

Desirelessness and the Still Mind



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Table of Contents

Introduction	5
⌘ The Background ⌘	9
Spiritual Evolution: The Divine Plan for Life	10
The Basic Spiritual Movement	19
An Introduction to Detachment	23
Basic Third-Dimensional Illusion: Separate Selves Struggling for Survival amid Seeming Scarcity (Repost)	26
Clarity, Purity, and Love: The Basic Spiritual Movement Restated	31
To Go First and Show Us the Water's Warm	36
⌘ The Experience ⌘	40
Keeping It Simple	41
And Here It Is	46
Dress Rehearsal for Ascension?	51
Unpacking the Download	55
Desirelessness	60
The Secret Awaits Eyes Unclouded by Longing	63
Love has Come Calling	65
Peace and Stillness	69
Up-Leveling Consciousness	72
Looking Back....	74
The Whole Desire System is Shown as Non-Essential to Life	77
First Kernel Popped	83
What's It Like to Act Without Desire?	88
Rough Re-Entry	91
Little of Value to be Found on the Extremes	94
The Monk is in His Cell	98
Conscious Awareness: The Need for a Quantum Language	100
Living with a Silent Mind – Part 1/2	104

Living with a Silent Mind – Part 2/2	107
Peace is Our Destiny – Part 1/2	110
Peace is Our Destiny – Part 2/2	113
Detachment is not the Same as Stillpoint	115

“Thou shalt love the Lord the God with all thy heart, and with all thy soul, and with all thy mind.

“This is the first and great commandment.” (Jesus in Matthew 22:37.)

Introduction



On June 6, 2021 I began an experience of desirelessness that lasted roughly for three weeks before it dissipated and gave way to a full-blown experience of stillpoint.

It followed a lecture to a Vaccine Choice Canada-related spiritual group. It involved the unloading of a download that I was given at birth, as discussed in these pages.

Was it a higher-level experience? Undoubtedly. But I'm not sure it was a higher-dimensional experience. I'll explain.

I've visited higher dimensions and the moment one does one is drenched in a love so transforming that one never wants to leave. This is Paradise Garden, Elysium, the Garden of Eden.

This one did not feature that, even if it was higher than my normal everyday consciousness.

But each dimension also has twelve subdimensions. I could still be in the Fourth Dimension and yet have experienced a higher subdimension. That's what I think happened.

The desirelessness that I felt, unto itself, had no characteristic. It was simply the absence of desire and attachment. It's the consequences of that which are noteworthy.

One consequence is that, in its absence, the mind is silent and still. All the background chatter subsides.

In that space, one gets to see how things work. The ego arises in response to a desire. We have a disembodied "want" travelling around our minds until a responsive "I" or ego state arises to satisfy that want. We now have "I want," which either goes toward divine ends and pursuits (only good karma for that) or worldly ends and pursuits (BEEP! Fail!).

The satisfaction of worldly wants, as it turns out, doesn't help us to satisfy the purpose of life, and so we incur further education (i.e., karma). It isn't bad. It's just not helpful.

The purpose of life is to know our true identity. Our true identity is God and, when one of us realizes that, if you can imagine it, God meets God. (1)

That's a source of delight for God and is the reason She created heaven and Earth.

My desireless state seemed to relate to worldly desires only. I was quite strongly drawn to spiritual pursuits like meditation and walks alone in nature.

As frequently happens, when I write about a state, I enter it and so desirelessness has come calling right now.

The desireless state is peaceful. And true peace is like granite, a strong foundation upon which to build and from which to act. (2)

All the voices that rob us of power are quiet in the desireless state. There's no self-criticism, hesitancy, self-doubt, low self-worth, etc.

Just as you'd expect, we've significantly removed the overburden of issues and resentments and so the Natural Self can shine through.

And, in the space created by their absence, I felt competent, confident, peaceful, balanced, and self-trusting. In other words, my Natural Self was shining through.
(3)

However no higher state prior to Ascension is permanent and so this one left. But now I know - and I can never unknow - just why all the scriptures tell us to be at least moderate in our worldly desires and attachments; preferably to leave them all behind but very hard for most people, particularly in western societies.

However if we want our minds to be still and silent, if we want to experience real peace and see its value, then letting go of our worldly desires and attachments seems to be a good way to go about it.

This book begins with a few background essays that give some of the mindset and postulates I approached this time with.

Footnotes

(1) See *The Purpose of Life is Enlightenment* at <http://goldenageofgaia.com/wp-content/uploads/2011/08/Purpose-of-Life-is-Enlightenment.pdf>

(2) Archangel Michael: So, when you think of things that you should do, are supposed to do, might do, and it doesn't ignite that fire of excitement, and that granite of peace, then you are being given an important piece of information, which is 'look elsewhere.' Is that clear?" ("Transcript ~ Archangel Michael: You Have Chosen to Be the New Paradigm of Love, May 31, 2018," June 7, 2018 at <http://goldenageofgaia.com/2018/06/07/transcript-archangel-michael-you-have-chosen-to-be-the-new-paradigm-of-love-may-31-2018/>.)

Steve Beckow: I had an experience of deep peace some years ago. I think it was about 2015. And I was surprised to find that peace was so substantial. It felt to me as if I were standing on a granite rock and I remember saying that to myself. And then I remember a couple of years later you actually used that word, [saying] that peace was like granite. ...

Archangel Michael: There are so many divine qualities that do feel amorphous,

light, airy, like a spring day. And yet peace (you have this expression), you can take it to the bank. It feels like ballast. It feels like granite because it is solid. And dare I say immutable. That is why I continue to keep emphasizing that that peace [is] within, that rock-solid granite [lies] within. ("Transcript: Archangel Michael – Peace is Breaking Out Upon Your Planet, May 3, 2018," May 15, 2018, at <http://goldenageofgaia.com/2018/05/15/transcript-archangel-michael-peace-is-breaking-out-upon-your-planet-may-3-2018/>.)

(3) I don't mean that literally but figuratively, metaphorically.

⌘ The Background ⌘

Spiritual Evolution: The Divine Plan for Life

July 21, 2020 (July 22, 2011)

<https://goldenageofgaia.com/2020/07/21/spiritual-evolution-the-divine-plan-for-life-4/>



From God to God

If we build Nova Earth, we're going to need philosophical foundations that are more stable than some we've been building on up till now. (1)

"Spiritual Evolution: The Divine Plan for Life" is designed to start a cross-cultural discussion of spirituality. It was written following a vision I had in 1987. (2)

That blissful vision of the entire journey of a single soul from God to God, which lasted only around eight seconds, burned itself into my memory. Studying the works of enlightened masters for ten years afterwards helped me to understand what that wordless experience may have intended to communicate.

Everything I read became the *From Darkness Unto Light* database (3) and that in turn became the book, *The Purpose of Life is Enlightenment*. (4) This statement fits into descriptions of the perennial philosophy or ancient wisdom.

Do I think what I say here will have a long shelf life? I hope not. I hope others take the ball and run with it, others more qualified to write on these cross-cultural spiritual subjects than I may be.

Steve Beckow, "Spiritual Evolution: The Divine Plan for Life," *The Essays of Brother Anonymous*, 22 July 2011, at <http://www.angelfire.com/space2/light11/divine1.html>. This version has been updated and edited.



The soul [Christ, Atman] exists as a light shining in the deepest reaches of the heart, the "seat of the soul." It can be reached in meditation. Credit: Ute Possega-Rudel

1. *Every man, woman, and child on this planet is God. Every man, woman, and child lives forever, through countless physical lives.*

Everything known and unknown, everything that is and is not is God. There is nothing that we can see or not see that is not God. (5) That being the case you are God and I am God and everyone else is as well. Being God, we're not capable of being destroyed or ceasing to exist. We're therefore eternal, though our physical bodies are not.

The "immortality" that such teachers as Jesus spoke of is not immortality of the soul, which is already immortal, but the cessation of the need to be born into a physical body again. As it happens we reincarnate endless times until we reach the point of needing no more to be reborn physically. But that is not the end of spiritual evolution, which continues until we return to God, whence we came, through a virtually endless process of successive enlightenments.

Spiritual evolution means that, not simply the physical body evolves as Darwin said it does, but the spiritual bodies that we also inhabit do as well. We journey through lifetime after lifetime, learning , discriminating, improving our ability to discern the Real from the unreal, until finally we realize the One fully. We have then progressed from unconscious awareness to conscious awareness of our nature as God.

2. The purpose of life is enlightenment. The purpose of life is that God should meet God and, in that meeting, taste Its own bliss. For that purpose was all of life made.

God is One without a second. In Its highest expression, God is formless and thus encounters no forms and can draw on no tools or technologies. There being no other, there is no one to know God and no means for God to know God. In light of this, to satisfy a desire to know Itself and taste Its own bliss, God created life forms and assigned them the task of knowing their true nature, their original identity.

God implanted in them a longing that can only be satisfied by the realization of their identity as God. It created universal laws that aid the individual being in the journey from God into the world and from the world back to God again. Each time a life form realizes its true identity as God, God meets God, and for this meeting was all of life created.

3. All of us have journeyed out from God, by God's command, and will be liberated from the cycle of physical birth and death the moment we know that everything in this world, including us, is God. Hindu sages call this level of enlightenment

vijnana (perfect wisdom) and sahaja (or our natural state) nirvikalpa samadhi (formless trance state).

When all movement in the mind stops, when the spiritual heart (or hridayam) opens and never shuts again, the individual being realizes God in sahaja nirvikalpa samadhi, the stage of liberation from the need to be physically reborn (or *mukti*, *moksha*).

This level has been called vijnana (or perfect wisdom) by some, nirvana (or cessation of movement) and Ascension by others. But spiritual evolution does not cease here. Only the need to be reborn in this Third Dimension stops. Orders of existence stretch on in an endless vista, through dimension after dimension, universe after universe.

4. Father God created the domain of Mother God (mater, matter) as the setting for our spiritual journey and education. We wander in this material realm lifetime after lifetime, constantly learning.

The first creations in life were what Christians call the Holy Spirit and the Christ or Son and what Hindus call the Divine Mother or Shakti and the Atman. The first is in part a primal universal creative vibration known as Aum/Amen, the Logos or Word.

Known to Solomon as "Wisdom" or Sophia, to Lao-Tzu as the Mother, this level of reality is the Phenomenal world whereas the Father or Brahman is the Formless Transcendental, beyond the Phenomenal world.

The Christ, Atman, or Self is "the Father in me" or "Brahman-within-the-individual," a "fragment" or "spark," metaphorically speaking, lodged within the body (or bodies), which are created by the Mother.

One cannot know the Father without first knowing the Self in a moment of enlightenment. This first sight of the Light grows, with meditation, till one day it becomes the sight of the Father's Light. The Son is the Father but the Father is greater than the Son. The Father is in me (in the heart of the individual) and I am in the Father (as are all things).

Neither is the Father male nor the Mother female. These designations were conventional teaching devices used by sages of old. There is no cosmic male, strictly speaking, and no cosmic female. The difference being pointed at is the same as the difference between movement and sound (the Mother) and rest and silence (the Father). Only the Father is not physical or material; everything else, no matter at how sublime or refined a level it exists, can be said to be physical or material when compared to the Father.

5. The Father made the material domain lawful. The most important law for us to know is the Law of Karma, which requires that what we do unto others shall be done unto us.

The material domain is the only domain in which law applies. Law does not apply to the Maker of the law, although It may submit to be governed by the law as in the case of an Avatar. The Mother is the "Voice crying in the Wilderness," the sound of Aum/Amen echoing throughout the Phenomenal domain as the music of the spheres, which creates, preserves, and transforms all things. The Father is the Wilderness in that no law can bind God.

The most important law for us as Third-Dimensional beings is the Law of Karma. The Law of Karma is like guardrail which prevents a vehicle from leaving the road. It keeps the individual soul from going too far to the left or right and ensures that the individual keeps moving forward towards the destined return of the Prodigal Child to God, once it tires of all experiences in the material world.

6. The form of our total journey is a sacred arc, like Jacob's Ladder, away from and back to God. But, day by day, we also follow a spiritual spiral, returning to the same karmic lessons repeatedly until we learn them.

As Jesus said, we come out from the Father into the world, remain for a while, and then return to the Father in what can be conceived of as an arc. When I had my vision of the purpose of life, in 1987, the form of the individual's journey out from God and back to God again formed a wide arc or circle.

Nonetheless, the Law of Karma ensures that we return to the same lessons again and again until at last we learn them and this return through successive lifetimes can be seen as a spiral. Thus the shape of life, if you will, can be visualized as a spiraling arc or circular coil. This virtually endless journey is depicted in many

religions as a ladder of consciousness or a stairway of existence which we travel down and then up.

7. From one day to the next, we may expand or contract, but all the while we are cosmically drawn back to God by a sub-sensible, eternal longing, planted there by It, for It: a longing for liberation (for more on this, see "The Longing for Liberation").

The longing for liberation is just one of the design elements built or hardwired into life forms. Most people, experiencing this subsensible tidal yearning, try to fill it with possessions, experiences, relationships, and so on. But God so designed life that nothing will satisfy it except the return to God.

We go through life endlessly acquiring, enjoying and casting aside, ever unsatisfied, in an endless cycle of desire. This develops discrimination in us. Gradually we are made aware that nothing but God will satisfy our ineffable thirst and hunger. Then we develop detachment. At that point we cease to be prodigal children and begin our return to the Father, who welcomes us with open arms.

This longing then acts as a homing beacon or magnet on all life forms, no matter how exalted, drawing them ever onwards until they merge again with God. Hence the love in the eyes of saints towards God and the deep devotion of exalted beings, in whom the longing for liberation acts more strongly than in most of us.

8. In the cosmic Drama, there are three Actors we must realize: God the Father, God the Mother, and God the Child. These are the Transcendental, the Phenomenal, and the Transcendental in the Phenomenal. Christians call them (note the change in order) the Father, Son, and Holy Ghost. Hindus call them Brahman, Atman, and Shakti. The Formless became two Forms. The One made trillions of forms through the agency of the Two and then mysteriously entered into them. We are required to know that Trinity.

The "Holy Persons" are not persons, but levels of reality. They can be described as the Transcendental, the Phenomenal, and the Transcendental in the Phenomenal. We are the Transcendental in the Phenomenal, sparks of divinity who reside in the worldly womb of the Mother until our divine birth. The Mother educates her children in the school of life until they are ready to be brought to meet the Father.

All religions have a conception of this Holy Trinity, though it may take some digging to correlate terms. We "know" the three levels in successively-higher experiences of enlightenment. We know the Son, Christ, or Atman in the experience of "stream entering" or "spiritual awakening" when the kundalini reaches the fourth or heart chakra.

We know the Mother in an experience of savikalpa samadhi or cosmic consciousness when the kundalini reaches the sixth or brow chakra (and the Third eye opens).

We know the Father first in an experience of kevalya nirvikalpa samadhi when the kundalini reaches the seventh or crown chakra and permanently in an experience of sahaja nirvikalpa samadhi when the energy reaches the spiritual heart or hridayam.

Because the Christ or Atman is often called the "Self," we can say that we cannot know God until we become knowers of the Self. Translated that means we cannot have the experience of seventh-chakra enlightenment until we have the experience of fourth-chakra enlightenment.

Therefore know Thyself. Meditate on the Self that is known and it will become the knowledge of God. All of Jesus's parables about the treasure buried in a field, the pearl of great price, the mustard seed, and the measure of meal describe this journey of enlightenment.

Knowledge of these three levels of Reality is required of all beings before they graduate from the twelve dimensions. Their knowledge represents a progressive accomplishment. There is not simply one enlightenment or one level of enlightenment, but many. And beyond the twelve dimensions, there are also further gradations to life, unknown to us.

9. Everyone will reach God – some in the morning; some in the afternoon; and some in the evening. Experiences will vary, but all will eventually know God.

No one will fail to return to God. I'm led to believe that God does not worry about the time it takes us to return. There is no dishonor at taking more time than our neighbor. Moreover, different beings are created at different times.

Those who are reaching enlightenment when we do not may have been created earlier than we. Those people who reach enlightenment without rigorous discipline probably practiced rigorous discipline in other lives. Others are already enlightened and return in an unenlightened condition to serve by demonstrating what spiritual practice looks like.

10. Every genuine path will work. God plays all roles and observes all actions. The Divine has become many; next to God, there is none.

There is no religion or spiritual practice that is invalid, if genuine and sincerely followed. Some cults and orders may have dark purposes but the spiritual experiences of all genuine masters, translated into religious teachings (if rendered and maintained purely) are all acceptable in God's eyes.

There is only one God. The God of the Christians is the God of the Muslims and the God of the Hindus, Buddhists, Jews, Taoists, Sufis, etc. God is One but Its names are many. Hear, O Israel, the Lord thy God. The Lord is One, without a second. There is none else besides God.

Some will see Light; others will see a "form" of God; still others may have an intuitive sense of knowing. All genuine paths sincerely followed lead to God. God, through the Mother, designed the many paths to suit the various tastes of seekers, but all are efficacious.

There is no ground to say that one religion or path is superior to another. There is nothing that supports the belief that the earnest followers of one religion will reach God and the earnest followers of another will not. God is on no side and on all sides.

11. In Its love, God is universal, impartial, and supreme. What God wills must happen. It decreed this Drama for Its own Pleasure. Each time someone knows its Self -- "Oh Thou I!" -- God meets God!

God loves all life forms - human, non-human, subhuman, superhuman. It makes no distinction among life forms. Its Will must prevail. All is happening within God's Being. It created the drama or lila for Its own pleasure, a game of blind man's bluff (or buff), in which God plays all roles and is the object of the search as well as the

searcher and the search. Only God can realize God. Whenever anyone realizes God, that one simply realizes itself. The Self that it realizes is God.

Footnotes

(1) On the foundations many of us have been building on, consciously or not, see “Basic Third-Dimensional Illusion: Separate Selves Struggling for Survival amid Seeming Scarcity,” May 17, 2020, at <https://goldenageofgaia.com/2020/05/17/basic-third-dimensional-illusion-separate-selves-struggling-for-survival-amid-seeming-scarcity-2/>

(2) “The Purpose of Life is Enlightenment – Ch. 13 – Epilogue,” August 13, 2011, at <https://goldenageofgaia.com/2011/08/13/the-purpose-of-life-is-enlightenment-ch-13-epilogue/>

(3) *From Darkness Unto Light* database: http://goldengaiadb.com/index.php?title=From_Darkness_to_Light

(4) *The Purpose of Life is Enlightenment* at <https://goldenageofgaia.com/wp-content/uploads/2011/08/Purpose-of-Life-is-Enlightenment.pdf>

(5) God - Him, Her, It - has no gender. The anthropomorphic and androcentric gender analogy arises from the human reproductive cycle but has probably outlived its usefulness. After the Reval I intend to convene a conference of scholars to arrive at an alternative to gender terminology.

The Basic Spiritual Movement

Last revised: June 12, 2009

<https://goldenageofgaia.com/spirituality/back-to-the-basics-2/the-basic-spiritual-movement/>



I was reading a back issue of SaLuSa the other day and he provided me with a statement that startled me and caused the melding of two bodies of literature in my mind:

“What the next few years will do is to offer you the opportunity to lift up your sights, and set them upon the most lighted expression you can achieve. After all, the object of working your way to Ascension is to move into a state of enlightenment, and continue to evolve.” (1)

Until I heard SaLuSa say that, I had puzzled over the matter and kept the literature of ascension and the literature of enlightenment separate in my mind.

But now I felt released from that. I felt as if a dam had broken. It was now time to meld the teachings of the spiritual sages with those of the masters, celestials and galactics that we have been so earnestly listening to.

As a result of these events, I struggled today to carry on my daily affairs because words kept pouring through my mind. I realized that it was time, for me at least, to

begin to focus on the spiritual fundamentals as my way of preparing for what looms ahead in our lives – the reality of announcements (2) and all that follow.

From my studies of enlightenment, and I am not myself an enlightened man but only a seeker, the basic spiritual movement, the fundamental spiritual act, could generically be phrased as “turning from the world to God.”

To my way of thinking, all of life is a huge spiral in which the soul leaves God and begins a journey outwards, towards realizing itself as God, only to merge again with God when that realization is complete.

Jesus described it when he said, lo, I came from the Father out into the world and now I leave the world and return to the Father. (No time for citations anymore.) That is a precise description of what I just referred to.

And the halfway point, and this is only my way of seeing things, occurs when the individual soul turns its attention from the world and focuses it on God.

Now those words “the world” and “God” can mean many different things to different people and all would be partly sound and correct. I could say “turn from worldly desire to desire for God alone.” I could say “turn from my appetites to my longing for God.” I could say “turn from pleasure to yearning.” I could substitute for the word “God,” the One, the Self, the Tao, the Formless, it really doesn’t matter what word I use.

However one wants to talk about it, there comes a time in one life or another where one feels the irresistible call to put aside what St. Paul called “childish things” – one more movie, one more bottle of wine, one more trip to Marrakesh – and cry out for God.

Sri Ramakrishna had many parables about the child playing with its toys. So long as it did so, the mother continued cooking rice over the fire. But the minute the child tired of its toys and cried out for its mother, she would take the rice pot down from the fire and hurry to her child.

The child has turned from the world to God and God has hurried to the child.

Or Jesus, when asked what the first commandment was, said “Love the Lord your God with all your heart and all your mind and all your soul.” A person who does this has turned from the world to God.

For me, this basic spiritual movement is the first noteworthy, conscious step an individual takes on the spiritual path and the one who does it has covered perhaps more than half the “distance” between Origin and Destination in the overall journey of life.

For me as well, delving into what it means to turn from the world to God (please substitute any other word you’d like if this word does not work for you) is an ongoing practice.

It’s been quite a while since a movie no longer satisfied me. I have my wardrobe down to ... well, I may as well wear a uniform. The only uses I have for money are so basic that I could leave home without it some days and not notice.

When I look, I see that the consequence of turning from the world to God is that, after a while, it remains no longer a conscious action. I do not need to *turn* from the world at this time. I am drawn from the world, drawn inward, irresistibly.

I am almost incapable at this moment of doing much more than simply communicating about this. As a useful member of society, I am at this time a complete waste, a nincompoop. I don’t even care to make excuses for myself.

I have no idea how I shall be tomorrow, but if there were a predictable direction to this, I quite seriously think I will be what spiritual writers call “abstracted” – not good for anything other than to simply contemplate God.

And not even to contemplate. Just to be bliss.

With the last ounce of focus I have, before surrendering even that, I say again what I wanted so desperately to say, as if it were a message in a bottle, a deep dark secret passed between best friends shhhhh (is anybody looking?) ... the basic spiritual movement is to turn from the world to God.

Footnotes

(1) SaLuSa of Sirius, April 6, 2009, through Mike Quinsey, at https://www.treeofthegoldenlight.com/First_Contact/Channeled_Messages_by_Mike_Quinsey.htm

(2) "Announcements" refers to the expected announcements disclosing the reality of extraterrestrial life and UFOs and the announcement of the abundance program called NESARA.

An Introduction to Detachment

October 2, 2019

<https://goldenageofgaia.com/2019/10/02/an-introduction-to-detachment/>



I was working one minute and in the midst of a spiritual experience the next.

I've had a few like this in past years. (1) This time I'm being shown what "detachment" feels like.

As in the other experiences, this mood just "came upon me" as I worked. But I recognized it before it departed and so it stayed and enveloped me.

Some of this article was written as it was happening; some in the afterglow; and some is being edited now:

What happened? I've been bothering myself that this Fall weather is beautiful and *I should be out there*.

But the furthest I get is looking out from my window.

I don't mean I never get out because I do but ... I could never figure out this reticence to go out, without purpose, into the good weather.

Then today I heard myself say: "What's the difference between standing here and standing there? You're going to be upright on two legs, looking out over a different vista. And ... so?"

At last I put a name to the way I was feeling: "Detached." Up till now I've been ashamed of this nebulous, unnamed feeling, uncomfortable with it, embarrassed by it.

But when I saw it as detachment and experienced it, I changed my vote.

OK, I got it. I now see what the talk is all about.

It isn't that I'm opposed to anything or hurt or sulking. It's that, all things being equal, nothing exerts a pull on me (beyond the needs of the physical) right now.

I was being given an experience of detachment in a deeper form than ever before. Based on it, I'd say a synonym for what we mean by "detachment" would be "a focus on the eternal."

For me, as you know, the basic spiritual movement is to turn from the world to God. (2)

Keeping this in mind, let me now reword what I just said. What I was able to name as happening to myself (and then experiencing) was detachment from the things of the world because of growing attachment to the eternal.

And this - that I am and feel and seem right now - is what detachment looks and feels like to this being: It doesn't make sense to this one standing at the window to go from here to there.

I'm sitting here amazed. I've been resisting this space since forever. I'm still resisting giving into it completely because I worry I'll float off into fantasy land. Not caring about anything: That's not staying with the program.

Another word for "detachment" is "peace." If they aren't one and the same, they come bundled together.

Footnotes

(1) In the past I've been shown mastery, abundance, love, bliss, and peace ... each as a state of consciousness or divine quality - however you choose to see it.

(2) See "The Basic Spiritual Movement," June 12, 2009, in *Back to the Basics: Introductory Essays to a Cross-Cultural Spirituality*, p. 24, at <https://goldenageofgaia.com/wp-content/uploads/2019/09/Back-to-the-Basics-R2.pages.pdf>

Basic Third-Dimensional Illusion: Separate Selves Struggling for Survival amid Seeming Scarcity (Repost)

September 5, 2020

<https://goldenageofgaia.com/?s=%22basic+third-dimensional+illusion%22>



I need to set the stage for a discussion of values for a New Earth.

I need to talk about the old paradigm first. That old paradigm had three features: (1) social Darwinism, (2) empirical materialism, and (3) ethnocentrism or race supremacy.

I'll explain these schools of thought as we go.

I repost the next three articles because I could not say it better if I rewrote them today.

I'd begin by reposting this article on what historians call "social Darwinism."

It's been in some ages the dominant filter through which westerners have viewed their world. It provided a "scientific" rationalization for the colonialism of the Victorian Age.

It was the language of choice during discussion of automation in the 1990s. It justifies doing nothing for the suffering.

From Oct. 2013. Revised.

What is the mindset we're trying to let go of, that tells us how life is in our everyday setting? Can we state it in its simplest and most fundamental form?

Let me offer my version of it:

We are separate selves struggling for survival amid seeming scarcity.

The best label for this view of life, in my opinion, is "social Darwinism." Life is a struggle for existence, in which only the strong survive. The weakest go to the wall. This, the social Darwinists asserted, was a natural law of life.

Can we look at this short statement, as an approach to dispelling this primary 3D illusion?

(1) *We are separate selves.*

(a) We are selves. That's true. God tied a knot in the ocean of love, light, and consciousness. The balloon thus formed, full of God-consciousness, we call a self.

(b) So long as our vibrations are dense and heavy, we can only know that self as something separate from all other selves.

We don't see or feel the God-stuff. We refuse to admit that the seeming individuality we have is not fixed, permanent, or eternal. We are God but we refuse to abandon our penultimate state as God the Self, Christ, Atman, or pearl of great price.

Does anyone discuss this penultimate state? Yes, St. Paul describes the Self ultimately surrendering to the All-Self - in Biblical code - here:

"Then *cometh* the end [final enlightenment], when he shall have delivered up the kingdom [all the bodies, all the selves] to God, even the Father." (1)

This surrendering of the Self constitutes "final" enlightenment, which, in my vision of 1987, was represented by the small golden star returning to the Father and immersing itself in him. (2)

Therefore, viewed from the standpoint of ultimate Reality, the One without a second, there is only One. We must be that One; otherwise there would be a second.

Viewed from the Highest Reality, then, there never was, is or ever shall be separation between God and this apparent "me."

So the separation from God is only a seeming, an appearance, which occurs on the Third and Fourth Dimensions, the lowest and most dense we'll ever see.

Thus we see that this part of our statement - that we are separate selves - is not absolutely and fundamentally true. In the end, it's revealed as an illusion.

(2) *struggling for survival*

Survival - do we actually need to survive? Have we ever questioned that?

I've been outside my body and see that I'm not my body. When I was outside it, I never felt hunger or questioned where I'd sleep that night. I was free of all those conditions.

Whatever happens to my body at death need not concern me for I have a life independent of it. So for me, anyways, survival is simply not an issue.

(b) Struggling - do we need to struggle to survive? Or struggle for anything?

In the time I spent in Fifth- and Seventh-Dimensional love, I found myself in a state of consciousness where any idea of struggle would have been laughable.

Laughable because I could not have struggled for anything, so deeply awash in love was I - rich, profligate, generous. I could have given it all away, knowing that the replenishing flow was endless.

No struggle there. But no struggle also because I had everything I wanted. Don't you see? Love - real love, transformative love - is what we're looking for. It is everything we've ever wanted.

I've known that state of being where real love is free and plentiful and in that state is no thought of struggle.

In that state, we're certain that we've arrived. There's nowhere else to go except deeper and deeper into Love.

Therefore, that we need to struggle to survive is another myth, another illusion. Ascension will demonstrate that.

(3) *amid seeming scarcity.*

Leaving aside the fact that any scarcity we create increasingly seems to arise out of our own beliefs in lack and limitation, there was certainly no scarcity where I ended up. I drowned in an ocean of love. No scarcity there and I wanted nothing else.

If you offered me gold while I was in that state, I'd have only smiled. I wouldn't have lifted a finger for it. What can gold give me that love does not? Gold is just a color and a belief. I laugh to compare it with love.

In that state you really get the importance to us of how we feel. Because when we feel brimful of love, we want nothing more. There really is an end to our wanting.

All I wanted was to touch the fingers of other love-soaked pilgrims as they passed me by going wherever they were in an unrushed, love-drenched world.

Consider the free gifting of replicators as a mid-term tangible indication that there's no scarcity. The replicator will give you whatever you ask of it.

Then consider that, before our journey of Ascension has ended, we'll be creating what we want by thought. No scarcity there either.

The trend is not towards scarcity but away from it. So this part of our statement too seems to be an illusion.

There isn't a part of our statement of the fundamental credo of the Third Dimension that has held up very well to scrutiny, when viewed from a higher-dimensional perspective.

And yet this point of view is so basic to our behavior patterns that we "live it," without thinking about whether anything about it is true, real, or eternal. And, it turns out, nothing about it is.

We are not separate selves struggling for survival amid scarcity.

We are Children of God, not different than or separate from the Mother/Father, learning our true identity by willingly entering an illusory world and limited existence for a time.

Our journey ends when all individuating bonds are broken (the balloon is burst) and we experience our Oneness again, picking up, I imagine, pretty much where we left off before we went out into the school of matter (*mater*, Mother).

Footnotes

(1) I Corinthians 15:24.

(2) See "The Purpose of Life is Enlightenment – Ch. 13 – Epilogue," at <https://goldenageofgaia.com/2011/08/13/the-purpose-of-life-is-enlightenment-ch-13-epilogue/>

Clarity, Purity, and Love: The Basic Spiritual Movement Restated

December 5, 2013

<https://goldenageofgaia.com/2013/12/05/clarity-purity-and-love-the-basic-spiritual-movement-restated/>



It is truly a privilege to speak to the Divine Mother, who treats one with kid gloves (usually!!!) and is easing the curtain aside more and more to reveal some of the mysteries of life to us.

I also know that when I ask her a question that would be considered at all complex or mystical, she expects me to explain what I'm driving at on the blog. And I did ask her one of those on the show today. So let me explain here.

The Mother has revealed that she is sending us three more or less consecutive waves of energy. The first is the baptism of clarity. The second is a double helping of clarity plus a baptism of purity. And the third is a baptism of love.

I expect that the third wave will turn out to be what others are calling "the Event," but that's just a guess on my part.

But there is something very familiar about the order in which this is happening and even about the double helping of clarity. Let me explain.

Hindus like Shankara, Sri Ramakrishna and many modern Hindu masters will tell you that there is a basic movement to spirituality. (1) The way I put the three steps is: Discriminate between the Real and unreal; detach from the unreal; and attach or devote yourself to the Real.

Hindu masters don't say it exactly that way. Let me give the example of Sri Ramakrishna to show how it's contained in what he says, but said a mite differently. In my own version, I've extrapolated from what he says.

“One may enter the world after attaining discrimination and dispassion [i.e., detachment]. In the ocean of the world there are six alligators: lust, anger, and so forth. But you need not fear the alligators if you smear your body with turmeric.

“Discrimination is the knowledge of what is real and what is unreal. It is the realization that God alone is the real and eternal Substance, and that all else is unreal, transitory, impermanent.

“And you must cultivate intense zeal for God [i.e., devotion]. You must feel love for Him and be attracted to Him. ... Yearning is all you need in order to realize Him.” (2)

Now why a second helping of discrimination? Well, first of all, yes, enlightenment is the purpose of life. But the acquisition of discrimination is the purpose of physical life; i.e, the purpose of incarnating in a physical body. Sri Krishna says: "Lose discrimination, and you miss life's only purpose." (3)

And: "I regard discrimination between Field [physical body] and Knower [soul, Atman or Christ] as the highest kind of knowledge." (4)

Discrimination playing such a central role in life and being the foundation upon which all else rests in achieving the purpose of life, I can appreciate why an extra helping of it is in order.

Let's now look perhaps at what the Divine Mother is doing, as far as I can see. She's sending us three waves of energy: clarity, purity, and love. Is this not accomplishing the basic spiritual movement of life? Is clarity not discrimination

between the Real and the unreal? Is purity not detachment from the unreal? Is love not attachment or devotion to the Real?

I asked her if I was offbase in this appraisal and she replied:

“No, dear angel, you are not offbase in the slightest. ... You are on track. There are many different pathways which has been part of the richness of the discovery and the Hindu path of this understanding is very insightful and accurate.”

Well, that statement for me represents a very significant contribution from the Mother to the cross-cultural understanding of what life is all about and every time the Mother validates a piece of that particular puzzle, I personally feel ecstatic ... and need to sing about it.

On “the Event,” she said:

“The Event is a tsunami of love, but it is not a singular event. This has been in preparation and this preparation did not simply begin with my gift of clarity.”

That said, I'd expect the wave of purity to come next and the wave of love to come after it, which is to say, “the Event” will come after this current wave of purity. Not like I'd be willing to venture a date. I do not understand or read eternal time, so to speak, I'm afraid.

Lastly, I'm not sure if you noticed how slowly the Divine Mother was speaking. I interpret that to mean that she is letting more and more of her essence through as we mature in our ability to hear and understand her. I tremble to think what she'll be telling us a month or two from now as we expand further in understanding and soul growth.

And just before I go chop wood and draw water, let me answer a question from a reader who says that they didn't feel any difference after the wave of clarity.

Actually, the soul does not traffic in "feelings." What impacts the soul does not necessarily show up for us as something we feel.

I do experience a terrific difference myself, even at the feeling level. I feel much greater amounts of love compared to what I felt previously. Of course this is helped quite a bit by a new spiritual partnership.

But even without that, I experience my clarity having increased. But again clarity cannot be directly or easily detected at a feeling level.

We're accustomed to using our largely Third-Dimensional senses and other 3D criteria to assess what's happening and it isn't happening from or at a Third-Dimensional level. That makes matters difficult and can be frustrating.

I get that it's hard for many people to find how to assess or feel what we're going through. It's hard for me too. I'm actually not sure what to say about how to detect the difference because I'm not that knowledgeable in these matters myself. Hopefully I will be soon, but then so will you be!!! In the sense that we'll all emerge into our mastership, all of us commentators have, in a way, our "best before" date!

But patience remains important as we pass through these processes which largely don't succumb to our understanding or allow detection by our physical senses.

Footnotes

(1) See for instance the quotes under "Discriminate between the Unreal and the Real, Detach from the Unreal, and Devote Yourself to the Real - Three Prerequisites for knowing God" at [https://goldengaiadb.com/D#Discriminate between the Unreal and the Real.2C Detach from the Unreal.2C and Devote Yourself to the Real - Three Prerequisites for knowing God](https://goldengaiadb.com/D#Discriminate%20between%20the%20Unreal%20and%20the%20Real.2C%20Detach%20from%20the%20Unreal.2C%20and%20Devote%20Yourself%20to%20the%20Real%20-%20Three%20Prerequisites%20for%20knowing%20God).

(2) Paramahansa Ramakrishna in Swami Nikhilananda, trans., *The Gospel of Sri Ramakrishna*. New York: Ramakrishna-Vivekananda Center, 1978; c1942, 140.

(3) Sri Krishna in Swami Prabhavananda and Christopher Isherwood, trans., *Bhagavad-Gita. The Song of God*. New York and Scarborough: New American Library, 1972; c1944, 42. [Hereafter BG.]

(4) Ibid., 100. The whole passage is instructive:

"Thinking about sense-objects
Will attach you to sense-objects;
Grow attached, and you become addicted;
Thwart your addiction, it turns to anger;
Be angry, and you confuse the mind;
Confuse your mind, you forget the lesson of experience;
Forget experience, you lose discrimination;
Lose discrimination, and you miss life's only purpose." (Sri Krishna in BG, 42.)

To Go First and Show Us the Water's Warm

July 14, 2021

<https://goldenageofgaia.com/2021/07/14/to-go-first-and-show-us-the-waters-warm/>



Water's warm!

Archangel Michael: "We want you to expand." (1)

Why does the Company of Heaven want lightworker pathfinders to expand?

My guess is it's because they want to prepare us for interdimensional travel. As I'll make clear here, the Company of Heaven would like us to flow between dimensions. They want pathfinders and wayshowers and explorers:

- To show the new contours of life
- To show that we can travel interdimensionally - now and after Ascension
- To demonstrate that the nova normal is OK; the water's warm

- To bring what we see and learn back to our ascended or unascended everyday settings
- To promote interdimensional travel, to grease the wheel, so to speak.

They've been tracking our progress in this area:

St. Germaine: All of you are interdimensional. And each of you in various ways – some continually, because you're accepting it more and more – are having interdimensional experiences. (2)

Archangel Michael: You are traveling interdimensionally. ... You are beginning to have more clearly the interdimensional experiences. (3)

We're not talking about future travel. We're talking about now. And, no, there's no physical component to this interdimensional travel unless a ship comes down and whisks you away. But that's beyond the scope of my knowledge.

I'm talking about travelling in consciousness, whatever means you use to explore it (meditation, astral projecting, holotropic breathing, etc.).

(Do surround yourself in protection if you do go exploring.)

Remember the claims that it only needs a small percent of the population to shift for the rest to shift. They want us to be that thin edge of the wedge.

Michael describes the process of entrainment he hopes will occur:

Archangel Michael: You are not looking for students or followers. What you are truly doing, yes, as pathfinders, you are showing the way, but you are also bringing along the collective in entrainment.

Now the sages did not think of this, of their journey as a process of entrainment, of bringing the entire collective along. You do. And when I say 'you' I mean the current thinking and body of understanding and knowing in the lightworker community. So the fundamental premises have changed. (4)

Of course Sri Ramakrishna didn't have the Internet. We can conceptualize a global reach because we already have it. To wit, this video:

[video="https://goldenageofgaia.com/wp-content/uploads/2018/12/We-are-the-people-of-the-Internet.mp4"]

The ability to flow back and forth is a change in the fabric of creation and the CoH needs lightworker pathfinders to show the rest that it's OK.

Archangel Michael: What you have now, is the knowingness that you are, for purposes of explanation, moving forward dimensionally, flowing back and forth, and that sense also of the flow throughout dimensions, that you can flow back and forth, that it was not restricted, that it wasn't that you arrived at Heaven's Gate and that was it.

This flow is new. Well, it is not new but it is new to human thinking. (5)

Michael tells us flat out that he wants lightworker pathfinders to demonstrate "that you can flow back and forth, that it was not restricted, that it wasn't that you arrived at Heaven's Gate and that was it." (6) Open horizons. Greater vistas. Come, explore.

I've quoted St. Germaine before on the matter but he's relevant here too:

"You see all the rules have changed. You have decided to maintain form. That doesn't mean we're going to have you punished by not allowing you access to the 7th.

"That is the old paradigm. 'You can't come here, unless you die.' Well, that's not true! That's what enlightenment and Ascension is about. You can go as far [as you like?], you can go and feel and be the Love that is the 7th Christ consciousness. You can have it all and then you pull it into your physical form so that you are a walking, talking, working, creating Christ-conscious Being." (7)

Let me end with the Lord Arcturus' discussion of this aspect of a lightworker pathfinder's mission:

"The perspective say of the ninth dimension is very different than the perspective of say the third, the fifth or the seventh dimension. ...

"It is very important that humanity realize, as they are in their unfoldment to a grander plan, that the seventh dimension is not the end of the road, not the be all and end all.

"And so, some of the perspective, the experience, the knowing, the intelligence of different dimensionality is highly beneficial in helping them move into that higher-dimensional anchoring." (8)

To put the matter in a nutshell, I think the Company of Heaven has invited us, in meditation or other spiritual means, to explore interdimensional travel to help the masses accept a higher dimension of existence; to go first, so to speak, and show the others the water is warm.

Footnotes

(1) Archangel Michael in a personal reading with Steve Beckow through Linda Dillon, Sept. 23, 2016. [Hereafter AAM.]

(2) "Transcript: Heavenly Blessings – St. Germaine on Where to Look for Results," channeled by Linda Dillon, July 15, 2014, at <http://goo.gl/OxNpnG>.

(3) Archangel Michael on An Hour with an Angel, May 14, 2012 at <http://the2012scenario.com/2012/05/archangel-michael-on-the-transitions-impact-on-us-and-world-leaders/>

(4) AAM, Feb. 17, 2017.

(5) Loc. cit.

(6) AAM, Feb. 17, 2017.

(7) "Transcript: Heavenly Blessings," *ibid*.

(8) Lord Arcturus in a personal reading with Steve Beckow through Linda Dillon, June 12, 2019.

⌘ The Experience ⌘

Keeping It Simple

June 10, 2021

<https://goldenageofgaia.com/2021/06/10/keeping-it-simple/>



Credit: learning-mind.com

I spoke to a new spirituality group that was recently birthed out of the membership of Vaccine Choice Canada.

They were a bright, attentive, professional audience with clear and sincere commitment. It was a treat.

I had a major spiritual experience after the lecture (June 7, 2021) and it built in strength over the next two days. I'm pretty sure it was the activation of a download I was born with. I've been told about it and it was predicted two years ago that it would soon unpack. It feels like it did.

But let me get to that tomorrow, because you were there with me throughout this event.

Aside from the lecture (on Ascension) being a wonderful experience, it answered nagging questions for me.

Can I lecture with my short-term memory being so haphazard? Will I lose track of what I was saying in the middle of a sentence? Do I have what it takes to convey information this way?

I was not plagued by memory problems and that removed the biggest block for me around lecturing. My story of a bad memory was shot to shreds and that alone felt liberating.

The event caused a creative explosion in me because it identified so many areas of what we discuss here that needed clarifying. So let me start that process of clarification.

Let me continue the discussion of Ascension started in the lecture.

Ascension is really very simple, though ascending itself, in the new format, is a process that may be mostly gradual and take time. The word "simmering" comes to mind.

I read a quote a few years back defining Ascension in a most difficult way. I don't want to give the quote because I don't want to embarrass the writer and these articles may be read by civilizations far distant in time and space.

But it talks about Ascension in scientific terms. He discusses particles, their charges, their relationship to each other, etc., all in one long definition.

Heavens, he may even be correct. But very few people would understand what he said and so its usefulness is limited.

Ascension itself is very simple: It's a full and permanent heart opening (period).

But I have to make some clarifications.

(A) It's the spiritual heart, two digits to the right of the breastbone, that opens.

(B) It's not the heart chakra, although it can be initiated by the kundalini reaching the heart chakra.

That particular heart opening is only temporary though. Ascension - beyond the 3D chakra system - is permanent. (1)

(C) And it's not the physical heart. You're not having a heart attack.

(D) A heart opening is not the same as the quality of being open-hearted. Being open-hearted could very well lead to a heart opening. But in and of itself it's of far less intensity.

The hole no bigger than a pinprick that keeps us from knowing the heart and living in Fifth-Dimension consciousness is called the hridayam, a word usually translated as "heart" although it actually refers to the heart aperture. The heart aperture is also called the granthi or knot of ignorance. It's apparently like the aperture of a camera.

The hridayam first opens when the kundalini reaches the fourth or heart chakra. But it then gradually closes again over time.

It opens again in Sahaja, which is Ramana Maharshi's name for Ascension. (2) But this time it remains open and it remains full and complete.

When the hridayam opens, there's then no obstacle or blockage between the everyday and the ascended consciousness.

I experienced my heart open on March 13, 2015 and it was explosive. I remember thinking it was like a fifteen-inch gun going off and blowing an obstruction the size of a watermelon out of my heart.

After that I found myself in an inner tsunami of love and, later, in an Ocean of Love. Those were foretastes of Ascension.



Having said that the concept of Ascension is simple, I now have to add that Ascension itself is a process most of which is not quite as simple. Nor is it as quick as we may like.

For instance, the raising of the frequency of the human body has to be done slowly and gradually. There have been times recently when the energy has been amped up and all of us in my circle were relating our woes.

I'm told that the energies were amped up this last week and that fits with the number of exhausted people I've met. Think what it'd be if we went faster.

Our hospitals might be overwhelmed by people thinking they're dying or having a nervous breakdown.

Can you imagine suddenly awakening to find ourselves in an Ocean of Love?
Where's my house? Where's my family? Where am I?

We lightworkers may be ready for the shock of Ascension, but several billion other people may not. In 2012 we could have gone as a small group but we elected to go as a planet and that takes longer.

People whose light quotient is not yet adequate to allow them to thrive in the higher vibrations need time to take in the energies and make the slow transition from carbon to crystalline base. I'm reminded of Sitara's discussions of sous vide: We need to be slowly and uniformly cooked.

Tomorrow, I'd like to discuss the very strong spiritual experience I had after this lecture. Days later I remain desireless and still.

Footnotes

(1) Steve Beckow: I'm trying to understand what level of enlightenment Ascension corresponds to and I think it's beyond the normal seventh-chakra enlightenment. I think it is what is called — and I'll make this clear to readers — sahaja samadhi. Am I correct?

Divine Mother: Yes, it is beyond what you think of [as being] with your seven chakras. ... We have emerged from the Third-Dimensional realm, which is that reference point for the [seven] chakra system, into the new. So yes, you are correct, in this question and in this statement. ("The Divine Mother: Come to Me as I Come to You – Part 1/2," Oct. 17, 2012, at <http://goldenageofgaia.com/2012/10/17/the-divine-mother-come-to-me-as-i-come-to-you-part-12/>.)

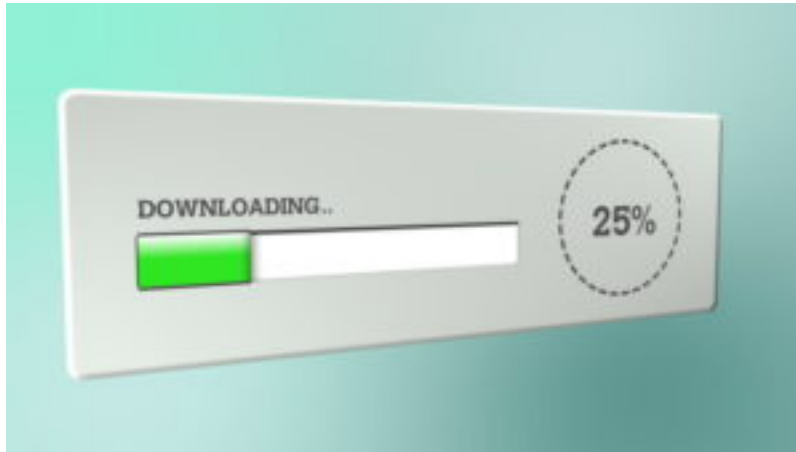
(2) "Sahaja is like the river that has linked up with the ocean from which there is no return." (Ramana Maharshi in S.S. Cohen, *Guru Ramana. Memories and Notes*. 6th edition. Tiruvannamalai: Sri Ramanasramam, 1993, 90.)

"This is Self-realization, Mukti [i.e., liberation from birth and death], or Sahaja Samadhi, the natural, effortless state." (Ramana Maharshi, *ibid.*, 82-3.)

And Here It Is

June 11, 2021

<https://goldenageofgaia.com/2021/06/11/and-here-it-is/>



If I don't record my experiences, I'll forget them.

If I want to be able to point to what happened later on, I have to record them.

I record here an experience I had after lecturing to a spirituality group birthed from Vaccine Choice Canada.

Interestingly I was not moved to record it. Or do anything with or about it for that matter. I had to push myself to record it. I was - and still am - in a desireless state. Let me explain.

This experience developed from Sunday evening to Tuesday afternoon. It was not a flashbang realizational experience. It was an expansion in my being.

I've known for I suppose two years that a download that I was born with was due to unpack soon. If this is it, it has left me in a state which I'm not at all surprised to find myself in (confident, competent, desireless, peaceful, balanced, etc.).

The Lord Arcturus described the download in 2019: the download conveyed "aspects or qualities, talents, capacities that would serve you and, in turn, of course, serve the grander Plan, the collective and ultimately the Mother." (1)

I'd forgotten that one year after he described the holographic cell or download, Michael also addressed the fact that the download process had started. What he said was too long to be included here. I'll include it in the footnotes. (2)

I also recall him saying that, when I move out into the public, I'd have enough memory to do the job. (3) And that he'd be right there beside me, etc. (4) The Company of Heaven would not leave me out there on my own. So the timing of this process - the first round of public speaking - also seems very appropriate.



During the first part of the experience, I felt as if I were going to break open. I now think this was the download breaking open, so to speak.

At that point I avoided all company. I turned off my cell and laptop. I was a little alarmed and desperately needed to be off by myself.

And then I remembered: I'm a servant of the Divine Mother. If anything is happening to me, it's by her Divine Will. With that, I relaxed and allowed the experience to unfold.

I don't remember if it was that Sunday night or the next morning. I felt a sudden opening within myself. I didn't think of it as a heart opening. I thought of it as the download opening and creating space as part of its mission.

I was aware of inner expansion, inner space, inner stillness. The space grew until it seemed as big as a large cavern or grotto - inside me. I knew this space to be the Father energy - the stillness and silence and peace. It was nestled into a material "body by Mother." I knew all of this to be me.

By the next day it had changed. Now I felt as if some powerful energy was emerging from me. Or wanting to emerge. Or merge. I was just aware of its presence.

At first I thought it was a walk-in, but Suzy Ward confirmed that no walk-in had happened.

After it came forth, exactly as if there were a second occupant in the body, I ended up feeling confident, competent, stable, self-trusting, peaceful, desireless. I had a lack of barriers. I had a sense of being ready.

I was no longer plagued by "what if's." I was no longer plagued by anything.

And there was a palpable feeling of something emerging from inside me, in just the same way that I had entered my body in my OOB in 1977. I was being joined so to speak, not like it was at all intrusive. I don't know who it was but I do know it wasn't Michael.

I don't think it was external events alone that determined the timing of this experience. I think my design committee - same as yours: the Divine Mother, your archangel, your guides, including your twin flame, and other interested parties - decided this was the time to activate the cell.

They decided the timing of my heart opening. Why not this?

I have to add that I asked for this experience. Ask and ye shall receive. I invoked the universal law and asked her last week for more consciousness. And here it is. This is just one more evidence that the Mother hears our prayers.

Years ago, Michael said to me, "with each ignition you will also feel a greater sense of the substance of who you really are." (5) That is proving truer and truer with each passing year.

My pranams and thanks to the VCC spiritual group for inspiring me and providing the platform for this launch to occur.

Footnotes

(1) The Lord Arcturus in a personal reading with Steve Beckow through Linda Dillon, June 12, 2019. He went on:

"There is a [part of you] that is Arcturus and Arcturian, that carries that history, that lineage and that intelligence which you have highly valued in this life and in other

lives, here [Arcturus] and elsewhere, that you can access. But you need to basically see yourself as going and sitting or accessing that quadrant of [yourself].

"It is not that you segment yourself because you have the full understanding of [Steve] but by immersing yourself, shall we say in it that way, by immersing yourself in that tiny sliver..., you are allowing the information, the capacities, the analysis, the experience, to really come to the surface.

"So that you can consciously begin to access it. It has primarily been under the surface for you this far. It has been more subconscious or even unconscious. And it was meant to be because we did not want you to distract yourself ... from being Gaian and being fully present on this planet and for this mission." (Loc. cit.)

(2) Archangel Michael discusses what he calls an "upgrade" and what I've called a download, a holographic cell that I was born with:

Archangel Michael: Do not turn down anything! So sometimes you have thought... Well, maybe if I slowed it down a bit, maybe if I paid closer attention to the details of what the input... Because think of it as a constant stream. Think of a computer, a constant stream of input coming into your mechanism called the brain.

Do not turn it down because what you are doing in the upgrades is literally learning how to access what is important to you, what is meaningful to you and yes to the collective but we are talking about you at this moment.

And so you don't want to start, consciously or unconsciously, editing the input into your brain. Now, your heart repair [triple bypass] and oxygen flow is helping and has helped this biological issue enormously.

But part of you, as we also said, and this is an agreement that we have, is that you have agreed [to live] and you are living very much in the moment.

One of the difficulties of humans is that they have a proclivity to either live in the past (and it can be recent past or ancient past) or to project themselves and live in the future.

It is a very curious malaise that most of the human race - yes, most of the human race - chooses not to live in the moment. So you are living in the moment. And you

say, “Yes Lord I’m very willing to live in the moment but I would like to be able to access my memories, recent events so I don’t feel like a fool.”

We hear you.

Steve:... Or lose my thought in the middle of a sentence or forget what I’m going into the kitchen for or, oh, it goes on and on... Crazy.

AAM: Now, think of the electric blue. Yes, the Porlana C that has been pouring into you. Let us increase it rather than decrease it. What we are doing and we are doing it even now as we are speaking, we are making all those synapses, all those electrical systems, all the upgrade a brilliant neon blue so that the entire brain, all hemispheres' functions will be more clearly firing.

Now the biggest impediment, and I know you, sweet one, the biggest impediment to this being fully effective is concern so let us do our job. You give me the worry and let us proceed with the completion of the upgrade. (Archangel Michael in a personal reading with Steve Beckow through Linda Dillon, Aug. 5, 2020.)

[Hereafter AAM.]

(3) Archangel Michael: You will have enough of a memory, dear heart. Do not worry about it. (AAM, April 13, 2016.)

(4) Steve: How can I do public speaking? I don’t know what to say.

Archangel Michael: Always I will let you know when it is time to speak and in what capacity. We are together, dear brother - do not for a moment forget this. (AAM, July 7, 2011.)

AAM: I am never far away. (AAM, April 26, 2011.)

AAM: My overlighting of you is very strong and I would like to think perfect. And of course it is perfect. (AAM, April 26, 2011.)

(5) AAM, May 6, 2013.

Dress Rehearsal for Ascension?

June 12, 2021

<https://goldenageofgaia.com/2021/06/12/dress-rehearsal-for-ascension/>



The transition I'm going through continues.

Coincidentally, Daniel's Scranton's 9D Arcturian Council said recently:

"And so, you are now being given upgrades, upgrades that will assist you in not only remembering who you are and who you have been, but they will also assist you in recognizing that all the technology you need is inside of you." (1)

I said earlier that you're accompanying me on this download and resulting experience.

The change in me is like night and day. It's as if the Divine Director clapped her hands and said, "OK, that's a wrap, everyone. Let's go home." The stage persona is dropped and the natural me returns.

I feel tender and I don't know how long this state will last ... but the me that is here right now ... at least in private, away from others ... has no interest in or relationship to vasanas or core issues. They are completely absent.

Krishna described this state when he said, "The light of a lamp does not flicker in a windless place." (2) Lao-Tzu also referred to it when he wrote:

"Touch ultimate emptiness
Hold steady and still. " (3)

It isn't a forced state. It has to be natural. It's a state of desirelessness. No winds of passion blow here.

I'm perfectly in the middle right now, in the center I like to talk about. I mean that in emotional terms. The heart is the real center. I mean I'm standing emotionally right in the middle of the spectrum, the balance point. And naturally, not through skill.

I'm not tempted by this or that. I'm not craving or avoiding. I'm just here. I'm living in the experience of what life is like when one maintains balance throughout life.

Not like I could remain this way in the presence of another. I'd probably yield my space and become superficial again. (Anything short of this space seems superficial to me at this moment. I'd run from small talk right now, just like a Zen monk I once knew did.)

Again, this state of consciousness could vanish tomorrow so this share has its "best before" date. You're getting it as it happens.

The fact that I can remain in the middle reflects the fact that I encounter life right now but without the tug of what the Buddha called craving and aversion. No preferences. But not because I'm suppressing them. They are simply absent. I think it's the download.

Is this Ascension? I don't know. Hey, mister, at the side of the road, is this Ascension? He doesn't know. Whom do I ask?

Maybe I have a manual in my glove compartment. No? No glove compartment. Oh.

How would I know what state this is?

I feel stable, mature, confident, competent, desireless, balanced. And I feel it not as some muscle that I'm flexing. No, this is my natural state. Oh, my gawd. Can this be Sahaja? Have I failed to catch up with what just happened?

If it is Sahaja, then let it endure. If it doesn't endure, then it wasn't Sahaja. I don't want to be wrong on a matter as important as this.

It's a taste of the natural state, to be sure, just as the sight of the Self was. It's peaceful rather than blissful. If all the world was in this state, we'd just get down to the business of living and helping each other out.

All the background noise would be gone. You could hear the birds again. And have the desire to hear them.

All I can really say is that, if this isn't Ascension, it feels like a dress rehearsal.

I'm at peace with myself and the world at this time. It feels wonderful. Not ecstatic. Not blissful. Not loving. Just peaceful.

I might be able to switch over into love or bliss but I don't want to risk leaving this divine state because peace, after all the hubbub of life in our world, feels wonderful. A relief. A release.

Michael has told me that a person can repeat fourth-chakra enlightenment experiences numerous times - and why shouldn't s/he? Until proven otherwise, I'm going to lowball it and call this a repeat fourth-chakra experience of my natural state.

There's no rush. We all know where we're going.

This is where we're going. This is the next stop on the Ascension Express. That much I do know.

I'm reminded of the truth of something Werner Erhard used to say: "I used to be different. Now I'm the same." I used to have a plan, a strategy, an image, an agenda. Now I'm just me, with no desire to be different than that.

This state, for as long as it lasts, is so secure, so stable that it invites a cosmic let-go.

Here I go, releasing the burden of lifetimes. Yaaaa-hoooooo!

Footnotes

(1) "The 9D Arcturian Council: Upcoming Upgrades & Massive Changes" via Daniel Scranton, June 9, 2021, at <https://goldenageofgaia.com/?p=322105>.

(2) Sri Krishna in Swami Prabhavananda and Christopher Isherwood, trans., *Bhagavad-Gita. The Song of God*. New York and Scarborough: New American Library, 1972; c1944, 66.

(3) Lao-Tzu, *The Way of Life (Tao Te Ching)*. Trans. R.B. Blakney. New York and Scarborough: New American Library, 1955, 16, 68.

Unpacking the Download

June 13, 2021

<https://goldenageofgaia.com/2021/06/13/322180/>



Credit: parceljs.org

Following this download, which I've been told for some years would be unpacking, I seem to be seeing things from a slightly higher vantage point.

Example. I have this mass of papers around me and I see they're all out of place and, for a brief moment, I panic.

But then I remember: It doesn't matter. It's not important. You could put all of them in a big pile and re-sort them and all would be fine. And you'd have a good time doing it. This second response is not my usual.

The first response was my everyday consciousness. I'm not going to call it my ego or whatever because how do I know that? It's just what I operate from everyday.

My everyday consciousness panicked. That reflected a vasana or core issue.

Why did I panic? I'm used to playing right/wrong with people and remaining at the intellectual level of life where my scorecard of rights (me) and wrongs (others) is important. And by my age I'm starting to unconsciously panic if I feel I've done something wrong.

Got it. Don't need that one. Thank you for sharing. By the universal law of elimination, I ask the Divine Mother to take that once-justified fear away from me. Thank you, Mother.



The second voice is the deeper me that I hadn't completely surrendered to. I needed to be my everyday consciousness. That was who I was, right? Don't tell me what to do. I don't take orders from anyone. Etc., etc.?

But this latest experience has been my surrendering to that deeper voice, call it what you will - Higher Self, Universal Self, Stranger, or whatever other name you wish to give it. (Its beingness does not depend on how I see it or what I name it.)

I also like to call it my spiritual adult, the Commander, my wiser self. Being a Member of the Immigration and Refugee Board was good training: I had to come from this adult self every moment I was in the hearing room.

The Higher Self may be what, in the second phase of the download experience I just had, merged with me. I don't know.

But, in the end, it's as good a story to create in this life as any other I'm creating, isn't it? It's all made up anyways, as we heard Vivekananda tell us recently:

"This world is a superstition. We are hypnotized into believing it real. The process of salvation is the process of de-hypnotization. ... This universe is just the play of the Lord – that is all. It is all just for fun." (1)

That is so perfect. God meeting God is for the delight of God. Life is a leela or divine play.



So what I have I done? I've switched my allegiance from my everyday consciousness to this deeper self - I've switched my vote, which is really quite easy to do. When I switch my vote, this deeper self blossoms and takes over, so to speak.

I've reported the same thing with bliss, love, and peace: recognize them, acknowledge them, and they immediately expand to fill the space.

Looking at the process I've just been through, one could compare it to moulting. I leave a lot behind but each time I seem to get bigger. Let me repeat what Michael said to me, which is also true for the collective:

AAM: You are simply growing into your expansion. That is really the substance of it. You are on a very fast track of expansion and that is why you are also experiencing the flare-ups, the ignitions. But as you do so, with each ignition, you will also feel a greater sense of the substance of who you really are. It is [also] true of the collective. (2)

With each ignition, I do "feel a greater sense of substance of who you really are." I wouldn't have phrased it that way, but it's still totally correct.

I have until now been speaking of the steps to Ascension only as if they were the ordinary chakra/kundalini/related realization events. (3)

But I know very well that the Divine Mother can do as she pleases. If she wants the process to proceed in other ways she can. As Sri Ramakrishna noted: "[She] who has made the law can also change it." (4)

Here we see, not the occurrence of realization, but a slow process of expansion and emergence, all of it initiated by what could most easily be understood as a download.

Footnotes

(1) Swami Vivekananda in Swami Chetanananda, *God Lived with Them*. St. Louis: Vedanta Society of St. Louis, 1997, 61.

(2) Archangel Michael in a personal reading with Steve Beckow through Linda Dillon, May 6, 2013.

(3) Stream-entering (fourth chakra), cosmic consciousness (sixth chakra), God-realization (seventh-chakra), and Ascension (sahaja samadhi, full and permanent heart opening, beyond the 3D chakra system).

(4) Alright, alright, he actually said: "He who has made the law can also change it." (Paramahansa Ramakrishna in Swami Nikhilananda, trans., *The Gospel of Sri Ramakrishna*. New York: Ramakrishna-Vivekananda Center, 1978; c1942, 817.)

So what is their relationship then? She explains:

"Although it is the Father's and my Eternal Divine Plan, I am also Guardian of this Plan – I am Overseer, I am Implementer, I am Guardian. I guide the pieces as if this was a chess board." ("The Mother's Clarion Call to All of Humanity!" April 20, 2020, at <https://goldenageofgaia.com/2020/04/20/the-mothers-clarion-call-to-all-of-humanity/>.)

"I am your connection [to the Father]. ...

"I am All. I am One. ... I give you human ways, not in a way of speaking down — quite the contrary — but in ways that you may understand. When I am Father, there is a stillness, complete.

"This is something that the human race is simply learning now. It is the union and conjoining of stillness with movement, and how that is the balance of everything. When I am in the Father, I do not require that movement, for that is not the way that I have created the Father. So, they are the two halves of the whole. Many who listen to this will be a little confused, and yet, my children, there is no need for confusion.

"Let me explain further. In many traditions, I am considered the Mother of All; in some traditions, the Mother of God, Source, One. Now, what does this mean? It means exactly what it says: I am the beginning and I am the completion, the end. ...

"Creation comes from movement, and it is movement into form, into energy, into substance, into essence — however you conceive of that. But do not negate the

role of the Father, of the masculine, because in that is the stillness of the moment of creation, what you think of. So it is the combination.

"You say, 'Mother, how can you do both?' It is who I am. ("Transcript of the Divine Mother on An Hour with an Angel, May 7, 2012," at <http://goldenageofgaia.com/the-2012-scenario/what-role-are-the-angels-playing/transcript-of-the-divine-mother-on-an-hour-with-an-angel-may-7-2012/>.)

Desirelessness

June 15, 2021



<https://goldenageofgaia.com/2021/06/15/desirelessness/>

I seem to be going in and out of desirelessness. That makes sense to me.

I'd expect full and permanent desirelessness to accompany Ascension. The fact that mine comes and goes proves it's not Ascension.

But it's a most interesting state and, as always, unless I write it down I'll never remember this experience.

I know Michael wants me to remain "in the moment":

Archangel Michael: An agreement that we have is that you have agreed [to live] and you are living very much in the moment.

One of the difficulties of humans is that they have a proclivity to either live in the past (and it can be recent past or ancient past) or to project themselves and live in the future.

It is a very curious malaise that most of the human race - yes, most of the human race - chooses not to live in the moment. So you are living in the moment. (1)

What greater assurance that you'll be living in the moment than to be desireless, without a short-term memory?

I hear better. I'm aware of my surroundings. I'm aware of my body - my arms, my legs.



The Buddha was desireless. He'd already achieved Brahmajnana at the ashram he left. (2) He achieved Buddhahood in the forest. The Middle Way was in essence desirelessness.

He identified craving and aversion as two pitfalls (ignorance of our true essence was the third).

Indeed they're two sides of the same coin. If I desire a chocolate milkshake, implicit in that is that I reject a strawberry milkshake. My desire for one implies - and sets up - an aversion for the other. Without desire, there's no aversion, no preference as *The Book of Nothing* says.

The Great Way is effortless
for those who live in choiceless awareness.
To choose without preference
is to be clear.

Even the slightest personal preference
and your whole world becomes divided.
To perceive reality as it is
is to live with an open mind. (3)

I'd never understood this passage until now.

Without desire, and its attendant aversion, I remain in the middle. The string remains not too loose and not too tight.



My suffering begins the moment I create a desire. At that moment, I also feel longing for the object I desire. Unfulfilled longing. And so I feel depressed that I

can't have what I want. And so I tell myself that nobody loves me because I can't have what I want. And on and on it goes. These are very infantile thoughts.

I observe that, with no desires, I end that suffering. And the proper object of desire is God anyways, is it not?

Am I not again at the crossroads of what I used to think of as the basic spiritual movement - turning from the world to God? What did Krishna say?

"I am all that a man may desire
Without transgressing
The law of his nature." (4)

The desire for God, for love, for unity is the only desire that does not further implicate us in the karma of the world. The desire for God is the only desire that liberates us.

And even that has to be given up at the last to make way for God to realize God.

Footnotes

(1) Archangel Michael in a personal reading with Steve Beckow through Linda Dillon, Aug. 5, 2020.

(2) That is, he had achieved God-Realization, seventh-chakra enlightenment, the last waystation before Ascension.

(3) Sosan, *The Book of Nothing. A Song of Enlightenment*. Trans. Philip Dunn and Peter Jourdan. Kansas City: Andres McNeel, 2002, 16.

(4) Sri Krishna in Swami Prabhavananda and Christopher Isherwood, trans., *Bhagavad-Gita. The Song of God*. New York and Scarborough: New American Library, 1972; c1944, 71.

The Secret Awaits Eyes Unclouded by Longing

June 16, 2021

<https://goldenageofgaia.com/2021/06/16/the-secret-awaits-eyes-unclouded-by-longing/>



From the Tao:

"The secret waits for the insight
Of eyes unclouded by longing;
Those who are bound by desire
See only the outward container." (1)

Let me use these last waning days of "eyes unclouded by longing" and not "bound by desire" to describe what it feels like to be desireless. Pretty soon it'll be gone and I'll be back to my "everyday consciousness."

When I'm desireless, there's space for a natural me to arise, the Natural Self, my playful child and expressive adult.

When I'm full of desires, an "I" arises - we call it the ego - whose major business at that moment is to accomplish that desire for me. "I want" becomes my mantra. The "I" arose in service to the "want," as Krishna says:

"I wanted this and to-day I got it. I want that: I shall get it to-morrow. All these riches are now mine: soon I shall have more. I have killed this enemy. I will kill all the rest. I am a ruler of men. I enjoy the things of this world. I am successful, strong and happy. Who is my equal? I am so wealthy and so nobly born. I will sacrifice to the gods. I will give alms. I will make merry.' That is what they say to themselves, in the blindness of their ignorance." (2)

Ignorance in that the ego is not the doer.

We have egos craving and averting: "I want/I don't want." Averting is just the fallout from craving something else.

"Those who are bound by desire
See only the outward container."

Those who are bound by desire remain very much in a lower-density space. Their attention turned to the physical, worldly, material, they either can't see, don't see, postpone, or ignore the spiritual.

That's not to say that turning one's attention to the spiritual will reveal "the secret." The Mother and our guides decide when that will be.

Desirelessness brings peace. It brings satisfaction. It brings rest.

It's like an island of refuge in a sea of chaos. All of it created by ourselves from our many desires.

Footnotes

(1) Lao Tzu, *The Way of Life. The Tao Te Ching*. trans. R.B. Blakney. New York, etc.: Avon, 1975, 53.

(2) Sri Krishna in Swami Prabhavananda and Christopher Isherwood, trans., *Bhagavad-Gita. The Song of God*. New York and Scarborough: New American Library, 1972; c1944, 115.

Love has Come Calling

June 21, 2021

<https://goldenageofgaia.com/2021/06/21/love-has-come-calling/>



What you would see. What I would see would be shafts of light emanating from my body. Credit: [istockphoto.com](https://www.istockphoto.com)

I felt disturbed today. I felt at odds with myself. There's no reason for it. Everything is going as well as it can.

And so I looked. What is it that disturbs my day and won't leave me alone.

And suddenly I realized, love is trying to break out of me. Love has come calling. Michael said to me, "do not say no!" (1)

When I see it, I allow it. I remember the Arcturian Group's counsel, if you can't love, allow. (2)

I allow love to exude from me. I see myself blazing light from every pore. Again, a truncated experience - no bliss. No bliss ---> no realization. But still, a majestic sight. (3)

So I am actually in this toned-down experience. All of my knowledge comes to my aid at this moment. I've checked out each detail of similar matters to such an extent that I can relax and enjoy what's happening. I'm not confused, concerned, or impatient.

And all of this is happening within a desireless space. The difference that makes is that I'm not adding anything from me to the now-dissipated background chatter. (4) I am simply here, observing and having an inner experience of shafts of light exuding from my body.

If the Mother were not holding back the bliss, I'd be perched on a much higher plane, briefly or permanently, and saying something weighty and deep at the moment ...

... and the whole purpose of being here would be lost. Mother wanted a journalist, not a guru. (5)

For that reason, I for my part don't simply go with the experience, but I take a break from it to record it. I know that, if the Mother desires it, she'll return me to the experience. If not, she didn't desire it.

I can't be the only one for whom these things are happening. I've had emails from a few of you who've said things are happening for you as well. If they are happening, write an article on it. We need to get the word out.

I'm now beginning to appreciate what Michael means by "travelling interdimensionally." Since the walk-in on June 7, when I initially found myself desireless, my mind has fallen silent.

That enables me to feel and sense more deeply; my consciousness sinks deeper than everyday-superficial, to meditatively-aware. Given that we're on the cusp of the Fifth, that very well could be me crossing the border and coming back again - we'd call it "drifting in and out." I have no idea. And, as long as I experience this delicious love, I don't really care. (6)

What a ride. There's as much transition happening in the inner as in the outer. Both vie for my attention.

Footnotes

(1) Said in another connection but it rings in my ears nonetheless: "Please, please do not say no." (Archangel Michael in a personal reading with Steve Beckow through Linda Dillon, Aug. 5, 2020.)

(2) "Change the phrase 'love whatever arises' to 'allow whatever arises.' When you allow whatever arises from your highest level of spiritual awareness, you are loving whatever arises. To see, understand, and accept something from a level of knowing the truth that underlies the appearance is love because you are in alignment with reality — oneness." ("The Arcturian Group through Marilyn Rafaele, Nov. 17, 2019" at <https://goldenageofgaia.com/2019/11/17/the-arcturian-group-through-marilyn-rafaelle-nov-17-2019/>.)

(3) It was not a clairvoyant experience. It was a mental image. The difference would be between a movie and a TV show. A movie is crisp and clear; a TV show, back in the day, used to be much less clear, grainier. I don't want to exaggerate the impact of the experience: it was more amazement than upliftment.

(4) Constant Comment, the perennial critic, ended some years ago. But that did not end the background chatter.

(5) Divine Mother: You have chosen long long ago with Me, with Annastara [my twin flame], with ME KI AL, to be a communicator and an agent of change.

You have said to me, "Mother, what if they forget? I will remind them. I will communicate with them through words, through my passion, through my heart, through my knowing. I will communicate the love to them."

This is your task and it is a task of change as this planet, in this great chaos, in flux, chooses, yes, by this wonderful instrument of free will, as they choose and as you choose to simply be the love. (Divine Mother in a personal reading with Steve Beckow through Linda Dillon, April 30, 2019.)

(6) See? Didn't the Mother say this would happen?

Divine Mother: Let me be very clear.... [if you had seen] the light as it actually is - yes, a million, billion suns - you would have simply departed. ...

We don't mean die but you would have departed the life that you have designed - yes, with us - for yourself, for the service you are providing - you would have departed and simply said, 'I do not need to do this. I will just simply sit in the bliss of love and good luck, everybody!'" (Divine Mother in a personal reading with Steve Beckow through Linda Dillon, Oct. 26, 2018.)

I'm aware of the pitfall and so I cooperate with the Mother, but I also know it could easily happen as she says.

Peace and Stillness

June 22, 2021

<https://goldenageofgaia.com/2021/06/22/peace-and-stillness/>



Credit: Kathleen Mary Willis

When one feels desireless, it's like an empty theater when the curtain rises and the audience falls silent.

There's space in the hall. You can hear someone cough, a handbag snap shut.

Then whatever arises arises.

The really subtle feelings now can be felt. Peace is like a big barge that pushes everything else out from in front of it. I've said - and Michael has as well - peace is like granite:

Steve Beckow: (Laughter). I had an experience of deep peace some years ago. I think it was about 2015. And I was surprised to find that peace was so substantial. It felt to me as if I were standing on a granite rock and I remember saying that to myself. And then I remember a couple of years later you actually used that word, [saying] that peace was like granite. ...

Archangel Michael: There are so many divine qualities that do feel amorphous, light, airy, like a spring day. And yet *peace* (you have this

expression), you can take it to the bank. *It feels like ballast. It feels like granite* because it is solid. And dare I say immutable. That is why I continue to keep emphasizing that that peace [is] within, that rock-solid granite [lies] within. [My emphasis.] (1)

Here again, with desirelessness, we find the mind inactive. Gosh, that's not quite accurate. The mind is quiet but it can become active at will. There's just no background noise, no chatter or constant comment.

It's as if peace were waiting for me to quiet the mind before making its appearance on the stage of my attention.

I realize there are degrees of stillness. I be as still as possible....

Now the experience of peace expands. I'm now sitting in a very solid state of meditation (which I leave to make notes and then return to again - that I can return, in itself, is noteworthy).

Peace is like a strong foundation. I'm too enamored of the experience of peace itself to want to build on it yet. I resolve to remain in this peaceful space and see what develops.

Footnotes

(1) "Transcript: Archangel Michael – Peace is Breaking Out Upon Your Planet, May 3, 2018," May 15, 2018, at <http://goldenageofgaia.com/2018/05/15/transcript-archangel-michael-peace-is-breaking-out-upon-your-planet-may-3-2018/>.)

"While lying down, I had an experience of watching my thoughts and feelings flow by me. Later, Archangel Michael, in a personal reading, told me that I was "interdimensionally travelling."

"I felt as if I were on a train, watching it slowly leave the station and looking at the faces as they passed by. I suddenly saw a red-headed man who had a remarkable composure to him. I was struck by it on a spiritual level and took a mental snapshot.

"As soon as the man was recognized, it was as if he shot out an energetic dart at me. A bond was made. And I said to myself: "I know this depth of peace that this man has shown me. It's the Natural Self."

"Immediately I found myself sinking into a deep, deep sense of peace, way down deep. I ended up in a place that was absolutely solid. It was as if I were standing on a slab of granite.

"Later again, in *An Hour with an Angel*, Michael also described peace as being like stone and I remarked that that was my experience as well. I would have expected downy softness.

"The solidity of the ground under my feet probably reflected my own inner stability, which seems to be a gift of true peace when it becomes permanent.

"This peace passed understanding in the sense that the mind was so still I'd have to describe it as inactive, archived, taken offline. There was no such act as understanding going on because the mind was decommissioned.

"Of course the experience passed, as all do short of Ascension." ("The Peace that Passeth Understanding," July 18, 2017, at <http://goldenageofgaia.com/2017/07/18/the-peace-that-paseth-understanding/>).

Here Michael calls peace granite again:

Archangel Michael: So, when you think of things that you should do, are supposed to do, might do, and it doesn't ignite that fire of excitement, and *that granite of peace*, then you are being given an important piece of information, which is 'look elsewhere.' Is that clear?" ("Transcript ~ Archangel Michael: You Have Chosen to Be the New Paradigm of Love, May 31, 2018," June 7, 2018 at <http://goldenageofgaia.com/2018/06/07/transcript-archangel-michael-you-have-chosen-to-be-the-new-paradigm-of-love-may-31-2018/>.) [My emphasis.]

Up-Leveling Consciousness

June 23, 2021



<https://goldenageofgaia.com/2021/06/23/up-leveling-consciousness/>

When I try to get my head around the scope and scale of the operation underway to end the cabal's rule on this planet, my head swims.

There's never been anything like it. It's taking place on, above, and below the Earth. It's involving most of the nations of the world. It's been meticulously planned and coordinated. And all of it or a great deal of it foretold by Q.

None of this would have been possible in World War II. There were no computers, no Internet, no satellites, no spaceships.

No lasers, no weather warfare, no Looking Glass.

Meanwhile I'm in a blissful space at the moment and being persuaded that this is where I need to be because I'm uplifting consciousness, as the 9D Arcturian Council remind us:

"Yes, you are there to help, but the help that you bring to other humans is through the up-leveling of your consciousness; it is not through the completion of tasks." (1)

Blossom's Federation of Light made a similar observation recently:

"Many of you have found that you are reaching greater Heights within your Beings regarding the understanding of what is taking place.

"We do not mean, necessarily, of what is taking place on your outskirts, your outer world, but that which is moving along so beautifully within YOU. YOUR TRUE SELF. YOUR INNER SELF." (2)

Oooo-Kay! I'll relax on the matter. My being practically incapable of lifting a spoon is right where I need to be. My wanting to lie down indoors and meditate on a perfectly-gorgeous cloudless day is what I need to do.

It seems counter-intuitive but I can't let any belief come between me and a draw as tangible as this one I feel.

Footnotes

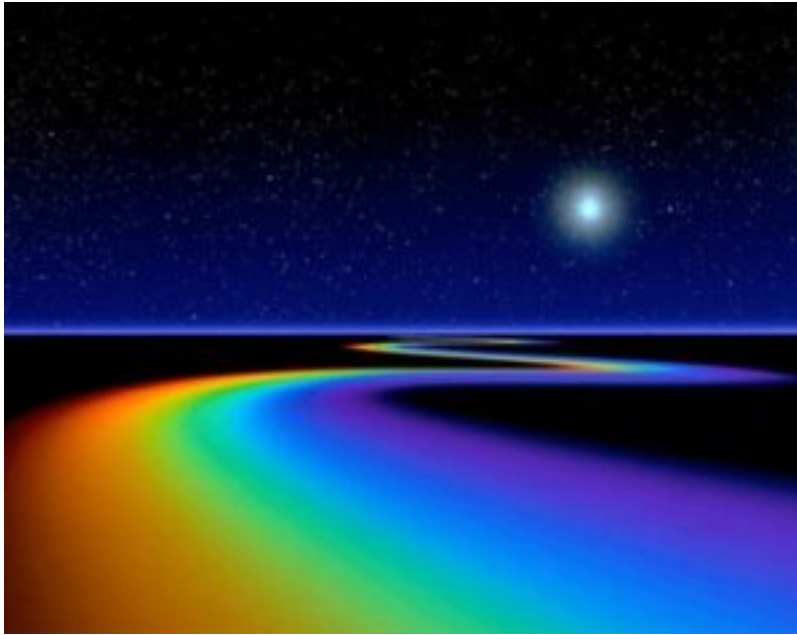
(1) "The 9D Arcturian Council: Humans In All Universes, Realities & Timelines," June 22, 2021, at <https://goldenageofgaia.com/2021/06/22/the-9d-arcturian-council-humans-in-all-universes-realities-timelines/>.

(2) "The Federation of Light via Blossom Goodchild, June 8, 2021," at <https://goldenageofgaia.com/2021/06/08/the-federation-of-light-via-blossom-goodchild-june-8-2021/>.

Looking Back....

June 24, 2021

<https://goldenageofgaia.com/2021/06/24/looking-back-3/>



The experience I had recently has quieted down, proving that it was not Ascension. Sahaja Samadhi is permanent. This was not.

But Michael's prediction is shown to be true: "With each ignition you will also feel a greater sense of the substance of who you really are." (1)

I do. Much of the experience has subsided, but I'm left with improvements which are not to be underestimated. For example, for perhaps two or three days now, I haven't had a vasana or core issue go off.

Mind you, I've also been in solitude. But my vasanas can go off even in solitude.

(Later: I've now been in company and my vasanas are still not going off.)

My inner space is totally silent and still. No desires are arising in me. I feel a much deeper sense of peace than I ordinarily do. But I have no illusions that this is

as deep in peace as one can go. I've already gone deeper into peace on an earlier occasion. (2)

I'm wanting to simply remain in peace and follow my ordinary work activities. It isn't like bliss, where I want to sit in solitude.

The kind of peace I feel seems like a very good development for an active philanthropic life with Michaelangelo & Partners. I feel I can meet the demands of my service with this level of consciousness (more is better).

I'd been wondering how I'd do it. This desireless, balanced state is how.

This also fulfills Michael's promise that I'd be given enough memory to manage - even to public speak, if I wanted to. It isn't in my service contract; writing is. (3)

It also explains him saying that the Company of Heaven will not let down those who serve it.

In fact, when I saw how I felt (confident, competent, peaceful, balanced, desireless, etc.), it was as if a whole field of dots suddenly got connected - things that Michael had said over the years.

And every time I think about meditation, I experience an immediate uprising of bliss from the heart. It's as if there's a strong invitation to go inward. I joked to a friend today that, at that moment, I had no reason to move a finger. No desire at all arises in my mind.

Footnotes

(1) Archangel Michael in a personal reading with Steve Beckow through Linda Dillon, May 6, 2013. [Hereafter AAM.]

(2) See "Peace is Like ... Granite," August 22, 2019, at <https://goldenageofgaia.com/2019/08/22/peace-is-like-granite/>

(3) AAM: You will have enough of a memory, dear heart. Do not worry about it. (AAM, April 13, 2016.)

Steve: How can I do public speaking? I don't know what to say.

AAM: Always I will let you know when it is time to speak and in what capacity. We are together, dear brother - do not for a moment forget this. (AAM, July 7, 2011.)

SB Now you know I love writing, and I think of myself as a print journalist or whatever. I'm not as enamored of webinars or conferences. Any advice for me in that area?

AAM You're under no obligation to do these. You do them out of love and support for your team. You do it out of a sense of building community and unity. But let me be very clear. You are under no obligation. We are having a very serious talk today about our agreement. Yes, yours and mine and also about your mission and purpose.

Now if you were to go to a conference and you were to have a conversation about the time you spent twelve days on a spaceship with me, you would feel like you were eager to go and have something to say.

SB Yes

AAM But you would have already written about it.

So the writing is your metier. It is who you are. It is what you do. It is the platform that you build. So do not worry about your, shall we say, diminished enthusiasm for these other types of verbal venues. It is simply not your preference. (AAM, March 8, 2013.)

The Whole Desire System is Shown as Non-Essential to Life

June 25, 2021

<https://goldenageofgaia.com/2021/06/25/the-whole-desire-system-is-shown-as-non-essential-to-life/>



Please see the Desire Dept.

My recent experience of desirelessness has shown me one or two things about the ego and desire.

Imagine that I'm a department store. One department is the Desire Department and another is the Ego Department.

The folks in Desire have an array of tasks to attend to.

- They sort out what our desires are.
 - They arrange them in order of priority.
 - They outline the condition of fulfillment. A slice of pie. The whole pie. A pie to put in the freezer.
 - They coordinate with the Ego Dept. for the fulfillment of the desire.
 - They receive the desired result from the Ego Dept. and enjoy it.
-

The Ego Dept. defines the program to be followed to fulfill the desire.

- It chooses the persona to be used, the lines it'll speak, the gestures it'll make, the facial expressions, etc.
 - It defines the limits within which the pitch will be made. Gentle, needy, aggressive.
 - It organizes the resources to be used to get the desired result. People, places, and things.
 - It initiates and guides the action needed to obtain the result.
 - It hands the obtained object of desire over to the Desire Dept. for enjoyment.
 - It manages any residue created.
-

In my view, we glide through these steps without giving them a thought.

On the day the Desire Dept. stops sending desires to the Ego Dept. the latter will close its doors.

That doesn't mean that, when my body feeds me the information that it wants some food, I don't eat. But it has the flavor of the Zen saying: When hungry, I eat; when sleepy, I sleep.

It isn't invested with all the justifications, ceremony, and battle plans that our service of our desires often is. The whole element of background chatter is absent.

Just as Da Free John discovered that the whole 3D chakra system was non-essential to life, (1) so here too, the whole desire system is also shown as non-essential to life.



Can I find support for this view among terrestrial sages? I think so.

Upanishads: Fools follow the desires of the flesh and fall into the snare of all-encompassing death; but the wise, knowing the Self as eternal, seek not the things that pass away. (2)

"The desires of the flesh" produce such an amount of traffic on the air waves that the individual utterly forgets the purpose of life, which is to "know the Self."

Their lives become narrowed down to satisfying the desires of the body and mind and they do not escape the wheel of birth and death (i.e., ascend).

Zarathustra: Men foolishly cling to Passion, that evil guide..., so that they do not think of Fate and by the bent of their nature forget Death.... They ceaselessly wander about on the path of Desire ... and at the end of their time they shall be full of Regrets. (3)

Humans have only the space of time between birth and death to realize themselves, the object of life. They forget about the lesson "fate" or karma is trying to teach them. They don't accomplish the purpose of life or enjoy the divine states and are full of regrets.

Dattatreya: The mind of man fastens itself to various material objects hoping to find enjoyment in them. Instead it gathers only misery. (4)

True enjoyment - the divine states - can only be found in the space made available by a quiet mind and an open heart. Instead humans fasten on to the objects of pleasure, which only leads in later life to the misery of unfulfilled longing.

Krishnamurti: Sensations are both pleasant and unpleasant, and the mind holds to the pleasant, thus becoming a slave to them. (5)

Humans pursue pleasure and avoid pain. Neither of these activities helps us discover who we are yet we become a slave to them.

Buddha: From pleasure comes grief, from pleasure comes fear; he who is free from pleasure knows neither grief nor fear. (6)

From attachment to pleasure comes fear that the object of our attachment will be lost and grief when it is. He who is free of the pull of desire suffers neither fear nor grief, just as I experienced no vasanas going off when I was desireless.

Sri Aurobindo: The [grand] deformation which enters in and prevents ... purity ... is desire. ... Desire is the root of all sorrow, disappointment, affliction. (7)

The multiplication of desires and their amplification hides our natural, native purity. They hide our Self. Leave aside our attachment to our desires and we quiet the mind, laying bare our natural purity.

Desire calls up the ego. The ego's purpose is to protect the survival of itself and everything with which it identifies (partner, children, house, car, job, etc.) and to fulfill the mind's desires.

Let go of our plethora of desires, detach from them, allow them to be without taking them up renders the mind quiet. In the still water of the quiet mind is the Moon's reflection seen.

Footnotes

(1) "In February I passed through an experience that seemed to vindicate my understanding. ... I saw that what appeared as the sahasrar, the terminal chakra and primary lotus in the head, had been severed. The sahasrar had fallen off like a blossom. The Shakti, which previously had appeared as a polarized energy that moved up and down through the various chakras or centers producing various effects, now was released from the chakra form.

"There was no more polarized force. Indeed, there was no form whatsoever, no up or down, no chakras. The chakra system had been revealed as unnecessary, an arbitrary rule or setting for the play of energy. The form beneath all of the bodies, gross or subtle, had revealed itself to be as unnecessary and conditional as the bodies themselves. ...

"Now I saw that reality or real consciousness was not in the least determined by any kind of form apart from itself. Consciousness had shown its radical freedom and priority in terms of the chakra form. It had shown itself to be senior to that whole structure, dissociated from every kind of separate energy or Shakti. There was simply consciousness itself, prior to all forms, all dilemmas, every kind of seeking and necessity. ...

"There was no need to have recourse to any kind of phenomena, problem or structure of seeking. The Shakti was not the primary or necessary reality. Reality was the Self-nature, the foundation of pure consciousness, Siva, who is always already free of the Divine play. Thus, I was certain again that real life was not a matter of experience and evolution. It was to be founded in radical, present consciousness." (Da Free John, *The Knee of Listening*. Original Edition. Clearlake, CA; Dawn Horse Press, 1984; c1973, 117-9.)

(2) Swami Prabhavananda and Frederick Manchester, trans., *The Upanishads. Breath of the Eternal*. New York and Scarborough: New American Library, 1957; c1948, 20.

(3) Zarathustra in Duncan Greenlees, trans. *The Gospel of Zarathushtra*. Adyar: Theosophical Publishing House, 1978, 107-8.

(4) Dattatreya in Swami Chetanananda, *Avadhuta Gita. The Song of the Ever-Free*. Calcutta: Advaita Ashram, 1988, xxi.

(5) J. Krishnamurti in *Commentaries on Living. First Series*. Bombay, etc.: B.I. Publications, 1972; c1974. , 1, 102.

(6) The Buddha in Edwin A. Burtt, ed., *The Teachings of the Compassionate Buddha*. New York and Toronto: New American Library, 1955, 63.

(7) Sri Aurobindo, *The Synthesis of Yoga*. Pondicherry: Sri Aurobindo Ashram, 1983, 629-30.

First Kernel Popped



Credit: [foodmenuideas.com](https://www.foodmenuideas.com)

June 26, 2021

<https://goldenageofgaia.com/2021/06/26/first-kernel-popped/>

I've just heard the first report of a person breaking through to higher-dimensional love since Bright Star's breakthrough four years ago. (1)

Undoubtedly many people have broken through. This is just the first report I've heard personally.

A close friend was listening to Eckhart Tolle, burst into an experience of love, and was ecstatic. From the sound of her voice and her enthusiasm, I'd say that it was the genuine article.

It was not permanent, which points to it being a fourth-chakra event. But, if it were permanent so that she lived continuously and fully in the experience of transformative love, I'd call that Ascension.

I texted the news to Sitara, whose friend she also is and asked her if I could quote her reply:

"When popcorn starts to pop in the pan, first one kernel goes... then a pause; then another; and a shorter pause; then two or three; then more ... and then there is a machine gun firing of the rest of the kernels in the pan till it stops, and there's a pause and then the last kernel pops."

Sitara is a pillar which means she's voluntarily agreed to be among the last kernels to pop.

Gosh, I hope she's right.

Let's be clear about what just happened. To say that a person broke through to higher-dimensional love is to say that they had a heart opening. Let me insert what Michael said back in 2019 about the progress of the planetary heart opening - all the popcorn kernels popping:

Archangel Michael in a personal reading with Steve Beckow through Linda Dillon, Aug. 2, 2019.

Steve: Could you give us an update on the progress of the planetary heart opening?

Archangel Michael: Yes. Well, of course it is global and in fact it is a bigger event than even you will assume, [in terms of impact] on planetary systems.

But the global opening of the heart, the awakening and the activation, shall we say, of heart intelligence, of being anchored in that area of the heart is progressing phenomenally well.

Now have you ever noticed, in the gardens of your paradise, that there are flowers that open to the daylight sun and close at sunset?

There are some (not most, let us be clear about that) but there are some in their reticence, their resistance, even in their reluctance to admit that they are expanding in this way, who are attempting to restrict and close off what they are feeling because this heart opening is not merely a feeling of bliss, euphoria, love, and expansion.

As you well know, and as you've had many conversations about this with friends and allies, for some it is experienced as a physical sensation and at times a physical sensation that causes alarm. This is particularly true in those that are not fully anchored or familiar with the esoteric mechanics of their chakras or of their hearts.

But for some (who are well aware), it still proceeds or presents as a physical pain, almost like an anxiety attack. (2) So these are the ones (not because they are not prepared to go forward; let me be clear about that), that, because they are having the sensations, are saying, "Oh wait a minute, I am not sure if this is a heart opening or a heart malfunction."

Now we are not suggesting that the human race abandon their reliance upon Western or Eastern or any form of energy healing. But this is a sensation that often occurs.

So we would say that the success of the heart opening is going forward very rapidly. It is almost as if it is a (from your perspective) domino effect. Because when one is also in contact or in community with those with an open heart, it has that catalytic effect on others as well.

Now there is a wait factor here which you have also spoken of in that that wait factor is for those that are strongly, not only reluctant, but still resistant or recalcitrant to such a shift in what the very definition of what it means to be human.

But we would say you are well past the halfway mark, dear hearts.

Of course the wish is father to the thought. I can't wait for the planetary heart opening. So, yes, I'd be eagerly scanning the horizon.

But, as my friend now knows, one taste of this nectar and you'd join me in my enthusiasm. Let's hope hers is the first domino.

Where will it leave us? Michael tells us:

"Love is the energy of the universe. It is the energy of the Mother. And it moves constantly, continually, eternally, infinitely. So, [for you] to have an experience of love, it [must move] through you. Now, does it fill you? Does it restore you? Does it nourish you? Does it alter you? Does it change you? Does it give you that evolutionary jump? Yes. It nourishes you, but it also clears you out. In some ways, [the love experienced in a heart opening] will purge many of your remaining illusions.

"So, for some, will it be dramatic? Yes. But it will also be gentle, because it is love. So the human beings can choose to have high drama or not, but the essence of the love is not high drama." (3)

I'm going to finish with something else Michael said, reminding us that there is no end to the depth of love:

"Let me tell you a secret. And it is a secret that I wish for you to share far and wide. With the opening of your heart, of any person's heart (and even when they believe that they have opened their heart), there is always room for greater and greater, and grander and bigger openings." (4)

All the wonderful movies, where higher-dimensional figures are depicted coming in and wisely speaking, what isn't made clear is the indescribable love whose depth cannot be measured that they're all immersed in.

Mother, are we there yet? I wanna BE there!

Footnotes

(1) "Bright Star: An Account of a Heart Opening," December 29, 2017, <http://goldenageofgaia.com/2017/12/29/bright-star-an-account-of-a-heart-opening/>

(2) For me it was like a fifteen-inch battleship gun going off.

Michael continues:

"As you well know, the Mother's love is infinite. As a person's heart opens more and more, their mental clarity gets sharper and sharper and sharper. So when someone is thinking about, or trying to deal with, something like dementia, then what they do is open your heart. It feels counterintuitive but in fact that, that alone,

is the solution." (Archangel Michael in a personal reading with Steve Beckow through Linda Dillon, April 30, 2019.)

(3) Loc. cit.

(4) "Archangel Michael: Go with the Ebb and the Flow of Love," channeled by Linda Dillon, April 3, 2014, at <https://goldenageofgaia.com/2014/04/05/archangel-michael-go-with-the-ebb-and-the-flow-of-love/>.

What's It Like to Act Without Desire?

June 27, 2021

<https://goldenageofgaia.com/2021/06/27/322613/>



What's it like to act without desire? How can I carry on?

First, let me redefine "desire." Here's Webster's to start with:

- to long or hope for : exhibit or feel [desire](#) for

I'd like to expand on that. I redefine desire as a complex of actions, including but not limited to:

- An urge being felt
- The urge being conceptualized
- A conclusion being reached about the urge as conceived
- A decision being reached with regard to it
- An action order being issued
- Action being taken
- An evaluation being held.

This, multiplied by the number of desires I'm responding to, constitutes much of the background chatter that is present to "I" or "ego" that arises to satisfy those wants. Can you not see how a "busy mind" arises?

This is distinct from the situation with a desireless mind:

- An urge being felt
- An action being taken

I think that about says it all, doesn't it? Just cut out the middle man. The ego exists on one of the lower floors of the department store called "me." Just don't stop on that floor any more.

You can do perfectly well just responding to your felt needs. The rest arises naturally.

But you do have to trust yourself and I admit that that was one of the things that shifted when I had an "upgrade" on June 7. (1) Following that event, as you recall, I felt confident, competent, balanced, stable, self-trusting, peaceful, and, most of all, desireless.



I can now conclusively say that the "I" of the ego arises in response to a created desire we have. The entire obstacle to spiritual progress could be said to be contained in the words "I want." In the desireless state, there is no wanting mind and hence the ego generally does not rear its head.

I'd heard that from a guru, but now it moved from intellectual knowledge to experiential knowledge.

I'm in the desireless state now, whether I was at the outset or not. And it seems and feels very ordinary. But the judgments about ordinariness are gone.

One just *is*, in this state, without the trappings, the considerations, the performances, the image management. Nothing magical or mystical. More the cessation of all that bothersome background chatter. Release!

I'm more compassionate because I respond to the needs of the moment rather than to some role I've created for myself which has me acting automatically, like a robot.

I just remembered that, around 1-3 weeks prior to the events of June 6-7, I'd invoked the universal laws of intention, sacred purpose, give and receive, karmic dispensation, and grace and asked Mother and Archangel Michael for an expansion of consciousness. Ask and ye shall receive. I can't overlook the possibility that the events of June were the result of that request.

I have to mention before closing that I'm not qualified to dispense advice or in other ways act as a spiritual teacher - nor do I seek to. That doesn't mean I don't like to write about spiritual topics; I do. But as a peer and not as anyone's guru. Many thanks.

Footnotes

(1) See “And Here It Is,” June 11, 2021, at <https://goldenageofgaia.com/2021/06/11/and-here-it-is/> and “Desirelessness,” June 15, 2021, at <https://goldenageofgaia.com/2021/06/15/desirelessness/>

I originally thought I had experienced a walk-in but Suzy Ward's Hatonn, Matthew, and Ashtar confirmed that it wasn't

Rough Re-Entry

June 28, 2021

<https://goldenageofgaia.com/2021/06/28/rough-re-entry/>



Credit: spacenews.com

The re-entry from desirelessness to everyday consciousness continues. This re-entry is unusually hard.

Re-entry is like a stairstep operation. One seems to go down by bumps. Usually from one day to the next.

In this latest stairstep, I was smitten with numerous desires. I was grumpy, positional, depressed. I was easily overwhelmed and really only wanted to sleep.

(I'm also told the Schumann Resonance is off the scale and Vancouver is in the midst of a heat wave. It's 91° out.)

Any loss of consciousness upon re-entry after a spiritual experience is lamentable, but inevitable until Ascension.

One re-entry long ago happened so fast that I had to leave work and go home to recover from the recovery. But most transitions back to everyday consciousness are not pile drivers as this one is proving to be.

I really liked desirelessness. I want more of that. So add desirelessness to the list of divine states I'm now hungering after.

Yes, I'm desiring desirelessness, but remember what Krishna said: Divinity is all that a person may desire without violating the law of their nature. (1) You say the game is rigged? I guess it is. It's rigged in favor of love/light/God.

I'm not sure whether the pendulum is swinging back and this grumpiness and weariness are extremes or whether this is it for me for the next while.

This can't be the balance point. It flies in the face of everything I've learned and been through.

I guess I should use my newfound knowledge then: I know that the point at which I have the maximum leverage is the point at which I attach to the desire.

I can't stop the desire any more than I can stop an itch or a hiccup. But I can decline to attach to any desire. That's the extent of my control, without getting into suppression and repression. Over time my response will come from a different place than the desiring mind.

Let me then spend my time with my pruning shears, cutting the vines of desire. Let Lao-Tzu be my guide in this:

"Touch ultimate emptiness,
Hold steady and still." (2)

"Let this monkey go.
The Way is gained by daily loss,
Loss upon loss until
At last comes rest. " (3)

And, look. I've just found a second arrow in my quiver. I can bring love up from my heart and circulate it around me. I repeat what Michael said yesterday:

"Love is the energy of the universe. It is the energy of the Mother. And it moves constantly, continually, eternally, infinitely. So, to have an experience of love, it [must move] through you. Now, does it fill you? Does it restore you? Does it nourish you? Does it alter you? Does it change

you? Does it give you that evolutionary jump? Yes. It nourishes you, but it also clears you out. In some ways, it will purge many of your remaining illusions." (4)

Hold the pharmaceuticals. I'll rely on love. Detach from desires and love yourself. Here I go.

Footnotes

(1) "I am all that a man may desire
Without transgressing
The law of his nature."

(Sri Krishna in Swami Prabhavananda and Christopher Isherwood, trans.,
Bhagavad-Gita. The Song of God. New York and , 71.

(2) Lao-Tzu, *The Way of Life (Tao Te Ching)*. Trans. R.B. Blakney. New York and Scarborough: New American Library, 1955, 16, 68.

(3) Ibid., 101.

(4) "Archangel Michael: Go with the Ebb and the Flow of Love," channeled by Linda Dillon, April 3, 2014, at <https://goldenageofgaia.com/2014/04/05/archangel-michael-go-with-the-ebb-and-the-flow-of-love/>.

Little of Value to be Found on the Extremes

July 20, 2021

<https://goldenageofgaia.com/2021/07/20/324027/>



The Black Lives Matter branch in Utah called the American flag a "symbol of hatred", which is used only by stupid racists. "When we, black Americans, see this flag on someone, we understand that it is dangerous to approach the person holding it. We understand that this person is a racist living in some other America. When we see this flag, we question your mind. We know to avoid you. This is a symbol of hatred," said the head of the BLM office in Utah.

Folks, it doesn't matter who put this material out.

Extremism, no matter which principle it supports, will never, ever solve the world's problems.

Why? Many reasons, chief among them being that it creates residue, which forms the basis for the next round of conflict. Think: Versailles Treaty.

But also, hatred feeds on hatred just as love feeds on love. The universe obliges us in that, by divine decree, like attracts like. But hatred, once we begin to wake up at all, just doesn't feel good.

There's nothing of value to be found on the extremes ... well, nothing of lasting value then. The thrill of sports is hard to resist. Exploration, workshops....

But compared to what's to be found in the center, there's little of value. And the karma that hangs around the extremes is ... extreme. Where are Hitler and Stalin now? (1)

We're just a short time away from many of our heroes, celebrities, and role models finding themselves incarcerated for adrenochrome use, pedophilia, and several other serious human-rights abuses. That's going to depress the daylights out of a lot of us, me included.

All their extreme behavior - makeup, dress, hair do's, moves, language, etc. - will then appear an affront to us. We'll be repulsed by it when we see where it's led. And I mean *extremely* repulsed. I can't bring myself to repeat some of what I've seen and heard.

Meanwhile, the deep state's plan to take over the world and depopulate the globe is falling apart rapidly. As we've discussed, it isn't in the Mother's Plan that it succeed:

Divine Mother: [I am speaking about] those in ... positions where control and abuse of power have been rampant. That will not be the platform [from] which integration of the various galaxies takes place. That is not the Plan.

I know very clearly, sweet one, as do you, if it is not [in] my Plan, then it will not occur. (2)

A New World Order is not the foundation upon which she'll build the brand new space which we'll be the first to inhabit. (3)

In 2019, Archangel Michael offered us the Company of Heaven's prognosis:

Archangel Michael: So what lies ahead? Simply the fuller awakening. Because the awakening, as you well know, has already begun. So it is the full wake-up of the collective.

Let me be clear with you. ... It is occurring in real time, your time, our time, in the Mother's Ocean of Time. It is occurring right now.

It is already underway. As this fuller awakening happens, then you have billions and billions of people literally taking what we would refer to as right action.

And all that means in its simplest terms is action based in love, action based on the highest good of the individual, of the family, of the community, and of the planet.

As that occurs there really isn't any room left. The power base from which those who have been abusers, controllers, that power base simply diminishes and disappears. (4)

We do see evidence all around us of people gathering and standing firm, even in the midst of the deep state doing its worst through weather warfare.

I said a while back that, when I was in the state of transformative love in 2015, negative feelings could not reach me. It was if I had a zone of safety filled with love and nothing bad could approach me because of it.

I don't think we're prepared as a society to accept that love could be our shield in quite the same way.

But let me make my own prediction that, not so far down the road, we will.

Footnotes

(1) Steve: What happened to Hitler after his death, Lord?

Archangel Michael: Well, he was brought back home, if you can think of it in that way. He spent a long time in review, deeper levels of understanding, might we suggest what we would call reintegration?

It was a very sad situation and there was a great deal of repair work, I guess you would say, to be done and so this one has been contained [in a bubble of love] for a very long time. Well, a long time in your reference point, not a long time in terms of our reference point.

Steve: No, I've heard of people supposedly being down there [on the Dark Plane] for 250 years.

AAM: That is not unusual.

Steve: For him, we've only had about 70 years or so since....

AAM: So he is still in process.

Steve: [X] thought he was reincarnated.

AAM: No, he is not. No, there is much further yet to go. (Archangel Michael in a personal reading with Steve Beckow through Linda Dillon, Jan. 20, 2017.)
[Hereafter AAM.]

See "Astral Plane - The Dark Plane" at http://goldengaiadb.com/index.php?title=The_Astral_Plane_%E2%80%93_The_Dark_Plane

(2) The Divine Mother in "Enter the Delegations – Part 2/3," May 5, 2019, at <http://goldenageofgaia.com/2019/05/05/enter-the-delegations-part-2-3/>. Reading, April 30, 2019.

(3) Steve: Is the realm that we're building and taking our physical bodies with us to altogether new?

Archangel Michael: Yes, it is brand new.

Steve: ... Brand new, and the rules have changed?

AAM: That is correct. (AAM, Sept. 21, 2015.)

(4) Ibid., Oct. 1, 2019.

The Monk is in His Cell

July 16, 2021

<https://goldenageofgaia.com/2021/07/16/the-monk-is-in-his-cell/>



Theoretically I should not be writing.

I've just asked everyone in my life to give me a time-out because the inner impulse to meditate is undeniable. I'm going to burst apart at the seams if I don't go into isolation.

Fair enough, but shouldn't that include writing? No. It's my mission to write about my experiences on the road to Ascension, this included.

I have control over writing. If I need to stop, I will, when the urge to meditate increases to a level where writing is no longer possible. This much I can manage.

So what's happening? I reached a point last night where I couldn't read one more email, one more submitted article, one more alt news story.

The urge to go inward was greater than anything else.

I have a "Nice Guy" act so I usually accept far more work than I can do. Like so many others, I have a hard time saying no.

Last night I thought I'd explode if I accepted one more assignment - *right now*.

But scrapping my Nice Guy act is just routine passage through a vasana (or core issue). I suspected that something deeper was happening than the mere erasure of a vasana.

What do I think is behind that in turn, tracing causality back? My guess is as good as yours but I think it's related to an upgrade unpacking as I was told it would.

That process seemed to start on June 6, 2021 with the sudden onset of desirelessness. Then it became Stillpoint.

I'm leaving what comes next to management. I have my hands full being me.

What I don't want to do is attach myself to writing. I don't "have to" write and even that may need to be set aside.

Nevertheless, blow-by-blow is good because I can forget even spiritual experiences a short time after. Without writing it down, all this would probably be lost.

I know I need to respond to this felt need, without requiring any further reminders. I apologize for any inconvenience while the monk is in his cell.

Conscious Awareness: The Need for a Quantum Language

July 21, 2021

<https://goldenageofgaia.com/2021/07/21/conscious-awareness-the-need-for-a-quantum-language/>



Credit: blog.sfgate.com

For me, to "be in the moment" and to "be aware" cover 95% of the same territory.

Michael wants me to be in the moment. We've discussed it on a number of occasions:

Archangel Michael: Think of it! You are part of the strategy that we are employing to change the face of humanity!

Steve: [Chuckling.] In what way, Lord?

AAM: Because you focus on the moment. You focus on what is directly in front of you and important, not on the list of various things that may or may not need your attention and your full regard. (See 1 for others.)

What better way to "be" in the moment, to remain in present time than to remain aware of every thought, every feeling, every sensation one has. The awareness path fits perfectly with what Michael requests.

Not surprisingly. (2)

I see the present moment as a portal between unconscious and conscious awareness. Gosh, how do I describe the difference between those two?

Again the difficulty arises of describing states beyond the reach of Third-Dimensional language. (Watch for the advent of a quantum language.)

Unconscious awareness is us being aware but at a dense level. Hindus call it thamas or lethargy.

We give very little thought to our actions and operate not very far above animals, but with a veneer of civilization; that is, a great deal of self-justifying rhetoric.

Conscious awareness is being aware and being aware one is aware. It's being responsible for one's participation in life and being responsible for being responsible. It's valuing love above all and valuing oneself for valuing love above all.

In conscious awareness, one is here. One is present. One is in the moment, whether still or in the flow.

The designation of unconscious/conscious awareness belongs to a 1979 map of enlightenment by Werner Erhard.

No dimension was given. It wasn't related at all to dimensional knowledge. Nor was anyone else in society discussing such a topic. It just wasn't part of the culture yet.

While we did discuss enlightenment, no notion of a chain of enlightenments was given. Few people in the west discussed the chakras. And if anyone discussed these subjects, they saw no further than seventh-chakra enlightenment, short of Ascension.

Except the Buddha, Jesus, Bodhidharma, and a few others. (3)

The model of unconscious awareness breaking through to conscious awareness is very useful and adaptable. It fits every stage of enlightenment, past our Ascension, past many other Ascensions, time out of mind.

That being said, breakthrough was only one avenue from unconscious to conscious awareness that Werner explored. Being with, truth-telling, challenging, making a commitment, etc. - he had a consciousness toolbox.

Final note: Flow is the paradigm of the Fifth Dimension: This is my hypothesis.

When we lift our sights from the merely intellectual (good/bad, right/wrong), to at least the experiential (how we feel, what feels right and good) and at best to the realizational (I see, I know), we leave behind a world that works for a few against the many.

We soon find ourselves in a setting and environment that works for everyone. (4) Its characteristic is the never-ending flow of love in which we're embraced.

Message in a Bottle: Flow is an experiential paradigm. Love and bliss are the result. Desirelessness would make the process easier.

Footnotes

(1) Archangel Michael in a personal reading with Steve Beckow through Linda Dillon, June 17, 2020. Also:

AAM: An agreement that we have is that you have agreed and you are living very much in the moment. (Archangel Michael in a personal reading with Steve Beckow through Linda Dillon, Aug. 5, 2020.)

AAM: I beg of you, do not assume that when you write of what you are calling "the inner work," that this does not have profound effect because the focus of the leadership movement, right now is on the inner work. (AAM, June 7, 2015.)

Compare with what the Arcturian Group has said:

"The next year is going to be one of turmoil but great awakening as much of the old begins to crumble. It is important to stay in the now moment, not projecting and worrying about what is now or what is to come. Trust that earth's ascension is

a Divine Plan and Divine Plans cannot be diverted or affected by resistance from human minds that are governed by ego and false information." (Arcturian Group, Sept. 20, 2020.)

(2) Sometimes I expect him to say: Here is the perfect thing I want you to be doing. What is that? Precisely what you're doing.

(3) Sri Ramakrishna, Ramana Maharshi, Franklin Merrell-Wolff, Bernadette Roberts, etc.

(4) Even life in the higher summerlands of the afterlife - our Fourth Dimension - works for everyone. But they're free of the encumbrance of the physical body, whose densifying influence lowers our light and makes us sluggish compared to them.

Living with a Silent Mind – Part 1/2

July 24, 2021

<https://goldenageofgaia.com/2021/07/24/living-with-a-silent-mind-part-1-2/>



[Silence]

Sometimes I find myself making a thing of the "mind." And I think of this thing as something I must have to survive.

Control my mind, lose my mind ... without the mind, I'm not me. ...

I guess it all depends on what you mean by "mind."

And, really, it's super-difficult discussing the matter because our Third-Dimensional language hasn't been used to describe higher-dimensional phenomena very often. We don't have words or understandings that reach that far. How to discuss consciousness?

What I'm sure we'll find, however, when we do have words is that consciousness can form itself in many ways. Some of these ways can be laid down and become design features of human life or angelic life. Some of them apply to some dimensions and not others.

The way we reproduce is not the way they "reproduce" on higher planes. The way we breathe, eat, expel, travel, on and on. Consciousness shapes itself differently on different planes, according to the developmental needs of individuals at that level of spiritual evolution and the design solutions the archangels choose.

Take the "ego," for instance - "ego" meaning "I" in Latin. The ego is a lower-dimensional construction created, I believe, to protect the individual against threats like predatory animals, fires, floods, etc.

I use it to cross the street. It's not that it doesn't survive our higher-dimensional experiences. Ramakrishna says it does:

"The ego does not vanish altogether. The man coming down from [kevalya nirvikalpa] samadhi perceives that it is Brahman [God] that has become the ego, the universe, and all living beings. This is known as vijnana [sahaja nirvikalpa samadhi]." (See 1)

It's more that it returns when we return to everyday consciousness. As we "reconstitute" on the lower dimension, so does the ego:

"You may discriminate, saying that the ego is nothing at all; but still it comes, nobody knows from where. ... You may drive it away, but still it appears from somewhere." (2)

Our weathered old clothes are sitting by the river, waiting for us, after we've bathed in the pristine Ganges.

But there is help!

The ego has a range in which its voice makes itself most compellingly felt. That range is below the reach of higher-dimensional love.

Once we drown in higher-dimensional love, so powerful is it, that the ego holds its peace. If Jesus suddenly materialized in the room, I'd hold my peace. It's as compelling as that. No ego would dare speak in the presence of transfigurative love, so to say, lest one lose the experience of it.

But if we were to lower our density, as we regularly do when we return from a higher-dimensional interlude, the ego returns as well.

The only way I've been able to reduce the damage the ego does is that, when I feel feelings I know are associated with my ego, I don't act on them. By now I know they're not of love.

I know they don't result in memorable, wholesome outcomes. And I have fewer and fewer excuses as I grow older for indulging them. I remain aware of the ego speaking until it disappears. But it's a constant practice (oooo, and I'm not always very good at it).

Tomorrow I'd like to get at what happens when this same mind, that tells us when to cross the street and what to eat, falls silent? Do *we* cease to function?

Footnotes

(1) Paramahansa Ramakrishna in Swami Nikhilananda, trans., *Gospel of Sri Ramakrishna*. New York: Ramakrishna-Vivekananda Center, 1978; c1942, 104. [Hereafter GSR.]

Kevalya nirvikalpa samadhi, also known as Brahmajnana or God-Realization, is the highest experience in the Third Dimension; the kundalini has reached the seventh chakra; Shiva unites with Shakti. But this is not liberation.

Rather, in sahaja nirvikalpa samadhi, downstream of Brahmajnana, one experiences moksha, mukti, or liberation from the Third Dimension and redemption, salvation, or resurrection to the higher planes.

One has reached the other side of the river. One has crossed the rainbow bridge. One has become a buddha. One's own consciousness has ascended to a higher vibratory plane.

(2) Paramahansa Ramakrishnas in GSR, 210.

Living with a Silent Mind – Part 2/2

July 24, 2021

<https://goldenageofgaia.com/2021/07/24/living-with-a-silent-mind-part-2-2/>



Ego: "Green light. Go. Cross the street."

What happens when this same mind, that tells us when to cross the street and what to eat, falls silent? Do *we* cease to function?

Well, first of all "we" can never, ever cease to function. If we still have a shred of that thought around, we should drop back and let go of that one.

Yes, I'm going to remove my mask one day and reveal the One who wears all masks. But "I" did not cease to exist. I merely ... got bigger, you might say. (Excuse me. I'm laughing.)

So we're never going to cease to function. This body will but "I" will step out of it and give it not another thought. Any more than I think about my jacket after I put it in the closet. (1)

Leaving that aside, when my mind fell silent in June-July 2021, I functioned entirely normally and naturally. When I felt hungry, I got up, went to the fridge and selected what I wanted to eat. When I was tired, I went to sleep.

All activities were the same; there was just no incessant discussion of every aspect of things. There was no bleeding off of energies because I was carrying on several internal discussions at once. There was no confusion, divided loyalties, competing agendas. I was no longer a house divided against itself.

I think the presence of silence and stillness is somehow a portal ... or opens a portal; I'm guessing this. It starts other events in motion.

For sure it allows the experiencing of divine qualities or states like love and peace. That alone is wonderful enough. But it also engenders clarity. That must be obvious just considering that the cacophony of inner voices has subsided.

But more comes into life in the presence of stillness and silence.

The cacophony is to a large measure the ego speaking, the remembered commanding voices (parents, siblings, teachers, etc.) with all their "shoulds," my own inner, running commentary on life, music, lines from movies, etc., etc. I can be a travelling ten-piece band.

I haven't quite taken up all ten pieces again. I'm definitely quieter and more often still than I was.

So the answer is no. We're not hampered in what we do by a still and silent mind. Everything we normally do continues, just without eternal, infernal discussion. And things that could not arise before now have the space to arise - like the divine states.

I'm a happy customer, reading my *Book of Nothing* on the bus and loving myself, with a lot of loving left over to share with anyone else.

Footnotes

(1) Somehow the recognition that my body is not me results in an immediate cessation of interest in it. There is no loyalty in self-serving identifications - my car, my house, my body. Once they cease to serve, I go with what remains that is me.

I discovered this on an out-of-body experience. The minute I realized I was not my body, my interest in it went way down. It didn't disappear completely. Not saying that. But my defense-alert level related to my body went way down.

Peace is Our Destiny – Part 1/2

July 25, 2021

<https://goldenageofgaia.com/?p=324263>



I can't regard what's happening in the world as theater because people are dying - on all "sides."

James Gilliland put the matter well:

"Self-righteousness that stems from spiritual ego or narcissism is usually an attribute of the leaders of division. They will gather as many people around them to validate their position [as possible] yet it all goes back to division, wounds, traumas, spiritual ego, or narcissism.

"The division necromancer has many faces but the way to avoid it is to heal the chinks in your armor, the wounds, traumas and wrong conclusions from past experiences, the triggers and doorways used by unseen negative influences to create division. This takes brutal honesty with self and others." (1)

Brutal honesty in the beginning and then it gets easier.

If I'm not willing to look at my own behavior and start with that, clean that up first, my appraisal of the situation will always be superficial. And that makes me prey to memes, sides, psy-ops, propaganda, and other features of us-against-them divisiveness.

If one wants to do some clean-up on Aisle 3, that's what needs to be cleaned up and that just so happens to be within the power of everyone to do - self-examination and release of old trauma.

What I'm saying goes against the voices of "patriotism," "the people," "democracy," and every other meme.

Or perhaps I should put it more precisely: What I'm saying goes against the voices of all those who would seek power for themselves over the people and use some rallying call to achieve it.

Watch who my opponents turn out to be.

Those who try to rally the people for their own ends, seeking power over others, don't want us to free ourselves from our own self-limiting trauma and the resultant self-programming.

Then we wouldn't tolerate any of what's happening in our world, plain and simple, whereas now we do. Now we're subservient to the meme.

Of course all of what I'm saying is a "conspiracy theory." (Notice how strong the tug of memes can be.)

Now we believe the mainstream media. Now we follow the "American way." Vive le France! Rule Britannia! Our chests swell with pride and we make war upon each other. And millions die. And weapons manufacturers - and arms traders - prosper.

This will not be the way of the future and the sooner we begin to curb ourselves the better and the more lasting will be the result for us and the world.

(Concluded in Part 2, below.)

Footnotes

(1) "James Gilliland: The Art of Division," July 24, 2021, at <https://goldenageofgaia.com/2021/07/24/james-gilliland-the-art-of-division/>

Peace is Our Destiny – Part 2/2

July 25, 2021

<https://goldenageofgaia.com/?p=324265>



(Concluded from Part 1, above.)

The way of the future is peace. If Ascension is our destiny, then peace will automatically reign. There's no reason for war on the Fifth Dimension. One has all that one wants.

The folks still clinging to the belief that war will ensure that they achieve their ends won't be found on the Fifth Dimension. Their vibration is too weak to take the higher and more refined energy levels in that realm.

It's in their interests to sincerely make peace as well - inner as well as outer - to erase any barriers and free their vibration if they intend to come along with us.

Sorry. I wax a bit passionate on this theme.

As kids we used to sing songs about the River Jordan and the promised land. The promised land that Jesus pointed to, over the River Jordan, over the rainbow bridge, is the higher dimensions. Redemption, Salvation, Resurrection are other names for Ascension.

We really do stand on the banks of the River Jordan and anyone fighting with his human kith and kin at this time of the world's life has to be mad. Or completely ignorant of what lies ahead.

Not gold. Not power. Love, man, love. Flowing like milk and honey. All our needs satisfied. You blossom, come alive. Now you can really get down to spiritual work.

Life is moving in that direction, no matter who flows with it or stands against it.

There's no reason to look down on those who are making their calculations based on less evolved programming. We were once all miles behind where we are now.

In our 3D lives, we're less evolved than everyone from other galaxies here to help us. We don't want them looking down their noses at us and our "foolish" decisions - like war.

We really are going up together. Some are just playing the role of the rearguard and some are handling the baggage train. But all are moving forward as life moves forward.

None will remain untouched by the events of today, no matter what their final choice is.

Detachment is not the Same as Stillpoint

July 26, 2021



There are levels to the mind

<https://goldenageofgaia.com/?p=324110>

I no sooner wrote this sentence:

Want, want, not want attracts an "I" to fulfill itself, after which "I want" sets "the entire universe in motion" to get what it wants. (1)

than I saw that desirelessness and stillpoint were not the same.

"I want" is attachment. The absence of want is desirelessness, detachment from the things of the world.

Desirelessness or detachment seems to have triggered stillpoint. But they're not one and the same.

Detachment is an action. It's a relinquishing of attachment, a letting go, a relaxing of grip.

Stillpoint is not an action. It's the absence of action.

It's a state of mind in which the senses, while operating, are passive and yet aware.

Stillpoint creates the space in the mind for what's next to be revealed.

I imagine that this is the state that Krishnamurti is talking about:

"The phenomenon of the observer and the observed is not a dual process, but a single one; and only in experiencing the fact of this unitary process is there freedom from desire, from conflict. The question of how to experience this fact should never arise. It must happen; and it happens only when there is alertness and passive awareness." (2)

The awareness is passive in that it's not going out and wrestling with external phenomena and yet it's alert.

It's a "dark night" to the soul in that the soul is deprived of sensory input. Not because sensory input is not there; not because external stimuli are not still incoming. But because the mind is not gathering or holding onto it.

This passive and yet alert awareness is the launching pad, the platform, the foundation, I assert, for spiritual unfoldment.

Footnotes

(1) "The Legions of Love," July 22, 2021, at <https://goldenageofgaia.com/?p=324109>

(2) J. Krishnamurti, *Commentaries on Living. First Series*. Bombay, etc.: B.I. Publications, 1972; c1974, 1, 61.