

Transcript – Suzy Star on The Light Agenda with Stephen Cook



Here is my interview with 82-year-old Lightworker and Starseed, the delightful Suzy Star from *The Light Agenda* on July 18. As usual, huge thanks to Ellen for transcribing.

You can listen to the full interview

here: http://www.blogtalkradio.com/inlight_radio/2012/07/19/the-light-agenda

Stephen Cook: Hello, and welcome to the Light Agenda. I'm Stephen Cook, and thank you so much for joining me and my special guest, Lightworker and Starseed Suzy Star, today.

Now, just before Suzy and I get chatting about her phenomenal and totally fascinating 82-years-



young journey on this planet, I wanted to thank American Kabuki for going public for the first time and baring his soul last week, and thank you to all of you who've written to him and embraced him with your love and light. He tells me he's had much more love from all of you than he ever had when he was leaving his church. And I was also really thrilled to hear that so many of you could relate to his story, and that's really what this program, The Light Agenda, is all about.

So if you haven't yet tuned into American Kabuki's show I suggest you do, and you can do so here on In Light Radio if you just head back to last week's show in the archives. And remember, you can listen to any of the the Light Agenda past shows, whether that be Suzy Ward, Scott Mowry, Fran Zepeda, any time by heading to the In Light Radio archives whenever you choose.

Now, to today. I first discovered my delightful guest via The 2012 Scenario, although to some of you she may well be very well known. We put out a call a couple of months back asking for readers of the site to write in about their own awakening stories after one of our editors, Andrew Eardley, had written his. And among them was one that started like this:

“My story: I’m a Starseed, or what some would call an Indigo Child, and I have been in this body for 82 years. As far back as I can remember, I told my parents I was never going to die, that they did not have to grow old, and that you could live forever.”

And that line really struck a chord with me instantly, because for some reason I’ve also known that I was never going to die — well, not in this lifetime, anyway. And so, I read on.

Now, it was a beautifully written story, and the author’s true beauty came shining through. And I went to the writer’s website, which is www.suzystar.net, and I was even more impressed, and I could really feel her love.

As you’re going to hear today, the young girl who was born Suzy Ellen Villines, in Oklahoma in 1930, has crammed more things into her 82 years than most of us would in several lifetimes, and she is as young as any of us. And in fact, we’re going to hear how she plans to be going for around about another 5,000 years, and we’re even going to learn about why extraterrestrial orgasms are the best — and yes, you heard me right, extraterrestrial orgasms.

Suzy Star, welcome to the Light Agenda.

Suzy Star: Thank you, and hello.

SC: [laugh] Now, there’s an opening some of our listeners may not have expected, and we’re going to get to matters of ET sex a little bit later. But we’re going to be talking about your life in great detail, and we’re going to talk about some very eye-opening parts of your personal journey, and I should say now we may even need to go beyond the usual hour because you have so much to tell us and share with all of us.

Let’s talk first about what you’re doing now and the mission you’re carrying out.

SS: Well, my current mission is to attract as many other Starseeds and Lightworkers as possible who, many of them know that they were chosen to come here, or they chose themselves to

come here, to make some major changes in our Earth. And so for the last eight years that I've been here in Oregon I have spent my full time, because I am retired, so I have plenty of time to devote my full life to that mission.

SC: Now, you've cracked me up a bit there because you say you're retired. You are so busy! You are working like two full-time jobs at once. And that mission's become a very special project called creative communities, and that's what you've been working on for eight years. And it's not retirement. You are working your butt off!

SS: I love it. And when ... you know, when you love what you're doing, you don't consider it work.

SC: Exactly. [laugh] And that's the future of life for all of us.

So, Suzy, let's talk first about what you're doing now and the mission you're carrying out, because for the past eight years you've been in what I call full-time work getting together a very special project called Creative Communities. What is Creative Communities, and what is it all about?

SS: It's a community where people can live and become completely self-sufficient. When we ascend or move into the next dimension, not everyone is going to get there at the same time. And so there is going to be a need for a place such as the creative communities where people can, as I say, live and be completely self-sufficient.

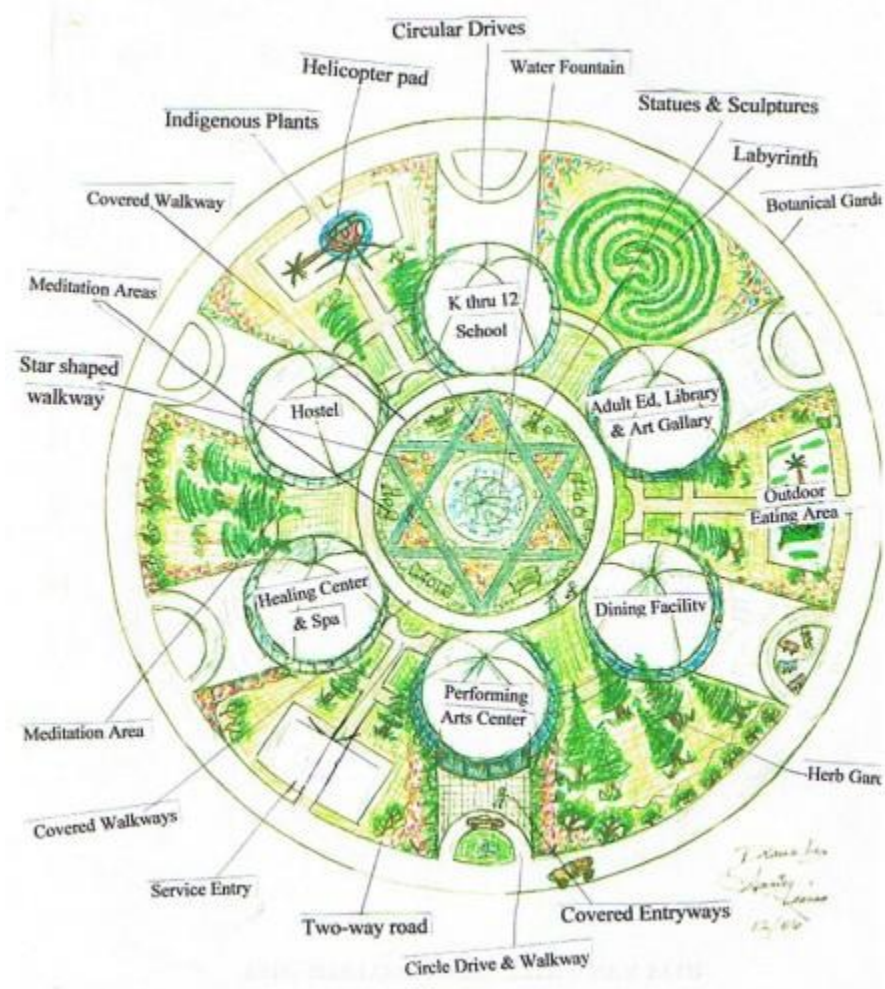
SC: So what's in those communities? How are they structured?

SS: Okay. They're in addition to the community center, which is the one that you see when you look at my website. That's only on six acres of land. The Creative Communities are going to encompass anywhere from a hundred to two, three-hundred acres parcels. And in addition to the community center, there will be all kinds of shopping centers, individual farms of two or three acres, and a relief center; there'll be an orphanage for children, a hospital, a veterinarian clinic — everything that they need to survive. If they have a desire, they have no need to leave that community.

SC: So it's totally self-sufficient. It will have buildings, it will have its own food source, it will have its own health care, everything in the one place.

SS: That's correct.

SC: And how many people would live in a Creative Community?



SS: Well, at the end, depending on the need and the size. Everyone will be different, so it's hard to say, because again it depends on the population. We plan to put at least one in every state, then we plan on going around the world. And some states that are very large and have a need for it, there'll be two or three. And we won't know until the time to build them how many are actually needed.

SC: In terms of how you've set this up, how did this all start? I know you had visions when you were at the Ramtha Center, and we'll talk about that later, but how did this start? How does one suddenly go about over an eight-year period of time pulling together resources? You know,

you're obviously looking for doctors, you're looking for engineers, you're looking for construction workers in order to build these communities. Have you done that?

SS: Yes, I have. And as I said, it's just been evolving. I know that there's probably not going to be a need so much for people to help build them, because I have been told that once our extraterrestrial individuals are allowed to come down and work among us, that they have the technology where they can have one of these centers up and running in three days.

SC: Wow! [laugh]

SS: Yeah. [laugh] So, again, for me it's been an evolving process, because I didn't know that eight years ago, although it was ... actually I had been told that, but it hadn't really sunk in yet. And I figured that, you know, we would start building them much sooner than the extraterrestrial technology would be available to us.

But as it is seen now, it's beginning to look more like that the people that I'm going to need and will continue having a need for are people who can actually run the center and provide the education and the technology that these people, what I call bridge people, that are awake but not fully awake... they haven't ascended yet. And that's our job, it is for us to show them how it is possible and what they can look forward to with the training and the teaching that we give them in the creative community.

SC: Okay. So, essentially, they're going to be places of respite or places of healing in between for people who are on their path to Ascension?

SS: Yes.

SC: Now, you've been traveling, even now. You've been to Canada, you've been to Trinidad?

SS: Yes. Trinidad, Mexico, all on the East Coast....

SC: But in terms of the concept, the aim of them is just simply to have somewhere for people to go and to live?

SS: Yes. Yes.

SC: Okay.

SS: They can live there, and then we have an outreach program for people that can come and take advantage of the community center.

SC: And you've been working very closely with one particular man on this.

SS: Yes. Dr. Albrecht Maxwell von Hohenlohe-Langenburg.

SC: And he has a company called Langenburg Technologies, which is a company that's already in existence in the US.

SS: That's correct.

SC: But it's his water that you're most interested in.

SS: Yeah. And that was what he commissioned my partner and I to do, is to place these 250-plus creative communities, only at that time we just thought they were going to be water facilities, around the world. I had no idea that my creative communities — and at that point in time they were just community centers — were going to be involved in this. I found that out at some point in time afterwards.

But basically the water is a very evolved water. It contains a seven-sided crystalline oxygen that's vibrating at the fifth-dimensional level. And this oxygen penetrates the cell and replaces the oxygen that is currently in the body with a fifth-dimensional vibrating oxygen. And when enough of this oxygen is in the body, the body will then have the capacity of vibrating at the fifth-dimensional level.

SC: So, can we get this water now?

SS: Oh, yes! Absolutely. In fact, we just last week made a run to Portland and delivered a bunch of water there, and there are plans to go to Seattle in the near future. And if there are enough people that are interested to make it worth our time, we can travel wherever and deliver the water to them. They can come and ...

SC: Hey, bring it to me in Australia! I want it now! [laugh]

SS: I don't blame you, because it's fabulous!

SC: Well, the water is pH balanced, mineral balanced, it's structurally restored, it's micro-clustered.

SS: And then in addition it also produces extra power that is created from the waste that is brought out when we purify the water.

SC: And it's all free.

SS: Yeah.

SC: Wow.

SS: He also has some powders that I have found clients and customers for. It's pricey, but it's well worth it if you can afford it, because it does incredible things for the body.

SC: Oh, you're a good saleswoman! [laugh]

SS: Well, I'm a good example, too, because even though, you know, when you look at me, I'm 83 but I look like I'm in my 55 or 60. And do I sound like an 83-year-old woman?

SC: No!

SS: No way! No way!

SC: And do you think like an 83-year-old or 82 — are you 83? I thought you were 82. No, you're 83 now?

SS: Eighty — no, actually, I'm still 82. I don't know why I ...

SC: Yeah, you were 82 in April?

SS: Yes.

SC: But you're in your 83rd year. That's how I look at it.

SS: Okay. There you go.

SC: Yeah.

SS: Sure.

SC: And nor do you — nor do you think like an 82-year-old, I might add.

SS: No! And, see, and that's why I can't ... I mean... I can empathize with older people, but I can't really associate with them because ... they bore me.

[laughter]

SC: Oh, that's 'cause — that's just because we're ageless, that's why. Now ...

SS: I think so.

SC: ... it's interesting, though, because it was Dr. Albrecht that came to you with the water, and from the water concept you then managed to kind of align it with your creative community's vision. And now the two are sitting really beautifully in simpatico together, as we ...

SS: Oh, yeah!

SC: ... as we move forward.

SS: Yeah. Well, as a matter of fact, when Dr. Langenburg, you know, commissioned me and I moved here, then after I moved here I went back to the Ramtha School for my last retreat. And it was there that it came to me that the reason why I had named my non-profit organization as the Infinity Community Centers, it came to me that, my God, I'm not supposed to just put water facilities around the world, but these creative communities also!

And so I could hardly wait to get back to tell Dr. Langenburg. And when I told him, he just smiled very sweetly and patted my hand, and he said, "Yes, dar-ling," he said, "I've just been waiting for you to come to that conclusion."

[laughter]

Or realization. Yeah. And so that's how that all came about.

SC: That's fantastic. It's funny these days how everything comes together. We all seem to meet the people that we're meant to meet. And then somehow the concepts all infuse, and we realize that we're actually all on exactly the same path.

SS: Oh, yeah. Oh, yeah. In fact, you know, that's one of the things that I always tell people, because they come to me, you know, and they say to me, "Oh, you're so incredible, and you're this, and you're that," and I say, "You know what? So are you! And the reason why you came to me when you did is because it was time for us to connect. And you're just as important as I am. And I could never do this all on my own."

I can conceive the idea, but I need a whole crew of people, and so that's what I've been attracting this last eight years. And it's been an incredibly interesting journey. I love it.

There's never a day go by that I don't meet another new, interesting, exciting person that's going to be part of these creative communities.

SC: Now, speaking about your interesting journey, you were born in Oklahoma in 1930. But you ...

SS: Correct.

SC: ... but you had incredible memories almost instantly. Are you an only child? Or did you have brothers and sisters?

SS: Oh, no. I had one older sister, who died when I was six, and then I had two older brothers eight and ten years older than me, and then I had a younger sister. And then I had an older sister but I was not aware she was my sister. We were told it was my aunt who would come and spend every summer with us. So there was actually six in our family. And —

SC: And are they all alive now?

SS: No. None of — in fact, none of them are alive.

SC: Oh, you're the only one?

SS: Yeah, I'm the only one left.

SC: Ohhh. Growing up, though, you actually looked very different, because your father has French heritage — is that correct? French Indian?

SS: Yeah. He's French and Indian. Yeah. He's part of the Huguenots. I don't know if you're familiar with the Huguenots or not.

SC: Well, they're a famous French historical family.

SS: Oh, yeah. They were run out of France!

[laughter]

SC: And your mother's background?

SS: And my mother was a Moore, yeah.

SC: As in the surname M O O R E.

SS: Yes.

SC: Yes.

SS: Uh-hunh. From Europe. And her father was Andrew Jackson Stevens. He was the grandson of Andy Jackson, one of our former Presidents. A very, very outspoken, different kind of a President. Very opinionated and ... different.

SC: Talking about different, tell me about your looks, because you were very different looking to the rest of your family, and you knew that instantly.

SS: Oh, yeah. Oh, yeah. But, you know, it's interesting, because I chose my parents, and I, when I incarnated, I said I want to have golden hair! And in prior lives I had had dark hair. So, anyway, my family were all tall. My mother was 5'9", and so was my father, in fact, I think he was 5'10", and they all could either pass for French or Indian.

And we lived two miles outside the Indian reservation, and we used to go there and spend a lot of time at the Indian reservation. And they would hide me under a blanket, because if you're

Indian you'd get in for free, and they didn't have a lot of money. So, but once we got inside I could get out and go and dance with the kids.

But I was short, with the golden blonde hair, and eyes to match, with this tall, dark family, and... quite a contrast. But I came into life with complete recall and memory of who I was and why I had chosen this family. And, incidentally, I chose them for all the wonderful lessons that they could train me and teach me. And I came here to express — to learn to express as a human. And so that's what I did. And ...

SC: Now, in saying that, you already, at that age, you knew that you had come from an extraterrestrial life straight to Earth ...

SS: That's correct.

SC: ... and you knew you were Andromedan. How did you know that?

SS: Well, I used to travel. Before I became an Andromedan I was a light being and I traveled to all the different planets teaching love, because technology without love never works for any length of time. It is always self defeating.

SC: How true.

SS: And so that was — yeah. So, that was my mission. And when I went to Andromeda and worked among the Andromedans I fell in love with them. And so when I decided to take on a human body, I took on a body as an Andromedan. And that's why I say that I am from Andromeda.

SC: Your mother and your father — you've said what they looked like, but what were they like? Because you didn't have a great relationship with your mother.

SS: No. My mother was brilliant. She was way ahead of her time, but she was a pioneer and she was teaching school when she was 16 years old. And she became what they call a home economist, and that's what I needed to learn. She taught me how to skin rabbits, how to butcher and can chickens and how to make clothes. I was designing my own clothes when I was 14, and making them. And she taught me how to do all of those things.

SC: But she was quite — I suppose strict isn't the word. She was violent with you.

SS: Yes. Oh, yeah. She could not understand me. It really freaked her out, because she would go to say something to me, and I would tell her what she was going to tell me before she opened her mouth. [laughter] And she disciplined me in the only way, bless her heart, that she knew how. And that was the way her parents had disciplined her. So she would take the cuff of her hand and hit me up against the side of the head, bounce me up against the wall, and many times knock me out.

And my Andromedan families would come and get me and heal me, and other times I would flee from her and hide in our garden. And I'd be in her garden, and I can remember, I was very tiny, and her flowers were taller than me. And the little sprites and angels would come and they would sit on the petals of her flowers and lean over and comfort me and wipe away my tears, and reassure me that my mother really loved me, it was just that I was so different from all the other children that she couldn't understand.

SC: Wow. And what was your father like?

SS: My father was the most gentle, loving man. He had come from a very wealthy family, one of 13 children. He was orphaned at a very young age and his older brothers and sisters raised him. And he had always had a lot of money.

And then when he married my mother he had gone through his fortune, and they ended up very poor, with very little money. But he always was one that I could go to when mother got too violent with me, and he would hold me in his lap and cuddle me and rock me and reassure me that everything was okay and that he really loved me.

SC: When you first went to school, even in kindergarten, you were playing hooky.

SS: Yeah. Yeah.

SC: How come? How come?

SS: Well, because I couldn't communicate with the kids in school. I was so far ahead of 'em. I could put my hand on the book and I already knew what they were going to teach us. And I could tell you what was in that book just without even opening the book. And this freaked the



kids out in school. And then I kept lapsing into this foreign language, and they couldn't understand that.

So I got to the point where I didn't want to go to school. So, I would hide We lived 12 blocks from school, and my brother, my second-oldest brother was supposed to take me to school. And we'd get there part way, and then I would convince him that I wanted to walk with my little friends, and so he would go on not knowing that I was ducking into the alley and hiding among the garbage or trash cans. And when he would leave me like that, my Andromedans would come down and get me and take me up to Andromeda to the school that I was used to going to, and where I felt very comfortable.

SC: Because you did have your own language. It was almost like hieroglyphics.

SS: Yeah, it was, it was. Yeah. And I know now that it was the Andromedan language. And it almost sounds like Italian. And my mother, bless her heart, you know, she took in laundry so that she could hire an elocutionist to teach me how to speak the perfect English. And that made it even worse in school because the teacher then stood me up in front of everybody and said, "This is the way you're supposed to talk." And you know Oklahoma has a terrible accent!

SC: Oh, don't say that! Anyone from Oklahoma, now, do not be offended. [laugh]

SS: Oh, I know. I know. In fact, I always told my younger sister, you know, she was 19 and she came to visit me one time, and I told her, I said, "You know, Joy, just because you were born and raised in Oklahoma doesn't mean that you have to sound like them for the rest of your life."

SC: Oh, Suzy! [laugh]

SS: I know!

SC: So, you went through school feeling like an outcast the whole time.

SS: Oh, absolutely. Yeah, yeah.

SC: And that became

SS: And then they kept putting me ahead because I was so far ahead of everybody. And they kept putting me, putting me ahead. I graduated when I was 16.

SC: But prior to that, at 14, you had a really big moment, because the previous 14 years of your life you'd been quite okay with going to spaceships and going to Andromeda and communicating with your Andromedan family. But suddenly at 14 you decided that was enough?

SS: Yes. I had a terrible nightmare that woke up the whole family. My sister, bless her heart, crawled under the bed — she slept in the bed with me — and she crawled under the bed and hid, under the bed. My parents come running in, and I screamed and cried out, and I said, "I don't want to know any more! Please, go away and leave me alone." And they did.

SC: From that moment on? From 14 on?

SS: Yeah. Yeah. So, within two weeks I lost all my telepathic abilities, the veil was dropped, and from the age of 14 until I was 40, I led what I call a very 3D life.

SC: Well, let's talk about that, because we're going to come back in a little while to talk about when you were 40. And it was really 26 years that you locked yourself into three-dimensional, let's say, reality. [laugh]

SS: Right. And of course there are no accidents, and I was supposed to do that, because that allowed me the opportunity to learn to express as a human, which is what I needed to learn how to do in order to be effective in my creative communities.

SC: Umm. Umm. Well, let's talk about being in that human, I suppose, relativity. At 16, your mother chose a husband for you.

SS: Yes. My mother was very, very controlling. She wanted me to be around her. I was never allowed to go on a date without my mother either accompanying us.... If we went to the movie, she sat three or four rows behind us. I never had an opportunity to be alone until I met this man that my mother picked, and he was eight years older than me...

SC: Okay, so he was 24 and you were 16.

SS: Yes. And he had come back from the military, had been stationed over in Europe, and was a very disturbed individual, which we did not know. And she picked him out. And when I was 16 we played hooky from school — I did — and went to his mother's place for lunch. And on the

way there he raped me in the shed. Wanted to make sure that I was a virgin. [laugh] He found out.

Anyway, we had lunch with his mother, and when I got home, my mother knew that I had played hooky from school, and she took me out in the garage and gave me a beating like I have never, ever had, with a belt buckle. And I finally got away from her, and

SC: So you got raped and then bashed in the same day?

SS: Yeah. Yeah. And I then ...

SC: And how did you feel at that time, though?

SS: Well, horrible. And I didn't know what to do. I ran and I called my future husband at work, and he said, "Well, go to my mother," and so I did. And so she cleaned me up and put me to bed, gave me a sedative, and about six o'clock, seven o'clock that night my father came and got me. And he, bless his heart, hugged me and loved me, and he said, "You know, if you don't want to marry him, you don't have to." And I said, "No, Dad, it's okay. I will." So...

SC: And you didn't feel like you wanted to run away at that time and not marry this man?

SS: No, I wanted to do — I felt that I needed to do what my mother wanted me to do, plus I felt that I didn't really understand that much about what he had done, and I just knew that it was painful and ... I didn't even know how babies were created, if you can believe that. Okay? I mean, that's how naïve I was.

SC: Gosh.

SS: Yeah. So I graduated in June, and in July I married him.

SC: And then, so you married him, and then — but he continued to rape you after that?

SS: Yes. Yes. And this went on for four months, and I had a very other traumatic experience with some details that I don't need to go into, but at any rate my mother was coming to pick me up. We were going to go and pick corn. She came by at four o'clock in the morning and found me passed out on the floor, and Bill had fled. And she called the ambulance, they took me to the hospital, and I had a nervous breakdown.

And she went, while I was in the hospital, because her doctor, her family doctor told her that I needed to get away from him, that if I — if she didn't get me away that he would end up killing me. And so she got an annulment while I was in the hospital.

So, when I got out of the hospital, he continued to stalk us. He could not accept the fact that we were no longer married. And so, finally my mother decided that we needed to get out of town. So we moved from there to California.

SC: And so your father, all of you, moved as a family?

SS: No, my father stayed there because my youngest sister was still at home and still in school, and they didn't want to uproot her, plus my father needed to continue working.

SC: Right.

SS: So just my mother and I moved to Santa Anna, California.

SC: Now, you then got remarried at 18, so you must have met someone else quite quickly, or was that someone else your mother chose for you to marry?

SS: No, no. She didn't choose him. And it was interesting, because I worked while I was in Santa Ana for that —

SC: Yes, you started working with the German man.

SS: Yes. And ...

SC: And he actually worked in alternative medicine, which is interesting ...

SS: That's correct, yes.

SC: ... because you, actually, at that point, even at 16, were working with that alternate healing process where it was infrared and other things that we use for healing.

SS: Rife — yeah, the Rife machine. Yes. And I didn't realize, you know, how — I just thought that was a fact of life. I didn't realize it was alternative.

SC: Right. But at 18, so we've gone to work for the first time... Yeah?

SS: My mother had the tailor shop at the El Toro Marine Base, and my oldest brother ran the commissary at the El Toro Marine Base. And I used to go there after my work, or on my days off, and visit my mother, and that's where I met my new husband, my second husband.

We went out on a couple of dates. [laugh] My mother drove us to the movies and then came and picked us up after the movies, and so we never really had a chance to do anything or, you know, get to 'really know' one another... But he was getting discharged, and he was from Michigan. And when he got back to Detroit, Michigan he invited me to come there as a belated birthday present and sent me a ticket to go there.

And so I went to Detroit and never left. Ended up marrying him.

SC: Yes. And then you had five children?

SS: I had five children by him and four miscarriages.

SC: We're going to talk a little bit about miscarriages in a little while. But you were married to him for 22 years?

SS: That's correct. Yes.

SC: Now, he was a very kind man, and you had a ...

SS: Oh, yes.

SC: ... and you had a good marriage?

SS: Well, we did for the first ten years. He was brilliant, absolutely brilliant, but he had had a very disturbed childhood also. And, bless his heart, you know, I just — I overwhelmed him I know, because he didn't really want children. I thought that because he had been raised Catholic that if I had the children he would, you know, immediately change and love them.

And he did love them in his own way, but for the first ten years of our marriage he couldn't really relate to the children. He just wanted me. Okay? And I was — I have to say this — I was very, very beautiful. His favorite thing to do would be to dress me up in fancy, sexy clothes and walk about a foot behind me. And he would take me to Chicago to the big ballrooms, and we had all

these beautiful dances there, with Harry James and Bing — you know, you name 'em, all the big time bands were all popular back in the '48-50 area.

So, I spent most of my time playing with the children myself. I would take them out during the day, while he slept. He worked swing, on purpose. And then I would bring them home and put them in for a nap, and then he would come in and I'd fix him something to eat, and he would go off for work. And then I'd get the kids up and play with them until bedtime, put them to bed. And then I would pick up every, very scrap of anything that would remind him of the children. And he would come home and have a drink and his pipe and want me in my sexy negligee

SC: Now, he was an alcoholic, but he was a kind man. But he ...

SS: Not at the very beginning, he wasn't. The first ten years he was fine. It wasn't until I left him, because I found out that he was getting drunk at work, and my next-door-neighbor, who I thought was my friend, was meeting him and they were having a sexual relationship together. And I left him, and was pregnant for my fifth child — no, fourth child — and left him and he at the last minute decided to come with me. And we moved from there to California.

SC: Now, when you got to California, the kids by that stage had started going to school. And that was the beginning of you going back to work. And you started originally as a volunteer, and you organized massive parades for a — I think it was a 5,000-member-strong residents group. And you were doing like marching bands and all sorts of stuff, and you loved that.

But then, the next job that you had was a paid job. And you went to work for Fairchild Semiconductor?

SS: That's correct. Fairchild Semiconductor.

SC: And you started in quite a ... I suppose a menial task there, but ...

SS: Oh, yeah.

SC: ... but women's lib was coming, and suddenly you and I think it was 43 other women were asked, and or told that you could sit a particular exam with the company, and if you did, you would end up possibly getting a college scholarship.

SS: Well, almost. There were 360 some-odd people that applied for that position, and only 43 of us passed.

SC: And then you got into college, and only 21 of that 43 got through.

SS: That's correct.

SC: But you ended up becoming of all things, an electronic technician with Fairfield ... Fairchild.

SS: That's correct.

SC: And you were running big teams of people as well.

SS: Yes. Yes. Yeah. I was conducting tours with all the visiting engineers from all around the world that would come there. And my job was to take them through the whole process and show them how we created the integrated circuits.

SC: So, you'd gone from working with alternative medicine, then kind of being an event organizer and running massive parades. Then you're working in fairly high-tech technology stuff. You went on to be an interior designer. You also were a girl Friday, and you've done all sorts of things. But when I listen to you, it's always ... for you, it's about the fun element.



SS: [laugh] I would say that's absolutely correct, yes.

SC: Learning, learning and fun.

SS: Oh, yes. Oh, yes. An adventure! You know, life is an adventure, and you see, what I was learning all in these different professions was how to express as a human. And those are all human positions that we do.

SC: But also all of those things that happened in your personal life as well, they all ... you know, you had ... it's almost like you had to go through everything in order to experience every facet of being a human.

SS: Oh, yes. But, and I loved all the details, you see.

SC: Even if it was hard at the time.

SS: Well, yeah. But I never looked at it as being hard, you know. To me it was just ... it was just a challenge.

SC: Because — sorry, I jumped ahead a bit there — because eventually you and your husband were separated. And then, at 40, you'd already suffered quite a bit of pneumonia, and you also had asthma for quite some time. But at 40 you got very, very sick, and ...

SS: Yes.

SC: ... they discovered that you had a massive malignant cancerous tumor that was ...

SS: Yes.

SC: ... that was growing in your womb.

SS: Yes.

SC: Can you tell me a little bit about the illness, there?

SS: Well, I was still working at Fairchild when it happened, and I think it was just the stress of everything, plus my husband by that time had really, to me, become what I considered a helpless alcoholic. He did the best he could, bless his heart.

And he told me, you know, when he said, "You have to ... you need to go to work. You might as well be making ... getting paid for all of the creative work that you're giving away" — because to him it was giving it away, even though he didn't realize that what I was doing was helping to educate my children and expose them to the world also...

SC: But were you still living with him at that point?

SS: Oh, yes. I lived with him ...

SC: Right.

SS: ... until I came home from the hospital after having that operation.

SC: Well, let's talk about the operation, though, because that was a massive operation.

SS: Yes.

SC: And during that operation you died.

SS: Yes.

SC: So, tell me about that.

SS: Okay. Well, officially, I was dead for a good ten minutes. And I left my body, and I remember traveling through the light, and I came out, and my Andromedan family was there to meet me, along with my Earth family members that had passed on before me, and ...

SC: Now, when you say that, do you mean your parents, or your grandparents, or your brothers and sisters?

SS: My brothers and sisters, my grandparents, yes ...

SC: Yes. Okay.

SS: ... and my great-grandparents. And then there were two children in their young, young, probably twenties, that I didn't recognize. And they were brought forward to greet me, and I was told that they were my children.

SC: And that came as a bit of a shock, didn't it? Because you ...

SS: Yeah!

SC: ... you had suffered four miscarriages during — was that your first marriage, or during your second marriage, with the five children?

SS: Second marriage with the five children.

SC: Okay, so you possibly could have been a mother of nine.

SS: That's correct. And that's what I always said I wanted, was nine children.

SC: Ohh! So, in those miscarriages, though ... obviously people don't ... people are always saying, "Well, what happened to my baby?" And I've heard sometimes the soul doesn't

necessarily come into the body until the moment the child's born, and then I've also read that the souls is in the body from the moment, and that the soul decides that it doesn't want to actually come through to this life, and that's often why a miscarriage happens.

So, in learning that you suddenly met these two children that you didn't give birth to in this life, what did you get from that, and what did it say and mean?

SS: Well, they told me that they had ... actually I had three children, three extraterrestrial children, that my fetus had been removed from me.... I was pregnant for, like I said, four times. Three times I was like four months pregnant. I had been going to the doctor, it was documented that I was four months pregnant. I laid down on the couch in a remote area where we lived in Michigan and was out for about four hours, took a nap. When I woke up, I was bleeding, but I had no more fetus.

And the doctor had a hard time... He said, "Oh, you must have passed it." I said, "Well, I sure don't remember passing anything." "Well," he said, "you know, a four-month fetus is a pretty good size." And it just never ... I never did figure it out.

He finally said, "Well, what happens is you're so small that your womb couldn't hold it and after you got so far along it would abort." And so that's what I thought all those years, and it was not until I was 40 that I learned that the ETs had come and removed the fetus when it was four months and took it back to their planet and raised it as their own. And that's what these two children that came to me were.

SC: So, sorry, Suzy, how tall are you, by the way?

SS: Five four.

SC: Five four. That's not too short. But were you shocked to have this revealed to you?

SS: No, actually I was ... actually, I was relieved. I thought, well, that's really sweet. And they were such sweet children, and they were so happy to see who their real mother was.

SC: Okay. So you didn't feel like they'd been abducted and stolen from you, you felt like ...

SS: Oh, no!

SC: ... that it was something good.

SS: Oh, yeah. Yeah. I never ... I never, ever felt alarmed, you know. And after that experience, and after they were shown, I was told that I had a mission to perform on the Earth and I needed to come back to my body, which I did. And I came back, and I floated in the operating table above my body, watching these nine doctors working over me, and got very disillusioned. But I came into my body, back into my body, and it was shortly after that I went to my regular physician and told him I was never going to go to another doctor.

My main memory from that, after that happened, the veil was dropped again, and the main memory that I had was that I needed to get out of my marriage.

SC: Wow.

SS: And so that's when I went back and told my husband that I no longer wanted to be married to him. And he said, "Okay."

SC: He said, okay? [laugh]

SS: Well, yeah. He said, "You'll have your divorce, but," he said, "I'm going to drag it out as long as I can, and when you walk out of that marriage, you're not going to have anything." And I said, "Oh, yes. I will have my soul and my children. Those are the two things you'll never be able to take away from me."

SC: Wow. It's almost like, though, for that 26 years, so from 14, and suddenly you're 40, and you have this near-death experience. That near-death experience, then, reignites everything that had happened to you prior to being 14 years old.

SS: Yeah.

SC: And you have continued to awaken every day since then.

SS: Well, as I said, the veil was dropped again after they showed me, in my near-death experience ... I didn't remember that right away, okay?

SC: Right.

SS: And I just had that burning knowingness that I had to get rid of this marriage. I had to get out of that marriage because it was hindering me, it was stopping my evolution.

SC: Okay. So you left your husband, and ...

SS: Yeah.

SC: ... you then found yourself a single mom, with five kids between seven and seventeen.

SS: Right.

SC: And ... and then you started what today is kind of seen as a sustainable business because you started the first ever business-by-barter organization.

SS: Correct.

SC: But then you moved into real estate in California, and you became hugely successful. Even as a single mom, dealing with those kids, you became one of the top selling real estate agents in your area.

SS: That's correct.

SC: And you made good money.

SS: Oh, absolutely. Fabulous money. I had a brand new Cadillac, I had beautiful furs and jewels and clothes. And I was a clothes horse. I've always been a clothes horse. I love clothes! [laugh] And I had the figure, you know, to go with it. And so I, you know, I did that. I fixed myself up and ... and had beautiful experiences doing that. So....

SC: Was bringing up the kids then easier without a husband, or more difficult?

SS: Well, it was actually for me easier, because my oldest son has always been like a father to my youngest children. And he and his girlfriend just kind of took over, and by this time they're up old enough to where they really didn't need me at home so much as they needed all of the things that I could give them from working in the real estate.

SC: You really enjoyed being a mother?

SS: Oh, yes. Oh, yes. As I mentioned earlier, I wanted nine children, and had all of the miscarriages materialized, I would have had nine.

SC: So, tell me about being a mom and what you got out of that. What were the great benefits, and what you really enjoyed?

SS: Well, number one, in a way I felt kind of guilty because their father didn't want children, and really, when they were younger, didn't play a real heavy father role. I always felt like I needed to make it up to them, so I was playing the role of mother and father. And we played a lot. We had a convertible. One of our favorite things to do was we would pile into the convertible and we would take the back roads from Sunnyvale, California to San Francisco.

And we would go to the fun-house, and we spent a lot of time at the zoo and the planetarium, the aquarium — you name it. We'd go over to Sausalito and see all the alternative lifestyle that existed on Sausalito. I don't know if you're aware of that or not.

We would start driving, and I would be singing, to the children. Okay? And at some point in time sometimes I'd lose the words, you know, and I would start laughing, but I was laughing to the melody, and that was ...

SC: [laugh]

SS: ... and that was their favorite thing. And so we'd get in the car, and they'd say, "Oh, mama, mama! Laugh us a song!"

SC: Oh, you're funny.

SS: So, I would laugh them a song. And so ... the teachers always loved my children, because we had such a happy, adventuresome life.

SC: Would you say at that time you were vulnerable still?

SS: Oh, very. Very. I was very naïve even so. I mean, you know, I became what I call a 40-year-old teenager.

SC: [laugh]

SS: I mean, I really never had any teenage years, you know. I got married when I was 16, so I never had a chance to go really anywhere or do anything. So, at 40 years of age, I mean, my favorite thing to do, when I got through work, was to take off for San Francisco and take in all of fabulous activities that were available to us in San Francisco. Yes.

SC: So, so did you then become the ultimate flower child?

SS: In a way I did, you know. In a way I did. And that's — and that was quite an experience in itself, too. But, by the same token, it was kind of like leading two lives, because, you know, I was very professional. I was very good in my real estate, and I needed to do that in order to support my children in the way that I felt they needed to be supported.

SC: But you still ... but you still went out and had a little bit of free love and possibly some substances there?

SS: Yes. Yes.

SC: [laugh] And, and, but you, you've also told me that ...

SS: Do you want to hear something funny?

SC: Yes, I do.

SS: Okay. I used to smoke More cigarettes, you know those brown cigar

SC: Yes. Yes.

SS: Okay. I would take all the tobacco out of them and I would stuff marijuana in them. And I would go to those fabulous outdoor restaurants in San Francisco and I would light up one of those Mores, and people all around would be looking, trying to figure out who was smoking [laugh] marijuana, never knowing that it was me.

SC: Oh, you are cheeky.

SS: I didn't look like, you know, somebody that would be sitting there smoking marijuana.

SC: [laugh] Now, you also at that point realized that — well, you didn't realize — but you loved to dance, and ...

SS: Oh, yeah.

SC: ... and even though you're talking about having the odd puff of a joint, the thing that you also found out, though, was that you ... you didn't really like to drink. And you're not a drinker, but what happens to you after one drink, and then what happened to you after two?

SS: Well, after one drink I'm flying. And after two [laugh], after two I lose memory of where I'm at and what I'm doing. And I would tell the bartender, after the first drink, you just give me my soda with a double squeeze of lime in a chimney that looks like I'm having a drink, right?

SC: [laugh] In that time of that period of where you were a single mom, and you had earned good money, you met a man who romanced you and who proposed to you and who you were almost — well, literally — about to marry. Like, the engagement ring had come, you had your wedding dress ready, and he actually turned out to be an absolute con man. And he —

SS: Yes.

SC: ... he jilted you at the altar.

SS: Basically, yes. Yeah. And took off with the last amount of money that I had given him, which was a \$60,000 check. And he left and took off across the country. And they finally apprehended him, and they found 16 other women across the United States that he had bilked ...

SC: Gosh.

SS: ... the same way. Yeah. And ...

SC: Did that, then, teach you a lesson, though? Because you had this ... when you say that you always thought that good things would happen and you always projected that goodness. So, suddenly someone had come and they had ... they had ... they had taken you for a ride. So, did that, then, make you very cautious of men?

SS: No. Because I realized that that was another experience that I had to have so that I would be able to communicate with other people who had had similar experiences.

SC: Mmmm.

SS: Now, you want to remember, all the time this was going on, in my dreams and my sleep, my Andromedans were coming to me and reassuring me and telling me that these experiences that I'm having, these different lifestyles, these different professions, were all part of my educational experience that I needed to get in order to be effective in my creative communities.

SC: As a human. Ummm.

SS: As a human, yes.

SC: And so you would just literally dust yourself off, if something like that happened, and pick yourself back up again and get on with it.

SS: Yeah. I — I mean, I actually did. And my third husband, as soon as I got taken by the con artist, picked me up, dusted me off, and took me with him to Alaska.

SC: And you married him, and that was 1976.

SS: That's right. I married — yeah, I married him on the way to — on the Al-Can. It wasn't paved at that time. And we went there in January, and yes, I got married on the Al-Can, the Alaska-Canadian road, that's now paved, by the way.

SC: [laugh] Okay. So, then you moved to Alaska and you ran a fishing lodge, and you worked kind of cooking and all that stuff. And then you and he moved to Hawaii, and you lived there for a further ten years. And he was a very spiritual man, and he also had a similar, I suppose, extraterrestrial connection.

You went back to working in real estate and property, but whilst you were with him, you learned that Hawaii was the, I suppose, the gateway to your original entry to Earth as a Lemurian, back 35,000 years.

SS: Right.

SC: So, tell me a bit about that discovery and what role he played in your spiritual re-awakening.

SS: Well, I was still gradually awakening, I really wasn't completely — well, I'm still not completely — awake, okay? But I was gradually awaking through that ten years that I was there on Kaua'i, and I was eventually introduced to Ramtha, and ...

SC: Now, I'll just quickly explain to people Ramtha. We've mentioned it a couple of times. Ramtha is a guide who comes through a lady called JZ Knight. Now, she is based in Washington state in the USA, and she's run a center called the Ramtha Center for, what, 25 years or so?

SS: Yeah.

SC: And you and your husband first became involved with the Ramtha Center whilst you were living in Hawai'i.

SS: That's correct. So, when we went to our first retreat, which was in 1986, it was a small retreat, and I went up to Ramtha and started talking with him. And I took him some jam from Kaua'i that I had made, and he said to me then, he said, "Suzy, you and I incarnated as Lemurians on the island of Kaua'i," and he said we lived there 35,000 years ago, and at that time Kaua'i was the mountainous regions of Lemuria. And we lived there mostly underground, and that's why I say that Kaua'i was my original entry point to this Earth.

SC: And did you feel an affinity with that place when you were there?

SS: Oh, absolutely. I knew from the time I was a little child that I was going to go to Hawai'i. I didn't know which island, but I knew, and I always felt drawn to go there. And so when I met, or got taken by my con artist, and my third husband picked me up and dusted me off, he said he wanted to take me to Alaska, I said, "Okay, I'll go with you for two years, but two years only, because I'm not a cold weather person. But I want to experience Alaska, I want to see the beauty and know what it's like."

So, two years to the day we were on the plane to Hawai'i. We got to Hawai'i, and my sister was living in Honolulu. We went island-hopping on a little plane, and when we got to Kaua'i, and I looked down, it looks like an emerald green stone, it's perfectly circular, sitting there in that blue ocean, and I knew immediately that that was my home.

SC: Wow.

SS: And I had some incredible, incredible experiences, extraterrestrial and spiritual experiences on the island of Kaua'i.

SC: So, tell me about some of those ET or extraterrestrial experiences.

SS: We had a summer home in what they call the Waimea Canyon, and there is the miniature grand canyon on Kaua'i, along with a beautiful forest Kokei. And we had our home up there. And I used to walk over to the edge of the canyon and spend the whole night sitting there. And all these incredible entities would come to me — little, short people, tall people, Hawaiians, you name it — they would come to me and talk to me. It was beautiful and I loved it.

After I came back there, after being gone to the mainland, I had felt a strange detachment for Kaua'i, and I didn't understand what it was all about. But I rushed back after being gone for six weeks to the mainland to be there for the harmonic convergence. And went that night back to the cliff, to sit there by the canyon, and none of my entities came to me! Nobody came to me. And I sat there all night, so I said, "Well, this is, this is ridiculous. I'm going to go and sleep in my own bed tonight, and the next night."

And so I did. And that night I had an incredible, incredible dream. And the first part of the dream woke me up. I was just in a dead sweat because I had seen myself standing in a long line of people with a gate, one of those ... I can't remember the name, what they call them, it looked like what they put around a penal security place, and there were dark, ominous buildings in the background....

SC: Like giant, electronic gates?

SS: Yeah. Yeah. And there were people standing there, writing down in ledgers. And I found out we were being checked into a home for the homeless. And that woke me up. And I couldn't handle that, and I woke up screaming. And I went to the bathroom, and was sitting on the pot, and all of a sudden this little light bulb went off and I remembered this book that I was reading called, *Dreams of the Projection of Consciousness*, that was written as it was a Seth book. And I remembered reading that part in there where you can go back into a dream and find out what it means, or change the dream.

And so I thought, gee, if I go back to bed, maybe that'll come. And so I did. I went back to bed, and I immediately started dreaming again, only this time I was in my school room that I had

been attending for eons. And my light beings, which look like luminous eggs, were sitting at the table, at a long table. And I walked up to them, and as I walked up this sparkly thing started sparkling out of the corner of my eye. And I turned my head, and there was Ramtha, all seven feet of him in his own body.

And he said, "Beloved lady, what you saw is your death. If you stay on the island of Kaua'i, you'll die there. You need to move to Washington. I'm going to start a school there..." This was the year before he started his school, that I had this dream. And he said, "And get your back in up against that mountain." And that's what I did. I woke up an hour later, feeling perfectly calm and cool and collected. When my husband got it I told him about the dream, and I said ...

SC: Because he was very spiritual and very connected as well, wasn't he?

SS: Yeah. Yeah, he was. So, anyway, he understood, and to make a long story short, 28 days later we were living in Washington.

SC: And when you were in Washington, you then spent the next 17 years doing two main things. One was that you attended the Ramtha Center regularly, where JZ Knight was channeling Ramtha. And you were involved in many, many courses, activities.

You also had a rather exciting ET experience, if I can put it that way, when you were 58. Tell me what happened.

SS: Well, I was in bed asleep, my husband was next to me, and all of a sudden I woke up and I was paralyzed. I could not move. I was on my back, and I couldn't even move a finger. Okay? And ...

SC: And you weren't scared? You weren't paralyzed with fear?

SS: No, I wasn't paralyzed with fear, I was just, "Oh, wow, I wonder what's going on?" And as ... I was laying there with my eyes open, and these small, little entities came right through the wall of my bedroom, my home, and then three tall, thin entities in white coats came in. Okay?

And they walked up to me, and telepathically they said to me, "Now, you have no fear. We're not going to hurt you." And they opened this box, or metal container that they had, and they took out this long object that looked sort of like a phallus. And they inserted it in me, okay, and when

they did that it caused me to have an orgasm like I have never, ever, ever experienced before
....

SC: [laugh]

SS: ... nor have I ever experienced it since! Okay? [laugh]

SC: So, does that mean it was good?

SS: Absolutely, it was like being caught up in bliss, in heaven. I mean, it was just ... and it just seemed like it went on and on and on, okay? And then they removed their equipment, and they put it back in this container, they sealed it, and it was like a glass type thing that they put it in, and turned around and walked out, back the way they came, right through the wall.

And I lay there for a few minutes, and I gradually —

SC: In the afterglow, I might add. [laugh]

SS: Yes. In the afterglow, absolutely, yes. Yes. And then I lay there for a little while, and pretty soon I was able to move, and I rolled over to look at my husband, and he was sound asleep, completely oblivious of anything that had happened.

Later, I dreamed, and my Andromedan family came to me in my dreams, and they explained to me that the reason why they induced the orgasm is because when you are caught up in that state of love it affects even the eggs in your body. The DNA will carry that memory of love.

SC: And you were never scared in that moment?

SS: No. No, they ... You know, it was really wonderful because they were really very reassuring. Telepathically they were letting me know that it was okay and I had no worries and no fears. They were not going to ... they were not there to hurt me. It's just that they felt that my seeds were invaluable and that it would help their race. And I think they kind of proved that with those two children that they had brought to me in my 40s, and showed me, you know, two of those four miscarriages. They ...

SC: Were your ET children. Do you — look in saying that, and in having experienced that moment as you so beautifully and candidly said, and you said it was the best orgasm you've ever had in your life, and ever since, does that make it all a bit disappointing now? [laugh]

SS: No, no. But I'm still always seeking for that ultimate mate. You know, there's nothing I would love better than to find somebody that is equal to me, that could walk equally with me. And I love the sexual union. I love it. I think it's beautiful. It's a beautiful, spiritual thing. And it would be wonderful if I could find a mate that walked equally with me and could share that sexual bliss that I felt.

SC: Well, according to you, you've got another 5,000 years to do that, so I'm sure that's going to happen.

SS: I do! I do! And I ... and I plan on having another guy when I'm 200.

SC: Good on you! [laugh]

SS: Yeah.

SC: Now, when you were living on Kaua'i you started up a company called Creative Communicators. And you were encouraging other lightworkers and spiritual warriors and starseeds to come to Kaua'i and speak and share their knowledge with the people you met.

You also then set that up when you moved to Washington, and you actually had people like some of my past guests, Suzy Ward, Scott Mowry. And what drove you to bring that company to fruition?

SS: Well, after I left my husband, I was living and running a center. And I saw a need for education to continue there, and so I was sponsoring educational communicators to do seminars and workshops there at the master center where I was directing. So, as a result of that, brought a lot of people. Suzy Ward was one of my guests

SC: But in bringing those speakers together you were still carrying out your mission.

SS: Oh, absolutely. Absolutely.

SC: So, in talking about what you've been talking about with your life, what about your own five children, how they see you, and how do you relate to them now?

SS: It was very difficult for me, because with the five children, as soon as I got involved with Ramtha, I sent each one of them The White Book, which is a book that tells all about Ramtha and his prior life. And they, they just for the most part couldn't handle it. My oldest son and my youngest son have both turned to Christianity. My second son is not into Christianity at all, and he leads a very materialistic life, although he's very happy and has three beautiful children. But they're not into anything metaphysical or spiritual at all.

My two daughters, the oldest one, she had an interest in it, but she got married, for her second marriage, and she said, "Mother, I can't afford ... I would lose my happy husband and my happy home."

My youngest daughter is the most spiritual of all of them, and even she does not know this. If they choose to listen to this, it's going to be a real awakening for them, because they don't know about my spiritual life.

SC: Are you serious?

SS: Yeah! I mean, they know that I'm involved with spiritual things, but they don't ... they have no idea the extent of this. They have no idea how ... how ... because they were born when I lived in a 3D period. And so, you know, I never introduced them to any of this. And when I tried to, they couldn't handle it. And so one of the things that Ramtha taught us which was so valuable, he said, "They are on their own journey, and you need to let them go and let them be on their own." And that's what I have done.

SC: So, will you be telling them about this radio interview today?

SS: Oh, yeah. I'm going to send them all a notice. I've already told my youngest daughter, who is the most spiritual of the bunch, and she's looking forward to viewing it. The other children aren't aware yet, but I will send them the link, and if they choose to tune in and listen, they can, and if they don't, that's okay.

SC: Okay. So, in light of all you've just told me, I'm gathering that you're just happy to do what you want to do, and if they come around to your way of thinking, that's nice, and if they don't, it doesn't matter.

SS: Yeah. Yeah.

SC: Yeah. So, be and let be.

SS: They had a hard time with the Ramtha School, but they knew that I became a better person because of it. They knew that. And they knew that they couldn't dictate to me what I was going to do. And I let them live their life, and they let me live mine.

The way they relate to me today is that they love me, and I love them, and I communicate with them by phone and by emails, but we don't talk about anything spiritual. It's strictly 3D conversations.

The grandchildren, my second-oldest son's oldest son came to visit last year. He insisted that his dad bring the family, and they came between Christmas and New Year's and spent a few days with me, and then he stayed behind. And I was able to talk to him and tell him a little bit about myself, but ...

SC: And was that good? And did it go down well?

SS: I think so. You know, I don't know. We haven't really discussed it too much. And I know that he is busy leading his own life. But I can't help but think that in a way I planted that seed, and that it's made him a better person because of it. Because I was very accepting of him, and he had rebelled against a very strict father.

His father is very much like my mother. He was very controlling. And Jake couldn't handle it, so he ended up leaving home, and lived ... actually lived in a van in a parking lot, as I understand it, for a couple of years.

SC: [laugh] So, so ...

SS: Before he went back home.

SC: So when you think of your children that don't necessarily know all this about you, is there a sadness there from you? Or is it just an acceptance that that's just the way it is?

SS: No, it's an acceptance, because they're all on their own journey. And like I said, that's one of the major things that I learned in the Ramtha School, is that everybody's on their own path, and you cannot interrupt that path. That's not your job.



SC: Well, speaking of that, what do you think's going on right now? I mean, we all know that Ascension is on the horizon, and we all have clues to December 21. What do you think's going on, and what do you think's going to pan out over the next few months?

SS: I know that everybody's going through some emotional changes right now, big fluctuations in their energy. And it's almost like they're on a roller-coaster. And the physical body is adjusting as well, with the pulses of energy, and aches and pains are felt throughout the body. And that's because there's a major shift underway.

And there's a property that's concerning the quickening. It's a time where telepathy and direct knowing will be standard for everyone, and we're seeing that we're moving into that era. Will be a time when truth comes forward, no more lying, because people will know the thoughts of others. And it will be a time when universal right and doing the right thing is the highest and best good for all. And that will take precedence.

It's not going to happen overnight. It is a process. And it's going to get very interesting. And we're going to shift into a position of love and compassion. And your body is becoming less dense, and your Earth body is shifting and expanding, and that's a good thing.

Ascension, to me, is not leaving this Earth, although there are people who will leave, and you'll have the opportunity to go back to your ... or ascend on to your own planet that you came from. But our Ascension, to me, is moving into fifth-dimensional consciousness. And everyone will be equal, and all the Starseeds and Lightworkers that have come here to assist in, you know, ushering in the new world, or if you want to call it the Garden of Eden, which I do, or the fifth dimension, they'll be givers of themselves as well as givers of all of their personal knowledge and assets.

And we're going to be filled with sharing and caring, and free energy's going to be available to all. And those of us that have not gotten to that point yet, that's where the creative communities will come in, because those starseeds and lightworkers that I've been contacting and working with, and all, will come. In fact I hope the people listening to this will be attracted to what I'm saying and will want to call me and say, "Yes, Suzy! I want to be involved." You know?

[laughter]

And I deeply look forward to that.

SC: So, what do you think you'll be doing by the end of this year? Because it was Dr. Langenburg who told you that you would be working together for round about 5,000 years. So, you've got a long way to go, baby! [laugh]

SS: Yes.

SC: What do you think you'll be doing by the end of this year?

SS: Well, by the end of this year, I'm just going to flow with it. And if it's time for the creative communities to be built, then the funds will be available. And it looks like that's going to manifest very soon.

SC: Do you sit there now and look back on your life to date, and go, "Well, that bit was a bit slow, and then this bit was fast, and now I feel like the world's awakened now," or do you really feel as though it's really coming alive in the last year or so?

SS: Oh, I think it's really come alive in the last year or so, exponentially. It's been gradually increasing. But you know the law says that when you start evolving and raising your consciousness that that has an exponential effect on others. So, I know Ramtha always used to say, the first shall be last and the last shall be first.

SC: How do you feel about the world at large, though, the world itself?

SS: The world itself? Well, I think that the consciousness has risen so sufficiently that all of the major Earth changes that were going to occur are no longer going to have to occur. They are occurring, as you know, and they will continue occurring, but nothing of the severity, in other words, we're not going to be wiped out, I don't think.

SC: Umm, umm. No, I don't think so either! I'm looking forward to a blissful future, to be honest.

SS: Absolutely. Absolutely. And, you know, you create your own reality. And so you can be in the middle of complete chaos and be at peace and in love, you know.

SC: Now, we talked about music

SS: I've always loved music. I've always loved singing. I do a lot of singing privately, but not publicly. And that's another story, but at any rate ...

SC: You told me that quite often you'd walk into a room and people would be singing, "If you knew Suzy like I knew Suzy...." And that's one of your favorite songs. I asked you to choose a song today to play at the end of the show, and you've chosen "On a Clear Day" by Julie Andrews, who many will know from The Sound of Music. So, can you tell me a bit about this song and why you chose it?

SS: Yes. Because if you listen to the words of the song, she said, "On a clear day you will see forever, and you will see who you are." And all of us are equal. We're all evolving at our own rate. And some of us are fully awake, some of us are getting awake, are on our path, and we're all on different paths of that journey to awakening. But we are all equal, and no one is better than another. We just may be further along the path, but that doesn't mean we're better.

And so, at some point in time you will wake up and you'll see who you are. And you'll know, just as I know, that you have been sent here on a mission. And your mission is to assist in making this a better world, a garden of Eden, if you will, okay?

SC: Um-hmm.

SS: That's what my creative communities are all about, and that's what I'm all about.

SC: Well, Su ...

SS: And that's what you are all about.

SC: [laugh] Well, Suzy, I have loved talking to you today. And of course if you're listening now you can find out much more about Suzy Star and her Creative Communities. That is at www.suzystar.net.

Meanwhile, this is Stephen Cook, and as always, in everything you do this week may you only serve the Light Agenda. And here is Suzy Star's music choice, "On a Clear Day" by Julie Andrews.

Suzy Star, I hope to see you around for another 5,000 years, my dear.

SS: And you will.

SC: [laugh] Well, in fact, I'm sure! And thank you so much for today.

SS: And thank you. You're a wonderful, wonderful Lightworker and Starseed, and I feel honored that you chose to interview me and allow me to tell my story.

SC: Well, I'm honored that you chose to come and tell it with me, and ditto back at ya', kid!

SS: Thank you.

SC: Lots of love.

SS: And you also.

[Music - Julie Andrews - "On A Clear Day"]



Suzy Star's Creative Communities