

**Ascension is  
"Enlightenment Plus"**

**by  
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# Ascension is “Enlightenment Plus” – Part 1

This study examines the views on enlightenment of terrestrial saints, sages, and avatars and compares them with the views on ascension of members of the Galactic Federation and the terrestrial spiritual hierarchy, most of whom belong to the White Brotherhood, responsible for the evolution of the human race.

For convenience sake, I’ll call the first the “masters of enlightenment” and the second the “masters of ascension.”

The “ascension” I’m referring to is well covered by other articles on this site and can be studied in detail at the webpage “The Promise of Ascension,” located at <http://www.angelfire.com/space2/light11/fc/ascension1.html>.

## **Ascension is probably equal to the level of enlightenment called “Sahaja Nirvikalpa Samadhi”**

Before looking at the similarities and differences between enlightenment and ascension, let me state my belief that there are virtually endless levels of enlightenment. (1) Which level of enlightenment does ascension most closely correspond to?

In my opinion, the fact that ascension is a permanent, stable, unitive enlightenment, that it results in a permanently-blissful condition, and that it leads to a cessation of physical karma points to it being equivalent to a level that Sri Ramana Maharshi calls “sahaja nirvikalpa samadhi,” which he defines as:

“Holding onto the Supreme State is *Samadhi*. When it is with effort due to mental disturbances, it is *Savikalpa*. When these disturbances are absent, it is *Nirvikalpa*. Remaining permanently in the primal state without effort is *Sahaja*.”

(2)

For a complete discussion of this level of enlightenment, go to this webpage and search on "sahaja": <http://www.angelfire.com/space2/light11/fdl/e1.html> .

There are several ways in which enlightenment and ascension resemble each other and several ways in which ascension is unique. The similarities will be discussed in Part 1; the differences in Part 2.

## **Both Enlightenment and Ascension Offer Methods of Escaping Duality**

### ***Enlightenment***

Both enlightenment and ascension are said to be means of escaping duality. However, unlike the masters of ascension, the masters of enlightenment do not mix into their discussions the notion that we will rise up from this dimension. They simply say that the perception of duality brings us fear, grief, and rebirth while the ending of duality brings liberation.

This teaching is found in ancient Hinduism. For example, the Upanishads teaches that "so long as there is the least idea of separation from him, there is fear." (3)

The Vedic sage, Dattatreya, agrees: "Those who see duality are always submerged in an ocean of grief." (4)

So does Kabir, who advises us to "behold but One in all things; it is the second that leads you astray." (5)

When we see only one, when we have unitive consciousness, Dattatreya teaches, fear and grief end.

"When everything in this world, including the body, becomes unreal and void like space, then truly one knows [God]. Then there is no longer any parade of dualities for him." (6)

The great monastic reformer, Shankara, describes unitive consciousness as our destination:

“[In permanent enlightenment] there is a continuous consciousness of the unity of Atman and Brahman. There is no longer any identification of the Atman with its coverings. All sense of duality is obliterated. There is pure, unified consciousness. The man who is well established in this consciousness is said to be illumined. For him, the sorrows of this world are over. Though he possesses a finite body, he remains united with the Infinite. His heart knows no anxiety.” (7)

According to Sen T’sen, the Third Zen Patriarch, unitive knowledge brings us back to our original state of grace:

When the ten thousand things are viewed in their oneness,  
We return to the origin and remain where we have always been.” (8)

J. Krishnamurti explains:

“The experiencing of the integral, unitary process frees the mind from its dualism. Thus the total process of the mind, the open as well as the hidden, is experienced and understood – not piece by piece, activity by activity, but in its entirety.” (9)

Da Free John also counsels us to “abide as That which does not, when scrutinized, show any duality in the form of these various objects or the least trace of cause and effect, That in which, when the mind is absorbed in It, there is no fear of duality at all.” (10)

Swami Saradananda’s description of Paramahansa Ramakrishna’s attainment of unitive consciousness suggests what occurs when we transcend duality, conceived here as the existence of a separate “I.”

“When the I-consciousness of the Master vanished altogether, he remained in oneness with the ‘unqualified being of the Divine Mother’ beyond the limits of this

all-pervading I. And with the vanishing of this 'individual I' vanished also the last vestige of the infinite waves of ideas emerging from that 'immense 'I', which we call the universe." (11)

### ***Ascension***

The masters of ascension are facing the task of lifting up a significant proportion of humanity and so, in my opinion, we cannot expect them, prior to "First Contact," to go into detail about the process of ascension as the terrestrial masters of enlightenment do.

Here I simply want to point out that the masters of enlightenment and of ascension both direct themselves to the problem of exiting duality. Says Galactic Federation (GF) spokesman SaLuSa of Sirius:

"Ascension is that very process you can join that will bring an end to your need to continue in the cycle of duality." (12)

"The divine decree [of Ascension] ... offers you the opportunity to permanently leave duality." (13)

"You stand at the threshold of Ascension, enabling you to leave the cycle of duality for the higher dimensions where peace, happiness, joy and love reign."  
(14)

Other GF colleagues of SaLuSa's, like Diane, Atmos, and Ag-Agria, all of Sirius, also predict the end of duality through ascension. Says Diane:

"You are meant to return to the higher levels now that your time in duality has almost been completed. From now on it is all progress on the upward path, and we are overjoyed that before much longer we shall be facing the future together."  
(15)

Atmos maintains that “the plan of enlightenment started long ago and has brought about an awakening that has moved you onto the path of Ascension. It is [a] major opportunity to leave the Earth in its present lower [i.e., dual] dimension and proceed with it to the higher levels.” (16)

Ag-Agria tells us that ascension was planned as a means for humanity to leave this lower dimension.

“You have come back many times and tried to lift Humanity up, but the dark forces have been too strong. However, in the midst of it all a Light has begun to shine out as the love energy has permeated the grids of Earth, creating the opportunity for any soul who so desires to lift up. It came in good time to open up a path that those of the Light could follow, and it came to be named Ascension. (17)

Spirit teacher Matthew Ward is an exception to this galactic band. He is a terrestrial spirit and master teacher widely respected by the galactics, but he makes the same claim that ascension is the means for humanity as a whole to exit duality.

“To achieve the balanced experiencing necessary for spiritual growth, a soul may spend hundreds or more lifetimes evolving out of duality’s negative potential into the positive end of the spectrum, where the energy of love, peace, generosity, harmony, honor and kindness prevails. In this unique time in the universe when all experiencing is being accelerated, souls have been given the unprecedented opportunity to evolve out of third density’s low vibrations and physically accompany Earth into higher energy planes.” (18)

Thus, the first thing that both enlightenment and ascension share is that both provide a means to escape duality.

## **Both Enlightenment and Ascension Share Karmic Resolution**

### ***Enlightenment***

The masters of enlightenment say that permanent or sahaja samadhi ends karma. Speaking of it, Anandamoyi Ma says: “By the instant of one’s birth one’s experience of life is conditioned: but the Supreme Instant that is revealed in the course of sadhana leads to the completion of action, to the exhaustion of one’s karma. (19)

Paramahansa Yogananda states that “in *nirbikalpa samadhi* the yogi dissolves the last vestiges of his material or earthly karma.” (20) The samadhi would have to be unbroken or sahaja for this to happen.

Sri Ramana adds that “as soon as [a man] realizes the Self through enquiry as to who is the doer his sense of being the doer falls away and the triple karma is ended. This is the state of eternal Liberation. (21)

### ***Ascension***

The masters of ascension also state that ascension ends physical karma. For instance, SaLuSa says that, upon ascension, “the Law of Grace will ensure that no karmic residue will travel with you.” (22)

According to SaLuSa, during these end times, “karma is being rapidly cleared to ensure the highest levels of Light are reached upon Earth. The lower energies are being transmuted, as much due to your application of the Light as well as ours.” (23)

Spirit teacher Saul, speaking through John Smallman, also holds that, after ascension, “all [will] celebrate this wonderful release from the treadmill of karma.” (24)

Therefore enlightenment (that is, sahaja samadhi) and ascension share the same objective of releasing us from physical karma.

## **Both Enlightenment and Ascension Promise an End to Reincarnation**

### ***Enlightenment***

The seeing of duality keeps us going from death to death. Jesus uses the metaphor of a house divided against itself to make the point.

“Every kingdom divided against itself is brought to desolation; and every city or house divided against itself shall not stand.” (25)

The Upanishads make the point without using metaphor: “He who sees the manifold universe, and not the one reality, goes evermore from death to death.” (26)

The First Zen Patriarch, Bodhidharma, agrees and advises that enlightenment will release us from both karma and rebirth. “As long as a person keeps creating karma, he keeps passing through birth and death. But once a person realizes his original nature, he stops creating karma.” (27)

An end to karma implies an end to the need to reincarnate in physical circumstances. It is our physical cravings and aversions that create karma. Jesus says that those who overcome these desires will not need to reincarnate: “Him that overcometh will I make a pillar in the temple of my God, and he shall go no more out.” (28)

Paramahansa Yogananda gives the wider context of Jesus’ teachings on the end of reincarnation.

“God so loved the world (or matter) that He gave His only begotten Son to redeem it; that is, God the Father remained hidden as Christ Intelligence in all matter and in all living beings in order to bring all things, by beautiful evolutionary coaxings, back to His home of All-Blessedness when they should overcome all mortal tests, and should reincarnate in matter no more; i.e., ‘go no more out.’” (29)

Sri Ramana Maharshi explicitly states that sahaja ends reincarnation: “*Sahaja Nirvikalpa* is permanent and in it lies liberation from rebirth.” (30)

This knowledge has been taught in India since ancient times. Say the Upanishads: “Knowing him ... one is freed from death.” (31) Sri Krishna agrees: “Those who reach [my highest state of being] are not reborn.” (32) And later Shankara also concurred: “Realize Brahman, and there will be no more returning to this world — the home of all sorrows.” (33)

### ***Ascension***

SaLuSa states that ascension too will eliminate the need to reincarnate in 3D: “These final years are clearly the most important ones, as they offer a unique opportunity to move out of the cycle of reincarnation.” (34) Elsewhere he calls ascension an “opportunity to move off the wheel of rebirth.” (35)

Speaking of ascension, the Spiritual Hierarchy, speaking through Lauren Gorgo, states that “rebirth, renewal, and reward is at hand.” (36) The dimension into which we are reborn does not require us to enter the Third Dimension again.

Here too enlightenment and ascension are seemingly in accord.

### **Both Enlightenment and Ascension Do Not End Until We Reunite with Source**

#### ***Enlightenment***

Moreover, neither enlightenment nor ascension ends until we’ve completed our journey from God to God. In this sense, we can say that enlightenment goes on virtually forever, ending only in the extinction of our individuality through mergence in the Divine in a stage well past the human.

As Adilakshmi, attendant to Mother Meera, said: “Whatever experience you have had, however extraordinary, remember that there are further and greater experiences. The Divine Life is endless; the being of God is infinite.” (37)

Says the Koran: “I swear by the glow of sunset; by the night, and all that it brings together; by the moon, in her full perfection: that you shall march onwards from state to state.” (38)

Paramahansa Ramakrishna agrees: “No one can put a limit to spiritual experience. If you refer to one experience, there is another beyond that, and still another, and so on.” (39)

Bulgarian master of enlightenment Beinsa Douno held that “we think that man is on the highest rung of the evolutionary ladder, but evolution is without end. Just as there are beings that exist below man, there are Beings that exist above man as well. These Beings evolved from the universes of the past.” (40)

Douno’s American contemporary, Franklin Merrell-Wolff, stated the case most plainly. I’d like to quote him at some length:

“I cannot too strongly emphasize the fact that Liberation is no more the end of life than is a college commencement the end of the young man or woman who graduates. It is simply the end of one stage and the beginning of another. The really worth-while Life begins after Liberation.” (41)

“A certain Sage [that Wolff met in the higher dimensions] ..., speaking of unfolded Consciousness above the level of the highest human Adepts, said: ‘We attain glimpses of Consciousness so Transcendent, rising level upon level, that the senses fairly reel before the awe-inspiring Grandeur.’

“Here, certainly, is space for evolution far beyond the highest possibility of man as man.” (42)

“Truly, within the Infinite there are Mysteries within Mysteries, Deeps beyond Deeps, Grandeurs beyond Grandeurs. ... Mystery of Mysteries, reaching inward and outward, but ever Beyond! And from that Beyond ever there come new

whisperings of other imponderable Glories. Ah! How little is this world at the beginning of the Trail, barely a point in a Space of unlimited dimensions!" (43)

"Beyond [the sage's] attainment, whatever it may be, there lie further mysteries awaiting his resolution. In other words, We find no conceivable end to evolution."  
(44)

Though enlightenment appears endless, it does in fact reach an end when we irrevocably extinguish our individuality through final mergence with God, but this outcome is many rungs of enlightenment beyond our human existence.

### ***Ascension***

Similarly, the masters of ascension hold that ascension continues until we re-unite with God. For example, SaLuSa states that "Ascension ... will never cease until you return to the absolute Source." (45) He amplifies:

"The world is not going to end and indeed it must keep evolving, as that is the nature of All That Is. It cannot stand still and is mystically attracted to the Source, where you will finally reach the ultimate completion of the return journey. The Creator draws all back into its Being, only to again commence further great cycles of experience. Such possibilities must seem so far away from your present ones, and with your limited levels of consciousness it is too much to expect any real understanding. Even for us the mysteries still exist, and with seemingly no end to creation there is so much more to experience." (46)

Elsewhere he confirms that "there is far to go and many experiences to be had, before you reach the ultimate goal."

"Life will go on into infinity and there are always going to be opportunities to lift up into higher dimensions. Just imagine life as one great experience of harmony and happiness, because that is what lies ahead of you." (47)

Archangel Michael, channeling through Ronna Herman, agrees with SaLuSa:

“As you have probably heard before, ascension is an ever-evolving, continuous, on-going evolutionary process and not a destination.” (48)

“There are many levels and stages of ascension: personal earthly ascension, whereby you gradually balance and harmonize your chakra centers which in turn triggers the process of clearing your physical vessel and your auric field of discordant energies. ... Ultimately, we will experience the universal ascension process together. This phase of ascension will take place in the far-distant future.” (49)

Beyond universal ascension are more experiences. As SaLuSa reminds us: “All are on a never-ending journey.” (50)

He adds: “The whole purpose of our coming is to join up with you and together we shall walk the final path to completion. Yet that is simply the commencement of another journey.” (51)

Therefore enlightenment and ascension are said to share the characteristic of being virtually endless, both leading all the way back to the God from whom we originated.

## **Both Enlightenment and Ascension Result in Bliss**

### ***Enlightenment***

Paramahansa Yogananda quotes the Hindu scriptures to the effect that “If thou canst transcend the body and perceive thyself as Spirit, thou shalt be eternally blissful, free from all pain.” (52)

Those who have experienced high states of enlightenment attest to their establishment in bliss. Here is Paramahansa Yogananda’s paramguru, Lahiri Mahasaya:

“I sat that afternoon on my blanket, hallowed by associations and past-life realizations. My divine guru approached and passed his hand over my head. I entered the nirbikalpa samadhi state, remaining unbrokenly in its bliss for seven

days. Crossing the successive strata of Self-knowledge, I penetrated the deathless realms of Reality. All delusive limitations dropped away; my soul was fully established on the altar of the Cosmic Spirit.” (53)

And here Swami Pranabananda attests to his establishment in bliss:

“In meditation that night the burning Goal of my life was achieved. Now I ceaselessly enjoy the spiritual pension. Never from that day has the Blissful Creator remained hidden from my eyes behind any screen of delusion.” (54)

Eckhart Tolle experienced profound bliss following his enlightenment:

“For the next five months, I lived in a state of uninterrupted deep peace and bliss. After that, it diminished somewhat in intensity, or perhaps it just seemed to because it became my natural state. I could still function in the world, although I realized that nothing I ever did could possibly add anything to what I already had.” (55)

The Buddha also held that the “highest Reality is an exalted state of bliss.” (56) Sri Ramana agrees: “Getting rid of non-existent misery and attaining Bliss, which is the only existence, that is the definition of Moksha.” (57)

### ***Ascension***

The masters of ascension make the same claim for ascension – that it leads to all-satisfying bliss.

Says SaLuSa: “Just imagine life as one great experience of harmony and happiness, because that is what lies ahead of you.” (58)

Saul compares it to a blissful tsunami:

“Joy is rolling in like a tidal wave to sweep you all up in the wonder of the Reality that God created, with limitless enthusiasm. ... Your eternal happiness is close at hand.” (59)

“It is your Father’s Will and yours that you make this move back into His glorious Presence ... where everlasting bliss waits you.” (60)

According to him, it is something we have been yearning for since forever.

“The clarity of vision, perception, understanding, and the physical sensations that come with full consciousness can only be experienced; descriptions of it are impossibly inadequate. And yet of course we have to talk about it and be aware that it is indeed a state of exhilaration and wonder for which we have been yearning for eons.” (61)

Atmos of Sirius tells us if we knew what was ahead of us we would stop all else and prepare for it.

“The stage is set for a grand finale and a glorious time of enlightenment and the spreading of much love and harmony.” (62)

“If you only knew what that meant in terms of the joyous and happy life you would lead, you would concentrate on preparing yourselves for such an occasion. When all your needs are catered for and you could have a wondrous and exciting life, free from earthly worries and concerns, what would offer you a better way forward?” (63)

Here again, then, the masters of enlightenment and of ascension lead us to believe that both conditions lead to the same state of bliss.

## **Both Enlightenment and Ascension are Permanent**

### ***Enlightenment***

Furthermore, our enjoyment of these blissful conditions is permanent whether considered as enlightenment or ascension. However in enlightenment, much practice is required whereas ascension will be gained without the necessity of the same degree of practice because of divine intervention and dispensation.

Says Sri Ramana:

“By repeated practice one can become accustomed to turning inwards and finding the Self. One must always and constantly make an effort, until one has permanently realized. Once the effort ceases, the state becomes natural and the Supreme takes possession of the person with an unbroken current.” (64)

Annamalei Swami makes a similar point.

“If there are breaks in your Self-awareness, it means that you are not a jnani [enlightened sage] yet. Before one becomes established in the Self without any breaks, without any changes, one has to contact and enjoy the Self many times. By steady meditation and the continued practice of self-inquiry, one will finally become permanently established in the Self, without any breaks.” (65)

Adyashanti also demonstrates that he knows this state: “The fulfillment of all true forms of spirituality is awakening to the fundamental reality of what you are; not just for a moment, but permanently.” (66)

### ***Ascension***

SaLuSa also knows this permanent state and says it will be achieved with ascension:

“Your future is to return to what you always were, and as one who exists as a Being of freedom, great joy and happiness. We know that you sometimes reach

a state of stillness within, and momentarily experience the exaltation of perfect peace. Think what it will be like to move within its beauty and majesty all of the time, because that is how it will be.” (67)

His associate, Ker-On of Venus, says: “Of course you have your moments of happiness on Earth, but they are usually brief compared to the permanent state of the higher realities.” (68)

Thus, both sahaja enlightenment and ascension share the same quality of permanence.

## **Both Enlightenment and Ascension are Mechanisms of Spiritual Evolution**

### ***Enlightenment***

First let's establish that God has a plan for life. J. Krishnamurti confirms that God's plan is spiritual evolution, from Him to Him:

“The really important thing is ... the knowledge of God's plan for men. For God has a plan, and that plan is evolution. When once a man has seen that and really knows it, he cannot help working for it and making himself one with it, because it is so glorious, so beautiful.” (69)

The well-known British spirit guide, White Eagle, identifies enlightenment, or awakening, as the mechanism of evolution: “The whole purpose of incarnation is this slow evolution of the spirit, its awakening in matter, to self-consciousness and God consciousness.” (70)

And Swamis Rama and Ajaya describe the ever-expanding nature of successive enlightenments in the evolutionary unfolding of the individual soul:

“Our growth and evolution consists of realizing that the Self underlies all outer forms and working toward loosening our involvement with external and passing aspects of life. Growth means attaining [a] larger and larger perspective which

leaves behind the narrow identification with a particular role, body or personality.”  
(71)

### **Ascension**

SaLuSa holds that ascension is the mechanism of spiritual evolution: “The object of working your way to Ascension is to move into a state of enlightenment and continue to evolve.” (72) He asks: “Do you now feel and understand the greater purpose of experiencing duality? It is a stage in your evolution that has expanded your earlier levels of consciousness.” (73) He adds that ascension will continue almost indefinitely: “Life will go on into infinity and there are always going to be opportunities to lift up into higher dimensions.” (74)

Thus the masters of enlightenment and ascension agree that the expansion involved in each is a continuing mechanism of our overall spiritual evolution on our journey back to the Source from which we originated.

These are some of the areas in which enlightenment and ascension share some of the same ends and means. In the next part of this article, I’d like to look at the areas where ascension is different from enlightenment, where ascension is “enlightenment plus.”

### **Footnotes**

(1) On this subject, see “Enlightenment is Virtually Endless” at <http://the2012scenario.com/the-purpose-of-life-is-enlightenment/ch-11-enlightenment-is-virtually-endless/>.

(2) Ramana Maharshi, in S.S. Cohen, Guru Ramana. Memories and Notes. 6th edition. Tiruvannamalai: Sri Ramanasramam, 1993, 89. (Hereafter GR.)

(3) Swami Prabhavananda and Frederick Manchester, trans., The Upanishads. Breath of the Eternal. New York and Scarborough: New American Library, 1957; c1948, 56. (Hereafter, UPAN.)

(4) Dattatreya in Swami Chetanananda, Avadhuta Gita. The Song of the Ever-Free. Calcutta: Advaita Ashram, 1988, xxi. (Hereafter AG.)

- (5) Kabir in Aldous Huxley, *The Perennial Philosophy*. New York, etc.: Harper and Row, 1970; c1944, 10. (Hereafter PP.)
- (6) Dattatreya, AG, *ibid*, 20.
- (7) Shankara, quoted in Swami Prabhavananda and Christopher Isherwood, trans., *How to Know God. The Yoga Aphorisms of Patanjali*. New York, etc.: New American Library, 1969; c1953, 64.
- (8) Sen T'sen, the Third Zen Patriarch, in PP, 74.
- (9) J. Krishnamurti, *Commentaries on Living. First Series*. Bombay, etc.: B.I. Publications, 1972; c1974, 69.
- (10) Da Free John in *The Heart of the Ribhu Gita*. Los Angeles: Dawn Horse Press, 1973, 20.)
- (11) Swami Saradananda, *Sri Ramakrishna, the Great Master*. Madras, Sri Ramakrishna Math, 1979, 443
- (12) SaLuSa, Dec. 16, 2009, at [http://www.treeofthegoldenlight.com/First\\_Contact/Channeled\\_Messages\\_by\\_Mike\\_Qui\\_nsey.htm](http://www.treeofthegoldenlight.com/First_Contact/Channeled_Messages_by_Mike_Qui_nsey.htm).
- (13) *Ibid.*, March 11, 2009.
- (14) *Ibid.*, Sept. 14, 2009.
- (15) Diane of Sirius, Feb. 2, 2009, at [http://www.treeofthegoldenlight.com/First\\_Contact/Channeled\\_Messages\\_by\\_Mike\\_Qui\\_nsey.htm](http://www.treeofthegoldenlight.com/First_Contact/Channeled_Messages_by_Mike_Qui_nsey.htm).
- (16) Atmos, Dec. 17, 2008, at [http://www.treeofthegoldenlight.com/First\\_Contact/Channeled\\_Messages\\_by\\_Mike\\_Qui\\_nsey.htm](http://www.treeofthegoldenlight.com/First_Contact/Channeled_Messages_by_Mike_Qui_nsey.htm).
- (17) Ag-Agria, June 12, 2009, at [http://www.treeofthegoldenlight.com/First\\_Contact/Channeled\\_Messages\\_by\\_Mike\\_Qui\\_nsey.htm](http://www.treeofthegoldenlight.com/First_Contact/Channeled_Messages_by_Mike_Qui_nsey.htm).
- (18) Matthew's Message, Jan. 11, 2010, at <http://www.matthewbooks.com/mattsmmessage.htm>.
- (19) Anandamoyi Ma in Anon. *Matri Darshan*. Nordlingen: Mangalam Verlag S. Schang, 1988/94.

(20) Paramahansa Yogananda, *Autobiography of a Yogi*. Bombay: Jaico, 1975, 409n. (Hereafter AY.)

(21) Ramana Maharshi, *Forty Verses on Reality*. Trans. Arthur Osborne. Mountain Path, October 1964. Downloaded from [http://www.realization.org/page/namedoc0/40\\_verses/40\\_verses\\_0.htm](http://www.realization.org/page/namedoc0/40_verses/40_verses_0.htm), 25 August 2005, verse 38.

(22) SaLuSa, March 17, 2010, at [http://www.treeofthegoldenlight.com/First\\_Contact/Channeled\\_Messages\\_by\\_Mike\\_Quinsey.htm](http://www.treeofthegoldenlight.com/First_Contact/Channeled_Messages_by_Mike_Quinsey.htm).

(23) *Ibid.*, Feb. 17, 2010.

(24) Saul, "The coming changes that have been divinely decreed will occur precisely on schedule," through John Smallman, May 31, 2009, at <http://johnsmallman.wordpress.com/>.

(25) Jesus in Matthew 12:25.

(26) UPAN, 21.

(27) Bodhidharma in *Red Pine*, trans., *The Zen Teachings of Bodhidharma*. Port Townsend, WA, Empty Bowl, 1987, 20.

(28) Jesus in Revelation 3:12.

(29) Paramahansa Yogananda in *The Second Coming of Christ*. Vol. 1. Dallas: Amrita Foundation, 1979, 28.

(30) Ramana Maharshi, GR, 88.

(31) Swami Prabhavananda and Frederick Manchester, trans., *The Upanishads. Breath of the Eternal*. New York and Scarborough: New American Library, 1957; c1948, 20.

(32) Sri Krishna in BG, 77.

(33) Shankara in Swami Prabhavananda and Christopher Isherwood, *Shankara's Crest-Jewel of Discrimination*. Hollywood: Vedanta Press, 1975; c1947, 69.

(34) SaLuSa, Nov. 5, 2008, *ibid.*

(35) *Ibid.*, Dec. 16, 2009.

- (36) Spiritual Hierarchy, Dec. 9, 2008, through Lauren Gorgo, at <http://www.lightworkers.org/channeling/58640/may-path-be-paved-no-longer-spiritual-hierarchy>.
- (37) Adilakshmi, Mother Meera, 89.
- (38) N.J. Dawood, trans. *The Koran*. Harmondsworth: Penguin, 1964; c1959, 48.
- (39) Paramahansa Ramakrishna in Swami Nikhilananda, trans., *The Gospel of Sri Ramakrishna*. New York: Ramakrishna-Vivekananda Center, 1978; c1942, 624. (Hereafter GSR.)
- (40) Beinsa Douno, "Culture of the Angels," in *The Wellspring of Good*. Downloaded from <http://www.beinsadouno.org/lib/sg.htm>, accessed 21 Feb. 2005, n.p.
- (41) Franklin Merrell-Wolff in *Pathways Through to Space. A Personal Record of Transformation in Consciousness*. New York: Julian Press, 1973, 89.
- (42) *Ibid.*, 17.
- (43) *Ibid.*, 115.
- (44) *Ibid.*, 43.
- (45) SaLuSa, March 26, 2010, *ibid.*
- (46) *Ibid.*, Feb. 26, 2010.
- (47) *Ibid.*, Sept. 18, 2009.
- (48) Archangel Michael, May monthly message, through Ronna Herman, at <http://www.ronnastar.com/latest.html>.)<P>
- (49) Archangel Michael, "Passport to Ascension," May 2009, through Ronna Herman, at <http://www.ronnastar.com/latest.html>.
- (50) SaLuSa, April 20, 2009, *ibid.*
- (51) *Ibid.*, Feb. 23, 2009.
- (52) Paramahansa Yogananda, *The Science of Religion*. Los Angeles: Self-Realization Fellowship, 1982, 51-2.
- (53) Lahiri Mahasaya, after being touched by his guru Babaji, in Paramahansa Yogananda, AY, 313.

- (54) Swami Pranabananda in Yogananda, AY, 24.
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# Ascension is “Enlightenment Plus” – Part 2

## Only in Ascension Do We Take Our Physical Body with Us into a Higher Dimension

In sahaja samadhi our physical bodies do not migrate to a higher dimension during the remainder of our physical life, but in ascension they do. Because enlightenment does not result in physical ascension, enlightenment teachings do not mention the subject.

SaLuSa explains:

“This time [i.e., this enlightenment] you ascend with your physical body. It is not therefore [the] death of your old one, but simply a change that enables you to use it in a higher vibration.” (1)

He calls ascension “unique” for this reason. (2)

A group calling itself the Arcturians, speaking through Suzanne Carroll, note that, in previous enlightenments, “you died and abandoned your physical body in order to soar into your true Home in the higher dimensions. In your present reality, you have volunteered to stay on earth in your earth vessel to assist with planetary ascension.” (3) With ascension, the body will rise up.

SaLuSa’s comrades, Atmos and Diane, both from Sirius, concur. Atmos calls “the coming Ascension ... a unique event, because it is the first occasion that you have been given the opportunity to ascend with your physical body.” (4) Diane agrees: “the coming unique opportunity [is] to ascent with a physical body.” (5)

SaLuSa informs us that “bodies are vehicles that house your soul for the duration of your time in any one environment. Soon yours will change again, as you move into the higher vibrations and indeed for some of you they have already begun.” (6)

## **Only in Ascension do Our Bodies Alter from Carbon to Crystalline Base**

The physical body, SaLuSa continues, “has changed its body cells to make it suitable for life in the higher dimensions.” (7) One of these changes is that the structure of our physical body will not be “as your existing carbon-based body, but one that has become crystalline and can function in the 5th. Dimension, one that has become lighter, and has moved into a near perfect expression of itself.” (8) Ela of Arcturus calls our new body a “higher expression of your physical body.” (9)

Why need we make this change? SaLuSa states that “the physical matter of your dimension is tenuous and cannot hold together in the higher realms. That is why the changes from carbon-based cells to crystalline, are necessary.” (10)

A spiritual group calling itself the White-Winged Collective Consciousness of Nine asserts that the crystalline patterning of the body was occurring by late 2008: “The crystalline energies are now moving into your density or rather your bodies are adjusting to their new crystalline patternings.” (11)

It is common to hear the masters of ascension call this new vehicle a “light body.” The Archangel Michael, for instance, uses this terminology: “Ascension is when the soul transforms its physical body into light and steps into the next level of consciousness.” (12) The Arcturians also call ascension “a grand transformation from a carbon-based body to a light-based body.” (13)

Again in 2010 SaLuSa utells us: “In the realms of Light, ... your bodies are already changing at this very time, and your Light bodies are forming in readiness for Ascension.” (14)

Matthew Ward advises us how to work with these changes.

“Some of you are asking how to know if you are absorbing sufficient light for cells to change from carbon to crystalline. I would say that the best sign is your thoughts, feelings and choices: Are they aligned with godliness? Have you

forgiven self and others for actual or imagined hurts; is your mind open to considering new information; are you exercising your powers of discernment and trusting your intuition?" (15)

### **Ascension Promises a Return to “Full” Consciousness**

The masters of ascension make a claim that I’m not aware the masters of enlightenment make and that is that ascension promises a return to “full” consciousness.

Given that the masters of ascension say that ascension is virtually endless, why would they associate “full consciousness” with the Fifth Dimension, when endless dimensions with their expansions of consciousness lie beyond it?

One reason given here is they say that we chose to descend from the Fifth Dimension into the Third in order to experience separation from God and learn from that experience. Now that we’re returning to the Fifth Dimension, they may be arguing that we’re returning to the “full” consciousness we previously possessed.

It may also be that the masters of ascension are engineering a project that involves a very large number of people on the planet, many of whom don’t have an extensive spiritual background. The masters may wish to use a simplified and easily-understood spiritual vocabulary so as to elicit understanding.

It could also be that the re-awakening of dormant DNA strands and chakras, which we will discuss in the following section, as well as the conditions of life in the Fifth Dimension make our consciousness after ascension much fuller compared to our consciousness before.

Whatever the reason, they predict an enhancement of our consciousness that is wonderful to anticipate. Here SaLuSa offers the explanation of a return to a “full” state of consciousness we previously possessed.

“You are far from full consciousness, yet in a comparatively short time you will again reach such levels. With your finite minds you cannot truly understand what that means, but try imagining that you know everything that is, was and will be.

“Perhaps it sounds too much for you to deal with, but when it occurs it will be a most natural development for you. You will be returning to a familiar state that you once held before you moved into the cycle of duality.” (16)

On another occasion, he claims that “once ascended you will have all knowledge available to you.” (17) He repeats this claim elsewhere: “In time you will be gaining super-consciousness and then you will become ‘All Knowing.’” (18) This is not a trivial prediction.

It is not only the galactics that make these promises. The terrestrial master of ascension, Saul, also tells us that “full consciousness is where humanity is headed and this event is approaching rapidly.” (19)

“As you wait expectantly to move into full consciousness, be aware that you will not have to wait very much longer. It is your Father’s Will and yours that you make this move back into His glorious Presence where you belong.” (20)

Certainly we have much to look forward to in terms of an expansion of our awareness as a result of ascension, apparently much more than enlightenment alone offers.

### **Only Ascension Involves an Increase in the Number of DNA Strands and Chakras**

What specific events may be bringing on this return to full consciousness? We’ve already heard that a change to crystalline structure and the light available in the Fifth Dimension are elements. Another element is additional structural changes that will be made to our DNA strands and chakra system.

Apparently, ten strands of our DNA, which some scientists call “junk DNA,” were turned off millennia ago and will be reactivated. As well, five chakras (some say six) will be re-

awakened from their present dormancy. These are some of the changes which, I believe, will restore us to our previous high state of consciousness.

Sheldan Nidle's Spiritual Hierarchy and Galactic Federation (SHGF) describes the changes and say we owe to them our return to "full" consciousness.

"Inside you, vast alterations to your RNA/DNA are either happening or preparing to happen." (21)

"You are integrating physical and spiritual changes that are to manifest a 13-chakra system and a fully functioning union between all your RNA/DNA." (22)

"Physicality is being restructured in order to allow you to move into a higher reality. This jump from 3-D to 5-D is quite complex and needs to be done in a series of stages involving everything in your solar system.

"As you know by now, these changes involve awakening your dormant chakras and long-inactive RNA/DNA, thus reordering how you are put together and preparing the ground for reintegrating you with your spiritual components.

"This is the path to full consciousness. It is causing your overall frequencies to increase and realign in new ways with the living universe. This is sending a signal to Mother Earth and the solar system to move upward as well. The result is a massive movement toward a wholly new reality!" (23)

"Heaven is daily making the adjustments to your genetics, chakra system, and so forth, which are needed to move you toward full consciousness. Our task is at first to oversee these alterations and then to instruct you directly in what you need to do in order to live successfully as a new Being in this new environment."  
(24)

The White-Winged Collective Consciousness of Nine says that these changes have already taken place in some terrestrials.

“Many of you have moved beyond the two-strand, double helix of your DNA and are existing now within upgraded chakra systems and are using far more of your brain capacity than before.” (25)

Damur of Antares says that even those whose DNA has not come online suspect what is occurring. He identifies these changes as important to our evolution and, like Matthew, makes suggestions as to how we may help the process along.

“It will be some time before you are ready to function in this way. However you are aware that your DNA is changing. It helps for you to know this. Be aware that as you lighten up and release old paradigms, your DNA is able to more readily change and adapt to your new reality, which is one of a higher vibration. As you drop the old ways, this enables your RNA/DNA to bring in the new ways. The energy that you are taking on allows you to change and evolve.

“Your original divine blueprint lies within you and has always been within you. It carries the answers to everything. Yes, everything is within. You are the answers to your questions. And you helped to design the Grand Plan that you find yourselves in.” (26)

Many masters of ascension tell us that we are recovering abilities we once had. Archangel Michael’s claim is typical of their teachings on the matter: “It is important for you understand that your physical vessel was encoded for the return to the higher vibrational, more rarified realms of Light from the inception of your earthly embodiment experiences.” (27)

Matthew Ward combines explanations of both crystalline and DNA changes to describe how the dark forces’ attempted to “dumb down” humanity. Their work is about to be reversed.

“The absorption of light is restoring bodies’ DNA to its state prior to the dark forces’ altering Earth humankind’s cellular structure to ‘dumb them down’ intellectually, spiritually and physically. If anything can be called a ‘sin,’ it is

interfering with the growth of a soul, and in violation of all universal laws, that is exactly what the dark forces did to an entire civilization.

“In higher densities, cells are crystalline and their composition encompasses purity of character, spiritual clarity, and a long physical life span free of all disease. Conversely, the carbon cells of third density life forms invite the base characteristics associated with evil as well as greatly reduced mind power, severely weakened will, and a multitude of physical, emotional and mental infirmities.

“Lifetimes with those characteristics and weaknesses dominant in the peoples’ bodies and reflected in their thoughts, feelings and behavior were stored in cellular memories and brought forward from one generation to the next.

“It was that diabolical alteration of humankind’s make-up eons ago that caused souls’ personages to gradually spiral downward from the planes of light into deep third density, where the planetary puppets of the dark forces could easily keep the masses in ignorance about their origins in the light, their unlimited manifesting potential, and the inseparability of all souls with God and each other.

“Emerging from that level of limitations, where the dark forces reigned through their powerful tool and fuel—FEAR!—has required a heroic effort on the part of souls who time and again incarnated with the intention to overcome the dark influence, but failed. Most of you spent many hundreds of lifetimes in that try/fail cycle, and this time you succeeded in breaking out of it! By absorbing the light, you are reclaiming your god and goddess selves and taking your rightful place in our universal family.” (28)

In a later message, Matthew returns to the matter, describing the impact of this “dumbing down.” Again, he suggests that the re-awakening of our DNA is one factor in our return to “full” consciousness.

“Because the cellular memory embedded in your DNA is constructed with the concept of linear time, that is your only frame of reference for what your history has recorded and what you have experienced to date, what is going on in your life and your world in this moment, and looking ahead to the outcome of plans.

“In a recent message, we spoke about the altering of DNA to ‘dumb down’ Earth humankind, and programming the cells with aging, death and linear time was part of that. Until your cellular memory is restored to its original state, which is being accomplished via light absorption, it has no capacity to comprehend the universal continuum, where everything that ever was, IS.” (29)

SaLuSa supports Matthew’s claim and declares that the masters of ascension will soon explain Earth’s true history.

“Before Ascension, much will become clear to you that has been concealed by those who have taken control of your lives for eons of time. It may seem incredible to know that you have existed with only a partial consciousness, but that has been the work of the dark energies and Beings that are within your Universe.

“You have been genetically altered by them to reduce your level of consciousness to one where you can be totally controlled. We are pleased to inform you that their influence has now been removed, and they are no longer allowed to interfere with the final stages of this cycle. Instead, it is the higher vibrations that are uplifting you to a level that is consistent with your needs to prepare for Ascension.” (30)

The SHGF informs us that these changes are currently expanding our reality.

“This alteration of your world and your physical selves is rewriting the way you perceive yourselves and the world you live in. Your reality is expanding and is increasingly able to manifest what was once thought to be impossible.” (31)

SaLuSa also tells us that the re-awakening of our chakra system is contributing to our return to “full consciousness.” Notice that SaLuSa mentions only twelve chakras where the SHGF mentioned thirteen.

“The measure of your development and upliftment can be gauged from the state of your chakra system. The average person only has the lower three chakras fully active, whereas those who have lifted their consciousness are most likely to have the seven main ones well opened. There are higher chakras that are also being opened up, and eventually you will reach a stage where there are 12 main centres fully opened.

“In this magnificent state of full awareness you will have returned to super-consciousness.” (32)

A group called the Sirian Council supports Matthew in the contention that light waves from the galactic center are stimulating the re-awakening process.

“Dormant genetic codes and cellular memory are being stimulated awake by the powerful stellar waves of light particles entering our atmosphere. As the planet moves through the Universal Galactic Core these upcoming years, our bio-energetics will be activated and our minds will expand with a greater understanding of Ascension.” (33)

Kryon tells us that “right now there is more information being delivered to your DNA than ever before. It’s powerful and esoteric.” (34)

A group called the Andromedans adds that “never before have so many enlightened souls gathered in service to link humanity to the genetic pathways of Christ consciousness.” (35)

The subject of the changes to our DNA and chakra systems deserves an article to itself. Along with the discussions of the change to a crystalline structure, it provides our most important clue to why ascension is said to be a return to “full” consciousness.

## **Only Ascension Takes Us Out of the Third and Into the Fifth Dimension**

After experiencing sahaja, Sri Ramana would still have awakened in the Third Dimension of physicality. Granted that his mind may have been in another dimension, his body was in third density. The claim that, with ascension, we will find ourselves in another, higher dimension is another difference between enlightenment and ascension.

Matthew Ward tells us that “in this unique time in the universe, when all experiencing is being accelerated, souls have been given the unprecedented opportunity to evolve out of third density’s low vibrations and physically accompany Earth into higher energy planes.” (36)

According to SaLuSa, “ascension will place you in the fifth dimension or higher, which is far removed from the limiting vibrations you are now in.” (37)

The White-Winged Collective Consciousness of Nine alleged in late 2008 that many people were already inhabiting the Fifth Dimension.

“The higher dimensional energies are being embraced wholeheartedly and many are existing now almost exclusively within the fifth dimensional reality. Clarity and oneness is embraced now by so many and is being anchored onto the planet’s grid system so that others may access it.” (38)

Even the astral planes of the afterlife world will be affected, SaLuSa says.

“You have been living in a reality that has been created by you, and served its purpose by fulfilling your desires. It was not however meant to be permanent, and would in any event have changed in response to the higher energies. Duality such as you have experienced it is not to continue beyond the end of the cycle, and that will also include the astral dimensions. ... Your subconscious memories of having come from the higher dimensions will draw you back to them. You will instinctively feel that it is where your real home lies.” (39)

## **Ascension Will Not Be Sudden, as Enlightenment is, but Gradual**

According to intuitive Karen Bishop, ascension “is not sudden, like the 3D death process.... It is gradual.” (40) It is also not sudden like enlightenment is.

Matthew Ward says that:

“The differences between life in this moment and in the Golden Age will be amazing and magnificent, but life will not differ dramatically from one day to the next as Earth continues on her journey through fourth density and on into fifth.” (41)

The Arcturians provide a description of the manner in which we will transition from the Third to the Fifth Dimension.

“At first, both the Third Dimensional Operating System and the Multidimensional Operating System will both be online. Eventually, the Multidimensional Operating System will be the main system, which means that your primary reality/consciousness will be in the fifth dimension and beyond. Yet, you will still be aware of the third and fourth dimensions.

“This process has already begun for those of you in our [Arcturian] Corridor, although you may not be fully aware of it in your mundane states of consciousness.” (42)

“As the third-dimensional reality continues to move into your past, and your fifth-dimensional reality moves into your present, your primary consciousness becomes fifth-dimensional. (43)

SaLuSa explains that we are being gently eased into higher dimensionality:

“Ascension is a process that is controlled by Higher Beings, who have assessed the state of Mankind’s level of consciousness. The result is that you are gently moved onto a different path that helps you become enlightened.” (44)

“We believe in easing you into the Light so that you have time to assimilate it into your Being. We know that the pressures of everyday life have their effect upon you, and if you feel run down take the time to find your place of quietness and peace. Relax into the dream that allows you to draw the energies of the future to you, and re-charge yourself.” (45)

### **Only in Ascension, and Not in Enlightenment, is There No Illness, Hunger, Ageing, or Death**

After experiencing sahaja, Sri Ramana may still have needed to sleep, eat, drink, and so on. While he was not hurt of the second (or physical) death, as Jesus would call it (the first death being that of the ego), Sri Ramana still had to undergo physical death.

He was also still subject to his prarabdha karma, the karma that is already launched and must be experienced in this lifetime. He died of a cancer near his elbow. While he didn't suffer from the condition, he still endured it.

But apparently those who ascend will not be affected by illness, hunger, death or other unpleasant 3D conditions. Says Ker-On of Venus:

“Perhaps best of all from a personal point of view, is that you change to a perfect body composed of crystalline cells, one that is not affected by disease or ailments such as you experience on Earth. Also aging is no longer an issue, as you maintain a young and mature form for as long as you desire.” (46)

SaLuSa encourages us to:

“Look at us, as that is where you will eventually be as far as your evolution is concerned. We are always seen as an example of bodily perfection, and in our prime. In fact we can be 100's of years old without any visible signs of aging, because it is not part of our experience.” (47)

“That applies to you as a Being of Light and your own Light body will carry none of the imperfections that you may have had whilst on Earth. Can you imagine a

body that carries no ills or disease, and maintains its condition at all times simply through taking sustenance from the air?

“We are examples of what you can look forward to when you rise up and you will never see us as aged as we always retain our youthful looks.” (48)

“You are in essence ageless, and it is only in the lower dimensions that you put on your physical body that has a limited life span, and you experience death. Even that is only an illusion, as you are immortal.” (49)

Apparently, after ascension, we will return to the prime of life and all disabled limbs and incapacities will be healed.

Certainly these are not features of sahaja samadhi. So this lack of hunger, illness, disabilities, ageing, and death is another reason why I describe ascension as “enlightenment plus.”

### **Only Ascension Separates the Dark from the Light**

It is true to say that people after death must go to the plane of existence that their actions merit. Some go to planes of light and some to planes of darkness. (50) The light and the dark are segregated. The same is the case with ascension.

But it is not the case with enlightenment. After sahaja, the sage may still be surrounded by criminals and rogues. Robbers actually attacked and beat Sri Ramana, though the assault did not disturb him.

Upon ascending, I am led to believe that we will find that rogues cannot follow us and this is another feature of ascension that makes it different from enlightenment and another “plus.”

As Matthew Ward points out, prior to ascension, the increasing light will force dark ones to leave the planet.

“As planetary vibrations continue to rise, [the dark ones] will leave; their physical bodies cannot survive without the light that they refuse to accept, and the souls will go to worlds that correspond to their lifetime energy registration.” (51)

“As Earth rises into higher densities where the light is more intense, the dark ones—puppets of the dark forces—will embrace the light or their physical bodies will die and [their] souls automatically will be drawn to worlds where the energy density matches the energy of the physical lifetime. (52)

Even these individuals, SaLuSa indicates, will receive loving attention.

“There are of course souls who have slipped so low in their vibrations, that it is difficult to turn their attention to the Light and all it has to offer. Yet at any time they can turn their lives around, and when they do many Beings of Light accompany them for the rest of their journey.” (53)

Others who are not rogues may simply choose not to ascend because their fixed beliefs turn them against the idea. They may choose to remain in 3D. Says SaLuSa of them: “Naturally you are at varying stages of evolution, and some of you do not feel at all attracted to the idea of Ascension.” (54)

Matthew admits that “it is sad to see the ones who chose to complete third-density karmic lessons now choosing to be stuck in that density instead of joyously accompanying Earth on her journey. We do not fault these souls and we love them no less, but it is sad.” (55)

SaLuSa adds that “those who by choice will decline the chance to ascend will continue in the lower dimension. Some of you will follow their progress because of your links with them, and may also act as guides to aid their spiritual advancement.” (56)

The separation between the ascenders and non-ascenders will take place gradually. As SaLuSa explains:

“Changes will take you nearer to completion, and gradually there will be a clear line between those who desire to ascend, and those who have declined the opportunity. This is inevitable and therefore fully expected, and the consequences of the incoming higher vibrations that lift those of the Light even higher.” (57)

Matthew suggests that there will not be a sudden die-off.

“Individuals who do not absorb sufficient light to ascend with Earth will not leave *en masse*. The time of physical death will be in accordance with the amount of light in each body, and dying can be the result of any of the current causes such as disease, drowning, vehicle crashes, suicide, fires, and earthquakes. No one in your world can consciously know which souls departed because of insufficient light and which transitioned in accordance with their soul contracts.” (58)

On another occasion he further explains that some who leave may do so because their mission is completed. Others may sink deeper into a more dense environment.

“There will be souls whose lifetime choices automatically will take them to first or second density placements; and at the other end of the spectrum are the souls who came from fourth, fifth and higher density worlds specifically to assist Earth in her ascension—when their mission is completed, they will return to their homelands. (59)

In another talk, Matthew amplifies his discussion of the range of destinations of people who leave at this time.

“Absorbing light requires ones at the negative end of duality to change from violence to peacefulness, from greed to generosity, corruption to honor, unjustness to fairness, anger to reason, oppression to freedom. The bodies of those who refuse to stop the negative behavior that boosted them into powerful positions will die, and the souls will go to worlds where the energy is the same as those persons generated during their physical lifetime.

“But please do not think that all who leave the planet from now on will do so for that reason! Souls who came from advanced civilizations, some as walk-ins and others born into Earth families, to assist you in this tumultuous time will return to their own worlds when they complete their missions.

“Many Earth residents will fulfill their soul contracts wherein they chose to complete third-density karmic experiences, and, after a lifetime in spirit, they will reincarnate in fourth density, if not back on Earth, then another advanced world.

“Others will petition at soul level to leave early because life circumstances are far harsher than their contract selections; after completing their contracts in spirit life, their next physical lifetime also will be in a fourth-density world.

“When the truth about religious dogmas emerges, many will choose at soul level to leave; later they will embody in a third-density world where their beliefs can remain intact until once again the truth emerges about religions’ false teachings, and they will have another opportunity to open their minds and accept that truth.”  
(60)

While not going so far as to predict a sudden die-off, the ascended master Hilarion said a year ago that the time of separation had already started and we could expect to see many leave in the months ahead. Each departure will have been by choice.

“There will be many who choose to leave the Earth plane at this time and in the months ahead but that is through the choices that they made. Each who is upon the Earth plane at this time has chosen to be here, to be a part of this Great Awakening and the great change that is happening and those who are leaving and will continue to leave, are those Souls who have chosen not to experience the days ahead. All is as was chosen by each Soul.” (61)

Meanwhile, ascenders will find themselves drawn to each other by the Law of Attraction. Says SaLuSa:

“It is a very personal journey and no two are alike, but you will normally gravitate towards those who have a similar level of consciousness.” (62)

“The Law of Attraction will always lead you to those souls that resonate as you do. It also happens to some degree on Earth now, but it is not so noticeable as you give little thought as to why you are attracted to certain people more than others.” (63)

The White Winged Collective Consciousness of Nine, in late 2008, explained that ascenders were already seeking each other out and finding each other.

“The electromagnetic energies of the connected ones now extend far beyond the human body – connecting and blending with others of like mind – of like vibration and connecting with the electro-magnetic frequencies of the planet.” (64)

So this contention that the planet’s population will separate into ascenders and non-ascenders is also not a situation associated with enlightenment. Always, when an individual became enlightened, he or she still mingled with light and dark individuals. But when a person ascends now, he or she will leave behind the dark remnant and go forward into a world where greedy, hate-filled, and violent individuals cannot follow.

This second part of this article has looked at elements unique to ascension, elements that make ascension “enlightenment plus.” It has identified several, which explain how very much more satisfying ascension will be than enlightenment, as wonderful as the latter is.

I personally take the words of the masters of ascension seriously and have begun to prepare myself for this fast-approaching event, for the most part by completing unfinished business so there will be no resistance to ascension. The advantages to the individual make ascension a unique opportunity.

Namaste,

Steve

## Footnotes

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