

Soul Contracts

by

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Soul Contracts
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What is a Soul Contract?



These days we're hearing the call to serve more and more often. The Galactic Federation through Greg Giles said recently: "Many of you have come from distant star systems and even galaxies, and you are here now at this time to do whatever it is you do to assist in this birthing." (1)

The GF through Blossom Goodchild asked us the same day if we were ready:

"Have you been rehearsing lines and are now ready to perform? For indeed it is very soon to be a time when veils are lifted and one's strength must carry them through.

"Are you ready for this change? Are you ready to step into position and claim knowledge of all that you are? Standing ground upon your planet Earth. Standing up for/to all your hearts KNOWING?

"Can you say in your Truth when you ask your heart 'YES I AM READY'? Because it is NOW ... in these days that are just around your corner that you will need to KNOW that you are indeed in the position that you have been awaiting."
(2)

This is strong stuff. Most of us still may not know why we're here. For us statements like these may come as a bit of a surprise. On what basis are they being made?

They are being made on the basis that we have set out for ourselves a soul contract, incarnational agreement or life plan. We do this in every life, but the soul agreement for this lifetime is more special than that for any other. Let's look at soul contracts in general and, then later, at those made for this lifetime.

SaLuSa tells us that “life is quite orderly inasmuch that every individual has his or her own plan.” (3) However, not many people know about their life plans, Matthew Ward tells us: “A relative handful of Earth’s peoples know about soul contracts.” (4)

In reality, SaLuSa says, there is very little in our lives that is out of proportion or coincidental. All is covered in our pre-birth agreement.

“You may feel that many of your experiences are uncalled for, but we assure you that they are all connected with your life plan. Have you not been made aware that there is no such thing as coincidence, and that is the reason why they are so important to you? Naturally some coincidences appear of no real significance, and may be of minor importance. However, where you experience the harsh reality of life, it is for your spiritual understanding and development.” (5)

Saul agrees and tells us that knowing this should induce us to embrace all that happens in our lives.

“When life throws you a curved ball, embrace it! Nothing in your life happens by chance; every event you experience has been planned and has a purpose. However, while you remain immersed in the illusion, it is very difficult for you to perceive this, let alone understand what it is trying to show you. This is OK!

“You planned your life paths *very* carefully prior to incarnating to provide you with the lessons you chose to learn, *knowing* that when they occurred you would not understand them. Within your limited state of human consciousness, understanding of that order is impossible because the lives of all humans affect each other in myriad incomprehensible ways.” (6)

We make our soul contract before we are born, SaLuSa says: “Life plans are agreed before you come into your earth body.” (7) Almost all situations and relationships are planned, Archangel Uriel tells us, though our responses and their outcomes are left to our free will.

“The soul and ego create an agreement for each lifetime in which the soul provides the opportunities for learning and healing that the ego agrees to complete. There is no final agreement as to the outcome for that is within the realm of the ego and free will.” (8)

After birth, our free will plays the dominant role, SaLuSa says.

“We hear some question where freewill comes in, but there would be no plan unless you exercised it prior to incarnating. Freewill is still your prerogative, but having agreed a plan for your life you are drawn to those people and experiences that will help fulfill it. Your Guides are also very active in keeping you on track, but the final word is with you.” (9)

In each lifetime we decide what weakness or unlearned lesson we wish to tackle, SaLuSa tells us. We may return to the situation repeatedly until we learn its lesson.

“You will agree to what is needed to overcome any weakness that you may have had, and set up another challenge in this or a subsequent life.

“Each time you will expect to achieve success, but will try yet again if necessary. You agree to such testing through your Higher Self, and are aware of the need to progress spiritually. Because of duality and your many lives experiencing the dark side you constantly experience so many different challenges that often you can face the same problems several times in any one lifetime.” (10)

Matthew Ward explains how we incarnate with our missions known to us, but then forgetfulness sets in.

“As a part of Creator’s essence via the God of this universe, every soul incarnates light-filled and with specific missions that it chose prior to birth. The infant knows its godself and the missions in its lifetime soul contract, but all memory of that knowledge is forgotten as the baby adjusts to a dense body and

adapts to parental expectations; as the child grows older, it encounters influences from other authority figures, too, and peers.” (11)

Saul explains why a veil of forgetfulness is made to descend on us.

“If you had knowledge of that it would be impossible for you to follow your chosen path because you would be constantly concerned about your standing and your effect on your group. Your paths are all perfectly planned so that the necessary interactions will occur at exactly the right moment, allowing you total freedom to choose an appropriate response in the moment, as it occurs.” (12)

But, deep down, the soul remains knowledgeable of its mission and mirrors back to the ego the information it needs via the conscience, intuition or inner voice.

“The forgetfulness, which is at conscious level only, is part of the grand design that offers the person learning experiences; and all along the way, the soul sends messages to the consciousness in the form of conscience, intuition, instinct and other types of guidance in accordance with contract choices.

“Persons who heed those messages live true to their lifetime purpose and retain their light. The light starts to dim in those who ignore their souls’ messages, and if they continue to pay no heed to that guidance, they stray farther and farther from their chosen missions and their light keeps diminishing until only the spark that is their life force remains.” (13)

Unfortunately there is no way for us in 3D to know if another has departed from his or her soul contract or whether they are living it out to the letter, Matthew says.

“You have no way of knowing if that is what has happened to someone or if that person is following the soul contract to the letter by providing opportunities for others to complete third density karma and continue their soul evolvment.” (14)

The galactics, masters and celestials know better than to judge those who are working out their life’s lessons, SaLuSa informs us.

“There is no judgment at the higher levels, and we simply see beautiful souls making their way back to the Light. The whole purpose of being in duality is to grow through experience, so why indeed should anyone’s choice be looked upon as different to anyone else’s?”

“Your lives all carry responsibility and your actions are accountable for by you, but once cleared karmically there are no recriminations. Remember that experiences are set up with souls that have all agreed to play out their respective roles. Someone has to take the part of the dark Ones, and believe us Dear Ones – you have all acted on both sides.” (15)

Accountability comes after death in an event in which we judge ourselves, he tells us.

“Be assured that when you pass over and return to the astral planes, you will clearly understand all facets of your life. You will review your life, and this can be a sobering time when you find out how well you have done where your life plan was concerned. The vibrations of Earth dull your senses, and it is not until you rise up higher that you can fully grasp the purpose of life on Earth.” (16)

Our lives are structured, SaLuSa says, so that it’s easy for those with the ability to see whom we will meet but now how we will respond.

“Events can be foreseen way ahead, so it is easy enough to place you where it is of the most benefit. Life seems complicated but in reality it is quite simple, as you will always find yourself to be in the right place. It is much the same with the people that enter your life, as that is also by arrangement and agreement.” (17)

Among the details that our life plan determines is our span of life, SaLuSa says.

“Each of you have a specific life span which can be re-negotiated, but normally when your time of completion is reached you are ready to return to the higher dimensions. Bear this in mind when your loved ones or friends leave the Earth

plane, and be happy for them. They have not gone from your lives forever, and soul groups will come together time and time again.” (18)

On rare occasions, we can amend our soul contract, Matthew explains:

“A petition to amend one’s soul contract is done at soul level, because only at that level can it be known if the person’s life circumstances are harsher than the experiencing chosen prior to birth. It is on the basis of excessive suffering that the petitions are granted.” (19)

Having heard these general discussions of soul contract, perhaps we can now understand what Melchizedek meant when he said: “You who read this are Ones who chose to be here in order to anchor the Light upon the Planet in preparation for these times.” (20)

Or SaLuSa:

“You chose to be here to experience it, and be part of the final chapter in the cycle of duality. Many, many souls sought such an opportunity, but your presence means that you were more suited to the occasion and brought with you a wealth of experience.” (21)

“You are here,” Ag-Agria tells us, “to play out a role you have agreed to follow.” (22)

As we near the end of this cycle, the increasing levels of light are burning away the veil of forgetfulness, the Spiritual Hierarchy through Lauren Gorgo tells us.

“All that no longer serves your higher path has been melted away by the sheer magnitude of your increasing light quotient so that you may fully access and implement your divine blueprints of service.” (23)

Starseeds here to serve as lightwarriors, lightworkers and lightholders are awakening in increasing numbers, she says.

“Those who held contracts to serve as the warriors, path-pavers and way-showers are approaching clear remembrance...the awareness and certainty of their connection to Source first through extraordinary clarity of thought, unwavering focus, increasing present-centered perception, and the ability to hold and maintain mental and emotional balance.” (24)

Many Starseeds will pass by the opportunity for early Ascension to remain at their post, or ascend and then return, Archangel Michael says, choosing to remain and serve out our roles.

“Opportunities will be forthcoming for ascension, and the ascension waves are forthcoming. But many will choose to stay and fulfill their missions and contracts. And know, dear children, that you are the ones to fulfill these roles.

“These roles are engraved or emblazoned in your DNA, the cells of your body and your memory banks. You have but only to will yourself to awaken and when you are in touch with your Higher Selves you will wake up and you will remember, if that be your will to do so, in divine timing. ...

“You are the trailblazers of the Golden New Earth, and you are the beacon of light that shines through the dark. You are the leaders and many will follow you. You will lead the way. All you brave ones and the ones that have come before – the pioneers, the way-showers – will mark the way for others that will follow you. They will follow in your footsteps and know that the path is golden.” (25)

His exhortation is rousing

“You are Christed beings. And we ask that you beam your light outwards and know that the path is emblazoned in glory, that the path is emblazoned with truth and light and wonder and joy and magic, co-creativity, unconditional love, enlightenment, courage and strength this day.

“It is time to harvest what you have sown, the investments that you have made, and the light and Christ Consciousness that you have anchored as a Unity Collective Consciousness. The Goddess is here – the Universal Goddess and its time to harvest – to harvest the souls to awaken and re-member.

“And the harvest will be borne of Cosmic Christ Consciousness and Unconditional Love which will be dispensed from one heart to the other, and the path will be paved with heart. We ask that you walk the walk and the path with heart, and do everything from your heart, from a heart filled with Golden Unconditional Love.” (26)

Anyone who remains asleep he cries out to wake up.

“And like Rip Van Winkle in the rhyme, it is time to awaken and arise from your slumber and realize that a revolution awaits you, not just an American Revolution, but a Global Revolution. Claim your divinity and claim the golden revolution, for it is nigh.” (27)

When Starseeds finish their mission, they may feel drawn to their home planets, SaLuSa tells us.

“Some of you will eventually return to your home planet which may even be beyond your solar system, or in some instances in another Universe. Do not worry about leaving your beloved Earth, as your true home will draw you like a magnet. Meantime you have some matters to settle here on Earth, and see out this cycle.” (28)

So this is the backdrop against which the call to service is being made. We Starseeds and Lightworkers have stipulated in our soul contracts or life agreements that we would come and serve as lightwarriors and lightworkers, wayshowers and pathpavers, to a generation whose fate was to ascend from duality into unity at the end of this cycle. Many of us have spent lifetimes preparing for the events due soon.

Most of us came from higher dimensions and distant planets. This celebration is not for us *per se*, but for the terrestrials that we serve. We have had our celebration lifetimes ago and have volunteered this lifetime to attend to the welfare of others. Once we've done our duty, we can return to our spatial and dimensional homes for a rest, until the next time the call comes that we're needed.

Footnotes

(1) The Galactic Federation through Greg Giles, March 26, 2012, at <http://ascensionearth2012.blogspot.ca/> For much more detail on the timing of the call and our training, see Greg's message at <http://the2012scenario.com/2012/03/message-from-the-galactic-federation-of-light-march-27-2012/>.

(2) The Galactic Federation through Blossom Goodchild, March 26, 2012, at <http://www.blossomgoodchild.com/>.

(3) SaLuSa, July 14, 2010, at http://www.treeofthegoldenlight.com/First_Contact/Channeled_Messages_by_Mike_Quinsey.htm

(4) Matthew's Message, Feb. 7, 2009, at <http://www.matthewbooks.com/mattsmmessage.htm>

(5) SaLuSa, Aug. 9, 2010.

(6) Saul, May 6, 2010, at <http://johnsmallman.wordpress.com/>

(7) SaLuSa, May 19, 2010.

(8) Archangel Uriel, "The Soul and Ego Agreement," Nov. 10, 2010, through Jennifer Hoffman, at <http://www.urielheals.com/>.

(9) SaLuSa, Sept. 18, 2009.

(10) SaLuSa, Jan. 5, 2011.

(11) Matthew's Message, Sept. 11, 2010.

(12) Saul, May 6, 2010.

(13) Matthew's Message, Sept. 11, 2010.

- (14) Matthew's Message, Sept. 11, 2010.
- (15) SaLuSa, Aug. 27, 2010.
- (16) SaLuSa, April 3, 2009.
- (17) SaLuSa, Oct. 4, 2010.
- (18) SaLuSa, Sept. 14, 2009.
- (19) Matthew's Message, Sept. 21, 2009.
- (20) Melchizedek, through Marlene Swetlishoff, March 14, 2012, at <http://www.therainbowscribe.com>.
- (21) SaLuSa, Nov. 4, 2009.
- (22) Ag-agria, Mar. 25, 2009, at http://www.treeofthegoldenlight.com/First_Contact/Channeled_Messages_by_Mike_Qui_nsey.htm
- (23) Spiritual Hierarchy, Dec. 9, 2008, through Lauren Gorgo, at <http://www.lightworkers.org/channeling/58640/may-path-be-paved-no-longer-spiritual-hierarchy>.
- (24) Lauren Gorgo, "Emerging from the Cocoon, Embracing Divine Love," Aug. 14, 2009, at www.ThinkWithYourHeart.net.
- (25) Archangel Michael, You are the Trailblazers of the Golden New Earth, Dec. 10, 2008, through Elanthra, at <http://www.lightworkers.org/channeling/59156/aa-michael-you-are-the-trailblazers-of-the-golden-new-earth>.
- (26) Loc. cit.
- (27) Loc. cit.
- (28) SaLuSa, Oct. 21, 2009.

Understanding Soul Contracts – Part 1



I've recently discussed (1) how the overall purpose of life is for us to know ourselves as God. That's our primary assignment. All that happens to us through lifetime after lifetime is designed to assist up to know our true identity.

We know that identity through the experience of enlightenment so it could be said, as a kind of shorthand, that enlightenment is the purpose of life.

All life forms were created to give the Formless One, the All That Is and One without a second, the opportunity to experience Itself. Whenever a life form realizes its true identity, God meets God.

Everyone has a life plan

Each lifetime we agree before birth to take on a specific learning task. Our teachers call this assignment we give ourselves our "soul contract," "blueprint," or "life plan."

SaLuSa tells us that "every individual has his or her own plan." (2) "You have a life contract," he says, "of which very few are personally aware and have seen into the future and planned it accordingly." (3) According to Matthew Ward also, only "a relative handful of Earth's peoples know about soul contracts." (4)

According to SaLuSa, "life plans are agreed before you come into your earth body, and your Guides will do everything in their power to ensure you complete your incarnation successfully." (5) When we've completed our life plan, he tells us, we leave Earth.

"Normally when your time of completion is reached you are ready to return to the higher dimensions. Bear this in mind when your loved ones or friends leave the

Earth plane, and be happy for them. They have not gone from your lives forever, and soul groups will come together time and time again.” (6)

Some time after death, we sit down again with our guides and review how we did, in an event generally known on the other side as “the Judgment.” (7) Later in this series, I’ll be showing 20th Century psychologist Frances Banks going through the Judgment in the astral planes. (8)

Thus our soul contracts determine what situations are brought to us but not how we’ll respond. In fashioning our response to these given situations, we grow in knowledge of ourselves.

Sometimes it may take us a series of lifetimes to learn one specific lesson, SaLuSa informs us, but learning it “moves you on and adds to your spiritual understanding.” (9) Some teachers call this soul contract a “blueprint.” For instance, here is Damur of Antares telling us that we carry our blueprint inside us.

“Your original divine blueprint lies within you and has always been within you. It carries the answers to everything. Yes, everything is within. You are the answers to your questions. And you helped to design the Grand Plan that you find yourselves in.” (10)

One occasion on which the discussion of soul contracts arises is when we consider the events of our lives and wonder if coincidence plays a role. Saul says: “There are no accidents or coincidences. Every occurrence and every opportunity that you experience during Earth life has been prepared or allowed for before you incarnated.” (11)

SaLuSa concurs: “As you can clearly understand, you are all in here to learn through your experiences and nothing comes your way by pure chance.” (12) Every aspect of our lives is planned, he says. (13) We may feel that many of our experiences are uncalled for, but “we assure you that they are all connected with your life plan.” (14)

“Where you experience the harsh reality of life,” SaLuSa reminds us, “it is for your spiritual understanding and development.” (15) The galactic and spirit teachers can see what events lie ahead of us, he reveals.

“Events can be foreseen way ahead, so it easy enough to place you where it is of the most benefit. Life seems complicated but in reality it is quite simple, as you will always find yourself to be in the right place. It is much the same with the people that enter your life, as that is also by arrangement and agreement.” (16)

For these reasons, Saul encourages us to embrace situations in our lives which seem like curve balls.

“When life throws you a curved ball, embrace it! Nothing in your life happens by chance; every event you experience has been planned and has a purpose. However, while you remain immersed in the illusion, it is very difficult for you to perceive this, let alone understand what it is trying to show you.” (17)

SaLuSa explains these curve balls as karma and says they again are part of our life plan. “Only karmic reasons would result in you being pulled off course, and if it happens know that it is part of your life contract that you have already agreed upon.” (18)

We forget about our soul contract when we incarnate

One circumstances that makes the existence of soul contracts hard to imagine is the fact that everything that happens prior to birth is forgotten once we incarnate. Saul describes the situation we find ourselves in.

“You planned your life paths carefully prior to incarnating to provide you with the lessons you chose to learn, knowing that when they occurred you would not understand them. Within your limited state of human consciousness, understanding of that order is impossible because the lives of all humans affect each other in myriad incomprehensible ways.” (19)

I've been outside my body and know how dense the physical vehicle is. Its density alone makes it difficult to bring back spirit remembrances and is one factor in why we forget our soul contract, as Matthew lays out. But the soul continues to send hints to the individual of what constructive choices might be.

“Every soul incarnates light-filled and with specific missions that it chose prior to birth. The infant knows its godself and the missions in its lifetime soul contract, but all memory of that knowledge is forgotten as the baby adjusts to a dense body and adapts to parental expectations; as the child grows older, it encounters influences from other authority figures, too, and peers.

“The forgetfulness, which is at conscious level only, is part of the grand design that offers the person learning experiences; and all along the way, the soul sends messages to the consciousness in the form of conscience, intuition, instinct and other types of guidance in accordance with contract choices.” (20)

He referred to the situation on another occasion.

“Each infant, whether perfect in form and brain power or with flawed physical make-up or what you call ‘mental retardation,’ is born with a lighted soul, or the Christ consciousness and full awareness of pre-birth choices. That soul-level awareness remains in the most severely ‘mentally retarded’; and in people with healthier brains, the awareness recedes with adaptation to functioning in a dense body and external influences such as parental training, peer pressure, academic and religious teachings and societal philosophies. Spiritual growth is extricating self from external influences and ‘going within’ so messages from the soul can reach consciousness.” (21)

If we had full knowledge of our soul contract, our place in the group, and the events of other lifetimes, we might find that awareness overwhelming. We might be paralyzed by all the considerations we face, as Saul informs us,

“If you had knowledge of that it would be impossible for you to follow your chosen path because you would be constantly concerned about your standing and your effect on your group. Your paths are all perfectly planned so that the necessary interactions will occur at exactly the right moment, allowing you total freedom to choose an appropriate response in the moment, as it occurs.” (22)

Forgetting then is a mercy that allows us to play out the events of this lifetime creatively and with the greatest chance of learning from them.

(Continued in [Part 2](#)).

Footnotes

(1) The recent discussion is “The Game of Life” at <http://the2012scenario.com/16244-2/the-game-of-life/> See also “Life No Matter Where No Matter When,” at <http://the2012scenario.com/16244-2/life-no-matter-where-no-matter-when/> and “To Know God is the Purpose of Life,” at <http://the2012scenario.com/16244-2/to-know-god-is-the-purpose-of-life/>

(2) SaLuSa, July 14, 2010
http://www.treeofthegoldenlight.com/First_Contact/Channeled_Messages_by_Mike_Quinsey.htm

(3) SaLuSa, Oct. 21, 2009.

(4) Matthew’s Message, Feb. 7, 2009 at
<http://www.matthewbooks.com/mattsmessage.htm>

(5) SaLuSa, May 19, 2010.

(6) SaLuSa, Sept. 14, 2009.

(7) See “The Judgment: Evaluating Our Lives After Death,” at <http://the2012scenario.com/2010/09/17/the-judgment-evaluating-our-lives-after-death/> ; “SaLuSa on Soul Contracts and the Judgment,” at <http://the2012scenario.com/2010/09/18/salusa-on-soul-contracts-and-the-judgment/> “The Review vs. the Judgment,” at <http://the2012scenario.com/2010/09/20/the-review-vs-the-judgment/>

(8) Matthew Ward’s treatment of the “lifepoint review” is very similar to Frances Bank’s treatment of the blueprint review. See Matthew’s views at

<http://the2012scenario.com/2010/09/18/the-judgment-matthew-ward-on-the-lifeprint-review/>

(9) SaLuSa, Aug. 9, 2010.

(10) Damur of Antares, May 28, 2009, through Zilanthrah, at <http://www.telepathycourse.com/zilanthra/damur-of-antares-through-zilanthrah-05.-28.-09.html> .

(11) Saul, July 22, 2009 at <http://johnsmallman.wordpress.com>

(12) SaLuSa, May 19, 2010.

(13) SaLuSa, Sept. 18, 2009.

(14) SaLuSa, June 15, 2009.

(15) SaLuSa, Aug. 9, 2010.

(16) SaLuSa, Oct. 4, 2010.

(17) Saul, May 16, 2010

(18) SaLuSa, Sept. 14, 2009.

(19) Saul, May 16, 2010.

(20) Matthew's Message, Sept. 11, 2010.

(21) Matthew's Message, Dec. 21, 2008.

(22) Saul, May 16, 2010.

Understanding Soul Contracts – Part 2



(Continued from [Part 1](#))

Knowing about soul contracts helps us to understand suffering

It's possible that the discussion of soul contracts would not arise were it not for a felt need to interpret tragedy and suffering. One area in which the subject arises, for instance, is around Earth

changes. SaLuSa turns to the explanation of soul contracts to explain why some people suffer as a result of them.

“Naturally Earth changes will impinge themselves upon you depending on where you live. Be assured however, we are fully aware of the likely results and are always present to lessen damage to life and limb. However, Mother Earth like you has a cleansing to carry out, and it is inevitable that some of you will get caught up in it. You will be found where it is intended that you be for the end-times, and you will have known this before you incarnated.” (1)

“We would remind you that where lives are put at risk and lost, the manner in which such souls leave Earth is part of their life contract. Many of you find that difficult to understand.... The trauma of violent death is short lived. Soon after they reach the other side, where loving helpers attend them until their emotional reaction is healed.” (2)

A second circumstances that results in discussions of soul contracts is in the explanation of lives of deprivation and desperation. These too are for our soul's growth, Matthew Ward says.

“Prior to peace and harmony prevailing throughout Earth, many, many souls will leave due to the same causes as now—disease, starvation, injuries in wars and other types of violence, geophysical events—so the population will continue to decrease from those means.

“As sorrowful as these deaths may seem, the adversity that the souls experience beyond their pre-birth agreements gives them leaps forward in soul growth. They will greet their return to Nirvana knowing that if they choose another Earth lifetime, it will be in the splendor and glory of a revitalized world and the abiding love among its inhabitants.” (3)

Matthew discusses soul contracts in some detail when he directs his attention to radioactivity, particularly depleted-uranium poisoning. Matthew here speaks to his mother, Suzy, who is his channel.

Suzy: “Matthew, excuse me, but did all the people who are now or will be later affected by this radioactivity choose this in their soul contracts?”

Matthew: “The children and adults whose original contracts call for debilitating illness and relatively short life span did not necessarily specify radiation poisoning as the cause of their chosen experiencing, but it serves the purpose of those contract provisions.

“Infants born with severe physical and mental defects choose this very brief embodiment to complete third-density experiencing, and if their parents’ contracts do not include this kind of grief and hardship, they may amend them to permit the souls to come through; if they choose not to, then abortion, miscarriage or stillbirth result, and there is no judgment of any of these souls.

“The infants and parents whose third-density experiencing is being completed via the effects of radioactivity know at soul level that their next embodiment will be in fourth density, or higher in the cases of the more evolved souls who come in as

the “volunteers” I spoke of in my last message. Thus all of these souls are moving forward in their evolution as they are suffering consciously.” (4)

In this instance, Suzy continues to hold herself back from accepting Matthew’s explanation. The resulting discussion sheds light on planetary karma.

Matthew: “Mother, by wondering why any soul needs to endure such traumas as these and the genocide, starvation, AIDS or suffering from any cause, you are resisting my many explanations that it is needed to balance other lifetime experiencing.”

Suzy: “Why didn’t this need for balance end long ago?”

Matthew: “Earth still is operating in the time your civilization devised for past, present and future, whereas in the continuum the ones whom you know are suffering are simultaneously causing or ignoring the pain of other souls and also they are flourishing in abundant health and joyfulness — their ‘past’ and ‘future’ lifetimes in third and higher densities respectively.

“Also there is the planetary karma that every soul on Earth knows about before birth and chooses to play a role in fulfilling. The plight of those living in heart-rending circumstances has stirred compassion worldwide. The light in those feelings and in the actions they motivated are helping to lift Earth out of third density, where the negativity of darkness thrives.” (5)

These points about suffering may not be easy to hear, but the fact that they are difficult to hear does not detract from the fact that they may very well be true.

Finally, we are not left to accept our karmic situation without hope of adjustment. SaLuSa and Matthew tell us that our soul contracts can be renegotiated and amended if our suffering is too great for us to bear.

SaLuSa: “Each of you have a specific life span which can be re-negotiated.” (6)

Matthew: “A petition to amend one’s soul contract is done at soul level, because only at that level can it be known if the person’s life circumstances are harsher than the experiencing chosen prior to birth. It is on the basis of excessive suffering that the petitions are granted.” (7)

Free will and the soul contract

How does free will relate to the determinism of the soul contract? SaLuSa confirms that we have free will by Divine Command: “Dear Ones, God has given you freewill and therefore ‘allows’ whatever you choose to experience.” (8)

“Freewill is a gift from the Creator that is sacred and covered by the Law of Attraction. Human beings sometimes blame others or God for their experiences, but in truth they are attracted to you by your thoughts and actions. How else could freewill operate?” (9)

Our life plan represents choices we already made prior to incarnating, he reminds us: “Your progress is in your own hands but as we often remind you, the pathway you chose is one that you have decided upon. That is in accordance with the freewill you have been granted, so that you are not restricted in your choices.” (10)

Thus the situations we face we freely chose and now we also choose how to respond to them. Says SaLuSa:

“We hear some [people] question where freewill comes in, but there would be no plan unless you exercised [free will] prior to incarnating. Freewill is still your prerogative, but having agreed a plan for your life you are drawn to those people and experiences that will help fulfil [the plan]. Your Guides are also very active in keeping you on track, but the final word is with you.” (11)

Having chosen our life plan prior to birth, we are now subject to that choice. Because we have no recollection of having chosen our life plan, we have no experience of free

will around the events that occur in our lives. But SaLuSa tells us that indeed we did choose these events.

Sometimes the free will of another takes precedence over our free will. For instance, Matthew says, the free will of the planet to ascend may take precedence over our own desires.

“Previously the law of the universe most directly applicable to this situation [Earth's ascension] is the one that decrees that no civilization of light beings may interfere with the free will choices of another world’s population, and that law certainly hasn’t been changed! What *has* changed is that Earth’s new free will choice to ascend at her desired pace is taking precedence in being honored by God and by extension, the advanced civilizations that are helping your planet.” (12)

“The light brotherhood observe the laws of the universe which include that only if a soul requests help, may another civilization provide it. Earth herself asked and is receiving accordingly.” (13)

“More than half a century past, Earth’s soul cried out for help so her planetary body would not perish, and it is her free will to survive that God is honoring through the cooperation of light beings within, on and beyond the planet.” (14)

Therefore we have free will now and can respond as we like to events that we freely chose to experience before birth.

Another circumstance that seems to impinge on free will is the automatic, rigid responses we have to certain events. We’ve discussed on many occasions that, in the face of painful circumstances, we often make choices so strong that they operate as what Lisa Renee on occasion called “control programs” which I have called “vasanas,” or reactive habit patterns. (15) Lisa tells us that these also are part of the “incarnation blueprint” that we bring into this life.

“The control program is part of the incarnation blueprint and will have influences such as magnetic imprints (astrological configurations) that control how the consciousness perceives through its own lens, such as its personal likes or dislikes.

“This is similar to a ‘train track’ that keeps the consciousness of the being moving forward in the lifestream with some kind of directional impulse. This is chosen before birth and is considered as a part of your 3D birth agreement and it is the blueprint of your physical consciousness.” (16)

Some control programs are constructive and wholesome and some are not. Part of our life plan will be to complete those that are not.

Once upon a time we would have explained the situations we meet in life as simply “karma” and all our responses as being “free will.” But we can see that the subject is not quite as simple as that. The situations we meet in life are determined by a soul contract or life plan that we negotiate with ourselves prior to birth and our responses are determined not only by free will but also by control programs or vasanas.

Our life plans become a subject for discussion mostly when we hit inexplicably-tragic circumstances. Our control programs become a subject when we find ourselves behaving in ways that bring us and others pain rather than pleasure.

Footnotes

- (1) SaLuSa, Aug. 6, 2010, at http://www.treeofthegoldenlight.com/First_Contact/Channeled_Messages_by_Mike_Quinsey.htm
- (2) SaLuSa, Oct. 29, 2008.
- (3) Matthew Ward, "Essay on 2012," Dec. 31, 2007, at <http://www.matthewbooks.com/mattsmmessage.htm>
- (4) Matthew's Message, Apr. 28, 2006, at <http://www.matthewbooks.com/mattsmmessage.htm>
- (5) Loc. cit.
- (6) SaLuSa, Sept. 14, 2009.
- (7) Matthew Ward, Sept. 21, 2009.
- (8) SaLuSa, Oct. 26, 2009.
- (9) SaLuSa, Sept. 18, 2009.
- (10) SaLuSa, Apr. 16, 2010.
- (11) SaLuSa, Sept. 18, 2009.
- (12) Matthew's Message, July 16, 2004.
- (13) Matthew's Message, Feb. 8, 2004.
- (14) Matthew's Message, May 7, 2004.
- (15) On "vasanas," see the series "Time to Complete old Issues," beginning with <http://tinyurl.com/2dheoov> and "Deconstructing 'Me,' Removing the Masks," at <http://tinyurl.com/2falpkx>
- (16) Lisa Renee, "The Still Point," Energetic Synthesis, April 2009, at <http://spiritlibrary.com/energetic-synthesis/the-still-point>

Understanding Soul Contracts – Part 3



So far we've looked at what our soul contract is, how we forget it once we incarnate, whether there are accidents in life, how our responses are affected by our control programs, and how we discuss our soul contracts most often in the face of tragedy or unwanted conditions.

Now I'd like to turn to a consideration of the relation between soul contracts and the light and the various roles we agree in our contracts to assume.

So long as we follow our life plan, Matthew Ward advises us, our light will remain bright.

“Persons who heed those messages [from the soul] live true to their lifetime purpose and retain their light. The light starts to dim in those who ignore their souls' messages, and if they continue to pay no heed to that guidance, they stray farther and farther from their chosen missions and their light keeps diminishing until only the spark that is their life force remains.” (1)

But many of us have no idea of our soul contract and so respond to another person's darkness with darkness of our own. Archangel Uriel advises us.

“When the ego forgets its soul agreement its journey becomes 'soul-less', without the soul's partnership. It tries to battle the darkness with its own darkness instead of connecting to the light within. Then life becomes a journey of fear, lack and confusion. What is missing is the light of the soul, which is available to the ego when it is willing to share the journey and to be open to the possibility of life beyond fear, because by itself it is not aware of that as a potential.” (2)

What we have to do is to listen to the soul's promptings, the inner voice, to discover what the soul has in store for us through the events that we're encountering.

“What you can become is the promise of the soul when you allow it to participate on your journey and co-create your healing journey. What messages does your soul have for you about its promise of fulfillment? Ask this question and you will receive the answers you need to move beyond the ‘soul-less’ life to one that fulfills the soul's promise of love, joy, peace and fulfillment.” (3)

Different people agree through their soul contracts to play the roles of lightworkers and darkworkers, for the learning of the group, SaLuSa says: “Remember that experiences are set up with souls that have all agreed to play out their respective roles. Someone has to take the part of the dark Ones, and believe us Dear Ones – you have all acted on both sides.” (4)

Some people agree to play the role of perpetrators and others of victims, again for the learning of the group, he adds. (I said in a recent article on karma that I don't personally comment on this subject, but I will reproduce what the ascended masters say on it.)

“There are amongst you people who have been wronged as you would interpret it, and do consider themselves ‘victims.’ However, this is all by arrangement and you are a willing partner to the karma being played out.

“No matter how severe the circumstances, the fact remains that you were aware of your agreed life plan before you incarnated on Earth. Many will argue against it, convinced that they could not have agreed to suffer or indeed see others suffer.” (5)

Usually those who agree to play the role of victim do so to provide others with an opportunity to exercise compassion, St. Germain explains: “Some of you have taken on karma that will necessitate that you experience need, and you carry this burden so that others can respond.” (6)

Some agree to experience lifetimes of deprivation to complete their karmic education and graduate from Third Density, Matthew tells us.

“Please remember that some of what you see that is worrisome, even abhorrent to society—violence in any form; theft; drugged children and adults, whether by prescription or ‘illegally’; unjust laws and fraudulent convictions; growing numbers of homeless and unemployed; torture; school dropouts—is ‘perpetrators’ and ‘victims’ completing karmic lessons so they never again have to experience third-density lifetimes.” (7)

Often we may stop and wonder if another person is following their soul contract or not. As long as we remain in dense physical bodies, Matthew tells us, we may not have the depth of insight to determine this question: “You have no way of knowing ... if [a] person is following the soul contract to the letter by providing opportunities for others to complete third-density karma and continue their soul evolverment. (8)

Those who take their dark roles much farther than they agreed to in their contract are most in need of our prayers, Matthew advises us: “The dark-minded ones whose intentions and actions are way outside their soul contracts are in the most desperate need of the light in prayer—prayers for Earth and all of her life forms is one of the most valuable contributions anyone can make.” (9)

The impact of the rising light energies around Earth is to melt away our control programs and vasanas, the “Spiritual Hierarchy” through Lauren Gorgo tell us, leaving us better able to access our divine blueprints of service: “All that no longer serves your higher path has been melted away by the sheer magnitude of your increasing light quotient so that you may fully access and implement your divine blueprints of service.” (10)

Lisa Renee agrees.

“Many of us have come to a Full Circle with our birth agreements (Blueprint of our incarnation or spiritual purpose) with this planet and hence this is a time of

experiencing completion. Completion and endings of an Identity in the world, including the belief systems, values and images that others have held of who they think you are. Much of these agreements have stemmed from the genetic pattern we have received from the history of our ancestral past, and that which has been encoded in our cells since our birth.” (11)

Matthew reminds us that we agreed to come here at this time to assist with Ascension. We may see the big picture of Ascension but not our soul-contract roles in it.

“Regarding soul contract ‘missions,’ you can see the ‘big picture’ but not your specific part of the design, so we tell you again, EVERY ONE of you is important or you wouldn’t be where you are! Only a relatively few are needed in primary leadership positions and some are becoming apparent, but many millions will be in support roles that aren’t yet evident because the need is on the horizon, not at the threshold.

“If you will remember that not only did you choose to live during this unprecedented time on Earth, but you were selected because of your collective lifetime experience, wisdom and spiritual strength that will be needed, you can be patient in the knowledge that when that moment comes, you will intuitively know how to proceed.

“However, since most missions do not come in one AHA! moment, we want you to know that simply by following your heart, the seat of the soul, you are serving the light and fulfilling the lifetime purpose you signed up for!” (12)

And what about the galactics? Do they also have life plans? If so, how do they operate? SaLuSa informs us:

“We too have life plans, but we are constantly aware of them in our conscious state. Bear in mind we live for hundreds of years and can achieve much in that time. We are also allowed more say in what we do, having reached a high level of understanding.

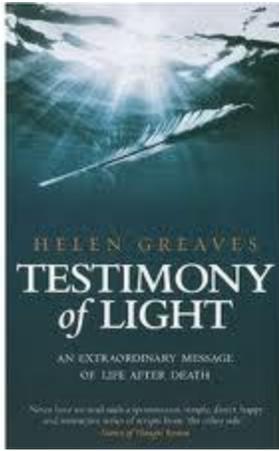
“In your case decisions often have to be made for you by your mentors. It depends on how spiritually advanced you have become. After all the purpose of living many lives is to follow an overall plan that leads to your spiritual evolution. It is the only way to advance and leave the cycle of re-birth behind.” (13)

In the last chapter of this series, I'd like to give the postmortem experience of 20th Century psychologist Frances Banks who went through an event popularly called “the Judgment” on the Astral Planes and described in it a fair amount of detail. Everyone eventually goes through the Judgment in the company of a trusted spirit guide. It allows for completion and closure with one's last lifetime. It consists of comparing one's soul contract with the actual events of one's life.

Footnotes

- (1) Matthew's Message, Sept. 11, 2010 at <http://www.matthewbooks.com/mattsmmessage.htm>
- (2) Archangel Uriel, "The Soul and Ego Agreement," Nov. 10, 2010, through Jennifer Hoffman, at <http://www.urielheals.com/>.
- (3) Loc. cit.
- (4) SaLuSa, Aug. 27, 2010 at http://www.treeofthegoldenlight.com/First_Contact/Channeled_Messages_by_Mike_Qui_nsey.htm
- (5) SaLuSa, April 3, 2009.
- (6) Saint Germaine, "St. Germain Update," 26 Sept. 2008, at http://www.treeofthegoldenlight.com/First_Contact/Channeled_Messages_by_Mike_Qui_nsey.htm.
- (7) Matthew's Message, May 21, 2008.
- (8) Matthew's Message, Sept. 11, 2010.
- (9) Matthew's Message, May 21, 2008.
- (10) Spiritual Hierarchy, Dec. 9, 2008, through Lauren Gorgo, at <http://www.lightworkers.org/channeling/58640/may-path-be-paved-no-longer-spiritual-hierarchy>.
- (11) Lisa Renee, "Coming Full Circle," Energetic Synthesis, Dec. 2008, at <http://spiritlibrary.com/energetic-synthesis/coming-full-circle> .
- (12) Matthew's Message, May 21, 2008.
- (13) SaLuSa, Oct. 4, 2010.

Understanding Soul Contracts – Part 4



When we pass over into the other realms of life, we reach a point where we feel the urge to examine how well we accomplished the purposes we set out for ourselves in our soul contract. This inquiry into the success of our efforts is not the rapid life review that occurs when we first transition. It is a much longer and more intense evaluation. It's popularly known as the "Judgment." SaLuSa refers to it here.

“Be assured that when you pass over and return to the astral planes, you will clearly understand all facets of your life. You will review your life, and this can be a sobering time when you find out how well you have done where your life plan was concerned. The vibrations of Earth dull your senses, and it is not until you rise up higher that you can fully grasp the purpose of life on Earth.” (1)

God will not preside over the life review from His Judgment Seat, An angel will not weigh our soul in a scale. None of that is accurate. Instead we ourselves will compare what we accomplished in life with what we set out to accomplish.

We'll have assistance if we wish and need it. Sometimes a single guide, sometimes a group of guides, in person or simply sensed as being around us, will assist us through the difficult patches.

I'd like to allow a person who actually passed through the Judgment to offer her account of it. Frances Banks was a 20th-Century psychologist who spent a portion of her life as a nun. Here is a short biographical note:

Frances Banks “was an outstanding woman in many fields of endeavour” and a deeply spiritual person. For twenty-five years she was a Sister in an Anglican Community in South Africa, during which time she was the principal of a teachers' training college.

She was the author of many books on psychology and similar subjects. Eventually she left the community and, during the last eight years of her life, she and Helen Greaves worked together psychically and spiritually. Because of this close relationship, after her death in 1962 Frances Banks was able to communicate, “by telepathy and inspiration”, with Helen Greaves resulting in the series of scripts which have been published as The Testimony of Light.

In the scripts, transmitted over a period of two years, she recounts her experience of death “... and the change into a new conception of living, ...”. As Helen Greaves says: “She gives us freely of her further knowledge of the progress of the soul outwards, upwards and forwards into Divinity.” This book is a classic of communication across the barrier of death. (2)

Frances does a wonderful job of describing her own Judgment and that of others with whom she worked at the astral hospital or rest home that she worked in for the first few years after her transition. Some are tormented by what they see; others are released from torment.

Lessons that escaped Frances on Earth become clear as she compares her blueprint with her life as she lived it, taking time to work her way through her self-examination. She starts by describing the “documents” she used in her review. This is a fascinating walk through the process, the most detailed description I’ve seen in the literature of life after death.

Somewhere in the deeps of my mind, two ‘blueprints’ are brought forward into my consciousness. These are so clear that I can (literally) take them out, materialize them and study them. One is the Perfect Idea with which my spirit went bravely into incarnation. The other is the resultant of only a partially-understood Plan ... in fact my life as it was actually lived.

It was a shock to me, and a very salutary experience, to find that these two plans differed exceedingly. And yet, one learns so much by facing the results....

In a way the blueprints resemble maps, with coloured places, and light and dark patches, and a kind of glowing 'sun' for the high-lights. First of all the mind looks at the whole comparison and sets the blueprints side by side. This is the first shock; a true humbling of yourself to find that you did so little when you would have done so much; that you went wrong so often when you were sure that you were right.

During this experience the whole cycle of your life-term unfolds before you in a kaleidoscopic series of pictures. During this crisis one seems to be entirely alone. Yours is the judgment. You stand at your own bar of judgment. You make your own decisions. You take your own blame.... You are the accused, the judge and the jury.

This is where quite a few souls in this Rest Home have become immobilized. Their pictures were too searing in their exposures. So we try to help them along, but only when they have made the 'inner desire' to right their wrongs. Until that decision I do not know what happens to them, but I should think that they are 'prisoners of the self.'

Immediately they become ready to face themselves again, they are guided to these beautiful and peaceful homes. Here, the Sisters devote their love and thought, their skill and experience, to aiding the 'stumblers.'

The second stage of this recapitulation starts when the soul feels strong enough and calmed sufficiently to take the earth life, round by round (so to speak). Then the blueprints are brought into the mind again; only this time the start is made from the moment of departure from the body. The mind works slowly, oh! so slowly, backwards through one's experiences. (I am not confessing where I have reached in this exercise!) But I will tell you that now you seem no longer alone.

'Someone' is beside you. Whether it is your own High Spirit or a Great Helper I have yet to discover. Only now, as you ponder, work out, go over, tabulate and judge what you did *and why and what were the results* (good or bad) you are gloriously 'aware' of this

great Being beside you, giving strength, peace, tranquility, and helping with constructive criticism. This is a wonderful experience, though harrowing at times. But very cleansing and bringing new hope. (3)

Again, I have been studying the 'Blueprint' of these last years in the light of this new understanding with which I am learning to review the past. This new angle of approach, which is a deeper understanding, has been fostered in my mind..., partly by this new freedom from the demands of the body, the emotions, and the pressing of others upon my will; but partly by the wise counsel of [dear friends and counselors].

Sometimes we have a 'round-table conference' here (rather like a council meeting) and then I put all the questions that bother me to wiser minds than mine. Always I receive answers that fully explain, even though I sometimes have to rationalize the meanings to my own particular conception.

This is a slow process. I progress slowly. (4)

I struggled, fasted, sought for what was already present, perfect and everlasting within me. Like most of us in the body life I was in illusion; lost in glamour. I looked for the Spirit to reveal itself to me, when all that was necessary was 'relaxation [into] God' The Spirit was always with me, veiled because physical sight could not view it. The great secret of finding that Spirit was 'letting go' of self.

I, who longed so much for the touch of the divine, who dedicated my life to religious work, who read lives of the saints for their examples, who delved into the science of psychology, extrasensory perception, and all psychic phenomena, as well as into the occult sciences, who denied myself the usual sensual and reproductive life of a human being; who truly tried to obey the precepts of the Master, as related in the New Testament, I had not accepted the simple Reality of those words: "Behold, I am with you even unto the end."

I had not been able to let go and let the Spirit absorb me. As I now see my thoughts, actions, aspirations from this angle, I am realizing that the very tenseness of my striving was my undoing and it barred the way to that very union for which my soul longed. (5)

Slowly I seemed to melt into an all-embracing meditation and contemplation such as I had never before known. It was a truly wonderful experience.

At last, it seemed, I had “broken through” that barrier which throughout the entire period of my earthly life, had barred my way. (6)

Light, Divinity, Reality ... all-pervading consciousness ... were there for my acceptance. Much greater progress would have been made by ‘letting go’ of all these human images and by allowing the spirit to absorb me. Relax and allow the Spirit to stream through you. Swim with the tide of the Spirit. That is the great lesson I am learning here as I review my mistakes.

Now I am ‘in the Spirit.’ ... There was no ‘break-through’ to Spirit, of which I once so glibly talked. There is only a gradual absorption of that amount or degree of Spirit which the openness of the soul can accept. This degree, as I appreciate now, must be governed by the Law of Progress, for the Spirit is never limited, only ourselves as receptacles govern the degree of its entrance.

This is indeed a salutary lesson. (7)

I am content to meditate upon past mistakes and to see how they can be reconciled into the Pattern as well as to learn lessons of incarnation from the stories of those who come to us here. ... The essential remains. The unessentials are slowly being stripped away so that the joy of the Spirit remains and an abiding peace. (8)

I still have to go over and over again in my mind the possibilities I had when on earth, the failures and mistakes I made.... I still balk at admitting much that was, perhaps, reprehensible and which could have been managed without my human bungling. (9)

You see how this purgatorial experience works? We don't alter fundamentally. But, bit by bit, we move away from earth ideas and limitations and advance more into Light and Wisdom. (10)

The journey itself is compensation enough for the trials of earth existence and for the emotion of judgment in action of those trials and my individual response to them, from which judgment I am now emerging. (11)

Some of our patients here have got 'stuck.' And that is where I, who myself am undergoing this kind of mental and spiritual 'psychiatry,' am able to help them. That is partly why I have elected to stay on here [in the convalescent hospital] for a space. I shall stay until my own course has become clear (both past and possible future) and until I have been able to rectify the places in the chain where I have failed.

My experiences as a teacher, a religious, a psychologist and an earnest seeker after the spiritual life are of great value now. I have some background on which to draw and which might (and sometimes does) help those who are too timid, or frightened, or guilt-ridden, to attempt the work [of the Judgment] for themselves. (12)

Lots of those here have got 'stuck' on their 'first picture.' So we (the Sisters here in the Home) try to link up with these great ones and bring help and strength to the stumblers' level. (13)

According to the reactions after the first shock of individual examinations of Blueprints of their earth lives, so is our method of helping them. With understanding, extreme gentleness and certainly no hint of censure, the Sisters explain the Rest Home and its purpose. The newcomers are then introduced to the idea of an expanding progress and are encouraged to right the wrongs they have done in their earth lives by concentrated thoughts of forgiveness and compassion. (14)

There was one man in the wards. He had been brutal and bitter to his wife and family. Now he is stuck. He has spent a long period of your earth time (though there is no time

as such over here), since his changeover to this life, in being tied to the places and the people where his cruelty and his bitterness had been exercised.

Now he is here, and is trying to go on. But the film reel of his life appalled him; and he has become completely immobile. (15)

But now I must tell you of the wonderful experience which has 'released' [the surgeon who became a drug addict under the pressure of his work] from wrong judgment, blame, and remorse. I was allowed to participate in this experience. (16)

Suddenly, without preamble, [the] blue vista [of the surgeon's Judgment] broke up and became a cinema or television screen. Pictures began to emerge on it. They were not superimposed as in a cinema, but seemed to 'grow into it' from the very ether itself. These pictures appeared to form themselves.

They showed moments of stress, moments of triumph, moments of failure in the earth life of Doctor X. We saw patients; we watched him in his diagnoses; we followed him to the theatre and witnessed his operations, and, as we watched, we became conscious (as he did) of the great Light that enfolded him as he worked. ...

The pictures on the 'screen' went on and on. We were taken into the lives, families of those on whom the Doctor had performed his successful operations. We saw the benefit to humanity, the healings, the resumption of happy, useful lives which were the results of this man's skill. Even when he was working under the influence of drugs (as he said) we were allowed to view the results of what he had accomplished.

I was more than moved; I felt wrung with compassion and a new understanding. Here was a man, standing before the bar of his own judgment, and the scales were showing the balancing up of his actions, and the resulting effects of his service. And when we were shown the skill and success with which he brought a great musician back to health and strength, the scales seemed almost to balance. That musician (now in the Halls of Music in the Spheres) was enabled to go on and leave the world the richer and more exalted by his performances, to add his portion to the beauty that penetrates the

materialism of earth-thinking; to lighten, with glorious sound, that darkness into which men sink, and to uplift their spirits in thankfulness to the Creator.

As the film of his life unwound before us, the Doctor saw (though he could scarcely credit it) that he had indeed done his part. He had followed his Pattern, worked out his Blueprint, even though he had badly smudged it in the performance.

At the end he saw! He understood.

His fault had been a weakness in the soul's contact with the personality which he had allowed to widen until it threatened to break completely. But he had been released before that had happened. His failure had been his refusal to delve into that Inner One whom he knew; to contact Him deliberately and reverently at times other than when the 'Celestial Surgeon's' skill was needed. The Light had been within him and about him and he had comprehended it not.

If I should say that there were tears in his eyes when the revelation ended, I would be partly right. There were tears in his soul; tears for lost opportunities. But also tears of relief.

I am indeed learning that we must not judge from our very partial understanding. This man, failure as he had seemed, had achieved much. He had been a 'channel of Light' even though he had tried to ignore the implications of this and even despite the fact that his personality had sunk into a bog of illusions. (17)

[The doctor] confesses that the conviction that he had failed in this round haunted the last years of his time on earth. (18)

Footnotes

(1) SaLuSa, April 3, 2009, at

http://www.treeofthegoldenlight.com/First_Contact/Channeled_Messages_by_Mike_Quinsey.htm

(2)

http://www.quakerfellowshipforafterlifestudies.co.ukbibliography/08_mediums_and_sensitives.htm

(3) All quotes are from Frances Banks, Testimony of Light through medium Helen Greaves. London: Churches Fellowship for Psychical & Spiritual Studies, 1975; c1969. 34-5.

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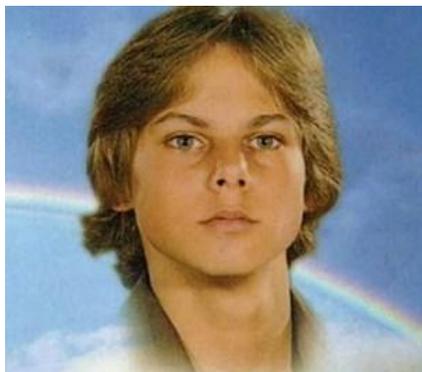
(15) 36.

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(17) 45-6.

(18) 47.

Understanding Soul Contracts – Part 5



Originally posted Sept. 18, 2010

I'm reposting Matthew Ward's discussion of the "lifeprint review" as part of this series. In the last installment of this series, Frances Banks called the lifeprint a "blueprint." What Matthew is describing is popularly known on the other side as "the Judgment."

The Judgment differs from the full-life review that happens immediately after transition somewhat as a movie differs from its trailer.

Where the analogy breaks down is that the Judgment has much more intensity than the life review and the former allows the individual to feel the emotions of all participants whereas the latter does not. Also the Judgment takes place over a period of time whereas the full-life review is over in a matter of seconds.

Akashic Records contain complete, accurate, trustworthy accounts of all universe-wide happenings within eternity and All That Is. Lifeprints, which are as unique as your fingerprints and more impervious to alteration, form each soul's records, and each lifeprint is a separate file in the Akashic Records.

A lifeprint is like a lifelong movie, omitting not a single aspect or instant. The information it contains, which automatically and indelibly is registered in energy form, is every thought, every action, and the consequences of every action throughout the lifetime of the person.

Every action is registered as the deed itself plus the intent and all feelings associated with it. Not only are the person's feelings about every action and its results recorded, but the feelings of all the people whose lives were affected by those actions.

After the soul has recovered stability from the previous lifetime and is nourished spiritually and psychically, (1) it is completely aware of its cumulative soul. It is this cumulative soul, with its collective wisdom and knowledge and spiritual growth of all personage lifetimes, that reviews the lifeprint.

The reviewing process is *felt* exactly as those feelings were experienced not only by the person, but all the people who were affected by his every action. So you can see that it is quite an experience!

The cumulative soul's judgment of its previous lifetime is the ONLY judgment of it. You have heard that only God is your judge and you have heard that even God does not judge. Either way, this refers to the lifeprint review.

Because we all are fragments of God and therefore inextricably connected, it is accurate to say that only God, in each personage, judges. And it is just as accurate to say that He doesn't judge at all, because only the cumulative soul whose last personage lifetime is under review judges it.

In this intimate review the soul evaluates how well it learned the lessons presented during the previous lifetime. A lax assessment of which lessons were thoroughly learned and which were not may be addressed by the Council or other highly evolved beings whose recommendations are meant to assist that soul's preparation for the next incarnation.

The lifeprint review also identifies lessons remaining, thus enabling the soul to choose those it wishes to experience in its next lifetime. This entails examining karmic connections and selecting a family to be born into for the genetic and beginning environmental influences.

There is another of aspect of the lifeprint records that is relevant when the soul discusses the next life and lessons with advisers. Lifeprints are not cast in marble by the physical death of the individual. Their elastic form permits alteration of the record if another soul interfered with the soul's chosen experiencing.

If that interference seriously diverted the soul from its chosen pathway, by divine grace the lifeprint may be altered to reflect that. The affected soul may incur “positive” karma or may pass altogether if remaining lessons do not include that unplanned experiencing. The soul who caused the diversion incurs “negative” karma, which is registered in his lifeprint.

Suzy: With so many entries, how can the lifeprint be safeguarded from either honest error or tampering?

Matthew: The lifeprint’s continuous and automatic updating throughout each lifetime of the soul is done only by that soul. Since the record is energy registrations entered simultaneously with the soul’s every thought, action and feeling, there simply is no room for error. If a soul even thought about manipulating entries to its favor, that unscrupulous thought would also be registered.

The energy of the lifeprint is compatible *only* with its soul’s energy, and therefore it can be changed only by an infusion of identical energy. If tampering were attempted, a signal would alert the record keepers and the would-be infiltrator would be recognized through his own unique energy coding. With this foolproof safeguard system, no soul would be so foolish as to try to alter another’s lifeprint.

Furthermore, lifeprints cannot be accessed easily for examination, and never merely out of curiosity, For the sanctity of each soul’s experiences, permission to enter frivolously is denied by means of that energy encoding.

As a transition assister, (2) I have valid reason for entering the records of the souls whose lifetime information I need for maximum help to them.

The needs of each arrival I assist and my function carry reciprocal energy that constitutes his implied consent to my entering his record, and our energy meshing is my automatic access code to it.

Part of the intergalactic warring has been to gain dominance over the records, for either annihilation or to establish a new coding system that would allow the visitors to manipulate the records. Ashtar is the oversoul energy commanding the forces that operate and protect the records. I cannot imagine the mechanics involved in their responsibility for an awesome mass of energy in its countless forms, all the way from each soul's records up to the coalescence of All That Is.

(From Matthew Ward, Matthew, *Tell Me About Heaven. A Firsthand Description of the Afterlife*. Camas, WA: Matthew Books, 2009; c2001, 191-4.)

Footnotes

(1) Matthew here explains something I was wrestling with. I said that people usually reviewed their lifetimes in the Mental Plane rather than the Astral. But Matthew explains that it is not so much that they discuss it on a higher plane, but that they discuss it at a later time than their transition, "after the soul has recovered stability from the previous lifetime and is nourished spiritually and psychically." That makes sense to me.

(2) Frances Banks was also a "transition assister."