twin flame, with we who serve you, with the Council of Love, with the Company of Heaven. (16)

Footnotes

(1) Divine Mother in a personal reading with Steve Beckow through Linda Dillon, April 30, 2019.

(2) Sanat Kumara on *Hour with an Angel*, June 9, 2017, at <https://goldenageofgaia.com/2017/06/09/288247/>.

(3) Jesus through John Smallman, Jan. 23, 2013.

(4) Saul through John, November 14, 2020.

(5) "Transcript ~ The Divine Mother: New Year's Message 2017," December 29, 2016, at <http://goldenageofgaia.com/2016/12/31/new-years-message-2017/>.

(6) Archangel Michael in a personal reading with Steve Beckow through Linda Dillon, April 30, 2019.

(7) "Archangel Gabriel: Evolving Beyond the Conditional Love Paradigm," channeled by shelley Young, January 26, 2014 at <http://trinityesoterics.com/>.

(8) Loc. cit.

- (9) "The Arcturians - Living Your Highest Point of Perception," by Suzanne Lie, Dec. 31, 2012, at <http://suzanneliephd.blogspot.co.uk/>.
- (10) The Arcturian Group, Sept. 7, 2015.
- (11) The Galactic Federation through Blossom Goodchild, Nov. 25, 2015 at <http://www.blossomgoodchild.com/index.html?page=BG261nov25.html>.
- (12) "Natalie Glasson: Archangel Metatron, Lord Buddha and the Celestial White Beings - 2013 and Beyond," channelled through Natalie Glasson, Dec. 30, 2012, at http://www.omna.org/Latest_Free_Weekly_Message.html.
- (13) Jesus through John Smallman, Sept. 15, 2015.
- (14) "Transcript of the Divine Mother: Density is Unloving Emotion; Love is Lightness of Being," March 6, 2015, at <http://goldenageofgaia.com/2015/03/06/transcript-of-the-divine-mother-density-is-unloving-emotion-love-is-lightness-of-being/>.
- (15) Loc. cit.
- (16) St. Germaine on Allowing Love to Transform Us," channeled by Linda Dillon, January 16, 2014, at <http://goldenageofgaia.com/2014/01/st-germaine-on-allowing-love-to-transform-us/>.

⌘ Bibliography ⌘

The Arcturians through Sue Lie at <http://suzanneliephd.blogspot.co.uk/>.

The Arcturian Group through Marilyn Raffaele at <http://www.onenessofall.com>

Council of Love (Galactics, Archangels, and Divine Mother) through Linda Dillon at <https://counciloflove.com>

The Federation of Light through Blossom Goodchild at <http://blossomgoodchild.com>

Jesus through John Smallman at <https://johnsmallman2.wordpress.com/>

Matthew Ward at <https://matthewbooks.com>

Jesus through Pamela Kribbe at <http://www.jeshua.net>.

SaLuSa, Diane of Sirius et al at http://www.treeofthegoldenlight.com/First_Contact/Channeled_Messages_by_Mike_Quinsey.htm.

SanJAsKa and the Pleiadian High Council through Wes Annac at <http://aquariusparadigm.com>.

Saul through John Smallman at <https://johnsmallman.wordpress.com/>

Angelic Guides by Taryn Crimi at <http://angelicguides.wordpress.com>.

The Company of Heaven through Natalie Glasson at <http://omna.org>.